

food
Basics
CANADIAN AND PROUD

ALWAYS
**MORE
FOR LESS**

WOWZA!

SCHNEIDERS RED
HOTS OR MAPLE LEAF
TOP DOGS WIENERS
375 g
SCHNEIDERS
MEAT PIES
330 - 400 g
FROZEN
SELECTED VARIETIES



WOWZA!
3.48
EACH

\$



HALAL
AT SAME
PRICE

FRESH BONELESS
SIRLOIN TIP ROAST
CUT FROM CANADIAN AA OR HIGHER GRADE OF BEEF
INCLUDES HALAL
15.17/KG

WOWZA!
6.88
/LB

IRRESISTIBLE
PACIFIC
WHITE
SHRIMP
COOKED OR RAW
31 - 40 CT FROZEN
340 g
SELECTED VARIETIES



WOWZA!
5.98
EACH

\$



SELECTION BACON
375 g
SELECTED VARIETIES

WOWZA!
2.98
EACH

DOLE
CHOPPED
SALADS KIT
269 - 346 g
SELECTED VARIETIES



WOWZA!
3.98
EACH

\$



RED OR GREEN SEEDLESS GRAPES
PRODUCT OF SOUTH AFRICA AND/OR PERU NO. 1 GRADE
4.37/KG

WOWZA!
1.98
/LB

IRRESISTIBLE
MUFFINS
100 g
SELECTED VARIETIES



WOWZA!
4.98
EACH

\$



PEACHES
PRODUCT OF CHILE, NO. 1 GRADE
NECTARINES
PRODUCT OF CHILE
4.37/KG

WOWZA!
1.98
/LB

Smartfood
CLASSIC
200 g
SELECTED VARIETIES



WOWZA!
2.98
EACH

LAY'S POTATO CHIPS OR
SMARTFOOD POPCORN
150 - 255 g SELECTED VARIETIES

\$

LAVAZZA
ESPRESSO
GROUND
COFFEE OR
CAPSULES
250 g, 10's
SELECTED VARIETIES



WOWZA!
4.98
EACH

\$



LACTANTIA
BUTTER
454 g
SELECTED VARIETIES

LIMIT
OF 4

save
MORE with moi

non moi price **4.99**
ea.

moi price
3.99*
ea.

* Scan Moi card to receive Moi price

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, JANUARY 22ND TO WEDNESDAY, JANUARY 28TH 2026
PRICES IN THIS FLYER AVAILABLE AT ALL SAULT STE. MARIE, ANCASTER, GRIMSBY, HAMILTON & NIAGARA FALLS LOCATIONS ONLY.
To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

0503 PATA 10/15/2011

BAKERY²
BAGUETTE
2356



IRRESISTIBLE
ICE CREAM
1.5 L
ICE CREAM
CREAMIEST
BARS
4'S
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 

4.88
EACH



Food Basics ranked first for Price & Promotions performance among grocery retailers in Ontario in the 2024 dunhumby Retailer Preference Index, a study of customer perceptions and retailer preference conducted among 2,100 respondents in Ontario (6,000 total across Canada) conducted between September 12 and October 20, 2024.

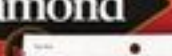
WOW 2024 In-Store Customer Experience Study conducted by Leger among 12,000 Ontarians from October 12 to November 22, 2023.

WOW 2025 In-store customer experience study conducted by Leger among 11,000 Ontarians from October 17 to November 15, 2024.

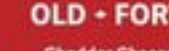
WOWZA!



Black Diamond
OLD • FORT
Cheddar Cheese
Frappé cheddar



Black Diamond
MARBLE MARBRÉ



Black Diamond
CHEESE SHREDS



Black Diamond
NATURAL CHEESE SLICES



Galbani
PIZZA MOZZARELLA



Galbani
MOZZARELLA

\$4.99 EACH



Dr. Oetker
Ristorante
PIZZA SPINACI



Casa di Mama
PIZZERIA

\$4.49 EACH

LACTANTIA CREAM
473 mL x 12
SELECTED VARIETIES

\$ 3.49
EACH

GENERAL MILLS
FAMILY SIZE
CEREAL
516g - 776g
SELECTED VARIETIES

\$ 5.49
EACH



BEATRICE CHOCOLATE MILK

12oz

\$

1.99

EACH



BEATRICE CHOCOLATE MILK

12oz

\$

1.99

EACH



QUAKER Dipps

CHOCOLATE CHIP BISCUITS

140g

\$

1.99

EACH



DEL MONTE CANNED FRUITS

PEAR HALVES

156g

\$

1.99

EACH

Sponge Towels
ULTRA
12 x 24
3 ROLL

CASHMERE BATHROOM TISSUE
12 x 245

SPONGE TOWELS ULTRA
PAPER TOWELS
3 x 85

SCOTTIES
FACIAL TISSUE
3 x 85
SELECTED VARIETIES

Scotties
HOUSE & HOME
6 ROLL

Cashmere
12 x 245
CANADA
12 ROLL

\$
749
EACH

Tide
100 LOADS
64 LOADS

CASCADE
PLATINUM
100% PHOSPHATE FREE
100% CITRUS ESSENCE
100% BIODEGRADABLE

Gain
100% PHOSPHATE FREE
100% CITRUS ESSENCE
100% BIODEGRADABLE
235 LOADS

TIDE OR GAIN LAUNDRY DETERGENT
235 - 435 L = 32 - 100 LOADS

CASCADE DISHWASHER TABS
39 - 405
SELECTED VARIETIES

\$
1399
EACH

55
points

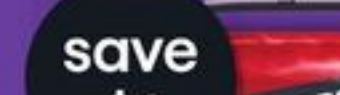
the
app-solute
best way
to save



SCAN TO DOWNLOAD

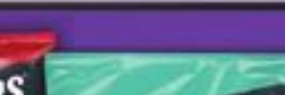
While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

save
\$1



DIGITAL DEAL
3.99
EACH
WITH COUPON

POPCORNS®
SALE
SELECTED VARIETIES



GATORADE
SPORT
DRINKS®
\$1.99/lt.
SELECTED VARIETIES

DIGITAL DEAL
5.99
EACH
WITH COUPON

this week only

***IN STOCK POLICY:** Food Basics® offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last," "Special Buy," "or "No Rain Checks," or in-store coded BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nossio Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only. If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

We reserve the right to limit purchases to reasonable requirements. Limits or some restrictions apply - details available in store or at Foodbasics.ca. Certain prices and special offers advertised in our flyers may vary by area. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location. Some illustrations in this flyer do not necessarily represent items on sale and are for design only. We reserve the right to correct any unintentional error that may occur in the copy or illustration. References for savings or sale prices are in comparison to our regular retail prices. Prices are effective Thursday 8 a.m. through closing Wednesday. Other exemptions may apply. "Compare at" references are in comparison to at least 1 other regular retail price. Commercial resale of our products is prohibited. Upon presentation of the Moi Rewards card, points awarded are calculated on the total amount, before taxes, and excludes the products specified in the terms and conditions of the program. Does not apply to bonus points. Available at stores participating in the Moi program. For \$3 = 1 pt; available at Metro; not available at Food Basics. Points redeemable at participating stores starting at a balance of 500 points (\$4 value). Visit moirewards.ca for terms and conditions. Moi Rewards is a trademark of Metro Inc.

