



DEALS FOR DAYS EVENT

ONLY



6⁵⁰

APP EXCLUSIVE OFFER*
Optimum
EARN
1,000 pts = \$1
Back in points



PC® ORANGE JUICE
selected varieties, refrigerated
2.5 L
jus d'orange
21531644 EA

SAVE 22%

\$7

APP EXCLUSIVE OFFER*
Optimum
EARN
2,000 pts = \$2
Back in points



PC® DINNER ENTRÉES
selected varieties, frozen
907 g-1.13 kg
plats cuisinés
20326534 EA

SAVE 20%

\$2



CHRISTIE CRACKERS
selected varieties
180-200 g
craquelins
21030647 EA/21547034 EA

NOFRILLS®

DEALS FOR DAYS EVENT

FLYER PRICES EFFECTIVE THURSDAY, JANUARY 8 TO WEDNESDAY, JANUARY 14, 2026.



ONLY **1.99**
LB

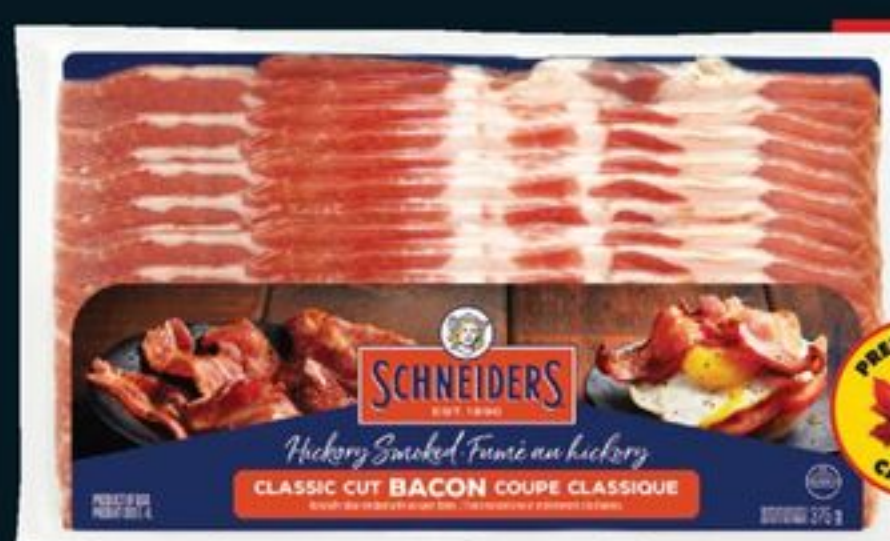
PORK HALF LOIN
boneless, fresh, cryovac package
4.39/kg
demi longe de porc
20254787_KO

WHILE QUANTITIES LAST

SAVE UP TO **22%**

\$1

NO NAME® TUNA
selected varieties
85/170 g
thon
20231647_EA



SAVE **33%**

\$4

SCHNEIDERS® or MAPLE LEAF BACON
uncooked or precooked
selected varieties, 65/375 g
bacon
20772671_EA

ONLY

9.99



PINTY'S CHICKEN BREASTS 600 g, THIGHS 640 g or DRUMSTICKS 950 g
selected varieties, frozen
poisines de poulet ou hauts de cuisson et pilons
21703414_EA/21703423_EA



HALAL

LEAN GROUND BEEF
450 g
bœuf haché maigre
21615428_EA

ONLY

5.25

PRICE DROP

1.25

ALLEN'S FRUIT COCKTAIL
selected varieties
1 L
cocktail de fruit
2030749001_EA/21630125_EA



ONLY

1.99

PKG OF 5

AVOCADOS
product of Mexico, Peru or Colombia or
CANTALOUPE
product of Guatemala or Honduras, no. 1 grade
avocats ou cantaloup
21644936001_EA/20167017001_EA



ONLY

3.27

EARN **500**
Back to points

CLASSICO PASTA SAUCE
selected varieties
410/600 ml
sauce pour pâtes
20225609006_EA/21618218_EA



SAVE **25%**

4.50

BRAR'S MALAI PANER
375 g
paner
20283164_EA



SAVE **51%**

1.44

FARMER'S MARKET® CARROTS or YELLOW ONIONS
product of Canada, Canada no. 1 grade
carottes ou oignons jaunes
20600927001_EA/20181994001_EA



SAVE UP TO **39%**

\$2

GAY LEA SOUR CREAM 425/500 ml or
CHEEMO PEROGIES 745-907 g
selected varieties
crème sure et perogies
20317536001_EA/20227159_EA



SAVE UP TO **38%**

10.99

817 ELEPHANT BRAND BASMATI RICE
selected varieties
4 kg
riz basmati
20787524_EA/21341987_EA



SAVE **40%**

.88
LB

ORANGES
product of Spain
1.94/kg
oranges
20426078001_KO



SAVE UP TO **29%**

12.99

ROYALE BATHROOM TISSUE or TIGER TOWEL
selected varieties
papier hygiénique ou essuie-tout
21378232_EA/21464732_EA



