

**PROUDLY CANADIAN
OWNED & OPERATED**



valu-mart™

SAVE 34%

\$3⁹⁹ LB

PORK SIDE RIB PORTION
6.61/KG
**PORTION DE CÔTES DE
FLANC DE PORC**
20836871_KG

6⁹⁹ LB

INSIDE ROUND STEAK
FAMILY SIZE OR ROAST
CUT FROM CANADA AA OR USDA
SELECT GRADE BEEF OR HIGHER
15.41/KG
**BIFTECK OU RÔTI
D'INTÉRIEUR DE RONDE**
20812494_KG
20812701_KG

\$8

**SWISS CHALET OR MONTANA'S
PORK BACK RIBS, LOU'S
OR MANDARIN ENTRÉES**
SELECTED VARIETIES
FULLY COOKED
375-650 G



\$9 LB/EA.

**FRESH ASC TILAPIA
FILLETS** \$9 LB 19.84/KG OR
**PC® PACIFIC LARGE
WHITE SHRIMP** \$9 EA.
RAW OR COOKED, PEELED OR
RAW ZIPPERBACK® 31-40 PER LB
400 G FROZEN
**FILETS DE TILAPIA ASC
FRAIS OU GROSSES
CREVETTES BLANCHES
DU PACIFIQUE PC®**
20897812_KG
20791381_EA



\$3

STRAWBERRIES
PRODUCT OF MEXICO OR
U.S.A., NO. 1 GRADE
1 LB
FRAISES
20049778001_EA



1 LB

\$3

D'ITALIANO BREAD
SELECTED VARIETIES
AND SIZES
PAIN D'ITALIANO
20308013_EA
21596468_EA



6⁵⁰

**LIBERTÉ GREEK
TUBS** 650/750 G OR
YOPLAIT SOURCE
16X100 G
SELECTED VARIETIES
**CONTENANTS
DE YOGOURT
GREC LIBERTÉ OU
SOURCE YOPLAIT**
20317317001_EA
206422733_EA



7⁷⁷

RED MANGO
PRODUCT OF PERU
CASE
MANGUE ROUGE
21047849_EA



**9 LB
AVG**

1²⁵

**NO NAME®
POTATO CHIPS**
SELECTED VARIETIES
200 G
**CROUSTILLES
SANS NOM®**



2⁹⁷

**CLASSICO
PASTA SAUCE**
SELECTED VARIETIES
410/600 ML
**SAUCE POUR
PÂTES CLASSICO**
21618217_EA
20325609003_EA



\$3

**CAVENDISH FRIES OR
SPECIALTY POTATOES**
SELECTED VARIETIES
FROZEN
400-750 G
**FRITES OU POMMES DE
TERRE DE SPÉCIALITÉ
LES FERMES CAVENDISH**
20729779_EA
21685114_EA



\$21

**EQUIVALENT TO
88¢
PER BOTTLE**

**GATORADE OR
POWERADE
SPORTS DRINK**
SELECTED VARIETIES
24X591 ML
**BOISSON
DÉSALTÉRANTE
GATORADE OU
POWERADE**
20954130_C23
20325703_C23



\$3

**MADEGOOD
GRANOLA BARS,
DRIZZLED,
MORNINGS OR
RICE CRISP BARS**
SELECTED VARIETIES
120-150 G
**BARRES GRANOLA,
FILET, MORNINGS
OU CROUSTILLES
DE RIZ MADEGOOD**
20797052001_EA
21352121_EA



**SAVE
UP TO 53%**

\$7

**CASHMERE
BATHROOM TISSUE**
12 DOUBLE ROLLS OR
**SCOTTIES FACIAL
TISSUE** 6'S
SELECTED VARIETIES
**PAPIER
HYGIÉNIQUE
CASHMERE OU
MOUCHOIRS
SCOTTIES**
20318667_EA
21204739_EA

Optimum™

Get more on
More savings, more deals, more points
This week only! Jan 29-Feb 4**

Moredays

For more deal offers
visit www.valumart.ca
or scan



Moredays

APP EXCLUSIVE OFFER
Member Only Price™
\$3
**Non-Members
\$5**



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays

APP EXCLUSIVE OFFER
Members get
2,000 back in points
\$12

**PC® SPLENDIDO®
COLD PRESSED OR
COLD-EXTRACTED DELICATO®
EXTRA VIRGIN OLIVE OIL**
1L
**HUILE D'OLIVE EXTRA
VIERGE PRESSÉE À
FROID OU EXTRAITE À
FROID DELICATO PC®
SPLENDIDO®**
20081865_EA/21401612_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



**SAVE
UP TO \$1**

3⁵⁰

**PC® OR BLUE MENU®
ENTRÉES**
SELECTED VARIETIES
FROZEN
212-365 G
**PLATS CUISINÉS PC®
OU MENU BLEU®**
20309869_EA
20312253001_EA



*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

Moredays

Members get
2,000 back in points
\$2
\$10

**PC® CHOCOLATE
BASQUE OR BASQUE
CHEESECAKE**
FROZEN
600 G
**GÂTEAU AU
FROMAGE BASQUE
OU AU CHOCOLAT
BASQUE PC®**
21687935_EA



Moredays

APP EXCLUSIVE OFFER
Members get
1,500 back in points
\$150
\$4

**ZIGGY'S®
SLICED DELI MEATS**
SELECTED VARIETIES
175 G
**CHARCUTERIES
TRANCHÉES
ZIGGY'S®**
21590279_EA
21592461_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



Moredays

Members get
1,000 back in points
\$1
\$4

**CHAPMAN'S SUPER
PREMIUM PLUS
ICE CREAM**
SELECTED VARIETIES
FROZEN
500 ML
**CRÈME GLACÉE
SUPER PREMIUM
PLUS CHAPMAN'S**
21511147_EA
21671120_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



Flyer prices effective from Thursday, January 29th to Wednesday, February 4th, 2026. SEE BACK PAGE FOR DETAILS.



