

SPROUTS®  
FARMERS MARKET

# YOU'RE INVITED TO OUR GRAND OPENING

**FRIDAY JAN. 9th–SUNDAY, JAN. 11th**  
4717 S. Padre Island Dr., Corpus Christi, TX 78411

- First 200 customers on Friday and Saturday receive a FREE reusable tote.\*
- Pop-up party with tastings and games
- Win a \$500 Gift Card\*\*

Visit [sprouts.com/corpuschristi](https://sprouts.com/corpuschristi) for the schedule.

\*All freebies and samples are available while supplies last.

\*\*Terms and conditions apply. Details and official rules at [sprouts.com/corpuschristi](https://sprouts.com/corpuschristi)

SPROUTS  
FARMERS MARKET

# GET 20% OFF\*

YOUR PURCHASE WHEN YOU JOIN

## SPROUTS®

### REWARDS

ALL WEEKEND LONG

JOIN TODAY

MAXIMUM DISCOUNT \$20 PER ACCOUNT.

\*Valid 1/9/26-1/11/26 at our Corpus Christi, TX location only. Excludes alcohol, gift cards, postage & tax.  
Visit [sprouts.com/corpuschristi](https://sprouts.com/corpuschristi) for details.

**SPROUTS®**  
FARMERS MARKET

# A LEGEN-DAIRY SOURCE OF PROBIOTICS!

BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

All Dairy Yogurt or Kefir

Select brands, varieties and sizes

MIX & MATCH



Sumo Citrus  
3lb. Bag



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Organic Blackberries  
5.6oz., Blueberries 11oz.  
or Raspberries 6oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Exclusive Sprouts  
GoldSnap Apples



**\$1.98** /LB.

Organic Green, Red  
or Lacinato Kale



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Bragg Seasoning,  
Salad Dressing,  
Liquid Aminos,  
Apple Cider Vinegar  
or Olive Oil

Select varieties  
and sizes



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Bulletproof, Four Sigmatic  
or Laird Superfood Coffee

Select varieties,  
3.9-12 oz.



BUY ONE, GET ONE  
**FREE**  
of equal or lesser value

Fresh Atlantic  
Salmon Fillets

High in omega-3  
fatty acids,  
farm-raised



**\$8.99** /LB.

SCROLL  
FOR  
RECIPES!

RESPONSIBLY  
SOURCED  
SEAFOOD

# FAST, FRESH & FIN-TASTIC

## SALMON DINNERS

High in vitamins, minerals and omega-3s, salmon is the ultimate catch for easy weeknight meals.



1

*Make it sweet & savory*

[Get Recipe >](#)

2

*Serve it on a skewer*

[Get Recipe >](#)



3

*Grill it with veggies*

[Get Recipe >](#)



## Sprouts Boneless Skinless Chicken Thighs or Thin Sliced Breasts

Air-chilled, no added hormones or steroids!

NO ANTIBIOTICS, EVER



**\$4.99** /LB.  
Value pack

## All-Natural Grass-Fed 85% Lean or Grain-Fed 93% Lean Ground Beef

Grass-fed sold in a 2 lb. package and Grain-fed sold in a 1 lb. package

ALWAYS FRESH, NEVER FROZEN



**\$8.49** /LB.

## Premium Angus Boneless Beef New York Steak



**\$16.99** /LB.

## Sprouts One Pan Meals

Prepared fresh in-store daily using all-natural ingredients, select varieties



Discount taken at register

BUY ONE, GET ONE  
**50% OFF**  
regular retail of equal or lesser value

## Sprouts All-Natural Pork Ribs Baby Back or St. Louis Style

No added hormones or steroids! Previously frozen

NO ANTIBIOTICS, EVER



Discount taken at register

BUY ONE, GET ONE  
**50% OFF**  
regular retail of equal or lesser value

## Thomas Farms 100% Grass-Fed Ground Lamb

Fresh free range, raised without antibiotics or added hormones, 16 oz.

NO ANTIBIOTICS, EVER



BUY ONE, GET ONE  
**50% OFF**  
regular retail of equal or lesser value

## Sprouts Organic Chicken Breasts

Air-chilled, boneless skinless, raised without antibiotics or added hormones!



