# NAM DAE MUN Farmers Market

20th ANNIVERSARY

NAM DAE MUN 염소 한마리 GOAT WHOLE

양 한마리 LAMB WHOLE

WE ARE OPEN 7DAYS A WEEK 9AM~9PM

SPECIAL SENIOR HOUR 9:00AM~10:00AM

5% Discount for Our Seniors!

NDMMARKET.COM

WEEKLY ADs, RECIPES AND MORE

www.ndmmarket.com | NDM Market APP | @ndmmarket | @ndmmarket

APP CARD

Download our APP or Visit our Website for even more Savings!

**Digital Coupon Using APP**

Want to save money on groceries? Sign up for AppCard today at the register or online to receive 50 points! Add your phone number and email for an additional 50 points. Earn points to save money on your next purchase at Nam Dae Mun.

SCAN DIGITAL COUPONS

SCAN WEEKLY AD




GOAT WHOLE




LAMB WHOLE




FZ SMELT FISH HEAD ON 3/5




WHITE SHRIMP HEAD ON 40/50




FZ WHITE SHRIMP HEADLESS 31/35




CHICKEN LEG QUARTER




CHICKEN DRUMSTICK BAG




YELLOW CROAKER 300/400




TUNA STEAK




NDM TILAPIA FILLET 3/5

## DAIRY AND FROZEN

APP CARD DISCOUNT COUPON W/NDM APP CARD
1 COUPON FOR 1 PERSON




ONLY THUR-SUN!

CHOBANI GREEK YOGURT 4.5-5.3OZ

5 FOR 5 DIGITAL COUPON $2 OFF 5
5 FOR 3 LIMIT1




DAISY SOUR CREAM 24OZ

3.19/EA DIGITAL COUPON $0.70 OFF 1
2.49 LIMIT1




REDDI WIP WHIPPED TOPPING 13OZ

5.49 EA




IGA SHREDDED CHEESE 8OZ

3 FOR 5



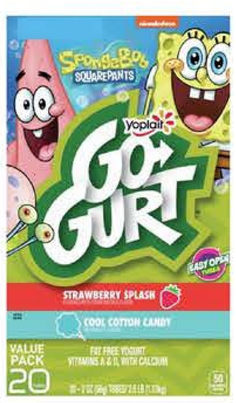

BORDEN STRING CHEESE 12CT 12OZ

4.49 EA




CHOBANI PROTEIN YOGURT 6.7OZ

1.49 EA




YOPLAIT GOGURT 20CT 40OZ

4.99 EA




YOPLAIT FRIDGE PACK 8PK 48OZ

4.99 EA




FAGE TOTAL GREEK YOGURT 5.3OZ

1.49 EA




FLORIDA'S NATURAL JUICE 59OZ

2.79 EA




PARKAY MARGARINE QUARTERS STICKS 16OZ

2.49 EA




PARKAY ORIGINAL BOWL 13OZ

2.49 EA




DOLE SLICED STRAWBERRY BANANA BAG IN BAG 40OZ

9.99 EA




DOLE MANGO BAG IN BAG 2.5LB

11.99 EA




DOLE MIXED BERRIES BAG IN BAG 2.5LB

14.99 EA




SKINNY COW ICE CREAM SANDWICH 4CT

3.49 EA




TYSON CHICKEN 20-25OZ

7.99 EA




TOTINO PIZZA ROLLS 130CT 63.5OZ

14.99 EA




TOTINO PIZZA ROLLS 100CT 48.8-48.85OZ

10.99 EA




HEYMEAL ONE BITE, BETTER BALANCE VEGETABLE DUMPLING 420G

3.99 EA

**PRICE EFFECTIVE : JANUARY 2ND, 2026 THROUGH JANUARY 8ST, 2026**

Prices and product availability are subject to change without notice. We reserve the right to limit quantities on promotion products. Market is not responsible for pricing, typographical, or other errors.

