



Kroger
Breaded Crunchy Butterfly Shrimp

Frozen, 32 oz

Price without digital coupon is up to \$10.99 each with Card.

\$9.99
/EA

With Digital Coupon

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5 TIMES
in one transaction*

Look for
these tags.



Private Selection
Hummus

10 oz or Deli Kitchen
Corn Tortilla Chips,
14-16 oz; Select Varieties,
In the Deli

\$2.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$4.49 each with Card.



**Coca-Cola,
Pepsi or 7UP**
Select Varieties,
2 Liter

\$1.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$3.49 each with Card.



DiGiorno Pizza
14.14-30.3 oz or Party Size
Ruffles, 12.5-13 oz
or Tostitos, 14.5-20 oz;
Select Varieties

\$3.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$5.99 each with Card.



Miracle Whip
19-30 fl oz or
Heinz Ketchup,
32 oz; Select Varieties

\$2.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$4.99 each with Card.



Dunkin' Coffee
10-12 oz Bag or K-Cups,
10 ct or Café Bustelo
Coffee, 11 oz Bag
or K-Cups, 10 ct;
Select Varieties

\$6.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$9.99 each with Card.



Kind
Bars
Select Varieties,
4-6 ct

\$5.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$7.99 each with Card.



**Large
Pineapple**

Price without digital coupon is up to \$2.99 each with Card. With Digital Coupon



Barilla Pasta

Select Varieties,
12-16 oz

99¢
/EA

With Digital Coupon

Price without digital coupon
is up to \$1.59 each with Card.



Ben & Jerry's
Ice Cream

16 fl oz or Nature Valley
Breakfast Biscuits,
10 ct; Select Varieties

\$3.49
/EA

With Digital Coupon

Price without digital coupon
is up to \$5.99 each with Card.



Quilted Northern
Bath Tissue

12 Mega Rolls or
Brawny Paper Towels,
6 Double Rolls;
Select Varieties

\$9.99
/EA

With Digital Coupon

Price without digital coupon
is up to \$11.99 each with Card.

*While supplies last.

**10 for \$10
SALE**
Each participating item
is just \$1 with Card.*

*Selection varies by store.



Starkist Tuna, 2.6-5 oz • Rice-A-Roni, 4.3-7.2 oz

- Powerade, 28 fl oz • BodyArmor, 16 fl oz**
- Nissin Ramen or Chow Mein, 2.54-4 oz**
- Sparkling Ice, 17 fl oz • Campbell's**
- Chicken Noodle or Tomato Soup, 10.75 oz**
- Larabar, 1.06-1.7 oz • Simple Truth Organic**
- Beans, 15 oz • Kroger Snacking Medley, 1.5 oz**
- Snapple, 16 fl oz • Cheez-It Grab-N-Go Snacks, 1-3 oz**
- Old El Paso Taco Seasoning, 1 oz**

WEEKLY DIGITAL DEALS

Use each coupon
**UP TO 5
TIMES**
in one transaction*



Look for
these tags.



Muscle Milk
\$6.99
/EA
With Digital
Coupon

Select Varieties,
4-Pack, 11 fl oz

Price without digital coupon is up to \$8.99 each with Card.



Bounce
Dryer Sheets
\$4.99
/EA
With Digital
Coupon

160 ct or Downy
Unstopables, 6.9-8.3 oz;
Select Varieties

Price without digital coupon is up to \$6.99 each with Card.

*While supplies last.



Tuscany
Candle
Select Varieties, 14 oz
\$6.99
/EA
With Digital
Coupon

Price without digital coupon is up to \$7.99 each with Card

SAVE \$1 EACH WHEN YOU BUY 5 OR MORE.

MIX & MATCH 5 or more
participating items with Card.



Find even more online!

Scan me to shop all
participating items.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for
these tags.



8.49 With
Card
-1.00

\$7.49
/EA*

Gatorade
8-Pack, 20 fl oz
or Skinny Pop
Popcorn Multipack,
10 ct; Select Varieties



Zapp's or Utz
Potato Chips
7.75-16 oz
or Yerba Madre
Organic Yerba Mate,
15-15.5 fl oz;
Select Varieties

2.99 With
Card
-1.00

\$1.99
/EA*

2.99 With
Card
-1.00

\$1.99
/EA*



2.79 With
Card
-1.00

\$1.79
/EA*

Progresso Soup
18-19 oz or
Hormel Chili, 15 oz;
Select Varieties



2.99 With
Card
-1.00

\$1.99
/EA*

Jif
Peanut Butter
13-16 oz or Banza
Pasta, 5.5-8 oz;
Select Varieties



4.99 With
Card
-1.00

\$3.99
/EA*

Zoi
Greek Yogurt

32 oz or Oatly Oatmilk,
64 fl oz; Select Varieties



8.99 With
Card
-1.00

\$7.99
/EA*

Kevin's Chicken
Entrées
Select Varieties,
16 oz



5.99 With
Card
-1.00

\$4.99
/EA*

Amy's Entrée
8.4-10.3 oz or
Kettle & Fire
Bone Broth,
16.2-16.9 oz;
Select Varieties