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*NO PURCHASE NECESSARY. Contest runs January 15, 2026 to February 11, 2026. Open to residents of Ontario of the age of majority at time of entry. Four (4) Prizes consisting of 100,000 Mtl points valued at approximately \$800 each (ARV) are available to be won. Odds of winning dependent on the number of eligible entries received. \$44 testing question required to claim the prize. Certain exceptions and restrictions apply. For Official Rules and how to enter visit www.foodbases.ca/rules and regulations www.2wawa-swag-entire. Contest Sponsored by Metro Ontario Inc. 5559 Dundas St. West, Etobicoke, ON M9B 1B9

Get an extra 2,500 Moji points

Coca-Cola

Canada Dry
GINGER ALE

Coca-Cola
ORIGINAL TASTE
SOFT DRINK

BODYARMOR
HYDRATION DRINK
473 ML
SELECTED VARIETIES

BODYARMOR
LYTE
LOW CALORIES
473 ML
SELECTED VARIETIES

smart
water
MINERALIZED TREATED WATER
473 ML
SELECTED VARIETIES

vitamin
water
473 ML
SELECTED VARIETIES

GLACEAU
VITAMIN
OR SMART
WATER
473 ML
SELECTED VARIETIES

Monster
ENERGY DRINKS
473 ML
SELECTED VARIETIES

fuze
iced tea
Lemon
473 ML
SELECTED VARIETIES

COCA-COLA,
CANADA DRY
GINGER ALE
SOFT DRINKS
2L
SELECTED VARIETIES

Triscuit
ORIGINAL
MADE WITH SEA SALT
NO ARTIFICIAL COLOURS OR FLAVOURS

Mondelez International

Chips Ahoy!
ORIGINAL ORIGINAL
100% WHOLE GRAIN WHEAT

OREO
The Original
100% WHOLE GRAIN WHEAT

Christie
Dad's
OATMEAL COOKIES
100% WHOLE GRAIN WHEAT

Christie
FRUIT CREME
100% WHOLE GRAIN WHEAT

Christie
PEEK FREANS OR DAD'S OATMEAL COOKIES
100% WHOLE GRAIN WHEAT

RITZ
original
180 g

Crispers
DILL PICKLE
100% WHOLE GRAIN WHEAT

Bits & Bites Meli-Melo
ORIGINAL
100% WHOLE GRAIN WHEAT

Cadbury DAIRY MILK
MILK CHOCOLATE CHOCOLAT AU LAIT
100% WHOLE GRAIN WHEAT

Cadbury DAIRY MILK
FRUIT & HOT PEPPER
100% WHOLE GRAIN WHEAT

2/\$5

2/\$5

2/\$5

2/\$6

2/\$5

2/\$5

2/\$5

[illegible]

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

*Offer valid in Ontario only. Link by Jan 31, 2026 and shop by Feb 28, 2026 to receive 2,500 Mol points. For full program details visit avionrewards.com/mol. Mol and Mol Rewards are trademarks of Metro Inc. All other trademark(s) is/are the property of their respective owner(s). Used under license.



Campbell's
CHUNKY
CHICKEN NOODLE
POULET ET NOUILLES

\$

2⁹⁹
EACH

CAMPBELL'S CHUNKY SOUP
250 mL
SELECTED VARIETIES



Campbell's
Cream of Mushroom
Crème aux champignons

\$

1²⁵
EACH

CAMPBELL'S CONDENSED SOUP
250 mL
SELECTED VARIETIES



Campbell's
Cream of Chicken
Crème de poulet

\$

1⁸⁸
EACH

CAMPBELL'S CONDENSED SOUP
250 mL
SELECTED VARIETIES



Campbell's
Homestyle Chicken Noodle
Poulet et nouilles grand-mère

\$

1⁸⁸
EACH

CAMPBELL'S CONDENSED SOUP
250 mL
SELECTED VARIETIES



Campbell's
Italian Wedding
Pâtérisse mélange de tous produits à l'italien

\$

2⁹⁹
EACH

CAMPBELL'S READY TO SERVE SOUP
510 mL
SELECTED VARIETIES



Habitant
French-Canadian
PEA SOUP

\$

2⁹⁹
EACH

HABITANT READY TO SERVE SOUP
510 mL
SELECTED VARIETIES

[illegible]



