



Fresh, Friendly and Local – Since 1948

Powell's Supermarket

BAY ROBERTS 709.786.2101
CARBONEAR 709.596.6644

VISIT US ON FACEBOOK  @PowellsNL



View our flyer online at
www.powellsnl.ca



\$3⁹⁹
PER LB.
\$8.80/KG.

Fresh Country Ribbon Value Pack
Bone-In Split Chicken Breast



\$2⁴⁹
PER LB.
\$5.49/KG.

Fresh Whole or Half
Pork Picnic Roast



\$3⁴⁴
PER LB.
\$7.58/KG.

Fresh
Whole Pork Spare Ribs



\$6⁹⁹
PER LB.
\$15.41/KG.

Cut From AA or Higher
Grades Beef Boneless
Inside Round Oven Roast

\$1⁷⁷



126-153g Knorr
Sidekicks

4/\$3⁹⁹



Size 72's Product of California
Navel Oranges

\$4⁹⁹



890ml Kraft
Miracle Whip

\$1⁸⁸



200g Jacob's
Cream Crackers

\$3⁹⁹



410g Kraft Singles
Cheese Slices

\$1⁸⁸



425ml
Campbell's
Spaghetti's

2/\$15



12x355ml
Coke & Flavours or AHA Water

\$2⁹⁹



570g Dempster's Holsum Sliced **Bread**
or 8pk Hotdog or Hamburger **Buns**

\$4⁴⁴



850g Imperial
Soft Margarine

\$5⁴⁹



3pk Product of US
Romaine Hearts

\$4⁴⁴



340g Mario's
Corned Beef

PRICES ARE IN EFFECT JANUARY 22 - 28, 2026

All items might not be available at all Powell's locations. Photos are for illustration purposes only. Text will prevail. We reserve the right to limit quantities. We do not sell to retailers.

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
22	23	24	25	26	27	28



\$1²⁹

284ml
Club Supreme
Mandarins in Light Syrup



\$1⁹⁹

354ml Dairy Isle Regular or 2%
Evaporated Milk



\$3⁸⁸

340g No Yolk
Egg Noodles



\$10⁹⁹

3lt Unico
Vegetable Oil



\$3²⁹

247-391g
Town House
Crackers



\$5⁹⁹

526-725g
Selected
General Mills
Cereal



\$6⁹⁹

1.42-1.63lt Arm & Hammer
Liquid Laundry Detergent



\$4⁸⁸

300-350g Purity
Cream Crackers



\$4⁴⁴

425ml Kraft
Dressings



\$8⁹⁹

8 Roll Charmin Triple Roll
Bathroom Tissue



\$4⁹⁹

6pk Dempster's
Bagels



2/\$4⁴⁴

398ml Catelli
Meat Sauce



2/\$4

1lt Minute Maid
Apple Juice



\$1⁸⁸

450g Thompson
Yellow Split Peas



\$18⁹⁹

30ct Folgers
K-Cup Coffee



3/\$5

113g
Maple Leaf
Vienna
Sausages



2/\$8⁵⁰

6x710ml
Coke & Flavours



3/\$5

200g
Kraft Dinner
Original



\$1⁹⁹

170g Clover Leaf Skip Jack
Flake or Chunk Tuna



\$2⁷⁷

350g
Minute Rice



\$11⁴⁴

3pk Bounty SAS
Paper Towels



\$1⁸⁸

250ml Club Supreme
Jam



\$13⁸⁸

216ct Tetley
Tea Bags



\$4⁸⁸

450ml Dave's Famous
Chicken Wing Sauce

Powell's Famous Bakery
NEW CAKE FLAVOUR
BISCOFF



TO ORDER EMAIL CAKES@AGDNL.CA
BAY ROBERTS (709)786-0208
CARBONEAR (709)596-6644

\$5⁸⁸



320-400g Armstrong
Cheese Bars or Shreds



Your Newfoundland Butcher



\$11.99

1.75kg Atlantic's Best
Salt Riblets



\$6.99
PER LB.
\$15.41/KG.

