

# NEW LOWER PRICES

## 3<sup>50</sup>

**MINUTE MAID  
ZERO SUGAR or  
FUZE BEVERAGES**  
selected varieties, refrigerated  
1.54/1.75 L  
21434119 EA/21652207 EA



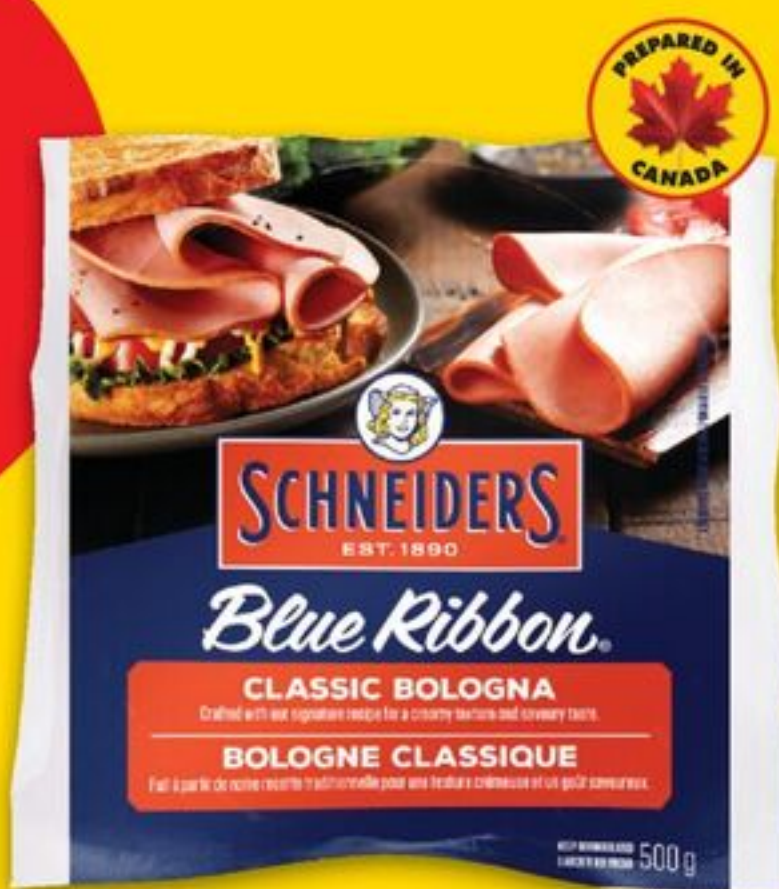
## \$2

**SNACK PACK  
PUDDING**  
selected varieties  
4x99 g  
20310707001 EA



## \$5

**SCHNEIDERS  
BOLOGNA**  
selected varieties  
500 g  
20039186 EA



## 6<sup>50</sup>

**MCCAIN  
PIZZA POCKETS**  
selected varieties, frozen  
540/600 g  
21047833 EA



## 5<sup>50</sup>

**SCHNEIDERS EGG BITES or  
BREAKFAST SANDWICHES**  
selected varieties, frozen  
204-288 g  
21623187 EA/21623288 EA



# NOFRILLS®

## DEALS FOR DAYS EVENT

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 8 TO  
WEDNESDAY, JANUARY 14, 2026.



ONLY  
**2.49**  
LB

**PORK HALF LOIN**  
fresh, boneless  
5.49/kg  
20554787\_KG

WHILE QUANTITIES LAST

ONLY  
**9.99**

**PINTY'S CHICKEN  
BREASTS** 600 g,  
**THIGHS** 640 g or  
**DRUMSTICKS** 950 g  
selected varieties, frozen  
21703414\_EA/21703423\_EA



SAVE 33%

**\$4**



**SCHNEIDERS** or  
**MAPLE LEAF BACON**  
uncooked or precooked  
selected varieties, 65/375 g  
20772071\_EA

SAVE 28%

**2.99**



PINT

**BLUEBERRIES**  
product of Mexico, Chile, Morocco, or Peru, no. 1 grade  
20060137001\_EA

ONLY

**3.58**



PKG OF 5 OR 6

**AVOCADOS**  
product of Mexico, Peru, or Colombia  
21644936001\_EA

SAVE UP TO 22%

**\$1**



**NO NAME® TUNA**  
selected varieties  
85/170 g  
20321647\_EA

ONLY

**5.25**

**LEAN GROUND BEEF**  
450 g  
21615428\_EA



HALAL

PRICE DROP

**1.25**



**ALLEN'S FRUIT  
COCKTAIL**  
selected varieties  
1 L  
20307424001\_EA/21630125\_EA

ONLY

**\$6**

**LACTANTIA  
LACTOSE FREE,  
PUR FILTRE or  
ULTRA PUR MILK**  
selected varieties  
1.5/2 L  
20301822001\_EA/21434991\_EA