ONLY

12.88

DAN-D PAK CASHEWS
salted or unsalted
908 g
noix de cajou
20314865002_EA



ONLY

7.77

RED MANGOES
product of Peru
mangue rouge
20029632001_EA



APPROX. **9 LB** CASE

FLYER PRICES AVAILABLE AT BRIDGE & HURON - AJAX, STEVE & AMANDA'S - AJAX, JANE - BELLVILLE, ADRIAN - BRAMPTON, DAVE'S - BRAMPTON, FARENS - BRAMPTON, HECTOR & NAJIA'S - BRAMPTON, MICHAEL & ABBY'S - BRAMPTON, ROCKY'S - BRAMPTON, SARANGAN'S - BRAMPTON, WALKER'S - BRANTFORD, ALFREDO'S - BURLINGTON, MICHAEL'S - BURLINGTON, JAYD & SALMA'S - CAMBRIDGE, ROSS & LINDSAY'S - CAMBRIDGE, STAN'S - EAST YORK, COZMO'S - ETOBICOKE, IMELINDA & ANA'S - ETOBICOKE, JASON'S - ETOBICOKE, JEFF ROSE & KERRY'S - ETOBICOKE, JEFF'S - ETOBICOKE, STEVE'S - ETOBICOKE, SCHENIC'S - GUELPH, SHANNON & RICHARD'S - GUELPH, CHRIS & JENNY'S - HAMILTON, FRANCO'S - HAMILTON, GIORGIO'S - HAMILTON, TONY'S - HAMILTON, DEREK & LAUREN'S - KITCHENER, BRENT & JENNIFER'S - LONDON, DARRYL & TRACY'S - LONDON, GARY'S - LONDON, MASSO'S - LONDON, PHIL'S - LONDON, BOB & RACHAEL'S - LONDON, ROBERT & TRACEY'S - LONDON, DAVE & ANNETTE'S - MARKHAM, PETER & SUZIE'S - MARKHAM, BOB'S - MARKHAM, VANSPALL'S - MARKHAM, JOHN'S - MILTON, ASHLEY'S - MISSISSAUGA, DANIEL'S - MISSISSAUGA, DANIEL'S - MISSISSAUGA, MARC'S - MISSISSAUGA, RAMAN'S - MISSISSAUGA, SARANGAN'S - MISSISSAUGA, TOM & MICHELLE'S - MISSISSAUGA, VITO'S - MISSISSAUGA, YAMA'S - MISSISSAUGA, JOHNS - NEWMARKET, ANAND & SHIVYONNE'S - NORTH YORK, CARLO'S - NORTH YORK, DANIEL'S - NORTH YORK, JOHN & DANIELLE'S - NORTH YORK, JOHN'S - NORTH YORK, LEONETTE'S - NORTH YORK, LUSTRO'S - NORTH YORK, RICHARD & RUTHS - NORTH YORK, DYLAN'S - OSHANA, MIKE'S - OSHANA, NADINE'S - OSHANA, GABE'S - OTTAWA, DACOSTA'S - PICKERING, ASHLEY'S - RICHMOND HILL, FRASER & MELISSA'S - RICHMOND HILL, JIM'S - RICHMOND HILL, KYLE'S - SAENA, AJMAL'S - SCARBOROUGH, AUIS - SCARBOROUGH, CRAIG'S - SCARBOROUGH, DAVE & CHARLOTTE'S - SCARBOROUGH, DAVES - SCARBOROUGH, HASKIN'S - SCARBOROUGH, NADIA'S - SCARBOROUGH, NICK'S - SCARBOROUGH, ROD & JOE'S - SCARBOROUGH, VI & YU LING'S - SCARBOROUGH, JEFF & HOLLY'S - STITTSVILLE, MICHAEL'S - STOURVILLE, ANDREW & SHELLEY'S - TORONTO, ANTHONY'S - TORONTO, DARRIN'S - TORONTO, JIM & MARIA'S - TORONTO, LUCIANO'S - TORONTO, MIKE'S - TORONTO, ROCCO'S - TORONTO, SAM & NANCY'S - TORONTO, ANTHONY'S - VAUGHAN, DINO'S - VAUGHAN, VINCE & FRANCESCA'S - VAUGHAN, PAUL & MALLOREY'S - WATERLOO, GIBRARD'S - WELLS, CONROY'S - WHITBY, LIETZ'S - WHITBY, QALIS - WHITBY, MIKE'S - WOODBRIDGE, SCOTTS - WOODSTOCK

NEW LOWER PRICES

3⁵⁰

**MINUTE MAID
ZERO SUGAR
or
FUZE BEVERAGES**
selected varieties, refrigerated
1.54/1.75 L
boissons

21434119_EA/21652207_EA



\$2

**SNACK PACK
PUDDING**
selected varieties
4x99 g
pouding

20310707001_EA



\$5

**SCHNEIDERS
BOLOGNA**
selected varieties
500 g
bologna

20039186_EA



6⁵⁰

**MCCAIN
PIZZA
POCKETS**
selected varieties,
frozen
540/600 g
pochettes de pizza

21047833_EA



5⁵⁰

**SCHNEIDERS EGG
BITES or
BREAKFAST
SANDWICHES**

selected varieties, frozen
204-288 g
bouchées d'œuf ou sandwichs déjeuner

21623288_EA/21623323_EA



FRESH AT LOW PRICES

3.99

6 OZ CLAMSHELL

STRAWBERRIES
product of Mexico or U.S.A., no. 1 grade,
BLACKBERRIES
product of Mexico or U.S.A., or
BLUEBERRIES
product of Peru, Chile, Mexico
or Morocco, no. 1 grade
mûres ou fraises ou bleuets
20049778001_EA/20051015001_EA/20080137001_EA

3.99

1 LB CLAMSHELL

RED or GREEN SEEDLESS GRAPES
product of Peru or South Africa, no. 1 grade or
CHERRIES
product of Chile, no. 1 grade
raisins rouges ou verts sans pépins ou cerises
8.80/kg
20425775001_KG/20159199001_KG/20159690001_KG

1.69

LB

ACORN, BUTTERNUT, BUTTERCUP or SPAGHETTI SQUASH
product of Canada, Mexico, or U.S.A.
courge polivrée ou musquée ou
buttercup ou spaghetti
3.73/kg
20071263001_KG/20317208001_KG

3.99

10 LB BAG

RED, YELLOW or RUSSET POTATOES
product of Canada, Canada no. 1 grade
pommes de terre rouges, jaunes ou Russet
20601013001_EA/20601020001_EA

