

FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

Longo's



Maple Leaf Prime Raised
Without Antibiotics
Bone-in Chicken Thighs
or Drumsticks
15.41/kg

CLUB PACK
**BUY ONE GET ONE
FREE**
SAVE \$6.99/LB

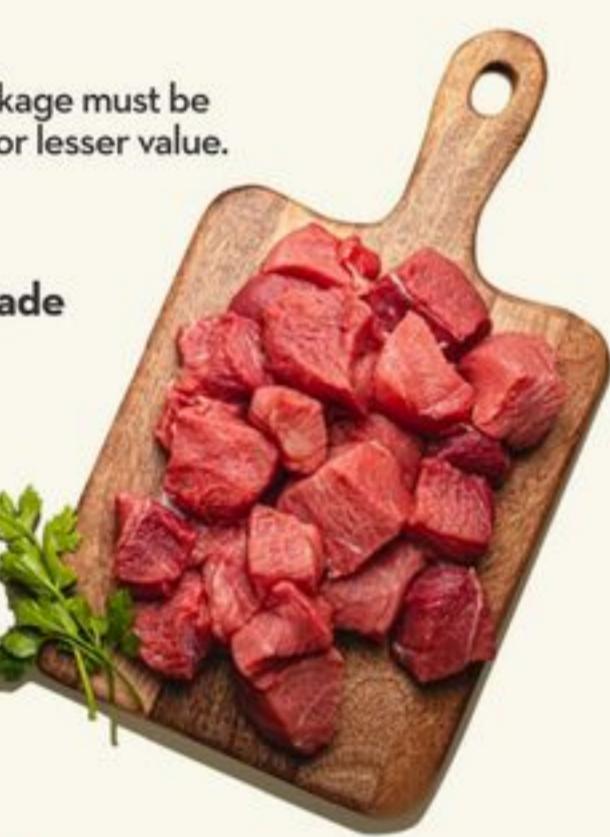


Free package must be
of equal or lesser value.



Cut from Canada Prime Grade
Longo's Certified Angus
Boneless Stewing Beef
30.84kg

**BUY ONE GET ONE
FREE**
SAVE \$14.99/LB



Free package must be
of equal or lesser value.



Chapman's Canadian
Collection Novelties
8 pack
selected varieties
**BUY ONE GET ONE
FREE**
SAVE \$6.99

Marina Del Rey
Frozen Raw
Argentinian Shrimp
300g pkg
selected varieties
**BUY ONE GET ONE
FREE**
SAVE \$12.99



Fresh Broccoli
Product of U.S.A.
each
**BUY ONE GET ONE
FREE**
SAVE \$3.99



Free package must be
of equal or lesser value.



Clover Leaf
Albacore Tuna
170g can
selected varieties
**BUY ONE GET ONE
FREE**
SAVE \$3.99

Monsieur Gustav Canadian
Havarti Cheese
Jalapeño or Creamy
**BUY ONE GET ONE
FREE**
SAVE \$3.99/100G



Bounty
Paper Towels
6=12 rolls
**BUY ONE GET ONE
FREE**
SAVE \$21.99

Campbell's Condensed
Soup, Chicken Noodle
Original or Spicy,
Tomato Original
or Spicy, Cream
of Mushroom or
Vegetable
284mL can
selected varieties



**BUY ONE GET ONE
FREE**
SAVE \$1.99



Longo's Essentials Pasta
450g pkg
selected varieties
**BUY ONE GET ONE
FREE**
SAVE \$2.49



Longo's Spaghettini
450g pkg
selected varieties

**BUY ONE GET ONE
FREE**
SAVE \$2.49

SAVE OVER
\$175
**BO
GO**
**BUY ONE GET ONE
FREE
EVENT!**
SEE BACK PAGE FOR
MORE BOGO DEALS!



SUPPORTING LOCAL A FAMILY STANDARD SINCE 1956

ZONE 1

Longo's BO GO

BUY ONE GET ONE FREE EVENT!



**BUY ONE GET ONE
FREE
SAVE \$4.49**

Rudolph's
Bavarian
Rye Bread
500g pkg
selected varieties



Christie Cookies
or Crackers
100-290g pkg
selected varieties

**BUY ONE GET ONE
FREE
SAVE AT LEAST \$3.79**

RITZ original
180g



Longo's Frozen Jumbo
All Beef Hot Dogs or
Debrezini Sausages
940g-1.16kg pkg

**BUY ONE GET ONE
FREE
SAVE \$20**



Chelsea Frozen
Silverside Smelts
454g pkg

**BUY ONE GET ONE
FREE
SAVE \$9.99**



Longo's Sourdough
Soup Bowls
2 pack
480g pkg

**BUY ONE GET ONE
FREE
SAVE \$4.99**



**BUY ONE GET ONE
FREE
SAVE \$6.49**

Reser's Mashed
Potatoes
567-680g pkg
selected varieties

Nature Valley
Granola Bars
130-230g pkg
or Betty Crocker
Fruit by the Foot
or Fruit Gushers
128-141g pkg
selected varieties



**BUY ONE GET ONE
FREE
SAVE UP TO \$4.49**

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

ORGANIC

Greenhouse Organic
Wellness Juice Shots
60mL bottle
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$3.99**



PEANUT BUTTA



Mid-Day Squares
4 pack
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$9.99**

COOKIE DOUGH



arte* Fresh Salad Kit
328-373g pkg
selected varieties

**BUY ONE GET ONE
FREE
SAVE \$5.99**



**3LB
BAG**

Longo's Fresh Seriously Sweet
Grape Tomatoes
Product of Ontario or Mexico
255g pkg

**BUY ONE GET ONE
FREE
SAVE \$4.99**

Fresh Sweet Potatoes
Product of U.S.A.
3lb bag

**BUY ONE GET ONE
FREE
SAVE \$6.99**

Longo's

For online flyer, store hours and store locations,
visit us at Longo's.com or call 1-800-9-Longo's



@Longo'sMarkets

ZONE 1



FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.



THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



**NOT A MEMBER?
NOT A PROBLEM!**

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

THIS WEEK
MEMBERS
SAVE
OVER
\$20

Fresh Bagged
Lemons
Product of U.S.A.
2lb bag

3.99

SAVE \$1
NON-MEMBER
\$4.99



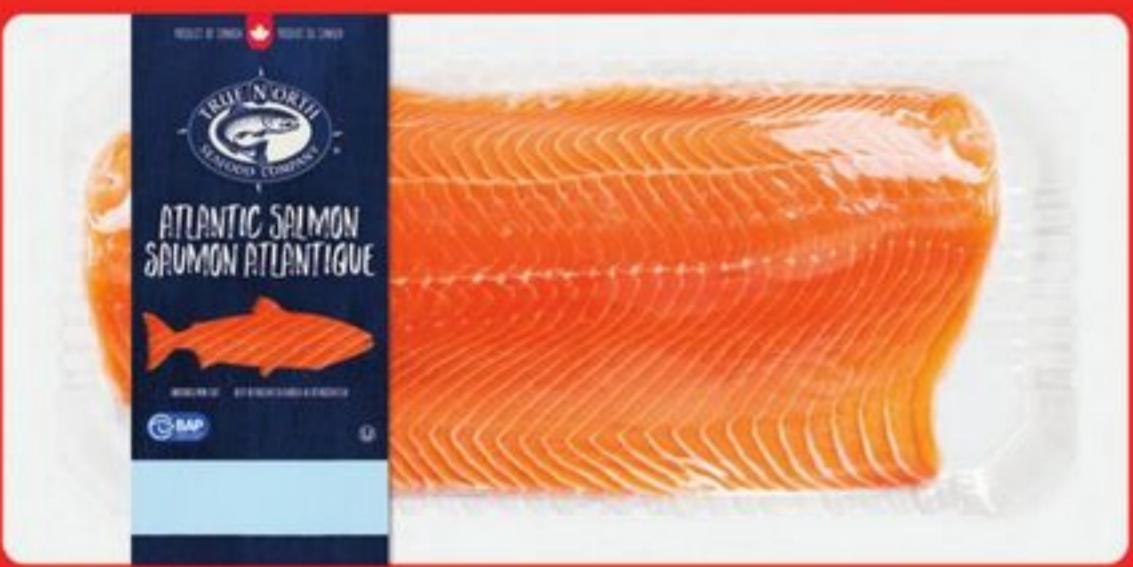
Venetian Cup and Char
Style Pepperoni Sliced
175g pkg

6.99

SAVE 50¢
NON-MEMBER
\$7.49



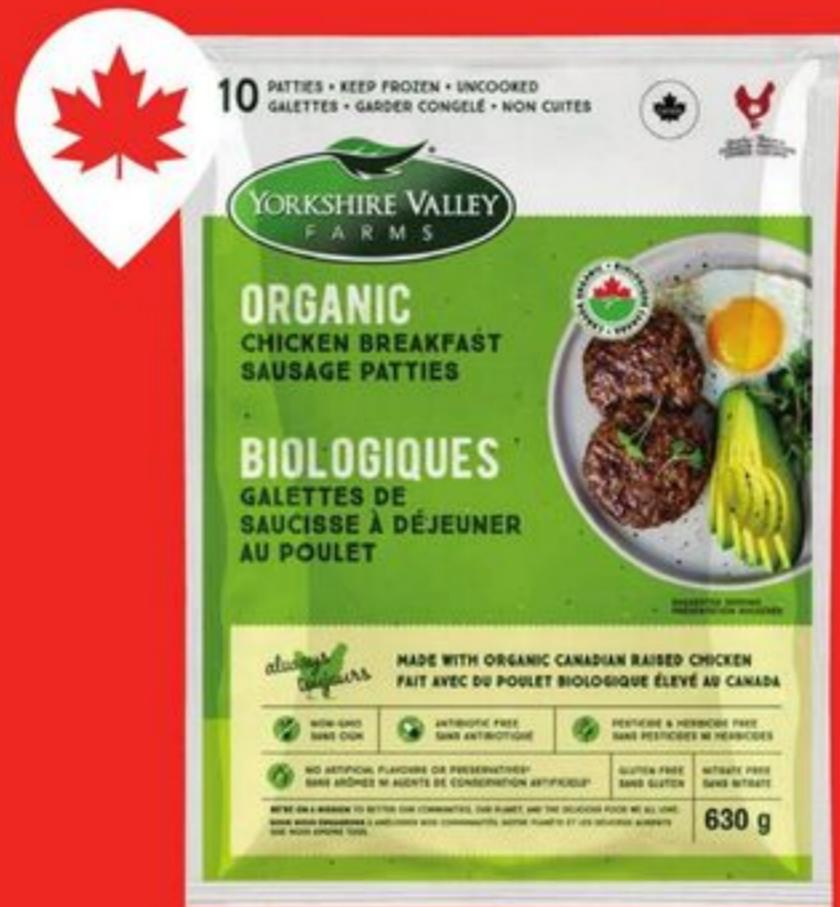
SKINLESS!



