

no name®

just low prices
(so switch)

SAVE
UP TO 30%

1.25

NO NAME® VEGETABLES
OR NO NAME® BEANS
SELECTED VARIETIES, 341-540 ML
20296401_EA/20554593_EA



2/4.50

OR 2.69 EA

NO NAME® DRINK
SELECTED VARIETIES
2L
20320439006_EA
20320439005_EA

SAVE
UP TO 32%

2.50

NO NAME® BAGELS
SELECTED VARIETIES, 6" S
21217967_EA



NO NAME® TOMATOES OR
NO NAME® MUSHROOMS
SELECTED VARIETIES, 284-796 ML
20600787_EA/20079578_EA

1.50



1.25

NO NAME® CONDENSED SOUP
OR NO NAME® BAKED BEANS
SELECTED VARIETIES, 284-398 ML
20618885_EA/20314839001_EA



ALWAYS LOW PRICE

Find set prices on everyday items.

ALWAYS
LOW PRICE

\$10

**BREADED CHICKEN, MEATBALLS,
POTSTICKERS OR HORS D'OEUVRES**
SELECTED VARIETIES, FROZEN, 700 G-1.81 KG
21447587_EA/21669059_EA



ALWAYS
LOW PRICE

\$10

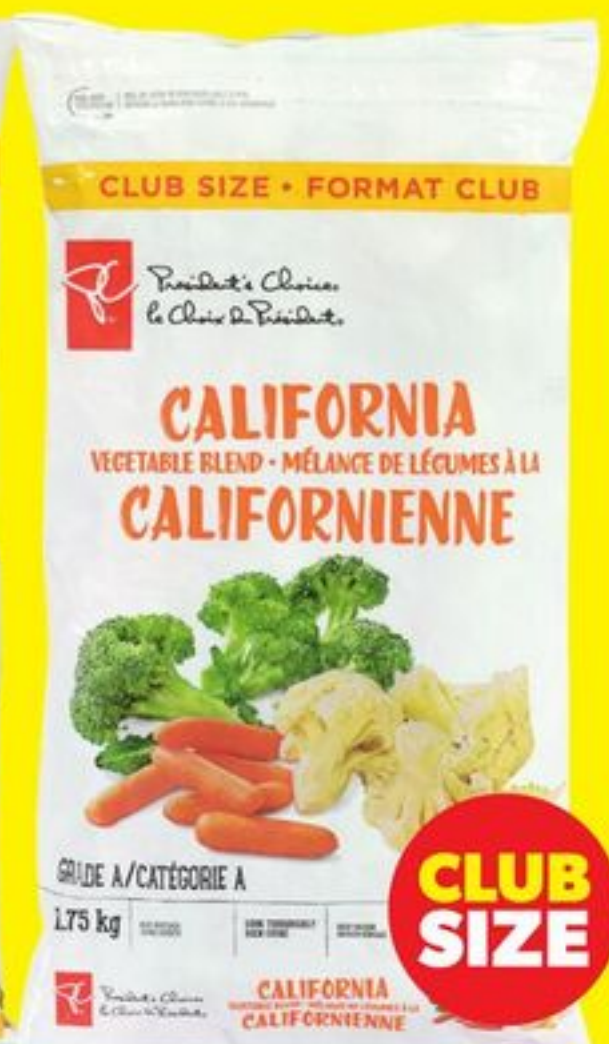
**FISH FILLETS
OR BREADED
SEAFOOD**
SELECTED
VARIETIES FROZEN
200-900 G
21473748_EA
21119511_EA



ALWAYS
LOW PRICE

\$10

PC® VEGETABLES
SELECTED VARIETIES, FROZEN, 1.75 KG
20713420_EA/20713450_EA



ALWAYS
LOW PRICE

\$3

NO NAME® FRUIT
SELECTED VARIETIES, FROZEN, 300/400 G
21545097_EA/21545106_EA



ALWAYS
LOW PRICE

\$7

BUTTER CROISSANTS
BAKED IN-STORE, 12'S
21683000_EA



PROUDLY CANADIAN



DOMINION

SAVE
UP TO **54%**
\$3 LB
6.61/KG

PORK LOIN
COMBINATION
CHOPS
SIRLOIN AND
RIB PORTION
BONE-IN
20822343_EA

HOT
DEAL

BONELESS CROSS
RIB ROAST
CUT FROM CANADA
AA GRADE BEEF
BONELESS
20794618_KG

SAVE
UP TO **36%**
7⁸⁸ LB
17.37/KG



HOT
DEAL

SAVE
UP TO **37%**
\$10

NO NAME[®] THICK
CUT BACON 1 KG OR
NO NAME[®] CHICKEN
WINGS 908 G
SELECTED VARIETIES, FROZEN
21045309_EA/21389815_EA
*Open your PC Optimum[™] app or
visit pcoptimum.ca to get the offer.

GET
2,000⁺
back in points
APP
EXCLUSIVE
OFFER[†]
Optimum



PC[®] EXTRA LARGE
GREEN OR RED
SEEDLESS GRAPES
PRODUCT OF PERU, NO. 1 GRADE
20425775001_KG/20159199001_KG

3⁴⁹ LB
7.69/KG



EXTRA
LARGE



1 KG

SAVE
UP TO **2.00**
\$9

PC[®] PACIFIC LARGE
WHITE SHRIMP RAW
OR COOKED PEELED
OR RAW ZIPPERBACK[®]
31-40 PER LB 400 G OR
SEAQUEST[®] WHOLE
TILAPIA 1.36 KG OR
WHOLE POMPANO
800 G, FROZEN
20791381_EA/21591947_EA



2⁴⁹ LB
5.49/KG



ROMA TOMATOES
PRODUCT OF CANADA
OR MEXICO
20143381001_KG

5⁹⁷



CRACKER BARREL
BARS OR SHREDS
250-400 G OR BLACK
DIAMOND CHEESE
SNACKS 252-336 G
SELECTED VARIETIES
20763661_EA/21290384_EA



SAVE
UP TO **1.99**
\$6

PC[®] DELI CHEESE SLICES,
140-170 G OR PC[®] NATURAL
SELECTIONS SLICED DELI
MEATS TURKEY, CHICKEN
OR HAM 175 G
SELECTED VARIETIES
20216643_EA/20310580_EA



SAVE
UP TO **40%**
2⁷⁵

MCCAIN SUPERFRIES OR
SPECIALTY POTATOES
SELECTED VARIETIES
FROZEN, 454-800 G
20324328002_EA/20799522_EA



6⁵⁰

PC[®] ORANGE JUICE 2.5 L OR
DANONE OIKOS TUBS 650/750 G
SELECTED VARIETIES
21531644_EA/21652073_EA



\$3

COUNTRY HARVEST BREAD
SELECTED VARIETIES, 600/650 G
21178571_EA/21693323_EA



SAVE
UP TO **4.00**
\$20

GET
3,000⁺
back in points
PC[®] ROAST
AND GROUND COFFEE
SELECTED VARIETIES, 800-930 G
21393374_EA/21393573_EA



2/\$11
OR 6.49 EA

GET
3,000⁺
back in points
when you buy 2
PC[®] BLUE MENU OR
PC[®] SPARKLING WATER
SELECTED VARIETIES, 12X355 ML
20668034002_C01/20668034001_C01



SAVE
UP TO **1.50**
5⁹⁹

O'TASTY
DUMPLINGS
SELECTED VARIETIES
FROZEN, 567 G
20319243004_EA



SAVE
UP TO **30%**
13⁸⁸

HEIWA
CALROSE RICE
15 LBS
20570505_EA



Y-Optimum[™]
Members-Only Price[™]
13⁹⁹
Non-members
23⁹⁹

CASHMERE
BATHROOM
TISSUE 20=60 ROLLS OR
SPONGETOWELS
PAPER TOWEL
6=12 ROLLS
SELECTED VARIETIES
21188655_EA/21677740_EA
*Must be a registered PC Optimum[™]
member to load and get this offer.



SAVE
FOR
REAL[™]

PRICE
DROP

FRESH
PROMISE

MEMBERS
SAVE
MORE

no name[®]

HIT
OF THE
MONTH

IN
STOCK
PROMISE

MULTI
SAVE

ALWAYS
\$

CLUB
SIZE

Flyer prices effective from Thursday, January 8th to Wednesday, January 14th, 2026

DA 1

3²⁹

INDOMIE INSTANT NOODLES
SELECTED VARIETIES, 5'S
21246480_EA

PRICE DROP

1²⁵

NO NAME[®] BROTH
SELECTED VARIETIES, 900 ML
21189610_EA/21189611_EA

PREPARED IN CANADA

PRICE DROP

2⁵⁰

CLIF BUILDERS BAR
SELECTED VARIETIES 56-68 G
20303133002_EA
21610264_EA

PRICE DROP

SAVE .98
WHEN YOU BUY 2

GET 3,000[®]
when you buy 2

\$3
back in points

2/\$11

OR 5.99 EA

NO NAME[®] BUTTER

SELECTED VARIETIES, 454 G
20318543004_EA/203223029_EA
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.

PREPARED IN CANADA

APP EXCLUSIVE OFFER⁺

\$6

KRAFT PEANUT BUTTER
750 G/1 KG OR HAZELNUT SPREAD 725 G
SELECTED VARIETIES
20039581001_EA/21285418_EA

PREPARED IN CANADA

\$17

PC[®] WINGS
SELECTED VARIETIES
FROZEN, 800-907 G
20708932_EA/21046615_EA

PREPARED IN CANADA

Optimum[™]

Members-Only Price[™]

5⁵⁰

Members save \$249

Non-members 7⁹⁹

GENERAL MILLS FAMILY SIZE CEREAL

SELECTED VARIETIES, 475-778 G
20432217004_EA/21103497_EA
**Must be a registered PC Optimum[™] member to load and get this offer.

