

[illegible]

ONLY

99¢

GREAT PRICE!

Ben's Original

Fast & Fancy

Vite & Bon

99¢

Campbell's

Tomato

Soup

Campbell's

Crème de Maquaron

Citron de champignon

HEINZ

BEANS

ORIGINAL

HEINZ

BEANS

MAPLE

HEINZ

Alpha

Gatti

HEINZ

BEANS

ORIGINAL

Campbell's

Soup

Ben's Original Fast & Fancy Rice

HEINZ

Beans or Pasta

Beats to Whistles

TRIN'S

BURRITO

99¢

Michelin's

Macaroni and Cheese

Macaroni au fromage

Michelin's

Potter Pottery or

Trin's Burrito

Irresistible

SEA SALT

SEA OF MER

99¢

Reeses

KitKat

99¢

Canada Dry

Coca-Cola

Powerade

99¢

COCA-COLA OR

CANADA DRY

SOFT DRINKS

1.5L

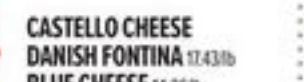
POWERADE

SPORT DRINKS

500ML (16.9 FL OZ)

metro.ca

\$ New Lower Prices



CASTELLA CHEESE
DANONINI FONTINA
BRIE CHEESE
TOSTLER CHEESE

30% OFF



MAPLE LEAF
NATURAL SELECTIONS OR
SLICED DELI OR
SMOKED & MARINATED
ITALIAN DELI

7.99



DEMPSER'S
WHITE TUNA, SMOKE
SALMON, BREADS OR
BAGELS

2 for 7.00



DEMPSER'S
BAGGELS



DEMPSER'S
WHITE
100% WHOLE WHEAT



DEMPSER'S
100% WHOLE WHEAT

i earn with **moi** rewards

[illegible]

moi
rewards

SAVE BIG
IN THE APP

Add your coupons in the
Metro app today.

THIS WEEK'S DEALS:

Only until January 15, 2026, in-store or online



NOW
4.99
ea.
SAVE UP TO
\$3

7.99
ea.
NESTLÉ
HOT CHOCOLATE
400 - 450 g
SELECTED VARIETIES



NOW
1.49
ea.
SAVE UP TO
\$0.50

1.99
ea.
ESKA
SPARKLING WATER
1L
SELECTED VARIETIES



NOW
9.99
ea.
SAVE UP TO
\$4.50

14.49
ea.
P.F. CHANG'S
MEALS
624 g
SELECTED VARIETIES



NOW
2/\$12
SAVE UP TO
\$5.98

2/17.98
ea.
ST. HUBERT, SWISS
CHALET OR
MONTANA'S PIES
FROZEN, 650 - 800 g
SELECTED VARIETIES



NOW
3.49
ea.
SAVE UP TO
\$2

5.49
ea.
DAWN EZ-SQUEEZE
DISH DETERGENT
535 - 650 ml
SELECTED VARIETIES



NOW
2.99
ea.
SAVE UP TO
\$2.50

5.49
ea.
ZIPLOC
SANDWICH BAGS
30 - 50 cm
SELECTED VARIETIES

LIMIT ONE REDEMPTION PER CUSTOMER

Offer available only on the My Metro app with a mailD account. Limit of one coupon redemption with a mailD account, unless expressly stated otherwise in the terms of the offer. Offer coupon must be loaded at time of purchase. Available while supplies last. See app for full coupon details. *Price may vary at select locations.

MANAGER'S SPECIALS

3 DAYS ONLY!
FRIDAY TO
SUNDAY

BIG WEEKLY SAVINGS. WHILE SUPPLIES LAST.

IN-STORE ONLY. NO RAIN CHECKS.

RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO
170 g

2⁹⁹
ea.



FRESH
CHICKEN DRUMSTICKS
5.05/kg

2²⁹
/lb



SARTORI PASILLA
CHILE BELLAVITANO
DELI CUT, PRICES AS MARKED
22.17/lb

5⁹⁹
/100 g



IRRESISTIBLE ARTISAN
DOUBLE CRÈME BRIE
170 g

5⁹⁹
ea.