APP EXCLUSIVE OFFER

2,000 ^{POINTS} = \$2 ^{Back in points}



If your produce isn't fresh, we'll replace AND refund it.*

4.99

2 LB BAG

MINI SEEDLESS WATERMELON product of Guatemala, Honduras, Costa Rica, Mexico, or Brazil or
FARMER'S MARKET™ LEMONS product of U.S.A.
citrons or mini-melon d'eau sans pépins
20795315001_EA/20145379001_EA

6.99

4 LB BAG

FARMER'S MARKET™ MANDARINS
product of Spain
mandarines
20054025001_EA

8.99

PC® KAKI PERSIMMONS
product of Spain
kaki plaoques
21211628001_C01

3.99

PKG OF 4

GREEN or RED PEPPERS
product of Mexico
pimientos
20115233001_EA/20013208001_EA

3.99

PKG OF 2

CAULIFLOWER or ROMANE HEARTS product of U.S.A. or Mexico, no. 1 grade or
chou-fleur ou coeur de romaine
20125377001_EA/20082756001_EA

1.79

Foodland ONTARIO

ENGLISH CUCUMBERS
product of Ontario, Canada no. 1 grade
cucous
20070132001_EA

3.99

PINEAPPLE
product of Costa Rica
ananas
20140992001_EA

1.99

BROCCOLI CROWNS
product of Mexico or U.S.A.
courtes de brocoli
21121560001_EA

2.99

BROCCOLINI or RAPINI
product of U.S.A., bunch
broccoli ou rapini
20154907_EA/20048070001_EA

5.99

567 G

681 G

PC® AXIANY or VARIETY TOMATOES
product of Canada or Mexico
tomates
21634164001_EA/2049866001_EA

4.99

10 LB BAG

FARMER'S MARKET™ RED ONIONS
product of Canada, Canada no. 1 grade
oignons rouges
2017193001_EA

3.99

680 G

PC® LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES
product of Canada, Canada no. 1 grade
mini-pommes de terre rouges, dorées ou assorties
21347299001_EA

4.99

4 LB BAG

FARMER'S MARKET™ AMBROSIA or ROYAL GALA APPLES
product of Ontario, Canada fancy grade
pommes
21107212001_EA/2016799001_EA

1.99

POMEGRANATES
product of Egypt or Israel
grenades
20134787001_EA

2.49

227 G

BUNCH SPINACH or KALE product of U.S.A. or Mexico
or **PC® SLICED or WHOLE, WHITE or CREMINI MUSHROOMS** product of Canada
épinards ou chou frisé en botte ou champignons
20775805_EA/20782329_EA/2014284001_EA

PRICE DROP

1.50

LB

RED CABBAGE
product of Canada
chou
20773654001_KG

\$2

LB

Foodland ONTARIO

RED DELICIOUS APPLES
product of Ontario
pommes
20072899001_KG

\$3

PKG OF 2

GEN-V BOSTON LETTUCE
product of Canada
laitue Boston
2048637_EA

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

FRESH AT LOW PRICES

\$8



PC® CHICKEN THIGHS
bone-in, up to 870 g
hauts de cuisse de poulet
21606983 EA

\$7
LB



LEAN GROUND BEEF AND PORK
boeuf et porc hachés maigres
15.43/kg
20861188 KG

779



MARCANGELO CHICKEN BREAST PORTIONS
selected varieties, 300 g
portions de poitrine de poulet
21706318 EA



649



ULTIMATE DINNER or BREAKFAST CHICKEN SAUSAGE or PC® SAUSAGES
selected varieties, 375/500 g
saucisses de poulet
21378310 EA/21584342 EA

449



SCHNEIDERS REDHOTS or MAPLE LEAF TOP DOGS
selected varieties, 375 g
saucisses fumées
20402429 EA

350



SMOKED STEELHEAD SALMON 50 g, SEAQUEST® FLAVOURED POLLOCK selected varieties, 227 g, GO RAW SHRIMP 51/70 per lb, COOKED SHRIMP 61/90 per lb or YELLOWFIN TUNA STEAKS 92 g
saumon fumé ou gobeberge aromatisée ou crevettes ou darnes de thon alliacore
20792840 EA

\$7



SEAQUEST® RAW or COOKED SHRIMP 36/55 per lb, 300 g, SMALL SCALLOPS 400 g, or SHRIMP RING 227 g
frozen
crevettes ou pétoncles
21634352 EA

250



THE LAUGHING COW CHEESE
selected varieties, 120-140 g
fromage
20319107 EA/21201454 EA

\$3
Members-Only Price
Non-members
350
Members save
.50



ZIGGY'S SLICED DELI MEAT
selected varieties
175 g
charcuteries tranchées
21592461 EA/21599921 EA

499



WONG WING or ASIAN INSPIRATIONS ENTRÉES
selected varieties, frozen, 400 g
plats cuisinés
20507138 EA / 21047378 EA

\$5



SAPUTO CHEESE
selected varieties
125-200 g
fromage
2037975 EA/21051214 EA

550



MAIN ST BISTRO MAC AND CHEESE or MASHED POTATOES
selected varieties
537-680 g
macaroni ou fromage ou purée de pommes de terre
20027947 EA/20338009 EA

\$6



PC® DELI MEAT 175 g or MARCANGELO SLICED MEAT 85-200 g
selected varieties
charcuteries tranchées
20682855 EA/21706089 EA

250



WONDER BREAD 675 g or BUNS 8's
selected varieties
pain ou petits pains
20276296 EA/20297455 EA

350



NO NAME® ORIGINAL GARLIC TOAST
toast à l'ail
21361140 EA

\$4



PC® TOPPED HUMMUS 280 g or SABRA GUACAMOLE 198 g
selected varieties, 200 g
hummus ou guacamole
20811328 EA/21364003 EA