\$5

KRAFT MIRACLE WHIP
650-890 ML OR HEINZ KETCHUP 750 ML-1L
SELECTED VARIETIES
20069080_EA/20298681001_EA

SAVE 1.00

\$3

GREEN GIANT VEGETABLES

SELECTED VARIETIES
FROZEN, 400-750 G
21022302_EA/21022373_EA

2⁷⁵

NATURE VALLEY GRANOLA BARS 120-210 G OR BETTY CROCKER FRUIT SNACKS 128-226 G
SELECTED VARIETIES
20318474002_EA/21675994_EA

SAVE UP TO 31%

3⁷⁵

CRAVE OR KRAFT DINNER ENTRÉES 200-340 G OR PC[®] OR BLUE MENU[®] ENTRÉES 212-365 G

SELECTED VARIETIES, FROZEN
20312233001_EA/21085515_EA

\$6

NESTLÉ CONFECTIONERY FROZEN DESSERT 1.5 L OR BARS 4-10'S OR DRUMSTICK 4'S
SELECTED VARIETIES, FROZEN
20322380003_EA/20324757003_EA

PREPARED IN CANADA

\$12

JANE'S FISH 450-615 G OR PC[®] OR BLUE MENU[®] ENTRÉES 2/2 227 KG
SELECTED VARIETIES, FROZEN
20078758_EA/20134930_EA

3⁷⁵

SCOTSBURN OR BAXTER CREAM
SELECTED VARIETIES, 1L
20082602_EA

PREPARED IN CANADA

13⁵⁰

JUST US ORGANIC COFFEE
SELECTED VARIETIES, 340 G
20095523003_EA/20095523011_EA

PREPARED IN CANADA

3²⁹

V8 VEGETABLE COCKTAIL 6X156 ML OR ALLEN'S DRINKS 8X200 ML
SELECTED VARIETIES
20315996002_EA/21564993_EA

\$3

OCEAN'S WHITE TUNA 170 G OR GOLD SEAL SALMON 120/213 G
SELECTED VARIETIES
21005158_EA/21186667_EA

2⁴⁹

NO NAME[®] FACIAL TISSUE 126 SHEETS
20970999_EA

PREPARED IN CANADA

24⁹⁹

GET 2,000[®]
back in points

PC[®] PAPER TOWELS 12 ROLLS

21558605_EA

PREPARED IN CANADA

CLUB SIZE

FRESH PROMISE: Applicable to eligible fresh produce items purchased at Dominion locations or online at newfoundlandgrocerystores.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Dominion where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the phone number below. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ®PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum[™] program members. Membership is free. To register as a PC Optimum[™] member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See newfoundlandgrocerystores.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; ** Valid for flyer duration, after which the price will be the same for both PC Optimum[™] and non-PC Optimum[™] members. Taxes applicable on the purchase amount after discounts. PC Optimum[™] member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Dominion locations that DO NOT participate in this flyer, visit www.newfoundlandgrocerystores.ca or call Customer Relations at 1-866-727-0771. Quantities and/or selection of items may be limited and may not be available in all stores. Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a raincheck. Advertisements and product selection (flavour, colour, patterns, style) may vary by store location. All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. Savings on items advertised within flyer may vary by store location. Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2025 Loblaws Inc. **#PRICE DROP** offer valid in-store at participating locations between January 1-January 28, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

**FRESH
PROMISE**

**If it's not fresh,
it's free.**

*Fresh Promise: Applicable to eligible fresh produce items purchased at Dominion locations or online at newfoundlandgrocerystores.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Dominion where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

1⁷⁵

ATAULFO MANGO
PRODUCT OF MEXICO OR
RED MANGO
PRODUCT OF PERU
20121509001_EA/20059635001_EA



4⁴⁹
LB
9.90/KG

PC® BLACK GRAPES
PRODUCT OF PERU OR
SOUTH AFRICA, NO. 1 GRADE
20711275001_KG



\$5

CANTALOUPE
PRODUCT OF GUATEMALA OR
HONDURAS
20167017001_EA



3⁵⁰

BLACKBERRIES
PRODUCT OF MEXICO OR U.S.A.
170 G
20051015001_EA



2⁹⁹
LB
6.59/KG

GREEN ZUCCHINI
PRODUCT OF U.S.A.
NO. 1 GRADE
20426596001_KG



8⁹⁹

**PC® CARA CARA
ORANGES**
PRODUCT OF U.S.A., 3 LB BAG
20697748001_EA



\$4

**NO NAME® NATURALLY
IMPERFECT™ LIMES**
PRODUCT OF MEXICO
680 G BAG
21673921001_KG



**CLUB
SIZE**

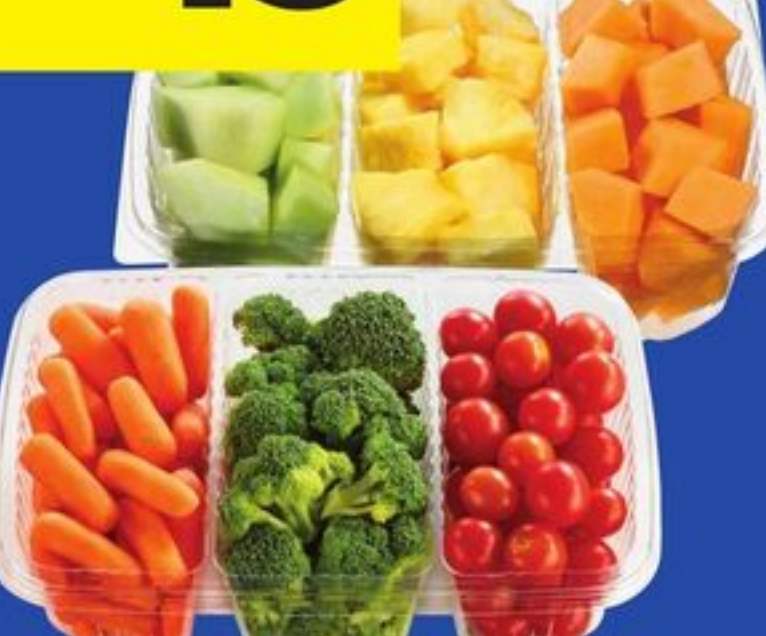
4⁵⁰

ICEBERG LETTUCE
PRODUCT OF U.S.A.
20135326001_EA



\$13

**FRUIT OR VEGGIE
TRI PACKS**
PREPARED IN-STORE,
706 G-1.02 KG
20022119_EA/21209367_EA



\$34

GET 6,000® \$6
back in points
**TROPICAL
UPGRADE**
ASSORTED VARIETIES, 6 INCH
21313218_EA



\$10

**SMALL MIXED
BOUQUET**
20292253_EA



\$26

**PC® SIGNATURE GIFT
BOUQUET**
21087812_EA



7⁹⁹
LB
17.61/KG

LEAN GROUND BEEF
20798281_KG



**CLUB
SIZE**

**SAVE
2.99**

**MARCANGELO
SOUVLAKI KABOBS**
SELECTED VARIETIES, 480/640 G
21041735_EA/21098855_EA



\$7
LB
15.43/KG

CHICKEN WINGS SPLIT
FRESH
20707046_KG



**CANADIAN
POULTRY**

**CLUB
SIZE**

\$7

**ULTIMATE DINNER OR
BREAKFAST CHICKEN
SAUSAGES**
SELECTED VARIETIES, 375/500 G
21378310_EA/21539969_EA



**PREPARED IN
CANADA**

**SAVE
35%**

4⁴⁹

**SUNRISE BOLOGNA
SLICED**
SELECTED VARIETIES, 375 G
20806938_EA



**PREPARED IN
CANADA**

**SAVE
5.00**

\$13

**JANES BONELESS
CHICKEN BITES,
FILLETS OR TENDERS**
SELECTED VARIETIES
FROZEN, 710/720 G
21440340_EA/21440360_EA



**PREPARED IN
CANADA**

**SAVE
UP TO 2.99 LB**

\$11
LB
24.25/KG

**FRESH STEELHEAD
TROUT FILLETS
OR FROZEN BAY
SCALLOPS**
80-120/LB
20850402_EA/21093213_EA



**SAVE
UP TO 1.99**

\$7

**VIVASEA COOKED NEW
ZEALAND GREENSHELL
MUSSELS 500 G OR OCEAN
MARKET WHOLE WILD
CHUB MACKEREL 1KG
FROZEN**
21595040_EA/21079543_EA



**SAVE
UP TO 1.99**

\$11

PC® SMOKED SALMON
SELECTED VARIETIES
FROZEN, 125/150 G
20035009_EA/20108286_EA



SUPER FRESH

SAVE 1.58
WHEN YOU BUY 2
2/\$8
OR 4.79 EA

PREMIUM BAGELS
SELECTED VARIETIES, 6'S
21016649_EA/21018381_EA



\$4

ARTISAN BREAD
SELECTED VARIETIES
BAKED IN-STORE, 420-660 G
21633048_EA/21633233_EA



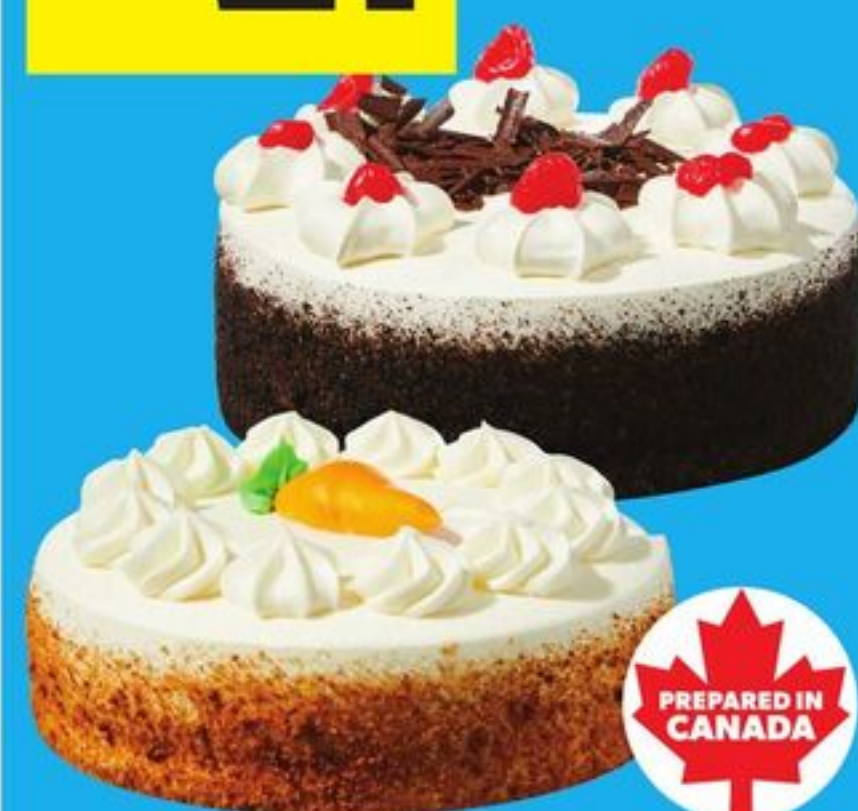
SAVE 1.58
WHEN YOU BUY 2
2/\$8
OR 4.79 EA

