

HOT HOT HOT DEALS

Shop a completely
remodelled store with
the same great deals!

UP TO
40% OFF
4.00-30.00
AFTER SAVINGS

**PC® KITCHEN GADGETS,
BOWLS OR COLANDERS**
21190090_EA
20982903_EA
21351504_EA



UP TO
25% OFF
2.95-127.50
AFTER SAVINGS

LEGO
21668197_EA/21665095_EA



Y-Optimum
GET 5,000^{pts}

\$5
back
in points

**WHEN YOU SPEND
\$25* ON BODY WASH,
DEODERANT OR SOAP**
SELECTED VARIETIES AND SIZES
21432577_EA/2121317_EA
21346430_EA/21163463_EA



UP TO
25% OFF
7.87-27.00
AFTER SAVINGS

**PC® NUTRITION FIRST®
CAT FOOD**
SELECTED VARIETIES, 2-7 KG
21303268_EA



LIMIT 4
\$47
OVER LIMIT PAY
53.99 EA

**BLUE BUFFALO
DOG FOOD**
SELECTED VARIETIES, 9.9/ 10.1 KG
21360573_EA



Y-Optimum
GET 7,000^{pts}

\$7
back
in points

no name®

just low prices
(so switch)

\$1

LIMIT 6
OVER LIMIT PAY
1.29 EA

NO NAME® LIGHT TUNA
SELECTED VARIETIES, 85/170 G
20521647_EA/20521648_EA



NO NAME® CANNED VEGETABLES
SELECTED VARIETIES, 341/398 ML
20302135_EA/21504776_EA



1²⁵

LIMIT 4
OVER LIMIT PAY
1.50 EA

1²⁵

LIMIT 4
OVER LIMIT PAY
1.89 EA

NO NAME® BROTH
SELECTED VARIETIES
900 ML
21189610_EA/21189611_EA



ONLY
2⁴⁹

NO NAME® BAGELS
SELECTED VARIETIES, 6'S
21217967_EA



\$3

LIMIT 4
OVER LIMIT PAY
4.50 EA

NO NAME® STUFFED CHICKEN
SELECTED VARIETIES FROZEN, 284 G
20503296_EA



ALWAYS LOW PRICE

Find set prices on everyday items.

ALWAYS
LOW PRICE

\$10

BREADED CHICKEN, MEATBALLS,
POTSTICKERS OR HOR D'OEUVRES
SELECTED VARIETIES, FROZEN, 700 G-1.81 KG
21447587_EA/21669059_EA



ALWAYS
LOW PRICE

\$10

FISH FILLETS, SMOKED SALMON,
BREADED SQUID OR POPCORN
SHRIMP, IMITATION CRAB MEAT OR
SEAFOOD MEDLEY FROZEN 200-908 G
21473748_EA/21473950_EA



ALWAYS
LOW PRICE

\$1

PC® BLUE MENU®
OR FREE® & CLEAR®
SPARKLING WATER
SELECTED VARIETIES, 1 L
20162061003_EA/20320832002_EA



ALWAYS
LOW PRICE

\$7

BUTTER CROISSANTS
BAKED IN-STORE, 12'S
21683000_EA



ALWAYS
LOW PRICE

\$3.50

NO NAME® PIZZA
SELECTED VARIETIES, FROZEN, 350-411 G
21541429_EA/21541441_EA



PROUDLY CANADIAN



REAL CANADIAN
SUPERSTORE

**HOT
DEAL**

7⁹⁹
LB
17.61/KG

INSIDE ROUND
ROAST, STEAK
OR BEEF STEW
CUT FROM CANADA
AA GRADE BEEF
20820521_KG
20820662_KG
20832537_KG

**HOT
DEAL**

4⁴⁸

BLUEBERRIES
PRODUCT OF MEXICO,
PERU, CHILE, OR MOROCCO
20338666001_EA

11⁹⁹

**LIMIT 4
OVER LIMIT PAY
18.49 EA**

817 ELEPHANT PURE
BASMATI RICE OR
EXTRA LONG GRAIN
BASMATI RICE 4 KG
21341087_EA
20787524_EA

**CLUB
SIZE**

510 G

SALE
\$10

NO NAME[®]
THICK CUT
BACON
21389815_EA



1 KG

GET
1,000[®]

\$1
back
in points

NO NAME[®]
FROZEN FISH
SELECTED VARIETIES, 454 G
21672358_EA

SALE
\$5

ONLY
8⁷⁹

NO NAME[®]
CHEESE BARS
SELECTED VARIETIES
700 G
20975773_EA
20975887_EA



PREPARED IN CANADA



FREE

**WHEN YOU SPEND
\$300 OR MORE**

in-store or through PC Express[™] online pickup or delivery

**UP TO
\$25
VALUE**

MADE GOOD
VARIETY PACK
742 G
21718836_EA



SALE
2/\$16
OR 10.00 EA

PC[®] PACIFIC WHITE SHRIMP
31-40/LB, 400 G OR SEAQUEST[™]
WHOLE POMPANO 800 G
SELECTED VARIETIES, FROZEN
20789931_EA/21592084_EA



SALE
\$10

MINI BABYBEL
18'S/360 G OR THE LAUGHING
COW CHEESE 535 G
SELECTED VARIETIES
20056397_EA/20575375_EA



SALE
3⁸⁸

O'TASTY
DUMPLINGS
SELECTED VARIETIES
FROZEN, 567 G
20319243004_EA



2²⁵

**LIMIT 4
OVER LIMIT PAY
3.49 EA**

CAMPBELL'S CHUNKY SOUP
SELECTED VARIETIES, 515 ML
21547142_EA/21480528_EA



SALE
3⁵⁰

CAVENDISH PREMIUM FRIES
OR SPECIALTY POTATOES
454-750 G OR ONION RINGS 400 G
SELECTED VARIETIES, FROZEN
20729779_EA/21584155_EA



6⁴⁷

**LIMIT 4
OVER LIMIT PAY
7.49 EA**

OIKOS GREEK YOGURT TUBS
SELECTED VARIETIES, 650/750 G
21006634_EA/21216451_EA



19⁹⁹

**LIMIT 4
OVER LIMIT PAY
28.99 EA**

NABOB
GROUND
COFFEE 915/930 G
OR MELITTA
WHOLE BEAN
COFFEE 907 G
SELECTED VARIETIES
20074173002_EA
21559019_EA



19⁹⁹

**LIMIT 4
OVER LIMIT PAY
23.99 EA**

CASCADE PLATINUM PLUS 51'S,
PLATINUM 67'S OR COMPLETE
90'S DISHWASHER TABS
SELECTED VARIETIES
21012172_EA/21518479_EA



12⁹⁹

**LIMIT 4
OVER LIMIT PAY
22.99 EA**

ROYALE
BATHROOM
TISSUE
SELECTED VARIETIES
21378233_EA



We match prices* so you can just shop!

*SEE FLYER LEGAL FOR DETAILS

Flyer prices effective from Thursday, January 8th to Wednesday, January 14th, 2026

新年快樂

HAPPY LUNAR
NEW YEAR

Celebrate the Year of the
Horse with low prices.

SALE

2⁸⁸
LB

6.35/KG

BABY OR
SHANGHAI
BOK CHOY
PRODUCT OF
MEXICO
OR U.S.A.
20082279001_KG
20032454001_KG

SALE

2⁸⁸

RED POMELO
PRODUCT OF CHINA
20081390001_EA

ONLY

4²⁸
LB

9.44/KG

GRADE A, DUCK
FROZEN
20078881_KG

CANADIAN
POULTRY

1⁶⁸

LIMIT 4
OVER LIMIT PAY
2.29 EA

AROY-D COCONUT MILK
SELECTED VARIETIES, 400 ML
20063864_EA/20133960_EA



4⁴⁸

LIMIT 4
OVER LIMIT PAY
5.49 EA

NONGSHIM NOODLES
SELECTED VARIETIES, 480-508 G
21503849_EA/21504161_EA



JANUARY

**HIT
OF THE
MONTH**

**CATELLI SMART OR
WHOLE GRAINS PASTA**
SELECTED VARIETIES, 340/375 G
20299819008_EA/20527060_EA



**KELLOGG'S
EGGO WAFFLES**
SELECTED VARIETIES, FROZEN, 8'S
30323436001_EA



**JANES COSMIC
CHICKEN NUGGETS**
FROZEN, 500 G
21717211_EA



**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
Valid from January 1 - 31, 2026. While quantities last. See in-store for details.

SUPER COUPONS

More offers.
More points.

UP TO
\$50
IN TOTAL
VALUE

CLICK FOR THIS
COUPON AND MORE

Cannot be used with any other points, promotions or offers.



Buy 2, get

1,500^{pts}

with digital
coupon

=\$150
Value

NO NAME® BAGELS
SELECTED VARIETIES, 6'S
21666643_EA/21217967_EA



Buy 2, get

1,000^{pts}

with digital
coupon

=\$1
Value

NO NAME® TOMATOES
SELECTED VARIETIES
796 ML
20600787_EA
20326215005_EA



With digital
coupon, get

5,000^{pts}

for every \$20*
spent on

=\$5
Value¹

**DELI MEAT
& CHEESE**
SELECTED VARIETIES
AND SIZES
20972654_KG
20682859_EA
20770652_EA
20787327_EA



Get

1,500^{pts}

with digital
coupon

=\$150
Value

**PC® PACIFIC LARGE
WHITE SHRIMP RAW
OR COOKED PEELED
OR RAW ZIPPERBACK
31-40 PER LB, 400 G
OR SEAQUEST
WHOLE TILAPIA
1.36 KG OR WHOLE
POMPANO 800 G
FROZEN**
21591947_EA/20791381_EA



With digital
coupon, get

5,000^{pts}

when you
spend \$30* on

=\$5
Value

**PET DEPARTMENT,
INCLUDES PET FOOD,
TREATS, TOYS &
SUPPLIES**
20177160001_EA
20913423_EA
20112174_EA

**CLUB
SIZE**



HOT DEALS

\$1

CARNABY SWEET CANDY BAG
SELECTED VARIETIES, 125 G OR
BAGUETTE
WHITE OR WHEAT, 255 G
21219409_EA/21219523_EA
21529211_EA/21530097_EA



\$2

CAMPBELL'S CONDENSED SOUP AND COOKING BROTH
SELECTED VARIETIES, 284 ML OR
PC PASTA
SELECTED VARIETIES, 454 G
21689912_EA/21690041_EA
21001575_EA



\$3

HARVEST MEATS SLICED SAUSAGE
SELECTED VARIETIES, 125 G OR
KETTLE BRAND POTATO CHIPS
SELECTED VARIETIES, 156/198 G OR
PC WINE GUMS OR LIQUORICE ALLSORTS
SELECTED VARIETIES, 175/200 G OR
NO NAME COFFEE WHITENER
SELECTED VARIETIES, 450 G
21588119_EA/21588692_EA/21589837_EA
20878994_EA/20872484_EA/20310718_EA



\$4

PC THE DECADENT COOKIE
SELECTED VARIETIES, 280/300 G OR
SEAQUEST CRAB OR LOBSTER FLOURED ALASKA POLLOCK
READY TO EAT, 227 G
20612257_EA/20612260_EA
20699832_EA/20749798_EA



\$5

DORÉ-MI HALOUMI CHEESE
SELECTED VARIETIES, 160 G OR
SCHNEIDERS HAM STEAK
SELECTED VARIETIES, 175 G OR
PC BLUE MENU TWICE THE FRUIT OR FRUIT AND CONCENTRATED PEAR JUICE SPREAD
SELECTED VARIETIES
EXCLUDING RASPBERRY, MIXED BERRIES
OR PEANUT BUTTER 750 G, 310-500 ML
21093684_EA/20060874_EA
20057669001_EA/20300537_EA



*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a free Made Good Variety Pack 742 g. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$25.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item, 21721107_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and may not be available in all stores.** No rainchecks OR substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Coupons must be presented and redeemed at time of purchase. Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Some items may have "plus deposit and environmental charge" where applicable. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2026 Loblaws Inc. ***We match prices:** Applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. **WE RESERVE THE RIGHT TO LIMIT QUANTITIES** (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). We will not match: competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save It Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. No cash value. See pcoptimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to a price match program for participating stores operating under the Loblaws Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours.

no name®



this logo
means made without
10 unwanted ingredients

no synthetic colours*
no artificial flavours
no monosodium glutamate†
no hydrogenated oils
no artificial sweeteners
Simple Check ✓

SHOP NOW

\$2

NO NAME® ENGLISH MUFFINS
SELECTED VARIETIES, 6'S
21313119_EA



2⁵⁰

NO NAME® WAFFLES
SELECTED VARIETIES, FROZEN, 8'S
20316375001_EA



\$3

NO NAME® 100% WHOLE GRAIN OATS
SELECTED VARIETIES, 900 G/1 KG
20923828_EA/20923994_EA



\$3

NO NAME® TABLE SYRUP 750 ML OR OLD-FASHIONED PANCAKE MIX 500 G
SELECTED VARIETIES
20306030_EA/20322949_EA



\$6

NO NAME® HONEY LIQUID OR CLOVER
CREAMED OR UNPASTEURIZED, 500 G
20034427_EA/20129324_EA



\$6

NO NAME® JAM OR MARMALADE
SELECTED VARIETIES
EXCLUDING RASPBERRY, 1 L
20217879_EA/20319782_EA



*As defined in Canadian regulations. †Except those naturally occurring.

no name®

just low prices (so switch)

Fruits and vegetables don't have to look perfect to taste great.

