

beef kafta
Halal
17.61/kg

20% SAVINGS
7.99
/lb

Adonis
ORIGINAL
RECIPE

Astro Original
balkan
650 - 750 g

26% SAVINGS
2.97



35% SAVINGS
9.77
/lb

steak salmon
21.54/kg



29% SAVINGS
5.99
/lb

boneless chicken thighs Halal
13.21/kg



67% SAVINGS
99¢
/lb

red delicious or
Royal Gala apples
Canada
2.18/kg



50% SAVINGS
2.99
ea.

lemons 2 lb or
avocados 6 un.
U.S.A., Mexico, South Africa



58% SAVINGS
1.69
/lb

italian tomatoes
Canada, U.S.A., Mexico
3.73/kg



UP TO
63% SAVINGS
2.99

mini sweet peppers 454 g
or romaine hearts lettuce 3 un.
U.S.A., Mexico



150% SAVINGS
7.49
/lb

Halal lamb
shank frozen
16.51/kg



25% SAVINGS
8.99
/lb

beef inside round
steak Halal
19.81/kg



\$1/LB SAVINGS
5.99
/lb

whole red
tilapia
13.21/kg



38% SAVINGS
12.99

Saputo 15%-20%
Mozzarellissima
cheese
1 kg



38% SAVINGS
4.97

Black Diamond
cheese block
400 g



36% SAVINGS
6.99

Cedar halloom
cheese
400 g



UP TO
46% SAVINGS
6.99

Cedar roasted salt
pistachios 454 g
Dalia pitted dates
1 kg



UP TO
47% SAVINGS
10.99

LAL QILLA
or Taj Mahal
basmati rice
4.54 kg



38% SAVINGS
7.99

Cleopatra
extra virgin
olive oil
1 L



39% SAVINGS
6.99

Cedar tahini
907 g



46% SAVINGS
4.99

Elizmi rollini or twist
800 g



UP TO
60% SAVINGS
9.99

Cedar tuna
170 g, selected varieties
Cedar whole kernel corn
241 ml
Unico tomato paste
156 ml



