

Longo's®



Maple Leaf Prime Raised
Without Antibiotics
Bone-in Chicken Thighs
or Drumsticks
15.41/kg

CLUB PACK

BUY ONE GET ONE

FREE

SAVE \$6.99/LB

Free package must be
of equal or lesser value.



Free package must be
of equal or lesser value.

Cut from Canada Prime Grade
Longo's Certified Angus
Boneless Stewing Beef
30.84kg

BUY ONE GET ONE

FREE

SAVE \$14.99/LB



Lil Snappers Fresh Bartlett,
Red or Bosc Pears
Product of U.S.A.
3lb bag

BUY ONE GET ONE

FREE

SAVE \$6.99



3LB
BAG



Fresh Blood Oranges
Product of U.S.A.
2lb bag

BUY ONE GET ONE

FREE

SAVE \$5.99



2LB
BAG

Marina Del Rey
Frozen Raw
Argentinian Shrimp
300g pkg
selected varieties

BUY ONE GET ONE

FREE

SAVE \$12.99



Fresh Broccoli
Product of U.S.A.
each

BUY ONE GET ONE

FREE

SAVE \$3.99



Free package must be
of equal or lesser value.

Clover Leaf
Albacore Tuna
170g can
selected varieties

BUY ONE GET ONE

FREE

SAVE \$3.99



Monsieur Gustav Canadian
Havarti Cheese
Jalapeño or Creamy

BUY ONE GET ONE

FREE

SAVE \$3.99/100G



BUY ONE GET ONE

FREE

SAVE \$6.99

Chapman's Canadian
Collection Novelties
8 pack
selected varieties



BUY ONE GET ONE

FREE

SAVE \$21.99

Bounty
Paper Towels
6=12 rolls

Campbell's Condensed
Soup, Chicken Noodle
Original or Spicy,
Tomato Original
or Spicy, Cream
of Mushroom or
Vegetable
284mL can
selected varieties

BUY ONE GET ONE

FREE

SAVE \$1.99



Longo's Essentials Pasta
450g pkg
selected varieties

BUY ONE GET ONE

FREE

SAVE \$2.49

SUPPORTING LOCAL A FAMILY STANDARD SINCE 1956

Longo's

BOGO

BUY ONE GET ONE
FREE
EVENT!



BUY ONE GET ONE
FREE
SAVE \$4.49

Rudolph's
Bavarian
Rye Bread
500g pkg
selected varieties



Christie Cookies
or Crackers
100-290g pkg
selected varieties

BUY ONE GET ONE
FREE
SAVE AT LEAST \$3.79



Longo's Frozen Jumbo
All Beef Hot Dogs or
Debrezini Sausages
940g-1.16kg pkg

BUY ONE GET ONE
FREE
SAVE \$20



Chelsea Frozen
Silverside Smelts
454g pkg

BUY ONE GET ONE
FREE
SAVE \$9.99



Longo's Sourdough
Soup Bowls
2 pack
480g pkg

BUY ONE GET ONE
FREE
SAVE \$4.99



BUY ONE GET ONE
FREE
SAVE \$6.49

Reser's Mashed
Potatoes
567-680g pkg
selected varieties

Nature Valley
Granola Bars
130-230g pkg
or Betty Crocker
Fruit by the Foot
or Fruit Gushers
128-141g pkg
selected varieties

BUY ONE GET ONE
FREE
SAVE UP TO \$4.49



ORGANIC

Greenhouse Organic
Wellness Juice Shots
60mL bottle
selected varieties

BUY ONE GET ONE
FREE
SAVE \$3.99



Mid-Day Squares
4 pack
selected varieties

BUY ONE GET ONE
FREE
SAVE \$9.99



Arte* Fresh Salad Kit
328-373g pkg
selected varieties

BUY ONE GET ONE
FREE
SAVE \$5.99



Longo's Fresh Seriously Sweet
Grape Tomatoes
Product of Ontario or Mexico
255g pkg

BUY ONE GET ONE
FREE
SAVE \$4.99



Fresh Sweet Potatoes
Product of U.S.A.
3lb bag

BUY ONE GET ONE
FREE
SAVE \$6.99

Longo's

For online flyer, store hours and store locations,
visit us at Longos.com or call 1-800-9-Longos



@LongosMarkets

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

ZONE 1



FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.



THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



NOT A MEMBER? NOT A PROBLEM!

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

THIS WEEK MEMBERS SAVE OVER \$20

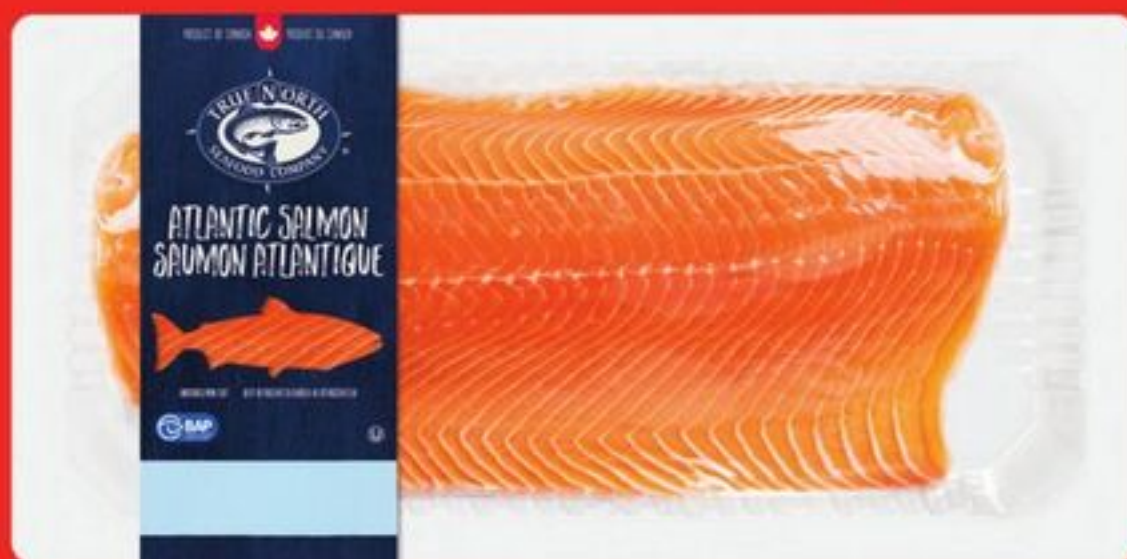
Fresh Bagged
Lemons
Product of U.S.A.
2lb bag

