



If it's not
fresh,
it's free.

**HOT
DEAL**
4⁴⁸

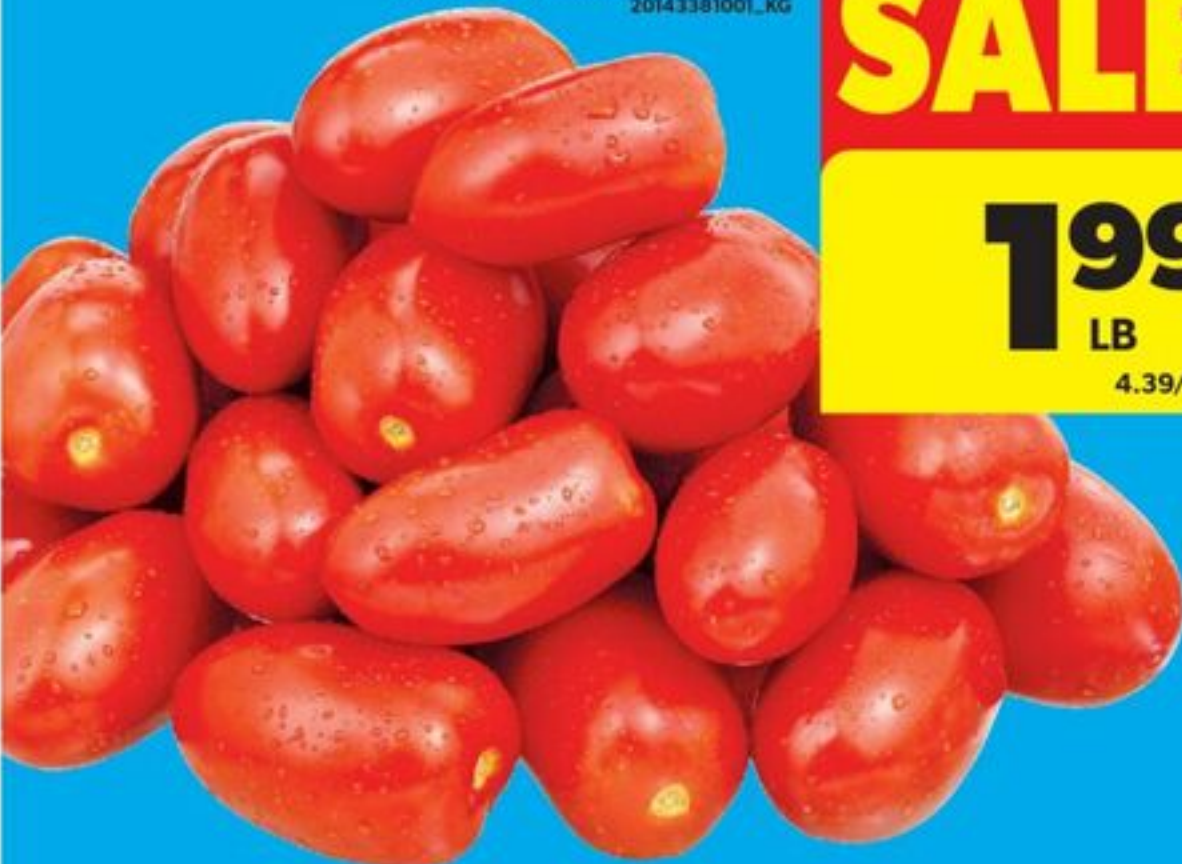
BLUEBERRIES
PRODUCT OF MEXICO, PERU,
CHILE OR MOROCCO, CLUB SIZE
20338666001_EA



510 G

BULK ROMA TOMATOES
PRODUCT OF CANADA OR MEXICO
20143381001_KG

SALE
1⁹⁹
LB
4.39/KG



SALE
3⁹⁴

PC® WHOLE WHITE MUSHROOMS
PRODUCT OF CANADA, 454 G
20738571_EA



**CLUB
SIZE**



**HOT
DEAL**
6⁹⁹

COSMIC CRISP APPLES
PRODUCT OF U.S.A. US FANCY
GRADE, 5 LB, CLUB SIZE
21465186001_EA



SALE
9⁸⁸

**RED MANGO
CASES**
PRODUCT OF PERU
21047849_C01



**9 LB
AVERAGE**



President's Choice.

Our top picks this week

SALE

2⁵⁰

**PC® KETTLE COOKED OR RIPPLED
KETTLE COOKED OR WORLD OF FLAVOURS
POTATO CHIPS**
SELECTED VARIETIES, 200 G
21315959_EA/21422931_EA



2⁹⁹

**LIMIT 4
OVER LIMIT PAY
3.49 EA**

**PC® SALAD DRESSING
OR CROUTONS**
SELECTED VARIETIES
475 ML/140 G
20628488001_EA/20796248001_EA



3⁴⁹

**LIMIT 4
OVER LIMIT PAY
4.50 EA**

PC® OR BLUE MENU® ENTRÉES
SELECTED VARIETIES, FROZEN, 212-365 G
20312253001_EA/20987543_EA



4⁵⁰

**LIMIT 4
OVER LIMIT PAY
5.50 EA**

PC® THE DECADENT® COOKIE
SELECTED VARIETIES, 300 G
20612257_EA/20612260_EA



19⁹⁹

**LIMIT 4
OVER LIMIT PAY
22.99 EA**

PC® BATHROOM TISSUE
30=100 ROLLS, CLUB SIZE
21450846_EA



**30=100
ROLLS**



DEAL DROP

Limited-time deals on PC® home & more.

SAVE 4.00
\$15

PC® TRITAN FOOD STORAGE SET
12-PIECE
21109312_EA

PREPARED IN CANADA

REAL CANADIAN SUPERSTORE
PROUDLY CANADIAN

CLUB SIZE

PORK SIRLOIN, CENTER AND RIB END COMBO CHOPS
21618256_KG

SALE
2.99
LB
6.59/KG

SALE
6.88
LB
15.17/KG

BONELESS SKINLESS CHICKEN BREAST OR HALAL BONELESS SKINLESS CHICKEN BREAST
FRESH
20028450_KG

INCLUDES HALAL

CLUB SIZE

\$3

LIMIT 4
OVER LIMIT PAY 4.00 EA

SILK CHILLED NON-DAIRY BEVERAGES
SELECTED VARIETIES, REFRIGERATED, 1.74-1.89 L
20308979_EA/20315090001_EA

UNSWEETENED
8 1/2" protein soy
UNSWEETENED
1.89 L LACTOSE & DAIRY-FREE

Silk Almond
ORIGINAL
1.89 L LACTOSE & DAIRY-FREE
Delicious & Natural Taste

SALE
9.88

NO NAME® FLOUR
SELECTED VARIETIES, CLUB SIZE
20022248_EA/20306865_EA
*Open your PC Optimum™ app or visit proptimum.ca to get the offer.

GET 2,000[®] \$2 back in points

CLUB SIZE

all-purpose flour
enriched and pre-sifted
Simple

CLUB SIZE

unbleached all-purpose flour
enriched and pre-sifted
Simple

10 KG

APP EXCLUSIVE OFFER[†]

PREPARED IN CANADA

1.50

LIMIT 4
OVER LIMIT PAY 1.99 EA

GREEN GIANT VEGETABLES
SELECTED VARIETIES, 341/398 ML
21021224_EA/21021485_EA

Green Giant Niblets
1.89 L LACTOSE & DAIRY-FREE
20065285_EA/21551608_EA

Green Giant Peaches & Cream
1.89 L LACTOSE & DAIRY-FREE
21021224_EA/21021485_EA

FREE

WHEN YOU SPEND \$300 OR MORE
in a single transaction, in-store or through PC Express™ online pickup or delivery

UP TO \$25 VALUE

PC® 3 PIECE PORTION PREPPER CUBES
21685999_EA

SALE
2.98

COUNTRY HARVEST BREAD 600/650 G OR BAGELS 6'S
SELECTED VARIETIES
21178571_EA
21693323_EA

COUNTRY HARVEST 14 GRAINS + PROTEIN 12.5
COUNTRY HARVEST EVERYTHING TOUT EARN

SALE
3.88
LB
8.55/KG

WHOLE GOLDEN POMPANO, MILK FISH OR WILD PINK SALMON
FROZEN
20066381_KG/2019071_KG

Members-Only Price
5.98
Non-members **7.50**

MAPLE LEAF NATURAL SELECTIONS
175 G OR SCHNEIDERS 150-175 G OR FANTINO & MONDELLO 100-200 G, SLICED DELI MEAT
SELECTED VARIETIES
20065285_EA/21551608_EA
** Must be a registered PC Optimum™ member to load and get this offer.

Members save \$152

FANTINO & MONDELLO PEPPERONI
NATURAL SELECTIONS
PREPARED IN CANADA

12.68

LIMIT 4
OVER LIMIT PAY 17.99 EA

DAN-D PAK CASHEWS
SALTED OR UNSALTED
20314862001_EA/20314862002_EA

908 G

SALE
\$7

PC® ORANGE JUICE
SELECTED VARIETIES, REFRIGERATED, 2.5 L
21531644_EA/21531646_EA

PREPARED IN CANADA

19.99

LIMIT 4
OVER LIMIT PAY 24.99 EA

PC® GROUND COFFEE
SELECTED VARIETIES, 800-930 G
21393374_EA/21668446_EA

GOURMET Light ROAST
GOURMET West Coast DARK ROAST

2.99

LIMIT 4
OVER LIMIT PAY 4.49 EA

MCCAIN SUPERFRIES OR SPECIALTY POTATOES
SELECTED VARIETIES, FROZEN, 454-800 G
20324328002_EA/20799522_EA

Tasti Taters
Superfries

22.99

LIMIT 4
OVER LIMIT PAY 32.99 EA

CHARMIN BATHROOM TISSUE
21707641_EA
21717627_EA

24 = 96 ROLLS

\$5

LIMIT 6
OVER LIMIT PAY 5.99 EA

DOVE BAR SOAP
3X106 G, BODY SOAP 325 ML, BASE DEODORANT 45/74 G, SHAMPOO OR CONDITIONER 355 ML OR STYLING 142-198 G/195 ML
SELECTED VARIETIES
21220717_EA/21018398_EA

AD MATCH

We match prices* so you can just shop!
*SEE FLYER LEGAL FOR DETAILS

Flyer prices effective from Thursday, January 22nd to Wednesday, January 28th, 2026

ALWAYS LOW PRICE

Find set prices on everyday items.

ALWAYS
LOW PRICE

\$2

SANTOSH NAAN
SELECTED VARIETIES, 5'S
21671462_EA

ALWAYS
LOW PRICE

\$4.50

HAPPY DAIRY PANEER
SELECTED VARIETIES, 300 G
21343632_EA

ALWAYS
LOW PRICE

\$4

SURAJ OKRA
SELECTED VARIETIES
FROZEN, 1 KG
20379701_EA

ALWAYS
LOW PRICE

\$10

SURAJ BASMATI RICE
20438931_EA

JANUARY

**HIT
OF THE
MONTH**

**CATELLI SMART OR
WHOLE GRAINS PASTA**
SELECTED VARIETIES, 340/375 G
20299819008_EA/20527060_EA



KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES, FROZEN, 8'S
20323436001_EA



**JANES COSMIC
CHICKEN NUGGETS**
FROZEN, 500 G
21717211_EA



**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
Valid from January 1 - January 31, 2026. While quantities last. See in-store for details.

HOT DEALS

\$1

TIM HORTONS TOMATO, CHICKEN NOODLE OR VEGETABLE CONDENSED SOUP
SELECTED VARIETIES, 284 ML,
MARS CHOCOLATE BARS
SELECTED VARIETIES, 37-52 G,
WHISKAS CAT FOOD
SELECTED VARIETIES, 75 G
21649167_EA/21648185_EA
20638810_EA/20695204_EA
20945097_EA



\$2

CLARK GOURMET BAKED BEANS
SELECTED VARIETIES, 398 ML,
OR MAPLE LODGE CHICKEN WIENERS OR ZABIHA HALAL CHICKEN WIENERS
SELECTED VARIETIES, 450 G,
HERSHEY'S KING SIZE BARS
SELECTED VARIETIES, 62-85 G
21663655_EA/21666180_EA/20062715_EA
20581714_EA/21689706_EA



\$3

THE LAUGHING COW CHEESE DIPPERS 140 G
OR CHEESE 133 G
SELECTED VARIETIES
20319107_EA/21201454_EA



\$4

NO NAME COOKIES
SELECTED VARIETIES, 907 G,
EXCEL GUM BOTTLES
40/60'S OR 5 GUM 35'S
SELECTED VARIETIES
20318678001_EA/20318678002_EA
21220865_EA/21708685_EA



\$5

NO NAME POTATO CHIPS
CLUB SIZE, SELECTED VARIETIES, 750 G,
PUCK HALLOUMI 180 G OR
TRE STELLE HALLOUMI 200 G,
NO NAME SAUSAGE CHUBS
SELECTED VARIETIES, 500 G,
CRACKER BARREL NATURAL CHEESE SLICES 200-240 G OR
AMOOZAI CHEESE TWISTS 228 G
SELECTED VARIETIES
200610972_EA/20622128002_EA/213550800_EA/21586261_EA
20015818_EA/21290705_EA/21403514_EA



*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a free PC® 3 piece Portion Prepper Cubes. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$25.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item 21720332_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and may not be available in all stores.** No rainchecks OR substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Coupons must be presented and redeemed at time of purchase. Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Some items may have "plus deposit and environmental charge" where applicable. ©/™The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. ©2026 Loblaw's Inc. ***We match prices:** Applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. **WE RESERVE THE RIGHT TO LIMIT QUANTITIES** (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). We will not match: competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. No cash value. See pcoptimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours.

