FOOD LION

January 7 - January 13, 2026 Offers valid while supplies last.

Our *weekly deals* will save you the most!

26-30 Ct. 16 Oz. Bag - Frozen
FOOD LION RAW OR COOKED SHRIMP
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOTSALE! MVP
9.99 LB USDA CHOICE
YOU SAVE $4.00 LB
BEEF T-BONE STEAK
W/O MVP Card $13.99 LB

HOTSALE! MVP
99¢ LB
W/O MVP Card Regular Retail
Family Pack
FOOD LION CHICKEN DRUMSTICKS OR THIGHS

HOTSALE! MVP
2.99 LB
W/O MVP Card $5.39 LB
Boneless, Center Cut
PORK CHOPS

HOTSALE! MVP
5.99 LB
W/O MVP Card $7.99 LB
Freshly Sliced Select Varieties
FOOD LION TURKEY OR CHICKEN BREAST
IN THE DELI

YOU SAVE $2.00 EA
HOTSALE! MVP
2.99 EA
3 Lb. Bag
MANDARINS
W/O MVP Card $4.99 EA

HOTSALE! MVP
2/$1
W/O MVP Card Regular Retail
HASS AVOCADOS OR MANGOS

HOTSALE! MVP
2/$4
W/O MVP Card Regular Retail
5 Lb. Bag
FOOD LION RUSSET POTATOES
3 Lb. Bag
FOOD LION YELLOW ONIONS

HOTSALE! MVP
2/$5
W/O MVP Card $3.49 EA
3 Ct.
FOOD LION RAINBOW BELL PEPPERS

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
8 Pack 12 Oz. Bottles or 12 Oz. Cans Select Varieties
PEPSI PRODUCTS
LIMIT 4 FREE

8-14.40 Oz. Select Varieties
TASTYKAKE BAGGED DONUTS OR SNACKS
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

4.75-8 Oz. Select Varieties
LAY'S POTATO CHIPS OR POPCORNERS
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

9.25-14 Oz. - Select Varieties
MARIE CALLENDER'S BOWLS OR HEALTHY CHOICE DINNERS
HOTSALE! MVP 2/$5
W/O MVP Card $5.69 EA

HOTSALE! MVP
20.99
24 Pack 12 Oz. Bottles or Cans Select Varieties
BUD, MILLER, COORS OR YUENGLING

6.5-11 Oz. - Select Varieties
KETTLE BRAND POTATO OR LATE JULY TORTILLA CHIPS
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
71-11.3 Oz. Select Varieties
VOORTMAN ZERO SUGAR COOKIES OR WAFERS
LIMIT 4 FREE

14-1.21-8 Oz. Select Varieties
DIGIORNO PIZZA
HOTSALE! MVP BOGO FREE
W/O MVP Card $8.99 EA Single Item Half Price

10 Pack Select Varieties
LANCE CRACKERS
HOTSALE! MVP 3.99 LB
W/O MVP Card Regular Retail

150 Oz. Select Varieties
PUREX
HOTSALE! MVP 7.99 EA
W/O MVP Card $12.29 EA

MVP DIGITAL COUPON
Load in App Online or Scan Here
HOT SALE! 2/$6 W/ MVP Card Add to Cart
MVP Coupons -$0.00 Add to Cart
9.6-13.3 Oz. Select Varieties
KELLOGG'S SPECIAL K CEREAL
2/$4 MVP DIGITAL COUPON Add to Cart

6-8 Oz. Select Varieties
FOOD LION SHREDDED CHEESE
PRICE FOR THEM 2/$4

HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail
8 Pack Select Varieties
DOLE FRUIT BOWLS

14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA
HOTSALE! MVP 1 EA
W/O MVP Card $1.59 EA

HOTSALE! MVP 9.99 LB
W/O MVP Card Regular Retail
12 Rolls 1 Ply or 10 Mega Rolls 2 Ply Select Varieties
SCOTT BATH TISSUE
8 Double Rolls
SCOTT PAPER TOWELS
Select Varieties

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN & MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

1 ZVBL ZVRO 01/07/26

Earn rewards when you buy any of your favorites from:

Condiments & Soda/Water/Beverage/Non-Refrigerated Juice

FOOD LION MVP customer

SHOP&EARN

MONTHLY REWARDS

Check Your Progress

Fresh flavors for your weeknight table!

100% FRESH OR DOUBLE YOUR MONEY BACK

HOTSALE! NOW! 4.99 LB
Ground Fresh Daily
73% LEAN FRESH GROUND BEEF
W/O MVP Card Regular Retail

HOTSALE! NOW! 7.49 LB
W/O MVP Card Regular Retail
BONELESS STEW BEEF
ANGUS

HOTSALE! NOW! 6.99 LB
W/O MVP Card Regular Retail
Beef
BOTTOM ROUND ROAST OR SHOULDER ROAST
ANGUS

HOTSALE! NOW! 3.19 LB
W/O MVP Card Regular Retail
Family Pack
BONELESS, SKINLESS CHICKEN THIGHS

HOTSALE! NOW! 10.99 LB
W/O MVP Card Regular Retail
Fresh
Select Varieties
SCHWEID & SONS GOURMET BURGERS

HOTSALE! NOW! 1.49 LB
W/O MVP Card Regular Retail
FRESH PORK PICNIC

HOTSALE! NOW! 3.99 LB
W/O MVP Card Regular Retail
BOSTON BUTT COUNTRY STYLE PORK RIBS

HOTSALE! NOW! 79¢ LB
W/O MVP Card Regular Retail
Sold in 10 Lb. Bag
FRESH CHICKEN LEG QUARTERS

Easy dinners for A+ families!

