



# FORTINOS®



## Moredays

More savings, more deals,  
more points!

**8.99** lb  
19.82/kg

beef tri tip steak  
cut from Canada AA  
grade beef or higher  
20874387\_KG

**5.99** lb  
13.21/kg

Ovation New Zealand  
lamb shoulder chops  
21091613\_KG

- ✓ 100% Grass Fed
- ✓ Free Range
- ✓ NON GMO
- ✓ Raised without antibiotics & hormones

**7.99** lb  
17.61/kg

fresh Pacific  
rockfish fillets  
20046308\_KG

Product of  
British Columbia!

**3.99**  
3 lb

organic apples  
selected varieties,  
product of U.S.A.,  
Extra Fancy grade  
20997913\_EA/20712841001\_EA

**2.49**  
170 g

blueberries  
product of Chile  
or Mexico,  
no. 1 grade  
20152465001\_EA

**3.88** lb/ea.  
8.55/kg

Sumo citrus  
3.88/lb, 8.55/kg, product of U.S.A.  
or dragon fruit 3.88 ea.,  
product of Vietnam or Ecuador  
2056257000\_EA/20168395001\_EA

Sweetness is in  
SEASON

**3.99**  
283/312 g

PC® 50-50 blend,  
baby spinach  
or spring mix  
product of U.S.A.  
21204253\_EA/21204386\_EA

**9.99**  
1 kg

Yorkshire Valley Farms  
organic chicken  
drumsticks or wings frozen  
20940293\_EA/20940328\_EA

**8.99**  
400 g

PC® white  
cooked shrimp  
31-40 per lb  
or SeaQuest® pink  
salmon fillets frozen  
20791381\_EA/21314740\_EA

**7.99**  
400 g

PC® feta cheese  
selected varieties  
20216975\_EA/20219690\_EA

**11.99** lb  
2.64/100 g

Ziggy's®  
cooked or smoked  
chicken breast  
deli sliced or shaved  
20299046\_KG/20311436\_KG

**7.99**  
375-800 g

Lou's entrees, Swiss  
Chalet or St. Hubert  
frozen meat pies  
selected varieties  
20078077\_EA/21047194\_EA

**4.99**  
85 g

Marcangelo  
deli sliced meats  
selected varieties  
21706422\_EA

**2.99**  
each

Rudolph's bread 500 g,  
PC® mini naan 180 g,  
English muffins 6's  
or Wonder buns 8's  
selected varieties  
20038335\_EA/20080181\_EA

**6.99**  
12's

butter  
croissants  
baked in store  
21683000\_EA



La Molisana  
pasta 450 g or  
Molisana strained  
tomatoes 680 mL  
selected varieties  
20016661\_EA/20303498008\_EA

**1.99**  
each



Colavita  
olive oil  
20617955\_EA

**13.99**  
1 L



**2.98**  
340 g

Hereford  
corned beef or  
Spam luncheon meat  
selected varieties  
20050622\_EA/20968255\_EA



**.99**  
Neilson 1% chocolate milk 750 mL,  
shakes 310 mL or Oikos yogurt  
drinks 190 mL, selected varieties  
20766719\_EA/21040942\_EA



**2.49**  
144-303 g  
Christie Oreo, ChipsAhoy!  
or mini cookies selected varieties  
21358407\_EA/21361508\_EA



**1,000** pts  
**2.99**  
645 mL  
Prego  
pasta sauce  
selected varieties  
20325820001\_EA



Kikkoman  
soy sauce 148 mL,  
Indomie noodles 5's,  
PC® udon noodles 4's  
or LKK Hoisin  
sauce 445 mL  
selected varieties  
20043711\_EA/20045048\_EA



**5.99**  
each  
Perrier Chic or  
San Pellegrino sparkling  
water or beverage  
selected varieties, 6x330 mL,  
6x500 mL, 4x250 mL  
21604035\_C04/21433193\_C08



Maxwell House  
ground coffee  
631-900 g  
or Muskoka  
K-Cup pods  
20's or roast and  
ground coffee 454 g  
selected varieties  
20610167002\_EA/20987246\_EA



Oikos or Activia  
Expert 650/750 g,  
Danone Activia  
12x100 g, drinkable  
8x93 mL yogurt  
or Stok cold brew  
coffee 1.42 L,  
selected varieties  
20640892\_EA/21203739\_EA



**5.49**  
480-650 g  
Kellogg's cereal  
selected varieties  
21449784\_EA/21652002\_EA



Tide laundry  
detergent 1 L,  
pods or flings 12-16's,  
Downy or Gain fabric  
softener .946-1.31 L,  
Bounce sheets 40-80's  
or beads 141 g  
selected varieties  
21182552\_EA/21549771\_EA



up to  
**40% OFF**  
Jamieson  
vitamins  
selected varieties  
and sizes  
20299993\_EA/20303216001\_EA



Zevia sugar-free  
soda 6x355 mL,  
La Croix sparkling  
water 8x355 mL,  
or Sap Sucker  
sparkling maple  
water 4x355 mL  
selected varieties  
21106231\_C06/21392631\_C08

Prices effective at Hamilton, Stoney Creek and Ancaster stores only.

Flyer prices effective from Thursday, January 29th, to Wednesday, February 4th, 2026

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# Produce

Nature's Bounty arriving fresh daily!



**NEW**

**Oishii Koyo strawberries**  
product of U.S.A.,  
no. 1 grade

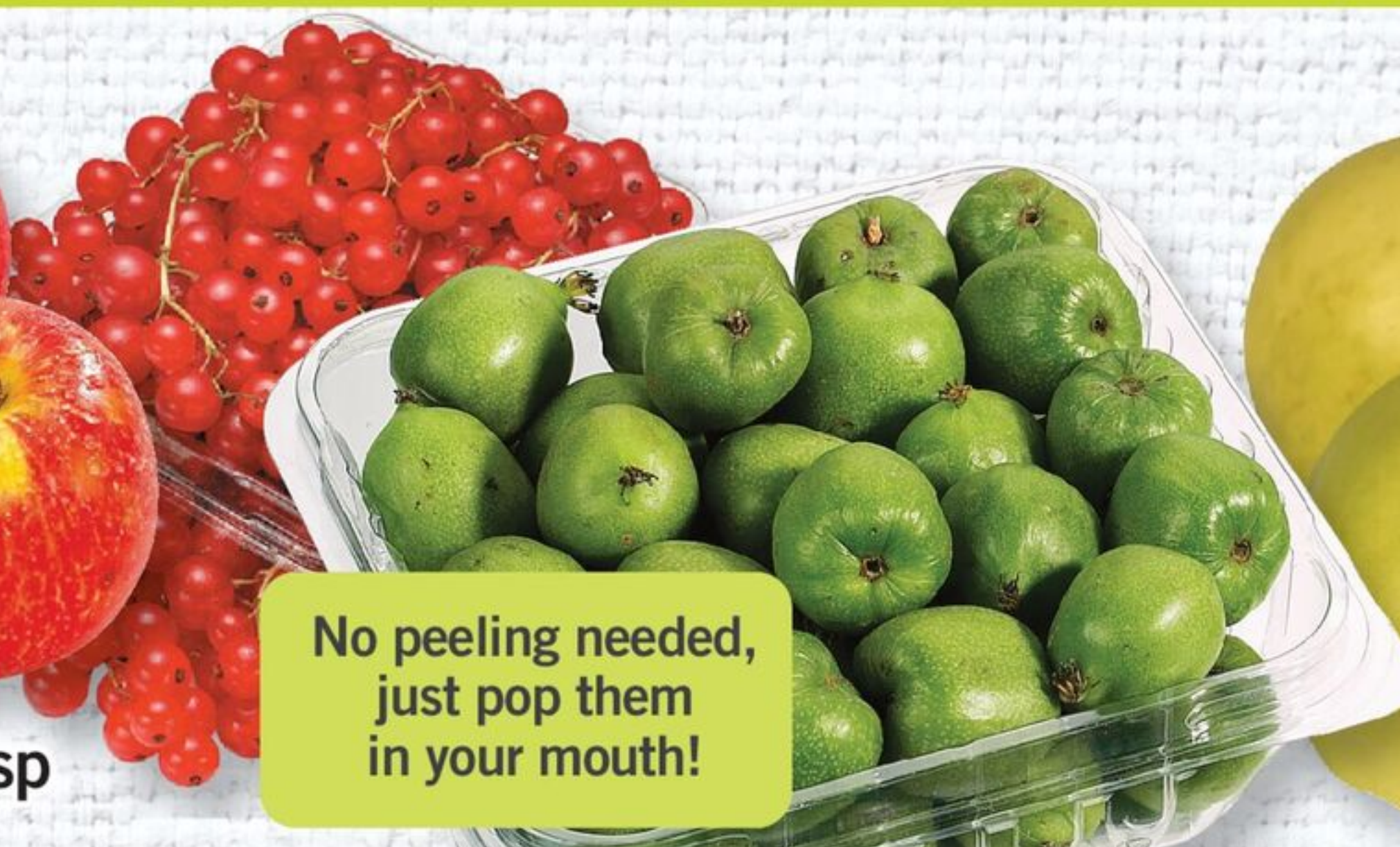


**12.99**  
121 g



**large Honeycrisp apples**  
product of Ontario,  
Canada Extra  
Fancy grade

**3.99** lb  
8.80/kg



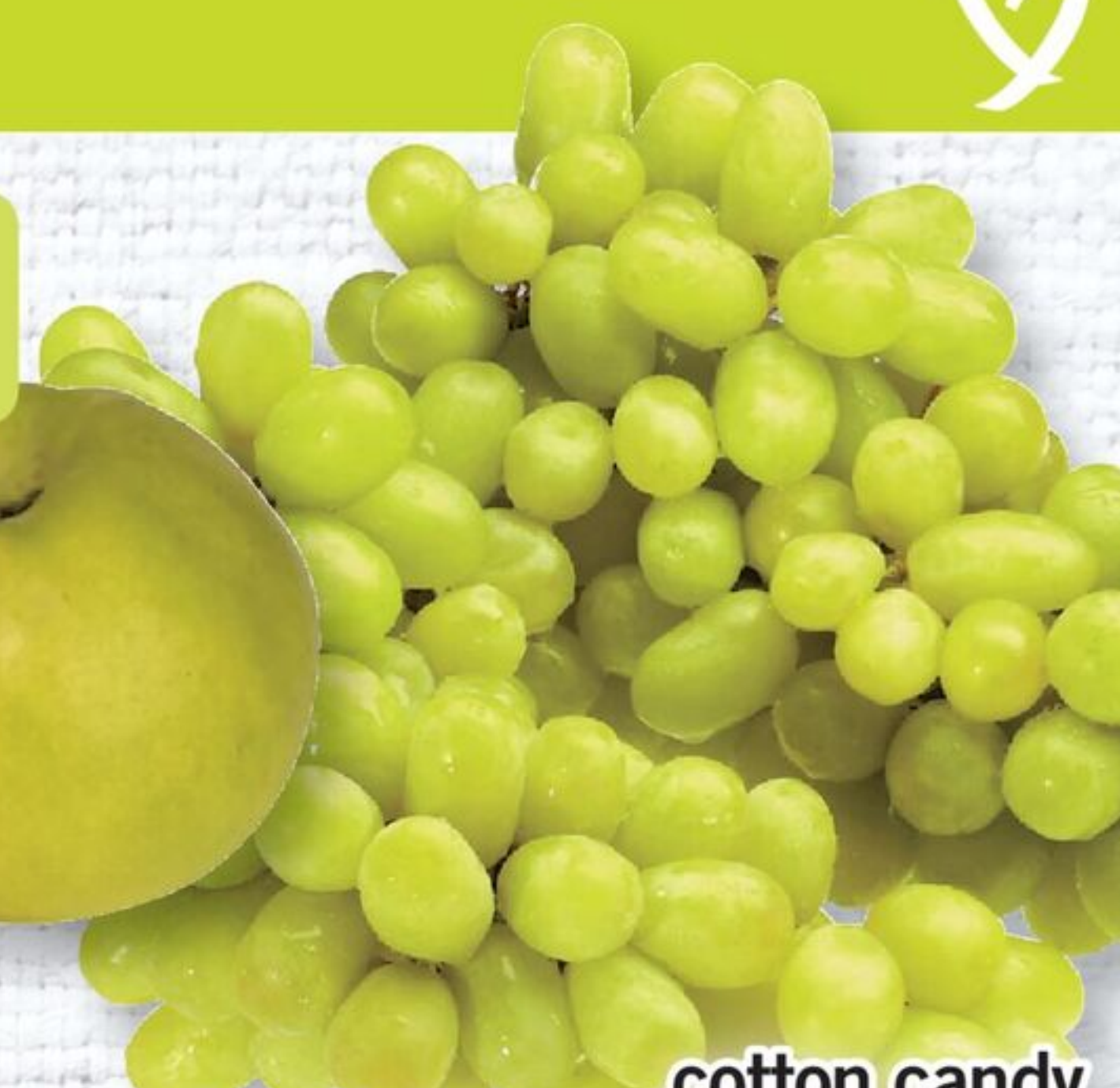
No peeling needed,  
just pop them  
in your mouth!

