





**Kroger**  
**Breaded Crunchy Butterfly Shrimp**

Frozen, 32 oz

Price without digital coupon is up to \$10.99 each with Card.

**\$9.99**  
/EA

With Digital Coupon



**Private Selection**  
**Hummus**

10 oz or Deli Kitchen  
Corn Tortilla Chips,  
14-16 oz; Select Varieties,  
In the Deli

**\$2.99**  
/EA

With Digital Coupon  
Price without digital coupon  
is up to \$4.49 each with Card.



**DiGiorno Pizza**  
14.14-30.3 oz or Party Size  
Ruffles, 12.5-13 oz  
or Tostitos, 14.5-20 oz;  
Select Varieties

**\$3.99**  
/EA

With Digital Coupon  
Price without digital coupon  
is up to \$5.99 each with Card.



**Dunkin' Coffee**  
10-12 oz Bag or K-Cups,  
10 ct or Café Bustelo  
Coffee, 11 oz Bag  
or K-Cups, 10 ct;  
Select Varieties

**\$6.99**  
/EA

With Digital Coupon  
Price without digital coupon  
is up to \$9.99 each with Card.

# WEEKLY DIGITAL DEALS

Use each coupon  
**UP TO 5 TIMES**  
in one transaction\*

Look for  
these tags.



WEEKLY DIGITAL DEALS  
1.99 EA  
With Card and Digital Coupon



**Coca-Cola,  
Pepsi or 7UP**

Select Varieties,  
2 Liter,  
Plus Deposit  
Where Applicable

**\$1.49**  
/EA

With Digital Coupon  
Price without digital coupon  
is up to \$3.49 each with Card.



**Large  
Pineapple**

Price without digital coupon is up to \$2.99 each with Card. With Digital Coupon



**\$1.99**  
/EA

With Digital Coupon



**99¢**  
/EA

With Digital Coupon

Price without digital coupon  
is up to \$1.59 each with Card.



**Ben & Jerry's  
Ice Cream**

16 fl oz or Nature Valley  
Breakfast Biscuits,  
10 ct; Select Varieties

**\$3.49**  
/EA

With Digital Coupon  
Price without digital coupon  
is up to \$5.99 each with Card.



**Quilted Northern  
Bath Tissue**

12 Mega Rolls or  
Brawny Paper Towels,  
6 Double Rolls;  
Select Varieties

**\$9.99**  
/EA

With Digital Coupon  
Price without digital coupon  
is up to \$11.99 each with Card.

\*While supplies last.

# 10 for \$10 SALE

Each participating item  
is just \$1 with Card.\*

\*Selection varies by store.



**Starkist Tuna, 2.6-5 oz • Rice-A-Roni, 4.3-7.2 oz**

- Powerade, 28 fl oz • BodyArmor, 16 fl oz
- Nissin Ramen or Chow Mein, 2.54-4 oz
- Sparkling Ice, 17 fl oz • Campbell's  
Chicken Noodle or Tomato Soup, 10.75 oz
- Larabar, 1.06-1.7 oz • Simple Truth Organic  
Beans, 15 oz • Kroger Snacking Medley, 1.5 oz
- Snapple, 16 fl oz • Cheez-It Grab-N-Go Snacks,  
1-3 oz • Old El Paso Taco Seasoning, 1 oz

# WEEKLY DIGITAL DEALS

Use each coupon  
**UP TO 5  
TIMES**  
in one transaction\*



Look for  
these tags.



**Muscle Milk**  
**\$6.99**  
/EA  
With Digital  
Coupon

Select Varieties,  
4-Pack, 11 fl oz

Price without digital coupon is up to \$8.99 each with Card.



**Bounce**  
**Dryer Sheets**  
**\$4.99**  
/EA  
With Digital  
Coupon

160 ct or Downy  
Unstopables, 6.9-8.3 oz;  
Select Varieties

Price without digital coupon is up to \$6.99 each with Card.

\*While supplies last.



**Tuscany**  
**Candle**  
Select Varieties, 14 oz  
**\$6.99**  
/EA  
With Digital  
Coupon

Price without digital coupon is up to \$7.99 each with Card

# SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.

**MIX & MATCH** 5 or more  
participating items with Card.



Find even more online!

Scan me to shop all  
participating items.

\*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for  
these tags.



