



Simple Truth Organic Salad Blends

Boneless

Chuck Roasts or Steaks

16 oz or Private Selection Snacking Tomatoes, 24 oz; Select Varieties



Kroger Red, Green, or Black **Seedless Grapes** 3 lb Package

With Card



Kroger **Ice Cream** Select Varieties, 48 fl oz

With Card



Fritos Select Varieties, 9.25-10 oz Regular retail is up to



/LB

With Card

With Card

Screamin' Sicilian Pizza 17.5-25 oz or Saffron Road Entrée, 10-10.5 oz; Select Varieties



With Card



Coca-Cola, Pepsi or 7UP

Select Varieties, 12-Pack, 12 fl oz Cans or 8-Pack, 12 fl oz Bottles or Polar Seltzer Water 8-Pack, 12 fl oz Cans; Limit 8 Packages Regular retail is up to \$10.99 each with Card



Outshine Fruit Bars Select Varieties,



With Card



Franz **Bagels** Select Varieties, MIX & MATCH of Equal or Lesser Value

With Card



General Mills Giant Size Cereal Select Varieties, 20-29 oz



MIX & MATCH of Equal or Lesser Value



Private Selection Pasta 16 oz or Pasta Sauce. 24 oz: Select Varieties



Mission Carb Balance Tortillas 8 ct or Frank's RedHot Sauce. 12 fl oz: Select Varieties



White Claw, **Modelo or Corona** Select Varieties, 24-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

Modelo











Select Varieties, 6-Pack, 16.9 fl oz Bottles



Prices valid in-store or for pickup orders placed on Saturday-Monday.

Use each coupon UP TO 5











Blueberries **L**/EA With Digital Coupon Price without digital coupon is up to \$6.99 each with Card.



Hill's Sold in a 3 lb Package for \$11.97

399 With Digital Coupon Price without digital coupon

is up to \$4.99 lb with Card. Sold in a 3 lb Package for \$14.97



spindrift

Spindrift **Sparkling Water** Select Varieties, 8-Pack, 12 fl oz Cans

549 /EA With Digital Coupon Price without digital coupon is up to \$6.49 each with Card.



Kroger Cage Free Eggs

/EA With Digital Coupon

Price without digital coupon varies by store.

*While supplies last



Aidell's **Dinner Sausage** Select Varieties, 12 oz



Mini Cupcakes

12 ct or Brownie Bites, 10.5-11.9 oz: Select Varieties, In the Bakery

/EA With Digital Coupon

Price without digital coupon is up to \$5 each with Card.



Stouffer's or Lean Cuisine Entrée

Select Varieties, 5.75-12.875 oz

/EA

With Digital Coupon

Price without digital coupon is up to \$2.49 each with Card.



Smucker's Uncrustables Select Varieties. 10 ct

With Digital Coupon

Price without digital coupon is up to \$10.99 each with Card

WEEKLY DIGITAL DEALS

Use each coupon UP TO 5 TIMES in one transaction

Look for these tags.



Town HOUSE

LE INGREDIE

MUKED

WHITE

Club Crackers

11-13.7 oz or Town House Crackers, 9.2-13.8 oz; Select Varieties

With Digital Coupon

Price without digital coupon is up to \$3.99 each with Card.



Sun Chips

7 oz or Naked Bread, 22.5 oz; Select Varieties

P/EA

With Digital Coupon Price without digital coupon is up to \$3.99 each with Card.

Häagen-Dazs Ice Cream

14 fl oz or Bars

3 ct; Select Varieties ● /EA

With Digital Coupon Price without digital coupon

is up to \$3.99 each with Card.



Price without digital coupon is up to \$8.99 each with Card.



With Digital Coupon



--KODIAI



Simple Truth **Organic Broth** Select Varieties, 32 oz

With Digital Coupon Price without digital coupon

is up to \$1.99 each with Card. Kodiak **Frozen Waffles**



Select Varieties,

With Digital Coupon

Price without digital coupon is up to \$6.49 each with Card.