\$30

Fresh Canadian
Atlantic Salmon Fillet
SKINLESS
min. 900g tray

SAVE \$5
NON-MEMBER
\$35



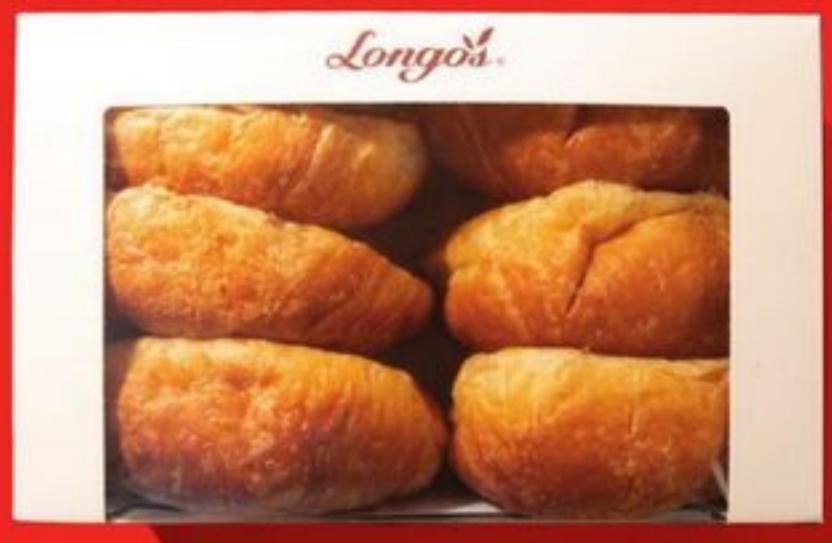
9.99

SAVE \$6
NON-MEMBER
\$15.99

Yorkshire Valley Farms
Frozen Organic Chicken
Breakfast Patties
630g pkg



BAKED IN-STORE!



Longo's All Butter
Croissants
6 pack

3.99

SAVE \$1
NON-MEMBER
\$4.99



3.49

SAVE \$1
NON-MEMBER
\$4.49

Kiju Organic Juice
4x200mL tetras or
Oasis Juice
8x200mL tetras
selected varieties



Olive Green Extra
Virgin Olive Oil
1L bottle

10.99

SAVE \$4
NON-MEMBER
\$14.99

Schneiders
or Greenfield
Lunchmate Kits
74-120g pkg
Individual \$3.99
selected varieties

2 FOR \$7

SAVE \$2.98 ON 2
NON-MEMBER
\$4.99/EA





3⁹⁹
Fresh Air-Flown Papaya
Product of Brazil
each

**FLOWN
IN FRESH**



PRIME
SINCE 1976
CERTIFIED ANGUS BEEF BRAND

TRUE NORTH SEAFOOD COMPANY
BAP CERTIFIED

Cut from Canada Prime Grade Longo's Certified Angus Beef Inside Round Cutlets 19.82/kg

8⁹⁹/LB
SAVE \$7/LB

5⁹⁹
Fresh Atlantic Salmon Portion 113g SKINLESS
SAVE \$1

ORGANIC



2 FOR \$6
Fresh Organic Green Leaf, Red Leaf or Iceberg Lettuce
Product of U.S.A.



Maple Leaf Prime Raised Without Antibiotics Fresh Split Chicken Wings 15.41/kg

6⁹⁹/LB
SAVE UP TO \$2/LB



Maple Leaf Prime Ground Turkey or Raised Without Antibiotics Ground Chicken 454g pkg

12⁹⁹/LB
SAVE \$2/LB



2⁴⁹/LB
Fresh Hothouse Beefsteak Tomatoes
Product of Ontario or Mexico
5.49/kg

4⁹⁹
Fresh Wild Wonders Mini Peppers
Product of Ontario or Mexico 454g pkg



Longo's Frozen Cooked Black Tiger Shrimp 41-50ct, 454g pkg

14⁹⁹
SAVE \$4

ORGANIC



2 FOR \$5
Fresh Organic Green, Red or Black Kale
Product of U.S.A.

19⁹⁹
Duo Tiny Orchid Garden
assorted varieties
SAVE \$3



Yorkshire Valley Farms Fresh Organic Chicken Breast Fillets or Scallopini 39.66/kg

17⁹⁹/LB
SAVE \$2/LB



Longo's Frozen Wild Caught Yellowfin Tuna Steaks AAA GRADE, BONELESS, SKINLESS 340g pkg

9⁹⁹
SAVE \$1

FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

Fresh fish is subject to availability.



EASY MEAL SOLUTIONS



Longo's Three Cheese Macaroni & Cheese or Longo's Eggplant Parmigiana 950g-1kg pkg Serves 4

19.99
SAVE \$3



Delicious oven-ready meal options from Longo's make getting home from work so much easier! Make dinnertime fun time and take the guesswork out of getting home.

MADE FRESH IN OUR KITCHEN!



Longo's Family Size Salad 770-955g pkg selected varieties

18.99
THANK YOU
EARN 150 POINTS

THE SNACK AVALANCHE CONTEST
YOU COULD WIN \$25,000

Babybel Cheese 6 pack 120g pkg selected varieties **5.49**

Laughing Cow Cheese Dippers or Laughing Cow Cheese 8 pack 120-140g pkg selected varieties **4.49**

Kiri Cheese 144g pkg selected varieties **5.49**

FRESH DELI CUT



Castello Blue Cheese selected varieties

3.99
/100G

Bella Casara Buffalo Mozzarella, Burrata or Burratini Cheese 125-250g pkg

FROM 7.99



Mastro Genoa Salami Hot or Mild

2.99
/100G



Longo's Oven Roasted Chicken Breast

3.69
/100G

Maple Leaf Natural Selections or Schneiders Deli Meat 125-250g pkg selected varieties

7.99



Longo's 6" Mousse Cake 450g pkg selected varieties

19.99
SAVE \$2



18.99
THANK YOU
EARN 200 POINTS

NEW



7.99
SAVE \$1

NUT-FREE!

