Food-A-Rama

Great Valu Markets

Visit us at www.greatvalu.com

VALUE YOU CAN count on!

scan to SAVE — USE YOUR MOBILE DEVICE FOR MORE SAVINGS ONLINE!

FRESH VALUE 1.79 lb. **Assorted Bone-In Pork Chops** Value Pack

FRESH VALUE 1.29 lb. **Fresh Chicken Drumsticks** Value Pack

MORE VALUE 4.99 lb. **Boneless Bottom Round Roast** USDA Choice Beef

MORE VALUE 6.99 lb. **Boneless New York Strip Steaks** Value Pack

MORE VALUE 4.49 lb. **80% Lean Ground Beef** Value Pack

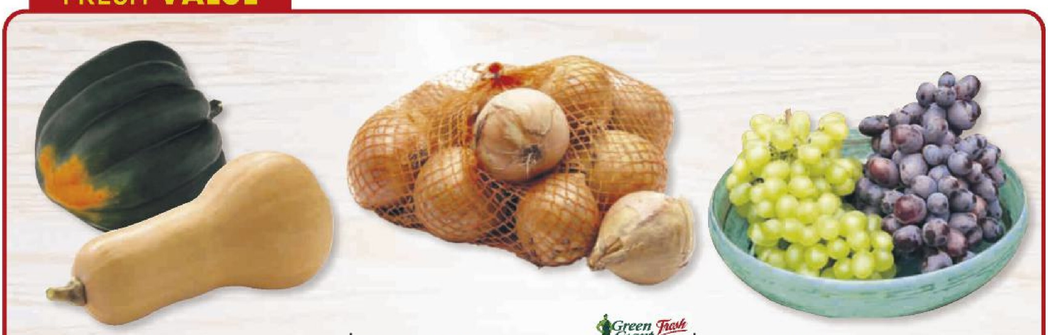
MORE VALUE 5.99 **Arctic Shores 26/30 Ct. Raw EZ Peel Shrimp** 1 lb. bag - IQF

START FRESH, Save Big

MORE VALUE 4.99 **Rogerwood Smoked Sausage** 24 oz. pkg. Select Varieties

MORE VALUE 8.99 **Essential Everyday Boneless Skinless Chicken Breasts** 3 lb. bag - IQF

FRESH VALUE



FRESH VALUE .99 lb. **Winter Squash** Butternut, Acorn or Spaghetti

FRESH VALUE 1.29 **Green Giant Yellow Onions** 3 lb. bag

FRESH VALUE 2.49 lb. **Green or Red Seedless Grapes** Extra Large

EASY MEAL Solutions

MORE VALUE 2.99 **Armour Meatballs** 14 oz. pkg. Original or Italian

MORE VALUE 2/$6 **Bertolli Pasta or Alfredo Sauce** 15-24 oz. jar Select Varieties

MORE VALUE 10/$10 **Mueller's Pasta** 12-16 oz. box Select Varieties

MORE VALUE 2/$3 **Hunt's or Rotel Tomatoes or Sauce** 10-15 oz. can Select Varieties

10/$10 **Starkist Chunk Light Tuna or Creations** 2.6-3 oz. pkg. Select Varieties

4/$5 **Celeste Pizza For One** 5-6.55 oz. box Select Varieties

2/$4 **Turkey Hill Drinks** 64 oz. jug Select Varieties

2/$6 **Mott's Apple Juice or Blends** 64 oz. btl. Select Varieties

2/$7 **Capri Sun Drinks** 10 ct. pkg. Select Varieties

3/$4 **Knorr Pasta or Rice Sides** 4.5-8 oz. pkg. Select Varieties

2/$6 **Nabisco Premium Saltine Crackers** 9-17 oz. pkg. Select Varieties

9.99 **Starbucks Ground, Whole Bean, K-Cup or Cold Brew Coffee** 12 oz. bag, 10 ct. box or 32 oz. btl. Select Varieties

2/$6 **Cracker Barrel Bar Cheese or Cracker Cut Slices** 7-8 oz. pkg. Select Varieties

9.99 **Charmin Bath Tissue** 6 ct. pkg. Mega Roll or 4 ct. pkg. Mega XL Roll Select Varieties

3/$5 **Essential Everyday Frozen Vegetables** 10-12 oz. bag Select Varieties

GREAT SCHOLARSHIPS for Great Students

Pick up your application today at Customer Service.

