

save on foods

UNREAL
DEAL
on

6⁹⁹
lb

Chicken Breast
Fresh, Boneless,
Skinless, Warehouse
Pack, 15.41/kg

6⁹⁹
ea
First 4

7⁹⁹
ea

Purex Bathroom Tissue
15=30 Rolls
WHILE QUANTITIES LAST.

MY OFFERS
EXTRA UNREAL DEAL

LOAD DEAL

15
DOUBLE
ROLLS



WAREHOUSE
PACK
SUPER SAVINGS



NEW DEAL. BEST PRICE. EVERY WEEK.

7⁹⁹
lb

Ground Turkey
Breast
Fresh, 17.61/kg

VALUE
PACK



5⁹⁹
ea

Raspberries
Mexico or California, 340g

STARTING
FRESH

3⁹⁹
100g

Wild Sockeye
Salmon Fillet
Previously Frozen
or Frozen



BAKED
FRESH
IN STORE

1⁹⁹
ea

100% Whole
Wheat Bread
or White Bread, 567g



3\$5
for

Avocados
Mexico



30%
off

Organika Electrolytes
Sachets, Selected Varieties, 20's



BUY 1
GET 1
free*

*of equal or lesser value
Saputo Cheese Slices
Selected Varieties, 160g or 180g



3⁹⁹
ea

Breyers Creamery
Style Ice Cream
Selected Varieties, 1.41 Litres



4⁴⁹
ea

Silk Dairy-Free Beverage
Selected Varieties,
1.75 Litres or 1.89 Litres



western family™

FREE
VITAMIN

selected varieties

when you spend
\$125 or more*

SAVE UP TO

\$13



Choose one of
the following
Western Family
products:

Magnesium 250mg
Vitamin B12 1200MCG
Vitamin C 1000mg
Vitamin D 1000IU
Zinc 60mg

In store on a single transaction. Offer excludes
Lotto, tobacco, gift cards, prescriptions,
clinics, diabetes care, tickets, charities, wines,
bus passes, postage stamps, deposit & recycle
fees, rewards and taxes, where applicable.
The value of the free Western Family Vitamin
is not included in the \$125 spend threshold.
Limit of 1 per transaction. While quantities
last. Savings based on regular retail.

CANADIAN owned and operated for 110 years.

Maple leaf indicates products of Canada and products made in Canada. See actual items for details.
Prices effective Thursday to Wednesday, January 8 to 14, 2026. Offers require use of More Rewards card. Selection & availability may vary by store.

Wk02-A6

FRESH PICKS



Green Grapes
Peru, 8.80/kg



1.99
lb

Gala Apples
BC, 4.39/kg



ONLY WITH
MY OFFERS
4.99
ea
First 1
LOAD NOW

5.99
ea **Halos Mandarins**
California, 2 lb Bag

JUICY
NATURAL
RADIANT



*Broccoli: the
secret ingredient
for a hearty,
crunchy salad!*

2.99
lb

Broccoli Crowns
California, 6.59/kg



4.79
lb

Coloured Peppers
Mexico, 10.56/kg



4.99
ea

Grape Tomatoes
Canada or Mexico, 454g



5.99
lb

Cherries
Australia or
Argentina, 13.21/kg

*Premium, super
sweet cherries!*



2.99
ea

Head Lettuce
California

3.49
ea

Yellow Onions
USA, 3 lb Bag



PURELY ORGANIC PERFECTLY FRESH



6.99
ea

Organic Earthbound Salad
California, 284g



3.99
lb

Organic Cauliflower
California, 8.80/kg



3.99
ea

Organic Carrots
California, 2 lb Bag



5.99
ea

Organic Blackberries
Mexico or
California, 170g

FLORAL

24⁹⁹
ea

Gourmet Bouquet
Fresh, Seasonal



9⁴⁹
ea

Gerbera Bouquet
(3 Stems) or Germini (5 Stems)



4⁴⁹
ea

Kalanchoe
Assorted Colours,
4 Inch

FRESH MEAT



Family-sized flavour,
without the fuss!