Longo's Mini Eclairs or Profiteroles 26-30 pack, 375-455g pkg



BAKED IN-STORE!

3.99
THANK YOU
EARN 100 POINTS



Longo's Bread Sticks Plain, Olive or Cheese 6 pack 480-600g pkg

4.49
SAVE \$1



BAKED IN-STORE!

Longo's Half Pie 450g pkg selected varieties

5.99
SAVE \$1



FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

GROCERY



DAIRY AND FROZEN



Bring some natural sizzle to your everyday.

Maple Leaf Bacon,
Ready Crisp Bacon,
Fully Cooked Sausage
Rounds or Links
65-375g pkg
Individual \$6.99
selected varieties

2 FOR \$12
SAVE UP TO \$5.98 ON 2



Dr. Oetker
Ristorante or
Casa di Mama
Frozen Pizza
320-410g pkg
selected varieties

5.49
SAVE UP TO \$2.50



Lactantia
PürFiltre Milk
1%, 2% or skim
2L carton
selected varieties

4.99

SAVE UP TO \$1.50



2 FOR \$8
SAVE UP TO \$1.58 ON 2



Cavendish Farms
Premium Fries
540-750g pkg
Individual \$4.49
selected varieties

Maple Leaf Prime
Raised Without
Antibiotic Breaded
Chicken Wings,
Strips, Nuggets or
Stuffed Chicken or
Chicken Meatballs
568-700g pkg
selected varieties

11.99

SAVE UP TO \$6



Longo's
Orange Juice
1.54L bottle
selected varieties

4.99
SAVE 50¢



4.49
SAVE \$1.50



15.99
SAVE \$2

Yorkshire Valley Farms
Organic Chicken Breast
Fillets or Bites
454-480g pkg
selected varieties

10.99
SAVE \$2

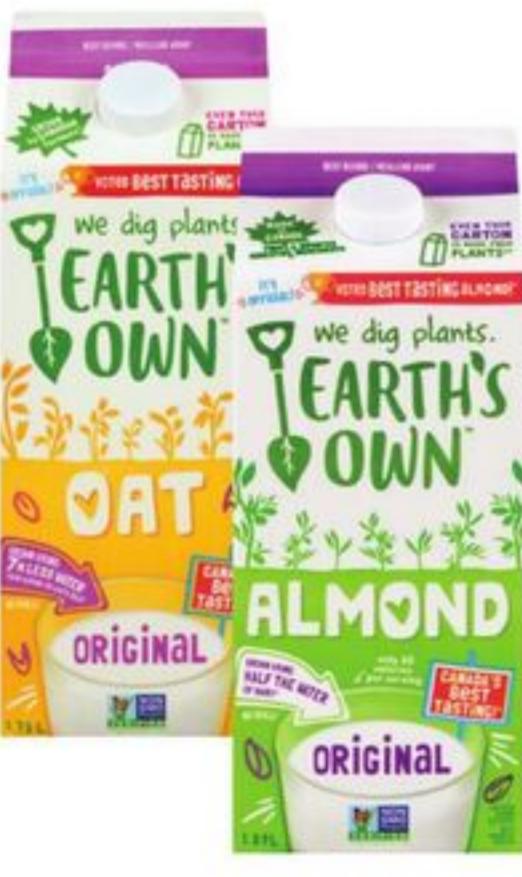


Crafty Ramen
Frozen Entrée
500-540g pkg
selected varieties



Earth's Own
Almond or
Oat Beverage
1.75-1.89L carton
selected varieties

3.99
SAVE \$1



Longo's
CURATO
PRODUCT OF ITALY

Longo's Curato
Fresh Pasta
250g pkg
selected varieties

5.99
SAVE \$1



ORGANIC



Sambazon
Acai Bowls
173g pkg
selected varieties

5.99
SAVE \$1.50



Longo's Frozen
Meat Cannelloni
or Traditional
Meat Lasagna
1.1-1.3kg pkg
selected varieties

8.99
SAVE \$2



SOUP'S ON!

LOBSTER TOMATO
BISQUE



BUTTERNUT SQUASH



TUSCAN
SAUSAGE KALE



PLANT-BASED CHILI



TUSCAN
TOMATO



Rich, satisfying and ready in minutes, our locally made heat-and-serve soups and chili are the perfect mealtime solution. Enjoy on their own, as a starter or poured over rice or pasta for a comforting twist.

Longo's Soup
700mL tub
selected varieties

849

SAVE 50¢



Mitchell's
Soup Mix
325-400g pkg
selected varieties

899

SAVE \$1



Bone Brewhouse
Chicken Bone Broth
600mL pkg
selected varieties

749

SAVE \$1.50



Bone Brewhouse
Grass-Fed Beef
Bone Broth
600mL pkg

1149

SAVE \$2.50



Habitant Soup
796mL can
selected varieties

349

SAVE AT LEAST 80¢



Pacific Foods Organic
Soup or Broth
440mL-1L tetra
selected varieties

649

SAVE UP TO \$2.50



East Side Mario's
or Montana's Soup
540mL can
selected varieties

349

SAVE \$1

CATCH OF THE DAY!