VH
NO Artificial Colours or Flavours
PLUM SAUCE



VH
SWEET & SOUR SAUCE

VH SAUCE
341 - 433 ML
SELECTED VARIETIES



HUNGRY-MAN
BOLS XL BOWLS
COUNTRY FRIED CHICKEN CROQUETTES BOWL
BOUL DE CROQUETTES DE POULET FRAIS RUSTIQUE



HUNGRY-MAN MEAL
FRIED CHICKEN & RICE
SELECTED VARIETIES

\$
4.99
EACH



PAM
ORIGINAL



PAM
OLIVE OIL
SAISON D'OLIVE

PAM COOKING SPRAY
341 - 170 G
SELECTED VARIETIES

\$
5.49
EACH



P.F. CHANG'S
CHICKEN LO MEIN
LO MEIN AU POULET



BERTOLLI
CHICKEN FLORENTINE
FARFALLE
POULET FLORENTINE
FARFALLE

BERTOLLI OR P.F. CHANG'S MEALS
SELECTED VARIETIES

\$
12.99
EACH



Orville Redenbacher's
EXTRA BUTTERY
POPPING CORN

ORVILLE REDENBACHER POPPING CORN
341 - 170 G
SELECTED VARIETIES

\$
4.49
EACH

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PRODUCE

RED MANGO
PRODUCT OF BRAZIL OR PERU

THIS WEEK ONLY

1.28
EACH

BLACKBERRIES
PRODUCT OF MEXICO, NO. 1 GRADE
150 G

THIS WEEK ONLY

2.98
EACH

AVOCADO
PRODUCT OF MEXICO AND/OR PERU
5 OR 6 PACK

THIS WEEK ONLY

3.98
EACH

WE LOVE LOCAL
WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO
227 G

THIS WEEK ONLY

2.77
EACH

RUSSET POTATOES
PRODUCT OF PRINCE EDWARD ISLAND, CANADA NO. 1 GRADE 5 LB

THIS WEEK ONLY

2.77
EACH

RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE
150 G

THIS WEEK ONLY

3.98
EACH

STRAWBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE
454 G

THIS WEEK ONLY

3.98
EACH

CAULIFLOWER
PRODUCT OF U.S.A. NO. 1 GRADE
1.50 KG

THIS WEEK ONLY

3.88
EACH

GREEN BEANS
PRODUCT OF U.S.A.
340 G

THIS WEEK ONLY

3.88
EACH

WE LOVE LOCAL
McINTOSH APPLES
PRODUCT OF ONTARIO, EXTRA FANCY GRADE
1.50 KG

THIS WEEK ONLY

4.98
EACH

WE LOVE LOCAL
GALA APPLES
PRODUCT OF ONTARIO, EXTRA FANCY GRADE
1.50 KG

THIS WEEK ONLY

4.98
EACH

JUMBO CHERRIES
PRODUCT OF CHILE, NO. 1 GRADE
10.98/KG

THIS WEEK ONLY

4.98
/LB

BROCCOLI CROWNS
PRODUCT OF U.S.A. AND/OR MEXICO

THIS WEEK ONLY

2/\$5

SWEET ASSORTED PEPPERS
PRODUCT OF MEXICO AND/OR HONDURAS, PKG OF 4

THIS WEEK ONLY

4.98
EACH

ROMAINE HEARTS
PRODUCT OF U.S.A. AND/OR MEXICO, 3 PK

THIS WEEK ONLY

4.98
EACH

BARTLETT, BOSCH OR ANJOU PEARS
PRODUCT OF U.S.A. EXTRA FANCY GRADE
5.47/KG

THIS WEEK ONLY

2.48
/LB

RED GRAPEFRUIT
PRODUCT OF U.S.A.
2.3 LB

THIS WEEK ONLY

4.88
EACH

CLEMENTINES
PRODUCT OF MEXICO
2 LB

THIS WEEK ONLY

4.88
EACH

HOthouse GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO
NO. 1 GRADE
280 G

THIS WEEK ONLY

2.98
EACH

WE LOVE LOCAL
THE LITTLE POTATO COMPANY POTATOES
SELECTED VARIETIES

THIS WEEK ONLY

3.48
EACH

HOMESTYLE RANCH DIP
RANCH FACON MAISON
SELECTED VARIETIES

THIS WEEK ONLY

3.99
EACH

SPINACH PAPPARDELLE
RICH TOMATO SAUCE
SELECTED VARIETIES

THIS WEEK ONLY

3.99
EACH

IRRESISTIBLES DRY ROASTED PEANUTS
1 KG

THIS WEEK ONLY

4.98
EACH

10 STEM TULIPS
WHILE SUPPLIES LAST

THIS WEEK ONLY

8.88
EACH

LARGE BOUQUET
WHILE SUPPLIES LAST

THIS WEEK ONLY

\$12
EACH

6" SPRING BULBS
WHILE SUPPLIES LAST

THIS WEEK ONLY

6.98
EACH

6" AZALEA
WHILE SUPPLIES LAST

THIS WEEK ONLY

16.98
EACH

MEAT

PRIME RAISED WITHOUT ANTIBIOTICS CHICKEN DRUMSTICKS FAMILY PACK
AIR CHILLED
8.80/KG

THIS WEEK ONLY

3.99
/LB

FRESH AUTHENTIC PORK SAUSAGES
HOT, MILD, HONEY GARLIC OR ENGLISH BANGER

THIS WEEK ONLY

4.99
EACH

FRESH BONE-IN PORK COMBINATION CHOPS
INCLUDES CENTER CUT CHOP
9.90/KG

THIS WEEK ONLY

4.49
/LB

Zabiha Halal CHICKEN BREAST
FRESH FROM THE FARM OR ZABIHA HALAL BONELESS SKINLESS CHICKEN BREAST FAMILY PACK
17.61/KG

THIS WEEK ONLY

7.99
/LB

HALAL AT SAME PRICE

COHO SALMON FILLET FAMILY PACK
PREVIOUSLY FROZEN SELECTED VARIETIES
26.43/KG

THIS WEEK ONLY

11.99
/LB

LEAN GROUND BEEF FAMILY PACK
INCLUDES BEEF
17.61/KG

THIS WEEK ONLY

7.99
/LB

MARC ANGELO JUMBO PORK SAUSAGES
100% PORK
SELECTED VARIETIES

THIS WEEK ONLY

6.99
EACH

WONG WING ASIAN STYLE ENTRÉES
400-480 G
SELECTED VARIETIES

THIS WEEK ONLY

6.99
EACH

NATURAL CHICKEN POULET NATUREL
400-480 G
SELECTED VARIETIES

THIS WEEK ONLY

7.99
EACH

MAPLE LEAF PREPPED & READY SHREDDED CHICKEN
200 G SELECTED VARIETIES

THIS WEEK ONLY

7.99
EACH

LEGACY MARINATED BONE-IN PORK CHOPS
400-480 G
SELECTED VARIETIES

THIS WEEK ONLY

8.99
EACH

SKILLET GNOCCHI POELER
100% POTATO
SELECTED VARIETIES

THIS WEEK ONLY

3.99
EACH

OLIVIERI SKILLET GNOCCHI
100% POTATO
SELECTED VARIETIES

THIS WEEK ONLY

3.99
EACH

ORIGINAL OKA
190 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99
EACH

AGROPUR OKA OR SAINT-PAULIN OR KERRYGOLD OR ENTREMONT BRIE OR CAMEMBERT
190 G
SELECTED VARIETIES

THIS WEEK ONLY

5.99
EACH

SUMMER FRESH SALADS
100% FRESH
SELECTED VARIETIES

THIS WEEK ONLY

7.99
EACH

LOU'S KITCHEN FULLY COOKED ENTRÉES
400-480 G
SELECTED VARIETIES

THIS WEEK ONLY

9.99
EACH

THE DELI-SHOP SLICED DELI MEAT
2.3 LBS
SELECTED VARIETIES

THIS WEEK ONLY

5.99
EACH

BONED SALTED FISH
POISSON SALE
2.3 LBS
SELECTED VARIETIES

THIS WEEK ONLY

1.99
EACH

CHELSEA SALTED POLLOCK FISH FILLET
100 G
SELECTED VARIETIES

THIS WEEK ONLY

1.99
EACH

HIGH LINER BREADED & BATTERED FISH FILLETS OR SHRIMP FAMILY PACK
FROZEN 1.5 LBS
SELECTED VARIETIES

THIS WEEK ONLY

7.99
EACH

LIFE SMART NATURALIA FISH FILLETS
FROZEN 400 G
SELECTED VARIETIES

THIS WEEK ONLY

8.99
EACH

BAKERY

CEDAR BAKERY CEDAR LEBANESE STYLE PITA
100 G
SELECTION GARLIC BREADSTICK
200 G
SELECTED VARIETIES

THIS WEEK ONLY

1.29
EACH

GRANDMOTHER'S TARTS
100 G
LA PETITE BRETONNE COOKIES
200 G
SELECTED VARIETIES

THIS WEEK ONLY

5.49
EACH

BUTTER TARTS
100 G
SELECTED VARIETIES

THIS WEEK ONLY

5.49
EACH

MIX & MATCH! 2\$6.50 3\$7.99 FOR OR FOR

Twinkies

Tia Rosa

Villaggio

Dempsters

Hostess

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES. ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