14% SAVINGS
2.99

Selection
water
24x500 ml



58% SAVINGS
4/\$5

Valdigrano pasta
250-500 g, selected varieties



33% SAVINGS
2/\$6

Irresistible
refrigerated juice
1.65 L, selected varieties

RAMADAN ESSENTIALS رمضان كريم



6⁹⁹
Aseel vegetable ghee 1 kg



2/\$5
Nordex kashta cream 120 g



3⁹⁹
Pakmaya instant yeast 54 g



10⁹⁹
Selection flour 10 kg

4⁴⁹



Selection baking powder 450 g

9⁹⁹

Al'ard thyme



16⁹⁹

Brar's ghee



2/\$6

Cedar kataifi or phyllo

454 g



5⁹⁹

Vimto concentrated juice 710 ml



7⁹⁹

Freez fruit flavored drinks 6x275 ml



8⁹⁹

Laziza non alcoholic beverage 6x230 ml



3⁹⁹

Minute Maid juice 1.54 L



34⁹⁹

Golden Star extra virgin olive oil 2.8 L



11⁹⁹

Cedar calrose rice 4 kg



9⁹⁹

Cedar wild flower honey 1 kg



3⁹⁹

Cedar orange or rose blossom water 500 ml



4⁹⁹

Maggi chicken or vegetable broth cubes 504 g

3⁹⁹

Cedar butter cookies 350 g



5⁹⁹

Daoud Brother dates maamoul 600 g



14⁹⁹

Daoud Brothers barazik 650 g



17⁹⁹

Al Gota green olives saikini 3 L



4⁴⁹

Mechalaany tomato paste 550 ml



4⁹⁹

Cedar lentils 1.8 kg



3⁹⁹

Cedar dry beans 907 g, selected varieties



2⁹⁹

Phoenicia yogurt 750 g



5⁹⁹

Cedar or Phoenicia labneh 500 g



12⁹⁹

Doric feta cheese 700 g



12⁹⁹

Puck cream cheese spread 500 g



2/\$5

Montana frozen vegetable 375-400 g

2/\$5

Cedar frozen vegetables chopped spinach 750 g



2/\$4

Zabiha lean ground chicken 454 g



6⁹⁹

Al safa breaded chicken 454 g



EVERYDAY LOW PRICES



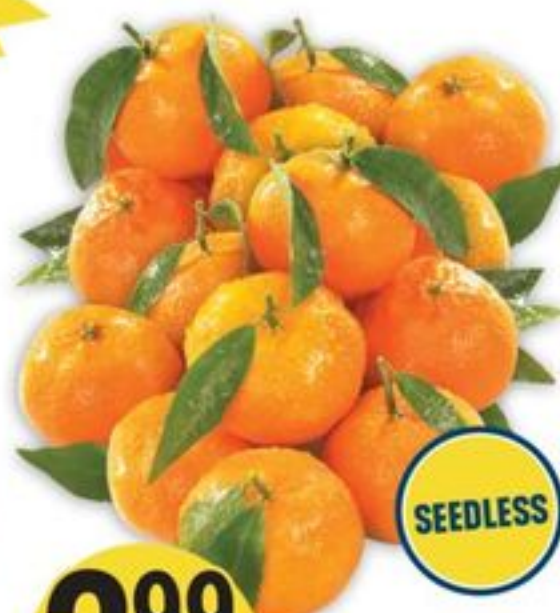
2⁹⁹
/lb
lebanese cucumbers
Canada
6.59/kg



2⁴⁹
/lb
red vine tomatoes
Canada, Mexico, U.S.A.
5.49/kg



1⁹⁹
/lb
eggplants
Mexico, U.S.A.
4.39/kg



2⁹⁹
/lb
clementines with leaves
Spain
6.59/kg



99¢
ea.
italian parsley
Mexico



99¢
ea.
green onions
U.S.A., Mexico



baladi
squash
Mexico, U.S.A.
3.73/kg

1⁶⁹
/lb



10/4⁹⁹
lemons
U.S.A.



99¢
ea.
curly parsley
Mexico



99¢
ea.
fresh mint
bunch
Mexico



3⁹⁹
ea.
oranges
South Africa, Egypt, bag 3 lb



2⁹⁹
ea.
avocados
Mexico, bag 6 un.



2⁹⁹
ea.
yellow onions
Canada, 5 lb



4⁹⁹
ea.
yellow, russet
or red potatoes
Canada, bag 10 lb



romaine hearts
lettuce
U.S.A., Mexico, 3 un.

2⁹⁹
ea.



kiwi basket
Greece, 600 g

3⁹⁹
ea.

Fresh FRUITS and VEGETABLES



red, orange or
yellow peppers
Mexico, Honduras
8.80/kg

33% savings
3⁹⁹
/lb



LARGE
FRUIT

33% savings
3⁹⁹
/lb
green, red or black seedless grapes
South Africa
8.80/kg



up to 50% savings
3⁹⁹
/lb
green & fava beans
U.S.A.
8.80/kg



25% savings
2⁹⁹
ea.
guince
Turkey



20% savings
3⁹⁹
/lb
apricots
Chile
8.80/kg



33% savings
3⁹⁹
/lb
peaches or
nectarines
Chile
8.80/kg



33% savings
1⁹⁹
ea.
english cucumber
Canada



3/\$5
coriander
Mexico



33% savings
1⁹⁹
/lb
Bartlett pears
U.S.A.
4.39/kg



3⁹⁹
ea.
red pomegranates
Turkey, India, Egypt



2/\$5
bunch spinach and
white mushrooms 227 g
Canada, U.S.A., Mexico



3⁹⁹
ea.
Attitude salads
U.S.A., 142 g, selected varieties



blueberries pint
Peru, Chile, Mexico
4⁹⁹
ea.



starting at
14⁹⁹
ea.
assorted fruits or
vegetables platter
with or without dip
selected varieties

