NAM DAE MUN Farmers Market

20th ANNIVERSARY

염소 한마리 GOAT WHOLE

양 한마리 LAMB WHOLE

WE ARE OPEN 7DAYS A WEEK 9AM~9PM

SPECIAL SENIOR HOUR 9:00AM~10:00AM

5% Discount for Our Seniors!

NDMMARKET.COM
WEEKLY ADs, RECIPES AND MORE

www.ndmmarket.com | NDM Market APP | @ndmmarket | @ndmmarket

APP CARD

Download our APP or Visit our Website for even more Savings!

Digital Coupon Using APP

Want to save money on groceries? Sign up for AppCard today at the register or online to receive 50 points! Add your phone number and email for an additional 50 points. Earn points to save money on your next purchase at Nam Dae Mun.

SCAN DIGITAL COUPONS | SCAN WEEKLY AD

HOT SALE

GOAT WHOLE — 5.99 LB

HOT SALE

LAMB WHOLE — 5.99 LB

HOT SALE

FZ SMELT FISH HEAD ON 3/5 — 1LB 4.99 PK

HOT SALE

WHITE SHRIMP HEAD ON 40/50 — 3.99 LB

FZ WHITE SHRIMP HEADLESS 31/35 — 3.99 LB

CHICKEN LEG QUARTER — 10LB 6.99 BAG

CHICKEN DRUMSTICK BAG — 0.79 LB

YELLOW CROAKER 300/400 — 5.99 LB

TUNA STEAK — 5.99 LB

NDM TILAPIA FILLET 3/5 — 2LB 5.99 BAG

DAIRY AND FROZEN

APP CARD — DISCOUNT COUPON W/NDM APP CARD
1 COUPON FOR 1 PERSON

ONLY THUR-SUN!

CHOBANI GREEK YOGURT 4.5-5.3OZ — 5 FOR 5 (DIGITAL COUPON $2 OFF 5) 3 FOR 3 LIMIT1

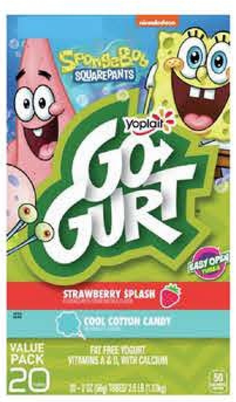
DAISY SOUR CREAM 24OZ — 3.19/EA (DIGITAL COUPON $0.70 OFF 1) 2.49 LIMIT1

REDDI WIP WHIPPED TOPPING 13OZ — 5.49 EA

IGA SHREDDED CHEESE 8OZ — 3 FOR 5

BORDEN STRING CHEESE 12CT 12OZ — 4.49 EA

CHOBANI PROTEIN YOGURT 6.7OZ — 1.49 EA



YOPLAIT GOGURT 20CT 40OZ — 4.99 EA

YOPLAIT FRIDGE PACK 8PK 48OZ — 4.99 EA

FAGE TOTAL GREEK YOGURT 5.3OZ — 1.49 EA

FLORIDA'S NATURAL JUICE 59OZ — 2.79 EA

PARKAY MARGARINE QUARTERS STICKS 16OZ — 2.49 EA

PARKAY ORIGINAL BOWL 13OZ — 2.49 EA

DOLE SLICED STRAWBERRY BANANA BAG IN BAG 40OZ — 9.99 EA

DOLE MANGO BAG IN BAG 2.5LB — 11.99 EA

DOLE MIXED BERRIES BAG IN BAG 2.5LB — 14.99 EA

SKINNY COW ICE CREAM SANDWICH 4CT — 3.49 EA

TYSON CHICKEN 20-25OZ — 7.99 EA

TOTINO PIZZA ROLLS 130CT 63.5OZ — 14.99 EA

TOTINO PIZZA ROLLS 100CT 48.8-48.85OZ — 10.99 EA

HEYMEAL ONE BITE, BETTER BALANCE VEGETABLE DUMPLING 420G — 3.99 EA

PRICE EFFECTIVE : JANUARY 2ND, 2026 THROUGH JANUARY 8ST, 2026

Prices and product availability are subject to change without notice. We reserve the right to limit quantities on promotion products. Market is not responsible for pricing, typographical, or other errors.

