BRIDGEWATER FOODS BFS SUPERMARKET

visit us at www.bridgewaterfoods.com

VALUE YOU CAN count on!

A Valued Partner of Great Valu Supermarkets

scan to SAVE

BIG DEAL!
MORE VALUE 4.88 lb. 80% Lean Ground Beef

WOW!
MORE VALUE 1.69 lb. Chicken Drumsticks

BEST PRICE!
MORE VALUE 2.48 lb. Whole Boneless Pork Loins

SPECIAL PRICE!
MORE VALUE 1.99 lb. Assorted Pork Chops
Bone-In Value Pack

BEST PRICE!
MORE VALUE 10.99 lb. New York Strip Steaks
Boneless

WOW!
MORE VALUE 6.99 lb. Boneless Bottom Round Roast

MORE VALUE 6.79 Arctic Shores 26/30 Ct. Raw EZ Peel Shrimp
1 lb. bag
IQF

SAVE!!
MORE VALUE 4.59 lb. Boneless Skinless Chicken Breasts

FRESH VALUE

Winter Squash
Butternut, Acorn or Spaghetti
FRESH VALUE .89 lb.

Green Giant Yellow Onions
3 lb. bag
FRESH VALUE 1.99

Green or Red Seedless Grapes
Extra Large
FRESH VALUE 3.29 lb.

Green Giant Russet Potatoes
10 lb. bag
FRESH VALUE 4.99

EASY MEAL Solutions

MORE VALUE 4.99 Armour Meatballs
14 oz. pkg.
Original or Italian

MORE VALUE 3.99 Bertolli Pasta or Alfredo Sauce
15-24 oz. jar
Select Varieties

MORE VALUE 2/$3 Mueller's Pasta
12-16 oz. box
Select Varieties

MORE VALUE 2/$4 Hunt's or Rotel Tomatoes or Sauce
10-15 oz. can
Select Varieties

2/$3 Starkist Chunk Light Tuna or Creations
2.6-3 oz. pkg.
Select Varieties

3/$5 Celeste Pizza For One
5-6.55 oz. box
Select Varieties

2/$5 Turkey Hill Drinks
64 oz. jug
Select Varieties

4.99 Mott's Apple Juice or Blends
64 oz. btl.
Select Varieties

3.99 Capri Sun Drinks
10 ct. pkg.
Select Varieties

2/$3 Knorr Pasta or Rice Sides
4-5.8 oz. pkg.
Select Varieties

4.49 Nabisco Premium Saltine Crackers
9-17 oz. pkg.
Select Varieties

11.99 Starbucks Ground, Whole Bean, K-Cup or Cold Brew Coffee
12 oz. bag,
10 ct. box or 32 oz. btl.
Select Varieties

3.99 Cracker Barrel Bar Cheese or Cracker Cut Slices
7-8 oz. pkg.
Select Varieties

10.99 Charmin Bath Tissue
6 ct. pkg. Mega Roll or
4 ct. pkg. Mega XL Roll
Select Varieties

2/$3 Essential Everyday Frozen Vegetables
10-12 oz. bag
Select Varieties

GREAT SCHOLARSHIPS for Great Students

Pick up your application today at Customer Service.
The deadline for submission is March 2, 2026

PRICES GOOD JANUARY 7 - JANUARY 13, 2026

Not responsible for typographical errors. Photos for illustration only and may not be actual product. We reserve the right to limit quantities. No sales to dealers. Not all items available in all locations.

CHOOSE ANY 5 SPECIALLY MARKED PACKS OF MEAT FOR ONLY $19.99

Bridgewater Foods Supermarket

MIX OR MATCH PICK 5 SAVE MONEY

TOP QUALITY MEAT

FRESH VALUE **1.99** lb. **Fresh Chicken Thighs** Value Pack

FRESH VALUE **7.49** lb. **Boneless Eye Round Roast** USDA Choice Beef

USDA CHOICE

FRESH VALUE **2.99** lb. **Pork Spare Ribs** Fresh

MORE SAVINGS

5.99 **Kunzler Beef Franks** 16 oz. pkg.

