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Colemans
every visit feels like coming home

RUSSET POTATOES
PEI #1 • 10 lb bag
4.99

FROZEN RIB & TENDERLOIN PORK LOIN CHOPS
5.93 kg • Family Pack • Combination
SAVE $3.20/lb
2.69 lb

BABY BELL PEPPERS
Mexico #1
4 pk
4.99

SWEET JUICY CLEMENTINES
California #1
2 lb bag

FRESH BONE-IN CHICKEN BREAST
11.00 kg
Family Pack
SAVE $1.81/lb
4.99 lb

MAPLE LEAF BABY BAG BOLOGNA
1 kg average
12.99

SCHNEIDERS LUNCHMATE KITS
90-99g • Assorted • **Reg. 4.49**
2.99
SAVE $1.50

FRESH ATLANTIC SALMON FILLET
26.43 kg
11.99 lb
SAVE $5.00/lb

BLACK DIAMOND CHEESE SLICES
410g • Assorted • **Reg. 5.99**
SAVE $2.30
3.69

Lactose Free Options!

BLACK DIAMOND CHEESE BLOCKS 400g or **SHREDS** 300g • Assorted • **Reg. 8.49**
SAVE $3.50
4.99

PARKAY MARGARINE
850g • **Reg. 6.99**
SAVE $2.00
4.99

VILLAGGIO BREAD
675g • Assorted
Reg. 3.99
SAVE $1.00
2.99

DORITOS
210-235g • Assorted
Reg. 5.49
SAVE $2.00
3.49

CHAPMAN'S ICE CREAM 2 L or **NOVELTIES** 8-28 pk • Selected
3.99

TETLEY TEA BAGS
216 ct • **Reg. 15.99**
SAVE $6.00
9.99

FAVORITE NL STYLE SWEET MUSTARD PICKLES
750mL • **Reg. 6.49**
SAVE $1.50
4.99

FAVORITE NL STYLE SLICED PICKLED BEETS
750mL • **Reg. 4.99**
SAVE $1.00
3.99

COKE PRODUCTS
6x710mL • Assorted • **Reg. 7.99**
HOT DEAL
HOT DEAL
3.49

Kraft Hockeyville • 20 YEARS
© NHL © NHLPA

HEINZ BAGEL BITES
9 pk • Assorted • **Reg. 3.99**
SAVE $2.00
1.99

CATELLI GARDEN SELECT PASTA SAUCE 600mL • Assorted • **Reg. 3.99**
SAVE $2.11
1.88

PHILADELPHIA DIPS
227g • Assorted • **Reg. 5.49**
SAVE $2.50
2.99

KRAFT PEANUT BUTTER
750g - 1 kg • Assorted • **Reg. 8.99**
SAVE $3.22
5.77

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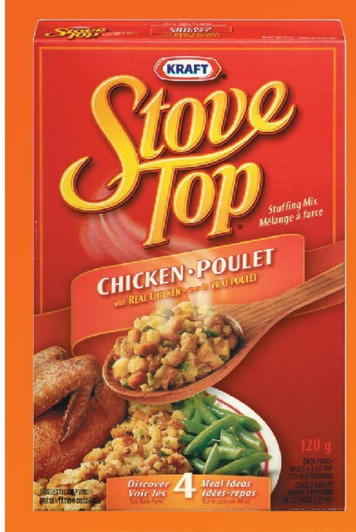
PRICES IN EFFECT JANUARY 29 30 31 FEBRUARY 1 2 3 4 2026

Colemans

VALUE Picks

Mix or Match 3/$5

MAPLE LEAF VIENNA SAUSAGES 113g, **FAVORITE SLICED** and **WHOLE MUSHROOMS** 284mL, **STONEY CREEK TOMATOES** 796mL, **SWISS CHALET GRAVY AND DIPPING SAUCE** 284mL, **INSTANT JELL-O PUDDING MIX** 30-113g or **GREEN GIANT VEGETABLES** 341-398mL • Assorted