Made From Fresh or
Frozen Portions Value Pack
Medium Ground Beef



\$8.99
PER LB.
\$19.82/KG.

Cut From AA or Higher Grade Beef
Boneless Stewing Beef



2/\$3

113g Frozen
Beef Liver



\$14.99

2kg
Sunrise
Bologna

\$7.99
PER LB.
\$17.62/KG.



Cut From AA or Higher
Grades Beef Value Pack
Inside Round Marinating Steak



\$4.99
PER LB.
\$11.00/KG.

Quality Vac Pack
Scrunchions



\$4.99
PER LB.
\$11.00/KG.

Atlantic's Best
Homestyle Sausages

\$4.99



375g Maple Leaf
Wieners



\$11.99

600g Maple Leaf
Original or Black Forest
Ham



\$6.99

375g Maple Leaf
Bacon

\$6.99



300g Maple Leaf
Fully Cooked
Sausage Links or Rounds



OFFICIAL PROTEIN PARTNER

Spend \$20 on participating
Maple Leaf® products and receive a
\$10 Visa eGift Card*



NOURISH
OUR FUTURE
CHAMPIONS.

**BUT FIRST,
PROTEIN.**



Deli

\$17



Instore
Hot or Chilled
Breaded Chicken Wings

\$2.99

250g
Chris Brothers
Sandwich Pack



\$19.99

Instore
Pizza Kit



\$6.99



300g Butcher Selection
Cooked Turkey Breast



From the Sea

\$24.99



5lb Seafresh
Breaded Fish

\$4.99
PER LB.
\$11.00/KG.

Store Wrapped
High Liner
Breaded Fish Cakes



\$6.99

255g
Comeau
Fish Cakes

\$8.99



400g High Liner
Wild Pacific
Salmon Fillets

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Fresh Produce

\$5⁹⁹
BUNCH



Product of US
Broccoli



\$5⁴⁹

170g
Product of Peru
Blueberries



\$1³⁹
PER LB.
\$3.06/KG.

Product of Canada
Medium Turnip



\$5⁹⁹

3lb Product of Canada
Gala Apples



\$2²⁹

2lb Product of Canda
Yellow Onions



2/\$1⁶⁹

Size 95's
Product of US
Lemons



\$5⁴⁹

280g
Product of Mexico
Cherry Tomatoes



\$4⁶⁹
PER LB.
\$10.34/KG.

Product of Chile
Nectarines



\$3⁶⁹

225g
Product of Canada
White Mushrooms



\$3⁹⁹
PER LB.
\$8.80/KG.