KAISER OR PANINI ROLLS
SELECTED VARIETIES
BAKED IN-STORE'S, 6'S
21579824_EA/21579825_EA



\$21

FARMER'S MARKET™ 7 INCH CAKES
SELECTED VARIETIES, 750-875 G
21392537_EA/21392550_EA



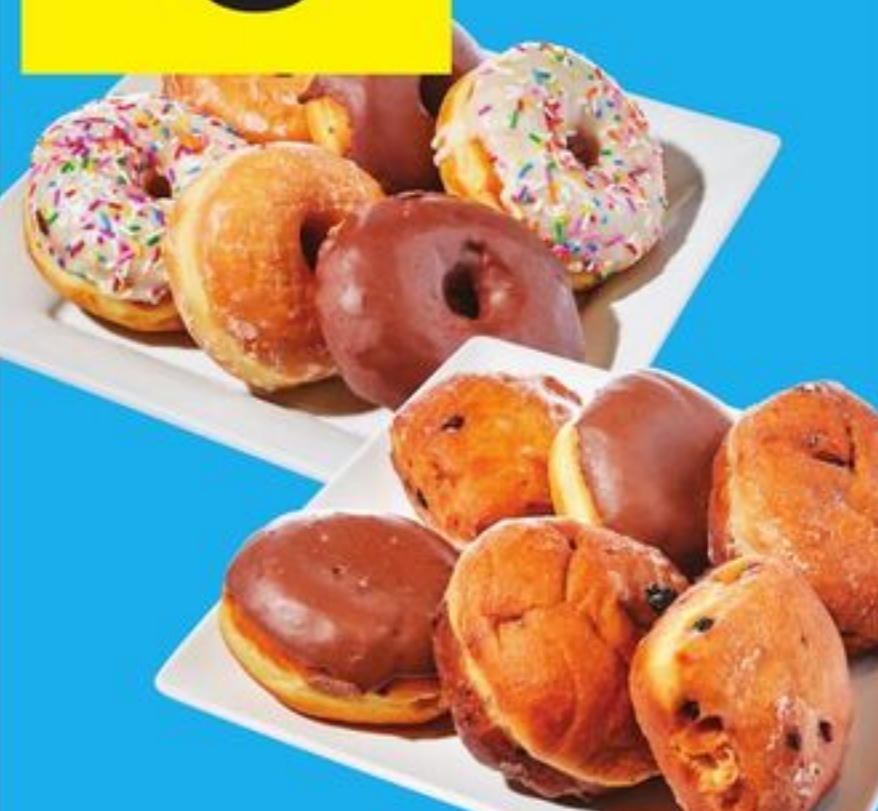
\$7

FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES, 6'S
21283356_EA/21283357_EA



\$8

ASSORTED DONUTS
6'S
21244805_EA/21244806_EA



\$3

HOSTESS SNACK CAKES
SELECTED VARIETIES, 202-206 G
21283752_EA



\$4

SCHOOL SAFE BARS
SELECTED VARIETIES, 296 G
21363224_EA



\$3

PC® FLATBREAD
220/300 G OR **SURAJ®**
NAAN 5'S
SELECTED VARIETIES
20910042_EA/21050380_EA



SAVE UP TO 1.99
\$7

CASTELLO HAVARTI, CHEDDAR OR BLUE CHEESE
SELECTED VARIETIES, 125-200 G
20428574_EA/21158086_EA



SAVE 1.99
\$9

OKA CHEESE
SELECTED VARIETIES, 190 G
20920756_EA/20921279_EA



\$3/100 G

PC® CHICKEN SERVICE CASE MEATS
DELI SERVICE
SELECTED VARIETIES
20301114_KG



Optimum

Members-Only Price™
\$8
Non-members
\$12

Members save \$4

SCHNEIDERS PEPPERETTES
SELECTED VARIETIES
250-375 G
20976101_EA/21196171_EA
**Must be a registered PC Optimum™ member to load and get this offer.



Optimum

Members-Only Price™
4.50
Non-members
\$6

Members save \$1.50

SNACK FACTORY PRETZEL CRISPS
SELECTED VARIETIES, 200 G
21676303_EA/20948940_EA
**Must be a registered PC Optimum™ member to load and get this offer.



Optimum

SAVE 2.00
WHEN YOU BUY 2
2/\$10
OR 6.00 EA

DAIYA DAIRY FREE CHEESE
SELECTED VARIETIES AND SIZES, 170-227 G
21207740_EA
21660590_EA



\$9

FRESHLY PREPARED IN-STORE MADE ROMANACCIA SANDWICHES
SELECTED VARIETIES,
225-385 G
21693850_EA
21693981_EA



SAVE 10.00
\$20

30 PIECE WINGS & WEDGES BUCKET
1.2-2 KG
21541872_EA/21541877_EA



SERVES 6

FROM **\$9**

12" TAKE AND BAKE PIZZA
SELECTED VARIETIES,
570-739 G
21456415_EA
21456401_EA



\$8

HAM OR TURKEY COLD PLATE
CHILLED, 550-554 G
21719933_EA/21719934_EA



NEW

新年快樂

HAPPY LUNAR
NEW YEAR

Celebrate the Year of the
Horse with low prices.



SAVE
1.00

1⁶⁸

AROY-D
COCONUT MILK
SELECTED VARIETIES
400 ML
20047774_EA/20063864_EA



4²⁸
LB
9.44/KG

GRADE A, DUCK
FROZEN
20078881_KG



4⁸⁸

NONGSHIM NOODLES
SELECTED VARIETIES, 400-508 G
21503882_EA/21504161_EA



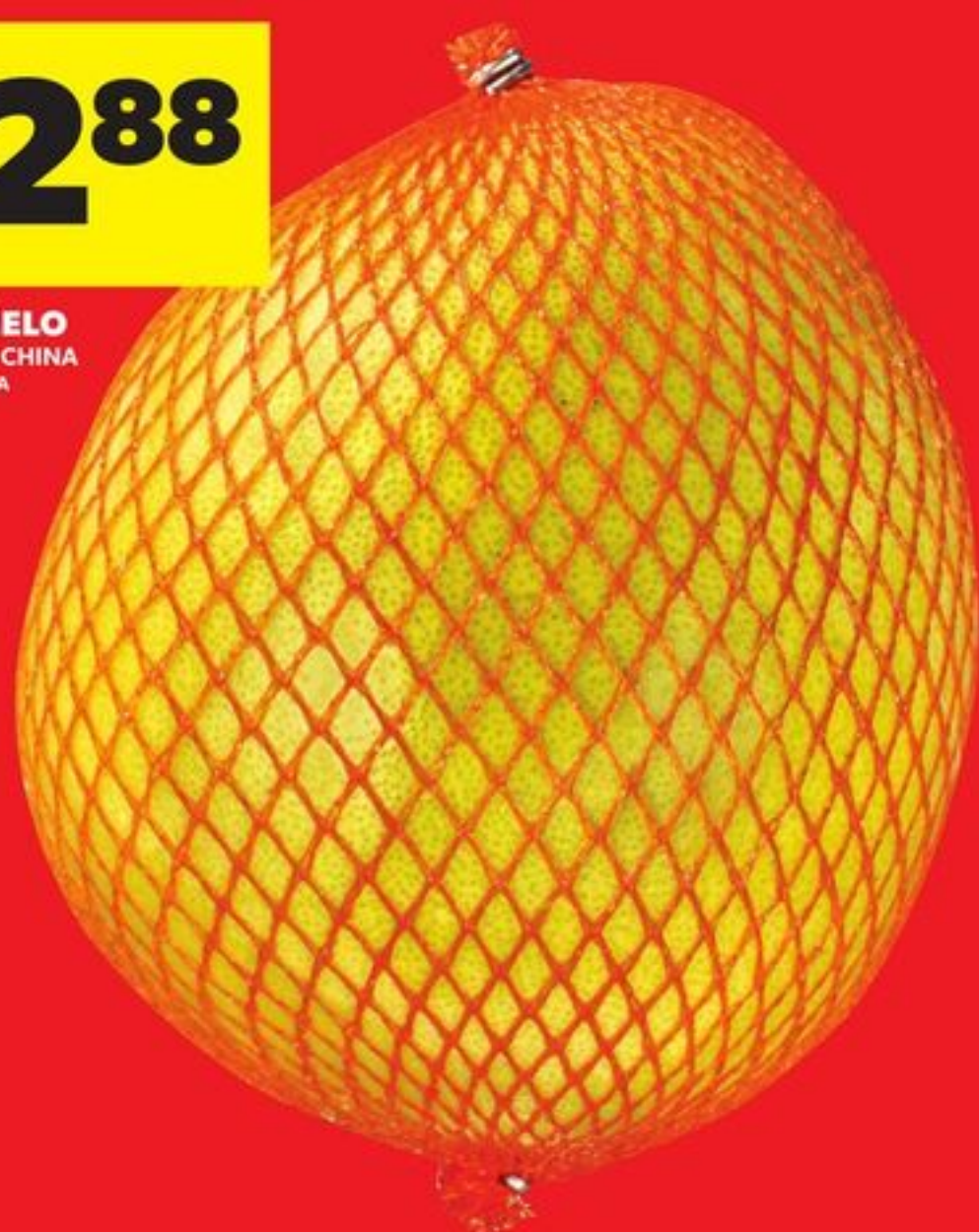
\$3⁸⁸
LB
6.61/KG

BABY OR SHANGHAI
BOK CHOY
PRODUCT OF MEXICO
OR U.S.A.
20082279001_KG
20032454901_KG



2⁸⁸

RED POMELO
PRODUCT OF CHINA
20081390001_EA



HIT OF THE MONTH

**KELLOGG'S
EGGO WAFFLES**
SELECTED VARIETIES, FROZEN, 8'S
20302370 EA



**CATELLI SMART OR
WHOLE GRAINS PASTA**
SELECTED VARIETIES, 340/375 G
20299819008 EA/20527060 EA



**JANES COSMIC
CHICKEN NUGGETS**
FROZEN, 500 G
21717211 EA



As compared to other major grocery retailers within your local areas.
Valid from January 1 - 31, 2026. While quantities last. See in-store for details.

