



Limited Thyme Sale

Starts Thursday at 10am through Sunday

All Natural

Bone in Split Chicken Breast

\$1.99
LB

SHOP ALL DEALS

while supplies last, offer valid 1.8-1.11

Sale

**FAMILY
PACK**





VALUE
PACK

Sale



Limited Thyme Sale

Starts Thursday at 10am through Sunday

Certified Angus Beef®

Boneless Ribeye Steak

\$18⁹⁹
LB

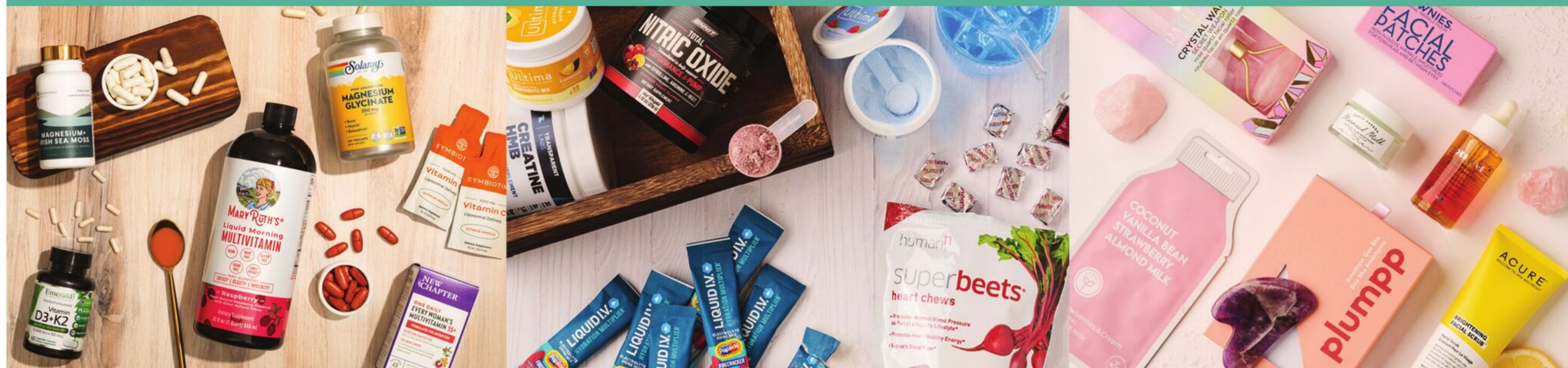
SHOP ALL DEALS

while supplies last, offer valid 1.8-1.11

Our **BIGGEST** sale of the year!

