

AIR-CHILLED Whole Chicken or Chicken Leg Quarters 6.59/kg

LOCAL 2⁹⁹ /lb

Ontario RAISED CHICKEN

Fletcher's PORK COTTAGE ROLL 2⁹⁹

SOC DE PORK ROULE 3⁹⁹

MEMBERS SAVE \$1 5⁹⁹ 6⁹⁹ without store card

FARM COUNTRY Bacon 500 g

JANES ENGLISH STYLE FISH 7⁹⁹

JANES Baked and Breaded Seafood selected 450-510 g

Baked IN-STORE 4⁹⁹

Chocolate Chip or Monster Cookies 10 pk 310 g

FLETCHER'S Cottage Rolls 6.59/kg 2⁹⁹

COMPLIMENTS Navel Oranges product of USA or South Africa 2.35 kg/3 lb bag or Lemons 907 g/2 lb bag or Cara Cara Oranges 907 g/2 lb bag product of USA

300 PTS when you buy 3

\$4

3 PK 3⁹⁹

Romaine Hearts product of USA or Mexico 3 pk

CHEEZ-IT original Breton 2⁹⁹

DARE Breton, Vinta or Simple Goodness or KELLOGG'S Cheez-It Crackers 135-225 g

MEMBERS SAVE \$1.50 2⁴⁹ without store card

HELLMANN'S Dressing 425 mL

2⁹⁹ without store card

5⁴⁷

KELLOGG'S Family Size Cereal 450-650 g or COMPLIMENTS Cereal 400-794 g

5⁴⁷

MCCAIN Superfries 454-800 g

Scene[®] PLUS UP POINTS

1,000 PTS = \$10 toward your groceries

JANES PUB-SEAL Chicken 500 g 9⁹⁹

500 PTS when you buy 3

JANES Baked and Breaded Poultry selected 660-700 g

100 PTS when you buy 2

2⁹⁹

PRODUCT OF CANADA COMPLIMENTS ORGANIC Whole White or Brown Mushrooms 227 g

300 PTS when you buy 2

6⁹⁹

ROYALE Bathroom Tissue 9-12-24 rolls, Paper Towel 3-6 rolls or Facial Tissue 6 pk

January 8 - 14, 2026 see inside for more

3⁹⁹

DANONE Activia Yogurt 8 pk

7 DAYS ONLY! JANUARY 8 - 14, 2026

Scene[®] LOAD & SCORE

LOAD THIS OFFER AND GET 10% BACK IN POINTS FOR EVERY \$40 THAT'S 400 PTS FOR EVERY \$40 SPENT

DOWNLOAD THE FOODLAND APP

SCAN HERE FOR OUR DIGITAL FLYER

Foodland.ca

JANUARY 2026

THUR 8

FRI 9

SAT 10

SUN 11

MON 12

TUE 13

WED 14



Scan or visit
Foodland.ca
to learn more



Weekly offers are available only while supplies last. Advertised prices do not include any applicable taxes or discounts. Savings based on our regular retail. We reserve the right to limit quantities to reasonable family requirements. Total savings when a photo does not correspond to the description. Dealer may vary for less. ***See offer on site***. In-store 24 hours, offer prices are effective from 2pm Thursday until Midnight Wednesday.

Scene⁺

BIG

BONUS

300 PTS
when you buy 3

2⁹⁹

COMPLIMENTS Instant Oatmeal
325 430 g, Syrup or Pancake Mix
750 ml-965 g, Cereal 325 g or Instant
Oatmeal or Hot Date 350 g 1 kg

That's like
\$3
toward your
groceries

MAPLE & BROWN
SUGAR & CINNAMON
SAVOIR D'ÉRABLE
ET DE CASSONADE

ORANGE JUICE
JUS D'ORANGE

QUICK OATS
CRÉAUX RAPIDES

Scene **GET 750 PTS** **FOR EVERY \$50 SPENT ON WAYSFA GIFT CARDS**

The Scene+ Loyalty Program is available at all participating Foodland locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McColl's/Tim Hortons/[®] Starbucks[®] products and services in select regions, prescription drugs, liquor and alcoholic beverages, tobacco products, lottery, phone finishing, desktop, environmental chemicals, fuel and other goods and services that are non-discountable or excluded by law. Redeem 1,000 Scene+ points for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to \$500 per year). For full Scene+ Terms & Conditions to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

