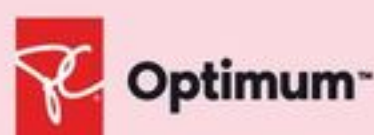


Moredays
Moredays
Moredays



Get more points

More savings, more deals, more points

This week only! Jan 29-Feb 4^{**}

For more deal offers visit
www.yourindependentgrocer.ca
or scan



Moredays

APP EXCLUSIVE OFFER

Member Only Price[™]

\$3

**Non-Members
\$5**

Members
save
\$2



PC® VEGETABLES
SELECTED VARIETIES
FROZEN
300-750 G
LÉGUMES PC^{MD}
20318915_EA
20314960_EA
*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.

Moredays

APP EXCLUSIVE OFFER

Members get

2,000^(pts)

\$2
back
in points

\$12

**PC® SPLENDIDO™ COLD PRESSED
OR COLD EXTRACTED DELICATO[®]
EXTRA VIRGIN OLIVE OIL**

SELECTED VARIETIES

1 L

HUILE D'OLIVE EXTRA VIERGE

PRESSÉE À FROID OU EXTRAITE À

FROID DELICATO PC^{MD} SPLENDIDO^{MD}

20081865_EA/21401612_EA

*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.



**SAVE
UP TO \$1**

3⁵⁰

Moredays

APP EXCLUSIVE OFFER

Members get

3,000^(pts)

when you
buy 2

\$3
back
in points



PC® OR BLUE MENU[®]

ENTRÉES

SELECTED VARIETIES

FROZEN

212-365 G

PLATS CUISINÉS PC^{MD}

OU MENU BLEU^{MC}

20309869_EA

20312253001_EA

*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.

Moredays

Members get

1,500^(pts)

when you
buy 2

\$1⁵⁰
back
in points

\$5

**MISS VICKIE'S KETTLE COOKED
POTATO CHIPS OR SMARTFOOD[®]
READY TO EAT POPCORN**

SELECTED VARIETIES

150-250 G

CROUSTILLES CUITES

À LA MARMITE

MISS VICKIE'S OU MAÏS

SOUFFLÉ SMARTFOOD

20972859_EA/21240703_EA



Moredays

APP EXCLUSIVE OFFER

Members get

5,000^(pts)

for every \$10*
spent on

\$5
back
in points

**CHEERIOS, CHEX OR
OATMEAL CRISP**

SELECTED VARIETIES

300-1300 G

CHEERIOS,

CHEX OU AVOINE

CROQUANTE

20679863_EA

21667577_EA

*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.



^{**}From January 29–February 4, 2026, at across 4,500+ locations in Canada, the PC Optimum[™] Moredays event will provide PC Optimum[™] members with the opportunity to earn PC Optimum[™] points through special offers and promotions across locations where PC Optimum[™] points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays.

Optimum™ **Moredays**

Members get
3,000^(pts)
when you
buy 2

\$3
back
in points

3²⁹-9⁴⁹

SILK YOGURT 625-650 G,
NON-DAIRY BEVERAGES 1.74-1.89 L,
CREAMERS 450-890 ML OR
SO DELICIOUS 266 ML/500 G
YOGOURT, BOISSONS
SANS PRODUITS
LAITIERS,
CRÉMEURS SILK
OU SO DELICIOUS

21310391_EA
20315090001_EA



Optimum™ **Moredays**

Members get
4,500^(pts)
for every \$20*
spent on

\$4⁵⁰
back
in points

STARBUCKS COFFEE, NESPRESSO,
NESCAFÉ CONCENTRATES 500 ML OR
CARNATION HOT CHOCOLATE
CANISTERS 400/450 G OR 1.7 KG OR
ENVELOPES 7-10'S OR **PODS** 450 G
SELECTED VARIETIES
CAFÉ STARBUCKS, CONCENTRÉS
NESPRESSO, NESCAFÉ OU
CONTENANTS OU ENVELOPPES
OU CAPSULES DE CHOCOLAT
CHAUD CARNATION

21041744_EA
21169344_EA



Optimum™ **Moredays**

Member Only Price™

\$6

Non-Members

\$7

Members
save
\$1

MASTRO DELI SLICED
SALAMI
SELECTED VARIETIES
125-150 G
SALAMI TRANCHÉ
EN CHARCUTERIE
MASTRO

21061096_EA
21061099_EA



Optimum™ **Moredays**

APP EXCLUSIVE OFFER

Members get
1,500^(pts)

\$1⁵⁰
back
in points

\$4

ZIGGY'S® SLICED
DELI MEATS
SELECTED VARIETIES
175 G
CHARCUTERIES
TRANCHÉES ZIGGY'S®

21590279_EA
21592461_EA

*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.



Optimum™ **Moredays**

Members get
1,000^(pts)

\$1
back
in points

\$4

CHAPMAN'S SUPER
PREMIUM PLUS
ICE CREAM
SELECTED VARIETIES
FROZEN
500 ML
CRÈME GLACÉE
SUPER PREMIUM
PLUS CHAPMAN'S

21511200_EA
21511147_EA



**PROUDLY CANADIAN
OWNED & OPERATED**



Independent™
Your Independent Grocer

SAVE 42%

\$3⁹⁹ **LB**

**CHICKEN DRUMSTICKS
OR THIGHS**
FAMILY SIZE
6.61/KG
**PILONS OU HAUTS DE
CUISSÉ DE POULET**
20004494_KG
20058163_KG



6⁹⁹ **LB**

INSIDE ROUND STEAK
FAMILY SIZE OR ROAST
CUT FROM CANADA AA OR USDA
SELECT GRADE BEEF OR HIGHER
15.41/KG
**BIFTECK OU RÔTI
D'INTÉRIEUR DE RONDE**
20812494_KG
20812701_KG

SAVE UP TO \$2.49/LB/EA.

\$9⁹⁹ **LB/EA.**

**FRESH ASC TILAPIA
FILLET'S** \$9 LB 19.84/KG OR
**PC® PACIFIC LARGE
WHITE SHRIMP** \$9 EA.
RAW OR COOKED, PEELED OR
RAW ZIPPERBACK® 31-40 PER LB
400 G FROZEN
**FILETS DE TILAPIA ASC
FRAIS OU GROSSES
CREVETTES BLANCHES
DU PACIFIQUE PC®**
20897812_KG
20791381_EA



SAVE 33%

\$3⁹⁹ **LB**

PORK SIDE RIB PORTION
6.61/KG
**PORTION DE CÔTES DE
FLANC DE PORC**
20836871_KG



\$3⁹⁹

STRAWBERRIES
PRODUCT OF MEXICO OR
U.S.A., NO. 1 GRADE
1LB
FRAISES
20049778001_EA



1 LB

SAVE 50%

1⁴⁸ **LB**

RED PRINCE APPLES
PRODUCT OF ONTARIO,
CANADA FANCY GRADE
3.26/KG
POMMES RED PRINCE
20037628001_KG



\$6⁹⁹

**FARMER'S MARKET™
MANDARINS**
PRODUCT OF MOROCCO
OR SPAIN
4LB
**MANDARINES
DÉLICIES DU MARCHÉ™**
20054025001_EA



7⁷⁷

RED MANGO
PRODUCT OF PERU
CASE
MANGUE ROUGE
21047849_EA



**9 LB
AVG**

\$8⁹⁹

**SWISS CHALET OR
MONTANA'S PORK
BACK RIBS, LOU'S OR
MANDARIN ENTRÉES**
SELECTED VARIETIES,
FULLY COOKED
375-650 G

**CÔTES DE DOS DE PORC
SWISS CHALET OU MANDARIN**
**MONTANA'S, PLATS
CUISSINÉS LOU'S
OU MANDARIN**
21668141_EA
21699144_EA



1²⁵

**NO NAME®
POTATO CHIPS**
SELECTED VARIETIES
200 G
**CROUSTILLES
SANS NOM®**
21302821_EA
21302793_EA



2⁹⁷

**CLASSICO
PASTA SAUCE**
SELECTED VARIETIES
410/600 ML
**SAUCE POUR
PÂTES CLASSICO**
21618217_EA
203256090031_EA



\$3⁹⁹



D'ITALIANO BREAD
SELECTED VARIETIES
AND SIZES
PAIN D'ITALIANO
21567005_EA
21596468_EA



\$3⁹⁹

**MADE GOOD
GRANOLA BARS,
DRIZZLED, MORNINGS
OR RICE CRISP BARS**
SELECTED VARIETIES
120-150 G
**BARRES GRANOLA,
FILET, MORNINGS
OU CROUSTILLES
DE RIZ MADE GOOD**
20797052001_EA
21352121_EA



6⁵⁰



**LIBERTÉ GREEK
TUBS 650/750 G OR
YOPLAIT SOURCE**
16X100 G
SELECTED VARIETIES
**CONTENANTS
DE YOGOURT
GREC LIBERTÉ OU
SOURCE YOPLAIT**
20317317001_EA
20642273_EA



\$21⁹⁹

**EQUIVALENT TO
88¢
PER BOTTLE**

**GATORADE OR
POWERADE
SPORTS DRINK**
SELECTED VARIETIES
24X591 ML
**BOISSON
DÉSALTÉRANTE
GATORADE OU
POWERADE**
20954130_C24
20325703_C24



12⁸⁸



**T&T®
JASMINE RICE**
8.2 KG
**RIZ AU JASMIN
T&T®**
20705590_EA



4⁵⁰

PC® FROZEN FRUIT
SELECTED VARIETIES
300-600 G
FRUITS SURGELÉS PC®
20312227_EA
21377841_EA



Flyer prices effective from Thursday, January 29th to Wednesday, February 4th, 2026. SEE BACK PAGE FOR DETAILS.