\$5



LA BAGUETTERIE MICHE
selected varieties, 600/800 g
miche
20862393 EA

DEALS FOR DAYS EVENT

SAVE 33%

3.99



KRAFT CHEEZ WHIZ
selected varieties, 450 g
produit de fromage fondu
20659906001_EA

ONLY

\$3



ASTRO, İÖĞÜ 650/750 g,
LIBERTÉ GREEK 4's YOGURT
or **PILLSBURY**
REFRIGERATED DOUGH 318-468 g
selected varieties
yogourt ou pâte réfrigérée
20165226001_EA/20318034001_EA



SAVE 20%

5.99



LACTANTIA BUTTER
selected varieties
454 g
beurre
20659926_EA



ONLY

\$4

RISTORANTE or CASA DI MAMA PIZZA
selected varieties, frozen, 320-410 g
pizza
20296100001_EA/20296424001_EA

\$6



PC FREE RUN EGGS
12's
œufs
20813628001_EA

\$4



PC DINNER ENTRÉES
selected varieties, frozen, 212-365 g
plats cuisinés
20209891_EA

3.50



CAVENDISH PREMIUM FRIES
selected varieties, frozen, 400-750 g
Fries de qualité supérieure
21680114_EA

\$2



HOLIDAY LUNCHEON MEAT 340 g or
MAPLE LEAF FLAKES 150 g
selected varieties
pain de viande ou flocons
2029672001_EA/20618778_EA

5.50



HÄAGEN-DAZS ICE CREAM NOVELTIES
450 mL or 3/4 L
selected varieties, frozen
crème glacée ou fraise-fondue glacée
20302298001_EA/21513306_EA

2.79



CHRISTIE COOKIES
selected varieties, 6x7-10 g
biscuits
21358407_EA/21361508_EA

\$4



DORITOS TORTILLA CHIPS
selected varieties
210/235 g
originaux
21673042_EA

2.49



SENSIBLE PORTIONS VEGGIE STRAWS or CHIPS
selected varieties, 120-142 g
originaux ou croquantes
20377504001_EA/21380091_EA

\$4



OCEAN SPRAY CRANBERRY COCKTAIL
selected varieties, 1.89 L
cocktail de cranberries
20300006001_EA

\$4



COCA-COLA or PEPSI SOFT DRINKS
selected varieties, 6x7-10 mL
boissons gazeuses
20310544002_C06/20310741002_C06

\$3



MOTT'S CLAMATO
selected varieties, 1.89 L
cocktail de clamato
20318955002_EA

2.79



CATELLI GLUTEN-FREE PASTA
selected varieties, 120-142 g
pâtes sans gluten
20794233_EA/20794241_EA

\$3



OLD EL PASO COMPONENTS
selected varieties, 98-334 g, 283-379 mL
éléments pour tacos
2030092001_EA/20828196_EA

\$22



PC ROAST AND GROUND COFFEE 800-930 g,
WHOLE BEAN 820/907 g or **PODS** 30's
selected varieties
café torréfié et moulu ou en grains ou capsules
21668446_EA/21668491_EA

5.50



KELLOGG'S FAMILY SIZE CEREAL
selected varieties, 480-650 g
céréales
21648978_EA/21651640_EA

2.29



QUAKER DIPPYS or CHEWY GRANOLA BARS
selected varieties, 120-156 g
barres
20847382_EA/21339366_EA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. **Must be a registered PC Optimum™ member to get this offer.

JANUARY

**HIT
OF THE
MONTH**

\$1.50



🇨🇦 Made in Canada

Catelli Smart or Healthy Harvest pasta
Selected varieties, 340/375 g
Limit: 6, over limit retail \$2.50
20299819008_EA/20527060_EA

\$2.25



Kellogg's Eggo Waffles 8's
Frozen, selected varieties, 270/280 g
Limit: 6, over limit retail \$3.00
20302779_EA/20323436001_EA

\$3.50



🇨🇦 Prepared in Canada

Janes Cosmic Chicken Nuggets
Frozen, 500 g
Limit: 6, over limit retail \$4.50

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas.
Offer valid January 1st - 31st, 2026 while quantities last.
We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

NEW DIGITAL COUPONS

Optimum™
Over
\$25
in value

MORE OFFERS. MORE POINTS.

