



\$6.99
/LB
With Card

Boneless Petite
Sirloin Steaks
Value Pack



3/\$11
With Card

Taylor Farms
Salad Kit

Select Varieties,
7-13.50 oz

LOCAL

Franz English Muffins
Select Varieties, 6 ct

FREE
With Card

MIX & MATCH

BUY 1, GET 1

of Equal or Lesser Value



California Cuties
Seedless Mandarins
3 lb or Organic
Cuties Seedless
Mandarins, 2 lb

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

Doritos
8-10.75 oz or
Lay's Potato
Chips, 5-8 oz or
Sunchips, 7 oz;
Select Varieties

When you buy 4 or more
in the same transaction
with Card. Quantities less
than 4 are up to \$5.99
each with Card.

4/\$10
With Card

FINAL COST
When You Buy 4



2/\$10
With Card

DiGiorno
Pizza

Select Varieties,
14.14-30.3 oz

When you buy 2 or more in the same transaction with Card.

Quantities less than 2 are up to \$6.99 each with Card.

\$4.99
With Card

Private Selection
Ice Cream

Select Varieties,
48 fl oz

When you buy 4 or more in the same transaction with Card.

Quantities less than 4 are up to \$2.99 each with Card.

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 2, GET 2

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

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BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4

FREE
With Card

MIX & MATCH
BUY 1, GET 1

of Equal or Lesser Value

4/\$10
With Card

FINAL COST
When You Buy 4



SAVE \$10

WHEN YOU SPEND \$100 OR MORE IN A SINGLE
TRANSACTION WITH DIGITAL COUPON*

[CLIP COUPON](#)

*Exclusions apply. Limit ONE coupon per customer.
See digital coupon for details.



**Kroger
Breakfast Sausage**

Select Varieties, 12-16 oz

**\$2.49
/EA**

Price without digital coupon is up to \$2.99 each with Card. With Digital Coupon



**Simple Truth
Roasted Chicken**
32 oz, In the Deli

**\$8.99
/EA**

With Digital Coupon

Price without digital coupon is up to \$10.99 each.



**32 oz
Kroger Cheese**
Select Varieties

**\$5.99
/EA**

With Digital Coupon

Price without digital coupon is up to \$6.99 each with Card.



**40-Pack
Fred Meyer
Purified Water**
16.9 fl oz

**\$3.99
/EA**

With Digital Coupon

Price without digital coupon is up to \$4.99 each with Card.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these tags.



**Kettle Brand
Chips**
6-7.5 oz or
Takis, 6.5-9.9 oz;
Select Varieties

**\$1.99
/EA**

With Digital Coupon

Price without digital coupon is up to \$2.99 each with Card.



**Sumo
Citrus Mandarins**

**\$2.49
/LB**

With Digital Coupon



**Kellogg's
Cereal**

Select Varieties,
8.9-16.1 oz

**\$1.79
/EA**

With Digital Coupon

Price without digital coupon is up to \$3.99 lb with Card.



**Red Baron
Pizza**
Select Varieties,
11.12-23.45 oz

**\$2.99
/EA**

With Digital Coupon

Price without digital coupon is up to \$3.99 each with Card.



**Bertolli
Pasta Sauce**
Select Varieties,
15-24 oz

**\$1.49
/EA**

With Digital Coupon

Price without digital coupon is up to \$2.49 each with Card.



**Coca-Cola,
Pepsi or 7UP**
Select Varieties,
24-Pack, 12 fl oz Cans

**\$9.99
/EA**

With Digital Coupon

Price without digital coupon is up to \$16.99 each with Card.



**Quilted Northern
Bath Tissue**
6 Mega Rolls or
MD Bath Tissue,
8 Mega Rolls;
Select Varieties

**\$5.99
/EA**

With Digital Coupon

Price without digital coupon is up to \$7.79 each with Card.

*While supplies last.

MIX & MATCH SAVE \$10 AN EXTRA

When you buy 2 participating
Household, Baby or Pet items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout
with your Card. Items must be purchased in the same transaction.