Get more on **Moredays**

More savings, more deals, more points
This week only! Jan 29-Feb 4**

Moredays

Members get
2,000 pts

\$2
back in points

\$10

PC® CHOCOLATE BASQUE OR BASQUE CHEESECAKE
FROZEN
600 G
GÂTEAU AU FROMAGE BASQUE OU AU CHOCOLAT BASQUE PC®
21687935_EA



Moredays

Members get
1,000 pts

\$1
back in points

2/\$8

OR
\$5 EA.
FRIED TORTILLA CHIPS
450 G
CROUSTILLES DE TORTILLA FRITES
21534615_EA



Moredays

Members get
4,000 pts

\$4
back in points

NATURE VALLEY GRANOLA BARS
SELECTED VARIETIES
130-210 G
BARRES GRANOLA VAL NATURE
21213584_EA
21675994_EA



Moredays

Members get
3,000 pts

\$3
back in points

\$4

PEARL MILLING COMPANY PANCAKE MIX
905 G OR ORIGINAL SYRUP 710 G
SELECTED VARIETIES
MÉLANGE À CRÊPES OU SIROP ORIGINAL PEARL MILLING COMPANY
21384573_EA
21391619_EA



Moredays

Members get
10,000 pts

\$10
back in points

JAMIESON VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
VITAMINES OU SUPPLÉMENTS JAMIESON
20299993_EA
20303216001_EA



Moredays

Members get
7,500 pts

\$7.50
back in points

SCRUBBING BUBBLES BATHROOM CLEANERS, FANTASTIK, WINDEX CLEANERS, OR SHOUT STAIN REMOVERS
SELECTED SIZES AND VARIETIES
NETTOYANTS POUR SALLE DE BAINS
SCRUBBING BUBBLES, NETTOYANTS FANTASTIK, WINDEX OU DÉTACHANTS SHOUT
21666832_EA
20071729_EA



\$3

CAVENDISH FRIES OR SPECIALTY POTATOES
SELECTED VARIETIES
FROZEN
400-750 G
FRITES OU POMMES DE TERRE DE SPÉCIALITÉ LES FERMES CAVENDISH
20318915_EA
21685114_EA



6.75

PC® ORANGE JUICE
2.5 L OR STOK COLD BREW COFFEE 1.42 L
SELECTED VARIETIES
JUS D'ORANGE PCMD OU CAFÉ INFUSÉ À FROID STOK
21203739_EA
21531644_EA



6.50

CRACKER BARREL CHEESE BARS 400 G OR **SHREDS** 250-320 G
SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RÂPÉ CRACKER BARREL
21290384_EA
21290616_EA



\$6

CHAPMAN'S FROZEN YOGURT OR SORBET
SELECTED VARIETIES
FROZEN
2 L
YOGOURT GLACÉ CHAPMAN'S OU SORBET CHAPMAN'S
20314434001_EA
20529120001_EA



2.25

UNICO PASTA
750 G, PASSATA 680 ML OR PRIMO PASTA SAUCE 680 ML
SELECTED VARIETIES
PÂTES, PASSATA UNICO OU SAUCE POUR PÂTES PRIMO
201652601_EA
207947071_EA



1.75

AYLMER TOMATOES OR ACCENTS
SELECTED VARIETIES
540/796 ML
TOMATES AYLMEYER OU ACCENTS
21207587_EA
21207592_EA



\$7



BECEL MARGARINE
SELECTED VARIETIES
637/850 G
MARGARINE BECEL
21279389_EA
20297818002_EA

7.50

STARBUCKS COFFEE ENHANCER
SELECTED VARIETIES
828 ML
REHAUSSEUR DE CAFÉ STARBUCKS
21358473_EA
21436915_EA



2/\$15

LESS THAN 2 \$8.49 EA.
COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS
SELECTED VARIETIES
12X355 ML
BOISSONS GAZEUSES COCA-COLA, CANADA DRY OU PEPSI
20318694002_EA
20322361002_EA



SAVE UP TO 53%
\$7



CASHMERE BATHROOM TISSUE 12 DOUBLE ROLLS OR **SCOTTIES FACIAL TISSUE** 6'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE CASHMERE OU MOUCHOIRS SCOTTIES
20318667_EA
21204739_EA

\$11

TIDE DETERGENT
1.62-1.86 L/18-31'S
DOWNY/GAIN FABRIC SOFTENER 1.66-2.63 L
DOWNY/GAIN/IVORY SNOW BEADS 303-379 G OR **DAWN LIQUID** 2.21/2.63 L
SELECTED VARIETIES
DÉTERGENT TIDE, ASSOUPLISSANT, TEXTILE DOWNY/GAIN, PERLES DOWNY/GAIN/IVORY NEIGE OU SAVON LIQUIDE DAWN
21550428_EA
21593782_EA



90¢

FANCY FEAST FRISKIES 85 G OR **FRISKIES** 156 G
CAT FOOD
SELECTED VARIETIES
NOURRITURE POUR CHAT FANCY FEAST OU FRISKIES
20302296001_EA
20316703_EA
20319657001_EA



PRICE DROP†

More ways to save

\$2

RUBICON JUICE
SELECTED VARIETIES
1 L
JUS RUBICON
21529635_EA
21557702_EA



2.50

DARE VEGGIE CRISPS
SELECTED VARIETIES
100 G
CRISPS LÉGUME DARE
20973368_EA
21820207_EA



\$3

PILLSBURY PIZZA POPS, TOASTER STRUDEL
380 G, 326 G OR **SCRAMBLES** 204 G
SELECTED VARIETIES
FROZEN
PIZZA POPS, TOASTER STRUDEL OU SCRAMBLES PILLSBURY
21436023_EA
20172864001_EA



3.50

MOTT'S CLAMATO JUICE
SELECTED VARIETIES
1.89 L
JUS CLAMATO MOTT'S
20318955002_EA



Independent

CUSTOMER RELATIONS 1-866-541-6315. VISIT yourindependentgrocer.ca FOR STORE HOURS.

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YIG BACK

freshness you can taste,
value you'll love

\$8

BLACKBERRIES
PRODUCT OF MEXICO
PINT
MÛRES
20138228001_EA



PINT

3⁹⁹
LB

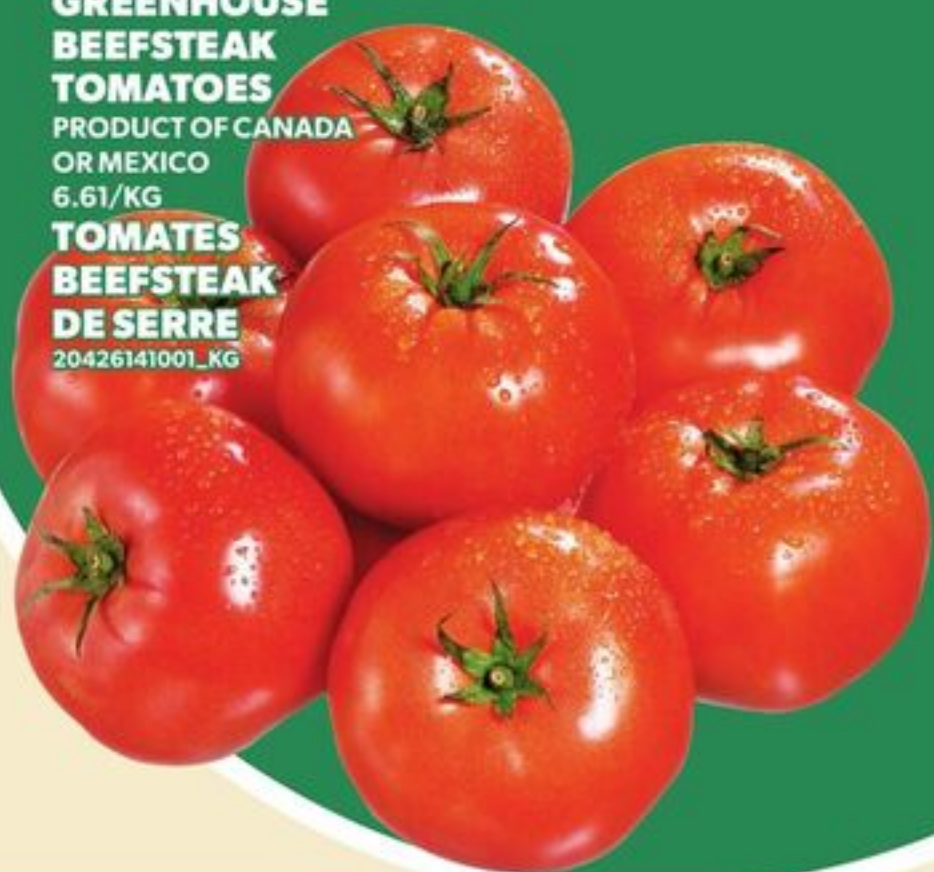
PC® EXTRA LARGE GREEN SEEDLESS GRAPES PRODUCT OF PERU, NO. 1 GRADE OR
EXTRA LARGE RED SEEDLESS GRAPES PRODUCT OF PERU OR CHILE, NO. 1 GRADE
8.80/KG
TRÈS GROS RAISINS VERTS OU ROUGES
SANS PÉPINS PC^{MD}
20425775001_KG
20159199001_KG

