

[illegible]

100% FRESH *guarantee**

Storewide satisfaction or your money back.

4⁹⁹ Avocados product of Mexico 5 pk	5⁹⁹ LOCAL PRODUCT OF ONTARIO COMPLIMENTS Apples Gala, McIntosh or Ambrosia 3.86 kg 3 lb bag Canada fancy grade	4⁹⁹ Large or Cored Pineapples product of Costa Rica	4⁹⁹ Strawberries product of USA or Mexico no 1 grade 1 lb clamshell
3⁹⁹ LOCAL PRODUCT OF ONTARIO Cucumbers 6 pk Canada no 1 grade	4⁹⁹ Cauliflower product of Mexico or USA	2⁹⁹ Iceberg Lettuce product of USA or Mexico	1⁷⁷ LOCAL PRODUCT OF ONTARIO Bulk Sweet Potatoes 3.90/kg

MEAT

6⁹⁹ MAPLE LEAF Top Dogs, SCHNEIDERS Red Hots or SHOPPY'S Original Wieners 375 g	6⁹⁹ FARM COUNTRY Bacon 500 g	10⁹⁹ Boneless Cross Rib Roasts cut by your meat expert from Canada AAA grade #24.23kg	4⁹⁹ Sliced Beef Liver 11.00kg
14⁹⁹ MEMBERS SAVE \$2 SWISS CHALET Chicken Strips, Nuggets or Pork Back Ribs 600-700 g	7⁹⁹ SCHNEIDERS Meat Pies 400 g	5⁹⁹ CONESTOGA MEATS Family Size Boneless Pork Loin Centre Cut Chops cut in-store by your local meat expert 13.21kg	6⁹⁹ CONESTOGA Family Size Peppercorn Tenderloin 15.41kg
9⁹⁹ HIGH LINER Family Favorites Baked & Breaded Seafood 330-700 g selected	7⁹⁹ MATLAW'S Stuffed Clams or Scallops 425 g	5⁹⁹ COMPLIMENTS Ground Chicken, Turkey or Pork 450+ each	4⁴⁹ COAT AND ROAST Chicken Drumsticks or Thighs breaded in-store with plain or savory spices AIR-CHILLED 9.90/kg

DELI

Available at most stores

3⁹⁹ MEMBERS SAVE \$0.06 100 g = 10¢ COMPLIMENTS Montreal Smoked Meat, Pastrami, Roast Beef or Corned Beef	8⁹⁹ KERRYGOLD Irish Dubliner or Reserve Cheddar 198 g
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BAKERY

Available at most stores

2/\$25 Real Cream Layer Carrot Cake 625 g	\$6 COMPLIMENTS Mini Muffins 12 pk 336 g
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KITCHEN

Available at most stores

4⁵⁰ MEMBERS SAVE \$1 RESER'S Side Dishes 340-567 g available chilled	1⁹⁹ FONTAINE SAINTE Sauces 120 g
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FLORAL

Available at most stores

14⁹⁹ LOCAL GROWN IN ONTARIO Spring Blooms Request

BULK

7⁹⁹ COMPLIMENTS Roasted Cashews or Almonds salted or unsalted 275 g
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2 Scene GET 500 PTS

FOR EVERY \$25 SPENT ON BOSTON PIZZA GIFT CARDS

*Valid while supplies last. January 20 - February 1, 2016. Excludes participating partner locations. See store for details. Offer good on all participating products. Compliments gift cards are not redeemable for cash. ©2016 Boston Pizza Inc.

3.99 CHAPMAN'S® Super Premium Plus Ice Cream 500 mL or Yukon Novelties 5-8 pk	5.99 KELLOGG'S® Eggo Waffles 160 g or Protein Waffles 280 g	5.99 each CRACKER BARREL Cheese Slices 200-240 g	3.99 COMPLIMENTS Cheedar® Cheese Slices 400 g
3.99 PILLSBURY Pizzas Pops 350 g or Toaster Strudel 320 g	1.79 COMPLIMENTS Frozen Entrees selected 227-234 g	5.99 NATREL Lactose Free Milk 2 L	3.99 GAY LEA Sour Cream 425-500 mL

2/650 MONSTER NOS or REIGN Energy Drinks 444-473 mL	6.99 BUBBLY Sparkling Water 12x355 mL or MONTELLIER Sparkling Water 10x355 mL	9.99 LINDT or GHIRARDELLI Bagg'd Chocolate 112.34 g while supplies last	9.49 PEPPERIDGE FARM Goldfish Valentine's Day Crackers 40 pk while supplies last
3.99 ROUGE MONT Apple, Juice 1 L or SMOOTHIE 500 mL 1.36 L	10.99 TETLEY Orange Pekoe Tea 144 pk	5.99 CHRISTIE Family Size Cookies 274-520 g	5.99 CHRISTIE Ritz Driedzled Minis 225 g or Oreo CAKESTER 285 g

