

ONT ZONE 2

FOODLAND

Fresh food. Friendly neighbours.
Aliments frais. Des gens de chez nous.

**FEED
THE
DREAM**



LOCAL
2⁹⁹
/lb



2⁹⁹



5⁹⁹
MEMBERS
SAVE \$1



7⁹⁹



3⁹⁹



4⁹⁹



300 PTS
when you buy 3



300 PTS
when you buy 3



300 PTS
when you buy 3



2⁹⁹



2⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹



3⁹⁹

Scene[®]
PLUS UP
POINTS

1,000 PTS = \$10
toward your
groceries



500 PTS
when you buy 3



9⁹⁹



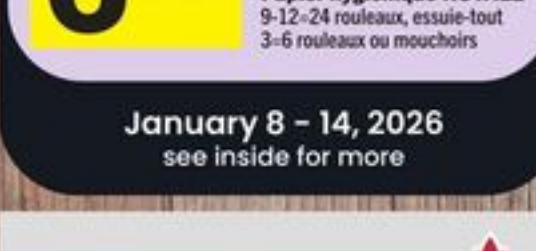
100 PTS
when you buy 2



2⁹⁹



300 PTS
when you buy 2



6⁹⁹



6⁹⁹



6⁹⁹



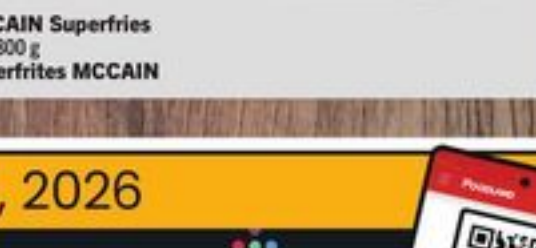
6⁹⁹



6⁹⁹



6⁹⁹



6⁹⁹



6⁹⁹



6⁹⁹

SCAN HERE FOR OUR
DIGITAL FLYER
Products may not be available at all locations

FOOTLAND DIGITAL FLYER



Scan or visit
Foodland.ca
to learn more



Scene⁺ GET 750 PTS FOR EVERY \$50 SPENT ON WAYSPA GIFT CARDS

The Scene+ Loyalty Program is available at all participating Foodland locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McColl's/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, liquor and alcoholic beverages, tobacco products, lottery, phone finishing, desktop, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ points for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to \$500 per year). For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

Scene
PLUS UP
POINTS

ALL WEEK LONG!

Available in-store
Thursday, January 8 to Wednesday, January 14



250 PTS
when you buy 2

9⁹⁹

PILLER'S Meat
Sticks 300-500 g



100 PTS
when you buy 1

12⁹⁹

WATSON RIDGE
Boxed and Breaded
Premium Poultry
800 g selected



9⁹⁹

200 PTS
when you buy 1

SUNRYPE Fruitsource Bars
Variety Pack 12 pk or Fruit To Go 24 pk



250 PTS
when you buy 2

8⁹⁹

SCHNEIDERS Juicy Jumbos
Wieners or Smoked Sausage
375-450 g



200 PTS
when you buy 2

7⁹⁹

NANA'S Samosas
2 pk available chilled



4⁹⁹

500 PTS
when you buy 2

BRANDT Sliced Kolbassa 150-175 g selected



7⁴⁹

200 PTS
when you buy 2

COMPLIMENTS Shredded Parmesan or Italian Blend 125 g



5⁴⁹

100 PTS
when you buy 2

COMPLIMENTS Fresh Pasta
300-360 g



4⁹⁹

100 PTS
when you buy 1

COMPLIMENTS Exceptional
Chocolate Chip Cookies 280 g



3⁹⁹

200 PTS
when you buy 3

HUMPTY DUMPTY Party Mix
250 g or Snacks 200-290 g



100 PTS
when you buy 2

1⁹⁹

SPARKLING ICE Sparkling Water
503 mL



5²⁹

100 PTS
when you buy 2

HERSHEY'S Bagged Chocolate
105-200 g



4⁹⁹

200 PTS
when you buy 2

NESTLE CARNATION Hot
Chocolate Envelopes 7-10x25 g



4⁹⁹

DR. OETKER Giuseppe Garlic
Fingers 317 g



5⁹⁹

200 PTS
when you buy 2

ARMSTRONGS Cheese Sticks
210 g, Swirls 253-340 g, Mozzies 200 g
or Combos 180 g



50 PTS
when you buy 1

6⁴⁹

COMPLIMENTS Aerosol Whipped
Cream 400 g



SERVING UP NEW REWARDS

JOINING SCENE+ GETS YOU



Everyday offers and weekly promotions



Exclusive member pricing and personalized grocery offers



Plus earn and redeem points at your favourite Scene+ partner



100 PTS
when you buy 2

2/\$9

COMPLIMENTS
Baby-Cut Carrots 907 g,
MANN'S Sugar Snap Peas 227 g
or Gourmet Snow Peas 170 g
product of USA