ONLY

**\$7**

**PC® ORANGE JUICE**  
selected varieties, refrigerated  
2.5 L  
21531644\_EA



SAVE 20%

**\$2**



**CHRISTIE  
CRACKERS**  
selected varieties  
145-200 g  
21030647\_EA/21547034\_EA

SAVE 22%

**\$7**



**PC® DINNER  
ENTRÉES**  
selected varieties frozen  
770 g-1.13 kg  
20326534\_EA

ONLY

**3.27**

**CLASSICO PASTA SAUCE**  
selected varieties  
410/600 mL  
2032609001\_EA/21618217\_EA



SAVE UP TO 39%

**\$2**



**NO NAME® SOUR CREAM** 500 mL or  
**CHEEMO PEROGIES** selected varieties, frozen 745-907 g  
20299657\_EA/20527159\_EA

ONLY

**13.88**

908 G

**DAN-D PAK  
CASHEWS**  
salted or unsalted  
20314862002\_EA



SAVE UP TO 29%

**12.99**

30=60 ROLLS



**ROYALE  
BATHROOM  
TISSUE or  
TIGER TOWEL**  
selected varieties  
21378233\_EA/21484732\_EA

FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO  
STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY.

**JANUARY**

**HIT  
OF THE  
MONTH**



**Made in Canada**

**Catelli Smart or  
Healthy Harvest pasta**

Selected varieties, 340/375 g  
20299819008\_EA/20527060\_EA



**Kellogg's Eggo Waffles 8's**

Frozen, selected varieties, 270/280 g  
20302779\_EA/20323436001\_EA



**Prepared in Canada**

**Janes Cosmic Chicken Nuggets**

Frozen, 500 g  
21717211\_EA

See in-store for retails

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.  
Offer valid January 1st - 31st, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. See in store for limits. No rainchecks.

# FRESH AT LOW PRICES

**4<sup>99</sup>**  
EA/LB

**CHERRIES** 11.00/kg,  
product of Chile, no. 1 grade or  
**PINEAPPLE**  
product of Costa Rica  
20159690001\_KG/20160992001\_KG

**3<sup>99</sup>**  
EA/LB

**RED or GREEN  
SEEDLESS GRAPES** 8.80/kg,  
product of Peru, or South Africa, no. 1 grade,  
**BLACKBERRIES** each,  
product of Mexico, or U.S.A., or  
**RASPBERRIES** each,  
product of Mexico, or U.S.A., no. 1 grade  
20423775001\_KG/20159199001\_KG

**6 OZ  
CLAMSHELL**

**10 LB BAG**

**5<sup>99</sup>**

**RUSSET POTATOES**  
product of Canada, Canada no. 1 grade  
20001020001\_EA

**4<sup>99</sup>**

**PKG OF 3**

**CAULIFLOWER**  
product of U.S.A. or Mexico, no. 1 grade  
or **FARMER'S MARKET™ ENGLISH CUCUMBERS**  
product of Canada, Canada no. 1 Grade  
20135377001\_EA/20828461001\_EA



**If your produce isn't fresh,  
we'll replace AND refund it.\***

**3<sup>99</sup>**

**PKG OF 4**

**GREEN or RED PEPPERS**  
product of Mexico  
20115233001\_EA/20013208001\_EA

**4<sup>49</sup>**

**CANTALOUPE**  
product of Guatemala or Honduras, no. 1 grade  
20167017001\_EA

**5<sup>99</sup>**

**3 LB  
BAG**

**1 LB  
CLAMSHELL**

**STRAWBERRIES**  
product of Mexico or U.S.A., no. 1 grade or  
**FARMER'S MARKET™ LEMONS or ORANGES**  
product of U.S.A.  
20798811001\_EA/20162943001\_EA/20049778001\_EA

**2<sup>49</sup>**

**3 LB  
BAG**

**2 LB BAG**

**FARMER'S MARKET™ CARROTS or YELLOW ONIONS**  
product of Canada, Canada no. 1 grade  
20036838001\_EA/20811994001\_EA

**1<sup>99</sup>**

**BUNCH SPINACH or KALE**  
product of Mexico or U.S.A.  
20162840001\_EA/20138803001\_EA

**\$10**

**PC® KAKI  
PERSIMMONS**  
product of Spain  
21211638001\_C01

**CASE**

**1<sup>99</sup>**

**RED MANGO**  
product of Peru  
each  
2005796330001\_EA

**2<sup>99</sup>**  
LB

**BROCCOLI CROWNS**  
product of Mexico or U.S.A.  
6.59/kg  
200226161001\_KG

**4<sup>99</sup>**

**PKG OF 3**

**ROMAINE  
HEARTS**  
product of U.S.A.  
20067389001\_EA

**3<sup>99</sup>**

**PC® LITTLE GEMS™ RED, YELLOW, or  
MIXED MINI POTATOES**  
product of Canada, Canada no. 1 grade  
21247299001\_EA/21247300001\_EA

**GROWN IN  
THE WESTERN  
PROVINCES**  
British Columbia  
Alberta Saskatchewan  
Manitoba

**680 G**

**6<sup>99</sup>**

**5 LB BAG**

**FARMER'S MARKET™ MCINTOSH or  
ROYAL GALA APPLES**  
product of Western provinces, Canada fancy grade  
20623202001\_EA/21195877001\_EA