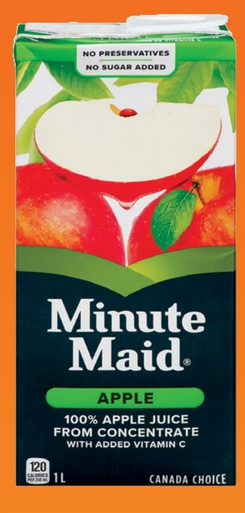
1.97

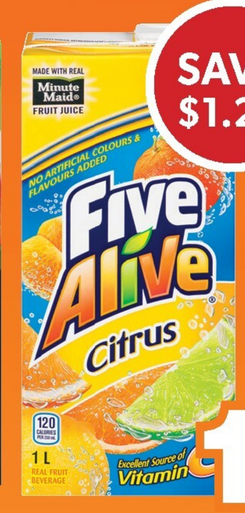
HUNT'S MANWICH SAUCE 398mL or **KRAFT STOVE TOP STUFFING** 120g • Assorted

SAVE $1.52

PRIMO KETCHUP 1 L • Squeeze **Reg. 4.99**

3.47





SAVE $1.20

1.79

MINUTE MAID or **FIVE ALIVE** 1 L • Assorted • **Reg. 2.99**

1.88

FAVORITE EVAPORATED MILK 354mL Assorted

SAVE $1.02

3.47

DR. OETKER LEMON PIE FILLING 328g • **Reg. 4.49**

SAVE $1.01

FAVORITE SWEETENED CONDENSED MILK 300mL **Reg. 3.99**

2.98

2/$5

DAINTY RICE 265g • Assorted

4.99

HEALTHY CHOICE STEAMERS 269-306g, **HUNGRY-MAN DINNERS** 360-455g or **CASA DI MAMA AND RISTORANTE PIZZA** 320-410g • Assorted

75¢ EACH

17.99

POWERADE SPORTS DRINK 24x591mL • Assorted • **Reg. 24.99**

MR. NOODLES NOODLES IN A CUP 64g Assorted

4/$5

3/$5

HEINZ TOMATO SOUP 284mL

SAVE $1.50

3.99

PREMIUM PLUS CRACKERS 450-481g • Assorted • **Reg. 5.49**

SAVE $3.00

6.99

PARKAY MARGARINE 3 lb • 1/2 cup squares • **Reg. 9.99**

SAVE $1.50

3.99

VACHON SNACKS 220-410g • Assorted • **Reg. 5.49**

KELLOGG'S RICE KRISPIES SQUARES 176-220g or **CHRISTIE COOKIES** 156-225g Assorted

2/$6

2/$4

BURNS FLAKES OF MEAT 156g • Assorted

2.99

PURITAN MEATBALL, IRISH and **BEEF STEW** 410g or **BETTY CROCKER POTATOES** 180-215g Assorted

2/$5

CATELLI PASTA 375-500g • Selected

4.5 LB BAG

8.99

CAVENDISH CLEARCOAT CRISPY FRIES 4.5 lb

12.99

CAVENDISH CRISPY TEMPURA ONION RINGS 1.5 kg

2.99

CLOROX BLEACH 1.27 L • Original

3/$4

SPARKLING ICE 503mL • Assorted

SAVE $2.11

5.88

SIMPLY ORANGE 1.54 L • Assorted • **Reg. 7.99**

SAVE $2.50

4.99

SCOTSBURN FAMILY FAVOURITES ICE CREAM 1.5 L • Assorted • **Reg. 7.49**

4.99

PHILADELPHIA CREAM CHEESE 227g • Assorted

SAVE $2.00

It's back!

4.99

KRAFT PIZZA KIT 450g • **Reg. 6.99**

24.99

MCCAFÉ PREMIUM ROAST COFFEE PODS 30 ct • Assorted

MCCAFÉ PREMIUM ROAST COFFEE 875g Assorted

27.99

2/$5.50

PRINGLES 148-182g • Assorted

2/$9

PEPSI PRODUCTS 6x222mL • Assorted

2/$16

PEPSI PRODUCTS 12x355mL • Assorted

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SWEET CARROTS or **SMALL TURNIP** Grown Right Here #1 and **YELLOW ONIONS** Nova Scotia #1 • 5 lb bags
5.99

GROWN RIGHT HERE!