3⁹⁹

SAVE \$1
NON-MEMBER
\$4.99



SKINLESS!



\$30

SAVE \$5
NON-MEMBER
\$35

Fresh Canadian
Atlantic Salmon Fillet
SKINLESS
min. 900g tray



9⁹⁹

SAVE \$6
NON-MEMBER
\$15.99

Yorkshire Valley Farms
Frozen Organic Chicken
Breakfast Patties
630g pkg



Venetian Cup and Char
Style Pepperoni Sliced
175g pkg

6⁹⁹

SAVE 50¢
NON-MEMBER
\$7.49



NO ARTIFICIAL FLAVOURS
OR COLOURS!

BAKED IN-STORE!



Longo's All Butter
Croissants
6 pack

3⁹⁹

SAVE \$1
NON-MEMBER
\$4.99

Schneiders
or Greenfield
Lunchmate Kits
74-120g pkg
Individual \$3.99
selected varieties

2 for \$7

SAVE \$2.98 ON 2
NON-MEMBER
\$4.99/EA



3⁴⁹

SAVE \$1
NON-MEMBER
\$4.49

Kiju Organic Juice
4x200mL tetras or
Oasis Juice
8x200mL tetras
selected varieties

Olive Green Extra
Virgin Olive Oil
1L bottle

10⁹⁹

SAVE \$4
NON-MEMBER
\$14.99





3⁹⁹ Fresh Air-Flown Papaya
Product of Brazil
each

**FLOWN
IN FRESH**



PRIME    

8⁹⁹ /LB Cut from Canada Prime
Grade Longo's Certified
Angus Beef Inside
Round Cutlets
19.82/kg
SAVE \$7/LB

5⁹⁹ Fresh Atlantic
Salmon Portion
113g
SKINLESS
SAVE \$1

ORGANIC



2 FOR \$6 Fresh Organic Green Leaf, Red Leaf
or Iceberg Lettuce
Product of U.S.A.



 **PRIME** **RAISED WITHOUT antibiotics** **ELEVÉ SANS antibiotiques**

6⁹⁹ /LB Maple Leaf Prime Raised
Without Antibiotics Fresh
Split Chicken Wings
15.41/kg
SAVE UP TO \$2/LB

12⁹⁹ /LB Fresh Atlantic
Salmon Steak
28.64/kg
SAVE \$2/LB



2⁴⁹ /LB Fresh Hothouse
Beefsteak Tomatoes
Product of Ontario
or Mexico
5.49/kg



4⁹⁹ Fresh Wild Wonders
Mini Peppers
Product of Ontario or Mexico
454g pkg



 **PRIME** **RAISED WITHOUT antibiotics** **ELEVÉ SANS antibiotiques**

7⁴⁹ Maple Leaf Prime Ground
Turkey or Raised Without
Antibiotics Ground Chicken
454g pkg
SAVE \$1

14⁹⁹ Longo's Frozen
Cooked Black
Tiger Shrimp
41-50ct, 454g pkg
SAVE \$4

ORGANIC



2 FOR \$5 Fresh Organic Green,
Red or Black Kale
Product of U.S.A.



19⁹⁹ Duo Tiny
Orchid Garden
assorted varieties
SAVE \$3



 **YORKSHIRE VALLEY FARMS** **ORGANIC BIOLOGIQUE** **CHICKEN-POULET**

17⁹⁹ /LB Yorkshire Valley Farms
Fresh Organic Chicken
Breast Fillets or Scallopini
39.66/kg
SAVE \$2/LB

9⁹⁹ Longo's Frozen
Wild Caught
Yellowfin
Tuna Steaks
340g pkg
SAVE \$1

FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

Fresh fish is subject to availability.



EASY MEAL SOLUTIONS



Longo's Three Cheese Macaroni & Cheese or Longo's Eggplant Parmigiana
950g-1kg pkg
Serves 4

19⁹⁹
SAVE \$3



Delicious oven-ready meal options from Longo's make getting home from work so much easier! Make dinnertime fun time and take the guesswork out of getting home.

MADE FRESH IN OUR KITCHEN!

Longo's Family Size Salad
770-955g pkg
selected varieties

18⁹⁹

EARN 150 POINTS



THE SNACK AVALANCHE CONTEST
YOU COULD WIN **\$25,000**

Kiri
Babybel Cheese 6 pack 120g pkg selected varieties **5⁴⁹**

Laughing Cow
Cheese Dippers or Laughing Cow Cheese 8 pack 120-140g pkg selected varieties **4⁴⁹**

Kiri
Kiri Cheese 144g pkg selected varieties **5⁴⁹**

FRESH DELI CUT

3⁹⁹
/100G

Castello Blue Cheese selected varieties



Bella Casara Buffalo Mozzarella, Burrata or Burratini Cheese
125-250g pkg

FROM 7⁹⁹



Mastro Genoa Salami
Hot or Mild

2⁹⁹
/100G



Longo's Oven Roasted Chicken Breast

3⁶⁹
/100G



Maple Leaf Natural Selections or Schneiders Deli Meat
125-250g pkg
selected varieties

7⁹⁹



Longo's 6" Mousse Cake 450g pkg
selected varieties

19⁹⁹
SAVE \$2



NEW

18⁹⁹

Longo's 5" Vanilla Cream or Mocha Caramel Cake
420g pkg

EARN 200 POINTS



NUT-FREE!

