SPROUTS FARMERS MARKET

A LEGEN-DAIRY SOURCE OF PROBIOTICS!

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

All Dairy Yogurt or Kefir

Select brands, varieties and sizes

Sumo Citrus 3lb. Bag

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Organic Blackberries 5.6oz., Blueberries 11oz. or Raspberries 6oz.

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Exclusive Sprouts GoldSnap Apples

$1.98 /LB.

Organic Green, Red or Lacinato Kale

USDA ORGANIC

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Bragg Seasoning, Salad Dressing, Liquid Aminos, Apple Cider Vinegar or Olive Oil

Select varieties and sizes

NON GMO Project VERIFIED nongmoproject.org

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Bulletproof, Four Sigmatic or Laird Superfood Coffee

Select varieties, 3.9-12 oz.

BUY ONE, GET ONE FREE
of equal or lesser value

Fresh Atlantic Salmon Fillets

High in omega-3 fatty acids, farm-raised

SCROLL FOR RECIPES!

$8.99 /LB.

RESPONSIBLY SOURCED SEAFOOD

FAST, FRESH & FIN-TASTIC SALMON DINNERS

High in vitamins, minerals and omega-3s, salmon is the ultimate catch for easy weeknight meals.

1 Make it sweet & savory

Get Recipe >

2 Serve it on a skewer

Get Recipe >

3 Grill it with veggies

Get Recipe >

Sprouts Boneless Skinless Chicken Thighs or Thin Sliced Breasts

Air-chilled, no added hormones or steroids!

NO ANTIBIOTICS. EVER

$4.99 /LB.
Value pack

All-Natural Grass-Fed 85% Lean or Grain-Fed 93% Lean Ground Beef

Grass-fed sold in a 2 lb. package and Grain-fed sold in a 1 lb. package

ALWAYS FRESH. NEVER FROZEN

$8.49 /LB.

Premium Angus Boneless Beef New York Steak

U.S.D.A. CHOICE BEEF

$16.99 /LB.

Sprouts One Pan Meals

Prepared fresh in-store daily using all-natural ingredients, select varieties

Discount taken at register

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Sprouts All-Natural Pork Ribs Baby Back or St. Louis Style

No added hormones or steroids! Previously frozen

NO ANTIBIOTICS. EVER

Discount taken at register

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Thomas Farms 100% Grass-Fed Ground Lamb

NO ANTIBIOTICS. EVER

Fresh free range, raised without antibiotics or added hormones, 16 oz.

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Sprouts Organic Chicken Breasts

USDA ORGANIC

Air-chilled, boneless skinless, raised without antibiotics or added hormones!

NON GMO Project VERIFIED nongmoproject.org

$7.99 /LB.
Value pack

Sprouts Sliced Pork or Turkey Bacon

GF

Uncured hickory or no sugar applewood, prepackaged, 8 or 10 oz.

NO ANTIBIOTICS. EVER

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Force of Nature 100% Grass-Fed Venison, Beef or Chicken

No added steroids or hormones! Frozen, 10-16 oz.

NO ANTIBIOTICS. EVER

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Fresh Atlantic Marinated Salmon Portions

Farm-raised, select varieties, 6 oz.

$6.99 /EA.

Colossal Raw Peeled and Deveined Grilling Shrimp

16/20 ct. Farm-raised, previously frozen

$10.99 /LB.
Also available in a 2 lb. bag

Sprouts Wild-Caught Tuna Steaks

Responsibly sourced, frozen, 32 oz.

WILD CAUGHT FAVORITE

BUY ONE, GET ONE 50% OFF
regular retail of equal or lesser value

Impossible
All Items

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Premium Angus Boneless Beef Rump Roast

U.S.D.A. CHOICE BEEF

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Discount taken at register

Sprouts Fresh Organic Ground Turkey

USDA ORGANIC

No antibiotics or added hormones, fed a vegetarian diet, select varieties, 16-32 oz.