The deadline for submission is March 2, 2026

PRICES GOOD JANUARY 7 - JANUARY 13, 2026

Not responsible for typographical errors. Photos for illustration only and may not be actual product. We reserve the right to limit quantities. No sales to dealers. Not all items available in all locations.

TOP QUALITY **MEAT**

FRESH VALUE 1.49 lb. **Fresh Chicken Thighs** Value Pack

FRESH VALUE 6.99 lb. **Boneless Eye Round Roast** USDA Choice Beef

FRESH VALUE 3.99 lb. **Pork Baby Back Ribs** Thawed For Your Convenience

MORE **SAVINGS**

5.49 **Kunzler Beef Franks** 16 oz. pkg.

4.99 **Sugardale Jumbo Hot Dogs** 3 lb. pkg. Family Pack

13.99 **Murry's Beef Patties** 32 oz. box All Beef

5.49 **Aidells Sausage or Meatballs** 12 oz. pkg. Select Varieties

8.99 **Tyson Breaded or Any'tizers Chicken** 22-26.5 oz. pkg. Select Varieties

10.99 **Steak-umm Sandwich Steaks** 15-21 oz. box Beef or Angus

12.99 **Murry's Fries** 4.5-5 lb. bag Select Varieties

2/$6 **Simply Potatoes Mashed Potatoes** 24 oz. pkg. Select Varieties

3.49 **Essential Everyday Pepperoni** 6 oz. pkg. Original

9.99 **Take Home Entrees** 22 oz. box Select Varieties

3.49 **Swaggerty's Farm Breakfast Links or Patties** 12 oz. pkg.

4.99 **Essential Everyday Turkey Bacon** 12 oz. pkg.