\$7

GET 1,500[®] back in points

NO NAME[®] NATURALLY IMPERFECT[™] MIXED SWEET PEPPERS
PRODUCT OF MEXICO, 2.5 LB
20921434001_EA



CLUB SIZE



APP EXCLUSIVE OFFER*

*Open your PC Optimum app or visit pcoptimum.ca to get the offer

\$6

NO NAME[®] NATURALLY IMPERFECT[™] MANGOES
PRODUCT OF PERU
21624837001_EA



3 LB

\$6

NO NAME[®] NATURALLY IMPERFECT[™] PEARS
PRODUCT OF U.S.A.
NO. 1 GRADE
21666583001_EA



3 LB

8⁹⁹

NO NAME[®] SMOKIES[™]
SELECTED VARIETIES
900 G
20734371_EA



9⁹⁹

NO NAME[®] FULLY COOKED HAM
800 G
20858029_EA



CLUB SIZE

\$10

NO NAME[®] MEATBALLS
SELECTED VARIETIES
FROZEN, 680 G
21537713_EA



\$14

NO NAME[®] CHICKEN WINGS
SELECTED VARIETIES
FROZEN, 908 G
21045309_EA



PREPARED IN CANADA

3⁵⁰

NO NAME[®] GARLIC TOAST
16'S
21361140_EA



PREPARED IN CANADA

\$2

NO NAME[®] DINNER ROLLS
SELECTED VARIETIES
12'S
21431243_EA



PREPARED IN CANADA

2⁵⁰

NO NAME[®] HAMBURGER OR HOT DOG BUNS
SELECTED VARIETIES
12'S
21509645_EA



PREPARED IN CANADA

\$11

NO NAME[®] MEAT LASAGNA
FROZEN, 2.27 KG
20099795_EA

LIMIT 4
OVER LIMIT PAY
15.00 EA



2⁹⁹

NO NAME[®] SOUR CREAM
SELECTED VARIETIES
500 ML
20299657_EA



PREPARED IN CANADA

3⁵⁰

NO NAME[®] WHIPPED TOPPING
225 G
20017493_EA



PREPARED IN CANADA

ALWAYS LOW PRICE

\$4

NO NAME[®] ICE MILK
SELECTED VARIETIES
FROZEN, 1.65 L
21610199_EA



PREPARED IN CANADA

no name®

just low prices (so switch)

\$2

NO NAME® ENGLISH MUFFINS
SELECTED VARIETIES
6'S
21313119_EA



2⁵⁰

NO NAME® WAFFLES
SELECTED VARIETIES
FROZEN, 8'S
20316375001_EA



\$6

NO NAME® JAM OR MARMALADE
SELECTED VARIETIES
EXCLUDING RASPBERRY, 1L
20217879_EA/20319782_EA



\$3

NO NAME® 100% WHOLE GRAIN OATS
SELECTED VARIETIES
900 G/1 KG
20923828_EA
20923994_EA



\$3

NO NAME® TABLE SYRUP 750 ML OR
OLD-FASHIONED PANCAKE MIX 905 G
SELECTED VARIETIES
20306030_EA/20322949_EA



\$6

NO NAME® HONEY LIQUID OR CLOVER
CREAMED OR UNPASTEURIZED
500 G
20034427_EA
20129324_EA



4⁹⁹

NO NAME® CHEESE SLICES
SELECTED VARIETIES
210/230 G
21614277_EA



2⁶⁹

NO NAME® FROZEN VEGETABLES
SELECTED VARIETIES
750 G
20301012_EA
20312260_EA



6⁵⁰

NO NAME® CRISPY RICE
MARSHMALLOW SQUARES
24'S, 528 G
20702577_EA



89¢

NO NAME® INSTANT NOODLE CUPS
SELECTED VARIETIES
65 G
20301246002_EA
20301246001_EA



3²⁹

NO NAME® FRUIT
SELECTED VARIETIES
796 ML
20618071_EA
20618824_EA



3⁷⁹

NO NAME® HONEY GRAHAM
WAFERS
400 G
20606356_EA



1⁷⁵

NO NAME® CHOCOLATE BAR
SELECTED VARIETIES
100 G
20580727_EA
21337562_EA



2⁴⁷

NO NAME® LASAGNA
OR EGG NOODLES
SELECTED VARIETIES
340-500 G
20323261_EA



\$4

NO NAME® FOOD STORAGE
CONTAINERS
SELECTED VARIETIES
20061485_EA
21161828_EA



no name®

just low prices (so switch)

1.29

NO NAME® CANNED BEANS OR LENTILS
SELECTED VARIETIES
540 ML
20325921001_EA
20325921005_EA

LIMIT 4
OVER LIMIT PAY
1.50 EA



1.87

NO NAME® PASTA OR TOMATO SAUCE
SELECTED VARIETIES
680 ML
20056697_EA
20120683_EA



1.97

NO NAME® PASTA
SELECTED VARIETIES
900 G
20315613002_EA



1.49

NO NAME® BAKED BEANS
SELECTED VARIETIES
398 ML
20314839001_EA
20314839003_EA

LIMIT 4
OVER LIMIT PAY
1.69 EA



2.50

NO NAME® SPICES OR SEASONINGS
SELECTED VARIETIES
5.5-250 G
20617758_EA
20618033_EA



2.79

NO NAME® SODA CRACKERS
SELECTED VARIETIES
454 G
20795391_EA
20795392_EA



3.99

NO NAME® PEANUTS
SELECTED VARIETIES
500 G
20318062001_EA
20318062002_EA

LIMIT 4
OVER LIMIT PAY
4.49 EA



1.29

NO NAME® RICE CRACKERS
SELECTED VARIETIES
100 G
20297188003_EA
20297188006_EA

LIMIT 4
OVER LIMIT PAY
1.49 EA



1.99

NO NAME® SNACK CRACKERS
225 G
20318892001_EA



\$3

NO NAME® POPPING CORN
1 KG
21291313_EA



7.97

NO NAME® CANOLA OIL
3 L
20028656_EA



ALWAYS
LOW PRICE

\$8

NO NAME® CLUMPING CAT LITTER
SELECTED VARIETIES
7 KG
20023746001_EA



\$8

NO NAME® PAPER TOWELS
6=12 ROLLS
21636318_EA



12.99

LIMIT 4
OVER LIMIT PAY
14.99 EA

NO NAME® GARBAGE BAGS
SELECTED VARIETIES
60/100'S
20081753_EA
20155093_EA



EVERYDAY ESSENTIALS™/MC

Quality products
at prices you'll love.

FROM
\$3
3.00-135.00

EVERYDAY ESSENTIALS™ APPLIANCES
21193454_EA/20062450002_EA



UP TO
25% OFF
3.00-14.00 AFTER SAVINGS

EVERYDAY ESSENTIALS™ FOOD STORAGE
SELECTED VARIETIES
21383193_EA/21385196_EA

FROM
\$7
7.00-18.00

EVERYDAY ESSENTIALS™ METAL BAKEWARE & BAKEWARE SETS
20756778_EA/21490134_EA
21485407_EA



FROM
\$10
10.00-59.00

EVERYDAY ESSENTIALS™ COOKWARE
21345662_EA/21345889_EA/
21425511_EA



\$2

EVERYDAY ESSENTIALS™ OPENSTOCK GLASSWARE
SELECTED VARIETIES
21300041_EA/20659443_EA



EVERYDAY ESSENTIALS™ 12 PIECE DINNERWARE SET
SELECTED VARIETIES
21219972_EA

\$30



FROM
\$2
2.00-19.00

EVERYDAY ESSENTIALS™ GADGETS
20213665_EA/21424654_EA
21214127_EA



\$6

EVERYDAY ESSENTIALS™ FRIDGE PITCHER
20654809_EA

* Please note that not all items are available in all stores.

EVERYDAY ESSENTIALS™/MC

Quality products
at prices you'll love.

\$10

EVERYDAY ESSENTIALS™
PLUSH CHECK THROW
21680150_EA/21680103_EA



5⁵⁰

EVERYDAY ESSENTIALS™
JUMBO PILLOW
21667755_EA



\$30

LIMIT 4
OVER LIMIT PAY
39.00 EA

EVERYDAY ESSENTIALS™
COMFORTER SET
21666909_EA



EVERYDAY ESSENTIALS™
SHEET SET
SELECTED VARIETIES
21586732_EA/21586871_EA



UP TO
25% OFF
30.00-41.00 AFTER SAVINGS

ALWAYS
LOW PRICE

\$8

EVERYDAY ESSENTIALS™
BATH TOWELS
SELECTED VARIETIES
21434220_EA



\$7

LIMIT 2
OVER LIMIT PAY
10.00 EA

EVERYDAY ESSENTIALS™
CANDLES
SELECTED VARIETIES, 18 OZ
21593766_EA/21593815_EA



UP TO
20% OFF
3.00-16.00 AFTER SAVINGS

EVERYDAY ESSENTIALS™
PLASTIC STORAGE BINS
SELECTED VARIETIES
20022692_EA/21182477_EA



EVERYDAY ESSENTIALS™
100 PACK TEALIGHT
20426056_EA

\$7



* Please note that not all items are available in all stores.

新年快樂 HAPPY LUNAR NEW YEAR

Celebrate
 the Year of the
 Horse with
 low prices.

1⁹⁹
 LB
 4.39/KG

PAPAYA
 PRODUCT OF MEXICO
 20817066001_KG

98¢
 LB
 2.16/KG

**TAIWANESE
 FLAT CABBAGE**
 PRODUCT OF MEXICO
 OR U.S.A.
 20020863001_KG

10⁹⁹
 LB
 24.23/KG

BEEF STIR FRY
 20820739_KG

1¹⁸

**GOLDEN HAPPINESS
 SPECIALTY BUNS**
 SELECTED VARIETIES, 100 G
 21297542_EA/21297545_EA

15⁸⁸
**LIMIT 4
 OVER LIMIT PAY
 22.99 EA**

**BOTAN
 CALROSE RICE**
 8 KG
 20428552_EA

8⁸⁸
**LIMIT 4
 OVER LIMIT PAY
 12.99 EA**

**KNORR CHICKEN
 BOUILLON/BROTH
 MIX**
 1 KG
 20154074_EA

2⁸⁸

**LARGE
 DRAGON FRUIT**
 PRODUCT OF VIETNAM
 20168395001_EA

5⁵⁰

RAMBUTAN
 PRODUCT OF
 GUATEMALA
 20732115001_EA

1⁹⁹
 LB
 4.39/KG

**PURPLE
 UBE YAM**
 PRODUCT OF CHINA
 20849858001_KG

6⁹⁹
 LB
 15.41/KG

**CURED SALT
 PORK**
 21007666_KG

2⁸⁸

**TRADITIONS
 HOT POT
 BALLS 200-250 G,
 YELLOWFIN
 TUNA STEAKS
 92 G OR
 GO SHRIMP 160 G**
 SELECTED VARIETIES
 FROZEN
 21694839_EA
 21715135_EA

6⁸⁸
 LB
 15.17/KG

**WHOLE
 CHICKEN,
 HEAD AND
 FEET ON**
 FROZEN
 21587976_KG

5⁸⁸
 LB
 12.96/KG

PORK STIR FRY
 FRESH
 21662738_KG

2⁹⁸
**LIMIT 4
 OVER LIMIT PAY
 3.59 EA**

**SUNRISE FRESH
 PACK TOFU
 SMOOTH OR
 TRADITIONAL**
 SELECTED VARIETIES
 700 G
 20571247_EA
 20571249_EA

3⁸⁸
**LIMIT 4
 OVER LIMIT PAY
 4.99 EA**

**GOLD KILLI
 INSTANT LATTE**
 SELECTED VARIETIES
 250 G
 21166724_EA

2⁴⁸
**LIMIT 4
 OVER LIMIT PAY
 3.49 EA**

**T&T ALOE
 VERA DRINK**
 SELECTED VARIETIES
 1.5L
 20593585_EA
 21007399_EA

2⁸⁸
**LIMIT 4
 OVER LIMIT PAY
 3.99 EA**

**HEIWA
 JAPANESE
 STYLE BREAD
 CRUMB**
 227 G
 20850403_EA

5⁸⁸
**LIMIT 4
 OVER LIMIT PAY
 7.99 EA**

**BULL-DOG
 TONKATSU
 SAUCE**
 500 ML
 21576312_EA

* Please note that not all items are available in all stores.

新年快樂 HAPPY LUNAR NEW YEAR

Celebrate
 the Year of the
 Horse with
 low prices.