 2/\$9 DORITOS Tortilla Chips 230-260 g or RUFFLES Potato Chips 180-200 g	 7.99 COMPLIMENTS Family Size Cereals Bars 560-630 g or Crispy Rice Squares 528 g	 4.49 PEARL MILLING COMPANY Pancake Mix or Syrup 905 g/318 mL	 MEMBERS SAVE \$1 5.99 NEW! 6.99 without Seasonic Card ST. D'ALFOUR Jam 225 mL
 4.99 JUST SOUP 400 mL, CHILLI or Hot Sauce 150 mL or Salsa 325 mL	 2.99 CLOVER LEAF NoSaltin' Chunk Light Tuna or Flaked Pink Salmon 142 g	 5.49 LAURA SECORD Chocolate Chips 250 g	 20% off CLUB HOUSE Spices or Seasonings Family Size selected 85-160 g

2⁹⁹ **COMPLIMENTS**
Creolons 145 g or
TBAACSO Sauce 57 mL

3⁹⁹ **COMPLIMENTS**
Plant-Based Salad
Dressing 330 mL

3⁹⁹ **DEMPSTER'S**
Whole Grains or
Signature Bread
600 g or Signature
English Muffins 6 pk

6⁹⁸ **HUY FONG**
Sriracha Hot Chili
Sauce 731 mL

2⁹⁹ **LYSOL** Bathroom
or Toilet Bowl
Cleaners
unscented variety
650 mL x 2 L

2⁹⁹ **PURINA ONE**
SmartBlend
Dry Dog Food 6.7 kg

3²⁹ **MEMBERS SAVE \$1**
Ziploc
with
Scissors
+ Cord

4²⁹ **ZIPLOC** Snack
Bags 50 pk or
Sandwich Bags
30-50 pk

DAIRY & FROZEN



3⁹⁹ **200 PTS**
when you buy 1
YOPLAIT MiniGo or
Tubes Yogurt 6-8 pk



5⁹⁹
ASTRO Balkan Style
Yogurt 12 pk



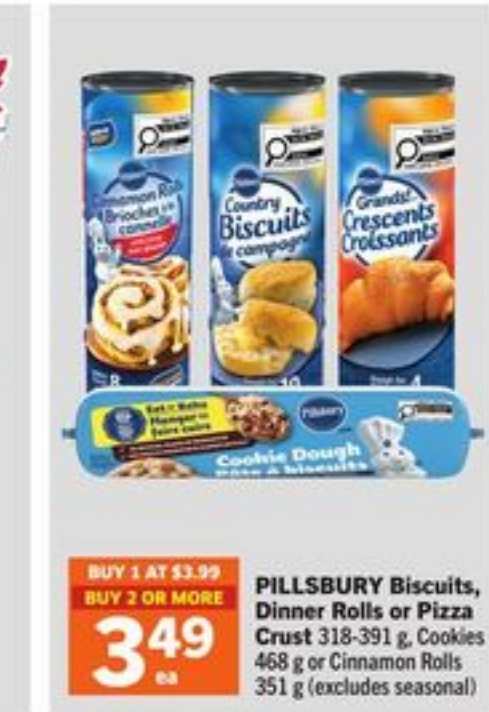
5⁴⁹
KRAFT Philadelphia
Dips 340 g



8⁴⁹ **50 PTS**
when you buy 1
COMPLIMENTS
Pure Orange Juice
2.5 L



4⁹⁹
COMPLIMENTS Ice Cream 1.5 L selected



3⁴⁹ **BUY 1 AT \$4.99 BUY 2 OR MORE**
PILLSBURY Biscuits,
Dinner Rolls or Pizza
Crust 318-391 g Cookies
468 g or Cinnamon Rolls
351 g (includes seasonal)



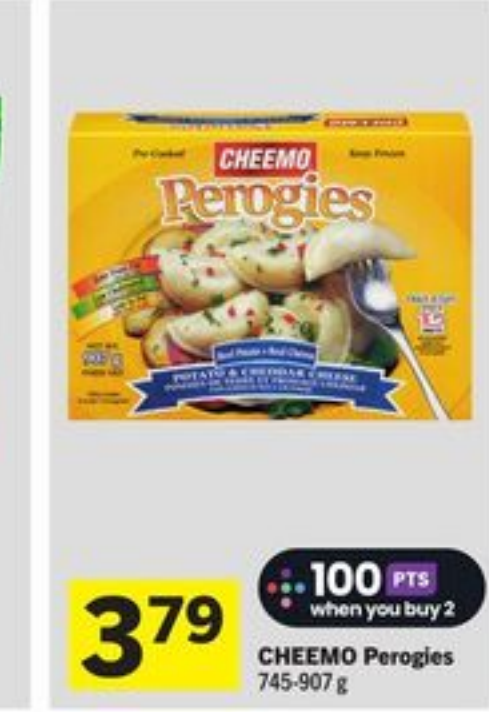
5⁴⁹ **50 PTS**
when you buy 1
COMPLIMENTS
68% Vegetable Oil
Margarine 550 g



4⁶⁹
COMPLIMENTS
Frozen Pie Shells,
Tart Shells or Phyllo
Pastry 235-454 g
selected



