

\$2.49 /LB
With Card

Pork Shoulder Roasts
Bone-In

9.99 /LB With Card
-3.00 /LB
DIGITAL COUPON OFFER
\$6.99 /LB

Boneless Chuck Roasts or Steaks
Value Pack, Limit 5

Fresh Heritage Farm Chicken Drumstick or Thighs
Bone-In
\$1.29 /LB
With Card

EARN **4X** FUEL POINTS
with digital coupon*

On **FRIDAY** purchases

Scan here or visit
FredMeyer.com/FuelEvent
to download coupon.
*Exclusions apply.
See coupon for details.

Taylor Farms Salad Kits
7-13.5 oz
\$3.49 With Card

3 DAY SALE
SATURDAY - MONDAY ONLY

Hormel Bacon
Select Varieties,
9.3-16 oz
\$4.49 With Card

Kroger Tortilla Chips
Select Varieties,
9.75-13 oz, Limit 6 Packages
2/\$4 With Card

Premier Protein Shakes
Select Varieties,
4-Pack, 11 fl oz,
Limit 5 Packages
\$7.99 With Card

Pepsi or 7UP
Select Varieties,
24-Pack, 12 fl oz Cans,
Limit 5 Packages
\$11.99 With Card

Prices valid in-store or for pickup orders placed on Saturday-Monday.

Red Cherries
\$4.99 /LB
With Card

Large Avocados
\$1.99 /EA
With Card

Kroger Cottage Cheese or Sour Cream
Select Varieties,
24 oz
2/\$6 With Card

Fred Meyer Milk
Select Varieties,
Gallon, Limit 2
\$3.29 With Card

Kettle Brand Potato Chips
6-7.5 oz or GT's Kombucha, 16 fl oz;
Select Varieties
2/\$7 With Card

Coca-Cola, Pepsi or 7UP
Select Varieties,
6-Pack, 16.9 fl oz Bottles,
Limit 8 Packages
Regular retail is up to \$11.99 each with Card.
2/\$11 With Card

Dave's Killer Bread Organic Bread
18-27 oz or Bagels, 5 ct;
Select Varieties
\$6.99 With Card

Dannon Oikos Greek Yogurt
Select Varieties,
4 ct
MIX & MATCH BUY 2, GET 1 of Equal or Lesser Value FREE With Card

Clif ZBar
Select Varieties,
5-6 ct
2/\$11 With Card

Bibigo or Pagoda Entrée
Select Varieties,
8.1-24 oz
MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value FREE With Card

Arm & Hammer Laundry Detergent
45.5-50 fl oz or Power Paks, 24 ct;
Select Varieties
MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value FREE With Card

Tito's 1.75 Liters or Hennessy or Grand Marnier, 750 ml; Select Varieties
\$37.99

WEEKLY DIGITAL DEALS
Use each coupon **UP TO 5 TIMES** in one transaction*

Strawberries
16 oz
\$3.99 /EA
With Digital Coupon
Price without digital coupon is up to \$5.89 each with Card.

93% Lean Ground Beef
Sold in a 3 lb Roll for \$17.97
\$5.99 /LB
With Digital Coupon
Price without digital coupon is up to \$6.99 lb with Card.
Sold in a 3 lb Roll for \$20.97

Kroger Cheese
Select Varieties,
6-8 oz
\$1.79 /EA
With Digital Coupon
Price without digital coupon is up to \$2.99 each with Card.

Barilla Pasta
Select Varieties,
12-16 oz
\$1.49 /EA
With Digital Coupon
Price without digital coupon is up to \$1.99 each with Card.



Kroger
Breaded Crunchy Butterfly Shrimp
Frozen, 32 oz

Price without digital coupon is up to \$11.99 each with Card.



\$10⁹⁹
/EA
With Digital Coupon

Private Selection
Hummus
10 oz or Deli Kitchen
Corn Tortilla Chips,
14-16 oz; Select Varieties,
In the Deli

\$3⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$5.49 each with Card.



WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these tags.



**Coca-Cola,
Pepsi or 7UP**
Select Varieties,
2 Liter
\$1⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$4.49 each with Card.