HOTSALE! NOW! 5.99 LB
W/O MVP Card Regular Retail
22 Oz. Pkg.
All Varieties
HATFIELD SEASONED PORK LOIN FILET

HOTSALE! NOW! BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
20-24 Oz. Pkg.
Select Varieties
RESER'S MAIN STREET BISTRO SIGNATURE SIDE

12-16 Oz. Pkg. - Select Varieties
OSCAR MAYER SLICED BACON
HOTSALE! NOW! 5.49 LB
W/O MVP Card Regular Retail

16 Oz. Pkg. - Select Varieties
JIMMY DEAN REGULAR SAUSAGE ROLL
HOTSALE! NOW! 3.99 LB
W/O MVP Card Regular Retail

7-9 Oz. Pkg. - Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
HOTSALE! NOW! 3.99 LB
W/O MVP Card Regular Retail

2.25-4.5 Oz. Pkg. - Select Varieties
OSCAR MAYER BASIC LUNCHABLES
HOTSALE! NOW! 3/$5
W/O MVP Card Regular Retail

12 Oz. Pkg. - Select Varieties
GODSHALL'S TURKEY BACON
HOTSALE! NOW! 4.99 LB
W/O MVP Card Regular Retail

SUSTAINABLY SOURCED SEAFOOD

HOTSALE! NOW! 7.99 LB
W/O MVP Card Regular Retail
10 Oz.
SALMON FILLETS OR WILD CAUGHT TUNA STEAKS

HOTSALE! NOW! 2.99 LB
W/O MVP Card Regular Retail
14 Oz. Pkg.
FOOD LION IMITATION CRAB MEAT

HOTSALE! NOW! 6.99 LB
W/O MVP Card Regular Retail
12 Oz. Bag - Frozen
Select Varieties
FOOD LION TUNA FILLETS

HOTSALE! NOW! 10.99 LB
W/O MVP Card Regular Retail
40 Oz. Pkg.
Frozen
FOOD LION SWAI

Apps to kick off *game day*

Shop Now

Quick eats $5 each!

Each sold separately in our deli and bakery.

HOTSALE! MVP SHOPPER $5 EA W/O MVP Card $5.99 EA
20 Ct. Made Hot In-Store **CHICKEN NUGGETS**

HOTSALE! MVP SHOPPER $5 EA W/O MVP Card $5.99 EA
18 Oz. Select Varieties **FOOD LION FRESH PASTA**

HOTSALE! MVP SHOPPER $5 EA W/O MVP Card $6.99 EA
14-15.8 Oz. **VICOLO PIZZA**

DELIcious BOGOs of the week!

HOTSALE! MVP SHOPPER BOGO FREE W/O MVP Card $4.99 EA Single Item Half Price
14 Oz. Select Varieties **GARDEN FRESH GOURMET BLUE TORTILLA CHIPS**

HOTSALE! MVP SHOPPER BOGO FREE W/O MVP Card $3.49 EA Single Item Half Price
6 Ct. **TEXAS TOAST**

HOTSALE! MVP SHOPPER BOGO FREE W/O MVP Card Regular Retail Single Item Half Price
LOFTHOUSE FROSTED SUGAR COOKIES

Save on easy meal & snacking solutions!

Available in our Deli & Bakery

HOTSALE! MVP SHOPPER 4.99 EA W/O MVP Card $6.99 EA
10 Oz. Assorted Parmesan Cups **BELGIOIOSO CHEESE**

HOTSALE! MVP SHOPPER 6.99 EA W/O MVP Card $9.49 EA
18 Oz. Select Varieties **BABYBEL MINIS**

HOTSALE! MVP SHOPPER 2.99 EA W/O MVP Card $3.99 EA
7 Oz. Select Varieties **SABRA CLASSIC GUACAMOLE**

HOTSALE! MVP SHOPPER 4.99 EA W/O MVP Card $5.49 EA
14-16 Oz. Select Varieties **FOOD LION SLICED LOAF CAKES**

HOTSALE! MVP SHOPPER 4.99 EA W/O MVP Card $5.49 EA
FOOD LION STRIP DANISH

taste of Inspirations®

A FOOD LION private brand

Our brand of distinctive products with exceptional flavor, handcrafted from select ingredients.

Taste the difference for yourself!

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

HOTSALE! MVP SHOPPER 3.99 EA W/O MVP Card $4.99 EA
12-14 Oz. Select Varieties **TASTE OF INSPIRATIONS PASTA SALAD** IN THE DELI