Farm Fresh Produce

LARGE COSMIC CRISP APPLES
PRODUCT OF U.S.A.
5.45kg
249
/lb

STRAWBERRIES 40g ea.
PRODUCT OF FLORIDA, U.S.A.
499
ea.

BLACKBERRIES 170g
PRODUCT OF MEXICO
399
ea.

CAULIFLOWER
SELECTED U.S.A. NO. 1 GRADE
499
ea.

JUMBO CHERRIES
SELECTED CHILE, NO. 1 GRADE
16.45kg
699
/lb

AVOCADOS 40g ea.
PRODUCT OF MEXICO
499
ea.

EXTRA LARGE BEEFSTEAK TOMATOES
5.45kg
249
/lb

EXTRA LARGE GREEN SWEET PEPPERS
PRODUCT OF FLORIDA, U.S.A.
6.55kg
299
/lb

LARGE CARA CARA ORANGES
PRODUCT OF U.S.A.
6.55kg
299
/lb

WINTER FROST PINKBERRIES 100g
PRODUCT OF FLORIDA, U.S.A.
599
ea.

BROCCOLI CROWNS
PRODUCT OF U.S.A. OR MEXICO
500
/lb

SWEET POTATOES
PRODUCT OF U.S.A.
4.35kg
199
/lb

LARGE BOSCH OR ANJOU PEARS
PRODUCT OF CALIFORNIA, U.S.A.
5.95kg
269
/lb

STEM & LEAF CUCUMBERS
PRODUCT OF SPAIN
8.80kg
399
/lb

EGGPLANTS OR GREEN ZUCCHINI
PRODUCT OF U.S.A. OR MEXICO
5.45kg
249
/lb

HEIRLOOM TOMATOES
PRODUCT OF GERMANY
8.80kg
399
/lb

fruit to go STRIPS
1199
ea.

SOYBEAN TOFU BURGERS 100g
SELECTED MEXICO
499
ea.

BELLE GROVE MUSHROOMS
PRODUCT OF U.S.A.
100g 100g
100g 100g
479
ea.

JAG RADISHES
PRODUCT OF U.S.A.
249
ea.

Organic

SUNNY FRUIT ORGANIC DRIED FRIES OR PUFFS 100g
1999
ea.

ORGANIC SEEDLESS SLICED WHITE OR CREAMY MUSHROOMS 225g
PRODUCT OF MEXICO
349
/lb

BELLE GROVE ORGANIC SLICED WHITE OR CREAMY MUSHROOMS 225g
PRODUCT OF MEXICO
379
ea.

LIFE SMART ORGANIC PLAIN FIRM TOFU 454g
299
ea.

Sliced & Diced

READY TO COOK VEGETABLES
SELECTED MEXICO
599
ea.

CORED PINEAPPLES
499
ea.

RED OR YELLOW SEEDLESS WATERMELON QUARTERS
3.90kg
177
/lb

STORE MADE LARGE BELLAVE FRUIT SALAD 100g
999
ea.

Fresh Blooms

ROSES
ROSE REVERE BOUQUET
PRODUCT OF MEXICO
3000
ea.

ORCHIDS
2.5m x 1.5m
SELECTED MEXICO
1699
ea.

ALOE VERA
6" POT
1299
ea.

SPRING BULBS
6" POT
SELECTED MEXICO
999
ea.

Our Butcher's Finest

FRESH CHICKEN 8.64kg

3⁹⁹ /lb

BONELESS PORK CHOP 11.36kg

4⁹⁹ /lb

MEDIUM GROUND BEEF 15.41kg

6⁹⁹ /lb

FRESH ROSEMARY 23.64kg

12⁹⁹ /lb

SPRING LAMB 14.18kg

9⁹⁹ ea.