5.99 **Hormel Black Label Bacon** 16 oz. pkg. Select Varieties

3.99 **Smithfield Hometown Fully Cooked Bacon** 2.1 oz. pkg. - Original

6.99 **Land O' Frost Sub Sandwich Kit** 20 oz. pkg. Select Varieties

2.99 **Gwaltney Great Bolony** 16 oz. pkg. Select Varieties

4.99 **Hillshire Farm Deli Sliced Lunchmeat** 7-9 oz. pkg. Select Varieties

DELICIOUS **SEAFOOD**

Arctic Shores 61/70 Ct. Cooked Shrimp 12 oz. bag Tail-On IQF **6.99**

Arctic Shores Cod Fillets 16 oz. pkg. IQF **8.99**

Margaritaville Shrimp 8-10 oz. pkg. Select Varieties **5.99**

Next Wave Mussels In Sauce 16 oz. pkg. Select Varieties **4.49**

BAKERY **BARGAINS**

6.99 **Table Talk Blueberry Pie** 8 Inch Regular or No Sugar Added

Benson's Red Velvet Cream Cake 28 oz. pkg. **8.99**

Café Valley Bundt Cake 16 oz. pkg. Select Varieties **5.49**

Concord Mini Angel Food Cakes 6 ct. pkg. **3.99**

Hill & Valley Cookies 15 oz. pkg. Select Varieties **5.49**

Tribeca Oven French Baguette 9 oz. pkg. **2.49**

La Brea Multigrain Loaf 12 oz. pkg. Take & Bake **3.49**

Stonefire Original Naan Bread 12.7 oz. pkg. **3.49**

DELI **DEALS**

11.99 lb. **Seltzer's Lebanon Bologna** Deli Fresh

Cooper Brand Sharp American Cheese Deli Fresh White or Yellow **5.99 lb.**

Kretschmar Ham Off The Bone Deli Fresh Select Varieties **6.99 lb.**

Kretschmar Pepper Jack Cheese Deli Fresh **6.99 lb.**

Athenos Feta Cheese Crumbles 5-6 oz. ctn. Select Varieties **4.99**

Stonefire Naan Dippers 7.05 oz. pkg. Original **2.99**

Chicken Tenders Deli Fresh **5.99 lb.**

Reser's Deviled Egg Potato Salad Deli Fresh **3.49 lb.**

8 Piece Fried Chicken 2 Breasts, 2 Thighs, 2 Drumsticks & 2 Wings **8.99**

TACO **NIGHT!**

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

2/$4 *SAVE $1.00 When you buy 2 with Digital Coupon

Old El Paso Taco Shells 4.6-11 oz. pkg. Hard or Soft Shells

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

2/$7 *SAVE $1.00 When you buy 2 with Digital Coupon

Old El Paso Enchilada, Dinner Kits, Taco Shells, Pockets, Bowls or Tortilla Rounds 4.6-19 oz. pkg. Select Varieties

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

2/$7 *SAVE $1.00 When you buy 2 with Digital Coupon

Old El Paso Taco Sauce 9 oz. btl. - Select Varieties

*Download Coupon with Our Great Value APP

Essential Everyday Tortilla Chips 12 oz. bag Select Varieties **2/$5**

Mezco Taco Seasoning 1 oz. pkg. Select Varieties **3/$4**

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

1.49 *SAVE $1.00 When you buy 2 with Digital Coupon

Old El Paso Chopped Green Chiles 4 oz. can

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

2.29 *SAVE $1.00 When you buy 2 with Digital Coupon

Old El Paso Rice 6.2 oz. pkg. Cilantro Lime

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

2/$4 *SAVE $1.00 When you buy 2 with Digital Coupon

Old El Paso Enchilada Sauce 10 oz. can - Mild or Medium

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

2/$4 *SAVE $1.00 When you buy 2 with Digital Coupon

Old El Paso Refried Beans 16 oz. can Select Varieties

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Crystal Farms Chunk or Shredded Cheese 5.5-8 oz. pkg. Select Varieties **2/$6**

to YOUR HEALTH!

Prices Effective JANUARY 7 - JANUARY 20, 2026

2/$4 **Wish-Bone Salad Dressing**
8 oz. btl.
Select Varieties

2/$6 **Essential Everyday Cereal**
12-18 oz. box
Select Varieties

Duncan Hines Keto Friendly Baking Mix
10-10.6 oz. pkg.
Select Varieties
2/$12

Duncan Hines Keto Friendly Frosting
11 oz. ctn.
Vanilla
2/$12

Dole Fruit or Blends
14-28 oz. pkg.
Select Varieties
7.99

Morning Star Farms Frozen Entrees
5.25-10.5 oz. pkg.
Select Varieties
2/$8

Smart Balance Buttery Spread
13-15 oz. ctn.
Select Varieties
2.99

Yoplait :ratio Keto Protein Yogurt
5.3 oz. cup
Strawberry Cheesecake
2/$3

Califia Farms Barista Oat or Almond Milk
32 oz. ctn.
Select Varieties
3.99

Califia Farms Oat Milk
48 oz. btl.
Extra Creamy
3.99

Califia Farms Almond Milk
48 oz. btl.
Select Varieties
3.99

Chobani Coffee Creamer
24 oz. btl.
Select Varieties
2/$8

Chobani Oatmilk
52 oz. ctn.
Select Varieties
2/$8

2/$8 **Chobani Blended, Flip or Zero Sugar Greek Yogurt**
4 ct. pkg.
Select Varieties

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

SAVE $1.00
When You Buy Two (2) Chobani® Products
18-52 oz - Select Varieties

*When You Use Our Great Valu APP

HEALTHY EATING starts here!

