



COMPLIMENTS
AIR-CHILLED Whole
Chicken or Chicken
Leg Quarters 6.59/kg

2.99
/lb

Scene⁺
PLUS UP
POINTS

1,000 PTS = \$10
toward your
groceries



5.99
MEMBER
6.99 without
Scene+ Card

THE CANADIAN BUTCHER
Bacon 375 g



7.99

JANES Boxed and Breaded
Seafood selected 450-510 g



4.99

Chocolate Chip or Monster
Cookies 10 pk 310 g

FLETCHER'S
Cottage Rolls
6.59/kg

2.99
/lb

COMPLIMENTS Navel Oranges
product of USA or South Africa 1.36 kg/3 lb bag
or Lemons 907 g/2 lb bag or Cara Cara Oranges
907 g/2 lb bag product of USA

300 PTS
when you buy 3



\$4.99



4.99

Romaine
Hearts
product of USA
or Mexico 3 pk



500 PTS
when you buy 3

9.99

JANES Boxed and
Breaded Poultry selected
660-700 g



100 PTS
when you buy 2

2.99

PRODUCT OF CANADA
COMPLIMENTS
ORGANIC Whole White
or Brown Mushrooms
227 g



300 PTS
when you buy 2

6.99

ROYALE Bathroom
Tissue 9-12-24 rolls,
Paper Towel 3-6 rolls or
Facial Tissue 6 pk

January 8 - 14, 2026
see inside for more



\$2

DARE Breton, Vinta
or Simple Goodness or
KELLOGG'S Cheez-It
Crackers 135-225 g



MEMBERS
SAVE 50¢
2.49
MEMBER

2.99 without
Scene+ Card

HELLMANN'S Dipping
Sauce 325 mL or KRAFT Salad
Dressing 425 mL



3.99

DANONE
Activia Yogurt 8 pk



5.47

KELLOGG'S Family Size Cereal 450-650 g
or COMPLIMENTS Cereal 400-794 g



2.99

MCCAIN Superfries
454-800 g

DOWNLOAD THE APP
& GET **2,000**
SCENE+ POINTS

Get* 2,000 Scene+
points when
you download the
Foodland App and
spend \$100 or more

*Offer valid January 8-14, 2026.
See page 5 for terms & conditions.



SCAN HERE TO DOWNLOAD
Get app exclusive deals
with the Foodland App

FOODLAND | Scene⁺

SCAN HERE FOR OUR
DIGITAL FLYER

Products may not be available at all locations



Foodland.ca

JANUARY 2026
PRICES EFFECTIVE FROM
JANUARY 8-14

THUR	FRI	SAT	SUN	MON	TUE	WED
8	9	10	11	12	13	14



LOOK FOR THE LEAF
to help you support Canada



Scan or visit
Foodland.ca
to learn more



6⁹⁹
/lb

Family Size Lean
Ground Beef 15.41/kg

CONESTOGA MEATS
Pork Tenderloin Family
Size 11.00/kg

4⁹⁹
/lb



100 PTS
when you buy 1

16⁹⁹

Maple Bacon
Back Ribs full rack
available hot or chilled



5⁹⁹

COMPLIMENTS Sliced Meats
selected 175 g



3⁹⁹

Baked
IN-STORE

Made with 100%
Canadian
Flour

200 PTS
when you buy 2

5⁹⁹

WONDERFUL
Pistachios
selected 200-225 g



PINT

4⁹⁹

Blueberries
pint product of Peru,
no 1 grade



4⁹⁹

ARMSTRONG Cheese 400 g, Shreds
300-320 g or SAPUTO Mozzarellissima
500 g



2/\$7

VILLAGGIO Bread 570-675 g
or Buns 6-8 pk (excludes Ciabatta)



22⁹⁹

MCCAFÉ VAN HOUTTE or
STARBUCKS Keurig Compatible
Single Serve Pods 24-30 pk



2/\$8

RUFFLES Potato Chips 180-200 g



2⁹⁹

KELLOGG'S Nutri-Grain Bars, Rice Krispies Squares,
Pop-Tarts or Special K Pastry Crisps selected 125-384 g



4/\$5

BIG 8 Soft Drinks 2 L



2/\$3

KRAFT Dinner 58-200 g



4⁹⁷

PHILADELPHIA Cream Cheese
340 g

Weekly offers are available only while supplies last. Advertised prices do not include any applicable taxes or deposits. Savings based on our regular retail. We reserve the right to limit quantities to reasonable family requirements. Not present when a photo does not correspond to the description. Dealer may sell for less. "Save off this price" refers to the regular competitive shelf price at most locations. In stores open 24 hours, offer prices are effective from 4 am Thursday until Midnight Wednesday.