EXTRA LARGE



\$3
LB

GREENHOUSE BEEFSTEAK TOMATOES
PRODUCT OF CANADA OR MEXICO
6.61/KG
TOMATES BEEFSTEAK DE SÈRRE
20426141001_KG



SAVE 98¢
WHEN YOU BUY 2

2/\$7

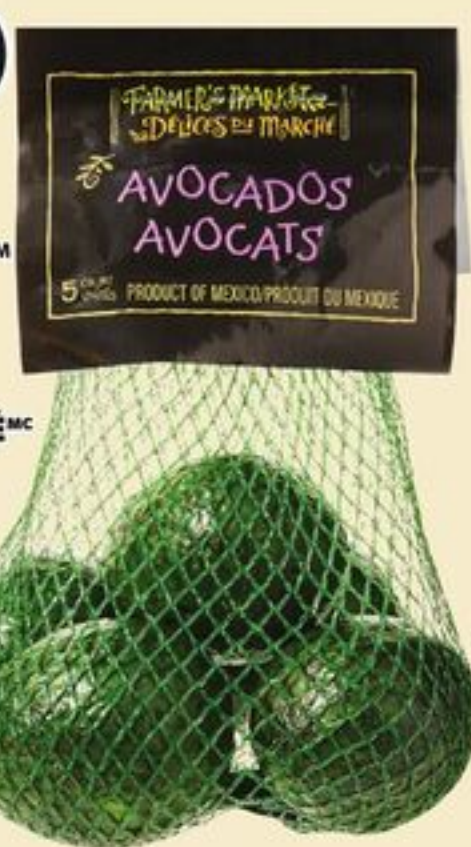
OR \$3.99 EA.

GREEN KALE OR RAPINI
PRODUCT OF MEXICO OR U.S.A.
CHOU FRISÉ VERT OU RAPINI
20138805001_EA
20048070001_EA



4⁵⁰

FARMER'S MARKET™ AVOCADO BAG
PRODUCT OF MEXICO
5'S
SAC D'AVOCATS DÉLICÉS DU MARCHÉ^{PC}
21644936001_EA



1⁸⁸
LB

FUJI OR RED DELICIOUS APPLES
PRODUCT OF ONTARIO, CANADA FANCY GRADE
4.14/KG
POMMES FUJI OU RED DELICIOUS
20310940001_KG
20073899001_KG



Happy Lunar New Year

3⁵⁰

FARMER'S MARKET™ CARROTS OR YELLOW ONIONS
PRODUCT OF CANADA, CANADA NO. 1 GRADE
3 LB BAG
CAROTTES OU OIGNONS JAUNES DÉLICÉS DU MARCHÉ^{PC}
20600927001_EA
20811994001_EA



\$5

ROMAINE HEARTS
PRODUCT OF U.S.A.
3'S
CŒUR DE LAITUE ROMAINE
20067389001_EA



\$13

FRUIT OR VEGGIE TRI PACKS
PREPARED IN-STORE
706 G-1.02 KG
TRIOS DE FRUITS OU LÉGUMES
20022119_EA
21209367_EA



\$25

PC® SIGNATURE GIFT BOUQUET
EACH
BOUQUETS-CADEAUX SIGNATURE PC^{MD}
21436377_EA



\$15

SUCCULENT IN CLAY
SELECTED VARIETIES
5 INCH
PLANTE GRASSE DANS UN POT EN ARGILE
21052595_EA



SAVE \$4
WHEN YOU BUY 2

2/\$20

OR \$12 EA.

GERBERA DAISY BUNCH
ASSORTED VARIETIES
BUNCH MARGUERITES GERBERA
21437443_EA



8⁵⁰

GRASS FED EXTRA LEAN GROUND BEEF
450 G

BŒUF HACHÉ EXTRA-MAIGRE
FRAIS NOURRI À L'HERBE
21675592_EA



\$8

BEEF STIR FRY STRIPS
CUT FROM CANADA AA GRADE BEEF OR HIGHER
250 G
LANIÈRES DE BŒUF À SAUTER
21588067_EA



PREPARED IN-STORE

\$15



PC® WHOLE CHICKEN
AIR CHILLED
UP TO 1.7 KG
POULET ENTIER PC^{MD}
21658901_EA



air chilled

\$7

MAPLE LODGE ULTIMATE CHICKEN SAUSAGES
SELECTED VARIETIES
375-500 G
SAUCISSES DE POULET L'ULTIME MAPLE LODGE
21378310_EA
21539970_EA



\$8



PC® NATURALLY SMOKED BACON
SELECTED VARIETIES
500 G
BACON FUMÉ NATURELLEMENT PC^{MD}
20057892_EA
20152629_EA



500 G

\$17

PINTY'S CHICKEN WINGS
SELECTED VARIETIES
FROZEN
720 G
AILES DE POULET PINTY'S
21699550_EA
21699629_EA



GET 2,000⁺ back in points

\$2

find your catch in seafood

\$14
LB

YELLOWFIN TUNA STEAKS
PREVIOUSLY FROZEN
30.86/KG
DARNES DE THON ALBACORE
20753134_KG



\$13

PC® BLUE MENU® WILD ARGENTINIAN SCALLOPS 80-150 PER LB
400 G OR **SEAQUEST® SHRIMP RING WITH MILD COCKTAIL SAUCE** 454 G
FROZEN
PÉTONCLES SAUVAGES D'ARGENTINE PC^{MD}
MENU BLEUMC OU COURONNE DE CREVETTES AVEC SAUCE COCKTAIL DOUCE SEAQUEST®
20076343_EA
21687413_EA



\$23

PKG OF 4

LOBSTER TAILS
2-3 OZ
FROZEN OR PREVIOUSLY FROZEN
4'S
QUEUES DE HOMARD
21240991_EA



National Croissant Day Friday January 30th

\$8

BUTTER CROISSANTS
12'S
CROISSANTS AU BEURRE
21683000_EA



BAKED IN-STORE

\$4

MINI CROISSANTS
10'S SELECTED VARIETIES
OR **CHOCOLATE CROISSANTS** 4'S
MINI-CROISSANTS OU CHOCOLATINES
21527027_EA
21646636_EA
21646639_EA



BAKED IN-STORE

\$6

ALL BUTTER CROISSANTS OR RAISIN BRIOCHE SWIRL
SELECTED VARIETIES 4'S
CROISSANTS TOUT BEURRE OU BRIOCHES AUX RAISINS
20761271_EA
21750471_EA



BAKED IN-STORE

\$5

PREPARED IN CANADA

KIMBERLY'S FROSTED COOKIES
WHITE OR UNICORN
383 G
BISCUITS GLACÉS KIMBERLY'S
21190203_EA
21531404_EA



\$6

PREPARED IN CANADA

FARMER'S MARKET™ MINI DONUTS
SELECTED VARIETIES
264-342 G
MINI-BEIGNES DÉLICIES DU MARCHÉ™
21461952_EA
21461954_EA



SAVE \$1 WHEN YOU BUY 2

2/\$7

OR \$4 EA.