10% OFF
regular retail

Copper River Wild-Caught Sockeye Salmon

WILD CAUGHT FAVORITE

ALASKA SEAFOOD
Wild, Natural & Sustainable

Wild caught in the pristine Alaska waters, frozen

$16.99/LB.

Taylor Farms Chopped Salad Kits

Select varieties, 10.65-13.2 oz.

2 FOR $7

Tasteful Selections Organic Bite-Size Potatoes 1.5lb. Bag

USDA ORGANIC

Select varieties

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic Lemons or Limes 2lb. Bag

USDA ORGANIC

$4.98/EA.

Organic Medium Hass Avocados 5ct. Bag

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Halos Seedless Mandarins 3lb. Bag

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Red, Green or Black Seedless Grapes

$2.77/LB.

Organic Honeycrisp or Granny Smith Apples 4ct. Compostable Packaging

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Mighties Kiwi Fruit 2lb. Clamshell

$5.98/EA.

Red or Yellow Dragon Fruit

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic Red Bunched Beets

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic Sweet Potatoes 3lb. Bag

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic Baby Peeled Carrots 1lb. Bag

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sunset Flavor Bombs Cherry Tomatoes 12oz.

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Organic Mini Cucumbers 1lb. Bag

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

THE BEST IN FRESH

PEAK SEASON

According to nature.

JANUARY EDITION

LEARN MORE

Chomps

All Items

Applegate Naturals Frozen Chicken Tenders, Nuggets or Bites

Select varieties, 16 oz.

Milton's Frozen Cauliflower Crust Pizza or Rao's Frozen Brick Oven Crust Pizzas

Select varieties, 10-21.6 oz.

Against the Grain Frozen Pizza Poppers or Deep Indian Kitchen Frozen Meals

GF

Select varieties, 6-10 oz.

Wonderful Pistachios

Shelled or in-shell, select varieties, 5.5-8 oz.

NON GMO Project VERIFIED

Natural Gummi Bears or Worms

Select varieties

Kevin's Natural Foods Entrées or Sides

Select varieties, 16 or 26 oz.

Organic Valley Organic Shredded Cheese

USDA ORGANIC

Select varieties, 6 oz.

Truvani Organic Plant-Based Protein Powder

USDA ORGANIC

Select varieties, 0.99-25.75 oz.

Dave's Killer Bread

Select varieties,
20.5-27 oz.

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

egglife Egg White Wraps

Select varieties, 6 ct.

KETO

GF

25% OFF
regular retail

Maxine's Heavenly Gluten-Free Creme Sandwiches

Chocolate or Oatmeal Creme, 6 pk.