Get more on Moredays

More savings, more deals, more points
This week only! Jan 29-Feb 4**

Moredays

Members get
4,500^(pts)
for every *20*
spent on

\$4⁵⁰
back in points

STARBUCKS COFFEE, NESPRESSO NESCAFÉ CONCENTRATES
500 ML OR CARNATION HOT CHOCOLATE CANISTERS 400/450 G
OR 1.7 KG OR ENVELOPES, 7-10'S OR PODS 450 G SELECTED VARIETIES
CAFÉ STARBUCKS, CONCENTRÉS NESPRESSO, NESCAFÉ OU CONTENANTS DE CHOCOLAT CHAUD, ENVELOPPES OU CAPSULES CARNATION
21041744_EA
20547343003_EA



Moredays

APP EXCLUSIVE OFFER
Members get
5,000^(pts)
for every *10*
spent on

\$5
back in points

CHEERIOS, CHEX OR OATMEAL CRISP
SELECTED VARIETIES
300-1300 G
CHEERIOS, CHEX OU AVOINE CROQUANTE
20679863_EA
21667577_EA
Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



Moredays

Members get
4,000^(pts)
for every *12*
spent on

\$4
back in points

NATURE VALLEY GRANOLA BARS
SELECTED VARIETIES
130-210 G
BARRES GRANOLA VAL NATURE
21213584_EA
21675994_EA



Moredays

Members get
3,000^(pts)
when you
buy 2

\$3
back in points

\$4

PEARL MILLING COMPANY PANCAKE MIX 905 G OR
ORIGINAL SYRUP 710 G
SELECTED VARIETIES
MÉLANGE À CRÊPES OU SIROP ORIGINAL
PEARL MILLING COMPANY
21384573_EA/21391619_EA



Moredays

Members get
1,500^(pts)
when you
buy 2

\$1⁵⁰
back in points

\$5

MISS VICKIE'S KETTLE COOKED POTATO CHIPS OR SMARTFOOD READY TO EAT POPCORN
SELECTED VARIETIES
150-250 G
CROUSTILLES CUITES À LA MARMITE MISS VICKIE'S OU MAÏS SOUFFLÉ SMARTFOOD
20972859_EA/21240703_EA



Moredays

Members get
3,000^(pts)
when you
buy 2

\$3
back in points

3⁴⁹-9⁴⁹

SILK YOGURT 625-650 G,
NON-DAIRY BEVERAGES
1.74-1.89 L, **CREAMERS** 450-890 ML OR
SO DELICIOUS 266 ML/500 G
YOGOURT, BOISSONS SANS PRODUITS LAITIERS, CRÈMEUX SILK OU SO DELICIOUS
21310391_EA/2031509001_EA



Moredays

Members get
10,000^(pts)
for every *25*
spent on

\$10
back in points

JAMIESON VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
VITAMINES OU SUPPLÉMENTS JAMIESON
20299993_EA
20303216001_EA



Moredays

Members get
7,500^(pts)
for every *15*
spent on

\$7⁵⁰
back in points

SCRUBBING BUBBLES BATHROOM CLEANERS, FANTASTIK, WINDEX CLEANERS, OR SHOUT STAIN REMOVERS
SELECTED SIZES AND VARIETIES
NETTOYANTS POUR SALLE DE BAINS SCRUBBING BUBBLES, NETTOYANTS FANTASTIK, WINDEX OU DÉTACHANTS SHOUT
21666832_EA
20071729_EA



6⁵⁰



CRACKER BARREL CHEESE BARS 400 G OR
SHREDS 250-320 G
SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RÂPÉ
CRACKER BARREL
21290384_EA
21290616_EA



2²⁵

UNICO PASTA 750 G,
PASSATA 680 ML OR **PRIMO PASTA SAUCE** 680 ML
SELECTED VARIETIES
PÂTES, PASSATA UNICO OU SAUCE POUR PÂTES PRIMO
20165260_EA
20794707_EA



1⁷⁵

AYLMER TOMATOES OR ACCENTS
SELECTED VARIETIES
540/796 ML
TOMATES AYLMEUR OU ACCENTS
21207587_EA
21207592_EA



6⁷⁵

PC® ORANGE JUICE 2.5 L OR **STOK COLD BREW COFFEE** 1.42 L
SELECTED VARIETIES
JUS D'ORANGE PC® OU CAFÉ INFUSÉ STOK
21203739_EA
21531644_EA



\$7



BECHEL MARGARINE
SELECTED VARIETIES
637/850 G
MARGARINE BECEL
21279389_EA
20297818002_EA



\$6

CHAPMAN'S FROZEN YOGURT OR SORBET
SELECTED VARIETIES
FROZEN
2 L
YOGOURT GLACÉ OU SORBET
CHAPMAN'S
20314434001_EA
20529120001_EA