8 Oz. Select Varieties **TASTE OF INSPIRATIONS PRE-SLICED CHEESE** IN THE DELI

HOTSALE! MVP SHOPPER 3.99 EA W/O MVP Card $4.49 EA

10 Oz. Select Varieties **TASTE OF INSPIRATIONS JELLY**

HOTSALE! MVP SHOPPER 3.69 EA W/O MVP Card $3.99 EA

6.5-7 Oz. Select Varieties **TASTE OF INSPIRATIONS CRISPS**

HOTSALE! MVP SHOPPER 2/$5 W/O MVP Card Regular Retail

3.5 Oz. Select Varieties **TASTE OF INSPIRATIONS SWISS CHOCOLATE BAR**

HOTSALE! MVP SHOPPER 2.79 EA W/O MVP Card $3.29 EA

8.5-9 Oz. Select Varieties **TASTE OF INSPIRATIONS DREAM MIX**

HOTSALE! MVP SHOPPER 6.99 EA W/O MVP Card Regular Retail

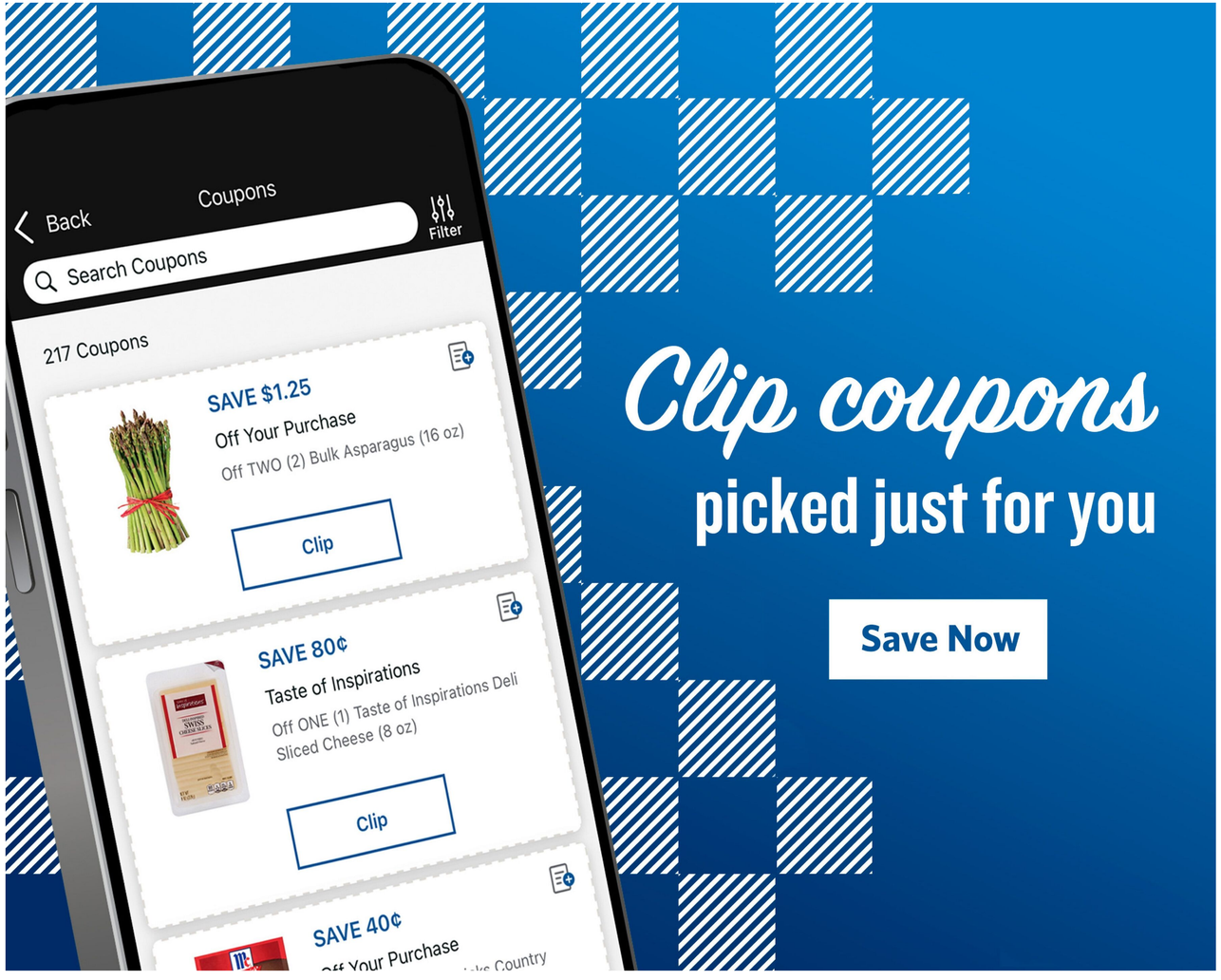
MVP SHOP & EARN MONTHLY REWARDS

Earn extra rewards while you shop

Activate your January offers on foodlion.com or the Food Lion app to earn digital rewards and save even more!

Rewards offers must be earned within the same calendar month and expire at the end of the following month. Rewards can be used only at Food Lion, have no cash value and are not transferable. Rewards cannot be used toward the purchase of tobacco, alcohol, prescriptions, gift cards, stamps, services, including money orders, or lottery tickets and are not valid toward the purchase of dairy items in TN, PA or VA.

3 ZGPH ZGSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGHY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGS ZNGV ZNHP ZNHF ZNKL ZNNO ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRC ZVRG ZVRH ZVRO ZVTI ZVYR ZVWA ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWMA ZWRB9 01-07/26


Back
Coupons
Filter
Search Coupons
217 Coupons
SAVE $1.25
Off Your Purchase
Off TWO (2) Bulk Asparagus (16 oz)
Clip
SAVE 80¢
Taste of Inspirations
Off ONE (1) Taste of Inspirations Deli Sliced Cheese (8 oz)
Clip
SAVE 40¢
Clip coupons
picked just for you
Save Now

Game Day Eats!