MARIE MORIN SINGLE SERVE DESSERT, LARocca CAKE SLICES OR CHARLOTTE'S PARFAITS SELECTED VARIETIES
90-212 G
DESSERT EN PORTIONS INDIVIDUELLES MARIE MORIN, TRANCHES DE GÂTEAU LARocca OU PARFAITS CHARLOTTE'S
21165251_EA/21496255_EA/21617537_EA



\$6

PREPARED IN CANADA

SILVER HILLS BREAD
SELECTED VARIETIES AND SIZES
PAIN SILVER HILLS
21047070_EA
21047166_EA



SAVE \$1.48 WHEN YOU BUY 2

2/7.50

OR \$4.49 EA.

CASA MENDOSA OR WONDER TORTILLAS
SELECTED VARIETIES 10 INCH
TORTILLAS CASA MENDOSA OU WONDER
20318788_EA
20976626_EA



2.50

PREPARED IN CANADA

NO NAME® BAGELS OR ENGLISH MUFFINS
SELECTED VARIETIES 6'S
BAGELS OU MUFFINS ANGLAIS SANS NOM®
21216413_EA
21666664_EA



5.50

Members get 4,000 when you buy 2

\$4 back in points

BABYBEL 6'S OR THE LAUGHING COW 8'S SELECTED VARIETIES
BABYBEL OU LA VACHE QUI RIT
20319107_EA
20574332_EA



\$8

Members get 500

PREPARED IN CANADA

TRE STELLE RICOTTA 475 G, BOCCONCINI OR FETA 200 G SELECTED VARIETIES
RICOTTA OU BOCCONCINI OU FETA TRE STELLE
20024992_EA
20093652_EA



SAVE UP TO \$1.99

PREPARED IN CANADA

\$6

BRANDT LIVER SAUSAGE CHUB OR KOLBASSA SAUSAGE

SELECTED VARIETIES
SAUCISSON DE FOIE OU KOLBASSA BRANDT
250-300 G
20034492_EA
20353377_EA



SAVE 69¢/100 G

PREPARED IN CANADA

3.50 /100 G

SERVICE CASE PILLERS SALAMI SELECTED VARIETIES
SALAMI PILLER'S DU COMPTOIR DE SERVICE
20300824_KG



SAVE \$1

\$7

PC® GUACAMOLE SELECTED VARIETIES 425 G
GUACAMOLE PC®
21448106_EA
21448102_EA



\$45-55

PARTY PLATTERS SELECTED VARIETIES, MADE TO ORDER 1-2.7 KG
PLATEAUX DE CÉLÉBRATION
20894860_EA
20895023_EA



on the run, we got you

SAVE \$10

\$20

30 PIECE WINGS & WEDGES BUCKET 1.2-2 KG
SEAU DE 30 MORCEAUX D'AILES DE POULET ET FRITES EN QUARTIERS
21541872_EA
21541877_EA



SERVES 6

\$9

PREPARED IN CANADA

PC® PIE OR QUICHE SELECTED VARIETIES 550-575 G
PÂTE OU QUICHE PC®
21682009_EA
21682154_EA



\$20

IN-STORE PREPARED PULLED PORK BAO BUNS, GYRO OR FAJITA CHICKEN TACO TRAY 970 G-1 KG
PLATEAU DE PAIN BAO AU PORC EFFILOCHÉ OU TACOS DE GYRO OU FAJITA AU POULET PRÉPARÉ EN MAGASIN
21533948_EA
21696308_EA



daily deals

MONDAY Chicken Dinner

\$15

ROTISSERIE CHICKEN DINNER COMBO FOR 2 900 G-1 KG
PAIRED WITH TWO SMALL SIDES OF YOUR CHOICE 134-454 G
REPAS COMBO POUR 2 DE POULET DE ROTISSERIE
21086336_EA



TUESDAY Tender Tuesday

\$12

PREPARED IN CANADA

9-PIECE CHICKEN STRIPS HOT OR CHILLED 870 G
9 MORCEAUX DE LANIÈRES DE POULET
21336699_EA
21336518_EA



WEDNESDAY Hump Day Special

2/\$14

OR \$9 EA.
BUY ANY TWO INDIVIDUAL CHICKEN COMBOS WITH ONE SMALL SIDE EACH 361-530 G
ACHETEZ DEUX COMBOS DE POULET INDIVIDUELS AVEC UN PETIT PLAT D'ACCOMPAGNEMENT CHACUN
21022536_EA/20697881_EA



THURSDAY Quick Grabs

3/\$14

PREPARED IN CANADA

OR \$6-7 EA.
BUY ANY THREE IN-STORE PREPARED SINGLE SERVE SOFTY, WRAPS OR SUB SANDWICHES 180-299 G
ACHETEZ TROIS SANDWICHES MOELLEUX, ROULÉS OU SOUS-MARINS PRÉPARÉS EN MAGASIN
20160224_EA/21623676_EA



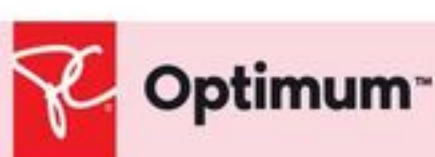
FRIDAY Pizza Party

2/\$15

PREPARED IN CANADA

OR \$9-10 EA.
BUY ANY TWO IN-STORE PREPARED 12" TAKE AND BAKE PIZZA SELECTED VARIETIES
ACHETEZ DEUX PIZZAS 12 PO CUIRE À LA MAISON PRÉPARÉES EN MAGASIN
21456401_EA
21456393_EA





Get more on

More savings, more deals, more points
This week only! Jan 29-Feb 4"

Moredays
Moredays
Moredays
Moredays

Moredays

Members get
1,000^(pts)
when you
buy 2

\$1
back
in points

\$4

**GREEN GIANT
VEGETABLES
OR SPECIALTY
VEGGIES**
SELECTED VARIETIES
FROZEN
283-750 G
21022355_EA
21660433_EA



Moredays

Members get
2,000^(pts)
when you
buy 2

\$2
back
in points

2/\$11

OR
\$6.99 EA.
BEN & JERRY'S
473 ML OR
MAGNUM 3/4'S
SELECTED VARIETIES
FROZEN
20950739_EA
21428403_EA



Moredays

Members get
1,000^(pts)
when you
buy 2

\$1
back
in points

\$6

**ORVILLE
POPCORN 6/8'S
OR KERNEL JAR**
248-850 G
SELECTED VARIETIES
20308686_EA
20629532003_EA



Moredays

Members get
3,000^(pts)
when you
buy 2

\$3
back
in points

\$4-27

**SUNRYPE GOOD BITES
OR FRUIT TO GO BITES**
SELECTED VARIETIES
112 G-1.11 KG
20305640001_EA
20872742_EA



Moredays

Members get
500^(pts)

\$16

**CRANK WHOLE
BEAN COFFEE**
SELECTED VARIETIES
340 G
21410099_EA
21410121_EA



Moredays

Members get
1,000^(pts)
when you
buy 2

\$1
back
in points

\$3

**SWISS CHALET OR
MONTANA'S READY
TO SERVE SOUP**
SELECTED VARIETIES
540 ML
21690570_EA
21313335_EA



Moredays

Members get
1,500^(pts)
when you
buy 2

\$1.50
back
in points

\$3

**PRINGLES
SUPER STACKS**
SELECTED VARIETIES
148-156 G
21003823_EA
21003833_EA



Moredays

Members get
1,500^(pts)
when you
buy 2

\$1.50
back
in points

2/\$7

OR
\$3.99 EA.
**CHEEZ-IT
BAKED SNACK
CRACKERS**
SELECTED VARIETIES
191/200 G
21214559_EA
21214560_EA



Moredays

Members get
3,000^(pts)
when you
buy 2

\$3
back
in points

2/\$8

OR
\$5 EA.
LIBERTÉ MÉDITERRANÉE
500 G OR **YOPLAIT SOURCE**
630 G OR **PROTEIN** 650 G **TUBS**
SELECTED VARIETIES
21391318001_EA
21473714_EA



Moredays

Members get
5,000^(pts)
when you
buy 3

\$5
back
in points

5⁵⁰

**HÅGEN DAZS
TUBS 414-450 ML,
BARS 3/4'S,
DRUMSTICKS 4'S OR
CONFECTIONARY
NOVELTIES 4-10'S**
FROZEN
20322380003_EA
21513347_EA



Moredays

Members get
1,000^(pts)
when you
buy 2

\$1
back
in points

3⁵⁰

**PEEK FREANS DIGESTIVE
BISCUITS OR CADBURY
FINGERS CHOCOLATEY
COOKIE BISCUITS**
SELECTED VARIETIES
114-350 G
20680381_EA
21631965_EA



Moredays

Members get
1,000^(pts)

\$1
back
in points

6⁴⁹

**DARE GRISSOL MELBA
TOAST OR BAGUETTES
FAMILY SIZE**
SELECTED VARIETIES
220-400 G
20307218001_EA
21623511_EA



Moredays

Members get
2,000^(pts)