**\$7.99** /LB.

Value pack

## Sprouts Sliced Pork or Turkey Bacon

Uncured hickory or no sugar applewood, prepackaged, 8 or 10 oz.

NO ANTIBIOTICS, EVER



BUY ONE, GET ONE  
**50% OFF**  
regular retail of equal or lesser value

## Force of Nature 100% Grass-Fed Venison, Beef or Chicken

No added steroids or hormones! Frozen, 10-16 oz.

NO ANTIBIOTICS, EVER



BUY ONE, GET ONE  
**50% OFF**  
regular retail of equal or lesser value

## Fresh Atlantic Marinated Salmon Portions

Farm-raised, select varieties, 6 oz.



**\$6.99** /EA.

## Colossal Raw Peeled and Deveined Grilling Shrimp

16/20 ct. Farm-raised, previously frozen



**\$10.99** /LB.

Also available in a 2 lb. bag

## Sprouts Wild-Caught Tuna Steaks

Responsibly sourced, frozen, 32 oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail of equal or lesser value

Impossible  
All Items



Premium Angus  
Boneless Beef  
Rump Roast



Sprouts Fresh Organic  
Ground Turkey

No antibiotics or added hormones, fed a vegetarian diet, select varieties, 16-32 oz.



Copper River  
Wild-Caught  
Sockeye Salmon

Wild caught in the pristine  
Alaska waters, frozen



Taylor Farms  
Chopped Salad Kits

Select varieties, 10.65-13.2 oz.



Tasteful Selections  
Organic Bite-Size Potatoes  
1.5lb. Bag

Select varieties



Organic  
Lemons or Limes  
2lb. Bag



Organic  
Medium  
Hass Avocados  
5ct. Bag



Halos  
Seedless Mandarins  
3lb. Bag



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Red, Green or Black  
Seedless Grapes



**\$2.77**/LB.

Organic  
Honeycrisp or  
Granny Smith Apples  
4ct. Compostable  
Packaging



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Mighties  
Kiwi Fruit  
2lb. Clamshell



**\$5.98**/EA.

Red or Yellow  
Dragon Fruit



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Organic  
Red Bunched Beets



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Organic  
Sweet Potatoes  
3lb. Bag



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Organic  
Baby Peeled Carrots  
1lb. Bag



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Sunset Flavor Bombs  
Cherry Tomatoes  
12oz.



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Organic  
Mini Cucumbers  
1lb. Bag