LIFE SMART METABOLISM GRASS FED BONELESS RIB STEAK OR STRIP LOIN STEAK 44.07kg

19⁹⁹ /lb

PLATINUM GRILL ANGUS EYE OF ROUND ROAST 19.05kg

7⁹⁹ /lb

FRESH SPLIT CHICKEN BREAST 11.00kg

4⁹⁹ /lb

LEAN GROUND LAMB 14.18kg

9⁹⁹ ea.

100% CANADIAN ANGUS BEEF 14.18kg

Aussie Natural 100% Grass Fed Beef 14.18kg

 2.99 ea. SELECTION WIENERS (10) \$2.99/10 LINKS	 4.99 lb FLETCHER'S PORK COTTAGE ROLL 11.00lb	 4.99 ea. SELECTION BACON (10) \$4.99/100% PORK 100% NATURAL	 6.99 ea. MAPLE LORNE ULTIMATE CHICKEN WIENERS OR SMALL MAPLE LORNE ULTIMATE CHICKEN SAUSAGES (10) 100% CHICKEN/100% NATURAL
 8.99 ea. MAPLE LORNE PASTY CORNED CHICKEN (10) \$8.99/10 LINKS	 12.99 ea. KELLEY'S ORIGINAL HOUSEMADE PORK BACK RIBS (10) \$12.99/10 LINKS	 15.99 ea. POGO ORIGINAL HOT DOGS (20) \$15.99/20 DOGS	 16.99 ea. 44TH STREET PASTY COOKED BEEF HOT DOGS (10)

7⁹⁹
e.a.

duBreton
ORGANIC BACON 200g

7⁹⁹
e.a.

duBreton
McLEAN ORGANIC
BREAKFAST SAUSAGES
400g
SELECTED VARIETIES

14⁹⁹
e.a.

YORKSHIRE
VALLEY FARMS
ORGANIC CHICKEN
BREAST FILLETS
400g
SELECTED VARIETIES

14⁹⁹
e.a.

YORKSHIRE
VALLEY FARMS
ORGANIC MEAT PIES
400g
SELECTED VARIETIES

8⁹⁹
e.a.

duBreton
ORGANIC PORK
SAUSAGES
400g
SELECTED VARIETIES

8⁹⁹
e.a.

duBreton
ORGANIC
EXTRA LEAN
GROUND PORK 450g

12⁹⁹
e.a.

YORKSHIRE
VALLEY FARMS
ORGANIC CHICKEN
DRUMSTICKS
400g
SELECTED VARIETIES

15⁹⁹
e.a.

YORKSHIRE
VALLEY FARMS
ORGANIC CHICKEN
WINGS
400g
SELECTED VARIETIES

Baked in my Metro



FRONT STREET BAKERY
CHEESE BUNS ON
CHEESE STICKS
125 g

749

125

ea.

\$1

back in

points



FRONT STREET BAKERY
RYE BREADS
200 g

449

ea.



FRONT STREET BAKERY
CHEESE STICKS
125 g

599

ea.



FRONT STREET BAKERY
PANIN ROLLS
125 g

399

ea.



FRONT STREET BAKERY
CAKE SLICES
125 g

399

ea.



FRONT STREET BAKERY
MINI DESSERT CAKES
125 g

1099

125

ea.

\$1

back in

points



FRONT STREET BAKERY
HAMPDEN RYE BREAD
200 g

369

ea.



FRONT STREET BAKERY
DORITOS HOT DOG OR
HAMBURGER BUNS
200 g

399

ea.



FRONTIER BAKERY
PITA
200 g

199

ea.



INEVITABLE
MINI MUFFINS
200 g

649

ea.



FRONT STREET BAKERY
DORITOS MUFFINS
200 g

299

ea.



FRONTIER BAKERY
PITA
200 g

199

ea.



INEVITABLE
MINI MUFFINS
200 g

799

125

ea.