THICK 🔤 FLUF

Kroger Ultra **Bath Tissue**

Select Varieties. 24 Mega Rolls

With Digital Coupon Price without digital coupon is up to \$21.99 each with Card.

*While supplies last.

MIX & MATCH AN EXTRA

When you spend \$40 or more on participating Baby, Pet or Personal Care items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



WEEKLY DIGITAL DEALS

Use each coupon UP TO 5 **TIMES** in one transaction



these tags.





Price without digital coupon is up to \$3.99 each with Card. *While supplies last.



Price without digital coupon is up to \$21.99 each with Card.





CLIP COUPON

on Simple Truth® products

*See coupon for details.

SAVE \$100 99 With Card

RoomSense Cannon 88" Power Reclining Leather Sofa

Reg. 999.99

Power Recliner Reg. 549.99 With Card **449.99**



Sitswell Kasen Glider Recliner

249⁹⁹

With Card Reg. 499.99 Also in brown or gray.



75" SAMSUNG

Crystal UHD 4K Smart TV UN75U7900 Reg. 579.99



Limited to stock on hand.







100

NATURAL & ORGANICS

Explore a great selection of natural choices.





Simple Truth Natural 80% Lean **Beef Burgers** Frozen, 2 lb

With Card



Simple Truth Organic Gala, **Granny Smith** or Pink Lady Apples 2 lb Bag

With Card



Simple Truth Fresh Roasted Chicken Fully Cooked, 2 lb. In the Deli



Simple Truth **Organic** Cucumbers

With Card

Olipop Soda Select Varieties, 12 fl oz





Fage **Greek Yogurt** Select Varieties,



Simple Truth **Organic**

Peanut Butter

With Card

Bear Naked Granola, 11-12 oz; Select Varieties



With Card





organic.

IXED VEGETAL

Bai Beverage 18 fl oz or Lärabar, 1.06-1.7 oz; Select Varieties

With Card





Traditional Medicinals **Organic Tea** 16 ct or Kashi Organic Cereal,

8-18 oz; Select Varieties

With Card

Simple Truth Organic Frozen Vegetables Select Varieties, 10-12 oz

With Card

organic

FDAMAME



Think Protein Bars Select Varieties, With Card



organic. PEANUT BUTTER

NET WT 15 OZ (425g)



Simple Truth Organic **Tortilla Chips** Select Varieties, 9 oz

With Card

GROCERY ESSENTIALS

BUY 1, GET 1

With Card



Green Mountain

10 ct or Donut Shop Coffee, 12 oz Bag or K-Cups, 10 ct; Select Varieties



Coffee-Mate Creamer 32 fl oz or Cold Foam, 14 oz; Select Varieties

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$4.49 each with Card



Progresso Soup Select Varieties,

18.5-19 oz

With Card

When you buy 8 or more in the same transaction with Card, Quantities less than 8 are up to \$2.79 each with Card



of Equal or Lesser Value



Simply Juice Select Varieties,

52 fl oz

With Card



LaCroix or Waterloo **Sparkling Water** Select Varieties. 8-Pack, 12 fl oz Cans

With Card

BOTTLES & BREWS



Fremont,

Where Applicable

Blue Moon or Deschutes Select Varieties, 6-Pack, 12 fl oz Bottles or Cans, Plus Deposit



Athletic

or Heineken Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable



8.99 EA -10% With Card

/EA*

Fre, XXL or Matua Select Varieties, 750 ml

*When You Buy Any 6 Participating Items with Card.

Use each coupon up to 5 times in one transaction with Card.

Find even more online! Scan me to download digital coupons.

*When you buy participating items in the same transaction with Digital Coupon.