BUY ONE. GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

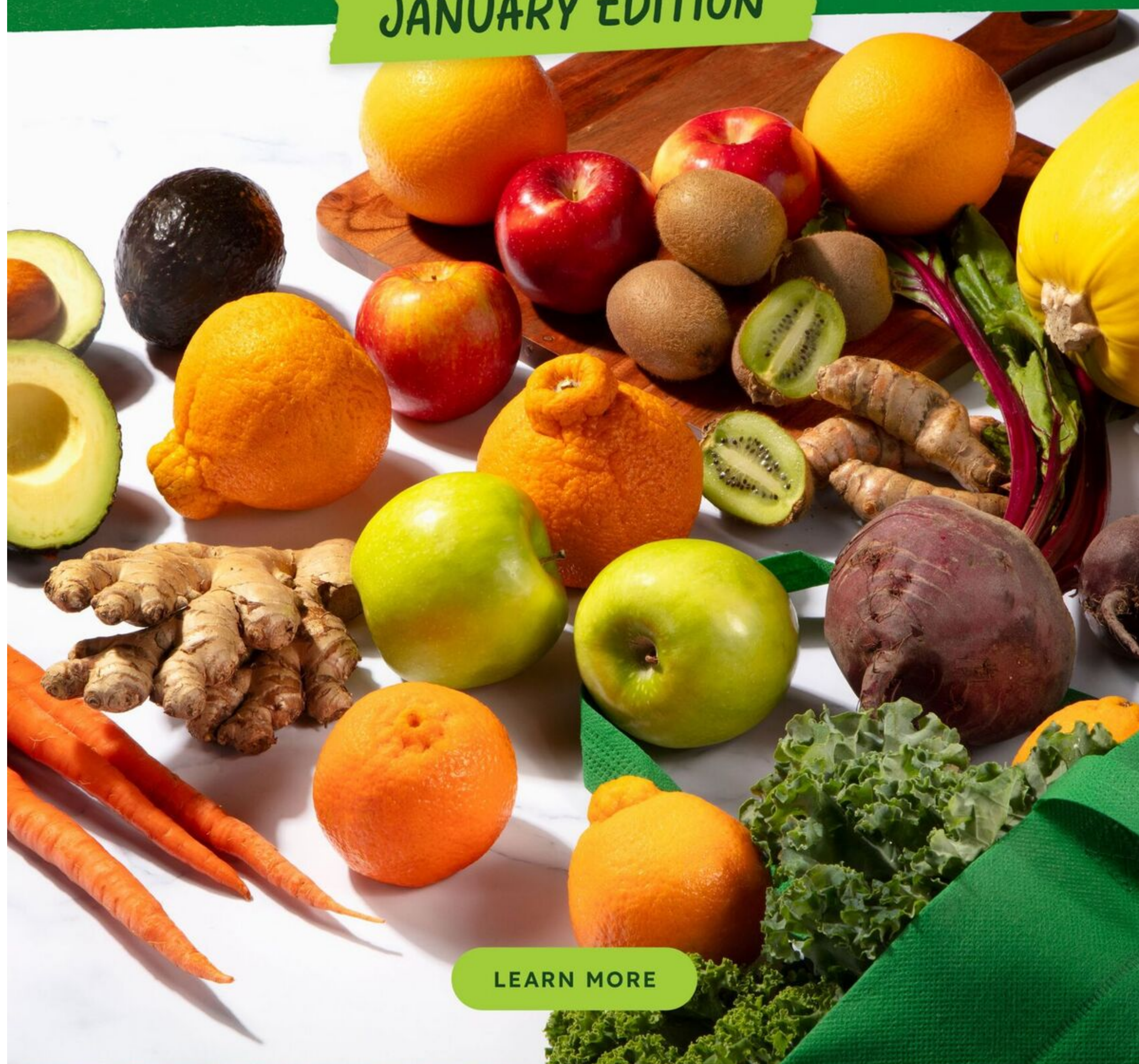
# THE BEST

PEAK  
SEASON

## IN FRESH

According to nature.

JANUARY EDITION



LEARN MORE

**Chomps**  
All Items



**Applegate Naturals**  
**Frozen Chicken Tenders, Nuggets or Bites**  
Select varieties, 16 oz.



**Milton's Frozen Cauliflower Crust Pizza or Rao's Frozen Brick Oven Crust Pizzas**  
Select varieties, 10-21.6 oz.



**Against the Grain Frozen Pizza Poppers or Deep Indian Kitchen Frozen Meals**  
Select varieties, 6-10 oz.



**Wonderful Pistachios**  
Shelled or in-shell, select varieties, 5.5-8 oz.



**Natural Gummi Bears or Worms**  
Select varieties



**Kevin's Natural Foods Entrées or Sides**  
Select varieties, 16 or 26 oz.



**Organic Valley Organic Shredded Cheese**  
Select varieties, 6 oz.



**Truveni Organic Plant-Based Protein Powder**  
Select varieties, 0.99-25.75 oz.



## Dave's Killer Bread

Select varieties,  
20.5-27 oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

## egglife Egg White Wraps

Select varieties, 6 ct.

KETO

GF



**25% OFF**  
regular retail

## Maxine's Heavenly Gluten-Free Creme Sandwiches

Chocolate or Oatmeal Creme, 6 pk.