4⁵⁰

PC® FROZEN FRUIT
SELECTED VARIETIES
300-600 G
FRUITS SURGELÉS
PC
20312227_EA
21377841_EA



\$11

TIDE DETERGENT 1.62-1.86 L/18-31'S,
DOWNY/GAIN FABRIC SOFTENER 1.66-2.63 L,
DOWNY/GAIN/IVORY SNOW BEADS 303-379 G, OR
DAWN LIQUID 2.21/2.64 L
SELECTED VARIETIES
DÉTÉRGENT TIDE, ASSOUPPLISSANT TEXTILE DOWNY, GAIN, PERLES DOWNY/GAIN/IVORY NEIGE OU SAVON LIQUIDE DAWN
21550428_EA
21593782_EA



90¢

FANCY FEAST 85 G OR **FRISKIES** 156 G
CAT FOOD
SELECTED VARIETIES
NOURRITURE POUR CHAT FANCY FEAST OU FRISKIES
20302296001_EA
20306703_EA
20319657001_EA



PRICE DROP†

More ways to save

\$2

RUBICON JUICE
SELECTED VARIETIES
1 L
JUS RUBICON
21529635_EA
21557702_EA



2⁵⁰

DARE VEGGIE CRISPS
SELECTED VARIETIES
100 G
CRISPS LÉGUME DARE
20973368_EA
21520207_EA

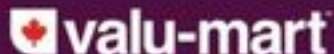


\$3

PILLSBURY PIZZA POPS, TOASTER STRUDEL
326 G OR
SCRAMBLES 300 G
SELECTED VARIETIES
FROZEN
PIZZA POPS, TOASTER STRUDEL OU SCRAMBLES
PILLSBURY
21436023_EA
20172664001_EA

3⁵⁰

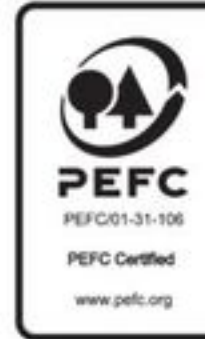
MOTT'S CLAMATO JUICE
SELECTED VARIETIES
1.89 L
JUS CLAMATO MOTT'S
20318955002_EA



CUSTOMER RELATIONS 1-800-296-2332. VISIT valumart.ca FOR STORE HOURS.

Please call Customer Relations at 1-800-296-2332 or visit our website at valumart.ca for your store's hours and to see which Valumart® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. **Trademarks:** ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. Points are not guaranteed in case of errors or misprints. No cash value. See valumart.ca for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability. **†PRICE DROP Offer:** Valid in-store at participating locations from January 29 - February 25, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

VM BACK



freshness you can taste,
value you'll love

\$8

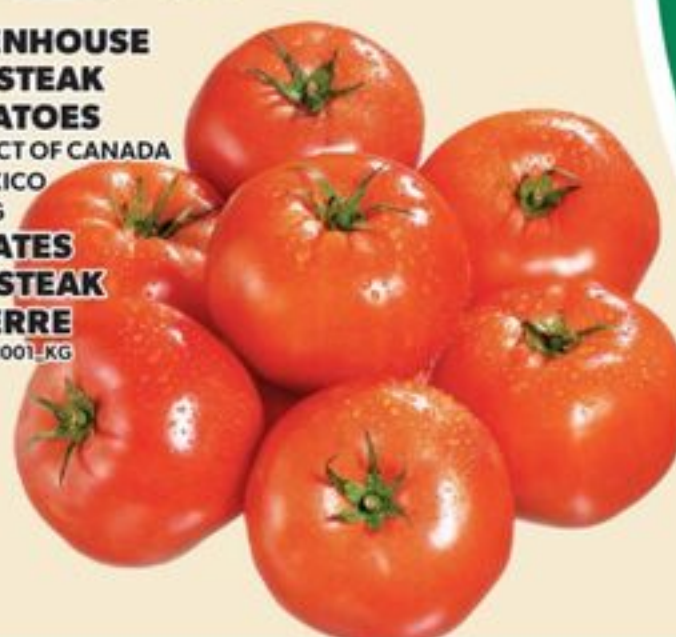
BLACKBERRIES
PRODUCT OF MEXICO
PINT
MÛRES
20138228001_EA



PINT

\$3 LB

GREENHOUSE BEEFSTEAK TOMATOES
PRODUCT OF CANADA OR MEXICO
6.61/KG
TOMATES BEEFSTEAK DE SERRE
20426141001_KG



4.49 LB

PC® EXTRA LARGE GREEN SEEDLESS GRAPES PRODUCT OF PERU, NO. 1 GRADE OR **PC® EXTRA LARGE RED SEEDLESS GRAPES** PRODUCT OF PERU OR CHILE, NO. 1 GRADE 9.90/KG
TRÈS GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC MD
20159199001_KG
20425775001_KG



EXTRA LARGE

2/\$7

OR \$3.99 EA.

