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POSTAL CUSTOMER

NOW ACCEPTING
VISA
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ATM Machine Available

Store Hours:
MONDAY-FRIDAY 8am to 9pm
SATURDAY-SUNDAY 8am to 6pm

BRUGGEMAN'S SUPERVALU

Mahnomen, MN 56557
Phone: 218-935-2538
www.bruggemanssupervalu.com

NOT ALL ITEMS AVAILABLE AT ALL STORES QUANTITY RIGHTS RESERVED

JOIN OUR LOYALTY PROGRAM

Check Us Out on Facebook

Bring Your Food Stamps To Bruggeman's SuperValu

Save Twice as Much with DOUBLE COUPONS — SEE DETAILS IN OUR STORE

PRICES EFFECTIVE JANUARY 5 - 11, 2026

TRUCKLOAD PRODUCE SALE

THURSDAY, FRIDAY & SATURDAY - JANUARY 8TH, 9TH & 10TH | SEE INSERT FOR DETAILS

Angus Farms Boneless Arm Cut Roast
USDA Choice Angus Beef
$5.49 lb

Boneless Center Cut Pork Loin Chops
Fresh
$2.49 lb

Gold'n Plump Chicken Thighs or Drumsticks
Fresh, Family Pack
$1.49 lb

Navel Oranges
99¢ lb

Blackberries or Raspberries
6 oz pkg
2/$5

Dannon Greek Yogurt or Remix Mix-Ins
4.5-5.3 oz cup,
Selected Varieties
5/$5

Kraft Macaroni & Cheese Dinner or Shapes
5.5-7.30 oz box,
Selected Varieties
5/$5

Essential Everyday Pasta
12-16 oz box,
Selected Varieties
99¢

Ragú Pasta Sauce
16-24 oz jar,
Selected Varieties
2/$5

Lean Cuisine Entrées
6-11.5 oz pkg,
Selected Varieties
4/$10

Silk Milk or Creamers
32-64 oz ctn,
Selected Varieties
2/$7

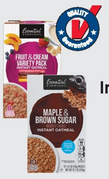
Old Dutch Dutch Crunch, Pretzels or Restaurante Style Tortilla Chips
8.5-15 oz bag,
Selected Varieties
3/$9.99

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
ALL ITEMS MAY NOT BE AVAILABLE IN ALL STORES.
WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

Essential Everyday Tomatoes
28 oz can,
Selected Varieties
2/$4

Essential Everyday Oyster Crackers
9 oz bag
2/$3

Essential Everyday Croutons
5 oz pkg,
Selected Varieties
$1.69



Essential Everyday Instant Oatmeal
10 ct box,
Selected Varieties
$3.29

Essential Everyday Mayonnaise or Whipped Dressing
20 oz btl,
Selected Varieties
$3.99

Essential Everyday Graham Crackers
14.4 oz pkg,
Selected Varieties
$3.29

Essential Everyday White Vinegar
32 oz btl
2/$3

Essential Everyday Cocktail or Chili Sauce
12 oz jar,
Selected Varieties
$1.99

Essential Everyday Fruit Snacks
10 ct box,
Selected Varieties
2/$6

Essential Everyday Non-Dairy Flavored Creamer
15 oz cnstr,
Selected Varieties
$4.29

Essential Everyday Cereal
12-18.2 oz box,
Selected Varieties
2/$7

GROCERY

Creamette or No Yolks Egg Noodles
12 oz pkg,
Selected Varieties
$2.99

Del Monte Fruit Cups
4 ct pkg,
Selected Varieties
$2.99

Chicken of the Sea Albacore White Tuna or Pink Salmon
5 oz can or 2.5 oz pouch, Selected Varieties
3/$5

Rice-a-Roni or Pasta-Roni
1.97-7.2 oz pkg,
Selected Varieties
2/$3

Old Orchard Healthy Balance or Cocktail Juice
64 oz btl, Selected Varieties
2/$5

Nabisco Premium Saltine Crackers
9-16 oz pkg,
Selected Varieties
$2.99

Belvita Breakfast Biscuits
5-8.8 oz box,
Selected Varieties
$2.99

Betty Crocker Bisquick Mix
40 oz box,
Selected Varieties
$5.99

Kellogg's Kids Cereal
8.9-12 oz box,
Selected Varieties
2/$8

Frito Lay Doritos Tortilla Chips, Ruffles or Baked Potato Chips
6.25-10.75 oz bag, Selected Varieties
2/$7