GF



**25% OFF**  
regular retail

# SPROUTS WELLNESS BOWLS

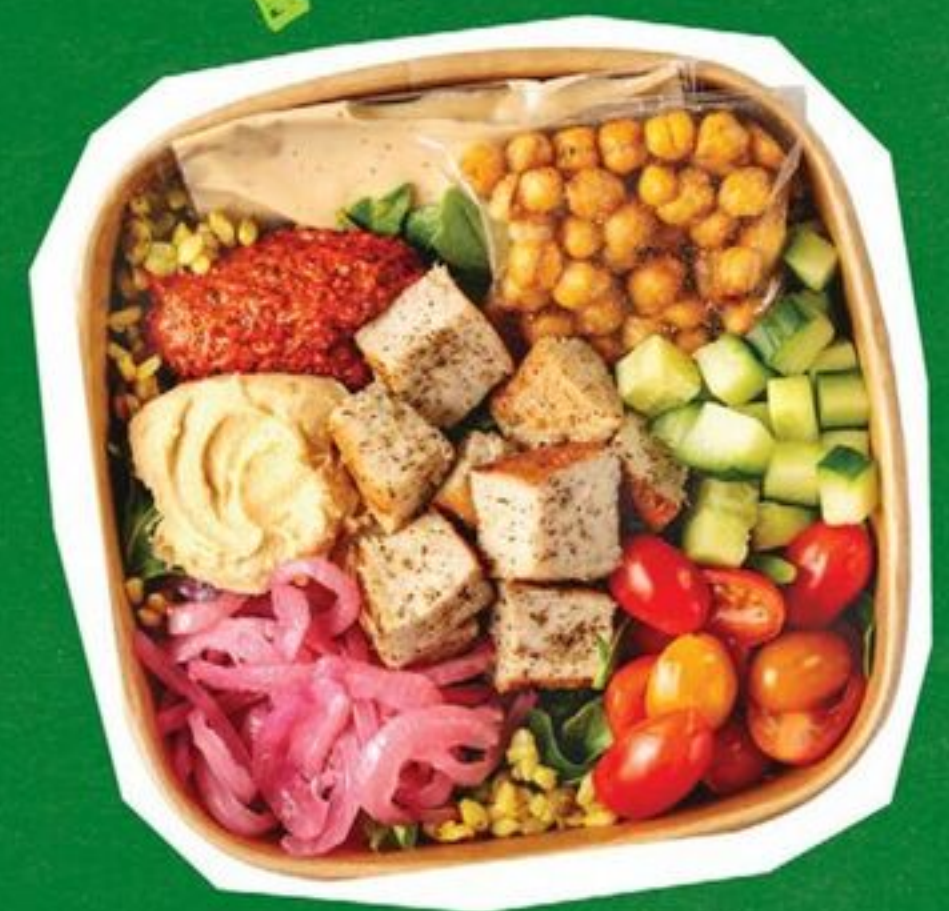
PSST. THESE COUNT  
AS MEAL PREP!

SHOP ALL WELLNESS BOWLS



100%  
GRASS-FED BEEF

NO ANTIBIOTICS.  
EVER CHICKEN



## Rumiano Organic Cheese Bars

Select varieties, 8 oz.



**\$6.99**/EA.

## Follow Your Heart Dairy-Free Shredded Cheese

Select varieties,  
7 oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

## Blue Zones Kitchen Frozen Entrées

Select varieties, 8-9 oz.



BUY ONE, GET ONE  
**FREE**  
of equal or lesser value

## Daiya Dairy-Free Shredded Cheese

Select varieties,  
7.1 oz.



BUY ONE, GET ONE  
**FREE**  
of equal or lesser value

## Applegate Organic Sliced Meat

Select varieties, 6 oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

## Sweet Nothings Organic Frozen Açai Bowls or Squeezable Smoothies or Pops

Select varieties,  
6 fl. oz. or 6 ct.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

Bulk Organic  
or Upcycled Dried Fruit  
Select varieties

# Top 4 PREBIOTIC

Sidekick Snacks:

Dried Dates

Upcycled  
Dried Cherries

Dried Apricots

Dried Mango

**20% OFF**  
regular retail

## LIVE YOUR BULK LIFE

DIY OR GRAB & GO

Drybox Healthy Snacks  
Freeze Dried Fruit  
Select varieties, 0.56-1.2 oz.



Raw, Roasted Salted  
or Unsalted Almonds



Walnut  
Halves & Pieces



**\$5.99** /LB.

**\$6.99** /LB.

## Kettle & Fire Bone Broth

Select varieties, 32 oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

## Traditional Medicinals Organic Boxed Tea

Select varieties, 16 ct.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

## Muir Glen Organic Canned Tomatoes or Sauce

Select varieties, 14.5 or 15 oz.



**2 FOR \$4**

## Jovial All Items



**25% OFF**  
regular retail

## Kettle Brand Potato Chips

Select varieties, 13 oz.