6.99 **Sugardale Jumbo Hot Dogs** 3 lb. pkg. Family Pack

13.99 **Murry's Beef Patties** 32 oz. box All Beef

6.99 **Aidells Sausage or Meatballs** 12 oz. pkg. Select Varieties

11.99 **Tyson Breaded or Any'tizers Chicken** 22-26.5 oz. pkg. Select Varieties

14.99 **Steak-umm Sandwich Steaks** 15-21 oz. box Beef or Angus

12.99 **Murry's Fries** 4.5-5 lb. bag Select Varieties

4.99 **Simply Potatoes Mashed Potatoes** 24 oz. pkg. Select Varieties

4.29 **Essential Everyday Pepperoni** 6 oz. pkg. Original

10.99 **Take Home Entrees** 22 oz. box Select Varieties

5.29 **Swaggerty's Farm Breakfast Links or Patties** 12 oz. pkg.

4.99 **Essential Everyday Turkey Bacon** 12 oz. pkg.

8.99 **Hormel Black Label Bacon** 16 oz. pkg. Select Varieties

3.99 **Smithfield Hometown Fully Cooked Bacon** 21 oz. pkg - Original

8.49 **Land O' Frost Sub Sandwich Kit** 20 oz. pkg. Select Varieties

3.29 **Gwaltney Great Bolony** 16 oz. pkg. Select Varieties

7.49 **Hillshire Farm Deli Sliced Lunchmeat** 7-9 oz. pkg. Select Varieties

DELICIOUS SEAFOOD

Arctic Shores 61/70 Ct. Cooked Shrimp 12 oz. bag Tail-On IQF **7.99**

Arctic Shores Cod Fillets 16 oz. pkg. IQF **10.99**

Margaritaville Shrimp 8-10 oz. pkg. Select Varieties **7.99**

Next Wave Mussels In Sauce 16 oz. pkg. Select Varieties **4.99**

BAKERY BARGAINS

6.99 **Table Talk Blueberry Pie** 8 Inch Regular or No Sugar Added

Benson's Red Velvet Cream Cake 28 oz. pkg. **8.99**

Café Valley Bundt Cake 16 oz. pkg. Select Varieties **7.99**

Concord Mini Angel Food Cakes 6 ct. pkg. **3.99**

Hill & Valley Cookies 15 oz. pkg. Select Varieties **5.99**

Tribeca Oven French Baguette 9 oz. pkg. TRIBECA OVEN **2.99**

La Brea Multigrain Loaf 12 oz. pkg. Take & Bake **4.99**

Stonefire Original Naan Bread 12.7 oz. pkg. **3.99**

DELI DEALS

7.99 lb. **Kunzler Lebanon Or Sweet Bologna** Deli Fresh

Cooper Brand Sharp American Cheese Deli Fresh White or Yellow **6.99** lb.

Kretschmar Ham Off The Bone Deli Fresh Select Varieties **8.99** lb.

Kretschmar Pepper Jack Cheese Deli Fresh **7.99** lb.

Athenos Feta Cheese Crumbles 5-6 oz. ctn. Select Varieties **7.99**

Stonefire Naan Dippers 7.05 oz. pkg. Original **3.99**

Full Selection Wing Bar Saturday & Sunday Only

Reser's Macaroni Salad, Potato Salad or Coleslaw Deli Fresh **6.99** lb.

8 Piece Fried Chicken 2 Breasts, 2 Thighs, 2 Drumsticks & 2 Wings **9.98**

TACO NIGHT!

INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

2/$7 *SAVE $1.00 When you buy 2 with Digital Coupon **Old El Paso Taco Shells** 4.6-11 oz. pkg. Hard or Soft Shells

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

4.99 *SAVE $1.00 When you buy 2 with Digital Coupon **Old El Paso Enchilada, Dinner Kits, Taco Shells, Pockets, Bowls or Tortilla Rounds** 4.6-19 oz. pkg. Select Varieties

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

4.99 *SAVE $1.00 When you buy 2 with Digital Coupon **Old El Paso Taco Sauce** 9 oz. btl. - Select Varieties

*Download Coupon with Our Great Value APP

Essential Everyday Tortilla Chips 12 oz. bag Select Varieties **2.79**

Mezco Taco Seasoning 1 oz. pkg. Select Varieties **2/$3**

INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

2.99 *SAVE $1.00 When you buy 2 with Digital Coupon **Old El Paso Chopped Green Chiles** 4 oz. can

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

3.29 *SAVE $1.00 When you buy 2 with Digital Coupon **Old El Paso Rice** 6.2 oz. pkg. Cilantro Lime

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

2/$7 *SAVE $1.00 When you buy 2 with Digital Coupon **Old El Paso Enchilada Sauce** 10 oz. can - Mild or Medium

*Download Coupon with Our Great Value APP

INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

2.99 *SAVE $1.00 When you buy 2 with Digital Coupon **Old El Paso Refried Beans** 16 oz. can Select Varieties

*Download Coupon with Our Great Value APP

Crystal Farms Chunk or Shredded Cheese 5.5-8 oz. pkg. Select Varieties **3.69**

to YOUR HEALTH!

Prices Effective JANUARY 7 - JANUARY 20, 2026

2/$4
Wish-Bone Salad Dressing
8 oz. btl.
Select Varieties

2/$7
Essential Everyday Cereal
12-18 oz. box
Select Varieties

Duncan Hines Keto Friendly Baking Mix
10-10.6 oz. pkg.
Select Varieties
6.99

Duncan Hines Keto Friendly Frosting
11 oz. ctn.
Vanilla
2/$12

Dole Fruit or Blends
14-28 oz. pkg.
Select Varieties
4.99

Morning Star Farms Frozen Entrees
5.25-10.5 oz. pkg.
Select Varieties
4.99

Smart Balance Buttery Spread
13-15 oz. ctn.
Select Varieties
3.99

Yoplait :ratio Keto Protein Yogurt
5.3 oz. cup
Strawberry Cheesecake
2/$3

Califia Farms Barista Oat or Almond Milk
32 oz. ctn.
Select Varieties
3.99

Califia Farms Oat Milk
48 oz. btl.
Extra Creamy
4.99

Califia Farms Almond Milk
48 oz. btl.
Select Varieties
3.99

Chobani Coffee Creamer
24 oz. btl.
Select Varieties
4.99

Chobani Oatmilk
52 oz. ctn.
Select Varieties
2/$8

5.49
Chobani Blended, Flip or Zero Sugar Greek Yogurt
4 ct. pkg.
Select Varieties

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

SAVE $1.00
When You Buy Two (2) Chobani® Products
18-52 oz - Select Varieties

*When You Use Our Great Valu APP

HEALTHY EATING starts here!

to YOUR HEALTH!

Prices Effective JANUARY 7 - JANUARY 20, 2026

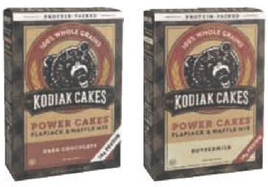
HEALTHY EATING starts here!