7⁹⁹
SAVE \$1

Longo's Mini Eclairs or Profiteroles
26-30 pack, 375-455g pkg



BAKED IN-STORE!

3⁹⁹

EARN 100 POINTS

Longo's Mini Turnovers
6 pack
selected varieties



Longo's Bread Sticks
Plain, Olive or Cheese
6 pack
480-600g pkg

4⁴⁹
SAVE \$1



BAKED IN-STORE!

Longo's Half Pie
450g pkg
selected varieties

5⁹⁹
SAVE \$1



FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

GROCERY



Haribo Gummies
170-175g pkg
Individual \$3.49
selected varieties

2 FOR \$5
SAVE \$2.98 ON 2



Maple Leaf
Mighty Protein
Stick
32g pkg
selected varieties

**BUY ONE GET ONE
FREE**
SAVE \$2.99



Mutti Cherry Tomatoes
398mL can or Italpasta
Gluten-Free Pasta
340g pkg
selected varieties

2.99
SAVE UP TO \$1.50



5.99 Lavazza Nespresso Pods
10ct
selected varieties
SAVE \$2.50

Dare Ultimate
Cookies 200-300g pkg
or Dare Breton
Crackers 132-200g pkg
or Vinta Snack Crackers
200-225g pkg or
Grissol Baguette Crisps
120-200g pkg
selected varieties

2.99
SAVE AT LEAST \$1.30



2 FOR \$8
SAVE UP TO \$1.98 ON 2

Lays Potato Chips
177-235g pkg
Individual \$4.49
selected varieties



2 FOR \$10
SAVE UP TO \$3.98 ON 2

Earth's Own
Barista Blend or
Coffee Creamer
946mL tetra or bottle
Individual \$5.49
selected varieties

ORGANIC

Uncle Lee's Tea
Organic Tea
40-100ct
selected varieties

FROM 6.49
SAVE \$2



NEW FLAVOUR

Oreo
Cakesters
285g pkg
selected varieties

4.99
SAVE AT LEAST \$1.30



2.99 Fruitsations Snack Cups
6 pack
selected varieties
SAVE AT LEAST \$1.30



4.99
SAVE UP TO \$1

Dawn
Dishwashing
Liquid
535-982mL bottle
selected varieties



3.99 Rio Mare
Insalatissime
160g pkg
SAVE UP TO \$1.50

NEW

SunRype
Fruit-to-Go
Snacks
112g pkg
selected varieties

3.99
SAVE \$1



Dempster's or
Tia Rosa Tortillas 5-7"
or Dempster's English
Muffins 6 pack
selected varieties

3.49
SAVE UP TO \$1.30



13.99 Nature Clean Liquid
Laundry Detergent
3L jug
selected varieties
SAVE AT LEAST \$2

DAIRY AND FROZEN



Bring some natural sizzle to your everyday.

Maple Leaf Bacon,
Ready Crisp Bacon,
Fully Cooked Sausage
Rounds or Links
65-375g pkg
Individual \$6.99
selected varieties

2 for \$12

SAVE UP TO \$5.98 ON 2



Dr. Oetker
Ristorante or
Casa di Mama
Frozen Pizza
320-410g pkg
selected varieties

5.49

SAVE UP TO \$2.50



Lactantia
PurFiltre Milk
1%, 2% or skim
2L carton
selected varieties

4.99

SAVE UP TO \$1.50



Cavendish Farms
Premium Fries
540-750g pkg
Individual \$4.49
selected varieties

2 for \$8

SAVE UP TO \$1.58 ON 2



Maple Leaf Prime
Raised Without
Antibiotic Breaded
Chicken Wings,
Strips, Nuggets or
Stuffed Chicken or
Chicken Meatballs
568-700g pkg
selected varieties

11.99

SAVE UP TO \$6



Longo's
Orange Juice
1.54L bottle
selected varieties

4.99

SAVE 50¢



Tre Stelle Cream Cheese
200g tub
selected varieties

4.49

SAVE \$1.50



Yorkshire Valley Farms
Organic Chicken Breast
Fillets or Bites
454-480g pkg
selected varieties

15.99

SAVE \$2



Crafty Ramen
Frozen Entrée
500-540g pkg
selected varieties

10.99

SAVE \$2



Earth's Own
Almond or
Oat Beverage
1.75-1.89L carton
selected varieties

3.99

SAVE \$1



Longo's Curato
Fresh Pasta
250g pkg
selected varieties

5.99

SAVE \$1



ORGANIC



Sambazon
Açaí Bowls
173g pkg
selected varieties

5.99

SAVE \$1.50



Longo's Frozen
Meat Cannelloni
or Traditional
Meat Lasagna
1-1.13kg pkg
selected varieties

8.99

SAVE \$2



SOUP'S ON!