Scene⁺
**BIG
BONUS**

300 PTS
when you buy 3

2⁹⁹

COMPLIMENTS Instant Oatmeal
325-420 g, Syrup or Pancake Mix
750 mL-900 g, Granola 325 g or Instant
Oatmeal or Hot Oats 250 g-1 kg

That's like
\$3
toward your
groceries



The Scene⁺ Loyalty Program is available at all participating Foodland CO-OP locations. No base Scene⁺ points earned. See weekly offers for current ways to earn Scene⁺ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene⁺ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé/Tim Hortons/Starbucks' products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Maximum 1,000 Scene⁺ points for \$10 towards your purchase up to a maximum of 50,000 Scene⁺ points (equivalent to \$500) per day. For full Scene⁺ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated. All advertised prices in effect for Co-op Members and do not include any applicable taxes or deposits. Additional charges may apply for non-members. We reserve the right to limit quantities to normal family requirements. Photographs are for illustration purposes only. Text will prevail at all times. Co-op and people design is a registered trademark of TMC Distributing Ltd. used under license by participating retailers.



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• Inverness • Lower West Pubnico • Margate • Neil's Harbour • Parsonage • Port Hood • Pugwash
• Whycocomagh • Florenceville • Miramichi



MIX
Paper from
responsible sources
FSC® C021322



Scene PLUS UP POINTS

ALL WEEK LONG!

Available in-store
Thursday, January 8 to Wednesday, January 14



250 PTS
when you buy 2
9.99

PILLER'S Meat
Sticks 300-500 g



100 PTS
when you buy 1

12.99

WATSON RIDGE
Boxed and Breaded
Premium Poultry
800 g selected



9.99

200 PTS
when you buy 1

SUNRYPE Fruitsource Bars
Variety Pack 12 pk or Fruit To Go 24 pk



250 PTS
when you buy 2
8.99

SCHNEIDERS Juicy Jumbos
Wieners or Smoked Sausage
375-450 g



200 PTS
when you buy 2

7.99

NANA'S Samosas
2 pk available chilled



4.99

500 PTS
when you buy 2

BRANDT Sliced Kolbassa 150-175 g selected



7.49

200 PTS
when you buy 2

COMPLIMENTS Shredded Parmesan or Italian Blend 125 g



5.49

100 PTS
when you buy 2

COMPLIMENTS Fresh Pasta
300-360 g



100 PTS
when you buy 1

4.99

COMPLIMENTS Exceptional
Chocolate Chip Cookies 280 g



3.99

200 PTS
when you buy 3

HUMPTY DUMPTY Party Mix
250 g or Snacks 200-290 g



100 PTS
when you buy 2

1.99

SPARKLING ICE Sparkling Water
503 mL



100 PTS
when you buy 2

5.29

HERSHEY'S Bagged Chocolate
165-290 g



4.99

200 PTS
when you buy 2

NESTLÉ CARNATION Hot
Chocolate Envelopes 7-10x25 g



4.99

DR. OETKER Giuseppe Garlic
Fingers 317 g



5.99

200 PTS
when you buy 2
ARMSTRONG Cheese Sticks
210 g, Swirls 283-340 g, Nibblers 200 g
or Combos 180 g



50 PTS
when you buy 1

6.49

COMPLIMENTS Aerosol Whipped
Cream 400 g

SERVING UP NEW REWARDS

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Everyday
offers and
weekly
promotions