GREEN KALE OR RAPINI
PRODUCT OF MEXICO OR U.S.A.
CHOU FRISÉ VERT OU RAPINI
20138805001_EA
20048070001_EA



4.50

FARMER'S MARKET™ AVOCADOS
PRODUCT OF MEXICO
5'S
AVOCATS DÉLICÉS DU MARCHÉ PC
21644936001_EA



1.88 LB



FUJI OR RED DELICIOUS APPLES
PRODUCT OF ONTARIO, CANADA FANCY GRADE 4.14/KG
POMMES FUJI OU RED DELICIOUS
20310940001_KG
20073899001_KG



3.50



FARMER'S MARKET™ CARROTS OR YELLOW ONIONS
PRODUCT OF CANADA, CANADA NO. 1 GRADE 3 LB BAG
CAROTTES OU OIGNONS JAUNES DÉLICÉS DU MARCHÉ PC
20600927001_EA
20811994001_EA



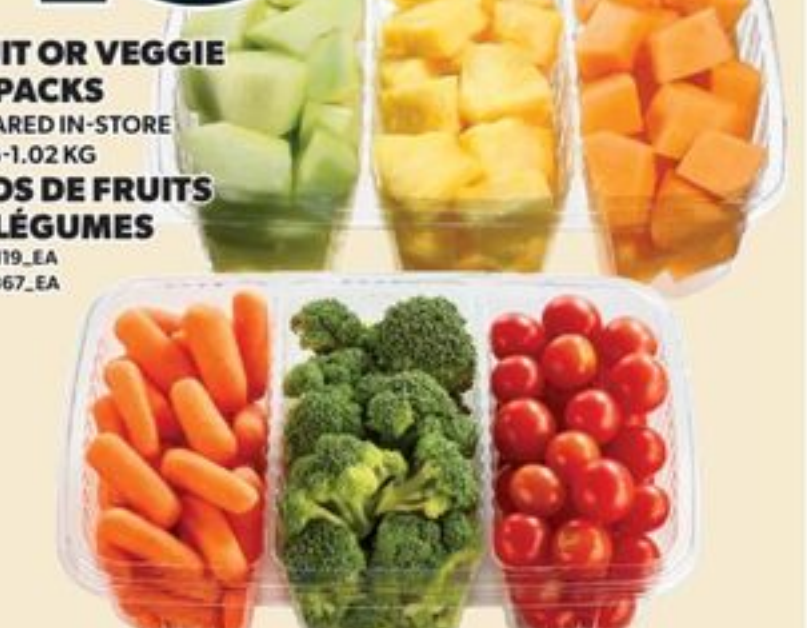
\$5

ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S
CŒURS DE LAITUE ROMAINE
20067389001_EA



\$13

FRUIT OR VEGGIE TRI PACKS
PREPARED IN-STORE
706 G-1.02 KG
TRIOS DE FRUITS OU LÉGUMES
20022119_EA
21209367_EA



\$25

PC® SIGNATURE GIFT BOUQUET
EACH
BOUQUETS-CADEAUX SIGNATURE PC®
21436377_EA



\$15

SUCCULENT IN CLAY POT
ASSORTED VARIETIES 5 INCH
PLANTE GRASSE EN POT D'ARGILE
21052595_EA



2/\$20

OR \$12 EA.

GERBERA DAISY BUNCH
ASSORTED COLOURS
MARGERITES GERBERA
21437443_EA



8.50

GRASS FED EXTRA LEAN GROUND BEEF
450 G

BOUF HACHÉ EXTRA-MAIGRE
EXTRA LEAN GROUND BEEF
FRAIS NOURRI À L'HERBE
21675592_EA



feeling protein power-fuel

\$8

BEEF STIR FRY STRIPS
CUT FROM CANADA AA GRADE BEEF OR HIGHER
250 G
LANIÈRES DE BOUF À SAUTER
21588067_EA



PREPARED IN-STORE

\$13



PC® BLUE MENU® CHICKEN BREASTS
BONELESS, SKINLESS, AIR CHILLED
3'S
POITRINES DE POULET PC® MENU BLEU PC
21340952_EA



\$7

MAPLE LODGE ULTIMATE CHICKEN SAUSAGES
SELECTED VARIETIES
375-500 G
SAUCISSES DE POULET L'ULTIME MAPLE LODGE
21378310_EA
21539970_EA



\$8



PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
375/500 G
BACON FUMÉ NATURELLEMENT PC MD
20057892_EA
20152622_EA



500 G

\$17

PINTY'S CHICKEN WINGS
SELECTED VARIETIES, FROZEN
720 G
AILES DE POULET PINTY'S
21699550_EA
21699629_EA



GET 2,000 back in points

\$2

find your catch in seafood

\$14 LB

YELLOWFIN TUNA STEAKS
PREVIOUSLY FROZEN
30.86/KG
DARNES DE THON ALBACORE
20753134_KG



\$23 PKG OF 4

LOBSTER TAILS
2.3 OZ, 4'S
FROZEN OR PREVIOUSLY FROZEN
QUEUES DE HOMARD
21240991_EA



\$13

PC® BLUE MENU® WILD ARGENTINIAN SCALLOPS
80-150 PER LB 400 G OR
SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE 454 G, FROZEN
PÉTONCLES SAUVAGES D'ARGENTINE PC® MENU BLEU® OU COURONNE DE GREVETTES AVEC SAUCE COCKTAIL DOUCE SEAQUEST®
20076343_EA/21687413_EA



bakery deals rising daily

\$5

NATIONAL CROISSANT DAY
Friday, January 30*

BUTTER CROISSANTS
6'S
CROISSANTS AU BEURRE
21682999_EA



BAKED IN-STORE

5⁵⁰

FARMER'S MARKET™ BUTTER CROISSANTS
SELECTED VARIETIES
260-336 G
CROISSANTS AU BEURRE
DÉLICÉ DU MARCHÉ™
21032805_EA



\$4

NATIONAL CROISSANT DAY
Friday, January 30*

MINI CROISSANTS 10'S OR CROISSANTS 4'S
SELECTED VARIETIES
MINI-CROISSANTS OU CROISSANTS
21646636_EA
21646639_EA



BAKED IN-STORE

\$5

PREPARED IN CANADA

KIMBERLY'S FROSTED COOKIES
WHITE OR UNICORN
383 G
BISCUITS GLACÉS KIMBERLY'S
21190203_EA
21531404_EA



\$6

PREPARED IN CANADA

FARMER'S MARKET™ MINI DONUTS
SELECTED VARIETIES
264-342 G
MINI-BEIGNES DÉLICÉ DU MARCHÉ™
21461952_EA
21461954_EA



2/\$7

OR \$4 EA.