\$1

back in

points

VALUE PICK



SAN DANIELE
MORTADELLA
100 g

299

/100 g



MASTRO CAPICOLL
MILD OR HOT
100 g

299

/100 g



EMMENTAL CHEESE
100 g

335

/100 g



EMMENTAL CHEESE
100 g

399

/100 g



OLYME
SLICED DELI MEAT
100 g

399

/100 g



OLYME
SLICED DELI MEAT
100 g

649

/100 g



THE STILLE
BOCETTA OR BOCCOCCHINI
100 g

799

/100 g



GALBANI
MASCARPONE CHEESE
100 g

1599

/100 g



SMOKE
HOUSE
SALAMI
100 g

879

/100 g



SCHNEIDERS
BOLOGNA
100 g

899

/100 g



THE STILLE
PETA CHEESE
100 g

799

/100 g



EMMENTAL CHEESE
100 g

1399

/100 g



FAMILY
PACK
100 g

399

/100 g



FAMILY
PACK
100 g

999

/100 g



FRESH STUFFED
PASTA OR SKILLET
100 g

2699

/100 g



FRESH STUFFED
PASTA OR SKILLET
100 g

2699

/100 g

metro.ca

Seafood

2 for \$5.00

FROZEN PACIFIC COD LOW PORTIONS 100g

WILD CAUGHT

SEAFORD BOX
FROZEN 2.5750kg

9.99 /lb

INCLUDES
SHOW CRAB, RAW SHRIMP, LOBSTER CLAWS AND CLAMS

40 points

3.99 ea.

TRUE BLUE MARYLAND CRAB CAKES
PREPARED FROZEN, 100g

3.99 ea.

SELECTION FROZEN CRAB
FROZEN CRAB, 100g

6.99

FRESH ATLANTIC SALMON PINWHEEL 100g

8.99 ea.

STORE MADE SEAFOOD CLAM & WHITE SAUCE
PREPARED FROZEN, 150g

4.99 ea.

125 points

SEAFOOD CLEAR OCEAN COATED SALAD SCALLOPS
FROZEN, 100g

\$1 bonus points

9.99 ea.

CEDAR BAY CANADIAN LOBSTER MAC & CHEESE
FROZEN, 100g

WILD SEA

5.99 ea.

125 points

BETTER FISH BARRAMUNDI BUTTERFISH BARRAMUNDI FILLETS
FROZEN, 100g

\$1 bonus points

14.99 ea.

TRUE NORTH HOT SMOKED SALMON
FROZEN, 100g

30 pieces
INVISIBITE
CRISPY CALAMARI
NET WT. 10.5 OZ (298g)
e.s.

40 pieces
INVISIBITE
SHRIMP PRO TAUR
NET WT. 10.5 OZ (298g)
e.s.

50 pieces
INVISIBITE
SMOKED SPICY
SALMON COAT ALL ALIC.
SHRIMP COAT SALMON
NET WT. 10.5 OZ (298g)
e.s.

50 pieces
INVISIBITE
COCONUT SHRIMP
NET WT. 10.5 OZ (298g)
e.s.

249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.
249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.
249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.
249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.
249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.
249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.
249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.
249 ea.	249 ea.	129 ea.	199 ea.	399 ea.	399 ea.	399 ea.	399 ea.



**ONLINE
EXCLUSIVE**

metro.ca

Enjoy the Offer

FREE

3-CHEESE TORTELLINI

800 g

WHEN YOU SPEND \$130 OR MORE*



\$9⁴⁹
VALUE

PROMO CODE
TORTELLINI

*Certain conditions apply. Details on metro.ca

More Great Savings



349 ea.
ON THE BORDER PIZZERIA POP OR
TOASTER STRUDEL SAUCCES
100g (3.5oz)



349 ea.
DOLE FRUIT CUPS
100g (3.5oz)



1099 ea.
SPLENDA SWEETENER
200g (7.1oz)



499 ea.
SELECTION PEANUT BUTTER
250g (8.8oz)



549 ea.
LIFE CEREAL
100g (3.5oz)