LOBSTER TOMATO BISQUE



BUTTERNUT SQUASH



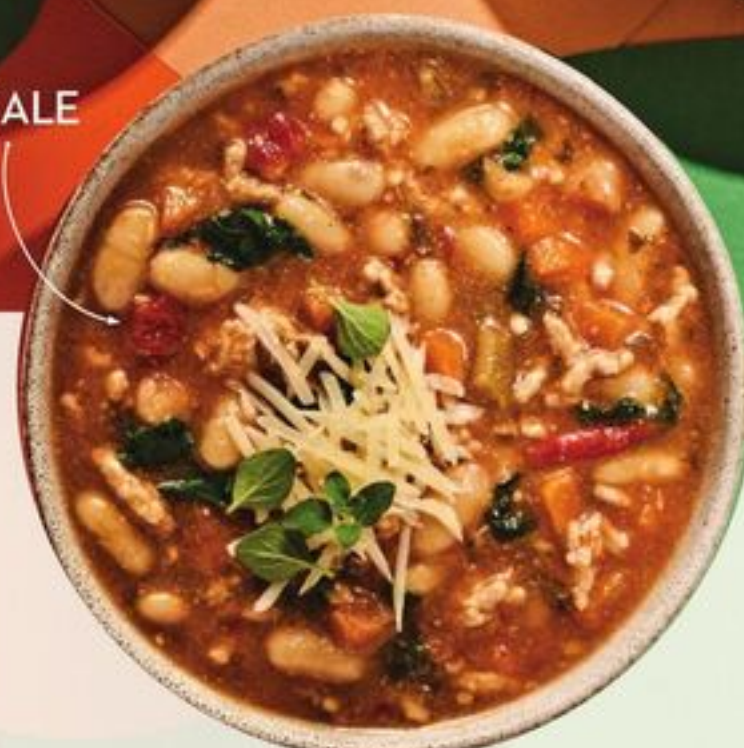
PLANT-BASED CHILI



TUSCAN TOMATO



TUSCAN SAUSAGE KALE



Rich, satisfying and ready in minutes, our locally made heat-and-serve soups and chili are the perfect mealtime solution. Enjoy on their own, as a starter or poured over rice or pasta for a comforting twist.

Longo's Soup
700mL tub
selected varieties

849

SAVE 50¢



Mitchell's
Soup Mix
325-400g pkg
selected varieties

899

SAVE \$1



Bone Brewhouse
Chicken Bone Broth
600mL pkg
selected varieties

749

SAVE \$1.50



Bone Brewhouse
Grass-Fed Beef
Bone Broth
600mL pkg

1149

SAVE \$2.50



Habitant Soup
796mL can
selected varieties

349

SAVE AT LEAST 80¢



Pacific Foods Organic
Soup or Broth
440mL-1L tetra
selected varieties

649

SAVE UP TO \$2.50



349

SAVE \$1

East Side Mario's
or Montana's Soup
540mL can
selected varieties

CATCH OF THE DAY!



14⁹⁹
SAVE \$1.50

Longo's Frozen Breaded
or Battered Fish
500-600g pkg
selected varieties



11⁹⁹
SAVE \$1

Longo's Frozen
Tempura Shrimp
500g pkg



Longo's Frozen
Bacon Wrapped
Scallops
340g pkg
13⁹⁹
SAVE \$1



Longo's Frozen
Tempura Shrimp
400g pkg
COLOSSAL
14⁹⁹
SAVE \$1



Longo's Frozen
Coconut Breaded
Shrimp
500g pkg
11⁹⁹
SAVE \$1



Longo's Frozen
Seafood Party
Pack Appetizers
310g pkg
8⁹⁹
SAVE \$1



Longo's Frozen
Beer-Flavoured
Battered Tempura
Shrimp
340g pkg
7⁹⁹
SAVE \$1



Longo's
Frozen Breaded
Calamari Rings
500g pkg
9⁹⁹
SAVE \$1



9⁹⁹
SAVE \$1

Toppits Frozen Gluten-Free
Battered Shrimp
340g pkg

KOMBUCHA, THE HEALTHY SODA ALTERNATIVE



Longo's Organic Kombucha
340mL bottle
selected varieties

2⁹⁹
SAVE 50¢



ORGANIC

Discover the perfect balance of taste and wellness with Longo's Organic Kombucha. Crafted in small batches right here in Canada, our kombucha is organic, vegan, kosher, and includes caffeine-free options for every lifestyle. From the bright zest of Grapefruit Goodness and the warming notes of Ginger Turmeric Fusion, every sip is a celebration of flavour. Indulge in bold choices like Bodacious Blood Orange or the cheerful blend of Cherry Lime Hibiscus, or try our caffeine-free options like the vibrant Lemongrass lime—each bottle designed to delight your taste buds while supporting gut health. Find your favourite flavour at Longo's today and sip your way to better wellness!

LONGO'S MUST-HAVES



5⁴⁹
SAVE 50¢

Longo's Ice Cream
1L tub or
Novelties
4 pack
selected varieties



Longo's
Essentials Flour
2.5kg pkg
selected varieties

4⁴⁹

THANK YOU
EARN 50 POINTS



Longo's Organic
Coconut Milk or
Whipping Cream
400mL can
selected varieties

2⁴⁹
SAVE UP TO \$1.50



Longo's Cucumber,
Beet or Vegetable Salad
796mL jar
selected varieties

3⁹⁹
SAVE 50¢



FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

BUNDLE OF JOY SPECIALS



Pampers Cruisers, Swaddlers
or Baby Dry Mega XXL
selected sizes, counts and varieties

39⁹⁹

SAVE \$3

THANK YOU EARN 200 POINTS



Similac Go & Grow
Infant Formula Powder
850g pkg

24⁹⁹
SAVE \$5



Gerber
Baby Snacks
42g pkg
Individual \$3.99
selected varieties

2 FOR \$6
SAVE \$1.98 ON 2



Cerelac Infant's
First Solid Cereal
400g tin
selected varieties

8⁹⁹
SAVE \$1



Boost Kids Ready-to-Drink
Nutritional Supplement
6x237mL pkg

11⁹⁹
SAVE \$5



Gerber Organic
Baby Food Pouches
128mL pkg
selected varieties

1⁹⁹
SAVE UP TO 50¢
THANK YOU EARN 50 POINTS



1⁹⁹ Love Child Organic
Baby Food Pouches
128mL pkg
selected varieties
SAVE UP TO 80¢