RA DA JAN HOTM FLAP

GOOD HEALTH MORE VALUE

ELEVATE YOUR WELL BEING

\$8
LIMIT 4
OVER LIMIT PAY
12.99 EA

MARC ANTHONY
OR CAKE HAIR
CARE
SELECTED VARIETIES
AND SIZES
20846044_EA/21225013_EA



**SAVE
UP TO 2.49**
\$5

DOVE BAR
SOAP 3X106 G,
BODY WASH 325 ML,
BASE DEODORANT
45/74 G, SHAMPOO,
CONDITIONER 355 ML
OR STYLING
142-198 G/195 ML
SELECTED VARIETIES
20188212001_EA
21511893_EA/21644833_EA

6⁵⁰
LIMIT 6
OVER LIMIT PAY
7.49 EA

SENSODYNE OR
PRONAMEL TOOTHPASTE
SELECTED VARIETIES, 110-135 ML
20247931002_EA/20432268002_EA



4/\$7
OR 1.99 EA

GERBER BABY
FOOD JARS
159-162 ML
OR ORGANIC
BABY FOOD
POUCHES
99 G/128 ML
SELECTED
VARIETIES
21024932_EA
21466952_EA

44⁹⁹

KENDAMIL WHOLE
MILK INFANT
FORMULA
800 G
21699547_EA



RA DA FLAP HABA

no name®

just low prices (so switch)

\$10

NO NAME®
MEATBALLS
SELECTED VARIETIES
FROZEN, 680 G
21537713_EA

no name® sans nom®

beef
meatballs
FULLY COOKED

boulettes de
bœuf
ENTIÈREMENT CUITES



680 g 42 MEATBALLS MINIMUM
BOULETTES MINIMUM

KEEP FROZEN
GARDER CONGELÉ

1 piece

NO NAME®
STUFFED CHICKEN
SELECTED VARIETIES
FROZEN, 284 G
21664886_EA

\$4

no name® sans nom®

ham & cheese
uncooked stuffed breaded
chicken breast cutlettes
escalopettes de poitrine
de poulet farcies et panées
non cuites
jambon et fromage

filled with processed mozzarella cheese
and smoked ham
farces de fromage mozzarella fondu
et de jambon fumé



2 pieces
MOUSTES

284 g

KEEP FROZEN
GARDER CONGELÉ

PHOTO (EN ANGLAIS)
PHOTO (EN FRANÇAIS)

PREPARED IN
CANADA

75%

COOK TO
175°C
375°F

\$17

NO NAME® BEEF
BURGERS
FROZEN, 1.36 KG
20114154_EA

no name®

beef
burgers



12
BURGERS
12.5 g (14.4 g)
1.36 kg

UNCOOKED/NE PAS CUIRE
FROZEN/À CONGÉLER SEULEMENT

KEEP FROZEN
GARDER CONGELÉ

1 piece

PREPARED IN
CANADA

CLUB SIZE • FORMAT CLUB

no name® sans nom®

chicken strips
breaded chicken cutlettes

FULLY COOKED • ENTIÈREMENT CUITES

escalopettes de poulet panées
lanières
de poulet

ready with white bread
prêt avec du pain blanc



KEEP FROZEN
GARDER CONGELÉ

1.81 kg

MINIMUM 10 PIECES
DE MOUSTES MINIMUM

PHOTO (EN ANGLAIS)
PHOTO (EN FRANÇAIS)

PREPARED IN
CANADA

\$12

NO NAME® BREADED
CHICKEN NUGGETS,
BURGERS OR STRIPS
CLUB SIZE, SELECTED VARIETIES
FROZEN, 1.81 KG
21178763_EA

5.99

NO NAME® BACON
REGULAR OR SALT REDUCED
500 G
20156771_EA



\$10

NO NAME® GARLIC
COIL SAUSAGE
750 G
20090793_EA



10.99

NO NAME® ORIGINAL WIENERS
1.5 KG
20961816_EA



CLUB
SIZE

\$6

NO NAME® NATURALLY
IMPERFECT™
MANGOES
PRODUCT OF PERU
3 LB
21624837001_EA



\$5

NO NAME® NATURALLY
IMPERFECT™ MINI
CUCUMBERS
PRODUCT OF CANADA
2 LB
21606679001_EA



CLUB
SIZE

\$7

NO NAME® NATURALLY
IMPERFECT™ LEMONS
PRODUCT OF U.S.A.
3 LB BAG
21124487001_EA



2.75

NO NAME® GARLIC LOAF OR
GARLIC TOAST
FROZEN, 325 G
21594272_EA
21594313_EA



no name® sans nom®
garlic toast
ready to bake

pain grillé
à l'ail
prêt pour le four



8 pieces
325 g

KEEP FROZEN
GARDER CONGELÉ

1 piece

PREPARED IN
CANADA

\$3

NO NAME® HOT DOG
OR HAMBURGER BUNS
SELECTED VARIETIES
8'S
21509434_EA
21509514_EA



2.50

NO NAME® BREAD
WHITE OR WHOLE WHEAT
520 G
21509610_EA



no name®

just low prices (so switch)

2⁷⁵

NO NAME® BRIOCHE SLICED BREAD 550 G OR
ITALIAN STYLE WHITE BREAD 675 G
21609717_EA
21609894_EA



1⁹⁹

NO NAME® BOLOGNA CHICKEN
375 G
20103516_EA



2⁵⁰

NO NAME® ALMOND CHEWY OR CHOCOLATE CHIP GRANOLA BARS
SELECTED VARIETIES, 120-175 G
20915354_EA/21540823_EA



2⁵⁰

NO NAME® FRUIT BOWLS
SELECTED VARIETIES
4X107 ML
20326314001_EA
20521655_EA



\$7

NO NAME® NATURALLY IMPERFECT™ APPLES
PRODUCT OF CANADA
CANADA NO. 2 GRADE
6 LB
20868985001_EA



5⁵⁰

NO NAME® PEANUT BUTTER
SELECTED VARIETIES
1 KG
20296985001_EA
20296985003_EA



\$11

NO NAME® HONEY, LIQUID SQUEEZABLE OR CREAMED TUB
PASTEURIZED OR UNPASTEURIZED, 1 KG
20033683_EA
20072342_EA



2⁵⁰

NO NAME® ENGLISH MUFFINS
SELECTED VARIETIES
6'S
21216413_EA



\$3

NO NAME® EGG NOODLES
SELECTED VARIETIES
340 G
20313261002_EA
20322635_EA



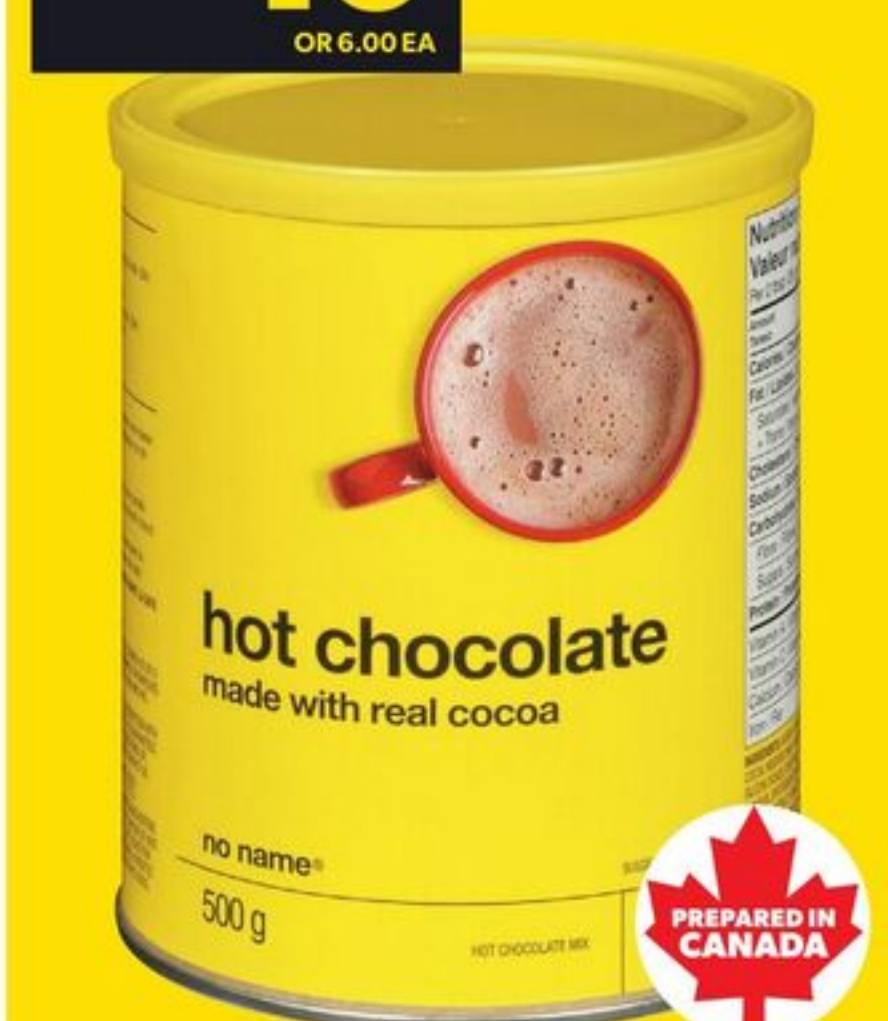
2⁵⁰

NO NAME® PRETZELS OR NO NAME® NACHO TORTILLA CHIPS
SELECTED VARIETIES
200 G
20315215_EA
21686771_EA



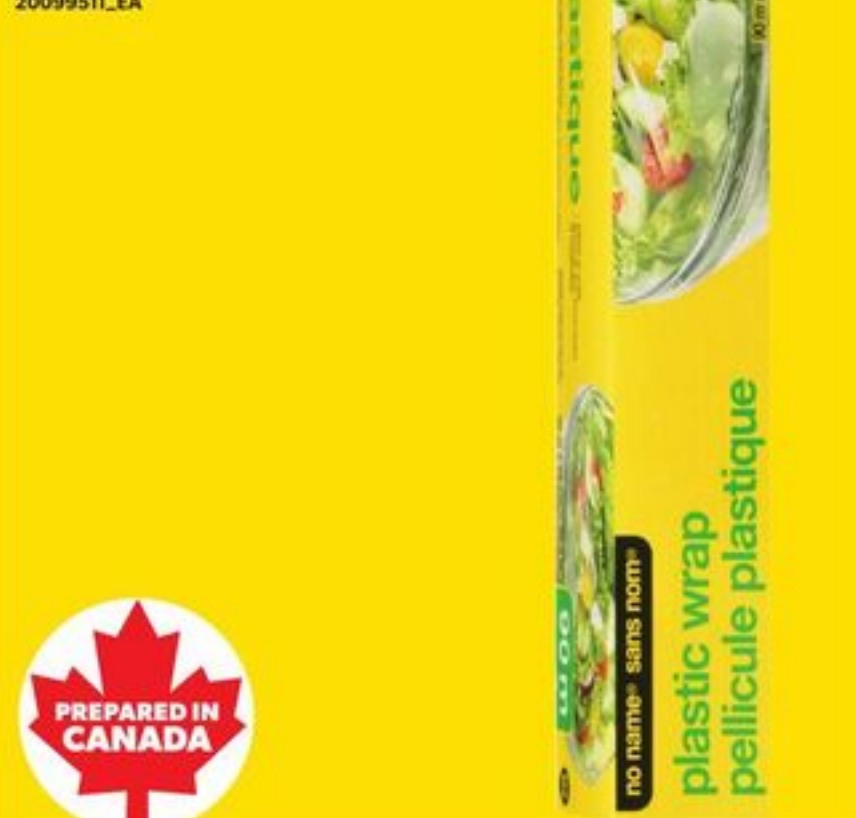
2/\$10
OR 6.00 EA

NO NAME® HOT CHOCOLATE MIX
500 G
20760278_EA



4⁵⁰

NO NAME® PLASTIC WRAP
90 M
20099511_EA



2⁵⁰

NO NAME® SANDWICH BAGS
SELECTED VARIETIES
80/100'S
20180393_EA



\$4

NO NAME® FOOD STORAGE CONTAINERS
SELECTED VARIETIES
21181828_EA
21295288_EA



no name®

just low prices (so switch)