MARIE MORIN SINGLE SERVE DESSERT, LAROCKA CAKE SLICES OR CHARLOTTE'S PARFAITS
SELECTED VARIETIES
90-212 G
DESSERT EN PORTIONS INDIVIDUELLES MARIE MORIN, TRANCHES DE GÂTEAU LAROCKA OU PARFAITS CHARLOTTE'S
21165251_EA
21496255_EA
21617537_EA



\$6

PREPARED IN CANADA

SILVER HILLS BREAD
SELECTED VARIETIES AND SIZES
PAIN SILVER HILLS
21047070_EA
21047166_EA



SAVE \$1.48 WHEN YOU BUY 2

PREPARED IN CANADA

2/7⁵⁰

OR \$4.49 EA.

CASA MENDOSA OR WONDER TORTILLAS
SELECTED VARIETIES
10 INCH
TORTILLAS CASA MENDOSA OU WONDER
20318788_EA



2⁵⁰

PREPARED IN CANADA

NO NAME® ENGLISH MUFFINS OR BAGELS
SELECTED VARIETIES
6'S
MUFFINS ANGLAIS OU BAGELS SANS NOM®
21216413_EA
21666664_EA



5⁵⁰

GET 4,000 when you buy 2

\$4 back in points

BABYBEL 6'S OR THE LAUGHING COW 8'S
SELECTED VARIETIES
BABYBEL OULA VACHE QUI RIT
20319107_EA
20574332_EA



in the mood for deli-cious

SAVE UP TO \$1.49

PREPARED IN CANADA

\$7

PC® BOCCONCINI 200 G TTA OR RICOTTA 454 G
SELECTED VARIETIES
BOCCONCINI OU RICOTTA PC®
20219848_EA
20546983_EA



SAVE UP TO \$1.99

PREPARED IN CANADA

\$6

BRANDT LIVER SAUSAGE CHUB OR KOLBASSA SAUSAGE
SELECTED VARIETIES
250-300 G
SAUCISSON DE FOIE OU KOLBASSA BRANDT
20034492_EA
20353377_EA



SAVE 69¢/100 G

PREPARED IN CANADA

3⁵⁰/100 G

SERVICE CASE PILLERS SALAMI
SELECTED VARIETIES
SALAMI PILLER'S DU COMPTOIR DE SERVICE
20300824_1KG



SAVE \$1

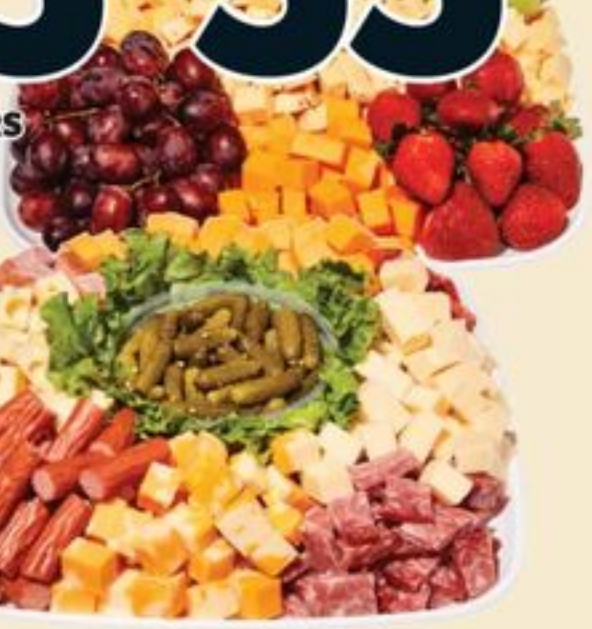
\$7

PC® GUACAMOLE
SELECTED VARIETIES
425 G
GUACAMOLE PC®
21448106_EA



FROM \$45-55

PARTY PLATTERS
SELECTED VARIETIES, MADE TO ORDER
1-2.7 KG
PLATEAUX DE CÉLÉBRATION
20894860_EA
20895023_EA



on the run, we got you

\$16

14 PIECE WINGS
HOT OR CHILLED, SAUCED TO ORDER
861-933 G
14 MORCEAUX D'AILES
21680795_EA
21680659_EA



\$9

PREPARED IN CANADA

PC® PIE OR QUICHE
SELECTED VARIETIES
550-575 G
PÂTE OU QUICHE PC®
21682000_EA
21682154_EA



\$20

IN-STORE PREPARED PULLED PORK BAO BUNS, GYRO OR FAJITA CHICKEN TACO TRAY
970 G-1 KG
PLATEAU DE PAIN BAO AU PORC EFFILOCHÉ OU TACOS DE GYRO OU FAJITA AU POULET
PRÉPARÉ EN MAGASIN
21533948_EA
21696308_EA



daily deals

MONDAY
Chicken Dinner

\$15

ROTISSERIE CHICKEN DINNER COMBO FOR 2
900 G-1 KG
PAIRED WITH TWO SMALL SIDES OF YOUR CHOICE 134-454 G
REPAS COMBO POUR 2 DE POULET DE ROTISSERIE
21086336_EA



TUESDAY
Tender Tuesday

\$12

PREPARED IN CANADA

9-PIECE CHICKEN STRIPS
HOT OR CHILLED
870 G
9 MORCEAUX DE LANIÈRES DE POULET
21336699_EA
21336518_EA



WEDNESDAY
Hump Day Special

2/\$14

OR \$9 EA.

