



DEALS FOR DAYS EVENT

ONLY
6⁵⁰

APP EXCLUSIVE OFFER*
Optimum
EARN
1,000 pts
Back in points
=\$1

PC® ORANGE JUICE
selected varieties, refrigerated
2.5 L
jus d'orange
21531644 EA



ONLY
3²⁵

FARMERS, CENTRAL DAIRIES, SCOTSBURN or BAXTER CREAM
selected varieties, size and brand varies by region
473 mL / 1 L
crème
20174729001 EA/20925144 EA



SAVE 22%
\$7

APP EXCLUSIVE OFFER*
Optimum
EARN
2,000 pts
Back in points
=\$2

PC® DINNER ENTRÉES
selected varieties frozen
907 g / 1.13 kg
plats cuisinés
20326534 EA



SAVE 20%
\$2

CHRISTIE CRACKERS
selected varieties
145-200 g
croquillons
21030647 EA/21547034 EA



NOFRILLS®

DEALS FOR DAYS EVENT

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 8 TO WEDNESDAY, JANUARY 14, 2026.



ONLY

249⁹⁹ LB

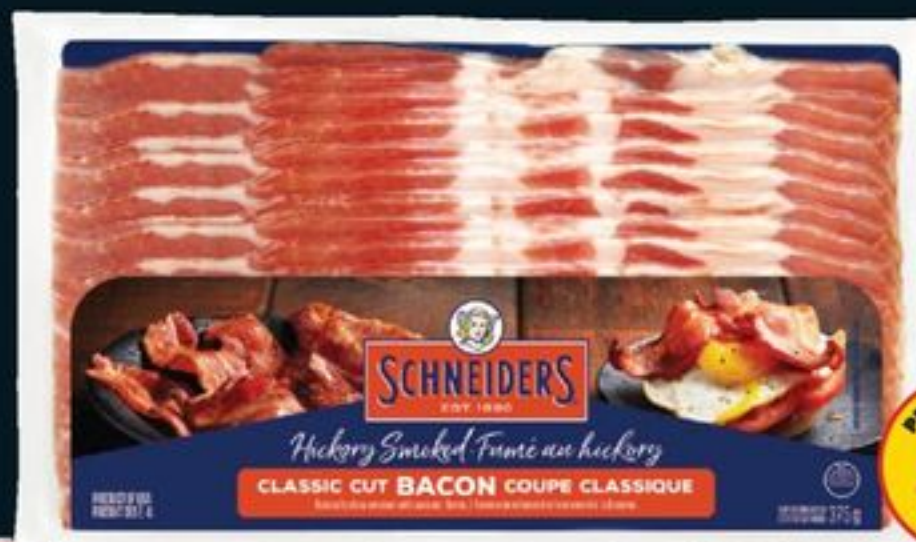
PORK HALF LOIN
fresh, boneless
demi-longe de porc
5.49/kg
20354787 EA

WHILE QUANTITIES LAST

SAVE UP TO 22%

\$1

NO NAME® TUNA
selected varieties
85/170 g
thon
20321648 EA



ONLY

\$5

SCHNEIDERS or MAPLE LEAF BACON
uncooked or precooked
selected varieties, 65/375 g
bacon
20772671 EA

SAVE 33%

\$5

ONLY

999



PINTY'S CHICKEN BREASTS 600 g or **THIGHS**
640 g or **DRUMSTICKS** 950 g
selected varieties, frozen
poisines de poulet ou hauts de cuisse ou pilons
21703414 EA/21703423 EA



HALAL

MEDIUM GROUND BEEF
450 g, grass fed
boeuf haché mi-maigre
21615908 EA

PRICE DROP

125

GRAVES APPLE JUICE or ALLEN'S FRUIT COCKTAIL
selected varieties
1 L
jus de pomme ou cocktail de fruits
20322509 EA/21630123 EA



ONLY

299

PKG OF 5

AVOCADOS
product of Mexico, Peru, or Colombia
avocats
X21644930001 EA



ONLY

327

CLASSICO PASTA SAUCE
selected varieties
410/600 mL
sauce pour pâtes
20325609001 EA/21618217 EA