488

HEIWA
 SANUKI-STYLE
 UDON NOODLES
 1.25 KG
 20570578_EA

LIMIT 4
 OVER LIMIT PAY
 5.99 EA

388

LOTTE MOCHI
 FROZEN, 270 G
 21247127_EA

179

SPRING HOME
 SPRING ROLL
 PASTRY
 275 G
 20083248_EA

LIMIT 4
 OVER LIMIT PAY
 1.99 EA

88¢

SWANSON
 READY TO SERVE
 CHICKEN BROTH
 412 ML
 20042814_EA

LIMIT 4
 OVER LIMIT PAY
 1.49 EA

488

MELONA
 ICE BAR
 SELECTED VARIETIES
 FROZEN, 560 ML
 21622903_EA

899

BIBIGO
 MANDU
 FROZEN, 680 G
 21592031_EA

288

MANDARIN
 NOODLES
 SELECTED VARIETIES
 454 G
 20310388_EA

288

NISSIN
 DIMSUM
 SELECTED VARIETIES
 FROZEN, 104-210 G
 21363810_EA

LIMIT 4
 OVER LIMIT PAY
 4.49 EA

148

T&T POTATO
 CHIPS 72 G
 OR KOREAN
 ROASTED
 SEAWEED
 LAYER 15 G
 21482743_EA
 20593313_EA

LIMIT 4
 OVER LIMIT PAY
 1.79 EA

498

M.Y. SAN
 SKY FLAKES
 CRACKERS
 800 G
 21176798_EA

LIMIT 4
 OVER LIMIT PAY
 7.49 EA

398

LOTTE PEPERO
 COOKIE
 STICKS FAMILY
 PACK
 SELECTED VARIETIES
 128 G
 21617953_EA
 21635865_EA

LIMIT 4
 OVER LIMIT PAY
 5.29 EA

588

LEE KUM KEE
 PURE SESAME
 OIL
 445 ML
 20165080_EA

LIMIT 4
 OVER LIMIT PAY
 8.99 EA

548

PALM CORNED
 BEEF
 SELECTED VARIETIES
 325 G
 20416342_EA
 20688317_EA

LIMIT 4
 OVER LIMIT PAY
 6.99 EA

248

T&T PREMIUM
 LIGHT SOY
 SAUCE
 500 ML
 20698142_EA

LIMIT 4
 OVER LIMIT PAY
 3.19 EA

1488

T&T JASMINE
 RICE
 8.2 KG
 20705590_EA

LIMIT 4
 OVER LIMIT PAY
 22.89 EA

UP TO 15% OFF

11.20-106.25 AFTER SAVINGS

LEGO LUNAR
 NEW YEAR
 21717895_EA

\$1

NO NAME®
 GEL AIR
 FRESHENER
 SELECTED VARIETIES
 170 G
 21405442_EA
 21405448_EA

LIMIT 4
 OVER LIMIT PAY
 1.49 EA

288

NO NAME®
 DISINFECTING
 ALL-PURPOSE
 CLEANER 1.3 L
 OR SPRAY 650 ML
 SELECTED VARIETIES
 21207732_EA/21464622_EA

LIMIT 4
 OVER LIMIT PAY
 3.29 EA

888

PC PLANET
 FIRST™ LAUNDRY
 DETERGENT
 STRIPS
 SELECTED VARIETIES
 32'S
 21614429_EA
 21614370_EA

LIMIT 4
 OVER LIMIT PAY
 10.00 EA

FROM 4.50

NO NAME®
 PAPER PLATES
 SELECTED VARIETIES
 40'S
 21590319_EA
 21590410_EA

* Please note that not all items are available in all stores.



TOP PICKS

DISCOVER OUR ASIAN FOOD SELECTION!



**APP
EXCLUSIVE
OFFER[†]**

Optimum[®]
**GET
3,000^(pts)**

\$3
back
in points

for every \$15* spent
on T&T products
all sizes and varieties
*Open your PC Optimum[®] app or visit pcoptimum.ca
to get the offer. †At least \$3 value in points.

5⁹⁹

T&T BBQ PORK BUNS
FROZEN, 540 G
21495784_EA



5⁹⁹

T&T ICE CREAM
SELECTED VARIETIES
FROZEN, 1 L
21300559_EA



11⁸⁸

T&T SHRIMP DUMPLINGS
FROZEN, 1.04 KG
21471210_EA



**T&T GREEN
ONION PANCAKE**
FROZEN, 600 G
20814816_EA

4⁹⁹



\$6

**T&T VEGETABLE
SPRING ROLLS**
FROZEN, 500 G
21615702_EA

**LIMIT 4
OVER LIMIT PAY
8.00 EA**



T&T EDAMAME
FROZEN, 454 G
20593404_EA

2⁴⁹



11⁸⁸

T&T DURIAN PULP
FROZEN, 454 G
21541463_EA



11⁸⁸

**LIMIT 4
OVER LIMIT PAY
13.99 EA**

T&T GLUTINOUS RICE
5 KG
20828958_EA



1⁴⁸

**LIMIT 4
OVER LIMIT PAY
1.79 EA**

T&T COCONUT MILK
398 ML
20697880_EA



8⁸⁸

**LIMIT 4
OVER LIMIT PAY
11.49 EA**

T&T DRIED MANGO
500 G
21315251_EA



1²⁸

**LIMIT 4
OVER LIMIT PAY
1.79 EA**

**T&T READY-TO-EAT
ORGANIC CHESTNUTS**
100 G
20873813_EA



1⁷⁸

**LIMIT 4
OVER LIMIT PAY
1.99 EA**

**T&T KOREAN
STYLE SWEET
POTATO THIN
VERMICELLI**
400 G
21447369_EA



JOE FRESH

Celebrate Lunar New Year

Ring in the New Year with a limited-edition collection that blends tradition and modern style.

Select Stores + Online



Baby Lunar New Year Sleeper
\$16



Adult Lunar New Year Sweatshirt
\$39



Adult Lunar New Year T-Shirt
\$25



Lunar New Year Vest
\$35



CUSTOM MAPLE LEAF PATTERN



Kid Lunar New Year Jacket
\$29



Toddler Lunar New Year Vest
\$19



Toddler Lunar New Year Long Sleeve Top
\$16



Lunar New Year Scarf
\$19

SHOP THE FULL COLLECTION AT JOEFRESH.COM

SHOP NOW

LOHRI FESTIVAL ESSENTIALS*

Celebrate harvest season on a budget.



\$3

CRISPY ROTI
SELECTED VARIETIES, 750 G
21195607_EA



\$5

SURAJ NAAN
SELECTED VARIETIES, 10'S
20342261_EA



99¢

CILANTRO
PRODUCT OF U.S.A. OR MEXICO
20091825001_EA



3⁵⁰

CRISPY COOKIES
SELECTED VARIETIES, 300-350 G
20820641_EA



\$3

VERKA NAMAK PARA
SELECTED VARIETIES, 360 G
21482376_EA



1⁴⁹

LIMIT 4
OVER LIMIT PAY
1.99 EA

HALDIRAM'S SNACKS
SELECTED VARIETIES, 90/150 G
20309425_EA/20309977_EA



4⁹⁹

LIMIT 4
OVER LIMIT PAY
5.49 EA

TRE STELLE PANEER
350 G
21099328_EA



2⁹⁹

LIMIT 4
OVER LIMIT PAY
3.49 EA

NANAK DAHI
750 G
20133591_EA



12⁴⁹

FRESH 5 PACK SAMOSAS
SELECTED VARIETIES
21065724_EA



5⁹⁹

BRAR'S SAMOSAS
SELECTED VARIETIES, 624 G
21000033_EA



2²⁵

LIMIT 4
OVER LIMIT PAY
2.79 EA

RUBICON JUICE
SELECTED VARIETIES, 1L
20029236001_EA/20296770001_EA



5⁹⁹

LIMIT 4
OVER LIMIT PAY
7.49 EA

SHER BESAN FLOUR
4 LB
20869922_EA



4⁴⁹

LIMIT 4
OVER LIMIT PAY
6.49 EA

SURAJ DRY BEANS
SELECTED VARIETIES, 1.8 KG
20558757_EA/20558758_EA



2⁹⁷

LIMIT 4
OVER LIMIT PAY
4.29 EA

LAY'S INTERNATIONAL FLAVOURS
SELECTED VARIETIES, 200 G
21663082_EA/21663203_EA



1⁵⁷

MAGGI MASALA NOODLES
280 G
20870359_EA



* Please note that not all items are available in all stores.

**FRESH
PROMISE**

If it's not fresh,
it's free.