SWEET CRUNCHY GALA APPLES
Washington #1
7.69 kg
3.49 lb

GREEN KIWIFRUIT
Italy #1
600g basket
5.99

EXTRA LARGE GREEN GRAPES
Peru or South Africa #1
13.21 kg
5.99 lb

3.49
WHOLE WHITE MUSHROOMS
Ontario #1 • 8 oz cello

SWEET JUICY CARA CARA ORANGES
California #1
5.49 kg
2.49 lb

SWEET SUCCULENT MANGOES
Peru #1
2/$5

4.99
SNACKING MINI CUCUMBERS
Ontario #1 • 6 pk

5.99
FRESH CRISP ROMAINE HEARTS
US #1 • 3 pk

PLUMP RIPE BLUEBERRIES
Peru #1
6 oz clamshell
3.99

CLASSIC BRAND ORGANIC SALADS
US #1
5 oz clamshell
3.99

3.99
FRESH BROCCOLI
Mexico #1

Bakery&Deli

Available at select locations

SAVE $2.00 — **7.99**
IRRESISTIBLE MILK CHOCOLATE PROFITEROLES
300g • **Reg. 9.99**

SAVE $3.00 — **9.99**
TWO-BITE CINNAMON ROLLS
595g • **Reg. 12.99**

SAVE $2.00 — **3.99**
SELECTION RED VELVET CUPCAKES
284g • **Reg. 5.99**

5.99
SELECTION TEXAS STYLE GARLIC TOAST 680g

SAVE $2.00 — **5.99**
CASTELLO HAVARTI
200g • Assorted • **Reg. 7.99**

SAVE $2.00 — **5.99**
MASTRO GENOA SALAMI
150g • **Reg. 7.99**

SAVE $2.00 — **5.99**
KELLOGG'S EGGO WAFFLES
560g • Assorted • **Reg. 7.99**

4.99
GENERAL MILLS CEREAL
328-331g or **QUAKER HARVEST CRUNCH** 400-510g • Selected

SAVE $1.00 — **2.99**
VILLAGGIO SAUSAGE and **CRUSTINI BUNS** 6 pk • Assorted
Reg. 3.99

SAVE $1.50 — **5.99**
KRAFT CHEEZ WHIZ
450g • Assorted • **Reg. 7.49**

SAVE $2.00 — **5.99**
LACTANTIA HEALTHY ATTITUDE MARGARINE
850g • **Reg. 7.99**

4.49
CREAM OF WHEAT
350-800g • Assorted

4.99
HEINZ TOMATO JUICE
1.36 L • Assorted

2/6.50
MINUTE MAID and **FUZE JUICE BOXES**
10x200mL • Assorted

SAVE $1.50 — **3.99**
ROSE'S LIME CORDIAL or **GRENADINE**
739mL
Reg. 5.49

SAVE $1.22 — **4.77**
CROSBY'S MOLASSES
675g • **Reg. 5.99**

HOT DEAL 2.99
QUAKER YOGURT GRANOLA BARS 175g • Assorted • **Reg. 4.99**

SAVE $1.00 — **3.99**
FIBRE 1 DELIGHTS or **NATURE VALLEY PROTEIN** and **SWEET & SALTY BARS**
125-160g • Assorted • **Reg. 4.99**

SAVE $1.00 — **3.99**
DARE WAGON WHEELS and **VIVA PUFFS**
300-315g
Assorted
Reg. 4.99

4.49
CHRISTIE SANDWICH CRACKERS 304g and **DUNKAROOS** 168g • Assorted

4.99
PURITY CREAM CRACKERS
300-350g • Assorted

Choice Cuts

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CANADIAN BEEF

14.99 lb SAVE $7.84/lb
CANADIAN AA OR HIGHER STRIPLOIN STEAK
33.05 kg • Family Pack