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**9AM~9PM**
SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

**FREE ICE CREAM!**
CELEBRATE YOUR BIRTHDAY WITH NAMDAEMUN
Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*
Sign Up with the QR Code or by texting NDM to 87573
SCAN FOR DIGITAL COUPON
*While supplies last. Taxes apply. Please sign up before birthday month to receive your free birthday ice cream email.

## FRUIT & VEGETABLE
## FRI/SAT/SUNDAY SALE ONLY!


HOT SALE
RED CHERRY 3.99 LB


GIFT
KOREAN PEAR 7CT 29.99 BOX


GIFT
FUYU PERSIMMON 12CT 13.99 BOX


GIFT
KAKI SHARON PERSIMMON 12CT 21.99 BOX


HASS ACODADO 0.79 EA


NZ GOLDEN KIWI 1LB 4.99 PK


CALIFORNIA ORANGE 4LB 3.99 BAG


GRAPEFRUIT 2 FOR 3


LEMON 3 FOR 1


CAULIFLOWER 2.49 EA


TAIWAN SPINACH 2.49 LB


HYDRO CUCUMBER 0.99 EA


GREEN LEAF 2 FOR 3


ICEBERG LETTUCE 0.99 EA


RED BELL PEPPER 2.49 LB


KOREAN SWEET POTATO 5LB 8.99 BOX


HAWAIIAN PURPLE YAM 2.99 LB


HOT SALE
IDAHO POTATO 10LB 2.99 BAG

## FARM FRESH FRUIT & VEGETABLE


YELLOW PEACH 2.99 LB


JUMBO CANTALOUPE 2.99 EA


RED GRAPEFRUIT 3LB 3.99 BAG


RED APPLE 3LB 3.99 BAG


GRANNY SMITH APPLE 3LB 3.99 BAG


YELLOW ONION 3LB FOR 2


GREEN BELL PEPPER 0.99 LB


RAINBOW BELL PEPPER 3PC 3.99 BAG


POMEGRANATE 5.99 EA


EASY OPEN THAI YOUNG COCONUT 1.99 EA


CALABAZA WHOLE 0.99 LB


CALABAZA CUT 1.29 LB


KABOCHA SQUASH 0.99 LB


GREEN KALE 0.99 EA


GREEN ZUCCHINI 0.79 LB

## SPECIAL!


COCA COLA 12PK
FOR 2.15


COCA COLA 1.5LITER
FOR 2.3


POWERADE SPORTS DRINK 20OZ 8PK
FOR 2.13


MONSTER ENERGY DRINK 4PK
8.49


KKOTSAEM HONEY TEA 1KG
5.99 EA


NDM PURIFIED WATER 35PK
4.99 EA


CALLAWAY WATER 24PK
7.99 EA


PALDO VOLCANO CARBONARA CHICKEN 4PK
3.99 EA


SAMYANG BULDAK ROSE 5PK
5.99 EA

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WE ARE OPEN 7DAYS/WEEK
**9AM~9PM**
SENIOR HOUR 9:00AM~10:00AM
5% Discount for Our Seniors!

Friday VISIT US ONLINE TO REGISTER FOR DIGITAL COUPON!
**FREE ITEM!**
DOWNLOAD YOUR DIGITAL COUPON FOR A FREE ITEM.
**LOAD FRIDAY ONLY!**
Load FRIDAY only and Redeem by SUNDAY!
*Products could change based on availability. Limit one free item per household. No rainchecks available. Taxes where applicable.