CLICK FOR THESE COUPONS AND MORE



PC® ORANGE JUICE
1.54 L
jus d'orange

Get
250 ^{PTS}
with digital coupon



PC® PASTA SAUCE
410/650 mL
sauce pour pâtes

Get
500 ^{PTS}
with digital coupon



PC® 100% JUICE
1 L
jus

Get
750 ^{PTS}
with digital coupon



PC® MAX STRENGTH AND THICKNESS PAPER TOWELS
3 = 6 Rolls
essuie-tout

Get
1,000 ^{PTS}
with digital coupon



PC® MINI MUFFINS
336 g
mini-muffins

Get
1,000 ^{PTS}
with digital coupon



PC® NAAN ROUNDS
480 g
naan

Get
1,000 ^{PTS}
with digital coupon



PC® PROBIOTIC YOGURT
650 g
yogourt aux probiotiques

Get
1,500 ^{PTS}
with digital coupon



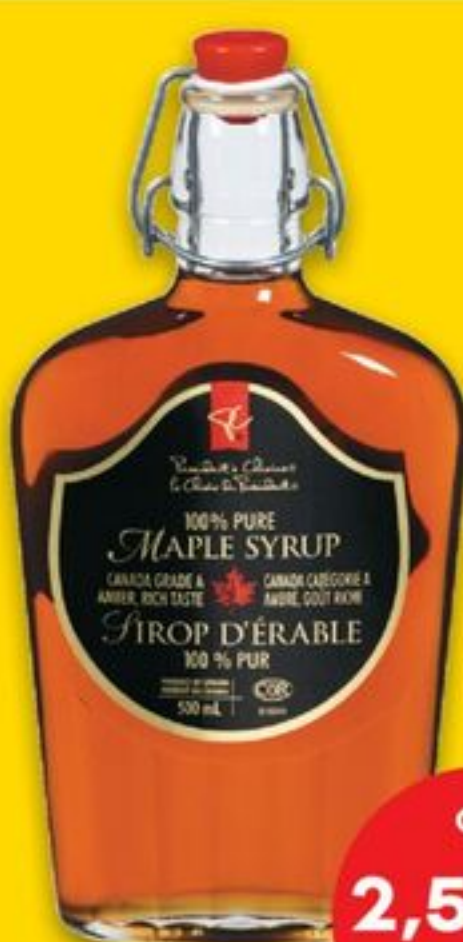
PC® CHOCOLATE COVERED NUTS
340-400 g
noix enrobées de chocolat

Get
1,500 ^{PTS}
with digital coupon



PC® BUTTER QUARTERS
454 g
bâtonnets de beurre

Get
1,500 ^{PTS}
with digital coupon



PC® MAPLE SYRUP
500 mL
sirop d'érable

Get
2,500 ^{PTS}
with digital coupon



PC® SMOKIES
1 kg
saucisses fumées

Get
3000 ^{PTS}
with digital coupon



PC® SPLENDIDO® OLIVE OIL
1 L
huile d'olive

Get
3000 ^{PTS}
with digital coupon

MORE OFFERS. MORE POINTS.

CLICK FOR THESE COUPONS AND MORE



NO NAME® WINDSHIELD WASHER FLUID
3.78 L
liquide lave-glace

Get **250** ^{PTS}
with digital coupon



NO NAME® CHIPS
200 g
croustilles

Get **250** ^{PTS}
with digital coupon



NO NAME® VINEGAR
4 L
vinaigre

Get **250** ^{PTS}
with digital coupon



NO NAME® DICED TOMATOES
796 mL 28 fl oz
tomates en dés

Get **250** ^{PTS}
with digital coupon



NO NAME® CHEESE BARS
400 g
barres de fromage

Get **500** ^{PTS}
with digital coupon



NO NAME® PEANUT BUTTER
1 kg
beurre d'arachide

Get **500** ^{PTS}
with digital coupon



NO NAME® MAYONNAISE
890 mL
mayonnaise

Get **500** ^{PTS}
with digital coupon



NO NAME® SOUR CREAM
500 mL
crème sure

Get **500** ^{PTS}
with digital coupon



NO NAME® FLOUR
2.5 kg
farine

Get **500** ^{PTS}
with digital coupon



NO NAME® MICROWAVE POPCORN
6 x 82 g
maïs à éclater au four à micro-ondes

Get **1,000** ^{PTS}
with digital coupon



NO NAME® STRAWBERRY JAM
confiture de fraises

Get **1,500** ^{PTS}
with digital coupon



T&T® FROZEN POTSTICKERS
567 g
quenelles

Get **1,500** ^{PTS}
with digital coupon

EASY MEALS AT LOW PRICES

\$3

ZIGGY'S® FRESH PASTA
selected varieties
350/360 g
pâtes fraîches
21521168 EA



3.50

APP EXCLUSIVE OFFER*
Optimum
EARN
1,000 ^{pts}
=\$1
Back in points

PC® DIPS 227 g or NAAN DIPPERS 200 g
selected varieties
trempettes ou pains naan
20584212 EA/21092033 EA



\$6

PACE PIZZA 510-542 g or LA CASA ROSA FRESH ENTRÉES 350 g
selected varieties
pizza ou plats cuisinés frais
20584212 EA/21092033 EA



BRANDS YOU LOVE AT LOW PRICES

ONLY

6⁷⁹

YOPLAIT SOURCE YOGURT
selected varieties
16x100 g
yogurt
2031737001_EA



SAVE 28%

4⁹⁹

MCCAIN DEEP 'N DELICIOUS CAKES
selected varieties, frozen
510 g
gâteaux
20310132002_EA



SAVE 50%

\$2

HELUVA GOOD! DIP
selected varieties
250 g
trempette
2017999002_EA



SAVE 25%

\$6

PILLSBURY PIZZA POPS 760 g or BITES 693 g
selected varieties, frozen
pizzas collections ou bouchées
51433910_EA

\$7

STARBUCKS COFFEE ENHANCER
selected varieties
528 mL
renforceur pour café
21338472_EA



\$7

STOK COLD BREW COFFEE
selected varieties
1.82 L
café infusé à froid
21303737_EA/21303739_EA



8⁸⁸

MAZOLA CORN OIL
2.54 L
huile de maïs
20015260_EA



3⁸⁸

SUNCHIPS 255 g or **MUNCHIE'S** 250 g
selected varieties, frozen
croûtes ou grignolines
21370917_EA/21370918_EA



3⁵⁰

KOOL-AID JAMMERS
selected varieties
10x180 mL
jus
2007997606_EA



\$9

POPPY SODA
selected varieties
4x235 mL
soda
21460285_EA/21460293_EA



1⁵⁰

NO NAME® BEANS
selected varieties
540 mL
legumineuses
202291001_EA



4⁸⁸

HUY FONG SAMBAL OLEK 476 mL,
CHILI GARLIC SAUCE 481 mL or
HUY FONG SRIRACHA SAUCE 714 mL
sambal oelek ou sauce chili à l'ail ou sauce sriracha
21074954_EA/21074955_EA



2⁵⁰

PEPPERIDGE FARM GOLDFISH CRACKERS
selected varieties
167/227 g
croûtes
20300320_EA/2030094003_EA