Exclusive
member
pricing and
personalized
grocery
offers



Plus earn and
redeem points
at your favourite
Scene+ partner



200 PTS
when you buy 2

4⁹⁹

COMPLIMENTS
Baby-Cut Carrots 907 g,
MANN'S Sugar Snap Peas 227 g
or Gourmet Snow Peas 170 g
product of USA



100 PTS
when you buy 2

3⁹⁹

PRODUCT OF CANADA
THE LITTLE POTATO COMPANY
Canada no 1 grade
selected varieties 454 g



100 PTS
when you buy 1

6⁴⁹

LITHOUSE
Dressing 591 mL
selected



500 PTS
when you buy 2

Real Cream Layer Cakes 510-725 g,
INSPIRED BY HAPPINESS Gluten-Free Cake 456-468 g
or Dessert Bars 6 pk 342-354 g



250 PTS
when you buy 2

5⁹⁹

SANTOSH GOLD Naan or
Naan Bites 440-600 g



150 PTS
when you buy 1

14⁹⁹

COMPLIMENTS
Chocolate Chips 775 g



200 PTS
when you buy 2

4⁹⁹

SMUCKER'S Pure Jam 250 mL
selected or JIF Peanut Butter 500 g



100 PTS
when you buy 1

LE GREC Salad Dressing 350 mL



200 PTS
when you buy 3

1⁹⁹

COMPLIMENTS
Baked Beans 398 mL



400 PTS
when you buy 1

22⁹⁹
COMPLIMENTS Value Size
Paper Towels 12 pk



100 PTS
when you buy 2

12⁹⁹

GLAD Waste Bags 20-40 pk



200 PTS
when you buy 1

4⁴⁹

COMPLIMENTS
Baby Wipes
500 mL or 250 g

100% FRESH *guarantee* Storewide satisfaction or your money back.



MEMBERS SAVE 40¢
1.49
without Scene+ Card
Green Onions
product of Mexico



3.77 /lb
Brussels Sprouts
product of The Netherlands
no 1 grade 8.31/kg



1.97 /lb
Bulk Sweet Potatoes
product of Canada or Bulk Russet Potatoes
product of Atlantic Canada
no 1 grade 4.34/kg



4.49
PRODUCT OF CANADA
Mini Seedless Cucumbers 6 pk
Canada no 1 grade



4.99
Bagged Avocados 5 pk
product of Mexico



2/24
Prepared Fresh Daily Fruit or Vegetable Trays 1-1.3 kg \$12.99



4.99
Large Cantaloupes
product of Guatemala or Brazil no 1 grade



2/\$5
Large Red Grapefruit
product of Israel

MEAT



10.99
BUTCHER'S SELECTION
Stampede Ribs 680 g



7.99
COMPLIMENTS
Fully Cooked Chicken or Turkey Strips 150-200 g



11.99 /lb
Eye of Round Roasts
cut by your meat expert
from Canada AAA grade
beef 26.43/kg



22.99 /lb
Striploin Grilling Steak cut by your meat expert from Canada AAA grade beef 50.68/kg



4.99
COMPLIMENTS
Stuffed Chicken Cutlets 284 g



7.99
SCHNEIDERS
Frozen Sausage or Meat Pies 375-400 g



3.99 /lb
CONESTOGA MEATS
Family Size Boneless Pork Sirloin Chops
cut in-store by your meat expert 8.80/kg



3.99 /lb
CONESTOGA MEATS
Boneless Pork Sirloin Roasts cut in-store by your meat expert 8.80/kg



