



99¢
/lb

LARGE RED PRINCE APPLES
1.50 lb (0.68 kg) (12/12/12)



22¢
ea.

CRISPER CRACKERS, CRACKERS, CRISPERS OR ALL DO BITE & BITE CRACKERS ALL DAY!
180 g



59¢
ea.

ACTIVIA YOGURT
100% WHOLE DAIRY



27¢
ea.

DEMPSTER'S GRAINS
100% WHOLE GRAINS
MULTIGRAIN
12 GRAIN



488¢
ea.

SMOKED SAUSAGES, JAWY JUMBOS OR SMOKED SAUSAGES OF MAPLE LEAF BACON
100% PORK (100% MEAT)

Effective January-February

29	30	31	1	2
TH	FR	SA	SU	MO

mmmAZING!
days



3.99
ea.

FRESH SKINLESS ATLANTIC SALMON PORTIONS
100 g or
ROCK LOBSTER TAIL
2 oz. FROZEN

FRESH SKINLESS ATLANTIC SALMON PORTIONS
703 g or



5.99
ea.

BLUE WATER
BREADED SHRIMP OR



299
ea.

SUMMER FRESH



349
/100 g



125 points



599
ea.



125 points

799

799
ea.

FRONT STREET BAKERY
ALL BUTTER CROISSANTS
ONE OF 12 CROSANTS

**NATIONAL
CROISSANT DAY
JAN 30, 2026**

CROISSANT DAY
JAN 30, 2026

metro.ca

mmMAZING! days

1⁹⁹ ea.

BODYARMOR PEACH MANGO LOW CALORIE SPORTS DRINK 50% MORE FLAVOUR THAN OTHER SPORTS DRINKS 1.5L

POWER RIDE BLUE RASPBERRY 50% MORE FLAVOUR THAN OTHER SPORTS DRINKS 1.5L

Coca-Cola

4⁴⁹ ea.

mini COCA-COLA LIGHT CANADIAN SOFT DRINKS 125ml

7⁴⁹ ea.

fuze FUZE ICEE TEA 1.5L

2⁹⁹ ea.

Campbell's

CHUNKY BEEF & OSCAR 1.5L

Habitant PEASOUP with SMOKED HAM 1.5L

2²² ea.

Campbell's

Italian Wedding 1.5L

1²⁵ ea.

Campbell's

Broth 1.5L

3⁹⁹ ea.

Pace PACE SALSA 1.5L

3⁴⁹ ea.

Goldfish GOLDFISH CRACKERS 1.5L

3⁹⁹ ea.

DANONE 6 ESSENTIAL NUTRIENTS ESSENTIELLES 1.5L

3⁹⁹ ea.

Silk SILK BEVERAGE 1.5L

4⁹⁹ ea.

Delight INTERNATIONAL DELIGHT COFFEE CREAMER 1.5L

5⁹⁹ ea.

ACTIVIA ACTIVIA DRINKABLE YOGURT 1.5L

mmMAZING!
days



6⁹⁹
ea.

SIMPLY
HYDRATED JUICE
100% ORANGE JUICE
1.5L



3⁹⁹
ea.

MINUTE MAID
KID TEA
1.5L

3⁹⁹
ea.

MINUTE MAID
PEACH PEACH TEA
1.5L



**3 for
10⁰⁰**

BEN'S ORIGINAL
Bistro Express™
JASMINE RICE
1.5L

BEN'S ORIGINAL
Bistro Express™
TASTY BITE SIDE DISH
1.5L



4⁹⁹
ea.

EXCEL
GUM
1.5L

6⁹⁹
ea.

SKITTLES POP & CANDY
1.5L



4⁹⁹
ea.

KELOLOG'S CEREAL
1.5L



5⁴⁹
ea.

EGGO
Waffles
1.5L

5⁹⁹
ea.

KELOLOG'S VECTOR
CEREAL
1.5L



9⁹⁹
ea.

KELOLOG'S JUMBO
CEREAL
1.5L

5⁹⁹
ea.

KASHI
CEREAL
1.5L

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT [metro.ca](https://www.metro.ca)

mmMAZING! days

6⁹⁹ ea.

Jif NEW! **Crunchy** Peanut Butter 1kg 100% PEANUT BUTTER

Jif NEW! **Creamy** Peanut Butter 1kg 100% PEANUT BUTTER

21⁹⁹ ea.

