



shaws for u

Proud to be local, since 1860

Michelob Ultra, Ultra Zero or Heineken Silver 12 Pack 12 oz.

8.99

DIGITAL REBATE -5.00

Limit 1

Rebate must be downloaded to your For U account prior to purchase. Limit 1 Digital Download per household.

\$5 DIGITAL REBATE via PayPal

Shopped with care.

Order online. Shopped just like you picked it. Same-day Delivery or **FREE** Pickup.

Shop shaws.com

DriveUp & Go

DIGITAL COUPONS!

Signature Select Boneless Chicken Breast or Thighs Value Pack

2.49 lb.

Limit 2

Russet Potatoes 5 lb. bag

Yellow Onions 3 lb. bag

Whole Carrots 2 lb. bag

1.49

Limit 3 Bags

Raw Shrimp 13-15 ct. sold in a 2 lb. bag @ \$15.98 after digital savings

7.99 lb.

Limit 2

Cuties 2 lb. bag

Navel Oranges 4 lb. bag

2.79

Limit 2

Cabot Bar, Shredded or Sliced Cheese 7-8 oz., select varieties

2.29

Limit 4

Lay's Potato Chips, Keebler Sandwich Crackers or Cheez-It 5-11.04 oz.

2.29

Limit 2 Each

Birds Eye Vegetables, Healthy Choice Steamers or Marie Callender's Bowl 9.25-16 oz., select varieties

1.99

Limit 6

Kellogg's or Quaker Cereals 11.2-16 oz.

1.99

Limit 4

Tide Detergent 73-84 oz. or Pods 25-42 ct. select varieties

7.99

Limit 1 Each

MVP SAVINGS IN EVERY AISLE!

Fresh Boneless Pork Loin Chops Value Pack

2.99 lb.

St Louis Pork Ribs previously frozen

Coho Salmon Fillets previously frozen

8.99 lb.

Strawberries 1 lb.

Blueberries pint

Raspberries or Blackberries 6 oz.

buy 2 get 1 FREE

Coca-Cola 12 Pack 12 oz. cans

8 Pack 12 oz. bottles

buy 2 get 2 FREE

Bertolli Olive Oil 25.36 oz.

Roa's Pasta or Alfredo Sauce 15-24 oz. select varieties

6.49

Poland Spring Water 24 Pack 16.9 oz. bottles

Refreshe Spring Water 24 Pack 8 oz. bottles

3.99

Häagen-Dazs Ice Cream 14 oz.

Signature Select Ice Cream 48 oz. select varieties

2/\$6

Swanson Broth & Stock 32 oz.

Campbell's Chunky & Homestyle Soup 16.1-19 oz.

1.99

Starbucks Coffee 11-12 oz. Bag 10 ct. Cups select varieties

7.99

Thomas' Bagels 19-20 oz. select varieties

Eggland's Best Cage Free White Eggs 12 ct.

buy 1 get 1 FREE

Baked Fresh! Muffins 4 ct.

4.99

WHEN YOU BUY 2 OR MORE

Prices effective: FRIDAY, JANUARY 9 - THURSDAY, JANUARY 15, 2026

Fri. 9	Sat. 10	Sun. 11	Mon. 12	Tue. 13	Wed. 14	Thur. 15
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FREE flu shots*

Save more when you vaccinate your whole family!

Get up to \$20 off groceries with each vaccination

SCAN TO SCHEDULE & SEEP THE LINE!

Walk-In's Welcome!

Effective in: *311 Peterborough, *321 Windham, *342 Dover, *348 Derry, *349 Londonderry, *351 Hooksett, *356 Laconia, *358 Milford, *372 Littleton, *373 Gilford, *374 North Conway, *376 North Merrimack, *379 Paltow, *381 Merrimack, *381 Nashua: Royal Ridge, *392 Concord Heights, *393 North Hampton, *394 Stratham, *395 Nashua: Main St. Marketplace, *396 Hillsborough, *440 Lancaster, *441 Walpole, *442 Newport, *443 Woodsville, *485 West Lebanon: Powerhouse Plaza

DELI

sliced fresh to order at your deli counter

DIETZ & WATSON
#1

National Hot Pastrami Day Jan. 14th

Pastrami

12⁹⁹ lb.

DIETZ & WATSON

Swiss

8⁹⁹ lb.

BIG DEALS!

CEDAR'S

Hummus
8 oz., Original, Red Pepper, Everything and more

2/\$7

Mini Babybel
8.5 oz., 12 ct.
Original, Light, White Cheddar, Mozzarella or Gouda

buy 1 get 1 FREE
lowest priced item is free

Signature Select

Soup
24 oz., Chicken Noodle, New England style clam chowder & more...

\$6

THKOS

Feta Cheese Crumble
12 oz. or Block 16 oz.