DAIRY & FROZEN



3⁹⁹ **YOPLAIT Source**
Yogurt 630-650 g
or 4 pk



3⁹⁹ **YOPLAIT Minigo or**
Tubes Yogurt 6-8 pk



3⁹⁹ **GAY LEA Sour Cream**
425-500 mL



5⁴⁹ **COMPLIMENTS**
Pure Orange Juice
1.54 L



\$6 **NESTLE Premium**
Frozen Dessert or
Real Dairy Ice Cream
1.5 L, Drumsticks or
Premium Novelties
4-10 pk selected



2/¹⁰ **HEALTHY CHOICE**
Gourmet Steamers
250-350 g



3⁴⁹ **PILLSBURY Biscuits,**
Rolls or Pizza Crust
318-391 g, Cookies 468 g
or Cinnamon Rolls 351 g
(excludes seasonal)



3⁹⁹ **FRUITE Beverage**
1.54 L



3⁷⁹ **COMPLIMENTS Ice**
Cream Cones 4 pk



4⁹⁹ **COMPLIMENTS**
Frozen Vegetables
500 g selected



4⁹⁹ **COMPLIMENTS**
Traditional Crust
Pizza 352-446 g



8⁴⁹ **MARIE**
CALLENDER'S
Frozen Meals
680-879 g

DRINKS & SNACKS



12⁹⁹ **STARBUCKS Roast**
& Ground Coffee 340 g
or K-Cup® Pods 10 pk



4⁴⁹ **TETLEY Tea** 20-24 pk



4⁴⁹ **TIC TAC Mints** 3 pk or
KINDER Chocolate Bars
126 g



2⁹⁹ **NESTLE Tablet Bars**
95-120 g



3⁹⁹ **DARE Veggie Crisps**
100 g



2/⁵ **COMPLIMENTS**
Rice Crackers 100 g



6⁹⁹ **JACK LINK'S or**
GOLDEN ISLAND
65-81 g



2/⁵ **COMPLIMENTS**
Tortilla Chips
250-289 g



200 PTS
when you buy 2

HEINEKEN Alcohol-Free Beer 6x330 mL



4/⁵ **COMPLIMENTS**
Spring Water 1.5 L



2⁹⁹ **ROCKSTAR Energy**
Drinks 473 mL



4⁴⁹ **WELCH'S Fruit**
Snacks 200-220 g

DRINKS, SNACKS & PANTRY

 3/10 COMPLIMENTS Fruit Cups 112.5 mL	 9⁹⁹ NUTELLA Spread 725 g	 7⁹⁹ BEEMAID Honey 500 g	 4⁴⁹ STONEMILL Bread 454-600 g
 15% OFF COMPLIMENTS Baking Nuts 100 g selected (excludes Pine Nuts)	 4⁷⁹ BETTY CROCKER Cake, Cookie or Bisquick Mix 253 g/1.1 kg selected	 49¢ COMPLIMENTS Instant Noodles 85 g	 1⁹⁹ DEMPSTER'S Half Loaf White or Whole Wheat Bread 380 g or FRONTIER BAKERY Pita 9 pk/330 g
 5⁹⁹ WILDLY DELICIOUS Sauce 350 mL	 4⁴⁹ PANACHE Dijon Mustard 500 mL or Balsamic Glaze 250 mL	 1⁹⁹ COMPLIMENTS Broth 900 mL	 4²⁸ VH Sauces 341-380 mL

NATURAL, HEALTH & HOUSEHOLD

 2⁹⁹ ANNIE'S Macaroni & Cheese 149-170 g (includes Gluten Free, Vegan or SuperMac)	 4⁹⁹ COMPLIMENTS Coconut Water 1 L	 9⁹⁹ PEDIASURE Complete 4x235 mL	 8⁹⁹ COLGATE Toothbrushes 1-12 pk selected
 7⁹⁹ IVORY or OLD SPICE Body Wash 473 mL/1.03 L or OLAY Soap Bar 4 pk selected	 4⁴⁹ LADY or Men SPEED STICK Deodorant 45-55 g selected	 5⁹⁹ FLEECY Fabric Softener 1.36 L or Sheets 50 pk	 3⁹⁹ COMPLIMENTS Bleach Ultra Concentrated 2.4 L
 19⁹⁹ ARM & HAMMER Hard Clumps Cat Litter 12.7 kg	 9⁴⁹ PURINA Cat or Kitten Chow 1.6-2 kg	 2/\$5 PURINA ONE or Beyond Wet Dog Food 368 g	 6⁴⁹ COMPLIMENTS Waste Bags 30-52 pk selected