2 LB
907 g (2 lb)



100 PTS
when you buy 2

LOCAL 3.99

PRODUCT OF CANADA
THE LITTLE POTATO COMPANY
Canada no 1 grade
selected varieties 454 g



100 PTS
when you buy 1

6.49

LITEHOUSE
Dressing 391 mL
selected



500 PTS
when you buy 2

Real Cream Layer Cakes 510-725 g,
INSPIRED BY HAPPINESS Gluten-Free Cake 456-468 g
or Dessert Bars 6 pk 342-354 g



250 PTS
when you buy 2

5.99

SANTOSH GOLD Naan or
Naan Bites 440-600 g



150 PTS
when you buy 1

14.99

COMPLIMENTS
Chocolate Chips 775 g



200 PTS
when you buy 2

4.99

SMUCKER'S Pure Jam 250 mL
selected or JIF Peanut Butter 500 g



100 PTS
when you buy 1

LE GREC Salad Dressing 350 mL



200 PTS
when you buy 2

1.99

COMPLIMENTS
Baked Beans 298 mL



400 PTS
when you buy 1

22.99

COMPLIMENTS Value Size
Paper Towels 12 pk



100 PTS
when you buy 2

12.99

GLAD Waste Bags
20-40 pk or Compostable 44 pk



200 PTS
when you buy 1

4.49

COMPLIMENTS
Baby Wipes
500 mL or 250 g

POS_FSC_WK27_FSC_WK27_2

200 PTS when you buy 2 5⁹⁹ BEN & JERRY'S Ice Cream 473 mL or M&M'S® Novelties 3-4 pk	3⁹⁹ PILLSBURY Toaster Strudels 326 g or Pizza Pops 380 g	100 PTS when you buy 2 4⁴⁹ HELUVA GOOD! Dip 250 g	MEMBERS SAVE 50¢ 5⁴⁹ without GOURMET Card 5⁹⁹ without GOURMET Card SHEPHERD GOURMET Skyr Yogurt 500 g
10¢ 5⁹⁹ KELLOGG'S® Eggo Waffles 360 g Protein Waffles 280 g	2⁹⁹ CHEEMO Perogies 743-907 g	2⁹⁹ I CAN'T BELIEVE IT'S NOT BUTTER! 454 g	200 PTS when you buy 2 3⁹⁹ COMPLIMENTS Cheddar Flavour Slices 400 g

WAGON WHEELZ Bear Paws 168-360 g 150 PTS when you buy 3 \$4	Compliments Soda Crackers 450 g 200 PTS when you buy 2 \$3.99	Allen's Apple Juice 1.89 L 100 PTS when you buy 2 \$3.99	MEMBERS ONLY Maxwell House Instant Coffee 150 g 7.99 without coupon 8.99
On the Border Crispy Minis 132 g 3.69 when you buy 3 or more \$3.29	Blue Diamond Almonds 170 g or Mixed Nuts 200 g 50 PTS when you buy 1 \$5.99	PEPSI Mini Cans 6x22 mL 100 PTS when you buy 2 \$2.35	PEACH TEA 695 mL 2/3.50

2.99 SOUR PATCH CANDY
MAYNARDS Candy
135-154 g

14.99 QUAKER Dips or Chewy Bars
Club Pack 935-960 g

2.99 HABITANT Soup
736 mL

2.25 MARMITEA Canned Legumes
540 mL

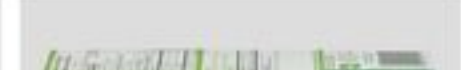
2.79 CARNATION Evaporated Milk
354 mL

4.49 ROBIN HOOD Quick Oats 1 kg

5.49 FILIPPO BERIO Pesto 190 g

5.49 MUTTI Pesto 190 g

4.99 MUTTI Penaseta 680 mL or CATELLI Pasta 900 g

 4.49 KELLOGG'S Cereal 250-350 g selected varieties	 2.99 APPLESMAX Fruit Cups 6 pk	 3.99 DAMPSTER'S Bagels 5.6 pk	 16.88 EIGHT TREASURES Rice 8 kg / 8.8kg Japanese Rice 6.8 kg
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DAIRY & FROZEN