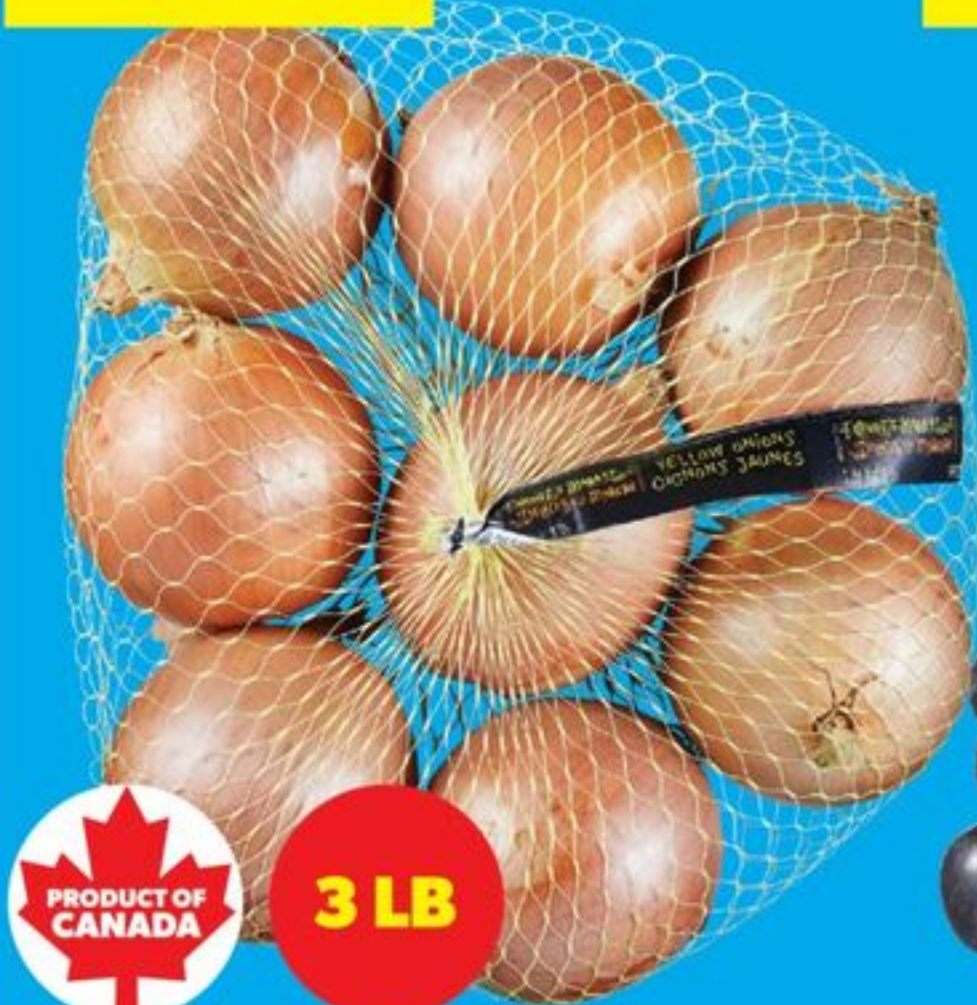
2⁴⁹

**FARMER'S MARKET™
YELLOW ONIONS**
PRODUCT OF
WESTERN PROVINCES
CANADA NO. 1 GRADE
20811994001_EA

3⁹⁹
LB
8.80/KG

**PC® BLACK
SEEDLESS GRAPES**
PRODUCT OF PERU OR
SOUTH AFRICA, NO. 1 GRADE
20711275001_KG

5⁹⁹



**PC® CARA CARA
ORANGES**
PRODUCT OF U.S.A.
20697748001_EA



3 LB

3 LB

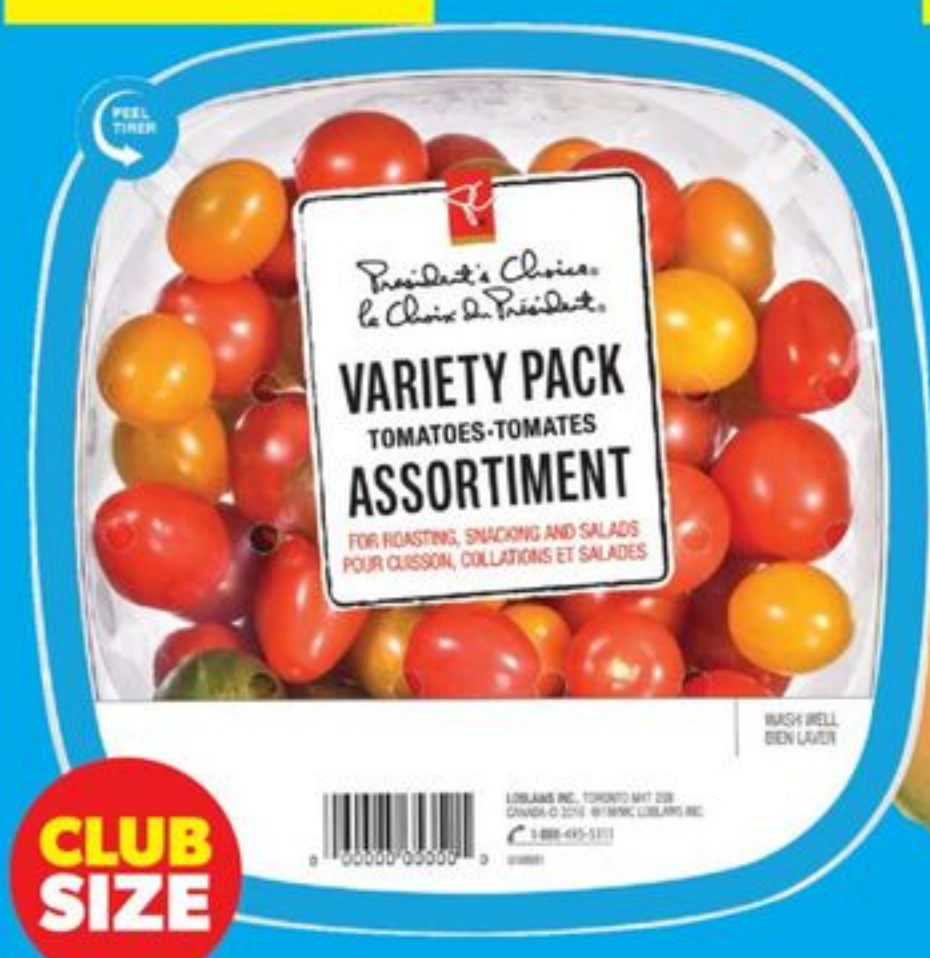
5⁸⁸

**PC® VARIETY
TOMATOES**
PRODUCT OF CANADA, MEXICO
OR U.S.A., NO. 1 GRADE, 681 G
20949866001_EA

\$4

CANTALOUPE
PRODUCT OF GUATEMALA OR HONDURAS
20167017001_EA

3⁵⁸



**FARMER'S
MARKET™
AVOCADO BAG**
PRODUCT OF MEXICO
CLUB SIZE
21644936001_EA

**CLUB
SIZE**

**PKG
OF 6**

5⁹⁹

**PC® ORGANICS
ROMAINE HEARTS**
PRODUCT OF CANADA
OR U.S.A., 3'S
20599776001_EA



PC® ORGANICS GALA APPLES
PRODUCT OF U.S.A., US EXTRA FANCY
20606349001_EA

6⁹⁹



3 LB

\$4

**PC® ORGANICS MUSHROOMS WHOLE
CREMINI OR WHITE**
PRODUCT OF CANADA, 454 G
21219539001_EA/21219496001_EA

PC® ORGANICS SWEET PEPPERS
PRODUCT OF MEXICO, 2'S
20690699001_EA

\$5



**CLUB
SIZE**

3⁹⁹

**LIMIT 4
OVER LIMIT PAY
5.99 EA**

PC® ORGANICS RED, RUSSET OR YELLOW POTATO
PRODUCT OF WESTERN PROVINCES, CANADA NO. 1 GRADE
20009380_EA/ 20063146001_EA

PC® ORGANIC SALAD MIX
SELECTED VARIETIES, PRODUCT OF U.S.A.
312 G
20127207_EA/20323751_EA

\$5

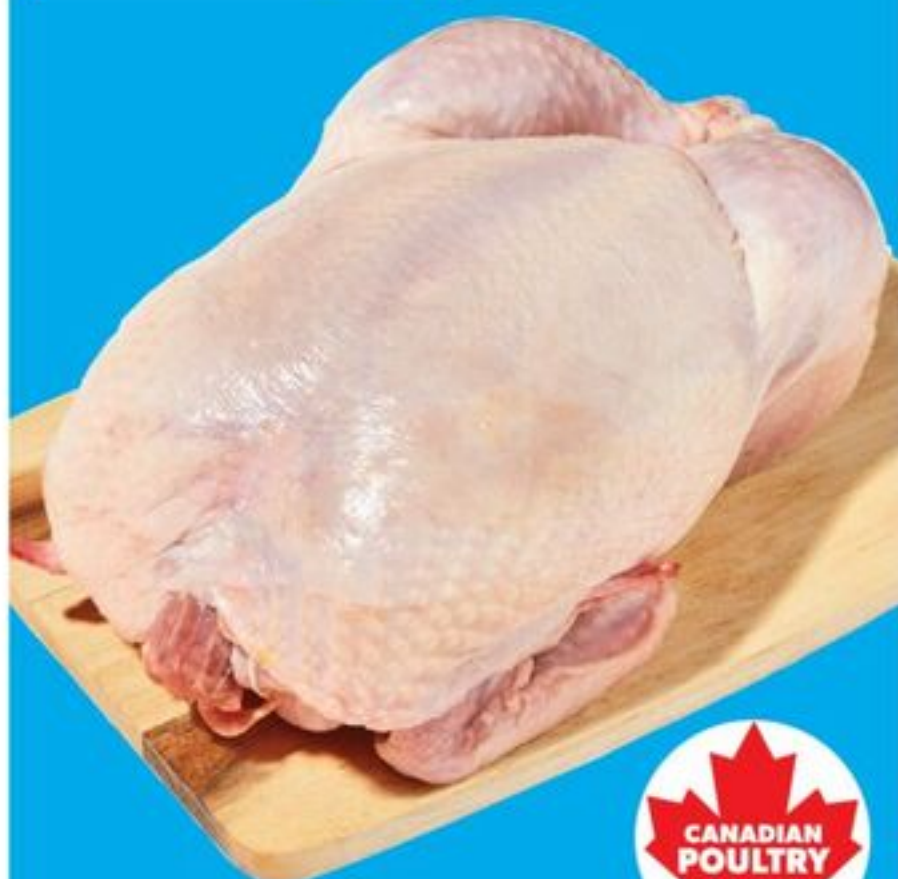


3 LB

SUPER FRESH

3⁵⁰
LB
7.72/KG

WHOLE FRYER CHICKENS
WET-CHILLED, BAG OF 3
OR **HALAL** SINGLE PACK,
FRESH, SELECTED VARIETIES
20734042_EA



\$13

**PC[®] CHICKEN THIGHS,
DRUMSTICKS OR
BREAST FILLETS**
FRESH, UP TO 870 G
21341035_EA/21341048_EA



6⁵⁰

**PC[®] FREE FROM[®]
LEAN GROUND PORK**
454 G
20883220_EA



\$10

**EXTRA LEAN
GROUND BEEF**
450 G
21604812_EA



12⁸⁸
LB
28.39/KG

**BEEF SHORT RIBS
KOREAN STYLE OR
BRAISING STYLE**
CUT FROM CANADA AA GRADE
BEEF
20810384_KG/20810386_KG



13⁹⁹

**MARCANGELO
SOUVLAKI KABOBS**
SELECTED VARIETIES, 480/640 G
21041735_EA/21090855_EA



\$7

**ULTIMATE DINNER OR
BREAKFAST CHICKEN
SAUSAGES**
SELECTED VARIETIES, 375/500 G
21378310_EA/21539970_EA



8⁹⁹

**LIMIT 4
OVER LIMIT PAY
9.99 EA**

**HARVEST MEATS
SMOKED FARMER
SAUSAGE**
SELECTED VARIETIES, 375-675 G
20122094_EA/20357532_EA



\$13

**JANES BONELESS
CHICKEN BITES,
FILLETS OR TENDERS**
SELECTED VARIETIES, FROZEN,
710/720 G
21440340_EA/21703584_EA



\$14
LB
30.86/KG

**COHO SALMON
FILLETS**
FRESH OR FROZEN
21649464_KG



\$13

**LIMIT 4
OVER LIMIT PAY
15.99 EA**

**SEAQUEST[™]
ZIPPERBACK[®]
COLOSSAL WHITE
SHRIMP**
16-20/LB, FROZEN, 680 G
21636317_EA



**CLUB
SIZE**

\$15

**SEAQUEST[™] TILAPIA,
COD, SOLE, HADDOCK
OR WILD SALMON
FILLETS**
FROZEN, 1KG
21314216_EA/21314738_EA



**CLUB
SIZE**

\$6

**T&T[®] HEAD-ON,
SHELL-ON COOKED
SHRIMP** 21-25/LB, 300 G
OR **RAW SHRIMP** 30-40/LB,
400 G, SELECTED VARIETIES,
FROZEN
21689820_EA/21689808_EA



\$7

**LIMIT 4
OVER LIMIT PAY
7.99 EA**

**SEAQUEST[™] PACIFIC
WHITE SHRIMP** 36-55/LB
SELECTED VARIETIES, FROZEN,
300 G
21636326_EA/21636352_EA



\$11

**OCEAN ANGEL WILD
CAUGHT CALIFORNIA
SQUID 1KG, PMC SQUID
TUBES OR SWIMMING
CRAB** 680 G
FROZEN
20121461_EA/20809866_EA



SUPER FRESH

HOT DEALS

\$5

GET **1,500**[®] **\$150**[®]
back in points
when you buy 2

TRE STELLE
RICOTTA 475 G
OR **BOCCONCINI**
200-383 G
SELECTED VARIETIES
20024992_EA/20093692_EA



PREPARED IN CANADA

SUPERIOR NATURAL
EXTRA FIRM TOFU
21722578_EA

888



\$12

GET **1,000**[®] **\$1**[®]
back in points
FREYBE
PEPPERETTES
STICKS
SELECTED VARIETIES,
500 G
20322436_EA
20323265_EA



PREPARED IN CANADA

12⁵⁰

PC[®] SPLENDIDO[®]
SLICED MEAT
200 G, **NATURAL**
CHOICE SALAMI
TRIO 250/400 G OR
ROMA SLICED
PEPPERONI 900 G
SELECTED VARIETIES
21055597_EA/21217461_EA



7⁵⁰

MARCANGELO
ITALIAN DELI
SLICED MEAT
85 G OR **COOKED**
CHICKEN BITES
200 G
SELECTED VARIETIES
21706089_EA
21706423_EA



\$7

OKA CHEESE
190 G OR
KERRYGOLD
IRISH
CHEDDAR 250 G
SELECTED VARIETIES
20359976_EA
20921279_EA



\$7

PC[®] CHEESE
BLOCKS, 250 G
OR **ZIGGY'S[®]**
MOZZARELLA
340 G
SELECTED VARIETIES
20770652_EA
21004922_EA



\$15

LIMIT 4
OVER LIMIT PAY
16.99 EA

BELLA
CASARA
BURRATA
250 G
20214087_EA



PREPARED IN CANADA

\$5

ZIGGY'S[®]
OLIVES
SELECTED VARIETIES,
500 ML
20501267_EA
20501268_EA



PREPARED IN CANADA

Optimum[®]

Members-Only Price[™]

4⁵⁰

Non-members

5⁵⁰

Members
save
\$1

SNACK FACTORY
PRETZEL CRISPS
SELECTED VARIETIES,
200 G
20948940_EA/21676303_EA



2/\$9
OR 4.99 EA

LADLES OF
LOVE SOUPS
SELECTED VARIETIES,
454 ML
21689221_EA
21689232_EA



PREPARED IN CANADA

2⁴⁹

WONDER
BREAD 570 G
OR **BUNS** 12'S
SELECTED VARIETIES
20305674_EA
20520827_EA



PREPARED IN CANADA

6⁷⁵

ACE
ARTISAN
ROLLS
SELECTED VARIETIES,
6-10'S
21596323_EA
21596355_EA



PREPARED IN CANADA

\$3

PROTEIN
BREAD
BAKED IN-STORE
SELECTED VARIETIES,
450 G
20341892_EA
20811250_EA



NEW
FLAVOURS

11 G
PROTEIN
PER 75 G
SERVING

\$3

HOSTESS
SNACK
CAKES
SELECTED VARIETIES, 202/206 G
21283752_EA



\$5

DONUTS
SELECTED VARIETIES, 3/4'S
21608752_EA/21647840_EA



PREPARED IN CANADA

\$6

FARMER'S MARKET[™]
SLICED OR WHOLE
LOAF CAKES
SELECTED VARIETIES, 344-400 G
20565182_EA/21488954_EA



PREPARED IN CANADA

SUPER YOUR EVERYDAY

89¢

SAPPORO ICHIBAN NOODLES
SELECTED VARIETIES, 100 G
20275907001_EA/20275907004_EA

LIMIT 6
OVER LIMIT PAY
1.19 EA



1.49

HEINZ BEANS OR PASTA
SELECTED VARIETIES, 398 ML
20040380003_EA/20177278001_EA

LIMIT 4
OVER LIMIT PAY
2.19 EA



\$1

BEN'S ORIGINAL FAST & FANCY RICE
SELECTED VARIETIES, 132 G
21397290_EA/21397330_EA

LIMIT 2
OVER LIMIT PAY
1.79 EA



2.29

HOLIDAY LUNCHEON MEAT 340 G OR MAPLE LEAF FLAKES 156 G
SELECTED VARIETIES
20298273001_EA/20618778_EA

LIMIT 4
OVER LIMIT PAY
3.49 EA



PREPARED IN CANADA

2.99

SKINNYGIRL SALAD DRESSING
SELECTED VARIETIES, 237 ML
21448124_EA/21448144_EA

LIMIT 4
OVER LIMIT PAY
3.49 EA



3.99

PATAK'S COOKING SAUCE
SELECTED VARIETIES, 400 ML
20675902_EA

LIMIT 4
OVER LIMIT PAY
4.99 EA



GET 500[®]