18 Ct.
Made Hot In-Store
MILD OR SPICY WINGS
IN THE DELI
HOT SALE! MVP 9.99 EA
W/O MVP Card $14.99 EA

6-7.88 Oz.
Select Varieties
WISE POTATO CHIPS OR RIDGIES
HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail

20 Oz.
Select Varieties
FOOD LION BREADED MOZZARELLA CHEESE STICKS
HOT SALE! MVP 5.49 EA
W/O MVP Card $5.99 EA

20.6-23.45 Oz.
Select Varieties
FOOD LION CLASSIC CRUST PIZZA
PRICED LOW EVERY DAY
3.49 EA

14-16.5 Oz.
Select Varieties
Refrig. Cookies or Roll
PILLSBURY READY TO BAKE COOKIES
HOT SALE! MVP 3.49 EA
W/O MVP Card $4.89 EA

8 Oz.
Select Varieties
TASTE OF INSPIRATIONS CHEESE CUBES
IN THE DELI
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

PRICED LOW EVERY DAY

1.8-2.2 Oz.
Select Varieties
LIPTON RECIPE SECRETS SOUP & DIP MIXES
1.99 EA MVP
W/O MVP Card $2.49 EA

5 Lb.
Select Varieties
PILLSBURY FLOUR
3.99 EA MVP
W/O MVP Card $4.89 EA

MVP HOT SALE!

6.5 Oz.
Select Varieties
BETTY CROCKER MUFFIN POUCHES
$1 EA MVP
W/O MVP Card $1.29 EA

7.4 Oz. - Select Varieties
BOB'S RED MILL GLUTEN FREE OAT BARS
NEW ITEM
4.99 EA MVP
W/O MVP Card $5.99 EA

30 Oz.
Select Varieties
KRAFT MAYONNAISE
PRICED LOW EVERY DAY
MVP 4.99 EA
W/O MVP Card $6.99 EA

6 Oz.
FOOD LION RIPE PITTED LARGE OLIVES
PRICED LOW EVERY DAY
1.99 EA

20 Oz.
SARA LEE HONEY WHEAT BREAD
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

5-9.25 Oz.
Select Varieties
WISE CHEEZ DOODLES OR POPCORN
HOT SALE! MVP 2/$6
W/O MVP Card Regular Retail

HOT SALE! MVP 3.99 EA
W/O MVP Card Regular Retail

17.98-19.74 Oz.
Select Varieties
ORVILLE REDENBACHER'S GOURMET POPCORN

6 Oz.
Select Varieties
TEXAS PETE HOT SAUCE
HOT SALE! MVP 2/$3
W/O MVP Card $1.79 EA

4.5.5 Oz.
Select Varieties
SIMPLE MILLS GLUTEN-FREE COOKIES OR CRACKERS
HOT SALE! MVP 3.99 EA
W/O MVP Card Regular Retail

3-3.6 Oz.
Select Varieties
RUSSELL STOVER SUGAR FREE CANDY
HOT SALE! MVP 1.99 EA
W/O MVP Card $2.99 EA

9.9 Oz.
Select Varieties
TAKIS
HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail

28-29 Oz.
Select Varieties
GREEN GIANT FAMILY SIZED VEGETABLES
HOT SALE! MVP 2.19 EA
W/O MVP Card $2.59 EA

HOT SALE! MVP 6.99 EA
W/O MVP Card $9.29 EA

5 Lb.
MAHATMA JASMINE RICE

HOT SALE! MVP 5.99 EA
W/O MVP Card Regular Retail

24.75-26.7 Oz.
Select Varieties
NABISCO OREO OR CHIPS AHOY! PARTY SIZE

16 Oz.
Select Varieties
NATURE'S PROMISE ORGANIC HONEY
HOT SALE! MVP 5.99 EA
W/O MVP Card $6.29 EA

HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail

0.7 Oz.
Select Varieties
GIMME ORGANIC SEAWEED

HOT SALE! MVP 6.99 EA
W/O MVP Card Regular Retail

8-12 Pack
Select Varieties
MOTT'S APPLESAUCE POUCHES OR FRUIT SMOOTHIES

15 Oz.
FOOD LION CHILI
HOT SALE! MVP 1.79 EA
W/O MVP Card $2.29 EA

MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

27 Oz.
Select Varieties
DAVE'S KILLER ORGANIC BREAD

PRICED LOW EVERY DAY 6.49
MVP Digital Offer
MVP Coupon −1.00 OFF
5.49 EA
MVP DIGITAL DISCOUNT SAVINGS

47.8-7 Oz.
Select Varieties
HAMBURGER HELPER
HOT SALE! MVP 2/$3
W/O MVP Card $2.09 EA

14-16 Oz.
Select Varieties
BLUE DIAMOND ALMONDS
HOT SALE! MVP 6.99 EA
W/O MVP Card $10.99 EA

16.9 Oz.
PRIMAL KITCHEN AVOCADO OIL
HOT SALE! MVP 13.49 EA
W/O MVP Card $14.99 EA

4 ZNC0 ZDP4 ZG6A ZG4A ZG4T ZG4U ZGC4 ZGC9 ZGC7 ZGH8 ZGP1 ZG5A ZN56 ZNA ZNV ZN8A ZN8L ZN8M ZN87 ZN8A ZNWA ZNWK ZNW6 ZNCA ZNC0 ZNC8 ZNC4 ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNN8 ZNNF ZN4L ZN4D ZNP4 ZNP8 ZN9G ZNN4 ZNN L ZNN8 ZNN7 ZP4L ZP4M ZP4U ZG4U ZGC4 ZGC9 ZGC5 ZGC7 ZGF6 ZGFL ZGP8 ZG5L ZG5V ZG6A ZG6N ZG7A ZG7C ZN4 ZN4L ZN4N ZN4R ZN4U ZN4V ZN5C ZN5G ZN5L ZN5N ZN5R ZN5U ZN5V ZT7C ZT7E ZT7F ZT7H ZT7K ZT7N ZT7R ZT7S ZT7T ZV7R ZV8N ZV8R ZV8W ZV8Z ZV8F ZV8K ZV8L ZWCA ZWC L ZWNA ZWN8 ZWN5 ZWN6 ZWN7 ZWN8 ZWN9 01-01/26

