HUGO'S
• FAMILY MARKETPLACE •

GRAND FORKS • EAST GRAND FORKS • CROOKSTON
THIEF RIVER FALLS • PARK RAPIDS • JAMESTOWN
OPEN 6AM - 10PM | SUNDAY 8AM - 10PM
DOWNTOWN GRAND FORKS & GRAFTON
OPEN 7AM - 10PM | SUNDAY 8AM - 10PM
FOSSTON **OPEN 7AM - 8PM | SUNDAY 8AM - 6PM**

Shop Online • Visit shop.gohugos.com

HUGO'S • FAMILY MARKETPLACE • OFFICIAL GROCERY STORE OF NORTH DAKOTA ATHLETICS

Get Your Groceries Delivered!
SHOP ONLINE
Visit shop.gohugos.com

3 lb Pkg
Hugo's Triple Fresh
93% Lean Ground Beef
5.99 lb
LIMIT 6 LBS

START THE NEW YEAR *Fresh &* Healthy!

Fresh Farm Raised
Atlantic Salmon Fillet
8.99 lb

6 oz
Raspberries
1 lb
Strawberries
2 for $6

5.3 oz
Select
Chobani Yogurt
5 for $5

6-8 oz
Select
Our Family Shredded or Chunk Cheese
3 for $5

8-24.5 oz
Select
Gorton's Breaded or Battered Fish
5.99

24 Pk, 12 oz
Pepsi Products
11.99

Prices Effective January 3 - 9, 2026

VISA mastercard DISCOVER AMERICAN EXPRESS

STOCK UP ON *Snacks*

10-13 oz
Select
Old Dutch Twin Pack or Restaurante Tortilla Chips
2$7 for

22 ct
Select
Mott's Fruit Snacks
4.99

5.2-5.5 oz
Select
Pringles
2$4 for

10 oz
Newtons Fig Cookies
3.99

11 oz
Select
Nilla Wafers
2$9 for

21 oz
Family Size
Cheez-It
5.99

12 ct
Select
Orville Redenbacher's Popcorn
6.49

6-10 oz
Select
Frito-Lay Fritos, Cheetos or Funyuns
2$7 for

8.5-9 oz
Frito-Lay Dip
2$7 for

12-20.7 oz
Family Size
Kellogg's Snack Crackers
5.49

16 oz
Select
Blue Diamond Almonds
6.99

Our Family
DIRECT YOUR LABELS™

SHOP Our Family AT HUGO'S • FAMILY MARKETPLACE •

SAVE YOUR LABELS
to earn money for your nonprofit organization

▲ Learn more at **ourfamilyfoods.com**

DON'T FORGET THE ICE

2 Liter
Select
7-Up Products
2$3 for

1 Liter
Select
Polar Seltzer
4$3 for

64 oz
Select
Snapple Tea
2$5 for

6 Pk, 16.9 oz
Select
Pure Leaf Tea
6.99

4 Pk, 9.5 oz
Select
Starbucks Frappuccino
6.99

EVERYDAY *Grocery*

HUGO'S

6 ct or 64 oz
Mott's
Apple Juice
2$ for 6

6 ct
Select
Mott's Applesauce
2$ for 5

14.5-18 oz
Select
Quaker Life Cereal or Oatmeal Squares
2$ for 8

10 ct
Select
K-Cups
6.99

64 oz
Old Orchard 100% Apple Juice
2$ for 6

46 oz
Dei Fratelli Vegetable Juice
1.99

11-16 oz
Select
Premium Saltine Crackers
2$ for 7

15 oz
Van Camp's Pork & Beans
99¢

15-16 oz
Select
Manwich Sauce
3$ for 5

5 oz
In Water
Chicken of the Sea Tuna
5$ for 5

12 oz
Classic
Spam Canned Meat
3.99

15 oz
Hunt's Tomato Sauce
2$ for 3

24 oz
Select
Hunt's Pasta Sauce
3$ for 4

12 oz
Select
Dakota Growers Egg Noodles
3$ for 7

7.25 oz
Original
Kraft Mac & Cheese
5$ for 5

LA CHOY 東

42 oz
Select
La Choy Bi-Pack
4.99

10-12 oz
La Choy Soy Sauce or Chow Mein Noodles
2$ for 4

16 oz
La Choy Yum Yum Sauce
4.49

3 oz
La Choy Fortune Cookies
1.99

FRESH *Meat*

HUGO'S RESERVE QUALITY ANGUS BEEF

• STEAKHOUSE QUALITY ANGUS •
TENDER & JUICY | USDA CHOICE | WELL - MARBLED

8 oz
USDA Choice Angus
Bacon Wrapped Sirloin Steak
5.99

USDA Choice Angus
