Hello January!
Better Wellness
STARTS HERE
Explore our favorite finds for
boosting your well-being in 2026
ROOTED IN
WELL-BEING
with
FRESH THYME
MARKET

simple and organic ingredients
preserved by omega fats
Great for cooking, baking, and dressings!
New Year, New Avo!
Our new avocados are guaranteed to be ripe or over-ripe the day you buy!
heart healthy fats
Blend-ready snack-friendly
ORGANIC
AVOCADO OIL
ONCE FARM
GOOD FOODS
AVOCADO MASH
CRUNCHMASTER
AVOCADO
PRIMAL KITCHEN
AVONAISE
AVOCADO
KETTLE
BRAND
AVOCADO OIL
SPECIAL SAUCE

"Nutrition is the foundation of a successful GLP-1 journey. Prioritize lean protein, dietary fiber, and healthy fats to preserve muscle and protect long term health."

Cecily Martinez, Registered Dietitian

LEARN MORE ABOUT OUR TRENDS

FRESH START *Wellness*

You can start with small, sustainable changes to build momentum

"Eat the rainbow" to get diverse vitamins, minerals, and phytonutrients that support immunity, reduce inflammation, and boost energy.

It's never to late to start pampering your skin- especially in the winter months when your skin is the most driest.

Make simple swaps with snacks or explore our protein powders to help boost your protein intake.

Your home is your sanctuary. Take time to create a space to de-stress and unwind!

Switching to sustainable and eco-friendly cleaning products can reduce exposure to toxic chemicals and are safer for your skin, lungs and eyes.

Reducing added sugar helps boost energy and support heart health. Prioritize whole foods and low sugar swaps to satisfy your sweet tooth!

Introducing Fresh Thyme Pasture-Raised Eggs

PASTURE-RAISED

Hens graze freely on open pasture, producing rich, flavorful eggs with deep-colored yolks.

Regenerative Organic Certified™

FRESH START

Zero Proof. Full Vibe.

Better-for-you beverages to kick off the year right

Today's non-alcoholic beer is all about full flavor and zero compromise. Enjoy the crisp, hoppy goodness whenever, wherever.

Crafted from real grapes and gently dealcoholized, non-alcoholic wine delivers flavor without the fuzz. Perfect for toasting, unwinding, or pairing with any meal.

Made with real botanicals and distilled for depth, non-alcoholic spirits offer all the ritual with none of the buzz.

visit your local store to see what non-alcoholic options are available

The Ultimate Comfort Food

Pair organic artisan bread with one of our organic ready to go hot soups for a healthy, hearty meal to keep you warm this winter!

Feel Good Sips.
Now Trending to be GUT HEALTH
Simply pop
Strawberry Prebiotic Soda
wildwonder
STRAWBERRY PASSION
ITO EN
Oi Ocha
Unsweetened Green Tea
pop
Raspberry Rose
LIVE & ACTIVE PROBIOTICS
Lifeway
ORGANIC
KEFIR
cultured whole milk
3.25%
black cherry
HEALTH-ADE
KOMBUCHA
GINGER • LEMON
OLIPOP
Tropical Punch
A New Kind of Soda
SHOP BENEFICIAL BEVERAGES

We've carefully selected products to ensure that they're better for you, your family or the planet. Look for our icons in-store and online to make the right choice for you.

Align and Shine
ADD THE DIRECTED AMOUNT OF DROPS TO YOUR DIFFUSER FOR A CALMING AND REFRESHING SCENT
FRESH THYME FARMERS MARKET
CEDARWOOD
Juniperus mexicana
HARMONIZING
100% PURE ESSENTIAL OIL
1 FL OZ (30mL)
2
FRESH THYME FARMERS MARKET
GRAPEFRUIT
3
FRESH THYME FARMERS MARKET
LAVENDER
Lavandula angustifolia
CALMING
100% PURE ESSENTIAL OIL
3

FRESHLY LOCKED DEALS
Spot this icon to discover wellness, natural, and organic items priced to feel good all season long.
SHOP NOW

FRESH THYMES
MAGAZINE | Winter 2026
ROOTED IN Well-Being
• Holistic Habits • Wholesome Recipes
• Ways to Reset and Recharge
Pick up your FREE copy today! Really, it's FREE.

sushi of the month

Sale

$2 off Alaskan Volcano Roll

ALL JANUARY LONG