ONLY

177

BROCCOLI CROWNS
product of Mexico or U.S.A.
each
couronnes de brocoli
2112150001 EA



SAVE 33%

\$2



CHEEMO PEROGIES
selected varieties, frozen
745-907 g
perogies
20327139 EA

ONLY

1288

DAN-D PAK CASHEWS
salted or unsalted
noix de cajou
20314862001 EA/20314862002 EA



ONLY

399

PINEAPPLE
product of Costa Rica
each
ananas
20119813001 EA



SAVE UP TO 39%

1299



ROYALE BATHROOM TISSUE or TIGER TOWEL
selected varieties
papier hygiénique ou essuie-tout
21378233 EA/21484732 EA

SAVE UP TO 38%

1099

817 ELEPHANT BRAND BASMATI RICE
selected varieties
4 kg basmati
20787524 EA/21341987 EA



ONLY

399

PKG OF 3

ROMAINE HEARTS
product of U.S.A.
cœurs de romaine
20067389001 EA



FLYER PRICES EFFECTIVE IN ATLANTIC CANADA STORES ONLY.

nofrills.ca

01 NFA M

NEW LOWER PRICES

3⁵⁰

**MINUTE MAID
ZERO SUGAR or
FUZE BEVERAGES**
selected varieties, refrigerated
1.54/1.75 L
boissons
21434119 EA/21652207 EA



\$2

**SNACK PACK
PUDDING**
selected varieties
4x99 g
pouding
20310707001 EA



4⁵⁰

**SUNRISE
BOLOGNA**
selected varieties
375 g
bologna
20806938 EA



6⁵⁰

**MCCAIN PIZZA
POCKETS**
selected varieties, frozen
540/600 g
pochettes de pizza
21615136 EA



5⁵⁰

**SCHNEIDERS EGG BITES or
BREAKFAST SANDWICHES**
selected varieties, frozen
204-288 g
bouchées d'œuf ou sandwichs déjeuner
21623187 EA/21623288 EA



FRESH AT LOW PRICES

4⁹⁹
EA/LB

PINT



BLUEBERRIES each, product of Mexico, Peru, Chile or Morocco, no. 1 grade, or **CHERRIES** 11.00/kg, product of Chile, no. 1 grade bleuets ou cerises 20080137001_EA/20159490001_EA

6 OZ CLAMSHELL



3⁹⁹

BLACKBERRIES product of Mexico or U.S.A. or **RASPBERRIES** product of Mexico or U.S.A., no. 1 grade mûres ou framboises 20051015001_EA/20128938001_EA

4⁹⁹

PKG OF 4



FARMER'S MARKET™ SWEET PEPPERS product of Mexico poivrons 20117550001_EA



10 LB BAG

4⁹⁹

RED, YELLOW or RUSSET POTATOES product of Canada, Canada no. 1 grade pommes de terre 20601013001_EA/20601020001_EA



If your produce isn't fresh, we'll replace AND refund it.*

2⁹⁹
LB



EGGPLANT product of Mexico, **GREEN ZUCCHINI** product of Product of Mexico or **TOMATOES ON THE VINE** product of Canada or Mexico aubergines ou courgettes vertes ou tomates sur vigne 2013370001_K0/20430390001_K0

1⁹⁹



ENGLISH CUCUMBERS product of Canada, no. 1 grade melons concombres anglais 20070132001_EA



4⁹⁹

315-383 G



TAYLOR FARMS CHOPPED SALAD KITS selected varieties, product of U.S.A. salades hachées 21361373_EA/21333159_EA

4⁹⁹
4 LB BAG



CANTALOUPEs product of Guatemala or Honduras, no. 1 grade or **FARMER'S MARKET™ ROYAL GALA or MCINTOSH APPLES** product of Atlantic provinces, Canada fancy grade pommes ou carottes 2023350001_EA/21105877001_EA/20167017001_EA

6⁹⁹
4 LB BAG



FARMER'S MARKET™ MANDARINS product of Spain mandarines 20054022001_EA

5⁹⁹



PC® AXIANY or MIXIANY TOMATOES product of Canada or Mexico tomates 21634164001_EA/21634164001_EA