OUR BRANDS MADE BY US FOR ALL BUDGETS.



President's Choice

no name®

FARMER'S MARKET
DÉLICIES DU MARCHÉ

SeaQuest

Ziggy's

\$8

NO NAME® NATURALLY IMPERFECT™ APPLES
CLUB SIZE, PRODUCT OF WESTERN PROVINCES
CANADA NO. 2 GRADE
20868985001_EA



6 LB



5⁹⁹

FARMER'S MARKET™ GRAPE TOMATOES
PRODUCT OF CANADA, MEXICO OR U.S.A., NO.1 GRADE, 907 G
20840038001_EA



CLUB SIZE

\$7

NO NAME® NATURALLY IMPERFECT™ AVOCADO
CLUB SIZE
PRODUCT OF MEXICO
21699907001_EA



2.2 LB BAG

8⁹⁹

NO NAME® SMOKIES™
SELECTED VARIETIES
900 G
20734371_EA



10⁹⁹

NO NAME® THICK SLICED BACON
SELECTED VARIETIES
21389815_EA



1 KG

\$15

NO NAME® CHICKEN WINGS
SELECTED VARIETIES, FROZEN
908 G
21045309_EA



\$3

SEAQUEST® CRAB OR LOBSTER FLAVOURED ALASKA POLLOCK
READY TO EAT, 227 G
20699832_EA/20749798_EA



\$11

PC® SHRIMP HORS D'OEUVRES
SELECTED VARIETIES, FROZEN
294-454 G
20080117_EA/20978921_EA



\$7

SEAQUEST® PACIFIC WHITE SHRIMP
36-55/LB
SELECTED VARIETIES
FROZEN, 300 G
21636326_EA / 21636352_EA



LIMIT 4 OVER LIMIT PAY 7.99 EA

2⁵⁰

PC® ENGLISH MUFFINS OR CRUMPETS
SELECTED VARIETIES, 6'S
20123948_EA/20810796_EA



\$5

FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES, 4'S
21639320_EA/21639452_EA



\$15

FARMER'S MARKET™ BAR CAKES
SELECTED VARIETIES
675-770 G
21500612_EA/21506930_EA



Optimum

Members-Only Price**

8⁵⁰

Members save \$1

PC® MINI DIPS
CLUB SIZE, SELECTED VARIETIES
684 G
20862992_EA/21050426_EA
**Must be a registered PC Optimum™ member to load and get this offer.

Non-members

9⁵⁰



\$13

PC® SPLENDIDO™ PARMIGIANO REGGIANO
250 G
21053434_EA



Optimum

Members-Only Price**

11⁵⁰

Members save \$1

PC® SPLENDIDO™ OR NATURAL CHOICE SLICED DELI MEAT
SELECTED VARIETIES, 200-400 G
21049119_EA/21050597_EA
**Must be a registered PC Optimum™ member to load and get this offer.



OUR BRANDS

MADE BY US FOR ALL BUDGETS.



no name®

\$2

NO NAME® LEMONADE, ICED TEA OR APPLE JUICE
SELECTED VARIETIES
REFRIGERATED, 1.75 L
21666389_EA/21666561_EA

**LIMIT 2
OVER LIMIT PAY
3.29 EA**



\$5

PC SCOOP SHOP TUBS ICE CREAM
SELECTED VARIETIES,
FROZEN 946 ML
21575127_EA/21575303_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



GET **1,000**®
\$1 back in points

APP EXCLUSIVE OFFER

2/\$5
OR 3.00 EA

PC® OR BLUE MENU® CHEWY NUT OR DIPPED AND CHEWY BARS
SELECTED VARIETIES, 5'S,
120-175 G
20040568001_EA/20912735_EA



950

NO NAME® HONEY, LIQUID SQUEEZABLE OR CREAMED TUB
PASTEURIZED OR UNPASTEURIZED, 1 KG
20013683_EA
20072342_EA



550

PC® BLUE MENU® TWICE THE FRUIT™ OR FRUIT AND CONCENTRATED PEAR JUICE SPREAD 310-500 ML
SELECTED VARIETIES,
EXCLUDING RASPBERRY,
MIXED BERRIES OR
PEANUT BUTTER
750 G
20057669001_EA
20300537_EA



\$3

**LIMIT 4
OVER LIMIT PAY
3.99 EA**



350

PC® BLUE MENU® CRANBERRY COCKTAIL OR 100% JUICE BLEND
SELECTED VARIETIES
1.89 L
20307025001_EA
2062859001_EA



450

PC® M'AQUA™ COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES
6X355 ML
21718220_C06
21718228_C06



2/\$11
OR 6.29 EA

PC® OR BLUE MENU® SPARKLING WATER
SELECTED VARIETIES,
12X355 ML
20668034004_C01
21194356_C01



\$6

PC® SOFT DRINKS
SELECTED VARIETIES,
12X355 ML
20218887027_C12
20690671001_C12



\$1

NO NAME® TOMATO PASTE OR PIZZA SAUCE
SELECTED VARIETIES,
156/213 ML
20018020_EA
20118094_EA



129

PC® DELUXE MACARONI AND CHEESE DINNER
SELECTED VARIETIES
200/225 G
21529753_EA



250

NO NAME® LASAGNA OR EGG NOODLES
SELECTED VARIETIES
340-500 G
20313361001_EA/20323261_EA



379

**LIMIT 4
OVER LIMIT PAY
4.29 EA**



399

PC® KETCHUP
SELECTED VARIETIES
750 ML/1 L
200990124_EA/20131845_EA



\$12

PC® SPLENDIDO® OIL
SELECTED VARIETIES
1 L
20081865_EA/21401612_EA



279

NO NAME® PARCHMENT PAPER
10 M
21375917_EA



\$4

**LIMIT 4
OVER LIMIT PAY
5.50 EA**



1099

**LIMIT 4
OVER LIMIT PAY
12.99 EA**



life
BRAND

Live well at low prices.

Trusted
quality

\$5

**LIFE BRAND® LIQUID
HAND SOAP REFILL**
SELECTED VARIETIES, 2L
21357613004_EA



\$4

**LIFE BRAND®
MOUTHWASH**
SELECTED VARIETIES, 1L
21201386_EA/21201606_EA



UP TO
15% OFF
4.07-33.14 AFTER SAVINGS

**LIFE BRAND® VITAMINS
OR SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
21286148_EA/21286185_EA



\$3

**LIMIT 6
OVER LIMIT PAY
4.49 EA**

**LIFE BRAND® MANUAL
TOOTHBRUSH 1/2'S,
DENTAL FLOSS WAXED**
91.40 M OR **SOFT AND
COMFORTABLE** 40 M OR
FLOSSERS 75-90'S
SELECTED VARIETIES
21201604_EA/21233121_EA



UP TO
20% OFF
2.79-21.59 AFTER SAVINGS

LIFE BRAND® PADS
14-48'S OR **LINERS** 40-135'S
SELECTED VARIETIES
21203446_EA/21203478_EA



**LIFE BRAND® 3 IN 1
OR EXFOLIATING
FACE WIPES**
SELECTED VARIETIES 56'S
21195824_EA/21195828_EA

\$6



UP TO
15% OFF
4.50-29.74 AFTER SAVINGS

**LIFE BRAND® PAIN
RELIEF PRODUCTS,
TABLETS 32-500'S OR
CAPLETS 32-100'S**
SELECTED VARIETIES AND SIZES
21168704_EA/21211144_EA



UP TO
15% OFF
4.07-9.34 AFTER SAVINGS

**LIFE BRAND®
ACNE, PATCHES OR
CLEANSER**
SELECTED VARIETIES
AND SIZES
21201412_EA/21417438_EA



**ALWAYS
LOW PRICE**

\$8

**LIFE BRAND®
EPSOM SALTS**
SELECTED VARIETIES, 4 KG
21668050_EA



**LIFE BRAND®
MOISTURIZERS**
SELECTED VARIETIES AND SIZES
21199152_EA/21450176_EA

UP TO
15% OFF
5.52-16.14 AFTER SAVINGS



OUR BRANDS

MADE BY US FOR ALL BUDGETS.



President's Choice

Life at Home

EVERYDAY ESSENTIALS™

FROM
\$3

3.00-135.00

**EVERYDAY ESSENTIALS™
APPLIANCES**

21193454_EA/20062450002_EA



**BUY 1
GET 1
50% OFF**

**PC® COOKWARE &
COOKWARE SETS**
SELECTED VARIETIES
SECOND ITEM MUST BE OF
EQUAL OR LESSER VALUE
17.00-141.00
21215823_EA/21339634_EA
21024019_EA



FROM
\$7

7.00-18.00

**EVERYDAY ESSENTIALS™
METAL BAKEWARE &
BAKEWARE SETS**
SELECTED VARIETIES
20756778_EA/21490134_EA
21485407_EA



UP TO
**20%
OFF**

4.50-16.00 AFTER SAVINGS

**PC® BAKING
GADGETS**
SELECTED VARIETIES
21345387_EA/21345408_EA
21355654_EA/21345430_EA



**SPEND \$20
GET \$5 OFF**

**LIFE AT HOME™ DINNERWARE,
SERVEWARE OR DRINKWARE**

SELECTED VARIETIES

4.00-30.00

21666836_EA/21666922_EA



UP TO
**30%
OFF**

8.00-24.00 AFTER SAVINGS

PC® PRODUCE KEEPER

SELECTED VARIETIES
21338943_EA/21339004_EA



**ALWAYS
LOW PRICE**
5.50

**EVERYDAY ESSENTIALS™
JUMBO PILLOW**

21667755_EA



**BUY 1
GET 1
30% OFF**

EVERYDAY ESSENTIALS™ SHEET SET
200 THREAD COUNT
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
40.00-55.00
21586815_EA/21586871_EA



UP TO
**20%
OFF**

3.00-16.00 AFTER SAVINGS

**EVERYDAY ESSENTIALS™
PLASTIC STORAGE BINS**
SELECTED VARIETIES
20022692_EA/21182477_EA



**ALWAYS
LOW PRICE**
\$8

**EVERYDAY ESSENTIALS™
BATH TOWELS**
SELECTED VARIETIES
21434220_EA



**FRESH
PROMISE**

If it's not fresh,
it's free.