**6<sup>99</sup>**

**3 LB BAG**

**PC® MANDARINS**  
product of U.S.A.  
20849951001\_EA

**5<sup>99</sup>**

**907 G**

**FARMER'S MARKET™ GRAPE TOMATOES  
or PC® VARIETY TOMATOES**  
product of Canada or Mexico  
20840038001\_EA/20949860001\_EA

**681 G**

**GROWN IN THE  
WESTERN  
PROVINCES**  
British Columbia  
Alberta Saskatchewan  
Manitoba

**3<sup>99</sup>**

**454 G**

**PC® WHOLE WHITE or CREMINI  
MUSHROOMS**  
product of Western Provinces  
20741372\_EA/20738571\_EA

**PRICE  
DROP**

**\$2**  
LB

**COSMIC  
CRISP  
APPLES**  
product of U.S.A.,  
extra fancy grade  
4.41/kg  
21340884001\_KG

**\$3**

**BUNCH DILL**  
product of U.S.A. or Mexico  
20183183001\_EA

**\$2**  
LB

**SWEET ONIONS**  
product of U.S.A., no. 1 grade  
4.41/kg  
20083454001\_KG

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# FRESH AT LOW PRICES

**\$13**

**PC® BLUE MENU®  
BONELESS,  
SKINLESS  
CHICKEN THIGHS or  
SPLIT WINGS**  
up to 720 g  
21606306\_EA



**\$11<sup>LB</sup>**

**BONELESS BEEF STEW**  
24.25/kg  
20106117\_KG



**4<sup>49</sup>**

**MAPLE LEAF TOP DOGS  
or SCHNEIDERS WIENERS**  
selected varieties  
375 g  
21093477\_EA



**13<sup>99</sup>**

**MARCANGELO  
SOUVLAKI KABOBS**  
selected varieties  
480/640 g  
21041735\_EA

**\$7**



**SEAQUEST® COOKED or RAW SHRIMP** 36/55 per lb,  
300 g, **BAY SCALLOPS** 400 g, or **SHRIMP RING** 227 g  
frozen  
21636352\_EA

**\$9**



**HIGH LINER  
PINK SALMON**  
frozen  
400 g  
21093881\_EA

**11<sup>99</sup>**



**MARCANGELO SAUSAGE, BREAKFAST  
SAUSAGE, PATTIES or MEATBALLS**  
selected varieties, frozen, 1.2/1.4 kg  
20796699\_EA

**2<sup>50</sup>**



**THE LAUGHING COW CHEESE**  
selected varieties  
120-140 g  
20319107\_EA/21201454\_EA

**\$3<sup>50</sup>**  
Members save  
Non-members  
3<sup>50</sup>



**ZIGGY'S®  
SLICED MEAT**  
selected varieties  
175 g  
21592461\_EA/21599921\_EA

**5<sup>49</sup>**



**ASIAN INSPIRATIONS ENTRÉES**  
frozen, 400 g  
21047378\_EA

**\$5**



**SAPUTO CHEESE**  
selected varieties  
170-200 g  
20573975\_EA/21031214\_EA

**5<sup>50</sup>**



**MAIN ST BISTRO MAC AND CHEESE  
or MASHED POTATOES**  
selected varieties  
567-680 g  
20338009\_EA/20027947\_EA

**\$7**



**PILLER'S  
PEPPERETTES or  
TURKEY BITES**  
300-500g  
21099391\_EA/21099386\_EA

**2<sup>50</sup>**



**DELI WORLD  
LIGHT RYE BREAD**  
500 g  
20097456\_EA

**2<sup>50</sup>**



**WONDER BREAD** 570 g or **BUNS** 12's  
selected varieties  
20305674\_EA/20320827\_EA

**\$5**



**LA BAGUETTERIE MICHE**  
selected varieties  
600/800 g  
20462393\_EA

**\$4**



**PC® TOPPED HUMMUS** 280 g or  
**SABRA GUACAMOLE** 198 g  
selected varieties  
20811328\_EA/21586063\_EA

# DEALS FOR DAYS EVENT

ONLY

3<sup>25</sup>

**ASTRO, iÖGO 650/750 g,  
LIBERTÉ GREEK 4's YOGURT  
or PILLSBURY  
REFRIGERATED DOUGH 318-468 g**  
selected varieties  
20165226001\_EA/20320962002\_EA



SAVE 20%

5<sup>99</sup>

**LACTANTIA BUTTER**  
selected varieties  
454 g  
20639926\_EA



SAVE 33%

3<sup>99</sup>

**KRAFT  
CHEEZ WHIZ**  
450 g  
20659666001\_EA



ONLY

\$4

**DR. OETKER RISTORANTE  
or CASA DI MAMA PIZZA**  
selected varieties frozen  
320-410 g  
20296100001\_EA/20296424004\_EA

