



If it's not  
fresh,  
it's free.

**HOT  
DEAL**  
**4<sup>48</sup>**

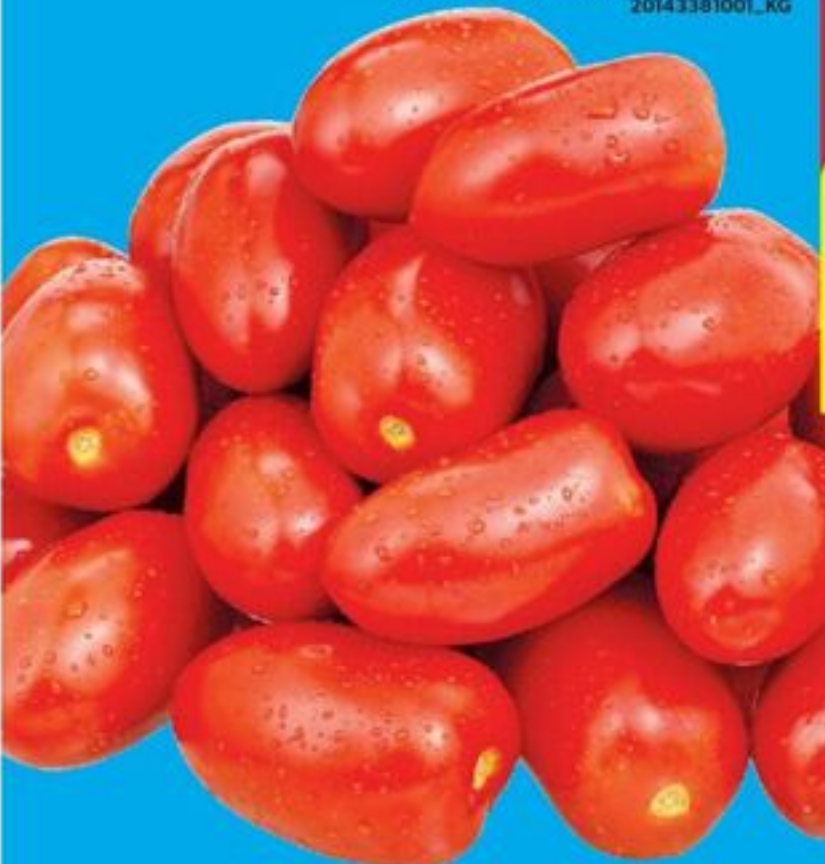
**BLUEBERRIES**  
PRODUCT OF MEXICO, PERU,  
CHILE OR MOROCCO, CLUB SIZE  
2033866001\_EA



**510 G**

**BULK ROMA TOMATOES**  
PRODUCT OF CANADA OR MEXICO  
20143381001\_KG

**SALE**  
**1<sup>99</sup>**  
LB  
4.39/KG



**SALE**  
**3<sup>94</sup>**

**PC® WHOLE WHITE MUSHROOMS**  
PRODUCT OF CANADA, 454 G  
20738571\_EA



**HOT  
DEAL**  
**6<sup>99</sup>**

**COSMIC CRISP APPLES**  
PRODUCT OF U.S.A. US FANCY  
GRADE, 5 LB, CLUB SIZE  
21465186001\_EA



**5 LB**

**SALE**  
**9<sup>88</sup>**

**RED MANGO  
CASES**  
PRODUCT OF PERU  
21047849\_C01



**9 LB  
AVERAGE**



President's Choice.

Our top picks this week

**SALE**

**2<sup>50</sup>**

**PC® KETTLE COOKED OR RIPPLED  
KETTLE COOKED OR WORLD OF FLAVOURS  
POTATO CHIPS**  
SELECTED VARIETIES, 200 G  
21315959\_EA/21422931\_EA



**2<sup>99</sup>**

**LIMIT 4  
OVER LIMIT PAY  
3.49 EA**

**PC® SALAD DRESSING  
OR CROUTONS**  
SELECTED VARIETIES  
475 ML/140 G  
20628488001\_EA/20796248001\_EA



**3<sup>49</sup>**

**LIMIT 4  
OVER LIMIT PAY  
4.50 EA**

**PC® OR BLUE MENU® ENTRÉES**  
SELECTED VARIETIES, FROZEN, 212-365 G  
20312253001\_EA/20987543\_EA



**4<sup>50</sup>**

**LIMIT 4  
OVER LIMIT PAY  
5.50 EA**

**PC® THE DECADENT® COOKIE**  
SELECTED VARIETIES, 300 G  
20612257\_EA/20612260\_EA



**19<sup>99</sup>**

**LIMIT 4  
OVER LIMIT PAY  
22.99 EA**

**PC® BATHROOM TISSUE**  
30=100 ROLLS, CLUB SIZE  
21450846\_EA



**30=100  
ROLLS**



**DEAL DROP**

Limited-time deals on PC® home & more.

**SAVE 4.00**  
**\$15**

PC® TRITAN FOOD STORAGE SET  
12-PIECE  
21109312\_EA

PREPARED IN CANADA

**REAL CANADIAN SUPERSTORE**  
**PROUDLY CANADIAN**

**CLUB SIZE**

PORK SIRLOIN, CENTER AND RIB END COMBO CHOPS  
21618256\_KG

**SALE**  
**2.99**  
LB  
6.59/KG

**SALE**  
**6.88**  
LB  
15.17/KG

BONELESS SKINLESS CHICKEN BREAST OR HALAL BONELESS SKINLESS CHICKEN BREAST  
FRESH  
20028450\_KG

INCLUDES HALAL

**CLUB SIZE**

**\$3**

**LIMIT 4**  
OVER LIMIT PAY 4.00 EA

SILK CHILLED NON-DAIRY BEVERAGES  
SELECTED VARIETIES, REFRIGERATED, 1.74-1.89 L  
20308979\_EA/20315090001\_EA

UNSWEETENED  
8 1/2" protein  
soy  
1.89 L LACTOSE & DAIRY-FREE

ORIGINAL  
Almond  
1.89 L LACTOSE & DAIRY-FREE

**SALE**  
**9.88**

NO NAME® FLOUR  
SELECTED VARIETIES, CLUB SIZE  
20022248\_EA/20306865\_EA  
\*Open your PC Optimum™ app or visit proptimum.ca to get the offer.

GET 2,000<sup>+</sup>  
\$2 back in points

**CLUB SIZE**

all-purpose flour  
enriched and pre-sifted  
Simple

**CLUB SIZE**

unbleached all-purpose flour  
enriched and pre-sifted  
Simple

10 KG

APP EXCLUSIVE OFFER\*

PREPARED IN CANADA

**1.50**

**LIMIT 4**  
OVER LIMIT PAY 1.99 EA

GREEN GIANT VEGETABLES  
SELECTED VARIETIES, 341/398 ML  
21021224\_EA/21021485\_EA

Green Giant Niblets®  
1.89 L LACTOSE & DAIRY-FREE

Green Giant Peaches & Cream  
1.89 L LACTOSE & DAIRY-FREE

**FREE**

**WHEN YOU SPEND \$300 OR MORE**  
in a single transaction, in-store or through PC Express™ online pickup or delivery

**UP TO \$25 VALUE**

PC® 3 PIECE PORTION PREPPER CUBES  
21685999\_EA

**SALE**  
**2.98**

COUNTRY HARVEST BREAD 600/650 G OR BAGELS 6'S  
SELECTED VARIETIES  
21178571\_EA  
21693323\_EA

14 GRAINS + PROTEIN 12.5  
COUNTRY HARVEST  
BREAD WITH WHOLE GRAIN

EVERYTHING TOUT EARN

**SALE**  
**3.88**  
LB  
8.55/KG

WHOLE GOLDEN POMPANO, MILK FISH OR WILD PINK SALMON  
FROZEN  
20066381\_KG/2019071\_KG

**Members-Only Price**  
**5.98**

Non-members  
**7.50**

MAPLE LEAF NATURAL SELECTIONS  
175 G OR SCHNEIDERS  
150-175 G OR FANTINO & MONDELLO 100-200 G,  
SLICED DELI MEAT  
SELECTED VARIETIES  
20065285\_EA/21551608\_EA  
\*\* Must be a registered PC Optimum™ member to load and get this offer.

Members save \$152

FANTINO & MONDELLO  
ORIGINAL PEPPERONI  
SMOKED BEEF  
NATURAL SELECTIONS  
Smoked Beef Forest Ham  
Smoked Pork Forest Ham

PREPARED IN CANADA

**12.68**

**LIMIT 4**  
OVER LIMIT PAY 17.99 EA

DAN-D PAK CASHEWS  
SALTED OR UNSALTED  
20314862001\_EA/20314862002\_EA

908 G

**SALE**  
**\$7**

PC® ORANGE JUICE  
SELECTED VARIETIES, REFRIGERATED, 2.5 L  
21531644\_EA/21531646\_EA

PREPARED IN CANADA

**19.99**

**LIMIT 4**  
OVER LIMIT PAY 24.99 EA

PC® GROUND COFFEE  
SELECTED VARIETIES, 800-930 G  
21393374\_EA/21668446\_EA

GOURMET Light ROAST  
GOURMET WEST COAST DARK ROAST

**2.49**

**LIMIT 4**  
OVER LIMIT PAY 4.49 EA

MCCAIN SUPERFRIES OR SPECIALTY POTATOES  
SELECTED VARIETIES  
FROZEN, 454-800 G  
20324328002\_EA/20799522\_EA

Tasti Taters  
Superfries

**22.99**

**LIMIT 4**  
OVER LIMIT PAY 32.99 EA

CHARMIN BATHROOM TISSUE  
21707641\_EA  
21717627\_EA

24 = 96 ROLLS

**\$5**

**LIMIT 6**  
OVER LIMIT PAY 5.99 EA

DOVE BAR SOAP  
3X106 G, BODY WASH 325 ML,  
BASE DEODORANT 45/74 G,  
SHAMPOO OR CONDITIONER  
355 ML OR STYLING 142-198 G/195 ML  
SELECTED VARIETIES  
21220717\_EA/21018398\_EA

**AD MATCH**

**We match prices\* so you can just shop!**  
\*SEE FLYER LEGAL FOR DETAILS

Flyer prices effective from Thursday, January 22nd to Wednesday, January 28th, 2026

# ALWAYS LOW PRICE

Find set prices on everyday items.

ALWAYS  
LOW PRICE

\$2

**SANTOSH NAAN**  
SELECTED VARIETIES, 5'S  
21671462\_EA



ALWAYS  
LOW PRICE

\$4.50

**HAPPY DAIRY PANEER**  
SELECTED VARIETIES, 300 G  
21343632\_EA



ALWAYS  
LOW PRICE

\$4

**SURAJ OKRA**  
SELECTED VARIETIES  
FROZEN, 1 KG  
20379701\_EA



ALWAYS  
LOW PRICE

\$10

**SURAJ BASMATI RICE**  
20438931\_EA



8 LB

**JANUARY**

**HIT  
OF THE  
MONTH**

**CATELLI SMART OR  
WHOLE GRAINS PASTA**  
SELECTED VARIETIES, 340/375 G  
20299819008\_EA/20527060\_EA



**KELLOGG'S EGGO WAFFLES**  
SELECTED VARIETIES, FROZEN, 8'S  
20323436001\_EA



**JANES COSMIC  
CHICKEN NUGGETS**  
FROZEN, 500 G  
21717211\_EA



**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
Valid from January 1 - January 31, 2026. While quantities last. See in-store for details.

# HOT DEALS

**\$1**

**TIM HORTONS TOMATO, CHICKEN NOODLE OR VEGETABLE CONDENSED SOUP**  
SELECTED VARIETIES, 284 ML,  
**MARS CHOCOLATE BARS**  
SELECTED VARIETIES, 37-52 G,  
**WHISKAS CAT FOOD**  
SELECTED VARIETIES, 75 G  
21649167\_EA/21648185\_EA  
20638810\_EA/20695204\_EA  
20945097\_EA



**\$2**

**CLARK GOURMET BAKED BEANS**  
SELECTED VARIETIES, 398 ML,  
**OR MAPLE LODGE CHICKEN WIENERS OR ZABIHA HALAL CHICKEN WIENERS**  
SELECTED VARIETIES, 450 G,  
**HERSHEY'S KING SIZE BARS**  
SELECTED VARIETIES, 62-85 G  
21663655\_EA/21666180\_EA/20062715\_EA  
20581714\_EA/21689706\_EA



**\$3**

**THE LAUGHING COW CHEESE DIPPERS** 140 G  
**OR CHEESE** 133 G  
SELECTED VARIETIES  
20319107\_EA/21201454\_EA



**\$4**

**NO NAME COOKIES**  
SELECTED VARIETIES, 907 G,  
**EXCEL GUM BOTTLES**  
40/60'S OR 5 GUM 35'S  
SELECTED VARIETIES  
20318678001\_EA/20318678002\_EA  
21220865\_EA/21708685\_EA



**\$5**

**NO NAME POTATO CHIPS**  
CLUB SIZE, SELECTED VARIETIES, 750 G,  
**PUCK HALLOUMI** 180 G OR  
**TRE STELLE HALLOUMI** 200 G,  
**NO NAME SAUSAGE CHUBS**  
SELECTED VARIETIES, 500 G,  
**CRACKER BARREL NATURAL CHEESE SLICES** 200-240 G OR  
**AMOOZAI CHEESE TWISTS** 228 G  
SELECTED VARIETIES  
200610972\_EA/20622128002\_EA/213550800\_EA/21586261\_EA  
20015818\_EA/21290705\_EA/21403514\_EA



\*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a free PC® 3 piece Portion Prepper Cubes. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$25.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item 21720332\_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and may not be available in all stores.** No rainchecks OR substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Coupons must be presented and redeemed at time of purchase. Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Some items may have "plus deposit and environmental charge" where applicable. ©/™The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. ©2026 Loblaw's Inc. **\*We match prices:** Applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. **WE RESERVE THE RIGHT TO LIMIT QUANTITIES** (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). We will not match: competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. No cash value. See pcoptimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours.