**4.99**  
125 g

Perfect for jam,  
pies & sauces!



**3.49**  
each



**4.99** lb  
11.00/kg

**cotton candy grapes**  
product of Peru,  
no. 1 grade



**4.99**  
5 ct bag

**avocados**  
product of Mexico

**2.29** lb  
5.05/kg

**large sweet potatoes**  
product of U.S.A.



**2.49**  
454 g

**red radishes**  
product of U.S.A.,  
no. 1 grade



**coloured carrots or sweet Nantes carrots** 454 g,  
product of Canada,  
Canada no. 1 grade  
**or local garlic** 115 g,  
product of Canada

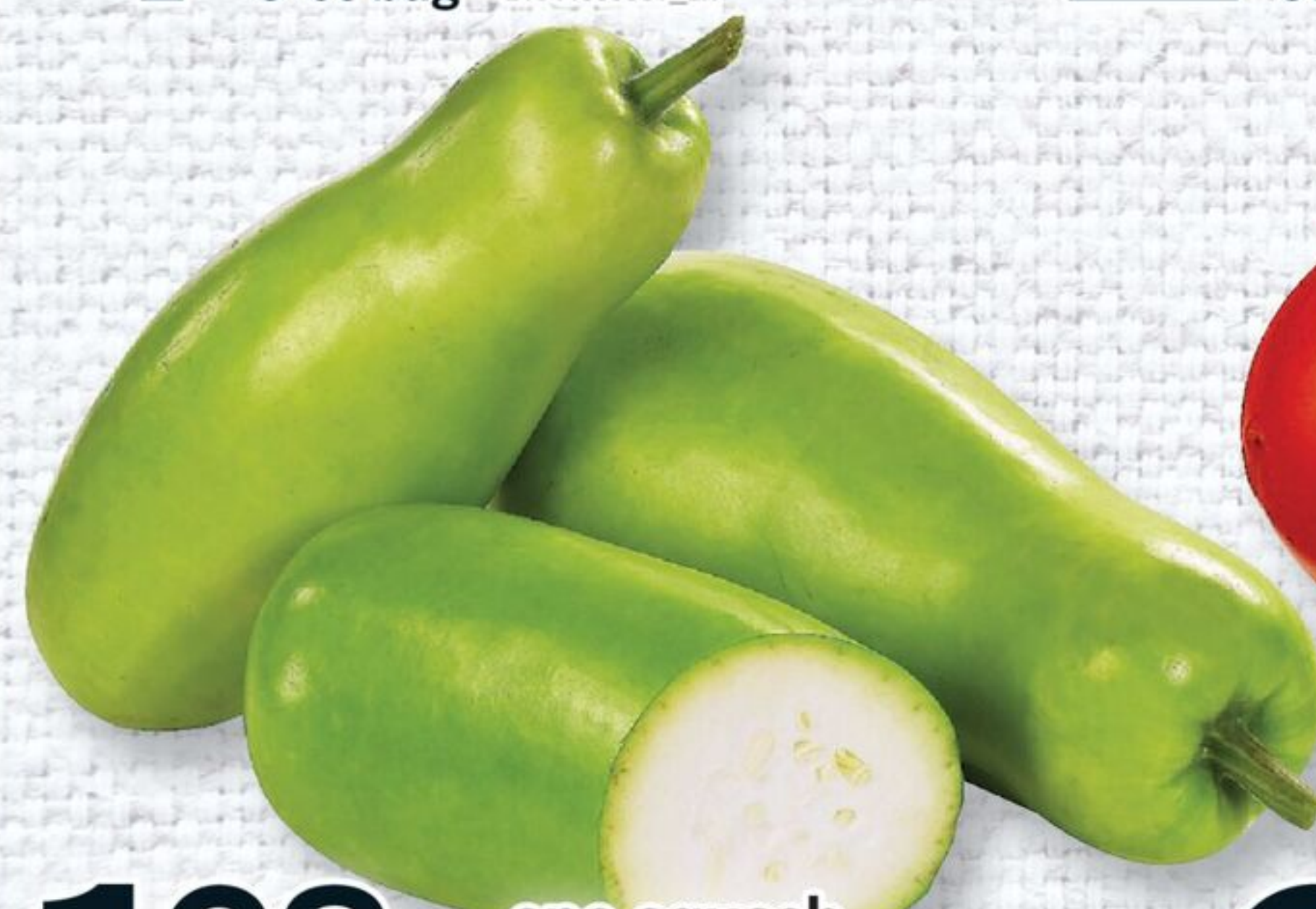


**2.99**  
each



**1.49**  
each

**large green onions**  
product of Mexico



**1.28** lb  
2.82/kg

**opo squash**  
product of Honduras  
or Mexico



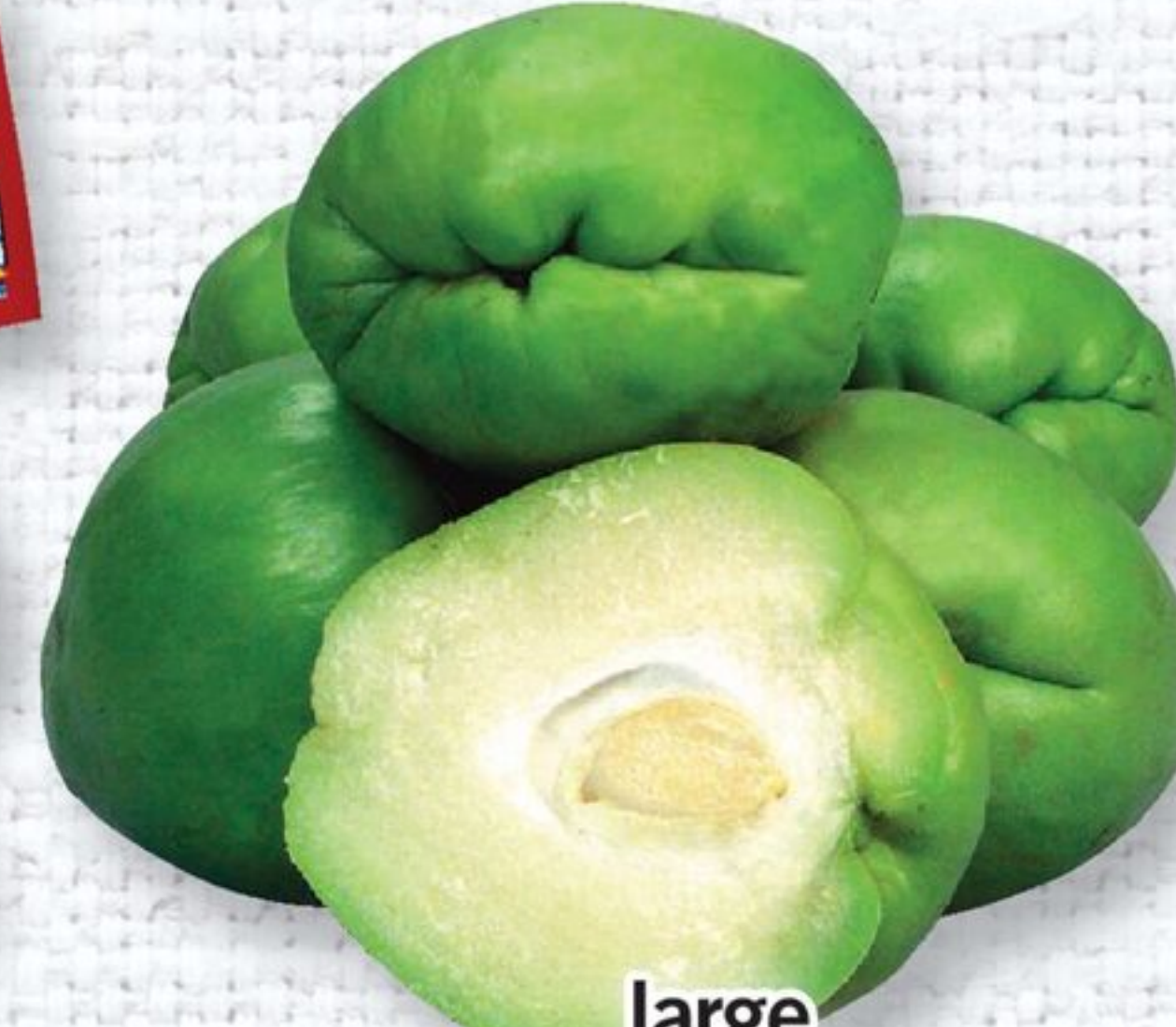
**2.49** lb  
5.49/kg

**Roma tomatoes**  
product of  
Mexico or U.S.A.,  
no. 1 grade



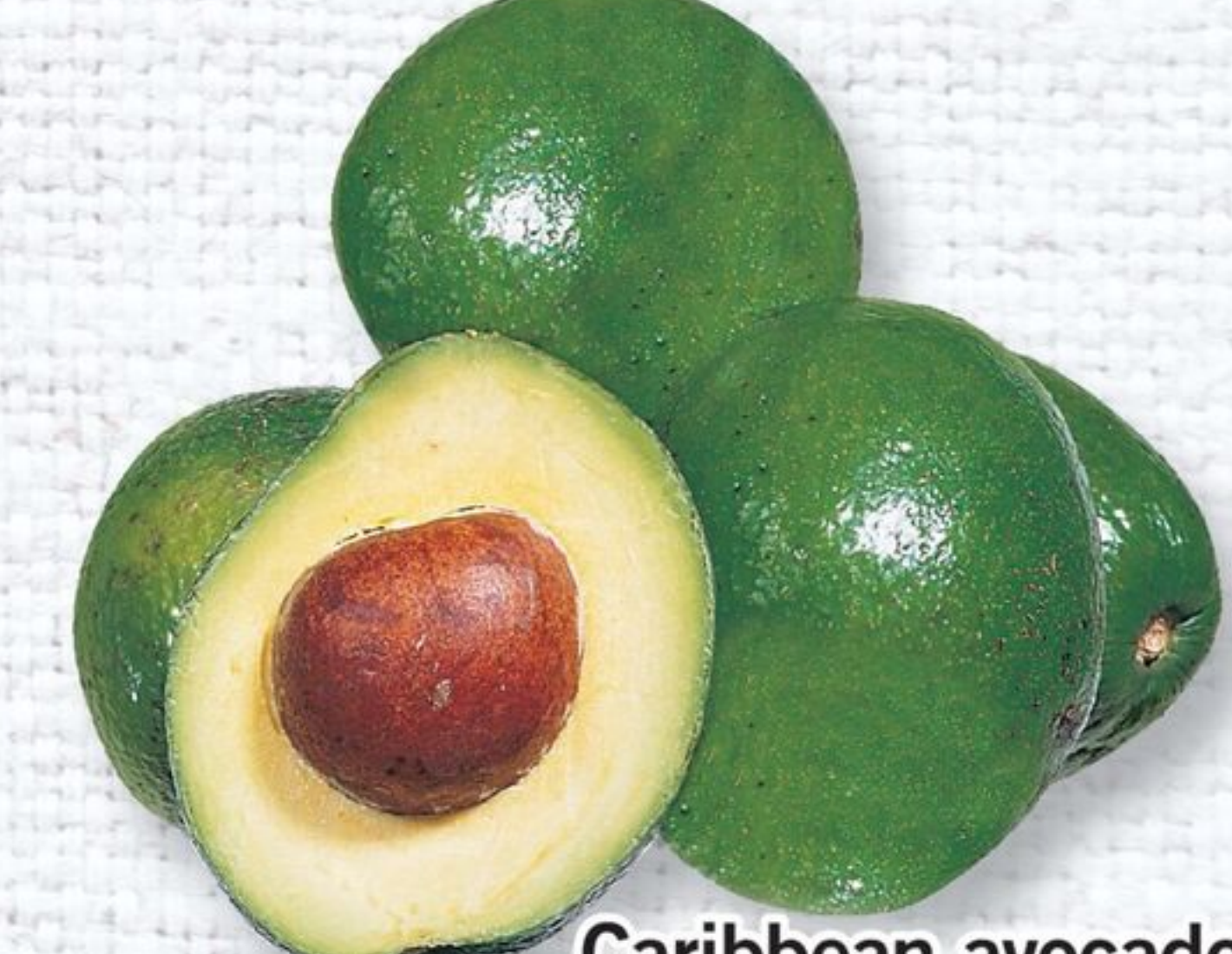
**Rooster™ garlic**  
product of China

**.89**  
3's



**1.29**  
each

**large chayote squash**  
product of  
Costa Rica



**2.49**  
each

**Caribbean avocado**  
product of  
Dominican Republic  
or U.S.A.

# Pick Organic

Over 150 items available every day!