Frito Lay Tostitos Dip or Salsa
10-15.75 oz jar,
Selected Varieties
2/$7

Orville Redenbacher's Microwave Popcorn
2-4 ct box,
Selected Varieties
2/$5

Kraft Mac & Cheese or Velveeta Shells & Cheese Microwave Cups
2-4 ct pkg,
Selected Varieties
$4.99

Kraft Salad Dressing
24 oz btl,
Selected Varieties
$5.99

Orville Redenbacher's Popcorn Seasoning
2.4-2.8 oz pkg,
Selected Varieties
$2.99

Cream of Wheat Hot Cereal
12-28 oz box,
Selected Varieties
$5.49

Quaker Rice Crisps
6.06-7.04 oz pkg,
Selected Varieties
$4.49

Wild Harvest Granola
8.5-12 oz pkg,
Selected Varieties
$3.99

Keebler Cookies Family Size
14.6-17.3 oz pkg,
Selected Varieties
$4.49

Kellogg's Nutri Grain Bars
10.4 oz box,
Selected Varieties
$3.49

Homestyle Rice Krispies Treats
6.98 oz pkg,
Selected Varieties
$3.49

Celestial Seasonings Tea Bags
12-20 ct pkg,
Selected Varieties
$3.99

Kool-Aid Jammers
10 pk, 6 oz pouches,
Selected Varieties
$3.49

BAKERY

La Brea Multigrain Loaf
12 oz pkg,
Take and Bake
$3.49

Hill & Valley Sugar Free Cookies
15 oz pkg,
Chocolate Chunk or Oatmeal
$4.99

Cookies-n-Milk Cookie Dough
6 oz pkg,
Selected Varieties
$2.49

Stonefire Naan Bread
12.7 oz pkg
$3.49

DELI

Athenos Feta Cheese Crumbles
3.5-4 oz pkg,
Selected Varieties
$2.99

Sabra Hummus
17 oz pkg,
Selected Varieties
$5.99

Stonefire Naan Dippers
7.05 oz pkg,
Selected Varieties
$3.49

Baba's Hummus
10 oz pkg,
Selected Varieties
$4.99

DAIRY

Essential Everyday Cream Cheese
8 oz tub,
Selected Varieties
$2.99

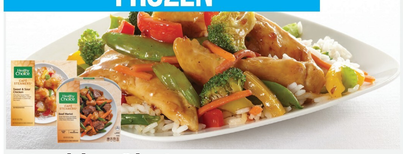
Essential Everyday Sour Cream
16 oz pkg,
Selected Varieties
2/$4

Chobani Greek, Less Sugar or Zero Sugar Yogurt
4 ct pkg,
Selected Varieties
2/$8.88

Just Crack an Egg Scramble Kits
2.25-3 oz pkg,
Selected Varieties
2/$4.44

Califia Farms Almond Milk
48 oz btl,
Selected Varieties
$3.99

FROZEN



Healthy Choice Classics or Café Steamers
9.25-10.7 oz pkg,
Selected Varieties
3/$8

Essential Everyday Vegetables
10-12 oz bag,
Selected Varieties
$1.88

Totino's Pizza Rolls
50 ct pkg,
Selected Varieties
$6.99

Essential Everyday Asian Appetizers
5-12.2 oz pkg,
Selected Varieties
$3.99

Green Giant Simply Steam Vegetables
9-10 oz pkg,
Selected Varieties
2/$5

BOCA Veggie Burgers
10-12 oz pkg,
Selected Varieties
2/$7

Essential Everyday Fruit
12 oz pkg,
Selected Varieties
$4.99

Outshine Fruit Bars
6 ct box,
Selected Varieties
$4.99

HEALTH & BEAUTY

DayQuil or NyQuil Cold & Flu Relief
24 ct box or 12 oz btl,
Selected Varieties
$12.99