\$6



**PC® FREE RUN EGGS**  
12's  
20813638001\_EA

\$4



**PC® DINNER ENTRÉES**  
selected varieties frozen  
212-385 g  
2031707\_EA

3<sup>50</sup>



**CAVENDISH PREMIUM FRIES**  
selected varieties, frozen  
400-750 g  
21605114\_EA

2<sup>29</sup>



**HOLIDAY LUNCHEON MEAT** 340 g or  
**MAPLE LEAF FLAKES** 156 g  
selected varieties  
20916273001\_EA/20616778\_EA

5<sup>50</sup>



**HÄAGEN-DAZS ICE CREAM** 450 mL or  
**NOVELTIES** 3/4's  
selected varieties, frozen  
20302298001\_EA/215133506\_EA

2<sup>79</sup>



**CHRISTIE COOKIES**  
selected varieties  
251-302 g  
21338407\_EA/213613508\_EA

\$4



**DORITOS  
TORTILLA CHIPS**  
selected varieties  
210/235 g  
21693042\_EA

2<sup>49</sup>



**SENSIBLE PORTIONS  
VEGGIE STRAWS or CHIPS**  
selected varieties  
120-142 g  
20377504001\_EA/21380091\_EA

\$4



**OCEAN SPRAY CRANBERRY COCKTAIL**  
selected varieties  
1.89 L  
20300060008\_EA

\$4



**COCA-COLA or PEPSI SOFT DRINKS**  
selected varieties  
6x710 mL  
20310540002\_C06/20313741002\_C06

3<sup>50</sup>



**MOTT'S CLAMATO**  
selected varieties  
1.89 L  
20318955002\_EA

\$3



**CATELLI GLUTEN-FREE PASTA**  
selected varieties  
300/340 g  
20794233\_EA

\$3



**OLD EL PASO COMPONENTS**  
selected varieties  
9x334 g/243-398 mL  
20300920001\_EA/20838196\_EA

\$22



**PC® ROAST AND GROUND COFFEE**  
**WHOLE BEAN** 820/907 g or **PODS** 30's  
selected varieties  
21668446\_EA/21668491\_EA

5<sup>50</sup>



**KELLOGG'S FAMILY SIZE CEREAL**  
selected varieties  
480-650 g  
21649784\_EA/21651640\_EA

2<sup>29</sup>



**QUAKER DIPP'S or CHEWY GRANOLA BARS**  
selected varieties  
120-156 g  
20847382\_EA/21339366\_EA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See instore for details. \*\*Must be a registered PC Optimum™ member to get this offer.

**NOFRILLS**

CUSTOMER RELATIONS 1-866-98-SMILE (76453)

nofrills.ca



this product contains  
post consumer recycled  
paper



# BRANDS YOU LOVE AT LOW PRICES

ONLY

6<sup>79</sup>

**YOPLAIT SOURCE YOGURT**

selected varieties  
16x100 g  
20317317001, EA



SAVE 53%

\$2

**HELUVA GOOD! DIP**

selected varieties  
250 g  
20179979002, EA

SAVE 28%

4<sup>99</sup>

**MCCAIN DEEP 'N DELICIOUS CAKES**

selected varieties, frozen  
510 g  
20310132002, EA



SAVE UP TO 29%

\$6

**PILLSBURY PIZZA POPS**

760 g or BITES 693 g  
selected varieties, frozen  
21435938, EA



\$7

**STARBUCKS COFFEE ENHANCER**

selected varieties  
828 mL  
21434900, EA



\$7

**STOK COLD BREW COFFEE**

selected varieties  
1.42 L  
21303737, EA/21303739, EA



3<sup>88</sup>

**SUNCHIPS**

255 g or MUNCHIE'S  
selected varieties  
21370317, EA/21370415, EA



2<sup>50</sup>

**BEN'S ORIGINAL BISTRO EXPRESS RICE**

selected varieties  
240/250 g  
21404900, EA/21405476, EA



3<sup>50</sup>

**KOOL-AID JAMMERS SUNNYD BEVERAGES**

selected varieties  
10x180 mL or 1.89 L  
20079979006, EA/21102303, EA



\$9

**POPPI SODA**

selected varieties  
4x335 mL  
21400583, EA



1<sup>50</sup>

**NO NAME® BEANS**

selected varieties  
540 mL  
20324921001, EA



4<sup>88</sup>

**HUY FONG SAMBAL OLEK CHILI GARLIC SAUCE**

selected varieties  
481 mL or 714 mL  
20074956, EA/21103178, EA



2<sup>50</sup>

**PEPPERIDGE FARM GOLDFISH CRACKERS**

selected varieties  
167/227 g  
20300320, EA/2030894003, EA



2<sup>25</sup>

**CAMPBELL'S CHUNKY SOUP**

selected varieties  
515 mL  
21480047, EA



1<sup>50</sup>

**CLARK BAKED BEANS**

398 mL or MR. NOODLES BOWL 110 g  
selected varieties  
20344960001, EA/21308477, EA



1<sup>79</sup>

**KRAFT DINNER**

156/175 g or SALAD PASTA 200 g  
selected varieties  
21140589, EA/21140590, EA



4<sup>50</sup>

**HELLMANN'S REAL MAYONNAISE**

selected varieties  
340/445 mL  
2000032001, EA



8<sup>88</sup>

**MAZOLA CORN OIL**

2.84 L  
20011080, EA



12<sup>99</sup>

**BERTOLLI OLIVE OIL**

selected varieties  
750 mL/1 L  
20104182001, EA



2<sup>29</sup>

**NO NAME® WHITE VINEGAR**

Club Size  
4 L  
201023756, EA



# BRANDS YOU LOVE AT LOW PRICES

SAVE UP TO 37%

4<sup>99</sup>

IMPERIAL  
MARGARINE 850 g  
or TROPICANA  
ORANGE JUICE 1.36 L  
selected varieties  
20054663 EA/21622130 EA