9.99
COMPLIMENTS
Raw Shrimp 31/40 ct or Cooked 340 g



5.99
COMPLIMENTS
NATURALLY SIMPLE IQF Basa or Tilapia Fillets 400 g



4.99 /lb
COMPLIMENTS
Family Size Split Chicken Breasts
AIR-CHILLED 11.00/kg



5.99 /lb
COMPLIMENTS
Split Chicken Wings
AIR-CHILLED 13.21/kg

DELI Available at most stores



7.49
TRE STELLE
Feta or Feta Cubes 200 g, Grated Parmesan 125 g, Crumbled Feta 150 g or Ricotta 400-475 g



7.49
COMPLIMENTS
Sliced Cheeses 150-170 g



5.99
Hot Cross Buns 6 pk 515-545 g



7.99
MEMBERS SAVE \$2
Small Bar Cakes 325-575 g



5.99
CHRIS BROTHERS Shaved or Sliced Deli Meats 150-250 g selected



\$6
COMPLIMENTS
Mini Muffins 336 g



6.49
Cheese Sticks 6 pk 300 g

KITCHEN Available at most stores



4.99
MEMBERS SAVE 50¢
Dagwood Sandwiches 1/4 assorted 285 g



4.49
FONTAINE SANTÉ or LANTANA Topped or Regular Hummus or Dips 227-283 g



11.99
GROWN IN CANADA
Tulip Bouquet 10 stem



4.99
COMPLIMENTS
Peanuts 425-500 g selected

4 | Scene **1,000 PTS = \$10 OF FREE GROCERIES**

FROZEN & DAIRY

200 PTS when you buy 2 5.99 BEN & JERRY'S Ice Cream 473 mL or MAGNUM Novelties 3-4 pk	3.99 PILLSBURY Toaster Strudels 326 g or Pizza Pops 380 g	100 PTS when you buy 2 4.49 HELUVA GOOD! Dip 250 g	MEMBERS SAVE 50¢ 5.49 MEMBER 5.99 without Scene+ Card SHEPHERD GOURMET Skyr Yogurt 500 g
5.99 KELLOGG'S Eggo Waffles 560 g or Protein Waffles 280 g	2.99 CHEEMO Perogies 745-907 g	2.99 I CAN'T BELIEVE IT'S NOT BUTTER! 454 g	200 PTS when you buy 2 3.99 COMPLIMENTS Cheddar Flavour Slices 400 g

DRINKS, SNACKS & PANTRY

150 PTS when you buy 3 \$4 DARE Bear Paws 168-240 g, Wagon Wheels 315-360 g or RUFFLES Cookies 250 g	200 PTS when you buy 2 3.99 COMPLIMENTS Soda Crackers 450 g	100 PTS when you buy 2 3.99 GRAVES or ALLEN'S Apple Juice 1.36-1.89 L	MEMBERS SAVE \$1 7.99 MEMBER 8.99 without Scene+ Card MAXWELL HOUSE Instant Coffee 150 g
BUY 1 AT \$4.29 BUY 3 OR MORE 3.29 QUAKER Crispy Minis 90-100 g or Rice Cakes 127-199 g	50 PTS when you buy 1 5.99 BLUE DIAMOND Almonds 170 g or COMPLIMENTS Mixed Nuts 200 g	100 PTS when you buy 2 PEPSI Soft Drinks Mini Cans 6x222 mL	2/3.50 PEACE TEA 695 mL
2.99 MAYNARDS Candy 135-154 g	14.99 QUAKER Dippys or Chewy Bars Club Pack 935-960 g	150 PTS when you buy 2 2.99 HABITANT Soup 796 mL	MEMBERS SAVE 50¢ 1.79 MEMBER 2.29 without Scene+ Card COMPLIMENTS Canned Legumes 540 mL
2.99 CARNATION Evaporated Milk 354 mL	4.49 ROBIN HOOD Quick Oats 1 kg	5.49 FILIPPO BERIO Pesto 190 g	4.99 MUTTI Passata 680 mL or CATELLI Pasta 900 g
4.49 KELLOGG'S Cereal selected 210-435 g	2.99 APPLESNAX Fruit Cups 6 pk	4.49 DEMPSTER'S Bagels 5-6 pk	16.88 EIGHT TREASURES Rice 8 kg or SEKKA Japanese Rice 6.8 kg

HOUSEHOLD

STARTING AT 5.99 WINDEX Glass Cleaner 765-950 mL or BON AMI Glass Cleaner 560 g	15.99 FINISH Dish Tabs 30-55 pk or Jet-Dry 946 mL	8.29 ALCAN Foil 50-100 ft or REYNOLDS Parchment Paper 75 ft, Parchment Sheets 40 pk or Air Fryer Liners 50 pk selected	MEMBERS SAVE 49¢ \$3 MEMBER 3.49 without Scene+ Card COMPLIMENTS Baby Wipes unscented or sensitive 64-72 pk
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DAIRY & FROZEN