4²⁹
GREEN GIANT
Riced Veggies or
Restaurant Sides
283-340 g



3⁷⁹ **100 PTS**
when you buy 2
CHEEMO Perogies
745-907 g



5⁴⁹
HUNGRY-MAN
Frozen Dinners or
XL Bowls 360-455 g

DRINKS & SNACKS



19⁹⁹
MAXWELL HOUSE
Roast & Ground
Coffee 531-864 g



3⁹⁹ **150 PTS**
when you buy 2
COMPLIMENTS
Cranberry or Ruby
Red Cocktail 1.89 L



2/\$5 **100 PTS**
when you buy 2
COMPLIMENTS
Rice Crackers 100 g



1⁹⁹ **100 PTS**
when you buy 2
BEST BUY Wafers
227 g



5⁹⁹
FRITO-LAY Value
Size Snacks 325-535 g



2⁷⁹ **BUY 1 AT \$2.99 BUY 2 OR MORE**
PEPSI Soft Drinks
or BRISK Iced Tea
591 mL



2/\$6 **50 PTS**
when you buy 2
CELSIUS Energy
Drinks 355 mL



2/\$3
COMPLIMENTS
Sparkling or Flizy
Flavoured or
Unflavoured Water
503 mL 1 L



100 PTS
when you buy 2
COMPLIMENTS Extraa! Flavour
Potato Chips 200 g or Flavoured Tortilla
Chips 255 g



13⁹⁹
MERCi Finest
Selection 400 g
while supplies last



4⁴⁹ **BUY 1 AT \$4.99 BUY 2 OR MORE**
WERTHER'S
ORIGINAL 230-245 g



2⁹⁹
QUAKER Dipp's or
Chewy Granola Bars
120-156 g

DRINKS, SNACKS & PANTRY



3⁹⁹

DEL MONTE Jam
280 mL



2⁹⁹

COMPLIMENTS
Canned Fruit 398 mL



2/\$3

JELL-O Instant
Pudding assorted
30-113 g



4⁴⁹

100 PTS
when you buy 2

KING'S HAWAIIAN
Rolls 12 pk



3⁴⁹

100 PTS
when you buy 2

COMPLIMENTS
Pure Pumpkin 398 mL,
Marshmallows 400 g or
Coconut 250 g selected



6⁴⁹

200 PTS
when you buy 2

QUAKER Muffin or
Cookie Mix 750/900 g



3⁴⁹

100 PTS
when you buy 3

MINUTE RICE Cups
250 g



5⁴⁹

WEIGHT WATCHERS
Bread 450 g, Sugar
6 pk or Tortillas 8 pk



4⁴⁹

PANACHE Dijon
Mustard 500 mL



3⁴⁹

**BUY 1 AT \$4.49
BUY 2 OR MORE**

PANACHE Egg
Noodles 375 g



2⁹⁹

COMPLIMENTS
Taco or Crema Sauce
245 mL



6⁹⁸

KIKKOMAN Soy
Sauce 591 mL

NATURAL, HEALTH & HOUSEHOLD



15⁹⁹

300 PTS
when you buy 2

CASHMERE
Bathroom Tissue
12-36 rolls or
SPONGE TOWELS Ultra
Pro 4-8 rolls



5⁹⁹

DRANO Drain
Cleaner Plus 900 mL



3⁴⁹

NESTLÉ Baby
Snacks 42-155 g



5⁹⁹

SILK Creamers 890 mL



7⁹⁹

100 PTS
when you buy 2

STARTING AT

SENSODYNE
Whitening or
PRONAMEL
Toothpaste
110-135 mL selected



7⁹⁹

STARTING AT

PANTENE Hair Care
131-535 mL selected



12⁹⁹

OLAY or OLD SPICE
Body Wash 591-987 mL
or Soap Bars 8 pk selected



7⁴⁹

150 PTS
when you buy 2

KASHI Organic
Cereal 360-510 g



9⁹⁹

PURINA Beneful Dry
Dog Food 1.5-1.8 kg



2/\$5

PURINA ONE or
Beyond Wet Dog
Food 358 g



17⁹⁹

PURINA Alpo
Cookout Classics
Dry Dog Food 7.2 kg



4⁷⁹

GLAD Easy Tie Bags
10 pk selected

Cheers to
**BEER &
COOLERS!**



28⁹⁹

STEAM WHISTLE
Pilsner 12x355 mL cans



CORONA EXTRA
Lager
6x330 mL bottles

15⁹⁹



19⁹⁹

MUSKOKA
Mad Tom IPA
6x473 mL tall cans



12⁴⁹

TWISTED TEA
Original Hard Iced Tea
6x355 mL cans

DAB Original
Lager 500 mL
or GROLSCH
Premium Pilsner
473 mL tall can

2⁷⁹



3²⁹

CROWN ROYAL Whisky
& Cola or **BRICKWORKS**
CIDERHOUSE Batch
1904 Cider 473 mL tall can

*Available at select stores. Pricing not applicable to LCBO Convenience Outlets.