# OUR BRANDS MADE BY US FOR ALL BUDGETS.



President's Choice

no name®

FARMER'S MARKET  
DÉLICIES DU MARCHÉ

SeaQuest

Ziggy's

**\$8**

**NO NAME® NATURALLY IMPERFECT™ APPLES**  
CLUB SIZE, PRODUCT OF WESTERN PROVINCES  
CANADA NO. 2 GRADE  
20868985001\_EA



**6 LB**



**5<sup>99</sup>**

**FARMER'S MARKET™ GRAPE TOMATOES**  
PRODUCT OF CANADA, MEXICO OR U.S.A., NO.1 GRADE, 907 G  
20840038001\_EA



**CLUB SIZE**

**\$7**

**NO NAME® NATURALLY IMPERFECT™ AVOCADO**  
CLUB SIZE  
PRODUCT OF MEXICO  
21699907001\_EA



**2.2 LB BAG**

**8<sup>99</sup>**

**NO NAME® SMOKIES™**  
SELECTED VARIETIES  
900 G  
20734371\_EA



**10<sup>99</sup>**

**NO NAME® THICK SLICED BACON**  
SELECTED VARIETIES  
21389815\_EA



**1 KG**

**\$15**

**NO NAME® CHICKEN WINGS**  
SELECTED VARIETIES, FROZEN  
908 G  
21045309\_EA



**\$3**

**SEAQUEST® CRAB OR LOBSTER FLAVOURED ALASKA POLLOCK**  
READY TO EAT, 227 G  
20699832\_EA/20749798\_EA



**\$11**

**PC® SHRIMP HORS D'OEUVRES**  
SELECTED VARIETIES, FROZEN  
294-454 G  
20080117\_EA/20978921\_EA



**\$7**

**SEAQUEST® PACIFIC WHITE SHRIMP**  
36-55/LB  
SELECTED VARIETIES  
FROZEN, 300 G  
21636326\_EA / 21636352\_EA



**2<sup>50</sup>**

**PC® ENGLISH MUFFINS OR CRUMPETS**  
SELECTED VARIETIES, 6'S  
20123948\_EA/20810796\_EA



**\$5**

**FARMER'S MARKET™ MUFFINS**  
SELECTED VARIETIES, 4'S  
21639320\_EA/21639452\_EA



**\$15**

**FARMER'S MARKET™ BAR CAKES**  
SELECTED VARIETIES  
675-770 G  
21500612\_EA/21506930\_EA



**Optimum**

Members-Only Price\*\*

**8<sup>50</sup>**

Members save \$1

**PC® MINI DIPS**  
CLUB SIZE, SELECTED VARIETIES  
684 G  
20862992\_EA/21050426\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

Non-members

**9<sup>50</sup>**



**\$13**

**PC® SPLENDIDO™ PARMIGIANO REGGIANO**  
250 G  
21053434\_EA



**Optimum**

Members-Only Price\*\*

**11<sup>50</sup>**

Members save \$1

**PC® SPLENDIDO™ OR NATURAL CHOICE SLICED DELI MEAT**  
SELECTED VARIETIES, 200-400 G  
21049119\_EA/21050597\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



# OUR BRANDS

## MADE BY US FOR ALL BUDGETS.



no name®

**\$2**

**NO NAME® LEMONADE, ICED TEA OR APPLE JUICE**  
SELECTED VARIETIES  
REFRIGERATED, 1.75 L  
21666389\_EA/21666561\_EA

**LIMIT 2  
OVER LIMIT PAY  
3.29 EA**



**\$5**

**PC® SCOOP SHOP TUBS ICE CREAM**  
SELECTED VARIETIES,  
FROZEN 946 ML  
21575127\_EA/21575303\_EA  
\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.



GET **1,000**®  
**\$1** back in points

APP EXCLUSIVE OFFER

**2/\$5**  
OR 3.00 EA

**PC® OR BLUE MENU® CHEWY NUT OR DIPPED AND CHEWY BARS**  
SELECTED VARIETIES, 5'S,  
120-175 G  
20040568001\_EA/20912735\_EA



**9<sup>50</sup>**

**NO NAME® HONEY, LIQUID SQUEEZABLE OR CREAMED TUB**  
PASTEURIZED OR UNPASTEURIZED, 1 KG  
20013683\_EA  
20072342\_EA



**5<sup>50</sup>**

**PC® BLUE MENU® TWICE THE FRUIT™ OR FRUIT AND CONCENTRATED PEAR JUICE SPREAD** 310-500 ML  
SELECTED VARIETIES,  
EXCLUDING RASPBERRY,  
MIXED BERRIES OR  
PEANUT BUTTER  
750 G  
20057669001\_EA  
20300537\_EA



**\$3**

**LIMIT 4  
OVER LIMIT PAY  
3.99 EA**



**3<sup>50</sup>**

**PC® BLUE MENU® CRANBERRY COCKTAIL OR 100% JUICE BLEND**  
SELECTED VARIETIES  
1.89 L  
20307025001\_EA  
2062859001\_EA



**4<sup>50</sup>**

**PC® M'AQUA™ COCKTAIL FLAVOURED SPARKLING WATER**  
SELECTED VARIETIES  
6X355 ML  
21718220\_C06  
21718228\_C06



**2/\$11**  
OR 6.29 EA

**PC® OR BLUE MENU® SPARKLING WATER**  
SELECTED VARIETIES,  
12X355 ML  
20668034004\_C01  
21194356\_C01



**\$6**

**PC® SOFT DRINKS**  
SELECTED VARIETIES,  
12X355 ML  
20218887027\_C12  
20690671001\_C12



**\$1**

**NO NAME® TOMATO PASTE OR PIZZA SAUCE**  
SELECTED VARIETIES,  
156/213 ML  
20018020\_EA  
20118094\_EA



**1<sup>29</sup>**

**PC® DELUXE MACARONI AND CHEESE DINNER**  
SELECTED VARIETIES  
200/225 G  
21529753\_EA



**2<sup>50</sup>**

**NO NAME® LASAGNA OR EGG NOODLES**  
SELECTED VARIETIES  
340-500 G  
20313361001\_EA/20323261\_EA



**3<sup>79</sup>**

**LIMIT 4  
OVER LIMIT PAY  
4.29 EA**



**3<sup>99</sup>**

**PC® KETCHUP**  
SELECTED VARIETIES  
750 ML/1 L  
200990124\_EA/20131845\_EA



**\$12**

**PC® SPLENDIDO® OIL**  
SELECTED VARIETIES  
1 L  
20081865\_EA/21401612\_EA



**2<sup>79</sup>**

**LIMIT 4  
OVER LIMIT PAY  
3.50 EA**

**NO NAME® PARCHMENT PAPER**  
10 M  
21375917\_EA



**\$4**

**LIMIT 4  
OVER LIMIT PAY  
5.50 EA**



**10<sup>99</sup>**

**LIMIT 4  
OVER LIMIT PAY  
12.99 EA**



**life**  
BRAND

# Live well at low prices.

Trusted  
quality

**\$5**

**LIFE BRAND® LIQUID  
HAND SOAP REFILL**  
SELECTED VARIETIES, 2L  
21357613004\_EA



**\$4**

**LIFE BRAND®  
MOUTHWASH**  
SELECTED VARIETIES, 1L  
21201386\_EA/21201606\_EA



UP TO  
**15% OFF**  
4.07-33.14 AFTER SAVINGS

**LIFE BRAND® VITAMINS  
OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
21286148\_EA/21286185\_EA



**\$3**

**LIMIT 6  
OVER LIMIT PAY  
4.49 EA**

**LIFE BRAND® MANUAL  
TOOTHBRUSH 1/2'S,  
DENTAL FLOSS WAXED**  
91.40 M OR **SOFT AND  
COMFORTABLE** 40 M OR  
**FLOSSERS** 75-90'S  
SELECTED VARIETIES  
21201604\_EA/21233121\_EA

UP TO  
**20% OFF**  
2.79-21.59 AFTER SAVINGS

**LIFE BRAND® PADS**  
14-48'S OR **LINERS** 40-135'S  
SELECTED VARIETIES  
21203446\_EA/21203478\_EA



**LIFE BRAND® 3 IN 1  
OR EXFOLIATING  
FACE WIPES**  
SELECTED VARIETIES 56'S  
21195824\_EA/21195828\_EA

**\$6**



UP TO  
**15% OFF**  
4.50-29.74 AFTER SAVINGS

**LIFE BRAND® PAIN  
RELIEF PRODUCTS,  
TABLETS 32-500'S OR  
CAPLETS 32-100'S**  
SELECTED VARIETIES AND SIZES  
21168704\_EA/21211144\_EA



UP TO  
**15% OFF**  
4.07-9.34 AFTER SAVINGS

**LIFE BRAND®  
ACNE, PATCHES OR  
CLEANSER**  
SELECTED VARIETIES  
AND SIZES  
21201412\_EA/21417438\_EA



**ALWAYS  
LOW PRICE**

**\$8**

**LIFE BRAND®  
EPSOM SALTS**  
SELECTED VARIETIES, 4 KG  
21668050\_EA



**LIFE BRAND®  
MOISTURIZERS**  
SELECTED VARIETIES AND SIZES  
21199152\_EA/21450176\_EA

UP TO  
**15% OFF**  
5.52-16.14 AFTER SAVINGS



# OUR BRANDS

MADE BY US FOR ALL BUDGETS.



President's Choice

Life at Home™

EVERYDAY ESSENTIALS™

FROM  
**\$3**

3.00-135.00

**EVERYDAY ESSENTIALS™  
APPLIANCES**

21193454\_EA/20062450002\_EA



**BUY 1  
GET 1  
50% OFF**

**PC® COOKWARE &  
COOKWARE SETS**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF  
EQUAL OR LESSER VALUE  
17.00-141.00  
21215823\_EA/21339634\_EA  
21024019\_EA



FROM  
**\$7**

7.00-18.00

**EVERYDAY ESSENTIALS™  
METAL BAKEWARE &  
BAKEWARE SETS**  
SELECTED VARIETIES  
20756778\_EA/21490134\_EA  
21485407\_EA



UP TO  
**20%  
OFF**

4.50-16.00 AFTER SAVINGS

**PC® BAKING  
GADGETS**  
SELECTED VARIETIES  
21345387\_EA/21345408\_EA  
21355654\_EA/21345430\_EA



**SPEND \$20  
GET \$5 OFF**

**LIFE AT HOME™ DINNERWARE,  
SERVEWARE OR DRINKWARE**

SELECTED VARIETIES

4.00-30.00

21666836\_EA/21666922\_EA



UP TO  
**30%  
OFF**

8.00-24.00 AFTER SAVINGS

**PC® PRODUCE KEEPER**

SELECTED VARIETIES  
21338943\_EA/21339004\_EA



**ALWAYS  
LOW PRICE**

**5.50**

**EVERYDAY ESSENTIALS™  
JUMBO PILLOW**

21667755\_EA



**BUY 1  
GET 1  
30% OFF**

**EVERYDAY ESSENTIALS™ SHEET SET**  
200 THREAD COUNT  
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE  
40.00-55.00  
21586815\_EA/21586871\_EA



UP TO  
**20%  
OFF**

3.00-16.00 AFTER SAVINGS

**EVERYDAY ESSENTIALS™  
PLASTIC STORAGE BINS**  
SELECTED VARIETIES  
20022692\_EA/21182477\_EA



**ALWAYS  
LOW PRICE**

**\$8**

**EVERYDAY ESSENTIALS™  
BATH TOWELS**  
SELECTED VARIETIES  
21434220\_EA



\* Please note that not all items are available in all stores.

**FRESH  
PROMISE**

**If it's not fresh,  
it's free.**

**6<sup>99</sup>**

**PC® MANDARINS**  
PRODUCT OF U.S.A., CLUB SIZE  
20864961001\_EA

**3 LB**



**2<sup>50</sup>**

**FARMER'S  
MARKET™  
YELLOW  
ONIONS**  
PRODUCT OF WESTERN  
PROVINCES, CANADA  
NO. 1 GRADE  
20811094001\_EA

**3 LB**



**5<sup>45</sup>**

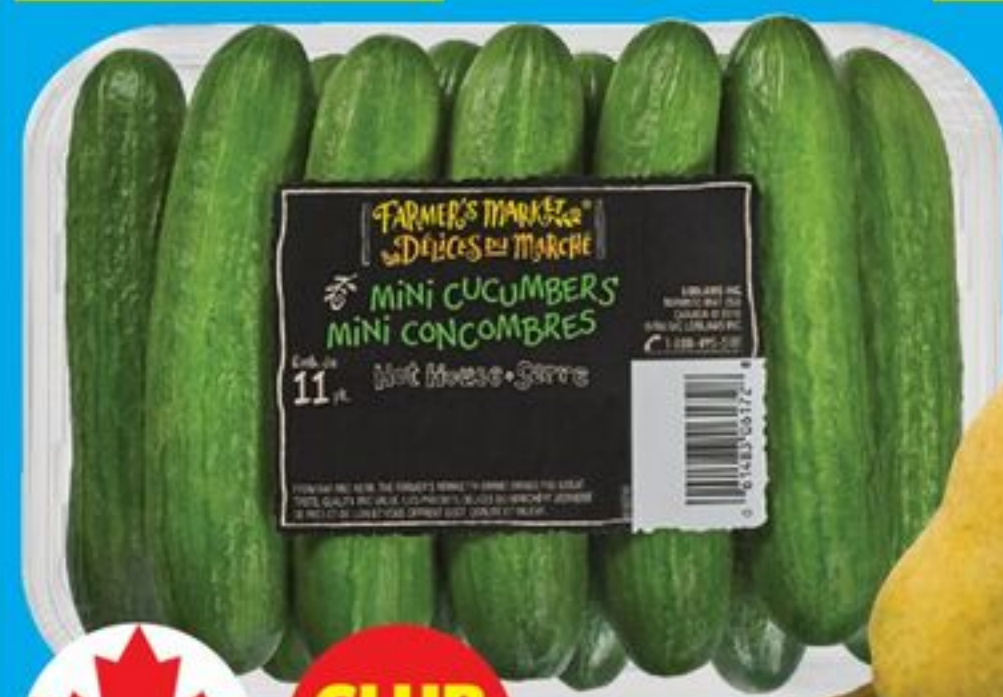
**FARMER'S MARKET™  
MINI CUCUMBERS**  
PRODUCT OF WESTERN  
PROVINCES, 11'S  
21070679001\_EA