1.7.26 VAD-3

Prices Effective JANUARY 7 - JANUARY 20, 2026

HEALTHY EATING *starts here!*

2/$7 **General Mills Nature Valley Granola**
11-16 oz. bag
Select Varieties

5.99 **Kellogg's Special K Protein Snack Bars**
6 ct. pkg.
Select Varieties

2/$6 **Angie's Boom Chicka Pop Popcorn**
4.5-7 oz. bag
Select Varieties

2/$7 **Del Monte Artichoke Hearts**
12-14 oz. pkg.
Select Varieties

5.99 **Kodiak Cakes Flapjack & Waffle Mix**
18-20 oz. box
Select Varieties

2/$6 **Essential Everyday Oats**
18 oz. ctn.
Old Fashioned or Quick

2/$3 **Essential Everyday Instant Oatmeal**
1.41-1.9 oz. cup
Select Varieties

ORGANIC
2/$7 **Amy's Organic Soups**
14-14.5 oz. can
Select Varieties

2/$4 **Healthy Choice Frozen Meals**
9.25-10.7 oz. pkg.
Select Varieties

2/$5 **Birds Eye Chef Favorite Vegetables**
6-14.4 oz. pkg.
Select Varieties

2/$7 **Healthy Choice Simply Steamers or Tray Meals**
9-11 oz. box
Select Varieties

2/$7 **Healthy Choice Power Bowls and Entrees**
9-11 oz. pkg.
Select Varieties

4/$5 **Birds Eye Steamfresh Vegetables**
10 oz. pkg.
Select Varieties

2/$5 **Wish-Bone Salad Dressing**
15 oz. btl.
Select Varieties

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

SAVE* $3.00 On Ground Beef
WHEN YOU BUY **THREE (3)** PARTICIPATING ITEMS.
**All participating items are subject to change.
Participating items must be purchased in a single transaction.

MIX & MATCH

Healthy Choice Frozen Meals 9.25-10.7 oz. pkg, **Bird's Eye Chef Favorite Vegetables** 6-14.4 oz. pkg, **Healthy Choice Simply Steamers** 9-10 oz. box, **Healthy Choice Tray Meals** 11 oz. pkg, **Birds Eye Steamfresh Vegetables** 10 oz. pkg, **Healthy Choice Power Bowls and Entrees** 9-11 oz. pkg, **Wish-Bone Salad Dressing** 15 oz. btl.