6⁹⁹

PRIMO

Carver Turkey Breast

9⁹⁹ lb.

BAKERY

baking fresh everyday

Colossal Cheesecake Slice
each, select varieties

5⁹⁹

Izzio Sourdough Rustic Italian and Sourdough Boule
24 oz.

5⁹⁹

Danish Strip
ea., choose from Cheese, Raspberry & Apple

5⁹⁹

Sola Full Line Bread & Bagels
12-14 oz., select varieties

5⁹⁹

Entenmann's Donuts
15-17.5 oz.

3⁹⁹

Pepperidge Farm Whole Grain Bread
22-24 oz., select varieties

3⁹⁹

Little Debbie Snack Cakes, Mini Muffins or Family Pack
6-11.09 oz.

2/\$6

DAIRY & FROZEN

Ratio Protein or Oui Yogurt
5-5.3 oz., select varieties

2/\$3

Blue Diamond Almond Breeze Milk
64 oz.
Planet Oat Oatmilk or Creamers
32-52 oz., select varieties

2⁹⁹

Jimmy Dean Breakfast
12.8-22.8 oz., select varieties

6⁹⁹

PF Chang's or Bertolli Meal
22 oz., select varieties

5⁹⁹

Horizon Organic UHT Milk
64 oz.

5⁴⁹

Sargento Sliced Cheese
8-8 oz., select varieties

3⁹⁹

Cape Cod Cafe Pizza
16-19 oz., select varieties

6⁹⁹

De Wafelbakkers Pancakes
21.2-24.8 oz., select varieties

3⁹⁹

GROCERY FAVORITES

Doritos or Fritos
9.25-10 oz.
Ruffles
7.75-8.5 oz., select varieties

4⁹⁹

Arizona Beverages
22 oz. can + deposit where applicable

88¢

Bloom Sparkling Energy
12 oz.
C4 Energy
16 oz. + deposit where applicable

2/\$5

Ensure Max 4 Pack
select varieties

11⁹⁹

Maruchan Instant Lunch
2.15-2.25 oz., select varieties

4/\$2

Knorr Pasta & Rice Sides
4.1-5.8 oz., select varieties

4/\$5

Signature Select Salsa
16 oz.
Tortilla Burrito
19.2 oz., select varieties

2/\$5

Quest Bars 4 Pack
select varieties

8⁹⁹

BEER & WINE

Athletic Non-Alcohol, Twisted Tea, White Claw or Truly Hard Seltzers
12 oz., 12 pack

15⁹⁹

Stella Artois, Samuel Adams, Harpoon or Blue Moon
12 oz., 12 pack

15⁹⁹

10% OFF When You Buy 4 or more wine items MIX & MATCH ANY SIZE!

Kendall-Jackson VR Chardonnay or Low Calorie Chardonnay
750 ml.

16⁹⁹

Lawson's Sip of Sunshine
16 oz., 4 pack
Smuttynose
12 oz., 12 pack

15⁹⁹

Not all items available in all stores

FAB 5! mix match BUY 5 OR MORE

ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION.

• MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE •

3.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$4.99

4.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$5.99

4.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$5.99

11.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$13.99

2.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$3.99

99¢

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$1.49

4.49

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$4.99

3.49

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$4.49

4.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$6.99

3.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$4.99

3.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$4.99

1.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$2.49

1.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$2.49

14.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$17.99

2.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$3.99

1.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price 2/\$5

1.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$3.99

2.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$3.49

2.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$3.99

3.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$4.99

1.49

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$1.79

2.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$3.49

5.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$6.49

1.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$2.49

• MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE •

7.49

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

4.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

15.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

4.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

18.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

5.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

3.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

3.69

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

4.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

buy 1 get 1 FREE

6.99

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Stack Your Savings!

Combine These Offers & Save Even More!

DIGITAL COUPON

Get \$5 OFF

when you Spend \$50 on O Organics!

1/9-1/31/26

DIGITAL COUPON

Get \$5 OFF

when you Spend \$50 on Open Nature!

1/9-1/31/26

DIGITAL COUPON

Get \$3 OFF

when you Spend \$50 on Signature Select!

1/9-1/31/26

DIGITAL COUPON

Get \$3 OFF

when you Spend \$50 on Overjoyed!

1/9-1/31/26

Our BEST for LESS

10/\$10

10/\$10

10/\$10

10/\$10

10/\$10

10/\$10

10/\$10

Our BEST for LESS

EARN 5X POINTS*

on participating items with 

Offer valid 1/9/26 - 2/5/26.

*See offer for details.
Program details available at shaws.com/foru

shaws

1/9/26 - 1/15/26

Look for this tag



NEW DEALS WEEKLY!



Primo Taglio
Carving Turkey Breast

9⁹⁹
lb.



Signature Select
Campari Tomatoes

2⁹⁹
16 oz.