**1<sup>99</sup>**  
LB  
4.39/KG

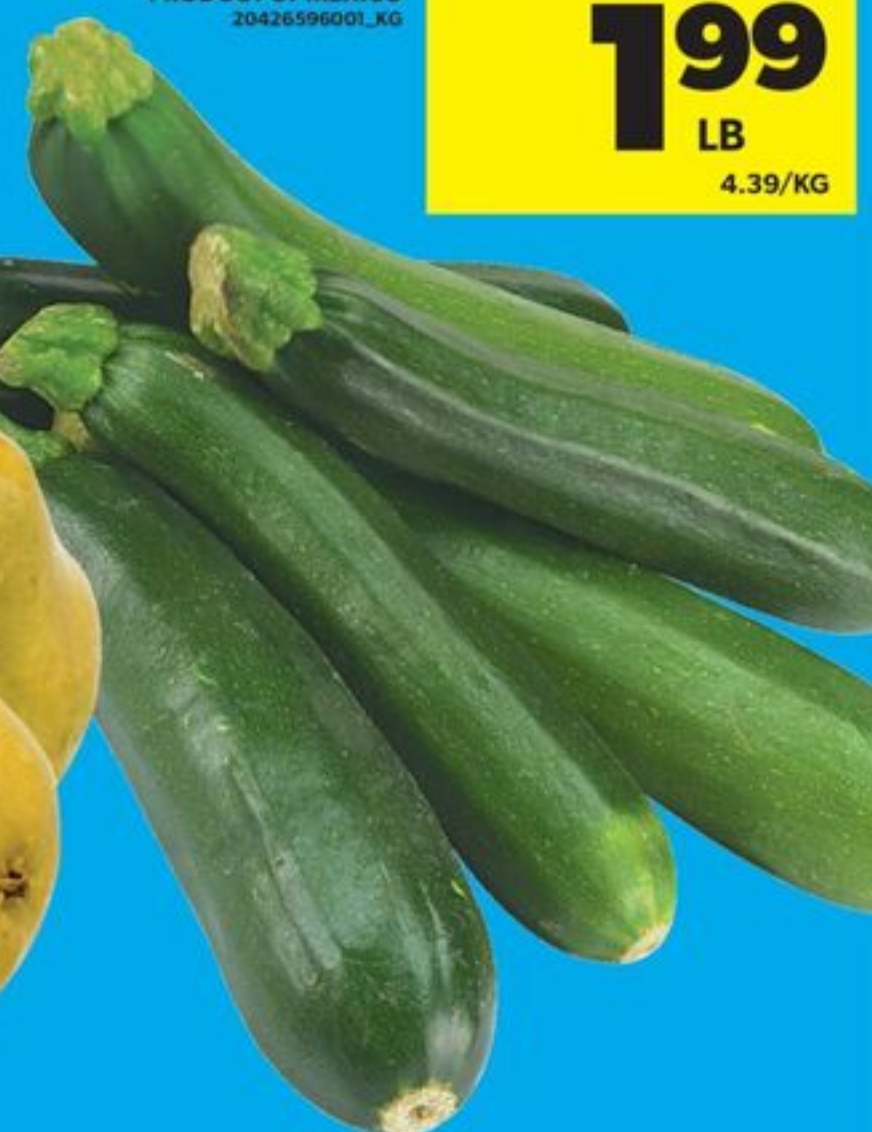
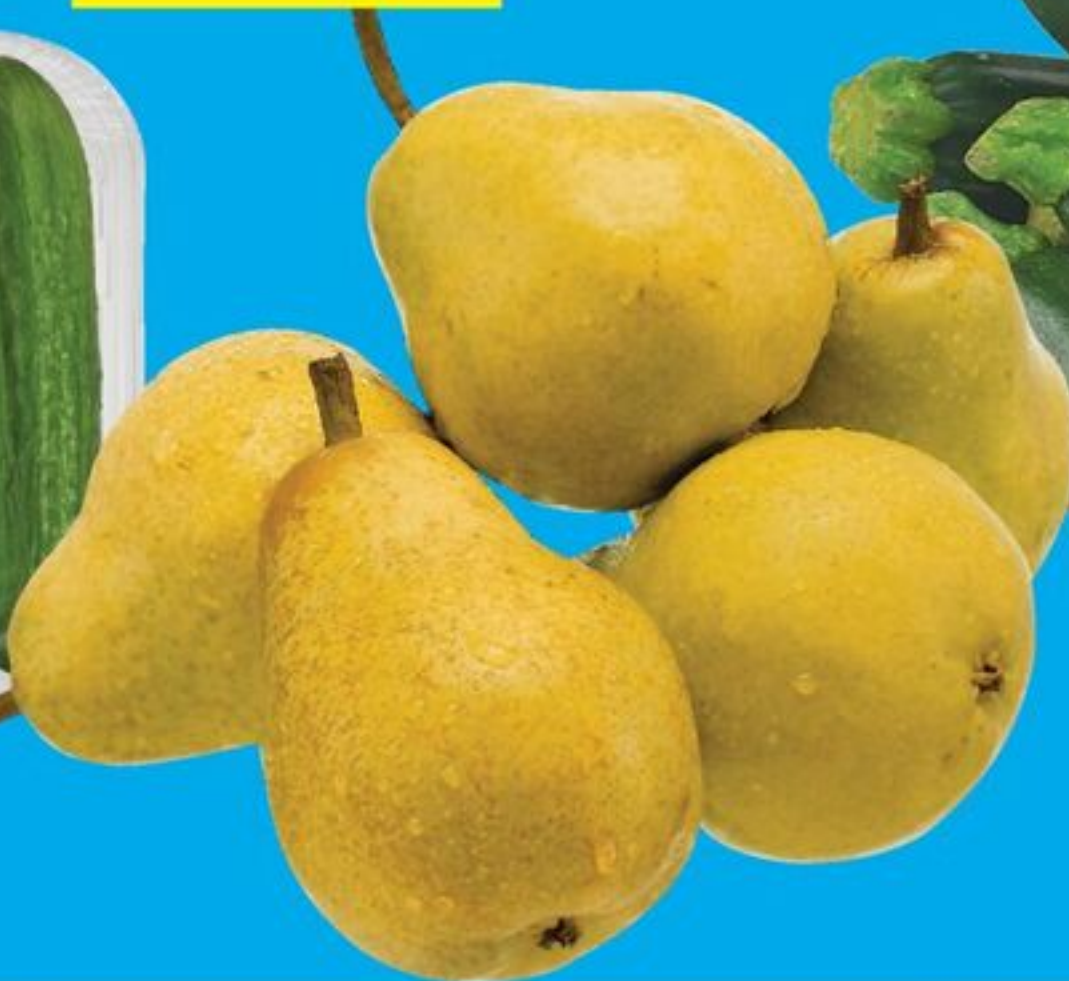
**BARTLETT PEARS**  
PRODUCT OF U.S.A.  
US FANCY GRADE  
20172240001\_KG

**GREEN ZUCCHINI**  
PRODUCT OF MEXICO  
20426596001\_KG

**1<sup>99</sup>**  
LB  
4.39/KG



**CLUB  
SIZE**



**\$6**

**FARMER'S MARKET™  
LEMONS**  
PRODUCT OF U.S.A.  
20798811001\_EA

**5<sup>99</sup>**

**MINI SEEDLESS  
WATERMELON**  
PRODUCT OF GUATEMALA,  
HONDURAS, COSTA RICA,  
MEXICO OR BRAZIL  
20145379001\_EA

**\$8**

**KIWI**  
PRODUCT OF GREECE  
21576456001\_EA



**3 LB**



**2 LB**

**66¢**

**LIMES**  
PRODUCT OF MEXICO  
20040489001\_EA

**5<sup>50</sup>**

**PC® LITTLE GEMS™ MINI  
MIXED POTATOES**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE, 3 LB  
21037948001\_EA

**4<sup>49</sup>**

**PC® CHOPPED  
SALAD KITS**  
SELECTED VARIETIES,  
PRODUCT OF U.S.A., 282-369 G  
21378071\_EA/21448996\_EA



**1<sup>29</sup>**

**GREEN ONION**  
PRODUCT OF MEXICO  
20107500001\_EA

**\$3**

**OUTDOOR  
POTTED BULBS**  
SELECTED VARIETIES, 4 INCH  
21315206\_EA

**1<sup>80</sup>**

**OUTDOOR PRIMULAS**  
SELECTED VARIETIES, 4 INCH  
21315205\_EA



# SUPER FRESH

**\$6**  
LB

13.23/KG

**PC\* FREE FROM\*  
WHOLE CHICKEN**  
FRESH  
20093631\_KG



**\$17**

**PC\* SPLIT CHICKEN  
WINGS OR BONELESS  
SKINLESS THIGHS**  
SELECTED VARIETIES,  
UP TO 725 G  
21340973\_EA/21341017\_EA



**5<sup>99</sup>**  
LB

13.21/KG

**PORK STIR FRY**  
FRESH  
21662738\_KG



**6<sup>50</sup>**

**PC\* FREE FROM\*  
LEAN GROUND PORK**  
454 G  
20883220\_EA



**10<sup>99</sup>**  
LB

24.23/KG

**SIRLOIN TIP ROAST**  
CUT FROM CANADA AA GRADE  
BEEF  
20825890\_KG



**CLUB  
SIZE**

**10<sup>99</sup>**  
LB

24.23/KG

**BEEF STIR FRY STRIPS**  
20820739\_KG



**\$10**

**ST-HUBERT OR SWISS  
CHALET MEAT PIES**  
SELECTED VARIETIES, FROZEN,  
650-800 G  
20719334\_EA/21047194\_EA

**LIMIT 4  
OVER LIMIT PAY  
12.00 EA**



**\$12**

**MARCANGELO  
ITALIAN SAUSAGES,  
PORK MEATBALLS OR  
BREAKFAST PATTIES**  
SELECTED VARIETIES, FROZEN,  
1.2-1.4 KG  
20799699\_EA/21088753\_EA



**15<sup>99</sup>**

**LIMIT 4  
OVER LIMIT PAY  
20.99 EA**

**NO NAME\*  
SMOKED HAM**  
SELECTED VARIETIES, 1.3 KG  
20858030\_EA



**CLUB  
SIZE**

**\$14**  
LB

30.86/KG

**FRESH OR FROZEN  
COHO SALMON  
FILLETS**  
21649464\_KG



**\$22**

**ATLANTIC LOBSTER  
TAILS 2-3 OZ, FROZEN, 4-PACK**  
21240991\_EA



**\$18**

**LIMIT 4  
OVER LIMIT PAY  
21.99 EA**

**PC\* SHRIMP  
PLATTER WITH  
MILD COCKTAIL SAUCE**  
568 G OR IFC SNOW CRAB  
CLUSTERS 5-8 OZ, 500 G,  
FROZEN  
20147098\_EA/21615011\_EA



**\$6**

**LIMIT 4  
OVER LIMIT PAY  
6.99 EA**

**SEAQUEST\* SEAFOOD  
MEDLEY OR  
TRADITIONS COOKED  
PACIFIC SHRIMP** 91-120/LB,  
FROZEN, 340 G  
21592029\_EA/21614892\_EA



**\$7**

**LIMIT 4  
OVER LIMIT PAY  
8.00 EA**

**HIGH LINER WILD  
PINK SALMON 400 G  
OR VIVASEA COOKED  
GREEN SHELL  
MUSSELS 500 G  
FROZEN  
21093881\_EA/21595040\_EA**



**ALWAYS  
LOW PRICE  
\$10**

**FISH FILLETS,  
SMOKED  
SALMON,  
BREADED  
SQUID OR  
POPCORN  
SHRIMP,  
IMITATION  
CRAB MEAT  
OR SEAFOOD  
MEDLEY**  
FROZEN, 200-908 G  
21473104\_EA/21473748\_EA



# SUPER FRESH

**\$1**

**BAGUETTE**  
WHITE OR WHEAT, 255 G  
21529211\_EA/21530097\_EA



**2/\$7**  
OR 3.99 EA

**BAGELS**  
SELECTED VARIETIES,  
BAKED IN-STORE, 6" S  
21705757\_EA/21705913\_EA



**\$6**

**CINNAMON BUNS**  
BAKED IN-STORE, 10" S  
21467540\_EA



**\$3**

**HOSTESS  
SNACK CAKES**  
SELECTED VARIETIES, 202/206 G  
21283752\_EA



**\$5**

**NATURAL RYE  
BREAD**  
SELECTED VARIETIES,  
900 G  
20670248\_EA



**8<sup>50</sup>**

**FARMER'S MARKET™  
COOKIES**  
SELECTED VARIETIES, 21" S  
20565934\_EA/20566369\_EA



**ALWAYS  
LOW PRICE**  
**\$5**  
/200 G

**ZIGGY'S® DELI  
SER VICE CASE  
SLICED MEAT**  
SELECTED VARIETIES,  
200 G  
21626482\_EA



**10<sup>50</sup>**

**MASTRO**  
**GENOA MILD  
OR HOT SALAMI** 375 G  
OR **SAN DANIELE  
PROSCIUTTO** 200 G  
SELECTED VARIETIES  
21114952\_EA/21377490\_EA



**Optimum™**  
**Members-Only Price™**  
**\$8**  
**Non-members**  
**\$11**

**Members save**  
**\$3**  
**SCHNEIDERS  
OR MITCHELLS  
PEPPERETTES**  
SELECTED VARIETIES, 300-450 G  
21190171\_EA/21337025\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**\$7**

**HENRI WILLIG GOUDA**  
SELECTED VARIETIES, 200 G  
21345050\_EA



**6<sup>46</sup>**

**BOURSIN CHEESE**  
SELECTED VARIETIES, 150 G  
20116794\_EA



**Optimum™**  
**Members-Only Price™**  
**\$13**  
**Non-members**  
**\$15**

**Members save**  
**\$2**  
**PC® DELI CHEESE  
SLICES**  
SELECTED VARIETIES, 500 G  
20217638\_EA/20249985\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**CLUB  
SIZE**

**Optimum™**  
**Members-Only Price™**  
**4<sup>50</sup>**  
**Non-members**  
**5<sup>50</sup>**

**Members save**  
**\$1**  
**SNACK  
FACTORY  
PRETZEL CRISPS**  
SELECTED VARIETIES,  
200 G  
20940940\_EA/21676303\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.