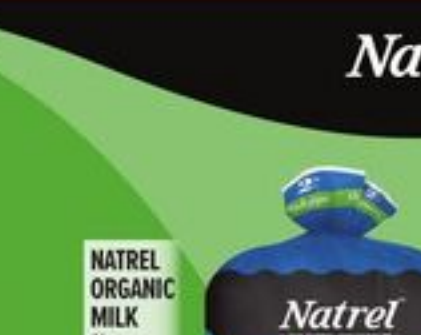
1999 ea.
MAXWELL HOUSE OR
HARDON COFFEE CAPSULES
100g (3.5oz)



399 ea.
HELLMANN'S MAYONNAISE
200g (7.1oz)



579 ea.
NATREL ORGANIC COFFEE CREAM
100g (3.5oz)



1079 ea.
NATREL ORGANIC MILK
100g (3.5oz)



629 ea.
LACTANTIA LACTOSE FREE MILK
100g (3.5oz)



1199 ea.
KIRI YOGURT
100g (3.5oz)



399 ea.
GOGO SQUEEZE SNACK
100g (3.5oz)



399 ea.
ACTIVIA GUT HEALTH CHALLENGE
100g (3.5oz)



199 ea.
ICEBERG JUICE
100g (3.5oz)



399 ea.
ALLEN'S JUICE
100g (3.5oz)



299 ea.
FRUITE DRINKS
100g (3.5oz)



699 ea.
REAL DAIRY ICE CREAM OR
FROZEN DESSERT
100g (3.5oz)



699 ea.
NESTLE FROZEN TREATS OR
DRINKS
100g (3.5oz)



599 ea.
HÄAGEN-DAZS ICE CREAM
100g (3.5oz)

moi rewards



join today and save

Certain conditions apply,
see moirewards.ca for conditions.
Moi Rewards is a trademark of Metro Inc.

Organic

LUNDBERG
RICE CAKES 375g
SELECTED VARIETIES

7⁹⁹
ea.

Kashi
KASHI
GRANOLA BARS 175g
SELECTED VARIETIES

3⁴⁹
ea.

KICKING HORSE
GROUND COFFEE 100g
SELECTED VARIETIES

13⁹⁹
ea.

ROCKWELL'S
COCONUT OIL 500ml
SELECTED VARIETIES

21⁹⁹
ea.

BETTER THAN
NOODLES
KONJAC NOODLES 500g
SELECTED VARIETIES

4⁹⁹
ea.

KOUKLA
DELIGHTS
BITE SIZE COCONUT BEVERAGE 1L
SELECTED VARIETIES

8⁹⁹
ea.

VITA COCO
ORGANIC COCONUT BEVERAGE 1L
SELECTED VARIETIES

3⁹⁹
ea.

Whole Grains

CRUNCHMASTER
CRACKERS 100g
SELECTED VARIETIES

6⁴⁹
ea.

PRANA
GRANOLA CEREAL 250g
SELECTED VARIETIES

4⁹⁹
ea.

ALLERGY SMART
COOKIES 100g
SELECTED VARIETIES

4⁹⁹
ea.

GOLDYS
SUPERSEED CEREAL 250g
SELECTED VARIETIES

7⁴⁹
ea.

BARNEY BUTTER
ALMOND BUTTER 250g
SELECTED VARIETIES

8⁹⁹
ea.

SEAMARK
MINI BISCOTTI CRACKERS 100g
SELECTED VARIETIES

7⁴⁹
ea.

humble
POTATO CHIPS 100g
SELECTED VARIETIES

4⁴⁹
ea.

Household Helpers

SELECTION DISH
DETERGENT OR
FOOD WRAP 500ml
SELECTED VARIETIES

2⁴⁹
ea.

CASCADE
DISHWASHER
DETERGENT 750ml
SELECTED VARIETIES

10⁹⁹
ea.

Bounty
PAPER TOWELS 100% COTTON
SELECTED VARIETIES

10⁹⁹
ea.

Charmin
TOILET OR CLOSET
BATHROOM TISSUE 100% COTTON
SELECTED VARIETIES

10⁹⁹
ea.