**2 FOR \$9**

## C2O Organic Coconut Water

Select varieties, 16.9 or 33.8 fl. oz.



**30% OFF**  
regular retail

## Chosen Foods Dressing, Sauce, Avocado Oil or Mayo

Select varieties, 8-17 fl. oz.



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

## Tasty Bite or Bachan's All Items



**BUY ONE. GET ONE 50% OFF**  
regular retail of equal or lesser value

## Annie's Homegrown Granola Bars, Puffs, Crackers, Fruit Snacks, Specialty Mac and Cheese or Canned Meals

Select varieties,  
3.9-15 oz.



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

## Cascadian Farms Granola Bars or Cereal

Select varieties, 7.4-15 oz.



**\$3.99** /EA.

## Larabar Nutrition Bars

Select varieties, 1.6-1.7 oz.



**5 FOR \$5**

## Elmhurst Aseptic Milks or Creamers

Select varieties,  
32 fl. oz.



BUY ONE, GET ONE  
**FREE**  
of equal or lesser value

## R.W. Knudsen's Organic Juice

Select varieties,  
32-84.5 fl. oz.



**25% OFF**  
regular retail  
+CRV in CA

## Mosh, Misfits or Kate's Real Food Nutrition Bars

Select varieties, 1.48-2.2 oz.



**2 FOR \$5**

## Catalina Crunch

All Items



BUY ONE, GET ONE  
**50% OFF**  
regular retail  
of equal or lesser value

## Pirate's Booty Rice and Corn Puffs or Skinny Pop Popcorn

Select varieties,  
4 or 4.4 oz.



**2 FOR \$6**

## Greenhouse Organic Supplements Shot

Green Ritual or Fiery Ginger, 2 fl. oz.



**2 FOR \$8**  
+CRV in CA

## Nature's Way Seasonal Wellness Support

Select varieties  
and sizes



**20% OFF**  
regular retail

## Elevate Organics Protein Powder or Supplements

Select varieties and sizes



**20% OFF**  
regular retail

## BIOptimizers Best Selling Supplements

Select varieties  
and sizes



**20% OFF**  
regular retail

**PRÉS Protein Coffee  
or Slate Protein Shakes**  
Select varieties,  
11 fl. oz.



**BUY ONE, GET ONE  
FREE**  
of equal or lesser value

+CRV in CA

**Transparent Labs  
Protein Powder or  
Sports Nutrition**  
Select varieties  
and sizes



**20% OFF**  
regular retail

# PURE & HONEST BODY CARE

Shop better-for-you  
body care essentials

## ESSENTIAL 4 SUPPLEMENTS FOR EVERY BODY

### MULTIVITAMINS

**Ancient Nutrition  
Multivitamins**

Select varieties, 30-90 caps



**20% OFF**  
regular retail

### OMEGA-RICH OILS

**Nordic Naturals  
Omegas**

Select varieties and sizes



**25% OFF**  
regular retail

### PROBIOTICS

**Seed  
Digestive Health Support**

Select varieties, 28-60 caps



**25% OFF**  
regular retail

### SUPERFOODS

**Lemme  
Superfood**

Select varieties and sizes



**25% OFF**  
regular retail

**Acure**  
All Items



**25% OFF**  
regular retail

**Everblue Naturals  
Hair Care**

Select varieties,  
10-13.5 fl. oz.



**25% OFF**  
regular retail

**Real Root by Sprouts  
Body Wash or Moisturizing Lotion**

Select varieties,  
16 fl. oz.



**\$1 OFF**  
regular retail

Prices valid January 7-13, 2026

# AT ANY OF OUR TEXAS LOCATIONS

Specials may vary in our Dallas and El Paso area locations.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.  
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

**GOAL  
FOR 2026:**

**SNACK SMART,  
SPEND SMARTER!**

Raise a glass to healthy savings!

[VIEW DEALS](#)



# DEALS

## OF THE MONTH

JANUARY 2026

### HEALTHY HABITS

NEVER TASTED  
THIS GOOD!



Offers valid December 31, 2025—January 27, 2026 at Sprouts stores, excluding Chula Vista, CA and Sprouts Express on High Street Phoenix, AZ.

**SEE YOU NEXT WEEK!**