8.49 With  
Card  
-1.00

**\$7.49**  
/EA\*

Gatorade  
8-Pack, 20 fl oz  
or Skinny Pop  
Popcorn Multipack,  
10 ct; Select Varieties,  
Plus Deposit  
Where Applicable



Zapp's or Utz  
Potato Chips

7.75-16 oz  
or Yerba Madre  
Organic Yerba Mate,  
15-15.5 fl oz;  
Select Varieties,  
Plus Deposit Where Applicable

2.99 With  
Card  
-1.00

**\$1.99**  
/EA\*

Yerba Madre  
Organic Yerba Mate,  
15-15.5 fl oz;  
Select Varieties,  
Plus Deposit Where Applicable



2.79 With  
Card  
-1.00

**\$1.79**  
/EA\*

Progresso Soup  
18-19 oz or  
Hormel Chili, 15 oz;  
Select Varieties



2.99 With  
Card  
-1.00

**\$1.99**  
/EA\*

Jif  
Peanut Butter  
13-16 oz or Banza  
Pasta, 5.5-8 oz;  
Select Varieties



4.99 With  
Card  
-1.00

**\$3.99**  
/EA\*

Zoi  
Greek Yogurt

32 oz or Oatly Oatmilk,  
64 fl oz; Select Varieties

8-Pack, 20 fl oz  
or Skinny Pop  
Popcorn Multipack,  
10 ct; Select Varieties,  
Plus Deposit  
Where Applicable

3.99 With  
Card  
-1.00

**\$2.99**  
/EA\*

Darigold  
Butter

16 oz or Daiya  
Dairy-Free Cheese,  
7.1-7.8 oz; Select Varieties



6.99 With  
Card  
-1.00

**\$5.99**  
/EA\*

Liquid Death  
Sparkling Water  
6-Pack, 12 oz Cans  
or Quest Tortilla  
Chips, 4 oz;  
Select Varieties,  
Plus Deposit  
Where Applicable



3.99 With  
Card  
-1.00

**\$2.99**  
/EA\*

Chobani  
Greek Yogurt  
4 ct or  
Cascadian Farm  
Organic Cereal  
or Granola, 9-14.6 oz;  
Select Varieties



5.99 With  
Card  
-1.00

**\$4.99**  
/EA\*

Hershey's  
Unwrapped  
Candy  
7-9 oz or Black Forest  
Fruit Snacks, 22 ct;  
Select Varieties



8.99 With  
Card  
-1.00

**\$7.99**  
/EA\*

Starbucks  
Coffee  
10-12 oz Bag or  
K-Cups, 10 ct;  
Select Varieties



6.99 With  
Card  
-1.00

**\$5.99**  
/EA\*

Liquid Death  
Sparkling Water  
6-Pack, 12 oz Cans  
or Quest Tortilla  
Chips, 4 oz;  
Select Varieties,  
Plus Deposit  
Where Applicable



8.99 With  
Card  
-1.00

**\$7.99**  
/EA\*

Crest  
Toothpaste  
Select Varieties,  
3.8-4.8 oz



6.49 With  
Card  
-1.00

**\$5.49**  
/EA\*

Dixie  
Paper Plates  
or Bowls  
Select Varieties,  
25-90 ct

# SAVE ON NATURAL & ORGANIC ITEMS



3.99 With Card  
-1.00  
**\$2.99** /EA\*

Pacific Foods  
Organic Soup  
32 fl oz or Goodles  
Mac & Cheese,  
5.25-6 oz;  
Select Varieties



1.99 With Card  
-1.00  
**99¢** /EA\*

Annie's  
Mac & Cheese  
5.25-6 oz or Core  
Water, 30.4 fl oz;  
Select Varieties,  
Plus Deposit  
Where Applicable



3.49 With Card  
-1.00

**\$2.49** /EA\*

Almond Breeze  
Almondmilk



3.99 With Card  
-1.00  
**\$2.99** /EA\*

Simple Truth  
Sparkling Water  
Select Varieties,  
8-Pack, 12 fl oz Cans,  
Plus Deposit  
Where Applicable

**SAVE \$1 EACH**  
WHEN YOU BUY 5 OR MORE.  
MIX & MATCH 5 or more  
participating items with Card.

\*When you buy any 5 or more participating  
items in the same transaction with Card.  
Participating item varieties and sizes  
may vary by store.

Look for  
these tags.