ENJOY
our

FRESH

meats and top
QUALITY specialties

منتجاتنا اللحومية

grain fed veal
blade roast
Halal
24.23/kg

21% OFF

10⁹⁹
/lb



10⁹⁹
/lb

Canadian lamb shoulder
Halal
24.23/kg

veal cubes
Halal
33.03/kg

14⁹⁹
/lb



5⁴⁹
/lb

beef liver
Halal
12.10/kg



AA+

9⁹⁹
/lb

beef sirloin tip steak Halal
22.02/kg



AA+

10⁹⁹
/lb

beef cutlet Halal
24.23/kg



26% OFF

13⁹⁹
/lb

boneless strip
loin steak Halal
30.84/kg



8⁴⁹
/lb

extra lean ground
beef Halal
18.71/kg



AA+

17⁹⁹
/lb

beef rib steak Halal
39.65/kg



Adonis
ORIGINAL
RECIPE

6⁹⁹
/lb

beef soujok sausages Halal
15.41/kg



Adonis
ORIGINAL
RECIPE

4⁴⁹
/lb

kafta ground
chicken Halal
9.90/kg



Adonis
ORIGINAL
RECIPE

8⁹⁹
/lb

souvlaki chicken thigh Halal
19.81/kg

TASTE
the FRESHNESS

of our SEAFOOD PRODUCTS

منتجاتنا البحرية

FREE
CLEANING

\$3/LB OFF

8⁹⁹

/lb

royal sea bream
19.82/kg

FREE
CLEANING

4⁴⁹

/lb

fresh mullets
9.90/kg

\$3/LB OFF

12⁹⁹

/lb

cleaned octopus
frozen or defrosted
28.64/kg

\$2/LB OFF

12⁹⁹

/lb

cod fillets
28.64/kg

UP TO \$5 OFF

12⁹⁹

Blue Tide raw
tiger shrimp
21/25 or 31/40, 454 g

\$1 OFF

6⁹⁹

Blue Tide
seafood mix
350 g

\$1 OFF

9⁹⁹

Blue Tide
cooked peeled
white shrimps
91/110
454 g

\$2 OFF

10⁹⁹

Arahova
crispy
calamari
400 g

Our FRESH products

عروض المنتجات الطازجة

UP TO 32% OFF

4⁹⁹

Saputo ricotta di
campagna
cheese
400 g
Saputo
bocconcini
200 g
Tre Stelle feta
200 g