BUY ANY TWO INDIVIDUAL CHICKEN COMBOS WITH ONE SMALL SIDE EACH
361-530 G
ACHETEZ DEUX COMBOS DE POULET INDIVIDUELS AVEC UN PETIT PLAT D'ACCOMPAGNEMENT CHACUN
21022536_EA/20697881_EA



THURSDAY
Quick Grabs

3/\$14

OR \$6-7 EA.

BUY ANY THREE IN-STORE PREPARED SINGLE SERVE SOFTY WRAPS OR SUB SANDWICHES
180-299 G
ACHETEZ TROIS SANDWICHES MOELLEUX, ROULÉS OU SOUS-MARINS PRÉPARÉS EN MAGASIN
20160224_EA/21623676_EA



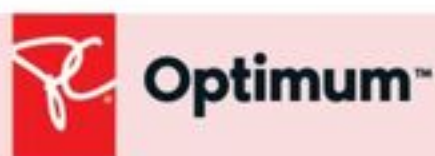
FRIDAY
Pizza Party

2/\$15

OR \$9-10 EA.

BUY ANY TWO IN-STORE PREPARED 12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
ACHETEZ DEUX PIZZAS 12 PO CUIRE À LA MAISON PRÉPARÉES EN MAGASIN
21456415_EA
21456401_EA





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Moredays

Member Only Price™

\$6

Members save \$1

Non-Members \$7

MASTRO DELI SLICED SALAMI
SELECTED VARIETIES
125-150 G
21061096_EA
21061099_EA

MASTRO GENOA-DE GENES SALAMI

PREPARED IN CANADA

Moredays

Members get **2,000** (pts) when you buy 2

\$2 back in points

2/\$11

OR \$6.99 EA.

BEN & JERRY'S
473 ML OR
MAGNUM 3/4'S
SELECTED VARIETIES
FROZEN
20950739_EA
21428403_EA

half baked

MAGNUM

DOUBLE CARAMEL

3 x 90 mL

Moredays

Members get **1,000** (pts) when you buy 2

\$1 back in points

\$6

ORVILLE POPCORN 6/8'S OR KERNEL JAR
248-850 G
SELECTED VARIETIES
20308686_EA
20629532003_EA

Orville Redenbacher's

EXTRA BUTTERY

Moredays

Members get **3,000** (pts) when you buy 2

\$3 back in points

\$4-27

SUNRYPE GOOD BITES OR FRUIT TO GO BITES
SELECTED VARIETIES
112 G-1.11 KG
20305640001_EA
20872742_EA

100% FRUIT BAR

fruitsource

100% FRUIT BAR

fruitsource

Moredays

Members get **500** (pts)

\$16

CRANK WHOLE BEAN COFFEE
SELECTED VARIETIES
340 G
21410099_EA
21410121_EA

CRANK COFFEE CO.

FIFTH GEAR!

CRANK ROAST ACTION M-NOISE

MORNING GLORY

Moredays

Members get **1,000** (pts) when you buy 2

\$1 back in points

\$3

SWISS CHALET OR MONTANA'S READY TO SERVE SOUP
SELECTED VARIETIES
540 ML
21690570_EA
21313335_EA

SWISS CHALET

MONTANA'S

Moredays

Members get **1,500** (pts) when you buy 2

\$150 back in points

\$3

PRINGLES SUPER STACKS
SELECTED VARIETIES
148-156 G
21003823_EA
21003833_EA

PRINGLES

ORIGINAL

SOUR CREAM & ONION

Moredays

Members get **1,500** (pts) when you buy 2

\$150 back in points

2/\$7

OR \$3.99 EA.

CHEEZ-IT BAKED SNACK CRACKERS
SELECTED VARIETIES
191/200 G
21214559_EA
21214560_EA

CHEEZ-IT

CRUNCH

CHEDDAR BLANC PORT

Moredays

Members get **3,000** (pts) when you buy 2

\$3 back in points

2/\$8

OR \$5 EA.