## SAVE ON EVERYDAY ITEM!




TAMPICO DRINK
128OZ
25 FOR




TAMPICO PUNCH
15PK 150OZ
4.99 EA




IGA APPLESAUCE 6PK
1.99 EA




IGA INSTANT OATMEAL
8-10CT
2.99 EA

TIDE DETERGENT
LIQUID 73-84OZ
PODS 42CT




10.99/EA
DIGITAL COUPON $3 OFF 1
7.99
LIMIT1




BETTY CROCKER MASHED POTATO 4OZ
1.00 EA




ORVILLE REDENBACHER POPCORN
3PK 8.07-9.87OZ
25 FOR




IGA TUNA CHUNK LITE 5OZ
0.79 EA




IGA CEREAL
12-18.7OZ
2.49 EA

DAWN DISH WASHER
16-30.8OZ




5.29 EA




CHEEZ-IT CRACKER CADDIE PACK
10.8-12.7OZ
5.99 EA




PRINGLES CHIP
6.8-7.1OZ
2.79 EA




PRINGLES CHIP SNACK PACK
12CT 8.04-8.89OZ
4.99 EA




MARIO BLACK OLIVES SLICED
2.25OZ
45 FOR

CASCADE PLATINUM DISH WASHER PODS
9-16CT




5.29 EA




KRAFT DRESSING
8OZ
2.49 EA




MCCORMICK MAYONESA
28OZ
7.99 EA




HEINZ COCKTAIL CHILI SAUCE
12OZ
2.79 EA




BISQUICK PANCAKE & BAKING MIX
40OZ
5.49 EA

CHARMIN MEGA ROLL TOILET TISSUE
6-9CT




11.99 EA




WISH BONE DRESSING
15OZ
25 FOR




ORVILLE SEASONING
2.4.2.8OZ
3.49 EA




OLD BAY SEASONING
6OZ
4.49 EA




MAZOLA OIL
40OZ
5.79 EA

BOUNTY PAPER TOWEL TRIPLE ROLL
4CT
DOUBLE ROLL
6CT




11.99 EA

## Visit Our NDM Market Location

**DULUTH** 3825 Shackleford Rd, Duluth, GA 30096
**LAWRENCEVILLE** 850 Dogwood Rd. Lawrenceville, GA 30044
**LILBURN** 4805 Lawrenceville Hwy. Lilburn, GA 30047
**MORROW** 1940 Mt. Zion Rd. Morrow, GA 30260
**NORCROSS** 6131 S. Norcross Tucker Rd. Norcross, GA 30093
**STONE MOUNTAIN** 5158 Memorial Dr. Stone Mtn, GA 30083
**SMYRNA(EAST)** 2350 Spring Rd. Smyrna, GA 30080
**SMYRNA(WEST)** 2148 South Cobb Dr. Smyrna, GA 30080

## SAVE MORE $1/EA

APP CARD — DISCOUNT COUPON W/NDM APP CARD
1 COUPON FOR 1 PERSON

ONLY THUR-SUN!




KELLOGG'S POP-TARTS
8CT 13.5-13.54OZ
2.99/EA
DIGITAL COUPON $1 OFF 1
1.99
LIMIT1




RITZ CRACKER
8.8-13.7OZ
4.49/EA
DIGITAL COUPON $0.5 OFF 1
3.99

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NAM DAE MUN
Farmers Market

1.02.2026~ 1.08.2026

# PRODUCE WEEKLY SALE

Choose Your Best Vegetables !



## BOX SALES ONLY !

‹ALL ITEMS ARE BOX PRICES›



### GREEN LEAF 24CT

Green leafy vegetables are nutritional powerhouses, offering vitamins (A, C, K, folate), minerals (iron, calcium, potassium, magnesium), and antioxidants, which **support immunity, bone health, vision, heart health, and digestion while helping with weight management due to being low in calories and high in fiber, potentially lowering risks of chronic diseases like cancer and heart disease.**

SALE PRICE
$29.00
SUPER PRICE



### FUYU PERSIMMON GIFT BOX

Fuyu persimmons are packed with fiber, vitamins (A, C, B6), and antioxidants like flavonoids, supporting digestive health, boosting immune function, improving heart health (lowering cholesterol/blood pressure), promoting eye health (beta-carotene), and aiding in weight management by keeping you full. They're naturally low in fat and calories, making them a nutrient-dense, heart-healthy snack that helps fight inflammation and oxidative stress.

