

metro

LOW PRICE EVERY DAY

100's of items at the same low price every day.

SELECTION
CHIPS
200 g
SELECTED VARIETIES

NOW
1.49
ea.



IRRESISTIBLES
GROUND COFFEE
240 g
SELECTED VARIETIES

NOW
10.99
ea.



SELECTION
SLICED CHEESE
210 - 230 g
SELECTED VARIETIES

NOW
4.99
ea.



SELECTION
CREAM
SELECTED SIZES
SELECTED VARIETIES

NOW
3.99
ea.



SELECTION
PEANUT BUTTER
1 kg
SELECTED VARIETIES

NOW
4.99
ea.



IRRESISTIBLE
JUICE
1.54 L
SELECTED VARIETIES

NOW
4.99
ea.



SELECTION
PASTA SAUCE
410 - 650 ml
SELECTED VARIETIES

NOW
3.99
ea.



IRRESISTIBLE
PIZZA
SELECTED SIZES
SELECTED VARIETIES

NOW
3.99
ea.



NOW
3.49
ea.

SELECTION
CREAM CHEESE
227 - 250 g
SELECTED VARIETIES



NOW
3.49
ea.

IRRESISTIBLES
GREEK OR SKYR YOGOURT
4 x 100 g
SELECTED VARIETIES



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NOW
5⁹⁹
ea.

IRRESISTIBLE
SPRING ROLLS
FROZEN, 300 g
SELECTED VARIETIES

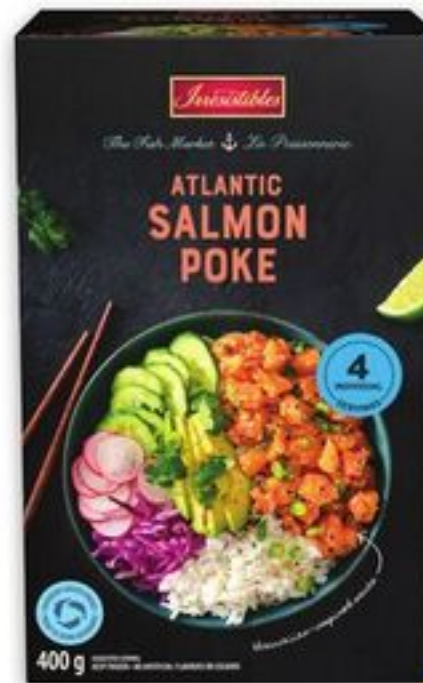


5 LB
IRRESISTIBLES
MEAT LASAGNA
FROZEN, 2.27 kg

NOW
18⁹⁹
ea.

SELECTION
FROZEN ENTRÉE
215 g
SELECTED VARIETIES

NOW
1⁴⁹
ea.



IRRESISTIBLES
YELLOWFIN
TUNA POKE
FROZEN, 400g

NOW
17⁹⁹
ea.

SELECTION
CANNED VEGETABLES
341 - 398 ml
SELECTED VARIETIES

NOW
1⁴⁹
ea.



IRRESISTIBLES
ATLANTIC
SALMON POKE
FROZEN, 400 g

IRRESISTIBLES
PEPPERETTES
300 g
SELECTED VARIETIES

NOW
7⁹⁹
ea.



IRRESISTIBLES
GOAT CHEESE
250 g
SELECTED VARIETIES

NOW
9⁴⁹
ea.



IRRESISTIBLES
PASTRY OR
MELBA TOAST
100 - 200 g
SELECTED VARIETIES

NOW
2⁹⁹
ea.



NOW
8⁹⁹
ea.

IRRESISTIBLES
DRY SAUSAGE
300 g
SELECTED VARIETIES



NOW
3⁹⁹
ea.

IRRESISTIBLES
DIPS OR HUMMUS
227 g
SELECTED VARIETIES

IRRESISTIBLE
SOUP OR CHILI
600 ml, 642 g
SELECTED VARIETIES

NOW
7⁴⁹
ea.



IRRESISTIBLES
FRENCH ONION
SOUP
FROZEN, 500 g

NOW
7⁹⁹
ea.



SELECTION
BROTH
900 ml
SELECTED VARIETIES

NOW
1⁹⁹
ea.



SELECTION
SOUP
284 ml
SELECTED VARIETIES

NOW
1²⁵
ea.



SELECTION
CANNED TOMATOES
540 - 796 ml
SELECTED VARIETIES

NOW
1⁷⁹
ea.

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SELECTION
SOUR CREAM
450 - 500 ml
SELECTED VARIETIES

NOW
2⁹⁹
ea.



NOW
3⁴⁹
ea.

LIFE SMART
APPLE CIDER
VINEGAR
500 ml



NOW
3⁹⁹
ea.

SELECTION
KETCHUP
SELECTED SIZES
SELECTED VARIETIES



NOW
2⁹⁹
ea.

SELECTION
DRESSING
425 - 475 ml
SELECTED VARIETIES

SELECTION
SNACKS
SELECTED SIZES
SELECTED VARIETIES

NOW
3⁴⁹
ea.



SELECTION
FRUIT CUPS
SELECTED SIZES
SELECTED VARIETIES

NOW
2⁹⁹
ea.



SELECTION
CHEWY BARS
SELECTED SIZES
SELECTED VARIETIES

NOW
2⁴⁹
ea.

IRRESISTIBLE
COOKIES
240 - 350 g
SELECTED VARIETIES

NOW
3⁹⁹
ea.



SELECTION
OATS
1 kg

NOW
2⁹⁹
ea.



NOW
4⁹⁹
ea.

IRRESISTIBLE
ICE CREAM
1.5 L
SELECTED VARIETIES



NOW
4⁹⁹
ea.

SELECTION
PEANUTS
700 - 750 g
SELECTED VARIETIES



SELECTION
OR LIFE SMART
CEREAL
SELECTED SIZES
SELECTED VARIETIES

NOW
4⁹⁹
ea.



SELECTION
JAM
500 ml
SELECTED VARIETIES

NOW
4⁹⁹
ea.

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NOW
99¢
ea.

SELECTION OR
IRRESISTIBLE
SPARKLING WATER
1L
SELECTED VARIETIES

SELECTION
SOFT DRINKS
2L
SELECTED VARIETIES

NOW
149
ea.



NOW
125
ea.

SELECTION
WATER
4L
SELECTED VARIETIES

PERSONNELLE
FOAM SOAP
251 ml
SELECTED VARIETIES

NOW
199
ea.



PERSONNELLE
EPSOM SALTS
2 kg
SELECTED VARIETIES

NOW
699
ea.

PERSONNELLE
BODY WASH
400 - 650 ml
SELECTED VARIETIES

NOW
299
ea.



PERSONNELLE
HAIR CARE
420 ml
SELECTED VARIETIES

NOW
599
ea.



SELECTION
FACIAL TISSUES
1 un
SELECTED VARIETIES

NOW
199
ea.



SELECTION
ECO NAPKINS
250 un

NOW
399
ea.



SELECTION
BATHROOM TISSUE
SELECTED SIZES
SELECTED VARIETIES

NOW
699
ea.



NOW
249
ea.

SELECTION
PAPER TOWELS
2 un

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