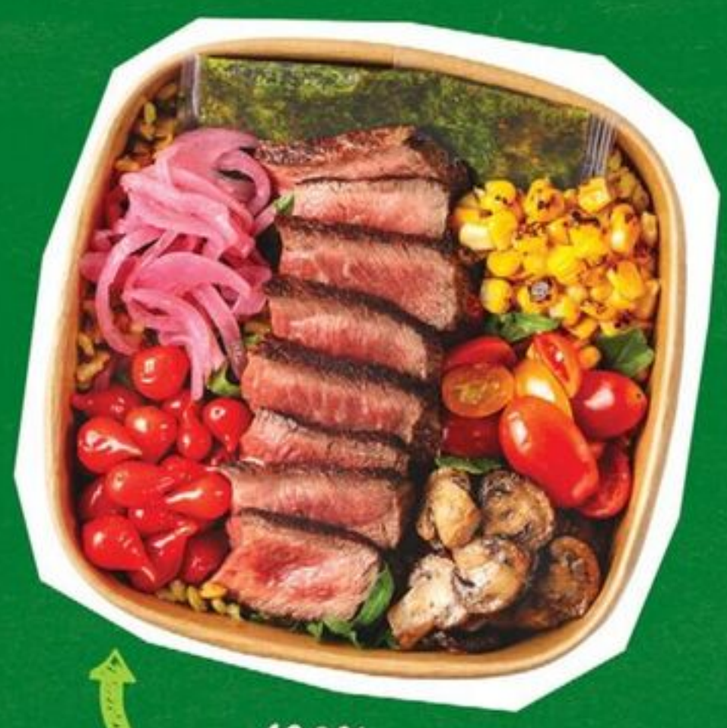
GF

25% OFF
regular retail

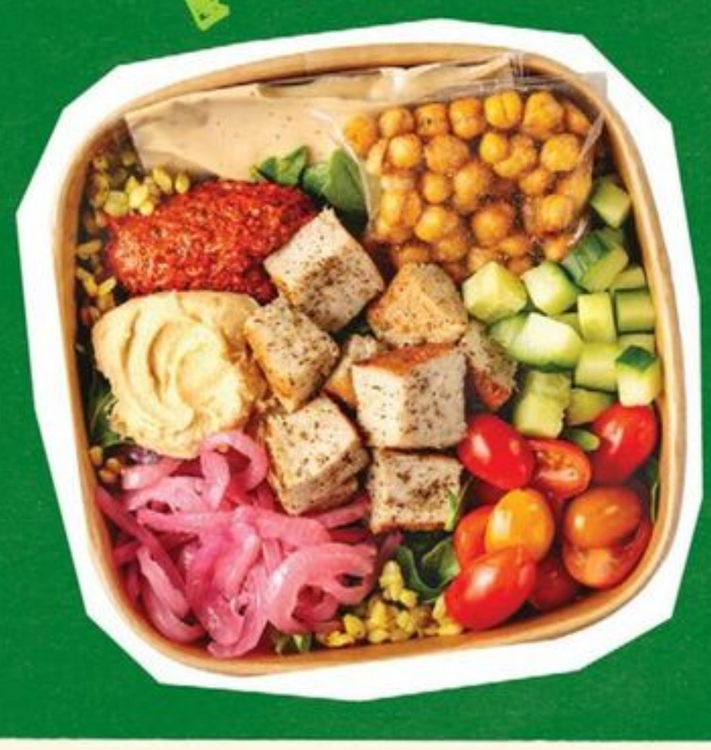
SPROUTS WELLNESS BOWLS

PSST, THESE COUNT AS MEAL PREP!

SHOP ALL WELLNESS BOWLS



100% GRASS-FED BEEF



NO ANTIBIOTICS, EVER CHICKEN

Rumiano Organic Cheese Bars

Select varieties, 8 oz.

USDA ORGANIC

$6.99/EA.

Follow Your Heart Dairy-Free Shredded Cheese

Select varieties,
7 oz.

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Blue Zones Kitchen Frozen Entrées

Select varieties, 8-9 oz.

NON GMO Project VERIFIED

BUY ONE, GET ONE
FREE
of equal or lesser value

Daiya Dairy-Free Shredded Cheese

Select varieties,
7.1 oz.

BUY ONE, GET ONE
FREE
of equal or lesser value

Applegate Organic Sliced Meat

Select varieties, 6 oz.

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Sweet Nothings Organic Frozen Açaí Bowls or Squeezable Smoothies or Pops

Select varieties,
6 fl. oz. or 6 ct.

USDA ORGANIC

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Bulk Organic or Upcycled Dried Fruit
Select varieties

Top 4 PREBIOTIC Sidekick Snacks:

20% OFF regular retail

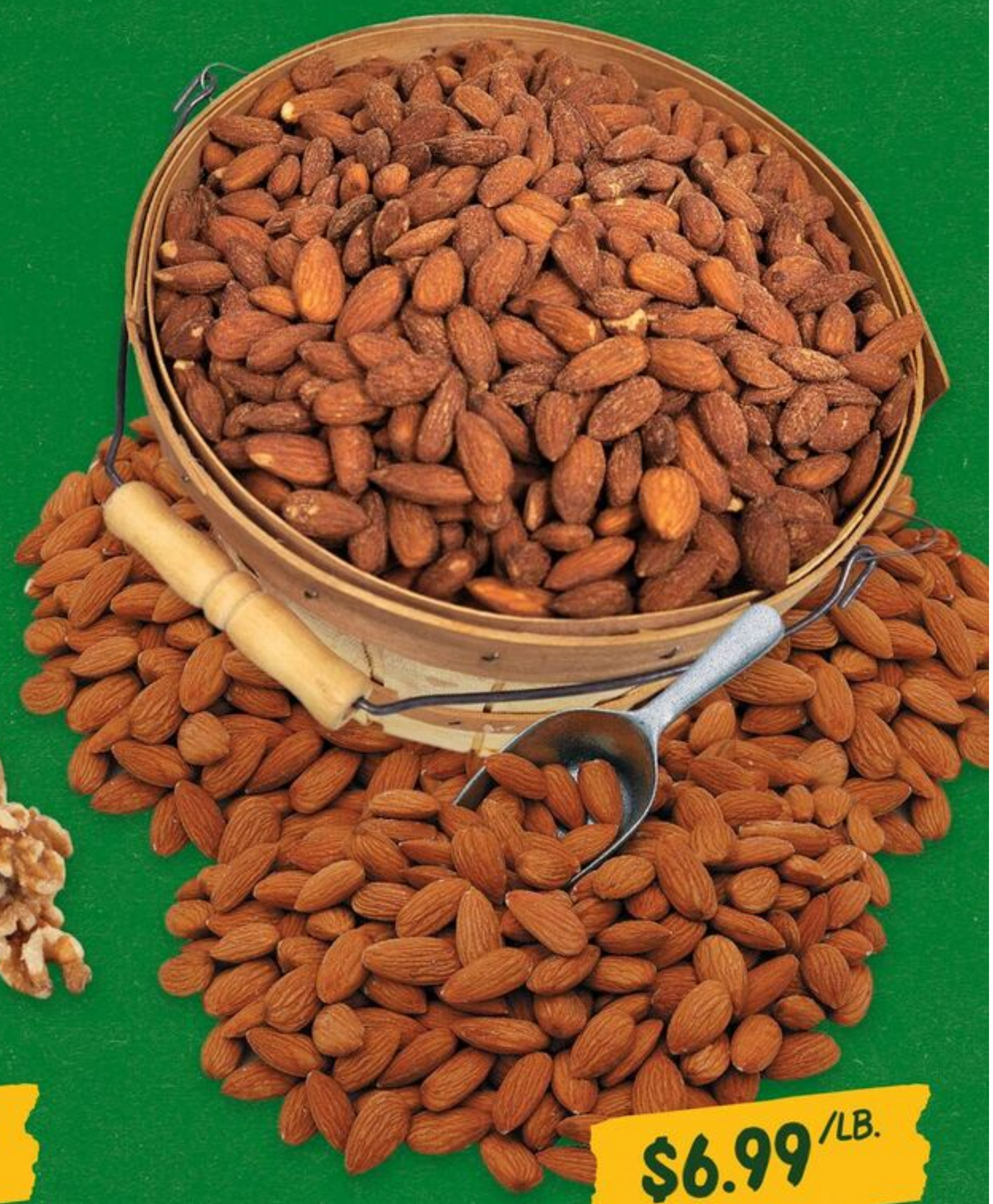
LIVE YOUR BULK LIFE

DIY OR GRAB & GO

Drybox Healthy Snacks Freeze Dried Fruit
Select varieties, 0.56-1.2 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Raw, Roasted Salted or Unsalted Almonds



$6.99/LB.

Walnut Halves & Pieces

$5.99/LB.

Kettle & Fire Bone Broth

Select varieties, 32 oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Traditional Medicinals Organic Boxed Tea

Select varieties, 16 ct.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Muir Glen Organic Canned Tomatoes or Sauce

Select varieties, 14.5 or 15 oz.