14⁹⁹
SAVE \$1.50
Longo's Frozen Breaded or Battered Fish
500-600g pkg
selected varieties



Longo's Frozen
Tempura Shrimp
400g pkg
COLOSSAL

14⁹⁹
SAVE \$1



11⁹⁹
SAVE \$1
Longo's Frozen
Tempura Shrimp
500g pkg



Longo's Frozen
Coconut Breaded
Shrimp
500g pkg

11⁹⁹
SAVE \$1



Longo's Frozen
Bacon Wrapped
Scallops
340g pkg

13⁹⁹
SAVE \$1



Longo's Frozen
Beer-Flavoured
Battered Tempura
Shrimp
340g pkg

7⁹⁹
SAVE \$1



Longo's
Frozen Breaded
Calamari Rings
500g pkg

9⁹⁹
SAVE \$1



9⁹⁹
SAVE \$1
Toppits Frozen Gluten-Free
Battered Shrimp
340g pkg

KOMBUCHA, THE HEALTHY SODA ALTERNATIVE



Longo's Organic Kombucha
340mL bottle
selected varieties

2.99

SAVE 50¢



ORGANIC

Discover the perfect balance of taste and wellness with Longo's Organic Kombucha. Crafted in small batches right here in Canada, our kombucha is organic, vegan, kosher, and includes caffeine-free options for every lifestyle. From the bright zest of Grapefruit Goodness and the warming notes of Ginger Turmeric Fusion, every sip is a celebration of flavour. Indulge in bold choices like Bodacious Blood Orange or the cheerful blend of Cherry Lime Hibiscus, or try our caffeine-free options like the vibrant Passionately Purple and the refreshing Lively Lemongrass lime—each bottle designed to delight your taste buds while supporting gut health. Find your favourite flavour at Longo's today and sip your way to better wellness!

LONGO'S MUST-HAVES



5.49
SAVE 50¢

Longo's Ice Cream
1L tub or
Novelties
4 pack
selected varieties



Longo's
Essentials Flour
2.5kg pkg
selected varieties

4.49

THANK
YOU
EARN
50 POINTS



Longo's Organic
Coconut Milk or
Whipping Cream
400mL can
selected varieties

2.49
SAVE UP TO \$1.50



Longo's Cucumber,
Beet or Vegetable Salad
796mL jar
selected varieties

3.99
SAVE 50¢



BUNDLE OF JOY SPECIALS



Pampers Cruisers, Swaddlers or Baby Dry Mega XXL selected sizes, counts and varieties

39.99
SAVE \$3
THANK YOU
EARN 200 POINTS

Similac Go & Grow Infant Formula Powder 850g pkg

24.99
SAVE \$5



Gerber Baby Snacks 42g pkg Individual \$3.99 selected varieties

2 FOR \$6
SAVE \$1.98 ON 2



Cerelac Infant's First Solid Cereal 400g tin selected varieties

8.99
SAVE \$1



Boost Kids Ready-to-Drink Nutritional Supplement 6x237mL pkg

11.99
SAVE \$5



Gerber Organic Baby Food Pouches 128mL pkg selected varieties

1.99
SAVE UP TO 50¢
THANK YOU
EARN 50 POINTS



Love Child Organic Baby Food Pouches 128mL pkg selected varieties

1.99
SAVE UP TO 80¢
THANK YOU
EARN 50 POINTS



2 FOR \$3
SAVE 98¢ ON 2

Bio Italia Organic Food Puree Food Pouches 120g pkg Individual \$1.69 selected varieties



Baby Gourmet Oat Bars 5x18g pkg or Squoosh Pouches 90g pkg selected varieties



Cerebelly Baby Food Pouches 128mL pkg selected varieties

2 FOR \$6
SAVE \$3.98 ON 2



Baby Gourmet Food Pouches 128mL pkg or Baby Gourmet Food Jar 113mL pkg selected varieties