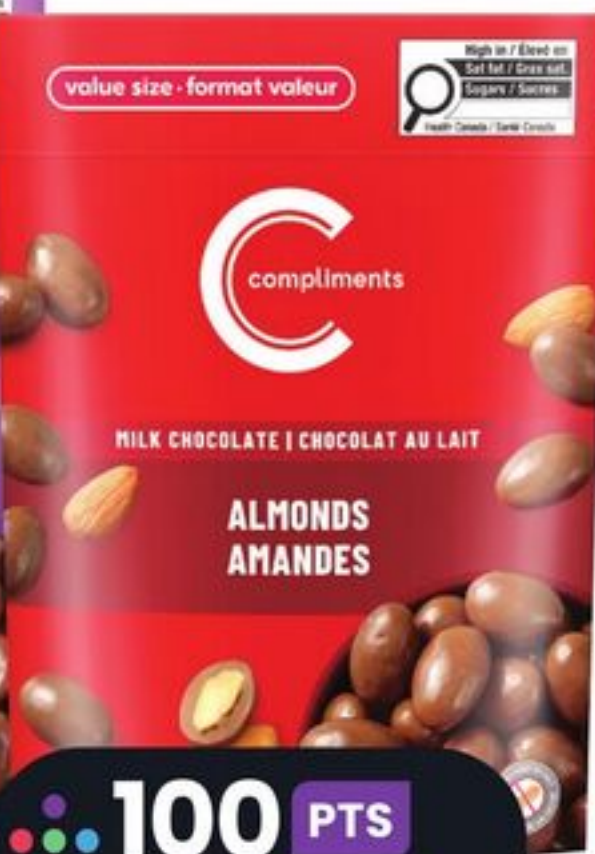
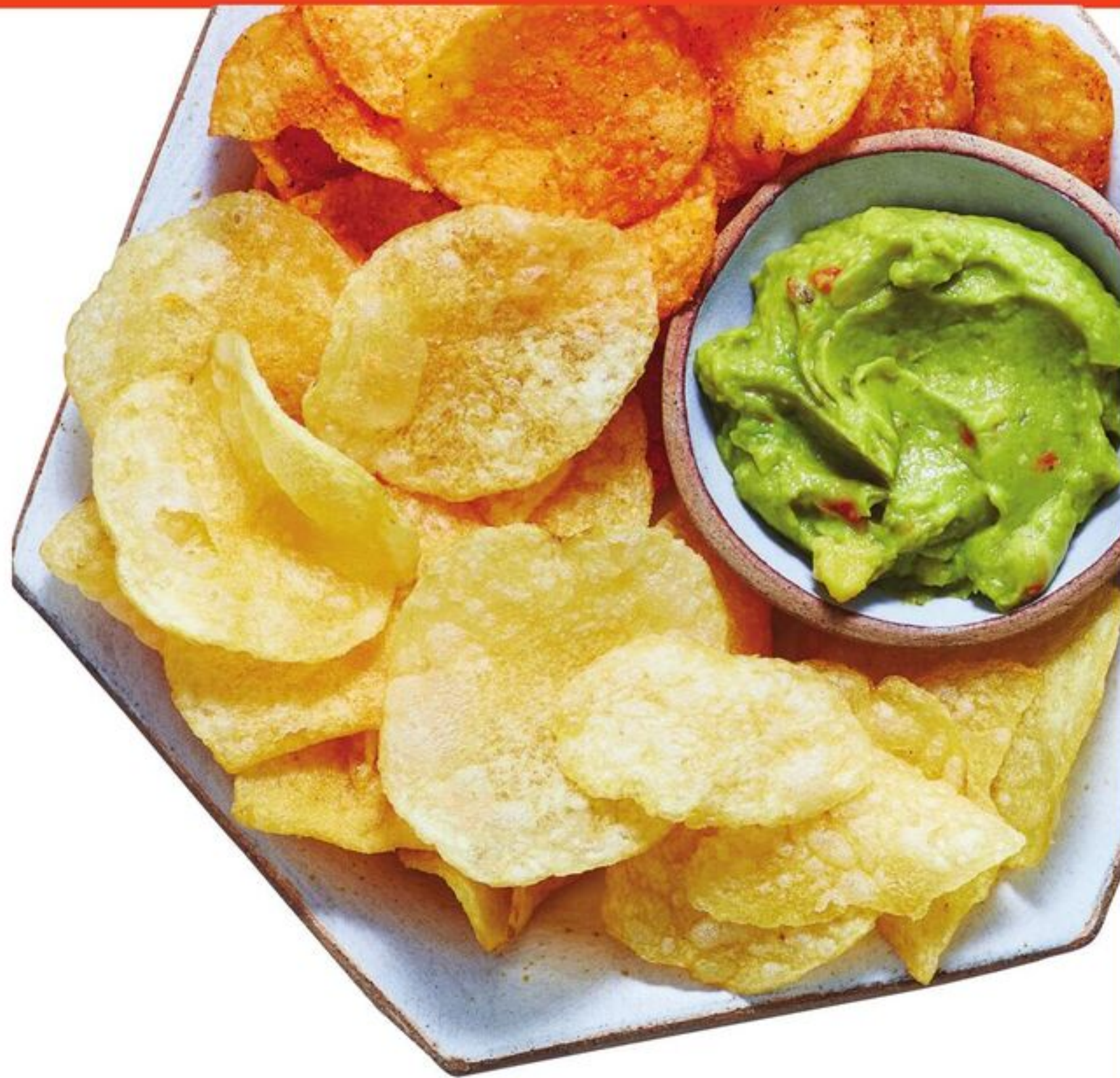