THANK YOU EARN 50 POINTS



2 FOR \$3
SAVE 98¢ ON 2
Bio Italia Organic Food
Puree Food Pouches
120g pkg
Individual \$1.69
selected varieties



Baby Gourmet Oat Bars
5x18g pkg or
Squoosh Pouches
90g pkg
selected varieties

4⁹⁹
SAVE AT LEAST 50¢



2⁹⁹ Once Upon a Farm
Refrigerated Baby
Food Pouches
83-105mL pkg
selected varieties
SAVE UP TO \$2

Cerebelly Baby
Food Pouches
128mL pkg
selected varieties

2 FOR \$6
SAVE \$3.98 ON 2



Baby Gourmet
Food Pouches
128mL pkg or
Baby Gourmet
Food Jar
113mL pkg
selected varieties

5 FOR \$10
SAVE \$4.95 ON 5



Compliments Organic
Baby Food Pouches
128mL pkg
selected varieties

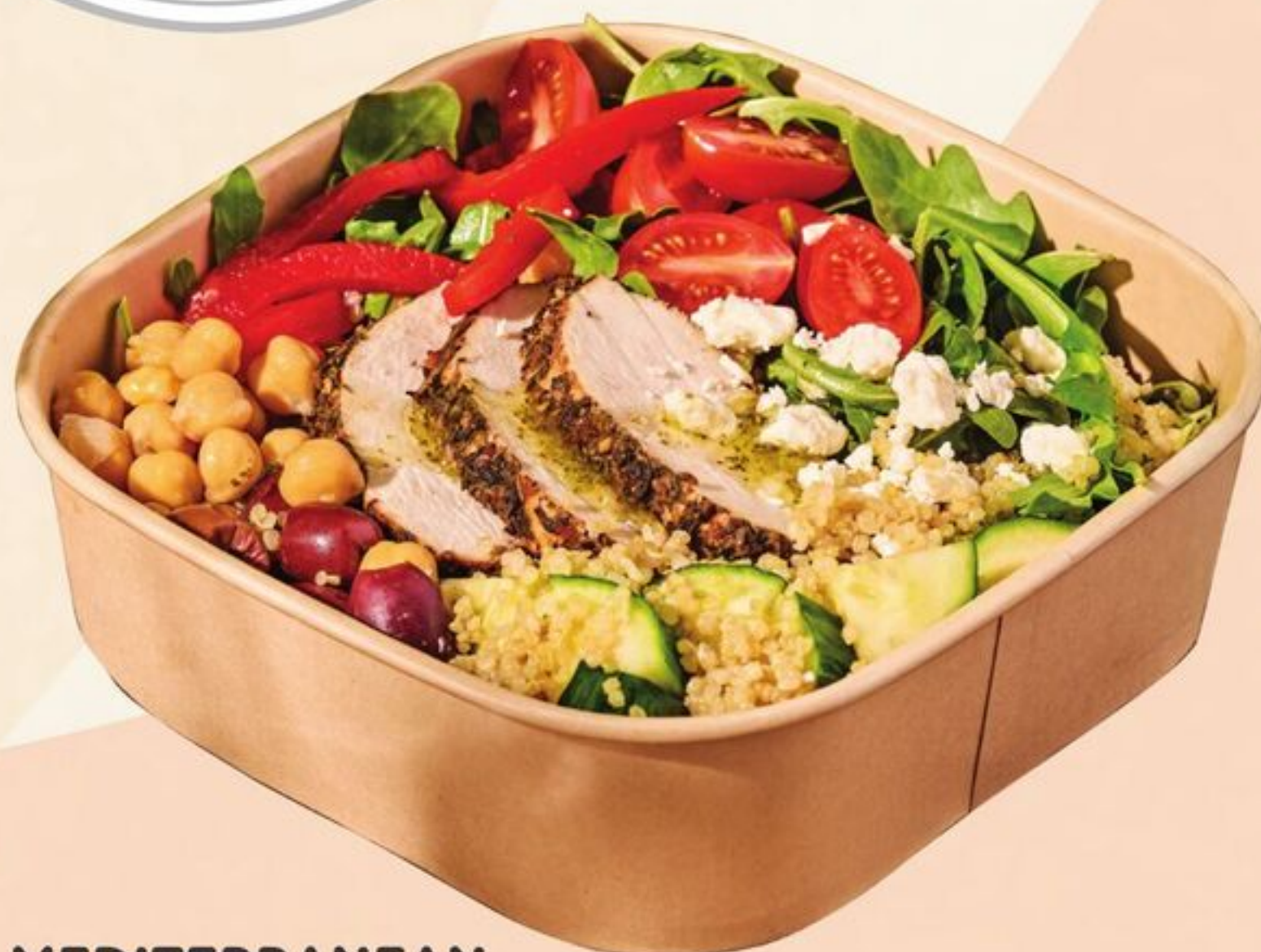
10 FOR \$10
SAVE \$4.90 ON 10



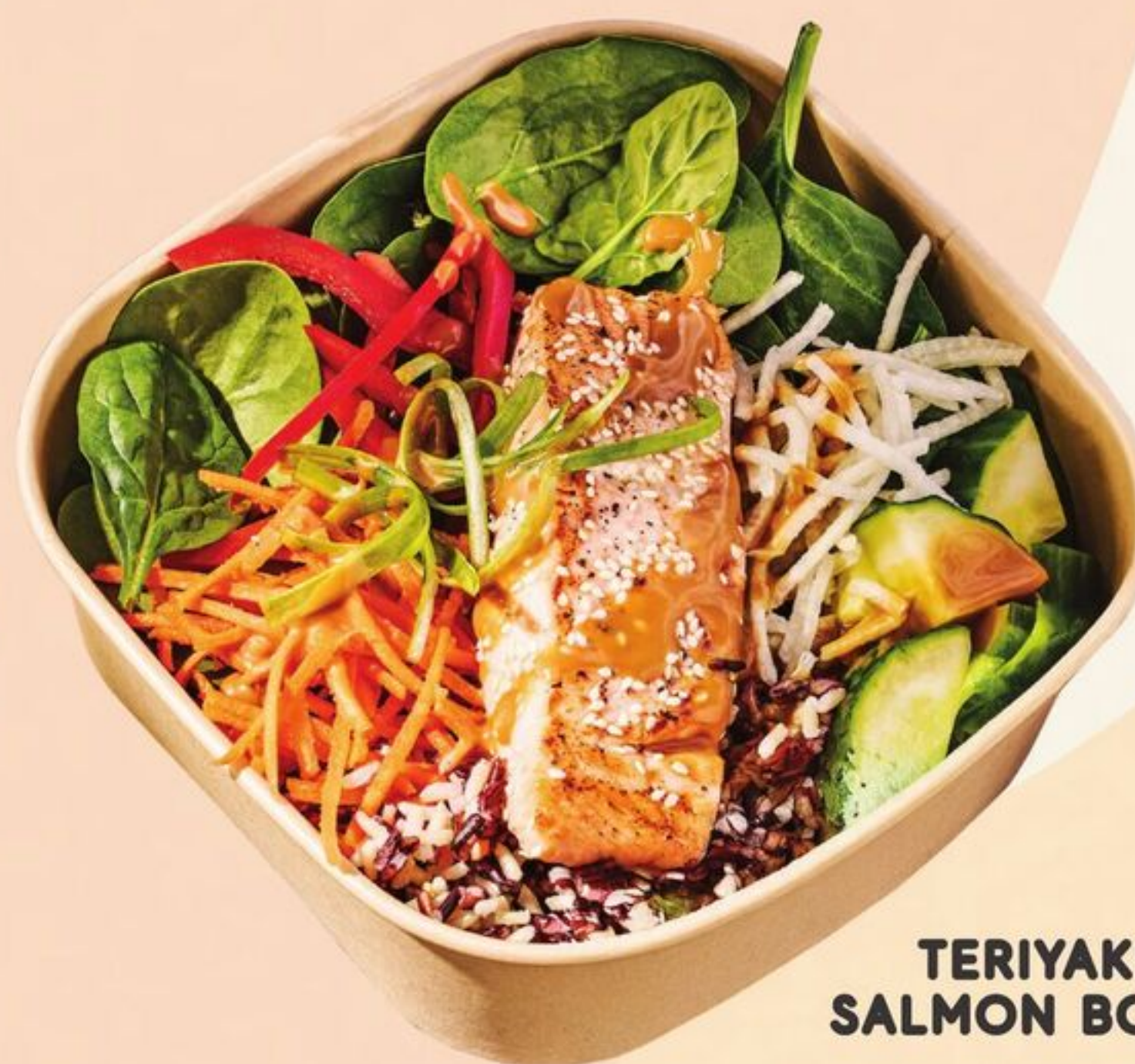


POWER UP WITH PROTEIN

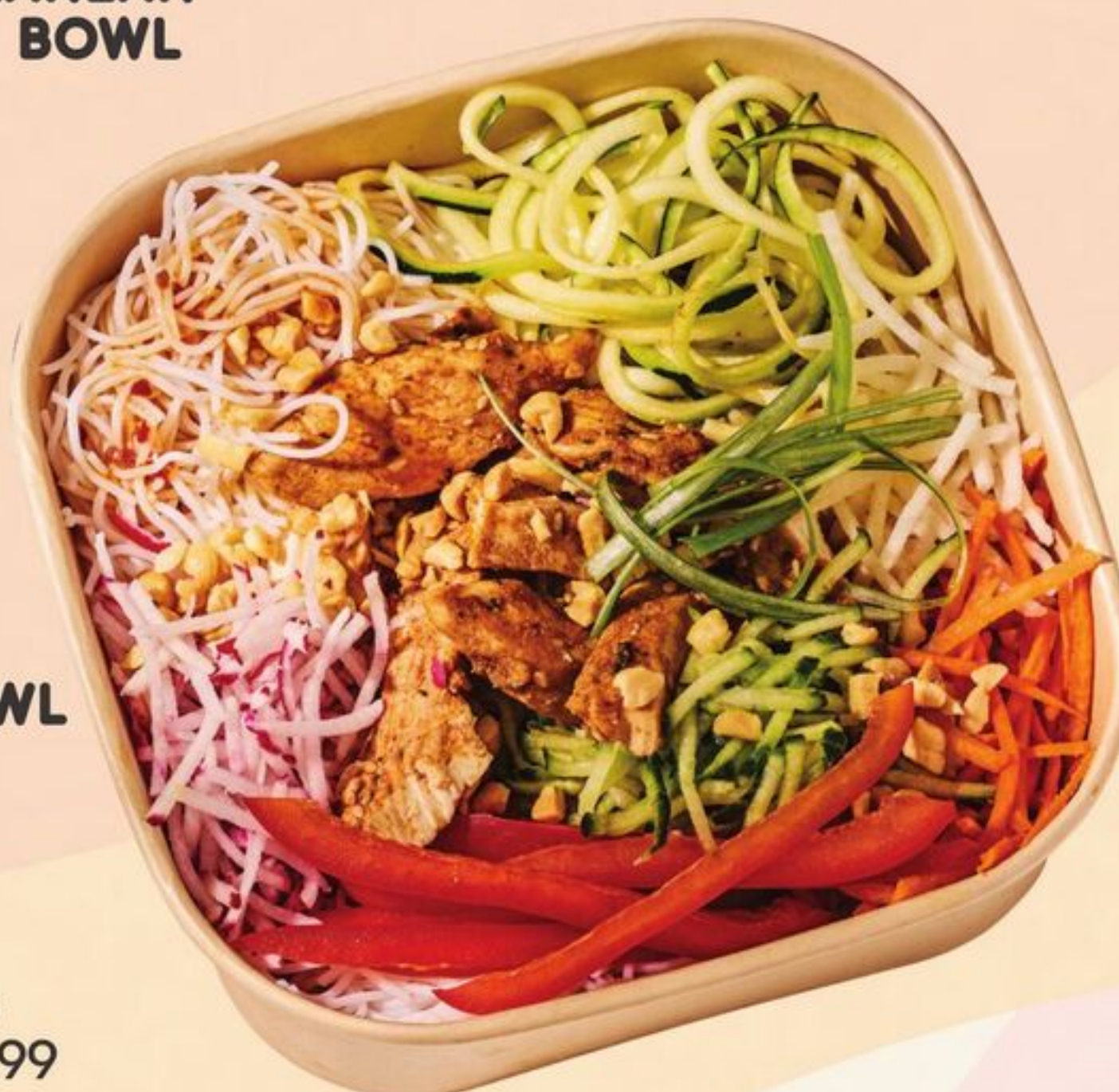
Wholesome Ingredients. Elevated Flavour. Clean, Satisfying Fuel.