Product of Spain
Plums



\$5⁷⁹

142g
Product of US
Baby Spinach



Dairy

\$4⁸⁸



500ml Scotsburn
Whipping Cream



\$3⁹⁹

383g Pillsbury RTB
Apple Turnovers



2/\$4

227g Lactantia
Garlic Butter



\$4⁹⁹

828-946ml
Nestle Coffee-mate
Liquid



Frozen



2/\$7

800g McCain
Red Bag Fries



\$3⁸⁸

317g Giuseppe
Garlic Fingers



\$8⁹⁹

615g Schneider's
Chicken Wings



2/\$4⁴⁴

200g Swanson
Pot Pies



\$5⁹⁹

200g M&M
Mini Eclairs



\$6⁸⁸

775g Red Baron Rising Crust
Pepperoni Pizza



\$5⁸⁸

368g Furlani
Garlic Texas Toast or
638g **Garlic Parmesan Toast**



\$13⁹⁹

2kg Pinehill
Chicken Legs

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL



Bakery

\$2⁹⁹



3 Bun Homestyle
White Bread

**Baked
In-Store**



Maple Walnut
Cake

\$11⁹⁹

**Baked
In-Store**

\$6⁹⁹



4pk
Golden Crust
Cream Horns

\$4⁹⁹



12pk Golden Crust
Touton Balls

\$4⁶⁹



6pk Golden Crust
Plain, Raisin, Blueberry or Coconut Mandarin
Tea Buns

\$14⁹⁹



Fruit Filled
Flan

**Baked
In-Store**

\$2⁹⁹



**Baked
In-Store**

Sugar Free,
Fat Free
White Bread

STARTING AT

\$6⁹⁹

Powell's Artisan
Sourdough Bread

**Baked
In-Store**

Powell's Artisan

\$6⁵⁹



6pk Golden Crust
Pastry Squares

**More Great
Deals**

\$4⁸⁸



450g Sunmaid
Cinnamon Raisin Bread

\$6⁹⁹



800g Watson Ridge
Chicken Balls

\$1⁸⁸



36-51g
Swiss Chalet
Dip or Gravy Mix

\$3²⁹



1kg Robin Hood
Flour

2/\$4⁸⁸



128-142g
Fresh Gourmet
Croutons



4/\$5



200g Lady Sarah
Wafers

\$3⁷⁷



625g Cavendish All Day
Hash Brown Waffles

\$3²⁹



700ml Vim
Bathroom Spray

\$3⁹⁹



210-240g Dare
Bear Paws



\$3⁴⁴



250g Jamie Oliver
Rice

\$14⁹⁹



6x237ml Boost
Meal Replacement

\$7⁸⁸



720-740g
Giuseppe Rising Crust
Pizza

\$9⁹⁹



1.13kg Sno Flake
Shortening

\$3⁸⁸



454g Fleischmann's
Corn Starch

3/\$5



284ml
Pantry Shelf
Pieces and Stems
Mushrooms

\$1⁸⁸



500ml Allen's
White Vinegar

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

Refreshments & Snacks

\$3⁹⁹



250-300g Humpty Dumpty Cheese Snacks or Party Mix

\$3⁹⁹



168g Betty Crocker Dunkaroos

2/\$4⁸⁸



250ml Red Bull Energy Drink

2/\$7⁵⁰



102-145g Lay's Minis Snacks

\$2⁸⁸



116-135g Selected Werther's Candy

\$3⁹⁹



750ml Purity Syrup

\$9⁸⁸



472-576g Old Dutch Variety Pack Snacks

2/\$2²²



33-60g Selected Nestle Bars

2/\$6⁵⁰



100g Dare Veggie Crisps

\$3⁹⁹



142g Popcorners Snacks

\$3⁹⁹



8-10x200ml Minute Maid or Five Alive Juice Packs

\$4⁸⁸



12x500ml Ice River Natural Spring Water

FRESH. FRIENDLY. LOCAL

Furry Friends

\$8⁴⁴



2kg Purina Puppy Chow

4/\$5



85g Fancy Feast Cat Food

\$1⁸⁸



375g Pedigree Dog Food

\$6⁸⁸



1.4-1.5kg Friskies Dry Cat Food

\$13⁸⁸



7lb Iams Adult Dry Dog Food

4/\$5



75g Whiskas Perfect Portions Cat Food



House and Home

\$7⁸⁸



20ct Tide Pods Free & Gentle

\$7⁹⁹



3.57lt Clorox Bleach

\$6⁷⁷



350g Lysol Disinfectant Spray

\$6⁹⁹



16ct Cascade Platinum Dishwasher Tabs

\$3⁹⁹



650ml Lysol Trigger Lemon

\$6⁵⁹



765ml Windex Trigger

FRESH. FRIENDLY. LOCAL

FRESH. FRIENDLY. LOCAL

Personal Care

\$2⁹⁹



10ct Tampax Tampons Regular

\$6⁸⁸



370ml Selected Head & Shoulders Shampoo

\$5²⁹



30ct Aspirin Low Dose 81mg

\$6⁸⁸



298-311g or 828ml Selected TRESemmé Hair Products