4.99 lb SAVE $1.81/lb
FRESH WHOLE CRYOVAC PORK TENDERLOIN
11.00 kg

5.99 lb SAVE $2.62/lb
FRESH CRYOVAC PORK BACK RIBS
13.21 kg

FROZEN CENTRE CUT PORK LOIN CHOPS
6.59 kg • Family Pack
SAVE $3.49/lb
2.99 lb

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6.99
MAPLE LEAF PREMIUM SLICED BACON
375g • Assorted • **Reg. 8.99**

5.49
MAPLE LEAF WIENERS
375g • Assorted

8.99
MAPLE LEAF PREPPED & READY MEATS 250g • Assorted

6.99
MAPLE LEAF NATURAL SELECTIONS SLICED MEAT
375g • Assorted

From the Sea

7.99
AQUA STAR SHRIMP RING
284g • 27/34

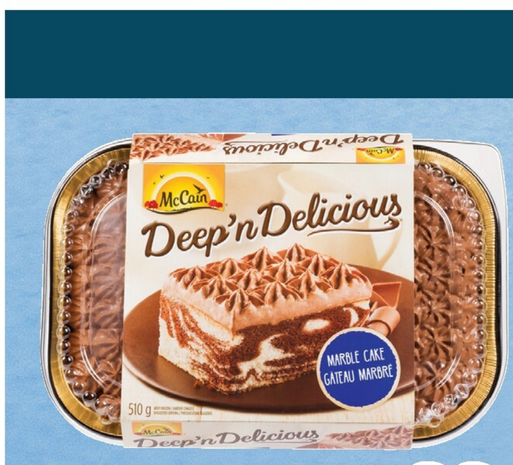
26.99
AQUA STAR ARGENTINE SHRIMP
800g • Quick Peel • 21/25