**Large
Pineapple**

Price without digital coupon is up to \$4.99 each with Card.

\$3⁴⁹
/EA
With Digital Coupon



**Mom's Best
Cereals**
11.5-16.5 oz or
Malt-O-Meal
Cereal, 16-18 oz;
Select Varieties
\$2⁴⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$3.99 each with Card.



DiGiorno
Pizza
14.14-30.3 oz or Party Size
Ruffles, 12.5-13 oz
or Tostitos, 14.5-20 oz;
Select Varieties

\$4⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$6.99 each with Card.



Miracle Whip
19-30 fl oz or
Heinz Ketchup,
32 oz; Select Varieties
\$3⁴⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$5.49 each with Card.



**Ben & Jerry's
Ice Cream**
16 fl oz or Nature Valley
Breakfast Biscuits,
10 ct; Select Varieties
\$4⁴⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$6.99 each with Card.



Dunkin' Coffee
10-12 oz Bag or K-Cups,
10 ct or Café Bustelo
Coffee, 11 oz Bag
or K-Cups, 10 ct;
Select Varieties

\$8⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$11.99 each with Card.



**Kind
Bars**
Select Varieties,
4-6 ct
\$7⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$9.99 each with Card.



**Quilted Northern
Bath Tissue**
12 Mega Rolls or
Brawny Paper Towels,
6 Double Rolls;
Select Varieties
\$10⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$12.99 each with Card.



Muscle Milk
Select Varieties,
4-Pack, 11 fl oz
\$7⁴⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$9.49 each with Card.



**Bounce
Dryer Sheets**
160 ct or Downy
Unstopables, 6.9-8.3 oz;
Select Varieties
\$5⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$7.99 each with Card.



**Tuscany
Candle**
Select Varieties,
14 oz
\$6⁹⁹
/EA
With Digital Coupon
Price without digital coupon
is up to \$7.99 each with Card.

*While supplies last.

SAVE \$1 EACH

WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more participating items with Card.



Find even more online!
Scan me to shop all participating items.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

BUY 5 OR MORE
SAVE \$1 EACH
1.99
With Card

Look for these tags.



Gatorade
Select Varieties,
8-Pack, 20 fl oz

9.49 With Card
-1.00

\$8.49
/EA*



**Zapp's
or Utz**
Potato Chips
Select Varieties,
7.75-16 oz

3.49 With Card
-1.00

\$2.49
/EA*



3.29 With Card
-1.00

\$2.29
/EA*

Progresso Soup
18-19 oz or
Hormel Chili, 15 oz;
Select Varieties



3.49 With Card
-1.00

\$2.49
/EA*

Jif
Peanut Butter
13-16 oz or Banza
Pasta, 5.5-8 oz;
Select Varieties



5.79 With Card
-1.00

\$4.79
/EA*

Zoi
Greek Yogurt

32 oz or Oatly Oatmilk,
64 fl oz; Select Varieties



6.49 With Card
-1.00

\$5.49
/EA*

Kettle & Fire
Bone Broth
Select Varieties,
16.2-16.9 oz



9.99 With Card
-1.00

\$8.99
/EA*

Kevin's Chicken
Entrées
Select Varieties,
16 oz

4.49 With Card
-1.00
\$3.49
/EA*

Darigold
Butter

Select Varieties, 16 oz



3.99 With Card
-1.00

\$2.99
/EA*

Chobani
Greek Yogurt
4 ct or
Cascadian Farm
Organic Cereal
or Granola, 9-14.6 oz;
Select Varieties



6.99 With Card
-1.00

\$5.99
/EA*

Hershey's
Unwrapped
Candy
7-9 oz or Black Forest
Fruit Snacks, 22 ct;
Select Varieties