Folgers Folgers Coffee Capsule 120 Capsules

4⁹⁹ ea.

Robin Hood ALL PURPOSE FLOUR ORIGINAL 2.5kg

10⁹⁹ ea.

Unstoppable Smucker's Uncrustibles Sandwiches 12x12cm 100% WHOLE WHEAT

21⁹ ea.

Carnation Milk Evaporated Milk 12x12cm 100% WHOLE MILK

3⁹⁹ ea.

Maple Leaf Natural Bacon naturel Original 100% PORK

1⁹⁹ ea.

Maple Leaf Mighty Protein Chicken Strips 12x12cm 100% WHOLE CHICKEN

4⁸⁸ ea.

Schneiders Bacon, Bicy Jambos or Smoked Sausages or Maple Leaf Bacon 100% PORK

7⁹⁹ ea.

Schneiders Blue Ribbon Bologna Classique 100% PORK

6⁹⁹ ea.

Maple Leaf Natural Selections Schneiders or Farro Marcella Deli Meat 100% PORK

3⁹⁹ ea.

Marc Angelo Sliced Mortadella 100% PORK

4⁴⁹ ea.

Marc Angelo Snackosmo Packs 100% PORK

6⁴⁹ ea.

Marc Angelo Prosciutto Antipasto Quattro Tiri or Salami 100% PORK

11⁹⁹ ea.

Marc Angelo Prosciutto Antipasto Quattro Tiri or Salami 100% PORK

12⁹⁹ ea.

Marc Angelo Dry Cacciatore 100% PORK

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:
Only until February 4, 2026, in-store or online



NOW 9.99
ea.
SAVE UP TO \$4

13.99
ea.
SWISS CHALET
OR MONTANA'S
PORK BACK RIBS
FULLY COOKED, 600 - 650 g
SELECTED VARIETIES



NOW 4.99
ea.
SAVE UP TO \$2

6.99
ea.
BICK'S
PICKLES
1 L
SELECTED VARIETIES



NOW 2.99
ea.
SAVE UP TO \$1

3.99
ea.
WERTHER'S OR
RIESEN CANDY
128 - 135 g
SELECTED VARIETIES



NOW 15.99
ea.
SAVE UP TO \$5

20.99
ea.
RED BULL
ENERGY DRINKS
8 x 250 mL
SELECTED VARIETIES



NOW 8.99
ea.
SAVE UP TO \$2

10.99
ea.
NEAR ZERO
NON-ALCOHOLIC BEER
4 x 473 mL
SELECTED VARIETIES



NOW 5.99
ea.
SAVE UP TO \$2

7.99
ea.
GLADE
STARTER KIT
1 m
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER
Offer available only on the My Metro app with a moiD account. Limit of one coupon redemption with a moiD account, unless expressly stated otherwise in the terms of the offer.
Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

Farm Fresh Produce



Organic



Sliced & Diced **Fresh Blooms**



Fresh Blooms



FREE SAME-DAY PICKUP **SAME FLYER PRICES AND DEALS ONLINE**

Book your
**Valentine's Day
Flowers Now!**

Speak to one of our floral experts
to pre-book a bouquet or arrangement.

FROM FEBRUARY 1ST TO FEBRUARY 10TH, 2026



Our Butcher's Finest

FRESH ROASTING CHICKEN 1.5kg

3⁴⁹ /lb

PLATINUM GRILL ANGUS STEAK 100% CANADIAN ANGUS 4.53kg

19⁹⁹ /lb

LIFE SMART NATURALIA GRASS FED LEAN HIND BEEF 1.81kg

8⁹⁹ ea.

RED GRILL BEEF 1.81kg

8⁹⁹ /lb

MAPLE LEAN PRIME BACED WITHOUT ANTIBIOTICS FRESH BONELESS SKINLESS CHICKEN THIGHS VALUE PACK 1.81kg

6⁹⁹ /lb

BONELESS PORK LOIN CHOPS 1.81kg

5⁹⁹ /lb

VEAL LOIN CHOPS 1.81kg

13⁹⁹ /lb

LIFE SMART NATURALIA GRASS FED BONELESS RIB STEAK 4.53kg

20⁹⁹ /lb

SELECTION WIENERS 4.53kg

2⁹⁹ ea.