4.99 General Mills Nature Valley Granola
11-16 oz. bag
Select Varieties

5.99 Kellogg's Special K Protein Snack Bars
6 ct. pkg.
Select Varieties

3.99 Angie's Boom Chicka Pop Popcorn
4.5-7 oz. bag
Select Varieties

3.68 Del Monte Artichoke Hearts
12-14 oz. pkg.
Select Varieties



6.99 Kodiak Cakes Flapjack & Waffle Mix
18-20 oz. box
Select Varieties

2/$7 Essential Everyday Oats
18 oz. ctn.
Old Fashioned or Quick

2/$3 Essential Everyday Instant Oatmeal
1.41-1.9 oz. cup
Select Varieties

ORGANIC **2/$7** Amy's Organic Soups
14-14.5 oz. can
Select Varieties

2/$7 Healthy Choice Frozen Meals
9.25-10.7 oz. pkg.
Select Varieties

2/$5 Birds Eye Chef Favorite Vegetables
6-14.4 oz. pkg.
Select Varieties

2/$7 Healthy Choice Simply Steamers or Tray Meals
9-11 oz. box
Select Varieties

3.99 Healthy Choice Power Bowls and Entrees
9-11 oz. pkg.
Select Varieties

2/$3 Birds Eye Steamfresh Vegetables
10 oz. pkg.
Select Varieties

2/$7 Wish-Bone Salad Dressing
15 oz. btl.
Select Varieties

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

SAVE* $3.00 On Ground Beef
WHEN YOU BUY **THREE (3)** PARTICIPATING ITEMS.

**All participating items are subject to change.
Participating items must be purchased in a single transaction.

MIX & MATCH

Healthy Choice Frozen Meals 9.25-10.7 oz. pkg, **Bird's Eye Chef Favorite Vegetables** 6-14.4 oz. pkg, **Healthy Choice Simply Steamers** 9-10 oz. box, **Healthy Choice Tray Meals** 11 oz. pkg, **Birds Eye Steamfresh Vegetables** 10 oz. pkg, **Healthy Choice Power Bowls and Entrees** 9-11 oz. pkg, **Wish-Bone Salad Dressing** 15 oz. btl.