6⁹⁹

PC® MANDARINS
PRODUCT OF U.S.A., CLUB SIZE
20864961001_EA

3 LB



2⁵⁰

**FARMER'S MARKET™
YELLOW ONIONS**
PRODUCT OF WESTERN PROVINCES, CANADA
NO. 1 GRADE
20811094001_EA

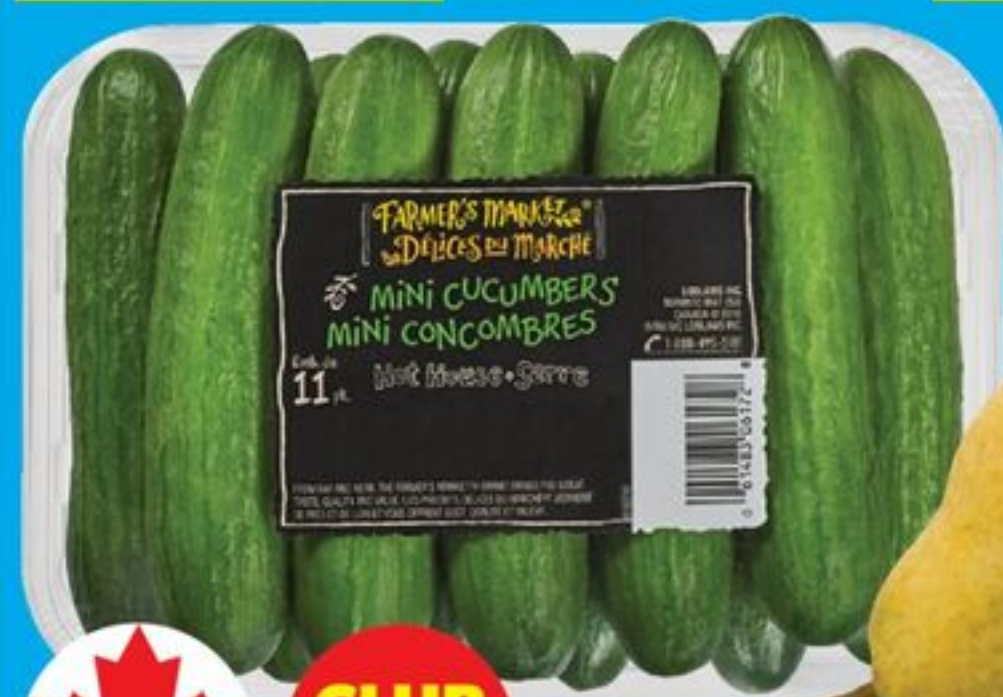
3 LB



5⁴⁵

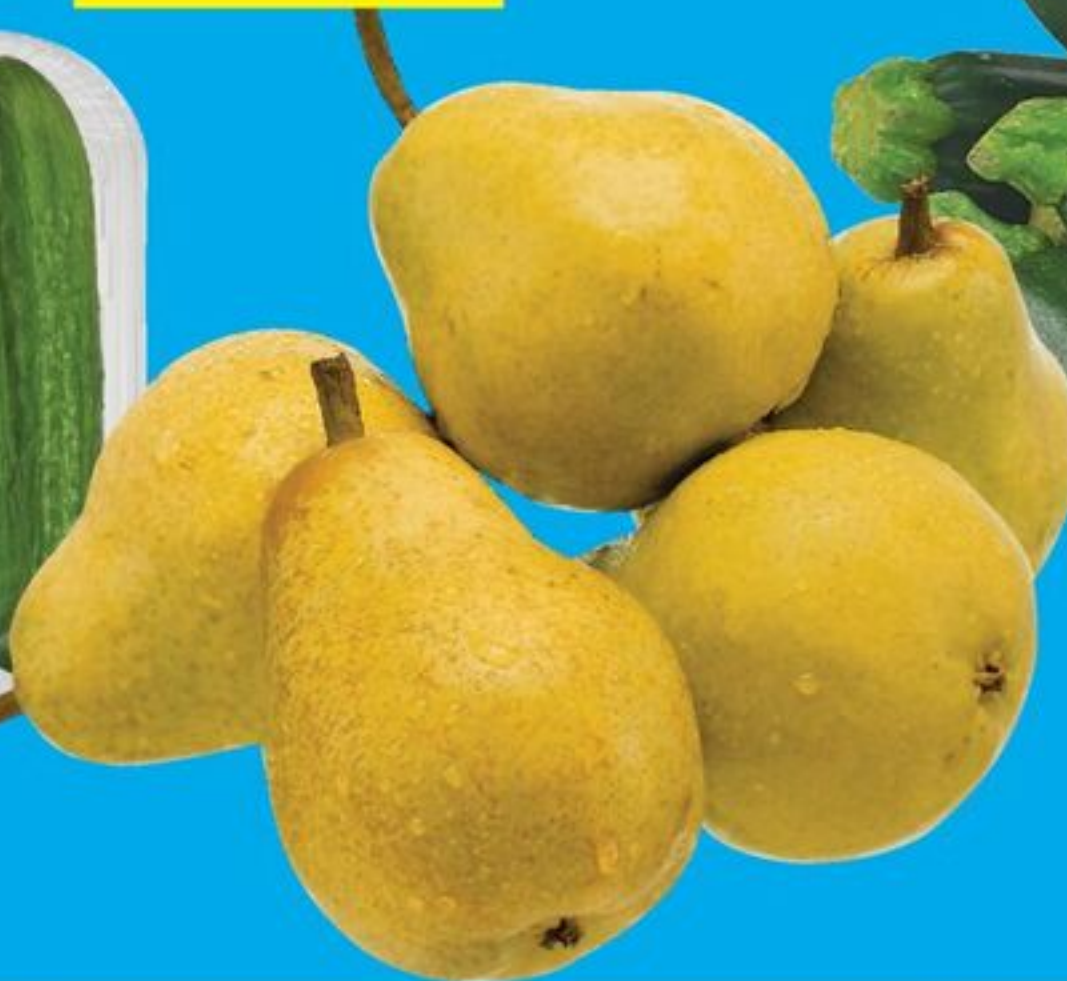
**FARMER'S MARKET™
MINI CUCUMBERS**
PRODUCT OF WESTERN PROVINCES, 11'S
21070679001_EA

**CLUB
SIZE**



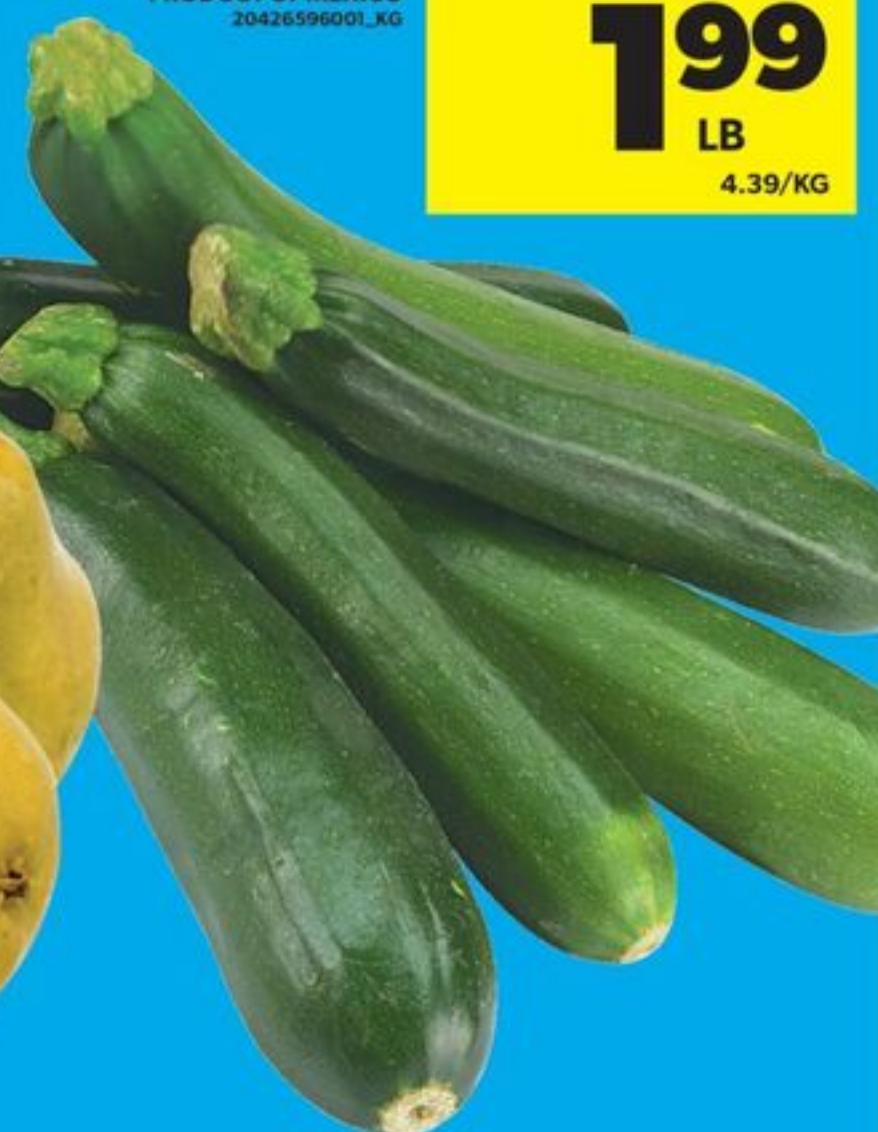
1⁹⁹
LB
4.39 / KG

BARTLETT PEARS
PRODUCT OF U.S.A.
US FANCY GRADE
20172240001_KG



1⁹⁹
LB
4.39 / KG

GREEN ZUCCHINI
PRODUCT OF MEXICO
20426596001_KG



\$6

**FARMER'S MARKET™
LEMONS**
PRODUCT OF U.S.A.
20798811001_EA



3 LB

5⁹⁹

**MINI SEEDLESS
WATERMELON**
PRODUCT OF GUATEMALA,
HONDURAS, COSTA RICA,
MEXICO OR BRAZIL
20145379001_EA



\$8

KIWI
PRODUCT OF GREECE
21576456001_EA



2 LB

66¢

LIMES
PRODUCT OF MEXICO
20040489001_EA



5⁵⁰

**PC® LITTLE GEMS™ MINI
MIXED POTATOES**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE, 3 LB
21037948001_EA



4⁴⁹

**PC® CHOPPED
SALAD KITS**
SELECTED VARIETIES,
PRODUCT OF U.S.A., 282-369 G
21378071_EA / 21448896_EA



1²⁹

GREEN ONION
PRODUCT OF MEXICO
20107500001_EA



\$3

**OUTDOOR
POTTED BULBS**
SELECTED VARIETIES, 4 INCH
213151206_EA



1⁸⁰

OUTDOOR PRIMULAS
SELECTED VARIETIES, 4 INCH
213151205_EA



SUPER FRESH

\$6
LB

13.23/KG

**PC* FREE FROM*
WHOLE CHICKEN**
FRESH
20093631_KG



\$17

**PC* SPLIT CHICKEN
WINGS OR BONELESS
SKINLESS THIGHS**
SELECTED VARIETIES,
UP TO 725 G
21340973_EA/21341017_EA



5⁹⁹
LB

13.21/KG

PORK STIR FRY
FRESH
21662738_KG



6⁵⁰

**PC* FREE FROM*
LEAN GROUND PORK**
454 G
20883220_EA



10⁹⁹
LB

24.23/KG

SIRLOIN TIP ROAST
CUT FROM CANADA AA GRADE
BEEF
20825890_KG



**CLUB
SIZE**

10⁹⁹
LB

24.23/KG

BEEF STIR FRY STRIPS
20820739_KG



\$10

**ST-HUBERT OR SWISS
CHALET MEAT PIES**
SELECTED VARIETIES, FROZEN,
650-800 G
20719334_EA/21047194_EA

**LIMIT 4
OVER LIMIT PAY
12.00 EA**



\$12

**MARCANGELO
ITALIAN SAUSAGES,
PORK MEATBALLS OR
BREAKFAST PATTIES**
SELECTED VARIETIES, FROZEN,
1.2-1.4 KG
20799699_EA/21088753_EA



15⁹⁹

**NO NAME*
SMOKED HAM**
SELECTED VARIETIES, 1.3 KG
20858030_EA

**LIMIT 4
OVER LIMIT PAY
20.99 EA**



**CLUB
SIZE**

\$14
LB

30.86/KG

**FRESH OR FROZEN
COHO SALMON
FILLETS**
21649464_KG



\$22

**ATLANTIC LOBSTER
TAILS 2-3 OZ, FROZEN, 4-PACK**
21240991_EA



\$18

**LIMIT 4
OVER LIMIT PAY
21.99 EA**

**PC* SHRIMP
PLATTER WITH
MILD COCKTAIL SAUCE**
568 G OR IFC SNOW CRAB
CLUSTERS 5-8 OZ, 500 G,
FROZEN
20147098_EA/21615011_EA



\$6

**SEAQUEST* SEAFOOD
MEDLEY OR
TRADITIONS COOKED
PACIFIC SHRIMP** 91-120/LB,
FROZEN, 340 G
21592029_EA/21614892_EA

**LIMIT 4
OVER LIMIT PAY
6.99 EA**



\$7

**LIMIT 4
OVER LIMIT PAY
8.00 EA**

**HIGH LINER WILD
PINK SALMON 400 G
OR VIVASEA COOKED
GREEN SHELL
MUSSELS 500 G
FROZEN
21093881_EA/21595040_EA**



**ALWAYS
LOW PRICE**

\$10

**FISH FILLETS,
SMOKED
SALMON,
BREADED
SQUID OR
POPCORN
SHRIMP,
IMITATION
CRAB MEAT
OR SEAFOOD
MEDLEY**
FROZEN, 200-908 G
21473104_EA/21473748_EA



SUPER FRESH

\$1

BAGUETTE
WHITE OR WHEAT, 255 G
21529211_EA/21530097_EA



2/\$7
OR 3.99 EA

BAGELS
SELECTED VARIETIES,
BAKED IN-STORE, 6" S
21705757_EA/21705913_EA



\$6

CINNAMON BUNS
BAKED IN-STORE, 10" S
21467540_EA



\$3

**HOSTESS
SNACK CAKES**
SELECTED VARIETIES, 202/206 G
21283752_EA



\$5

**NATURAL RYE
BREAD**
SELECTED VARIETIES,
900 G
20670248_EA



8⁵⁰

**FARMER'S MARKET™
COOKIES**
SELECTED VARIETIES, 21" S
20565934_EA/20566369_EA



**ALWAYS
LOW PRICE**
\$5
/200 G

**ZIGGY'S® DELI
SER VICE CASE
SLICED MEAT**
SELECTED VARIETIES,
200 G
21626482_EA



10⁵⁰

MASTRO
**GENOA MILD
OR HOT SALAMI** 375 G
OR **SAN DANIELE
PROSCIUTTO** 200 G
SELECTED VARIETIES
21114952_EA/21377490_EA



Optimum™
Members-Only Price™
\$8
Non-members
\$11

Members save
\$3
**SCHNEIDERS
OR MITCHELLS
PEPPERETTES**
SELECTED VARIETIES, 300-450 G
21190171_EA/21337025_EA
**Must be a registered PC Optimum™ member to load and get this offer.



