



Family Foods



3⁹⁹
Each

**Fresh
Blueberries**

1 Pint.
Product of Peru/Mexico



4⁹⁹
lb
11.00/kg

**Compliments
Boneless
Skinless
Chicken
Breasts**

Frozen. Seasoned.
I.Q.F. Works out to
\$44.00 Per 4 Kg Box.



10⁹⁹
Each

**Compliments
Breaded Chicken**

Select Varieties. 1.47 - 1.5 kg. Frozen.

10⁹⁹
Each

**BUY
CANADIAN**



6⁴⁹

Compliments Muffins

Select Varieties. 400 - 440 g.

6⁴⁹

**BUY
CANADIAN**



2¹⁹

Compliments Wieners

Regular or Jumbo. 450 g.

2¹⁹

**BUY
CANADIAN**



Romaine Hearts
Product of Mexico/U.S.A.
Package of 3.

3⁹⁹
Each



**Dr. Oetker
Giuseppe Pizza**
Select Varieties.
Thin or Rising Crust 439 - 785 g.
Rip'n Share 480 g. Frozen.

4⁹⁴



**Lay's
Potato Chips**
Select Varieties.
220 - 235 g.

2/\$6⁵⁰



Heinz Beans or Pasta
Select Varieties. 398 mL.

2/\$3



**Vachon
Snack Cakes**
Select Varieties.
248 - 336 g.

2/\$7⁵⁰

**BUY
CANADIAN**

Support your Local Grocer!



Sale Prices in Effect
JANUARY 2026

Open Sundays in select locations only familyfoods.ca

thu fri sat sun mon tues wed

8 9 10 11 12 13 14

produce

Fresh
Raspberries
Product of Mexico/U.S.A.
340 g.

6⁹⁹
Each



Large Pineapple
Product of Costa Rica.

5⁹⁹
Each

Fresh Apples
Select Varieties. Product of Canada/U.S.A.

Cauliflower
Product of Mexico/U.S.A.

4⁹⁹
Each



Compliments Baby Cut Carrots
340 g. Product of U.S.A. **1⁹⁹**
Each



Fresh Brussels Sprouts
Product of Canada.

3⁹⁹
lb
8.80/kg



Tomatoes on the Vine or
Broccoli Crowns
Product of Canada/U.S.A./Mexico.

2⁴⁹
lb
5.49/kg



Compliments Red, White,
Russet or Yellow Potatoes
5 lb/2.27 kg. Product of Canada. **4⁹⁹**
Each



Long English Cucumbers
Product of Canada.

1⁹⁹
Each



Green Cabbage
Product of Canada.

99^c
lb
2.18/kg



Bulk White or Brown
Organic Mushrooms
Product of Canada. **4⁹⁹**
lb
11.00/kg

**BUY
CANADIAN**

deli

Castello Sliced Cheese
Select Varieties. 125 - 165 g.

5⁹⁹
Each



Mastro or San Daniele Meats
Select Varieties. Mortadella 175 g.
Prosciutto Cotto 125 g. Capocollo 125 g.

5⁴⁹
Each



Compliments Roast
Turkey Breast
Or Smoked. Sliced or Shaved.

2⁴⁹
100 g



Compliments Fresh Pasta
or Sauce
Select Varieties. Pasta 300 - 360 g.
Sauces 170 g. or 300 mL. **4⁹⁹**
Each



**BUY
CANADIAN**

fresh meat



Beef Sirloin
Tip Roast
Boneless.

7.99 lb
17.61/kg



Beef Top Sirloin
Grilling Steak
Boneless.

11.29 lb
24.89/kg



Short Rib Style
Boneless Brisket
Cut From Canada AA or Higher.

8.99 lb
19.82/kg



Fresh Pork Rib Roast or
Chops
Bone In.

3.49 lb
7.69/kg



Fresh Pork Belly
Boneless.

4.99 lb
11.00/kg



Panache Flattened Chicken
Select Varieties.

5.99 lb
13.21/kg



Fresh Chicken
Thighs or Drumsticks
Thighs Backbone Removed.

3.99 lb
8.80/kg



Tre Stelle
Bocconcini or
Feta Cheese
Select Varieties. 200 g.

6.49
Each



packaged meat *



Lou's Kitchen Slow
Roasted Meats

Or Lil' Juan's Mexican Style Meat.
Select Varieties. 300 - 400 g.

8.49
Each



Schneiders Pepperettes
Select Varieties. 60 g.