SAVE 39%

\$7

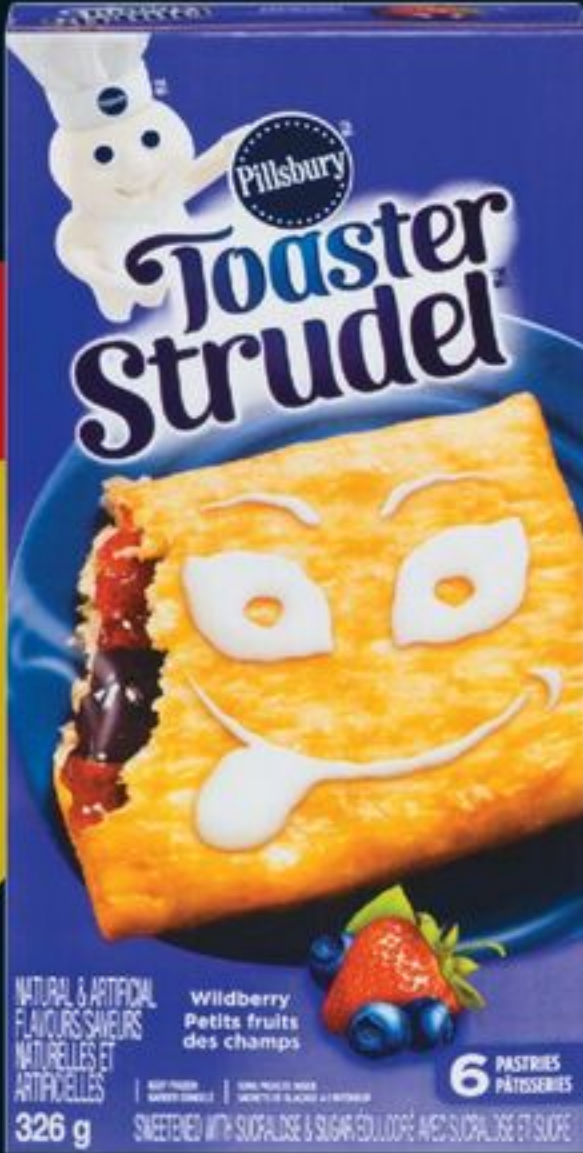
KRAFT SINGLES  
825 g  
2118312 EA



ONLY

\$4

PILLSBURY  
TOASTER STRUDEL  
selected varieties, frozen  
326 g  
2017264004 EA



ONLY

2<sup>75</sup>

YOPLAIT SOURCE  
630 g, TUBES 8's,  
MINIGO 6's or  
PROTEIN 4's YOGURT  
selected varieties  
21547595 EA/21619318 EA



1<sup>25</sup>

TINA'S BURRITO  
selected varieties, frozen  
113 g  
21639797 EA



\$3

MOTT'S FRUITSATIONS  
selected varieties  
6x113 g  
20324347001 EA



\$3

PRINGLES CRISPS  
selected varieties  
148/156 g  
21003823 EA/21003823 EA



3<sup>50</sup>

LECLERC CÉLÉBRATION COOKIES  
selected varieties  
200/240 g  
21648530 EA/21680155 EA



5<sup>50</sup>

ROBIN HOOD FLOUR  
selected varieties  
2/2.5 kg  
20029497001 EA/20029497005 EA



\$6

QUAKER BAKING MIXES  
or OAT FLOUR  
selected varieties  
700/900 g  
2000186003 EA/2000186004 EA



7<sup>99</sup>

TETLEY TEA  
selected varieties  
80/144's  
20311144 EA/20638842 EA



8<sup>99</sup>

TWININGS TEA  
selected varieties  
50's  
20006148001 EA/21111078 EA



7<sup>99</sup>

TIM HORTONS  
INSTANT COFFEE  
selected varieties  
100 g  
21161584 EA/21606018 EA



4<sup>50</sup>

MARS CHOCOLATE BAG  
selected varieties  
155-170 g or  
MULTI PACK 4's  
20311923 EA/20638842 EA



\$3

QUAKER INSTANT OATMEAL  
selected varieties  
232-344 g  
21190260 EA/21190265 EA



3<sup>29</sup>

KELLOGG'S SPECIAL K or KASHI  
CRUNCHY, CHEWY or SOFT BAKED BARS  
selected varieties  
165-200 g  
2044832201 EA/21010324 EA



3<sup>49</sup>

KETTLE BRAND  
POTATO CHIPS  
selected varieties  
156/198 g  
21206972 EA



# BRANDS YOU LOVE AT LOW PRICES

**\$5**



**\$5**



**DOVE BAR SOAP** 3x106 g, **BODY WASH** 325 mL, **DEODORANT** or **ANTIPERSPIRANT** 45-76 g selected varieties 20188212003 EA/21220717 EA