28% OFF

6⁴⁷

iögo yogurt
16 x 100 g, selected
varieties

30% OFF

3⁹⁹

Activia yogurt
650 g, selected varieties

17% OFF

3⁴⁹

iögo yogurt
650 g

27% OFF

3⁹⁹

Danone yogurt
6 x 93 ml, selected varieties

25% OFF

3⁹⁹

Two Good
greek yogurt
4 x 95 g

20% OFF

1⁹⁹

Neilson or
Lait's Go milk
310 ml, selected
varieties, deposit

34% OFF

2⁴⁹

Phoenicia
milk
beverage
500 ml

33% OFF

3⁹⁹

Silk
refrigerated
drink
1.74 L, 89 L,
selected varieties

UP TO 15% OFF

3⁴⁹

Selection cottage
cheese
500 g

17% OFF

2⁴⁹

Selection
sour cream
500 ml

15% OFF

5⁴⁹

Selection
shredded
cheese
320 g

UP TO 18% OFF

6⁹⁹

Président
brie
190 g
Balderson
cheddar
cheese
200 g

Discover **OUR COLD CUTS**



29% OFF
1.99
per 100 g

Solmaz chicken breast Halal
9.03/lb



40% OFF
1.49
per 100 g

Alzahraa beef bologna Halal
selected varieties 6.76/lb



26% OFF
2.79
per 100 g

Marcangelo prosciutto cotto
12.66/lb



249
per 100 g

San Daniele prosciutto
11.29/lb



23% OFF
9.99

Tahsin soujouk Halal
350 g selected varieties



28% OFF
2/\$5

Harvest Creek smoked chicken wieners Halal
450 g



21% OFF
5.49

Solmaz chicken macon Halal
375 g



17% OFF
7.49

Alzahraa spicy or mild salami Halal
400 g

Discover **OUR SPECIALTIES**



12.99

2 Skewers kafta or shish taouk Halal served with spicy potatoes or rice and salads
1 unit



15.99

Adonis salmon with rice



14.99

Adonis chicken biryani Halal medium



6.99

Adonis lahmajoun Halal large, 6 un., 350 g



12.99

Adonis falafel sandwich



6.99

Adonis tabbouleh salad
350 g



7.99

mix bean salad
500 g

Discover **OUR CHEESES**



UP TO 22% OFF
6.99

Agropur, Monsieur Gustav or Soignon cheese
170-250 g selected varieties



19% OFF
1.29
per 100 g

Delphi tzatziki greek style
5.85/lb



19% OFF
1.29
per 100 g

Phoenicia regular or half goat Labneh
5.85/lb



22% OFF
1.79
per 100 g

canadian feta cheese
8.12/lb



18% OFF
2.29
per 100 g

Phoenicia - Cedar nabulsi cheese
10.39/lb



17% OFF
7.49

Irrésistible Artisan goat cheese
250 g



29% OFF
2.49
per 100 g

Alpine emmental cheese
11.29/lb

Discover **OUR PASTRY AND BAKERY**



29.99

Adonis black and white cake
8 in



4.29

Adonis assorted cake pieces



12.99
/lb

Adonis osmalieh kashta
28.63/kg



2/\$7

Dempster's sliced grain breads
600-675 g selected varieties



3.49

Dempster's signature extra large hot-dog or hamburger buns
6-8 un., selected varieties



2/\$3

Adonis baguette
280 g



7.99

Irrésistible mini chocolate éclair
455 g

DISCOVER our VARIETY of products from near and afar

منتجاتنا المتنوعة

9⁹⁹

Cedar semolina
4 kg

4⁹⁹

Cedar pickled cucumbers
1 L

2⁹⁹

Cedar stuffed vine leaves or cabbage
275 g

2/\$5

Cedar marshmallow
250 g

2⁹⁹

Gerolsteiner mineral water
750 ml

6⁹⁹

San Pellegrino sparkling drink
6250 ml

3⁴⁹

Pepsi soft drinks
2 L

2/950

Ruffles or Sun Chips
200 g, selected varieties

4/\$5

Best juice mango nectar
250 ml, selected varieties

3⁹⁹

Dad's Original cookies 320 g or Good Thins crackers 100 g
selected varieties

2/\$3

Elledi Poker wafers
150 g

2/\$5

Ulker tea biscuits
450 g

6⁴⁹

Kimbo Espresso ground coffee
250 g

4⁴⁹

Twinings tea bags
20 un.

2⁹⁹

Cedar jam
250 ml, selected varieties

5⁴⁹

Laura Secord spread
600 g

2/\$3

Surati or Divya frozen vegetables
315-340 g, selected varieties

33% OFF
3⁹⁹

Cavendish fries
750 g

22% OFF
2/\$7

Villa du Ravioli pasta
500 g

7⁹⁹

Börek spicy ground beef bites frozen entrée
454 g

2/\$7

Indomie noodles
5x75 g - 5x85 g

2⁹⁹

Cedar strained tomato
690 ml

5⁴⁹

Portugallo sauce
355 ml

3⁹⁹

Stubbs gluten free BBQ sauce
450 ml

11⁹⁹

Cedar corn oil
2.84 L

5⁹⁹

Mama Rosa oil
1 L

2/\$5

Selection shredded coconut
200 g

1⁹⁹

Selection bread crumbs
425 g

2/\$7

Mechaalany pickled turnip
1 L

2/\$5

Selection sliced and pitted olives
390 ml

2⁹⁹

Ozsari bulgur
1 kg

9⁹⁹

Three Kings charcoal
9 kg

ZEST UP YOUR winter



40% OFF

2.99
ea.

Meyer
lemons
U.S.A., 1 lb



EVERYDAY LOW PRICE

10/4.99

lemons
U.S.A.



4.99
ea.

lemons
U.S.A.,
bag 2 lb



3/1.99

limes
Mexico



25% OFF

2.69
/lb

minneola tangelo
U.S.A.
5.93/kg



25% OFF

2.99
/lb

cara cara oranges
U.S.A.
6.59/kg



33% OFF

1.99
/lb

Navel oranges
U.S.A.
4.39/kg



25% OFF

2.99
/lb

blood oranges
U.S.A.
6.59/kg



25% OFF

2.99
/lb

pomelo
China
6.59/kg



33% OFF

1.99
ea.

pink grapefruit
Turkey



clementines
with leaves
Spain
6.59/kg

EVERYDAY LOW PRICE

2.99
/lb



29% OFF

4.99
/lb

sumo mandarins
U.S.A.
11.00/kg



clementines
Morocco, bag 3 lb

4.99
ea.



limes
Mexico, bag 1 lb

20% OFF

3.99
ea.