*When You Use Our Great Valu APP

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1.7.26 VAD-4

GROCERY SAVINGS

2/$7 Dole Fruit or Fruit & Gel Bowls
4 ct. pkg.
Select Varieties

2/$7 Mott's 100% Apple Juice
6-8 ct. pkg.
Select Varieties

7.99 Gevalia or Maxwell House Ground or K-Cup Coffee
12 oz. bag or 6-12 ct. box
Select Varieties

2/$5 Hunt's Tomatoes or Sauce
28-29 oz. can
Select Varieties

MORE SAVINGS

2/$5 Mott's Applesauce
23-24 oz. jar
Select Varieties

Mott's Snack & Go Applesauce
12 ct. pkg. - Select Varieties **6.99**

2/$6 GoGo Squeez Applesauce On The Go
4 ct. pkg.
Select Varieties

19.99 Green Mountain or Donut Shop K-Cup Coffee
32 ct. box
Select Varieties

2.99 Hungry Jack Pancake & Waffle Mix
28-32 oz. box - Select Varieties

Hungry Jack Pancake Syrup
24 oz. btl.
Select Varieties **3.99**

2/$6 Margaret Holmes Greens and Beans
27 oz. can
Select Varieties

2/$7 Dinty Moore Beef Stew
20 oz. can

2/$7 Hormel Mary Kitchen Corned or Roast Beef Hash
14 oz. can
Select Varieties

2.29 Light 'n Fluffy or No Yolks Egg Noodles
12 oz. bag
Select Varieties

3.49 Essential Everyday Pasta Sauce
45 oz. jar
Traditional

1.89 Furmano's Tomatoes or Tomato Sauce
28 oz. can
Select Varieties

2.79 Hanover Kidney Beans
40.5 oz. can
Select Varieties

2/$5 Essential Everyday Family Size Soup
26 oz. can
Select Varieties

2/$3 Healthy Choice Soup
15 oz. can
Select Varieties

Healthy Choice Big Bowl Soup
14 oz. ctn. - Chicken With Rice **2/$5**

2/$7 Crystal Light On The Go Sticks
10 ct. pkg.
Select Varieties

4/$3 Vintage Seltzer Water
33.8 oz. btl.
Select Varieties

2/$7 Ocean Spray Cranberry Juice or Blends
64 oz. bt. - Select Varieties

5.99 Hershey's Candy Pouch
7.2-10.8 oz. pkg.
Select Varieties

2/$7 Quaker Rice Cakes
4.47-6.56 oz. bag
Select Varieties

3.99 Quaker Popped Rice Crisps
6.06-7.04 oz. pkg.
Select Varieties

DAIRY DELIGHTS

2/$9 Silk Almond Creamer
32 oz. btl.
Select Varieties

International Delight Cold Foam Creamer
14 oz. can
Select Varieties **2/$9**

Essential Everyday Ricotta Cheese
15 oz. ctn.
Select Varieties **2.49**

Breakstone's Cottage Cheese Doubles
4.7 oz. ctn.
Select Varieties **4/$5**

Essential Everyday Margarine Quarters
16 oz. pkg. **3/$5**

Crystal Farms Cream Cheese
8 oz. box
Select Varieties **2.49**

Crystal Farms String Cheese
9-10 oz. pkg.
Select Varieties **3.99**

Crystal Farms Cracker Cut Cheese
7 oz. pkg.
Select Varieties **2/$7**

Crystal Farms Deli Cheese Slices
6-7 oz. pkg.
Select Varieties **2/$6**

FROZEN FINDS

GREAT BUY! **2/$5** Essential Everyday Garlic Dinner Rolls
8 oz. pkg.

Bagel Bites Family Size Pizza Snacks
18 ct. pkg.
Select Varieties **4.99**

Prairie Farms Sherbet
32 oz. ctn.
Select Varieties **2.79**

Nestle Outshine Bars
6 ct. pkg.
Select Varieties **3.99**

Essential Everyday Pancakes
12 ct. pkg.
Buttermilk **2/$5**

NEW YEAR HEALTHY YOU!

GREAT DEALS ON HEALTH ESSENTIALS!

Equaline Cold & Flu Relief
24 ct. pkg. - Select Varieties **5.99**

Equaline Cold & Flu Relief
12 oz. pkg. - Select Varieties **6.99**

Vicks DayQuil or NyQuil Severe Cold & Flu
24 ct. box or 12 oz. btl.
Select Varieties **12.99**

Airborne Immune Support Supplement
10-32 ct. pkg.
Select Varieties **6.99**

Mucinex Cough, Cold & Flu Relief
14-20 ct. box
Select Varieties **15.99**

Gatorade Bars
2.8 oz. pkg.
Select Varieties **1.99**

Liquid IV Electrolyte Drink Mix
10 ct. pkg.
Select Varieties **15.99**

Quest Protein Bars, Cookies or Tortilla Chips
1.1-2.22 oz. pkg.
Select Varieties **2/$5**

Premier Protein Shakes
4 ct. pkg.
Select Varieties **10.99**

Boost Balanced Nutritional Drinks
6 ct. pkg.
Select Varieties **10.99**

Equaline Triple Size Jumbo Cotton Balls
200 ct. pkg. **2.99**

Axe Body Spray
4 oz. ctn.
Select Varieties **5.99**

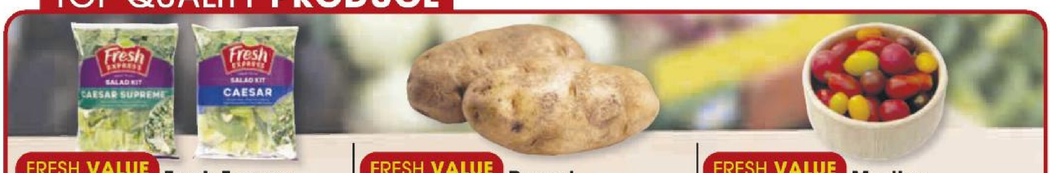
Degree Ultra Deodorant or Anti-Perspirant
2.6-2.7 oz. ctn.
Select Varieties **4.99**