3.99 With
Card
-1.00

\$2.99
/EA*

Chobani
Greek Yogurt
4 ct or
Cascadian Farm
Organic Cereal
or Granola, 9-14.6 oz;
Select Varieties



5.99 With
Card
-1.00

\$4.99
/EA*

Hershey's
Unwrapped
Candy
7-9 oz or Black Forest
Fruit Snacks, 22 ct;
Select Varieties



3.99 With
Card
-1.00

\$2.99
/EA*

Darigold
Butter

16 oz or Daiya
Dairy-Free Cheese,
7.1-7.8 oz; Select Varieties



6.99 With
Card
-1.00

\$5.99
/EA*

Liquid Death
Sparkling Water
6-Pack, 12 oz Cans
or Quest
Tortilla Chips, 4 oz;
Select Varieties



8.99 With
Card
-1.00

\$7.99
/EA*

Crest
Toothpaste
Select Varieties,
3.8-4.8 oz



6.49 With
Card
-1.00

\$5.49
/EA*

Dixie
Paper Plates
or Bowls
Select Varieties,
25-90 ct

SAVE ON NATURAL & ORGANIC ITEMS



3.99 With Card
-1.00
\$2.99 /EA*

Pacific Foods
Organic Soup
32 fl oz or Goodles
Mac & Cheese,
5.25-6 oz;
Select Varieties



1.99 With Card
-1.00
99¢ /EA*

Annie's
Mac & Cheese
5.25-6 oz
or Core Water,
30.4 fl oz;
Select Varieties



64 fl oz or Planet Oat Oatmilk, 52 fl oz; Select Varieties

3.49 With Card
-1.00

\$2.49 /EA*

Almond Breeze
Almondmilk



3.99 With Card
-1.00
\$2.99 /EA*

Simple Truth
Sparkling Water
Select Varieties,
8-Pack, 12 fl oz Cans

SAVE \$1 EACH
WHEN YOU BUY 5 OR MORE.
MIX & MATCH 5 or more
participating items with Card.

*When you buy any 5 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for
these tags.



4.49 With Card
-1.00

\$3.49 /EA*

Cedar's
Organic Hommus
10 oz
or Stacy's Pita Chips,
6.75-7.33 oz;
Select Varieties,
In the Deli



5.99 With Card
-1.00
\$4.99 /EA*

Kashi
Organic Cereal



8-18 oz or Califia Farms
Organic Almondmilk,
48 fl oz; Select Varieties



Simple Truth
Organic Lunch Meat
Select Varieties,
5-6 oz

5.29 With Card
-1.00

\$4.29 /EA*



Vitaminwater
6-Pack, 16.9 fl oz
or Luna Bars, 6 ct;
Select Varieties

6.49 With Card
-1.00

\$5.49 /EA*



7.49 With Card
-1.00
\$6.49 /EA*

Amy's
Pizza
12-15.3 oz or Bob's
Red Mill Oats,
28-32 oz;
Select Varieties



8.49 With Card
-1.00
\$7.49 /EA*

Olipop
Soda
Select Varieties,
4-Pack, 12 fl oz



14.49 With Card
-1.00
\$13.49 /EA*

Applegate
Chicken
Select Varieties,
16 oz



5.49 With Card
-1.00

\$4.49 /EA*

Kind
Breakfast
Bars

12 ct or Partake
Gluten Free Cookies,
5.5-6.75 oz; Select Varieties



HOME TEAM ESSENTIALS



Find more game day deals & recipes at FredMeyer.com/Football

\$7.99
/LB

With Card
Beef Flanken Style Ribs
Bone-In,
Value Pack



Homestyle
80% Lean
Ground Beef
8 ct

\$12
With Card



Home Chef
Chicken Wings
\$8.99
/LB
With Card

Bone-In or
Boneless, Fully Cooked;
Select Varieties, In the Deli



Lay's
Potato Chips
5-8 oz or Doritos,
9-10.75 oz or
Sunchips, 7 oz;
Select Varieties
4/\$10
With Card
When you buy 4 or more in the same transaction with Card.
Quantities less than 4 are up to \$5.99 each with Card.