January 7-13

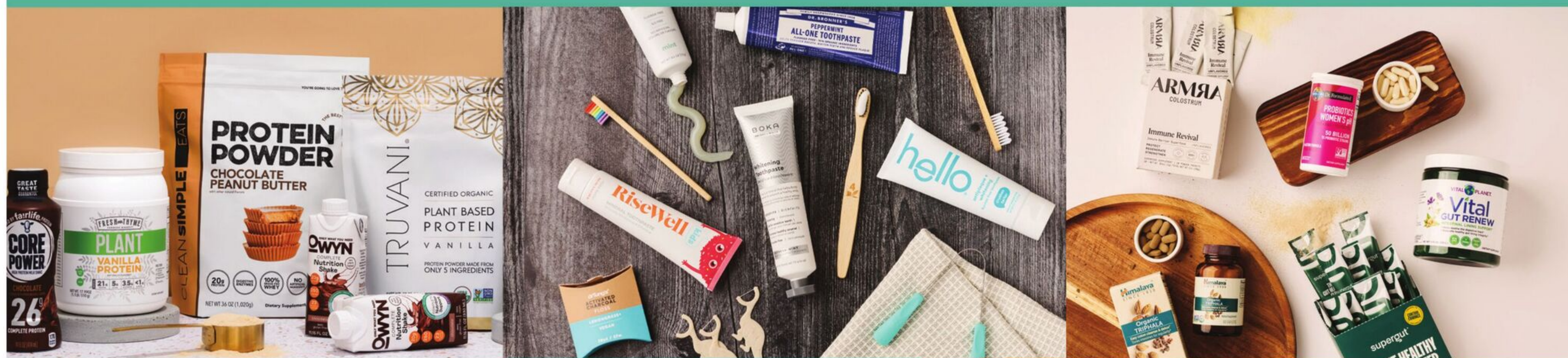
33% OFF All Vitamins & Body Care



trusted vitamins and
minerals

everyday active
essentials

stay radiant all
season long



support for your
wellness goals

fresh, clean, repeat

nourish within, thrive
all season



Sweet or Red Onions
2 lb bags

1.99



Bulk Sumo Mandarins
2 lb bag 5.99 ea

3.99 LB



Green Beans
sold in tote bags

1.99 LB



Certified Angus Beef®
Sirloin Tip or Bottom Round Roast

6.99 LB



Certified Angus Beef®
Shaved Steak
Thomas Farms Wagyu Patties 16 oz.....8.99

9.99



Mighty Spark
All-Natural Chicken
Patties or Bricks
8.75 oz ea

BOGO
Buy one, get one free



Sea Cuisine Entrees
9-12 oz
No Bone Fish Boneless
fillet, lemon herb or sauté herb, 12 oz.....8.99

7.99



Boar's Head
No fillers, artificial colors,
flavors, or trans fats.
Always gluten free



11.99 LB
Boar's Head
Cajun Turkey Breast



10.99 LB
Boar's Head
Maple Glazed Honey Coat Ham



10.49 LB
Boar's Head
Hard Salami
Boar's Head Munster Cheese...7.99 LB

33% OFF
All Vitamins and
Body Care
January 7-13



MY THYME
LIFE ESSENTIALS

Exclusive MyThyme Member Offer:
Shop the 33% off sale
and get an additional
\$10 OFF
when you spend \$100+
on vitamins & body care*
Valid January 7-13. *Clip coupon in app to redeem.



Frozen Burritos
4.5-5 oz

2/4



Carbone
Pasta Sauce
12-24 oz
Brioni Protein Pasta 12-14.5 oz.....2.58

6.99



Simple Mills
Crackers or Pop
Mins
4-4.25 oz

2/9



Seven Sundays
Cereal or Oats
8-16 oz, select varieties

6.99



Once Upon a Farm
Refrigerated Fruit
and Veggie Pouches
3-2 oz

25% OFF



Vitalife
Plant-Based Cheese
7-8 oz

4.99



Banza
Chickpea Crusts
or Pita
10-9-13.4 oz

7.99



Daring
Plant-Based Entrees
8 oz

4.99



Kodiak
Power Waffles or
Flapjacks
9-16-36 oz

5.79



Boulder Canyon
Avocado Oil
Tortilla Chips
8 oz

3.99



Chomps
Meat Sticks
8 oz

1.99



Bigelow
Tea
1.75 oz, select varieties

2.99



Rao's
Soup
15-24-36 oz

3.49



Fresh Thyme
Organic Olive Oil
3.8 oz

11.99



Elmhurst
Non-Dairy Milk
32 oz

4.99



Bulk Trail Mixes
or Snacks
sold by the pound
select varieties

20% OFF



find your closest
store, shop the ad for
pickup or delivery, or
learn more here



MY THYME
LIFE ESSENTIALS



It's always fresh
to recycle



**FRESHLY
LOCKED
DEALS**
Scan this code to view member and
organic items priced to feel good all
season long.

Prices valid 1/17/26-1/19/26 at our Iowa locations

We reserve the right to correct pricing errors. Not all items available in all stores. We reserve the right to limit quantities. Member deposit is in addition to the price shown, where applicable. Beer and wine purchases are subject to state laws. 40% and 45% available in Huggs and Griggs Super stores locations only. 40% max of 100 lb. oz. of beer and 5,000 mL of wine can be purchased at any one time. All items are sold by the each unless otherwise noted.

ALIVE ACADEMY

WE'VE GOT YOUR BACK—OUR
CERTIFIED NATURAL PRODUCT
ADVISORS CAN HELP
NAVIGATE HOLISTIC HEALTH.

AREAS OF EXPERTISE

THE ALIVE ACADEMY PIN, SHOWN RIGHT, INDICATES A
TEAM MEMBER TRAINED IN THE FOLLOWING CATEGORIES:

- VITAMINS
- SUPPLEMENTS
- CLEAN BEAUTY PRODUCTS



LOOK FOR
THIS PIN!



Regal New Zealand King Salmon

King Salmon is a rare salmon species that makes up 0.7% of the world's salmon population. King Salmon have superior flavor, color, texture & healthy omega 3 fatty acids.