**\$7**

**FONTAINE  
SANTÉ  
HUMMUS**  
SELECTED VARIETIES,  
454/482 G  
20503658\_EA/20504500\_EA



**\$12**

**IN-STORE  
14 INCH TAKE  
AND BAKE  
PIZZA**  
SELECTED VARIETIES,  
660-730 G  
21547484\_EA



**\$10**

**GET  
5,000\*\*** **\$5**  
back in points  
when you buy 2  
**11 PIECE WINGS**  
MADE IN-STORE,  
460-530 G  
21624742\_EA  
21624743\_EA



# SUPER YOUR EVERYDAY

**2<sup>67</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
3.99 EA

**KELLOGG'S RICE KRISPIES, NUTRI-GRAIN BARS, POP TARTS OR SPECIAL K CRISPY BARS**  
SELECTED VARIETIES  
6-10'S, 125-384 G  
21573533\_EA/21682421\_EA



**\$3**

**LIMIT 4**  
OVER LIMIT PAY  
4.79 EA

**POST OR WEETABIX RETAIL SIZE CEREAL**  
SELECTED VARIETIES, 283-525 G  
20751584\_EA/21427214\_EA



**4<sup>50</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
5.49 EA

**SUNRYPE FRUIT TO GO SOUR BITES OR GOOD BITES**  
SELECTED VARIETIES, 112-120 G  
21087035\_EA/21629038\_EA



**3<sup>50</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
3.99 EA

**PEARL MILLING COMPANY PANCAKE MIX 905 G OR SYRUP 710 ML**  
SELECTED VARIETIES  
21384609\_EA/21391619\_EA



**4<sup>77</sup>**

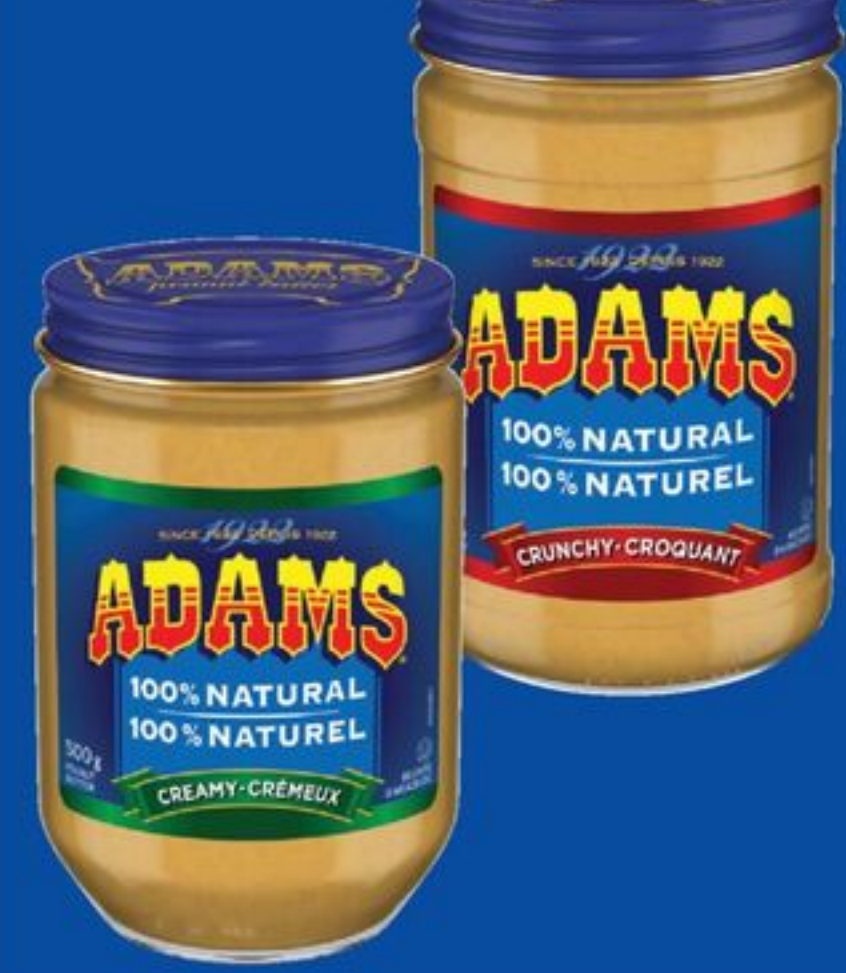
**LIMIT 4**  
OVER LIMIT PAY  
5.99 EA

**E.D. SMITH PIE FILLING**  
SELECTED VARIETIES, 540 ML  
20297753001\_EA/20297753004\_EA



**2,000<sup>00</sup>**  
for every \$10\*  
spent on

**ADAMS NATURAL PEANUT BUTTER**  
SELECTED VARIETIES, 500 G/1 KG  
20367670002\_EA/20573581\_EA



**8<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
13.94 EA

**NABOB GROUND COFFEE**  
SELECTED VARIETIES, 340 G  
21527319\_EA/21527332\_EA



**17<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
21.99 EA

**PC® COFFEE PODS**  
SELECTED VARIETIES, 30'S  
21038677\_EA/21038762\_EA



**26<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
33.73 EA

**KICKING HORSE OR LAVAZZA K-CUP COFFEE**  
SELECTED VARIETIES, 24/30'S  
21589798\_EA/21654258\_EA



**1<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
2.39 EA

**SUNRYPE 100% JUICE**  
SELECTED VARIETIES  
900 ML/1 L  
20640102001\_EA  
20744072005\_EA



**3<sup>47</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
4.49 EA

**MOTT'S CLAMATO COCKTAIL**  
SELECTED VARIETIES  
1.89 L  
20318955002\_EA  
20318955003\_EA



**1<sup>47</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
2.49 EA

**CAMPBELL'S BROTH**  
SELECTED VARIETIES  
250/900 ML  
20322348002\_EA  
21347245\_EA



**1<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
2.49 EA

**BUSH'S BEST BEANS**  
SELECTED VARIETIES  
398 ML  
20101518001\_EA  
20101518002\_EA



**2<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
3.99 EA

**CLOVER LEAF WHITE TUNA**  
SELECTED VARIETIES  
170 G  
20167571\_EA  
20326358001\_EA



**4<sup>49</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
5.49 EA

**THE SPICE TAILOR COOKING KITS**  
SELECTED VARIETIES  
260-285 ML  
21157506\_EA  
21157568\_EA



**4<sup>99</sup>**

**BICK'S PICKLES**  
SELECTED VARIETIES  
1 L  
21668406\_EA  
21668773\_EA



**5<sup>97</sup>**

**HELLMANN'S MAYONNAISE**  
SELECTED VARIETIES  
710-890 ML  
20618579001\_EA  
21518361\_EA



# SUPER YOUR EVERYDAY

**\$7**

**PC® FREE RUN LARGE BROWN EGGS**  
12'S  
20813628001\_EA

**Optimum™**  
Members-Only Price™

**6.50**

Non-members  
**7.99**

**SIGGI'S SKYR**  
650/750 G OR **iöGO**  
16X100 G YOGURT  
SELECTED VARIETIES  
20606770002\_EA/21353892\_EA  
\*\*Must be a registered PC Optimum™ member to load and get this offer.

**PREPARED IN CANADA**

**5.97**

**LIMIT 4 OVER LIMIT PAY 7.99 EA**

**CRACKER BARREL**  
CRACKER BARREL CHEESE BARS 400 G OR SHREDS 300/320 G  
SELECTED VARIETIES  
21290384\_EA/21290613\_EA

**PREPARED IN CANADA**

**4.99**

**SMUCKER'S UNCRUSTABLES**  
SELECTED VARIETIES  
FROZEN, 4'S  
21543057\_C04  
21683121\_C04

**LIMIT 4 OVER LIMIT PAY 5.99 EA**

**4.99**

**BEN & JERRY'S NON DAIRY 473 ML OR MAGNUM BARS 3/4'S**  
SELECTED VARIETIES, FROZEN  
20342005003\_EA/21575899\_EA

**4.49**

**LIMIT 2 OVER LIMIT PAY 5.99 EA**

**INTERNATIONAL DELIGHT COFFEE ENHANCER**  
SELECTED VARIETIES, 946 ML  
20895480002\_EA/20895480003\_EA

**PREPARED IN CANADA**

**1.35**

**MICHELINA'S ENTRÉES**  
SELECTED VARIETIES  
FROZEN, 156-284 G  
21208614\_EA/21208788\_EA

**LIMIT 4 OVER LIMIT PAY 2.39 EA**

**1.99**

**BAGEL BITES**  
SELECTED VARIETIES  
FROZEN, 198 G  
20213483001\_EA/20213483003\_EA

**LIMIT 4 OVER LIMIT PAY 2.50 EA**

**\$3**

**GREEN GIANT VEGETABLES 750 G OR VALLEY SELECTIONS 400/500 G**  
SELECTED VARIETIES, FROZEN  
21022094\_EA/21022277\_EA

**LIMIT 4 OVER LIMIT PAY 4.49 EA**

**PREPARED IN CANADA**

**2/5.50**  
OR 3.79 EA

**HARIBO CANDY BAGS**  
SELECTED VARIETIES, 170/175 G  
21519578\_EA/21647284\_EA

**4.38**

**NERDS GUMMY CLUSTERS CANDY POUCHES**  
SELECTED VARIETIES, 227 G  
21696497\_EA/21696566\_EA

**LIMIT 6 OVER LIMIT PAY 5.49 EA**

**3/9.99**  
OR 4.49 EA

**FERRERO ROCHER TABLETS**  
SELECTED VARIETIES, 90 G  
21428863\_EA/21676660\_EA

**2.99**

**DARE WAGON WHEELS 315/360 G, WHIPPET 230-285 G, ULTIMATE OR VIVA PUFFS COOKIES 290/300 G**  
SELECTED VARIETIES  
20974342\_EA  
21080791\_EA

**LIMIT 4 OVER LIMIT PAY 3.99 EA**

**PREPARED IN CANADA**

**3.59**

**CHRISTIE FAMILY SIZE COOKIES 374-488 G OR CAKESTERS 285 G**  
SELECTED VARIETIES  
21520747\_EA  
21639135\_EA

**LIMIT 4 OVER LIMIT PAY 5.50 EA**

**1,500** OFF  
when you buy 2

**\$150** back in points

**FRITO LAY VALUE SIZE CHIPS**  
SELECTED VARIETIES  
325-535 G  
21662516\_EA/21663018\_EA

**9.99**

**PEDIGREE DENTASTIX TREATS FOR DOGS**  
SELECTED VARIETIES  
396 G-1.9 KG  
21081777\_EA

**LIMIT 4 OVER LIMIT PAY 11.49 EA**

**PREPARED IN CANADA**

**CLUB  
SIZE**

**BUY BIG.  
SPEND SMALL.**

**3<sup>50</sup>**  
LB  
7.72/KG

**CHICKEN DRUMSTICKS**  
WET-CHILLED OR HALAL, FRESH  
20004494\_KG



**CLUB  
SIZE**

**5<sup>99</sup>**  
LB  
13.21/KG

**PORK CENTRE  
CUT CHOPS**  
BONELESS  
21662231\_KG



**CLUB  
SIZE**

**10<sup>99</sup>**  
LB  
24.23/KG

**BEEF SIRLOIN  
TIP STEAK**  
CUT FROM CANADA AA  
GRADE BEEF  
20812524\_KG



**CLUB  
SIZE**

**\$12**

**SEAQUEST® PACIFIC  
WHITE SHRIMP 70-90/LB  
OR BROKEN PIECES**  
71-120/LB  
SELECTED VARIETIES  
FROZEN, 680 G  
21043812\_EA/21043816\_EA



**CLUB  
SIZE**

**\$6**

**PC® NAAN  
DIPPERS**  
400 G  
20999700\_EA



**CLUB  
SIZE**

**ALWAYS  
LOW PRICE**

**\$7**

**BUTTER  
CROISSANTS**  
BAKED IN-STORE  
12'S  
21683000\_EA



**CLUB  
SIZE**

**Optimum™**  
Members-Only Price™

**6<sup>50</sup>**

**Non-members  
7<sup>99</sup>**

**Members  
save  
\$149**

**YOPLAIT SOURCE OR  
CREAMY YOGURT**  
SELECTED VARIETIES  
16X100 G  
20120316002\_EA  
20317317001\_EA



**CLUB  
SIZE**

**9<sup>78</sup>**

**Optimum™**  
GET **1,000**®  
**\$1**  
back in points

**iöGO YOGURT**  
SELECTED VARIETIES  
2 KG  
20636092\_EA  
20690267\_EA



**CLUB  
SIZE**

**15<sup>49</sup>**

**LIMIT 4  
OVER LIMIT PAY  
17.49 EA**

**Optimum™**  
GET **2,500**®  
**\$250**  
back in points

**iöGO NANO  
DRINKABLE YOGURT**  
SELECTED VARIETIES  
24X93 ML  
20681477\_EA



**CLUB  
SIZE**

**12<sup>97</sup>**

**LIMIT 4  
OVER LIMIT PAY  
16.29 EA**

**POGO**  
SELECTED VARIETIES  
FROZEN, 20/32'S  
20065224001\_EA  
20065224002\_EA



**CLUB  
SIZE**

**14<sup>50</sup>**

**LIMIT 4  
OVER LIMIT PAY  
16.00 EA**

**NO NAME® NATURALLY  
IMPERFECT™ FRUIT**  
SELECTED VARIETIES  
FROZEN, 2 KG  
21480144\_EA



**CLUB  
SIZE**

**13<sup>47</sup>**

**LIMIT 4  
OVER LIMIT PAY  
17.99 EA**

**GOGO SQUEEZ FRUIT  
SAUCE POUCHES**  
SELECTED VARIETIES  
20X90 G  
21547671\_EA  
21547693\_EA



**CLUB  
SIZE**

**10<sup>99</sup>**

**LIMIT 4  
OVER LIMIT PAY  
12.99 EA**

**Optimum™**  
GET **1,000**®  
**\$1**  
back in points

**GENERAL MILLS NATURE VALLEY  
OR FIBRE 1 GRANOLA  
OR CHEWY BARS OR  
BETTY CROCKER OR  
MOTT'S FRUITSATIONS  
FRUIT SNACKS**  
SELECTED VARIETIES  
728 G-1.28 KG  
21418522\_EA/21418559\_EA