3⁹⁹
lb

Whole Frying Chicken
Fresh, 8.80/kg



11⁹⁹
lb

Outside Round Oven Roast
Fresh, AAA Beef, 26.43/kg



TENDER
JUICY
PERFECT



5⁹⁹
lb

Pork Tenderloin
Whole, Fresh, 13.21/kg

UNCOMPROMISED QUALITY
RAISED RIGHT, TASTES GREAT

8⁹⁹
lb

Pork Back Ribs
or Tenderloin, Fresh,
Raised without
Antibiotics, 19.82/kg



ONLY
GOODNESS

5⁹⁹
lb

Chicken Drumsticks
or Thighs, Fresh, Raised
without Antibiotics, 13.21/kg



10⁹⁹
lb

Chicken Breast
or Thighs, Fresh, Boneless,
Skinless, Raised without
Antibiotics, 24.23/kg



4⁹⁹
lb

Whole Fryer Chicken
Fresh, Raised without Antibiotics, 11.00/kg



HAPPY
HOUR
WEDNESDAY

3pm – 6pm

MARINATED
CHICKEN WINGS

Prepared in store daily using premium
chicken, our ready to cook wings are
a delicious and easy go-to snack.

50¢
EA

AVAILABLE AT THE
SERVICE MEAT COUNTER.



PLENTY for \$20

Pick any 4 participating
meat products for only \$20!



SAVE UP TO 40%

on select meat products

SHOP NOW

feel good with

HEALTHIER
CHOICES

VIEW WELLNESS DEALS



TASTY DEALS



6⁹⁹
ea

Janes Breaded Chicken
Selected Varieties,
Frozen, 700g



MIX & MATCH
BUY 1
GET 1
free*

*of equal or lesser value

Olivieri Filled Pasta
(350g) or
Sauce (300 mL),
Selected Varieties



14⁹⁹
ea

Western Family Thick Cut Bacon
Naturally Smoked,
1 kg



9⁹⁹
ea

Maple Leaf Pork Tenderloin
Selected Varieties, 400g



5⁹⁹
ea

Beyond Meat Sausages
(400g) or Chicken
Tenders (226g),
Selected Varieties



7⁹⁹
ea

High Liner Breaded Fish Cakes
(700g) or Fish Sticks (550g),
Selected Varieties, Frozen

FRESH SEAFOOD

Brighten your plate with roasted asparagus and cherry tomatoes

3⁴⁹
100g



Sablefish Fillet
Frozen



MIX & MATCH
2\$²⁰
for



Western Family Prawns
Selected Varieties,
Frozen, 340g



12⁹⁹
ea

Aqua Star Tempura Shrimp
31 to 40 Count,
Frozen, 500g



10⁹⁹
ea



Salmon Village Wild Pacific Salmon Nuggets
Selected Varieties, 150g



TASTY FRESH CRISPY

FRESHLY BAKED



**CIN-FULLY
DECADENT**

swirls of joy —
like a cozy
morning hug

ONLY WITH
MY OFFERS
4⁹⁹
ea
First 4
LOAD NOW

5⁹⁹
ea Cinnamon Buns
Iced or Uniced, 480g

BAKED
FRESH
IN STORE



BAKED
FRESH
IN STORE

Calabrese Bread
450g

1⁹⁹
ea

*Calabrese bread and
Mortadella—the ultimate
family lunch hack!*



3⁹⁹
ea

Garlic Bread
Selected Varieties,
630g, Made in store



2⁹⁹
ea

Pie Slice
Selected Varieties, 250g

BAKED
FRESH
IN STORE



2⁹⁹
ea

Brioche Hamburger Buns
(Pack of 4) or Butterflake
Rolls (Pack of 8)