9.99 With Card
-1.00

\$8.99
/EA*

Starbucks
Coffee
10-12 oz Bag or
K-Cups, 10 ct;
Select Varieties



6.99 With Card
-1.00

\$5.99
/EA*

Liquid Death
Sparkling Water
Select Varieties,
6-Pack,
12 oz Cans



8.99 With Card
-1.00

\$7.99
/EA*

Crest
Toothpaste
Select Varieties,
3.8-4.8 oz



7.49 With Card
-1.00

\$6.49
/EA*

Dixie
Paper Plates
or Bowls
Select Varieties,
25-90 ct

SAVE ON NATURAL & ORGANIC ITEMS



4.49 With Card
-1.00

\$3.49 /EA*

Pacific Foods Organic Soup
Select Varieties,
32 fl oz



1.99 With Card
-1.00

99¢ /EA*

Annie's Mac & Cheese
5.25-6 oz
or Core Water,
30.4 fl oz;
Select Varieties



3.49 With Card
-1.00

\$2.49 /EA*

Almond Breeze Almondmilk

64 fl oz or Planet Oat Oatmilk, 52 fl oz; Select Varieties



3.99 With Card
-1.00

\$2.99 /EA*

Simple Truth Sparkling Water
Select Varieties,
8-Pack, 12 fl oz Cans

SAVE \$1 EACH
WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more
participating items with Card.

*When you buy 5 or more participating
items in the same transaction with Card.
Participating item varieties and sizes
may vary by store.

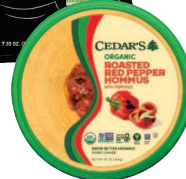
Look for
these tags.



5.49 With Card
-1.00

\$4.49 /EA*

Cedar's Organic Hommus
10 oz
or Stacy's Pita Chips,
6.75-7.33 oz;
Select Varieties,
In the Deli



5.99 With Card
-1.00

Simple Truth Organic Lunch Meat
Select Varieties,
5-6 oz

\$4.99 /EA*



Vitaminwater
Select Varieties,
6-Pack, 16.9 fl oz

6.49 With Card
-1.00

\$5.49 /EA*



7.49 With Card
-1.00

\$6.49 /EA*

Amy's Pizza
12-15.3 oz or Bob's
Red Mill Oats,
28-32 oz;
Select Varieties



8.49 With Card
-1.00

\$7.49 /EA*

Olipop Soda
Select Varieties,
4-Pack, 12 fl oz



14.49 With Card
-1.00

\$13.49 /EA*

Applegate Chicken
Select Varieties,
16 oz



4.99 With Card
-1.00

\$3.99 /EA*

Crofter's Organic Fruit Spread

Select Varieties, 16.5 oz

HOME TEAM ESSENTIALS

Find more game day
deals & recipes at
FredMeyer.com/Football



\$8.99
/LB

With Card
**Beef Flanken Style
Ribs**
Bone-In,
Value Pack



Homestyle
80% Lean
Ground Beef
8 ct

\$12
With Card



Home Chef
Chicken Wings
\$9.99
/LB
With Card

Bone-In or
Boneless, Fully Cooked;
Select Varieties, In the Deli



Lay's
Potato Chips
5-8 oz or Doritos,
9-10.75 oz or
Sunchips, 7 oz;
Select Varieties

FINAL COST
When You Buy 4

\$3.49
/EA
With Card

When you buy 4 or more in the same transaction with Card.
Quantities less than 4 are up to \$6.99 each with Card.



Sweet Baby Ray's
Barbecue Sauce
18 oz
or Kinder's Sauce,
12.5-16.9 oz;
Select Varieties

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Sensible
Portions
Veggie Snacks
Select Varieties,
3.75-7 oz

2/\$7
With Card



Kroger
Cocktail Smokies
14 oz

2/\$8
With Card



Bloom Pop
Soda
Select Varieties,
12 fl oz

2/\$4
With Card



Kroger
Peanuts
Select Varieties,
12 oz

\$1.69
With Card



Kroger
Plastic Cups
Select Varieties,
50 ct

\$4.29
With Card



Kroger
Paper Plates
Select Varieties,
48 ct

\$2.99
With Card



Crock-Pot
Cook & Carry
Slow Cooker
6-Quart

\$49.99
With Card



Coors,
Budweiser or Miller
30-Pack, 12 fl oz or
Michelob Ultra, 24-Pack,
12 fl oz Bottles or Cans;
Select Varieties,
Plus Deposit Where Applicable

\$27.99

Seasonal selection varies by store and is limited to stock on hand.