2.49 With Card -1.00 off 1

DIGITAL COUPON OFFER

/EA*

Ragú **Pasta Sauce** Select Varieties. 16-24 oz

Kroger



3.79 With Card -1.00 off 1

DIGITAL COUPON OFFER

► /EA*

Blue Diamond Almond **Nut Thins**

Select Varieties, 4.25 oz



5.99 With Card -2.00 off 1

Mountain Spring DIGITAL COUPON OFFER



-50¢ off 1 **DIGITAL COUPON OFFER**

Rice-a-Roni 4.3-7.2 oz or Pillsbury Cake Mix 15.25 oz. Select Varieties



Chobani **Greek Yogurt** Select Varieties,

5.3 oz



DIGITAL COUPON OFFER



Arrowhead

24-Pack, 16.9 fl oz

Tide Laundry

Select Varieties 92-105 fl oz

Detergent

Water

-3.00 off 1 DIGITAL COUPON OFFER



6.99 With Card -2.00 off 1

DIGITAL COUPON OFFER



2.49 With Card -50¢ off 1 DIGITAL COUPON OFFER

Kroger

Apple Juice or Juice Cocktail, 64 fl oz; Select Varieties

Soft & Strong **Bath Tissue** 12 Double Rolls /EA*

SAVE MORE

WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card.

Find even more online!

Visit FredMeyer.com/5Xcoupons to download digital coupons.

*When you buy participating items in the same transaction with Digital Coupon. Participating item varieties and sizes may vary by store.



Look for these tags.



Frito-Lay **Simply Snacks**

5.25-8.5 oz or Miss Vickie's Potato Chips, 8 oz: Select Varieties

4.49 With Card -1.00 off 1

5.99 With Card -50¢ off 1

DIGITAL COUPON OFFER

Clif Z Bar Select Varieties, 5-6 ct

10.99 With Card -1.00 off 1 **DIGITAL COUPON OFFER**

> /EA* **Just Bare Frozen** Chicken

Select Varieties, 19.2-24 oz



8.99 With Card **-1.00** off 1 **DIGITAL COUPON OFFER**

Gardein **Ultimate Plant-Based** Entrée

Select Varieties. 8-Pack, 12 fl oz Cans Select Varieties, 14-15 oz



-1.00 off 1 Simple Truth **DIGITAL COUPON OFFER** Sparkling Water



1.99 With Card -1.00 off 1 DIGITAL COUPON OFFER

Select Varieties, 20 fl oz



1.99 With Card **-1.00** off 1

DIGITAL COUPON OFFER

Annie's Pasta & Cheese

Select Varieties, 5.5-6 oz



3.99 With Card **-1.00** off 1 **DIGITAL COUPON OFFER**

Cascadian Farm Organic Cereal or Granola

Select Varieties, 9-15 oz



6.99 With Card **-1.00** off 1 DIGITAL COUPON OFFER

Horizon **Organic Milk** Select Varieties. 59-64 fl oz



5.29 With Card **-1.00** off 1 DIGITAL COUPON OFFER

Simple Truth **Organic Lunch Meat** Select Varieties, 5-6 oz



5.49 With Card -1.00 off 1 **DIGITAL COUPON OFFER**

Dave's Killer Bread **Organic Bagels** 5 ct or English Muffins,

6 ct; Select Varieties



Kettle & Fire Broth

Kettle

32 oz or Simple Truth Organic Instant Oatmeal, 10-12 ct; Select Varieties



7.99 With Card **-1.00** off 1

Chomps Chomplings Select Varieties,

> 5.99 With Card **-1.00** off 1

DIGITAL COUPON OFFER







YOUR HOME TEAM **FAVORITES**



Find more game day deals & recipes at FredMeyer.com/Football

Fresh Private Selection Angus Beef Patties

Select Varieties, 1.32-1.33 lb



Pork Back Ribs Bone-In

With Card

Kroger **Meat Lover's** Pizza With Card or Other Varieties



Johnsonville **Dinner Sausage**

16-19 oz or Nathan's Beef Franks, 11-12 oz; Select Varieties

With Card

With Card



Lay's **Potato Chips**

5-8 oz or Doritos. 8-10.75 oz or Smartfood Popcorn 6.25-7.75 oz; Select Varieties

With Card

When you buy 4 or more in the same transaction with Card. Quantities less than 4 are up to \$5.99 each with Card.