Click to
earn points
faster than you
can say 'buns'.
MORE REWARDS
VISA



pack
of 2 **7⁴⁹**

**Premium Strawberry
Buttermilk Triangle Cake Slices**
Selected Varieties, Pack of 2

BUTTERY LIGHT WHOLESOME

MIX & MATCH
ANY OF THESE BREAD PRODUCTS Limit 4 Free

**BUY 1
GET 1
free***

*of equal or lesser value



Wonder



PERFECTLY SLICED



3⁷⁹
100g

Tuscany Ham
or Rosemary, Fresh Sliced in Store



3²⁹
100g

**Maple Lodge
Chicken Breast**
Selected Varieties



3⁴⁹
100g

Old Style Black Forest Ham
Roasted in Store



*Light on prep,
big on flavour.*

**ONLY WITH
MY OFFERS**
8⁹⁹
ea
**First 1
LOAD NOW**



9⁹⁹
ea

**Western Family
Chicken Breast Strips**
Selected Varieties, 300g



8⁷⁹
ea

**Pep'N Cheddies
Snacks**
150g



13⁹⁹
ea

**Balderson
Cheddar Cheese**
Aged 2 Years, Truffle
or Double Smoked,
250g or 280g

TASTY SAVOURY CONVENIENT

**Western Family
Guacamole**
Avocrema or
Restaurant Style,
340g

8⁷⁹
ea



**Summer Fresh
Snack & Go
Hummus**
83g

2⁴⁹
ea



4⁹⁹
100g

new

Castellano Sheep Cheese

THE SNACK AVALANCHE CONTEST

Kiri **GoGo SQUEEZ** **Babybel**

you could win \$25,000

*** For more details visit: bel-canada.ca/en/snackavalanche.**

Babybel Mini Cheese
Selected Varieties,
120g



4⁹⁹
ea

**The Laughing Cow
Cheese**
133g



2\$⁷
for

**Go Go Squeeze
Fruit Sauce Snacks**
Selected Varieties,
4 x 90g

now available the wait is over

Discover bold, made
fresh, ready-to-eat meals
in our **NEW** hot case.



poutine

A choice of wedges, tater tots or waffle
fries topped with rich gravy and fresh
cheese curds. A Canadian classic!



taquitos

Crispy tortillas filled with a mix of tender
pulled chicken, corn, beans, bell peppers
and jalapeño cheddar cheese.



pizza slices

Hot slices of cheesy, delicious pizza, baked
fresh daily. Available in four tasty varieties—
beef taco, pepperoni, meat lovers or cheese.



pizza pretzels

Artisan pretzels coated in pizza sauce,
mozzarella cheese and pepperoni.



quesadillas

Warm flour tortillas filled with a savoury
mixture of tender pulled chicken, beans,
corn, bell peppers and melty cheese.

**\$6 daily
deals
MADE FRESH**

Stop by the
hot case every
Monday to Friday
for a hot and
tasty deal!

MONDAY
2 Pizza Pretzels

TUESDAY
5 Chicken Taquitos

WEDNESDAY
2 Pizza Slices

THURSDAY
5 Chicken Quesadilla Slices

FRIDAY
5 Chicken Tenders

Selection may vary by store.

feel good with

HEALTHIER CHOICES

Discover simple swaps, smart savings,
and everyday wellness inspiration.