\$6

With Card
Kroger
Broccoli or
Cauliflower
Florets
24-32 oz

MIX & MATCH SAVE \$10 AN EXTRA

When you buy 2 participating Household, Baby or Pet items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.

EVERYTHING YOU NEED FROM KICK OFF TO CLEAN UP



SHOP OUR EXCLUSIVE BRANDS AND SAVE



Simple Truth
Natural 93% Lean
Ground Beef
16 oz Package

\$10⁹⁹
With Card



Kroger
Single Serve
Salad Bowls
4.75-7 oz

2/\$9
With Card

Kroger
Instant Oatmeal
3/\$6
With Card



8-12 ct or Kroger Tea,
64 fl oz; Select Varieties



Kroger
Trail Mix
30-36 oz or Simple Truth
Freeze Dried Fruit, 2 oz;
Select Varieties

\$9²⁹
With Card



Private Selection
Preserves
Select Varieties,
13 oz

\$4⁶⁹
With Card



Simple Truth
Organic Broth
Select Varieties,
32 oz

2/\$5
With Card



Simple Truth
Protein Tortilla Chips
5 oz or Kroger
Peanuts, 32-35.5 oz;
Select Varieties

\$5⁷⁹
With Card



Kroger
Ice Cream
Select Varieties,
48 fl oz

2/\$6
With Card



Kroger
Diced Tomatoes
14.5 oz or Chunk Light Tuna,
5 oz; Select Varieties

99¢
With Card

BOTTLES & BREWS



Denali, Mike's
Hard Lemonade
or Glacier Brewhouse
\$19⁹⁹

Select Varieties,
12-Pack,
11.2-12 fl oz
Bottles or Cans,
Plus Deposit
Where Applicable



10.99 EA
-10%
With Card

\$9⁸⁹
/EA*
Ménage à Trois
or Apothic
Select Varieties,
750 ml



Crown Royal,
Jameson or
Maker's Mark
Select Varieties,
750 ml

\$25⁹⁹



Denali,
Anchorage Distillery
or Alaskan
Select Varieties,
4-Pack, 12 fl oz Cans

\$13⁹⁹

*When You Buy Any 6 Participating Items with Card.



CLIP COUPON

EARN **4X** FUEL
POINTS
with digital coupon*

on Simple Truth® products

*See coupon for details.

FIND YOUR FAVORITE NATURAL ITEMS

Boulder Canyon
Chips

\$4.99

With Card

Select Varieties,
5.25-6.5 oz



Simple Truth
Almond Butter
Select Varieties,
16 oz

\$8.19

With Card



Poppi Soda
Select Varieties,
12 fl oz Cans

3/\$5

With Card



Built Puff
Protein Bars
Select Varieties,
4 ct

\$11.59

With Card



Pete & Gerry's
Organic Eggs
Large,
Grade A, 12 ct

\$6.39

With Card



Simple Truth
Beef or Turkey
Hot Dogs
Select Varieties,
10 oz

\$4.99

With Card

HOME, HEALTH & MORE!



TRESemmé
Shampoo or
Conditioner
Select Varieties,
28 fl oz

\$6.79

With Card



Vital Proteins
Collagen Peptides
Select Varieties,
10-13.51 oz

\$22.99

With Card



Comforts
Baby Food
Variety Pack
Select Varieties, 12 ct

\$8.99

With Card



Halls
Value Pack
Cough Drops
Select Varieties,
70-80 ct

\$5.79

With Card



Suave
Body Wash
Select Varieties,
18 fl oz

\$3.29

With Card



GoodCook
Meal Prep
Containers
Select Varieties,
10-Pack

\$8.99

With Card

2551_FMAAK

TB04

Honeycrisp or SugarBee Apples
\$2.99 /LB
With Card



Suja Organic Juice Drinks
2-12 fl oz
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