\$2
back
in points

4⁴⁹-6⁹⁹

**WILD PLANET
SARDINES**
SELECTED VARIETIES
125-142 G
21559412_EA
21559421_EA



Moredays

Members get
2,000^(pts)

\$2
back
in points

24⁹⁹

PC® PAPER TOWEL
12 ROLLS
21558605_EA



Moredays

Members get
5,000^(pts)

\$5
back
in points

\$28

5 INCH ORCHID
SELECTED VARIETIES
20603981_EA
21664246_EA



Moredays

Members get
3,000^(pts)
when you
buy 2

\$3
back
in points

8⁹⁹-64⁴⁹

**WEBBER NATURALS
OR SESAME STREET
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
20783429_EA
21286687_EA

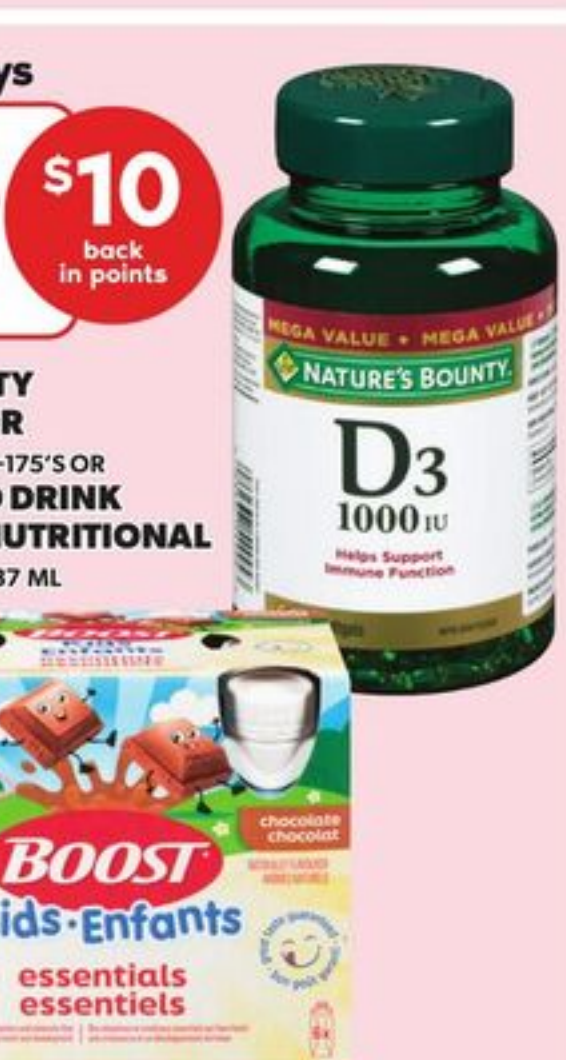


Moredays

Members get
10,000^(pts)
for every *30*
spent on

\$10
back
in points

**NATURE'S BOUNTY
KIDS VITAMINS OR
SUPPLEMENTS** 60-175'S OR
**BOOST READY TO DRINK
SHAKE OR KIDS NUTRITIONAL
SUPPLEMENT** 6X237 ML
SELECTED VARIETIES
AND SIZES
21681253_EA
21020231_EA



Moredays

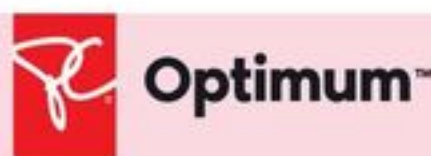
Members get
3,500^(pts)
when you
buy 2

\$3⁵⁰
back
in points

11⁴⁹-46⁴⁹

**L'IL CRITTER'S
FIRST RESPONSE
OR VITAFUSION
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
20867279_EA
20867280_EA





Get more on

More savings, more deals, more points
This week only! Jan 29-Feb 4"

Moredays Moredays Moredays Moredays

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

BILLY BEE HONEY
SELECTED VARIETIES
375 G-1 KG
20724507_EA/20726628_EA

Moredays

Members get **3,000 pts** for every \$6* spent on

\$3 back in points

QUAKER DIPPS AND CHEWY GRANOLA BARS
SELECTED VARIETIES
120-156 G
20847582_EA/21359366_EA

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

NUTELLA SPREADS 375 G-1 KG
OR **SNACKS** 138-208 G
20436105_EA/21457401_EA

Moredays

Members get **5,000 pts** for every \$10* spent on

\$5 back in points

KELLOGG'S PREMIUM CEREAL
317/525 G
21604270_EA
21651958_EA

Moredays

Members get **6,500 pts** for every \$30* spent on

\$6.50 back in points

VAN HOUTTE OR MCCAFÉ 10/48%
K-CUPS, VAN HOUTTE ROAST & GROUND 300-340 G, **MCCAFÉ ROAST & GROUND** 300-875 G, **WHOLE BEAN, INSTANT OR NESPRESSO, LAVAZZA K-CUPS** 345 G OR **KICKING HORSE** 10/30%
SELECTED VARIETIES
21238547_EA
21654384_EA

Moredays

Members get **3,000 pts** for every \$12* spent on

\$3 back in points

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
200-350 G
21648530_EA
21680155_EA

Moredays

Members get **5,000 pts** for every \$15* spent on

\$5 back in points

OCEAN'S TUNA, GOLD SEAL CANNED FISH OR MILLIONAIRES SARDINES
SELECTED VARIETIES
80-418 G
21004270_EA
21005158_EA

Moredays

Members get **4,000 pts** for every \$12* spent on

\$4 back in points

RIO MARE CANNED FISH
SELECTED VARIETIES
100-320 G
20935383_EA
20971498_EA

Moredays

Members get **3,000 pts** for every \$9* spent on

\$3 back in points

MAYNARDS CANDIES OR CADBURY CHOCOLATE
SELECTED VARIETIES EXCLUDE EASTER & VALENTINES
308/315 G
21545817_EA
21648577_EA

Moredays

Members get **5,000 pts** for every \$10* spent on

\$5 back in points

KNORR GRAVY OR SAUCE MIX 22-48 G, BOUILLON CUBES OR POWDERS 63-250 G OR LIQUID CONCENTRATE 250 ML
SELECTED VARIETIES
20297436001_EA
20323323001_EA

Moredays

Members get **3,500 pts** for every \$15* spent on

\$3.50 back in points

CLUB HOUSE DRY GRAVY OR SAUCES, SEASONING BLENDS, SPICE BOTTLES OR TINS OR LA GRILLE SEASONINGS 11-825 G OR **FOOD COLOR OR VANILLA EXTRACTS** 43-250 ML
SELECTED VARIETIES
20308006002_EA
20323721001_EA

Moredays

Members get **3,000 pts** for every \$12* spent on

\$3 back in points

BAKERS CHOCOLATE SQUARES 170/225 G, **JELL-O POWDER** 9.01-85 G, **JELL-O PUDDING** 40-170 G, **MAGIC BAKING POWDER** 225/450 OR **SHAKE N BAKE COATING MIX** 142-160 G
SELECTED VARIETIES
20307001001_EA/20316019001_EA

Moredays

Members get **3,000 pts** for every \$10* spent on

\$3 back in points

BETTY CROCKER SUPERMOIST CAKE MIX 375-404 G OR FROSTINGS 340-450 G
SELECTED VARIETIES
20562641007_EA
21547837_EA

Moredays

Members get **4,000 pts** for every \$15* spent on

\$4 back in points

ROBIN HOOD OR FIVE ROSES FLOUR 2.5 KG OR 5 KG OR **CARNATION EVAPORATED MILK** 354 ML OR **EAGLE CONDENSED MILK** 300 ML
SELECTED VARIETIES
20039497001_EA
20896887_EA

Moredays

Members get **5,000 pts** for every \$20* spent on

\$5 back in points

FRISKIES DRY CAT FOOD
SELECTED VARIETIES
1.4-7.5 KG
20686851_EA
20912590_C01

Moredays

Members get **10,000 pts** for every \$30* spent on

\$10 back in points

LYSOL CLEANERS OR LAUNDRY, OR FINISH DISHWASHER TABS
21487308_EA

Moredays

Members get **10,000 pts** for every \$40* spent on

\$10 back in points

TIDE OR GAIN LAUNDRY DETERGENT OR PODS, DOWNY OR GAIN LIQUID FABRIC SOFTENER, BOUNCE DRYER SHEETS OR DOWNY, GAIN OR IVORY SNOW BEADS, MR. CLEAN CLEANERS, CASCADE DISHWASHER TABS, DAWN DISH DETERGENT OR SWIFFER
21518479_EA
21593670_EA

Moredays

Members get **3,000 pts** for every \$15* spent on

\$3 back in points

COLGATE ORAL CARE PRODUCTS
ALL VARIETIES AND SIZES
21118930_EA
21166717_EA



PREPARED IN CANADA

President's Choice & Choix du Président

ENGLISH MUFFINS ANGLAIS
ORIGINAL NATURE

342 g 6

✓ 100% WHOLE WHEAT FLOUR
✓ 100% FARINE DE BLÉ DUR

Blue Menu Blue

WHOLE WHEAT BLÉ ENTIER
ENGLISH MUFFINS - MUFFINS ANGLAIS

442 g 6

✓ 100% WHOLE WHEAT FLOUR
✓ 100% FARINE DE BLÉ DUR



The image shows a box of Popsicle Pizza Pops and a can of Popsicle Fryer. The box is orange and blue, with the Popsicle logo at the top. The text "PIZZA POPS" is prominently displayed in large white letters. Below it, "3 CHEESE FROMAGES" is written in bold. A small image shows a pizza pop being cooked in a fryer. The box also features a Canadian flag and the text "MADE IN CANADA". The weight "750 g" is at the bottom. The can is blue and white, with the text "Popsicle Fryer" and "Enough for 8 Pops".