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WE ARE OPEN 7DAYS/WEEK
9AM~9PM
SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

FREE ICE CREAM!
CELEBRATE YOUR BIRTHDAY WITH NAMDAEMUN
Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*
Sign Up with the QR Code or by texting NDM to 87573
SCAN FOR DIGITAL COUPON
*While supplies last. Taxes apply. Please sign up before birthday month to receive your free birthday ice cream email.

FRUIT & VEGETABLE
FRI/SAT/SUNDAY SALE ONLY!

HOT SALE
RED CHERRY — 3.99 LB
KOREAN PEAR — GIFT — 7CT — 29.99 BOX
FUYU PERSIMMON — GIFT — 12CT — 13.99 BOX
KAKI SHARON PERSIMMON — GIFT — 12CT — 21.99 BOX
HASS ACODADO — 0.79 EA
NZ GOLDEN KIWI — 1LB — 4.99 PK
CALIFORNIA ORANGE — 4LB — 3.99 BAG
GRAPEFRUIT — 2 FOR 3
LEMON — 3 FOR 1
CAULIFLOWER — 2.49 EA
TAIWAN SPINACH — 2.49 LB
HYDRO CUCUMBER — 0.99 EA
GREEN LEAF — 2 FOR 3
ICEBERG LETTUCE — 0.99 EA
RED BELL PEPPER — 2.49 LB
KOREAN SWEET POTATO — 5LB — 8.99 BOX
HAWAIIAN PURPLE YAM — 2.99 LB
HOT SALE
IDAHO POTATO — 10LB — 2.99 BAG

FARM FRESH FRUIT & VEGETABLE

YELLOW PEACH — 2.99 LB
JUMBO CANTALOUPE — 2.99 EA
RED GRAPEFRUIT — 3LB — 3.99 BAG
RED APPLE — 3LB — 3.99 BAG
GRANNY SMITH APPLE — 3LB — 3.99 BAG
YELLOW ONION — 3LB — 2 FOR 3
GREEN BELL PEPPER — 0.99 LB
RAINBOW BELL PEPPER — 3PC — 3.99 BAG
POMEGRANATE — 5.99 EA
EASY OPEN THAI YOUNG COCONUT — 1.99 EA
CALABAZA WHOLE — 0.99 LB
CALABAZA CUT — 1.29 LB
KABOCHA SQUASH — 0.99 LB
GREEN KALE — 0.99 EA
GREEN ZUCCHINI — 0.79 LB

SPECIAL!

COCA COLA 12PK — 2 FOR 15
COCA COLA 1.5LITER — 2 FOR 3
POWERADE SPORTS DRINK 20OZ 8PK — 2 FOR 13
MONSTER ENERGY DRINK 4PK — 8.49
KKOTSAEM HONEY TEA 1KG — 5.99 EA
NDM PURIFIED WATER 35PK — 4.99 EA
CALLAWAY WATER 24PK — 7.99 EA
PALDO VOLCANO CARBONARA CHICKEN 4PK — 3.99 EA
SAMYANG BULDAK ROSE 5PK — 5.99 EA

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9AM~9PM
SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

Friday FREE ITEM!

VISIT US ONLINE TO REGISTER FOR DIGITAL COUPON!
DOWNLOAD YOUR DIGITAL COUPON FOR A FREE ITEM.
LOAD FRIDAY ONLY!
Load FRIDAY only and Redeem by SUNDAY!
•Products could change based on availability. Limit one free item per household. No raincheck available. Taxes where applicable.

SAVE ON EVERYDAY ITEM!