DELICIOUS
CAT TREATS 100g
SELECTED VARIETIES

8⁴⁹
ea.

WUNDERBARK
DOG TREATS 100g
SELECTED VARIETIES

6⁹⁹
ea.

FANCY FEAST
MULTIPACK WET
CAT FOOD 100g
SELECTED VARIETIES

11⁴⁹
ea.

MILK BONE
BRUSHING CHEWS 100g
SELECTED VARIETIES

12⁹⁹
ea.

5X
faster
vs. leading all-
purpose cleaners*
*on limescale

SCRUBBING
BUBBLES
GEL FOAM
CLEANER 500ml
SELECTED VARIETIES

6⁹⁹
ea.

GLAD
MADE AT HOME
FOR YOUR HOME.
GLAD
BLACK GARAGE BAGS 100% COTTON
SELECTED VARIETIES

12⁹⁹
ea.

Start clean. CLOROX
CLOROX BLEACH 1L
SELECTED VARIETIES

6⁴⁹
ea.

GET TOUGH ON ODOUR
AND SAVE!

ARM & HAMMER
CLUMPING LITTER 100g
SELECTED VARIETIES

19⁹⁹
ea.

DOUBLE DUTY
CLUMP SEAL 100g
SELECTED VARIETIES

28⁴⁹
ea.

FOR PERSONALIZED COUPONS, DOWNLOAD OUR APP OR VISIT metro.ca

Baby Care



GERBER
BABY SNACKS
10.5 OZ (300g)
ea.

4⁴⁹



HUGGIES
natural care
BABY WIPES
160 WIPES
ea.

9⁹⁹



PAMPERS
natural care
BABY WIPES
160 WIPES
ea.

22⁹⁹



GERBER
BABY CEREAL
10.5 OZ (300g)
ea.

5⁹⁹



LIVE CLEAN
BABY SHAMPOO
10.5 OZ (300g)
ea.

12⁹⁹



L'OREAL KIDS
BABY SHAMPOO
10.5 OZ (300g)
ea.

6⁴⁹

Health & Beauty



NIVEA
LIP CARE
10.5 OZ (300g)
ea.

5⁴⁹



POND'S
FACIAL MOISTURIZING
CREAM
10.5 OZ (300g)
ea.

11⁴⁹



OLAY
FACE CARE
CREAM
10.5 OZ (300g)
ea.

13⁹⁹



HERBAL ESSENCES
HAIR MOUSSE
10.5 OZ (300g)
ea.

5⁹⁹



HERBAL ESSENCES
HAIR CARE
10.5 OZ (300g)
ea.

9⁹⁹



BARE
HEAD & SHOULDERS
HAIR CARE
10.5 OZ (300g)
ea.

13⁴⁹



PANTENE PRO-V
HAIR CARE
10.5 OZ (300g)
ea.

6⁴⁹



THE UNSCENTED
COMPANY
BODY SOAP
10.5 OZ (300g)
ea.

12⁴⁹



LIVE CLEAN
BODY WASH
10.5 OZ (300g)
ea.

8⁹⁹



EVERY MAN JACK
BODY WASH
10.5 OZ (300g)
ea.

9⁴⁹



AVEENO
BODY WASH
10.5 OZ (300g)
ea.

12⁴⁹



AVEENO
BODY LOTION
10.5 OZ (300g)
ea.

12⁹⁹



SENSODYNE
TOOTHPASTE
10.5 OZ (300g)
ea.

6⁴⁹



CREST
TOOTHPASTE
10.5 OZ (300g)
ea.

4⁹⁹



ORAL-B
DENTAL FLOSS
10.5 OZ (300g)
ea.

7⁹⁹



LISTERINE
MOUTHWASH
10.5 OZ (300g)
ea.

7⁴⁹



IRISH SPRING
BAR SOAP
10.5 OZ (300g)
ea.