Smart Value Starts with Compliments

300 PTS
when you buy 2

15⁴⁹

COMPLIMENTS Milk Chocolate Almonds or Raisins 900 g



9⁹⁹

100 PTS
when you buy 1

COMPLIMENTS Snack Pub Mix 820 g



5⁹⁹

COMPLIMENTS Value Size Candy 600-750 g



100 PTS
when you buy 1

COMPLIMENTS Potato Chips 750 g

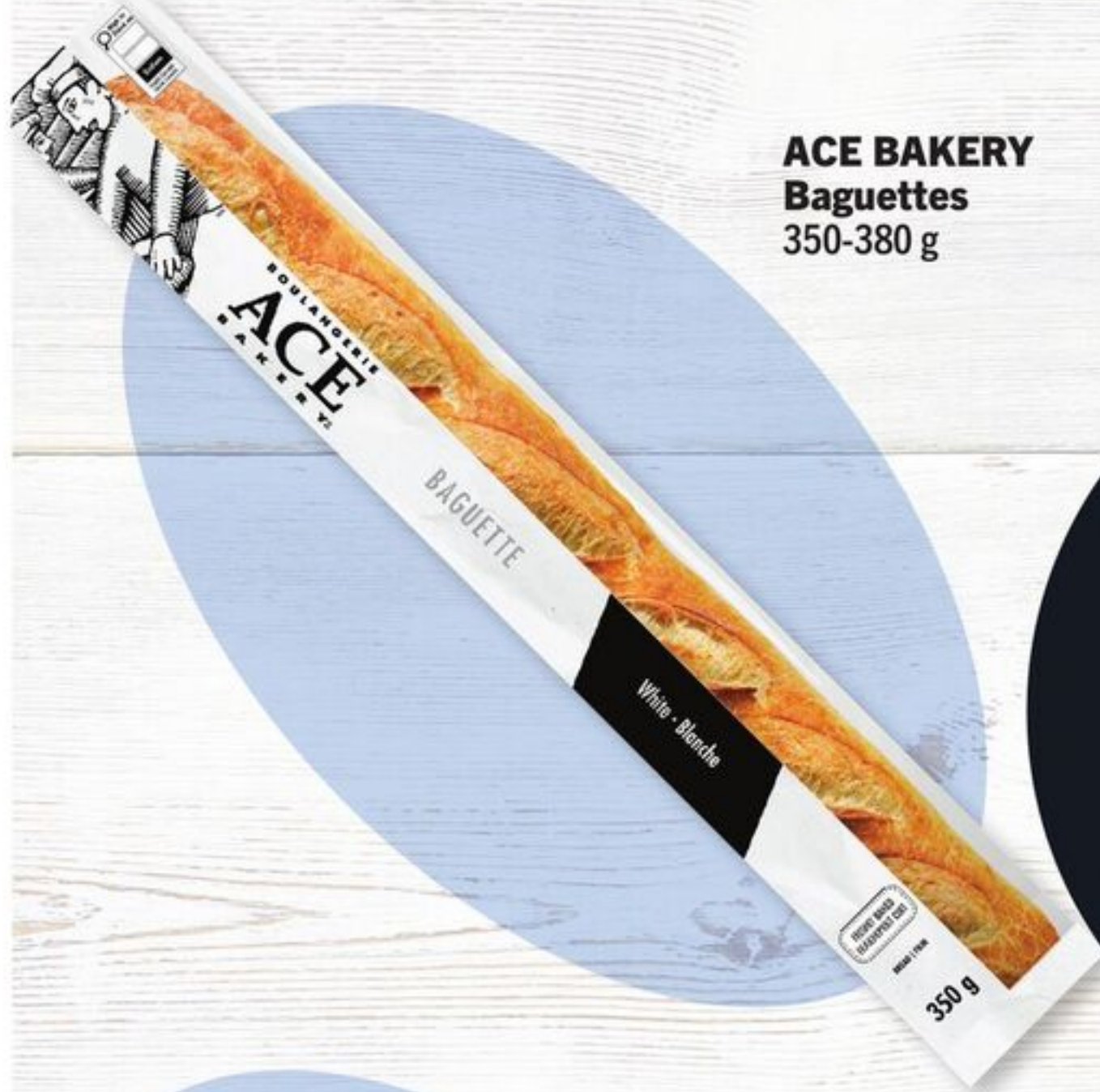


100 PTS
when you buy 1

COMPLIMENTS Value Size Kettle Chips 907 g



Love every bite



**ACE BAKERY
Baguettes**
350-380 g

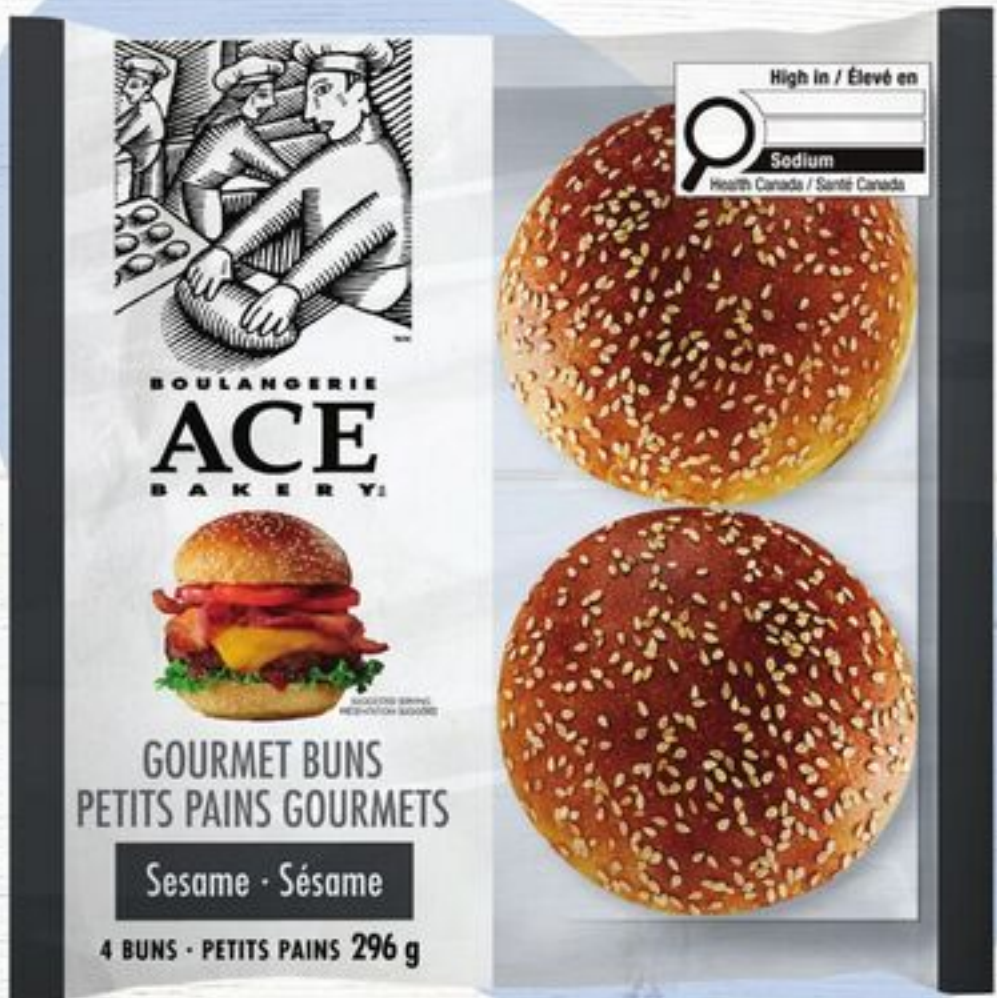


**ACE BAKERY
Demi Baguettes**
200-280 g

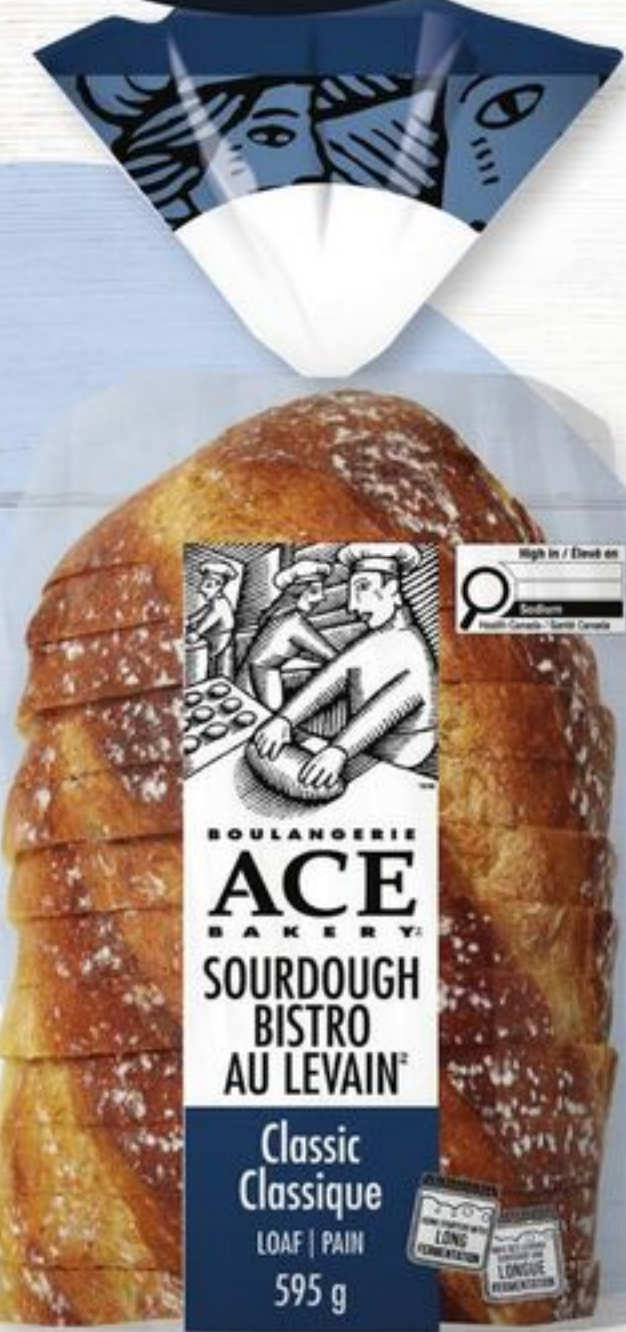
Get **200 PTS**
When you buy 2

or

Get **500 PTS**
When you buy
3 or more



**ACE BAKERY
Burger Buns**
4 pk 296 g



**ACE BAKERY
Bistro Breads**
595 g



ACE BAKERY Rolls
5 pk 400-530 g



-  Crafted with
Time-Honoured Tradition
-  Made with Carefully
Selected Ingredients
-  Perfect for
Every Occasion



ACE® PRODUCTS ARE BAKED IN CANADA BY A CANADIAN-OWNED BUSINESS.

DOE_FDL_WK40_DIG_BAKERY

**PICKED
FOR YOU**

PANACHE SOUPS

A quick, delicious meal
perfect for lunch or dinner



300 PTS
when you buy 2

STARTING AT
849

625 mL

Made from high-quality,
fresh ingredients

Get ready for
GAME DAY

Beautiful Bites!

Our most popular cheeses cubed for easy nibbling. Mild Cheddar, Provolone, Creamy Havarti, Swiss, and Marble Cheddar.

Small serves 8-10
Large serves 15-20



Let's start with apples!



Nature's Bounty!