3⁵⁰

**NO NAME®
PANCAKE MIX** 905 G
OR **SYRUP** 750 ML
SELECTED VARIETIES
20306030_EA
20322949_EA



2⁵⁰

**NO NAME®
WAFFLES**
SELECTED VARIETIES
FROZEN, 8'S
20316375001_EA



\$6

NO NAME® RICE
SELECTED VARIETIES
2 KG
20009675_EA
20069589_EA



\$5

GET 1,000⁰⁰ \$1
back in points
**NO NAME®
BATTERED FISH**
SELECTED VARIETIES
454 G
21672264_EA
21672358_EA



3⁵⁰

**NO NAME® ALMONDS
OR WALNUTS**
SELECTED VARIETIES
100 G
20127455001_EA
20599246_EA



3²⁵

NO NAME® COOKIES
SELECTED VARIETIES
198-368 G
20303626_EA
20316133_EA



3⁵⁰

**NO NAME®
BLANCHED PEANUTS**
SELECTED VARIETIES
500 G
20318062001_EA
20318062002_EA



\$5

**NO NAME®
MAYONNAISE**
SELECTED VARIETIES
890 ML
20627614001_EA
20627614002_EA



2⁴⁹

**NO NAME®
YELLOW MUSTARD**
400 ML
20162036_EA



1⁵⁰

**NO NAME®
CRACKERS**
SELECTED VARIETIES
100 G
20297188003_EA
20297188006_EA



\$2

**NO NAME®
PLASTIC WRAP**
SELECTED VARIETIES
30 M
20058286_EA



\$11

**NO NAME®
FACIAL TISSUE**
6'S
20971002_EA



\$7

**NO NAME®
PAPER TOWELS**
6=12 ROLLS
21636318_EA



Organics™

4⁹⁹

**PC® ORGANICS
CARROTS**
PRODUCT OF CANADA OR U.S.A.
OR **COOKING ONIONS**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE, 2 LB
20053421_EA/20107532_EA



\$8

**PC® ORGANICS
BLUEBERRIES**
PRODUCT OF MEXICO, PERU,
CHILE OR MOROCCO, 278 G
21179969001_EA



4⁵⁰

**PC® ORGANICS
GRAPE TOMATOES**
PRODUCT OF CANADA OR
MEXICO, 255 G
20171177001_EA



3⁵⁰

**PC® ORGANICS
WHOLE CREMINI OR
WHITE MUSHROOMS**
PRODUCT OF CANADA, 227 G
21021965_EA
21021999_EA



8⁴⁹

**PC® ORGANICS
GALA APPLES**
PRODUCT OF CANADA,
CANADA FANCY GRADE, 3 LB
20606349001_EA



\$5

**PC® ORGANICS
SALAD MIX**
SELECTED VARIETIES,
PRODUCT OF U.S.A., 142 G
20305277_EA/20314039_EA



\$5

**PC® ORGANICS
FRUIT SPREAD**
SELECTED VARIETIES, 365 ML
21591713_EA



\$7

**PC® ORGANICS
PURE
UNPASTEURIZED
HONEY**
375 G
20055665_EA



\$10

**PC® ORGANICS EXTRA
VIRGIN OLIVE OIL**
SELECTED VARIETIES, 500 ML
20027043_EA



\$4

**PC® ORGANICS
MULTIGRAIN
FLATBREAD
CRACKERS**
SELECTED VARIETIES, 142 G
20978831_EA/20982169_EA



\$5

**PC® ORGANICS JUMBO
RAISIN SNACK PACK**
14'S
21170526_EA



\$3

**PC® ORGANICS
APPLE JUICE**
SELECTED VARIETIES, 1.36 L
21209313_EA



5⁵⁰

**PC® ORGANICS
KEFIR**
SELECTED VARIETIES,
1 L
20941529_EA
20944278_EA



7⁵⁰

**PC® ORGANICS
JUMBO RAISINS**
SELECTED VARIETIES, 425 G
21163289_EA



ALWAYS LOW PRICE

ALWAYS LOW PRICE

\$10

PILLERS HAMS
SELECTED VARIETIES, 600 G
21608901_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$7

PC PUB RECIPE™ OR GLUTEN FREE CHICKEN
SELECTED VARIETIES, FROZEN, 600/700 G
21079476_EA/21201321_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$3

POPEYE SELECT SPINACH
PRODUCT OF U.S.A., 283 G
20156570_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$13

SEAQUEST SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN, 454 G
21687413_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$7

BASSÉ NUT MIX
SELECTED VARIETIES
415-600 G
21158597_EA/21158603_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$8

IN-STORE PREPARED BOWLS
SELECTED VARIETIES, 345-400 G
21696311_EA/21696361_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$6

ZIGGY'S DELI CHEESE SLICES
SELECTED VARIETIES,
160/180 G
21610744_EA/21610826_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$4

ZIGGY'S SLICED MEAT
SELECTED VARIETIES
175 G
21590279_EA/21592461_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$9

ZIGGY'S PASTA
SELECTED VARIETIES
850/1000 G
21521163_EA/21521156_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$5

FARMER'S MARKET™ MUFFINS
SELECTED VARIETIES, 4'S
21639320_EA/21639357_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$5

FARMER'S MARKET™ CUPCAKES
ASSORTED VARIETIES, 6'S
21635700_EA/21635894_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$5

MINI COOKIES
SELECTED VARIETIES, 24'S
21596600_EA

PREPARED IN CANADA

ALWAYS LOW PRICE

ALWAYS LOW PRICE

\$5

NO NAME® PEROGIES
SELECTED VARIETIES, FROZEN, 2 KG
20323762001_EA



CLUB SIZE • FORMAT CLUB

no name® sans nom®

potato & cheddar flavour
perogies • pérogies
savour **pommes de terre et cheddar**

2 kg

CLUB SIZE • FORMAT CLUB

no name® sans nom®

potato & cheddar flavour
perogies • pérogies
savour **pommes de terre et cheddar**

PREPARED IN CANADA

CLUB SIZE

ALWAYS LOW PRICE

\$3.50

NO NAME® PIZZA
SELECTED VARIETIES, FROZEN, 350-411 G
21541441_EA/21541444_EA



no name® sans nom®

thin crust pizza
croûte mince
pepperoni

with tomato sauce, mozzarella cheese and pepperoni

no name® sans nom®

thin crust pizza
croûte mince
spinach épinards

with spinach, tomato sauce, mozzarella cheese and pepperoni

411 g

Simple

ALWAYS LOW PRICE

\$4.50

PC® BLACK LABEL ICE CREAM
SELECTED VARIETIES, FROZEN, 500 ML
21588234_EA/21648683_EA



STRAWBERRY FRAISE

LONDON FOG THE LATTE À L'ANGLAISE

500 mL

PREPARED IN CANADA

CLUB SIZE

ALWAYS LOW PRICE

\$10

NO NAME® ICE CREAM SANDWICHES OR BARS
SELECTED VARIETIES, FROZEN, 24/30'S
20347400002_EA/21013432_EA



no name® sans nom®

vanilla
ice cream sandwiches

no name® sans nom®

fudge bars

30 x 60 mL

PREPARED IN CANADA

CLUB SIZE

ALWAYS LOW PRICE

\$8.50

PC® ORGANICS FRUIT
SELECTED VARIETIES, FROZEN, 600 G
20993672_EA
20431483003_EA



Organics Biologique

WHOLE RED RASPBERRIES
FRAMBOISES ROUGES ENTIÈRES

Organics Biologique

BLUEBERRIES
RACLES EN CORNUE

600 g

ALWAYS LOW PRICE

\$5

PC® ORGANICS FROZEN VEGETABLES
SELECTED VARIETIES, 300-500 G
20416869001_EA
20416869002_EA



Organics Biologique

BROCCOLI FLORETS
FLEURONS DE BROCOLI

Organics Biologique

EDAMAME SHELLS
EDAMAMES ÉCOSSÉS

300 g

ALWAYS LOW PRICE

\$4

PC® ORGANICS VEGAN PUFFS
SELECTED VARIETIES, 142 G
21358684_EA/21358688_EA



Organics Biologique

PLANT-BASED CHEDDAR JALAPENO
BAKED CORN PUFFS
SUFFLES DE MAÏS CROQUÉS AU FOUR
CHEDDAR À BASE DE PLANTES ET JALAPENO

142 g

Organics Biologique

PLANT-BASED CHEDDAR
BAKED CORN PUFFS
SUFFLES DE MAÏS CROQUÉS AU FOUR
CHEDDAR À BASE DE PLANTES

142 g

ALWAYS LOW PRICE

\$4

PC® ORGANICS UNSWEETENED APPLE SAUCE
SELECTED VARIETIES, 6X100 ML
20320493001_EA
21306828_EA



Organics

unsweetened APPLE

Organics

unsweetened APPLE STRAWBERRY

6 x 100 mL

ALWAYS LOW PRICE

\$2.50

PC® ORGANICS BROTH
SELECTED VARIETIES, 900 ML
21195472_EA



Organics Biologique

VEGETABLE
Broth • Bouillon
LÉGUMES

900 mL

ALWAYS LOW PRICE

\$4.50

PC® ORGANICS ANIMAL COOKIES
SELECTED VARIETIES, 250 G
20181028_EA/20304981_EA



Organics

Original
animal cookies

250 g

ALWAYS LOW PRICE

\$1

PC® BLUE MENU® OR FREE & CLEAR SPARKLING WATER
SELECTED VARIETIES, 1L
20162061003_EA
20320832004_EA



BLUE MENU®
SPARKLING WATER
EAU PÉTILLANTE LIMON

FREE & CLEAR
BLACK CHERRY
clair et net®
CERISE NOIRE

1L

PREPARED IN CANADA

ALWAYS LOW PRICE

\$8

NO NAME® CLUMPING CAT LITTER
SELECTED VARIETIES, 7 KG
20023746001_EA



no name® sans nom®

extra-scented clumpable
clumping cat litter
for multiple cats

7 kg

新年快樂 HAPPY LUNAR NEW YEAR

Celebrate
 the Year of the
 Horse with
 low prices.