4.49

GOLD SEAL SALMON SALAD BOWL
SELECTED VARIETIES, 160 G
21588473_EA/21589122_EA

LIMIT 4
OVER LIMIT PAY
5.29 EA



3.50 GET **\$3.50** back in points for every \$15⁺ spent on

CLUB HOUSE ORGANIC SPICES, MCCORMICK'S INSTANT SAUCES OR SPICES
SELECTED VARIETIES, 0.5-248 G
20308006002_EA/20299224001_EA



2/\$8
OR 5.49 EA

HARIBO CANDY BAGS
SELECTED VARIETIES, 284 G
21387490_EA/21390539_EA



2.67

PRINGLES PARTY STACK POTATO CHIPS 194/203 G OR MINGLES 155 G
SELECTED VARIETIES
21074284_EA/21626258_EA

LIMIT 4
OVER LIMIT PAY
3.49 EA



3.99

CHEETOS SNACKS
SELECTED VARIETIES, 180-285 G
21370169_EA/21370195_EA



8.99

FRITO-LAY VARIETY PACK CHIPS
SELECTED VARIETIES, 16'S
21584889_EA/21584937_EA

LIMIT 4
OVER LIMIT PAY
9.99 EA



PREPARED IN CANADA

3.99

NESTEA ICED TEA DRINK BOXES
SELECTED VARIETIES
10X200 ML
21687007_EA

LIMIT 4
OVER LIMIT PAY
4.49 EA

GET 1,000[®] back in points \$1



2/\$11
OR 6.29 EA

PC® OR BLUE MENU® SPARKLING WATER
SELECTED VARIETIES
12X355 ML
20668034002_C01
20668034004_C01



PREPARED IN CANADA

\$9

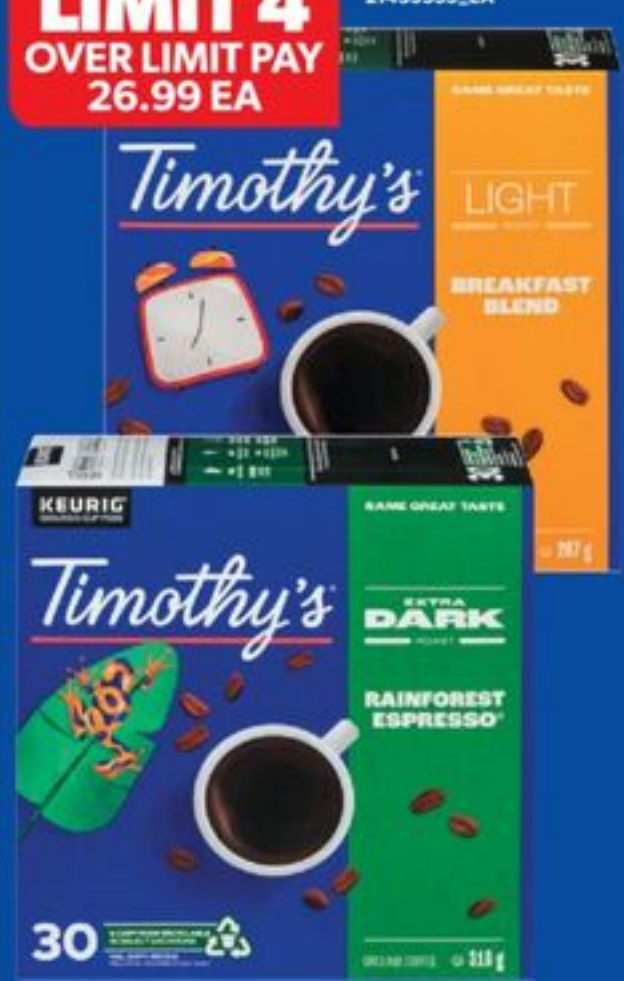
PC® DE-ALCOHOLIZED BEER
SELECTED VARIETIES
12X355 ML
20121729_C12
20325253_C12



16.99

TIMOTHY'S, KRISPY KREME OR DONUT HOUSE K-CUP
SELECTED VARIETIES
30'S
21433503_EA
21433555_EA

LIMIT 4
OVER LIMIT PAY
26.99 EA



SUPER YOUR EVERYDAY

2⁹⁹

LIMIT 4
OVER LIMIT PAY
3.99 EA

PILLSBURY PIZZA POPS
SELECTED VARIETIES, FROZEN, 4'S
21435996_EA/21436023_EA



4⁹⁹

GET
500

**CHEF BOMBAY ENTRÉES
OR APPETIZERS**
SELECTED VARIETIES, FROZEN, 240-354 G
20973182_EA/20973257_EA



5⁹⁷

LIMIT 4
OVER LIMIT PAY
7.29 EA

**BLACK DIAMOND
CHEESE STRINGS**
189-336 G OR **AMOOZA!**
CHEESE TWISTS 228 G
SELECTED VARIETIES
20763661_EA/21403514_EA



\$5

LIMIT 4
OVER LIMIT PAY
5.69 EA

PC FROZEN FRUIT
SELECTED VARIETIES, 300-600 G
20312227_EA/21289952_EA



\$7

PC ORANGE JUICE
SELECTED VARIETIES
REFRIGERATED, 2.5 L
21531644_EA/21531646_EA



2⁵⁰

LIMIT 4
OVER LIMIT PAY
3.99 EA

QUAKER INSTANT OATMEAL
SELECTED VARIETIES
8'S, 232-344 G
21190254_EA
21683233_EA



2⁶⁷

LIMIT 4
OVER LIMIT PAY
3.50 EA

**KELLOGG'S RICE KRISPIES
BARS** 160-200 G,
POP TARTS
384 G, **SPECIAL K BARS** 125 G OR
NUTRI-GRAIN BARS 175-295 G
SELECTED VARIETIES
21573533_EA
21682421_EA



4⁸⁷

LIMIT 4
OVER LIMIT PAY
6.49 EA

GENERAL MILLS FAMILY SIZE CEREAL
SELECTED VARIETIES
475-778 G
21103492_EA
21103495_EA



\$5

NUTELLA HAZELNUT SPREAD WITH COCOA 375 G
OR **B-READY CRISPY WAFER WITH HAZELNUT SPREAD**
6'S, 132 G
SELECTED VARIETIES
20435988_EA
21457401_EA



19⁹⁹

LIMIT 4
OVER LIMIT PAY
23.99 EA

GET **3,000** **\$3** in points
SUNRYPE FRUITSOURCE OR FRUIT TO GO FRUIT SNACKS VARIETY PACK
30/72'S, 1.08/1.11 KG
20872742_EA
21683287_EA



CLUB SIZE

4⁹⁹

LIMIT 4
OVER LIMIT PAY
6.99 EA

CLOROX DISINFECTING WIPES
SELECTED VARIETIES
75'S
20348537002_EA
20348537003_EA



6⁹⁷

LIMIT 4
OVER LIMIT PAY
8.99 EA

SWIFFER DRY 10/16'S OR WET 10/12'S CLOTH REFILLS, LIQUID REFILL 750 ML/1.25 L OR DUSTER STARTER KIT 1'S
SELECTED VARIETIES
21628603_EA
21629918_EA



8⁴⁹

LIMIT 4
OVER LIMIT PAY
9.99 EA

GLAD WHITE INDOOR 30-52'S, RECYCLED PLASTIC 28/44'S OR COMPOSTABLE 10/20'S BAGS
SELECTED VARIETIES
20287334001_EA
21359460_EA



13⁹⁹

LIMIT 4
OVER LIMIT PAY
17.99 EA

ARM & HAMMER LIQUID LAUNDRY DETERGENT
SELECTED VARIETIES
4.02 L
21517214_EA/21517287_EA



13⁹⁹

LIMIT 4
OVER LIMIT PAY
16.49 EA

FEBREZE PLUG IN SCENTED OIL
SELECTED VARIETIES
3X26 ML
21658542_EA
21658614_EA



\$8

NO NAME FACIAL TISSUE
6'S
20971002_EA



\$10

LIMIT 4
OVER LIMIT PAY
11.49 EA

PEDIGREE DENTASTIX DOG TREATS
SELECTED VARIETIES
396 G-1.9 KG
21081177_EA



SUPER YOUR EVERYDAY

\$5

SOUR JU JUBES
320 G
21694414_EA



\$5

GUMMI BEARS
280 G
21694433_EA



\$5

BIG FOOT JUBES
250 G
21694364_EA



\$6

**CHOCOLATE
FLAVOURED
MACAROONS**
260 G
21694365_EA



\$9

**CHOCOLATE COVERED
PRETZELS**
220 G
21694552_EA



\$9

**MILK CHOCOLATE
COVERED ALMONDS**
240 G
21694486_EA



\$9

**UNBLANCHED
ROASTED ALMONDS**
200 G
21694356_EA



\$9

**ROASTED CASHEWS
NO SALT**
230 G
21694434_EA



\$10

RAW PINE NUTS
225 G
21694368_EA



President's Choice.

CLICK-N-STORE

**PANTRY ORGANIZING
CONTAINERS**

SHOP NOW

Seal and stack to get your pantry in order with our space-saving containers. With different sizes for storing a variety of dry-foods, you'll be organizing a photo-worthy pantry in no time