A beautifully presented variety of Fresh Berries, Pineapple, Red and Green Seedless Grapes, Kiwi, Cantaloupe, Watermelon and Honeydew.

Serves 20

Offer Valid from Jan 29 - Feb 4

We make it easy!

Shop our selection of

60+
MADE-TO-ORDER TRAYS

Ask in-store for full selection.



Take the Wrap!

An appetizing assortment of freshly prepared wraps, including Chicken Caesar, Crispy Chicken, Turkey Club, Buffalo Chicken and Seven Grain Veggie.

Small serves 5
Large serves 10



Family faves everyone will enjoy!

Dessert Bars!

Our Hand-Cut Squares are a welcome addition to any table.

Small serves 15
Large serves 20

Get **1,000 PTS**
When you spend \$75
or
Get **2,500 PTS**
When you spend \$150 or more
That's like **\$25**
toward your groceries

Learn more

Order in-store or online today!

Visit [Foodland.ca/entertaining](https://www.foodland.ca/entertaining) for tray selections and ordering tips

FEED THE DREAM



FOODLAND

OFFICIAL GROCER



5⁹⁹

GENERAL MILLS Family Size Cereal 475-778 g selected



2⁹⁹

NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit by the Foot or Gushers 120-230 g selected



2/\$6

GLACÉAU Smartwater 1 L



2/\$6

GLACÉAU Vitaminwater 591 mL



2/4⁵⁰

POWERADE 710 mL



4⁴⁹

MCCAIN Superfries 454-650 g



4⁴⁹

MCCAIN Bistro, Smiles or Tasti Taters 454-800 g



25⁹⁹

TIDE Liquid Detergent 3.46-3.9 L, Pods 45-76 pk, GAIN Flings! 45-76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2⁹⁹

DAWN Dish Soap 431-473 mL selected



13⁹⁹