Nature's Promise Organic
Penne Rigate
MACARONI PRODUCT
NET WT 16 OZ (1 LB) 454g
Nature's Promise Organic
Roasted Garlic Pasta Sauce
NET WT 24 OZ (1 LB 8 OZ) 680g
Simply good
for your goals
Shop Now

Hot SALE! MVP

LOCAL GOODNESS

Also known as where America began in 1607, VIRGINIA stretches across the Appalachian Mountains and the beautiful Atlantic coast, serving numerous products that are grown and made locally.

HOTSALE! MVP 10.99 EA — W/O MVP Card $11.99 EA
9 Inch
UKROP'S CHOCOLATE FUDGE PIE
IN THE BAKERY

HOTSALE! MVP 2/$4 — W/O MVP Card Regular Retail
12 Oz. Select Varieties
CRUNCHY SPARKLING WATER

HOTSALE! MVP 10.99 EA — W/O MVP Card Regular Retail
12 Oz. Select Varieties
BLANCHARD'S COFFEE

HOTSALE! MVP 3.49 EA — W/O MVP Card Regular Retail
8.35-11.7 Oz. Select Varieties
VIRGINIA DINER OLD FASHIONED MIX

HOTSALE! MVP 5.99 EA — W/O MVP Card Regular Retail
12 Oz. Select Varieties
BUBBA'S SWEET NECTAR CLOVER HONEY

BEVERAGE CENTER

6 Pack - 16-16.9 Oz. Bottles
Select Varieties
COKE PRODUCTS
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card $8.79 EA
Single Item Half Price

28 Oz.
Select Varieties
POWERADE
HOTSALE! MVP 5/$5
W/O MVP Card $1.69 EA

MVP PRICED LOW EVERY DAY 2.99 EA — W/O MVP Card $3.68 EA
10 Pack
6 Oz. Pouches
Select Varieties
KOOL-AID JAMMERS

HOTSALE! MVP 3.69 EA — W/O MVP Card $4.49 EA
8 Pack - 12 Oz. Cans
Select Varieties
WATERLOO SPARKLING WATER

3.38 Oz.
Select Varieties
LIQUID I.V.
HOTSALE! MVP 8.99 EA — W/O MVP Card $9.99 EA

HOTSALE! MVP 4.99 EA — W/O MVP Card $6.49 EA
6 Pack - 12 Oz. Cans
Select Varieties
ZEVIA

HOTSALE! MVP 6.99 EA — W/O MVP Card $8.49 EA
6 Pack
16.9 Oz. Bottles
Select Varieties
PURE LEAF TEA

750 ml
Select Varieties
BAREFOOT OR SUTTER HOME WINE
HOTSALE! 6.99 EA

750 ml
Select Varieties
SEAGLASS OR MATUA WINE
HOTSALE! 11.99 EA

750 ml
Select Varieties
MEIOMI WINE
PRICED LOW EVERY DAY 19.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 19.99 EA
30 Pack - 12 Oz. Cans
Select Varieties
NATURAL LIGHT, BUSCH, KEYSTONE LIGHT OR PABST BLUE RIBBON

HOTSALE! 14.99 EA
12 Pack
12 Oz. Bottles or Cans
Select Varieties
MICHELOB ULTRA, BLUE MOON OR MODELO ORO

HOTSALE! 17.99 EA
12 Pack - 12 Oz. Cans
WHITE CLAW OR TRULY
8 Pack - 12 Oz. Cans
HIGH NOON
Select Varieties

HOTSALE! 17.99 EA
12 Pack - 12 Oz. Bottles or Cans
MODELO
12 Pack - 11.2-12 Oz. Bottles or Cans
HEINEKEN OR PERONI
Select Varieties

HOTSALE! 10.99 EA
6 Pack - 12 Oz. Cans
Select Varieties
THREE NOTCH'D
6 Pack - 12 Oz. Bottles or Cans
DEVILS BACKBONE OR STARR HILL

Beer and Wine may not be available in all locations. Check your store for availability.

5 ZV8L ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX 01:07:26

FREE* Pickup or $5 OFF Delivery

when you buy any 5 participating products.

Shop Offer

*Restrictions apply. Click button for more details.

DAIRY

HOTSALE! MVP 5/$5
4.5-5.3 Oz. - Select Varieties
CHOBANI GREEK OR ZERO SUGAR YOGURT
W/O MVP Card Regular Retail

32 Oz.
Select Varieties
DANNON TRADITIONAL YOGURT
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.49 EA

48 Oz.
Select Varieties
SILK PROTEIN MILK
NEW ITEM
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 2.99 EA
W/O MVP Card $4.89 EA

15-16 Oz. Tub or Stick
Select Varieties
I CAN'T BELIEVE IT'S NOT BUTTER!