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i earn with moi rewards

moi
rewards

i redeem and
save on what
i buy most often

redeem
500
points = **\$4**
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



PINTY'S CHICKEN WINGS OR CHUNKS
750-780 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY
15⁹⁹
EACH
55
points



HIGH LINER
MARKET CUTS FISH FILLET
227 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
5⁹⁹
EACH
30
points



PILLER'S
POLISH SAUSAGE
1 KG
SELECTED VARIETIES

THIS WEEK ONLY
12⁹⁹
EACH
55
points



SILK PLANT BASED
YOGURT
650 G
SELECTED VARIETIES

LOCKED DOWN
5⁴⁹
EACH
30
points



KIRI CREAM CHEESE
PRODUCT
144 G
SELECTED VARIETIES

LOCKED DOWN
4⁹⁹
EACH
25
points



BURNBRAE
EGG BITES! OR BAKES!
236-240 G
SELECTED VARIETIES

LOCKED DOWN
6⁹⁹
EACH
35
points



NESTLÉ COFFEE MATE
COFFEE WHITENER
400 G
SELECTED VARIETIES

LOCKED DOWN
5⁹⁹
EACH
30
points



HOT-KID
RICE CRACKERS
100 G
SELECTED VARIETIES

LOCKED DOWN
2⁹⁹
EACH
15
points



J.L. KRAFT PURE
DRESSING
355 ML
SELECTED VARIETIES

LOCKED DOWN
4⁹⁹
EACH
25
points



JACK LINK'S JERKY
80 G
SELECTED VARIETIES

LOCKED DOWN
5⁹⁹
EACH
30
points



CORONA CERO
ALCOHOL FREE BEER
6 x 330 ML
SELECTED VARIETIES

LOCKED DOWN
12⁴⁹
EACH
55
points



COTTONELLE
FLUSHABLE WIPES
45
SELECTED VARIETIES

LOCKED DOWN
10⁴⁹
EACH
55
points



FINISH DISHWASHER
TABS
30-353
SELECTED VARIETIES

LOCKED DOWN
13⁹⁹
EACH
55
points

CHOOSE CANADIAN



WE LOVE LOCAL Ontario

WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF ONTARIO 227 G

2⁷⁷
EACH

WE LOVE LOCAL Ontario

McINTOSH
PRODUCT OF ONTARIO, EXTRA FANCY GRADE 3 LB BAGS

4⁹⁸
EACH

Summer Fresh

DILL PICKLE
750 - 900 G
SELECTED VARIETIES

Greek Pasta Feta Salad
Salade Grecque aux Pâtes
750 - 900 G
SELECTED VARIETIES

7⁹⁹
EACH

LOU'S KITCHEN

PULLED PORK
PORC EFFILOCHÉ

LOU'S KITCHEN

BEEF POT ROAST AU JUS
RÔTI DE BŒUF BRAISÉ AU JUS

LOU'S KITCHEN FULLY COOKED ENTRÉES
300 - 400 G
SELECTED VARIETIES

9⁹⁹
EACH

IRRESISTIBLE MUFFINS
600 G
SELECTED VARIETIES

4⁹⁸
EACH

GRANDMOTHER'S TARTS
600 G
LA PETITE BRETONNE COOKIES
500 G
SELECTED VARIETIES

BUTTER TARTS

5⁴⁹
EACH

Beatrice

BEATRICE CHOCOLATE MILK
1 L

1⁹⁹
EACH

Timothy's

TIMOTHY'S COFFEE CAPSULES
30'S
SELECTED VARIETIES

13⁹⁸
EACH

125 points = \$1

Black Diamond

OLD • FORT
Cheddar Cheese
Fromage cheddar

Black Diamond

MARBLE • MARBRÉ

Black Diamond CHEESE
SHREDS 400 G
NATURAL CHEESE SLICES 220 - 240 G
GALBANI MOZZARELLA 300 G
SELECTED VARIETIES

4⁹⁹
EACH

Dr. Oetker

Ristorante
PIZZA - SPINACI

Dr. Oetker

Casa di Mama
PIZZA - SPINACI

DR. OETKER RISTORANTE PIZZA
300 - 390 G
CASA DI MAMA
395 - 410 G
FROZEN SELECTED VARIETIES

4⁴⁹
EACH

Lactantia

LACTANTIA CREAM
473 ML - 1 L
SELECTED VARIETIES

3⁴⁹
EACH

Lay's

LAY'S POTATO CHIPS OR SMARTFOOD POPCORN
150 - 235 G
SELECTED VARIETIES

2⁹⁸
EACH

PEPSI, DIET PEPSI, COCA-COLA OR CANADA DRY GINGER ALE SOFT DRINKS
24 X 333 ML
SELECTED VARIETIES

11⁹⁸
EACH

Cashmere

CASHMERE BATHROOM TISSUE
12 - 24'S
SPONGE TOWELS
ULTRA PAPER TOWELS 3 - 4'S
SCOTTIES FACIAL TISSUE 6'S
SELECTED VARIETIES

7⁴⁹
EACH

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

LOCKED DOWN



NATREL
FINE FILTERED - FINEMENT FILTRÉ
SANS LACTOSE FREE
Organic Biologique
NATREL LACTOSE FREE OR ORGANIC MILK
2L
21 SELECTED VARIETIES

LOCKED DOWN 

5.99
EACH



Kellogg's
VERY HIGH FIBRE
MADE WITH 100% WHOLE GRAIN
MINI-WHEATS!
ORIGINAL
449 g

VECTOR
HIGH PROTEIN
WITH CRUNCHY GRANOLA CLUSTERS
449 g

LOCKED DOWN 

4.49
EACH



LIBERTÉ GREEK
LIBERTÉ GREEK YOGURT
4 x 100 g
SELECTED VARIETIES

LOCKED DOWN 

2.99
EACH



BLUE DIAMOND
ALMONDS - AMANDES
Smokehouse La boucanerie
175 g
SELECTED VARIETIES

LOCKED DOWN 

4.79
EACH



TACO BELL
TACO KITS
TACO BELL CREAMY SAUCE
304 mL
SELECTED VARIETIES

RED ROSE
ORANGE PEACH
70% FRUIT
SELECTED VARIETIES

LOCKED DOWN 

3.99
EACH

LOCKED DOWN 

4.99
EACH



Michelina's
GRANDE - 1 LB
MACARONI & CHEESE
MACARONI & BEEF
SELECTED VARIETIES

nutella
NUTELLA SPREAD
725 g

LOCKED DOWN 

2.99
EACH

LOCKED DOWN 

6.99
EACH



KitKat
CLASSIC CLASSIQUE
180 g

NESTLÉ FAMILY SIZE BARS
99 g
SELECTED VARIETIES

LOCKED DOWN 

2.49
EACH



MOTT'S Fruitsations
Original
Unsweetened
APPLE
MOTT'S FRUITSATIONS APPLE SAUCE
875
SELECTED VARIETIES