**PC® PANTRY
CANNISTERS
AND BINS**

SELECTED VARIETIES
20786341_EA/20786342_EA/21521600_EA

Buy 2, Get

20% OFF

Buy 3, Get

30% OFF

Buy 4, Get

40% OFF

FEEL GOOD CHOICES

AT FEEL GOOD PRICES

7⁵⁰

KASHI CEREAL
SELECTED VARIETIES
349-510_G
21680804_EA

LIMIT 4
OVER LIMIT PAY
8.49 EA



4²⁵

LIVIVA SHIRATAKI
RICE OR PASTA
SELECTED VARIETIES
120 G
21639786_EA

LIMIT 4
OVER LIMIT PAY
4.99 EA



\$5

YORKSHIRE VALLEY FARMS SOUP
SELECTED VARIETIES
398 ML
21560109_EA

LIMIT 4
OVER LIMIT PAY
6.49 EA



\$2

PATIENCE FRUIT & CO
SOURCRAN DRIED CRANBERRIES
SELECTED VARIETIES
50 G
21583608_EA
21583665_EA

LIMIT 4
OVER LIMIT PAY
2.99 EA



9⁵⁰

EVIVE SMOOTHIE CUBES
SELECTED VARIETIES
405/450 G
21585379_EA
216093144_EA

LIMIT 4
OVER LIMIT PAY
10.99 EA



\$12

KICKING HORSE GROUND COFFEE
SELECTED VARIETIES, 284 G
20805126001_EA

LIMIT 4
OVER LIMIT PAY
16.99 EA



3⁴⁹

HUMBLE CLASSIC POTATO CHIPS
SELECTED VARIETIES
135 G
21524235_EA
21664846_EA

LIMIT 4
OVER LIMIT PAY
4.99 EA



\$4

SKINNY POP POPCORN
SELECTED VARIETIES
125/150 G
20785418001_EA
20785418002_EA

LIMIT 4
OVER LIMIT PAY
4.99 EA



4⁸⁰

DRIZZILICIOUS MINI RICE CAKE REIMAGINED BITES
SELECTED VARIETIES
113 G
21240269_EA
21242094_EA

LIMIT 6
OVER LIMIT PAY
5.99 EA



3²⁵

KIJU ORGANIC JUICE
SELECTED VARIETIES
1 L
20312710001_EA
20312710002_EA

LIMIT 4
OVER LIMIT PAY
3.79 EA



\$7

REMEDY KOMBUCHA
SELECTED VARIETIES
4X355 ML
21616897_C04

LIMIT 4
OVER LIMIT PAY
8.49 EA



8⁴⁹

KIND BARS
SELECTED VARIETIES
5'S
21285812_EA
21296840_EA

LIMIT 4
OVER LIMIT PAY
9.99 EA



12⁴⁹

RXBAR
SELECTED VARIETIES
208-275 G
21540999_EA
21541007_EA

LIMIT 4
OVER LIMIT PAY
12.99 EA



GET 2,000^{pts}
when you buy 1

\$2
back in points

VEGA SPORT PROTEIN OR PROTEIN
SELECTED VARIETIES
801-918 G
20949178_EA
20948929_EA



11⁴⁹

ECO MAX LAUNDRY WASH
SELECTED VARIETIES
3 L
20347155001_EA
20347155002_EA

LIMIT 4
OVER LIMIT PAY
12.99 EA



ALWAYS LOW PRICE

ALWAYS
LOW PRICE

\$7

PC® PUB RECIPE™ OR GLUTEN FREE CHICKEN
SELECTED VARIETIES, FROZEN, 600/700 G
21079476_EA/21201321_EA



ALWAYS
LOW PRICE

\$10

PILLER'S HAM HALVES
SELECTED VARIETIES, 600 G
21608818_EA



ALWAYS
LOW PRICE

\$2.47

NO NAME® CHICKEN WIENERS
SELECTED VARIETIES, 450 G
20058192_EA



ALWAYS
LOW PRICE

\$3

POPEYE SELECT SPINACH
PRODUCT OF U.S.A., 283 G
20156570_EA



ALWAYS
LOW PRICE

\$13

SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN, 454 G
21687413_EA



ALWAYS
LOW PRICE

\$6

BASSÉ NUTS
SELECTED VARIETIES
415-600 G
21158597_EA/21158613_EA



ALWAYS
LOW PRICE

\$3.50

ZIGGY'S SLICED MEAT
SELECTED VARIETIES, 175/300 G
21592461_EA/21596554_EA



ALWAYS
LOW PRICE

\$5

ZIGGY'S CHEESE SLICES
SELECTED VARIETIES
160/180 G
21610744_EA/21610826_EA



ALWAYS
LOW PRICE

\$1.50

FRENCH BREAD
BAKED IN-STORE
SELECTED VARIETIES 450 G
20788443_EA



ALWAYS
LOW PRICE

\$3

SOURDOUGH OR PUMPERNICKEL BREAD
SELECTED VARIETIES,
BAKED IN-STORE
675 G
20653137_EA
21440622_EA



ALWAYS
LOW PRICE

\$2

SANTOSH NAAN
SELECTED VARIETIES, 5'S
21671462_EA/21671463_EA



ALWAYS LOW PRICE

ALWAYS
LOW PRICE
\$3

NO NAME® CREAM CHEESE
SELECTED VARIETIES, 227/250 G
20308105001_EA



ALWAYS
LOW PRICE
\$4.50

PC® BLACK LABEL ICE CREAM
SELECTED VARIETIES, FROZEN, 500 ML
21588234_EA



ALWAYS
LOW PRICE
\$5

NO NAME® PEROGIES
SELECTED VARIETIES, 2 KG
20323762001_EA/20323762003_EA



CLUB
SIZE

ALWAYS
LOW PRICE
\$10

PC® VEGETABLES
SELECTED VARIETIES, FROZEN
1.75 KG
20713450_EA/21096317_EA



CLUB
SIZE

ALWAYS
LOW PRICE
\$3

NO NAME® FROZEN FRUIT
SELECTED VARIETIES
400 G
21545095_EA



ALWAYS
LOW PRICE
\$5

T&T POTSTICKERS
SELECTED VARIETIES
FROZEN, 567 G
21495805_EA



ALWAYS
LOW PRICE
\$4

SURAJOKRA
SELECTED VARIETIES
FROZEN, 1 KG
20379399_EA



ALWAYS
LOW PRICE
\$1.50

ROOSTER COCONUT MILK
SELECTED VARIETIES
398 ML
21378707_EA



ALWAYS
LOW PRICE
\$4

PC® ORGANICS ORGANIC UNSWEETENED APPLE SAUCE
SELECTED VARIETIES
6X100 ML
20320493001_EA
21306828_EA



ALWAYS
LOW PRICE
\$4.50

PC® ORGANICS ORGANIC ANIMAL COOKIES
SELECTED VARIETIES
250 G
20181028_EA/20304981_EA



ALWAYS
LOW PRICE
\$2.50

PC® ORGANICS BROTH
SELECTED VARIETIES
900 ML
21190798_EA/21195472_EA



ALWAYS
LOW PRICE
\$5

PC® ORGANICS COCONUT WATER
SELECTED VARIETIES, 1 L
21092373_EA



ALWAYS
LOW PRICE
\$5

PC® ORGANICS VEGETABLES
SELECTED VARIETIES
FROZEN, 300-500 G
20416869001_EA
20416869002_EA



ALWAYS LOW PRICE

ALWAYS
LOW PRICE
\$8

**LIFE BRAND®
EPSOM SALTS**
4 KG
21668050_EA



ALWAYS
LOW PRICE
\$5

**LIFE BRAND® LIQUID
HAND SOAP REFILL**
SELECTED VARIETIES, 2 L
21357613003_EA



ALWAYS
LOW PRICE
\$8

**QUO BEAUTY
FOAM BATH**
SELECTED VARIETIES, 3 L
21396101_EA



ALWAYS
LOW PRICE
\$4

**LIFE BRAND®
MOUTHWASH**
SELECTED VARIETIES, 1 L
21201386_EA/21201606_EA



ALWAYS
LOW PRICE
\$20

PC® 12X WIPES
SELECTED VARIETIES, 1200'S
21432245_EA/21587239_EA



ALWAYS
LOW PRICE
\$2

**QUO BEAUTY
BATH POUF**
SELECTED VARIETIES
21262251_EA/21264155_EA



ALWAYS
LOW PRICE
\$6

**LIFE BRAND® 3 IN 1 OR
EXFOLIATING FACE WIPES**
SELECTED VARIETIES, 56'S
21195824_EA/21195828_EA



ALWAYS
LOW PRICE
\$2

QUO COTTON PADS
125'S
21228819_EA



SUPER YOUR EVERYDAY

2/\$28
OR 17.00 EA

PC® HYGRO COTTON TOWELS

SELECTED VARIETIES
21306987_EA



PC® ALLERGY DEFENCE PILLOW

21639133_EA

\$10
LIMIT 4
OVER LIMIT PAY
15.00 EA



Up to
25% OFF
37.00-67.00
AFTER SAVINGS

PC® SHEET SET

350/500 THREAD COUNT
SELECTED VARIETIES
21589389_EA/21589626_EA



Buy 1, Get 1
50% OFF
SECOND ITEM
MUST BE OF EQUAL
OR LESSER VALUE
10.00-25.00

WINTER MATS AND BOOT TRAYS

SELECTED VARIETIES
21684645_EA/21684700_EA



EVERYDAY ESSENTIALS™ HANGERS

SELECTED VARIETIES
20985822_EA/20985841_EA

2/\$14
OR 9.00 EA



Buy 1, Get 1
50% OFF
SECOND ITEM
MUST BE OF EQUAL
OR LESSER VALUE
2.99-13.99

PC® PLANET FIRST™ BAMBOO PLATES, BIRCH CUTLERY OR WHEAT STRAWS

SELECTED VARIETIES
21350518_EA/21353079_EA



PC® PANTRY BINS AND CANNISTERS

SELECTED VARIETIES
7.00-34.00
20786341_EA/21118464_EA

Buy 2, Get
20% OFF



Buy 3, Get
30% OFF

Buy 4, Get
40% OFF



Buy 3, Get 1*
FREE
*FREE item must be of
equal or lesser value
excludes boxed sets
and serveware
4.00-9.00

PC® OPENSTOCK DINNERWARE

SELECTED VARIETIES
21490985_EA/21487397_EA



Buy 3, Get 1*
FREE
*FREE item must be of
equal or lesser value,
excludes boxed sets
7.00

PC® OPENSTOCK DRINKWARE

SELECTED VARIETIES
21589350_EA/21589348_EA





**CUDDLY
DEALS,
TINY
PRICES**



\$4

**LOVE CHILD ORGANIC
OATY CHOMPS OR
SEAFRIENDS BABY
SNACKS**
SELECTED VARIETIES, 100-140 G
21462907_EA/21619491_EA

**LIMIT 8
OVER LIMIT PAY
4.49 EA**



2⁵⁰

**LIMIT 8
OVER LIMIT PAY
3.99 EA**



**LITTLE BELLIES
ORGANIC SNACKS**
SELECTED VARIETIES, 35 G
21664678_EA/21664747_EA



4/\$7
OR 1.99 EA

**GERBER BABY FOOD
JARS 159-162 ML OR
ORGANIC BABY FOOD
POUCHES 99 G/128 ML**
SELECTED VARIETIES
21024894_EA/21466952_EA



38⁹⁹

**LIMIT 4
OVER LIMIT PAY
53.99 EA**

**SIMILAC 360 TOTAL
CARE INFANT
FORMULA POWDERS**
584 G OR READY TO FEED
24X58 ML
SELECTED VARIETIES
21697913_EA/21702779_C24



47⁴⁷

**LIMIT 4
OVER LIMIT PAY
52.99 EA**

**ENFAMIL A+
NEUROPRO OR
GENTLESE POWDERS**
SELECTED VARIETIES, 553/587 G
21589117_EA/21589230_EA



54⁹⁹

**LIMIT 4
OVER LIMIT PAY
61.99 EA**

**SIMILAC
PRO-ADVANCE
POWDER FORMULA**
STEP 1 OR 2, 837-859 G
21436985_EA/21437126_EA



27⁹⁹

**LIMIT 4
OVER LIMIT PAY
32.99 EA**

**HUGGIES GIGA PACK
DIAPERS**
SIZE N-7, SELECTED VARIETIES
42-128'S
21370918_EA/21664359_EA



47⁹⁹

**LIMIT 4
OVER LIMIT PAY
53.99 EA**

**PAMPERS SWADDLERS
ULTRA VALUE PACK
DIAPERS**
SIZE 2-8, SELECTED VARIETIES
120-192'S
21455875_EA/21455883_EA



26⁹⁹

**LIMIT 4
OVER LIMIT PAY
32.99 EA**

**HUGGIES PULL-UPS
CLUB PACK TRAINING
PANTS**
SELECTED VARIETIES, 28-74'S
21371199_EA/21610670_EA



7⁹⁹

**LIMIT 4
OVER LIMIT PAY
9.99 EA**

**MILLIE MOON
3X BABY WIPES**
216'S
21520809_EA



17⁹⁹

**LIMIT 2
OVER LIMIT PAY
21.99 EA**

**PAMPERS 9/10X BABY
WIPES 336-504'S OR
WATERWIPES 240'S**
SELECTED VARIETIES
21018026_EA/21176336_EA



24⁹⁹

**LIMIT 4
OVER LIMIT PAY
31.99 EA**

**PAMPERS SUPER BIG
PACK DIAPERS**
SIZE N-8, SELECTED VARIETIES
32-120'S
21370843_EA/21455653_EA



**UP TO
20%
OFF**
6.79-17.19 AFTER SAVINGS

**CHASE, HYDRASENSE
OR DDROPS
BABY NEEDS**
SELECTED VARIETIES AND SIZES
20876603_EA/20361421_EA



**UP TO
20%
OFF**
8.67-18.39 AFTER SAVINGS

**CERA VE OR CETAPHIL
BABY NEEDS**
SELECTED VARIETIES AND SIZES
21014772_EA/21439060_EA



**UP TO
40%
OFF**
2.39-18.99 AFTER SAVINGS

**PC FEEDING
OR NURSING
ACCESSORIES**
SELECTED VARIETIES
21588434_EA/21589268_EA



**Shopping for baby
is easy with PC Express**

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of your first 5 eligible online orders*.

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Use code
PCX5

*Terms and conditions apply. See site for details.



Express™

**Online grocery
pickup & delivery**



LOOK GOOD, FEEL GREAT, SPEND LESS.

4⁵⁰

LIMIT 6
OVER LIMIT PAY
5.49 EA

NIVEA
BODY WASH 500 ML OR
DEODORANT 50 ML/51 G
SELECTED VARIETIES
20321421004_EA/21169897_EA



\$5

LIMIT 6
OVER LIMIT PAY
5.99 EA

LIVE CLEAN BODY
WASH 500 ML OR
HAND SOAP 400 ML
SELECTED VARIETIES
20862253_EA/20975549002_EA



9⁵⁰

LIMIT 6
OVER LIMIT PAY
14.49 EA

**SCHICK INTUITION,
HYDRO OR XTREME
DISPOSABLE
RAZORS**
SELECTED VARIETIES, 1-8'S
20898533_EA/21086186_EA



UP TO
25% OFF
13.87-22.49 AFTER SAVINGS

**GILLETTE LABS,
PROGLIDE OR VENUS
INTIMATE PREMIUM
RAZORS**
SELECTED VARIETIES
21476179_EA/21649974_EA



5⁸⁰

LIMIT 4
OVER LIMIT PAY
7.49 EA

**SENSODYNE OR
PRONAMEL VALUE
SIZE TOOTHPASTE**
SELECTED VARIETIES, 110/135 ML
20432268002_EA/21433114_EA



\$5

LIMIT 4
OVER LIMIT PAY
5.49 EA

CREST TOOTHPASTE
63-200 ML, SCOPE
CLASSIC 1 L OR KIDS
500 ML MOUTHWASH,
ORAL-B MANUAL
TOOTHBRUSH 1 EA. OR
FLOSS PICKS 75'S
SELECTED VARIETIES
21506728_EA/21566343_EA



\$1

LIMIT 12
OVER LIMIT PAY
1.69 EA

**COLGATE
TOOTHPASTE,
52-95 ML OR MANUAL
TOOTHBRUSH 1 EA.**
SELECTED VARIETIES
20277681002_EA/2116626_EA



UP TO
15% OFF
4.99-16.99 AFTER SAVINGS

**EUCERIN OR
ELASTOPLAST
BANDAGES**
SELECTED VARIETIES AND SIZES
21011940_EA/21645067_EA



UP TO
15% OFF
8.55-66.34 AFTER SAVINGS

**FIRST RESPONSE,
CLEARBLUE OR OVRY
PREGNANCY AND
FERTILITY TEST 1-20'S OR
REPLENS LUBRICANT
GELS 8'S/35-80 ML**
SELECTED VARIETIES AND SIZES
21651578_EA/21283296_EA