52 Oz.
Select Varieties
FLORIDA'S NATURAL ORANGE JUICE
HOTSALE! MVP 3.49 EA
W/O MVP Card $5.49 EA

14.32 Oz.
Select Varieties
NESTLÉ COFFEE MATE CREAMER OR COLD FOAM
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

PRICED LOW EVERY DAY 1.99 EA

8 Oz.
Select Varieties
FOOD LION CREAM CHEESE

64 Oz.
Select Varieties
ALMOND BREEZE ALMONDMILK
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.79 EA

6 Oz.
Select Varieties
SARGENTO SHAREABLES OR STICKS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 4.49 EA
W/O MVP Card $4.99 EA

6 Pack or 32 Oz. Tub
Select Varieties
STONYFIELD ORGANIC OR YOBABY YOGURT

FROZEN

MVP PRICED LOW EVERY DAY 4.99 EA
21 Oz.
Select Varieties
BIRDS EYE VOILA! DINNERS
W/O MVP Card Regular Retail

HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

15 Oz.
Select Varieties
MARIE CALLENDER'S POT PIE

MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $7.39 EA

10.4-19.2 Oz.
Select Varieties
SWAGGERTY'S BREAKFAST SANDWICHES

5.25-12 Oz.
Select Varieties
MORNING STAR FARMS FROZEN FOODS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

5.34-11.6 Oz.
Select Varieties
RED BARON DEEP DISH SINGLES
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.79 EA

9.2 Oz.
Select Varieties
NATURE'S PREMIUM FRUIT PEARLS
HOTSALE! MVP 4.49 EA
W/O MVP Card $5.49 EA

28-40 Oz.
Select Varieties
STOUFFER'S FAMILY SIZE DINNERS
MVP PRICED LOW EVERY DAY 9.99 EA
W/O MVP Card $12.29 EA

10.25-11 Oz.
Select Varieties
P.F. CHANG'S BOWLS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

20.8-24 Oz.
Select Varieties
TYSON CHICKEN SANDWICHES
HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA

HOTSALE! MVP 9.99 EA
W/O MVP Card $10.99 EA

16-28 Oz.
Select Varieties
SEAPAK FROZEN SEAFOOD

BREAKFAST

6.88-9.75 Oz.
Select Varieties
ENTENMANN'S LITTLE BITES MUFFINS
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $5.49 EA

11-16 Oz. Bag
Select Varieties
NATURE VALLEY GRANOLA
HOTSALE! MVP 3.49 EA
W/O MVP Card $5.49 EA

6.5-7.45 Oz.
Select Varieties
NATURE VALLEY PROTEIN OR WAFER BARS
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

30-35.3 Oz.
FOOD LION NON-DAIRY COFFEE CREAMER
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

30.4 Oz.
Select Varieties
FOOD LION FRUIT & GRAIN CEREAL BARS
PRICED LOW EVERY DAY 1.99 EA

MVP PRICED LOW EVERY DAY 3.69 EA
W/O MVP Card $5.29 EA

12-13 Oz.
Select Varieties
THOMAS' ENGLISH MUFFINS

10-12 Ct. K-Cups
Select Varieties
MAXWELL HOUSE OR GEVALIA COFFEE
HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 15.99 EA
W/O MVP Card $19.99 EA

32 Ct. K-Cups
Select Varieties
EIGHT O'CLOCK COFFEE

6.2NCO 2DFH 2DSA 2GAI 2GAT 2GAU 2GCH 2GCR 2GCT 2GRY 2KBG 2KNA 2KNV 2MBA 2MBL 2MBM 2MBT 2MDA 2MHA 2MMK 2MWS 2NCA 2NCG 2NCE 2NCH 2NCL 2NCR 2NCT 2NFL 2NGB 2NGL 2NGR 2NGS 2NGV 2NHP 2NLE 2NNB 2NNF 2NNL 2NNO 2NNA 2NRB 2NRG 2NRH 2NRK 2NRL 2NRR 2NTT 2NWA 2NWI 2NWL 2NWM 2NWN 2NWT 2PAL 2PHA 2PHI 2SAG 2SAU 2SCH 2SCL 2SCO 2SCT 2SFE 2SFL 2SFR 2SGL 2SGV 2SSA 2SSB 2TCA 2TCH 2THA 2THV 2TTR 2VBL 3CCH 3CKG 3DHA 3DMK 3DNO 3DPA 3DPB 3DPC 3DPD 3DPE 3DPL 3DPN 3DPO 3DPR 3DPS 3DPT 3DRA 3DRB 3DRC 3DRD 3DRE 3DRF 3DRG 3DRK 3DRL 3DRM 3DRO 3DRP 3DRR 3DRS 3DRT 3DRU 3DRV 3DRW 3DRX 3DRY 3DRZ 3DSA 3DSB 3DSC 3DSD 3DSE 3DSF 3DSG 3DSH 3DSI 3DSJ 3DSK 3DSL 3DSM 3DSN 3DSO 3DSP 3DSQ 3DSR 3DSS 3DST 3DTA 3DTB 3DTC 3DTD 3DTE 3DWH 3DWN 3DWR 3DWT 3DWU 3MBL 3MCA 3MCL 3MMA 3MMB 0100108

HEALTH & BEAUTY

HOTSALE! MVP 2/$5
25-40 Ct. Select Varieties
HALLS COUGH DROPS
W/O MVP Card $2.99 EA

45 Oz. Select Varieties
CHAPSTICK
HOTSALE! MVP 3.99 EA
W/O MVP Card $5.29 EA

HOTSALE! MVP 4.99 EA
5.1-6 Oz. Select Varieties
COLGATE TOTAL OR SENSITIVE TOOTHPASTE
W/O MVP Card Regular Retail

HOTSALE! MVP 5.69 EA
25 Ct. Select Varieties
NEUTROGENA TOWELETTES
W/O MVP Card $6.99 EA