148

NAPA CABBAGE
 PRODUCT OF CANADA
 20015025001_KG

248

GINGER ROOT
 PRODUCT OF CHINA
 20179038001_KG

13⁸⁸

T&T HOT POT ROLLS
 BEEF OR LAMB
 340 G
 21570350_EA

128

GOLDEN HAPPINESS SPECIALTY BUN
 SELECTED VARIETIES
 100 G
 21297542_EA

348

LEE KUM KEE HOISIN SAUCE
 445 ML
 20045048_EA

2⁸⁸

PC UDON NOODLES
 800 G
 20354811_EA

225

JAPANESE SWEET YAM
 PRODUCT OF CANADA
 OR U.S.A.
 20524922001_KG

148

DAIKON LO BOK
 PRODUCT OF CHINA
 20082109001_KG

148

TAIWANESE FLAT CABBAGE
 PRODUCT OF MEXICO
 OR U.S.A.
 20082109001_KG

\$16

BENTO CALIFORNIA FAMILY PACK SUSHI
 SELECTED VARIETIES
 470/645 G
 21691525_EA/21638655_EA

649

T&T TAIWAN STYLE SAUSAGE
 SELECTED VARIETIES
 375 G
 21637048_EA

548

CHICKEN GIZZARDS, HEARTS OR LIVERS
 FROZEN
 21528473_KG

588

PORK BELLY PORTION
 20793502_KG

Optimum

Members-Only Price™

\$3

Non-members

\$4

Members save \$1

SOYGENIC TOFU
 SELECTED VARIETIES
 350-500 G
 21023474_EA

3⁸⁸

LOTTE PEPERO VALUE PACK
 SELECTED VARIETIES
 128 G
 21617953_EA

158

T&T KOREAN ROASTED SEA LAVER
 3'S
 20593313_EA

\$3

HAITAI HONEY BUTTER POTATO CHIPS
 60 G
 21365446_EA

3⁸⁸

GOLD KILI INSTANT MATCHA LATTE
 SELECTED VARIETIES
 250 G
 21166724_EA



新年快樂 HAPPY LUNAR NEW YEAR

Celebrate
the Year of the
Horse with
low prices.

4⁸⁸

MELONA ICE BAR
 SELECTED VARIETIES
 FROZEN, 560 ML
 21622903_EA



8⁹⁹

BIBIGO MANDU
 FROZEN, 680 G
 21591925_EA



8⁴⁹

O'TASTY BBQ BUNS
 FROZEN, 680 G
 20219240002_EA



\$7

CANADIAN COVE FRESH PEI MUSSELS
 907 G
 21556624_EA



4⁹⁹

HEIWA UDON NOODLES
 FROZEN, 1.25 KG
 20570578_EA



4⁸⁸

SUMMI! SPRING ROLLS OR DUMPLINGS
 SELECTED VARIETIES
 250-350 G
 21143897_EA
 21378594_EA



3⁹⁹

NISSIN DUMPLINGS
 SELECTED VARIETIES
 FROZEN, 201 G
 21363910_EA
 21363909_EA



5⁴⁹

PALM CORNED BEEF WITH JUICES
 SELECTED VARIETIES
 326 G
 20416342_EA



1²⁸

T&T ORGANIC ROASTED CHESTNUTS
 100 G
 20873813_EA



\$7

LEE KUM KEE PURE SESAME OIL
 445 ML
 20165080_EA



2⁴⁸

T&T ALOE VERA DRINK
 SELECTED VARIETIES
 1.5 L
 20593585_EA



2⁴⁹

ROOSTER SWEETENED CONDENSED MILK
 300 ML
 20126907_EA



1²⁹

CAMP SWANSON CHICKEN BROTH
 420 G
 20042814_EA



\$6

DANISA TRADITIONAL BUTTER COOKIES
 454 G
 21245259_EA



3⁴⁹

LEE KUM KEE PANDA BRAND OYSTER FLAVOURED SAUCE
 412 ML
 20139600_EA



FROM 4⁵⁰

NO NAME PAPER PLATES
 SELECTED VARIETIES 40'S
 21384127_EA
 21384145_EA



UPTO 15% OFF

LEGO LUNAR NEW YEAR
 21717895_EA





TOP PICKS

DISCOVER OUR ASIAN FOOD SELECTION!



APP EXCLUSIVE OFFER[†]

Optimum[®]
GET 3,000^{pts}

\$3
back in points

for every \$15* spent on T&T products all sizes and varieties
*Open your PC Optimum[®] app or visit pcoptimum.ca to get the offer. †At least \$3 value in points.

\$3

T&T FROZEN EDEMAME
SELECTED VARIETIES
454 G
20593404_EA



T&T SHRIMP DUMPLINGS
1.04 KG (26 G X 40)
21471210_EA

11⁸⁸

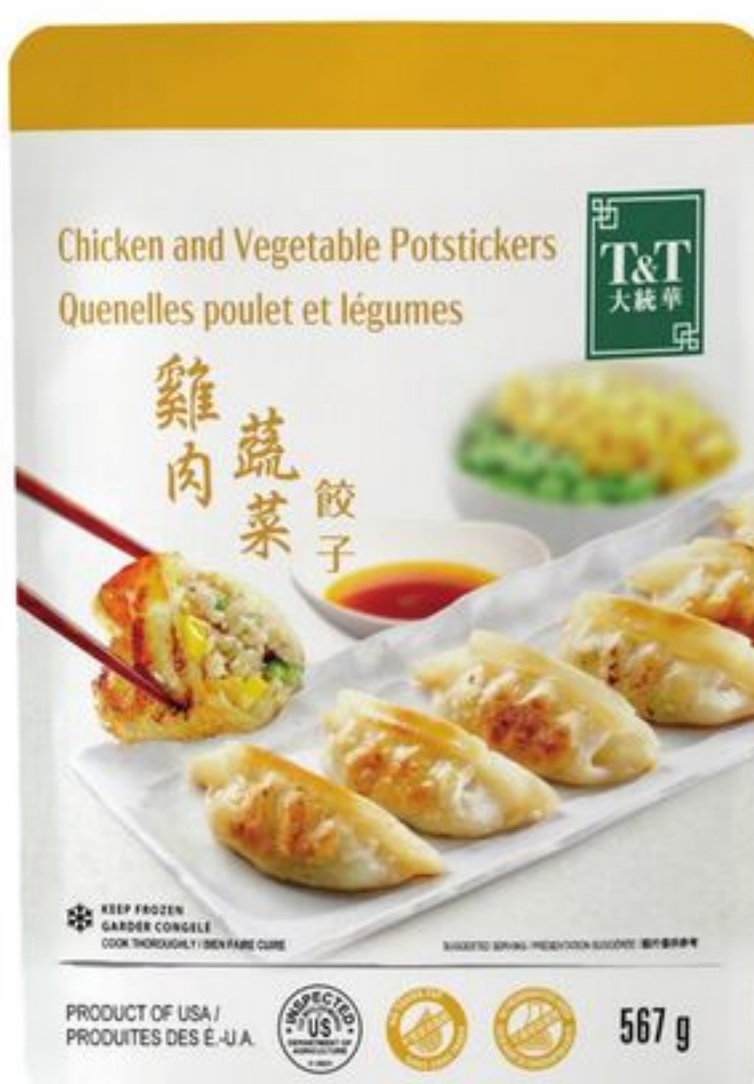


5⁹⁹

T&T ICE CREAM
SELECTED VARIETIES, 1 L
21300559_EA



4⁹⁹



T&T POTSTICKERS
SELECTED VARIETIES, FROZEN
567 G
21495805_EA

\$6

T&T VEGETABLE SPRING ROLLS
FROZEN, 500 G
21615702_EA



T&T FROZEN DURIAN
SELECTED VARIETIES
FROZEN, 454 G
21541463_EA

10⁹⁹



5⁴⁹

T&T GREEN ONION PANCAKE
FROZEN, 600 G
20814816_EA



12⁸⁸

T&T JASMINE RICE
8 KG
20705590_EA



1⁸⁸

WAHAHA YOGURT FLAVOURED DRINK
400 ML
21091972_EA



12⁸⁸

BILLY BEE HONEY
1 KG
20528715_EA



\$6

BULL-DOG TONKATSU SAUCE
500 ML
21576312_EA



3²⁹

LAO GAN MA CHILI CRISP
598 ML
20874066_EA



SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find
international ingredients at low prices.