5 FOR \$10
SAVE \$4.95 ON 5



Compliments Organic Baby Food Pouches 128mL pkg selected varieties

10 FOR \$10
SAVE \$4.90 ON 10



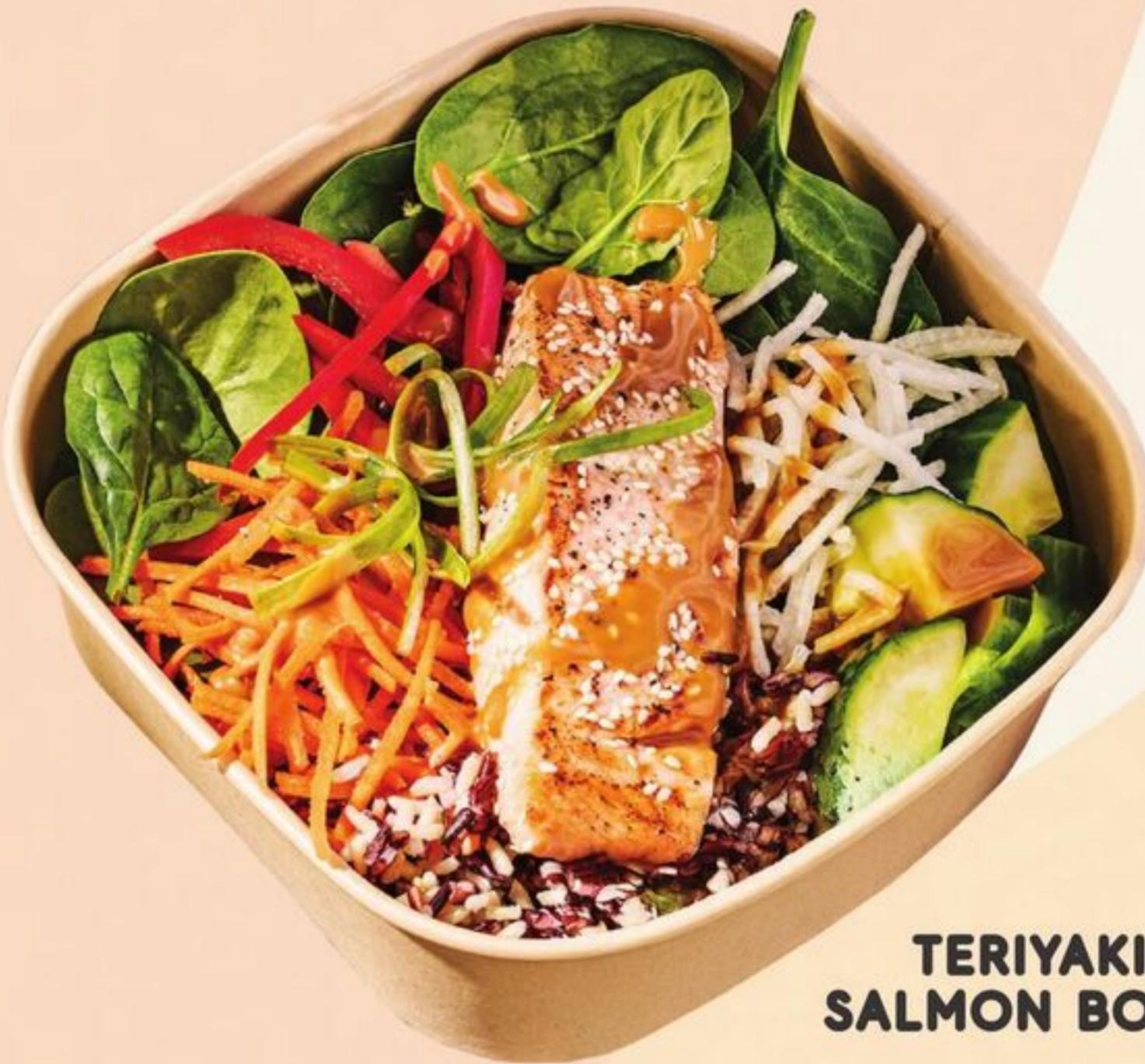


POWER UP WITH PROTEIN

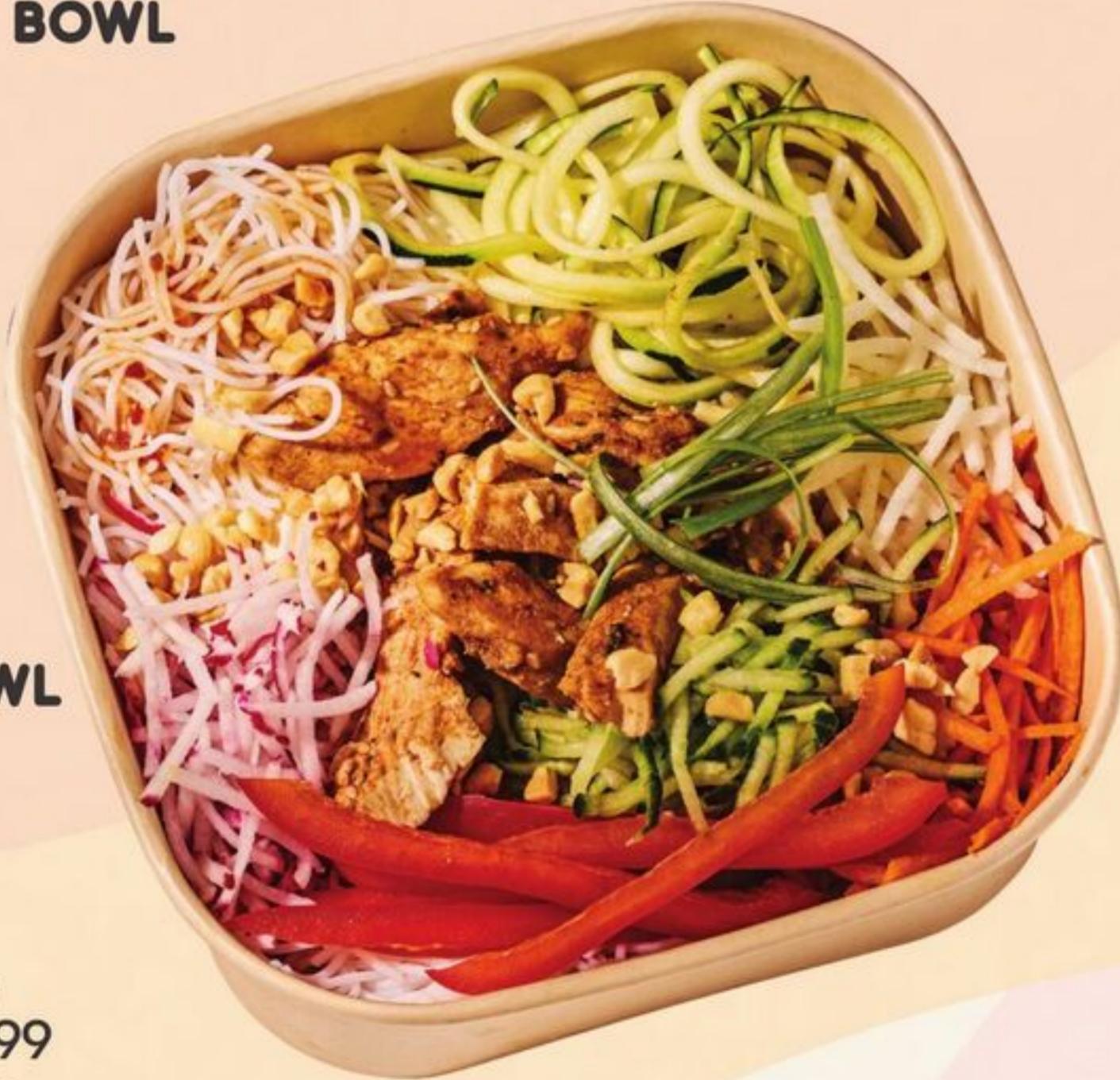
Wholesome Ingredients. Elevated Flavour. Clean, Satisfying Fuel.