Signature Select
Salad Bowls

2/\$7
4.5-7.75 oz.



Signature Select
Ground Turkey

15⁹⁹
48 oz.



Lucerne
Greek Yogurt

3⁴⁹
32 oz.



Signature Select
2 liter Soda
or Seltzer

10/\$10
+ deposit where applicable



Waterfront Bistro
Shrimp Ring

7⁴⁹
10 oz.



Waterfront Bistro
Swai Fillets

8⁹⁹
32 oz., frozen



Waterfront Bistro
Cold Smoked Atlantic Salmon

6⁴⁹
4 oz.



O Organics
Cereal Bars

2/\$6
8 ct.



Signature Select
Ice Cream

2/\$6
48 oz.



Signature Select
Fougasse Bread

3⁴⁹
12 oz.



Overjoyed
Frozen Lava Cakes

2/\$7
2 ct., 7.05 oz.



Primo Taglio
Cheese Havarti

3⁹⁹
7 oz.



Signature Select
Cracker Oyster

2⁴⁹
9 oz.



Lucerne Eggs Cage
Free Large Grade A dozen

3⁹⁹



Signature Select
Soy Sauce

1⁹⁹
10 oz.



Open Nature Granola

3⁹⁹
12 oz., select varieties

shaw's
BIG VALUE!
BIG SAVINGS!

**BIG
DEALS!**

Long-term
savings on your
favorite items!

Valid through 2/19/26



**Planters
Flavored Cashews**
5 oz.
select varieties

3⁹⁹



Skinny Pop
4.4-5.3 oz.
select varieties

2/\$7



Wise Potato Chips
7.5-7.875 oz.
select varieties

2/\$6



**Monster Energy
12 Pack**
16 oz. cans
+ deposit where applicable

23⁹⁹



Eternal Spring Water
2.5 Liter
+ deposit where applicable

2/\$7



**Vita Coco Coconut
Water 1 Liter**
33.8 oz.
+ deposit where applicable

2/\$10



**Filippo Berio
Olive Oil**
25.5 oz., select varieties

9⁹⁹



**Nestle Baking
Chunks & Morsels**
9-12 oz.
select varieties

4⁹⁹



Wesson Oil
128 fl. oz.
select varieties

12⁹⁹



Starbucks Coffee
18 oz.
select varieties

16⁹⁹



**Green Mountain
Coffee**
32 ct.

18⁹⁹



Gain Detergent
144 oz.
select varieties

15⁹⁹



**Mission Zero Net
Carbs Soft Taco**
11.29 oz., select varieties

4⁹⁹



**Blue Bonnet
Spread Quarters**
16 oz.

3/\$5



**Reddi Wip Aerosol
Whipped Cream**
6.5 oz., select varieties

3⁴⁹



**The Greek Gods
Greek Yogurt**
24 oz.
select varieties

4⁹⁹



DeCecco Pasta
8.8-16 oz.
select varieties

2/\$5



**GoGo Squeeze
Apple Sauce**
38.4 oz.
select varieties

7⁹⁹



Rao's Pasta sauce
14.5-15 oz.
select varieties

7⁴⁹



**Hunt's
Tomatoes & Sauce**
14.5-15 oz.
select varieties

2/\$3



Hot Pockets
17-18 oz.
select varieties

5⁹⁹



**El Monterey
Taquitos**
20 oz.
select varieties

7⁹⁹



**Newman's Own
Pizza**
13.2-17 oz.
select varieties

6⁹⁹



**Chef Boyardee
Canned Pasta**
14.5-15 oz.
select varieties

2/\$3



Galbani
Mozzarella
or Provolone

**5⁹⁹
lb.**



CEDAR'S
Hommus
8 oz.

2/\$7



ready meals
Chicken Pot Pie,
Shepherd's Pie or
Brisket Pot Pie

5⁰⁰



CABOT
Vermont Cheddar
10 oz.

6⁹⁹

BINS OF SAVINGS

2 for \$2



Bumble Bee Flavored Tuna

3 oz., select varieties

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BINS OF SAVINGS

2 for \$4



Bumble Bee Solid White Tuna 5 oz.
Maruchan Ramen Noodles 6 Pack
Wish-Bone Salad Dressing 8 oz.
Signature Select Olives 6 oz.
Chatham Village Croutons
5 oz., select varieties

Not all items available in all stores

Get more out of shopping at Shaw's.

Get even more with FreshPass®!*

for u fresh pass			
	How to join	FREE	MONTHLY OR ANNUAL SUBSCRIPTION
	Use Points for discounts on gas and grocery	✓	✓
	Clip deals to save more	✓	✓
	5% off O Organics® and Open Nature®		✓
	\$5 monthly credit for annual subscribers		✓
	Unlimited free Delivery		✓
	Extra savings on our exclusive brands		✓
	Points don't expire		✓

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