**SENSODYNE** or **PRONAMEL TOOTH PASTE** 75/100 mL or **POLIGRIP** 40 g selected varieties 20301179001 EA/20756075 EA

**\$4**



**MR. CLEAN ALL PURPOSE CLEANER** 1.21 L, **FEBREZE AIR** 250 g, **BATHROOM AIR FRESHENER** 7.5 mL, **CAR** 2 mL or **MAGIC ERASER** 2/3's selected varieties 21005017 EA/21700198 EA

**\$14**



**FINISH DISHWASHING TABS** 30-55's or **QUANTUM JET DRY RINSE AID** 946 mL selected varieties 21218146 EA/21565525 EA

**\$22**



**TIDE LIQUID LAUNDRY DETERGENT** 3.46/3.9 L, **PODS** or **FLINGS** 45/76's selected varieties 21593670 EA/21593679 EA

**\$6**



**NO NAME® NAPKINS** 500's 20306897 EA

## BETTER AS A MEMBER

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**Optimum™ EARN 5,000 pts = \$5 Value for every \$12\* spent on**

**LYSOL CLEANING PRODUCTS** all sizes and varieties 20310677001 EA/21238361 EA



# NEW DIGITAL COUPONS



## MORE OFFERS. MORE POINTS.

CLICK FOR  
THESE COUPONS  
AND MORE



**PC®  
ORANGE JUICE**  
1.54 L

Get  
**250** <sup>PTS</sup>  
with digital  
coupon



**PC®  
PASTA SAUCE**  
410/650 mL

Get  
**500** <sup>PTS</sup>  
with digital  
coupon



**PC®  
100% JUICE**  
1 L

Get  
**750** <sup>PTS</sup>  
with digital  
coupon



**PC®  
MAX STRENGTH  
AND THICKNESS  
PAPER TOWELS**  
3 = 6 Rolls

Get  
**1,000** <sup>PTS</sup>  
with digital  
coupon



**PC®  
MINI MUFFINS**  
336 g

Get  
**1,000** <sup>PTS</sup>  
with digital  
coupon



**PC®  
NAAN ROUNDS**  
480 g

Get  
**1,000** <sup>PTS</sup>  
with digital  
coupon



**PC®  
PROBIOTIC  
YOGURT**  
650 g

Get  
**1,500** <sup>PTS</sup>  
with digital  
coupon



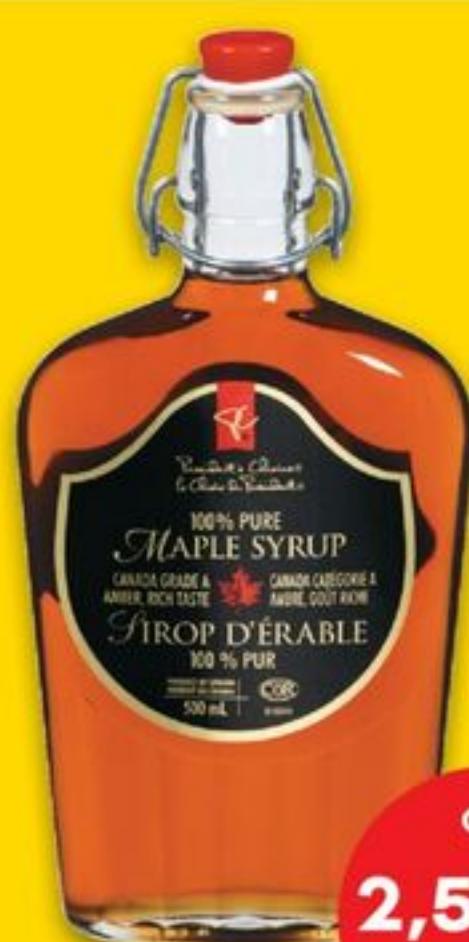
**PC®  
CHOCOLATE  
COVERED NUTS**  
340-400 g

Get  
**1,500** <sup>PTS</sup>  
with digital  
coupon



**PC®  
BUTTER  
QUARTERS**  
454 g

Get  
**1,500** <sup>PTS</sup>  
with digital  
coupon



**PC®  
MAPLE SYRUP**  
500 mL

Get  
**2,500** <sup>PTS</sup>  
with digital  
coupon



**PC®  
SMOKIES**  
1 kg

Get  
**3000** <sup>PTS</sup>  
with digital  
coupon



**PC®  
SPLENDIDO® OLIVE OIL**  
1 L

Get  
**3000** <sup>PTS</sup>  
with digital  
coupon

# MORE OFFERS. MORE POINTS.

CLICK FOR  
THESE COUPONS  
AND MORE



**NO NAME®  
WINDSHIELD  
WASHER FLUID**  
3.78 L

Get  
**250** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
CHIPS**  
200 g

Get  
**250** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
VINEGAR**  
4 L

Get  
**250** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
DICED TOMATOES**  
796 mL

Get  
**250** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
CHEESE BARS**  
400 g

Get  
**500** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
PEANUT BUTTER**  
1 kg

Get  
**500** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
MAYONNAISE**  
890 mL

Get  
**500** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
sour cream**  
500 mL