2.39
Each



Compliments Grilled Strips
Select Varieties. 150 - 200 g.

5.99
Each



Harvest Wieners
Regular or All Beef. 450 g.

7.29
Each



Compliments
Pork Sausages
Select Varieties. 1 - 1.4 kg. Frozen.

12.49
Each



Compliments Cooked Ham
Sliced. 175 g.

3.99
Each



Compliments Bologna
500 g.

7.99
Each



Harvest Beer Sausage
Bulk.

2.39
100 g



Harvest Garlic Sausage
Naturally Smoked. 500 g.

7.99
Each

chilled & frozen



Cracker Barrel Cheese
Select Varieties. Blocks 340 - 400 g.
Shredded 250 - 320 g.

749



CRACKER BARREL

PIZZA

CRACKER BARREL

SHREDDED



Black Diamond
Cheese Strings

Or Slices 825 g.
Select Varieties.
Cheese Strings 252 - 336 g.

BUY
CANADIAN

699



Simply Juices or
Beverages

Select Varieties. 1.54 Litre.

599



iöGO Multipack
Yogourt

Select Varieties. 16 x 100 g.

BUY
CANADIAN

799



Imperial Margarine
Soft Tub or Quarters.
1.28 - 1.36 kg.

699



**I Can't Believe
It's Not Butter**
427 g.

299



Nestle Coffee Mate

Select Varieties. 946 mL.

499



Lucerne Sour Cream

Select Varieties. 500 mL.

349



**Compliments
Orange Juice**
Or Iced Tea or Lemonade.
Select Varieties. 2.5 Litre.

699



**Häagen Dazs
Ice Cream**
Select Varieties.
Ice Cream 400 - 450 mL.
Ice Cream Bars
216 - 264 mL. Frozen.

599



**Compliments
Classic Pizza**
Select Varieties. Frozen.
352 - 446 g.

599



**Pillsbury
Pizza Pops**
Select Varieties. 2.85 kg.
Frozen.

1999



**Michelina's
Green Box Entrees**
Select Varieties. 227 - 284 g.
Pizza Snacks 128 g. Frozen.

46



**Compliments
Whipped Topping**
Regular or Light. 225 g.

399



**Compliments Tart
or Pie Shells**
Select Varieties. Tarts 255 g.
Pie Shells 285 - 340 g. Frozen.

27



Chapman's Ice Cream
Select Varieties. Frozen.
4 litre.

899



Best Buy Vegetables
Select Varieties. 750 g.
Frozen.

299

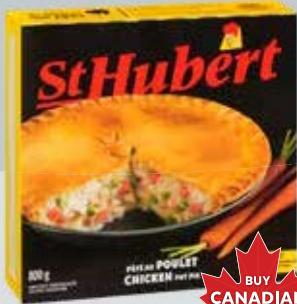


**Healthy Choice
Steamers or Entrees**
Or Marie Callender's Bowls.
Select Varieties. 255 - 349 g.
Frozen.

499

meat & seafood

value
size



St. Hubert Pot Pies
Select Varieties.
715 - 800 g. Frozen.

1049



**Compliments
Traditional
Beef Burgers**
Frozen. 2.27 kg.

2999



**Compliments
Bambino Pork
Sausages**
Select Varieties. 375 g.

499



**Compliments
Crab Flavoured
Alaskan Pollock**
Or Lobster Flavoured Chunks.
Select Varieties. 227 g.

349



**Compliments
Naturally Simple
Fish Fillets**
Select Varieties. 400 g.
Frozen.

1099

grocery

Clover Leaf Tuna
Select Varieties. 85 - 170 g.
Salmon Salad 78 g.

2/\$4.44



BUY CANADIAN
7.99

Bush's Best Beans
Select Varieties. 398 mL.

2/\$4.44



Unico Beans
Select Varieties. 540 mL.

1.69



Compliments Tomatoes
Select Varieties. 796 mL.

2.49



Clover Leaf Smoked Oysters or Mussels
Select Varieties. 85 g.

2/\$5



Compliments Refried Beans
Select Varieties. 398 mL.

1.79

Knorr Sidekicks
Select Varieties. 120 - 167 g.

1.99

398 mL.

Betty Crocker Instant Potatoes
Select Varieties. 141 - 215 g.

2.99

398 mL.



Stagg Chili
Select Varieties. 425 g.