20%
off

**Vega Protein +
Creatine**
Selected Varieties,
864g or 918g



3⁹⁹
ea

**Core Power
Protein Drink**
414 mL



VIEW WELLNESS DEALS

SIP, SAVOUR & SAVE



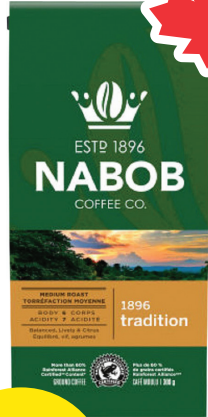
western family

COMPARE & SAVE BIG



8⁴⁹
ea

**Western Family
Premium Roast
Ground Coffee**
Selected
Varieties, 300g



9⁹⁹
ea

**Nabob
Ground Coffee**
Selected Varieties,
340g



3\$8
for

**Monster
Energy Drink**
Selected Varieties,
473 mL or 444 mL



10⁹⁹
ea

**Coca-Cola
Soft Drinks**
or Canada Dry,
Selected Varieties,
20 x 355 mL



2\$6
for

Christie Cookies
Selected Varieties,
212g or 281g



2⁴⁹
ea

**Pepperidge Farm
Goldfish Cracker Snacks**
Selected Varieties, 200g



2\$5
for

Mott's Fruitsations
6 x 104 mL



**Miss Vickie's
Potato Chips**
Selected Varieties,
200g



**Post Honeycomb
Cereal**
(400g) or
Honey Bunches
of Oats (340g),
Selected Varieties



3\$10
for

**Nature Valley
Sweet & Salty Granola Bars**
(210g), Also Fibre 1 (175g),
Selected Varieties



5⁹⁹
ea

Jif Peanut Butter
1 kg



2\$4
for

**SunRype
Juice Blend**
Selected Varieties,
900 mL

DAILY DEALS

BREAKFAST SAVES



Kellogg's Rice Krispies
(560g) or Frosted Flakes (545g),
Selected Varieties



5⁹⁹
ea

Kellogg's Mini-Wheats
Selected
Varieties, 650g



5⁹⁹
ea

Kellogg's Corn Flakes
or Raisin Bran,
Selected Varieties,
600g

More Rewards

BUY 2

EARN
500
POINTS

4⁹⁹
ea



Kellogg's Froot Loops
with Marshmallows
(315g) or Frosted Flakes
Milkshake (343g),
Selected Varieties

