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Prince Edward Island POTATOES

4.99 SAVE $4.00

RUSSET POTATOES
PEI #1 • 10 lb bag
Reg. 8.99

CANADIAN BEEF

CANADIAN AA OR HIGHER OUTSIDE ROUND ROAST
Family Pack
15.41 kg

SAVE $5.50/lb
6.99 lb

FRESH CHICKEN LEGS
6.59 kg
Family Pack

SAVE $2.45/lb
2.99 lb

Country Ribbon inc.

2.99

FRESH BROCCOLI
Mexico or US #1

SWEET JUICY ORANGES
South Africa #1
3 lb bag
Reg. 8.99

SAVE $4.00
4.99

FRESH SHOULDER PICNIC PORK ROAST
6.59 kg
Family Pack

2.99 lb

SAVE $2.50

5.49

FAVORITE FLOUR
7 lb • **Reg. 7.99**

2/$4

PARKAY MARGARINE
427g

HOT DEAL

HOT DEAL 2.99

HEINZ TOMATO JUICE
1.36 L • **Reg. 5.99**

SAVE $1.30

2.99

DEMPSTER'S THIN SANDWICH BREAD
675g • Assorted • **Reg. 4.29**

3.99

KELLOGG'S CEREALS
275-435g • Selected

4/$5

HEINZ TOMATO SOUP 284mL or **KRAFT DINNER** 200g • Original

.99

FAVORITE MANDARIN ORANGES
284mL

3/$5

CATELLI GARDEN SELECT PASTA SAUCE 600mL • Assorted

SAVE $1.00

1.49

PRIMO PASTA
454g • Assorted • **Reg. 2.49**

SAVE $4.50

12.49

COKE or **PEPSI PRODUCTS**
24x355mL • Assorted • **Reg. 16.99**

SAVE $3.02

5.97

CRACKER BARREL CHEESE BLOCKS 400g or **SHREDS** 250-320g • Assorted • **Reg. 8.99**

SAVE $3.02

5.97

BLACK DIAMOND CHEESE STRINGS
252g • Assorted • **Reg. 8.99**

SAVE $3.00

3.99

CHAPMAN'S NOVELTIES 8-28 pk or **BREYERS ICE CREAM** 1.66 L • Assorted • **Reg. 6.99**

5/$5

FRUIT 20 SPARKLING WATER
502mL • Assorted

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PRICES IN EFFECT JANUARY 8 9 10 11 12 13 14 2026