22.5 Oz.
SUAVE ESSENTIALS SHAMPOO OR CONDITIONER
HOTSALE! MVP 2/$4
W/O MVP Card $2.49 EA

34-48 Oz. Select Varieties
DR. TEAL'S FOAMING BATH OR EPSOM SALT
HOTSALE! MVP 5.99 EA
W/O MVP Card $6.79 EA

16.8-26.5 Oz. Select Varieties
JERGENS LOTION
HOTSALE! MVP 7.49 EA
W/O MVP Card $8.99 EA

44 Oz. Select Varieties
ATKINS SHAKES
HOTSALE! MVP 7.99 EA
W/O MVP Card $9.99 EA

MVP DIGITAL COUPONS
Load on App · Online · In-Store Kiosk

HOT SALE! 12.99 EA
W/O MVP Card $18.99 EA
MVP Coupon -1.00 (OFF)
11.99 EA
MVP 36.90% DISCOUNT SAVINGS (MBT)
100 Ct. Select Varieties
ONE A DAY 50+ ADVANTAGE MULTIVITAMIN

HOT SALE! 12.99 EA
W/O MVP Card $14.29 EA
MVP Coupon -50¢ (OFF)
12.49 EA
MVP 12.50% DISCOUNT SAVINGS (MBT)
12 Oz. Select Varieties
DAYQUIL OR NYQUIL SEVERE COLD & FLU

HOT SALE! 4.99 EA
W/O MVP Card $5.99 EA
MVP Coupon -2.00 (OFF)
2.99 EA
MVP 16.70% DISCOUNT SAVINGS (MBT)
16 Oz. Select Varieties
DAWN POWERWASH

HOT SALE! 6.99 EA
W/O MVP Card $13.99 EA
MVP Coupon -2.00 (OFF)
4.99 EA
MVP 16.70% DISCOUNT SAVINGS (MBT)
80 Ct. Mega or 160 Ct. Regular Select Varieties
BOUNCE DRYER SHEETS

HOUSE & HOME

HOTSALE! MVP $1 EA
50 Ct. Snack or Sandwich Select Varieties
FOOD LION RECLOSABLE BAGS
W/O MVP Card Regular Retail

24 Ct. Select Varieties
FOOD LION PREMIUM DINNERWARE

HOTSALE! MVP 1.49 EA
W/O MVP Card Regular Retail

75 Ct. Select Varieties
FOOD LION DISINFECTING WIPES

HOTSALE! MVP 2.99 EA
W/O MVP Card $3.69 EA

12 Rolls Select Varieties
FOOD LION BATH TISSUE

HOTSALE! MVP 10.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
18-48 Ct. Select Varieties
DIXIE

3 Pk. Flats or 4 Pk. Cubes Select Varieties
PUFFS FACIAL TISSUE

HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 15.99 EA
W/O MVP Card Regular Retail
12 Double Rolls Select Varieties
FOOD LION PAPER TOWELS

84 Oz. Select Varieties
PERSIL LAUNDRY DETERGENT
HOTSALE! MVP 9.99 EA
W/O MVP Card $14.99 EA

PET

HOTSALE! MVP 1.19 EA
W/O MVP Card $1.39 EA
1.2 Oz. Select Varieties
FRISKIES LIL' SOUPS

3.15 Lb. Select Varieties
FRISKIES DRY CAT FOOD
HOTSALE! MVP 4.69 EA
W/O MVP Card $5.89 EA

13.2 Oz. Select Varieties
PEDIGREE CANNED DOG FOOD
HOTSALE! MVP 1.79 EA
W/O MVP Card $1.99 EA

16.5-20 Lb. Bag Select Varieties
PURINA DOG CHOW DRY DOG FOOD
HOTSALE! MVP 14.49 EA
W/O MVP Card $16.99 EA

BABY

3.5-4.2 Oz. Select Varieties
EARTH'S BEST ORGANIC SMOOTHIE OR PUREE POUCHES
HOTSALE! MVP 2/$3
W/O MVP Card $1.69 EA

HOTSALE! MVP 2.39 EA
W/O MVP Card $2.89 EA
52-72 Ct. Select Varieties
PAMPERS BABY WIPES

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA
4.69 Oz. Select Varieties
EARTH'S BEST ORGANIC SNACK BARS

HOTSALE! MVP 1.39 EA
W/O MVP Card $1.59 EA
3.5 Oz. Select Varieties
PLUM ORGANICS POUCHES

7 ZVBL ZVRO ZWBL 01/07/26

Keeping prices low on *guaranteed freshness!*

In our produce department you will find organics, seasonal and everyday favorites!

100% FRESH OR CHOOSE YOUR MONEY BACK

HOT SALE! MVP 3.49 EA W/O MVP Card Regular Retail

CANTALOUPES

PRICED LOW EVERY DAY 2.39 LB

RED SEEDLESS GRAPES

HOT SALE! MVP 1.99 EA W/O MVP Card Regular Retail

Whole GOLDEN PINEAPPLE

4 Ct. Tray Pack FOOD LION SWEET CORN

HOT SALE! MVP 2.99 EA W/O MVP Card Regular Retail

HOT SALE! MVP 1.79 LB W/O MVP Card Regular Retail

Bulk HONEYCRISP APPLES

BROCCOLI CROWNS

HOT SALE! MVP 1.79 LB W/O MVP Card Regular Retail

ICEBERG LETTUCE

HOT SALE! MVP 1.49 EA W/O MVP Card Regular Retail

4 Oz. Select Varieties NATURE'S PROMISE GREENHOUSE GROWN SALAD

HOT SALE! MVP 2.69 EA W/O MVP Card Regular Retail

White Supplies Last! 9.99 EA

BRIGHTER DAYS BOUQUET

ORGANIC

HOT SALE! MVP 3.29 EA W/O MVP Card Regular Retail

16 Oz. NATURE'S PROMISE ORGANIC CELERY HEARTS

USDA CERTIFIED ORGANIC

6 Oz. Pkg. ORGANIC BLUEBERRIES

HOT SALE! MVP 3.49 EA W/O MVP Card Regular Retail

USDA CERTIFIED ORGANIC

A zest of *freshness* in every bite!