3⁹⁹ YOPLAIT Source Yogurt 630-650 g or 4 pk

3⁹⁹ **200 PTS** when you buy 3
YOPLAIT Minigo or Tubes Yogurt 6-8 pk

4⁹⁹ PRODUCT OF CANADA FARMERS, NORTHUMBERLAND, BAXTER or SCOTSBURN Sour Cream 500 mL assortment varies by province

5⁴⁹ **100 PTS** when you buy 2
COMPLIMENTS Pure Orange Juice 1.54 L

\$6 NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L, Drumsticks or Premium Novelties 4-10 pk selected

2/10 HEALTHY CHOICE Gourmet Steamers 269-306 g

3⁴⁹ **6A** BUY 1 AT \$3.99 BUY 2 OR MORE
PILLSBURY Biscuits, Rolls or Pizza Crust 318-391 g, Cookies 468 g or Cinnamon Rolls 351 g (excludes seasonal)

3⁹⁹ **100 PTS** when you buy 2
FRUITÉ Beverage 1.54 L

3²⁹ COMPLIMENTS Ice Cream Cones 4 pk

4⁹⁹ **100 PTS** when you buy 2
COMPLIMENTS Frozen Vegetables 500 g selected

4⁹⁹ COMPLIMENTS Traditional Crust Pizza 352-446 g

8⁴⁹ MARIE CALLENDER'S Frozen Meals 680-879 g

DRINKS & SNACKS

12⁹⁹ STARBUCKS Roast & Ground Coffee 340 g or K-Cup® Pods 10 pk

4⁴⁹ TETLEY Tea 20-24 pk

4⁴⁹ TIC TAC Mints 3 pk or KINDER Chocolate Bars 126 g

2⁹⁹ NESTLÉ Tablet Bars 95-120 g

\$3⁴⁹ **6A** BUY 1 AT \$3.50 BUY 2 OR MORE
DARE Veggie Crisps 100 g

2/\$5 **100 PTS** when you buy 2
COMPLIMENTS Rice Crackers 100 g

6⁹⁹ JACK LINK'S or GOLDEN ISLAND 65-81 g

2/\$5 COMPLIMENTS Tortilla Chips 250-280 g

200 PTS when you buy 2
HEINEKEN Alcohol-Free Beer 6x330 mL

4/\$5 **100 PTS** when you buy 4
BIG 8 Spring Water 1 L

2⁹⁹ **6A** BUY 1 AT \$3.99 BUY 2 OR MORE
ROCKSTAR Energy Drinks 473 mL

4⁴⁹ WELCH'S Fruit Snacks 200-220 g

DRINKS, SNACKS & PANTRY



100 PTS
when you buy 3

3/10

COMPLIMENTS
Fruit Cups 112.5 mL



9⁹⁹

NUTELLA Spread
725 g



7⁹⁹

BEEMAID Honey
500 g



150 PTS
when you buy 2

3⁴⁹

COMPLIMENTS
Grain Breads 600 g



15% OFF

COMPLIMENTS
Baking Nuts
100 g selected
(excludes Pine Nuts)



4⁷⁹

BETTY CROCKER
Cake, Cookie or
Bisquick Mix
263 g-1.13 kg selected



49¢

COMPLIMENTS
Instant Noodles 85 g



3⁹⁹

NATURAL BAKERY
Rye 500 g



5⁹⁹

WILDLY DELICIOUS
Sauce 350 mL



4⁴⁹

PANACHE Dijon
Mustard 500 mL or
Balsamic Glaze 250 mL



1⁹⁹

100 PTS
when you buy 2

COMPLIMENTS
Broth 900 mL



4²⁸

VH Sauces 341-380 mL

NATURAL, HEALTH & HOUSEHOLD



2⁹⁹

ANNIE'S Macaroni
& Cheese 149-170 g
(excludes Gluten Free,
Vegan or SuperMac)