Sweet Baby Ray's
Barbecue Sauce
18 oz
or Kinder's Sauce,
12.5-16.9 oz;
Select Varieties
FREE
With Card



Ken's
Salad Dressing
16 fl oz or
Sensible Portions
Veggie Snacks,
3.75-7 oz;
Select Varieties
2/\$6
With Card



Kroger
Cocktail Smokies
14 oz
2/\$7
With Card



Bloom Pop
Soda
12 fl oz
or Reser's Dip, 8 oz;
Select Varieties
2/\$4
With Card



Kroger
Peanuts
Select Varieties,
12 oz
\$1.69
With Card



Kroger
Plastic Cups
Select Varieties,
50 ct
\$4.29
With Card



Kroger
Paper Plates
Select Varieties,
48 ct
\$2.99
With Card



Crock-Pot
Cook & Carry
Slow Cooker
6-Quart

\$49.99
With Card



\$20.99

Jameson,
Skrewball or
Maker's Mark
Select Varieties,
750 ml



\$6
With Card
Kroger
Broccoli or
Cauliflower
Florets
24-32 oz

Seasonal selection varies by store and is limited to stock on hand.

MIX & MATCH SAVE \$10 AN EXTRA

When you buy 2 participating
Household, Baby or
Pet items, with Card:

*Participating item selection may vary by store.
Discount applied at checkout with your Card.
Items must be purchased in the same transaction.

EVERYTHING YOU NEED FROM KICK OFF TO CLEAN UP



SHOP OUR EXCLUSIVE BRANDS AND SAVE



Simple Truth
Natural 93% Lean
Ground Beef
16 oz Package

\$9.99
With Card



Kroger
Single Serve
Salad Bowls
4.75-7 oz

3/\$11
With Card



Kroger
Instant Oatmeal
3/\$5
With Card

8-12 ct or Kroger Tea,
64 fl oz; Select Varieties



Kroger
Trail Mix
30-36 oz or Simple Truth
Freeze Dried Fruit, 2 oz;
Select Varieties

\$7.99
With Card



Private Selection
Preserves
Select Varieties,
13 oz

\$3.99
With Card



Simple Truth
Organic Broth
32 oz or Kroger
Dijon Mustard, 12 oz;
Select Varieties

2/\$4
With Card



Simple Truth
Protein Tortilla Chips
5 oz or Kroger
Peanuts, 32-35.5 oz;
Select Varieties

\$4.99
With Card



Kroger
Ice Cream
Select Varieties,
48 fl oz

2/\$5
With Card



Kroger
Diced Tomatoes
14.5 oz or Chunk Light Tuna,
5 oz; Select Varieties

89¢
With Card

BOTTLES & BREWS



Fremont,
Pfriem or
Mac and Jack's

\$10.99

Select Varieties,
6-Pack, 12 fl oz
Bottles or Cans,
Plus Deposit
Where Applicable

**8.99 EA
-10%
With Card**

\$8.09 /EA*

Barefoot
or Gekkeikan
Select Varieties,
1.5 Liters



High Noon
or Lucky One
8-Pack, 12 fl oz Cans
or Smirnoff, 1.75 Liters;
Select Varieties

\$16.99



Tito's
or Jose Cuervo
1.75 Liters
or Basil Hayden,
750 ml; Select Varieties

\$30.99

*When You Buy Any 6 Participating Items with Card.



CLIP COUPON

EARNS
4X FUEL
POINTS
with digital coupon*

on Simple Truth® products

*See coupon for details.

FIND YOUR FAVORITE NATURAL ITEMS

Boulder Canyon Chips

\$3.99

With Card

Select Varieties,
5.25-6.5 oz



Simple Truth Almond Butter Select Varieties, 16 oz

\$6.99

With Card



Poppi Soda Select Varieties, 12 fl oz Cans

3/\$5

With Card



Built Puff Protein Bars

Select Varieties, 4 ct

\$9.99

With Card



Pete & Gerry's Organic Eggs

Large, Grade A, 12 ct

\$5.49

With Card



Simple Truth Beef or Turkey Hot Dogs Select Varieties, 10 oz

\$4.49

With Card

HOME, HEALTH & MORE!



TRESEmmé Shampoo or Conditioner

Select Varieties, 28 fl oz

\$5.99

With Card



Vital Proteins Collagen Peptides

Select Varieties, 10-13.51 oz

\$20.99

With Card



Comforts Baby Food Variety Pack Select Varieties, 12 ct

\$7.99

With Card



Halls Value Pack Cough Drops

Select Varieties, 70-80 ct

\$4.99

With Card



Suave Body Wash

Select Varieties, 18 fl oz

\$2.99

With Card



GoodCook Meal Prep Containers Select Varieties, 10-Pack

\$8.99

With Card



Honeycrisp or
SugarBee Apples
\$2.49
/LB
With Card



Suja
Organic
Juice Drinks
2-12 fl oz
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