*When You Use Our Great Valu APP

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GROCERY SAVINGS

3.99 Dole Fruit or Fruit & Gel Bowls
4 ct. pkg.
Select Varieties

5.99 Mott's 100% Apple Juice
6-8 ct. pkg.
Select Varieties

8.99 Gevalia or Maxwell House Ground or K-Cup Coffee
12 oz. bag or 6-12 ct. box
Select Varieties

2.99 Hunt's Tomatoes or Sauce
28-29 oz. can
Select Varieties

MORE SAVINGS

3.99 Mott's Applesauce
23-24 oz. jar
Select Varieties

Mott's Snack & Go Applesauce **10.99**
12 ct. pkg. - Select Varieties

3.99 GoGo Squeez Applesauce On The Go
4 ct. pkg.
Select Varieties

27.99 Green Mountain or Donut Shop K-Cup Coffee
32 ct. box
Select Varieties

3.99 Hungry Jack Pancake & Waffle Mix
28-32 oz. box - Select Varieties

Hungry Jack Pancake Syrup **4.99**
24 oz. btl.
Select Varieties

3.29 Margaret Holmes Greens and Beans
27 oz. can
Select Varieties

2/$7 Dinty Moore Beef Stew
20 oz. can

4.99 Hormel Mary Kitchen Corned or Roast Beef Hash
14 oz. can
Select Varieties

2.69 Light 'n Fluffy or No Yolks Egg Noodles
12 oz. bag
Select Varieties

3.49 Essential Everyday Pasta Sauce
45 oz. jar
Traditional

3.99 Furmano's Tomatoes or Tomato Sauce
28 oz. can
Select Varieties

3.19 Hanover Kidney Beans
40.5 oz. can
Select Varieties

2.99 Essential Everyday Family Size Soup
26 oz. can
Select Varieties

2/$7 Healthy Choice Soup
15 oz. can
Select Varieties

Healthy Choice Big Bowl Soup **3.99**
14 oz. ctn. - Chicken With Rice

3.99 Crystal Light On The Go Sticks
10 ct. pkg.
Select Varieties

1.56 Vintage Seltzer Water
33.8 oz. btl.
Select Varieties

4.99 Ocean Spray Cranberry Juice or Blends
64 oz. bt. - Select Varieties

6.99 Hershey's Candy Pouch
7.2-10.8 oz. pkg.
Select Varieties

4.99 Quaker Rice Cakes
4.47-6.56 oz. bag
Select Varieties

3.99 Quaker Popped Rice Crisps
6.06-7.04 oz. pkg.
Select Varieties

DAIRY DELIGHTS

4.99 Silk Almond Creamer
32 oz. btl.
Select Varieties

International Delight Cold Foam Creamer **5.59**
14 oz. can
Select Varieties

Essential Everyday Ricotta Cheese **2.99**
15 oz. ctn.
Select Varieties

Breakstone's Cottage Cheese Doubles **1.50**
4.7 oz. ctn.
Select Varieties

Essential Everyday Margarine Quarters **1.99**
16 oz. pkg.

Crystal Farms Cream Cheese **2.49**
8 oz. box
Select Varieties

Crystal Farms String Cheese **5.29**
9-10 oz. pkg.
Select Varieties

Crystal Farms Cracker Cut Cheese **4.29**
7 oz. pkg.
Select Varieties

Crystal Farms Deli Cheese Slices **2/$6**
6-7 oz. pkg.
Select Varieties

FROZEN FINDS

GREAT BUY! **2/$5** Essential Everyday Garlic Dinner Rolls
8 oz. pkg.

Bagel Bites Family Size Pizza Snacks **4.99**
18 ct. pkg.
Select Varieties

Prairie Farms Sherbet **2.99**
32 oz. ctn.
Select Varieties

Nestle Outshine Bars **5.49**
6 ct. pkg.
Select Varieties

Essential Everyday Pancakes **2/$5**
12 ct. pkg.
Buttermilk

NEW YEAR HEALTHY YOU!

GREAT DEALS ON HEALTH ESSENTIALS!

Equaline Cold & Flu Relief **5.99**
24 ct. pkg. - Select Varieties

Equaline Cold & Flu Relief **6.99**
12 oz. pkg. - Select Varieties

Vicks DayQuil or NyQuil Severe Cold & Flu **14.99**
24 ct. box or 12 oz. btl.
Select Varieties

Airborne Immune Support Supplement **9.99**
10-32 ct. pkg.
Select Varieties

Mucinex Cough, Cold & Flu Relief **18.99**
14-20 ct. box
Select Varieties

Gatorade Bars **2/$5**
2.8 oz. pkg.
Select Varieties

Liquid IV Electrolyte Drink Mix **15.99**
10 ct. pkg.
Select Varieties

Quest Protein Bars, Cookies or Tortilla Chips **2/$5**
1.1-2.22 oz. pkg.
Select Varieties

Premier Protein Shakes **10.99**
4 ct. pkg.
Select Varieties

Boost Balanced Nutritional Drinks **10.99**
6 ct. pkg.
Select Varieties

Equaline Triple Size Jumbo Cotton Balls **2.99**
200 ct. pkg.

Axe Body Spray **5.99**
4 oz. ctn.
Select Varieties

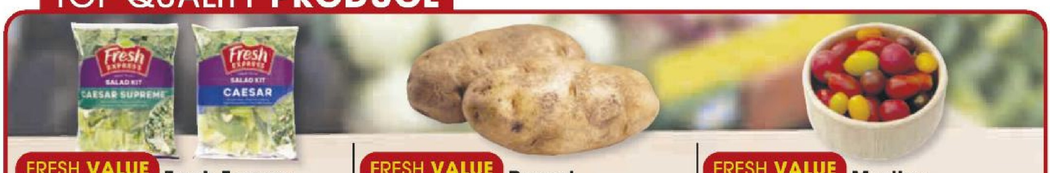
Degree Ultra Deodorant or Anti-Perspirant **5.99**
2.6-2.7 oz. ctn.
Select Varieties

Colgate Toothpaste or 360 Toothbrush **2/$5**
6 oz. tube or 1 ct. pkg.
Select Varieties

Band-Aid Premium Bandages **4.99**
7-80 ct. pkg.
Select Varieties

1.7.26 BRW-5

TOP QUALITY **PRODUCE**



FRESH VALUE 4.29 — **Fresh Express Caesar Salad Kits**
9.8-10.5 oz. pkg.
Select Varieties