FORNIE BEEF OR CHICKEN 2.27kg

4⁹⁹ ea.

NEW IRRESISTIBLE PORK TENDERLOIN 1.81kg

7⁹⁹ ea.

IRRESISTIBLE MINI BURGERS 1.81kg

8⁴⁹ ea.

SELECTION CORN DOGS 1.81kg

13⁴⁹ ea.

CRISPY CHICKEN WINGS 1.81kg

14⁴⁹ ea.

IRRESISTIBLE SHEPHERD'S PIE 1.81kg

11⁴⁹ ea.

IRRESISTIBLE BEEF BURGERS 1.81kg

16⁴⁹ ea.

Easy Meal Ideas

SELECTION CHICKEN BALLS 1.81kg

5⁹⁹ ea.

SELECTION SMOKED HAM 1.81kg

8⁹⁹ ea.

SELECTION BREADED CHICKEN 1.81kg

6⁹⁹ ea.

BUTTERBALL BONELESS TURKEY BREAST ROAST 1.81kg

22⁹⁹ ea.

Plant-Based

BEYOND PLANT-BASED BURGERS 1.81kg

7⁹⁹ ea.

BEYOND PLANT-BASED BURGERS 1.81kg

20⁹⁹ ea.

IMPOSSIBLE PLANT-BASED BURGERS OR GROUND 1.81kg

7⁹⁹ ea.

IMPOSSIBLE PLANT-BASED CHICKEN NUGGETS 1.81kg

7⁹⁹ ea.

Seafood

SEAFORD BOWL
1.250g (x4)

9⁹⁹
/lb

INCLUDES

**SHOW CRAB,
RAW SHRIMP
LOBSTER CLAWS
AND CLAMS**

WILD SOCKEYE SALMON FILLETS
1.000g (x10)

15⁹⁹
/lb

**PACIFIC WHITE
SHRIMP SCRAMBLES**
1.000g (x10) PREPARED & FROZEN, 5kg

12⁹⁹
ea.

**TOMM MANK
SEAFORD SALADS**
1.000g (x10) BARRAMUNDI, 1.000g (x10)

7⁹⁹
/lb

**HOT SMOKED
WILD SOCKEYE
WILD PINK
SALMON
MUGGETS** 100g

7⁹⁹
ea.

**Claw
Crab Meat
WILDER**
PASTEURIZED
CRAB MEAT 400g

19⁹⁹
ea.

**LOBSTER MEAT
CHAIN DE HOBBADE**
1.000g (x10)

3⁹⁹
ea.

**OCEAN PRIME
WHOLE CLAMS**
1.000g (x10)

4⁴⁹
ea.

**CHELSEA
SEAWEED
SMILETS**
1.000g (x10)

6⁹⁹
ea.

**BETTER FISH
BARRAMUNDI**
PILLETS
1.000g (x10)

9⁹⁹
ea.

**MINCED COOKED
LOBSTER MEAT**
1.000g (x10)

125⁹⁹
ea.

Invisitable

5.99
ea. **INVISIBLE**
ATLANTIC
SALMON
DINNER

7.99
ea. **INVISIBLE**
DINNER
SALAD

9.99
ea. **INVISIBLE**
SHRIMP FRIES ON
DIN SAM COMPLEXES

9.99
ea. **INVISIBLE**
MARINARA VEGGIES
(VEGGIES, MEAT &
SAUCE)

19.99
ea. **INVISIBLE**
BLACK TRUFFLE
SHRIMP POPS
(POTATOES & SAUCE)



Hockeyville

BUILDING COMMUNITY

One Rink at a Time

© 2014 KRAFT HEINZ



KRAFT KETCHUP
HEINZ KETCHUP
SELECTED VARIETIES

5.49



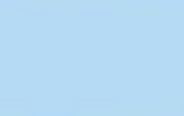
KRAFT PHILADELPHIA CREAM CHEESE
SELECTED VARIETIES

4.99



KRAVE
80 CAL SMARTONES
PROTEIN MEAL

2.99



KRAVE
80 CAL SMARTONES
PROTEIN MEAL

2.99



KRAVE
80 CAL SMARTONES
PROTEIN MEAL

2.99



KRAVE
80 CAL SMARTONES
PROTEIN MEAL

2.99



KRAVE
80 CAL SMARTONES
PROTEIN MEAL

2.99



KRAVE
80 CAL SMARTONES
PROTEIN MEAL

2.99



BRING THE HEAT

French's®
Mustard
Mustard
Mustard

2.49
ea.