TAMPICO DRINK
128OZ
25 FOR 5

TAMPICO PUNCH
15PK 150OZ
4.99 EA

IGA APPLESAUCE 6PK
1.99 EA

IGA INSTANT OATMEAL
8-10CT
2.99 EA

BETTY CROCKER MASHED POTATO 4OZ
1.00 EA

ORVILLE REDENBACHER POPCORN
3PK 8.07-9.87OZ
25 FOR

IGA TUNA CHUNK LITE 5OZ
0.79 EA

IGA CEREAL
12-18.7OZ
2.49 EA

CHEEZ-IT CRACKER CADDIE PACK
10.8-12.7OZ
5.99 EA

PRINGLES CHIP
6.8-7.1OZ
2.79 EA

PRINGLES CHIP SNACK PACK
12CT 8.04-8.89OZ
4.99 EA

MARIO BLACK OLIVES SLICED
2.25OZ
45 FOR

KRAFT DRESSING
8OZ
2.49 EA

MCCORMICK MAYONESA
28OZ
7.99 EA

HEINZ COCKTAIL CHILI SAUCE
12OZ
2.79 EA

BISQUICK PANCAKE & BAKING MIX
40OZ
5.49 EA

WISH BONE DRESSING
15OZ
25 FOR

ORVILLE SEASONING
2.4.2.8OZ
3.49 EA

OLD BAY SEASONING
6OZ
4.49 EA

MAZOLA OIL
40OZ
5.79 EA

TIDE DETERGENT
LIQUID 73-84OZ
PODS 42CT
10.99/EA
DIGITAL COUPON $3 OFF 1
7.99
LIMIT1

DAWN DISH WASHER
16-30.8OZ
5.29 EA

CASCADE PLATINUM DISH WASHER PODS
9-16CT
5.29 EA

CHARMIN MEGA ROLL TOILET TISSUE
6-9CT
11.99 EA

BOUNTY PAPER TOWEL TRIPLE ROLL
4CT
DOUBLE ROLL
6CT
11.99 EA

Visit Our NDM Market Location

DULUTH 3825 Shackleford Rd, Duluth, GA 30096
LAWRENCEVILLE 850 Dogwood Rd. Lawrenceville, GA 30044
LILBURN 4805 Lawrenceville Hwy. Lilburn, GA 30047
MORROW 1940 Mt. Zion Rd. Morrow, GA 30260
NORCROSS 6131 S. Norcross Tucker Rd. Norcross, GA 30093
STONE MOUNTAIN 5158 Memorial Dr. Stone Mtn, GA 30083
SMYRNA(EAST) 2350 Spring Rd. Smyrna, GA 30080
SMYRNA(WEST) 2148 South Cobb Dr. Smyrna, GA 30080

SAVE MORE $1/EA

APP CARD
DISCOUNT COUPON W/NDM APP CARD
1 COUPON FOR 1 PERSON

ONLY THUR-SUN!

KELLOGG'S POP-TARTS
8CT 13.5-13.54OZ
2.99/EA
DIGITAL COUPON $1 OFF 1
1.99
LIMIT1

RITZ CRACKER
8.8-13.7OZ
4.49/EA
DIGITAL COUPON $0.5 OFF 1
3.99

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NAM DAE MUN
Farmers Market

1.02.2026~ 1.08.2026

PRODUCE WEEKLY SALE

Choose Your Best Vegetables !

BOX SALES ONLY !

<ALL ITEMS ARE BOX PRICES>

GREEN LEAF 24CT

Green leafy vegetables are nutritional powerhouses, offering vitamins (A, C, K, folate), minerals (iron, calcium, potassium, magnesium), and antioxidants, which **support immunity, bone health, vision, heart health, and digestion while helping with weight management due to being low in calories and high in fiber, potentially lowering risks of chronic diseases like cancer and heart disease.**

SALE PRICE

$29.00

SUPER PRICE

FUYU PERSIMMON GIFT BOX

Fuyu persimmons are packed with fiber, vitamins (A, C, B6), and antioxidants like flavonoids, supporting digestive health, boosting immune function, improving heart health (lowering cholesterol/blood pressure), promoting eye health (beta-carotene), and aiding in weight management by keeping you full. They're naturally low in fat and calories, making them a nutrient-dense, heart-healthy snack that helps fight inflammation and oxidative stress.

