

EST. 1963

Bidgood's

YOUR LOCAL GROCER



4⁹⁹ Each

Compliments Apples

Select Varieties.
3 lb/1.36 kg.
Product of Canada.



5⁹⁹ lb
13.21/kg

Fresh Lean Ground Beef

Less than 17% Fat
Content. Store may
restrict to larger packs.



Silk Beverages

Select Varieties. 1.75 - 1.89 Litre. 🌱



4⁴⁹



Classico Pasta Sauce

Select Varieties. 410 - 600 mL. Pesto 218 mL.



3²⁷



Kraft Dinner

Original. 12 x 200 g.

9⁹⁷



Iceberg Lettuce

Product of Mexico/U.S.A.

2⁹⁹ Each



Dempster's Hot Dog or Hamburger Buns

Select Varieties. 8's.



3⁴⁹



Johnsonville Sausages

Select Varieties. 500 g.

4⁹⁹ Each



Yoplait Tubes or Minigo

Or Pillsbury Pizza Pops 380 g.
Frozen. Select Varieties.
Tubes or Minigo 360 - 448 g.

2⁹⁹



Compliments Frozen Fruit

Select Varieties. 400 - 600 g.

4⁴⁹

Happy New Year!

Sale Prices in Effect
JANUARY 2026

thu	fri	sat	sun	mon	tues	wed
1	2	3	4	5	6	7

Advertised prices do not include any applicable taxes or deposits. This symbol 🌱 denotes *Plus deposit and/or environmental levies where applicable.*

grocery



**Compliments
Pancake Mix**
Or Syrup 750 mL.
Select Varieties.
Pancake Mix 905 g.

2/\$6



**Nutella
Hazelnut Spread**
375 g.

4²⁹ BUY CANADIAN



Hunt's Snack Packs
Pudding or Juicy Gels.
Select Varieties. 368 - 396 g.

1⁹⁹



Aylmer Tomatoes
Select Varieties.
398 - 796 mL.

4/\$9 BUY CANADIAN



**Hunt's Thick & Rich
Pasta Sauce**
Or Tomato Sauce.
Select Varieties. 680 mL.

2/\$5



Allen's Vinegar
White or Pickling. 4 Litre.

3⁴⁹ BUY CANADIAN



**Lipton or Knorr
Soup Mix**
Select Varieties. 113 - 338 g.

3⁴⁹



Maple Leaf Flakes
Of Ham, Chicken or Turkey.
Select Varieties. 156 g.
Excluding White Chicken.

3⁹⁹ BUY CANADIAN



**Compliments
Salad Dressing**
Select Varieties. 475 mL.

2⁹⁹



**Compliments
Canola Oil**
100% Pure. 3 Litre.

9⁹⁹ BUY CANADIAN



**Christie Peak Freans
or Dad's Cookies**
Select Varieties. 275 - 350 g.

3⁹⁹



**Dare Wagon Wheels
or Bear Paws**
Select Varieties. 168 - 360 g.
Simple Pleasures 310 g.
Viva Puffs 300 g.

2/\$7 BUY CANADIAN



**Ruffles
Potato Chips**
Select Varieties.
180 - 200 g.

2/\$8⁵⁰



**Smartfood
Popcorn**
Select Varieties.
150 - 220 g.

2/\$8⁵⁰



**Powerade
Sports Beverages**
Select Varieties. 710 mL.

2⁶⁹

bakery



Compliments Muffins
Select Varieties. 600 g.

6⁴⁹ BUY CANADIAN



Lemon Meringue Pie
8 Inch. 638 g.

8⁹⁹



Stuyvers Buns
Ciabatta or Portuguese.
Select Varieties. 340 - 400 g.

4⁴⁹



Nabob Coffee
Select Varieties.
915 - 930 g.

25⁹⁹



**Monster, Full Throttle,
NOS, Bang or Reign
Energy Drinks**
Select Varieties.
355 - 473 mL.

2⁷⁹

deli



**Compliments
Luncheon Meat**
Select Varieties. 175 g.

4⁹⁹ BUY CANADIAN Each



Boursin Soft Cheese
Select Varieties. 130 - 170 g.

5⁹⁹ BUY CANADIAN Each



**Compliments
Deli Roast Beef**
Sliced or Shaved.

2⁴⁹ BUY CANADIAN 100 g



**Maxwell House
or Nabob Single
Serve Coffee**
Select Varieties. 30's.
285 - 292 g.

17⁹⁹



**Pepsi 12 Pack
Soft Drinks**
Select Varieties.
12 x 355 mL.

7⁹⁹

snacks



Mars Single Bars or Gum
Or Skittles or
Starburst 51 - 61 g.
Chocolate Bars 30 - 57 g.
Excel or Juicy Fruit Gum
Each.

2/\$3



Compliments Candy
Wine Gums or Mini Licorice
Allsorts. 175 g.