FRESH VALUE 2/$7 — **Russet Potatoes**
5 lb. bag
Fresh

FRESH VALUE 2.99 — **Medley Tomatoes**
pint
Great For Salads

MORE **SAVINGS**

5/$5 — **Hass Avocados**
Great For Guacamole

2/$1 — **Lemons**
Tangy

4.99 — **Sweet Blueberries**
pint

5.99 lb. — **Cherries**
Tart

1.68 lb. — **Pink Lady Apples**

.88 lb. — **Green Cabbage**
Fresh

3.99 each — **Celery Hearts**
Crisp

5.99 — **Navel Oranges**
4 lb. bag

SNACK **SHOPPE**

5.99 — **Nabisco Belvita Biscuits or Sandwich Cookies**
5-8.8 oz. box
Select Varieties

9.99 — **Frito Lay Multi Pack Snacks**
15-30 ct. box
Select Varieties

4.49 — **Doritos Tortilla Chips**
6-10.75 oz. bag
Select Varieties

2/$7 — **Boulder Canyon Chips**
5.25-6.5 oz. bag
Select Varieties

ORGANIC 5.99 — **Dave's Killer Organic Bread**
27 oz. loaf
21 Whole Grains and Seeds

2/$5 — **Utz or Zapp's Family Size Potato Chips**
7.75-8 oz. bag - Select Varieties

4.99 — **Utz Snack Packs**
10 ct. box
Select Varieties

2/$5 — **Utz Pretzels**
10-16 oz. bag
Select Varieties

NATURAL SPECIALTY

Gardein Ultimate Meals
14-14.8 oz. pkg.
Select Varieties
8.99

Gardein Meatless Entrees 9-13.7 oz. pkg. - Select Varieties **4.29**

Wild Harvest Fruit & Grain Cereal Bars
6 ct. box
Strawberry or Blueberry
3.99

Bear Naked Granola
11-12 oz. pkg.
Select Varieties
4.99

Wild Harvest Organic Granola
8.5-12 oz. pkg.
Select Varieties
ORGANIC 5.99

Wild Harvest Organic Soup
18.6 oz. can
Select Varieties
ORGANIC 2.99

Wild Harvest Organic Ketchup
20 oz. btl.
ORGANIC 2/$7

Wild Harvest Organic Macaroni & Cheese
6 oz. box
ORGANIC 2.29

Pepsi & Pepsi Products
2 ltr. btl.
Select Varieties
2/$3

Pepsi & Pepsi Products
12 pk. 12 oz. cans
Select Varieties
2/$11

Surfside Iced Tea Pack
8 ct. pkg.
18.99

Frontera Wine
1.5 ltr. btl.
Select Varieties
9.49

Corona Beer
12 pk. 12 oz. cans or btls.
Light, Premier or Extra
19.49

FREE ITEM THIS WEEK!

ESSENTIAL EVERYDAY INSTANT OATMEAL
1.41-1.9 oz. cup - Select Varieties

It's EASY to get a FREE ITEM every week! Just download the **Great Valu app**
Check your email on SATURDAY, January 10th, and download your digital coupon. It's THAT EASY!

Visit us on the web
www.greatvalu.com

Great Valu Markets

Locally Owned & Operated

BRIDGEWATER FOODS BFS SUPERMARKET

519 N. Main Street, Bridgewater, VA
PHONE: (540) 828-3010
visit us at www.bridgewaterfoods.com

PRICES GOOD JAN. 7 - JAN. 13

STORE HOURS:
Mon. - Sat. 7 am - 9 pm
Sunday 8 am - 9 pm

VISA MasterCard DISCOVER AMERICAN EXPRESS

Sorry, We Cannot Issue Rainchecks.
Not All Items Available In All Stores

We Reserve The Right To Limit Quantities.
No Sales To Dealers. No MVP Card Required.

1.7.26 BRW-6