Sirloin Tip Roast
5.99 lb

Wholestone Farms
Bone-In
Assorted Pork Chops
2.49 lb

15 oz
Hormel Smoked Pork Chops
6.99

2.5 lb
Boneless IQF
Rio Star Chicken Breast
5.99

Gold'n Plump
Bone-In
Split Chicken Breast
2.19 lb

5-6 oz
Select
Hormel Pepperoni
3.99

16 oz
Select
Johnsonville Ground Sausage
4.99

12 oz
Select
Smithfield Sliced Bacon
4.99

Boneless
Pork Sirloin Roast
2.59 lb

Family Pack
Wholestone Farms
Boneless
Pork Sirloin Chops
2.79 lb

36 oz
Just Bare Chicken Thighs or Drumsticks
4.99

12-14 oz
Select
Johnsonville Links or Rope Sausage
4.49

48 oz
Select
Schweigert Breaded Chicken
9.99

22 oz
Select
Land O'Frost Mega Pack Lunch Meat
7.99

Seafood

Fresh
Steelhead Trout Fillet
12.99 lb

16 oz
Our Family Salad Shrimp
8.99

16 oz, 31-40 ct
Raw
Our Family Shrimp
8.99

16 oz
Our Family Catfish Fillets
7.99

FRESH *Produce*

HUGO'S

10.3-13 oz
Assorted
Taylor Farms Chopped Salad Kits
2$7 for

Sky Valley
Heirloom Navel Oranges
1.59 lb

Extra Large
Red, Yellow or Orange Bell Peppers
2$4 for

Washington Premium
Pink Lady Apples
1.29 lb

Extra Large
Imported
Sweet Red Cherries
4.99 lb

4 oz
Assorted
Earthbound Farm Greenhouse Salad
2$5 for

Pint
Grape Tomatoes
2$4 for

5 oz
Assorted
Fresh Gourmet Croutons
2$4 for

Naturally HUGO'S

2 lb
Organic
Halos Clementines
4.99

12 oz
Select
Organic Evolution Soda
2$6 for

32 oz
Select
Dairy Free Silk Creamer
2$9 for

14-16 oz
Country Crock Plant Butter
2$7 for

17.75-19.75 oz
Bellatoria Gluten Free Pizza
7.99

HEALTHY *Living*

5-8.8 oz
Select
Nabisco BelVita
3.99

5.28 oz
Select
Kellogg's Special K Bars
2$6 for

5.64-10.4 oz
Select
Kellogg's Nutri Grain Bars
2$6 for

11-12 oz
Select
Bear Naked Granola
3.99

12.3-18 oz
Select
Kashi Cereal
2$9 for

2-2.4 oz
Select
Russell Stover Sugar Free Chocolate
2$4 for

12 oz
Select
Alani Nu Energy Drinks
2$4 for

24 Pk, 16.9 oz
Our Family Water
3$11 for

10 ct or 12 qt
Select
Our Family Drink Mix
2$4 for

10 ct
Select
Eggo Protein Waffles or Pancakes
4.99

9.25-10.3 oz
Select
Healthy Choice Café Steamers
2$6 for

5 oz
Select
Our Family Dried Cranberries
2$4 for

14.5-15.25 oz
Select
Our Family Fruit
2$4 for

33.8 oz
Our Family Olive Oil
13.99

12.5 oz
Our Family White Chicken Breast
2$5 for

40 oz
Select
Our Family Fruit
7.99

52 oz
Select
Our Family Orange Juice
3.99

5.3 oz
Select
:ratio Protein Yogurt
2$3 for

10.8 oz
:ratio Protein Drinks
2$5 for

6 oz
Organic
Annie's Mac & Cheese
3$4 for

14 oz
Minute Rice
2$5 for

10 ct
Mission Soft Taco Tortillas
3$4 for

15 oz
Select
Wish-Bone or Western Dressing
2$5 for

5 oz
Select
Our Family Croutons
2$3

Naturally HUGO'S

LIVE *Healthy* ALL MONTH LONG

PRICES GOOD THROUGH JANUARY 30TH

8-12 oz
Select
Purely Elizabeth Granola
5.49

1.76-2 oz
Select
Purely Elizabeth Oatmeal Cups
3 for $7

5-6.5 oz
Select
Back to Nature Crackers
3.79

15 oz
Select
Base Culture Bread
6.99

3-3.7 oz
Select
Better Butter
2.79

6 oz
Select