Colgate Toothpaste or 360 Toothbrush
6 oz. tube or 1 ct. pkg.
Select Varieties **2/$5**

Band-Aid Premium Bandages
7-80 ct. pkg.
Select Varieties **4.49**

1.7.26 VA-5

TOP QUALITY PRODUCE



FRESH VALUE 2/$7 Fresh Express Caesar Salad Kits
9.8-10.5 oz. pkg.
Select Varieties

FRESH VALUE 2.49 Russet Potatoes
5 lb. bag
Fresh

FRESH VALUE 2.29 Medley Tomatoes
pint
Great For Salads

MORE SAVINGS

5/$5 Hass Avocados
Great For Guacamole

2/$1 Lemons
Tangy

3.99 Sweet Blueberries
pint

4.99 lb. Cherries
Tart

1.49 lb. Pink Lady Apples

.79 lb. Green Cabbage
Fresh

2.99 each Celery Hearts
Crisp

6.99 Navel Oranges
4 lb. bag

SNACK SHOPPE

2/$6 Nabisco Belvita Biscuits or Sandwich Cookies
5-8.8 oz. box
Select Varieties

9.99 Frito Lay Multi Pack Snacks
15-30 ct. box
Select Varieties

4.49 Doritos Tortilla Chips
6-10.75 oz. bag
Select Varieties

2/$7 Boulder Canyon Chips
5.25-6.5 oz. bag
Select Varieties

ORGANIC 5.99 Dave's Killer Organic Bread
27 oz. loaf
21 Whole Grains and Seeds

2/$5 Utz or Zapp's Family Size Potato Chips
7.75-8 oz. bag - Select Varieties

4.99 Utz Snack Packs
10 ct. box
Select Varieties

2/$5 Utz Pretzels
10-16 oz. bag
Select Varieties

NATURAL SPECIALTY

Gardein Ultimate Meals
14-14.8 oz. pkg.
Select Varieties
8.99

Gardein Meatless Entrees 9-13.7 oz. pkg. - Select Varieties **4.29**

Wild Harvest Fruit & Grain Cereal Bars
6 ct. box
Strawberry or Blueberry
3.99

Bear Naked Granola
11-12 oz. pkg.
Select Varieties
4.99

Wild Harvest Organic Granola
8.5-12 oz. pkg.
Select Varieties
ORGANIC 3.99

Wild Harvest Organic Soup
18.6 oz. can
Select Varieties
ORGANIC 2.99

Wild Harvest Organic Ketchup
20 oz. btl.
ORGANIC 2/$5

Wild Harvest Organic Macaroni & Cheese
6 oz. box
ORGANIC 2.29

Franzia Wine
5 ltr. box
Select Varieties
19.99

Michelob Ultra Beer
24 pk. 12 oz. cans
25.99

Save 20%

When you purchase 6 or more bottles of wine.
750ml or 1.5 ltr. btls.

Thursday, Friday & Saturday Only!
*Excludes Sale Items

FREE ITEM THIS WEEK!

ESSENTIAL EVERYDAY INSTANT OATMEAL
1.41-1.9 oz. cup - Select Varieties

It's EASY to get a FREE ITEM every week! Just download the **Great Valu app**
Check your email on SATURDAY, January 10th, and download your digital coupon. It's THAT EASY!

Visit us on the web
www.greatvalu.com

We Reserve The Right To Limit Quantities

Great Valu Markets
Locally Owned & Operated

Food-A-Rama

226 US Highway 64E
Manteo, NC 27954

PRICES GOOD JAN. 7 - JAN. 13

Store Hours:
Mon.-Sun. 8am-9pm
Phone (252) 473-2924

For Your Shopping Convenience

VISA MasterCard

1.7.26 FDR-6