4.49



Lipton Soup Mix, Cup A Soup or Knorr Soup Mix
Select Varieties. 40 - 166 g.

1.99



Mr. Noodles Cups
Select Varieties. 64 g.

1.29

398 mL.

beverages & snacks



Compliments
Spring Water
24 x 500 mL.

3⁹⁹



Monster, Full Throttle, NOS,
Bang or Reign
Energy Drinks
Select Varieties.
355 - 473 mL.

2/\$5.50



Gatorade
Select Varieties. 710 mL.

2/\$5



Coca-Cola 12 Pack
Soft Drinks
Select Varieties.
12 x 355 mL.

8⁹⁹



Pepsi 2 Litre
Soft Drinks
Select Varieties.

2/\$5



Frito Lay
Mini Cannisters
Select Varieties. 102 - 145 g.

2/\$7



Hawkins Cheezies
210 g.

2/\$7



Old Dutch Boxed
Potato Chips
Select Varieties. 220 g.

2/\$7.50



Tostitos
Tortilla Chips
Select Varieties.
205 - 295 g.

2/\$8.50



Old Dutch
Potato Chips
Select Varieties. 235 g.
Ridges or Veggie Crisps
200 g.

2/\$7



Quaker Crispy Minis
Select Varieties. 215 g.

5⁹⁹



Compliments Dry
Roasted Peanuts
Select Varieties. 700 g.

4⁹⁹



Kellogg's Cheez-Its
Select Varieties. 191 - 200 g.

2/\$6



Leclerc Celebration
Cookies
Select Varieties. 240 - 350 g.

2/\$6



Best Buy Cream Filled
Cookies
Select Varieties. 600 g.

4⁹⁹



Dentynie Gum
Select Varieties. Each.

1²⁹



Nestle King Bars
Select Varieties. 58 - 94 g.

2⁷⁹



Best Buy Swiss
Chocolate Bars
Select Varieties. 100 g.

1⁹⁹



Hi-Chew Candy
Select Varieties. 58 g.

2/\$4



Ross Chocolates
Select Varieties. 85 g.

4⁹⁹

household & pet



Royale
Bathroom Tissue
Select Varieties. 9 - 12 Roll.
Facial Tissue 6's.
Paper Towel 3's.

8⁹⁹



Bounty Paper Towel
Select Varieties.
2 - 3 Roll 2 Ply 82 - 123 Sheets.

9⁹⁹



Glad Cling Wrap
30 Metres.

2⁹⁹



Febreze Air Effects
250 g. Or Air Fresheners.
Each. Select Varieties.

4⁹⁹



Lysol Disinfectant
Wipes & Spray
Select Varieties.
Wipes 75's - 84's. Spray 350 g.

6⁹⁹

bakery



Compliments Swiss Rolls

Select Varieties. 400 g.

6⁴⁹



1⁷⁹



2⁴⁹



4⁴⁹



5⁹⁹



4⁹⁹



4⁴⁹



3⁹⁹

breakfast

Milk 2 Go or Nestlé Milk Shakes

Select Varieties. 473 mL.

3/\$5



7⁹⁹



8⁹⁹



5⁹⁹



10⁹⁹



1⁷⁹



2/\$6



3⁹⁹



5⁹⁹



2/\$10



5⁹⁹



5⁹⁹



1⁹⁹



4/\$6

Compliments
Halls Lozenges
Select Varieties.
25's - 30's.

U By Kotex
Feminine Products
Select Varieties. 14's - 50's.

Colgate
Toothpaste or
Toothbrushes
Select Varieties.
Toothpaste 73 - 170 mL.
Toothbrushes Each.

Pedigree Cesar
Dog Food
Select Varieties. 100 g.

Purina Fancy Feast
Broth Singles
Select Varieties. 40 g.



FamilyFoods

Meal Inspiration from our Family to Yours!

4⁹⁹
Each

Taylor Farms Chopped Salad Kits

Select Varieties.
292 - 383 g.
Packaged in Canada.



3⁷⁹
lb
8.36/kg

Fresh Pork Side Ribs or Tenderloin



Compliments Turkey or
Chicken Meatballs
560 - 680 g. Frozen.

6⁹⁹



Compliments Soft Drinks
Select Varieties. 12 x 355 mL.

6⁹⁹



Dempster's
Whole Grain Bread
Select Varieties. 600 g.

2/\$8



Danone Activia
or Two Good Greek Yogourt
Select Varieties. Two Good 380 g. Activia 650 g.