**PC® Organics**  
**romaine hearts**  
product of U.S.A.



**6.99**  
3's



**3.99**  
170 g

**PC® Organics oyster mushrooms**  
product of Ontario



**5.49**  
2's

**PC® Organics sweet peppers**  
product of Mexico



**4.49**  
454 g

**organic limes**  
product of  
Mexico

**Greenhouse organic wellness boosters**  
\$13.49 4x60 mL

**Greenhouse organic wellness booster**  
product of Ontario

**3.49**  
60 mL





**NEW**

# Wester Ross

**Premium Salmon  
Raised off the coast of Scotland  
Imported fresh!**



PRODUCT OF SCOTLAND



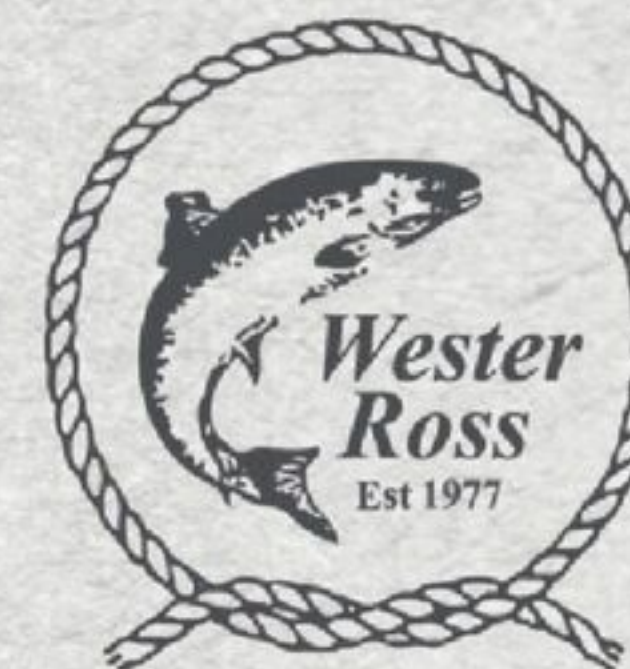
*Exclusive to  
Fortinos!*



Wester Ross salmon is a truly artisanal product.

More than 40 years of hand wrought experience go into every fish that comes to your table. Wester Ross salmon are slowly grown to market size at a natural rate that takes more time. Natural growth is more humane. It rewards us with a firmer salmon that resembles its wild cousins in appearance and texture.

Wester Ross Salmon are hand selected and individually tagged to assure quality and traceability.



*Raised without Antibiotics,  
growth promoters or GMOs.  
Slow grown. Premium quality,  
exceptional taste.*

*Click here*

**17<sup>99</sup>lb**  
39.66/kg

*Meat*

**FULL SERVICE BUTCHER • Custom cuts your way!**



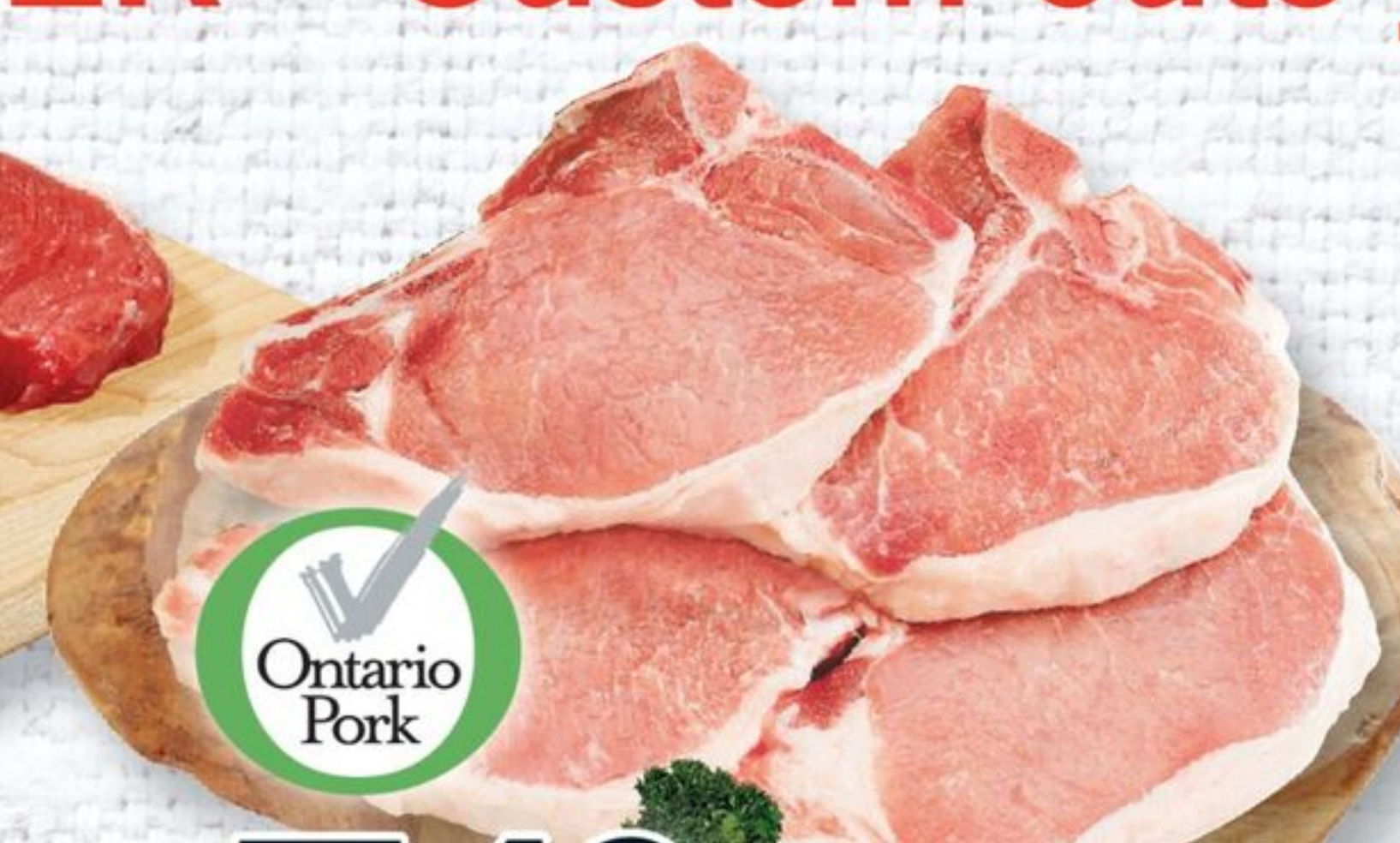
**19<sup>99</sup>lb**  
44.07/kg

rib steak cap-off  
cut from Canada AA  
or USDA Select grade  
beef or higher  
20812082\_KG



**16<sup>99</sup>lb**  
37.46/kg

striploin  
steak fast fry  
cut from Canada AA  
or USDA Select grade  
beef or higher  
20798455\_KG



**5<sup>49</sup>lb**  
12.10/kg

pork loin fast fry  
centre-cut chops  
20823073\_KG



**15<sup>99</sup>lb**  
35.25/kg

beef chuck  
short ribs, fast fry  
Certified Angus Beef®  
brand, cut from Canada  
AAA grade beef or higher  
21044933\_KG



*Halal Chicken*

**Optimum**  
**1,000** pts

**4<sup>49</sup>lb**  
9.90/kg



Mina Halal  
whole chicken  
21617979\_KG

**Optimum**  
**1,000** pts

**7<sup>99</sup>lb**  
17.61/kg



Mina Halal  
boneless skinless  
chicken thighs  
21635520\_KG

**Optimum**  
**1,000** pts

**4<sup>99</sup>lb**  
11.00/kg



Mina Halal chicken  
drumsticks or thighs  
21618064\_KG/21618074\_KG

**Optimum**  
**1,000** pts

**8<sup>49</sup>**  
454 g



Mina Halal extra lean  
ground chicken  
21618141\_EA





## Grab & Go Sandwiches

Made fresh in store with  
Pane Fresco breads!



Grab & Go sandwiches  
ham & cheese sandwich, tuna salad  
sandwich, egg salad sandwich,  
chicken salad sandwich or  
tomato & cheese sandwich

21186519\_EA

**5<sup>29</sup>-5<sup>49</sup>**  
each



# Deli

## Always freshly sliced or shaved your way!



**9<sup>99</sup>lb**  
2.20/100 g  
San Daniele  
mortadella  
selected varieties  
20090246\_KG/20163535\_KG



**13<sup>99</sup>lb**  
3.08/100 g  
Piller's Black Forest ham  
or smoked turkey breast  
20097076\_KG/20178087\_KG



Piller's salami  
selected varieties,  
deli sliced  
20300824\_KG

**14<sup>99</sup>lb**  
3.31/100 g



**24<sup>99</sup>lb**  
5.51/100 g  
Chianti Tuscan  
prosciutto DOP  
21053533\_KG/21297813\_KG



**13<sup>99</sup>lb**  
30.85/kg  
Balderson old  
or extra old  
cheddar  
20187665\_KG



**1,000** pts  
**5<sup>99</sup>**  
200/220 g  
Daiya vegan cheese  
selected varieties  
21070311\_EA/21355692\_EA



**\$4**  
PC® naan crisps  
sea salt or garlic  
& cheese, 170 g  
21683375\_EA/21683470\_EA



**6<sup>99</sup>**  
454 g  
PC® dips  
selected varieties  
20583652\_EA/20584001\_EA

# Bakery

## Baked fresh by Bakers with passion!



**31<sup>99</sup>**  
800 g/1.4 kg  
8 inch cake  
selected varieties  
21362974\_EA



bar cake  
selected varieties  
21551228\_EA  
**16<sup>99</sup>**  
616/656 g



**3<sup>99</sup>**  
90-110 g  
zeppole pastry  
or fresh fruit tart  
selected varieties  
20592677\_EA/20592789\_EA



**2<sup>29</sup>**  
50/65 g  
butter croissants  
or pastries  
20705085\_EA/21416864\_EA



**5<sup>49</sup>**  
454/550 g  
Stonemill bread  
selected varieties  
21556097\_EA/21556254\_EA



**4<sup>49</sup>**  
each  
PC® white 10's  
or PC® Blue Menu®  
whole wheat 6's tortillas  
2018659\_EA



**4<sup>99</sup>**  
each  
Kimberley's Valentine's  
frosted cookies 383 g  
or mini cupcakes 12's  
selected varieties  
21296834\_EA



**5<sup>99</sup>**  
each  
Two-Bite Valentine's  
sprinkle brownies  
310 g or mini heart  
sugar cookies 284 g  
21572381\_EA





# Get more on

More savings, more deals, more points.

# Moredays Moredays Moredays



Optimum  
**2,000** pts

**Chapman's super premium ice cream**  
selected varieties, frozen, 500 mL  
21511147\_EA/21511200\_EA



Optimum  
**1,500** pts

**Del Monte juice blends**  
selected varieties, 2.5 L  
21437381\_EA/21595736\_EA



Optimum  
**1,500** pts

**Whiskas Perfect Portions wet cat food**  
selected varieties, 12's  
20945383\_EA/20945387\_EA



Optimum  
**1,000** pts

**Lysol disinfecting wipes**  
selected varieties, 75's  
21449819\_EA/21449826\_EA



Optimum  
**1,000** pts

**P.F. Chang's sauce**  
selected varieties  
350 mL  
21557164\_EA/21629528\_EA



Optimum  
**1,000** pts

**Dutchman's Gold Summer Blossom honey**  
500 g  
21053161\_EA



Optimum  
**750** pts

**Chanteclair degreaser**  
all purpose cleaner  
750 mL  
21686798\_EA/21686902\_EA



Optimum  
**700** pts

**Ily Nespresso compatible pods**  
selected varieties, 10's  
21701935\_EA/21701951\_EA



Optimum  
**500** pts

**Old Dutch Dumpty snacks**  
selected varieties  
175-290 g  
21367509\_EA/21367543\_EA



Optimum  
**500** pts

**Tre Stelle cream cheese**  
selected varieties  
200 g  
20016786\_EA/21177728\_EA



Optimum  
**500** pts

**Static Guard** 156 g  
20620043\_EA



Optimum  
**500** pts

**Loacker wafers**  
selected varieties  
150/175 g  
20321447001\_EA/20325908\_EA



Optimum  
**500** pts

**Cucina Della Nonna vanilla or baking powder**  
selected varieties and sizes  
20560901\_EA/20880358\_EA



Optimum  
**500** pts

**Aurora or Allesia bread crumbs**  
selected varieties  
227-680 g  
20083212\_EA/20184061\_EA



Optimum  
**500** pts

**Aurora canned tomatoes, pasta or passata**  
selected varieties and sizes  
20004992\_EA/20064896\_EA

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# Get more on

More savings, more deals, more points.