**MEDITERRANEAN
CHICKEN BOWL**



**TERIYAKI
SALMON BOWL**



**SESAME
CHICKEN BOWL**



**TAHINI MAPLE
FALAFEL BOWL**

Protein Bowls
Individual \$10.99
selected varieties

2 FOR \$20
SAVE \$1.98 ON 2

Enjoy tender grilled chicken, roasted sweet peppers and creamy hummus, or choose delicate salmon paired with nutty brown rice and tangy pickled vegetables. For a plant-forward option, golden falafel meets fresh greens and smooth tahini.

Each bowl delivers a carefully balanced blend of textures and bold, nutrient-dense flavours—designed to energize, nourish and satisfy with every bite.

**MUST
TRY**

OUT OF THIS WORLD!

**COSMIC
CRISP**

A true testament to the dedication and horticultural passion that the Cosmic Crisp apple took more than 20 years to develop! The result is a firm, crisp and juicy apple, which is a cross between the Enterprise and Honeycrisp varieties. Balanced flavour and firm texture make this apple ideal for snacking, baking and entertaining alike.

Fresh Cosmic
Crisp Apples
Product of U.S.A.
4.39/kg

1.99
/LB

3lb bag
\$6.99



**IN-STORE
MUST TRY
TASTING,
SAT & SUN
10AM-4:30PM**

LOCALLY MADE WITH CANADIAN MILK!

Try our new Longo's cheeses, we think you'll love them as much as we do!
Perfect for snacking, use in recipes or sliced in a sandwich.

NEW



**GREAT
VALUE**

FROM
3.49
/100G

NEW! Longo's Cheese, Cheddar, Marble,
Pepper Jack or Gouda
00/kg

COMING SOON.
SMOKED GOUDA!

FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.



3⁹⁹

Gray Ridge Large White Eggs
12 pack



1⁹⁹

Longo's Essentials Bread
675g pkg



2⁹⁹

Fresh Living Lettuce
Product of Canada
selected varieties



3⁹⁹

Oikos or Liberté Greek Yogurt
4x100g pkg



5⁹⁹

Longo's Essentials Country Churned Butter
454g pkg



3⁹⁹

Longo's Fresh White or Red Potatoes
Product of Canada
10lb bag



2 FOR \$4

Longo's Pasta
450g pkg
Individual \$2.29



2⁴⁹ /LB

Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters
Value pack • 5.49/kg



10⁴⁹

Organic Meadow Milk
1%, 2% or skim
4L bag



6²⁹

Beatrice Milk
1%, 2% or skim
4L bag



12⁹⁹

Longo's Traditional Meat Lasagna
2.27kg pkg



9⁹⁹

Imported Emmental Cheese, Medium Cheddar Cheese or Imported Aged Cheddar Cheese
Average weight 400g

\$5.00/ serving

19⁹⁹

Longo's Oven-Ready Meals
900g-1kg pkg
Serves up to 4



20⁹⁹

Cashmere Bath Tissue
24=72 rolls



WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

FRESH SAVINGS FOR THE WEEK OF THURSDAY JANUARY 8TH TO WEDNESDAY JANUARY 14TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S



© NHL © NHLPA

BUILDING COMMUNITY

One Rink at a Time

Learn More At
KRAFTHOCKEYVILLE.CA



Kraft Peanut Butter
750g-1kg jar or
Kraft Hazelnut
Spread with Cocoa
725g pkg

6⁹⁹
SAVE \$1



Kraft Dinner
175-200g pkg
selected varieties

1⁹⁹
SAVE 50¢



Heinz Ketchup
750mL-1L bottle

5⁹⁹
SAVE 50¢



4⁴⁹
SAVE UP TO \$1.50

Kraft Philadelphia
Cream Cheese
227-250g pkg
selected varieties



Heinz Beans
398mL can

1⁹⁹
SAVE UP TO \$1.30



99¢
SAVE AT LEAST 70¢

Jell-O Powder Mix
10-85g pkg
selected varieties



Classico Pasta Sauce
218-600mL jar
selected varieties

3⁹⁹
SAVE \$2



Maxwell House Coffee
864g canister or K-Cups 30ct

17⁹⁹
SAVE UP TO \$8



1⁴⁹
SAVE \$1

Jell-O Pudding Mix
99-113g pkg
selected varieties

*Based on the 2026 BrandSpark® Canadian Trust Study.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