5⁹⁹
1 LB CLAMSHELL



STRAWBERRIES product of Mexico or U.S.A., no. 1 grade or **FARMER'S MARKET™ ORANGES** product of Morocco or Spain oranges ou fraises 20162942001_EA/20048778001_EA

3⁵⁰



LARSEN WIENERS 375 g saucisses fumées 21093446_EA



\$10



CLUB SIZE



BUTCHER'S CHOICE® SAUSAGE selected varieties 1.1 kg saucisson 21365790_EA

14⁵⁰
LB



BEEF STIR FRY STRIPS fresh lanières de bœuf à sauter 21228005_K0

\$3
3⁵⁰



ZIGGY'S® SLICED DELI MEAT selected varieties 175 g charcuteries tranchées 21392461_EA/21399921_EA

\$3



WONDER BREAD 570/675 g or **BUNS** 8's selected varieties pain ou petits pains 20297455_EA/20305674_EA

\$5



LA BAGUETTERIE MICHE selected varieties, 600/800 g miches 20862393_EA



\$7



SEAQUEST® RAW or COOKED SHRIMP 36/55 per lb, frozen 300 g crevettes crues ou cuites 21636352_EA

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

BRANDS YOU LOVE AT LOW PRICES

SAVE 33%

3⁹⁹

KRAFT CHEEZ WHIZ
selected varieties
450 g
produit de fromage fondu
20459406001 EA



ONLY
5⁵⁰

HÄAGEN-DAZS ICE CREAM
400-450 mL or **NOVELTIES** 3/4's
selected varieties, frozen
crème glacée ou friandises glacées
20302298004 EA/21513516 EA

SAVE UP TO 36%

3⁵⁰

SAVE UP TO 33%

\$6

PILLSBURY PIZZA POPS 8's
or **BITES** 693 g
selected varieties, frozen
pizza
21435910 EA



SAVE UP TO 36%

3⁵⁰

ASTRO, iÖGO 650/750 g,
LIBERTÉ GREEK 4's
YOGURT or **PILLSBURY**
REFRIGERATED DOUGH 340-468 g
selected varieties
yogourt ou pâte réfrigérée
20163226001 EA/20318034001 EA

ONLY

\$4

CRAVE DINNER
ENTRÉES 200-384 g or
KRAFT DELUXE
MAC & CHEESE 340 g
selected varieties, frozen
plats cuisinés ou macaroni au fromage
21085515 EA/21553329 EA



\$3



HELUVA GOOD! DIP
selected varieties, 250 g
trampoline
2017979002 EA

2⁴⁹



SENSIBLE PORTIONS
VEGGIE STRAWS or **CHIPS**
selected varieties, 120-142 g
grignolines ou croustilles
20377204001 EA/21380091 EA

3⁵⁰



LECLERC CÉLÉBRATION COOKIES
selected varieties, 200-325 g
biscuits
21648530 EA/21648515 EA

3⁸⁸



SUNCHIPS 205 g or
MUNCHIE'S SNACK MIX 250 g
selected varieties, frozen
plats cuisinés ou macaroni au fromage
21370017 EA/21370415 EA

5⁵⁰



QUAKER BAKING MIXES
or **OAT FLOUR**
selected varieties, 700/900 g
mélanges à pâtisserie ou farine d'avoine
200104002 EA/2030164004 EA

5⁵⁰



ROBIN HOOD FLOUR
selected varieties, 2/2.5 kg
farine
20039470001 EA/2003947005 EA

2⁵⁰



BEN'S ORIGINAL BISTRO EXPRESS RICE
selected varieties, 240/250 g
riz
21603476 EA

2⁷⁹



CATELLI GLUTEN-FREE PASTA
selected varieties, 300/340 g
pâtes sans gluten
20310433 EA

\$5



NO NAME® FOIL 100 ft or
HEAVY DUTY FOIL 25 ft
papier d'aluminium
21119988 EA

\$4



MR. CLEAN ALL PURPOSE CLEANER 1.21 L,
FEBREZE AIR FRESHENER 7.5 mL, **CAR** 2 mL or
MAGIC ERASER 2's
selected varieties
nettoyant ou désodorisant ou effaceur magique
21005017 EA/21700198 EA