SALE PRICE
$13.99
SUPER PRICE



### ICEBERG LETTUCE 24CT

Iceberg lettuce benefits include being highly hydrating (96% water), low in calories, and a source of vitamins K, A, and C, plus minerals like potassium, supporting bone health, immunity, vision, blood clotting, and digestion, while aiding weight management due to its low-calorie, high-volume nature, though it's less nutrient-dense than darker greens.

SALE PRICE
$27.00
SUPER PRICE



### POMEGRANATE 5CT

Pomegranates are packed with nutrients and powerful antioxidants (polyphenols) that fight inflammation, support heart health by improving cholesterol and blood pressure, boost brain function, aid digestion, and may even help with exercise recovery and certain cancers, offering benefits from better memory to enhanced immunity and skin health. They're rich in Vitamin C, K, fiber, potassium, and minerals, making them a nutrient-dense addition to a healthy diet, whether eaten fresh or as juice.

SALE PRICE
$28.00
SUPER PRICE



### CILANTRO(MEX) 60CT

Cilantro offers benefits like aiding digestion, fighting inflammation, and supporting heart health through antioxidants, vitamins (A, C, K) and minerals, helping balance blood sugar, and potentially removing heavy metals, making it great for salsas, salads, and as a garnish for flavor and nutrition. It boosts antioxidant intake, helps with skin hydration, and its compounds fight harmful bacteria like Salmonella, while also attracting beneficial garden insects.

SALE PRICE
$21.00
SUPER PRICE



### KOREAN PEAR 7CT

Korean pears (Asian pears) are nutrient-rich fruits packed with fiber, Vitamin C, potassium, and copper, offering benefits like boosting immunity, supporting respiratory health (reducing phlegm, soothing lungs), aiding digestion, potentially reducing hangover severity, promoting heart health by lowering bad cholesterol, and providing antioxidants, all while being low in calories for weight management.

SALE PRICE
$29.99
SUPER PRICE

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THU,FRI,SAT,SUN
DIGITAL COUPON
1/01-1/04

## THROW BACK THURSDAYS




LIMIT 1 OFFER

SALE PRICE 2.99
DIGITAL COUPON 1.00 OFF ONE
FINAL PRICE 1.99

3.50 TO 13.54 OZ., Selected

**Kellogg's Pop-Tarts**







LIMIT 1 OFFER

SALE PRICE 5/5.00
DIGITAL COUPON 2.00 OFF FIVE
FINAL PRICE 5/3.00

4.50 TO 5.30 OZ., Selected

**Chobani Yogurt**

LIMIT 1 OFFER

SALE PRICE 3.19
DIGITAL COUPON 0.70 OFF ONE
FINAL PRICE 2.49

24 OZ Selected

**Daisy Sour Cream**




# FREE ICE CREAM!

## CELEBRATE YOUR BIRTHDAY WITH NAM DAE MUN

Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*

**SIGN UP WITH THE QR CODE BELOW OR BY TEXTING NDM TO 87573**

**Scan for digital coupons**

*While supplies Taxes apply.
Please sign up before your birthday month to receive your free birthday ice cream email.

# FREE ITEM Friday

COUPON REDEEMABLE
1/2/26 - 1/4/26

* PRODUCTS COULD CHANGE BASED ON AVAILABILITY*
**LIMIT ONE FREE ITEM PER HOUSEHOLD*
*NO RAINCHECKS AVAILABLE**
**TAXES WHERE APPLICABLE**




1 FREE WITH DIGITAL COUPON | .16-Oz. Kool-Aid Tropical Punch Mix

**Download your DIGITAL COUPON for a FREE ITEM.**

# LOAD FRIDAY ONLY

Load Friday 1/2/26 ONLY and redeem by Sunday 1/4/26