3⁹⁹ **YOPLAIT Source**
Yogurt 630-650 g
or 4 pk



3⁹⁹ **YOPLAIT Minigo or**
Tubes Yogurt 6-8 pk



3⁹⁹ **GAY LEA Sour Cream**
425-500 mL



5⁴⁹ **COMPLIMENTS**
Pure Orange Juice
1.54 L



\$6 **NESTLE Premium**
Frozen Dessert or
Real Dairy Ice Cream
1.5 L, Drumsticks or
Premium Novelties
4-10 pk selected



2/¹⁰ **HEALTHY CHOICE**
Gourmet Steamers
250-350 g



3⁴⁹ **PILLSBURY Biscuits,**
Rolls or Pizza Crust
318-391 g, Cookies 468 g
or Cinnamon Rolls 351 g
(excludes seasonal)



3⁹⁹ **FRUITE Beverage**
1.54 L



3⁷⁹ **COMPLIMENTS Ice**
Cream Cones 4 pk



4⁹⁹ **COMPLIMENTS**
Frozen Vegetables
500 g selected



4⁹⁹ **COMPLIMENTS**
Traditional Crust
Pizza 352-446 g



8⁴⁹ **MARIE**
CALLENDER'S
Frozen Meals
680-879 g

DRINKS & SNACKS



12⁹⁹ **STARBUCKS Roast**
& Ground Coffee 340 g
or K-Cup® Pods 10 pk



4⁴⁹ **TETLEY Tea** 20-24 pk



4⁴⁹ **TIC TAC Mints** 3 pk or
KINDER Chocolate Bars
126 g



2⁹⁹ **NESTLE Tablet Bars**
95-120 g



3⁹⁹ **DARE Veggie Crisps**
100 g



2/⁵ **COMPLIMENTS**
Rice Crackers 100 g



6⁹⁹ **JACK LINK'S or**
GOLDEN ISLAND
65-81 g



2/⁵ **COMPLIMENTS**
Tortilla Chips
250-289 g



200 PTS
when you buy 2

HEINEKEN Alcohol-Free Beer 6x330 mL



4/⁵ **COMPLIMENTS**
Spring Water 1.5 L



2⁹⁹ **ROCKSTAR Energy**
Drinks 473 mL



4⁴⁹ **WELCH'S Fruit**
Snacks 200-220 g

DRINKS, SNACKS & PANTRY

 3/10 COMPLIMENTS Fruit Cups 112.5 mL	 9⁹⁹ NUTELLA Spread 725 g	 7⁹⁹ BEEMAID Honey 500 g	 4⁴⁹ STONEMILL Bread 454-600 g
 15% OFF COMPLIMENTS Baking Nuts 100 g selected (excludes Pine Nuts)	 4⁷⁹ BETTY CROCKER Cake, Cookie or Bisquick Mix 253 g/1.1 kg selected	 49¢ COMPLIMENTS Instant Noodles 85 g	 1⁹⁹ DEMPSTER'S Half Loaf White or Whole Wheat Bread 380 g or FRONTIER BAKERY Pita 9 pk/330 g
 5⁹⁹ WILDLY DELICIOUS Sauce 350 mL	 4⁴⁹ PANACHE Dijon Mustard 500 mL or Balsamic Glaze 250 mL	 1⁹⁹ COMPLIMENTS Broth 900 mL	 4²⁸ VH Sauces 341-380 mL