MEDITERRANEAN CHICKEN BOWL



TERIYAKI SALMON BOWL



SESAME CHICKEN BOWL



TAHINI MAPLE FALAFEL BOWL

Protein Bowls
Individual \$10.99
selected varieties

2 FOR \$20
SAVE \$1.98 ON 2

Enjoy tender grilled chicken, roasted sweet peppers and creamy hummus, or choose delicate salmon paired with nutty brown rice and tangy pickled vegetables. For a plant-forward option, golden falafel meets fresh greens and smooth tahini.

Each bowl delivers a carefully balanced blend of textures and bold, nutrient-dense flavours—designed to energize, nourish and satisfy with every bite.

MUST TRY

OUT OF THIS WORLD!

COSMIC CRISP

A true testament to the dedication and horticultural passion that the Cosmic Crisp apple took more than 20 years to develop! The result is a firm, crisp and juicy apple, which is a cross between the Enterprise and Honeycrisp varieties. Balanced flavour and firm texture make this apple ideal for snacking, baking and entertaining alike.

Fresh Cosmic Crisp Apples
Product of U.S.A.
4.39/kg

1.99
/LB



3lb bag
\$6.99



**IN-STORE
MUST TRY
TASTING,
SAT & SUN
10AM-4:30PM**

LOCALLY MADE WITH CANADIAN MILK!

NEW

Try our new Longo's cheeses, we think you'll love them as much as we do!
Perfect for snacking, use in recipes or sliced in a sandwich.



**GREAT
VALUE**

FROM
3.49
/100G

NEW! Longo's Cheese, Cheddar, Marble,
Pepper Jack or Gouda
0.00/kg

**COMING SOON.
SMOKED GOURD!**



FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

LOW PRICE LOCKDOWN



3⁹⁹

Gray Ridge Large
White Eggs
12 pack



1⁹⁹

Longo's
Essentials
Bread
675g pkg



2⁹⁹

Fresh Living Lettuce
Product of Canada
selected varieties



3⁹⁹

Oikos or Liberté
Greek Yogourt
4x100g pkg



5⁹⁹

Longo's Essentials
Country Churned Butter
454g pkg



3⁹⁹

Longo's Fresh
White or Red Potatoes
Product of Canada
10lb bag



2 FOR \$4

Longo's Pasta
450g pkg
Individual \$2.29



**2⁴⁹
/LB**

Longo's Fresh Ontario
Air-Chilled, Grain-Fed
Chicken Leg Quarters
Value pack • 5.49/kg



10⁴⁹

Organic Meadow Milk
1%, 2% or skim
4L bag



6²⁹

Beatrice Milk
1%, 2% or skim
4L bag



12⁹⁹

Longo's Traditional
Meat Lasagna
2.27kg pkg



9⁹⁹

Imported Emmental Cheese,
Medium Cheddar Cheese or
Imported Aged Cheddar Cheese
Average weight 400g

**\$5.00/
serving**

19⁹⁹

Longo's Oven-Ready
Meals
900g-1kg pkg
Serves up to 4



20⁹⁹

Cashmere
Bath Tissue
24=72 rolls

WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S



© NHL © NHLPA

BUILDING COMMUNITY

One Rink at a Time

Learn More At

KRAFTHOCKEYVILLE.CA



Kraft Peanut Butter
750g-1kg jar or
Kraft Hazelnut
Spread with Cocoa
725g pkg
6.99
SAVE \$1



Kraft Dinner
175-200g pkg
selected varieties
1.99
SAVE 50¢



Heinz Ketchup
750mL-1L bottle
5.99
SAVE 50¢



4.49
SAVE UP TO \$1.50



Heinz Beans
398mL can
1.99
SAVE UP TO \$1.30



99¢
Jell-O Powder Mix
10-85g pkg
selected varieties
SAVE AT LEAST 70¢



Classico Pasta Sauce
218-600mL jar
selected varieties
3.99
SAVE \$2



Maxwell House Coffee
864g canister or K-Cups 30ct
17.99
SAVE UP TO \$8



1.49
Jell-O Pudding Mix
99-113g pkg
selected varieties
SAVE \$1

*Based on the 2026 BrandSpark® Canadian Trust Study.

FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

The advertisement features a black background with the text 'NATIONAL HOT SAUCE DAY' in large, stylized, orange and red letters. Below it, the date 'Jan 22nd' is written in a smaller, orange, cursive font. In the center, there is a stack of four spicy wings, each with a toothpick through the middle. To the right of the wings are two bottles: a red Tabasco sauce bottle with a green label and a white Nando's Peri-Peri sauce bottle with a yellow and orange label. The Nando's bottle has a yellow and orange striped cap. The Tabasco bottle has a red cap.