2 FOR $4

Jovial

All Items

25% OFF regular retail

Kettle Brand Potato Chips

Select varieties, 13 oz.

2 FOR $9

C_2O Organic Coconut Water

Select varieties, 16.9 or 33.8 fl. oz.

30% OFF regular retail

Chosen Foods Dressing, Sauce, Avocado Oil or Mayo

Select varieties, 8-17 fl. oz.

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Tasty Bite or Bachan's

All Items

BUY ONE, GET ONE 50% OFF regular retail of equal or lesser value

Annie's Homegrown Granola Bars, Puffs, Crackers, Fruit Snacks, Specialty Mac and Cheese or Canned Meals

Select varieties,
3.9-15 oz.

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Cascadian Farms Granola Bars or Cereal

Select varieties, 7.4-15 oz.

$3.99/EA.

Larabar Nutrition Bars

GF

Select varieties, 1.6-1.7 oz.

5 FOR $5

Elmhurst Aseptic Milks or Creamers

Select varieties,
32 fl. oz.

BUY ONE, GET ONE
FREE
of equal or lesser value

R.W. Knudsen's Organic Juice

USDA ORGANIC

Select varieties,
32-84.5 fl. oz.

25% OFF
regular retail
+CRV in CA

Mosh, Misfits or Kate's Real Food Nutrition Bars

Select varieties, 1.48-2.2 oz.

2 FOR $5

Catalina Crunch

All Items

BUY ONE, GET ONE
50% OFF
regular retail
of equal or lesser value

Pirate's Booty Rice and Corn Puffs or Skinny Pop Popcorn

Select varieties,
4 or 4.4 oz.

2 FOR $6

Greenhouse Organic Supplements Shot

USDA ORGANIC

Green Ritual or Fiery Ginger, 2 fl. oz.

2 FOR $8
+CRV in CA

Nature's Way Seasonal Wellness Support

Select varieties
and sizes

20% OFF
regular retail

Elevate Organics Protein Powder or Supplements

USDA ORGANIC

Select varieties and sizes

20% OFF
regular retail

BIOptimizers Best Selling Supplements

Select varieties
and sizes

20% OFF
regular retail

PRÉS Protein Coffee or Slate Protein Shakes

Select varieties,
11 fl. oz.

BUY ONE, GET ONE FREE
of equal or lesser value

+CRV in CA

Transparent Labs Protein Powder or Sports Nutrition

Select varieties
and sizes

20% OFF
regular retail

PURE & HONEST BODY CARE

Shop better-for-you body care essentials

ESSENTIAL 4 SUPPLEMENTS FOR EVERY BODY

MULTIVITAMINS

Ancient Nutrition Multivitamins

Select varieties, 30-90 caps

20% OFF
regular retail

OMEGA-RICH OILS

Nordic Naturals Omegas

Select varieties and sizes

25% OFF
regular retail

PROBIOTICS

Seed Digestive Health Support

Select varieties, 28-60 caps

25% OFF
regular retail

SUPERFOODS

Lemme Superfood

Select varieties and sizes

25% OFF
regular retail

Acure

All Items

25% OFF
regular retail

Everblue Naturals Hair Care

Select varieties,
10-13.5 fl. oz.

25% OFF
regular retail

Prices valid January 7–13, 2026

AT OUR BATON ROUGE LOCATION

Real Root by Sprouts Body Wash or Moisturizing Lotion

Select varieties,
16 fl. oz.

$1 OFF
regular retail

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.

GOAL FOR 2026:

SNACK SMART, SPEND SMARTER!

Raise a glass to healthy savings!

VIEW DEALS

SPROUTS FARMERS MARKET

DEALS OF THE MONTH

JANUARY 2026

HEALTHY HABITS NEVER TASTED THIS GOOD!

Offers valid December 31, 2025—January 27, 2026 at Sprouts stores, excluding Chula Vista, CA and Sprouts Express on High Street Phoenix, AZ.

SEE YOU NEXT WEEK!