WEEKLY DIGITAL DEALS

Use each coupon
**UP TO 5
TIMES**
in one transaction*



Look for
these tags.



Price without digital coupon is up to \$8.99 each with Card.



Price without digital coupon is up to \$5.49 each with Card.
*While supplies last.



Price without digital coupon is up to \$9.99 each with Card.

SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more
participating items with Card.



Find even more online!

Scan me to shop all
participating items.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for
these tags.



1.99 With Card
-1.00
99¢ /EA*

Hamburger
Helper
Select Varieties,
5.5-7.4 oz



2.89 With Card
-1.00
\$1.89 /EA*
Kroger Apple
or Cranberry
Juice Cocktail
Select Varieties,
64 fl oz



Simple Truth
Organic
90-Second Rice
8.8 oz or Simple Truth
Gluten Free Pasta,
8-12 oz; Select Varieties

2.49 With Card
-1.00
\$1.49 /EA*



Yerba Madre
Organic
Yerba Mate
15-15.5 fl oz or
Jif Peanut Butter,
13-16 oz;
Select Varieties

2.99 With Card
-1.00
\$1.99 /EA*



4.99 With Card
-1.00
\$3.99 /EA*
Crofter's
Organic
Fruit Spread

16.5 oz or Nancy's Organic Yogurt,
32 oz; Select Varieties

3.99 With Card
-1.00
\$2.99 /EA*
Darigold
Butter



16 oz or Pacific Foods
Organic Soup, 32 fl oz;
Select Varieties

LOCAL



Best Foods
Mayonnaise
30 fl oz or
Happy Egg Co.
Free Range Eggs,
Large, Grade A, 12 ct;
Select Varieties

4.99 With Card
-1.00
\$3.99 /EA*



8.99 With Card
-1.00
\$7.99 /EA*
Kevin's
Chicken Entrées
Select Varieties,
16 oz



4.99 With Card
-1.00
\$3.99 /EA*

Halo Top
Ice Cream
16 fl oz or Breyers
Ice Cream, 48 fl oz;
Select Varieties



5.99 With Card
-1.00
\$4.99 /EA*

Totino's
Pizza Rolls
50 ct or Kettle & Fire
Bone Broth, 16.9 fl oz;
Select Varieties



6.99 With Card
-1.00
\$5.99 /EA*

Seattle's Best Coffee
11-12 oz, Bag
or Liquid Death
Sparkling Water,
6-Pack, 12 fl oz Cans;
Select Varieties



3.99 With Card
-1.00
\$2.99 /EA*

Cheez-It
Crackers
9-12.4 oz or Simple Truth
Sparkling Water,
8-Pack, 12 fl oz;
Select Varieties

SAVE ON NATURAL & ORGANIC ITEMS



Olipop Soda
Select Varieties,
4-Pack, 12 fl oz Cans

8.49 With Card
-1.00
\$7.49 /EA*



Siete
Tortilla Chips
5 oz or Santa Cruz
Organic Juice, 32 fl oz;
Select Varieties

4.49 With Card
-1.00
\$3.49 /EA*



4 ct or Kind Breakfast Bars,
12 ct; Select Varieties

5.49 With Card
-1.00

\$4.49 /EA*
Yasso
Bars



5.99 With Card
-1.00
\$4.99 /EA*
Food For Life
Ezekiel Bread
Select Varieties,
24 oz

SAVE \$1 EACH
WHEN YOU BUY 5 OR MORE.
MIX & MATCH 5 or more
participating items with Card.

*When you buy any 5 or more participating
items in the same transaction with Card.
Participating item varieties and sizes
may vary by store.

Look for
these tags.