4.49 With Card  
-1.00

**\$3.49** /EA\*

Cedar's  
Organic Hommus  
10 oz  
or Stacy's Pita Chips,  
6.75-7.33 oz;  
Select Varieties,  
In the Deli



5.99 With Card  
-1.00  
**\$4.99** /EA\*

Kashi  
Organic Cereal



8-18 oz or Califia Farms  
Organic Almondmilk,  
48 fl oz; Select Varieties



5.29 With Card  
-1.00

**\$4.29** /EA\*

Simple Truth  
Organic Lunch Meat  
Select Varieties,  
5-6 oz



6.49 With Card  
-1.00

**\$5.49** /EA\*

Vitaminwater  
6-Pack, 16.9 fl oz  
or Luna Bars, 6 ct;  
Select Varieties,  
Plus Deposit Where Applicable



7.49 With Card  
-1.00

**\$6.49** /EA\*

Amy's  
Pizza  
12-15.3 oz or Bob's  
Red Mill Oats,  
28-32 oz;  
Select Varieties



8.49 With Card  
-1.00

**\$7.49** /EA\*

Olipop Soda  
Select Varieties,  
4-Pack, 12 fl oz,  
Plus Deposit  
Where Applicable



14.49 With Card  
-1.00

**\$13.49** /EA\*

Applegate  
Chicken  
Select Varieties,  
16 oz



5.49 With Card  
-1.00

**\$4.49** /EA\*

Kind  
Breakfast  
Bars

12 ct or Partake  
Gluten Free Cookies,  
5.5-6.75 oz; Select Varieties



4.49 With Card  
-1.00

**\$3.49** /EA\*

Cedar's  
Organic Hommus  
10 oz  
or Stacy's Pita Chips,  
6.75-7.33 oz;  
Select Varieties,  
In the Deli



7.49 With Card  
-1.00

**\$6.49** /EA\*

Amy's  
Pizza  
12-15.3 oz or Bob's  
Red Mill Oats,  
28-32 oz;  
Select Varieties



5.49 With Card  
-1.00

**\$4.49** /EA\*

Kind  
Breakfast  
Bars

# HOME TEAM ESSENTIALS



Find more game day deals & recipes at [FredMeyer.com/Football](http://FredMeyer.com/Football)

**\$7.99**  
/LB

With Card  
**Beef Flanken Style Ribs**  
Bone-In,  
Value Pack



**Homestyle 80% Lean Ground Beef**  
8 ct

**\$12**  
With Card



**Home Chef Chicken Wings**  
**\$8.99**  
/LB  
With Card



**Lay's Potato Chips**  
5-8 oz or Doritos,  
9-10.75 oz or  
Sunchips, 7 oz;  
Select Varieties  
**4/\$10**  
With Card  
When you buy 4 or more in the same transaction with Card.  
Quantities less than 4 are up to \$5.99 each with Card.



**Sweet Baby Ray's Barbecue Sauce**  
18 oz  
or Kinder's Sauce,  
12.5-16.9 oz;  
Select Varieties  
**FREE**  
With Card



**Ken's Salad Dressing**  
16 fl oz or  
Sensible Portions  
Veggie Snacks,  
3.75-7 oz;  
Select Varieties  
**2/\$6**  
With Card



**Kroger Cocktail Smokies**  
14 oz  
**2/\$7**  
With Card



**Bloom Pop Soda**  
12 fl oz or Reser's Dip,  
8 oz; Select Varieties,  
Plus Deposit  
Where Applicable  
**2/\$4**  
With Card



**Kroger Peanuts**  
Select Varieties,  
12 oz  
**\$1.69**  
With Card



**Kroger Plastic Cups**  
Select Varieties,  
50 ct  
**\$4.29**  
With Card



**Kroger Paper Plates**  
Select Varieties,  
48 ct  
**\$2.99**  
With Card



**Crock-Pot Cook & Carry Slow Cooker**  
6-Quart

**\$49.99**  
With Card



**Coors or Miller**  
Select Varieties,  
30-Pack, 12 fl oz Cans,  
Plus Deposit  
Where Applicable  
**\$26.99**



**\$6**  
With Card  
**Kroger Broccoli or Cauliflower Florets**  
24-32 oz

Seasonal selection varies by store and is limited to stock on hand.

# MIX & MATCH SAVE \$10 AN EXTRA

When you buy 2 participating  
Household, Baby or  
Pet items, with Card:

\*Participating item selection may vary by store.  
Discount applied at checkout with your Card.  
Items must be purchased in the same transaction.