\$7

HENRI WILLIG GOUDA
SELECTED VARIETIES, 200 G
21345050_EA



6⁴⁶

BOURSIN CHEESE
SELECTED VARIETIES, 150 G
20116794_EA



Optimum™
Members-Only Price™
\$13
Non-members
\$15

Members save
\$2
**PC® DELI CHEESE
SLICES**
SELECTED VARIETIES, 500 G
20217638_EA/20249985_EA
**Must be a registered PC Optimum™ member to load and get this offer.



**CLUB
SIZE**

Optimum™
Members-Only Price™
4⁵⁰
Non-members
5⁵⁰

Members save
\$1
**SNACK
FACTORY
PRETZEL CRISPS**
SELECTED VARIETIES,
200 G
20940940_EA/21676303_EA
**Must be a registered PC Optimum™ member to load and get this offer.



\$7

**FONTAINE
SANTÉ
HUMMUS**
SELECTED VARIETIES,
454/482 G
20503658_EA/20504500_EA



\$12

**IN-STORE
14 INCH TAKE
AND BAKE
PIZZA**
SELECTED VARIETIES,
660-730 G
21547484_EA



\$10

**GET
5,000**** **\$5**
back in points
when you buy 2
11 PIECE WINGS
MADE IN-STORE,
460-530 G
21624742_EA
21624743_EA



SUPER YOUR EVERYDAY

2⁶⁷

LIMIT 4
OVER LIMIT PAY
3.99 EA

KELLOGG'S RICE KRISPIES, NUTRI-GRAIN BARS, POP TARTS OR SPECIAL K CRISPY BARS
SELECTED VARIETIES
6-10'S, 125-384 G
21573533_EA/21682421_EA



\$3

LIMIT 4
OVER LIMIT PAY
4.79 EA

POST OR WEETABIX RETAIL SIZE CEREAL
SELECTED VARIETIES, 283-525 G
20751584_EA/21427214_EA



4⁵⁰

LIMIT 4
OVER LIMIT PAY
5.49 EA

SUNRYPE FRUIT TO GO SOUR BITES OR GOOD BITES
SELECTED VARIETIES, 112-120 G
21087035_EA/21629038_EA



3⁵⁰

LIMIT 4
OVER LIMIT PAY
3.99 EA

PEARL MILLING COMPANY PANCAKE MIX 905 G OR SYRUP 710 ML
SELECTED VARIETIES
21384609_EA/21391619_EA



4⁷⁷

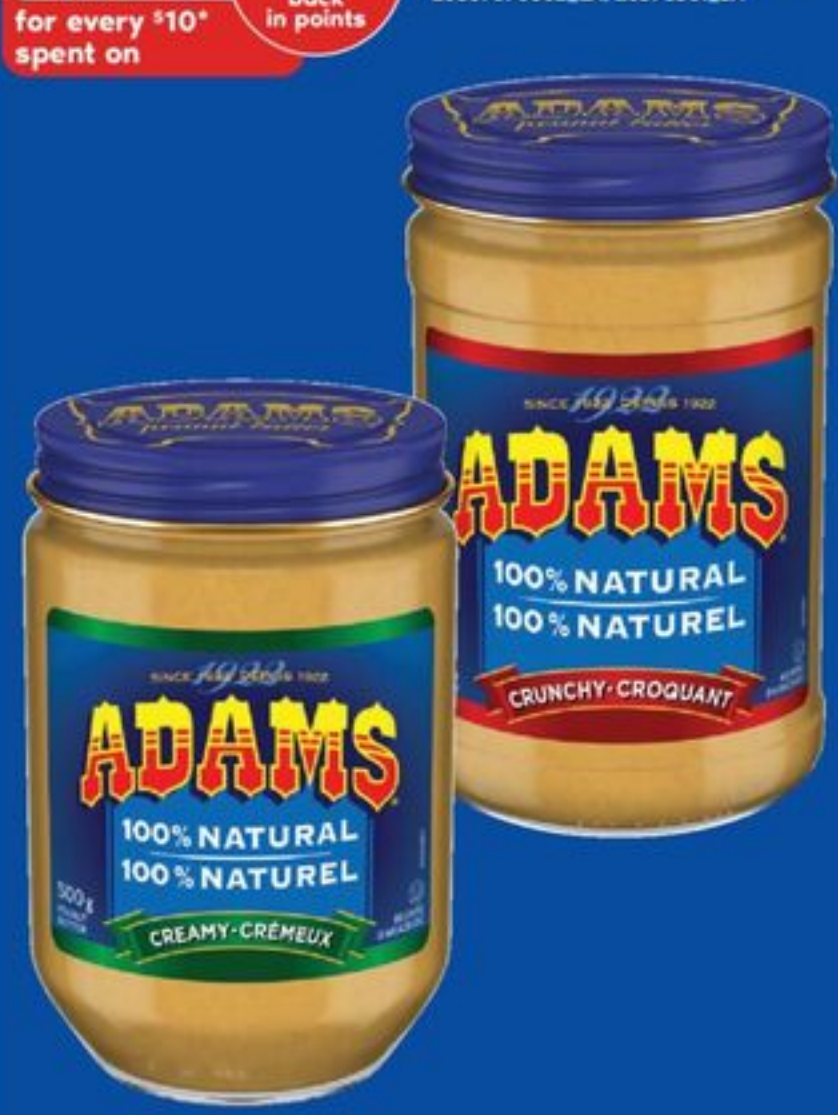
LIMIT 4
OVER LIMIT PAY
5.99 EA

E.D. SMITH PIE FILLING
SELECTED VARIETIES, 540 ML
20297753001_EA/20297753004_EA



2,000⁰⁰
for every \$10*
spent on

ADAMS NATURAL PEANUT BUTTER
SELECTED VARIETIES, 500 G/1 KG
20367670002_EA/20573581_EA



8⁹⁹

LIMIT 4
OVER LIMIT PAY
13.94 EA

NABOB GROUND COFFEE
SELECTED VARIETIES, 340 G
21527319_EA/21527332_EA



17⁹⁹

LIMIT 4
OVER LIMIT PAY
21.99 EA

PC® COFFEE PODS
SELECTED VARIETIES, 30'S
21038677_EA/21038762_EA



26⁹⁹

LIMIT 4
OVER LIMIT PAY
33.73 EA

KICKING HORSE OR LAVAZZA K-CUP COFFEE
SELECTED VARIETIES, 24/30'S
21589798_EA/21654258_EA



1⁹⁹

LIMIT 4
OVER LIMIT PAY
2.39 EA

SUNRYPE 100% JUICE
SELECTED VARIETIES
900 ML/1 L
20640102001_EA
20744072005_EA



3⁴⁷

LIMIT 4
OVER LIMIT PAY
4.49 EA

MOTT'S CLAMATO COCKTAIL
SELECTED VARIETIES
1.89 L
20318955002_EA
20318955003_EA



1⁴⁷

LIMIT 4
OVER LIMIT PAY
2.49 EA

CAMPBELL'S BROTH
SELECTED VARIETIES
250/900 ML
20322348002_EA
21347245_EA



1⁹⁹

LIMIT 4
OVER LIMIT PAY
2.49 EA

BUSH'S BEST BEANS
SELECTED VARIETIES
398 ML
20101518001_EA
20101518002_EA



2⁹⁹

LIMIT 4
OVER LIMIT PAY
3.99 EA

CLOVER LEAF WHITE TUNA
SELECTED VARIETIES
170 G
20167571_EA
20326358001_EA



4⁴⁹

LIMIT 4
OVER LIMIT PAY
5.49 EA

THE SPICE TAILOR COOKING KITS
SELECTED VARIETIES
260-285 ML
21157506_EA
21157568_EA



4⁹⁹

BICK'S PICKLES
SELECTED VARIETIES
1 L
21668406_EA
21668773_EA



5⁹⁷

HELLMANN'S MAYONNAISE
SELECTED VARIETIES
710-890 ML
20618579001_EA
21518361_EA



SUPER YOUR EVERYDAY

\$7

PC® FREE RUN LARGE BROWN EGGS
12'S
20813628001_EA

Optimum™
Members-Only Price™

6.50

Non-members
7.99

SIGGI'S SKYR
650/750 G OR **iöGO**
16X100 G YOGURT
SELECTED VARIETIES
20606770002_EA/21353892_EA
**Must be a registered PC Optimum™ member to load and get this offer.

PREPARED IN CANADA

5.97

LIMIT 4 OVER LIMIT PAY 7.99 EA

CRACKER BARREL
DOUBLE CHEDDAR
CRACKER BARREL CHEESE BARS 400 G OR SHREDS 300/320 G
SELECTED VARIETIES
21290384_EA/21290613_EA

PREPARED IN CANADA

4.99

SMUCKER'S UNCRUSTABLES
SELECTED VARIETIES
FROZEN, 4'S
21543057_C04
21683121_C04

LIMIT 4 OVER LIMIT PAY 5.99 EA

4.99

BEN & JERRY'S NON DAIRY 473 ML OR MAGNUM BARS 3/4'S
SELECTED VARIETIES, FROZEN
20342005003_EA/21575899_EA

4.49

LIMIT 2 OVER LIMIT PAY 5.99 EA

INTERNATIONAL DELIGHT COFFEE ENHANCER
SELECTED VARIETIES, 946 ML
20895480002_EA/20895480003_EA

PREPARED IN CANADA

1.35

MICHELINA'S ENTRÉES
SELECTED VARIETIES
FROZEN, 156-284 G
21208614_EA/21208788_EA

LIMIT 4 OVER LIMIT PAY 2.39 EA

1.99

BAGEL BITES
SELECTED VARIETIES
FROZEN, 198 G
20213483001_EA/20213483003_EA

LIMIT 4 OVER LIMIT PAY 2.50 EA

\$3

GREEN GIANT VEGETABLES 750 G OR VALLEY SELECTIONS 400/500 G
SELECTED VARIETIES, FROZEN
21022094_EA/21022277_EA

LIMIT 4 OVER LIMIT PAY 4.49 EA

PREPARED IN CANADA

2/5.50
OR 3.79 EA

HARIBO CANDY BAGS
SELECTED VARIETIES, 170/175 G
21519578_EA/21647284_EA

4.38

NERDS GUMMY CLUSTERS CANDY POUCHES
SELECTED VARIETIES, 227 G
21696497_EA/21696566_EA

LIMIT 6 OVER LIMIT PAY 5.49 EA

3/9.99
OR 4.49 EA

FERRERO ROCHER TABLETS
SELECTED VARIETIES, 90 G
21428863_EA/21676660_EA

2.99

DARE WAGON WHEELS 315/360 G, WHIPPET 230-285 G, ULTIMATE OR VIVA PUFFS COOKIES 290/300 G
SELECTED VARIETIES
20974342_EA
21080791_EA

LIMIT 4 OVER LIMIT PAY 3.99 EA

PREPARED IN CANADA

3.59

CHRISTIE FAMILY SIZE COOKIES 374-488 G OR CAKESTERS 285 G
SELECTED VARIETIES
21520747_EA
21639135_EA

LIMIT 4 OVER LIMIT PAY 5.50 EA

1,500 OFF
when you buy 2

\$150 back in points

FRITO LAY VALUE SIZE CHIPS
SELECTED VARIETIES
325-535 G
21662516_EA/21663018_EA

9.99

PEDIGREE DENTASTIX TREATS FOR DOGS
SELECTED VARIETIES
396 G-1.9 KG
21081777_EA

LIMIT 4 OVER LIMIT PAY 11.49 EA

PREPARED IN CANADA

**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

3⁵⁰
LB
7.72/KG

CHICKEN DRUMSTICKS
WET-CHILLED OR HALAL, FRESH
20004494_KG



**CLUB
SIZE**

5⁹⁹
LB
13.21/KG

**PORK CENTRE
CUT CHOPS**
BONELESS
21662231_KG



**CLUB
SIZE**

10⁹⁹
LB
24.23/KG

**BEEF SIRLOIN
TIP STEAK**
CUT FROM CANADA AA
GRADE BEEF
20812524_KG



**CLUB
SIZE**

\$12

**SEAQUEST® PACIFIC
WHITE SHRIMP 70-90/LB
OR BROKEN PIECES**
71-120/LB
SELECTED VARIETIES
FROZEN, 680 G
21043812_EA/21043816_EA