1⁵⁰



MR. NOODLES BOWL 110 g or
CLARK BEANS 398 mL
selected varieties
nouilles instantanées ou fèves
20344960001 EA/21233336 EA

4⁵⁰



MARS CHOCOLATE BAG 155-170 g or
MULTIPACK 4's
selected varieties
sac de chocolat
20313923 EA/21571767 EA

\$1



FANCY FEAST PETITES 79.4 g or
FRISKIES LIL' SOUPS 34 g
selected varieties
nourriture pour chats
21164022 EA/21330781 EA

\$12



PURINA ONE DRY CAT FOOD 1.45-1.8 kg or
TIDY CATS CAT LITTER 2.72 kg
selected varieties
nourriture sèche pour chats ou litière pour chats
21064817 EA/21206502 EA

\$10



DENTASTIX DOG TREATS
selected varieties
300 g-1.9 kg
gâteries pour chiens
21081190 EA

\$6



NO NAME® NAPKINS
500's
serviettes
20304977 EA

DEALS FOR DAYS EVENT

ONLY

2⁷⁵

YOPLAIT SOURCE 630 g,
TUBES 8's, **MINIGO** 6's or
PROTEIN 4's **YOGURT**
selected varieties
yogourt
21547571 EA/21619318 EA



SAVE 20%

5⁹⁹

LACTANTIA BUTTER
selected varieties, 454 g
beurre
20639926 EA



ONLY

4⁵⁰

EGG CREATIONS or
SIMPLY EGG WHITES
selected varieties, 500 g
blancs d'œufs
20620690001 EA



SAVE 28%

4⁹⁹

MCCAIN DEEP 'N DELICIOUS CAKES
selected varieties, frozen, 510 g
gâteaux
20310132002 EA



ONLY

3⁵⁰

CAVENDISH PREMIUM FRIES
selected varieties, frozen, 400-750 g
frites de qualité supérieure
21685114 EA

4⁵⁰

HELLMANN'S MAYONNAISE
selected varieties
340/445 mL
mayonnaise ou fromages
2000523001 EA



\$7

STOK COLD BREW COFFEE
selected varieties, 1.42 L
café infusé à froid
21002027 EA/21002029 EA



\$4

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen
pizzas ou bottonnets à l'ail
2070410001 EA



\$3

MOTT'S FRUITSATIONS
selected varieties, 6x113 g
collations aux fruits
202241001 EA



3²⁹

KELLOGG'S SPECIAL K or KASHI CRUNCHY, CHEWY or SOFT BAKED BARS
selected varieties, 165-200 g
barres
2064962001 EA/21010334 EA



2²⁹

QUAKER DIPPS or CHEWY GRANOLA BARS
selected varieties, 120-156 g
barres granola
20647582 EA/21339366 EA



2⁵⁰

PRINGLES POTATO CRISPS 148/156 g or
PEPPERIDGE FARM GOLDFISH CRACKERS 167-200 g
selected varieties
croustilles ou croustilles
21003832 EA/20300320 EA



3⁴⁹

KETTLE BRAND POTATO CHIPS
selected varieties
156/198 g
croustilles
21320692 EA



4⁸⁸

HUY FONG SAMBAL OLEK 476 mL,
CHILI GARLIC SAUCE 481 mL or
SHIRACHA SAUCE 714 mL
selected varieties
sauce
20074956 EA/20103178 EA



\$2

NO NAME® WHITE VINEGAR
Club Size, 4 L
 vinaigre blanc
20102736 EA



2²⁵

CAMPBELL'S CHUNKY SOUP
selected varieties
soupe
21480447 EA



\$2

HOLIDAY LUNCHEON MEAT 340 g or
MAPLE LEAF FLAKES 156 g
selected varieties
poin de viande ou flocons
2029827001 EA/20618778 EA



\$4

COCA-COLA or PEPSI SOFT DRINKS
selected varieties, 6x710 mL
boissons gazeuses
20071054002 EA/2013741002 EA