\$5.99
With Card
Blueberries
18 oz

Bloom Haus
January
Jubilee Bouquet

\$9.99



Red Tomatoes
on the Vine
\$1.99
/LB
With Card



California Cuties
Seedless Mandarins
3 lb
\$4.99
With Card



GUARANTEED FRESH



MIX & MATCH
BUY 1, GET 1
FREE
of Equal or Lesser Value
With Card



Bob Evans
Family Size Side
Select Varieties,
28-32 oz
\$4.99
With Card



Shrimp Trays
Frozen, 11-25.3 oz
or Crab Sale, Whole Cooked
Dungeness Crab, Snow Crab
Clusters or King Crab Legs,
16-22 ct; Previously Frozen
25% OFF
Tag Reflects Savings
With Card

Hormel Marinated
Pork Loin Filets
Select Varieties, 1.5 lb



Oscar Mayer
Fun Pack
Lunchables
8.8-10.7 oz
or Prime Fresh
Lunch Meat, 7-8 oz;
Select Varieties
2/\$6
With Card



Fresh
Columbia River
Steelhead Fillets
Farm-Raised
\$9.99
/LB
With Card

DELI & BAKERY

Order party trays, cakes and more at
FredMeyer.com/fresh

Lemon
Pudding Cake
30 oz or Classic Cake,
6", Select Varieties

\$6
With Card



Home Chef
Classic Seasoned
Fresh Roasted
Chicken
or Other Varieties,
Fully Cooked, 2 lb

\$8.99
With Card



Private Selection

Brown Sugar Ham
or Sharp
Cheddar Cheese,
\$10.99 lb with Card;
Select Varieties,
Sliced to Order
or Grab & Go

\$13.99
/LB



BOTTLES & BREWS

\$12.99

Fireball,
Captain Morgan
or Evan Williams

Select Varieties,
750 ml



**\$14.99 EA
-10%
With Card**

**\$14.99 EA
-10%
With Card**

\$13.49 /EA*

La Marca,
Jam Cellars
or Whitehaven
Select Varieties,
750 ml



**11.99 EA
-10%
With Card**

\$10.79 /EA*

Josh Cellars
or Maryhill
Select Varieties,
750 ml



**7.99 EA
-10%
With Card**

\$7.19 /EA*

Chateau Ste Michelle
or Columbia Crest
Select Varieties,
750 ml



\$13.99

Michelob Ultra
or Budweiser

Select Varieties, 12-Pack, 12-16 fl oz
or Redhook, 18-Pack, 12 fl oz
Bottles or Cans,
Plus Deposit
Where Applicable



**Cutwater
or Nütral
\$10.99**

Select Varieties,
4-Pack, 12 fl oz Cans



*When You Buy Any 6 Participating Items with Card.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!

SAVE 30%

With Card
Valentine's Plush,
Décor, Baking and
Exchange Cards



SHARE THE LOVE WITH GIFTS FROM THE HEART

Find more sweet deals at FredMeyer.com/Valentines



Holiday Home
Valentine's Day
Jumbo Bear
Select Varieties,
36"

\$19.99
With Card

Valentine's Day
Exchange Cards
Select Varieties

**SAVE
30%**
Tag Reflects Savings
With Card

Holiday Home
Valentine's Day
Mug
Select Varieties

\$4.99
With Card

**SAVE
50%**
Tag Reflects Savings
With Card



Fun Dip
Valentines
24 ct

\$5.99
With Card



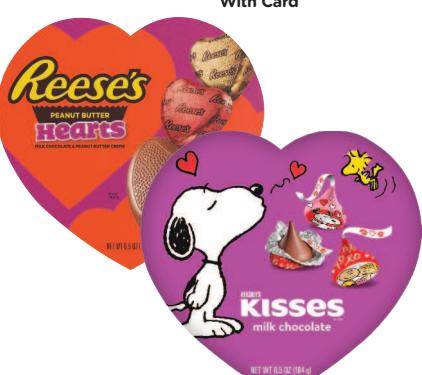
Queen Anne
Cordial Cherries
Select Varieties,
6.6 oz

\$3.49
With Card



Brach's
Heart Candy
Select Varieties,
12 oz

\$3.79
With Card



Hershey's
Candy Heart
Box
Select Varieties,
6.4-6.6 oz

\$5.49
With Card



Lindt
Gourmet Truffles
6.7 oz

\$17.99
With Card



Dove
Chocolate Hearts
Select Varieties,
7.94-8.87 oz

\$4.99
With Card



Trolli or Nerds
Candy Box
Select Varieties,
6 oz

\$6.99
With Card

Seasonal selection varies by store and is limited to stock on hand.

PICK UP EVERYTHING FOR GAME DAY!



HERE'S HOW IT WORKS... Look for these tags.

1. LOOK FOR THE TAGS

Look for the Blazers logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.



2. EARN POINTS AND REDEEM FOR...

Blazers tickets, experiential prizes, apparel and more!