3.49 With Card
-1.00
\$2.49 /EA*

Cedar's
Organic Hommus
10 oz or Stacy's
Pita Chips, 6.75-7.33 oz;
Select Varieties,
In the Deli



7.49 With Card
-1.00
\$6.49 /EA*
Vital Farms
Pasture-Raised
Eggs



Large, Grade A,
12 ct



5.29 With Card
-1.00
\$4.29 /EA*
Simple Truth
Organic Lunchmeat
Select Varieties, 5-6 oz



5.49 With Card
-1.00
\$4.49 /EA*
Kind
Granola
Select Varieties,
11 oz



6.49 With Card
-1.00
\$5.49 /EA*
Simple Truth
Vapor Distilled Water
24-Pack, 16.9 fl oz



5.99 With Card
-1.00
\$4.99 /EA*
Pacific Foods
Organic Bone Broth
Select Varieties,
32 oz

LOCAL



4.79 With Card
-1.00
\$3.79 /EA*
Bear Naked
Granola
Select Varieties,
11-12 oz



3.49 With Card
-1.00
\$2.49 /EA*
Skinny Pop
Popcorn



4.4-5.3 oz or Planet Oat
Oatmilk Creamer, 32 fl oz;
Select Varieties



1-STOP GAME DAY SHOP

Find more game day deals & recipes
at FredMeyer.com/Football



\$12

With Card
Homestyle
80% Lean
Beef Patties
8 ct



Johnsonville
Smoked Sausage
Select Varieties,
28 oz

\$7.99

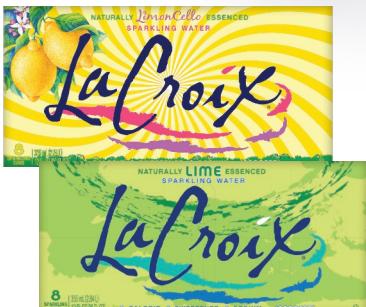
With Card



Fresh Baked
Chocolate Chip
Cookies

\$3.99

or Other Varieties, 12 ct,
In the Bakery



MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card

LaCroix
Sparkling Water
Select Varieties,
8-Pack, 12 fl oz Cans

\$3.99
With Card

Ro-Tel
Diced
Tomatoes
10 oz or Hunt's
Tomatoes, 14.5-15 oz;
Select Varieties

4/\$5
With Card

Simple Truth
Organic
Tortilla Chips
7.5-9 oz or
Reser's Dip, 8 oz;
Select Varieties

2/\$4
With Card

Red Baron
Stuffed Crust or
Fully Loaded Pizza
Select Varieties,
22.75-28.79 oz



Kroger
Charcoal Briquets
\$8.99
With Card

Jim Beam
or Bacardi
Select Varieties,
750 ml

\$10.99



2/\$7
With Card
Private Selection
Snacking Tomatoes
Select Varieties,
10 oz

Seasonal selection varies by store and is limited to stock on hand.



CLIP COUPON

EARNS
4X FUEL
POINTS
with digital coupon*

on Simple Truth® products

*See coupon for details.

GROCERY ESSENTIALS



Mission
Carb Balance
Tortillas
8 ct or Frank's
RedHot Sauce, 12 fl oz;
Select Varieties

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Entenmann's
Little Bites,
Donuts or Cakes
Select Varieties,
6.88-21 oz

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Cheetos
Select Varieties,
6.5-9 oz
Regular retail is up to
\$5.89 each with Card.

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Eggo
Waffles
10 ct or
Morning Star Farms
Plant-Based Entrée,
5.25-12 oz;
Select Varieties

MIX & MATCH
BUY 2, GET 1
of Equal or Lesser Value
FREE
With Card

Olipop
Soda
Select Varieties,
12 fl oz Can

3/\$6
With Card



Kroger
Cottage Cheese
or Sour Cream
Select Varieties,
24 oz

2/\$5
With Card

BOTTLES & BREWS



Fremont,
Athletic
or Blue Moon
\$10.99

Select Varieties,
6-Pack, 12 fl oz
Bottles or Cans,
Plus Deposit
Where Applicable

7.99
EA
-10%
With Card

\$7.19
/EA*

14 Hands
or Bogle
Select Varieties,
750 ml



\$16.99

NATURAL & ORGANIC



Premier Protein
Frozen Pancakes
12 ct or Simple Truth
Organic Homestyle
Waffles, 16 ct