French's®
Hot Sauce
Hot Sauce
Hot Sauce

4.99
ea.



French's®
Mustard
Mustard
Mustard

2.49
ea.



French's®
Hot Sauce
Hot Sauce
Hot Sauce

4.99
ea.



French's®
Hot Sauce
Hot Sauce
Hot Sauce

4.99
ea.



French's®
Hot Sauce
Hot Sauce
Hot Sauce

4.99
ea.



French's®
Hot Sauce
Hot Sauce
Hot Sauce

4.99
ea.



French's®
Hot Sauce
Hot Sauce
Hot Sauce

4.99
ea.

metro.ca
mmMAZING!
offer

60%

OFF*
12-MONTH
DELIVERY PASS

~~\$99⁹⁹~~
\$39⁹⁹



Subscribe Now

*Certain conditions apply. Details on metro.ca

Thank you to our Make Happy Tummies™ partners. Look for their products in-store.



KOKO NANO
DRINKABLE YOGURT
6 x 10 mL SELECTED VARIETIES



VITA COCO
COCONUT WATER
SELECTED VARIETIES



BOB'S RED MILL ROLLED OATS
SELECTED VARIETIES



LACTANTIA
PURIFIED MILK
SELECTED VARIETIES



MAPLE LEAF
NATURAL SELECTIONS
SLICED DELI MEAT
SELECTED VARIETIES



HARVEST
HARVEST CRUNCH
CEREAL
SELECTED VARIETIES



McGILL'S
FRIES
SELECTED VARI, SELECTED VARIETIES



BEAR PAWS
COOKIES
SELECTED VARI, SELECTED VARIETIES



MADE GOOD
BARS
SELECTED VARIETIES



SIMPLY
ORANGE JUICE
SELECTED VARIETIES



GREEN GIANT
FROZEN VEGETABLES
SELECTED VARI, SELECTED VARIETIES



KRAFT
PEANUT BUTTER
SELECTED VARIETIES



V8
SAUCE
SELECTED VARIETIES



LITTLE BITES
SELECTED VARI, SELECTED VARIETIES



BLACK DIAMOND
CHEESECAKE
MINI WAFFLES
SELECTED VARI, SELECTED VARIETIES



KELOGG'S
MINI WHEATS
CEREAL
SELECTED VARI, SELECTED VARIETIES



NUTRI GRAIN
BARS
SELECTED VARIETIES



BUBLY
SPARKLING WATER
SELECTED VARI, SELECTED VARIETIES



LINDT
EXCELLENCE
BITTERSWEET CHOCOLATE
SELECTED VARIETIES



DANONE
DANINO
DRINKABLE YOGURT
SELECTED VARI, SELECTED VARIETIES



SPONGE
TOWELS
SELECTED VARIETIES



CHIQUITA
HOT SAUCE
SELECTED VARIETIES



BUENOS AIRES
EGG BAKES
QUICHE
SELECTED VARI, SELECTED VARIETIES



GOLDFISH
CRACKERS
SELECTED VARI, SELECTED VARIETIES



NESQUIK
DRINK
SELECTED VARIETIES



PINTY'S
BREADED CHICKEN OR WINGS
SELECTED VARI, SELECTED VARIETIES



OREO
MINI
SNACK PACKS
SELECTED VARI, SELECTED VARIETIES



CLOVER LEAF
TUNA
SELECTED VARI, SELECTED VARIETIES



SIMPLY
PROTEIN BARS
SELECTED VARI, SELECTED VARIETIES



MAPLE LODGE
CIRCLE LOAVES
SELECTED VARI, SELECTED VARIETIES



OASIS
JUICE
SELECTED VARI, SELECTED VARIETIES



KELOGG'S
RICE KRISPIES
SELECTED VARI, SELECTED VARIETIES

Products may be sold in a format other than as shown and/or may not be available at all stores.

Donation Match Days

January 31 and February 7

We'll match up to \$30,000 each day!

Metro Ontario Inc. will donate up to a maximum of \$30,000 on each of the Match Fund days, January 31 and February 7, 2026 to a cumulative total of \$60,000. Participating Metro and Food Basics stores in Ontario only. For more information on the Make Happy Tummies™ campaign, please visit: makehappytummies.ca

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT [metro.ca](https://www.metro.ca)

Non-GMO

9⁹⁹

ea.