*/**Offer valid until February 18, 2026. Conditions apply, \$30 minimum order.
Regular price \$99.99/year after your first year.



Jan. 29 - Feb. 4



for every \$60 spent
on apparel*

Logos for various restaurants and brands, including Swiss Chalet, Mounties, Burger King, and others.

Google Play gift card purchases are subject to a \$200 limit. Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Boston Pizza, DoorDash, Gap Inc. Brands, Google Play, The Keg, Ultimate Dining Card, Harvey's, and Swiss Chalet cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. All other trademarks are property of their respective owners.

Jan 29 – Feb 1



Open the app to get this offer.

*Conditions apply. Complete details on the PC Optimum™ app or at www.pcoptimum.ca

bursting with citrus goodness

Picked Fresh. Enhanced aroma, juiciness & flavour!
Stem & Leaf Clementines are distinguished by the presence of the natural green stem and leaf, which serves as a visual cue of freshness and careful handling. These clementines are typically harvested and packed with extra care, delivering a premium eating experience with every bite.

2⁸⁸
LB
CLEMENTINE STEM AND LEAF
PRODUCT OF SPAIN
6.35/KG
20613483001_EA

\$6

FARMERS MARKET™ MANDARINS
PRODUCT OF MOROCCO OR SPAIN
4 LB
20054025001_EA

\$8

PC® CARA CARA ORANGES
PRODUCT OF MOROCCO
EACH
20697748001_EA

\$6

FARMERS MARKET™ NAVEL ORANGES
PRODUCT OF MOROCCO OR SPAIN
3 LB
20162945001_EA

\$6

FARMER'S MARKET™ RED GRAPEFRUIT
PRODUCT OF TURKEY
3 LB
20118409001_EA

2⁸⁸

RED POMELO
PRODUCT OF CHINA
EACH
20081390001_EA

\$4

NO NAME® NATURALLY IMPERFECT™ LIMES
PRODUCT OF MEXICO
680 G
21673921001_EA

\$6

FARMERS MARKET™ LEMONS
PRODUCT OF U.S.A.
2 LB
21124487001_EA

4⁹⁸
LB

SUMO MANDARINS
PRODUCT OF U.S.A.
10.98/KG
20562570001_KG

Our signature citrus sweets!

\$6

BAKED IN-STORE

IN-STORE LEMON STRUDEL
4'S
21571831_EA

\$30

PREPARED IN CANADA

LA ROCCA 8" LEMON MOUSSE CAKE
21496168_EA

\$6

PREPARED IN CANADA

FARMERS MARKET™ LEMON POPPY ICED LOAF CAKE
344-400 G
21488954_EA

\$8

PREPARED IN CANADA

FARMERS MARKET™ LEMON SQUARES
400/450 G
21216523_EA

\$6

PREPARED IN CANADA

FARMERS MARKET™ MUFFIN LEMON POPPYSEED
4'S
21639400_EA

9⁵⁰

PREPARED IN CANADA

FARMERS MARKET™ 9" LEMON MERINGUE PIE
21664315_EA

your one-stop grocery shop

\$6

QUAKER MUFFIN OR COOKIE MIX
750-900 G OR
OAT FLOUR
SELECTED VARIETIES
20431064001_EA
21674263_EA

Moredays
Members get **5,000 pts** when you buy 2

\$5 back in points

PROTEIN MUFFIN
OATMEAL CHOCOLATE CHIP
9g PROTEIN
20g FIBRE
750 g

QUAKER
ESTD 1877

\$7

TACO BELL PREMIUM KITS
SELECTED VARIETIES
401-642 G
21663420_EA
21663622_EA

TACO BELL
CHEESY DOUBLE DECKER TACO
TACO CRAWDING KIT
ADD YOUR PROTEIN
481 g

CRUNCHWRAP SUPREME
ADD YOUR PROTEIN
481 g

4⁵⁰

OLD EL PASO DINNER KITS
SELECTED VARIETIES
309-510 G
20795468_EA
20795300_EA

OLD EL PASO
DINNER KIT
FAJITA
400 g

OLD EL PASO
DINNER KIT
HARD TACO
250 g

5⁵⁰

HELLMANN'S REAL MAYONNAISE OR CHICKEN WING DIP
340-445 ML OR
PC® PICKLES 1 L
SELECTED VARIETIES
20433560001_EA
21591867_EA

HELLMANN'S
CHIPOTLE
340 mL

BREAD & BUTTER SUCRÉS
SWEET PICKLES COMBINATION SUCRÉS
PRODUCT OF INDIA-PRODUIT D'INDE
500 mL

\$2

SWISS CHALET CANNED GRAVY
SELECTED VARIETIES
284 ML
21080164_EA
21080165_EA

SWISS CHALET
Hot chicken sandwich
HOMESTYLE GRAVY
SAUCE
STYLE MAISON
pour hot chicken
284 mL

DIPPING SAUCE À TREMPETTE
284 mL

SAVE 98¢ WHEN YOU BUY 2

2/\$5

OR \$2.99 EA.

NO NAME® CANNED FRUIT
SELECTED VARIETIES
398 ML
20618836_EA
20628585001_EA

fruit cocktail
in mixed fruit juice from concentrate
CHOICE OF FRUIT
398 mL 14 fl oz

clingstone peach slices
in juice from concentrate
GRADE 1
14 fl oz

4⁵⁰

PC® PICKLES
SELECTED VARIETIES
500 ML
20074106_EA
20324478_EA

PC® PICKLES
HOT & ZESTY PIQUANTS
PRODUCT OF INDIA-PRODUIT D'INDE
500 mL

BREAD & BUTTER SUCRÉS
SWEET PICKLES COMBINATION SUCRÉS
PRODUCT OF INDIA-PRODUIT D'INDE
500 mL

2⁷⁵

NO NAME® WAFFLES
SELECTED VARIETIES
FROZEN
8'S
20316375001_EA
20316375002_EA

no name®
blueberry waffles
Simple
280 g

no name®
original waffles
Simple
280 g

\$4

HARDBITE POTATO CHIPS
SELECTED VARIETIES
150 G
20370855001_EA

Hardbite
HANDCRAFTED-STYLE CHIPS
CROUSTILLES STYLE ARTISANAL
150 g

ALL NATURAL
Nothing Artificial
Non-délicieux
NATURE
GF
150 g

SAVE UP TO \$1⁵⁰

Moredays
Members get **1,000 pts** when you buy 2

\$1 back in points

\$7

DR OETKER SUPREMA 475-520 G
OR **GIUSEPPE STUFFED CRUST PIZZA** 685-771 G
PIZZA OR HIGH LINER FISH OR SHRIMP 315-700 G
SELECTED VARIETIES
FROZEN
20303200001_EA
21649640_EA

suprema
SALAME ROMANO
407 g

FISH STICKS
Crispy Breaded
700 g

SAVE \$2⁹⁸ WHEN YOU BUY 2

Moredays
Members get **5,000 pts** when you buy 4

\$5 back in points

2/\$11

OR \$6.99 EA.