# Moredays Moredays Moredays



Optimum  
**6,500** pts  
for every \$30  
spent on

McCafe, Van Houtte ground coffee  
or beans 340-900 g or McCafe,  
Van Houtte, Lavazza or Kicking  
Horse K-Cup pods 10-48 ct

21238495\_EA/21589798\_EA



Optimum  
**3,500** pts  
for every \$15  
spent on

Club House spices,  
gravy or extracts  
all varieties and sizes

20061848\_EA/20302816001\_EA



Optimum  
**3,500** pts  
for every \$10  
spent on

Crown corn syrup  
& Fleischmann's  
selected varieties and sizes

20006692\_EA/20160687\_EA



Optimum  
**3,000** pts  
for every \$12  
spent on

Jif peanut butter  
or Smucker's jam  
selected varieties and sizes

20308043001\_EA/21023784\_EA



Optimum  
**2,000** pts  
for every \$10  
spent on

Blue Buffalo dog treats  
selected varieties and sizes

21360936\_EA/21360949\_EA



Optimum  
**2,000** pts  
for every \$12  
spent on

Milk-Bone dog treats  
selected varieties and sizes

20303865002\_EA/21014573\_EA



Optimum  
**2,000** pts  
for every \$20  
spent on

Caledon Farms products  
selected varieties and sizes

20992393\_EA/21358526\_EA



Optimum  
**3,000** pts  
when you buy 2

Clorox, Pine-Sol, Liquid Plumr,  
Green Works or Glad Waste Indoor  
selected varieties and sizes

20326078\_EA/21280246\_EA



Optimum  
**2,000** pts  
for every \$10  
spent on

Knorr Sidekicks  
selected varieties, 120-162 g

20321430007\_EA/20321430011\_EA



Optimum  
**1,500** pts  
when you buy 2

Yoplait Tubes  
selected varieties  
448 g

21547595\_EA/21547629\_EA



Optimum  
**1,000** pts  
when you buy 2

Green Giant  
frozen vegetables  
selected varieties,  
frozen, 340-750 g

21022094\_EA/21022302\_EA



Optimum  
**1,000** pts  
when you buy 2

Blue Diamond  
almonds  
selected varieties  
170 g

20500386003\_EA/20500386004\_EA



Optimum  
**1,000** pts  
when you buy 2

Goldfish or  
Snyder's pretzels  
selected varieties  
and sizes

20300320\_EA/20316052004\_EA

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# APP EXCLUSIVE OFFERS

Open your PC Optimum™ app to get the offer†.

More days  
More days  
More days  
More days



**APP EXCLUSIVE OFFER\***

**Optimum** <sup>(pts)</sup>

**5,000**

for every \$10\* spent on

**Cheerios, Chex or Oatmeal Crisp cereals** selected sizes and varieties

21103495\_EA/20887566\_EA



**APP EXCLUSIVE OFFER\***

**Optimum** <sup>(pts)</sup>

**5,000**

for every \$10\* spent on

**Pizza Pops & Bites, Pillsbury Toaster Strudel or Scrambles, Pillsbury refrigerated products** 200-760 g

21505340\_EA/20318034001\_EA



**APP EXCLUSIVE OFFER\***

**Optimum** <sup>(pts)</sup>

**2,500**

for every purchase of

**Oreo or Chips Ahoy! family size cookies** 303-503 g or **Oreo Cakesters** 285 g selected sizes and varieties

21520747\_EA/21014087\_EA



**APP EXCLUSIVE OFFER\***

**Optimum** <sup>(pts)</sup>

**4,000**

for every \$10\* spent on

**Premium Plus** 402-481 g or **Good Thins** 100 g selected sizes and varieties

21109004\_EA/21023024\_EA



**APP EXCLUSIVE OFFER\***

**Optimum** <sup>(pts)</sup>

**20,000**

for every \$50\* spent on

**Progressive, Iron Vegan, or Smart Solutions vitamins** selected sizes and varieties

21519271\_EA/21154467\_EA



**APP EXCLUSIVE OFFER\***

**Optimum** <sup>(pts)</sup>

**2,000**

for every \$5\* spent on

**Crispers or Bits & Bites** 145 g selected sizes and varieties

21358333\_EA/21395350\_EA

## APP EXCLUSIVE OFFERS†

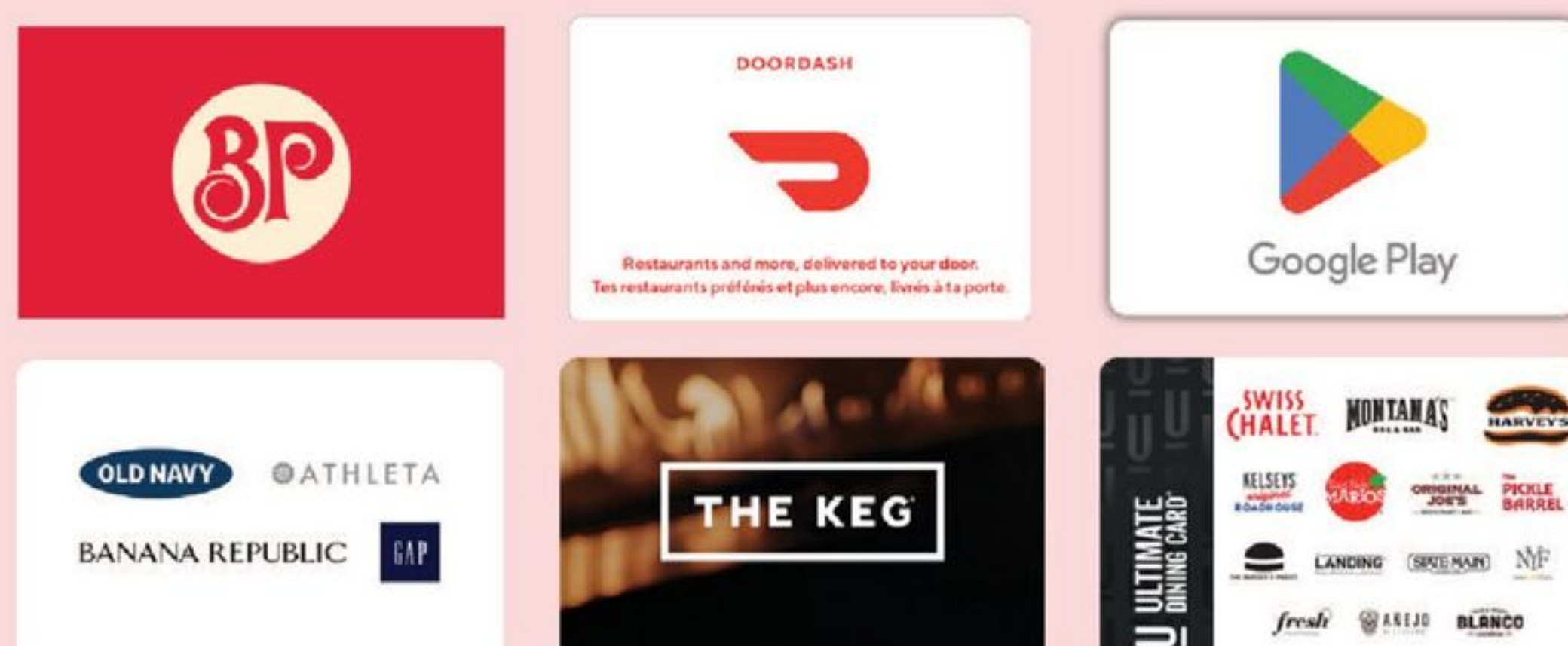
**APP EXCLUSIVE OFFER\***

**Optimum** <sup>(pts)</sup>

**15,000**

for every \$100\* spent on

**ANY COMBINATION OF BOSTON PIZZA, DOORDASH, GAP INC. BRANDS, GOOGLE PLAY, THE KEG, AND ULTIMATE DINING CARD GIFT CARDS**



Google Play gift card purchases are subject to a \$200 limit. Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Boston Pizza, DoorDash, Gap Inc. Brands, Google Play, The Keg, Ultimate Dining Card, Harvey's, Swiss Chalet cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. All other trademarks are property of their respective owners.

## JOE FRESH



# More days

Jan. 29 - Feb. 4



Open the app to get your offers.



Members get

# 20,000 pts

for every \$60 spent on apparel\*



# 3,000 pts

when you spend \$30 or more on fuel.

Jan 29 - Feb 1



Open the app to get this offer.

\*Conditions apply. Complete details on the PC Optimum™ app or at [www.pcoptimum.ca](http://www.pcoptimum.ca)

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# Dairy & Frozen



**449** siggi's  
skyr yogurt  
selected varieties  
4x100 g  
21589925\_EA/21590027\_EA



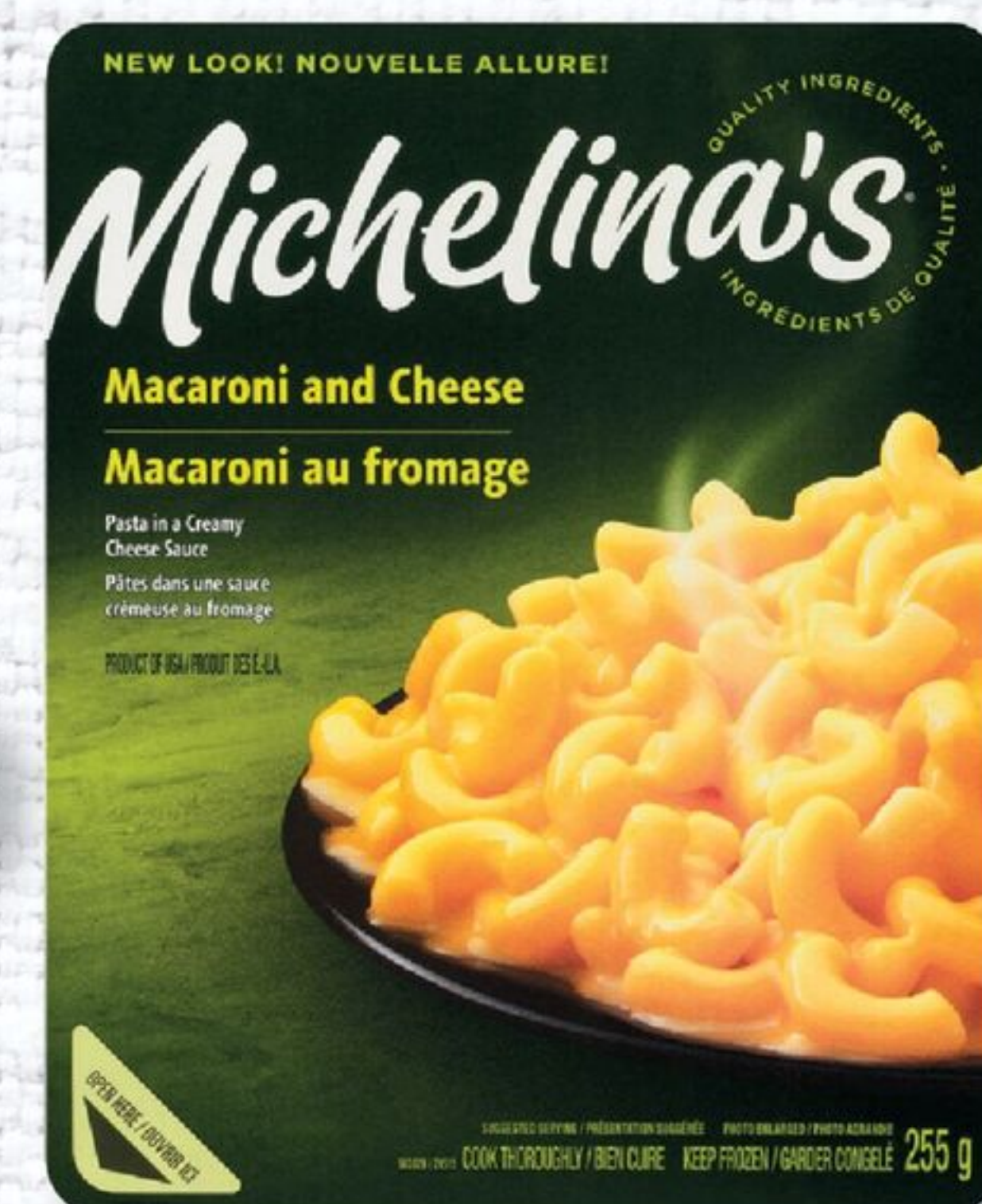
**399** iÖGO nano  
drinkable yogurt  
selected varieties  
6x93 mL  
20609687001\_EA/21690943\_EA