mix n' match 3/$5

CAMPBELL'S SPAGHETTIOS 425mL, **HEREFORD VIENNA SAUSAGE** 130g or **IDAHOAN POTATOES** 43-116g • Assorted

mix n' match 2/$5

HAMBURGER HELPER 170-240g • Assorted or **FRASER FARM GRAVY AND MEATBALLS** 425g

SAVE $2.00 — **1.99**
SELECTION WHITE LONG GRAIN RICE 900g • **Reg. 3.99**

SAVE $1.00 — **2.99**
HOSTESS SNACKS 206g • Assorted • **Reg. 3.99**

SAVE $1.50 — **3.99**
BECEL MARGARINE 427g • Assorted • **Reg. 5.49**

5.99
ALASKO CALIFORNIA MIX 1 kg

SAVE $1.00 — **3.99**
DOLE GELS OR FRUIT BOWLS 4 pk • Assorted • **Reg. 4.99**

2/$3
HEINZ BEANS OR PASTA 398mL • Assorted

OCEAN SPRAY CRANBERRY COCKTAILS 1.89 L Assorted — **4.44**

2/$7
KRAFT SALAD DRESSING 425mL • Assorted

4.99
FRENCH'S KETCHUP 750mL - 1 L or **HEINZ CHILI SAUCE** 455mL • Assorted

SAVE $1.52 — **4.47**
SELECTION WHIPPED SALAD DRESSING 890mL • **Reg. 5.99**

4/$5
MR. NOODLES - NOODLES IN A CUP 64g • Assorted

4/$5
FAVORITE PIECES & STEMS MUSHROOMS 284mL

SAVE $2.00 — **4.49**
MAPLE LEAF KLIK OR KAM 340g • **Reg. 6.49**

SAVE $2.50 — **5.49**
SWIFT PREMIUM COOKED HAM 454g • **Reg. 7.99**

SAVE $7.00 — **9.99**
LA PERLA VEGETABLE OR CANOLA OIL 3 L **Reg. 16.99**

4.99
RED BARON CLASSIC CRUST or **SINGLES PIZZA** 318-665g • Assorted

4.5 LB BAG — **8.99**
CAVENDISH CLEAR COAT FRIES 4.5 lb

SAVE $2.50 — **7.99**
HORNE'S GRAVY 1.36 L • **Reg. 10.49**

4.99
PHILADELPHIA WHIPPED CREAM CHEESE 227g • Assorted

4.99
BLACK DIAMOND CHEESE SLICES 410g • Assorted

2/$5
BETTY CROCKER CAKE MIX or **FROSTING** 340-461g • Assorted

7.99
DEL MONTE ORANGE SUNSHINE 2.5 L • Assorted

2/8.50
PEPSI PRODUCTS 6x710mL • Assorted

SAVE $7.00 — **17.99**
POWERADE 24x591mL • **Reg. 24.99**

SAVE $3.50 — **7.99**
FOLGER'S K-CUP COFFEE 12 ct • Assorted • **Reg. 11.49**

SAVE $7.00 — **19.99**
FOLGERS COFFEE 816-865g • Assorted • **Reg. 26.99**

19.99
FRITO LAY FLAVOUR MIX 42 ct • Assorted

4.49
CHEETOS OR MISS VICKIE'S CHIPS 180-285g • Assorted

SAVE $3.82 — **6.47**
OLD DUTCH LAUNDRY DETERGENT 4 L • Assorted • **Reg. 10.29**

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Fresh Produce

GROWN RIGHT HERE!

FRESH CARROTS Grown Right Here #1 or **YELLOW ONIONS** Nova Scotia #1 • 5 lb bags
5.99

RED RIPE STRAWBERRIES
US or Mexico #1
1 lb clamshell

2.99 lb
SWEET CRUNCHY GALA APPLES
Washington #1 • 6.59 kg

FLORIDA TOMATOES
Fresh from Florida

PLUMP RIPE TOMATOES
Florida #1
4 pk
2.99

FRESH CAULIFLOWER
US #1
4.99

5.99
GOLDEN RIPE PINEAPPLES
Costa Rica #1

WHOLE WHITE MUSHROOMS
Ontario #1
8 oz cello
3.49

FRESH CRISP ICEBERG LETTUCE
US #1
3.99

FRESH AVOCADOS
Mexico #1
2/$4

PLUMP RIPE BLUEBERRIES
Peru #1 • Full pint basket
5.99

2.99 lb
EXTRA LARGE GREEN PEPPERS
US or Mexico #1
6.59 kg

TAYLOR FARMS CHOPPED SALADS
US #1 • 315-377g • Assorted
5.99

Bakery&Deli

Available at select locations

4.49
LONG JOHNS
2 pk • Store baked

3.99
PREMIUM BAGELS 4 pk • Assorted or **BUTTER CROISSANTS** 4 pk •Store baked

5.99
QUINN'S SWISS ROLLS
400g

SAVE $2.00
6.99
SAN DANIELLE PROSCIUTTO HAM
100g • **Reg. 8.99**

SAVE $1.50
3.99
CATHEDRAL CITY SNACKING CHEDDAR 120g • **Reg. 5.49**

3.99
KELLOGG'S EGGO WAFFLES
280-330g • Assorted

E.D. SMITH NO SUGAR ADDED TABLE SYRUP
375mL
3.99

SAVE $1.50
3.99
SMUCKER'S JAM OR MARMALADE
250mL • Assorted • Excludes raspberry
Reg. 5.49