15⁹⁹

ea.

2⁹⁹

ea.

10⁹⁹

ea.

4⁴⁹

ea.

7⁹⁹

ea.

4⁴⁹

ea.

6⁴⁹

ea.

Gluten-Free

8⁴⁹

ea.

2⁹⁹

ea.

9⁹⁹

ea.

18⁹⁹

ea.

Keto

5⁹⁹

ea.

6⁹⁹

ea.

7⁴⁹

ea.

6⁹⁹

ea.

Baby & Beauty

5⁹⁹

ea.

8⁹⁹

ea.

7⁴⁹

ea.

9⁹⁹

ea.

Household Helpers

8⁹⁹

ea.

3⁹⁹

ea.

23⁹⁹

ea.

4⁹⁹

ea.

7⁹⁹

ea.

4⁹⁹

ea.

\$10 OFF

\$50 Boston Pizza gift cards

\$10 OFF

\$50 Boston Pizza gift cards

8⁹⁹

ea.

7⁹⁹

ea.

8⁹⁹

ea.

7⁹⁹

ea.

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FLAVOURS OF

Lunar New Year

CELEBRATE THE YEAR OF THE HORSE

YAY OR LUCKY KOI
THAI LEMON MANGO OR
MEXICAN JASMINE RICE
15
SELECTED VARIETIES

15⁸⁸
ea.

Mazola
CANOLA OR CORN OIL
2.8L
SELECTED VARIETIES

8⁸⁸
ea.

HOLIDAY CANNED MEAT
OR MAPLE LEAF FLAKES
100 - 200 g
SELECTED VARIETIES

1⁹⁹
ea.

SKY FLAKES CRACKERS,
ROY FONG SHANGHAI
LEE KUM KEE SOY SAUCE OR
THAI KITCHEN
COCONUT CREAM
100 g, 400 g, 750 ml
SELECTED VARIETIES

5⁹⁹
ea.

BILLYBEE
HONEY
1 kg
SELECTED VARIETIES

9⁹⁹
ea.

VH SAUCE
10, 100 ml
SELECTED
VARIETIES

2⁹⁹
ea.

LUCKY KOI OR YET
CHICKEN OR
BAMBOO SHOOTS
OR GRACE SHOOPS
227 ml, 43, 43 g
SELECTED VARIETIES

99¢
ea.

YAY OR LUCKY KOI
THAI LEMON MANGO OR
MEXICAN JASMINE RICE
15
SELECTED VARIETIES

15⁸⁸
ea.

Mazola
CANOLA OR CORN OIL
2.8L
SELECTED VARIETIES

8⁸⁸
ea.

HOLIDAY CANNED MEAT
OR MAPLE LEAF FLAKES
100 - 200 g
SELECTED VARIETIES

1⁹⁹
ea.

SKY FLAKES CRACKERS,
ROY FONG SHANGHAI
LEE KUM KEE SOY SAUCE OR
THAI KITCHEN
COCONUT CREAM
100 g, 400 g, 750 ml
SELECTED VARIETIES

5⁹⁹
ea.

BILLYBEE
HONEY
1 kg
SELECTED VARIETIES

9⁹⁹
ea.

VH SAUCE
10, 100 ml
SELECTED
VARIETIES

2⁹⁹
ea.

LUCKY KOI OR YET
CHICKEN OR
BAMBOO SHOOTS
OR GRACE SHOOPS
227 ml, 43, 43 g
SELECTED VARIETIES

99¢
ea.

DRAGON
FRUIT/SHAMBA
PRODUCT OF GUADALUPE
0.55 kg

3⁸⁸
7 lb

FRESH PORK SOLE RIBS
CENTRE CUT REMOVED
3.25 kg

3⁸⁸
7 lb

POMELO
PRODUCT OF CHINA

2⁸⁸
ea.

SELECTION
BASSA FILLETS
FRESH 1 kg

9⁹⁹
ea.

LIFESMART
TOFU
300 - 54 g
SELECTED VARIETIES

2⁴⁸
ea.

GERBERA BOUTIQUE
ASSORTED COLOURS

16⁹⁹
ea.