HEALTHY CHOICE STEAMERS OR SIMPLY ENTRÉES
SELECTED VARIETIES
FROZEN
255-306 G
20318160005_EA
20974539_EA

Healthy Choice
Grilled Chicken Marinara
255 g

Simply Entrées
Poulet grillé marinara
255 g

\$6

MCCAIN DEEP 'N DELICIOUS CAKES 510 G OR
PC® CHOCOLATE COVERED FRUIT 200 G
SELECTED VARIETIES
FROZEN
20310132002_EA
21544055_EA

Milk Chocolate
Chocolat au lait
STRAWBERRIES-FAISIES
200 g

Deep'n'Delicious
CAKES
200 g

\$4

CHAPMAN'S MARKDALE CREAMERY ICE CREAM 2 L
OR **COLLECTION NOVELTIES** 6/8'S
SELECTED VARIETIES
FROZEN
20315236001_EA
20323757001_EA

CHAPMAN'S
CANADIAN-SANDEENNE
Collection
Ice Cream
2 L

MARKDALE CREAMERY
ICE CREAM - CRÈME GLACÉE
Vanilla
2L

\$6

SCHNEIDERS® BREAKFAST BITES OR SANDWICHES
SELECTED VARIETIES
FROZEN
204-288 G
21623187_EA
21623288_EA

SCHNEIDERS
Breakfast Bites
Bouchées déjeuner
204 g

SCHNEIDERS
Fast Sandwiches
232 g

16⁹⁹

BUDWEISER ZERO NON-ALCOHOLIC BEER
SELECTED VARIETIES
12X355 ML
21295370_C12

Budweiser
ZERO
FULL-FLAVOURED ZERO ALCOHOL BEER

\$9

FERRERO ROCHER OR COLLECTION HEART
8'S
20131802001_EA
20718470_EA

FERRERO ROCHER
Collection
Heart
8'S

FERRERO COLLECTION
Heart
8'S

SAVE \$1⁰⁸ WHEN YOU BUY 2

2/5⁵⁰

OR \$3.29 EA.

HERSHEY'S CHOCOLATE BARS
SELECTED VARIETIES
90-120 G
20683743_EA
21452986_EA

HERSHEY'S
COOKIES 'N' CREME
100 g

Reese's
BAR BARRE
100 g

\$5

OASIS 100% JUICE BLENDS
SELECTED VARIETIES
8X200 ML
20944313_EA
21004459_EA

OASIS
Hydra Fruit
8 X 200 mL

\$10

ROYALE BATHROOM TISSUE
12 DOUBLE ROLLS OR
FACIAL TISSUE 6'S
SELECTED VARIETIES
21363770_EA
21618478_EA

Royale
Velour
12 Double Rolls
24

Royale
Original
soft touch
24

\$21

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24-72 ROLLS
21818945_EA
21443648_EA

Cashmere
Ultra
24 Double Rolls
72

\$22

PURINA ONE CAT FOOD
SELECTED VARIETIES
3 KG
21235341_EA

PURINA ONE
INDOOR ADVANTAGE
3 kg



DIGITAL COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

**CLICK FOR THESE
COUPONS AND MORE**



6,000 points

**When you spend \$40
or more on fresh fruits
or vegetables**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or more
on meal kits, sandwiches,
prepackaged salads,
cold case salads, soups,
pizza, quiches, pies or wings**

Ends on February 4th, 2026



5,000 points

**When you spend \$20
or more on deli meat &
cheese, selected varieties
and sizes**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or
more on Pet Department,
includes pet food, treats,
toys & supplies**

Ends on February 4th, 2026



5,000 points

**When you spend \$30 or
more on vitamins and
supplements**

Ends on February 4th, 2026



1,500 points

**PC® Pacific large white shrimp
raw or cooked peeled or raw
Zipperback® 31-40 per lb 400 g or
SeaQuest® whole tilapia 1.36 kg or
whole pompano 800 g frozen**

Ends on February 4th, 2026



500 points

**Life Brand
liquid hand soap
340 mL**

Ends on February 4th, 2026



\$2 off

**no name® flour
selected varieties
10 kg**

Ends on February 4th, 2026



1,000 points

**When you buy 2 or more
no name® tomatoes
selected varieties
796 mL**

Ends on February 4th, 2026

live well, spend less

SAVE UP TO

20%

DOVE BODY WASH 905/950 ML OR BAR SOAP 12X106 G
SELECTED VARIETIES
\$13-17
21220383_EA/21436871_EA



4⁵⁰

LIMIT 6
AFTER LIMIT
5.99 EA.

NIVEA BODY WASH
500 ML OR DEODORANT
ROLL-ON 50 ML OR
ANTIPERSPIRANT 51/52 G
SELECTED VARIETIES
20321421004_EA/21169899_EA



SAVE UP TO

15%

IVORY BODY WASH
OR BAR SOAP
SELECTED VARIETIES
AND SIZES
3.69-7.20
21432577_EA
20860346002_EA



5⁵⁰

LIMIT 6
AFTER LIMIT
5.99 EA.

CREST TOOTH PASTE
63-200 ML, SCOPE
PRO HEALTH
OR KIDS 500 ML
MOUTHWASH OR
ORAL-B MANUAL
TOOTHBRUSH 1'S OR
FLOSS PICKS 75'S
SELECTED VARIETIES
21506728_EA/1568343_EA



6⁵⁰

LIMIT 6
AFTER LIMIT
7.49 EA.

SENSODYNE
OR PRONAMEL
TOOTH PASTE
SELECTED VARIETIES
110/135 ML
20247931002_EA
20432268002_EA



\$6

LIMIT 6
AFTER LIMIT
8.49 EA.

LISTERINE
CLASSIC 1 L OR
KIDS 500 ML
MOUTHWASH
SELECTED VARIETIES
20348438001_EA
21356391_EA



2/\$8
OR
\$5.49 EA.

DEGREE BAS
ANTIPERSPIRANT
SELECTED VARIETIES
48-85 G
20296452001_EA
20303942001_EA



SAVE UP TO \$2.49

\$5

AXE BODY SPRAY 113 G,
DEODORANT 76/85 G OR
BODY WASH 473 ML
SELECTED VARIETIES
21042562_EA/21336066_EA



3⁵⁰

LIMIT 6
AFTER LIMIT
4.29 EA.

COLGATE PREMIUM
ADULT AND KIDS
TOOTH PASTE 70-150 ML OR
COLGATE MANUAL
TOOTHBRUSH EA.
SELECTED VARIETIES
20697448001_EA/21166685_EA



5⁵⁰

DOVE HAIRCARE
SELECTED VARIETIES
AND SIZES
21018398_EA/21644833_EA



5⁵⁰

HAIR EXPERTISE
OR WHOLE BLENDS
SHAMPOO OR
CONDITIONER
SELECTED VARIETIES AND SIZES
20941723_EA/21647282_EA



Members get
6,000 CPs
when you
spend *\$15* on

\$6
back in points

NICE'N EASY,
NATURAL INSTINCTS
OR COLOR STRONG
HAIR COLOUR
SELECTED VARIETIES
21082577_EA/21165379_EA



\$9

OGX, MAUI OR
AVEENO HAIR CARE
SELECTED VARIETIES AND SIZES
20846852_EA/21165324_EA



SAVE UP TO

15%

OLAY SUPER SERUM,
REGENERIST MOISTURIZERS
OR TREATMENTS
SELECTED VARIETIES AND SIZES
21236887_EA



SAVE UP TO

20%

AVEENO
BODY LOTIONS
SELECTED VARIETIES
AND SIZES
20102023003_EA
20301106_EA



live well, spend less

SAVE UP TO

20%

NEW NORDIC 30-60'S OR
IRON KIDS CHILDREN'S
60-120'S VITAMINS
OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21707937_EA/20431749001_EA



SAVE UP TO

25%

LIFE BRAND VITAMINS
OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21286148_EA/21138896_EA



SAVE UP TO

20%

BOOST READY TO
DRINK SHAKES
SELECTED VARIETIES
AND SIZES
20986361_C06
20990880_C06



SAVE UP TO

15%

RESTORALAX
POWDER
119-765 G,
RESTORALAX
FIBRE
GUMMIES
30-140'S
SELECTED VARIETIES
AND SIZES
20159213_EA
21380900_EA



\$16

ALEVEX OR ASPIRIN
CAPLETS, TABLETS,
GELS OR CHEWS
SELECTED VARIETIES AND SIZES
21362248_EA/21532770_EA



SAVE UP TO

15%

LIQUID I.V. HYDRATION
MULTIPLIER SACHETS
SELECTED VARIETIES AND SIZES
21592444_EA/21592485_EA



SAVE UP TO

20%

U BY KOTEX
TAMPONS
SELECTED VARIETIES
AND SIZES
21291897_EA
21291969_EA



\$15

ALWAYS PADS
26-62'S OR LINERS
116-216'S OR TAMPAX
TAMPONS 38-50'S
SELECTED VARIETIES
AND SIZES
21374646_EA
21606690_EA



\$18

TENA
UNDERWEAR
OR BRIEFS
SELECTED VARIETIES
AND SIZES
21033778_EA
21099261_EA



78⁹⁹

ENFAMIL A+ NEUROPRO OR
GENTLELEASE READY TO FEED
FORMULA SELECTED VARIETIES
18X 237 ML
21590060_EA/21590568_EA



4/\$5
OR
1.49 EA.