Egglife Wraps
5.99

7.2 oz
Select
Dave's Killer Bread Bites
4.99

8-9 oz
Select
Blue Zones Kitchen Bowls
6.49

16 oz
Select
Bragg Apple Cider Beverages
2 for $6

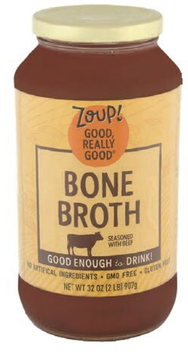
5 oz
Select
Biena Chickpeas
4.49

6.1-7.3 oz
Select
Dare Breton Crackers
2 for $5

14 oz
Select
Brew Dr. Kombucha
2 for $5

7 oz
Select
Blendtopia Smoothies
6.49

16 oz
Select
Zoup! Good Really Good Soup
4.29



32 oz
Select
Zoup! Good Really Good Broth
5.69

8-9 oz
Select
Catalina Crunch Cereal
6.99

1.2 oz
Select
That's It Fruit Bars
3 for $5

2 oz
Select
Feel Bar
3.29

1.94 oz
Select
Barebells Bars
2 for $5

6.5 lb
Ecos Ice Melt
14.99

PRODUCT AVAILABILITY VARIES BY LOCATION

Bakery

Hugo's Homemade
Sourdough Bread
3.99

5 ct
Select
Einstein Bagels
3.99

4 ct
Hugo's Homemade
Blueberry Muffin
6.99

4-8 ct
Hugo's Homemade
Large or Mini
Butter Croissants
3.99

3 ct
Hugo's Homemade
Apple Crispies
3.99

10 ct
Assorted
Mini Danish Rolls
4.99

10 ct
Hugo's Homemade
Date Cookies
6.99

24 oz
Select
Country Hearth 12 Grain, 100% Whole Wheat or Multi Grain Bread
3.79

Deli

Baked or Fried
8 Piece Chicken
9.99

Kretschmar
Regular or Honey
Off-the-Bone Turkey
9.99 lb

Cady Creek
Wisconsin or Baby
Swiss Cheese
6.99 lb

Hugo's Own
Sonoma Chicken Salad
7.99 lb

4 oz
Assorted
Athenos Feta Crumbles
2 for $7

4 oz
Select
Crunchmaster Crackers
3.99

16 oz
Select
Panera Bread Soup
5.99

Deli Specials

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rotisserie Chicken *Limit 2* **3.00 Off**	Soup Bar - 16 oz Soup *Must Buy 2* **2 for $10**	10 Piece Chicken Legs **9.99**	8 Piece Chicken 2 Select 1 lb Sides 4 ct King's Hawaiian Rolls **19.99**	Take & Bake Single Topping Pizza *Must Buy 2* **2 for $15**

SNOWFOX.
FRESH SUSHI MADE FRESH DAILY!
Grand Forks - 32nd Ave. S. • Grand Forks - Downtown • Thief River Falls • Jamestown
$5 SUSHI Wednesday!
*on select items as marked

Dairy & Frozen FAVORITES

HUGO'S

16 oz
Select
Daisy Sour Cream or Cottage Cheese
2$5 for

64 oz
Select
Cass-Clay or TruMoo Chocolate Milk
2$6 for

16.26-25 oz
Select
Lucia's or Nancy's Pizza
7.99

4 ct
Kemps Sundae Cones
4.49

48 oz
Select
Our Family Ice Cream
2$7 for

8-15 oz
Select
I Can't Believe It's Not Butter!, Brummel & Brown or Country Crock
2$7 for

32 oz
Select
International Delight Creamer
3.99

8.8-20.6 oz
Select
Red Baron Singles or Tony's Pizza
3 for 9.99

10 oz
Select
Our Family Vegetables
4$5 for

7.3-10.2 oz
Select
Pillsbury Grands! or Cinnamon Rolls
2$4 for

12 oz
Our Family American Singles
2$5 for

35-42 oz
Select
Birds Eye Voila! Meals
6.99

24 ct
Select
Eggo Waffles
5.99

Home & Family CARE

6 Roll
Select
Charmin Bath Tissue
4 Roll
Select
Bounty Paper Towels
5.99

8.1-8.8 oz
Febreze
Air Fresheners
2$7 for

16-24.3 oz or 9-16 ct
Select
Cascade Dishwasher Pods or Dawn Dish Soap
4.99

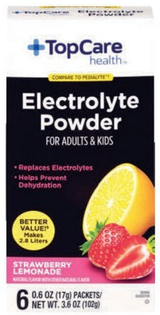
18.2-48 oz
Select
Downy or Tide Laundry
12.99