3⁴⁹



Kellogg's Jumbo Cereal
Select Varieties. 700 g. - 1.05 kg.

8⁹⁹



SpongeTowels
Ultra Pro 98 Sheet. 8 Double Roll.

21⁹⁹

Open Sundays in select locations only. familyfoods.ca

British Columbia McMynn's Family Foods, Midway **Alberta** Breton Family Foods, Breton - Castor Family Foods, Castor - Consort Family Foods, Consort - Coronation Family Foods, Coronation - Hanna Family Foods, Hanna - Irricana Family Foods, Irricana - Redcliff Family Foods, Redcliff
Rimbey Family Foods, Rimbey - Siksika Trail Market, Siksika - Trochu Family Foods, Trochu - Village Supermarket, Thorsby **Saskatchewan** Assiniboia Family Foods, Assiniboia - Carlyle Family Foods, Carlyle - Leader Family Foods, Leader - Redvers Family Foods, Redvers
Stoughton Meat Market & Family Foods, Stoughton - Wynyard Family Foods, Wynyard **Manitoba** Calderwood's Country Store, Dominion City and Tolstoi - Campbell's, Lac du Bonnet - Cornerview Family Foods, Snow Lake - Cross Lake Family Foods, Cross Lake - Downtown Family Foods, Winnipeg
Lundar Family Foods, Lundar - MacGregor Family Foods, Macgregor - Midway Foods, Pine Falls - Norway House Family Foods, Norway House - Park's Family Foods, Pilot Mound - Peguis Family Foods, Peguis - Plains Family Foods, Gilbert Plains - Portage La Prairie Supermarket, Portage La Prairie
Ray's Family Foods, Holland - Sam's Foods, Manitou - Spud City Food Mart, Carberry - St. Martin Family Foods, St. Martin - Thompson Family Foods, Thompson **Ontario** Cloverleaf Grocery, Emo

Some items may not be available at all stores. All advertised items are on sale while stock lasts. We reserve the right to limit quantities. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