**499** Simply drinks  
selected varieties  
1.5 L  
21170793\_EA/21592206\_EA



**299** Imperial or  
I Can't Believe  
It's Not Butter  
margarine  
selected varieties  
427 g  
20061949001\_EA/20152424\_EA



**179** Michelina's  
frozen entrées  
selected varieties,  
frozen, 156-284 g  
21208614\_EA



**749** Natrel milk  
selected varieties  
4 L  
20120856\_EA



**499** PC® cheese slices  
selected varieties  
210 g  
21405953\_EA/21406181\_EA



**399** Kozy Shack  
rice pudding 624 g  
or no sugar added  
4's, selected varieties  
20321764003\_EA/20323829001\_EA



**699** Dr. Oetker  
Giuseppe  
easy pizzi  
selected varieties,  
frozen, 200-576 g  
21359564\_EA/21362407\_EA



**599** Chapman's  
collection  
novelties  
selected varieties,  
frozen, 8x55 mL  
20323757001\_EA/20323757004\_EA



**399** Smartfood  
popcorn  
selected varieties  
20972859\_EA/20972855\_EA  
150-220 g



**479** Leclerc  
Célébration  
cookies 200-350 g  
or Dad's cookies  
305/320 g  
selected varieties  
21014045\_EA/21014049\_EA



**429** Fibre 1 or  
Nature Valley  
sweet & salty bars  
selected varieties  
125-210 g  
20587504001\_EA/21213559\_EA



**449** Kashi bars  
or Kellogg's  
homestyle Rice  
Krispies squares  
selected varieties  
175-200 g  
20849832001\_EA/21504799\_EA



**599** PAM  
cooking spray  
selected varieties  
20178204001\_EA/20315275004\_EA  
141-170 g



**729** Carnation  
hot chocolate  
selected varieties  
400/450 g  
21194486\_EA/21397690\_EA



**349** Monster,  
Reign or  
Reign Storm  
energy drinks  
20938521\_EA  
355-473 mL



**449** Ritter Sport  
chocolate  
selected varieties  
100 g  
20887920\_EA



**449** Nestea  
iced tea  
21687028\_EA/21687074\_EA  
1.89 L



**349** Nerd  
Gummy Clusters  
selected varieties  
21564627\_EA/21628482\_EA  
142 g



# Grocery



**159** Unico beans  
or chick peas  
selected varieties  
540 mL  
20313447001\_EA/20313447002\_EA



**299** Minute Rice  
ready to serve  
cups or Tilda  
ready to heat rice  
selected varieties  
250 g  
20695681\_EA/20944993\_EA



**229** Bush's Best beans  
selected varieties  
398 mL  
20101518001\_EA/20101518002\_EA



**249** Ben's Original  
single serve  
rice cups  
62-68 g  
21680683\_EA/21680713\_EA



**799** Nescafé Gold  
instant coffee  
selected varieties  
90-100 g  
21074532\_EA/21074565\_EA



**1299** Cafe William  
whole  
coffee beans  
selected varieties  
300/340 g  
21589686\_EA/21589711\_EA



**249** Glaceau  
Vitaminwater  
selected varieties  
591 mL  
20333194006\_EA/20562362003\_EA



**499** Patak's  
cooking sauce  
400 mL or  
paste 284 mL  
selected varieties  
each  
20217180002\_EA/20307057001\_EA



**749** Tre Stelle  
grated  
parmesan  
cheese  
200 g  
20126049\_EA



**529** Kuhne  
sauerkraut  
796 mL  
20068748\_EA

## PC® Favourites



**279** PC® appletreet  
apple sauce  
selected varieties  
6x100 mL  
each  
20309701001\_EA



**399** PC® frozen entrées  
selected varieties,  
frozen, 214-365 g  
each  
20312253001\_EA/20987543\_EA



**349** PC® Albacore  
white tuna  
selected varieties  
170 g  
20529153\_EA/21081427\_EA



**329** PC® salad  
dressing 475 mL  
or croutons 140 g  
selected varieties  
each  
20628488001\_EA/20796248002\_EA



**399** PC® or  
Blue Menu®  
pancake  
mix 905 g  
or table  
syrup 750 mL  
selected varieties  
each  
20318589\_EA/20374908\_EA

PC®  
Blue Menu®  
Twice the Fruit™  
spread  
selected varieties  
20300537\_EA



**599** 500 mL

PC® kefir

20840914003\_EA

**499** 1 L



PC®  
mayonnaise  
selected varieties

20618892\_EA/20769626\_EA

**599** 750/890 mL



**299** PC® scalloped  
crackers  
selected varieties  
185 g  
20603888003\_EA

PC® Kettle chips  
selected varieties

21422931\_EA

**249** 200 g







# Celebrate Lunar New Year



**12<sup>88</sup>**  
340 g

T&T® sliced rolls  
beef or lamb  
selected varieties,  
frozen  
21570350\_EA/21570410\_EA



**5<sup>98</sup>**  
340 g

Anchor's Bay  
cooked clam meat  
or mussel meat  
frozen  
20791670\_EA/20792247\_EA



jumbo cherries  
product of Chile,  
no. 1 grade  
20159690001\_KG

**4<sup>88</sup>**lb  
10.76/kg

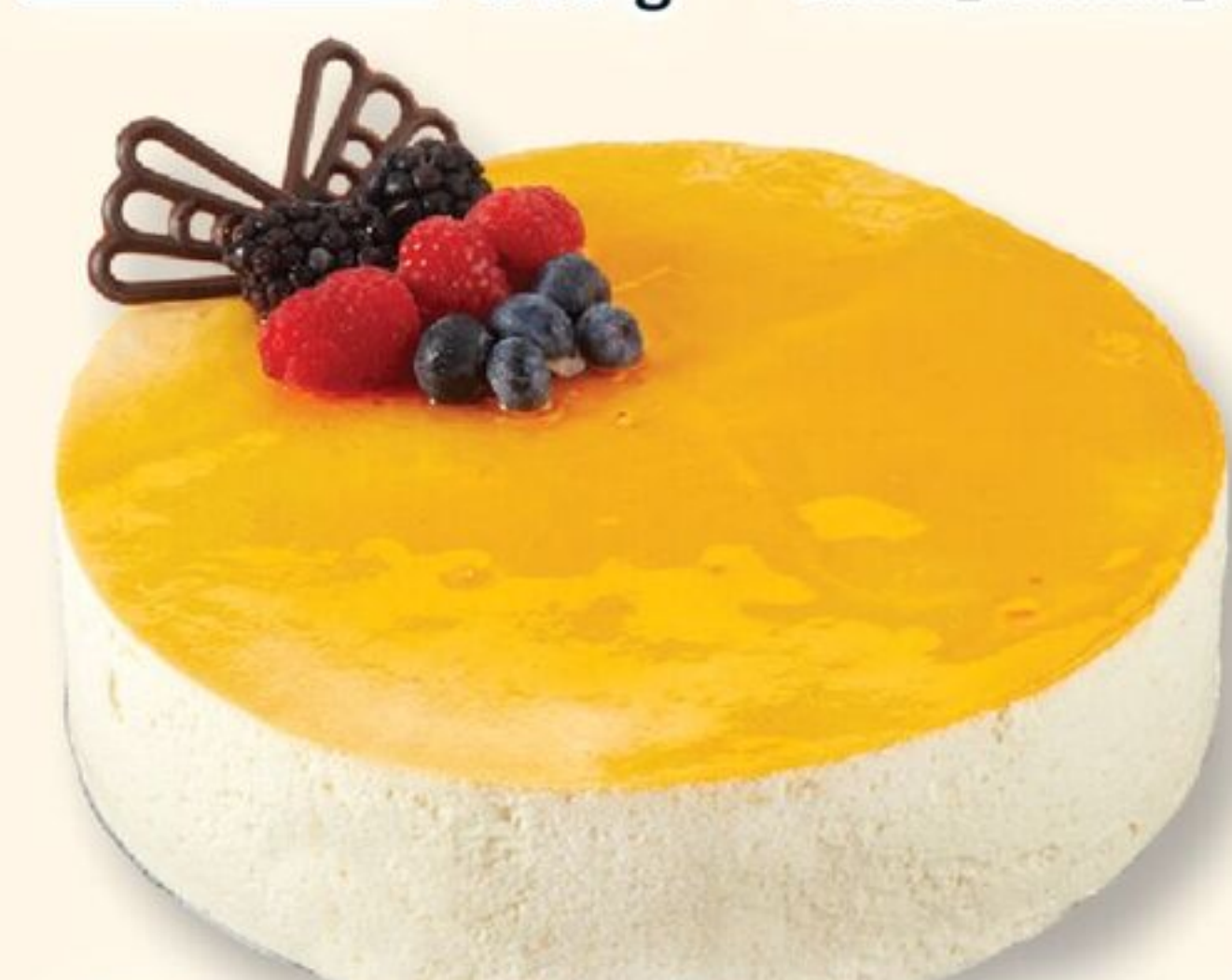
large ripe papaya  
product of Mexico  
20817066001\_KG

**2<sup>28</sup>**lb  
5.03/kg



Lunar New Year  
orchid garden  
21733452\_EA

**4<sup>988</sup>**  
each



**21<sup>98</sup>**  
each

Gala 8" mango  
mousse cake  
680/800 g  
20592165\_EA



**19<sup>98</sup>**  
530 g



Dan-D Pak  
cashews  
salted or unsalted  
20314862001\_EA/20314862002\_EA

**14<sup>88</sup>**  
908 g



Aroy-D  
coconut milk  
selected varieties  
20063864\_EA

**1<sup>88</sup>**  
400 mL



**2<sup>48</sup>**lb  
5.47/kg

Shanghai or  
baby bok choy  
product of Mexico,  
U.S.A. or Canada  
20082279001\_KG/20032454001\_KG



Kewpie  
mayonnaise  
456 mL  
or O'Food  
gochujang 215 g  
21453162\_EA/21644268\_EA

**5<sup>88</sup>**  
each



**6<sup>48</sup>**  
800 g

M.Y. San Sky  
Flakes crackers  
21176798\_EA



Rooster™  
jasmine rice 2 kg or  
Teriyaki sauce 350 mL  
20144395\_EA/20876697001\_EA

**4<sup>88</sup>**  
each



Uni Eagle  
sriracha sauce  
815 g or T&T®  
potstickers 567 g  
21495823\_EA/21499504\_EA

**4<sup>48</sup>**  
each



Bibigo  
steamed  
dumplings  
21592062\_EA

**3<sup>88</sup>**  
187 g



**1<sup>28</sup>**  
75-120 g

Nongshim  
noodles  
20032441005 & 21504277\_EA



**4<sup>88</sup>**  
each

Melona bars 560 mL,  
T'aom bars 5x75 mL  
or T&T® ice cream 1 L  
21300559\_EA/21566307\_EA



**3<sup>48</sup>**  
each

China Lily  
soy sauce 483 mL,  
Heiwa sushi ginger  
340 g or Canada  
HW Japanese  
bread crumbs 227 g  
selected varieties  
20072045\_EA/20624111\_EA



**7<sup>88</sup>**  
650/700 g

Samyang  
noodles  
selected  
varieties  
21345870\_C05  
21412584\_EA



**3<sup>88</sup>**  
397 g

Farkay chow  
mein noodles  
selected varieties  
20147835001\_EA/20147835002\_EA





# Authentic fan-favourite Asian food!



**10<sup>88</sup>** T&T® Gourmet  
650 g stewed beef  
21586322\_EA



T&T® vegetable  
spring rolls  
frozen  
21615702\_EA  
**6<sup>88</sup>**  
500 g



**1<sup>48</sup>** T&T® Bakery  
180 g tropical cake  
selected varieties  
20826092\_EA/20826537\_EA



**1<sup>48</sup>** T&T® Korean  
3's roasted sea laver  
20593313\_EA



**5<sup>98</sup>** T&T® BBQ pork  
540 g steamed buns frozen  
21495784\_EA



**2<sup>98</sup>** T&T® roasted  
27 g seaweed sheets  
20703060\_EA



T&T® aloe  
vera drink  
selected varieties  
20593585\_EA  
**2<sup>48</sup>**  
1.5 L



**11<sup>88</sup>** T&T®  
454 g Monthong Durian  
21541463\_EA

T&T® light or  
dark soy sauce  
selected varieties  
20698024\_EA/20698142\_EA

**2<sup>78</sup>**  
500 mL



**4<sup>48</sup>** T&T® 3-minute  
504 g ramen noodles  
selected varieties  
21447367\_EA

T&T®  
sweetened  
creamer  
21448178\_EA

**3<sup>48</sup>**  
374 mL





# EXPERIENCE A WORLD OF FLAVOURS

AVAILABLE AT: 330 Queens Plate Etobicoke, 75 Centennial Pkwy, 1579 Main St. West, 50 Dundurn St. South Hamilton, 55 Mountainash, 60 Quarry Edge and 35 Worthington Brampton stores only.