CORONA Cero Alcohol-Free Beer 6x330 mL



2/\$10

HEALTHY CHOICE Gourmet Steamers 269-306 g



4⁴⁹

ANGIE'S BoomChickaPop Popcorn 136-198 g



6⁴⁹

ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-492 g or Gourmet Popping Corn 850 g



Earn an instant entry for every eligible product purchased when scanning your Scene+ card



Scan to view full list of participating products.

*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at foodland.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 18, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be of legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be of legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V. Lic. Use/Sous Lic.

a taste of prosperity

Lion's Head Meatballs

A Lunar New Year classic of braised pork meatballs with cabbage and mushrooms, symbolizing strength and unity. Recreate the flavour at home with our Italian-style beef meatballs and stewing pork.

COMPLIMENTS Meatballs 560-680 g

12⁹⁹

ITALIAN-STYLE BEEF MEATBALLS BOULETTES DE VIANDE DE BŒUF À L'ITALIENNE FULLY COOKED / PRÉPRÉPARÉ (CUIRE)

680 g 45

5⁹⁹ /lb

Stewing Pork cut in-store by your local meat expert 13.21/kg

14⁸⁸

Navel Orange Box product of USA 10 lb

100 PTS when you buy 1

98¢ /lb

Bok Choy or Napa Cabbage product of USA or Mexico 2.16/kg

Celebrate LUNAR NEW YEAR WITH FORTUNE IN EVERY AISLE

P.F. CHANG'S
HOME MENU | MENU À LA MAISON

CELEBRATE AT THE **BEST TABLE IN TOWN.** YOURS.