## EVERYTHING YOU NEED FROM KICK OFF TO CLEAN UP



## SHOP OUR EXCLUSIVE BRANDS AND SAVE



Simple Truth  
Natural 93% Lean  
Ground Beef  
16 oz Package

**\$9.99**  
With Card



Kroger  
Single Serve  
Salad Bowls  
4.75-7 oz

**3/\$11**  
With Card



Kroger  
Instant Oatmeal  
**3/\$5**  
With Card

8-12 ct or Kroger Tea,  
64 fl oz; Select Varieties



Kroger  
Trail Mix  
30-36 oz or Simple Truth  
Freeze Dried Fruit, 2 oz;  
Select Varieties

**\$7.99**  
With Card



Private Selection  
Preserves  
Select Varieties,  
13 oz

**\$3.99**  
With Card



Simple Truth  
Organic Broth  
32 oz or Kroger  
Dijon Mustard, 12 oz;  
Select Varieties

**2/\$4**  
With Card



Simple Truth  
Protein Tortilla Chips  
5 oz or Kroger  
Peanuts, 32-35.5 oz;  
Select Varieties

**\$4.99**  
With Card



Kroger  
Ice Cream  
Select Varieties,  
48 fl oz

**2/\$5**  
With Card



Kroger  
Diced Tomatoes  
14.5 oz or Chunk Light Tuna,  
5 oz; Select Varieties

**89¢**  
With Card

## BOTTLES & BREWS



Pelican,  
Topo Chico  
or Ecliptic

**\$17.99**

Select Varieties,  
12-15-Pack, 12 fl oz  
Bottles or Cans,  
Plus Deposit  
Where Applicable



Pub Beer

18-Pack, 12 fl oz  
or Budweiser, 12-Pack,  
12 fl oz Bottles or Cans;  
Select Varieties,  
Plus Deposit Where Applicable

**\$13.99**



8.99 EA  
-10%  
With Card

**\$8.09**  
/EA\*

Bogle  
or Matua  
Select Varieties,  
750 ml

9.99 EA  
-10%  
With Card

**\$8.99**  
/EA\*

Cook's  
or Barefoot  
Select Varieties,  
1.5 Liters

\*When You Buy Any 6 Participating Items with Card.



CLIP COUPON

EARNS  
4X FUEL  
POINTS  
with digital coupon\*

on Simple Truth® products

\*See coupon for details.

# FIND YOUR FAVORITE NATURAL ITEMS

Boulder Canyon Chips

**\$3.99**

With Card

Select Varieties,  
5.25-6.5 oz



Simple Truth Almond Butter Select Varieties, 16 oz

**\$6.99**

With Card



Poppi Soda Select Varieties, 12 fl oz Cans, Plus Deposit Where Applicable

**3/\$5**

With Card



Built Puff Protein Bars

Select Varieties, 4 ct

**\$9.99**

With Card



Pete & Gerry's Organic Eggs

Large, Grade A, 12 ct

**\$5.49**

With Card



Simple Truth Beef or Turkey Hot Dogs Select Varieties, 10 oz

**\$4.49**

With Card

## HOME, HEALTH & MORE!



TRESemme Shampoo or Conditioner

Select Varieties, 28 fl oz

**\$5.99**

With Card



Vital Proteins Collagen Peptides

Select Varieties, 10-13.51 oz

**\$20.99**

With Card



Comforts Baby Food Variety Pack Select Varieties, 12 ct

**\$7.99**

With Card



Halls Value Pack Cough Drops

Select Varieties, 70-80 ct

**\$4.99**

With Card



Suave Body Wash

Select Varieties, 18 fl oz

**\$2.99**

With Card



GoodCook Meal Prep Containers Select Varieties, 10-Pack

**\$8.99**

With Card



Honeycrisp or  
SugarBee Apples  
**\$2.49**  
/LB  
With Card



Suja  
Organic  
Juice Drinks  
2-12 fl oz  
MIX & MATCH  
BUY 1, GET 1  
of Equal or Lesser Value  
**FREE**  
With Card



**\$5.99**  
With Card  
Blueberries  
18 oz

Bloom Haus  
January  
Jubilee Bouquet

**\$9.99**



Red Tomatoes  
on the Vine  
**\$1.99**  
/LB  
With Card



California Cuties  
Seedless Mandarins  
3 lb  
**\$4.99**  
With Card



GUARANTEED FRESH



MIX & MATCH  
BUY 1, GET 1  
**FREE**  
of Equal or Lesser Value  
With Card



Bob Evans  
Family Size Side  
Select Varieties,  
28-32 oz  
**\$4.99**  
With Card



Shrimp Trays  
Frozen, 11-25.3 oz  
or Crab Sale, Whole Cooked  
Dungeness Crab, Snow Crab  
Clusters or King Crab Legs,  
16-22 ct; Previously Frozen  
**25% OFF**  
Tag Reflects Savings  
With Card

Hormel Marinated  
Pork Loin Filets  
Select Varieties, 1.5 lb



Oscar Mayer  
Fun Pack  
Lunchables  
8.8-10.7 oz  
or Prime Fresh  
Lunch Meat, 7-8 oz;  
Select Varieties  
**2/\$6**  
With Card