\$4

OCEAN SPRAY CRANBERRY COCKTAIL or MOTT'S CLAMATO
selected varieties, 1.89 L
cocktail de corned-bœuf ou jus de palourdes
20300060068 EA/2031895002 EA



\$22

PC® ROAST AND GROUND COFFEE 800-930 g,
WHOLE BEAN 820/907 g or **PODS** 30's
selected varieties
café torréfié et moulu ou en grains ou capsules
21688446 EA/21688491 EA



7⁹⁹

TETLEY TEA
selected varieties, 80/144's
thé
20711164 EA/21613866 EA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. **Must be a registered PC Optimum™ member to get this offer.

NOFRILLS

CUSTOMER RELATIONS 1-866-98-SMILE (76453)

nofrills.ca



this product contains
post consumer recycled
paper



NEW DIGITAL COUPONS



MORE OFFERS. MORE POINTS.

**CLICK FOR
THESE COUPONS
AND MORE**



**PC®
ORANGE JUICE**
1.54 L
jus d'orange

Get
250 ^{PTS}
with digital
coupon



**PC®
PASTA SAUCE**
410/650 mL
sauce pour pâtes

Get
500 ^{PTS}
with digital
coupon



**PC®
100% JUICE**
1 L
jus

Get
750 ^{PTS}
with digital
coupon



**PC®
MAX STRENGTH
AND THICKNESS
PAPER TOWELS**
3 = 6 Rolls
essuie-tout

Get
1,000 ^{PTS}
with digital
coupon



**PC®
MINI MUFFINS**
336 g
mini-muffins

Get
1,000 ^{PTS}
with digital
coupon



**PC®
NAAN ROUNDS**
480 g
naan

Get
1,000 ^{PTS}
with digital
coupon



**PC®
PROBIOTIC
YOGURT**
650 g
yogourt aux probiotiques

Get
1,500 ^{PTS}
with digital
coupon



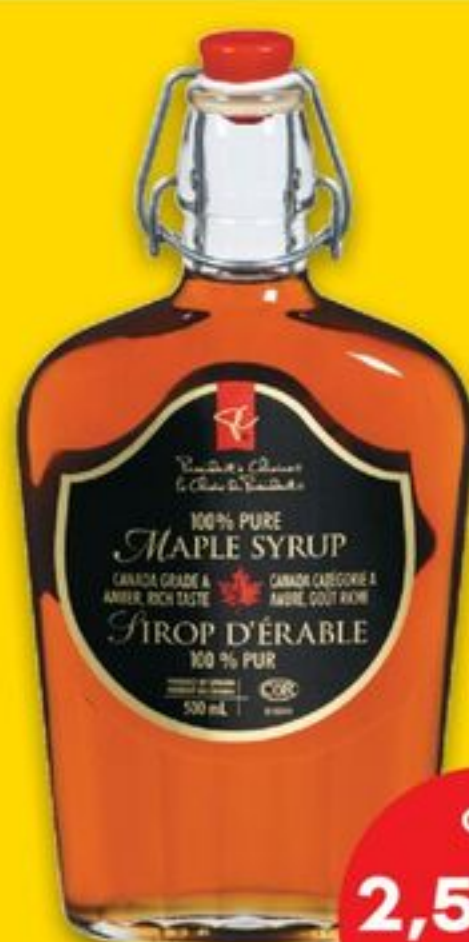
**PC®
CHOCOLATE
COVERED NUTS**
340-400 g
noix enrobées de chocolat

Get
1,500 ^{PTS}
with digital
coupon



**PC®
BUTTER
QUARTERS**
454 g
bâtonnets de beurre

Get
1,500 ^{PTS}
with digital
coupon



**PC®
MAPLE SYRUP**
500 mL
sirop d'érable

Get
2,500 ^{PTS}
with digital
coupon



**PC®
SMOKIES**
1 kg
saucisses fumées

Get
3000 ^{PTS}
with digital
coupon



**PC®
SPLENDIDO® OLIVE OIL**
1 L
huile d'olive

Get
3000 ^{PTS}
with digital
coupon

MORE OFFERS. MORE POINTS.