LOCKED DOWN 

2.79
EACH



Mazola
100% PURE
MAZOLA VEGETABLE, CANOLA OR CORN OIL
1.8L
SELECTED VARIETIES

LOCKED DOWN 

5.99
EACH



ALLEN'S
WHITE VINEGAR
FRANCIS BLANC
4L
SELECTED VARIETIES

ALLEN'S
WHITE OR CLEANING VINEGAR
2.5-4L
SELECTED VARIETIES

LOCKED DOWN 

3.49
EACH



SUN-MAID
RAISINS
175 g, 182 g
SELECTED VARIETIES

LOCKED DOWN 

4.49
EACH



French's
Classic YELLOW
500 mL
SELECTED VARIETIES

LOCKED DOWN 

2.99
EACH



FEVER-TREE
PREMIUM GINGER BEER
4 x 200 mL
SELECTED VARIETIES

LOCKED DOWN 

6.99
EACH



Red Bull
ENERGY DRINK
4 x 330 mL
SELECTED VARIETIES

LOCKED DOWN 

12.99
EACH



MILK-BONE
DOG SNACKS
300-360 g
SELECTED VARIETIES

LOCKED DOWN 

3.99
EACH



Mega Pack Mega-format
Tasty CRACKLING
Savour de POULET
Whiskas CAT TREATS
140 g
SELECTED VARIETIES

LOCKED DOWN 

2.99
EACH



glade
GLADE CANDLES
240 g
SELECTED VARIETIES

LOCKED DOWN 

4.99
EACH



CLOROX
PINE-SOL ALL PURPOSE CLEANER
1.8L
SELECTED VARIETIES

CLOROX
BLEACH
1.8L
SELECTED VARIETIES

LOCKED DOWN 

4.99
EACH

ALWAYS GREAT PRICE ✓



SELECTION
100% Juice
Blend - Mélange de
Jus à 100%
ORANGE
2.5L

SELECTION
JUICE BLEND
2.5L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

4.99

EACH



Selection
Broccoli
20g CANADA



Selection
California
Californien
750g CANADA

SELECTION VEGETABLES
500 - 750 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2.99

EACH



Selection
Italian style
BREAD CRUMBS
CHAPÉLURE
à l'italienne
425g



Selection
PLAIN
PANKO
NATURAL
227-425g

SELECTION OR
IRRÉSISTIBLES
BREAD CRUMBS
227-425g
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2.99

EACH



Selection
SMOOTH
PEANUT BUTTER
1kg



Selection
LIFE SMART
NATURALIA
PEANUT BUTTER
750g - 1kg
SELECTED VARIETIES

SELECTION OR
LIFE SMART
NATURALIA
PEANUT BUTTER
750g - 1kg
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

4.44

EACH



Selection
CHERRY
BLACKBERRY
WATERMELON
480ml



Selection
STRAWBERRY
WATERMELON
480ml

SELECTION
WATER
ENHANCER
480ml
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2.79

EACH



Selection
POTATO
GNOCCHI
200g



Selection
SPAGHETTI
200g

SELECTION PASTA OR
GNOCCHI
500-900g
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

1.97

EACH



Selection
GARDEN BLEND
VEGETABLE COCKTAIL
1.89L



Selection
LIFE SMART
VEGETABLE COCKTAIL
1.89L

SELECTION OR
LIFE SMART
VEGETABLE
COCKTAIL
1.89L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2.99

EACH



Selection
APRICOT
SPARKLING WATER
1.1L



Selection
CRANBERRY
RASPBERRY
SPARKLING WATER
1.1L

SELECTION
SPARKLING WATER
1.1L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

99¢

EACH



Selection
Olive Oil
Huile d'olive
85g



Selection
Spicy Thai Chili
Chili thaïlandais épicé
85g

SELECTION
LIGHT OR
FLAVOURED
TUNA
85-120g
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

1.49

EACH



Selection
FLAKED LIGHT TUNA
THON PÂLE ÉMIETTÉ
170g



Selection
STRAWBERRY
JAM
500ml



Selection
NATURALIA
WILD BLUEBERRY
SPREAD
500ml

SELECTION
JAM OR
LIFE SMART
NATURALIA
SPREAD
500-500ml
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

4.49

EACH



Selection
VANILLA
WAFERS
100g



Selection
CHOCOLATE
WAFERS
100g

SELECTION
WAFERS
100g
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

1.79

EACH



Selection
SANDWICH
DILL
PICKLES
1L

SELECTION
PICKLES
1L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

3.27

EACH



Selection
strawberry · fraise
jelly powder · gelée en poudre
85g

SELECTION
JELLY POWDER
85g
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

99¢

EACH



Selection
IRRÉSISTIBLES
BBQ SAUCE
300ml

SELECTION
BBQ SAUCE
300ml
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

3.49

EACH



Selection
MULTI PURPOSE
CLEANER
750ml

SELECTION
MULTI PURPOSE
CLEANER
750-1000ml, 1.2L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

2.99

EACH



Selection
VALUE
PAPER TOWELS
60x70cm

SELECTION
PAPER TOWELS
60x70cm
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

5.99

EACH



Selection
Tissues
Mouchoirs
12

SELECTION
FACIAL
TISSUE
12's
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓

13.99

EACH



Selection
Soft Doux
BATHROOM
TISSUE
30

SELECTION
BATHROOM
TISSUE
30-100's

ALWAYS GREAT PRICE ✓

19.99

EACH

GAME DAY

FOR LESS



HALAL
AT SAME
PRICE

LEAN GROUND BEEF
FAMILY PACK
INCLUDES HALAL
17.61/KG

7⁹⁹
/LB



15⁹⁹
EACH

55
points

PINTY'S
CHICKEN WINGS OR CHUNKS
750 - 780 G FROZEN SELECTED VARIETIES



GAY LEA SOUR CREAM
250 ML
SELECTED VARIETIES

1⁹⁹
EACH



SELECTION
SOFT DRINKS
12 X 355 ML
SELECTED VARIETIES

5⁹⁷
EACH



4⁴⁹
EACH

MARS
M&M'S OR
MALTESERS
CHOCOLATE
BITES
160 G
SELECTED VARIETIES



CHOLULA
HOT OR
CREAMY
SAUCE
150 - 325 ML
SELECTED VARIETIES

4⁹⁹
EACH



NANDO'S
PERI-PERI SAUCE
250 ML
SELECTED VARIETIES

6⁴⁹
EACH



LIFE SMART NATURALIA
TORTILLA CHIPS
150 G
SELECTION SALSA
250 ML
SELECTED VARIETIES

2⁹⁹
EACH



CLUB HOUSE
DIP MIX
28 - 42 G
SELECTED VARIETIES

1²⁹
EACH



LA COSTENA
FRIED BEANS
OR PEPPERS
280 - 240 ML
SELECTED VARIETIES

2⁹⁹
EACH



1⁹⁹
EACH



2⁴⁹
EACH



3⁸⁸
EACH



2⁴⁹
EACH



5⁴⁹
EACH



7⁴⁹
EACH



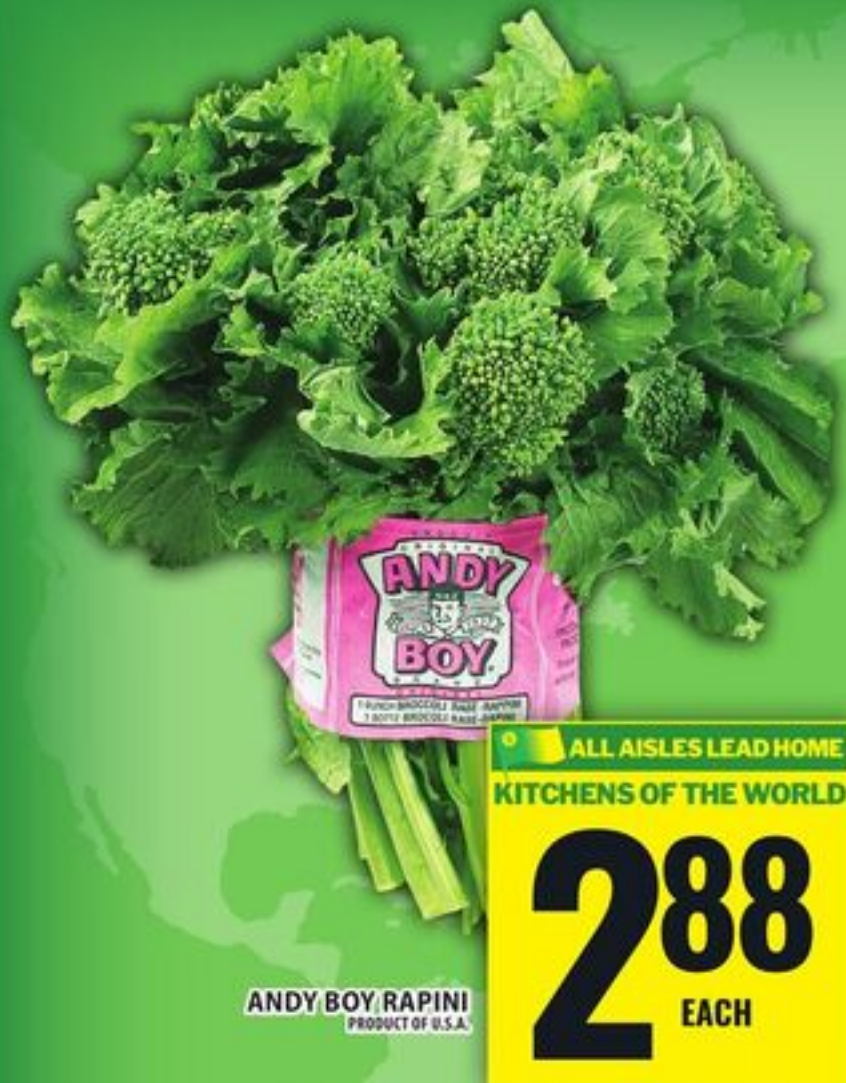
8⁴⁹
EACH



11⁹⁹
EACH

ALL AISLES LEAD HOME

KITCHENS OF THE WORLD



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2⁸⁸
EACH

ANDY BOY RAPINI
PRODUCT OF U.S.A.



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

5⁹⁹
EACH

BLOOD ORANGES
PRODUCT OF U.S.A.
3 LB



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

6⁹⁹
EACH

MARC ANGELO
JUMBO PORK
SAUSAGES
175 / 675 G
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