**4.88<sup>lb</sup>**  
10.76/kg  
jumbo cherries  
product of Chile,  
no. 1 grade  
20159690001\_KG

**1.99<sup>lb</sup>**  
4.39/kg  
ginger root  
product of  
China or Peru  
20179038001\_KG

**10.99**  
850 g  
IFC  
basa fillets  
frozen  
21615047\_EA

**7.99**  
454 g  
Sufra Halal  
lean ground beef  
21397283\_EA

**5.99**  
4 pack  
Jamaican  
patties  
21215103\_EA



**11.99**  
each  
French Oven  
eggless cakes  
chocolate, vanilla  
or Black Forest,  
800-980 g  
21717636\_EA



**2.99**  
5's  
Suraj® naan  
selected varieties  
21051353\_EA ORIGINAL - NATURE



**4.99<sup>lb</sup>**  
11.00/kg  
Mina Halal chicken  
drumsticks or thighs  
21618064\_KG/21618074\_KG



**5.99**  
375 g  
Zabiha Halal  
breakfast  
chicken strips  
20105121\_EA



**1.54**  
6.99/lb  
ground  
or whole  
cumin seed  
20188748\_KG/20332474\_KG



**2.69**  
1 L  
Hans lassi  
selected varieties  
20094676\_EA/21369906\_EA



**10.99**  
4.54 kg  
Lal Qilla  
Supreme  
sella rice  
21636695\_EA



**4.99**  
1.8 kg  
Suraj® dry beans  
or lentils  
selected varieties  
20558755\_EA/20558757\_EA



**2.69**  
each  
Pran vegetable  
spring roll or  
samosa 400 g, frozen  
or Divya shredded  
coconut 315 g, frozen  
21054779\_EA/21054846\_EA



**1.49**  
300 g  
Parliament  
suji rusk  
21670208\_EA



**2.29**  
250-341 g  
Surati snacks  
selected varieties  
20303745002\_EA/20322576003\_EA



**2.49**  
750 g  
Hans Dairy dahi  
selected varieties  
20092811\_EA/20313667\_EA



**1.79**  
each  
Shan  
seasoning  
mixes 50-100 g  
or Quality  
Himalayan  
pink salt 500 g  
selected varieties  
20323215001\_EA/21371883\_EA



**7.99**  
each  
Tea India 681 g  
or Al Shifa natural  
honey 500 g  
20177173\_EA/20862354\_EA



**9.99**  
256 g  
Ramadan  
calendar  
21706218\_EA



# The Giant of Tropical Flavour

- ✓ High in protein, fibre & potassium!
- ✓ Aids in digestion & helps boost immune system!

## JACKFRUIT

Don't be daunted by the look or aroma!

- When ripe, it has a sweet tropical flavour
- Shred flesh and use as a meat substitute or add to dessert
- Grown in Mexico



precut  
\$2.29/lb 5.05/kg  
20897656001\_KG

**.99**lb  
2.18/kg  
whole jackfruit  
20787577001\_KG

## JACKFRUIT PODS

We've done the work for you in preparing these bright yellow chunks, ready to enjoy.

**TIP: Try freezing.**

Then thaw when ready to eat to soften the pods for an even juicier texture!



**7.99**  
350 g  
jackfruit pods  
21607056\_EA



154

/100 g

small conversation hearts

6.99/lb

21660156\_KG

331

/100 g

Valentine Hershey's Kisses

14.99/lb

20249420\_KG

331

/100 g

yogurt covered pretzels with red & pink drizzle

14.99/lb

21433394\_KG

.88

/100 g

Valentine jube hearts

3.99/lb

21350345\_KG

110

/100 g

cherry jelly hearts

4.99/lb

21433396\_KG

.99

/100 g

Valentine jelly beans

4.49/lb

21001952\_KG

110

/100 g

Valentine gummy bears

4.99/lb

21718319\_KG

132

/100 g

Valentine gummi hugs and kisses

5.99/lb

21073551\_KG

110

/100 g

cupid heart sprinkles

4.99/lb

21570956\_KG

154

/100 g

heart shaped lollipops

6.99/lb

20064615\_KG

331

/100 g

peanut butter hearts

14.99/lb

21436453\_KG

286

/100 g

chocolate red foil hearts

12.99/lb

21665068\_KG

110

/100 g

cinnamon hearts

4.99/lb

21516907\_KG

121

/100 g

hot lips

5.49/lb

20028595\_KG

110

/100 g

hi five gummies

4.99/lb

21718407\_KG

.88

/100 g

big foot

3.99/lb

20795405\_KG





# GRAB & GO SOUPS

13 varieties!



PANE Fresco

## family-sized chilled Soup To Go

Tomato Basil, Turkey Chili, Lentil and Potato, Mediterranean Lentil, Chicken Broth, Carrot Ginger Low Sodium, Vegetable Chili Low Sodium, Chicken Quinoa, Mushroom, Thai Squash, Jambalaya, Sausage & Lentil or Cabbage Roll

**9.49**  
900 mL

21345574\_EA

## Soups On!



**2.99**  
515 mL  
Campbell's ready to serve soup  
21479030\_EA/21480539\_EA



**2.29**  
900 mL  
PC® or Blue Menu® broth selected varieties  
21184643\_EA/21189891\_EA

Campbell's broth selected varieties  
20322348002\_EA/21347245\_EA

**2.49**  
250/900 mL



**3.99**  
398 mL  
Haiku soup  
20596863001\_EA/20596863002\_EA



**3.29**  
540 mL  
Swiss Chalet soup selected varieties  
21313330\_EA/21313335\_EA

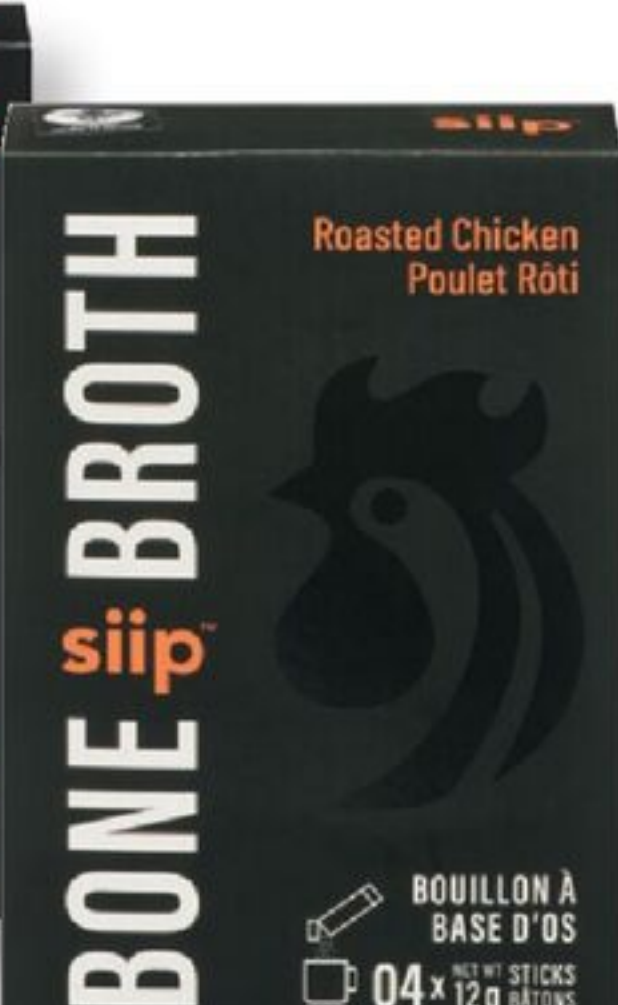
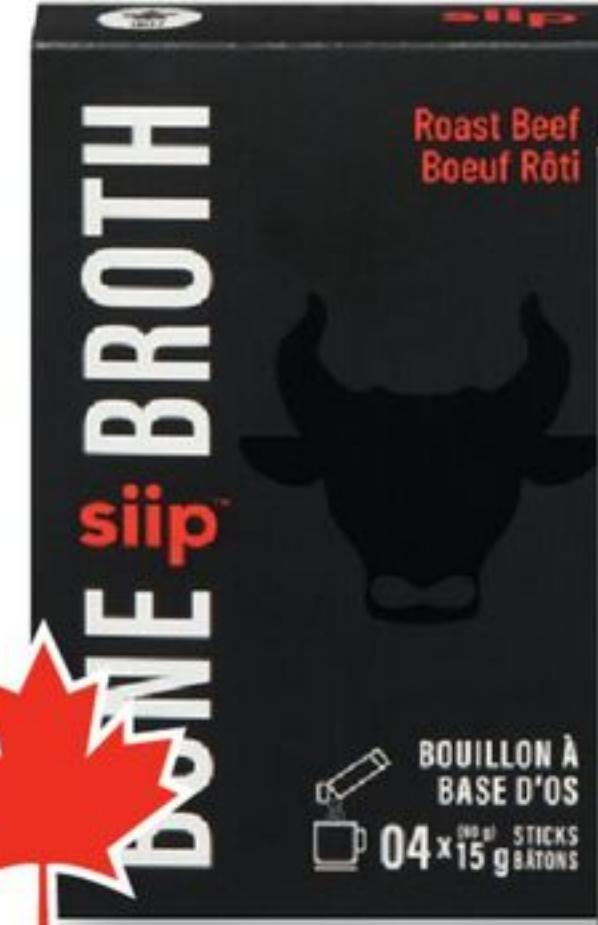


Mema Foods Just Soup  
21622118\_EA/21622172\_EA

**4.99**  
480 mL



**8.99**  
311 g  
Knorr cooking paste selected varieties  
21683230\_EA/21683454\_EA



**8.49**  
24-60 g  
siip bone broth  
21550560\_EA/21550565\_EA



**3.29**  
each  
Dare Breton, Vinta or Simple Goodness crackers  
21520666\_EA/21520701\_EA



**5.29**  
each  
Christie Premium Plus crackers selected varieties  
21109004\_EA



# Hosting Game Day?

Look to Pane Fresco. We've got you covered with great food to go. From wings to pizza, we have it all and more!

## Pasta Al Forno with Sausage Ragu & Peas

Fortinos mild Italian pork sausage, San Marzano tomatoes, penne, fresh peas, with Pecorino Romano and Mozzarella Cheese.

Serves 8, \$52.99



[Click Here for brochure.](#)

Please place your order 48 hours in advance.



## Sports Bar Favourites

- 9 cheese curds
- 9 fried pickles
- 8 jalapeno poppers
- 12 fried perogies (regular or spicy)
- medium popcorn chicken

Served with sour cream, marinara and plum sauce.