Fresh  
Columbia River  
Steelhead Fillets  
Farm-Raised  
**\$9.99**  
/LB  
With Card

## DELI & BAKERY

Order party trays, cakes and more at  
[FredMeyer.com/fresh](http://FredMeyer.com/fresh)

Lemon  
Pudding Cake  
30 oz or Classic Cake,  
6", Select Varieties

**\$6**  
With Card



Home Chef  
Classic Seasoned  
Fresh Roasted  
Chicken  
or Other Varieties,  
Fully Cooked, 2 lb

**\$8.99**  
With Card



## Private Selection

Brown Sugar Ham  
or Sharp  
Cheddar Cheese,  
\$10.99 lb with Card;  
Select Varieties,  
Sliced to Order  
or Grab & Go

**\$13.99**  
/LB



# BOTTLES & BREWS



**\$19.99**

Truly, Deschutes or New Belgium

Select Varieties, 12-Pack,  
12 fl oz Bottles or Cans,  
Plus Deposit  
Where Applicable



**13.99 EA**  
-10%  
With Card

**\$12.59 /EA\***

Erath, Gruet or Chateau Ste Michelle  
Select Varieties,  
750 ml



**14.99 EA**  
-10%  
With Card

**\$13.49 /EA\***

La Marca or A to Z  
Select Varieties,  
750 ml



**10.99 EA**  
-10%  
With Card

**\$9.89 /EA\***

Korbel, Seaglass or Erath  
Select Varieties,  
750 ml



**17.99 EA**  
-10%  
With Card

**\$16.19 /EA\***

Chandon or Meiomi  
Select Varieties,  
750 ml



**\$9.99**

Corona, Modelo or Pacifico

Select Varieties, 6-Pack,  
12 fl oz Bottles or Cans,  
Plus Deposit  
Where Applicable

\*When You Buy Any 6 Participating Items with Card.

## CHEERS TO GREAT DEALS ON YOUR FAVORITES!

# SAVE 30%

With Card  
Valentine's Plush,  
Décor, Baking and  
Exchange Cards



## SHARE THE LOVE WITH GIFTS FROM THE HEART

Find more sweet deals at [FredMeyer.com/Valentines](http://FredMeyer.com/Valentines)



Holiday Home  
Valentine's Day  
Jumbo Bear  
Select Varieties,  
36"

**\$19.99**  
With Card

Valentine's Day  
Exchange Cards  
Select Varieties

**SAVE  
30%**  
Tag Reflects Savings  
With Card

Holiday Home  
Valentine's Day  
Mug  
Select Varieties

**\$4.99**  
With Card

Holiday Home  
Valentine's Day  
Rolled Throw  
or Chenille Throw,  
Select Varieties

**SAVE  
50%**  
Tag Reflects Savings  
With Card



Fun Dip  
Valentines  
24 ct

**\$5.99**  
With Card



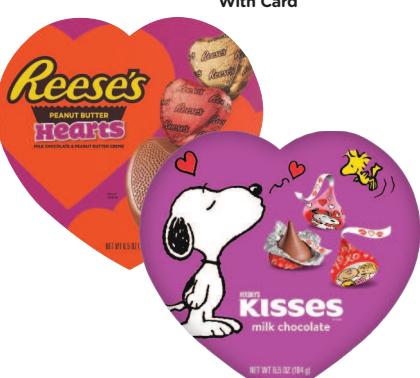
Queen Anne  
Cordial Cherries  
Select Varieties,  
6.6 oz

**\$3.49**  
With Card



Brach's  
Heart Candy  
Select Varieties,  
12 oz

**\$3.79**  
With Card



Hershey's  
Candy Heart  
Box  
Select Varieties,  
6.4-6.6 oz

**\$5.49**  
With Card



Lindt  
Gourmet Truffles  
6.7 oz

**\$17.99**  
With Card



Dove  
Chocolate Hearts  
Select Varieties,  
7.94-8.87 oz

**\$4.99**  
With Card



Trolli or Nerds  
Candy Box  
Select Varieties,  
6 oz

**\$6.99**  
With Card

Seasonal selection varies by store and is limited to stock on hand.

# PICK UP EVERYTHING FOR GAME DAY!



HERE'S HOW IT WORKS... Look for these tags.

## 1. LOOK FOR THE TAGS

Look for the Blazers logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.



## 2. EARN POINTS AND REDEEM FOR...

Blazers tickets, experiential prizes, apparel and more!