4⁴⁹



SOFTSOAP
HAND SOAP
10.5 OZ (300g)
ea.

7⁹⁹



SOFTSOAP
BODY WASH
10.5 OZ (300g)
ea.

5⁹⁹



EVERY MAN JACK
DEODORANT
10.5 OZ (300g)
ea.

7⁴⁹



PERSONNELLE
DISPOSABLE RAZORS
10.5 OZ (300g)
ea.

3⁹⁹



POISE
ADULT INCONTINENCE
PADS
10.5 OZ (300g)
ea.

7⁹⁹



TAMPAX
SANITARY TAMPONS
10.5 OZ (300g)
ea.

6⁹⁹



DIVA
MENSTRUAL CUP
10.5 OZ (300g)
ea.

20% OFF



We take pride in sourcing locally from the
Escarpment Region.

UNIOPOL ROLLED
CHICKEN WITH
GARLIC, DILL
OR JALAPENO
11.75/lb

2⁵⁹
/100g



JENSEN
CHEESE CURDS
12.66/lb
SELECTED VARIETIES

2⁷⁹
/100g



NOSTRAS ENTRÉES
FROZEN, 850 g
SELECTED VARIETIES

10⁹⁹
ea.



JAKEMAN'S
MAPLE CREAM COOKIES
OR PANCAKE MIX
400 - 500 g

4⁹⁹
ea.



QUINTA
CANADIAN QUINOA
400 g

6⁹⁹
ea.



DUTCHMAN'S
GOLD BEE POLLEN
250 g
SELECTED VARIETIES

15⁹⁹
ea.



Effective January 8 - 28, 2026

NEW

FLAVOUR

JACK HYMAN

WILLIAM NYLANDER

SARAH NURSE

TEAM OREO GIVING

\$200,000

IN YOUTH HOCKEY EQUIPMENT GRANTS

APPLY AND LEARN MORE

OREOPLAYFUL.CA

OREO CAKESTERS

NEW

25 points

549 ea.

OREO CAKESTERS 2018 SELECTED VARIETIES

OREO CAKESTERS

NEW

25 points

850 ea.

OREO CAKESTERS 2018 SELECTED VARIETIES

CADBURY CHOCOLATE BARS

DAIRY MILK

MINI EGGS

399 ea.

CADBURY CHOCOLATE BARS 2018 SELECTED VARIETIES

CHRISTIE RITZ DRIZZLED MINIS

NEW

25 points

549 ea.

CHRISTIE RITZ DRIZZLED MINIS 2018 SELECTED VARIETIES

MAYNARD'S CANDY

SOUP PATCH

299 ea.

MAYNARD'S CANDY 2018 SELECTED VARIETIES

CRISPER

BIT'S & BITES

700 ea.

CRISPERS OR BIT'S & BITES 2018 SELECTED VARIETIES

CADBURY CHOCOLATE BARS

DAIRY MILK

MINI EGGS

679 ea.

CADBURY CHOCOLATE BARS 2018 SELECTED VARIETIES

CADBURY FINGERS

20 points

449 ea.

CADBURY FINGERS 2018 SELECTED VARIETIES

OREO mini

20 points

650 ea.

OREO mini 2018 SELECTED VARIETIES

RITZ

20 points

750 ea.