LIBERTÉ MÉDITERRANÉE
500 G OR YOPLAIT SOURCE
630 G OR PROTEIN 650 G TUBS
SELECTED VARIETIES
21391318001_EA
21473714_EA

Source

LIBERTÉ méditerranée

PREPARED IN CANADA

Moredays

Members get **5,000** (pts) when you buy 3

\$5 back in points

5⁵⁰

HÄAGEN DAZS TUBS 414-450 ML,
BARS 3/4'S,
DRUMSTICKS 4'S OR
CONFECTIONARY NOVELTIES 4-10'S
SELECTED VARIETIES
FROZEN
20323280003_EA
21513347_EA

Häagen-Dazs

DRUMSTICK

Moredays

Members get **1,000** (pts) when you buy 2

\$1 back in points

3⁵⁰

PEEK FREANS DIGESTIVE BISCUITS OR CADBURY FINGERS CHOCOLATEY COOKIE BISCUITS
SELECTED VARIETIES
114-350 G
20680381_EA
21631965_EA

Christie

FRUIT CREME

Cadbury FINGERS

Moredays

Members get **1,000** (pts)

\$1 back in points

6⁴⁹

DARE FAMILY SIZE GRISSOL MELBA TOAST OR BAGUETTES
SELECTED VARIETIES
220-400 G
20307218001_EA
21623511_EA

GRISSOL

Melba TOAST

BAGUETTES

Moredays

Members get **2,000** (pts)

\$2 back in points

4⁴⁹-6⁹⁹

WILD PLANET SARDINES
SELECTED VARIETIES
125-142 G
21559412_EA
21559421_EA

Wild Planet

WILD SARDINES Lightly Smoked, in Organic Extra Virgin Olive Oil
SARDINES SAUVAGES Légèrement fumées, dans l'huile d'olive extra vierge biologique

100% Sustainably Caught | Poisson durable

Moredays

Members get **2,000** (pts)

\$2 back in points

24⁹⁹

PC® PAPER TOWEL
12 ROLLS
21558605_EA

absorbent

absorbants

PREPARED IN CANADA

Moredays

Members get **5,000** (pts)

\$5 back in points

\$28

5 INCH ORCHID
SELECTED VARIETIES
20603981_EA

Orchid

Moredays

Members get **3,000** (pts) when you buy 2

\$3 back in points

8⁹⁹-64⁴⁹

WEBBER NATURALS OR SESAME STREET VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20783429_EA
21286687_EA

Sesame Street Vitamin C

HEART AND MIND Triple Strength Omega-3

Moredays

Members get **10,000** (pts) for every \$30* spent on

\$10 back in points

NATURE'S BOUNTY KIDS VITAMINS OR SUPPLEMENTS 60-175'S OR
BOOST READY TO DRINK SHAKE OR KIDS NUTRITIONAL SUPPLEMENT 6X237 ML
SELECTED VARIETIES AND SIZES
21681253_EA
21020231_EA

NATURE'S BOUNTY

D3 1000 IU

BOOST original

Moredays

Members get **3,500** (pts) when you buy 2

\$3⁵⁰ back in points

11⁴⁹-46⁴⁹

L'IL CRITTER'S FIRST RESPONSE OR VITAFUSION VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20867279_EA
20867280_EA

Vitafusion D3

MultiVites



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Moredays

Members get **3,000 pts** for every '15* spent on

\$3 back in points

BILLY BEE HONEY
SELECTED VARIETIES
375 G-1 KG
20724507_EA/20726628_EA

Moredays

Members get **3,000 pts** for every '6* spent on

\$3 back in points

QUAKER DIPPS AND CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
20847582_EA/21359366_EA

Moredays

Members get **3,000 pts** for every '15* spent on

\$3 back in points

NUTELLA SPREADS 375 G-1 KG
OR **SNACKS** 138-208 G
20436105_EA/21457401_EA

Moredays

Members get **5,000 pts** for every '10* spent on

\$5 back in points

KELLOGG'S PREMIUM CEREAL
317/525 G
21607207_EA
21651958_EA

Moredays

Members get **6,500 pts** for every '30* spent on

\$6.50 back in points

VAN HOUTTE OR MCCAFFÉ K-CUPS, VAN HOUTTE ROAST & GROUND, MCCAFFÉ ROAST & GROUND, MCCAFFÉ WHOLE BEAN, INSTANT OR NESPRESSO, LAVAZZA K-CUPS
345 G OR KICKING HORSE 10/30'S
SELECTED VARIETIES
21238547_EA
21654384_EA

Moredays

Members get **3,000 pts** for every '12* spent on

\$3 back in points

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
21648530_EA
21680155_EA

Moredays

Members get **5,000 pts** for every '15* spent on

\$5 back in points

OCEAN'S TUNA, GOLD SEAL CANNED FISH OR MILLIONNAIRES SARDINES
SELECTED VARIETIES
80-418 G
21004270_EA
21005158_EA

Moredays

Members get **4,000 pts** for every '12* spent on

\$4 back in points

RIO MARE CANNED FISH
SELECTED VARIETIES
100-320 G
20035383_EA
20971498_EA

Moredays

Members get **3,000 pts** for every '9* spent on

\$3 back in points

MAYNARDS CANDIES OR CADBURY CHOCOLATE
SELECTED VARIETIES EXCLUDE EASTER & VALENTINES
308/315 G
21545817_EA
21648577_EA

Moredays

Members get **5,000 pts** for every '10* spent on

\$5 back in points

KNORR GRAVY OR SAUCE MIX 22-48 G, BOUILLON CUBES OR POWDERS 63-250 G OR LIQUID CONCENTRATE 250 ML
SELECTED VARIETIES
20297436001_EA
20323323001_EA

Moredays

Members get **3,500 pts** for every '15* spent on

\$3.50 back in points

CLUB HOUSE DRY GRAVY OR SAUCES, SEASONING BLENDS, SPICE BOTTLES OR TINS OR LA GRILLE SEASONINGS
11-825 G OR FOOD COLOR OR VANILLA EXTRACTS
43-250 ML
SELECTED VARIETIES
2030806002_EA
20323721001_EA