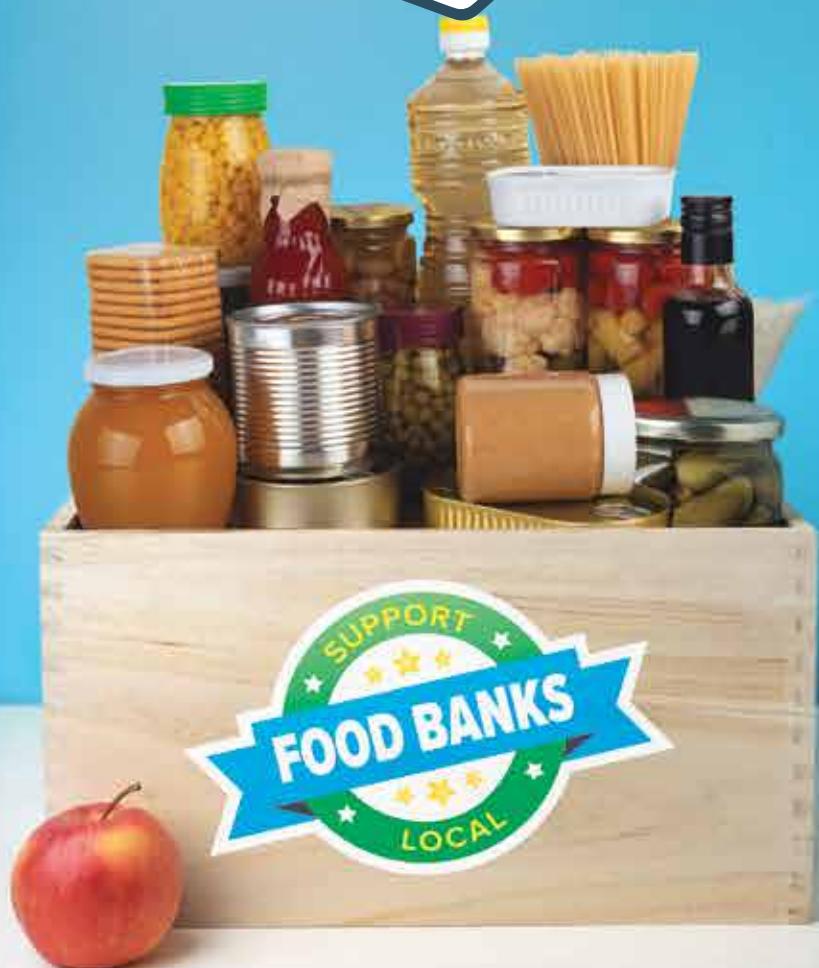


COMMUNITY CASH

Sale Prices In Effect January 8 – 14, 2026



COMMUNITY CASH



5 WINNERS^{**}

will **EACH** receive a

\$1,000

SHOPPING SPREE

And their

LOCAL FOOD BANK

will also receive

\$10,000

***WIN FOR YOU & YOUR COMMUNITY**

\$5,000 in Shopping Sprees &

\$50,000 to Local Food Banks
across Canada

5 WINNERS – \$55,000 IN TOTAL PRIZES!

Enter online at

communitycash.ca



HERSHEY

KraftHeinz



MARS



Mondelēz International

Nestlé



*NO PURCHASE NECESSARY. See full sweepstakes rules for further details. There is a total of \$55,000 in cash and prizes to be won. Five (5) Entries total will be randomly selected (Across Canada). Online Sweepstakes starts on or about January 8, 2026 and ends January 28, 2026 at midnight. PRIZE DRAWS (From online entries): On or About February 20, 2026 **1 of 5 chances to win across Canada.

© This symbol denotes Plus deposit and/or environmental levies where applicable

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COMMUNITY CASH



Together is **Golden**



PROUD PARTNER

**McCain®
Premium
Potatoes**

\$3.49
Assorted
454-800g



**McCain® Deep'n
Delicious® Cakes**



\$6.49
Assorted
510g

**McCain®
Pockets®**



\$6.49
Assorted
540-600g

**Mondelēz
International**



Cadbury Single
Chocolate Bars
Select Varieties. 33 - 50 g.

3/\$4



Maynards Candy
Select Varieties. 135 - 154 g.



2/\$6



Christie Crispers or
Bits & Bites
Select Varieties. 145 g.

2/\$6



HERSHEY

KraftHeinz



MARS



**Mondelēz
International**

Nestlé



ENTER ONLINE AT

communitycash.ca

** 5 WINNERS will EACH receive a
\$1,000
SHOPPING SPREE &
their LOCAL FOOD BANK will also receive
\$10,000
* WIN FOR YOU & YOUR COMMUNITY
\$5,000 in Shopping Sprees & \$50,000 to Local Food Banks across Canada



FritoLay



Lay's Potato Chips
Select Varieties. 220 - 235 g.

2/\$6.50



Tostitos Tortilla Chips
Select Varieties. 205 - 295 g.

2/\$8.50



Doritos Tortilla Chips
Select Varieties. 210 - 280 g.

2/\$9.50



DANONE
ONE PLANET. ONE HEALTH



Danone Yogourt
Select Varieties. Oikos 650 - 750 g.
Activia 12 x 95 - 100 g.

7.49



Silk Beverages
Select Varieties. 1.75 - 1.89 Litre.

4.49



Silk Creamers
Select Varieties. 890 mL.

5.49



HERSHEY

KraftHeinz



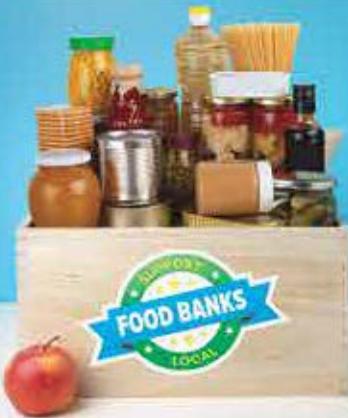
MARS



Mondelēz International

Nestlé





COMMUNITY CASH



4⁹⁹
BUY
CANADIAN

Compliments Ice Cream
Select Varieties. 1.5 Litre. Frozen.



4⁴⁹

Compliments Juice Boxes
Selected Varieties. 8 - 10 x 200 mL.



2/\$3
BUY
CANADIAN

Compliments Snacks
Select Varieties. 120 g.



2⁴⁹

Compliments Coating Mix
Select Varieties. 142 g.



2⁹⁹

Compliments Cooking Spray
Original or Butter Flavour. 170 g.



5⁹⁹
BUY
CANADIAN

**Compliments Two Bite
Bakery Treats**
Select Varieties. Brownies or Cinnamon Rolls.
300 - 370 g.



HERSHEY'S

Kraft Heinz



MARS



**Mondelez
International**

Nestlé



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