More Rewards

BUY 2

EARN
500
POINTS

4⁹⁹
ea



Kellogg's Vector Granola
Vanilla or Chocolate,
311g



western family

COMPARE & SAVE BIG



1⁷⁹
ea

Western Family Broth
Selected Varieties,
946 mL



2²⁹
ea

Campbell's Broth
(900 mL) or Concentrated
(250 mL), Selected Varieties

PANTRY DEALS

4\$7
for

Knorr Sidekicks
Selected Varieties, 136g



3\$10
for

Ben's Original
Bistro Express Rice
250g



3\$6
for

Campbell's Ready to Serve Soup
Selected Varieties,
515 mL



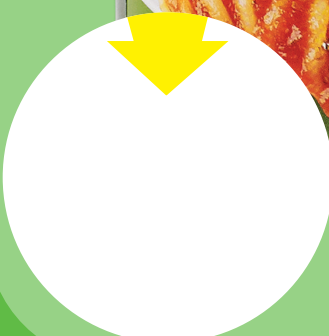
9⁹⁹
ea

Robin Hood Flour
Selected Varieties, 5 kg



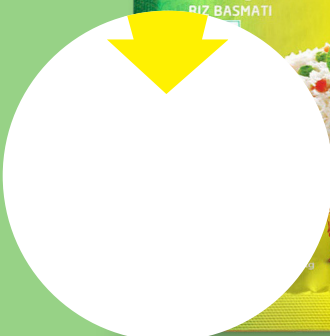
2\$6
for

Club House Organic Spices
Selected Varieties, 44g



Hunt's Thick & Rich Pasta Sauce
or Tomato Sauce,
680 mL

A WORLD OF SAVINGS



Sher Everyday Basmati Rice
8 lbs



5⁹⁹
ea

Gia Vegetable Ghee
1 Litre



4\$5
for

Cornitos Nacho Crisps
55g



4⁹⁹
ea

KFI Cooking Sauce
Selected Varieties,
375 mL

DAIRY



western family

COMPARE & SAVE BIG

3⁴⁹
ea

Western Family
Margarine
427g



3⁹⁹
ea

Becel Margarine
427g



4⁹⁹
ea

Cracker Barrel
Cheese Slices
Selected
Varieties, 240g



5⁴⁹
ea

Simply Orange Juice
or Apple, 1.54 Litres



6⁹⁹
ea

Western Family
Ricotta Cheese
500g



2⁹⁹
ea

Western Family
Greek Yogurt Dip
Selected Varieties,
227g



FROZEN



western family

COMPARE & SAVE BIG

2⁷⁵⁰
for

Green Giant
Vegetables
Selected Varieties,
Frozen, 750g



2^{\$6}
for

Cheemo Perogies
Selected Varieties,
Frozen, 907g



3⁴⁹
ea

Western Family
Tater Bites
Fried Potatoes
Frozen, 750g



4⁹⁹
ea

Healthy Choice
Simply Steamers
Entrée
Selected Varieties,
Frozen, 259g



4⁴⁹
ea

Western Family
Thin & Crispy Pizza
Selected Varieties,
Frozen, 390g



4⁹⁹
ea

Dr. Oetker
Ristorante
Thin Crust Pizza
Selected Varieties,
Frozen, 390g



YO-GOURT DEALS!



9⁹⁹
ea

Yoplait Drinkable Yogurt
15 x 93 mL



3\$¹⁰
for



Liberté Méditerranée Yogourt
(500g) or Yoplait Tubes (448g)

6⁴⁹
ea

Liberté Greek Yogourt
(750g) or Méditerranée
(900g), Selected Varieties



2\$⁸
for



Liberté Yogourt
Selected Varieties, 4 x 100g



BULK



Organic Baking Nuts
or Dried Fruit, Selected Varieties



Organic Trail Mix
or Snacking Nuts,
Selected Varieties



.89
100g

**Thompson
Dried Raisins**
Also Sultana



.89
100g

Cinnamon Hearts



2²⁹
100g

Toffee Coconut Cashews
Also Selected Varieties

new



6⁴⁹
ea

**Western Family
Grab N' Go Candy**
Selected Varieties, 600g



5⁹⁹
ea

**SunRype
Fruit to Go Strips**
15 x 14g



10⁹⁹
ea

**Western Family Whole
Natural Raw Almonds**
Selected Varieties, 500g

NATURAL

2\$7
for

**GoMacro
Macrobar**
Selected Varieties,
71g



2\$8
for

Smart Sweets
Selected Varieties,
50g



2\$9
for

PopCorners
Popcorn Snacks
Selected Varieties, 142g



**Silk Plant-Based
Yogurt Alternative**
Selected Varieties,
500g or 650g



49th Parallel Coffee
Selected Varieties, 340g

2\$9
for

**nuPasta Organic
Konjac Pasta**
Selected Varieties,
210g



5⁹⁹
ea

Yogi Tea
Selected Varieties, 16's



6⁹⁹
ea

LäraBar Energy Bars
Selected Varieties,
5 x 45g or 5 x 48g



4²⁹
ea

**Natura Rice
Organic Fortified
Rice Beverage**
Selected Varieties,
946 mL



4⁹⁹
ea

**Pacific Foods
Organic Broth**
Selected Varieties,
946 mL



6⁹⁹
ea

Just Egg Folded Egg
Plant Based, Frozen, 227g



**Angie's Boom
Chicka Pop Popcorn**
(136g) or Puffs (170g),
Selected Varieties



**Only Goodness
Canned Beans**
Selected Varieties,
540 mL



11⁹⁹
ea

**Only Goodness
Organic Coffee Pods**
Fair Trade, 12's



8⁹⁹
ea

**Only Goodness Lactose
Free Shredded Cheese**
375g



5⁹⁹
ea

**Only Goodness
Smoothie Blend**
Selected Varieties,
600g

CHEESY SAVINGS!