2²⁵

CAMPBELL'S CHUNKY SOUP
selected varieties
515 mL
soupe
21460447_EA



1⁵⁰

CLARK BEANS 398 mL or
MR. NOODLES BOWL 110 g
selected varieties
fèves ou bol de soupe
21308477_EA



1⁷⁹

KRAFT DINNER SALAD PASTA 200 g
selected varieties
pâtes
21349589_EA/21349590_EA



4⁵⁰

HELLMANN'S REAL MAYONNAISE
selected varieties
340/443 mL
mayonnaise
2006823601_EA



12⁹⁹

BERTOLLI OLIVE OIL
selected varieties
750 mL/1 L
huile d'olive
20154018001_EA



\$2

NO NAME® WHITE VINEGAR
Club Size
4 L
vinaigre blanc
20102756_EA



2⁵⁰

BEN'S ORIGINAL BISTRO EXPRESS RICE
selected varieties
240/250 g
riz
21460282_EA/21460283_EA



BRANDS YOU LOVE AT LOW PRICES

ONLY

4.99



IMPERIAL MARGARINE 450 g
TROPICANA ORANGE JUICE 1.36 L
 selected varieties
 margarine ou jus d'orange
 20054663_EA/21622130_EA



SAVE 38%

\$7



KRAFT SINGLES
 selected varieties
 825 g
 fromage
 21184312_EA



ONLY

\$4



PILLSBURY TOASTER STRUDEL
 selected varieties, frozen
 326 g
 pâtisserie
 2017264001_EA

ONLY

\$4

CRAVE DINNER ENTRÉES 200-340 g or
KRAFT DELUXE MAC & CHEESE 340 g
 selected varieties frozen
 plats cuisinés ou macaroni ou fromage
 21055515_EA/21552329_EA

1.25



TINA'S BURRITO
 selected varieties, frozen
 113 g
 burrito
 21629787_EA

2.50



YOPLAIT SOURCE 450 g **TUBES 6's**
MINIGO 6's or **PROTEIN 4's YOGURT**
 selected varieties
 yogurt
 21547373_EA/21619388_EA

2.50



PRINGLES POTATO CRISPS
 selected varieties
 148/156 g
 croustilles
 21003823_EA/21003823_EA

3.50



LECLERC CÉLÉBRATION COOKIES
 selected varieties
 200/240 g
 biscuits
 21648230_EA/21680153_EA

\$6



QUAKER BAKING MIXES or
OAT FLOUR
 selected varieties
 700/900 g
 mélanges à pâtisserie ou farine d'avoine
 2030706401_EA

5.50



ROBIN HOOD or
FIVE ROSES
 selected varieties
 2/2.5 kg
 farine
 2002497001_EA/2002497005_EA

\$3



MOTT'S FRUITSATIONS
 selected varieties
 6x112 g
 collations aux fruits
 2032824001_EA

7.99



TETLEY TEA
 selected varieties
 80/144 g
 thé
 20711144_EA/21613866_EA

8.99



TWININGS TEA
 selected varieties
 50 g
 thé
 2006848001_EA/21111078_EA

7.99



TIM HORTONS INSTANT COFFEE
 selected varieties
 100 g
 café instantané
 21167284_EA/21660418_EA

4.50



MARS CHOCOLATE BAR or
M&M'S
 selected varieties
 155-170 g or
 4's
 chocolat
 20323923_EA/21571708_EA

\$3



QUAKER INSTANT OATMEAL
 selected varieties
 332-344 g
 gruau instantané
 21192900_EA/21192905_EA

3.29



KELLOGG'S SPECIAL K or
KASHI CRUNCHY, CHEWY or
SOFT BAKED BARS
 selected varieties
 165-200 g
 barres
 2044832001_EA

3.49



KETTLE BRAND POTATO CHIPS
 selected varieties
 156/198 g
 croustilles
 21320472_EA

BRANDS YOU LOVE AT LOW PRICES



\$5

\$5



DOVE BAR SOAP 3x106 g, **BODY WASH** 325 mL, **DEODORANT** or **ANTIPERSPIRANT** 45-76 g selected varieties pain de savon ou nettoyant pour le corps ou déodorant ou antisudorifique 20188212003 EA/21220717 EA

SENSODYNE or **PRONAMEL TOOTHPASTE** 75/100 mL or **POLIGRIP** 40 g selected varieties dentifrice ou adhésif pour prothèses dentaires 20301179001 EA/20756075 EA



\$4

\$14

MR. CLEAN ALL PURPOSE CLEANER 1.21 L, **FEBREZE AIR FRESHENER** 7.5 mL, **CAR MAGIC ERASER** 2's selected varieties nettoyant ou désodorisant ou effaceur magique 21005017 EA/21700198 EA

FINISH DISHWASHING TABS 30-55's or **QUANTUM JET DRY RINSE AID** 946 mL selected varieties capsules de détergent pour lave-vaisselle ou agent de rinçage 21218146 EA/21565523 EA

\$22



TIDE LIQUID LAUNDRY DETERGENT 3.46/3.9 L, **PODS** or **FLINGS** 45/76's selected varieties détergent à lessive 21592670 EA/21593706 EA

\$6



NO NAME® NAPKINS 500's serviettes 20306897 EA

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for every \$12* spent on

LYSOL CLEANING PRODUCTS all sizes and varieties produits nettoyants 20310677001 EA/21238361 EA



Optimum
EARN 1,000 pts

=\$1
Back in points



KIKKOMAN

Optimum
EARN 1,000 pts

=\$1
Back in points

5⁹⁹



LEE KUM KEE SESAME OIL 445 mL or **SOY SAUCE** 1.9 L
huile de sésame ou sauce soja