BIG DEAL!
BIG PACKS

\$7.99
With Card
Blueberries
18 oz



Bloom Haus January Jubilee Bouquet
\$11.99



Red Tomatoes on the Vine
\$2.99 /LB
With Card



California Cuties Seedless Mandarins
3 lb
\$5.99
With Card



GUARANTEED FRESH

MIX & MATCH
BUY 1, GET 1
FREE
of Equal or Lesser Value
With Card

Hormel Marinated Pork Loin Filets
Select Varieties, 1.5 lb



FAMILY SIZE
Bob Evans
TASTEFUL SIDES[®]
Macaroni & Cheese
SERVES 3-4

FAMILY SIZE
Bob Evans
MASHED POTATOES
Original
SERVES 4



Bob Evans Family Size Side
Select Varieties,
28-32 oz
\$5.49
With Card



Shrimp Trays
Frozen, 11-25.3 oz
or Crab Sale, Whole Cooked
Dungeness Crab, Snow Crab
Clusters or King Crab Legs,
16-22 ct; Previously Frozen
25% OFF
Tag Reflects Savings
With Card



LUNCHABLES FUN PACK!
TURKEY & AMERICAN
PEPPERONI PIZZA
12g PROTEIN



Oscar Mayer Fun Pack Lunchables
8.8- 10.7 oz
or Prime Fresh
Lunch Meat, 7-8 oz;
Select Varieties
2/\$7
With Card



Fresh Columbia River Steelhead Fillets
Farm-Raised
\$10.99 /LB
With Card



DELI & BAKERY
Order party trays, cakes and more at
FredMeyer.com/fresh

Lemon Pudding Cake
30 oz or Classic Cake,
6"; Select Varieties
\$7
With Card



Home Chef Classic Seasoned Fresh Roasted Chicken
or Other Varieties,
Fully Cooked, 2 lb
\$9.99
With Card



Private Selection Brown Sugar Ham
or Sharp Cheddar Cheese,
\$12.49 lb with Card;
Select Varieties,
Sliced to Order
or Grab & Go
\$15.99 /LB



BOTTLES & BREWS



19.99^{EA}
-10%
With Card

\$17.99 /EA*

Meiomi, Chandon or Bear Creek
Select Varieties,
750 ml



6.99^{EA}
-10%
With Card

\$6.29 /EA*

Yellow Tail or Barefoot
Select Varieties,
750 ml



15.99^{EA}
-10%
With Card

\$14.39 /EA*

La Marca, Jam Cellars or Chateau Ste Michelle
Select Varieties,
750 ml



\$17.99

Twisted Tea, Michelob Ultra or Kona

Select Varieties,
12-Pack, 12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable



Jack Daniel's
or Kahlua
\$20.99

Select Varieties,
750 ml



\$18.99

Wildness, King Street or Bearpaw

Select Varieties, 12-Pack,
12 fl oz Bottles or Cans,
Plus Deposit
Where Applicable

*When You Buy Any 6 Participating Items with Card.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

SAVE 30%

With Card

Valentine's Plush, Décor, Baking and Exchange Cards

SHARE THE LOVE WITH GIFTS FROM THE HEART

Find more sweet deals at FredMeyer.com/Valentines

Holiday Home Valentine's Day Jumbo Bear
Select Varieties, 36"

\$19⁹⁹
With Card

Valentine's Day Exchange Cards
Select Varieties

SAVE 30%
Tag Reflects Savings With Card

Holiday Home Valentine's Day Mug
Select Varieties

\$4⁹⁹
With Card

Holiday Home Valentine's Day Rolled Throw or Chenille Throw
Select Varieties

SAVE 50%
Tag Reflects Savings With Card

Fun Dip Valentines
24 ct

\$6⁹⁹
With Card

Queen Anne Cordial Cherries
Select Varieties, 6.6 oz

\$3⁹⁹
With Card

Brach's Heart Candy
Select Varieties, 12 oz

\$4¹⁹
With Card

Hershey's Candy Heart Box
Select Varieties, 6.4-6.6 oz

\$6³⁹
With Card

Lindt Gourmet Truffles
6.7 oz

\$19⁹⁹
With Card

Dove Chocolate Hearts
Select Varieties, 7.94-8.87 oz

\$5⁷⁹
With Card

Trolli or Nerds Candy Box
Select Varieties, 6 oz

\$7⁹⁹
With Card

Seasonal selection varies by store and is limited to stock on hand.