GET
4,000*
when you buy 2

\$4
back in points

**PEDIALYTE
ELECTROLYTE ORAL
HYDRATION 1 L,
POWDER STICKS 8X8.5 G
OR FREEZER POPS 16'S**
SELECTED VARIETIES AND SIZES
21314829_EA/21623984_EA



\$15

LIMIT 4
OVER LIMIT PAY
15.99 EA

**TYLENOL TABLETS,
CAPLETS OR GELCAPS**
SELECTED VARIETIES, 60-150'S
20328051_EA/21033531_EA



\$20

LIMIT 4
OVER LIMIT PAY
21.99 EA

**ALWAYS DISCREET
UNDERWEAR OR PADS**
SELECTED VARIETIES AND SIZES
20814920_EA/21286985_EA



UP TO
20% OFF
8.31-9.19 AFTER SAVINGS

U BY KOTEX LINERS
80-129'S, PADS 24-44'S OR
TAMPONS 30/32'S
SELECTED VARIETIES
211566021_EA/21518239_EA



Sperri

Find YOUR Balance

PREMIER PROTEIN READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
21031108_EA/21031114_EA

MADE IN CANADA WITH LOVE

LIMIT 4 \$12.50
OVER LIMIT PAY 15.49 EA

UP TO 15% OFF
24.69-56.49 AFTER SAVINGS

SIX STAR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20301019001_EA/21344490_EA

100% WHEY PROTEIN
SUPPORTS MUSCLE BUILDING & RECOVERY
MAINE SUPPORT FROM VITAMIN D, VITAMIN C & ZINC
30g TOTAL PROTEIN
66g TOTAL CARBS

PRE-WORKOUT EXPLOSION

UP TO 20% OFF
16.79-29.99 AFTER SAVINGS

NEW NORDIC 30-60'S VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES

Blue Berry Gummies
21707937_EA

Turmeric Gummies
21484746_EA

Apple Cider Gummies
21292008_EA

Active Liver Gummies
21511696_EA

Elderberry Gummies
21378801_EA

Ashwagandha Gummies
21510228_EA

Health Never Tasted So Good

Jamieson

STAY STRONG WITH CANADA'S #1 BRAND OF IMMUNE SUPPLEMENTS*

UP TO 20% OFF
6.79-34.39 AFTER SAVINGS
Jamieson vitamins or supplements selected varieties and sizes

Probiotic 10 Billion
ACTIVE CELLS[®]
DAILY MAINTENANCE
14 UNIQUE STRAINS
60 VEGAN CAPSULES

Kids Multi
WITH IRON
For healthy, active and growing children
GRAPE, ORANGE, CHERRY, RASPBERRY
60 CHERRY TABLETS

CHEWABLE C
NATURAL TART SWEET
500 mg
BONUS 100+20 TABLETS
Supports a healthy immune system

D3
1,000 IU
BONUS 200+40 TABLETS
Supports a healthy immune system and bone health

Zinc
ULTRA STRENGTH
50 mg
100 TABLETS
Helps to maintain immune function

Multi
ADULTS
Supports energy metabolism & immune health
JUICY ORANGE
150 GUMMIES

*#1 brand in immune health supplements (vitamin C, D, and Zinc) Nielsen Market Track, National GB + DR + MM, L52W, period ending May 17, 2025.

20299993_EA 20303216001_EA
20946455_EA 21176827_EA
20003685_EA 21040920_EA

Ryde:
your rhythm

Wellbeing In One Shot.

GET 1,000[®] \$1 back in points

RYDE SHOT
SELECTED VARIETIES
60 ML

LIMIT 4 \$12
OVER LIMIT PAY 14.99 EA

Health

Flu shot? Think Pharmacist.

Talk to your Pharmacist or book now* at pchealth.ca/flu

Subject to vaccine availability. Pharmacists can administer flu shots to children aged 5 and older in Yukon, Alberta, Saskatchewan, and PEI; 4 and older in British Columbia; 2 and older in Ontario, Manitoba, New Brunswick, Newfoundland and Nova Scotia. Flu shot administration for children under the age of 5 may vary from Pharmacy to Pharmacy. ®/TM Trademark of 911979 Alberta Ltd., used under license.

SHOP BEAUTY FOR LESS

UP TO
20% OFF
3.99-42.39 AFTER SAVINGS

NEUTROGENA SKIN OR HAIRCARE PRODUCTS
SELECTED VARIETIES AND SIZES
21011399_EA/21085191_EA
21347275_EA/21347290_EA



\$8

LIMIT 4
OVER LIMIT PAY
10.99 EA

NICE AND EASY OR NATURAL INSTINCTS HAIR COLOUR
SELECTED VARIETIES
21082583_EA/21164877_EA



\$9

LIMIT 4
OVER LIMIT PAY
11.49 EA

OGX, MAUI OR AVEENO HAIR CARE
SELECTED VARIETIES AND SIZES
2032351004_EA/21009300_EA



\$4

LIMIT 4
OVER LIMIT PAY
4.99 EA

GARNIER FRUCTIS SHAMPOO OR CONDITIONER
SELECTED VARIETIES AND SIZES
21007181_EA/21007186_EA



7⁹⁹

LIMIT 4
OVER LIMIT PAY
11.99 EA

AUSSIE OR HERBAL ESSENCES SHAMPOO OR CONDITIONER
SELECTED VARIETIES AND SIZES
21167373_EA/21671326_EA



UP TO
30% OFF
11.00-13.00 AFTER SAVINGS

SHEA MOISTURE OR NEXXUS HAIR CARE
SELECTED VARIETIES AND SIZES
20307494001_EA/21644908_EA



UP TO
15% OFF
5.10-11.89 AFTER SAVINGS

VASELINE SKINCARE PRODUCTS
SELECTED VARIETIES AND SIZES
100-600 ML
21085011_EA/21171763_EA



UP TO
20% OFF
10.88-27.59 AFTER SAVINGS

CERAVE SKINCARE CLEANSERS OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
21276738_EA/21276745_EA



Celebrate National Bubble Bath Day on January 8th

\$9

LIMIT 4
OVER LIMIT PAY
9.99 EA

OMBRA, VITABATH BUBBLE BATH OR FIZZERS
SELECTED VARIETIES AND SIZES
20312029_EA/21209738002_EA



\$7

LIMIT 4
OVER LIMIT PAY
7.99 EA

CAPRINA GOATS MILK BUBBLE BATH OR CALGON MULTIPACK FIZZERS
SELECTED VARIETIES AND SIZES
21075524_EA/21658072_EA



2/\$7
OR 4.99 EA

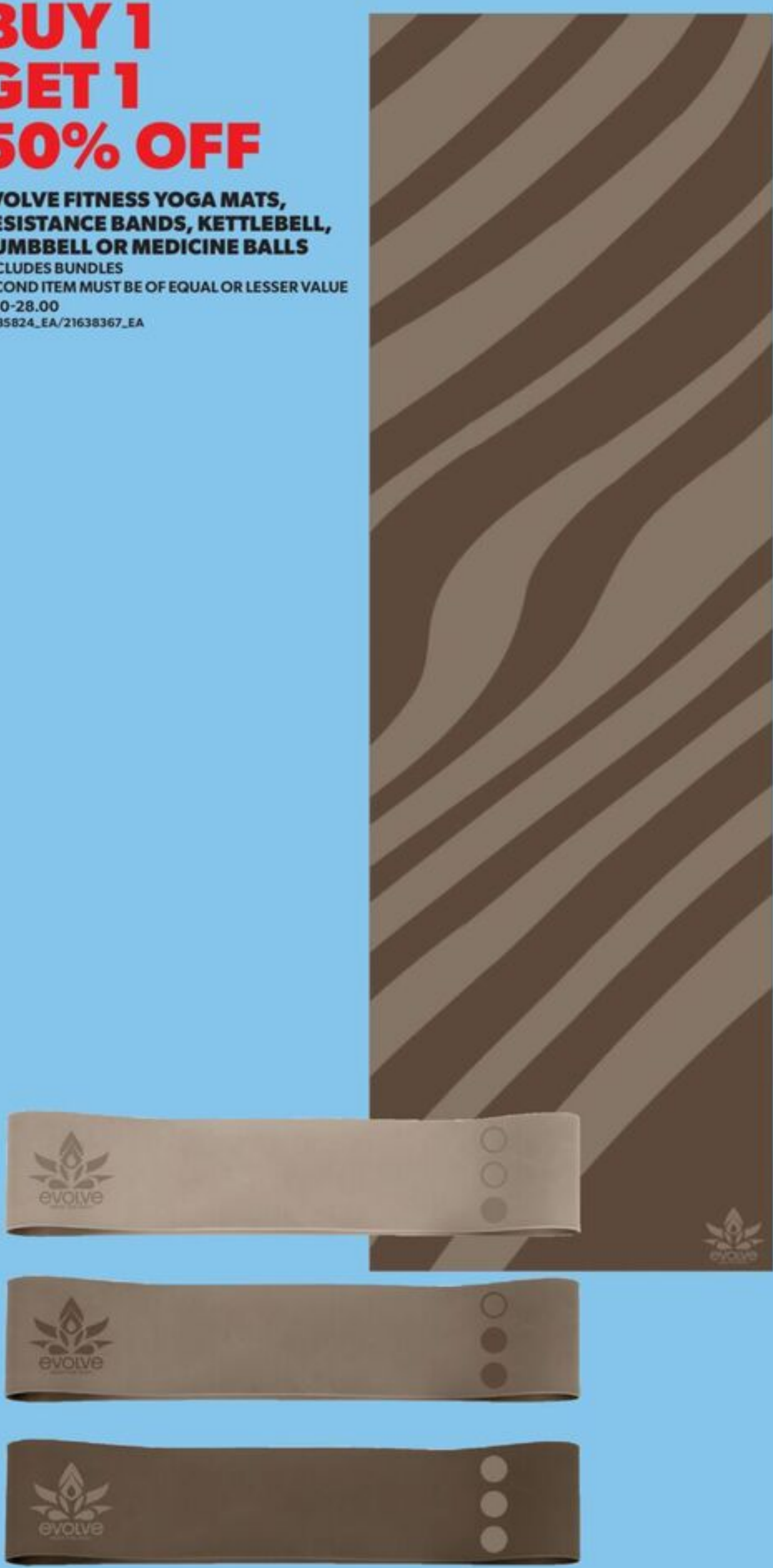
LICENSED KIDS BUBBLE BATH, 3IN1 SHOWER GEL OR BATH FIZZERS
SELECTED VARIETIES AND SIZES
21649439_EA/21649729_EA