DiGiorno Pizza

Select Varieties, 14.14-30.3 oz

With Card

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$6.99 each with Card.



Rockstar **Energy Drink** Select Varieties, 12-16 fl oz

22.8-27 oz, In the Deli

With Card



Charcoal, 12 lb;

Select Varieties



Crown Royal or Pendleton Select Varieties, 750 ml



Seasonal selection varies by store and is limited to stock on hand.

HOME, HEALTH & MORE!



Force Factor Supplements Select Varieties,

60 ct

With Card



Hershey's **King Size Candy** Select Varieties, 2.6-3.5 oz

MIX & MATCH BUY 2. GET 1 of Equal or Lesser Value



Premier Protein Shakes

Select Varieties. 4-Pack, 11 fl oz

With Card



Dawn **Powerwash**

16 fl oz or Dishwashing Liquid, 17.4 fl oz: Select Varieties

With Card

FIND MORE DIGITAL COUPON **SAVINGS ON OUR SITE & APP!**





Philips LED A19 **Light Bulbs**

60 Watt, Select Varieties. 4-Pack

With Card



Kroger Mini Peppers 2 lb

\$6 With Card



SugarBee Apples

\$299 With Card



\$299

With Card
Fresh Rasberries
or Blackberries

Bloom Haus Brilliance in Bloom Bouquet

\$999



S 2 5 9 Vith Card



Wonderful Seedless Lemons 3 lb Bag

\$5With Card







SIMPLY
POTATOES

SHEEDDIP
HASH BRO

SIMPLY
POTATOES

DICED POTATOES

Simply Potatoes Select Varieties,

2/\$6



Fresh Norwegian Salmon Fillets Farm-Raised

\$ 99 /LB With Card

BUY 1, GET 1

FREE
of Equal or Lesser Value

With Card

Whole Pork Ten

Pork Tenderloin

or Hormel Marinated Pork Loin Filets, 1.5 lb or St. Louis Pork Back Ribs, Bone-In



Kevin's EntreésSelect Varieties,

16 oz **\$999** With Card SeaPak.

CLASSIC POPCORN SHRIMP

SEAPAK

SHRIMP

SEAPAK

SHRIMP

SEAPAK

SHRIMP

SEAPAK

SHRIMP

SEAPAK

SHRIMP

SOME SHRI

Sea Pak Appetizers

Select Varieties, Frozen, 18-22 oz

\$899

With Card

DELI & BAKERY

Order party trays, cakes and more at FredMeyer.com/fresh

Private Selection Fresh Baked Cinnamon Rolls Select Varieties,

\$699





Crunchy Sushi Combo 12-14.1 oz, Available in Select Stores **\$10**

Private Selection Hard Salami

or Provolone Cheese, \$10.49 lb with Card; Select Varieties, Sliced to Order or Grab & Go

\$1149 With Card



BOTTLES & BREWS





On The Rocks
375 ml or
Svedka, 750 ml;
Select Varieties
\$799



Top Box
3 Liters or
Peter Vella, 5 Liters;
Select Varieties
\$139



Woodinville, Grand Marnier or Johnie Walker \$3199

> Select Varieties, 750 ml



Bacardi or Skyy
\$1899

Select Varieties, 1,75 Liters



Solution (1988)

Soluti

*When You Buy Any 6 Participating Items with Card.

THE BIG STORAGE

Garage • Totes • Closet • Laundry

SAVE AN

when you spend \$25 on storage

With Card & Digital Coupon. Exclusions apply. See Digital Coupon for details.



Sterilite Latch Tote 64-Quart





Sterilite Tote Select Varieties, 18-Gallon



With Card



Holiday Home Christmas Tree Bag





Sterilite **Gift Wrap Box**



Sterilite Wreath **Storage Box**



Sterilite Stack & Carry **Ornament Box** 24 Compartments



Sterilite Shoebox

\$199



Sterilite Sweater Box 2 ct, 12-Quart



Sterilite Tote 30-Gallon

PICK UP EVERYTHING FOR GAME DAY!