SAVE $2.00
5.49
RED ROSE TEA BAGS
72 ct regular or 48 ct decaf • **Reg. 7.49**

4.99
WEIGHT WATCHERS TORTILLAS
248g •Assorted

SAVE $2.00
4.99
GENERAL MILLS CHEERIOS
311-430g • Assorted • **Reg. 6.99**

5.99
DOLE PINEAPPLE JUICE
4x240mL • Assorted

SAVE $1.50
OASIS ORANGE JUICE
1.5 L • Assorted
Reg. 7.49
5.99

DEMPSTER'S ENGLISH MUFFINS
6 pk
Assorted
2/$6

2.99
DEL MONTE FRUIT
398mL • Assorted

2/$7
MINUTE MAID or **FIVE ALIVE JUICE BOXES** 8x200mL • Assorted

SAVE $1.22
4.77
PURITAN CORNED BEEF HASH 425g • **Reg. 5.99**

SAVE $5.00
9.99
SPONGE TOWELS ULTRA
3 double roll = 6 rolls • **Reg. 14.99**

SAVE $7.00
CASHMERE BATHROOM TISSUE
30 Jumbo roll = 50 rolls
Reg. 26.99
19.99

10.99
ARM & HAMMER CAT LITTER
6.4 kg • Assorted

SAVE $3.00
PURINA ONE
1.7 - 1.8 kg
Assorted
Reg. 14.99
11.99

Choice Cuts

CANADIAN BEEF

CANADIAN AA OR HIGHER
OUTSIDE ROUND STEAK
17.61 kg • Family Pack

7.99 lb
SAVE $6.48/lb

4.99 lb
SAVE $1.81/lb

FRESH WHOLE CRYOVAC PORK TENDERLOIN
11.00 kg

FRESH SHOULDER PICNIC PORK STEAK
8.13 kg
Family Pack

SAVE $1.07/lb
3.69 lb

6.99 lb

CANADIAN BEEF
LEAN GROUND BEEF
15.41 kg • Family Pack

SAVE $1.50
2.99
SCHNEIDERS LUNCH MATE KITS
90-99g • Assorted • **Reg. 4.49**

BIG 4 KG!
SAVE $7.00
BIG BOX SPICY BREADED WHITE MEAT CHICKEN BURGERS 4 kg
Reg. 19.99
12.99

SAVE $3.00
8.99
LARSENS WIENERS
900g • Assorted • **Reg. 11.99**

From the Sea

SAVE $2.00/lb
5.99 lb
SEAFRESH COD IN BATTER
13.21kg

SAVE $5.00/lb
11.99 lb
FRESH ATLANTIC SALMON FILLET
26.43 kg

MAPLE LEAF NATURAL SELECTIONS SLICED MEAT
150-175g
Assorted
6.99

SAVE $1.50
5.99
SMITHFIELD PREMIUM HICKORY SMOKED BACON 375g • **Reg. 7.49**

SAVE $3.00
CHRIS BROTHERS BOLOGNA
1.5 kg average
Reg. 11.99
8.99

11.99
SELECTION CHICKEN NUGGETS, BURGERS or **STRIPS** 800g • Assorted

7.99
MCCAIN PIZZA POCKETS
540-600g • Assorted

14.99
BAGEL BITES
882g • 40 ct

SAVE $2.50
9.99
POGOS
750g • 10 pk • **Reg. 12.49**

4.99
GIUSEPPE GARLIC FINGERS
317g

5.99
IRRESISTIBLE FRUIT
400-600g • Assorted

1.99
MARIO'S BONELESS CHUNK CHICKEN 127g

SAVE $1.00
2.99
MARIO'S CHOPPED HAM
340g • **Reg. 3.99**

SAVE $3.00
7.99
PEPPERIDGE FARMS GOLDFISH CRACKERS 616-750g • **Reg. 10.99**

LARGE PACK!
6.49
CHRISTIE COOKIES
345-498g • Assorted

3.49
GENERAL MILLS FRUIT SNACKS 128-226g or **TOWN HOUSE CRACKER** 247-391g • Assorted

4.49
CATELLI LASAGNA
375-500g • Assorted

2.99
PRIMO PASTA SAUCE
680mL • Assorted

SAVE $2.00
WEIGHT WATCHERS BREAD
450g • Assorted
Reg. 5.99
3.99

SAVE $4.00
BERTOLLI OLIVE OIL
750mL - 1 L
Assorted
Reg. 19.99
15.99

2.99
LANTIC WHITE SUGAR
2 kg

4.49
FLEISCHMANN'S CORN STARCH 454g

2/$5
PRIMO PIZZA SAUCE 375mL or **KRAFT PASTA SALAD** 200g

SAVE $1.00
3.99
ORVILLE REDENBACHER MICROWAVE POPCORN 3 pk
Reg. 4.99

6.99
DARE WAGON WHEELS
630g

SAVE $1.00
3.99
GOGO SQUEEZ APPLE SAUCE
4x360g or **HUNT'S SNACK PACKS**
6 pk • Assorted • **Reg. 4.99**