Serves 8-10, \$39.99

PANE *Fresco*  
by FORTINOS



# Seafood



**11.99**  
454 g  
PC® battered wild cod bites or haddock tenders frozen  
21108887\_EA/21481247\_EA



**8.99**  
500 mL  
Diana's wild clam chowder frozen  
21602248\_EA



**3.49**  
227 g  
SeaQuest® crab or lobster flavoured Alaska pollock selected varieties  
20699832\_EA/20749798\_EA



**14.99**  
454 g  
IFC mahi portions, tuna steaks or Coho salmon portions frozen  
21608592\_EA/21608715\_EA

# Meat



**8.99**  
600 g  
PC® gluten free chicken nuggets, strips or burgers frozen  
21079451\_EA/21079476\_EA



**18.99**  
678 g  
Yorkshire Valley Farms chicken burger selected varieties, frozen  
21592097\_EA/21592125\_EA



**7.99**  
400/500 g  
Wong Wing entrées selected varieties, frozen  
20162067\_EA/20507139\_EA



**7.99**  
2x235 g  
Swiss Chalet chicken pot pie frozen, single serve  
21047192\_EA



**3.99**  
56-138 g  
Kraft Lunchables selected varieties  
21592619\_EA/21592663\_EA



**7.99**  
300 g  
PC® Free From® turkey bacon  
21400474\_EA



**13.99**  
700/800 g  
PC® or PC® Free From® ham  
20682690\_EA



**17.99**  
575 g  
44th Street beef pot roast  
21417166\_EA



**4.99**  
375/675 g  
Schneiders RedHots, Maple Leaf Top Dogs or Mina Halal chicken wieners selected varieties  
20602429\_EA/21093477\_EA



**14.99**  
480/640 g  
Marcangelo souvlaki, kabobs chicken or pork  
21041735\_EA/21098855\_EA



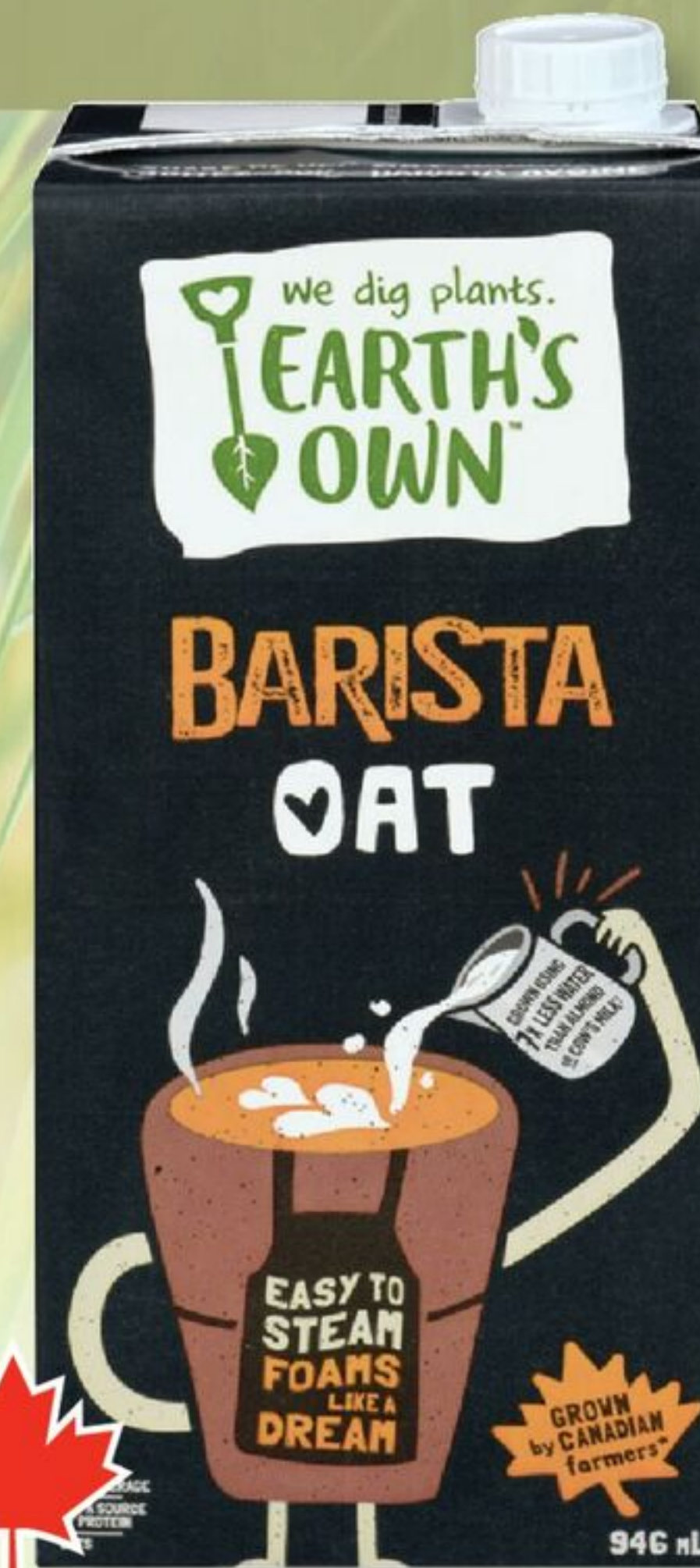
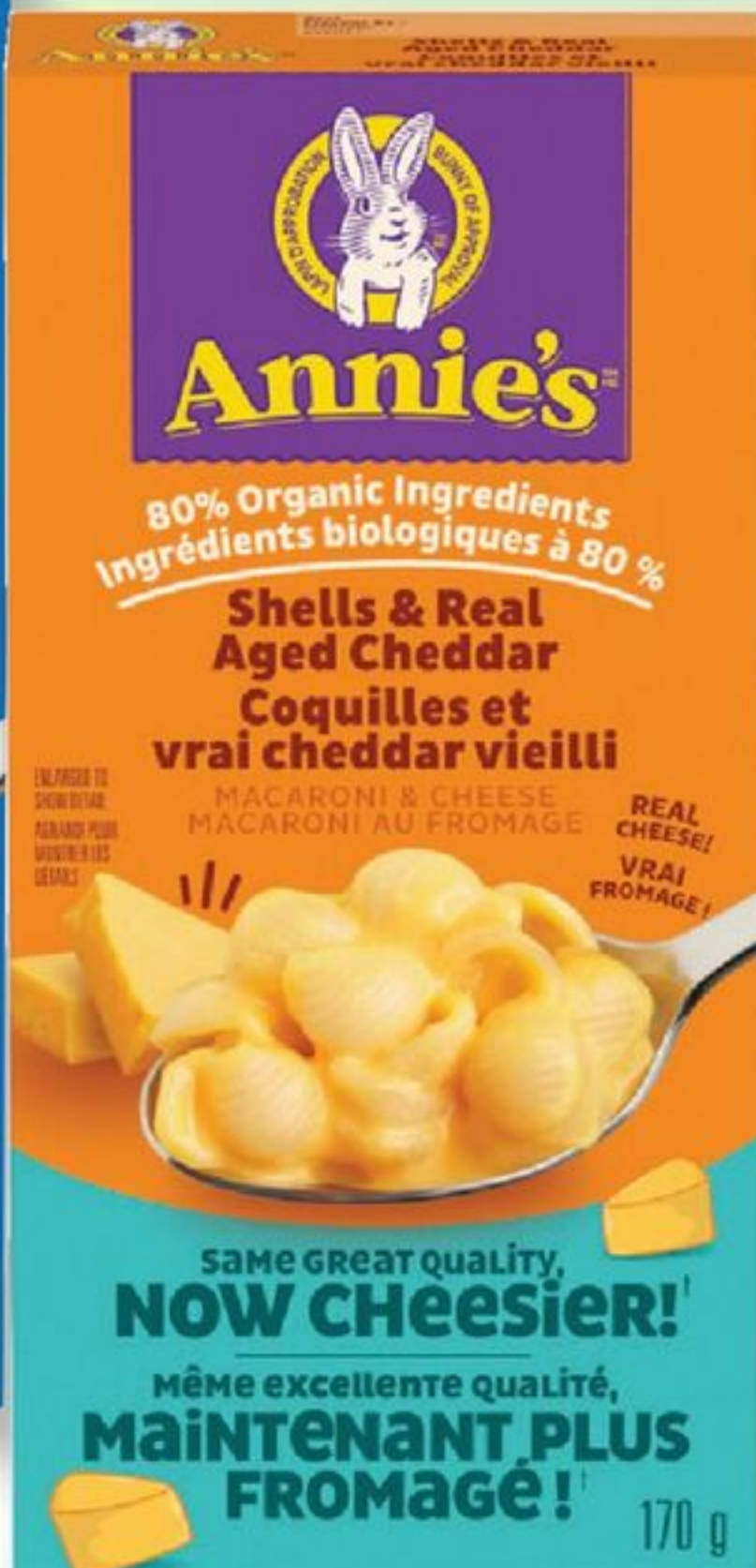
**14.99**  
710 g  
Janes boneless chicken bites selected varieties, frozen  
21439239\_EA/21439246\_EA



**18.99**  
560 g  
PC® stuffed chicken breasts selected varieties, frozen  
20503397\_EA/20503402\_EA



# Natural Health



**1.99**

Annie's mac & cheese pasta  
selected varieties  
156-170 g

**5.99**

Made Good school safe snacks  
selected varieties  
175-185 g

**4.99**

Earth's Own oat barista  
selected varieties  
946 mL

**12.99**

Kicking Horse ground coffee  
selected varieties  
284 g



**3.49**

340-454 g



**5.99**

946 mL/1 L



**7.99**

464-520 g



**9.49**

95 g



**15.99**

500 mL



**3.49**

120/140 g



**4.49**

473 mL



**4.79**

each



**5.49**

180 g



**9.99**

210 g

## Powerful Protein



**15.99**

500 mL



**34.99**

440 g



**46.99**

500 g



**49.99**

801-918 g



**49.99**

680 g



# Baby



Pampers, Huggies or Millie Moon super big pack diapers selected varieties

21370924\_EA/21455653\_EA

**26<sup>99</sup>**

36-108's



Pampers or Huggies wipes selected varieties

21018026\_EA/21371309\_EA

**19<sup>99</sup>**

504-704's



Enfamil NeuroPro formula powder selected varieties

21589117\_EA/21589230\_EA

**49<sup>99</sup>**

553/587 g



Similac formula selected varieties

21436985\_EA/21437126\_EA

**54<sup>99</sup>**

837/859 g



Enfamil NeuroPro ready to drink formula selected varieties

21590060\_C01/21590568\_C01

**74<sup>99</sup>**

18x237 mL

Cerebelly pouches 128 mL or Once Upon A Farm refrigerated pouches 85 mL selected varieties

21191663\_EA/21601227\_EA

**2<sup>99</sup>**

each



Baby Gourmet protein pouches 128 mL or Puffies snacks 32 g selected varieties

20433609006\_EA/21597336\_EA

**2<sup>49</sup>**

each



PediaSure 4x235 mL or Pedialyte 1 L selected varieties

20322414001\_EA/20322414002\_EA

**8<sup>99</sup>**

each



Earth's Best puffs 44-78 g or Love Child Seafriends 140 g

21462907\_EA/21534883\_EA

**3<sup>99</sup>**

each



Little Bellies snacks selected varieties

**\$1**

8/12 g

# Body & Health

JR Watkins or Dial hand soap 221-325 mL or Halls bags 25-30's selected varieties

20315680001\_EA/21438131\_EA

**3<sup>99</sup>**

each



Sensodyne toothpaste 75 mL, Listerine 1 L or Head & Shoulders hair care 370 mL selected varieties

21091222\_EA/21471656\_EA

**6<sup>99</sup>**

each



Nivea 50-625 mL or Vaseline 400-600 mL lotion selected varieties

20700027\_EA/20794480\_EA

**8<sup>99</sup>**

each

Olay 364 mL or Ivory body wash 621 mL or Ivory bar soap 10's

20347887002\_EA/20860346001\_EA

**5<sup>99</sup>**

each



Shea Moisture or Native hair care or body wash selected sizes and varieties

21433370\_EA/21435048\_EA

**12<sup>99</sup>**

each



Always liners 36-72's, pads 10-26's or Tampax tampons 14-18's selected varieties

21181430\_EA/21444879\_EA

**5<sup>49</sup>**

each



Tena protective underwear selected varieties

21033778\_EA/20957897\_EA

**17<sup>99</sup>**

10-48's



Brioschi 240 g or Ricola lozenges 45's

21086660\_EA/21484232\_EA

**7<sup>99</sup>**

each

Boost meal replacement or Liquid IV selected varieties

20986348\_C06/20986361\_C06

**13<sup>99</sup>**

6's



Alani protein drinks 355 mL or Grenade or ONE protein bars 60 g selected varieties

21120168\_EA/21602112\_EA

**3<sup>49</sup>**

each





# Household



**9<sup>99</sup>**  
1.2 L  
Lysol laundry disinfectant  
21487308\_EA/21495670\_EA



**7<sup>99</sup>**  
1.16 L  
Snuggle fabric softener 58 WL  
21680146\_EA



Clorox or Tilex  
cleaning spray  
selected varieties

**4<sup>79</sup>**  
887/946 mL



Allen's  
multi-purpose  
cleaner  
selected varieties  
20977116\_EA/21027899\_EA