CLICK FOR
THESE COUPONS
AND MORE



**NO NAME®
WINDSHIELD
WASHER FLUID**
3.78 L
liquide lave-glace

Get
250 ^{PTS}
with digital
coupon



**NO NAME®
CHIPS**
200 g
croustilles

Get
250 ^{PTS}
with digital
coupon



**NO NAME®
VINEGAR**
4 L
vinaigre

Get
250 ^{PTS}
with digital
coupon



**NO NAME®
DICED TOMATOES**
796 mL
tomates en dés

Get
250 ^{PTS}
with digital
coupon



**NO NAME®
CHEESE BARS**
400 g
barres de fromage

Get
500 ^{PTS}
with digital
coupon



**NO NAME®
PEANUT BUTTER**
1 kg
beurre d'arachide

Get
500 ^{PTS}
with digital
coupon



**NO NAME®
MAYONNAISE**
890 mL
mayonnaise

Get
500 ^{PTS}
with digital
coupon



**NO NAME®
SOUR CREAM**
500 mL
crème sure

Get
500 ^{PTS}
with digital
coupon



**NO NAME®
FLOUR**
2.5 kg
farine

Get
500 ^{PTS}
with digital
coupon



**NO NAME®
MICROWAVE
POPCORN**
6 x 82 g
maïs à éclater au four à micro-ondes

Get
1,000 ^{PTS}
with digital
coupon



**NO NAME®
STRAWBERRY JAM**
confiture de fraises

Get
1,500 ^{PTS}
with digital
coupon



**T&T® FROZEN
POTSTICKERS**
567 g
quenelles

Get
1,500 ^{PTS}
with digital
coupon

EASY MEALS AT LOW PRICES

\$3

ZIGGY'S® FRESH PASTA
selected varieties
350/360 g
pâtes
21521168, EA



3.50

PC® DIPS 227 g, or
PC® NAAN DIPPERS
200 g
selected varieties
hummus ou naan
20584212, EA/21092033, EA

APP EXCLUSIVE OFFER*
Optimum®
EARN
1,000^{pts}
=\$1
Back in points



\$6

PACE PIZZA 510-542 g,
selected variety or
LA CASA ROSA FRESH ENTRÉES
350 g, selected varieties
pizza ou entrées
20584212, EA/21092033, EA