**CLUB  
SIZE**

**\$12**

**WERETHER'S CANDY**  
900 G  
21054002\_EA



**CLUB  
SIZE**

**Optimum™**  
Members-Only Price™

**15<sup>99</sup>**

**Non-members  
18<sup>49</sup>**

**Members  
save  
\$250**

**DEL MONTE  
FRUIT CUPS**  
SELECTED VARIETIES  
20X112.5 ML  
20796879\_C01  
20796896\_C01



**CLUB  
SIZE**

**CLUB  
SIZE**

**BUY BIG.  
SPEND SMALL.**

**\$8**

**WELCH'S MIXED FRUIT  
FRUIT SNACKS**  
28'S, 616 G  
21497349\_EA

**LIMIT 4  
OVER LIMIT PAY  
10.29 EA**



**CLUB  
SIZE**

**7<sup>99</sup>**

**KRAFT MIRACLE  
WHIP DRESSING**  
SELECTED VARIETIES  
1.5 L  
20075939001\_EA

**LIMIT 4  
OVER LIMIT PAY  
9.99 EA**



**CLUB  
SIZE**

**\$21**

**GATORADE  
SPORTS DRINK**  
SELECTED VARIETIES  
24X591 ML  
20298835002\_C24

**LIMIT 4  
OVER LIMIT PAY  
23.99 EA**



**CLUB  
SIZE**

**CLUB  
SIZE**

**8<sup>99</sup>**

**FRITO-LAY VARIETY  
PACK CHIPS**  
SELECTED VARIETIES  
16'S  
21584889\_EA  
21584937\_EA

**LIMIT 4  
OVER LIMIT PAY  
9.99 EA**



**CLUB  
SIZE**

**CLUB  
SIZE**

**\$9**

**CADBURY EXTRA  
LARGE BAGS**  
SELECTED VARIETIES  
324/342 G  
21648703\_EA  
21650563\_EA

**LIMIT 6  
OVER LIMIT PAY  
9.99 EA**



**CLUB  
SIZE**

**CLUB  
SIZE**

**\$13**

**LINDT LINDOR BAGS**  
SELECTED VARIETIES  
240 G  
21358220\_EA  
21358227\_EA



**CLUB  
SIZE**

**4<sup>25</sup>**

**PC ORGANICS OATS**  
SELECTED VARIETIES  
1 KG  
20705773\_EA

**LIMIT 4  
OVER LIMIT PAY  
5.00 EA**



**CLUB  
SIZE**

**CLUB  
SIZE**

**\$29**

**CLIF BUILDERS  
PROTEIN BARS 12X68 G  
OR CLIF NUT BUTTER  
ORGANIC BARS 12X50 G**  
SELECTED VARIETIES  
20303133001\_C12  
20303133002\_C12

**LIMIT 4  
OVER LIMIT PAY  
32.99 EA**



**CLUB  
SIZE**

**7<sup>50</sup>**

**COLGATE MULTIPACK  
TOOTHPASTE**  
3X90/120/150 ML OR  
PREMIUM 2'S  
TOOTHBRUSH 1'S  
SELECTED VARIETIES  
21166655\_EA  
21432802\_EA

**LIMIT 4  
OVER LIMIT PAY  
10.49 EA**



**CLUB  
SIZE**

**6<sup>50</sup>**

**GILLETTE  
SERIES OR  
SATIN CARE  
TWIN PACK  
SHAVE GEL**  
SELECTED VARIETIES  
396 G  
21572887\_EA

**LIMIT 6  
OVER LIMIT PAY  
7.29 EA**



**CLUB  
SIZE**

**\$9**

**CREST  
MULTIPACK  
TOOTHPASTE**  
3X70-130 ML OR  
ORAL-B  
BATTERY-  
POWERED  
TOOTHBRUSH 1'S  
SELECTED VARIETIES  
21482014\_EA  
21506752\_EA

**LIMIT 4  
OVER LIMIT PAY  
9.99 EA**



**CLUB  
SIZE**

**\$9**

**GARNIER  
FRUCTIS  
SHAMPOO OR  
CONDITIONER**  
SELECTED VARIETIES  
1 L  
21080865\_EA  
21080870\_EA

**LIMIT 4  
OVER LIMIT PAY  
10.00 EA**



**CLUB  
SIZE**

**\$10**

**LISTERINE  
MULTI BENEFITS**  
SELECTED VARIETIES  
1.5 L  
20644273\_EA  
21546826\_EA

**LIMIT 4  
OVER LIMIT PAY  
11.99 EA**



**CLUB  
SIZE**

**UP TO  
15%  
OFF**  
12.74-49.72 AFTER SAVINGS

**WEBBER  
NATURALS  
VITAMINS OR  
SUPPLEMENTS**  
SELECTED VARIETIES  
110-500'S  
21479516\_EA  
21412979\_EA



**CLUB  
SIZE**

**\$20**

**AVEENO BODY  
LOTIONS**  
975 ML  
21238887\_EA  
21305396\_EA

**LIMIT 4  
OVER LIMIT PAY  
22.99 EA**



**CLUB  
SIZE**

**\$14**

**NIVEA  
LOTIONS 1L  
CREME 400 ML OR  
SOFT CREAM  
300 ML**  
SELECTED VARIETIES  
AND SIZES  
21283826\_EA  
21314403\_EA

**LIMIT 4  
OVER LIMIT PAY  
15.99 EA**



**CLUB  
SIZE**

**\$14**

**HEAD &  
SHOULDERS  
HAIR CARE**  
SELECTED VARIETIES  
835 ML  
21505254\_EA  
21517913\_EA

**LIMIT 4  
OVER LIMIT PAY  
14.49 EA**



**CLUB  
SIZE**

# FEEL GOOD CHOICES

## AT FEEL GOOD PRICES

3<sup>50</sup>

HARDBITE CLASSIC POTATO CHIPS

SELECTED VARIETIES 150 G

20370855001\_EA/20370855002\_EA

Hardbite

HANDCRAFTED-STYLE CHIPS

CRUSTILLES STYLE ARTISANAL

ROCK SALT & VINEGAR

SEL GEMME ET VINAIGRE

ALL NATURAL

Handcrafted Style Chips

NATURE

PREPARED IN CANADA

3<sup>75</sup>

DOLE GOOD CRUNCH BITES

SELECTED VARIETIES, 40/71 G

21545332\_EA/21545336\_EA

LIMIT 6

OVER LIMIT PAY

4.99 EA

GOOD CRUNCH

PINEAPPLE BITES

BOUCHÉES D'ANANAS

ORIGINAL • ORIGINALES

GOOD CRUNCH

BANANA BITES

BOUCHÉES DE BANANES

ORIGINAL • ORIGINALES

3<sup>80</sup>

MADE GOOD CRACKERS

SELECTED VARIETIES, 121 G

21355184\_EA/21355273\_EA

LIMIT 4

OVER LIMIT PAY

4.99 EA

MADE GOOD

MADE GOOD

PREPARED IN CANADA

UP TO 15% OFF

3.83 - 6.79 AFTER SAVINGS

SIETE TORTILLA CHIPS

142 G OR SIETE SEASONING

37 G OR SIETE BEANS

439/454 G OR TACO SHELLS

156 G

SELECTED VARIETIES

21447174\_EA/21684707\_EA

SIETE

GRAIN FREE TORTILLA CHIPS

CRUSTILLES TORTILLA SANS GRAINS

Sea Salt & Selmer

2<sup>79</sup>

SENSIBLE PORTIONS VEGGIE STRAW OR CHIPS

SELECTED VARIETIES, 120-142 G

20377204001\_EA/20973347\_EA

LIMIT 4

OVER LIMIT PAY

3.79 EA

Veggie Chips

Veggie Straws

5<sup>75</sup>

CROFTER'S SPREAD

SELECTED VARIETIES, 383 ML

20987211\_EA

LIMIT 4

OVER LIMIT PAY

6.49 EA

CROFTER'S

Strawberry • Fraise

PREPARED IN CANADA

10<sup>50</sup>

NUTS TO YOU ALMOND BUTTER

SELECTED VARIETIES, 365 G

20922643001\_EA

LIMIT 4

OVER LIMIT PAY

11.99 EA

Nuts to You Nut Butter Inc.

Almond Butter

SMOOTH

PREPARED IN CANADA

4<sup>75</sup>

TRADITIONAL MEDICINALS TEA BAGS

SELECTED VARIETIES, 16'S

21452637\_EA

TRADITIONAL MEDICINALS

ORGANIC Dandelion Leaf & Root

\$2

LIMIT 4

OVER LIMIT PAY

2.99 EA

ROAR ORGANIC BEVERAGES

SELECTED VARIETIES

532 ML

21106394\_EA

ROAR

Organic

MANGO CLEMENTINE

MANGUE CLÉMENTINE

10<sup>25</sup>

BRAGG'S APPLE CIDER VINEGAR

946 ML

20983004\_EA

BRAGG'S

APPLE CIDER VINEGAR

VINAIGRE DE CIDRE DE POMME

GET 2,500<sup>00</sup> \$2<sup>50</sup> back in points

NATURE'S WAY SAMBUCUS GUMMIES 60'S OR SYRUP 120/240 ML

SELECTED VARIETIES

21190315\_EA/21389953\_EA

Nature's Way

sambucus

COLD & FLU SYRUP

ELDERBERRY

IMMUNE

with VITAMIN C, ZINC & ECHINACEA

VEGETARIAN

Helps Relieve Cold & Flu Symptoms

120 mL

Nature's Way

SAMBUCUS GUMMIES/GÉLIFIÉS

ELDERBERRY

SUREAU

NORMALISÉ

ALWAYS LOW PRICE

\$4

PC ORGANICS ANIMAL COOKIES

SELECTED VARIETIES

250 G

20180028\_EA

20304981\_EA

PC ORGANICS

ORIGINAL

Animal Cookies

PC ORGANICS

CHOCOLATE

Animal Cookies

2<sup>47</sup>

MADEGOOD GRANOLA MINIS 5'S

5X24 G OR BARS 120-150 G

SELECTED VARIETIES

21062205\_EA/2107621\_EA

MADE GOOD

MADE GOOD

MADE GOOD

PREPARED IN CANADA

GET 4,500<sup>00</sup> \$4<sup>50</sup> back in points

BIO K+ PROBIOTIC DAILY CARE CAPSULES

SELECTED VARIETIES, 15-60'S

21391825\_EA/21527998\_EA

Bio-K+

Bio-K+

Bio-K+

PREPARED IN CANADA

ALWAYS LOW PRICE

\$4

PC ORGANICS UNSWEETENED APPLE SAUCE

SELECTED VARIETIES, 6X100 ML

20320493001\_EA

21306828\_EA

PC ORGANICS

APPLE

APPLE

PC ORGANICS

APPLE

APPLE

Everything you need for

# CLEANING HOUSE

**2<sup>27</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
3.29 EA



**DAWN DISHWASHING LIQUID**  
SELECTED VARIETIES, 431/473 ML  
21430581\_EA/21430590\_EA

**8<sup>97</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
10.99 EA



**PALMOLIVE DISHWASHING LIQUID**  
SELECTED VARIETIES, 4.27 L  
21516689\_EA/21516691\_EA

**19<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
25.99 EA



**FINISH DISHWASHER TABS**  
SELECTED VARIETIES, 60-105'S  
21217836\_EA/21218875\_EA

**\$4**

**LIMIT 4**  
OVER LIMIT PAY  
4.99 EA



**LYSOL TOILET BOWL CLEANER**  
710 ML, MULTI-SURFACE  
CLEANER 1.2 L, BATHROOM  
CLEANING TRIGGER OR AEROSOL  
950 ML/680 G  
SELECTED VARIETIES  
20869495\_EA/21193411\_EA

GET  
**1,000<sup>00</sup>**  
back in points

**3<sup>97</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
6.49 EA



**PINE-SOL MULTI SURFACE CLEANER**  
SELECTED VARIETIES, 1.41 L  
20298679001\_EA/20298679002\_EA



**\$4**

**LIMIT 4**  
OVER LIMIT PAY  
5.49 EA



**VIM MULTI-PURPOSE DISINFECTING TRIGGER** 700 ML  
OR FLOOR CLEANER 1 L  
SELECTED VARIETIES  
21004308\_EA/21623490\_EA

**4<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
6.00 EA



**METHOD ALL PURPOSE CLEANER** 828 ML,  
DISHWASHING LIQUID 532 ML  
OR TOILET BOWL CLEANER 709 ML  
SELECTED VARIETIES  
21432668\_EA/21518332\_EA

**4<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
5.99 EA



**CLOROX BLEACH**  
2.4 L  
21283179\_EA

**7<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
15.99 EA



**SUNLIGHT 4 L OR PERSIL 1.86 L LIQUID LAUNDRY DETERGENT**  
SELECTED VARIETIES  
21427042\_EA/21658255\_EA

**7<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
13.49 EA



**FLEECY FABRIC SOFTENER**  
SELECTED VARIETIES, 3.5 L  
21311735\_EA/21311739\_EA

**9<sup>97</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
12.99 EA



**TIDE 1.62/1.86 L OR GAIN 2.63 L LIQUID OR PODS 18/31'S LAUNDRY DETERGENT**  
SELECTED VARIETIES  
2054851001\_EA/21593782\_EA