NATIONAL HOT SAUCE DAY

Jan 22nd

4⁹⁹ Nando's Peri-Peri
Hot Sauce
250mL bottle
SAVE \$1.50

3²⁹ Tabasco Sauce
Original
57mL bottle
SAVE UP TO \$1.20



Bertolli Balsamic
Vinegar or Red
Wine Vinegar
500mL bottle
Bertolli Pasta
Sauce 415-630mL
selected varieties

4⁴⁹
SAVE \$1.50

160 YEARS
Bertolli
CELEBRATING
MEDITERRANEAN GOODNESS

NEW! Bertolli Dress & Drizz
460mL squeeze bottle or
Bertolli Extra Virgin Olive Oil
Organic or Original
750mL-1L bottle
selected varieties
FROM
6⁹⁹
SAVE UP TO \$9



*VOTED MOST TRUSTED OLIVE OIL BRAND BY CANADIAN SHOPPERS BASED ON THE 2026 BRANDSPARK® CANADIAN TRUST STUDY.



Minigo 6x60g pkg
or Yoplait Tubes
8x56g pkg or
Yoplait Source Yogourt
630g tub
selected varieties

2⁹⁹
SAVE UP TO \$2



6⁴⁹ Liberté Greek Yogourt
650-750g tub
selected varieties
SAVE UP TO \$2



6⁹⁹ Yoplait Source Yogourt
16x100g pkg
selected varieties
SAVE \$1.50

ZERO PROOF, 100% REFRESHING

Celebrate flavour without the buzz - your Dry January starts here



9⁹⁹ Budweiser Zero
6x355mL cans
SAVE \$3.50



Sleeman Zero+
Non-Alcoholic Beer or
Sapporo Premium
Non-Alcoholic Beer
6x355mL cans

11⁹⁹
SAVE UP TO \$2



11⁹⁹ Olé Non-Alcoholic
Mocktail
4x355mL cans
SAVE \$3



10⁹⁷ White Claw Zero
4x355mL cans
selected varieties
SAVE \$3

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

RETURN TO FPO
CM TO CONFIRM
PRODUCT IMAGE

Oatmeal Raisin Crisp Protein Cereal
455g pkg
6.99
SAVE AT LEAST \$1

Annie's Mac & Cheese
156-170g pkg
selected varieties
2.49
SAVE \$1

General Mills Cereal
300-437g pkg
selected varieties
3.99
SAVE \$2

Old El Paso Dinner Kit
250-400g pkg
selected varieties
3.99
SAVE \$2





SUGAR Swap

REPLACE REFINED SUGARS NATURALLY

HONEY CITRUS VINAIGRETTE

INGREDIENTS:

- 2 tbsp Dutchman's Gold Ontario Summer Blossom (or Raw) Honey
- 3 tbsp olive oil
- 2 tbsp apple cider vinegar (or lemon juice)
- 1 tsp Dijon mustard
- Pinch of sea salt & pepper

DIRECTIONS:
Whisk together and drizzle over salads, grain bowls, as a marinade for chicken or roasted veggies.

*† Naturally sweetened with honey instead of refined sugar.

Dutchman's Gold Honey
1kg jar
14.99
SAVE \$3

DUTCHMAN'S GOLD

LIQUID HONEY
summer blossom • aux fleurs d'été
MIEL LIQUIDE
1 kg

PURE NON PASTEURIZED CANADA NO. 1 AMBER PRODUCT OF CANADA

NON PASTEURISÉ PUR CANADA NO. 1 AMBRE PRODUIT DU CANADA

DUTCHMANS GOLD.COM

FAMILY OWNED MADE IN CANADA

*Made in Ontario

Stonemill® SOURDOUGH

Great Deal!

Stonemill Grain Bread
454-550g pkg
selected varieties
3.69
SAVE UP TO \$2.60



YOU COULD WIN

1 OF 3 VIP PACKAGES TO THE SCOTTIES® TOURNAMENT OF HEARTS

Purchase any participating Scotties® tissue

SCAN QR CODE

Enter UPC at **SCOTTIES.CA/LONGOS**

Valid on purchases from January 1st to 21st

Contest Exclusive to Longo's



Scotties Facial Tissue
6 pack or Sponge Towels
3-6 rolls
selected varieties
7.99
SAVE UP TO \$4

Scotties Ultra Soft Facial Tissue
4 pack
selected varieties
9.99
SAVE UP TO \$2

* NO PURCHASE NECESSARY. Open to age of majority residents of Ontario. Starts January 1, 2026 at 12:00 a.m., ends January 21, 2026, at 11:59 p.m. (Purchase Period ends January 21, 2026, at 11:59 p.m. 23 prizes available: (i) Three (3) Grand Prizes consisting of two VIP tickets to the 2026 Scotties Tournament of Hearts (ARV \$300) and (ii) 20 secondary prizes each consisting of one (1) \$25 Longo's retail gift card (ARV \$500 in total). Odds of winning depend on number of eligible entries. Skill-testing question required. Enter online and full rules at www.Scotties.ca/Longos. † Made in Canada with domestic and imported material. *Registered trademarks of Kruger Products Inc. © SCOTTIES is a trademark of Kimberly-Clark Worldwide Inc., used under licence.