SHOP NOW

\$2

SANTOSH NAAN
 SELECTED VARIETIES, 5'S
 21671462_EA

2²⁵

LB
 5.05/KG

PAPAYA
 PRODUCT OF MEXICO
 2087066001_KG

\$4

T&T ALMOND COOKIES
 304 G
 21049626_EA

\$4

CRISPY SHORTBREAD COOKIES
 SELECTED VARIETIES, 300-350 G
 20820419_EA

6⁵⁰

SHER BESAN FLOUR
 1.81 KG
 20869922_EA

2⁹⁹

PRAN SAMOSAS
 FROZEN, 400 G
 21054779_EA

3⁴⁹

NANAK DAHI
 750 G
 20133591_EA

3⁵⁰

CRISPY ROTI
 SELECTED VARIETIES, 750 G
 21195607_EA

2⁴⁹

SHANA PARATHA
 SELECTED VARIETIES, FROZEN,
 400 G
 20990913001_EA

1⁵⁰

MAGGI NOODLES MASALA
 280 G
 20870359_EA

2⁵⁰

BRITANNIA GOOD DAY
 231 G OR FIRST FIFTY
 COOKIES 372 G
 SELECTED VARIETIES
 21023105_EA/21023769_EA

3⁵⁰

LAY'S INTERNATIONAL FLAVORS
 SELECTED VARIETIES, 200 G
 21663082_EA/21663203_EA

\$5

SURAJ BLACK BEANS
 SELECTED VARIETIES, 1.8 KG
 20558755_EA/20558758_EA

1⁵⁰

KURKURE MASALA MUNCH
 SELECTED VARIETIES, 115 G
 20659742_EA/21361077_EA

SUPER YOUR EVERYDAY

6⁵⁰

GIUSEPPE EASY PIZZI
560-600 G OR GIUSEPPE
PIZZA 439-785 G
SELECTED VARIETIES, FROZEN
21106361_EA/21359564_EA



3⁵⁰

CATELLI LASAGNA
375/500 G OR PREGO
SAUCE 645 ML
SELECTED VARIETIES
20325820001_EA/20632367_EA



\$4

GET 500[®]
PATAK'S
COOKING SAUCE 400 ML
OR PASTE 284 ML
SELECTED VARIETIES
20217180002_EA/20307057004_EA



\$12

NO NAME[®] CANOLA
OR VEGETABLE OIL
3 L
20028656_EA/20103390_EA



1⁵⁰

NO NAME[®] CHUNK OR
FLAKED LIGHT TUNA
170 G
20521647_EA/20521648_EA



\$4

SPAM LUNCHEON
MEAT OR HEREFORD
CORNED BEEF
SELECTED VARIETIES, 340 G
20050622_EA/20968255_EA



3⁴⁹

SKINNY GIRL SALAD
DRESSING
SELECTED VARIETIES
237 ML
21448124_EA
21448141_EA



\$5

HARIBO GOLDBEAR,
STARMIX OR
HAPPY COLA
SELECTED VARIETIES
284 G
21387490_EA
21593050_EA



\$6

KELLOGG'S FAMILY SIZE
CEREAL
SELECTED VARIETIES
450-650 G
20054727_EA
21651640_EA



3⁷⁵

IÖGO OR
ASTRO
YOGURT TUBS
SELECTED VARIETIES
650/750 G
20165226001_EA
21659463_EA



SAVE 1.98
WHEN YOU BUY 2

2/\$11
OR 6.99 EA

PC[®] FROZEN
FRUIT
SELECTED VARIETIES
300-600 G
20312227_EA



SAVE 2.00
UP TO

\$10

PC[®] OR BLUE
MENU[®] MEAT
OR VEGETABLE
LASAGNA OR
MAC & CHEESE
ENTRÉES
SELECTED VARIETIES
FROZEN, 1.13 KG



SAVE .98
WHEN YOU BUY 2

2/\$10
OR 5.49 EA

CHEETOS
SELECTED VARIETIES
170-285 G
21370169_EA
21370195_EA



11⁹⁹

GET 2,000[®]
when you buy 2

\$2
back in points

FRITO-LAY
VARIETY PACK
CHIPS
SELECTED VARIETIES
428/448 G
21584889_EA
21584937_EA



2/\$15
OR 8.49 EA

COCA-COLA
OR CANADA
DRY SOFT
DRINKS
SELECTED VARIETIES
12X355 ML
203075690004_C12
20318694002_C12



SAVE 1.98
WHEN YOU BUY 2

2/\$15
OR 8.49 EA

PEPSI SOFT
DRINKS
SELECTED VARIETIES,
12X355 ML
20322361002_C12
20322361004_C12



\$17

FEBREZE PLUG
IN SCENTED
OIL REFILL
SELECTED VARIETIES
3'S
21659197_EA



4⁵⁰

ALCAN FOIL 50 FT
OR REYNOLD
PARCHMENT
PAPER 35 FT
20051862_EA/20871415_EA



COLD BEVERAGES FOR DRY JANUARY

10⁹⁹

BUDWEISER ZERO
FULL-FLAVOURED
ZERO ALCOHOL BREW
SELECTED VARIETIES
6X355 ML
21313108_EA



11⁴⁹

PERONI NASTRO AZZURRO
SELECTED VARIETIES
21622480_C06



8⁹⁹

CORONA CERO 0.0%
ALCOHOL-FREE BEER
6X330 ML
21650191_C06



13⁹⁹

GRÜVI NON ALC
4X275 ML
21512576_C04
21512624_C04



7⁴⁹

PARTAKE OR HOP WATER
SELECTED VARIETIES
4X355 ML
21359004_C04
21643955_C04



\$9

PC® DE-ALCOHOLIZED BEER
SELECTED VARIETIES
12X355 ML
20121729_C12
20325253_C12



7⁵⁰

PC® DE-ALCOHOLIZED WINE
SELECTED VARIETIES
750 ML
21403389_EA
21403385_EA



7⁵⁰

ATHLETIC BREWING CO. NON-ALCOHOLIC BEER
SELECTED VARIETIES
6X355 ML
21538144_C06
21538122_C06



15⁴⁹

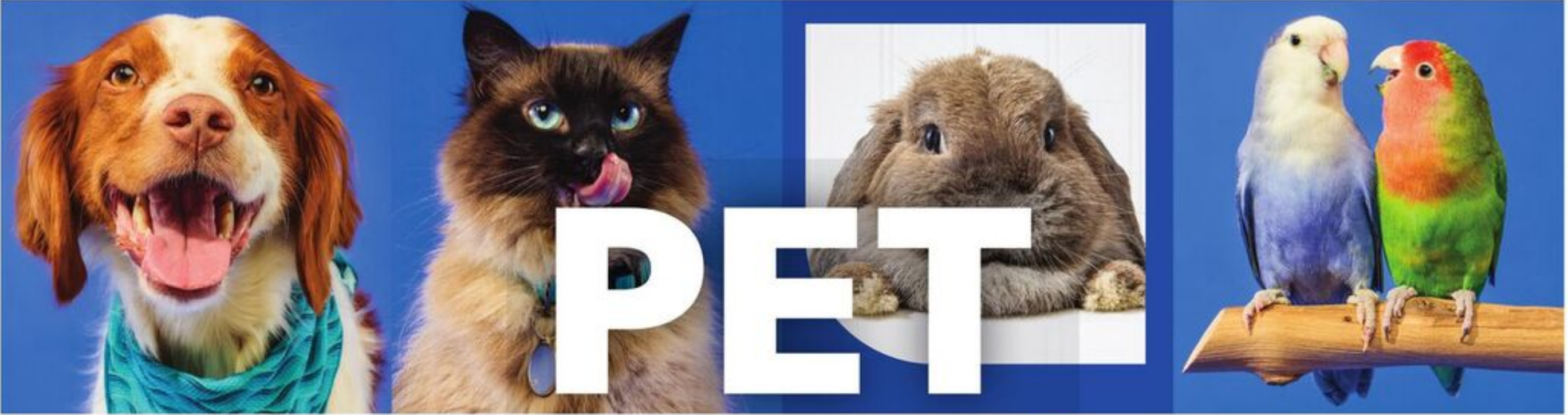
BACARDI MARTINI
SELECTED VARIETIES
750 ML
21526570_EA



\$6

PC® NON-ALCOHOLIC BEER
SELECTED VARIETIES
4X355 ML
21589408_C04
21589335_C04





\$7

**TEMPTATIONS
CAT TREATS**
SELECTED VARIETIES, 454 G
21105449_EA

\$9

PURINA CAT CHOW
SELECTED VARIETIES, 1.42-2 KG
20319556001_EA

\$7

MEOW MIX CAT FOOD
SELECTED VARIETIES, 1.42 KG
21586251_EA

\$17

**PC[®] NUTRITION FIRST[®]
DRY CAT FOOD**
SELECTED VARIETIES, 2 KG
21303030_EA

\$1

**PC[®] NUTRITION FIRST[®]
WET CAT FOOD**
SELECTED VARIETIES, 85 G
21359618_EA/21618582_EA

\$10

**PC[®] EXTRA
MEATY CAT FOOD**
SELECTED VARIETIES, 2 KG
21361585_EA

2⁵⁰

**PC[®] NUTRITION FIRST[®]
DOG FOOD**
SELECTED VARIETIES, 374 G
21359227_EA/21359232_EA

\$8

**PC[®] NUTRITION FIRST[®]
DOG TREATS**
SELECTED VARIETIES, 160-270 G
21544858_EA/21544864_EA

\$11

**DENTASTIX[®]
DOG TREATS**
SELECTED VARIETIES
100 G-1.9 KG
21081177_EA

\$10

**DENTALIFE[®]
DOG TREATS**
SELECTED VARIETIES, 408-595 G
21081077_EA

\$43

**BENEFUL[®]
DOG FOOD**
SELECTED VARIETIES, 12.7 KG
21236989_C01

\$15

**PURINA ONE[®]
DOG FOOD**
SELECTED VARIETIES, 6 PK
21303481_EA

\$13

**PURINA ONE[®]
DRY DOG FOOD**
SELECTED VARIETIES
1.72/1.81 KG
20946448_EA

\$11

**MILK-BONE SOFT AND
CHEWY DOG TREATS**
SELECTED VARIETIES, 708 G
21047843_EA

\$11

**NO NAME[®]
CLUMPING CAT LITTER**
SELECTED VARIETIES, 18 KG
20177169002_EA

ELEVATE YOUR WELL BEING

UP TO
20% OFF

**CETAPHIL SKINCARE
CLEANSER OR
MOISTURIZERS**
SELECTED VARIETIES AND SIZES
20079867001_EA/20432313001_EA



UP TO
20% OFF

**LUBRIDERM OR
NEUTROGENA
BODY CARE**
SELECTED VARIETIES AND SIZES
20432375001_EA/21434865_EA



UP TO
25% OFF

L'ORÉAL HAIR CARE
SELECTED VARIETIES AND SIZES
21080562_EA/21080597_EA



\$12

**LIMIT 4
OVER LIMIT PAY
14.99 EA**

**L'ORÉAL PREFERENCE
OR GARNIER OLIA
HAIR COLOUR**
SELECTED VARIETIES AND SIZES
20306667001_EA/21474551_EA



\$8

**LIMIT 6
OVER LIMIT PAY
8.99 EA**

**DOVE WOMEN'S
DEODORANT 74 G OR
DRY SPRAYS 107/113 G**
SELECTED VARIETIES
20840721_EA/21196229_EA



\$8

**LIMIT 4
OVER LIMIT PAY
10.99 EA**

**LISTERINE
MULTIBENEFITS
1L OR CLASSIC 1.5L
MOUTHWASH**
SELECTED VARIETIES
20701283_EA/21091180_EA



FOR HEALTHY LOOKING, BEAUTIFUL SMILES!