**15<sup>97</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
19.99 EA



**DOWNY OR GAIN LIQUID FABRIC SOFTENER** 2.76/4.16 L  
OR BEADS 598-694 G  
OR FABRIC RINSE 1.8 L  
SELECTED VARIETIES  
21549939\_EA/21552884\_EA

**6<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
7.99 EA



**HEFTY GARBAGE BAGS**  
SELECTED VARIETIES  
12-40'S  
21492745\_EA  
21492934\_EA

**9<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
12.99 EA



**SWIFFER SWEEPER REFILLS 12/24'S, DUSTER 6/10'S, POWER MOP 5'S, WETJET 12'S OR LIQUID REFILL 1.5/2.5 L**  
SELECTED VARIETIES  
21629789\_EA  
21630025\_EA

**56<sup>99</sup>**

**LIMIT 4**  
OVER LIMIT PAY  
67.99 EA



**VILED A H2PRO FLAT MOP SYSTEM**  
21694036\_EA

**25<sup>99</sup>**



**PC PAPER TOWEL**  
12 ROLLS  
21558605\_EA



# Discover South Asian products for less

Shop the world in our aisles

SHOP NOW



99¢

CILANTRO  
PRODUCT OF MEXICO OR U.S.A.  
20091825001\_EA



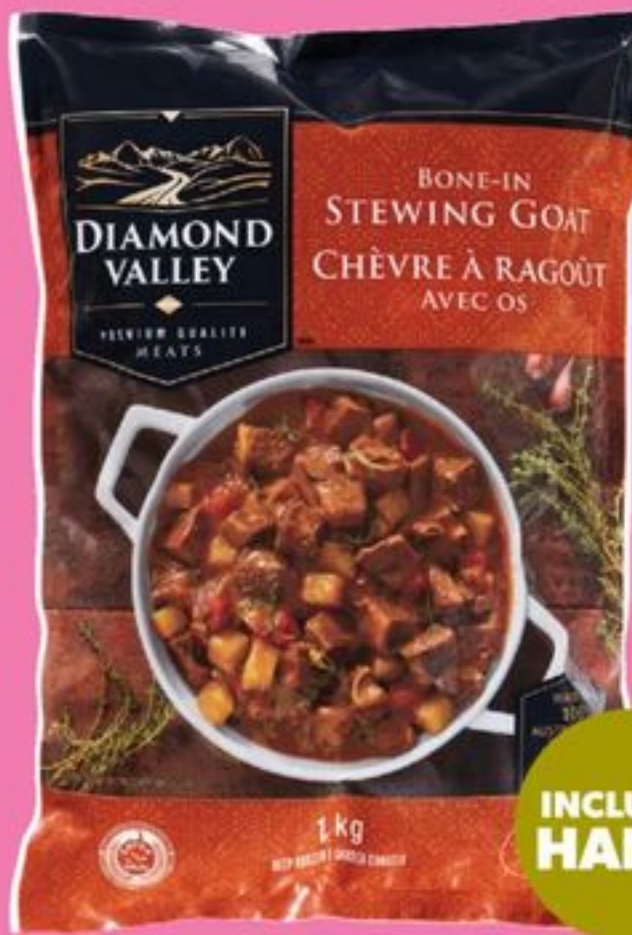
1.99  
LB  
4.39 /KG

EGGPLANT  
PRODUCT OF MEXICO  
20155709001\_KG



\$25

NEW ZEALAND  
STEWING GOAT  
BONE-IN FROZEN, 1 KG  
20143053\_EA



INCLUDES  
HALAL

6.99

LIMIT 4  
OVER LIMIT PAY  
9.99 EA

BASA STEAKS  
OR WHOLE WILD  
CHUB MACKEREL  
FROZEN, 1 KG  
20910469\_EA/21079543\_EA



4.50

CRISPY CAKE RUSK  
SELECTED VARIETIES, 550 G  
21700202\_EA



4.27

LIMIT 4  
OVER LIMIT PAY  
4.99 EA

SHAN  
COOKING SAUCE  
SELECTED VARIETIES, 350 G  
21528877\_EA/21528880\_EA



7.99

LIMIT 4  
OVER LIMIT PAY  
8.99 EA

TEA INDIA ORANGE  
PEKOE TEA BAGS  
216'S/681 G  
20177173\_EA



99¢

LIMIT 4  
OVER LIMIT PAY  
1.49 EA

PARLE-G ORIGINAL  
GLUCOSE COOKIES  
300 G  
20956495\_EA



ALWAYS  
LOW PRICE  
\$10

SURAJ  
BASMATI RICE  
20838931\_EA



8 LB

4.49

NANAK RETAIL  
PANEER  
SELECTED VARIETIES, 341 G  
21286158\_EA



2.50

CHING'S  
CHUTNEY SAUCES  
SELECTED VARIETIES, 170-250 ML  
21416871\_EA/21446325\_EA



7.99

LIMIT 4  
OVER LIMIT PAY  
11.99 EA

GIA INDIAN  
BASMATI RICE  
8 LB  
20059642\_EA



2.29

LIMIT 4  
OVER LIMIT PAY  
2.99 EA

SURATI SNACKS  
SELECTED VARIETIES, 250/340 G  
20303745002\_EA/20303745004\_EA



7.49

LIMIT 4  
OVER LIMIT PAY  
8.29 EA

TATA PREMIUM  
OR TATA GOLD LOOSE  
BLACK TEA  
SELECTED VARIETIES, 450 G  
21407291\_EA/21407294\_EA



\*Prices effective at Superstore Vancouver, BC - Marine Dr, Grandview Hwy, Burnaby, BC, Coquitlam, BC - Lougheed Hwy, Surrey, BC - King George Hwy, 104th Ave, Delta, BC, Richmond, BC, Abbotsford, BC, Mission, BC, Langley, BC, Edmonton, AB - Windermere, 23rd Ave, 137th Ave, 17th St, Calgary Trail, Ellerslie, Calgary, AB - Westwinds, Coventry Hills, MacKenzie, Country Hills, Sundridge, Shawnessy, Ft. McMurray, AB, Regina, SK - Prince of Wales, Saskatoon, SK - 8th St, Winnipeg, MB - Bison Dr, Sargent Ave.

# 新年快樂 HAPPY LUNAR NEW YEAR

Celebrate  
 the Year of the  
 Horse with  
 low prices.

248

LB  
 5.47/KG

LOTUS ROOT  
 PRODUCT OF CHINA  
 20048557001\_KG

288

RED POMELO  
 PRODUCT OF CHINA  
 20081390001\_EA

428

LB  
 9.44/KG

GRADE A, DUCK  
 FROZEN  
 20078881\_KG

\$6

ALL STARS  
 ALMOND COOKIES  
 SELECTED VARIETIES  
 580 G  
 20141645\_EA

248

PC UDON  
 NOODLES  
 4'S  
 20354811\_EA

LIMIT 4  
 OVER LIMIT PAY  
 3.50 EA

298

LAO GAN MA  
 SPICY CHILLI  
 CRISP  
 210 G  
 20874066\_EA

LIMIT 4  
 OVER LIMIT PAY  
 3.79 EA

188

LB  
 4.14/KG

ASIAN YELLOW PEARS  
 PRODUCT OF CHINA  
 20035618001\_KG

188

LB  
 4.14/KG

BULK FUJI APPLES  
 PRODUCT OF CHINA  
 20081066001\_KG

488

GARLIC  
 PRODUCT OF CHINA  
 1 KG  
 21238843001\_EA

588

LB  
 12.96/KG

PORK BELLY  
 PIECE  
 FRESH  
 20099915\_KG

1388

T&T SLICED ROLLS  
 BEEF OR LAMB  
 FROZEN, 340 G  
 21570350\_EA

\$25

ORCHID  
 5 INCH  
 21607818\_EA

2/\$5

OR 3.00 EA

TRADITIONS  
 HOT POT BALLS  
 200/250 G, TUNA  
 STEAK 92 G OR  
 GO SHRIMP 160 G  
 SELECTED VARIETIES  
 FROZEN  
 21208591\_EA/21715135\_EA

588

GOLDEN  
 HAPPINESS  
 CHINESE LONG  
 DONUTS  
 BAKED IN-STORE  
 6'S, 640 G  
 20923195\_EA

128

GOLDEN  
 HAPPINESS  
 SPECIALTY BUNS  
 SELECTED VARIETIES  
 100 G  
 21297542\_EA

388

LADY'S  
 CHOICE  
 SANDWICH  
 SPREAD  
 470 ML  
 20004792\_EA

LIMIT 4  
 OVER LIMIT PAY  
 4.49 EA

\* Please note that not all items are available in all stores.



# 新年快樂 HAPPY LUNAR NEW YEAR

Celebrate the Year of the Horse with low prices.

5<sup>88</sup>

SHAO MEI  
 DESSERT BAR  
 280 ML  
 21309979\_EA

LIMIT 4

OVER LIMIT PAY 8.99 EA



1<sup>99</sup>

T&T FROZEN  
 EDAMAME  
 454 G  
 21479539\_EA

LIMIT 4

OVER LIMIT PAY 3.00 EA



4<sup>88</sup>

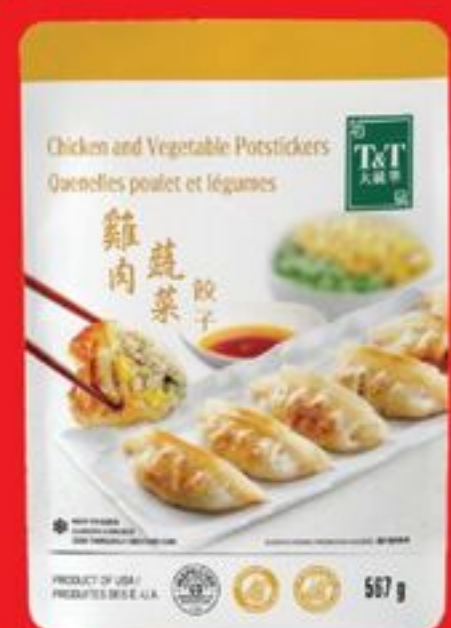
LOTTE MOCHI  
 FROZEN, 270 G  
 21247132\_EA



ALWAYS  
LOW PRICE

\$5

T&T POTSTICKERS  
 SELECTED VARIETIES  
 FROZEN, 567 G  
 21495805\_EA



2<sup>88</sup>

UFC COCONUT  
 WATER  
 1 L  
 20570506\_EA

LIMIT 4

OVER LIMIT PAY 3.99 EA



11<sup>88</sup>

DIAMOND G  
 CALROSE RICE  
 15 LB  
 20218689\_EA

LIMIT 4

OVER LIMIT PAY 16.99 EA



2<sup>98</sup>

SUNRISE FRESH  
 PACK TOFU  
 SMOOTH OR  
 TRADITIONAL  
 SELECTED VARIETIES  
 700 G  
 20571247\_EA  
 20571249\_EA

LIMIT 4

OVER LIMIT PAY 3.59 EA



2<sup>88</sup>

MANDARIN  
 NOODLES  
 SELECTED VARIETIES  
 454 G  
 20310388\_EA



8<sup>88</sup>

KNORR BOUILLON  
 CHICKEN MIX  
 1 KG  
 20154074\_EA

LIMIT 4

OVER LIMIT PAY 13.99 EA



4<sup>98</sup>

M.Y. SAN  
 SKY FLAKES  
 CRACKERS  
 800 G  
 21176798\_EA

LIMIT 4

OVER LIMIT PAY 6.79 EA



1<sup>48</sup>

PALDO BOWL  
 NOODLES  
 SELECTED VARIETIES  
 86 G  
 20311560001\_EA  
 20311560003\_EA

LIMIT 4

OVER LIMIT PAY 1.79 EA



3<sup>46</sup>

DORITOS  
 SPICY GARLIC  
 OR SPICY  
 KOREAN BBQ  
 CHIPS  
 SELECTED VARIETIES  
 210 G  
 21895402\_EA  
 21695244\_EA

LIMIT 4

OVER LIMIT PAY 4.49 EA



1<sup>48</sup>

T&T KOREAN  
 ROASTED  
 SEA LAVER  
 60 G  
 20593313\_EA

LIMIT 4

OVER LIMIT PAY 1.79 EA



3<sup>88</sup>

ORION TURTLE  
 CHIPS  
 SELECTED VARIETIES  
 160 G  
 21704482\_EA  
 21704410\_EA

LIMIT 4

OVER LIMIT PAY 4.49 EA



2<sup>97</sup>

INDOMIE  
 INSTANT  
 NOODLES  
 SELECTED VARIETIES  
 5 G  
 20686719\_EA  
 21094981\_EA

LIMIT 4

OVER LIMIT PAY 3.79 EA



2<sup>48</sup>

ROOSTER™  
 SWEET  
 CONDENSED  
 MILK  
 300 ML  
 20126907\_EA

LIMIT 4

OVER LIMIT PAY 3.00 EA



3<sup>88</sup>

NO NAME™  
 FREEZER BAGS  
 SELECTED VARIETIES  
 30/40'S  
 20155482\_EA  
 20298374\_EA

LIMIT 4

OVER LIMIT PAY 5.00 EA



\$6

NO NAME™  
 NAPKINS  
 500'S  
 20306897\_EA



4<sup>50</sup>

NIVEA BODY  
 WASH  
 SELECTED VARIETIES  
 500 ML  
 21169897\_EA  
 21169899\_EA

LIMIT 8

OVER LIMIT PAY 5.49 EA



3<sup>88</sup>

NO NAME™  
 DISINFECTANT  
 WIPES  
 SELECTED VARIETIES  
 75'S  
 21386771\_EA  
 21386780\_EA



\* Please note that not all items are available in all stores.



# SHOP THE WORLD IN OUR AISLES\*

From bok choy to basmati rice, find  
international ingredients at low prices.