Equaline Omeprazole Acid Reducer
14 ct pkg,
Selected Varieties
$9.99

Equaline Calcium Antacid
60-150 ct pkg,
Selected Varieties
$3.99

Carefree Daily Liners
36-54 ct pkg,
Selected Varieties
$3.79

Act Anticavity Adult & Kids Rinse or Restoring Rinse
16.9-18 oz btl,
Selected Varieties
$4.99

Garnier Fructis Shampoo or Conditioner
10.2-12.5 oz btl,
Selected Varieties
$4.99

AROUND THE HOME

Angel Soft Bath Tissue
6-8 ct Mega Rolls,
Select Varieties
$6.99

Essential Everyday Awesome Paper Towels
8 ct roll
$7.99

Essential Everyday Facial Tissue
4 ct pkg
$6.99

Lysol All Purpose Cleaner or Disinfecting Wipes
32 oz btl Cleaner or 35 ct Wipes,
Selected Varieties
$3.99

Essential Everyday Wet Sweeper Cloth Refills
12 ct pkg,
Selected Varieties
$3.99

Essential Everyday Sandwich Bags
90-100 ct pkg,
Selected Varieties
$2.99

Wild Harvest Dog Food
13.2 oz can,
Selected Varieties
2/$4

MEAT

93% Extra Lean Ground Beef
Fresh, Family Pack
$6.99 lb

Angus Farms T-Bone Steak
USDA Choice Angus Beef
$13.99 lb

Angus Farms Boneless Arm Steak
USDA Choice Angus Beef
$6.49 lb

Pork Spareribs
USDA Inspected
$2.99 lb

Boneless Center Cut Pork Loin Roast
Fresh
$2.49 lb

Essential Everyday Boneless Skinless Chicken Breasts
3 lb pkg, Individually Quick Frozen
$9.99

Hormel Always Tender Pork Loin Fillets
1.5 lb pkg, Selected Varieties
$7.99

Hormel Black Label Sliced Bacon
12-16 oz pkg, Selected Varieties
$6.99

Impossible Hot Dogs or Burger Brick
10-12 oz pkg, Selected Varieties
$6.99

Hormel Fully Cooked Bacon
2.52 oz pkg, Selected Varieties
$4.49

Schweigert Natural Casing Wieners
12 oz pkg, Selected Varieties
$6.49

Butterball Turkey Burgers
2 lb pkg
$9.99

Tyson Breaded or Grilled & Ready Chicken
19-25 oz pkg, Selected Varieties
$8.99

No Name Chicken Breast
12 oz pkg, Selected Varieties
$7.99

Carl Buddig Mega Pack Lunchmeat
22 oz pkg, Selected Varieties
$7.99

Hillshire Farm Deli Thin Lunchmeat
7-9 oz pkg, Selected Varieties
$4.99

Arctic Shores Small Cooked Shrimp
12 oz pkg, 61-70, Tail-On
$6.49

No Name Salmon Fillets
10 oz pkg, Selected Varieties
$11.99

PRODUCE

Sweet Onions
99¢ lb

On The Vine Tomatoes
Ripe
$1.99 lb

Fresh Express Green and Crisp or Premium Romaine
9-11 oz pkg, Selected Varieties
$1.99

Champs Whole or Sliced Baby Bella Mushrooms
8 oz pkg
$2.29

Anjou Pears
Fresh
$1.29 lb

Green Bell Peppers
Fresh
88¢ ea

Iceberg Lettuce
Crisp
$1.99 ea

Baking Potatoes
Idaho
59¢ lb

Coke Products
12 pk 12 oz cans, Selected Varieties
2/$15

Coke Products
6 pk 16.9 oz btls, Selected Varieties
2/$8

Powerade Sport Drinks
28 oz btl, Selected Varieties
2/$4

American Bottling Products
2 ltr btl, Selected Varieties
2/$3

Country Hearth Dakota 12 Bread
24 oz loaf
$3.89

Frescados Burrito Tortillas
10 ct pkg
$1.99

Barrel 'O Fun Potato Chips
7 oz bag, Selected Varieties
2/$6

Cass Clay Half & Half
Pint
$2.49

Cass Clay Sour Cream
16 oz ctn, Selected Varieties
$2.99

MAHNO