**4<sup>49</sup>**  
950 mL-2.5 L



**3<sup>99</sup>**  
each  
no name® oxi-burst  
stain remover  
651 mL/680 g  
20012070001\_EA/21375912\_EA



Glad  
garbage bags  
selected sizes  
and varieties  
20099609\_EA/21613985\_EA

**8<sup>99</sup>**  
10-52's



Air Wick  
essential oils,  
3 refill pack  
or Freshmatic  
auto spray kit  
selected varieties  
20698807\_EA/20761733\_EA

**16<sup>99</sup>**  
each



no name®  
all-purpose  
scouring  
sponges  
20556818\_EA/20557208\_EA

**4<sup>99</sup>**  
6's



Royale  
facial tissue  
20906153\_EA/21618478\_EA

**11<sup>99</sup>**  
6x82/126's sheets



Cashmere  
bathroom  
tissue  
21186207\_EA

**20<sup>99</sup>**  
24=48 rolls

## Pet Needs for Cats & Dogs!



PC®  
Nutrition First  
grain-free  
wet cat food  
selected varieties  
21359624\_EA/21618536\_EA

**\$1**  
85 g



Fresh Pet  
cat food  
selected varieties  
21094629\_EA/21630324\_EA

**7<sup>99</sup>**  
454 g



Whiskas  
Temptations  
180 g or lickable  
cat treats spoons  
or pouches 4-12 g  
pouches 4-40 g  
selected varieties  
20298151005\_EA/21479803\_EA

**3<sup>79</sup>**  
each



Purina  
Cat Chow  
dry cat food  
selected varieties  
20308009\_EA/20319556001\_EA

**11<sup>49</sup>**  
1.4-2 kg



Optimum  
**2,000** pH

**21<sup>99</sup>**  
2.2 kg  
Blue Buffalo  
dry cat food  
21360296\_EA/21360315\_EA



Purina One  
wet dog food  
selected varieties  
21441096\_EA/21520480\_EA

**2<sup>69</sup>**  
368 g



Hungry Hunter  
marrow bones  
large or small  
21378251\_EA/21378252\_EA

**13<sup>49</sup>**  
908 g



Milk-Bone  
Soft & Chewy  
dog treats  
20018670\_EA/21047843\_EA

**10<sup>99</sup>**  
708 g



Nature's Recipe  
GF dry dog food  
selected varieties  
21692046\_EA/21692097\_EA

**17<sup>99</sup>**  
1.8 kg



Beneful  
Incredbites  
dog food  
selected varieties  
20295905001\_EA

**10<sup>99</sup>**  
1.6-1.8 kg





# Celebrate Lunar New Year



jade plant  
21705342\_EA

**19<sup>88</sup>**  
6" pot



money tree  
21660943\_EA

**19<sup>88</sup>**  
1 quart



3 tier small  
lucky bamboo  
21733483\_EA

**19<sup>88</sup>**  
each



cut tulips  
assorted colours  
20180973\_EA

**12<sup>99</sup>**  
10 stems



Te Amo garden  
21725077\_EA

**29<sup>99</sup>**  
each



double spiked  
Magnifica orchid  
20944596\_EA

**29<sup>99</sup>**  
5" pot

## Valentine's Day Flowers

Valentine's Day is  
Saturday February 14<sup>th</sup>.  
Pre-order your flowers  
now or pick up a  
Valentine Gift Basket.

starting at

**39<sup>99</sup>**  
each

Valentine  
gift baskets  
20142230\_EA





NEW

# duBreton Organic Pork



Since 1944, the Canadian-based DuBreton family has been partnered with farmers to produce high quality organic pork who value animal welfare and sustainability.







**2.79**  
Primo Pasta Sauce  
Selected Varieties (680 mL)





**2.79**  
Primo Tomato  
Sauce (680 mL)



**2.79**

Primo Passata  
Imported from Italy (680 mL)



**2.49**  
Primo Pizza Sauce  
Squeeze  
Selected Varieties (375 mL)



**2.79**  
Primo Tomato  
Sauce (680 mL)



**1.29**  
Primo Pasta  
Selected Varieties (454 g)



**2.99**  
Primo Oven Ready  
Lasagna (375 g)



**13.99**  
Primo Extra Virgin  
Olive Oil (1 L)



**TEAM OREO GIVING**  
**\$200,000**  
**IN YOUTH HOCKEY**  
**EQUIPMENT GRANTS**  
APPLY AND LEARN MORE  
[OREOPLAYFUL.CA](http://OREOPLAYFUL.CA)

**\$6<sup>29</sup>**  
OREO CAKESTERS  
Snack Cakes  
285g  
21639135\_EA  
21639060\_EA

**\$2<sup>49</sup>**  
CHRISTIE Cookies  
224-270g  
21358407\_EA



**\$3<sup>49</sup>**  
MAYNARDS &  
SOUP PATCH KIDS  
135-154g  
21694186\_EA



**\$3<sup>49</sup>**  
CRISPERS  
145g  
21694186\_EA  
21358221\_EA

\*No purchase necessary. Open to Canadian youth hockey organizations that consist of players and participants who are seventeen (17) years of age or younger. Application must be completed by an authorized representative of the eligible organization. Submit online application and view full terms at: OREOPLAYFUL.CA. Four Regions: (i) West Region (BC, AB, SK, MB, NW, NT, YK); (ii) Ontario Region (ON); (iii) Quebec Region (QC); and (iv) Atlantic Region (NS, NL, PE, NB). Starts Jan 2/26 (12:00 a.m. ET) and ends on Mar 27/26 (11:59 p.m. ET). Ontario - 4 Grants: 1 x \$25,000 and 3 x \$10,000; West - 4 Grants: 1 x \$25,000 and 3 x \$10,000; Atlantic - 3 Grants: 1 x \$25,000 and 2 x \$10,000; Quebec - 3 Grants: 1 x \$25,000 and 2 x \$10,000. Odds depend on number and calibre of Applications per Region. All trademarks are property of their respective owners.

**Optimum**  
**500**  
when you buy 1





**Blue Dragon sauce**  
325 mL  
**\$3<sup>99</sup>**



**Blue Dragon**  
chili crisp 180 mL  
**\$4<sup>99</sup>**



**Blue Dragon**  
noodles 300 g  
**\$3<sup>79</sup>**



**Blue Dragon**  
coconut milk 400 mL  
**\$2<sup>99</sup>**



**Blue Dragon**  
Thai green or  
red curry  
sauce 270 mL  
**\$3<sup>99</sup>**

**HAPPY LUNAR NEW YEAR**  
Visit [bluedragon.ca](http://bluedragon.ca) for more recipes





# EXTRA IN A GOOD WAY™



21520692\_EA  
21520652\_EA  
21654509\_EA

21489952\_EA  
21589837\_EA

399

Kettle® Brand Potato Chips  
156 g - 198 g selected varieties

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# Violife

100% Dairy Free

## SHRED IT. SLICE IT. SPREAD IT. Love It!

•• #1 DAIRY FREE CHEESE\* ••

\$5.99

VIOLIFE® DAIRY FREE CHEESE  
ALTERNATIVE 150G – 227G

\*Nielsen, Canadian Dollar Sales of Alt Cheese, latest 12 weeks, week ending 8/9/25. Violife® dairy free cheese: 34.6% dollar share of sales in the category. 21339324\_EA, 21339312\_EA, 21339330\_EA, 21339319\_EA, 21339327\_EA, 21426396\_EA, 21639712\_EA. Best New Product for Plant-based Cheese in a 2025 BrandSpark® survey. The Best New Product Awards logo is a trademark of Best New Product Awards Inc., used under license. © 2026 Flora Food Canada Inc.

FRANKIE'S  
ORGANIC

## TASTY RECIPES ROOTED IN OUR FAMILY!



✓ 100% ORGANIC

✓ BAKED, NEVER FRIED

✓ NON-GMO

✓ GLUTEN-FREE CERTIFIED

✓ KOSHER CERTIFIED

✓ VEGAN CERTIFIED

\*Excluding White Cheddar

TASTE OF  
SUPER  
BOWL



POPcorners

OFFICIAL SPONSOR  
OF SUPER BOWL LX





\$449

PopCorners®  
popped-corn chips  
(142 g, any flavour)



# We've Raised the Bar

NEW LOOK  
SAME GREAT TASTE

RICH IN FIBRE

GLUTEN-FREE

PLANT-BASED

Certified B Corporation

13g PROTEIN\*  
GOOD SOURCE

7g FIBRE\*  
RICH IN

2g SUGAR\*  
LOW SUGAR

**SIMPLY PROTEIN**  
SNACK BAR / BARRE COLLATION

13g PROTEIN\*  
2g SUGAR\*  
CRISPY/CROUSTILLANTES  
DARK CHOCOLATE ALMOND  
CHOCOLAT NOIR ET AMANDE  
40g

Dark Chocolate Almond: 666207006153\_EA \*per 40g serving

# Sweet Cravings, Smarter Choices

PROTEIN  
8-10g  
PROTÉINES

SUGAR  
2g  
SUCRE

**LOVE GOOD FATS**  
Ridiculously Delicious

10g PROTEIN PROTÉINES  
SUGAR 2g SUCRE  
5g FIBRE FIBRES

Peanut Butter Chocolatey  
Beurre d'arachide chocolaté  
bar / barre 39 g

ARTIFICIAL FLAVOURS - NO ARTIFICIAL COLOURS - NO ARTIFICIAL PRESERVATIVES  
SANS ARÔMES ARTIFICIELS - SANS COLORANTS ARTIFICIELS - SANS AGENTS DE CONSERVATION ARTIFICIELS

**LOVE GOOD FATS**  
Ridiculously Delicious

8g PROTEIN PROTÉINES  
SUGAR 2g SUCRE  
7g FIBRE FIBRES

Mint Chocolate Chip  
Flavour • Saveur de Menthe et pépites de chocolat  
bar / barre 39 g

ARTIFICIAL FLAVOURS - NO ARTIFICIAL COLOURS - NO ARTIFICIAL PRESERVATIVES  
SANS ARÔMES ARTIFICIELS - SANS COLORANTS ARTIFICIELS - SANS AGENTS DE CONSERVATION ARTIFICIELS

21102907\_EA  
21102874\_EA  
21102877\_EA

**2.99**  
Hungry Buddha Snack Bars  
40 g  
627561000807\_EA & 627561001170\_EA

**10g PLANT PROTEIN.  
2g SUGAR.**

**HUNGRY BUDDHA**

**CHOCOLATE CHIP**  
BRISURES DE CHOCOLAT  
BAR | BARRE  
40 g (1.4 oz)

2g SUGAR  
10g PLANT PROTEIN  
High in / Élevé en Sat fat / Gras sat.

**HUNGRY BUDDHA**

**LEMON BLUEBERRY**  
CITRON BLEUETS  
BAR | BARRE  
40 g (1.4 oz)

2g SUGAR  
10g PLANT PROTEIN  
High in / Élevé en Sat fat / Gras sat.

Nut free  
High in fibre

MADE IN CANADA - FABRIQUÉ AU CANADA

**CRAVEABLE TASTE & CRUNCHY TEXTURE**

**CLIF BUILDERS PROTEIN**

**\$15.99**

CLIF BUILDERS Protein Bar  
6 x 68g  
21541074\_EA  
20706230003\_EA

**CLIF BUILDERS MINI**

**\$14.99**

CLIF BUILDERS MINI Protein Bar  
10 x 34g  
21387622\_EA  
21387642\_EA

**CLIF BUILDERS PROTEIN**

**\$28.99**

CLIF BUILDERS Protein Bar  
12 x 68g  
20303133001\_C12  
21610264\_C12



**JANUARY 29 - FEBRUARY 11**

**LAST CHANCE TO**

**SAVE BIG**

**WITH**

**FEWER STAMPS**



**Supplies  
are  
limited!**

**COLLECT & SAVE! BIG**

**Double Redemption**

~~**40**~~ **20**  
stamps

**=**

**Any two pieces  
of Ovenware for  
60%-80% off each!**

Offer available for redemption in-store and online at participating Loblaw banner stores until February 11, 2026. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Stamps have no cash value and are non-transferrable. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales are final. Ovenware is under warranty for 2 years from date of purchase. For full warranty information including warranty exclusions, product replacement process, FAQ's and complete offer details, visit [pcoptimum.ca/collectandsave](http://pcoptimum.ca/collectandsave).