31-32 oz
Select
Tide Simply Detergent
2$7 for

35 ct
Select
Lysol Disinfecting Wipes
2$7 for

2.8 oz
Select
Gatorade Protein Bars
1.89

4 ct
Select
Muscle Milk
7.99



6 ct
TopCare Electrolyte Sticks
6.99

Baby

1 Liter
Select
TopCare Electrolytes
3.99

6 ct
Select
Tippy Toes Pediatric Shake
9.99

1.5 oz
Zarbee's Chest Rub
5.99

44-64 ct
Select
Pampers Cruisers
26.99

Pet Care

5 lb
Select
Blue Buffalo Dog Food
15.99

20 lb
Select
Arm & Hammer Cat Litter
10.99

15 lb
Select
Purina Cat Chow
18.99

11 oz
Select
Milk-Bone Flavor Rolls
7.99

Floral

Colorful Day Bouquet
8.99

Lemon Blooms Bouquet
14.99

Tillandsia Air Plant
5.99

MANY MORE ITEMS ON SALE IN STORE!

Selection and availability may vary by location.

Hugo's Wine & Spirits

24 Pack, 12 oz Cans
Miller Lite, MGD or Miller 64
$3.00 Off

24 Pack, 16 oz Cans
Bud Light
23.97

15 Pack, 16 oz Aluminum Btls
Coors or Coors Light
18.97

AVAILABLE AT FOSSTON ONLY
15 Pack, 12 oz Cans
Keystone Light
10.97

30 Pack, 12 oz Cans
Keystone Light
Where Available
19.97

12 Pack, 12 oz Cans
Assorted
Stella Artois
15.97

12 Pack, 12 oz Cans
Assorted
Blue Moon
14.97

12 Pack, 12 oz Cans
Assorted
Kona Brewing
14.97

4 Pack, 12 oz Cans
Assorted
Carbliss
9.97

1.75 Liter
Karkov (ND only)
Taaka (MN only)
Vodka
9.97

1.75 Liter
Windsor Canadian Whisky
13.97

750 ml
Ste. Chapelle Red
7.97

750 ml
Assorted
Josh Cellars
High Tier
13.97
Low Tier
$12.97

Looking for a New Kind of Chill?

Our THC-infused drinks are alcohol-free and crafted to help you relax, rest easy and refresh your mood — naturally.

Perfect for winding down or finding your creative spark!

*Available at our East Grand Forks, Fosston and Warroad locations. Must be 21 or older to enjoy.

NEED TO RENEW YOUR ND LICENSE TABS?

Check out our new DMV Kiosks Quick, Easy & Convenient!

Available inside our Northend Grand Forks (1925 13th Ave N) and Grafton locations!

Your Prescription, Your Way.

Sign up to manage your prescriptions online.

1. Visit our pharmacy website at: www.healthmart.com
2. Click Find a Pharmacy
3. Enter your refill online
4. Choose how we let you know when your prescription is ready:
   - Phone Call
   - Text
   - Email

HUGO'S FAMILY PHARMACY

Available at these locations:

East Grand Forks
224 14th Street NE
218.773.0611

Thief River Falls
215 Pennington Ave
218.681.1515

Crookston
1310 University Ave
218.281.3174

Fosston
300 1st Street W
218.435.1000

Your Community Health Mart PHARMACY

This pharmacy is independently owned and operated under a license from Health Mart Systems, Inc.

Seasonal SAVINGS ALL DAY, EVERYDAY!

Barefoot Wine, 750 ml., Assorted.	5.97
Fireball Whisky, 750 ml.	11.97
Dark Horse, 750 ml., Assorted	7.97
Kim Crawford Wine, 750 ml., Assorted.	13.97
Black Velvet Whisky, 1.75 Liter.	14.97
Decoy Red Wine, 750 ml., Assorted	17.97
Tito's Vodka, 1.75 Liter	29.97
Bota Box Wine, 3 Liter, Assorted.	16.97
Risata Moscato D'Asti, 750 ml., Assorted	11.97
Crown Royal, 750 ml., Select.	25.97
Bacardi Rum, 1.75 Liter, Assorted.	20.97
Don Julio Blanco, 750 ml	41.97
Skyy Vodka, 1.75 Liter	19.97
Sand Point Wine, 750 ml. Assorted.	8.97
Christian Brothers Brandy, 1.75 Liter	17.97

FOSSTON
300 WEST 1ST ST
Hours: M-Sat 10am-8pm
Sun 11am-5pm

GRAFTON
157 EAST 12TH ST
Hours: M-Sat 9am-10pm
Sun 11am-8pm

EAST GRAND FORKS
310 14TH ST NE
Hours: M-Sat 8:30am-10pm
Sun 11am-6pm

GRAND FORKS
1950 32ND AVE S
1325 S COLUMBIA RD
500 DEMERS AVE
Hours: M-Sat 8am-10pm
Sun 11am-8pm