8⁹⁹
/LB

WHOLE RAINBOW TROUT FISH
19.82/KG



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

10⁹⁹
EACH

STELLA
MEDIUM ASIAGO
500 G
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

6⁹⁹
EACH

IRRESISTIBLE
TIRAMISU
500 G



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

4⁴⁹
EACH

MOLISANA
ARBORIO RICE OR
PASTA SAUCE
1 KG / 680 ML
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1²⁹
EACH

BAUDUCCO WAFERS
142 G
SELECTED VARIETIES



ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

3⁴⁹
EACH

AURORA
PLAIN BREAD CRUMBS
CHAPELURE NATURE
680 g / 24 oz.
FINE CRUSTACEA PREPARED

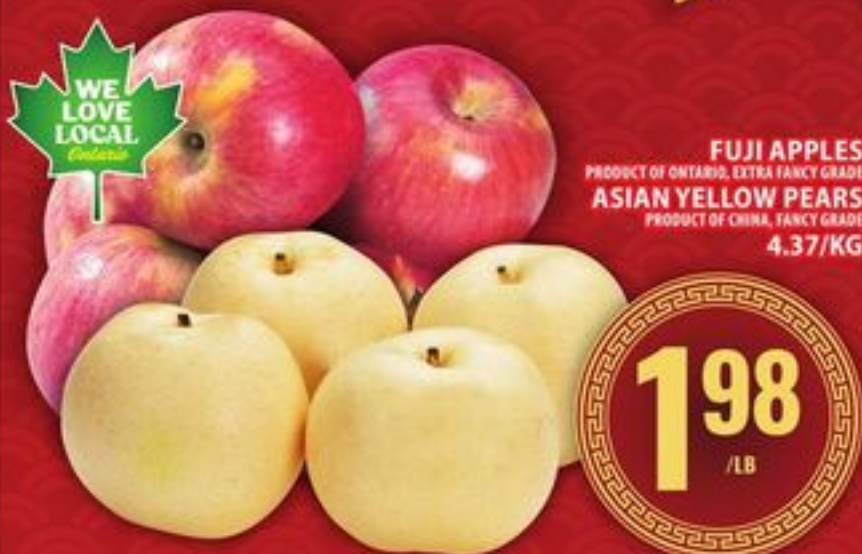


ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1⁴⁹
EACH

AURORA
SEA SALT OR
BOUILLON CUBES
1 KG / 35 oz.
SELECTED VARIETIES

新年快乐 HAPPY LUNAR NEW YEAR 2026



新年快乐 HAPPY LUNAR NEW YEAR 2026





Y&Y VIET/MILI/ROYAL ORCHID JASMINE RICE
6-8 KG SELECTED VARIETIES

1299
EACH



1 KG

BILLY BEE HONEY
1 KG
SELECTED VARIETIES

999
EACH




VH SAUCE
341-380 ML
SELECTED VARIETIES

299
EACH




HEREFORD CORNED BEEF OR SPAM LUNCHEON MEAT
340 G
SELECTED VARIETIES

399
EACH





CHAO KOH, CASABLANCA OR COOL RUNNINGS COCONUT WATER OR MILK
400-520 ML
SELECTED VARIETIES

125
EACH




KIKKOMAN TERIYAKI OR SOY SAUCE, PANKO BREAD CRUMBS
250 ML, 250 G
SELECTED VARIETIES

399
EACH





LEE KUM KEE SOY SAUCE, Y&Y RICE STICKS, SOY BEANS OR SESAME OIL
100-400 ML, 400-454 G
SELECTED VARIETIES

229
EACH




POCKY, STICK COOKIES, HAO OR ANN TEA
120-190 G
SELECTED VARIETIES

499
EACH

GRACE PLANTAIN CHIPS OR PEANUT PUNCH
120-200 ML
SELECTED VARIETIES

129
EACH




INDOMIE NOODLES, LUCKY KOI SRIRACHA, HOISIN OR OYSTER SAUCE
5 X 80 G, 450-500 ML
SELECTED VARIETIES

299
EACH




BLUE DRAGON COOKING SAUCE OR GLICO CURRY SAUCE
200-270 G, 170-170 ML
SELECTED VARIETIES

399
EACH

SAPPORO ICHIBAN NOODLES
100 G
SELECTED VARIETIES

99c
EACH




WING SALAD NOODLES OR COOKIES, Y&Y SEAWEED OR NONGSHIM SNACKS
45-150 G, 3.5 G
SELECTED VARIETIES

169
EACH




NONG SHIM NOODLES MULTIPACK
45-150 G, 4.5 G
SELECTED VARIETIES

599
EACH

GRACE OR COOL RUNNINGS SODA, CASABLANCA BASIL DRINKS
250-400 ML
SELECTED VARIETIES

129
EACH




AUTHENTIC ASIA MEALS, PH FOOD DUMPLINGS, SOYBEAN PASTE
300-390 G
SELECTED VARIETIES

499
EACH




SUN EXOTIC PINEAPPLE COCONUT DRINK 1.5 L
1.5 L
SELECTED VARIETIES

199
EACH

RIBENA BLACKCURRANT NECTAR
1.5 L
SELECTED VARIETIES

1099
EACH

MORE

RAMADAN FOR LESS



POMEGRANATE PRODUCT OF EGYPT
METHI LEAVES PRODUCT OF U.S.A. AND/OR MEXICO

1.98
EACH



ZABIHA HALAL
FRESH BONELESS
SKINLESS CHICKEN
BREAST
FAMILY PACK
AIR CHILLED
17.61/KG

7.99
/LB



NOOR OR LAL QUILLA SELLA, PARLIAMENT
GOLD OR ERAVAT BASMATI RICE
4.54 KG SELECTED VARIETIES

9.99
EACH



NANAK
DESI GHEE
800 G

12.99
EACH



99¢
EACH



PILLSBURY
CHAKKI ATTA
9.07 KG

9.99
EACH



CEDAR
CANNED BEANS
340 ML
SELECTED VARIETIES

1.49
EACH



CEDAR DRY
BEANS, BARLEY,
BURGOL OR
SEMOLINA
907 G - 2 LB
SELECTED VARIETIES

2.99
EACH

ADONIS
BAKLAVAS
275 G

5.99
EACH



NOOR DATES, ROOH AFZA SYRUP OR
SHERBON JUICE
800 G, 800 ML, 2 L SELECTED VARIETIES

4.99
EACH



INDOMIE
NOODLES
1.58 G - 1.5 LBS
SELECTED VARIETIES

2.99
EACH

PARLE-G, LU OR
EBM COOKIES
64 - 70 G
SELECTED VARIETIES

99¢
EACH



CEDAR KATAIFI OR PHYLLO PASTRY DOUGH,
FROZEN SPINACH OR STUFFED VINE LEAVES
FROZEN 375 - 734 G SELECTED VARIETIES

2.99
EACH



CEDAR
PEACHES OR
POMEGRANATE
JUICE
250 - 794 ML
SELECTED VARIETIES

3.49
EACH

KURKURE
CHIPS
115 G
SELECTED VARIETIES

1.79
EACH



CASABLANCA
BUTTER COOKIES,
PURE HEAVEN
OR CASABLANCA
DRINKS
454 G, 750 ML
SELECTED VARIETIES

3.99
EACH



BEST NECTARS,
DIVYA MANGO
PULP OR NORDEX
KASHTA CREAM
1 L, 1.5 L, 800 G
SELECTED VARIETIES

2.99
EACH

CEDAR
MARSHMALLOWS,
ROSE OR
ORANGE WATER
200 ML
SELECTED VARIETIES

1.99
EACH

MORE

RAMADAN FOR LESS



DIVYA
LENTILS OR
BLACK CHICKPEAS
1.5 - 2.5 KG
SELECTED VARIETIES



DIVYA
BLACK CHICKPEAS
POIS CHICHES NOIR
KALA CHANA
1.5 - 2.5 KG
SELECTED VARIETIES

3⁹⁹
EACH



INDIA GATE
ROZZANA OR QILLA PREMIUM
BASMATI RICE
4.54 KG, 8 KG
SELECTED VARIETIES



CEDAR
Long Grain Parboiled Rice
Riz arboré à grains longs
8 kg - 12.5 kg

12⁹⁹
EACH



KFI
BUTTER CHICKEN
Cooking Sauce
375 - 400 ML
SELECTED VARIETIES



PATAK'S
BUTTER CHICKEN
POULET AU BEURRE
Cooking Sauce
375 - 400 ML
SELECTED VARIETIES

3⁹⁹
EACH



DIVYA
GARLIC CORIANDER NAAN
PAIN D'AIL CORIANDER
Just Heat & Eat!
Chaudh par example!
320 - 400 G FROZEN
SELECTED VARIETIES



DIVYA
PLAIN PARATHA
PAIN INDIEN PLAIN
Just Heat & Eat!
Chaudh par example!
320 - 400 G FROZEN
SELECTED VARIETIES

1⁹⁹
EACH



LAZEEZ
Vegetable Samosa
FROZEN SNACKS
10 PCS
Cooking Sauce
300 - 400 G
SELECTED VARIETIES