RITZ 2018 SELECTED VARIETIES

BRING HOME A WIN WITH 2 OFFERS FROM 

FREE TOQUE*

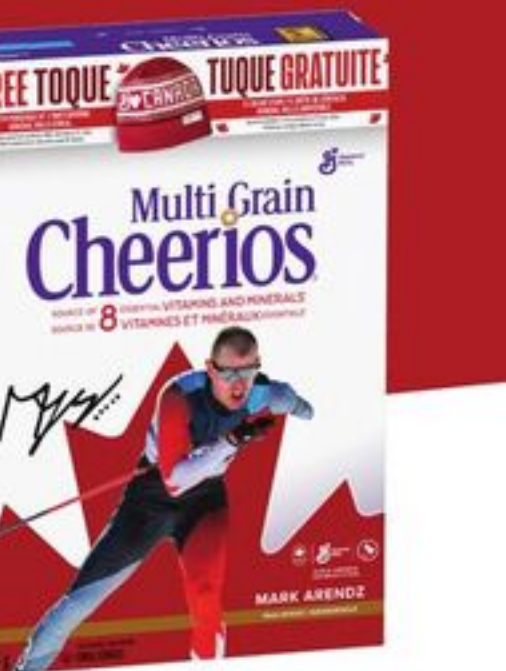
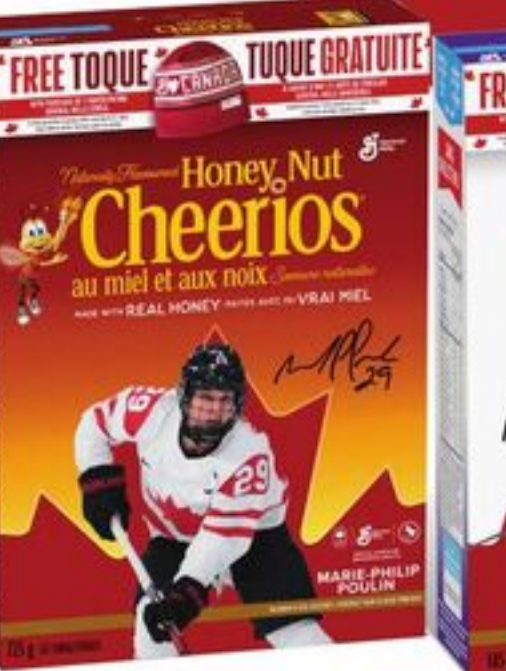
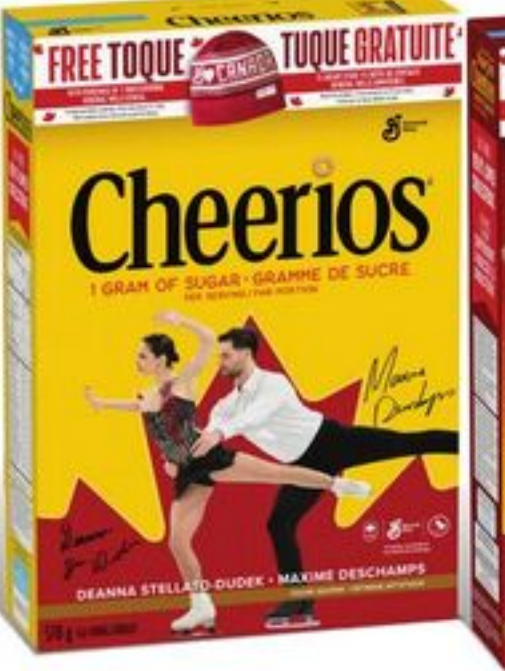


WITH PURCHASE OF 1 PARTICIPATING GENERAL MILLS CEREAL.
*Limited quantities available. Offer ends March 31, 2024. Most redeem online. See participating packaging for details.



GENERAL MILLS FAMILY SIZE CEREALS
SELECTED SIZES
SELECTED VARIETIES

5⁹⁹ ea.





OLD EL PASO MEXICAN KITS
SELECTED SIZES
SELECTED VARIETIES

2 for 9⁰⁰



BUY 2 OLD EL PASO® KITS AND GET **\$10 TO FILL UP**** YOUR TACOS
UPLOAD YOUR RECEIPT ONLINE

**Must redeem online. Limited offer available. Offer ends March 31, 2024. See participating packaging for details.



NATURE VALLEY GRANOLA BARS
100% WHOLE GRAIN
SELECTED VARIETIES

2⁹⁹ ea.



LARABAR BARS
54 BARS
SELECTED VARIETIES

9⁹⁹ ea.

BETTY CROCKER FRUIT SNACKS
100% FRUIT
SELECTED VARIETIES

2⁹⁹ ea.