4⁹⁹

100 PTS
when you buy 1

COMPLIMENTS
Coconut Water 1 L



9⁹⁹

PEDIASURE
Complete 4x235 mL



8⁹⁹

200 PTS
when you buy 2

COLGATE
Toothbrushes 1-12 pk
selected



7⁹⁹

STARTING AT

IVORY or OLD SPICE
Body Wash
532 mL-1.03 L or OLAY
Soap Bar 4 pk selected



4⁴⁹

100 PTS
when you buy 2

LADY or Men SPEED
STICK Deodorant
45-85 g selected



5⁹⁹

STARTING AT

FLEECY Fabric
Softener 1.36 L or
Sheets 80 pk



3⁹⁹

200 PTS
when you buy 2

COMPLIMENTS
Bleach Ultra
Concentrated 2.4 L



19⁹⁹

ARM & HAMMER
Hard Clumps
Cat Litter 12.7 kg



9⁴⁹

PURINA Cat or
Kitten Chow 1.6-2 kg



2/\$5

PURINA ONE or
Beyond Wet Dog
Food 368 g



6⁴⁹

50 PTS
when you buy 1

COMPLIMENTS
Waste Bags 30-52 pk
selected

FEED THE DREAM



CO-OP
OFFICIAL GROCER



8⁹⁹

MAPLE LEAF or Ready Crisp Bacon 65-375 g



9⁹⁹

MAPLE LEAF Shredded Chicken 250 g



5⁹⁹

GENERAL MILLS Family Size Cereal 475-778 g selected



2⁹⁹

NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit or Gushers 120-230 g selected



2/\$6

GLACÉAU Smartwater 1 L



2/\$6

GLACÉAU Vitaminwater 591 mL



2/4⁵⁰

POWERADE 710 mL



3⁹⁹

MCCAIN Regular Fries 800 g



25⁹⁹

TIDE Liquid Detergent 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 45-76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2⁹⁹

DAWN Dish Soap 431-473 mL selected



13⁹⁹

CORONA Cero Alcohol-Free Beer 6x330 mL



2/10

HEALTHY CHOICE Gourmet Steamers 269-306 g



4⁴⁹

ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g



6⁴⁹

ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-492 g or Gourmet Popping Corn 850 g



Earn an instant entry for every eligible product purchased when scanning your Scene+ card



Scan to view full list of participating products.

*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")

NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at foodland.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V., Lic. Use/Scus Lic.

PROMISE
GLUTEN FREE

Locals know

WHAT BUILDS YOUR PERFECT GLUTEN-FREE BUNDLE

Promise Gluten Free brings decades of baking expertise to enjoy gluten-free living without compromise! Perfect for everyday enjoyment, our range makes living gluten free delicious and easy.

- ✓ Real taste and soft texture
- ✓ Wholesome and high in fibre
- ✓ Vegan-friendly options
- ✓ Everyday favourites and indulgent treats
- ✓ Trusted quality



PROMISE
Gluten Free
Sourdough
Baguettes
2 pk 180 g



PROMISE
Gluten Free
Pitas or
English Muffins
240-248 g



PROMISE
Gluten Free
Muffins 4 pk
240 g



PROMISE
Gluten Free
Loaves
400-480 g

MIX & MATCH

BUY 2, GET 3RD
FREE
of equal or lesser value



PROMISE
Gluten Free
Tortillas
4 pk 168 g



PROMISE Gluten
Free Rolls or
Sandwich Thins
160-260 g



PROMISE Gluten Free
Brioche Hot Dog
or Hamburger Buns
4 pk 260-280 g



PROMISE
Gluten Free
Bagels 280 g

Scene+ DIGITAL EXCLUSIVE

OFFER VALID JANUARY 8-14, 2026

LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the **Foodland app** or at **MyGroceryOffers.ca**



Get **300 PTS**
when you buy 1

COMPLIMENTS Apple Juice 2 L

Get **400 PTS**
when you buy 1

COMPLIMENTS Unscented Scoopable
Cat Litter 15 kg



SAVE **\$1.50**
when you buy 1

COMPLIMENTS Goat Cheese
113 g selected



Download on the
App Store



GET IT ON
Google Play



Card must be registered. Offer valid and available to be loaded January 8-14, 2026 at all participating Foodland and Co-Op locations in Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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