SHOP NOW



188
LB
4.14/KG

**GINGER ROOT**  
PRODUCT OF CHINA  
20179038001\_KG



350

**CRISPY ROTI**  
SELECTED VARIETIES, 750 G  
21195607\_EA



399

**SIWIN LONGINISA OR TOSINO**  
SELECTED VARIETIES, 375 G  
20546499\_EA/20546965\_EA



\$9

**SEAQUEST WHOLE POMPANO**  
FROZEN, 800 G  
21592084\_EA



149

**TAMAM CHICK PEAS OR RED KIDNEY BEANS**  
796 ML  
21214487\_EA/21214490\_EA



249

**HALDIRAM'S DAL**  
SELECTED VARIETIES, FROZEN,  
283/300 G  
20707520001\_EA



799

**NANAK RASMALAI**  
SELECTED VARIETIES, FROZEN,  
850 G  
21284818\_EA



699

**SURAJ WHEAT SEMOLINA SOOJI**  
2 KG  
21071270\_EA



449

**VEEBA SAUCE, CHUTNEY OR SPREAD**  
SELECTED VARIETIES, 300-400 G  
21632617\_EA/21632745\_EA



297

**LAY'S INTERNATIONAL FLAVOURS**  
SELECTED VARIETIES, 200 G  
21663082\_EA/21663203\_EA



229

**MTR READY TO EAT MEALS**  
SELECTED VARIETIES, 300 G  
20769717002\_EA/20769717011\_EA



399

**SURAJ GINGER OR GARLIC PASTE**  
SELECTED VARIETIES, 750 G  
21088480\_EA/21088575\_EA



599

**SHER BESAN FLOUR**  
4 LB  
21632617\_EA/21632745\_EA



175

**SUNFEAST YIPPEE MASALA NOODLES**  
280 G  
21127101\_EA



\* Please note that not all items are available in all stores.



**CUDDLY  
DEALS,  
TINY  
PRICES**



**\$2**

**SIMPLY GOURMET  
CRUNCHERS OR  
PUFFIES VARIETIES, 32 G**  
21597406\_EA/21671989\_EA

**LIMIT 10  
OVER LIMIT PAY  
2.99 EA**



**2.75**

**LIMIT 10  
OVER LIMIT PAY  
2.99 EA**



**4/\$7**  
OR 1.99 EA

**GERBER BABY FOOD  
JARS 159-162 ML OR  
ORGANIC BABY FOOD  
POUCHES 99 G/128 ML**  
SELECTED VARIETIES  
21161732\_EA/21466955\_EA



**55.99**

**SIMILAC  
PRO-ADVANCE  
POWDER FORMULA  
STEP 1 OR 2, 837-859 G**  
21436985\_EA/21437126\_EA

**LIMIT 4  
OVER LIMIT PAY  
61.99 EA**



**34.99**

**LIMIT 4  
OVER LIMIT PAY  
39.99 EA**



**53.97**

**GOOD START PLUS  
POWDER BABY  
FORMULA 942-1020 G OR  
READY TO FEED  
15X \$2.50 ML**  
SELECTED VARIETIES  
21613497\_EA/21599614\_EA



**34.99**

**PAMPERS ECONO  
PACK DIAPERS  
SELECTED VARIETIES, SIZE N-8,  
58-200'S**  
21551525\_EA/21551586\_EA

**LIMIT 6  
OVER LIMIT PAY  
39.99 EA**



**24.99**

**LIMIT 4  
OVER LIMIT PAY  
29.99 EA**



GET **2,000** back in points

**24.99**

**LIMIT 4  
OVER LIMIT PAY  
31.99 EA**



**2.99**

**HUGGIES OR PAMPERS  
1X BABY WIPES  
SELECTED VARIETIES, 56-72'S**  
21084208\_EA/21103126\_EA

**LIMIT 4  
OVER LIMIT PAY  
3.99 EA**



**17.99**

**LIMIT 3  
OVER LIMIT PAY  
22.99 EA**



**WATERWIPES BABY  
WIPES  
240'S**  
21176336\_EA

UP TO **20% OFF**  
3.24-55.99 AFTER SAVINGS

**DIAPER GENIE REFILLS  
AND SYSTEMS  
SELECTED VARIETIES**  
21549766\_EA/21668532\_EA



GET **10,000** back in points when you spend \$25\* on

**FRIDABABY OR  
FRIDAMOM  
SELECTED VARIETIES AND SIZES**  
21157093\_EA/21382973\_EA



**11.99**

**LIMIT 4  
OVER LIMIT PAY  
14.99 EA**



**LIVE CLEAN  
750 ML, CERAVE 473 ML OR  
AVEENO 532 ML  
BABY NEEDS  
SELECTED VARIETIES**  
20157402001\_EA/20607029\_EA

UP TO **25% OFF**  
4.49-39.59 AFTER SAVINGS

**TOMMEE TIPPEE,  
PLAYTEX OR  
B.BOX FEEDING  
ACCESSORIES  
SELECTED VARIETIES**  
21590749\_EA/21613281\_EA



**Unlimited delivery for \$2.50 per month**

Get free delivery on diapers, food and all your baby needs with PC Express Pass.

Sign up for an annual Pass and get your first year for only \$29.99\*.

[Learn more](#)

Use code  
**PASS**

\*Conditions apply. \$30 min. order. Regular \$99.99 after your first year. See site for details.

**Express  
Pass**



# FOR THE LITTLES AT LITTLE PRICES

AS  
EASY AS  
A-B-C.

**\$3**

**LIMIT 8**  
OVER LIMIT PAY  
3.29 EA



**TODDLER MUM-MUM WAFER STICKS** 70 G OR  
**MUM MUM SNAX CHICKPEA CRISPS** 60 G  
SELECTED VARIETIES  
21603816\_EA/21603936\_EA



**LITTLE BELLIES**  
**ORGANIC SNACKS**  
SELECTED VARIETIES, 35 G  
21664678\_EA/21664747\_EA



**2.50**

**LIMIT 8**  
OVER LIMIT PAY  
3.99 EA

**\$4**

**LIMIT 8**  
OVER LIMIT PAY  
4.49 EA



**LOVE CHILD ORGANIC OATY CHOMPS**  
**OR SEAFRIENDS BABY SNACKS**  
SELECTED VARIETIES, 100-140 G  
21462907\_EA/21619401\_EA



**BOOST KIDS NUTRITIONAL SUPPLEMENT**  
SELECTED VARIETIES, 6X237 ML  
21681253\_C06/21684528\_C06



**12.79**

**LIMIT 4**  
OVER LIMIT PAY  
14.49 EA

**36.99**

**LIMIT 4**  
OVER LIMIT PAY  
43.99 EA



**PAMPERS EASY UPS**  
**GIANT PACK TRAINING PANTS**  
SELECTED VARIETIES, 68-112'S  
21089194\_EA/21089259\_EA

**26.99**

**LIMIT 4**  
OVER LIMIT PAY  
32.99 EA



**HUGGIES PULL UPS**  
**TRAINING PANTS**  
CLUB SIZE, SELECTED VARIETIES  
28-74'S  
20952337\_EA/21371223\_EA

**34.99**

**KENDAMIL WHOLE MILK TODDLER FORMULA**  
12-36 MONTHS, 800 G  
21699613\_EA



UP TO  
**20% OFF**  
5.99-19.99 AFTER SAVINGS

**AVEENO BABY OR KIDS**  
SELECTED VARIETIES AND SIZES  
20157402001\_EA/21241159\_EA  
21652937\_EA



UP TO  
**20% OFF**  
2.39-10.39 AFTER SAVINGS

**JOHNSON AND JOHNSON BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
21663361\_EA/21664436\_EA



UP TO  
**20% OFF**  
2.39-21.59 AFTER SAVINGS

**BOOGIE OR KANDOO BABY NEEDS**  
SELECTED VARIETIES AND SIZES  
20906160\_EA/21526664\_EA



UP TO  
**20% OFF**  
4.63-8.39 AFTER SAVINGS

**KIDS HAIR CARE**  
SELECTED VARIETIES AND SIZES  
21167373\_EA/21169697\_EA



**2/\$7**  
OR 4.99 EA

**LICENSED KIDS BUBBLE BATH, 3 IN 1 SHOWER GEL OR BATH FIZZERS**  
SELECTED VARIETIES AND SIZES  
21649439\_EA/21649729\_EA



UP TO  
**20% OFF**  
2.00-13.00 AFTER SAVINGS

**COLGATE KIDS ORAL CARE**  
SELECTED VARIETIES AND SIZES  
21353897\_EA/21584840\_EA



**HUGGIES** **pull-Ups** *goodnites*

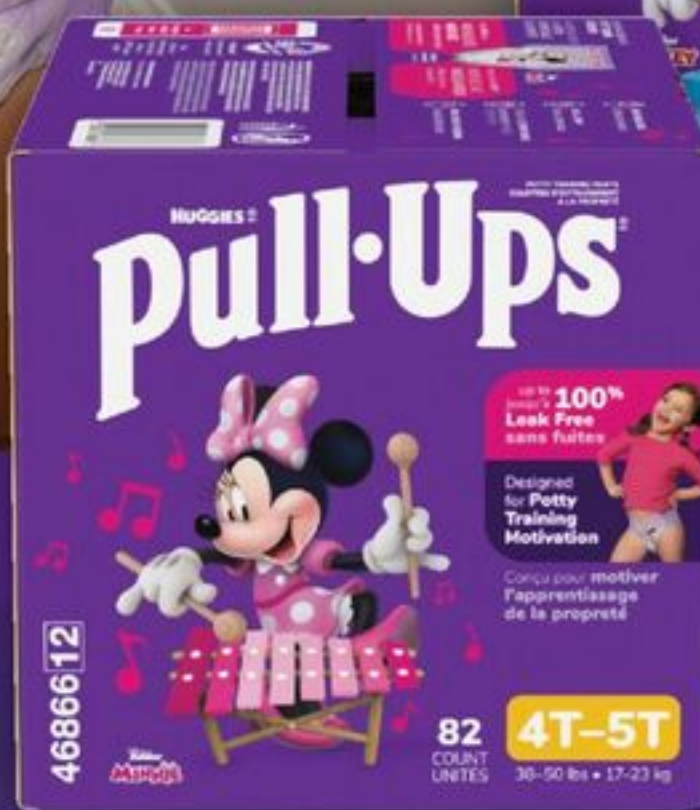
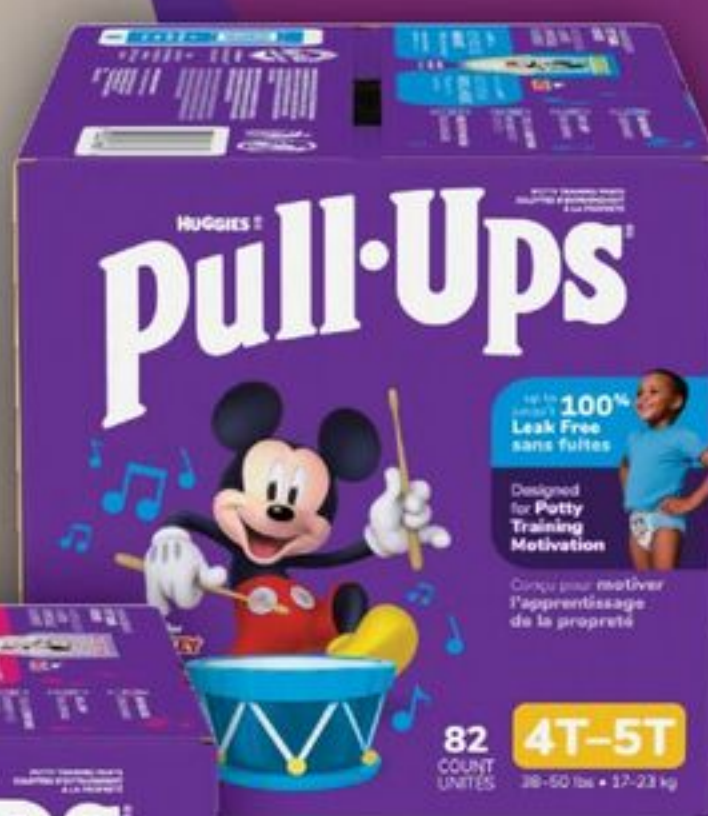
# Hug More, Save More

Optimum™  
**GET 15,000<sup>pts</sup>** **\$15**  
back in points

when you spend \$75 or more on Huggies® Diapers or Wipes, Pull-Ups® and Goodnites®, all sizes and varieties

**LIMIT 4**  
**34<sup>99</sup>**  
OVER LIMIT PAY 41.99 EA

**HUGGIES ECONO PACK DIAPERS**  
SELECTED VARIETIES, SIZE N-7, 60-200'S  
21456591\_EA/21579452\_EA



**LIMIT 4**  
**36<sup>99</sup>**  
OVER LIMIT PAY 43.99 EA

**PULL-UPS ECONO PACK TRAINING PANTS**  
SELECTED VARIETIES, 66-104'S  
21021423\_EA/21021427\_EA



**LIMIT 4**  
**26<sup>99</sup>**  
OVER LIMIT PAY 32.99 EA

**GOODNITES CLUB PACK TRAINING PANTS**  
SELECTED VARIETIES, 28-74'S  
20963841\_EA/21664343\_EA



**LIMIT 4**  
**23<sup>99</sup>**  
OVER LIMIT PAY 29.99 EA

**HUGGIES 16X BABY WIPES**  
SELECTED VARIETIES, 960-1152'S  
21541191\_EA



# LOOK GOOD, FEEL GREAT, SPEND LESS.

\$9

LIMIT 6  
OVER LIMIT PAY  
10.49 EA

OLAY BODY WASH  
591/700 ML OR OLD SPICE  
BODY WASH 532/709 ML  
SELECTED VARIETIES  
21500517\_EA/21643490\_EA



4<sup>50</sup>

LIMIT 6  
OVER LIMIT PAY  
6.00 EA

AXE DEODORANT  
76/85 G, BODY SPRAY 113 G  
OR BODY WASH 473 ML  
SELECTED VARIETIES  
21042611\_EA/21438291\_EA



UP TO  
25%  
OFF

7.49-13.49 AFTER SAVINGS

DR. SQUATCH BAR  
SOAP 141.7 G, BODY  
WASH 414 ML OR  
DEODORANT 75 G  
SELECTED VARIETIES  
21573584\_EA/21657625\_EA



UP TO  
25%  
OFF

13.83-22.49 AFTER SAVINGS

GILLETTE LABS,  
PROGLIDE OR  
VENUS INTIMATE  
PREMIUM RAZORS  
SELECTED VARIETIES  
21476179\_EA/21649974\_EA



3<sup>50</sup>

LIMIT 6  
OVER LIMIT PAY  
3.99 EA

CREST COMPLETE  
120 ML, STAIN  
ERASER 65 ML OR KIDS  
TOOTHPASTE 85-100 ML  
OR ORAL-B COMPLETE  
SATIN FLOSS 50M  
SELECTED VARIETIES  
20348190001\_EA/21354028\_EA