**CLUB
SIZE**

\$6

**PC® NAAN
DIPPERS**
400 G
20999700_EA



**CLUB
SIZE**

**ALWAYS
LOW PRICE**

\$7

**BUTTER
CROISSANTS**
BAKED IN-STORE
12'S
21683000_EA



**CLUB
SIZE**

Optimum™
Members-Only Price™

6⁵⁰

**Non-members
7⁹⁹**

**Members
save
\$149**

**YOPLAIT SOURCE OR
CREAMY YOGURT**
SELECTED VARIETIES
16X100 G
20120316002_EA
20317317001_EA



**CLUB
SIZE**

9⁷⁸

Optimum™
GET **1,000**®
\$1
back in points

iöGO YOGURT
SELECTED VARIETIES
2 KG
20636092_EA
20690267_EA



**CLUB
SIZE**

15⁴⁹

Optimum™
GET **2,500**®
\$250
back in points

**LIMIT 4
OVER LIMIT PAY
17.49 EA**

**iöGO NANO
DRINKABLE YOGURT**
SELECTED VARIETIES
24X93 ML
20681477_EA



**CLUB
SIZE**

12⁹⁷

**LIMIT 4
OVER LIMIT PAY
16.29 EA**

POGO
SELECTED VARIETIES
FROZEN, 20/32'S
20065224001_EA
20065224002_EA



**CLUB
SIZE**

14⁵⁰

**LIMIT 4
OVER LIMIT PAY
16.00 EA**

**NO NAME® NATURALLY
IMPERFECT™ FRUIT**
SELECTED VARIETIES
FROZEN, 2 KG
21480144_EA



**CLUB
SIZE**

13⁴⁷

**LIMIT 4
OVER LIMIT PAY
17.99 EA**

**GOGO SQUEEZ FRUIT
SAUCE POUCHES**
SELECTED VARIETIES
20X90 G
21547671_EA
21547693_EA



**CLUB
SIZE**

10⁹⁹

**LIMIT 4
OVER LIMIT PAY
12.99 EA**

Optimum™
GET **1,000**®
\$1
back in points

**GENERAL MILLS NATURE VALLEY
OR FIBRE 1 GRANOLA
OR CHEWY BARS OR
BETTY CROCKER OR
MOTT'S FRUITSATIONS
FRUIT SNACKS**
SELECTED VARIETIES
728 G-1.28 KG
21418522_EA/21418559_EA



**CLUB
SIZE**

\$12

WERETHER'S CANDY
900 G
21054002_EA



**CLUB
SIZE**

Optimum™
Members-Only Price™

15⁹⁹

**Non-members
18⁴⁹**

**Members
save
\$250**

**DEL MONTE
FRUIT CUPS**
SELECTED VARIETIES
20X112.5 ML
20796879_C01
20796896_C01



**CLUB
SIZE**

**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

\$8

**WELCH'S MIXED FRUIT
FRUIT SNACKS**
28'S, 616 G
21497349_EA

**LIMIT 4
OVER LIMIT PAY
10.29 EA**



**CLUB
SIZE**

7⁹⁹

**KRAFT MIRACLE
WHIP DRESSING**
SELECTED VARIETIES
1.5 L
20075939001_EA

**LIMIT 4
OVER LIMIT PAY
9.99 EA**



**CLUB
SIZE**

\$21

**GATORADE
SPORTS DRINK**
SELECTED VARIETIES
24X591 ML
20298835002_C24

**LIMIT 4
OVER LIMIT PAY
23.99 EA**



**CLUB
SIZE**

**CLUB
SIZE**

8⁹⁹

**FRITO-LAY VARIETY
PACK CHIPS**
SELECTED VARIETIES
16'S
21584889_EA
21584937_EA

**LIMIT 4
OVER LIMIT PAY
9.99 EA**



**CLUB
SIZE**

**CLUB
SIZE**

\$9

**CADBURY EXTRA
LARGE BAGS**
SELECTED VARIETIES
324/342 G
21648703_EA
21650563_EA

**LIMIT 6
OVER LIMIT PAY
9.99 EA**



**CLUB
SIZE**

**CLUB
SIZE**

\$13

LINDT LINDOR BAGS
SELECTED VARIETIES
240 G
21358220_EA
21358227_EA



**CLUB
SIZE**

4²⁵

PC[®] ORGANICS OATS
SELECTED VARIETIES
1 KG
20705773_EA

**LIMIT 4
OVER LIMIT PAY
5.00 EA**



**CLUB
SIZE**

**CLUB
SIZE**

\$29

**CLIF BUILDERS
PROTEIN BARS 12X68 G
OR CLIF NUT BUTTER
ORGANIC BARS 12X50 G**
SELECTED VARIETIES
20303133001_C12
20303133002_C12

**LIMIT 4
OVER LIMIT PAY
32.99 EA**



**CLUB
SIZE**

7⁵⁰

**COLGATE MULTIPACK
TOOTHPASTE**
3X90/120/150 ML OR
PREMIUM 2'S
TOOTHBRUSH 1'S
SELECTED VARIETIES
21166655_EA
21432802_EA

**LIMIT 4
OVER LIMIT PAY
10.49 EA**



**CLUB
SIZE**

6⁵⁰

**GILLETTE
SERIES OR
SATIN CARE
TWIN PACK
SHAVE GEL**
SELECTED VARIETIES
396 G
21572887_EA

**LIMIT 6
OVER LIMIT PAY
7.29 EA**



**CLUB
SIZE**

\$9

**CREST
MULTIPACK
TOOTHPASTE**
3X70-130 ML OR
ORAL-B
BATTERY-
POWERED
TOOTHBRUSH 1'S
SELECTED VARIETIES
21482014_EA
21506752_EA

**LIMIT 4
OVER LIMIT PAY
9.99 EA**



**CLUB
SIZE**

\$9

**GARNIER
FRUCTIS
SHAMPOO OR
CONDITIONER**
SELECTED VARIETIES
1 L
21080865_EA
21080870_EA

**LIMIT 4
OVER LIMIT PAY
10.00 EA**



**CLUB
SIZE**

\$10

**LISTERINE
MULTI BENEFITS**
SELECTED VARIETIES
1.5 L
20644273_EA
21546826_EA

**LIMIT 4
OVER LIMIT PAY
11.99 EA**



**CLUB
SIZE**

**UP TO
15%
OFF**
12.74-49.72 AFTER SAVINGS

**WEBBER
NATURAL
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
110-500'S
21479516_EA
21412979_EA



**CLUB
SIZE**

\$20

**AVEENO BODY
LOTIONS**
975 ML
21238887_EA
21305396_EA

**LIMIT 4
OVER LIMIT PAY
22.99 EA**



**CLUB
SIZE**

\$14

**NIVEA
LOTIONS 1 L,
CREME 400 ML OR
SOFT CREAM
300 ML**
SELECTED VARIETIES
AND SIZES
21283826_EA
21314403_EA

**LIMIT 4
OVER LIMIT PAY
15.99 EA**



**CLUB
SIZE**

\$14

**HEAD &
SHOULDERS
HAIR CARE**
SELECTED VARIETIES
835 ML
21505254_EA
21517913_EA

**LIMIT 4
OVER LIMIT PAY
14.49 EA**



**CLUB
SIZE**

FEEL GOOD CHOICES

AT FEEL GOOD PRICES

3⁵⁰

HARBITE CLASSIC
POTATO CHIPS
SELECTED VARIETIES 150 G
20370855001_EA/20370855002_EA

Hardbite

HANDCRAFTED-STYLE CHIPS
CROUSTILLES STYLE ARTISANAL

ROCK SALT & VINEGAR
SEL GEMME ET VINAIGRE

ALL NATURAL
NATURE

PREPARED IN CANADA

3⁷⁵

DOLE GOOD
CRUNCH BITES
SELECTED VARIETIES, 40/71 G
21545332_EA/21545336_EA

GOOD CRUNCH

PINEAPPLE BITES
BOUCHÉES D'ANANAS

BANANA BITES
BOUCHÉES DE BANANES

PREPARED IN CANADA

3⁸⁰

MADE GOOD
CRACKERS
SELECTED VARIETIES, 121 G
21355184_EA/21355273_EA

MADE GOOD

CRACKERS

PREPARED IN CANADA

UP TO
15%
OFF
3.83 - 6.79 AFTER SAVINGS

SIETE TORTILLA
CHIPS 142 G OR SIETE
SEASONING 37 G OR
SIETE BEANS 439/454 G
OR TACO SHELLS 156 G
SELECTED VARIETIES
21447174_EA/21684707_EA

SIETE

GRAIN FREE
TORTILLA CHIPS
CROUSTILLES TORTILLA
SANS GRAINS

VEGAN REFRIED
PINTO BEANS
HARICOTS PINTO
FRITS VÉGÉTALENS

PREPARED IN CANADA

2⁷⁹

SENSIBLE PORTIONS
VEGGIE STRAW OR
CHIPS
SELECTED VARIETIES, 120-142 G
20377204001_EA/20973347_EA

Veggie Straws

Original

Veggie Chips

PREPARED IN CANADA

5⁷⁵

CROFTER'S SPREAD
SELECTED VARIETIES, 383 ML
20987211_EA

CROFTER'S

Strawberry • Fraise

PREPARED IN CANADA

10⁵⁰

NUTS TO YOU
ALMOND BUTTER
SELECTED VARIETIES, 365 G
20922643001_EA

Nuts to You Nut Butter Inc.

Almond Butter

SMOOTH

PREPARED IN CANADA

4⁷⁵

TRADITIONAL
MEDICINALS TEA
BAGS
SELECTED VARIETIES, 16'S
21452637_EA

TRADITIONAL
MEDICINALS

ORGANIC
Dandelion
Leaf & Root

PREPARED IN CANADA

\$2

LIMIT 4
OVER LIMIT PAY
2.99 EA

ROAR ORGANIC
BEVERAGES
SELECTED VARIETIES
532 ML
21106394_EA

ROAR
Organic

MANGO CLEMENTINE
MANGUE CLÉMENTINE

PREPARED IN CANADA

10²⁵

BRAGG'S APPLE CIDER
VINEGAR
946 ML
20983004_EA

BRAGG'S

APPLE CIDER VINEGAR
VINAIGRE DE CIDRE
DE POMME

PREPARED IN CANADA

GET
2,500⁰⁰ \$2⁵⁰
back in points

NATURE'S
WAY SAMBUCUS
GUMMIES 60'S OR
SYRUP 120/240 ML
SELECTED VARIETIES
21190315_EA/21389953_EA

Nature's Way

sambucus

COLD & FLU
SYRUP
ELDERBERRY

IMMUNE

SAMBUCUS
GUMMIES/GÉLIFIÉS

PREPARED IN CANADA

ALWAYS
LOW PRICE

\$4

PC ORGANICS
ANIMAL COOKIES
SELECTED VARIETIES
250 G
20180728_EA
20304981_EA

Organics

CHOCOLATE
Animal Cookies

ORIGINAL
Animal Cookies

PREPARED IN CANADA

2⁴⁷

MADEGOOD
GRANOLA MINIS 5'S
5X24 G OR BARS 120-150 G
SELECTED VARIETIES
21062205_EA/2107621_EA

MADE GOOD

Crispy Squares
Vanilla

SOFT BAKED MINI COOKIES
Chocolate Chip

PREPARED IN CANADA

GET
4,500⁰⁰ \$4⁵⁰
back in points

BIO K+ PROBIOTIC
DAILY CARE CAPSULES
SELECTED VARIETIES, 15-60'S
21391825_EA/21527998_EA

Bio-K+

PROBIOTIC

DAILY CARE

PREPARED IN CANADA

ALWAYS
LOW PRICE

\$4

PC ORGANICS
UNSWEETENED
APPLE SAUCE
SELECTED VARIETIES,
6X100 ML
20320493001_EA
21306828_EA

Organics

APPLE
Apple Sauce

APPLE
Strawberry

PREPARED IN CANADA

Everything you need for

CLEANING HOUSE

2²⁷

LIMIT 4
OVER LIMIT PAY
3.29 EA



DAWN DISHWASHING LIQUID
SELECTED VARIETIES, 431/473 ML
21430581_EA/21430590_EA

8⁹⁷

LIMIT 4
OVER LIMIT PAY
10.99 EA



PALMOLIVE DISHWASHING LIQUID
SELECTED VARIETIES, 4.27 L
21516689_EA/21516691_EA

19⁹⁹

LIMIT 4
OVER LIMIT PAY
25.99 EA



FINISH DISHWASHER TABS
SELECTED VARIETIES, 60-105'S
21217836_EA/21218875_EA

\$4

LIMIT 4
OVER LIMIT PAY
4.99 EA



LYSOL TOILET BOWL CLEANER
710 ML, MULTI-SURFACE
CLEANER 1.2 L,
BATHROOM CLEANING
TRIGGER OR AEROSOL
950 ML/680 G
SELECTED VARIETIES
20869495_EA/21193411_EA