12.99
SELECTION CHICKEN WINGS
650g • Assorted

SAVE $3.00
5.99
IRRESISTIBLE MEXICAN or **ASIAN STYLE BITES** 500g • **Reg. 8.99**

SAVE $6.00
8.99
SCHNEIDERS SLICED HAM
600g • **Reg. 14.99**

SAVE $5.00
RAISED WITHOUT ANTIBIOTICS
3.99
GREENFIELD BLACK FOREST HAM
175g • **Reg. 8.99**



6.99
MCCAIN DEEP'N DELICIOUS CAKE
510g • Assorted

6.77
RED BARON CLASSIC CRUST PIZZA
584-665g • Assorted

3.88
CAVENDISH FRIES or **HASHBROWNS**
800g • Assorted

2/$4
SWIFT POT PIES
190g • Assorted

2/$5
MICHELINA'S PASTAS
156-284g • Assorted

FAVORITE BREAD & ROLL MIX
3 lb
4.99

7.99
LACTANTIA BUTTER
454g • Assorted

6.49
KRAFT MIRACLE WHIP
650-890mL • Assorted

SAVE $1.50
4.49
LYNCH SAUCE
375g • Assorted • **Reg. 5.99**

2/$5
CHEF BOYARDEE PASTA
418-425g • Assorted

3.49
HOLIDAY LUNCHEON MEAT 340g

SAVE $1.50
4.49
MARIO'S COOKED HAM
340g • **Reg. 5.99**

SAVE $3.00
WHISKAS SEAFOOD SELECTIONS
2 kg • Assorted
Reg. 12.99
9.99

SAVE $3.30
6.99
OLD DUTCH LIQUID LAUNDRY DETERGENT
4 L • Assorted • **Reg. 10.29**

2/$7
DAWN EZ-SQUEEZE
443mL • Assorted

Selection

SELECTION PUDDING CUPS
4 pk • Assorted
2/$5

SAVE $1.00
2.99
SELECTION FRUIT CUPS
4 ct • Assorted • **Reg. 3.99**

2/$4
SELECTION CRACKERS and **CHEESE SNACK**
87g

5.49
SELECTION LONG GRAIN WHITE RICE 2 kg

2/$4
SELECTION YELLOW MUSTARD 400mL

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SAVE $1.00

3.99

HUMPTY DUMPTY SNACKS and **PARTY MIX**
250-320g • Assorted • **Reg. 4.99**

SAVE $1.30

2.99

HELUVA GOOD DIPS
250mL • Assorted • **Reg. 4.29**

4.99

OCEAN SPRAY CRANBERRY COCKTAIL 1.89 L • Assorted

2.99

CAMPBELL'S BROTHS
900mL • Assorted

5.49

PURITAN CORNED BEEF HASH
425g

9.99

BILLY BEE HONEY
500g Squeeze

8.99

SYMPHONY FRIES
5 lb bag

6.99

PILLSBURY PIZZA BITES
693g • Assorted

7.99

MCCAIN PIZZA POCKETS
540-600g • Assorted

5.99

ALASKO FAJITA MIX
1 kg

Alasko

5.99

ALASKO CALIFORNIA MIX
1 kg

5.99

IRRESISTIBLE FROZEN FRUIT
400-600g • Assorted

MITCHELL'S SOUP CO. SOUP MIXES
225-400g
Assorted

9.99

5.99

HP SAUCE 400mL or
KRAFT BURGER SAUCE 475mL

11.99

PRIMO VEGETABLE OIL
3 L or **SELECTION OLIVE OIL** 1 L

4.99

CHEETOS
180-285g • Assorted

10.49

LAY'S VARIETY PACK
28g x16 ct • Assorted

7.99

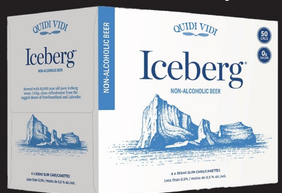
SELECTION PARCHMENT
164'

dry January

* Available at select locations

3.69

BOOMSTICK NON-ALCOHOLIC ELECTRIC PALE ALE 355mL



17.99

QUIDI VIDI ICEBERG NON-ALCOHOLIC BEER 6 pk

2/$8

LANDWASH BREWERY NON-ALC BRACKISH NON-ALCOHOLIC SOUR ALE 473mL

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4.49

LIFE SMART NATURAL QUICK STEEL OATS 709g or **SELECTION LARGE FLAKE OATS** 900g

3.49

LIFE SMART QUINOA
450g • Assorted

5.99

SCOTSBURN CHOCOLATE MILK
2 L • Assorted

7.99

MAXWELL HOUSE INSTANT COFFEE
150g • Original or Decaf

15.99

JUMPING BEAN WHOLE BEAN COFFEE 454g • Assorted

5.99

BARRY'S ORANGE PEKOE TEA 80 ct or **TWINNINGS TEA** 20 ct • Assorted

3/$5

FAVORITE MANDARIN ORANGES
284mL

3.99

QUAKER INSTANT OATMEAL
264-304g • Selected

4.99

DAINTY GLUTEN FREE MIXES
370-450g • Assorted

6.99

FURLANI TOAST
480-638g • Assorted

SAVE $1.00

2.99

LACTANTIA GARLIC BUTTER
125g • **Reg. 3.99**

SAVE $2.00

BERTOLLI WINE VINEGAR
500mL • Assorted
Reg. 4.99

2.99

3.79

TUNNOCKS CHOCOLATE TEACAKES
6 pk

3.49

SELECTION COOKIES
270g • Assorted

SAVE $1.20

2.49

ECONO PACK COOKIES
280-350g • Assorted • **Reg. 3.69**

12.99

KRAFT DINNER
12 pk

3/$4

FAVORITE FLAKED LIGHT TUNA
170g

SAVE $4.00

9.99

ROYALE BATHROOM TISSUE
12 Double Rolls • Original or Velour • **Reg. 13.99**

SAVE $2.00

2.99

MEOW MIX CAT FOOD
500g • Assorted • **Reg. 4.99**

4/$5

PURINA FANCY FEAST WET FOOD
85g • Assorted

SAVE $1.30

4.99

MILK-BONE DOG BISCUITS
800-900g • Assorted • **Reg. 6.29**

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Gourmet our way

BUTCHER-SEASONED. HOME-COOKED PERFECTION.