Bertolli Balsamic Vinegar or Red Wine Vinegar
500mL bottle

Bertolli Pasta Sauce 415-630mL selected varieties

449
SAVE \$1.50

160 YEARS
Bertolli
CELEBRATING MEDITERRANEAN GOODNESS

NEW! Bertolli Dress & Drizz
460mL squeeze bottle or
Bertolli Extra Virgin Olive Oil
Organic or Original
750mL-1L bottle
selected varieties

FROM
699
SAVE UP TO \$9

WORLD'S NO. 1 OLIVE OIL BRAND

BERTOLLI
DAL 1865

#1
MOST
TRUSTED
by Canadians
2026
BrandSpark Most Trusted Awards

#1 MOST TRUSTED OLIVE OIL BY CANADIANS 2026*

BERTOLLI
EXTRA VIRGIN OLIVE OIL

BERTOLLI
DRESS & DRIZZ

BERTOLLI
TOMATO & BASIL

BERTOLLI
CREAMY ALFREDO

BERTOLLI
EXTRA VIRGIN OLIVE OIL

BERTOLLI
DRESS & DRIZZ

BERTOLLI
EXTRA VIRGIN OLIVE OIL

*VOTED MOST TRUSTED OLIVE OIL BRAND BY CANADIAN SHOPPERS BASED ON THE 2026 BRANDSPARK® CANADIAN TRUST STUDY

Yoplait LIBERTÉ

Minigo 6x60g pkg or Yoplait Tubes 8x56g pkg or Yoplait Source Yogourt 630g tub selected varieties

2.99
SAVE UP TO \$2

LIBERTÉ GREEK

6.49
SAVE UP TO \$2

Yoplait LIBERTÉ

6.99
SAVE \$1.50

ZERO PROOF, 100% REFRESHING

Celebrate flavour without the buzz - your Dry January starts here



9.99

Budweiser Zero
6x355mL cans

SAVE \$3.50

Sleeman Zero+
Non-Alcoholic Beer
or Sapporo Premium
Non-Alcoholic Beer
6x355mL cans

11.99

SAVE UP TO \$2





11.99

Olé Non-Alcoholic
Mocktail
4x355mL cans

SAVE \$3



10.97

White Claw Zero
4x355mL cans
selected varieties

SAVE \$3

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

General Mills

RETURN TO SCHOOL

FPO
CM TO CONFIRM
PRODUCT IMAGE

Oatmeal Raisin Crisp
Protein Cereal
455g pkg

6.99
SAVE AT LEAST \$1

Annie's Mac & Cheese
156-170g pkg
selected varieties

2.49
SAVE \$1

General Mills Cereal
300-437g pkg
selected varieties

3.99
SAVE \$2

Old El Paso
Dinner Kit
250-400g pkg
selected varieties

3.99
SAVE \$2

SUGAR Swap
REPLACE REFINED SUGARS NATURALLY

HONEY CITRUS VINAIGRETTE

INGREDIENTS:

- 2 tbsp Dutchman's Gold Ontario Summer Blossom (or Raw) Honey
- 3 tbsp olive oil
- 2 tbsp apple cider vinegar (or lemon juice)
- 1 tsp Dijon mustard
- Pinch of sea salt & pepper

DIRECTIONS:

Whisk together and drizzle over salads, grain bowls, as a marinade for chicken or roasted veggies.

† Naturally sweetened with honey instead of refined sugar.

Dutchman's Gold Honey
1kg jar

14.99
SAVE \$3

DUTCHMAN'S GOLD
LIQUID HONEY
summer blossom • aux fleurs d'été
MIEL LIQUIDE
1 kg

PURE NON PASTEURIZED CANADA NO.1 AMBER PRODUCT OF CANADA

*Made in Ontario

DUTCHMANSGOLD.COM

Stonemill
SOURDOUGH

Stonemill Grain Bread
454-550g pkg
selected varieties

3.69
SAVE UP TO \$2.60

Great Deal!

Stonemill Bread Varieties:

- San Francisco Style Sourdough
- Artisan 12 Grain
- Sourdough
- Multigrain Rye
- Sprouted Rye & 12 Grains
- Sprouted 3 Grains

YOU COULD WIN

1 OF 3 VIP PACKAGES
TO THE SCOTTIES® TOURNAMENT OF HEARTS

Scotties
TOURNAMENT OF HEARTS®
MISSISSAUGA 2026

Purchase any participating Scotties® tissue
SCAN QR CODE

Valid on purchases from January 1st to 21st | Contest Exclusive from January 1st to 21st to Longo's

Scotties Facial Tissue
6 pack or Sponge Towels
3-6 rolls
selected varieties
7.99
SAVE UP TO \$4

Scotties Ultra Soft Facial Tissue
4 pack
selected varieties
9.99
SAVE UP TO \$2

* NO PURCHASE NECESSARY. Open to age of majority residents of Ontario. Starts January 1, 2026 at 12:00 a.m., ends January 21, 2026 at 11:59 p.m. (Purchase Period ends January 21, 2026 at 11:59 p.m. 23 prizes available: (i) Three (3) Grand Prizes consisting of two (2) VIP tickets to the 2026 Scotties Tournament of Hearts (ARV \$300) and (ii) 20 secondary prizes each consisting of one (1) \$25 Longo's retail gift card (ARV \$500 in total). Odds of winning depend on number of eligible entries. Skill-testing question required. Enter online and full rules at www.Scotties.ca/Longo's. Made in Canada with domestic and imported material. "Registered trademarks of Kruger Products Inc. © SCOTTIES is a trademark of Kimberly-Clark Worldwide Inc., used under licence.