SALE PRICE

$13.99

SUPER PRICE

ICEBERG LETTUCE 24CT

Iceberg lettuce benefits include being highly hydrating (96% water), low in calories, and a source of vitamins K, A, and C, plus minerals like potassium, supporting bone health, immunity, vision, blood clotting, and digestion, while aiding weight management due to its low-calorie, high-volume nature, though it's less nutrient-dense than darker greens.

SALE PRICE

$27.00

SUPER PRICE

POMEGRANATE 5CT

Pomegranates are packed with nutrients and powerful antioxidants (polyphenols) that fight inflammation, support heart health by improving cholesterol and blood pressure, boost brain function, aid digestion, and may even help with exercise recovery and certain cancers, offering benefits from better memory to enhanced immunity and skin health. They're rich in Vitamin C, K, fiber, potassium, and minerals, making them a nutrient-dense addition to a healthy diet, whether eaten fresh or as juice.

SALE PRICE

$28.00

SUPER PRICE

CILANTRO(MEX) 60CT

Cilantro offers benefits like aiding digestion, fighting inflammation, and supporting heart health through antioxidants, vitamins (A, C, K) and minerals, helping balance blood sugar, and potentially removing heavy metals, making it great for salsas, salads, and as a garnish for flavor and nutrition. It boosts antioxidant intake, helps with skin hydration, and its compounds fight harmful bacteria like Salmonella, while also attracting beneficial garden insects.

SALE PRICE

$21.00

SUPER PRICE

KOREAN PEAR 7CT

Korean pears (Asian pears) are nutrient-rich fruits packed with fiber, Vitamin C, potassium, and copper, offering benefits like boosting immunity, supporting respiratory health (reducing phlegm, soothing lungs), aiding digestion, potentially reducing hangover severity, promoting heart health by lowering bad cholesterol, and providing antioxidants, all while being low in calories for weight management.

SALE PRICE

$29.99

SUPER PRICE

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SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

THU,FRI,SAT,SUN
DIGITAL COUPON
1/01-1/04

THROW BACK THURSDAYS

LIMIT 1 OFFER

SALE PRICE 2.99
DIGITAL COUPON 1.00 OFF ONE
FINAL PRICE **1.99**

3.50 TO 13.54 OZ., Selected

Kellogg's Pop-Tarts

LIMIT 1 OFFER

SALE PRICE 5/5.00
DIGITAL COUPON 2.00 OFF FIVE
FINAL PRICE **5/3.00**

4.50 TO 5.30 OZ., Selected

Chobani Yogurt

LIMIT 1 OFFER

SALE PRICE 3.19
DIGITAL COUPON 0.70 OFF ONE
FINAL PRICE **2.49**

24 OZ Selected

Daisy Sour Cream

FREE ICE CREAM!

CELEBRATE YOUR BIRTHDAY WITH NAM DAE MUN

Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*

SIGN UP WITH THE QR CODE BELOW OR BY TEXTING NDM TO 87573

Scan for digital coupons

*While supplies Taxes apply.
Please sign up before your birthday month to receive your free birthday ice cream email.

FREE ITEM Friday

COUPON REDEEMABLE
1/2/26 - 1/4/26

* PRODUCTS COULD CHANGE BASED ON AVAILABILITY*
**LIMIT ONE FREE ITEM PER HOUSEHOLD*
*NO RAINCHECKS AVAILABLE**
TAXES WHERE APPLICABLE

1 FREE WITH DIGITAL COUPON | .16-Oz. Kool-Aid Tropical Punch Mix

Download your DIGITAL COUPON for a FREE ITEM.

LOAD FRIDAY ONLY

Load Friday 1/2/26 ONLY and redeem by Sunday 1/4/26