\$5.99
With Card



Chobani
Creamer
Select Varieties,
24 fl oz

2/\$9
With Card



Simple Truth
Turkey Bacon
8 oz
\$3.99
With Card



Simple Truth
Almond Milk
Select Varieties,
64 fl oz

\$1.99
With Card



Traditional Medicinals
Organic Tea
16 ct or Late July
Organic Tortilla Chips,
7.4-10.1 oz; Select Varieties

\$4.99
With Card



Waterloo
Sparkling Water
Select Varieties,
8-Pack, 12 fl oz Cans

\$3.99
With Card



Tito's
or Jose Cuervo
1.75 Liters
or Basil Hayden,
750 ml; Select Varieties
\$30.99

*When You Buy Any 6 Participating Items with Card.

10 for \$10 SALE

Each participating item
is just \$1 with Card.*

*Selection varies by store.



Starkist Tuna, 2.6-5 oz • Rice-A-Roni, 4.3-7.2 oz
 • Powerade, 28 fl oz • BodyArmor, 16 fl oz
 • Nissin Ramen or Chow Mein, 2.54-4 oz
 • Sparkling Ice, 17 fl oz • Campbell's
 Chicken Noodle or Tomato Soup, 10.75 oz
 • Larabar, 1.06-1.7 oz • Simple Truth Organic
 Beans, 15 oz • Kroger Snacking Medley, 1.5 oz
 • Snapple, 16 fl oz • Cheez-It Grab-N-Go Snacks,
 1-3 oz • Old El Paso Taco Seasoning, 1 oz

HOME, HEALTH & MORE!



Nature Made Supplements

14-300 ct or
 Nature's Bounty
 Supplements, 25-360 ct;
 Select Varieties
MIX & MATCH
BUY 1, GET 1
 of Equal or Lesser Value

FREE
 With Card



TRESemmé
 Shampoo or
 Conditioner
 Select Varieties,
 28 fl oz

\$5.99
 With Card



**Dr Teal's
 Epsom Salt**
\$5.99
 With Card

3 lb or Foaming Bath,
 34 fl oz; Select Varieties



Comforts
 Baby Wipes
 Select Varieties,
 64-72 ct

\$1.99
 With Card



Premier Protein
 Shakes
 Select Varieties,
 4-Pack, 11 fl oz

\$9.99
 With Card



**Energizer Max
 AA or AAA
 Batteries**
 Select Varieties,
 8 ct

\$7.99
 With Card

BAKERY FAVORITES



Mini Cupcakes
Select Varieties,
12 ct, In the Bakery

\$5
With Card



Mini Muffins
12 ct or Donuts,
6-12 ct; Select Varieties,
In the Bakery

\$5
With Card



Brownie Bites
Select Varieties,
10.5-11.9 oz,
In the Bakery

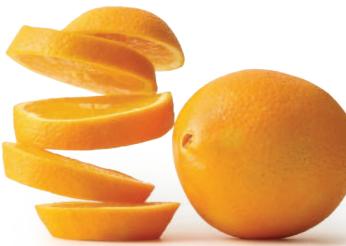
\$5
With Card

CELEBRATE THE SEASON WITH FRESH CITRUS



3 lb or Private Selection
Blood Oranges, 2 lb

Private Selection
Heirloom or
Cara Cara
Navel Oranges
\$4.99
With Card



Wonderful
Seedless Lemons
3 lb Bag

\$5
With Card

Large
Navel Oranges
\$1.99
/LB
With Card

Wild-Caught Lobster Tails

Previously Frozen,
3-4 oz

2/\$12

With Card



Shrimp Tray Sale

Frozen, 11-25.3 oz
or Crab Sale,
Whole Cooked
Dungeness Crab,
Snow Crab Clusters or
King Crab Legs, 16-22 ct;
Previously Frozen

25% OFF

Tag Reflects Savings
With Card



REEL IN GREAT DEALS!