Optimum

EARN

1,000

pts

=\$1

Back in points

KIKKOMAN

KIKKOMAN

Less Sodium Soy Sauce

Sauce Soja

991 mL

KIKKOMAN

Soy Sauce

Sauce Soja

991 mL

Optimum

EARN

1,000

pts

=\$1

Back in points

LEE KUM KEE

SOY SAUCE

SAUCE DE SOJA

1.9 L

SOY SAUCE

SAUCE DE SOJA

1.9 L

5⁹⁹

5⁸⁸

KIKKOMAN SOY SAUCE

selected varieties

991 mL

sauce soja

20139275, EA/21454720, EA

LEE KUM KEE

SESAME OIL

445 mL or

SOY SAUCE

1.9 L

huile de sésame ou sauce soja

20163080, EA/20703390, EA

PREPARED IN CANADA

GUSTA

ITALIANA

100% VEGETAL PLANT BASED

GUSTA

17 g OF PROTEIN DE PROTEINES

PLANT-BASED / VÉGÉTAL

GUSTA

VEGGIE BURGER

BURGER VÉGÉ

300 g

8 g OF PROTEIN DE PROTEINES

PLANT-BASED / VÉGÉTAL

GUSTA

HAM FLAVOURED VEGGIE SLICES

TRANCHES VÉGÉ À SAUCEUR DE JAMBON

155 g

6

7

4

GUSTA VEGAN SAUSAGE

selected varieties

350 g

saucisses à base de plantes

21284421, EA

GUSTA VEGGIE SLICES

selected varieties

155 g

tranches végét

21706638, EA

GUSTA SLICED VEGGIE BURGER

selected varieties

300 g

burgers végét en tranches

21706716, EA

FREE TOUQUE

Cinnamon Toast Crunch

Croque Cannelle

FREE TOUQUE

Honey Nut Cheerios

au miel et aux noix

General Mills

Reese's Puffs

PEANUT BUTTER & COCOA CEREAL BARS

120 g

NATURE VALLEY

TRAIL MIX

FRUIT & NUT

175 g

OLD EL PASO

DINNER KIT

HARD & SOFT Taco

340 g

4⁸⁷

2⁴⁷

4

GENERAL MILLS FAMILY SIZE CEREAL

selected varieties

455-778 g

céréales

21103492, EA/21103495, EA

NATURE VALLEY GRANOLA BARS, MOTT'S or BETTY CROCKER FRUIT SNACKS

selected varieties, 120-226 g

barres granola ou collations aux fruits

2031520005, EA/21184633, EA

OLD EL PASO DINNER KITS

selected varieties, 250-510 g

frousées-rosas

20795534, EA

Crispers

BARBECUE

Crispers

ALL DRESSED ASSAISONNÉS

Mondelez International

OREO

MINI

6 SNACK PAKS

120 g

Chips Ahoy!

MINI

6 SNACK PAKS

120 g

Christie

FRUIT CREME

300 g

Christie

FAMILY DIGESTIVE

300 g

2

2⁷⁹

2⁷⁹

CHRISTIE CRISPERS CRACKERS

selected varieties, 145 g

croquillons

21358327, EA/21358332, EA

CHRISTIE MINI COOKIES

selected varieties, 144-200 g

mini biscuits

21584976, EA/21585155, EA

CHRISTIE PECK FREANS COOKIES

selected varieties, 290-350 g

biscuits

20679948, EA/20680381, EA

16⁵⁰

Voltaren

100 g

Centrum

WOMEN

90 Tablets

Complete Multivitamin / Multimineral Supplement

NEOCITRAN

EXTRA COLD & SINUS

EXTRA RHUME ET SINUS

100 g

10

13

Advil

EXTRA FORT LIQUI-GELS

24 capsules

HALEON

TUMS

ANTACID FOR HEARTBURN

100 mg

TUMS

ANTACID FOR HEARTBURN

100 mg

10

5⁵⁰

ADVIL PAIN RELIEF PRODUCT CAPSULES 20-32's, TABLETS 30-50's or ADVIL CHILDREN'S FEVER AND PAIN RELIEF PRODUCT 100 mL, 20 tablets or PEDIATRIC DROPS FOR INFANTS 24 mL, selected varieties

analgésique en capsules ou comprimés ou produits de soulagement de la fièvre pour enfants ou gouttes pour tout-petits

20316898001, EA/21372442, EA

NEOCITRAN COUGH COLD RELIEF PRODUCT

selected varieties

10's single dose pouches (powder)

produit pour le soulagement de la toux et du rhume

20324424001, EA

TUMS ANTACID FOR HEARTBURN RELIEF PRODUCT 60-100's or 28-32's CHEWABLE TABLETS

selected varieties

antacide

21223300, EA/21233631, EA

ONL 01 NFA

JANUARY

**HIT
OF THE
MONTH**

\$1.50



🇨🇦 Made in Canada

Catelli Smart or Healthy Harvest pasta

Selected varieties, 340/375 g

Limit: 6, over limit retail \$2.50

20299819008_EA/20527060_EA

\$2.25



Kellogg's Eggo Waffles 8's

Frozen, selected varieties, 270/280 g

Limit: 6, over limit retail \$3.00

20302779_EA/20323436001_EA

\$3.50



🇨🇦 Prepared in Canada

Janes Cosmic Chicken Nuggets

Frozen, 500 g

Limit: 6, over limit retail \$4.50

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.

Offer valid January 1st - 31st, 2026 while quantities last.