UP TO  
20%  
OFF

14.95-89.95 AFTER SAVINGS

PHILIPS SONICARE OR  
PHILIPS ONE POWER  
TOOTHBRUSH 1 EA, OR  
REFILL HEADS 2-5'S  
SELECTED VARIETIES  
21088472\_EA/21355899\_EA



5<sup>80</sup>

LIMIT 4  
OVER LIMIT PAY  
7.49 EA

SENSODYNE OR  
PRONAMEL VALUE  
SIZE TOOTHPASTE  
SELECTED VARIETIES, 110/135 ML  
20432268002\_EA/21433114\_EA



UP TO  
15%  
OFF

11.99-54.99 AFTER SAVINGS

PC SPORTS  
SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
20696552\_EA/2131808\_EA



UP TO  
20%  
OFF

9.19-37.59 AFTER SAVINGS

NATURE'S BOUNTY  
VITAMINS OR  
SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
21235707\_EA/21668459\_EA



GET  
7,000<sup>®</sup>  
when you  
spend \$30+ on

\$7  
back in points

RESTORALAX  
POWDERS 119-765 G,  
GUMMIES 30/90'S OR  
PACKETS 10'S  
SELECTED VARIETIES AND SIZES  
20187752\_EA/21380900\_EA



\$9

LIMIT 4  
OVER LIMIT PAY  
9.99 EA

CHILDREN'S OR  
INFANTS' TYLENOL OR  
MOTRIN  
SELECTED VARIETIES AND SIZES  
20217274001\_EA/20218432001\_EA



\$20

LIMIT 4  
OVER LIMIT PAY  
21.99 EA

ALWAYS DISCREET  
UNDERWEAR OR PADS  
SELECTED VARIETIES AND SIZES  
20814920\_EA/21286985\_EA



UP TO  
20%  
OFF

10.39-11.49 AFTER SAVINGS

U BY KOTEX LINERS  
80-129'S, PADS 24-44'S OR  
TAMPONS 30/32'S  
SELECTED VARIETIES  
21156021\_EA/21518239\_EA



# SHOP HOME FOR LESS

UP TO  
**25% OFF**  
15.00-26.00 AFTER SAVINGS

**LIFE AT HOME™  
CUSHIONS AND TROWS**  
SELECTED VARIETIES  
21595726\_EA/21595786\_EA  
21595725\_EA/21595737\_EA



UP TO  
**25% OFF**  
74.00-90.00

**LIFE AT HOME™  
COMFORTER SET**  
SELECTED VARIETIES  
21595765\_EA/21595871\_EA



UP TO  
**25% OFF**  
7.50-18.50 AFTER SAVINGS

**STEPGUARD BOOT  
TRAY OR MATS**  
21684645\_EA



**BUY 2  
GET 1  
FREE**

**LIFE AT HOME™ ASSORTED  
SCENTED CANDLES**  
SELECTED VARIETIES  
FREE ITEM MUST BE OF EQUAL  
OR LESSER VALUE  
10.00-16.00  
21414666\_EA/21414668\_EA



**BUY 3  
GET 1  
FREE**

**PC® OPENSTOCK DINNERWARE**  
SELECTED VARIETIES  
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE  
5.00-9.00  
21219391\_EA/21219390\_EA



**BUY 3  
GET 1  
FREE**

**PC® OPENSTOCK GLASSWARE**  
SELECTED VARIETIES  
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE  
7.00  
21589344\_EA/21589351\_EA



**\$3**

**VALENTINES DAY  
PLUSH**  
SELECTED VARIETIES  
21681123\_EA/21681124\_EA/21681125\_EA



**\$4**

**VALENTINES DAY  
MUGS**  
SELECTED VARIETIES  
21679102\_EA/21678954\_EA



**Optimum™**  
**Members-Only Price™**  
**\$8**

**Non-members  
\$10**

**Members  
save  
\$2**

**VALENTINES DAY  
HEART PILLOW**  
SELECTED VARIETIES  
21681164\_EA/21681165\_EA  
21681166\_EA  
\*\*Must be a registered PC Optimum™  
member to load and get this offer.



\* Please note that not all items are available in all stores.



# Sheets & Towels



President's Choice

## The Favourite Percale Sheet Set

- An oxford weave technic for strong, sturdy and textured fabric
- Oeko Tex - guarantees textiles are free from potentially harmful substances
- Flexi-Fit technology for smooth fitting and tailored corners

SHOP NOW



350  
thread  
count

Fits  
mattress  
up to 18"  
deep

100%  
COTTON



Sustainable  
packaging!  
Comes in cloth  
pouch

Available colours:



White



Fog



Blush



Hazelnut



Olive



Midnight

Set includes:  
1 flat sheet, 1 fitted sheet  
& pillowcases

UP TO  
30%  
OFF

Available sizes:

TWIN

PC 350 THREAD  
COUNT SHEET  
SETS  
SELECTED VARIETIES  
35.00  
21589626\_EA

DOUBLE

PC 350 THREAD  
COUNT SHEET  
SETS  
SELECTED VARIETIES  
42.00  
21589545\_EA

QUEEN

PC 350 THREAD  
COUNT SHEET  
SETS  
SELECTED VARIETIES  
49.00  
21589502\_EA

KING

PC 350 THREAD  
COUNT SHEET  
SETS  
SELECTED VARIETIES  
56.00  
21589493\_EA



President's Choice

## 100% Cotton Towels

Affordable | Absorbent | Durable | Soft

### Hygrocotton Towels

Hollow-core cotton technology makes this towel ultra absorbent! It is lofty and light weight, getting softer with each wash!  
All of this quality at great value!

SHOP NOW



FACECLOTHS

ASSORTED COLOURS  
21307426\_EA

3/\$15  
OR 7.00 EA

HAND TOWELS

ASSORTED COLOURS  
21307335\_EA

3/\$27  
OR 12.00 EA

BATH TOWELS

ASSORTED COLOURS  
21306987\_EA

2/\$28  
OR 17.00 EA

# JOE FRESH

New Hello Kitty Styles Dropped This Week!

# HELLO KITTY®

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**\$24**

Kid Girls' Hello Kitty Graphic Sweatshirt



**\$16**

Toddler Girls' Hello Kitty Graphic T-Shirt



**\$39**

Women's Hello Kitty Valentine's Day Sleep Set



**\$24**

Kid Girls' Hello Kitty Valentine's Day Sleep Set



**\$19**

Baby Girls' Hello Kitty Valentine's Day Sleeper

## Little Outfits, Lots of Heart



**\$10**

Toddler Girls' Graphic Long Sleeve Top



**\$12**

Kid Girls' Printed Long Sleeve Top



**\$10**

Toddler Boys' Graphic Long Sleeve Top



**\$8**

Baby Boys' Printed Harem Pant

EVEN MORE ONLINE & IN-STORE

SHOP NOW

# BUILDING COMMUNITY

## One Rink at a Time

Learn More At  
**KRAFTHOCKEYVILLE.CA**

© NHL © NHLPA

**Philadelphia Cream Cheese Product**  
227/250 g  
selected varieties  
20641267\_EA/20866924010\_EA

**LIMIT 4**  
**3<sup>99</sup>**  
OVER LIMIT PAY 4.89 EA

**Kraft Peanut Butter**  
750 g - 1 Kg  
**Kraft Hazelnut Spread**  
725 g selected varieties  
20039581001\_EA/21285418\_EA

**LIMIT 4**  
**5<sup>97</sup>**  
OVER LIMIT PAY 6.99 EA

**Crave or Kraft Dinner**  
entrées 200-340 g or  
**Crave Bowls 340 g**  
selected varieties, frozen  
21681700\_EA

**NEW**  
**3<sup>99</sup>**

**Kraft Salad Dressings**  
425 mL  
**Heinz Mayonnaise-style**  
**Sauces 340 mL**  
selected varieties  
21584850\_EA/21686143\_EA

**LIMIT 4**  
**2<sup>97</sup>**  
OVER LIMIT PAY 3.79 EA

**Classico Pasta Sauce**  
410 - 600 mL  
selected varieties  
21618217\_EA/20325609001\_EA

**LIMIT 4**  
**3<sup>27</sup>**  
OVER LIMIT PAY 3.79 EA

**Heinz Ketchup**  
750 mL/1 L  
**Miracle Whip Spread**  
650 - 890 mL  
selected varieties  
200697080\_EA/20298681001\_EA

**LIMIT 4**  
**4<sup>97</sup>**  
OVER LIMIT PAY 5.99 EA

**Maxwell House**  
roast & ground coffee  
631-900 g  
selected varieties  
21606882\_EA

**LIMIT 4**  
**17<sup>97</sup>**  
OVER LIMIT PAY 19.99 EA

**Maxwell House**  
Single Serve Pods  
30 pack  
selected varieties  
21308076\_EA

**LIMIT 4**  
**17<sup>97</sup>**  
OVER LIMIT PAY 21.86 EA

\*Voted most trusted Cream Cheese and Peanut Butter brands by Canadian shoppers, 2026 BrandSpark® Canadian Trust Study.

# FLAVOUR YOU CAN'T FUMBLE

## BRING HOME THE BELL

**Taco Bell Sauces 207 mL**  
selected varieties  
21661786\_EA/21661788\_EA

**LIMIT 4**  
**2<sup>99</sup>**  
OVER LIMIT PAY 3.49 EA

**Taco Bell Creamy Sauces**  
354 mL  
selected varieties  
21661774\_EA/21661775\_EA

**LIMIT 4**  
**3<sup>99</sup>**  
OVER LIMIT PAY 4.50 EA

**Taco Bell Seasonings 28 g**  
selected varieties  
21661785\_EA/21661729\_EA

**LIMIT 4**  
**\$1**  
OVER LIMIT PAY 1.39 EA

**Taco Bell Premium Kits**  
401 - 642 g  
selected varieties  
21663420\_EA/21663622\_EA

**LIMIT 4**  
**6<sup>99</sup>**  
OVER LIMIT PAY 8.00 EA

**Taco Bell Core Kits**  
260 - 420 g  
selected varieties  
21663631\_EA/21663654\_EA

**LIMIT 4**  
**3<sup>99</sup>**  
OVER LIMIT PAY 4.50 EA

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# Get well.

UP TO **20% OFF**  
3.20-32.39 AFTER SAVINGS

**ADVIL, BUCKLEY'S, VOLTAREN, CALTRATE, CENTRUM, EMERGEN-C, TUMS OR BENEFIBER**  
SELECTED VARIETIES AND SIZES

21680149\_EA  
21685254\_EA  
21685256\_EA  
20218767002\_EA  
21685153\_EA

# Stay well.

21238176\_EA  
21236171\_EA  
20301992001\_EA  
21661561\_EA

21610827\_EA  
20997357\_EA

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# SPEND LESS. GET MORE.

**Royale bathroom tissue**  
selected varieties  
16=48 rolls  
21631084\_EA

**LIMIT 4**  
**14<sup>99</sup>**  
OVER LIMIT PAY 19.99 EA

**Royale facial tissue**  
selected varieties  
6 pack  
20906153\_ea

**LIMIT 4**  
**6<sup>99</sup>**  
OVER LIMIT PAY 10.99 EA

**Royale tiger towel**  
selected varieties  
6=12 rolls  
21484704\_EA

**LIMIT 4**  
**11<sup>99</sup>**  
OVER LIMIT PAY 19.99 EA

For more information on Royale's carbon neutral products, visit: [royale.ca/carbon-neutral](https://royale.ca/carbon-neutral)

# BUNDLES THAT HELP YOU SAVE ON EVERY SCREEN

**PC OPTIMUM™ MEMBERS SAVE MORE ON PHONE, INTERNET, AND TV BUNDLES.**

**Bell | ROGERS.**

\*Compared to non-PC Optimum™ members purchasing identical services from The Mobile Shop™ locations. Conditions apply; visit [themobileshop.ca](https://themobileshop.ca) for full details.

# Your Pass to more value

Get your first year of Pass for **\$2.50/month\***.

- Unlimited grocery delivery or pickup
- Earn 2% back in (pt) on eligible pickup orders\*\*

Use code **PASS**

**Learn more**

\*/\*\*Conditions apply, \$30 minimum order. Regular price \$99.99/year after your first year.

# LAST CHANCE TO SAVE BIG\*

Redemption ends February 25<sup>th</sup>  
or while supplies last.

Supplies  
are  
limited!



COLLECT & SAVE! BIG

\*Get 1 stamp for every eligible \$20 spent before taxes in a single transaction until Feb. 11, 2026 at participating Loblaw banner stores. 8 bonus stamps for PC Optimum™ members who opt-in using the PC Optimum™ App ("App") between Oct. 16, 2025-Feb. 11, 2026. 1 bonus offer/account/household. Purchase exclusions apply. Stamps have no cash value and are non-transferrable. See in store for paper stamp card or App to opt-in to program for digital stamp card. Stamp redemption ends Feb. 25, 2026 or while supplies last. 20 stamps must be presented at time of ovenware purchase. Ovenware selection and/or quantities may diminish as completed cards are redeemed. All sales final. For full warranty information, product replacement process, FAQ's and complete offer details, visit [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave).



# AD MATCH

**We match  
prices\*  
so you can  
just shop**

Every week, we actively check our major competitors' flyers and match the price on hundreds of items.

Look for the Ad Match message in store for the items we've actively matched. Plus, we'll match any major competitor's flyer item if you show us!

Since we Ad Match, we may not have sold at the After Limit price (and may not in the future).

\*We match prices applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time.