Aqua Star
Salmon Fillets
Frozen, 20 oz

\$10.99

With Card



Cauliflower
\$1.79
/LB
With Card



Kroger
Red, Green or Black
Seedless Grapes
3 lb
\$7.99
With Card



\$5.99
With Card
Blueberries
18 oz or Mightiest
Green Kiwi Fruit,
2 lb

Bloom Haus
Brilliance in
Bloom Bouquet
\$9.99



Bothouse Farms
Juice or
Smoothies
12-15.2 fl oz
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Red Cherries
\$5.99
/LB
With Card



\$20

With Card

Simple Truth
Organic 85% Lean
Ground Beef
Sold in a 3 lb Package
or Kroger Chicken
Party Wings, Frozen, 8 lb

**BIG
DEALI**
**BIG
PACKS**



Hills
Bacon
Sold in a 3 lb
Package for \$14.97
\$4.99
/LB
With Card



Van de Kamps
Fish Sticks
Select Varieties,
Frozen, 19-23 oz
\$6.99
With Card



Nathan's
Beef Franks
11-12 oz or Simple Truth
Smoked Chicken Sausage,
12 oz; Select Varieties
\$5.49
With Card



Wild-Caught
Alaska Cod Fillets
Previously Frozen
\$8.99
/LB
With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

Goldminer Bakery
Sourdough Bread
or Other Varieties,
24 oz



\$3.99
With Card

Private Selection
Chicken Noodle Soup
or Other Varieties,
24 oz

\$6.99



Private Selection

Wildflower Honey
Turkey Breast
or Colby Jack Cheese,
\$10.99 lb with Card;
Select Varieties,
Sliced to Order
or Grab & Go

\$13.49
/LB
With Card



BOTTLES & BREWS

10.99 EA
-10%

With Card

\$9.89 /EA*

Stella Rosa,
Oyster Bay
or Josh Cellars

Select Varieties,
750 ml



4.99 EA
-10%

With Card

\$4.49 /EA*

Barefoot
or Yellow Tail
Select Varieties,
750 ml

15.99 EA
-10%

With Card

\$14.39 /EA*

Mumm Napa
or Meiomi
Select Varieties,
750 ml



Ménage à Trois
Select Varieties,
750 ml

\$6.99
With Card



Icicle,
Reuben's
or Incline

\$10.99

Select Varieties,
6-Pack, 12 fl oz Bottles or Cans,
Plus Deposit Where Applicable



\$19.99

Elysian or Heineken
Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable

*When You Buy Any 6 Participating Items with Card.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

THE BIG STORAGE SALE

Garage • Totes • Closet • Laundry

SAVE AN EXTRA \$5

when you spend \$25 on storage

With Card & Digital Coupon. Exclusions apply. See Digital Coupon for details.



**Sterilite
Latch Tote**
Select Varieties,
64-Quart

\$8.99
With Card



**Sterilite
Tote**
Select Varieties,
18-Gallon

\$7.99
With Card



**Sterilite
Tote**
30-Gallon

\$11.99



**Sterilite
Shoebox**
Select Varieties,
6-Quart

\$1.99



**Sterilite
Sweater Box**
2 ct

\$6.99



**Everyday Living
Hangers**
Select Varieties,
10 ct

\$1.99



**HD Designs
Frosted Jar
Candle Gift Set**
3-Pack, 4 oz

**SAVE
50%**

Tag Reflects Savings
With Card



**Valentine's Day
Décor**
Select Varieties

**SAVE
30%**

Tag Reflects Savings
With Card



**Holiday Home
Jumbo Bear Plush**
36 inch

\$19.99

With Card

Seasonal selection varies by store and is limited to stock on hand.

PICK UP EVERYTHING FOR GAME DAY!



HERE'S HOW IT WORKS... Look for these tags.

1. LOOK FOR THE TAGS

Look for the Blazers logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.



2. EARN POINTS AND REDEEM FOR...

Blazers tickets, experiential prizes, apparel and more!