6.99
ea.

pink grapefruit
U.S.A., bag 3 lb



EVERYDAY LOW PRICE

3.99
ea.

oranges
South Africa, Egypt, bag 3 lb

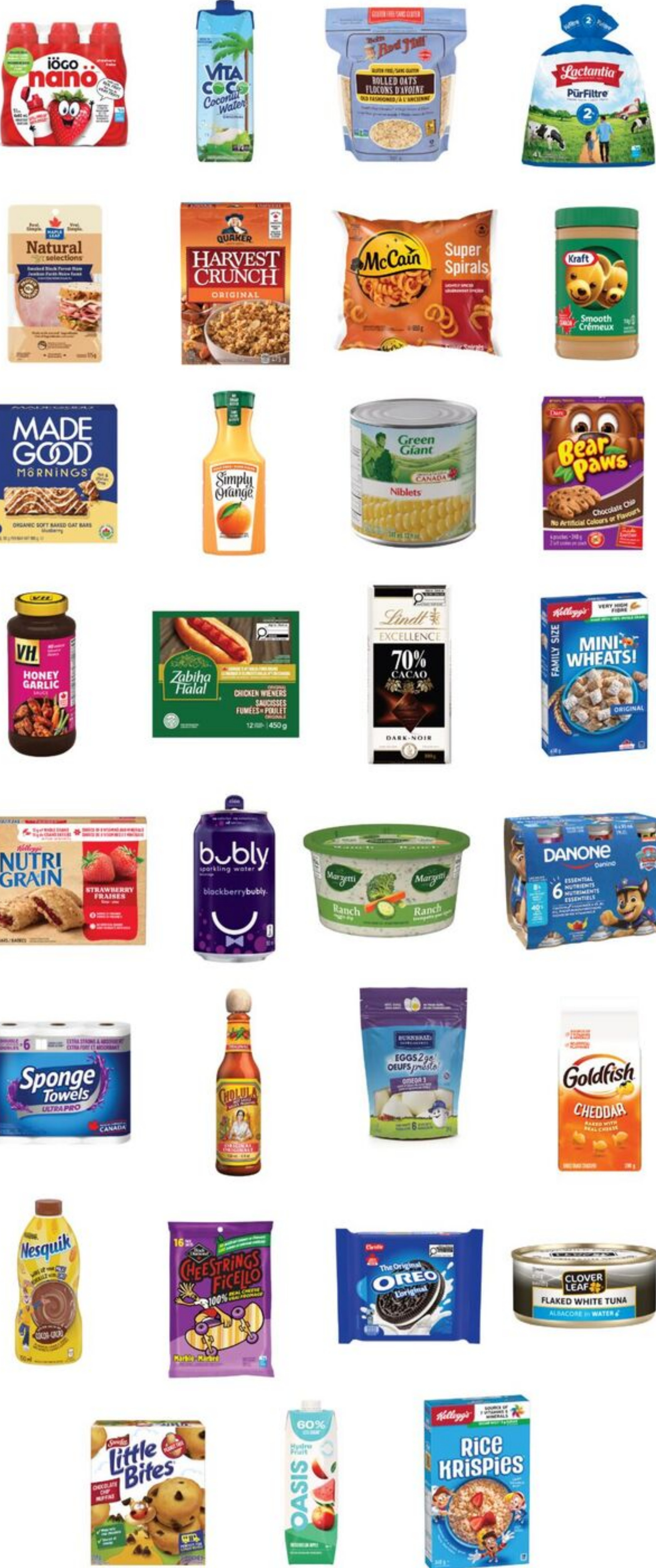


Join Us.
100% of donations help feed
hungry tummies at schools in
our neighbourhoods.

Donate
in-store

makehappytummies.ca

Thank you to our Make Happy Tummies™ partners. Look for their products in-store.



TM 2025 Make Happy Tummies

Products may be sold in a format other than as shown and/or may not be available at all stores.

Donation Match Days

January 31 and February 7
We'll match up to \$2,500 each day!

Adonis will donate up to a maximum of \$2,500 on each of the Match Fund days, January 31 and February 7, 2026 to a cumulative of \$5,000. Participating Adonis stores in Ontario only. For more information on the Make Happy Tummies™ campaign, please visit: makehappytummies.ca