Moredays

Members get **3,000 pts** for every '12* spent on

\$3 back in points

BAKERS CHOCOLATE SQUARES 170/225 G, JELL-O POWDER 9.01-85 G, JELL-O PUDDING 40-170 G, MAGIC BAKING POWDER 225/450 OR SHAKE N BAKE COATING MIX 142-160 G
SELECTED VARIETIES
20307001001_EA/20316019001_EA

Moredays

Members get **3,000 pts** for every '10* spent on

\$3 back in points

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR FROSTINGS 340-450 G
SELECTED VARIETIES
20562641007_EA
21547837_EA

Moredays

Members get **4,000 pts** for every '15* spent on

\$4 back in points

ROBIN HOOD FLOUR 2.5 OR 5 KG, CARNATION EVAPORATED MILK 300 ML OR EAGLE CONDENSED MILK 300 ML
SELECTED VARIETIES
20039497001_EA
20896687_EA

Moredays

Members get **5,000 pts** for every '20* spent on

\$5 back in points

FRISKIES DRY CAT FOOD
SELECTED VARIETIES
1.4-7.5 KG
20686681_EA
20912590_C01

Moredays

Members get **10,000 pts** for every '30* spent on

\$10 back in points

LYSOL CLEANERS OR LAUNDRY, OR FINISH DISHWASHER TABS
21487308_EA

Moredays

Members get **10,000 pts** for every '40* spent on

\$10 back in points

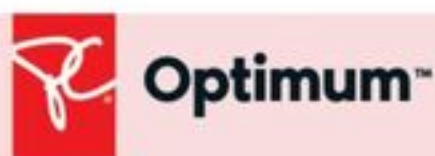
TIDE OR GAIN LAUNDRY DETERGENT OR PODS, DOWNY OR GAIN LIQUID FABRIC SOFTENER, BOUNCE DRYER SHEETS OR DOWNY, GAIN OR IVORY SNOW BEADS, MR. CLEAN CLEANERS, CASCADE DISHWASHER TABS, DAWN DISH DETERGENT OR SWIFFER
21518479_EA
21593670_EA

Moredays

Members get **3,000 pts** for every '15* spent on

\$3 back in points

COLGATE ORAL CARE PRODUCTS
ALL VARIETIES AND SIZES
21118930_EA
21166717_EA



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APP EXCLUSIVE OFFERS⁺

Moredays
APP EXCLUSIVE OFFER
Member Only Price[™]
2²⁵
Non-Members
\$3

PC[®] OR BLUE MENU[®] ENGLISH MUFFINS
SELECTED VARIETIES
6'S
20810728_EA
21015902_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
1,500^(pts)
\$150
back in points

\$6

FARMER'S MARKET[™] GREENHOUSE PEPPERS
PRODUCT OF MEXICO
3'S
20085851001_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
5,000^(pts)
for every \$10* spent on
\$5
back in points

PILLSBURY PIZZA POPS OR BITES
380 G-2.85 KG, **TOASTER STRUDEL**
OR **SCRAMBLES** 204-326 G OR
PILLSBURY REFRIGERATED DOUGH
SELECTED VARIETIES FROZEN
21435996_EA
21505340_EA
20172664001_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
2,500^(pts)
back in points
\$250

OREO OR CHIPS
AHOY! FAMILY SIZE
COOKIES 303-503 G OR
OREO CAKESTERS
285 G
SELECTED VARIETIES
21014087_EA
21712437_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
4,000^(pts)
for every \$10* spent on
\$4
back in points

PREMIUM PLUS
402-481 G OR
GOOD THINS
100 G SELECTED VARIETIES
21023024_EA
21109004_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

Moredays
APP EXCLUSIVE OFFER
Members get
2,000^(pts)
for every \$5* spent on
\$2
back in points

CRISPERS OR
BITS & BITES
SELECTED VARIETIES
145 G
21358333_EA
21358273_EA
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Get your first year of PC Express Pass for
\$2/month^{*}

• Unlimited grocery delivery or pickup
• Earn 2% back in ^(pts) with eligible pickup orders^{**}

Use code **PASS76**

Learn more

*/**Offer valid until February 18, 2026. Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.

JOE FRESH

Moredays
Jan. 29 - Feb. 4

Open the app to get your offers.

Members get
20,000^(pts)
for every \$60 spent on apparel[†]

APP EXCLUSIVE OFFERS⁺

Moredays
APP EXCLUSIVE OFFER
Members get
15,000^(pts)
for every \$100* spent on
\$15
back in points

ANY COMBINATION OF BOSTON PIZZA, DOORDASH, GAP INC. BRANDS, GOOGLE PLAY, THE KEG, AND ULTIMATE DINING CARD GIFT CARDS

Google Play gift card purchases are subject to a \$200 limit. Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Boston Pizza, DoorDash, Gap Inc. Brands, Google Play, The Keg, Ultimate Dining Card, Harvey's, and Swiss Chalet cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. All other trademarks are property of their respective owners.

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3,000^(pts)

when you spend \$30 or more on fuel.

Jan 29 - Feb 1

Esso[™] Mobil[™]

Open the app to get this offer.
*Conditions apply. Complete details on the PC Optimum[™] app or at www.pcoptimum.ca

JANUARY 29 - FEBRUARY 11

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SAVE BIG

WITH

FEWER
STAMPS

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are
limited!



Double Redemption

~~40~~ 20 =
stamps

Any **two pieces**
of Ovenware for
60%-80% off each!

COLLECT *& SAVE!* BIG

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