**LIMIT 6
3⁵⁰**
OVER LIMIT
PAY 4.49 EA

**LIMIT 6
6⁵⁰**
OVER LIMIT
PAY 6.99 EA



**LIMIT 4
9⁵⁰**
OVER LIMIT
PAY 10.49 EA



**UP TO
30% OFF**

© 2026 P&G

FAST & EFFECTIVE DANDRUFF RELIEF

up to
20% OFF

Selsun Blue haircare
selected varieties
300 mL
21507228_EA

CLINICALLY PROVEN RELIEF WITH
**2.5% MAX STRENGTH
FORMULA**



WORKS FROM 1ST WASH

Visible improvement within uses

DUAL ACTION*

Fights dandruff-causing yeast

Helps reduce flaking

DISCOVER OUR FULL RANGE OF DANDRUFF RELIEF SOLUTIONS



Extra Strength

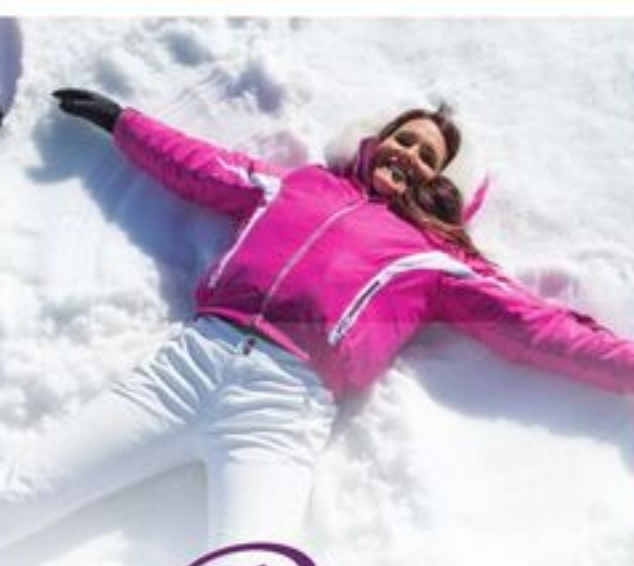
Daily Care

Botanical

To ensure this product is right for you, always read and follow the label.

* Only applicable to Selsun Blue products containing selenium sulfide.

MAT-CA-2501334 V1.0 11/2025



Poise®

Up to
**100% leak-free
protection**



Depend®

offers **All-Day
Protection**



**LIMIT 4
\$20 EACH**
OVER LIMIT PAY 20.99 EA

Depend underwear or Poise pads
selected varieties and sizes
20558843005EA/21302119_EA
21099850_EA/21099790_EA

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HEALTHY NEW YEAR

STAY STRONG WITH CANADA'S
#1 BRAND OF IMMUNE
SUPPLEMENTS*

Jamieson®

up to
20% OFF

Jamieson vitamins or
supplements
selected varieties and sizes



20299993_EA
20303216001_EA
20946455_EA
21176827_EA
20003685_EA
21040920_EA

*#1 brand in immune health supplements (vitamin C, D, and Zinc) Nielsen Market Track, National GB + DR + MM, L52W, period ending May 17, 2025.

START YOUR **ACTIVIA** GUT HEALTH CHALLENGE

2 ACTIVIA[®] EVERY DAY FOR **14** DAYS



Optimum™

\$3
back
in points

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent
in Activia products*

get entered to win**

10 MILLION pts

That's like
\$10,000!



\$4
Activia[®] Expert - 4 x 100 g
21688261_EA/21687900_EA



\$6
Activia[®] Expert - 750 g
21688207_EA



\$7.50
Activia[®] - 12 x 100 g
20303412001_EA



\$4.50
Activia[®] - 650 g
20325132003_EA



\$7
Activia[®] - 8 x 93 mL
21520253_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or misprints. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026. Activia[®] used under lic. © 2026 Cie Gervais Danone. All rights reserved.

**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion Fortinos, Loblaws, Maxi, No Frills, Provigo Le Marché, Shoppers Drug Mart, Valu-Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and Zehrs locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/details and how to enter without purchase, visit www.pcoptimum.ca/pcocontest-danone.

PACK YOUR MORNING WITH PROTEIN



\$6.50
Oikos[®] - 650 g, 750 g
21305945_EA



3/\$12
OR \$4.99 EA.
Oikos[®] - 4 x 95 g, 4 x 100 g
20625055_EA
20419715001_EA



\$3.50
Oikos[®] Pro™ - 300 mL
21651846_EA

*As part of a complete breakfast and balanced diet. Per 175 g serving.

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10-HOUR BREW BOLD AND SMOOTH TASTE



\$7.50
Stok[®] - 142 L
21203737_EA/21203739_EA



START THE YEAR WITH A SPOONFUL OF GOOD.



7.50

Yoplait[®] Source[®] & Creamy[®]
selected varieties
16 x 100 g
20317317001_EA
20120316004_EA



4.50

Liberté Méditerranée[®] 500 g,
Yoplait[®] Source Protein[®] tubs 650 g,
selected varieties
21473714_EA
20788062002_EA



\$5

Yoplait Source[®] tubs 630 g,
Liberté Greek[®] Crunch 2 x 130 g,
selected varieties
21391318006_EA
21391318001_EA



5.50

Liberté Kefir[®]
selected varieties
1 L
21216416_EA



TAXES APPLICABLES
TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /
TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS



MONSTER[®] ULTRA

BLUE Hawaiian

NEW

**FULL FLAVOUR
ZERO SUGAR**



2/6^{50*}
OR \$3.99 EA.
Monster Energy[®]
selected varieties
473 mL
21723586_EA/20938521_EA



**SEE IN-STORE
FOR RETAILS**

Coca-Cola[®]
selected varieties
2 L
20316026002_EA



\$8^{99*}

Fuze[®]
selected varieties
12 x 341 mL
21645563_C12



\$5^{49*}

Core Power[®]
selected varieties
414 mL
21166000_EA



2/9^{50*}
OR \$5.29 EA.
Fresca[®]
selected varieties
6 x 222 mL
21022955_C06

Valid January 8 to January 14, 2025.
*Plus applicable taxes, levies, deposits and fees.
This product may not be suitable for everyone. Please read the label for instructions.
The trademarks that appear are the property of their respective trademark owners.

**TRUSTED
SOFTNESS,
BETTER
TEAR[®]**

*vs. leading US
1-ply bargain brand

NEW

\$18 Charmin
Bath Tissue, 12=48 roll, soft,
21707532_EA

**Cleans
Better[®]**

\$18 Charmin
Bath Tissue,
12=48 roll, strong,
21636641_EA

*vs. Leading Canada 2-ply bath tissue



**+50% MORE
ABSORBENT[®]**

*vs. leading ordinary brand.

\$18 Bounty
Paper Towel,
Select A Size, 6=12 roll,
21670280_EA

**THICKER
AND MORE
ABSORBENT[®]**

*vs. the leading US 2-ply napkin

\$11 Bounty
Napkin 400's,
21053171_EA



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**Treat
yourself!**

\$6 Chapman's
Sorbet
selected varieties frozen
2 L
20529120001_EA

\$6 Chapman's
no sugar added
ice cream
and bars
1L/4/6's
20315564001_EA

\$6 Chapman's
Frozen Dessert
selected varieties
frozen
2 L
20314434001_EA

\$6 Righteous
Sorbet or Gelato
selected varieties
frozen
473 mL
21037730_EA

\$6 PC[®] Chocolate
covered fruit
selected varieties
frozen
200 g
21577481_EA

\$6 Halo Top
Frozen Dessert
selected varieties
frozen
473 mL
21087002_EA

**What if buying gas
fuelled your points?**

Only Esso[™] and Mobil[™] gas earns you PC Optimum[™] points.



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Esso is a trademark of Imperial Oil Limited. Imperial Oil, licensee. Mobil is a trademark of Exxon Mobil Corporation or one of its subsidiaries. Imperial Oil, licensee.

GUSTA

**100% VÉGÉTAL
PLANT BASED**

PREPARED IN CANADA

4⁵⁰ ORIGINAL
VEGGIE GROUND
340 G 21454302_EA

15⁵⁰ ORIGINAL
VEGGIE GROUND
1,248 KG 21706674_EA

**FABRIQUÉ AU CANADA
À PARTIR D'INGRÉDIENTS CANADIENS ET IMPORTÉS**

**MADE IN CANADA
FROM DOMESTIC AND IMPORTED INGREDIENTS**

little NORTHERN BAKEHOUSE

**DELICIOUSLY
GLUTEN-FREE**

IN THE FREEZER

**WHOLE GRAIN
WIDE SLICE**

**WHITE
WIDE SLICE**

\$8 frozen whole grain wide
slice bread, 567 g
21100055_EA

\$8 frozen white wide slice
bread, 567 g
21100057_EA

*Trademark of Canadian Celiac. Used under license



Buy all four for \$28:

30 piece wings & wedges bucket
(1.2 - 2 KG, 21541872_EA)

+ PepsiCo Beverages
(1 L, selected varieties, 20040201001_EA)

+ Ruffles® potato chips or Doritos® tortilla chips
(180 - 235 G, 21241052_EA)

+ Farmer's Market Mini Cupcakes 12'S
(selected varieties, 21643619_EA)

Express™ Online grocery pickup & delivery

Save time, Save For Real™

Get **\$15 in PC Optimum™** points on your first 5 eligible online grocery orders*.

Shop now

That's **\$75** back in (pts)

Use code **PCX5**

*Terms and conditions apply. See site for details.

Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

beef meatballs
plain
21587897_EA

pork stir fry strips
21588095_EA

beef stir fry strips
cut from Canada AA grade beef or higher
21588067_EA

chicken stir fry strips
21588091_EA

QUICK AND EASY-ENJOY!

LOU'S ENTRÉES
BEEF POT ROAST AU JUS
375 g
20078077_EA

LOU'S ENTRÉES
SHAVED BEEF AU JUS
400 g
20507550_EA

LOU'S ENTRÉES
PHILLY-STYLE SHAVED STEAK
400 g
21046171_EA

LOU'S ENTRÉES
PULLED PORK
400 g
20182404_EA

LOU'S
PEAMEAL BACON
800 g
20642284_EA
\$7.99 each

DELICIOUS, SIMPLE TO PREPARE MEALS

Don't leave any points behind at the pump!

Add your phone number to your account on the **PC Optimum™ app**. Enter your phone number on the pump keypad before entering your payment card.

Earn 10 (pts) per litre

Insert your **PC Optimum™ card** into the card reader before entering your payment card.

Earn 10 (pts) per litre

Pay with your **PC® Mastercard®** and earn points on fuel.¹

Earn at least 3¢ per litre in points

¹ Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional (10 points per litre of premium gasoline) (Octane 89, 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard/. PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaw Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited. Imperial Oil, licensee.