HOT SALE! MVP 3.49 EA W/O MVP Card Regular Retail

3 Lb. Bag FOOD LION NAVEL OR CARA CARA ORANGES

Find us online: foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

North Tazewell, Richlands

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

FOOD LION

January 7 - January 13, 2026

Offers valid while supplies last.

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

14-14.8 Oz.
Select Varieties
HUNGRY JACK PANCAKES

HOT SALE! MVP 2/$6
W/O MVP Card $3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.8-10.9 Oz.
Select Varieties
TOTINO'S PIZZA

MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.16-11.7 Oz.
Select Varieties
PILLSBURY TOASTER STRUDEL

MVP PRICED LOW EVERY DAY 2/$6
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14-26 Oz.
Select Varieties
MCCAIN FROZEN POTATOES

HOT SALE! MVP 2/$7
W/O MVP Card $4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-21.60 Oz.
Select Varieties
DELIMEX SNACKS

HOT SALE! MVP 4.99 EA
W/O MVP Card $7.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4.5-8 Oz.
Select Varieties
BETTY CROCKER OR MOTT'S FRUIT SNACKS

HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

23.9-24 Oz.
Select Varieties
RAGÚ PASTA SAUCE

MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $3.58 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9 Oz.
Select Varieties
HÄAGEN-DAZS ICE CREAM BARS

HOT SALE! MVP 3.99 EA
W/O MVP Card $5.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

1.5-2 Oz.
Select Varieties
CRACKER BARREL BITES OR CUBES

HOT SALE! MVP 2/$3
W/O MVP Card $1.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties
SOUR PATCH KIDS CANDY

HOT SALE! MVP 2/$5
W/O MVP Card $3.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

8.4-12.1 Oz.
Select Varieties
QUAKER INSTANT OATMEAL

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8.44-9.75 Oz.
Select Varieties
LITTLE DEBBIE MINI MUFFINS

3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
JIF PEANUT BUTTER

HOT SALE! MVP
5.19 EA
W/O MVP Card $5.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.20-16.75 Oz. - Select Varieties
DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS

HOT SALE! MVP
4.99 EA
W/O MVP Card $6.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
YOPLAIT OUI YOGURT

1.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12 Oz. Bags
Select Varieties
LAVAZZA COFFEE

HOT SALE! MVP
8.49 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
BASKIN ROBBINS ICE CREAM

HOT SALE! MVP
3.49 EA
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 or 8 Pack
Select Varieties
V8 VEGETABLE JUICE OR V-FUSION ENERGY

5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

11-11.4 Oz.
Select Varieties
GORTON'S FISH FILLETS

HOT SALE! MVP
4.49 EA
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Pack - 12 Oz. Bottles
Select Varieties
BODYARMOR SPORTS DRINK

7.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

22-24 Oz.
Select Varieties
PICTSWEET FROZEN VEGETABLES

HOTSALE! MVP
2/$6
W/O MVP Card $4.89 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4.7 Oz.
Select Varieties
BREAKSTONE'S COTTAGE DOUBLES

1.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.7 Oz.
Select Varieties
DUNKIN' DONUTS ICED COFFEE

3.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-16 Oz.
Select Varieties
NATURE'S OWN KETO BUNS OR BREAD

HOTSALE! MVP
5.99 EA
W/O MVP Card $7.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
RAO'S HOMEMADE PASTA

3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
RED BULL ENERGY DRINK

11.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10 Oz.
Select Varieties
GREEN GIANT RICED VEGGIES CAULIFLOWER

HOTSALE! MVP
2/$5
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16-24 Oz.
Select Varieties
CELENTANO FROZEN PASTA

HOTSALE! MVP
3.99 EA
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Oz.
Select Varieties
WICKED CRISPS

2.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

64 Oz.
Select Varieties
MOTT'S JUICE

MVP PRICED LOW EVERY DAY
3.99 EA
W/O MVP Card $4.89 EA

BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26

FOOD LION MVP customer BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
MRS. CUBBISON'S CROUTONS

HOTSALE! MVP
2/$3
W/O MVP Card $2.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4.6 Oz.
Select Varieties
IDAHOAN PROTEIN MASHED POTATOES

1.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14.50-24 Oz.
Select Varieties
BOTTICELLI PASTA SAUCE

5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

1 Ct.
Select Varieties
MT. OLIVE PICKLE POUCH

1.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

15.5-16 Oz.
Select Varieties
RAO'S SOUP

4.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

33.8 Oz. Bottle
FIJI WATER

2.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

2.64 Oz.
NONGSHIM SOUP

HOTSALE! MVP
2/$3
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

19 Oz.
Select Varieties
CAMPBELL'S CHILI

3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

23.7 Oz. Sport Bottle
GLACÉAU SMART WATER

2.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Mega Rolls
CHARMIN ESSENTIALS
4 Double Rolls
BOUNTY ESSENTIALS
Select Varieties

6.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCH ZNCL ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26