5⁸⁸

KIKKOMAN SOY SAUCE selected varieties 591 mL sauce soja 20139273, EA/21454720, EA

LEE KUM KEE SESAME OIL 445 mL or **SOY SAUCE** 1.9 L huile de sésame ou sauce soja 20165090, EA/20703390, EA



GUSTA
HAM FLAVOURED VEGGIE SLICES
TRANCHES VEGÉ À SAUCEUR DE JAMBON

GUSTA



GUSTA
VEGGIE BURGER
BURGER VEGÉ

\$4

\$6



GUSTA ITALIANA

GUSTA VEGGIE SLICES selected varieties 155 g tranches végé 21706638, EA

GUSTA SLICED VEGGIE BURGER selected varieties, 300 g burgers végé en tranches 21706716, EA

GUSTA VEGAN SAUSAGE selected varieties 350 g saucisse à base de plantes 21284671, EA



General Mills

General Mills



Nature Valley
TRAIL MIX

4⁸⁷

2⁴⁷



Old El Paso
DINNER KIT
HARD & SOFT TACO

GENERAL MILLS FAMILY SIZE CEREAL selected varieties 455-775 g céréales 21103492, EA/21103495, EA

NATURE VALLEY GRANOLA BARS, MOTT'S or BETTY CROCKER FRUIT SNACKS selected varieties, 120-225 g barres granola ou collations aux fruits 2031552005, EA/21184633, EA

OLD EL PASO DINNER KITS selected varieties, 250-510 g troussees-repas 20795334, EA



Christie Crispers

Mondelez International



Christie
FRUIT CRÈME

\$2

2⁷⁹

2⁷⁹

CHRISTIE CRISPERS CRACKERS selected varieties, 145 g croquillons 21284327, EA/21358332, EA

CHRISTIE MINI COOKIES selected varieties, 144-200 g mini biscuits 21584976, EA/21583155, EA

CHRISTIE PECK FREANS COOKIES selected varieties, 290-350 g biscuits 20679948, EA/20680381, EA



Centrum
WOMEN

HALEON



NEOCITRAN
COLD & SINUS

16⁵⁰

\$13

CENTRUM MULTIVITAMIN 90's, VOLTAREN BACK & MUSCLE PAIN RELIEF PRODUCT 120 g or **JOINT PAIN** 100 g selected varieties multivitamines ou analgésique 21111044, EA/21255884, EA

NEOCITRAN COUGH COLD RELIEF PRODUCT selected varieties 10's single dose pouches (powder) produit pour le soulagement de la toux et de rhume 2023424001, EA



Advil
EXTRA FORT LIQUOR GELS

HALEON



TUMS
ANTACID FOR HEARTBURN

ADVIL PAIN RELIEF PRODUCT CAPSULES 20-32's, TABLETS 30-50's or ADVIL CHILDREN'S FEVER AND PAIN RELIEF PRODUCT 100 mL, 20 tablets, or **PEDIATRIC DROPS FOR INFANTS** 24 mL selected varieties analgésique en capsules ou comprimés ou produits de soulagement de la fièvre pour enfants ou gouttes pour tout-petits 2031649801, EA/21372442, EA

TUMS ANTACID FOR HEARTBURN RELIEF PRODUCT, CHEWABLE TABLETS selected varieties antacide 21223300, EA/21236031, EA

HAPPY LUNAR NEW YEAR

恭賀新禧

1.98
LB



YU CHOY, GAI LON, BABY NAPA CABBAGE, SHANGHAI BOK CHOY, or BABY BOK CHOY
product of Mexico, or U.S.A.
chou cantonnais ou brocoli chinois ou petit chou nappa ou pak-choi Shanghai ou petit pak-choi
4.37/kg
20082279001_KG/20171853001_KG

4.88
LB



GUAVA
product of Taiwan
goyave
10.76/kg
20162500001_KG



.98
LB

JUMBO CARROTS
product of China
carottes géantes
2.16/kg
20851084001_KG



1.98

SNOW or SNAP PEAS
product of China
pois mange-tout ou snap
21023581001_EA/21023553001_EA

1.98



RED or WHITE POMELO
product of China
pomélo rouge ou blanc
20081390001_EA/20042410001_EA

3.88



PC® ORGANICS BABY KING OYSTER, ENOKI or SHIITAKE MUSHROOMS
product of Canada
100-170 g
champignons
21548175_EA/21005376_EA

3.88



SUMM! SPRING ROLLS or DUMPLINGS
selected varieties
250-350 g
rouleaux de printemps ou dumplings
21114397_EA/21378594_EA

3.88



PMC BASA FILLETS
Frozen
400 g
filet de pangasius
21432307_EA

5.48
LB



PORK BELLY PORTIONS
fresh
portions de poitrine de porc
12.08/kg
21614914_KG

12.98
LB



STIR FRY STRIPS
lanières à sauter
28.62/kg
21189996_KG

.98



GOLDEN HAPPINESS SPECIALTY BUNS
selected varieties
100 g
brioches de spécialité
21297542_EA

3.88



KIMBERLEY'S FROSTED COOKIES
383 g
biscuits glacés
21433261_EA

8.88



PC® SPRING ROLLS
selected varieties
574 g
rouleaux de printemps
20698096_EA

HAPPY LUNAR NEW YEAR

恭賀新禧

168

AROY-D COCONUT MILK
selected varieties
400 mL
lait de coco
20063864 EA



448

PALDO VOLCANO NOODLES
selected varieties
520/560 g
nouilles
21676222 EA/21676223 EA



.88

CAMPBELL'S SWANSON CHICKEN BROTH
412 mL
bouillon de poulet
20042814 EA



388

HANAMARUKI SOYBEAN PASTE or O'FOOD GOCHUJANG PASTE
selected varieties
500 g
pâte de soja ou pâte gochujang
20171886001 EA/21452984 EA