12⁸⁸ P.F. Chang's Home Menu™ Multi-Serve Meals 624 g

4⁹⁸ P.F. Chang's Home Menu™ Sauces 350 mL

5⁸⁸ P.F. Chang's Home Menu™ Rice or Dumplings 232-454 g

7⁸⁸ P.F. Chang's Home Menu™ Single-Serve Bowls 312 g

THAI KITCHEN
Coconut Milk 400 mL

3⁴⁸

GOLDEN DRAGON
Sauces selected 455 mL

3⁹⁹

MAZOLA Oil
2.84 L

12⁹⁸

EIGHT TREASURES
Rice 8 kg or SHIRAKIKU Sekka Japanese Rice 6.8 kg

16⁸⁸



OFFER VALID JAN 29- FEB 11, 2026

LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the **Foodland app** or at **MyGroceryOffers.ca**



Get **500 PTS**
when you
buy 1

BIOSTEEL Hydration
Mix 16 pk

Get **300 PTS**
when you
buy 2

COMPLIMENTS Bocconcini 200 g



Get **250 PTS**
when you buy 1

COMPLIMENTS Gluten Free Waffles 320 g



Get **400 PTS**
when you buy 2

COMPLIMENTS Boxed and Breaded Poultry 700 g selected



SAVE \$3
when you buy 2

COMPLIMENTS Traditional Crust Pizza
352-446 g



SAVE \$2
when you buy 3

COMPLIMENTS Facial Tissue 88-126 sheets

Get **50% OFF**
when you buy 1

COMPLIMENTS Wieners 1 kg



Card must be registered. Offer valid and available to be loaded January 29- February 11, 2026 at all participating Foodland and Co-Op locations in Ontario. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

X01_FDL_WK40_DIS_ONT_Z1



FRANK'S
RedHot

OFFICIAL SPONSORS OF SUPER BOWL LIX



BRING THE HEAT



4²⁹

FRANK'S REDHOT®
assorted
354 mL



4²⁹

FRENCH'S®
Ketchup
750 mL-1 L



1⁹⁹

FRENCH'S®
Classic Yellow
Mustard
225 mL



THIS TIME OF YEAR REQUIRES
THE GO.A.T.
OF SNACKS

Goldfish

2/^{\$}7

PEPPERIDGE FARM®
Goldfish® Crackers
selected varieties
156-227 g



3⁴⁹

SNYDER'S OF
HANOVER® Pretzels
selected varieties
240 g



100 PTS
when you buy 3

BUY 1 AT \$3.99
BUY 3 OR MORE
3³³
ea

KETTLE® BRAND
Potato Chips
selected varieties
156-200 g

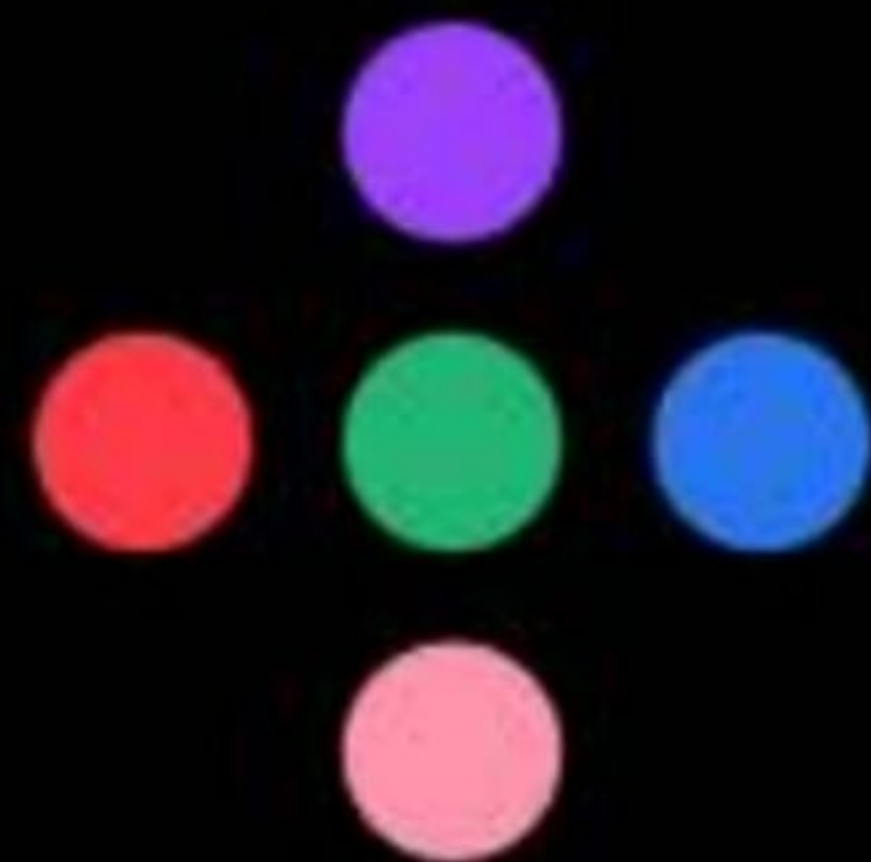


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the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply





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TRUSTED BY
CANADIANS!**

**PROUDLY SERVING
CUSTOMERS
ACROSS CANADA.**

nimbus
BY IN-STORE WATER SYSTEMS



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