43 DUMPLINGS
OR MANGO SAUCE
300, 400 & 540 ml
SELECTED VARIETIES

3⁴⁹
ea.

RUBICON
DRINKS
1L
SELECTED VARIETIES

2⁸⁸
ea.

INDONESIAN NOODLES,
LUCKY KOI SHIRAZ SALAD
OR CHICKEN SAUCE
5 x 75, 105 g, 400, 500 ml
SELECTED VARIETIES

2⁹⁹
ea.

BLUE DRAGON SAUCES
OR EELIC CUPNY SAUCE
200 g, 200 ml
SELECTED VARIETIES

3⁹⁹
ea.

LUCKY KOI
SOY SAUCE
400 - 454 g
SELECTED VARIETIES

1⁹⁹
ea.

KIKKOMAN TONYAKI
OR SOY SAUCE,
PANKO BREAD CRUMBS
200, 200 ml, 400 g
SELECTED VARIETIES

3⁹⁹
ea.

LUCKY KOI
VERMICELLI OR
CHOW MEEN
NOODLES
400 - 454 g
SELECTED VARIETIES

1⁶⁷
ea.

NONSHIM
NOODLES MULTIPACK
4 x 100 g
SELECTED VARIETIES

6⁴⁹
ea.

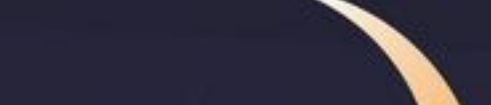
With availability varies by store.

\$ New Lower Prices

[illegible][illegible]

FLAVOURS OF Ramadan

A JOURNEY OF FAITH, FASTING & INNER RENEWAL

[illegible]

PILLSBURY
CHIK'N RETA FLOUR
5.07oz

9.99

CEAR
Chik'n Pate
1.5lb

16.99

CEAR
Chik'n Beans
1.5lb

16.99

CEAR
Canned Beans
Soy & Lentils
5.07oz

5.99

WHOLE BLUE CRAB
1.5lb

99¢ PARLE-G, 10 OZ BOX
M&M'S Click, 10 OZ BOX
NISSIN Ramen, 10 OZ BOX
M&M'S Orange Juice, 64 OZ 2 L
Kikkoman Sesame Oil, 16 OZ 500 ML

4.99 M&M'S ORANGE JUICE, 64 OZ 2 L
M&M'S CHOCOLATE PEANUTS, 10 OZ

1.79 KIKKOMAN COMPOUND SESAME OIL, 16 OZ 500 ML



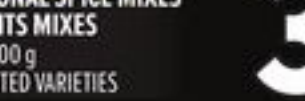
CEDAR
COLD-CUT MILK,
ROSE OR
ORANGE WATER
200 - 280 ml
FLAVORED WATERS

1.99
ea.



nestle
BUTTER CHICKEN
HOT AND SPICY
100 g (3.5 oz)

1.67
ea.



nestle
NATIONAL SPICY MUESLI
OR GUTS MIXES
60 - 75 g
SELECTED VARIETIES

3.49
ea.



nestle
DIVYA PEANUT CHIKKI
OR TARTA TEA
60 - 75 g
SELECTED VARIETIES

3.49
ea.



2 for \$20.00
INTERMEDE ROSE
OR ORANGE WATER
200 - 280 ml
FLAVORED WATERS

THE



We take pride in sourcing locally from the
St. Lawrence Seaway Region.

MAPLE DALE
5-YEAR-AGED
CHEDDAR CHEESE
275 g

11⁹⁹
ea.



MAPLE DALE
CHEDDAR CHEESE
CURDS
200 g
SELECTED VARIETIES

5⁴⁹
ea.



SPRAGUE
ORGANIC BEANS
398 ml
SELECTED VARIETIES

1⁷⁹
ea.



SPRAGUE ORGANIC
LEGUMES OR CHILI
SELECTED SIZES
SELECTED VARIETIES

2⁹⁹
ea.



O'HARA SUGAR
MAPLE SYRUP
250 ml
SELECTED VARIETIES

9⁴⁹
ea.



COUNTY FARE
SPREADS OR SAUCES
223 - 350 ml
SELECTED VARIETIES

6⁹⁹
ea.



Effective January 29 - February 25, 2026

metro IS PROUD TO SUPPORT ONTARIO [LEARN MORE](#)