NATURAL, HEALTH & HOUSEHOLD

 2⁹⁹ ANNIE'S Macaroni & Cheese 149-170 g (includes Gluten Free, Vegan or SuperMac)	 4⁹⁹ COMPLIMENTS Coconut Water 1 L	 9⁹⁹ PEDIASURE Complete 4x235 mL	 8⁹⁹ COLGATE Toothbrushes 1-12 pk selected
 7⁹⁹ IVORY or OLD SPICE Body Wash 473 mL/1.03 L or OLAY Soap Bar 4 pk selected	 4⁴⁹ LADY or Men SPEED STICK Deodorant 45-55 g selected	 5⁹⁹ FLEECY Fabric Softener 1.36 L or Sheets 50 pk	 3⁹⁹ COMPLIMENTS Bleach Ultra Concentrated 2.4 L
 19⁹⁹ ARM & HAMMER Hard Clumps Cat Litter 12.7 kg	 9⁴⁹ PURINA Cat or Kitten Chow 1.6-2 kg	 2/\$5 PURINA ONE or Beyond Wet Dog Food 368 g	 6⁴⁹ COMPLIMENTS Waste Bags 30-52 pk selected

Cheers to
**BEER &
COOLERS!**



28⁹⁹

COORS LIGHT Lager
12x473 mL tall cans



15⁹⁹

**SLEEMAN Clear
2.0 Light Lager**
6x473 mL tall cans



15⁹⁹

CORONA Extra Lager
6x330 mL bottles



2⁹⁹

MICHELOB ULTRA Light 473 mL or
CZECHVAR Premium Lager 500 mL



2⁵⁹

**SANDBAGGER Lemon or Boysenberry
Hard Seltzer** 355 mL can



27⁹⁹

**DILLON'S Gin
Cocktails Variety
Pack** 12x355 mL cans

*Available at select stores. Pricing not applicable to LCBO Convenience Outlets.

FEED THE DREAM



FOODLAND

OFFICIAL GROCER



8⁹⁹

MAPLE LEAF or Ready Crisp Bacon 65-375 g



9⁹⁹

MAPLE LEAF Shredded Chicken 250 g



5⁹⁹

GENERAL MILLS Family Size Cereal 475-778 g selected



2⁹⁹

NATURE VALLEY Crunchy or Trail Mix Granola Bars or BETTY CROCKER Fruit or Gushers 120-230 g selected



2/\$6

GLACÉAU Smartwater 1 L



2/\$6

GLACÉAU Vitaminwater 591 mL



2/4⁵⁰

POWERADE 710 mL



3⁹⁹

MCCAIN Regular Fries 800 g



25⁹⁹

TIDE Liquid Detergent 3.46-3.9 L; Pods 45-76 pk, GAIN Flings! 45-76 pk, DOWNY Unstopables 853 g or IVORY SNOW 3.1 L



2⁹⁹

DAWN Dish Soap 431-473 mL selected



13⁹⁹

CORONA Cero Alcohol-Free Beer 6x330 mL



2/10

HEALTHY CHOICE Gourmet Steamers 269-306 g



4⁴⁹

ORVILLE REDENBACHER Ready To Eat Popcorn 116-220 g



6⁴⁹

ORVILLE REDENBACHER Microwave Popcorn 5-8 pk 248-492 g or Gourmet Popping Corn 850 g



Earn an instant entry for every eligible product purchased when scanning your Scene+ card



Scan to view full list of participating products.

*MINI RULES FEED THE DREAM CONTEST 2026 (the "Contest")
NO PURCHASE NECESSARY. Full Contest rules and no purchase entry method found at foodland.ca/feed-the-dream/participating-suppliers/rules. Contest runs from January 8, 2026 and ends on March 16, 2026. Open to legal residents across all provinces of Canada excluding Quebec who have a valid Scene+ account, and who have reached the age of majority on the date they enter the Contest. There are three (3) grand prizes to be won. Each grand prize consists of 1,000,000 Scene+ points (ARV \$10,000.00 (CAD) each). There are two hundred (200) secondary prizes to be won. Each secondary prize consists of 25,000 Scene+ points (ARV \$250.00 (CAD) each). The prizes have no equivalent cash value, are non-transferable and no substitutions will be made. Correctly answered skill testing question required. Odds of winning depend on the number of eligible entries received. Enjoy Responsibly. Must be legal drinking age. Corona Cero is an alcohol-free beer with natural flavour and vitamin D. Enjoy responsibly. Must be legal drinking age. ©/MD Trademarks Grupo Modelo, S. de R.L. de C.V. Lic. Use/Sous Lic.

YORKSHIRE VALLEY Farms

LOCAL FARMS with BIG VISION

Our organic chickens are raised to the highest organic standards on local family farms across southern Ontario.