FEED THE DREAM



FOODLAND

OFFICIAL GROCER



8⁹⁹

MAPLE LEAF or Ready Crisp Bacon 65-375 g



9⁹⁹

MAPLE LEAF Shredded Chicken 250 g



5⁹⁹

GENERAL MILLS Family Size Cereal 475-778 g selected



2⁹⁹

NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit or Gushers 120-230 g selected



2/\$6

GLACÉAU Smartwater 1 L



2/\$6

GLACÉAU Vitaminwater 591 mL



2/4⁵⁰

POWERADE 710 mL



3⁹⁹

MCCAIN Regular Fries 800 g



25⁹⁹

TIDE Liquid Detergent 3.46-3.9 L; Pods 45-76 pk, GAIN Flings! 45-76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2⁹⁹

DAWN Dish Soap 431-473 mL selected



13⁹⁹

CORONA Cero Alcohol-Free Beer 6x330 mL



2/10

HEALTHY CHOICE Gourmet Steamers 269-306 g



4⁴⁹

ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g



6⁴⁹

ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-492 g or Gourmet Popping Corn 850 g



Earn an instant entry for every eligible product purchased when scanning your Scene+ card



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*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at foodland.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 16, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill-testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V. Lic. Use/Sous Lic.

YORKSHIRE VALLEY Farms

LOCAL FARMS with BIG VISION

Our organic chickens are raised to the highest organic standards on local family farms across southern Ontario.

That's part of our recipe for good.

FRESH ONTARIO ORGANIC CHICKEN *Not available at all locations

Fresh Organic Boneless Chicken Breasts

Fresh Organic Chicken Drumsticks

Fresh Organic Boneless Chicken Thighs

Fresh Organic Split Chicken Wings

Fresh Organic Whole Chicken

FROZEN CONVENIENCE & QUALITY

15⁹⁹
Frozen Organic Chicken Wings

24⁹⁹
Frozen Organic Boneless Chicken Breasts

14⁹⁹
Frozen Organic Chicken Meatballs

14⁹⁹
Frozen Organic Chicken Pot Pie

14⁹⁹
Frozen Organic Chicken Fillets or Bites

ORGANIC ALWAYS MEANS

- ✓ Raised without antibiotics
- ✓ Fed non-GMO vegetable grain feed
- ✓ No pesticides or herbicides used*
- ✓ and CERTIFIED to prove it.

VOL_FDL_WK37_DIG_ONT_Z1



Locals know

WHAT BUILDS YOUR PERFECT GLUTEN-FREE BUNDLE

Promise Gluten Free brings decades of baking expertise to enjoy gluten-free living without compromise! Perfect for everyday enjoyment, our range makes living gluten free delicious and easy.

- ✓ Real taste and soft texture
- ✓ Wholesome and high in fibre
- ✓ Vegan-friendly options
- ✓ Everyday favourites and indulgent treats
- ✓ Trusted quality



PROMISE
Gluten Free
Sourdough
Baguettes
2 pk 180 g



PROMISE
Gluten Free
Pitas or
English Muffins
240-248 g



PROMISE
Gluten Free
Muffins 4 pk
240 g



PROMISE
Gluten Free
Loaves
400-480 g

MIX & MATCH

BUY 2, GET 3RD
FREE
of equal or lesser value

PROMISE
Gluten Free
Tortillas
4 pk 168 g



PROMISE Gluten
Free Rolls or
Sandwich Thins
160-260 g



PROMISE Gluten Free
Brioche Hot Dog
or Hamburger Buns
4 pk 260-280 g



PROMISE
Gluten Free
Bagels 280 g



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- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

OFFER VALID JANUARY 8-14, 2026

Activate your offers in the **Foodland app** or at **MyGroceryOffers.ca**



Get **400 PTS**
when you buy 1

COMPLIMENTS Unscented Scoopable
Cat Litter 15 kg



Get **300 PTS**
when you buy 1

COMPLIMENTS Apple Juice 2 L

SAVE **\$1.50**
when you buy 1

COMPLIMENTS Goat Cheese
113 g selected



Download on the
App Store



GET IT ON
Google Play

Card must be registered. Offer valid and available to be loaded January 8-14, 2026 at all participating Foodland and Co-Op locations in Ontario. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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