298

UFC COCONUT WATER
1 L
eau de noix de coco
20270066 EA



388

HEIWA SHORT GRAIN SWEET RICE
1.81 kg or **TILDA JASMINE RICE** 907 g
selected varieties
rice
21647503 EA/21576423 EA



488

MELONA FROZEN DESERT BARS
selected varieties
560 mL
barres de dessert glacées
21422903 EA



188

PC® UDON NOODLES 800 g or **ROOSTER™ LONGKOU VERMICELLI** 8x50 g
nouilles udon ou vermicelles
20234811 EA/21292928 EA



288

LAO GAN MA CHILI CRISP 210 g or **LEE KUM KEE PREMIUM SOY SAUCE** 500 mL, selected varieties
chili épice croustillant ou sauce soja
20036120 EA/20874006 EA



288

LEE KUM KEE HOISIN SAUCE 445 mL or **PANDA OYSTER SAUCE** 510 g
sauce hoisin ou sauce aux huîtres
20040068 EA/20139608 EA



388

LEE KUM KEE COOKING SAUCE - PASTE
328/348 g, 282/297 mL
sauce à cuisson ou pâte
20219201 EA/20703004 EA



488

KEWPIE MAYONNAISE 465 mL or **O'FOOD GOCHUJANG** 215 g
mayonnaise ou sauce
21453162 EA/21644208 EA



488

FOREWAY SESAME OIL 370 mL or **MIZKAN MIRIN** 355 mL
selected varieties
huile de sésame ou mirin
20287480 EA/21503878 EA



128

NONGSHIM SNACKS
selected varieties
45-75 g
collations
20138370 EA/21533580 EA



148

PALDO ROASTED SEAWEED 15 g or **WAHANA YOGURT FLAVOURED DRINK** 100 mL
algues rôties ou boisson aromatisée au yogourt
20431251 EA/21091192 EA



388

GLICO POCKY BAGS
selected varieties
144/154 g
biscuits
21066079 EA/21066087 EA



188

LUNAR NEW YEAR RED ENVELOPES
selected varieties
8x
enveloppes rouges de Nouvel An lunaire
21422524 EA
SELECTION VARIES BY STORE



218

LUNAR NEW YEAR HONEYCOMB LANTERN
each
lanterne en nid d'abeille de Nouvel An lunaire
21427195 EA
SELECTION VARIES BY STORE



348

LUNAR NEW YEAR HORSE PLATES
8x
assiettes avec cheval de Nouvel An lunaire
21427310 EA
SELECTION VARIES BY STORE



388

FLYING GOOSE SAMBAL OLEK or BULGOGI MARINADE 495 g, 765 mL
selected varieties
sambal olek ou kabi ou marinade bulgogi
20844390 EA/21531421 EA



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RIKON**
SWISS DESIGN

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NO NAME® NACHO CHEESE TORTILLA CHIPS
selected varieties, 200 g
croustilles de tortilla
21654374_EA



149

NO NAME® POTATO CHIPS
selected varieties, 200 g
croustilles
21302821_EA



450

NO NAME® CHOCOLATE CHIP COOKIES
907 g
biscuits aux brisures de chocolat
20318678001_EA



229

NO NAME® GRANOLA BARS
selected varieties, 120-175 g
barres granola
20915354_EA/21540823_EA



\$3

NO NAME® JUICE BOXES
selected varieties, 8/10x200 mL
jus en boîte
20503035003_EA



175

NO NAME® EVAPORATED MILK
selected varieties
354 mL
lait évaporé
21040510_EA/21040543_EA



\$6

NO NAME® NATURALLY IMPERFECT® APPLES
product of Canada
pommes
2086985001_EA



\$3

NO NAME® 400 g FROZEN FRUIT
assorted varieties
fruits surgelés
21545106_EA



\$5

NO NAME® STIRRED YOGURT
selected varieties, 12x100 g
yogourt
20685574001_EA



150

NO NAME® BROTH
selected varieties
900 mL
bouillon
21189610_EA



\$3

NO NAME® COTTAGE CHEESE
selected varieties, 500 g
fromage cottage
20183991002_EA



\$6

NO NAME® CHICKEN STRIPS or NUGGETS
frozen, 908 g
lanilles ou pépites de poulet
21179745_EA



\$14

NO NAME 4 oz BEEF BURGERS
frozen, 1.36 kg
burgers de boeuf
20114154_EA



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HANDHELD ZESTER**

21351350 EA

\$4



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NESTLED TONGS**

3 pack
21162313 EA

\$6



PC® SILICONE DRINKING STRAWS WITH BRUSH

21186435 EA

**EVERYDAY ESSENTIALS™
SPICE SHAKER**

large
21162852 EA



PC® CERAMIC BERRY PINT

blue
21351929 EA



**EVERYDAY ESSENTIALS™
6-PIECE STEAK KNIFE SET**

20113389 EA



**EVERYDAY ESSENTIALS™
STAINLESS STEEL LADLE**

21213849 EA



**EVERYDAY ESSENTIALS™
POTATO MASHER**

21214379 EA



PC® SQUARE CLIP JAR

2.0 L
20774691 EA



\$18



**EVERYDAY ESSENTIALS™
HAND BLENDER**

20164241 EA



**EVERYDAY ESSENTIALS™
SANDWICH MAKER**

20164267 EA



**EVERYDAY ESSENTIALS™
6 CUP RICE COOKER**

20053721 EA



**EVERYDAY ESSENTIALS™
FOOD CHOPPER**

20121544 EA

\$15



PC® INSTANT READ DIGITAL PEN THERMOMETER

21218258 EA

\$20



**EVERYDAY ESSENTIALS™
2 SLICE TOASTER**

20219347002 EA

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ONL NFO MKT