Daiya Plant Based Cheese
Selected Varieties, 200g or 220g



6⁹⁹
ea

Daiya Plant-Based Cheezecake Alternative
Frozen, 400g



8⁹⁹
ea

Daiya Pizza
Selected Varieties



8⁹⁹
ea

Daiya Flatbread
331g or 346g



4²⁹
ea

Daiya Dairy-Free Mac & Cheese
300g





**Delicious
by Nature**

**Start the new year
on a new path**



Nature's Path Organic Cereal
Eco Pac (907g) or Protein Granola
(284g), Selected Varieties



**5⁹⁹
ea**

**Nature's Path
Organic Granola**
(325g) or Waffles (210g),
Selected Varieties



**10⁹⁹
ea**

**Nature's Path
Organic Love Crunch
Premium Granola**
or Pumpkin Flax,
Selected Varieties,
700g or 800g



**6⁹⁹
ea**

**Nature's Path
Organic Love Crunch
Premium Granola**
(325g) or Gluten
Free (312g),
Selected Varieties



**6⁴⁹
ea**

**Nature's Path Organic
Instant Oatmeal**
(320g) or Cereal (300g),
Selected Varieties



HEALTH & WELLNESS



11⁹⁹
ea

NeoCitrان Cold Relief
Selected Varieties, 10-Pack



16⁹⁹
ea

Advil Cold & Sinus
Selected Varieties,
32's or 40's



18⁹⁹
ea

NeilMed Neti Pot
or Sinus Rinse Refill



20% off

Centrum Multivitamin Tablets
Selected Varieties



6⁹⁹
ea

Listerine Mouthwash
Selected Varieties,
1 Litre



2\$9
for

Crest Toothpaste
Also Oral-B Toothbrush,
Selected Varieties



16⁹⁹
ea

**Sperri Plant-Based
Meal Replacement**
Selected Varieties, 4 x 330 mL



8⁹⁹
ea

**Playtex Feminine
Products**
(36's), Also Carefree
(28's), Selected Varieties



15⁹⁹
ea

Advil Liqui-Gels
Also Voltaren Emulgel,
Selected Varieties



13⁹⁹
ea

Pepcid Antacid
Selected Varieties, 25's

Start your year with a visit to your pharmacist

Schedule a twice-yearly check-up with your pharmacist to review your medications, resolve any concerns, create a personalized care plan, and update your vaccination history.



[LEARN MORE](#)

BABY CORNER



36⁹⁹
ea

Huggies Mega Colossal Diapers
Selected Varieties



8⁹⁹
ea

**Huggies Natural
Care Wipes**
Selected Varieties,
3 x 56's or 192's



23⁹⁹
ea

**Nestlé Nido
1+ Nutritional
Supplement**
Milk Flavour, 850g



5\$10
for

**Love Child
Organics
Baby Food**
Selected Varieties,
128 mL



7⁹⁹
ea

**Nestlé Cerelac
Baby Cereal**
Honey & Wheat
or Apple &
Wheat, 400g



7⁹⁹
ea

**Dr. Brown's
Toddler
Dinosaur
Toothbrush**
2-Pack

PERSONAL CARE

6⁹⁹
ea

**Tresemmé
Hair Care**
(828 mL), Also Old
Spice Deodorant
(85g), Selected
Varieties



3⁹⁹
ea

Garnier Fructis Hair Care
(370 mL), Also Softsoap
Liquid Hand Soap (332 mL),
Selected Varieties



5⁹⁹
ea

**Western Family
Hand Soap Refill**
Liquid (1.65 Litres),
Also Ivory Bar Soap
(10 x 90g), Selected
Varieties



10⁹⁹
ea

Sukin Hair Care
(500 mL), Also
Garnier Nutrisse Hair
Colour, Selected
Varieties



9⁹⁹
ea

Dove Body Wash
(591 mL), Also Head
& Shoulders (613 mL),
Selected Varieties



20% off

**Neutrogena
Face Care**
Selected Varieties

Increase your chances of quitting by 30%*

NICODERM

For 24-hour support



Nicoderm Patches
Selected Varieties, 7-Pack



nicorette | 
OFFICIAL QUIT SMOKING PARTNER

Fast nicotine craving
relief to help you quit



37⁹⁹
ea

Nicorette
Selected Varieties

CLEAN SAVINGS



19⁹⁹
ea

Tide Liquid Laundry Detergent
(3.9 Litres),
Also Ivory Snow
Liquid (3.1 Litres),
Selected Varieties