GET
1,000
back in points

3⁹⁷

LIMIT 4
OVER LIMIT PAY
6.49 EA



PINE-SOL MULTI SURFACE CLEANER
SELECTED VARIETIES, 1.41 L
20298679001_EA/20298679002_EA



\$4

LIMIT 4
OVER LIMIT PAY
5.49 EA



VIM MULTI-PURPOSE DISINFECTING TRIGGER 700 ML
OR FLOOR CLEANER 1 L
SELECTED VARIETIES
21004308_EA/21623490_EA

4⁹⁹

LIMIT 4
OVER LIMIT PAY
6.00 EA



METHOD ALL PURPOSE CLEANER 828 ML,
DISHWASHING LIQUID 532 ML
OR TOILET BOWL CLEANER 709 ML
SELECTED VARIETIES
21432668_EA/21518332_EA

4⁹⁹

LIMIT 4
OVER LIMIT PAY
5.99 EA



CLOROX BLEACH
2.4 L
21283179_EA

7⁹⁹

LIMIT 4
OVER LIMIT PAY
15.99 EA



SUNLIGHT 4 L OR PERSIL 1.86 L LIQUID LAUNDRY DETERGENT
SELECTED VARIETIES
21427042_EA/21658255_EA

7⁹⁹

LIMIT 4
OVER LIMIT PAY
13.49 EA



FLEECY FABRIC SOFTENER
SELECTED VARIETIES, 3.5 L
21311735_EA/21311739_EA

9⁹⁷

LIMIT 4
OVER LIMIT PAY
12.99 EA



TIDE 1.62/1.86 L OR GAIN 2.63 L LIQUID OR PODS 18/31'S LAUNDRY DETERGENT
SELECTED VARIETIES
2054851001_EA/21593782_EA

15⁹⁷

LIMIT 4
OVER LIMIT PAY
19.99 EA



DOWNY OR GAIN LIQUID FABRIC SOFTENER 2.76/4.16 L
OR BEADS 598-694 G
OR FABRIC RINSE 1.8 L
SELECTED VARIETIES
21549939_EA/21552884_EA

6⁹⁹

LIMIT 4
OVER LIMIT PAY
7.99 EA



HEFTY GARBAGE BAGS
SELECTED VARIETIES
12-40'S
21492745_EA
21492934_EA

9⁹⁹

LIMIT 4
OVER LIMIT PAY
12.99 EA



SWIFFER SWEEPER REFILLS 12/24'S, DUSTER 6/10'S, POWER MOP 5'S, WETJET 12'S OR LIQUID REFILL 1.5/2.5 L
SELECTED VARIETIES
21629789_EA
21630025_EA

56⁹⁹

LIMIT 4
OVER LIMIT PAY
67.99 EA



VILED A H2PRO FLAT MOP SYSTEM
21694036_EA

25⁹⁹



PC PAPER TOWEL
12 ROLLS
21558605_EA



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99¢

CILANTRO
PRODUCT OF MEXICO OR U.S.A.
20091825001_EA



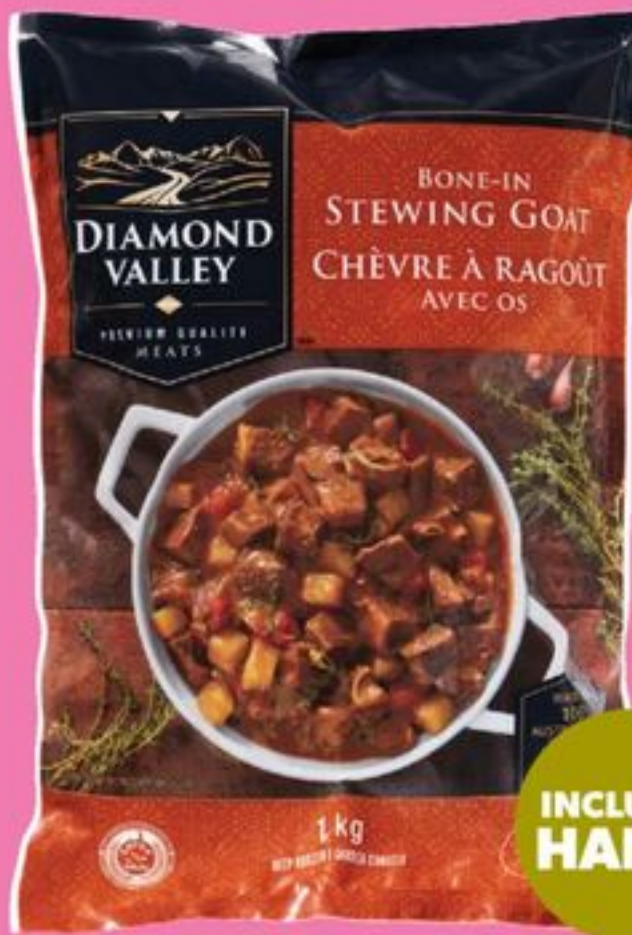
1.99
LB
4.39 /KG

EGGPLANT
PRODUCT OF MEXICO
20155709001_KG



\$25

NEW ZEALAND
STEWING GOAT
BONE-IN FROZEN, 1 KG
20143053_EA



INCLUDES
HALAL

6.99

LIMIT 4
OVER LIMIT PAY
9.99 EA

BASA STEAKS
OR WHOLE WILD
CHUB MACKEREL
FROZEN, 1 KG
20910469_EA/21079543_EA



4.50

CRISPY CAKE RUSK
SELECTED VARIETIES, 550 G
21700202_EA



4.27

LIMIT 4
OVER LIMIT PAY
4.99 EA

SHAN
COOKING SAUCE
SELECTED VARIETIES, 350 G
21528877_EA/21528880_EA



7.99

LIMIT 4
OVER LIMIT PAY
8.99 EA

TEA INDIA ORANGE
PEKOE TEA BAGS
216'S/681 G
20177173_EA



99¢

LIMIT 4
OVER LIMIT PAY
1.49 EA

PARLE-G ORIGINAL
GLUCOSE COOKIES
300 G
20956495_EA



ALWAYS
LOW PRICE
\$10

SURAJ
BASMATI RICE
20838931_EA



8 LB

4.49

NANAK RETAIL
PANEER
SELECTED VARIETIES, 341 G
21286158_EA



2.50

CHING'S
CHUTNEY SAUCES
SELECTED VARIETIES, 170-250 ML
21416871_EA/21446325_EA



7.99

LIMIT 4
OVER LIMIT PAY
11.99 EA

GIA INDIAN
BASMATI RICE
8 LB
20059642_EA



2.29

LIMIT 4
OVER LIMIT PAY
2.99 EA

SURATI SNACKS
SELECTED VARIETIES, 250/340 G
20303745002_EA/20303745004_EA



7.49

LIMIT 4
OVER LIMIT PAY
8.29 EA

TATA PREMIUM
OR TATA GOLD LOOSE
BLACK TEA
SELECTED VARIETIES, 450 G
21407291_EA/21407294_EA



*Prices effective at Superstore Vancouver, BC - Marine Dr, Grandview Hwy, Burnaby, BC, Coquitlam, BC - Lougheed Hwy, Surrey, BC - King George Hwy, 104th Ave, Delta, BC, Richmond, BC, Abbotsford, BC, Mission, BC, Langley, BC, Edmonton, AB - Windermere, 23rd Ave, 137th Ave, 17th St, Calgary Trail, Ellerslie, Calgary, AB - Westwinds, Coventry Hills, MacKenzie, Country Hills, Sundridge, Shawnessy, Ft. McMurray, AB, Regina, SK - Prince of Wales, Saskatoon, SK - 8th St, Winnipeg, MB - Bison Dr, Sargent Ave.

新年快樂 HAPPY LUNAR NEW YEAR

Celebrate
 the Year of the
 Horse with
 low prices.

248

LB
 5.47/KG

LOTUS ROOT
 PRODUCT OF CHINA
 20048557001_KG

288

4'S
 20354811_EA

RED POMELO
 PRODUCT OF CHINA
 20081390001_EA

428

LB
 9.44/KG

GRADE A, DUCK
 FROZEN
 20078881_KG

\$6

ALL STARS
ALMOND COOKIES
 SELECTED VARIETIES
 580 G
 20141645_EA

248

LIMIT 4
OVER LIMIT PAY
 3.50 EA

PC UDON
NOODLES
 4'S
 20354811_EA

298

LIMIT 4
OVER LIMIT PAY
 3.79 EA

LAO GAN MA
SPICY CHILLI
CRISP
 210 G
 20874066_EA

188

LB
 4.14/KG

ASIAN YELLOW PEARS
 PRODUCT OF CHINA
 20035618001_KG

188

LB
 4.14/KG

BULK FUJI APPLES
 PRODUCT OF CHINA
 20081066001_KG

488

GARLIC
 PRODUCT OF CHINA
 1 KG
 21238843001_EA

588

LB
 12.96/KG

PORK BELLY
PIECE
 FRESH
 20099915_KG

1388

T&T SLICED ROLLS
 BEEF OR LAMB
 FROZEN, 340 G
 21570350_EA

\$25

ORCHID
 5 INCH
 21607818_EA

2/\$5

OR 3.00 EA

TRADITIONS
HOT POT BALLS
 200/250 G, TUNA
STEAK 92 G OR
GO SHRIMP 160 G
 SELECTED VARIETIES
 FROZEN
 21208591_EA/21715135_EA

588

GOLDEN
HAPPINESS
CHINESE LONG
DONUTS
 BAKED IN-STORE
 6'S, 640 G
 20923195_EA

128

GOLDEN
HAPPINESS
SPECIALTY BUNS
 SELECTED VARIETIES
 100 G
 21297542_EA

388

LIMIT 4
OVER LIMIT PAY
 4.49 EA

LADY'S CHOICE
SANDWICH
SPREAD
 470 ML
 20004792_EA

* Please note that not all items are available in all stores.

新年快樂 HAPPY LUNAR NEW YEAR

Celebrate the Year of the Horse with low prices.

5⁸⁸

SHAO MEI DESSERT BAR
 280 ML
 21309979_EA

LIMIT 4

OVER LIMIT PAY 8.99 EA

1⁹⁹

T&T FROZEN EDAMAME
 454 G
 21479539_EA

LIMIT 4

OVER LIMIT PAY 3.00 EA

4⁸⁸

LOTTE MOCHI FROZEN, 270 G
 21247132_EA

ALWAYS LOW PRICE

\$5

T&T POTSTICKERS
 SELECTED VARIETIES
 FROZEN, 567 G
 21495805_EA

2⁸⁸

UFC COCONUT WATER
 1 L
 20570506_EA

LIMIT 4

OVER LIMIT PAY 3.99 EA

11⁸⁸

DIAMOND G CALROSE RICE
 15 LB
 20218689_EA

LIMIT 4

OVER LIMIT PAY 16.99 EA

2⁹⁸

SUNRISE FRESH PACK TOFU
 SMOOTH OR TRADITIONAL
 SELECTED VARIETIES
 700 G
 20571247_EA
 20571249_EA

LIMIT 4

OVER LIMIT PAY 3.59 EA

2⁸⁸

MANDARIN NOODLES
 SELECTED VARIETIES
 454 G
 20310388_EA

8⁸⁸

KNORR BOUILLON CHICKEN MIX
 1 KG
 20154074_EA

LIMIT 4

OVER LIMIT PAY 13.99 EA

4⁹⁸

M.Y. SAN SKY FLAKES CRACKERS
 800 G
 21176798_EA

LIMIT 4

OVER LIMIT PAY 6.79 EA

1⁴⁸

PALDO BOWL NOODLES
 SELECTED VARIETIES
 86 G
 20311560001_EA
 20311560003_EA

LIMIT 4

OVER LIMIT PAY 1.79 EA

3⁴⁶

DORITOS SPICY GARLIC OR SPICY KOREAN BBQ CHIPS
 SELECTED VARIETIES
 210 G
 21589402_EA
 21695244_EA

LIMIT 4

OVER LIMIT PAY 4.49 EA

1⁴⁸

T&T KOREAN ROASTED SEA LAVER
 60 G
 20593313_EA

LIMIT 4

OVER LIMIT PAY 1.79 EA

3⁸⁸

ORION TURTLE CHIPS
 SELECTED VARIETIES
 160 G
 21704482_EA
 21704410_EA

LIMIT 4

OVER LIMIT PAY 4.49 EA

2⁹⁷

INDOMIE INSTANT NOODLES
 SELECTED VARIETIES
 5 G
 20686719_EA
 21094981_EA

LIMIT 4

OVER LIMIT PAY 3.79 EA

2⁴⁸

ROOSTER™ SWEET CONDENSED MILK
 300 ML
 20126907_EA

LIMIT 4

OVER LIMIT PAY 3.00 EA

3⁸⁸

NO NAME™ FREEZER BAGS
 SELECTED VARIETIES
 30/40'S
 20155482_EA
 20298374_EA

LIMIT 4

OVER LIMIT PAY 5.00 EA

\$6

NO NAME™ NAPKINS
 500'S
 20306897_EA

4⁵⁰

NIVEA BODY WASH
 SELECTED VARIETIES
 500 ML
 21169897_EA
 21169899_EA

LIMIT 8

OVER LIMIT PAY 5.49 EA

3⁸⁸

NO NAME™ DISINFECTANT WIPES
 SELECTED VARIETIES
 75'S
 21386771_EA
 21386780_EA

* Please note that not all items are available in all stores.



SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

SHOP NOW



188
LB
4.14/KG

GINGER ROOT
 PRODUCT OF CHINA
 20179038001_KG



350

CRISPY ROTI
 SELECTED VARIETIES, 750 G
 21095607_EA



399

SIWIN LONGINISA OR TOSINO
 SELECTED VARIETIES, 375 G
 20546499_EA/20546965_EA



\$9

SEAQUEST WHOLE POMPANO
 FROZEN, 800 G
 21592084_EA



149

TAMAM CHICK PEAS OR RED KIDNEY BEANS
 796 ML
 21214487_EA/21214490_EA



249

HALDIRAM'S DAL
 SELECTED VARIETIES, FROZEN,
 283/300 G
 20707520001_EA



799

NANAK RASMALAI
 SELECTED VARIETIES, FROZEN,
 850 G
 21284818_EA



699

SURAJ WHEAT SEMOLINA SOOJI
 2 KG
 21071270_EA



449

VEEBA SAUCE, CHUTNEY OR SPREAD
 SELECTED VARIETIES, 300-400 G
 21632617_EA/21632745_EA



297

LAY'S INTERNATIONAL FLAVOURS
 SELECTED VARIETIES, 200 G
 21663082_EA/21663203_EA



229

MTR READY TO EAT MEALS
 SELECTED VARIETIES, 300 G
 20769717002_EA/20769717001_EA



399

SURAJ GINGER OR GARLIC PASTE
 SELECTED VARIETIES, 750 G
 21088480_EA/21088575_EA



599

SHER BESAN FLOUR
 4 LB
 21632617_EA/21632745_EA



175

SUNFEAST YIPPEE MASALA NOODLES
 280 G
 21127101_EA



* Please note that not all items are available in all stores.



**CUDDLY
DEALS,
TINY
PRICES**



\$2

**SIMPLY GOURMET
CRUNCHERS OR
PUFFIES VARIETIES, 32 G**
21597406_EA/21671989_EA

**LIMIT 10
OVER LIMIT PAY
2.99 EA**



2.75

**LIMIT 10
OVER LIMIT PAY
2.99 EA**



4/\$7
OR 1.99 EA

**GERBER BABY FOOD
JARS 159-162 ML OR
ORGANIC BABY FOOD
POUCHES 99 G/128 ML**
SELECTED VARIETIES
21161732_EA/21466955_EA



55.99

**SIMILAC
PRO-ADVANCE
POWDER FORMULA
STEP 1 OR 2, 837-859 G**
21436985_EA/21437126_EA

**LIMIT 4
OVER LIMIT PAY
61.99 EA**



34.99

**LIMIT 4
OVER LIMIT PAY
39.99 EA**



53.97

**GOOD START PLUS
POWDER BABY
FORMULA 942-1020 G OR
READY TO FEED
15X \$2.50 ML**
SELECTED VARIETIES
21613497_EA/21599614_EA

**LIMIT 4
OVER LIMIT PAY
60.99 EA**



34.99

**PAMPERS ECONO
PACK DIAPERS
SELECTED VARIETIES, SIZE N-8,
58-200'S**
21551525_EA/21551586_EA

**LIMIT 6
OVER LIMIT PAY
39.99 EA**



24.99

**LIMIT 4
OVER LIMIT PAY
29.99 EA**



**GET
2,000⁺**
\$2
back in points

24.99

**LIMIT 4
OVER LIMIT PAY
31.99 EA**



2.99

**HUGGIES OR PAMPERS
1X BABY WIPES
SELECTED VARIETIES, 56-72'S**
21084208_EA/21103126_EA

**LIMIT 4
OVER LIMIT PAY
3.99 EA**



17.99

**LIMIT 3
OVER LIMIT PAY
22.99 EA**



**WATERWIPES BABY
WIPES
240'S**
21176336_EA

**UP TO
20%
OFF**
3.24-55.99 AFTER SAVINGS

**DIAPER GENIE REFILLS
AND SYSTEMS
SELECTED VARIETIES**
21549766_EA/21668532_EA



**GET
10,000⁺**
when you
spend \$25⁺ on

\$10
back in points

**FRIDABABY OR
FRIDAMOM
SELECTED VARIETIES AND SIZES**
21157093_EA/21382973_EA



11.99

**LIMIT 4
OVER LIMIT PAY
14.99 EA**



**LIVE CLEAN
750 ML, CERAVE 473 ML OR
AVEENO 532 ML
BABY NEEDS
SELECTED VARIETIES**
20157402001_EA/20607029_EA

**UP TO
25%
OFF**
4.49-39.59 AFTER SAVINGS

**TOMMEE TIPPEE,
PLAYTEX OR
B.BOX FEEDING
ACCESSORIES
SELECTED VARIETIES**
21590749_EA/21613281_EA



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FOR THE LITTLES AT LITTLE PRICES

AS
EASY AS
A-B-C.

\$3

LIMIT 8
OVER LIMIT PAY
3.29 EA



TODDLER MUM-MUM WAFER STICKS 70 G OR
MUM MUM SNAX CHICKPEA CRISPS 60 G
SELECTED VARIETIES
21603816_EA/21603936_EA



LITTLE BELLIES
ORGANIC SNACKS
SELECTED VARIETIES, 35 G
21664678_EA/21664747_EA

2⁵⁰

LIMIT 8
OVER LIMIT PAY
3.99 EA



\$4

LIMIT 8
OVER LIMIT PAY
4.49 EA



LOVE CHILD ORGANIC OATY CHOMPS
OR SEAFRIENDS BABY SNACKS
SELECTED VARIETIES, 100-140 G
21462907_EA/21619401_EA



BOOST KIDS NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES, 6X237 ML
21681253_C06/21684528_C06

12⁷⁹

LIMIT 4
OVER LIMIT PAY
14.49 EA



36⁹⁹

LIMIT 4
OVER LIMIT PAY
43.99 EA



PAMPERS EASY UPS
GIANT PACK TRAINING PANTS
SELECTED VARIETIES, 68-112'S
21089194_EA/21089259_EA

26⁹⁹

LIMIT 4
OVER LIMIT PAY
32.99 EA



HUGGIES PULL UPS
TRAINING PANTS
CLUB SIZE, SELECTED VARIETIES
28-74'S
20952337_EA/21371223_EA

34⁹⁹

KENDAMIL WHOLE MILK TODDLER FORMULA
12-36 MONTHS, 800 G
21699613_EA



UP TO
20% OFF
5.99-19.99 AFTER SAVINGS

AVEENO BABY OR KIDS
SELECTED VARIETIES AND SIZES
20157402001_EA/21241159_EA
21652937_EA



UP TO
20% OFF
2.39-10.39 AFTER SAVINGS

JOHNSON AND JOHNSON BABY NEEDS
SELECTED VARIETIES AND SIZES
21663361_EA/21664436_EA



UP TO
20% OFF
2.39-21.59 AFTER SAVINGS

BOOGIE OR KANDOO BABY NEEDS
SELECTED VARIETIES AND SIZES
20906160_EA/21526664_EA



UP TO
20% OFF
4.63-8.39 AFTER SAVINGS

KIDS HAIR CARE
SELECTED VARIETIES AND SIZES
21167373_EA/21169697_EA



2/\$7
OR 4.99 EA

LICENSED KIDS BUBBLE BATH, 3 IN 1 SHOWER GEL OR BATH FIZZERS
SELECTED VARIETIES AND SIZES
21649439_EA/21649729_EA



UP TO
20% OFF
2.00-13.00 AFTER SAVINGS

COLGATE KIDS ORAL CARE
SELECTED VARIETIES AND SIZES
21353897_EA/21584840_EA



HUGGIES pull-Ups goodnites

Hug More, Save More

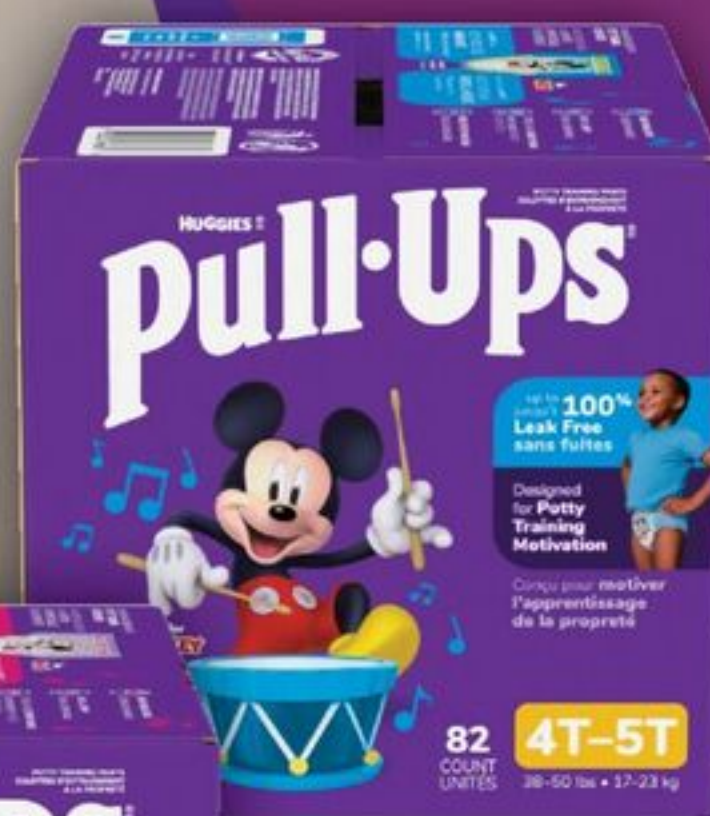
Optimum[®]
GET
15,000 pts
\$15
back
in points

when you spend \$75 or more on Huggies[®]
Diapers or Wipes, Pull-Ups[®] and
Goodnites[®], all sizes and varieties

LIMIT 4
34⁹⁹

OVER LIMIT PAY 41.99 EA

**HUGGIES ECONO
PACK DIAPERS**
SELECTED VARIETIES, SIZE N-7, 60-200'S
21456591_EA/21579452_EA



LIMIT 4
36⁹⁹

OVER LIMIT PAY 43.99 EA

**PULL-UPS ECONO
PACK TRAINING PANTS**
SELECTED VARIETIES, 66-104'S
21021423_EA/21021427_EA



LIMIT 4
26⁹⁹

OVER LIMIT PAY 32.99 EA

**GOODNITES CLUB PACK
TRAINING PANTS**
SELECTED VARIETIES, 28-74'S
20963841_EA/21664343_EA



LIMIT 4
23⁹⁹

OVER LIMIT PAY 29.99 EA

**HUGGIES 16X
BABY WIPES**
SELECTED VARIETIES, 960-1152'S
21541191_EA

LOOK GOOD, FEEL GREAT, SPEND LESS.