We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

BUDGETS LOVE YELLOW (So switch)

Your
home of
no name®

250

APP EXCLUSIVE OFFER*

Optimum™
EARN
1,000^{pts}
=\$1
Back in points

**NO NAME®
NACHO CHEESE
TORTILLA CHIPS**

selected varieties, 200 g
croustilles de tortilla
21654374_EA



150

**NO NAME®
POTATO CHIPS**

selected varieties, 200 g
croustilles
21302821_EA



450

**NO NAME®
CHOCOLATE CHIP COOKIES**

selected varieties, 907 g
biscuits aux brisures de chocolat
20318678001_EA



229

**NO NAME®
GRANOLA BARS**

selected varieties, 120-175 g
barres granola
20915354_EA/21540823_EA



\$3

NO NAME® JUICE BOXES

selected varieties, 8/10x200 mL
jus en boîte
20503035003_EA



175

**NO NAME®
EVAPORATED
MILK**

selected varieties
354 mL
lait évaporé
21040510_EA/21040543_EA



\$7

4 LB BAG

**NO NAME® NATURALLY IMPERFECT™
ORANGES**

product of Morocco or Spain
oranges
21649536001_EA



\$3

NO NAME® 400 g FROZEN FRUIT

assorted varieties
fruits surgelés
21545106_EA



\$5

NO NAME® STIRRED YOGURT

selected varieties, 12x100 g
yogourt
20685574001_EA/20685574002_EA



150

**NO NAME®
BROTH**

selected varieties
900 mL
bouillon
21189610_EA



\$3

NO NAME® COTTAGE CHEESE

selected varieties, 500 g
fromage cottage
20183991002_EA



\$6

NO NAME® CHICKEN STRIPS or NUGGETS

frozen, 908 g
fritées ou pépites de poulet
21178745_EA



\$14

NO NAME 4 oz BEEF BURGERS

frozen, 1.36 kg
burgers de bœuf
20114154_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

no name®

COLLECT & SAVE! BIG IS BACK

Get one stamp for
every \$20* spent.

Collect 20 stamps and
get 60-80% off*
one piece of high-quality
Kuhn Rikon Swiss
design ovenware!

SAVE
60-80%*
OFF EACH



Opt-in digitally
in the PC Optimum™
App and get
8 bonus stamps*

**KUHN
RIKON**
SWISS DESIGN

*Offer available in-store and online at participating Loblaw banner stores starting Oct. 23, 2025. Receive 1 stamp for every \$20 spent before applicable taxes in a single transaction until Feb. 11, 2026. 8 bonus stamps available to PC Optimum™ members who opt-in to program using the PC Optimum™ App (the "App") between Oct. 16, 2025 and Feb. 11, 2026. Limit 1 bonus offer per account/household. Notwithstanding the foregoing, we reserve the right to stop issuing stamps (incl. bonus) earlier upon notice posted in-store, in the App and on pcoptimum.ca/collectandsave. Stamps are not provided for purchase of tobacco, alcohol, prescriptions, gift cards, phone cards, lottery tickets, 3rd party operations (post office, gas bar, dry cleaner, etc.) and any other products which are provincially regulated. When you collect and redeem 20 stamps, you'll get 60 - 80% off 1 Kuhn Rikon ovenware piece, before applicable taxes. Offer cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. PC Optimum™ Members: To obtain a digital stamp card, opt-in to this program using the App. Digital stamps collected by a household will be combined on one digital stamp card. For paper stamp card or for non-PC Optimum™ members, see in-store for card. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Completed stamp cards can be redeemed until Feb. 25, 2026, after which time stamps/cards expire. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. Eligible ovenware is under warranty for 2 years from date of purchase and can be replaced at your store of purchase until Feb. 25, 2026 or while supplies last, whichever is earlier, after which time, contact loblawpromotions@l-founders.com for replacement. For full warranty information including warranty exclusions, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

ONLINE OVEN FLAP

GET FLYER TO YOUR EMAIL.

STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)*



*Standard message and data rates may apply.

MORE WAYS TO SAVE

**NEW
LOWER
PRICES**

Enjoy these price
drops for longer.

**RAIN
CHECK
+ pts**

We'll honour a current deal
if we're sold out, and give
10% in PC Optimum points.

ALWAYS

Count on low
everyday prices.

**FRESH
GUARANTEE**

If your produce isn't fresh,
we'll replace AND refund it.

The  **NOFRILLS**® thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

ONL NFA MKT