That's part of our recipe for good.

FRESH ONTARIO ORGANIC CHICKEN *Not available at all locations

Fresh Organic Boneless
Chicken Breasts

Fresh Organic
Chicken Drumsticks

Fresh Organic Boneless
Chicken Thighs

Fresh Organic Split
Chicken Wings

Fresh Organic
Whole Chicken

FROZEN CONVENIENCE & QUALITY

15⁹⁹
Frozen Organic
Chicken Wings

24⁹⁹
Frozen Organic
Boneless
Chicken Breasts

14⁹⁹
Frozen Organic
Chicken Meatballs

14⁹⁹
Frozen Organic
Chicken Pot Pie

14⁹⁹
Frozen Organic
Chicken Fillets or Bites

ORGANIC ALWAYS MEANS

- ✓ Raised without antibiotics
- ✓ Fed non-GMO vegetable grain feed
- ✓ No pesticides or herbicides used*
- ✓ and CERTIFIED to prove it.

VOL_FDL_WK37_DIG_ONT_Z1



Locals know

WHAT BUILDS YOUR PERFECT GLUTEN-FREE BUNDLE

Promise Gluten Free brings decades of baking expertise to enjoy gluten-free living without compromise! Perfect for everyday enjoyment, our range makes living gluten free delicious and easy.

- ✓ Real taste and soft texture
- ✓ Wholesome and high in fibre
- ✓ Vegan-friendly options
- ✓ Everyday favourites and indulgent treats
- ✓ Trusted quality



PROMISE
Gluten Free
Sourdough
Baguettes
2 pk 180 g



PROMISE
Gluten Free
Pitas or
English Muffins
240-248 g



PROMISE
Gluten Free
Muffins 4 pk
240 g



PROMISE
Gluten Free
Loaves
400-480 g

MIX & MATCH
BUY 2, GET 3RD
FREE
of equal or lesser value



PROMISE
Gluten Free
Tortillas
4 pk 168 g



PROMISE
Gluten Free
Rolls or
Sandwich Thins
160-260 g



PROMISE
Gluten Free
Brioche Hot Dog
or Hamburger Buns
4 pk 260-280 g



PROMISE
Gluten Free
Bagels 280 g



LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

OFFER VALID JANUARY 8-14, 2026

Activate your offers in the **Foodland app** or at **MyGroceryOffers.ca**



Get **400 PTS**
when you buy 1

COMPLIMENTS Unscented Scoopable
Cat Litter 15 kg

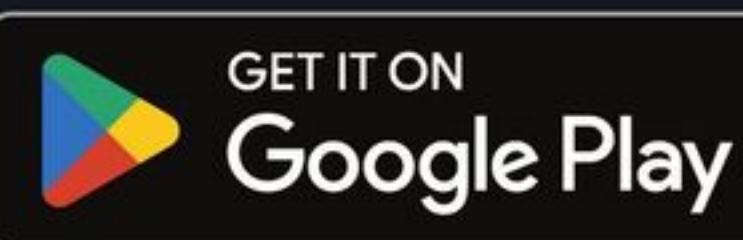
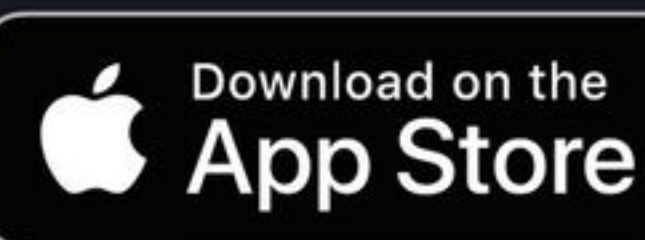


Get **300 PTS**
when you buy 1

COMPLIMENTS Apple Juice 2 L

SAVE **\$1.50**
when you buy 1

COMPLIMENTS Goat Cheese
113 g selected



Card must be registered. Offer valid and available to be loaded January 8-14, 2026 at all participating Foodland and Co-Op locations in Ontario. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

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GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.♦

APPLY NOW

♦Conditions Apply





**WATER
VENDING
TRUSTED BY
CANADIANS!**

**PROUDLY SERVING
CUSTOMERS
ACROSS CANADA.**

nimbus
BY IN-STORE WATER SYSTEMS



INSTOREWATERSYSTEMS.COM