\$9

LIMIT 6
OVER LIMIT PAY
10.49 EA

OLAY BODY WASH
591/700 ML OR OLD SPICE
BODY WASH 532/709 ML
SELECTED VARIETIES
21500517_EA/21643490_EA



4⁵⁰

LIMIT 6
OVER LIMIT PAY
6.00 EA

AXE DEODORANT
76/85 G, BODY SPRAY 113 G
OR BODY WASH 473 ML
SELECTED VARIETIES
21042611_EA/21438291_EA



UP TO
25%
OFF

7.49-13.49 AFTER SAVINGS

DR. SQUATCH BAR
SOAP 141.7 G, BODY
WASH 414 ML OR
DEODORANT 75 G
SELECTED VARIETIES
21573584_EA/21657625_EA



UP TO
25%
OFF

13.83-22.49 AFTER SAVINGS

GILLETTE LABS,
PROGLIDE OR
VENUS INTIMATE
PREMIUM RAZORS
SELECTED VARIETIES
21476179_EA/21649974_EA



3⁵⁰

LIMIT 6
OVER LIMIT PAY
3.99 EA

CREST COMPLETE
120 ML, STAIN
ERASER 65 ML OR KIDS
TOOTH PASTE 85-100 ML
OR ORAL-B COMPLETE
SATIN FLOSS 50M
SELECTED VARIETIES
20348190001_EA/21354028_EA



UP TO
20%
OFF

14.95-89.95 AFTER SAVINGS

PHILIPS SONICARE OR
PHILIPS ONE POWER
TOOTHBRUSH 1 EA, OR
REFILL HEADS 2-5'S
SELECTED VARIETIES
21088472_EA/21355899_EA



5⁸⁰

LIMIT 4
OVER LIMIT PAY
7.49 EA

SENSODYNE OR
PRONAMEL VALUE
SIZE TOOTHPASTE
SELECTED VARIETIES, 110/135 ML
20432268002_EA/21433114_EA



UP TO
15%
OFF

11.99-54.99 AFTER SAVINGS

PC SPORTS
SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20696552_EA/2131808_EA



UP TO
20%
OFF

9.19-37.59 AFTER SAVINGS

NATURE'S BOUNTY
VITAMINS OR
SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21235707_EA/21668459_EA



GET
7,000^{SP}
when you
spend \$30+ on

\$7
back in points

RESTORALAX
POWDERS 119-765 G,
GUMMIES 30/90'S OR
PACKETS 10'S
SELECTED VARIETIES AND SIZES
20187752_EA/21380900_EA



\$9

LIMIT 4
OVER LIMIT PAY
9.99 EA

CHILDREN'S OR
INFANTS' TYLENOL OR
MOTRIN
SELECTED VARIETIES AND SIZES
20217274001_EA/20218432001_EA



\$20

LIMIT 4
OVER LIMIT PAY
21.99 EA

ALWAYS DISCREET
UNDERWEAR OR PADS
SELECTED VARIETIES AND SIZES
20814920_EA/21286985_EA



UP TO
20%
OFF

10.39-11.49 AFTER SAVINGS

U BY KOTEX LINERS
80-129'S, PADS 24-44'S OR
TAMPONS 30/32'S
SELECTED VARIETIES
21156021_EA/21518239_EA



SHOP HOME FOR LESS

UP TO
25% OFF
15.00-26.00 AFTER SAVINGS

**LIFE AT HOME™
CUSHIONS AND TROWS**
SELECTED VARIETIES
21595726_EA/21595786_EA
21595725_EA/21595737_EA



UP TO
25% OFF
74.00-90.00

**LIFE AT HOME™
COMFORTER SET**
SELECTED VARIETIES
21595765_EA/21595871_EA



UP TO
25% OFF
7.50-18.50 AFTER SAVINGS

**STEPGUARD BOOT
TRAY OR MATS**
21684645_EA



**BUY 2
GET 1
FREE**

**LIFE AT HOME™ ASSORTED
SCENTED CANDLES**

SELECTED VARIETIES
FREE ITEM MUST BE OF EQUAL
OR LESSER VALUE
10.00-16.00
21414666_EA/21414668_EA



**BUY 3
GET 1
FREE**

PC® OPENSTOCK DINNERWARE
SELECTED VARIETIES
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE
5.00-9.00
21219391_EA/21219390_EA



**BUY 3
GET 1
FREE**

PC® OPENSTOCK GLASSWARE
SELECTED VARIETIES
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE
7.00
21589344_EA/21589351_EA



\$3

**VALENTINES DAY
PLUSH**
SELECTED VARIETIES
21681123_EA/21681124_EA/21681125_EA



\$4

**VALENTINES DAY
MUGS**
SELECTED VARIETIES
21679102_EA/21678954_EA



Optimum™
Members-Only Price™
\$8

**Non-members
\$10**

**Members
save
\$2**

**VALENTINES DAY
HEART PILLOW**
SELECTED VARIETIES
21681164_EA/21681165_EA
21681166_EA

****Must be a registered PC Optimum™
member to load and get this offer.**



* Please note that not all items are available in all stores.



Sheets & Towels



President's Choice

The Favourite Percale Sheet Set

- An oxford weave technic for strong, sturdy and textured fabric
- Oeko Tex - guarantees textiles are free from potentially harmful substances
- Flexi-Fit technology for smooth fitting and tailored corners

SHOP NOW

350
thread
count

Fits
mattress
up to 18"
deep

100%
COTTON



Sustainable
packaging!
Comes in cloth
pouch

Available colours:



White



Fog



Blush



Hazelnut



Olive



Midnight

Set includes:
1 flat sheet, 1 fitted sheet
& pillowcases

UP TO
30%
OFF

Available sizes:

TWIN

PC[®] 350 THREAD
COUNT SHEET
SETS
SELECTED VARIETIES
35.00
21589626_EA

DOUBLE

PC[®] 350 THREAD
COUNT SHEET
SETS
SELECTED VARIETIES
42.00
21589545_EA

QUEEN

PC[®] 350 THREAD
COUNT SHEET
SETS
SELECTED VARIETIES
49.00
21589502_EA

KING

PC[®] 350 THREAD
COUNT SHEET
SETS
SELECTED VARIETIES
56.00
21589493_EA



President's Choice

100% Cotton Towels

Affordable | Absorbent | Durable | Soft

Hygrocotton Towels

Hollow-core cotton technology makes this towel ultra absorbent! It is lofty and light weight, getting softer with each wash!
All of this quality at great value!

SHOP NOW



FACECLOTHS

ASSORTED COLOURS
21307426_EA

3/\$15
OR 7.00 EA

HAND TOWELS

ASSORTED COLOURS
21307335_EA

3/\$27
OR 12.00 EA

BATH TOWELS

ASSORTED COLOURS
21306987_EA

2/\$28
OR 17.00 EA

JOE FRESH

New Hello Kitty Styles Dropped This Week!

HELLO KITTY®

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\$24

Kid Girls' Hello Kitty Graphic Sweatshirt



\$16

Toddler Girls' Hello Kitty Graphic T-Shirt



\$39

Women's Hello Kitty Valentine's Day Sleep Set



\$24

Kid Girls' Hello Kitty Valentine's Day Sleep Set



\$19

Baby Girls' Hello Kitty Valentine's Day Sleeper

Little Outfits, Lots of Heart



\$10

Toddler Girls' Graphic Long Sleeve Top



\$12

Kid Girls' Printed Long Sleeve Top



\$10

Toddler Boys' Graphic Long Sleeve Top



\$8

Baby Boys' Printed Harem Pant

EVEN MORE ONLINE & IN-STORE

SHOP NOW

BUILDING COMMUNITY

One Rink at a Time

Learn More At
KRAFTHOCKEYVILLE.CA

© NHL © NHLPA

Philadelphia Cream Cheese Product
227/250 g
selected varieties
20641267_EA/20866924010_EA

LIMIT 4
3⁹⁹
OVER LIMIT PAY 4.89 EA

Kraft Peanut Butter
750 g - 1 Kg
Kraft Hazelnut Spread
725 g selected varieties
20039581001_EA/21285418_EA

LIMIT 4
5⁹⁷
OVER LIMIT PAY 6.99 EA

Crave or Kraft Dinner
entrées 200-340 g or
Crave Bowls 340 g
selected varieties, frozen
21681700_EA

3⁹⁹

Kraft Salad Dressings
425 mL
Heinz Mayonnaise-style
Sauces 340 mL
selected varieties
21584850_EA/21686143_EA

LIMIT 4
2⁹⁷
OVER LIMIT PAY 3.79 EA

Classico Pasta Sauce
410 - 600 mL
selected varieties
21618217_EA/20325609001_EA

LIMIT 4
3²⁷
OVER LIMIT PAY 3.79 EA

Heinz Ketchup
750 mL/1 L
Miracle Whip Spread
650 - 890 mL
selected varieties
20069080_EA/20298681001_EA

LIMIT 4
4⁹⁷
OVER LIMIT PAY 5.99 EA

Maxwell House
roast & ground coffee
631-900 g
selected varieties
21606882_EA

LIMIT 4
17⁹⁷
OVER LIMIT PAY 19.99 EA

Maxwell House
Single Serve Pods
30 pack
selected varieties
21308076_EA

LIMIT 4
17⁹⁷
OVER LIMIT PAY 21.86 EA

*Voted most trusted Cream Cheese and Peanut Butter brands by Canadian shoppers, 2026 BrandSpark® Canadian Trust Study.

FLAVOUR YOU CAN'T FUMBLE

BRING HOME THE BELL

Taco Bell Sauces 207 mL
selected varieties
21661786_EA/21661788_EA

LIMIT 4
2⁹⁹
OVER LIMIT PAY 3.49 EA

Taco Bell Creamy Sauces
354 mL
selected varieties
21661774_EA/21661775_EA

LIMIT 4
3⁹⁹
OVER LIMIT PAY 4.50 EA

Taco Bell Seasonings 28 g
selected varieties
21661785_EA/21661729_EA

LIMIT 4
\$1
OVER LIMIT PAY 1.39 EA

Taco Bell Premium Kits
401 - 642 g
selected varieties
21663420_EA/21663622_EA

LIMIT 4
6⁹⁹
OVER LIMIT PAY 8.00 EA

Taco Bell Core Kits
260 - 420 g
selected varieties
21663631_EA/21663654_EA

LIMIT 4
3⁹⁹
OVER LIMIT PAY 4.50 EA

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Get well.

UP TO **20% OFF**
3.20-32.39 AFTER SAVINGS

ADVIL, BUCKLEY'S, VOLTAREN, CALTRATE, CENTRUM, EMERGEN-C, TUMS OR BENEFIBER
SELECTED VARIETIES AND SIZES

21680149_EA
21685254_EA
21685256_EA
20218767002_EA
21685153_EA

Stay well.

21238176_EA
21236171_EA
20301992001_EA
21661561_EA

21610827_EA
20997357_EA

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SPEND LESS. GET MORE.

Royale bathroom tissue
selected varieties
16=48 rolls
21631084_EA

LIMIT 4
14⁹⁹
OVER LIMIT PAY 19.99 EA

Royale facial tissue
selected varieties
6 pack
20906153_ea

LIMIT 4
6⁹⁹
OVER LIMIT PAY 10.99 EA

Royale tiger towel
selected varieties
6=12 rolls
21484704_EA

LIMIT 4
11⁹⁹
OVER LIMIT PAY 19.99 EA

For more information on Royale's carbon neutral products, visit: royale.ca/carbon-neutral

BUNDLES THAT HELP YOU SAVE ON EVERY SCREEN

PC OPTIMUM™ MEMBERS SAVE MORE ON PHONE, INTERNET, AND TV BUNDLES.

Bell | ROGERS.

*Compared to non-PC Optimum™ members purchasing identical services from The Mobile Shop™ locations. Conditions apply; visit themobileshop.ca for full details.

Your Pass to more value

Get your first year of Pass for **\$2.50/month***.

- Unlimited grocery delivery or pickup
- Earn 2% back in (pt) on eligible pickup orders**

Use code **PASS**

Learn more

*/**Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.

WHILE
SUPPLIES LAST

COLLECT & SAVE! BIG IS BACK

Get one stamp for every \$20* spent.
Collect 20 stamps and get 60-80% off*
one piece of high-quality Kuhn Rikon
Swiss design ovenware!

SAVE
60-80%*
OFF EACH



**KUHN
RIKON**
SWISS DESIGN



Opt-in digitally in the
PC Optimum™ App and get
8 bonus stamps*

*Offer available in-store and online at participating Loblaw banner stores starting Oct. 23, 2025. Get 1 stamp for every eligible \$20 spent before taxes in a single transaction until Feb. 11, 2026. 8 bonus stamps for PC Optimum™ members who opt-in using the PC Optimum™ App (the "App") between Oct. 16, 2025-Feb. 11, 2026. 1 bonus offer per account/household. We reserve the right to stop issuing stamps (incl. bonus) earlier upon notice posted in-store, in App and on pcoptimum.ca/collectandsave. Purchase exclusions apply. Stamps have no cash value and are non-transferrable. See in store for paper stamp card or App to opt-in to program for digital stamp card. 20 stamps must be presented at time of ovenware purchase. Completed cards can be redeemed until Feb. 25, 2026, after which time stamps/cards expire. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. For full warranty information, product replacement process, FAQ's and complete offer details, visit pcoptimum.ca/collectandsave.



AD MATCH

**We match
prices*
so you can
just shop**

Every week, we actively check our major competitors' flyers and match the price on hundreds of items.

Look for the Ad Match message in store for the items we've actively matched. Plus, we'll match any major competitor's flyer item if you show us!

Since we Ad Match, we may not have sold at the After Limit price (and may not in the future).

*We match prices applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time.