LAZEEZ
SPRING ROLLS OR SAMOSAS,
NATIONAL COOKING SAUCE
300 - 400 G
SELECTED VARIETIES

2⁹⁹
EACH



CEDAR
Tahini
Sesame seed paste
From the sesame
hull
300 g



ALKANATER OR CEDAR TAHINI, PHOENICIA HONEY
200 - 300 ML
SELECTED VARIETIES

8⁹⁹
EACH



ALJUICE
POMEGRANATE
1.75 L



ALPHONSO
1.75 L



CEDAR
CONDENSED MILK
300 ML
SELECTED VARIETIES

3⁹⁹
EACH



Maggi
2-Minute Noodles
Noodles with Flavor
Longest shelf life
75 g

39¢
EACH



CASABLANCA
BASIL DRINKS,
SURATI CHIPS
200 ML, 100 G
SELECTED VARIETIES

1²⁹
EACH



CEDAR
MARINADES,
CUCUMBERS OR GRAPE LEAVES
750 ML, 1 L
SELECTED VARIETIES



CEDAR
MARINADES,
CUCUMBERS OR GRAPE LEAVES
750 ML, 1 L
SELECTED VARIETIES

4⁹⁹
EACH



National
SPICE OR GITS MIXES
45 - 200 G
SELECTED VARIETIES

1⁶⁷
EACH



Indomie
Instant Noodles
75 - 125 G
SELECTED VARIETIES

79¢
EACH



alfa
PIES
700 - 850 G
FROZEN
SELECTED VARIETIES

7⁹⁹
EACH



SHAN
MIXES OR DIVYA GINGER GARLIC PASTE
100 - 200 G
SELECTED VARIETIES

4⁹⁹
EACH



Shan
Bombay Biryani
100 - 200 G
SELECTED VARIETIES

1⁹⁹
EACH



PHOENICIA OR CEDAR
YOGURT
3.25% M.F.
500 - 750 G
SELECTED VARIETIES



PHOENICIA OR CEDAR
YOGURT
3.25% M.F.
500 - 750 G
SELECTED VARIETIES

2⁴⁹
EACH



Desi-Licious
KULFI
MALAI MANGSHUK
1.5 L
SELECTED VARIETIES

5⁹⁹
EACH



DIVYA
PEANUT CHIKKI OR TATA TEA
80 G, 100 G
SELECTED VARIETIES

3⁴⁹
EACH

PERSONAL CARE FOR LESS



HUGGIES PULL-UPS, GOODNITES TRAINING UNDERWEAR
44-46S
SELECTED VARIETIES



HUGGIES little movers
OUTSTANDING ACTIVE FIT
12 Hours of Leak Protection
HUGE VALUE GRANDE VALEUR
84 DIAPERS COUCHES
6



HUGGIES little snugglers
GENTLE SKIN PROTECTION
12 Hours of Leak Protection
HUGE VALUE GRANDE VALEUR
148 DIAPERS COUCHES
2

HUGGIES LITTLE MOVERS, SNUGLERS DIAPERS
84-148'S
SELECTED VARIETIES

LOCKED DOWN

29⁹⁹
EACH

THIS WEEK ONLY

34⁹⁹
EACH



ALWAYS ULTRA THIN PADS
20-22'S
TAMPAX PEARL TAMPONS
18'S
SELECTED VARIETIES



LOCKED DOWN

5⁴⁹
EACH



Dove
daily moisture
hydration
gentle
8.3 FL OZ



DOVE
BAR SOAP & s.
HAIR CARE
8.28 FL OZ
SELECTED VARIETIES

LOCKED DOWN

10⁹⁹
EACH



Colgate
151%
more whitening
Self
Peeling
Enamel
Technology
100% WHITENING
TOOTH PASTE
150-150 ML
TOOTHBRUSH
EACH
SELECTED VARIETIES



Colgate
Total
150-150 ML
TOOTH PASTE
EACH
SELECTED VARIETIES

LOCKED DOWN

3⁴⁹
EACH



SENSODYNE
Fresh Mint
#1 DENTIST RECOMMENDED BRAND
24-7 Sensitivity Protection + Strong Teeth & Healthy Gums
With triple cleaning action
Value Size
135 ml

LOCKED DOWN

6²⁹
EACH



SCOPE MOUTHWASH
1 L



CREST TOOTH PASTE
45-50 ML



ORAL-B TOOTHBRUSH
EACH
SELECTED VARIETIES

LOCKED DOWN

4⁹⁹
EACH



SOFTSOAP
REFILL HAND SOAP
1.47 L
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH



Gillette
CLEAR GEL
GEL TRANSPARENT
150-150 G



Secret
150-150 G

GILLETTE OR SECRET DEODORANT
150-150 G
SELECTED VARIETIES

LOCKED DOWN

5⁹⁹
EACH



Old Spice
PURE SPORT
3X
150-150 ML



Old Spice
2 in 1
POWDERY
NETTOYANT POUR
LES CHEVEUX ET
LE CORPS
150-150 ML

OLD SPICE HAIR+BODYWASH
150-150 ML
SELECTED VARIETIES

LOCKED DOWN

7⁹⁹
EACH



Gerber
Snacks
Lil' CRUNCHIES
100-100 ML
CEREAL PUFFS
EACH
SELECTED VARIETIES

LOCKED DOWN

3²⁹
EACH



JOHNSON'S
CALMING
SHAMPOO,
HEAD-TO-TOE
WASH OR
BABY OIL
100-100 ML
SELECTED VARIETIES

LOCKED DOWN

5⁹⁹
EACH



live clean
(baby)
BABY SHAMPOO
& WASH, BABY
LOTION
227-200 ML
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH



live clean
(baby)
BABY LOTION
227-200 ML
SELECTED VARIETIES

LOCKED DOWN

6⁹⁹
EACH



PERSONNELLE
HAND SOAP
250 ML
EACH
SELECTED VARIETIES

ALWAYS GREAT PRICE

1⁹⁹
EACH



PERSONNELLE
BODY WASH OR
SHOWER GEL
250-250 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

2⁹⁹
EACH



PERSONNELLE
HAIR CARE
250-250 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE

2⁹⁹
EACH



Pampers
BABY WIPES
192
EACH
SELECTED VARIETIES

LOCKED DOWN

7⁴⁹
EACH



Back to Busy? Dairy's Got Your Back!

Lactantia UltraPur Milk
1.5 L
20g PROTEIN
NO SUGAR ADDED
10 ESSENTIAL NUTRIENTS

LOCKED DOWN
5.49 EACH

Lactantia Cream Cheese Product
227 g
Simple Ingredients
Rich & Creamy
Riche et crémeux
Ingrédients simples

LOCKED DOWN
3.49 EACH

20 points

Lactantia Lactose Free Cream
475 mL
EASY TO DIGEST

LOCKED DOWN
4.99 EACH

Beatrice B-Fit Protein Milkshake
400 mL
34g PROTEIN

LOCKED DOWN
2.99 EACH

Astro Original Balkan Yogurt
12 x 100 g
ORIGINAL
FRUIT ON THE BOTTOM • FRUITS AU FOND

LOCKED DOWN
5.49 EACH

Krema Organic Yogurt
650 g
RICH & CREAMY

LOCKED DOWN
4.99 EACH

Parkay Margarine
850 g
FRESH & CREAMY TASTE

LOCKED DOWN
4.49 EACH

Black Diamond Cheddar Slices
410 g
22g PROTEIN

LOCKED DOWN
3.98 EACH

iöco Nano Drinkable Yogurt
6 x 93 mL
ALWAYS GREAT PRICE

3.49 EACH