SAVE $4.07/lb

7.99 lb

FRESH
MARINATED PORK BACK RIBS
17.61 kg

5.99 lb

SAVE $2.76/lb

FRESH
MARINATED or **STUFFED**
CHICKEN BREAST
13.21 kg

SAVE $3.08/lb

5.99 lb

FRESH MARINATED PORK TENDERLOIN
13.21 kg

From the Ocean to your plate.

SAVE $4.80/lb

19.99 lb

OCEAN FAVOURITES LARGE SCALLOPS
44.06 kg
Individually Quick Frozen

LAND AND SEA FISH CAKES
380g

2/$7

9.99

PARAMOUNT FLAKE STYLE IMITATION CRABMEAT 907g

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CHOCOLATE TRUFFLE CAKE

DECADENT CHOCOLATE MOUSSE LAYERED BETWEEN CHOCOLATE SPONGE CAKE AND COVERED IN A RICH CHOCOLATE GLAZE.

SPECIAL
$29.99
REGULAR $45

Love is sweet, and cake makes it sweeter!

LA FOURNÉE DORÉE BRIOCHE BUNS
4 pk
6.99

SAVE $1.50

SCHOOL SAFE MUFFINS, BROWNIES AND BANANA BREAD
8 pk • Assorted • **Reg. 5.99**
4.49

Gluten Free

8.99

PROMISE GLUTEN FREE WHITE or **MULTIGRAIN BREAD**
480g

CANADIAN BRAND

Your CO_2 cylinder at
a better price

Refilling
a cylinder
$12.50 +tx

WITH empty cylinder in exchange

EXCHANGEABLE
with **ALL** brands!

Kids!

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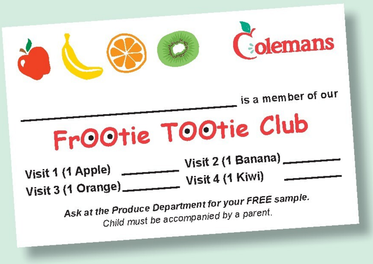

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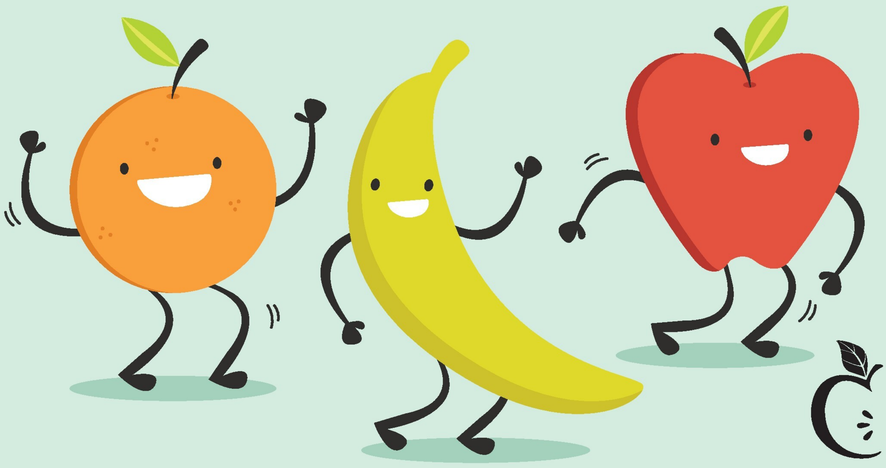
See a Produce Associate for a membership card



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AND ENGAGING A NATION.

We've always been proud to feed and fuel Canadians.

And in 2026, Maple Leaf will stand alongside Canadian athletes and harness national pride to rally shoppers and drive in-store conversion.

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Starting at 20% OFF

and UP TO 50% OFF*

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