Get  
**500** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
FLOUR**  
2.5 kg

Get  
**500** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
MICROWAVE POPCORN**  
6 x 82 g

Get  
**1,000** <sup>PTS</sup>  
with digital  
coupon



**NO NAME®  
STRAWBERRY JAM**

Get  
**1,500** <sup>PTS</sup>  
with digital  
coupon



**T&T® FROZEN  
POTSTICKERS**  
567 g

Get  
**1,500** <sup>PTS</sup>  
with digital  
coupon

# EASY MEALS AT LOW PRICES

\$3

**ZIGGY'S® FRESH PASTA**  
selected varieties  
350/360 g  
21521168\_EA



3.50

APP EXCLUSIVE OFFER\*

Optimum  
EARN  
1,000 pts

=\$1  
Back in points

**PC® DIPS** 227 g or  
**PC® NAAN DIPPERS** 200 g  
selected varieties  
20584212\_EA/21092033\_EA



\$6

**PACE PIZZA** 510-542 g or  
**LA CASA ROSA FRESH ENTREES** 350 g  
selected varieties  
20584212\_EA/21092033\_EA





# COLLECT & SAVE! BIG IS BACK

Get one stamp for  
every \$20\* spent.

Collect 20 stamps and  
get 60-80% off\*  
one piece of high-quality  
Kuhn Rikon Swiss  
design ovenware!

SAVE  
60-80%\*  
OFF EACH



Opt-in digitally  
in the PC Optimum™  
App and get  
8 bonus stamps\*

**KUHN  
RIKON**  
SWISS DESIGN

\*Offer available in-store and online at participating Loblaw banner stores starting Oct. 23, 2025. Receive 1 stamp for every \$20 spent before applicable taxes in a single transaction until Feb. 11, 2026. 8 bonus stamps available to PC Optimum™ members who opt-in to program using the PC Optimum™ App (the "App") between Oct. 16, 2025 and Feb. 11, 2026. Limit 1 bonus offer per account/household. Notwithstanding the foregoing, we reserve the right to stop issuing stamps (incl. bonus) earlier upon notice posted in-store, in the App and on [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave). Stamps are not provided for purchase of tobacco, alcohol, prescriptions, gift cards, phone cards, lottery tickets, 3rd party operations (post office, gas bar, dry cleaner, etc.) and any other products which are provincially regulated. When you collect and redeem 20 stamps, you'll get 60 - 80% off 1 Kuhn Rikon ovenware piece, before applicable taxes. Offer cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. PC Optimum™ Members: To obtain a digital stamp card, opt-in to this program using the App. Digital stamps collected by a household will be combined on one digital stamp card. For paper stamp card or for non-PC Optimum™ members, see in-store for card. 20 digital or paper or a mix of both stamps must be presented to cashier at time of ovenware purchase. Completed stamp cards can be redeemed until Feb. 25, 2026, after which time stamps/cards expire. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. Eligible ovenware is under warranty for 2 years from date of purchase and can be replaced at your store of purchase until Feb. 25, 2026 or while supplies last, whichever is earlier, after which time, contact [loblawpromotions@l-founders.com](mailto:loblawpromotions@l-founders.com) for replacement. For full warranty information including warranty exclusions, FAQ's and complete offer details, visit [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave).