19⁹⁹
ea

Tide Laundry Pods
76's



16⁹⁹
ea

Downy Scent Booster
Selected
Varieties, 680g



7⁴⁹
ea

Clorox Liquid Bleach
Original,
3.57 Litres



PURRFECT DEALS

10\$9
for

Purina Friskies Cat Food
Wet, 156g



24⁹⁹
ea

Pedigree Dry Dog Food
Selected
Varieties, 8 kg



6⁹⁹
ea

Western Family Signature Dog Treats
Selected
Varieties, 198g



7⁹⁹
ea

Glad Kitchen Garbage Bags
28's



HOUSEHOLD BUYS

2⁴⁹
ea

Palmolive Dish Soap
Ultra (591 mL), or
Regular (828 mL)



Windex Glass Cleaner
(765 mL), Also
Fantastic
Household
Cleaners (650 mL),
Selected Varieties

4⁹⁹
ea



8⁹⁹
ea

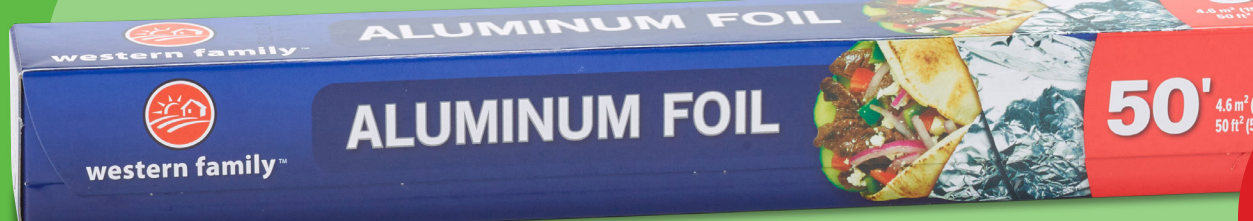
Ziploc Freezer Bags
(32's), or Sandwich (180's),
Selected Varieties



FREE
WITH 3700
POINTS REDEEMED

6⁹⁹
ea

Western Family Parchment Paper
Also Selected Varieties, 75 Feet



Western Family Aluminum Foil
Selected Varieties

FREE
WITH 1600
POINTS REDEEMED

2⁹⁹
ea

15% off

Royal Chinet Compostable Dishware
Selected Varieties



20% off

Vileda Cleaning Supplies
Selected Varieties



15% off

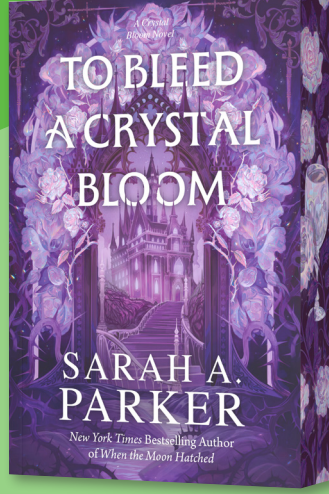
Brita Water Filtration Products
Selected Varieties



NOVEL SAVINGS

\$6 off

when you buy 3 Greeting Cards



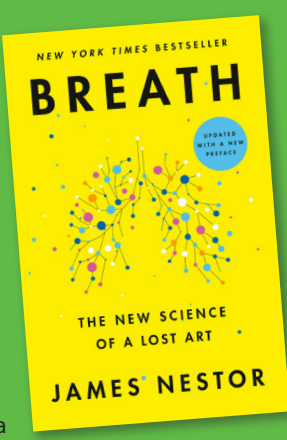
To Bleed a Crystal Bloom
Regular Retail 28.99 ea

EARN 250 POINTS

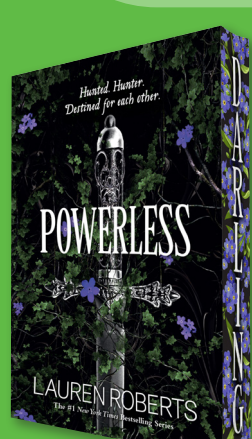
30% off

25% off

Breath
Regular Retail 27.99 ea



Powerless
Regular Retail 20.99 ea



One Good Thing
Regular Retail 25.99 ea



western family™

EARN MORE POINTS

More
REWARDS

Find great prices and EARN more points
on Western Family products.