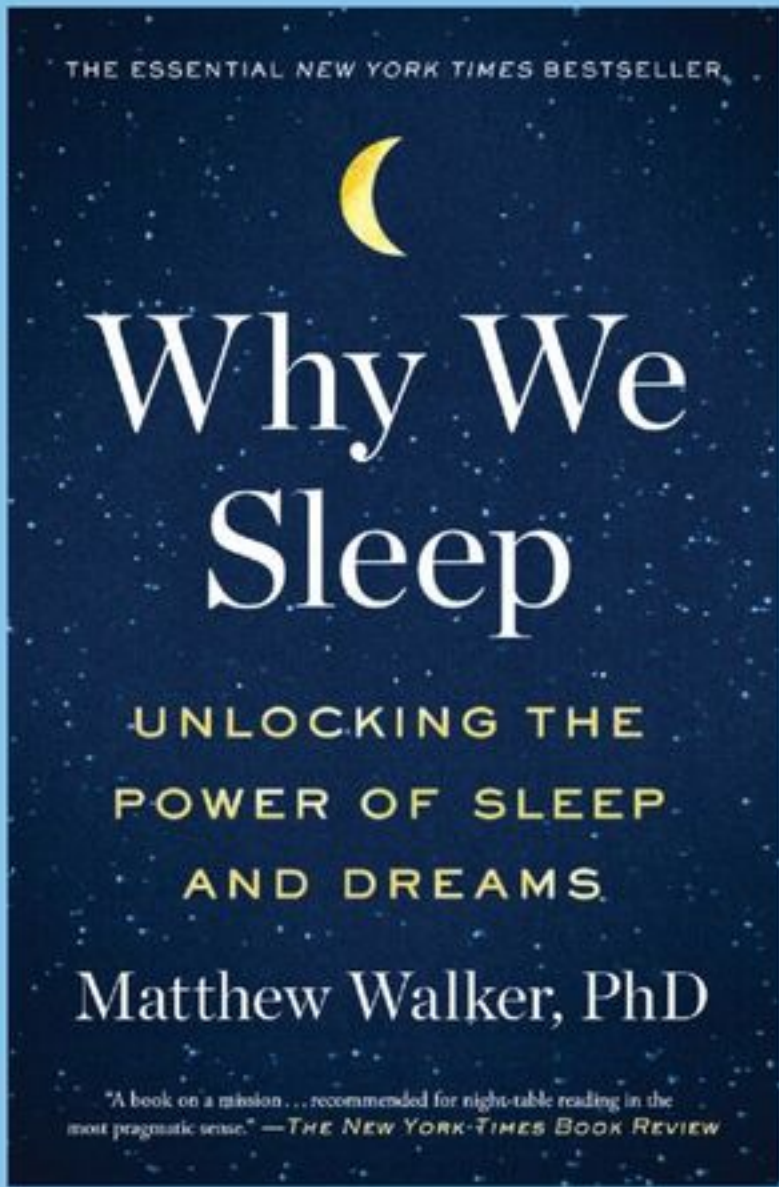
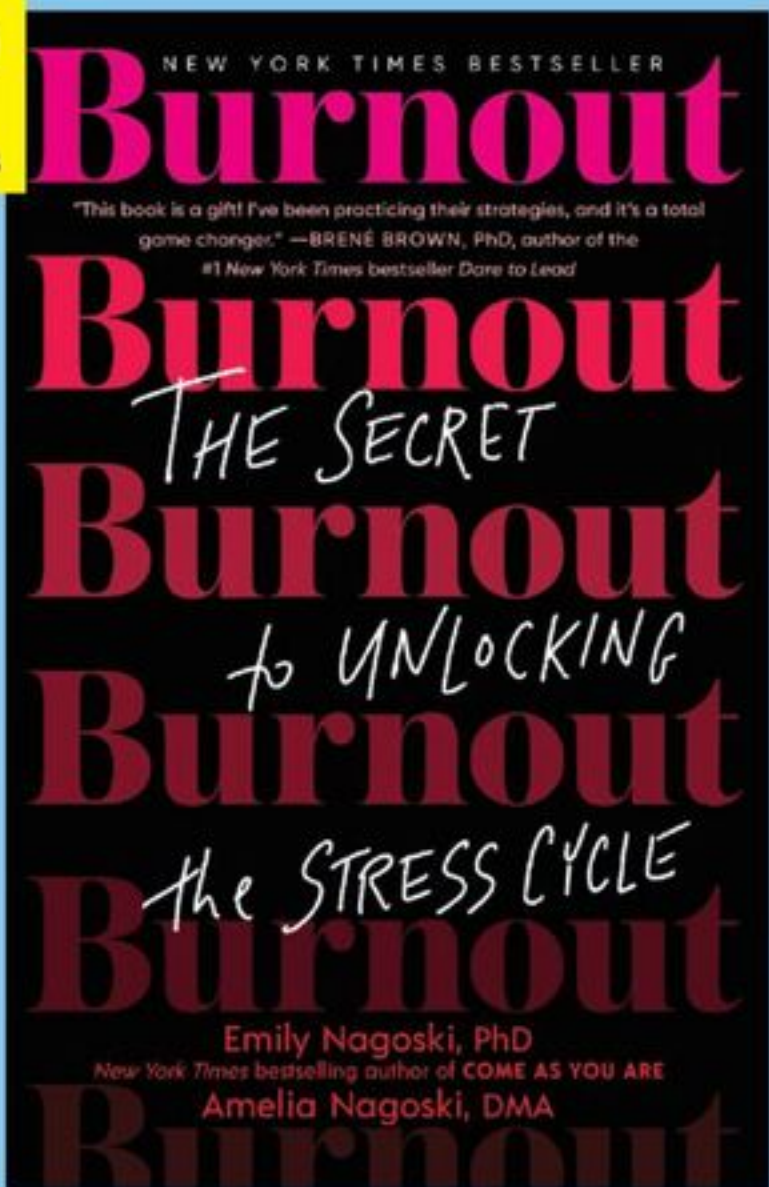
**BUY 1
GET 1
50% OFF**

**EVOLVE FITNESS YOGA MATS,
RESISTANCE BANDS, KETTLEBELL,
DUMBBELL OR MEDICINE BALLS**
EXCLUDES BUNDLES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
8.00-28.00
21635824_EA/21638367_EA



**UP TO
30%
OFF**
15.39-29.40 AFTER SAVINGS

**HEALTH & WELLNESS
BOOKS**
SELECTED VARIETIES
21584505_EA/21392055_EA



**UP TO
3,000[®]
GET**
for every \$10*
spent on

**\$3
back
in points**

**SISTEMA FOOD
STORAGE
CONTAINERS**
SELECTED VARIETIES
20976655_EA/21073027_EA



**SPEND
\$20 GET
\$5 OFF**

**LIFE AT HOME™
DRINKWARE,
DINNERWARE OR
SERVEWARE**
4.00-30.00
21594793_EA/21671233_EA



**UP TO
20%
OFF**
20.00-21.50 AFTER SAVINGS

**UP TO
3,000[®]
GET**
for every \$10*
spent on

**\$3
back
in points**

**DENALI
PITCHER OR
3-PACK FILTER**
SELECTED VARIETIES
20094145_EA/21524888_EA



**UP TO
15%
OFF**
13.59-26.77 AFTER SAVINGS

**UP TO
5,000[®]
GET**
when you
spend \$35* on

**\$5
back
in points**

**LIQUID IV HYDRATION
MULTIPLIER SACHETS,
OLLY VITAMINS OR
SUPPLEMENTS**
50-90'S
SELECTED VARIETIES AND SIZES
21286270_EA/21592444_EA



**UP TO
15%
OFF**
9.29-46.69 AFTER SAVINGS

**ALANI NU
SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
21693625_EA



\$12

**LIMIT 4
OVER LIMIT PAY
13.99 EA**

**BRÜST PROTEIN
COFFEE**
SELECTED VARIETIES AND SIZES
21690953_EA/21690973_EA



**UP TO
1,000[®]
GET**
for every \$10*
spent on

**\$1
back
in points**

**CENTRUM
MULTIVITAMINS,
CALTRATE BONE HEALTH
SUPPLEMENTS, OR
EMERGEN-C VITAMINS**
SELECTED VARIETIES AND SIZES
20972903_EA/20996280_EA



13⁵⁰

**LIMIT 4
OVER LIMIT PAY
16.49 EA**

**BAREBELLS PROTEIN
BARS**
4 PACK
SELECTED VARIETIES AND SIZES
21626147_EA/21659085_EA



**UP TO
15%
OFF**
11.89-51.79 AFTER SAVINGS

PC® SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20696552_EA/21313808_EA



Items on this page may not be available at the following West locations: Edmonton (Kingsway, Whitemud, Heritage Gate, Windermere), Steinbach, Winnipeg (Portage Ave, Kenaston Blvd), Nanaimo, Coquitlam, Whitehorse, Regina (Golden Mile), Lethbridge, Calgary (Southport, Signal Hill), Huntington Hills, East Village, Nursery), Westbank, Richmond, Abbotsford, St. Albert, Prince Albert, Yorkton.

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A FRESH START

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points while
you save



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Optimum™

15,000 pts

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on apparel*

\$15
back
in points

January 8 - 14, 2026

25% off

Leggings, Bike Shorts,
& Sports Bras*

Select Styles | Regular Price \$29 - \$35
January 8 - 21



NOW
\$26²⁵

~~\$35~~
Active Momentum
Sports Bra



~~\$29~~
Active
Bike Short

NOW
\$21⁷⁵



~~\$29~~
Active Balance
High Rise Legging

NOW
\$21⁷⁵



~~\$35~~
Women+ Active
Momentum Sports Bra

NOW
\$26²⁵

NOW
\$15²⁰

~~\$19~~
Toddler Boys'
Active Four-Way
Stretch Jogger



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Apparel & Sneakers*

Regular Price Only
January 8 - 14

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ALWAYS WELCOME
SINCE 1940

Mitchell's™ Heritage Bacon
1 kg
21211521_EA

18⁹⁹

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EST. 1890

THE TASTE OF TRADITION.

\$5 Schneiders® Ham Steak 175g
20060874_EA

14⁹⁹ Schneiders® Smokies 900g
21094878_EA

2⁹⁹ Schneiders® Mini-Charcuterie Kit or Lunch Mate® Lunch Kits 75g–120g
21309931_EA

PREPARED IN CANADA

BACK TO SCHOOL

GET 1,000⁺
\$1 back in points

PC® NATURAL SELECTION SLICED MEAT 150/175 G OR PC® SLICED CHEESE, PC® MINI HUMMUS & DIPS 648 G OR PC® NAAN DIPPERS 200 G
SELECTED VARIETIES
21092033_EA/20310580_EA/20862992_EA/20250947_EA

CLUB SIZE • FORMAT CLUB

mini HUMMUS
CONCASSÉ DIP & DIPS
TERRAVERTE ET TARTARUS
POUR PÂTES

Naan
DIPPERS

CLUB SIZE

PREPARED IN CANADA

Flourish™
FUEL FOR THE WHOLE FAMILY.

LIMIT 4 \$9
OVER LIMIT PAY 12.99 EA

FLOURISH PLANT BASED PROTEIN PANCAKE AND WAFFLE MIX
SELECTED VARIETIES, 430 G
21611639_EA/21611765_EA

ELAN ORGANIC SEEDS
165-250 G AND ELAN DRIED FRUITS 125-225 G
SELECTED VARIETIES
20983856_EA/21027380_EA

UP TO 20% OFF
2.39-7.19 AFTER SAVINGS

23g OF PROTEIN*
per serving

7g OF FIBRE*
per serving

NO ADDED SUGAR

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IT'S NOT JUST PASTA. IT'S

ITALPASTA
Since 1969 - Depuis 1969

TASTE THE DIFFERENCE
ITALY'S #1* BRAND OF TOMATOES

LIMIT 4 1⁹⁹
OVER LIMIT PAY 2.99 EA
Italpasta Pasta Selected varieties 900 g
20081342013_EA

PREPARED IN CANADA

www.italpasta.com

ONE FAMILY, ONE PASSION. TOMATOES.

MUTTI
Pasta Sauce
Selected varieties 680 ml
20288490001_EA

MUTTI
Pizza Sauce
Selected varieties 398 mL
20894555_EA

MUTTI
Tomato Paste
156 mL
20934088_EA

ONE FAMILY, ONE PASSION. TOMATOES.

COLD BEVERAGES FOR DRY JANUARY

\$6 PC® NON-ALCOHOLIC CRAFT BEER
SELECTED VARIETIES 4X355 ML
21589335_C04

9⁹⁹ ATHLETIC BREWING NON-ALCOHOLIC BEER
SELECTED VARIETIES 6X355 ML
21538122_C06

10⁹⁹ BUSCH DE-ALCOHOLIZED BEER
12X355 ML
21650662_C12

6⁹⁹ PARTAKE NON-ALCOHOLIC BEER
SELECTED VARIETIES 4X355 ML
21208552_C04

8⁹⁹ HEINEKEN 0.0% ALCOHOL FREE BEER
SELECTED VARIETIES 6X330 ML
21099500_C06

6⁹⁹ CARL JUNG DE-ALCOHOLIZED WINE
SELECTED VARIETIES 750 ML
20185245_EA/20300444_EA

4⁵⁰ PC® M'AQUA™ COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES 6X355 ML
21590669_C06/21590689_C06

7⁹⁹ MAISON PERRIER CHIC SLIM CANS
SELECTED VARIETIES 4X250 ML
21604035_C04/21604136_C04

Leclerc
SINCE 1905

CELEBRATION Mini
COOKIES
CHOCOLATE CHIP
WITH VANILLA ICE CREAM
200g/240g
21680155_EA/21680074_EA/21648530_EA

3⁹⁸
OVER LIMIT PAY 4.50 EA

GO PURE
Fruit & Nut Bars
175g/175g
21221451_EA/21648751_EA/21507858_EA/21536595_EA

Nügabar
CHOCOLATE CHIP
WITH VANILLA ICE CREAM
175g/175g
21221451_EA/21648751_EA/21507858_EA/21536595_EA

2⁹⁹
OVER LIMIT PAY 4.29 EA

Leclerc Go Pure Bars or Nügabar
Selected varieties
5s, 140 175 g
21221451_EA/21648751_EA/21507858_EA/21536595_EA

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Foundational Nutrition to Power Your 2026



21060358_EA 21294756_EA 21089843_EA

GET 2,500⁺ back in points

250

GENUINE HEALTH FERMENTED ORGANIC VEGAN PROTEINS+ 840-600 G OR ADVANCED GUT HEALTH PROBIOTIC OR GREENS 199-222 G SELECTED VARIETIES

GET 2,500⁺ back in points

250

GENUINE HEALTH FERMENTED ORGANIC VEGAN PROTEINS+ SELECTED VARIETIES 600-840 G

GET 2,500⁺ back in points

250

GENUINE HEALTH ADVANCED GUT HEALTH PROBIOTIC SELECTED VARIETIES 20-60'S

GENUINEHEALTH.CA



PROUDLY CANADIAN



9:41



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Look for the Ad Match message in store for the items we've actively matched. Plus, we'll match any major competitor's flyer item if you show us!

Since we Ad Match, we may not have sold at the After Limit price (and may not in the future).

*We match prices applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time.