ONLINE OVEN FLAP

# BUDGETS LOVE YELLOW (So switch)

Your home of  
no name®

2<sup>50</sup>

APP EXCLUSIVE OFFER\*

Optimum™  
EARN  
1,000<sup>pts</sup>  
=\$1  
Back in points

**NO NAME® NACHO CHEESE TORTILLA CHIPS**

selected varieties  
200 g  
21654374\_EA



1<sup>47</sup>

**NO NAME® POTATO CHIPS**

selected varieties  
200 g  
21302821\_EA



4<sup>50</sup>

**NO NAME® CHOCOLATE CHIP COOKIES**

907 g  
20318678001\_EA



2<sup>29</sup>

**NO NAME® GRANOLA BARS**

selected varieties  
120-175 g  
20915354\_EA/21540823\_EA



\$3

**NO NAME® 400 g FROZEN FRUIT**

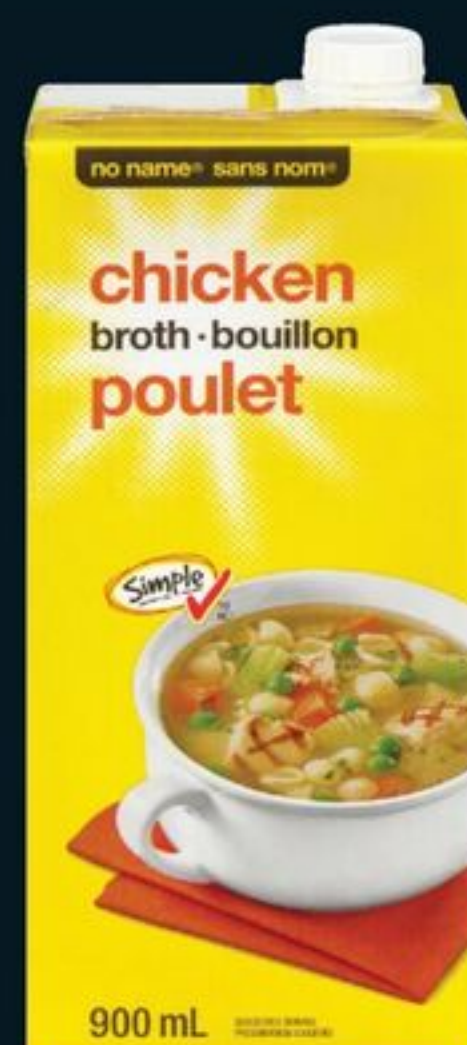
assorted varieties  
21545106\_EA



1<sup>50</sup>

**NO NAME® BROTH**

selected varieties  
900 mL  
21189611\_EA



\$3

**NO NAME® JUICE BOXES**

selected varieties, 8/10x200 mL  
20503035003\_EA



1<sup>75</sup>

**NO NAME® EVAPORATED MILK**

selected varieties  
354 mL  
21040510\_EA/21040543\_EA



\$7

**4 LB BAG**

**NO NAME® NATURALLY IMPERFECT™ ORANGES**

product of U.S.A.  
21649536001\_EA



3<sup>50</sup>

**NO NAME® COTTAGE CHEESE**

selected varieties, 500 g  
20183991002\_EA



\$6

**NO NAME® CHICKEN STRIPS or NUGGETS**

frozen, 908 g  
21178745\_EA



\$14

**NO NAME 4 oz BEEF BURGERS**

frozen, 1.36 kg  
20114154\_EA



\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

no name®

# KITCHEN ESSENTIALS

\$3

**EVERYDAY ESSENTIALS™  
HANDHELD  
ZESTER**

21351350, EA



**EVERYDAY ESSENTIALS™  
SPICE SHAKER**

large  
21162852, EA



**EVERYDAY ESSENTIALS™  
STAINLESS  
STEEL LADLE**

21213849, EA



\$4

**EVERYDAY ESSENTIALS™  
NESTED  
TONGS**

3 pack  
21162313, EA



**PC® CERAMIC  
BERRY PINT**

blue  
21351929, EA



**EVERYDAY ESSENTIALS™  
POTATO  
MASHER**

21214379, EA



\$6

**PC® SILICONE  
DRINKING  
STRAWS WITH  
BRUSH**

21186435, EA



**EVERYDAY ESSENTIALS™  
6-PIECE STEAK KNIFE SET**

20113389, EA



**PC® SQUARE  
CLIP JAR**

2.0 L  
20774691, EA



\$18

**EVERYDAY ESSENTIALS™  
HAND BLENDER**

20164241, EA



**EVERYDAY ESSENTIALS™  
SANDWICH MAKER**

20164267, EA



**EVERYDAY ESSENTIALS™  
6 CUP RICE COOKER**

20053721, EA



**EVERYDAY ESSENTIALS™  
FOOD CHOPPER**

20121544, EA

\$15

**PC® INSTANT READ  
DIGITAL PEN  
THERMOMETER**

21218258, EA



\$20

**EVERYDAY ESSENTIALS™  
2 SLICE TOASTER**

20219347002, EA



# JOE FRESH

FRESH FITS FOR  
A FRESH START

Earn  
points while  
you save



APP  
EXCLUSIVE  
OFFER

Open the app.  
It's as easy as that!

Optimum™

# 15,000 pts

When you spend \$75+  
on apparel\*

**\$15**  
back  
in points

Ends January 14, 2026

# 25% off

Leggings, Bike Shorts,  
& Sports Bras\*

Select Styles | Regular Price \$29 - \$35  
January 8 - 21



NOW  
**\$26<sup>25</sup>**

~~\$35~~  
Active Momentum  
Sports Bra



~~\$29~~  
Active  
Bike Short

NOW  
**\$21<sup>75</sup>**



~~\$29~~  
Active Balance  
High Rise Legging

NOW  
**\$21<sup>75</sup>**



~~\$35~~  
Women+ Active  
Momentum Sports Bra

NOW  
**\$26<sup>25</sup>**

NOW  
**\$15<sup>20</sup>**

~~\$19~~  
Toddler Boys'  
Active Four-Way  
Stretch Jogger



# 20% off

Children's Active  
Apparel & Sneakers\*

Regular Price Only  
January 8 - 14

EVEN MORE ONLINE AT JOEFRESH.COM

SHOP NOW

\* Visit [www.joefresh.com/offerdetails](http://www.joefresh.com/offerdetails) for full details.

# GET FLYER TO YOUR EMAIL.

## STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

## STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)\*



\*Standard message and data rates may apply.

## MORE WAYS TO SAVE

**NEW  
LOWER  
PRICES**

Enjoy these price  
drops for longer.

**RAIN  
CHECK  
+ pts**

We'll honour a current deal  
if we're sold out, and give  
10% in PC Optimum points.

**ALWAYS**

Count on low  
everyday prices.

**FRESH  
GUARANTEE**

If your produce isn't fresh,  
we'll replace AND refund it.

The  **NOFRILLS**® thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

ONL NFW MKT