More
REWARDS

EARN
575
POINTS

Western Family
Green Tea
or English
Breakfast, 72's



More
REWARDS

BUY
3

EARN
525
POINTS

Western Family
Evaporated Milk
354 mL



BUY
2

More
REWARDS
EARN
500
POINTS

Western Family Canned Fruit
398 mL



More
REWARDS
EARN
450
POINTS

Western Family Salsa
Selected Varieties, 650 mL



BUY
2

More
REWARDS
EARN
600
POINTS

Western Family Quick Oats
or Old Fashioned, 2.25 kg



More
REWARDS
EARN
400
POINTS

Western Family Pure Jam
500 mL

GET MORE FREE

Redeem points to get your favourite products for FREE.



More
REWARDS

FREE
WITH **3350**
POINTS
REDEEMED

Western Family Kettle Cooked Peanuts
400g



More
REWARDS

FREE
WITH **5500**
POINTS
REDEEMED

Western Family Flour
Selected Varieties, 5 kg



More
REWARDS

FREE
WITH **1000**
POINTS
REDEEMED

Western Family Sparkling Water
2 Litres



More
REWARDS

FREE
WITH **3800**
POINTS
REDEEMED

Western Family Butter
Salted, 454g



More
REWARDS

FREE
WITH **3200**
POINTS
REDEEMED

Western Family Fruity Whirls
(580g) or Bite Size Shredded Wheat
(680g)



More
REWARDS

FREE
WITH **6400**
POINTS
REDEEMED

Western Family Grapeseed Oil
750 mL

SAVE ▶ EARN ▶ FREE ▶ REPEAT

MY **MEGA** DEAL

THE BIGGEST & BEST DEAL TO
EARN POINTS

LOAD YOUR
PERSONALIZED
MY OFFERS
TO EARN
BONUS POINTS
ON YOUR SHOPS*.

LOAD TODAY

*Minimum spend required. Customers who redeem their My Mega Deal offer receive more points in addition to More Rewards base points. One My Mega Deal offer per household per promotional period.

CELEBRATE

Lohri

WITH EXTRA SAVINGS



5⁹⁹
ea

Alishaan White Basmati Rice
8 lbs



7⁹⁹
ea

Wagh Bakri Premium Pot Tea Bags
216's



8⁹⁹
ea

Phagwara Brown Sugar
10 lbs



2⁹⁹
ea

Pachranga's Pickle
1 kg



5²⁹
ea

Teja Gur Rewdi Candy
800g



2⁹⁹
ea

Teja Punjabi Peanut Gachak
400g



19⁹⁹
ea

Lehar Mustard Oil
5 Litres



34⁹⁹
ea

Verka Desi Ghee
2.5 kg



14⁹⁹
ea

Lehar Signature Assorted Sweets
2 lbs



4⁹⁹
ea

Nanak Paneer
341g



8⁹⁹
ea

Nanak Mango Rasmalai
or Plain, Frozen, 850g



3⁴⁹
ea

Nanak Dahi Plain Yogurt
750g



2⁷⁹
ea

Gia Naan
Selected Varieties, 400g



5⁹⁹
ea

Verka Cookies
Egg-Free, Selected Varieties, 2.5 lbs



3⁹⁹
ea

Verka Pound Cake
Egg-Free, Selected Varieties, 400g



2⁹⁹
ea

Frontier Roti
Selected Varieties, 500g