SAVE $1.50
4.49
SELECTION HOT CHOCOLATE
500g • **Reg. 5.99**

dry January

12.99

BUDWEISER ZERO
6x355mL

2/$6

CLEVER MOCKTAILS
355mL • Assorted

3.69

ELECTRIC PALE ALE
355mL

12.99

GUINNESS 0 NON-ALCOHOL DRAUGHT
4x440mL

BULWARK™

NON-ALCOHOLIC CIDER • CIDRE SANS ALCOOL

2/$5

BULWARK NON-ALCOHOLIC CIDER
355mL • Assorted

1.99

GREEN GIANT VEGETABLES
341-398mL • Assorted

SAVE $1.00

2.99

MINUTE RICE READY TO EAT
250g • Assorted • **Reg. 3.99**

2/$5

CORONATION SWEET GREEN RELISH 375mL

2.99

CAMPBELL'S BROTHS
900mL • Assorted

SAVE $1.00

2.99

ZINDA PEARL COUSCOUS
225g • **Reg. 3.99**

ALLEN'S WHITE VINEGAR
500mL

2/$3

6.99

SHAKE 'N BAKE
283g • Original

4.99

KRAFT DELUXE ORIGINAL
or **VELVEETA ON SHELLS** 350-400g

13.99

SELECTION CHEWY GRANOLA BARS
48 ct

10.99

SCOTTIES FACIAL TISSUES
6 pk • Assorted

1.99

ELITE CHICKEN SALAD KITS
95g • Assorted

SAVE $1.40

3.59

OLD DUTCH POTATO CHIPS
200-235g • Assorted • **Reg. 4.99**

8.99

OLD DUTCH VARIETY BAG
472g • Assorted

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happy tummies happy kids

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7.49

QUAKER INSTANT OATMEAL
18 pk • Family size • Assorted

11.49

FLOURISH PROTEIN PANCAKE MIX
430g

2.99

PILLSBURY CRESCENT ROLLS
226g • Regular or Less Fat

5.99

SCOTSBURN CHOCOLATE MILK
2 L • Assorted

SAVE $1.00

3.99

LACTANTIA HEALTHY ATTITUDE MARGARINE 427g • **Reg. 4.99**

6.99

FURLANI TOAST
480-638g • Assorted

13.99

CAVENDISH CRISPY TEMPURA ONION RINGS 1.5 kg

5.79

HEALTHY CHOICE GOURMET STEAMERS
283-306g • Assorted

2.99

MINUTE MAID FROZEN ORANGE JUICE 295mL • Assorted

8.49

IRRESISTIBLE CHEDDAR & BACON CHEESE STICKS 325g
or **CHEESE & BACON LOADED POTATO TOTS** 228g

11.99

IRRESISTIBLE SAUSAGE IN PASTRY 468g
or **PUFF PASTRY PARTY PACK** 432g

PURINA FRISKIES WET CAT FOOD
3.74 kg • Assorted

26.99

SAVE $1.00

3.99

PURINA BEGGIN' STRIPS
170g • Assorted • **Reg. 4.99**

SAVE $1.50

2.99

PALMOLIVE DISH LIQUID
591-828mL • Assorted • **Reg. 4.49**

7.99

SIMPLY KIDS UNSCENTED BABY WIPES
192-216 ct

Why buy flowers in January?

THEY BOOST MOOD AND REDUCE STRESS

THEY REFRESH WINTER INTERIORS

THEY'RE A THOUGHTFUL GIFT WITHOUT A HOLIDAY

THEY OFFER EVERYDAY LUXURY AT AN ACCESSIBLE PRICE

Colemans *floral department*

JANUARY FEATURE

LEMONS & CREAM SHORTCAKE

DECADENT AND BUTTERY, OUR GOLDEN SHORTCAKE IS LAYERED WITH THICK, DAIRY-FRESH WHIPPED CREAM AND VIBRANT LEMON PRESERVES FOR A FLAVOR THAT'S BOTH BRIGHT AND INDULGENT.

CANADIAN BRAND

Your CO_2 cylinder at
a better price

Refilling
a cylinder
$12.50 +tx

WITH empty cylinder in exchange

EXCHANGEABLE
with **ALL** brands!

TWIST

EASY CONNECT

From the Ocean to your plate.

11.99 lb

OCEAN FAVOURITE BAY SCALLOPS
26.43 kg • Individually Quick Frozen

LAND AND SEA SALT FISH BITS
454g

6.99

11.99

AQUA STAR BREADED SHRIMP
500g

10.99

HIGH LINER FISH CAKES
700g

webber naturals®

DISCOUNT

SPECIAL OFFER

25%

JANUARY 8-14, 2026
Selection varies by location

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