PC ORGANICS
BABY FOOD POUCH
SELECTED VARIETIES
128 ML
21056742_EA
20651248002_EA



\$4

BABY GOURMET
ORGANIC
PUFFIES, BARS OR
CRUNCHY CROCS
BABY SNACKS
SELECTED VARIETIES
35-90 G
21444273_EA
21672201_EA



34⁹⁹

HUGGIES ECONO
PACK DIAPERS
SELECTED VARIETIES
SIZE N-7, 60-200'S
21456492_EA
21456748_EA



36⁹⁹

PULL-UPS ECONO PACK
TRAINING PANTS
SELECTED VARIETIES
66-104'S
21021423_EA
21021427_EA



59⁹⁹

SIMILAC 360
TOTAL CARE
INFANT FORMULA
LARGE TUBS
SELECTED VARIETIES
859 G
21697863_EA
21697886_EA



JANUARY 29 - FEBRUARY 11

LAST CHANCE TO

SAVE BIG

WITH

**FEWER
STAMPS**

**Supplies
are
limited!**



Double Redemption

~~**40**~~ **20** =
stamps

**Any two pieces
of Ovenware for
60%-80% off each!**

COLLECT & SAVE! BIG

Offer available for redemption in-store and online at participating Loblaw banner stores until February 11, 2026. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Stamps have no cash value and are non-transferrable. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales are final. Ovenware is under warranty for 2 years from date of purchase. For full warranty information including warranty exclusions, product replacement process, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.

START YOUR

ACTIVIA®

GUT HEALTH CHALLENGE

21

ACTIVIA EVERY DAY

14

DAYS

Optimum™

\$3

back in points

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent in Activia products*

get entered to win**

10 MILLION pts

That's like

\$10,000!

NEW

\$4

Activia® Expert - 4 x 100 g
21688261_EA/21687900_EA

NEW

\$6.50

Activia® Expert - 750 g
21688207_EA

\$7.50

Activia® - 12 x 100 g
20303412001_EA

\$4.50

Activia® - 650 g
20325132003_EA

\$7

Activia® - 8 x 93 mL
21520253_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026.

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**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion Fortinos, Loblaws, Maxi, No Frills, Provigo Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit www.pcoexpress.ca/pcocontest-danone.

PACK YOUR MORNING WITH PROTEIN

19G OF PROTEIN*

\$7.25

Oikos® - 650 g, 750 g
21305945_EA

3/\$12

Oikos® - 4 x 95 g, 4 x 100 g
20625055_EA
20419715001_EA

\$3.50

Oikos® Pro™ - 300 mL
21651846_EA

*As part of a complete breakfast and balanced diet. Per 175 g serving.

10-HOUR BREW

BOLD AND SMOOTH TASTE

\$7.50

Stok® - 142 L
21203737_EA/21203739_EA

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YOU COULD WIN A \$25,000 ICELAND SPA ESCAPE

ENTER TODAY!

BUY
 SNAP
 UPLOAD TO ENTER

NEW

\$7

siggis® SKYR YOGURT
650 - 750 G
SELECTED VARIETIES
21553804_EA

NEW

\$4.50

siggis® SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21651974_EA/21589925_EA

*No Purchase necessary. Correct answer to skill-testing question required from potential winners. Contest starts on Dec 16, 2025, at 12:00:01 a.m. Eastern Time (EST) and ends on March 12, 2026, at 11:59:59 p.m. ET. There is one (1) Grand Prize available to be won by random draw, consisting of a \$25,000 CAD cash prize. One form of entry for your chance to win is to purchase any Participating Product, submit the purchase receipt, and complete the entry form at www.siggiscontest.ca. For all participating products and full rules, including no purchase entry details, visit: www.siggiscontest.ca. Odds of winning the Prize depends on the number of eligible entries received. Contest is open to Canadian residents in Canada who have reached the age of majority in their province or territory at the time of entry. ©2026 Lactalis Canada. All rights reserved. Trademarks owned or used under license by Lactalis Canada, Toronto ON, M9C 5J7.

NEW

\$3.75

iöGO CREAMY DUOS YOGURT, 650 G
SELECTED VARIETIES
21659444_EA

\$9

iöGO CREAMY, 0% OR LACTOSE-FREE YOGURT, 16 X 100 G
SELECTED VARIETIES
20609583001_EA/216622847_EA

\$11

iöGO CREAMY YOGURT 2 KG
SELECTED VARIETIES
20636092_EA

\$3.25

iöGO nano DRINKABLE YOGURT 6 X 93 ML
SELECTED VARIETIES
21690945_EA/2060660700_EA

\$6

ASTRO BLAKAN YOGURT 12 X 100 G
SELECTED VARIETIES
2030507001_EA

\$4.50

ASTRO BLAKAN YOGURT 750 G
SELECTED VARIETIES
201952260100_EA/2019533001_EA

Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

beef meatballs plain
21587897_EA

beef stir fry strips cut from Canada AA grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

fontaine santé

PREPARED IN CANADA

FUEL YOUR OLYMPIC WATCH PARTY!

\$4

Traditional Hummus 260 g
20501132_EA

\$4

Chili-Spiced Hummus 283 g
21667282_EA

\$4

Greek Olive Hummus 283 g
21669685_EA

ONT ONLINE 6

TASTE OF SUPER BOWL

Tostitos
LOADED NACHOS
NACHOS GARNIS

PEPSI
ZERO SUGAR / SUCRE

bubly
sparkling water
raspberrybubly

Tostitos PEPSI
OFFICIAL SPONSORS
OF SUPER BOWL LX

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PEPSI

Ruffles
ALL DRESSED
ASSAISONNEES

30 piece wings & wedges bucket
(1.2 - 2 KG, 21541872_EA)

PEPSI

Farmer's Market
Mini Cupcakes 12'S
(selected varieties, 21643619_EA)

BUY ALL FOUR FOR \$28:

+ PepsiCo Beverages
(1 L, selected varieties 20040201001_EA)

+ Ruffles® potato chips or Doritos® tortilla chips
(180 - 235 G 21241052_EA)

+ Farmer's Market Mini Cupcakes 12'S
(selected varieties, 21643619_EA)

ELEVATE YOUR KOMBUCHA

Rise
ORGANIC • BIO
Kombucha

28
SUGAR
2025

ORGANIC • BIO
Kombucha

28
SUGAR
2025

PEACH & MANGO
Pêche & Mangue

KIWI & PINEAPPLE
Kiwi & Ananas

414 mL

ORGANIC • BIOLOGIQUE

\$4

Rise Kombucha
414 mL
21439309_EA/21295362_EA

CANADA'S FAVOURITE KOMBUCHA

Ben's Original
Bistro EXPRESS™

JASMINE RICE
RIZ JASMIN

ROASTED CHICKEN FLAVOUR WITH WILD RICE
SAVOUR DE POULET RÔTI AVEC RIZ SAUVAGE

Heat, Plate & Celebrate

Keep Traditions Simple With Flavour Worth Sharing

Ben's Original
Bistro EXPRESS™

JASMINE RICE
RIZ JASMIN

BEN'S ORIGINAL™ BISTRO EXPRESS™
(240-250 g)
selected varieties
21405472_EA

3/10⁵⁰

OR \$4.49 EA.

Ben's Original
CONVERTED

BEN'S ORIGINAL™ CONVERTED Long Grain Rice
(2.2 kg)
selected varieties
21535549_EA

\$9

BEN'S ORIGINAL™ Basmati & Jasmine Rice
(1.6 kg)
selected varieties
21397550_EA

\$10

Serving suggestion.
© 2026 Mars or Affiliates.

TRUSTED SOFTNESS, BETTER TEAR

*vs. leading US 1-ply bargain brand

NEW

Charmin
Ultra Soft
Ultra Doux

Smooth Tear
Se détache en douceur

\$18

Charmin
Bath Tissue, 12=48 roll, soft,
21707532_EA

Cleans Better

\$18

Charmin
Bath Tissue,
12=48 roll, strong,
21636641_EA

*vs. Leading Canada 2-ply bath tissue

Charmin
Ultra Strong
Ultra Résistant

Cleans Better
Nettoie mieux

+50% MORE ABSORBENT

*vs. leading ordinary brand.

\$18

Bounty
Paper Towel,
Select A Size, 6=12 roll,
21670280_EA

Bounty
The Quicker Picker Upper

THICKER AND MORE ABSORBENT*

*vs. the leading US 2-ply napkin

\$11

Bounty
Napkin 400's,
21053171_EA

Bounty
Napkins

The Quicker Picker Upper

© 2026 P&G

Mobile

Mobile that doesn't break the bank.

Plans starting from \$20/month