2/\$5



Mars Chocolate
Or Starburst or
Skittles 130 - 170 g.
Select Varieties.
Mars 95 - 109 g.

2/\$7⁵⁰



**Cadbury King
Chocolate Bars**
Select Varieties. 66 - 78 g.

2/\$5



Hershey Family Bars
Select Varieties. 90 - 120 g.

2/\$6

chilled & frozen



Compliments Butter
Salted. 454 g.

BUY CANADIAN

5⁹⁹



**Black Diamond
Cheese Strings**
Select Varieties. 168 g.

BUY CANADIAN

4⁹⁹



Compliments Cheese
Select Varieties.
Blocks 400 g.
Shredded 226 - 320 g.

BUY CANADIAN

5⁹⁹



**Liberté
Greek Yogourt**
Select Varieties. 650 - 750 g.

6⁹⁹



**Compliments
Margarine**
68% Vegetable Oil. 427 g.

BUY CANADIAN

2⁹⁹



**IOGO Nano
Drinkable Yogourt**
Select Varieties. 6 x 93 mL.

BUY CANADIAN

3⁹⁹



McCain French Fries
Shoestring, Crinkle Cut or
Regular. Frozen. 1.5 kg.

BUY CANADIAN

4⁴⁹



**Pillsbury Toaster
Strudels**
Select Varieties. 326 g.

BUY CANADIAN

2⁹⁹



**Compliments
Ice Cream or
Ice Milk Bars**
24 x 60 mL. Frozen.

BUY CANADIAN

8⁹⁹



Best Buy Vegetables
Select Varieties. 2 kg. Frozen.

BUY CANADIAN

7⁹⁹



**Dr. Oetker Suprema
or Stuffed Crust Pizza**
Select Varieties. 475 - 771 g.
Frozen.

BUY CANADIAN

6⁹⁹



**Compliments
Pasta & Cheese**
Select Varieties. 1 Kg. Frozen.

BUY CANADIAN

9⁹⁹



**Compliments
Meat Pies**
Select Varieties. 750 g.
Frozen.

BUY CANADIAN

9⁹⁹



Janes Chicken
Select Varieties. 700 g.
Frozen.

BUY CANADIAN

12³⁹



**Panache Seafood
Appetizers**
Select Varieties. Frozen.
252 - 355 g.

BUY CANADIAN

8⁹⁹

household & pet



**Cashmere
Bathroom Tissue**
Or Spongetowels and
Scotties Facial Tissue 3's - 6's.
Select Varieties.
Cashmere 8 - 12 Roll.

BUY CANADIAN

8⁴⁹



Lysol Cleaners
Select Varieties.
600 mL - 1.2 Litre or
538 - 680 g.

3⁹⁹



**Swiffer Cleaning
Products**
Select Varieties.
1's - 16's. 750 mL - 1.25 Litre.

7⁹⁹



Purina Beggin' Strips
170 g.

2/\$8



Friskies Cat Food
Select Varieties. 156 g.

4/\$6

produce

Red, Yellow
and Orange
Bell Peppers
Product of Mexico.

4⁹⁹lb
11.00/kg



Jumbo Cantaloupe Melons
Product of Brazil.

4⁹⁹ Each



Mini Watermelon or
Compliments Oranges
Oranges 3lb/1.36 kg. Mini Watermelon Each.
Product of Mexico/South Africa.

6⁹⁹ Each



Hass Avocados
Product of Mexico.

3/\$5



Hot House Beefsteak
Tomatoes
Product of Canada.

2⁹⁹lb
6.59/kg



Carrots or Yellow Onions
3 lb/1.36 kg. Product of Canada.

2/\$7



Zucchini Squash or Eggplant
Product of U.S.A./Mexico.

2⁴⁹lb
5.49/kg

meat



Fresh Pork
Back Ribs
Cryovac.

4⁷⁹lb
10.56/kg



Fresh Boneless Skinless
Chicken Thighs



7²⁹lb
16.07/kg



Beef Inside Round Roast
Boneless. Cut From Canada AA
or Higher.



7⁹⁹lb
17.61/kg



Compliments Luncheon Meats
Select Varieties. Sliced. 175 g.
Excluding Cooked Ham.



2/\$6



Johnsonville
Smoked Sausages
Select Varieties. 375 g.

5⁹⁹ Each



Schneiders Sausage Rings
Kolbassa. 300 g.



6⁷⁹ Each



Maple Lodge Ultimate
Chicken Sausage
Select Varieties. 375 - 500 g. Frozen.



4⁹⁹ Each



Compliments Shrimp Ring
With Sauce
Or Hormel Snack Trays
425 g. Select Varieties.
Shrimp Ring 312 g.

10⁹⁹



General Mills Cereal
Select Varieties. 300 - 437 g.

4⁹⁹



Compliments
Deli Salads
Select Varieties. 426 - 454 g.

3⁹⁹ Each



Swanson Dinners
Select Varieties. 255 - 345 g.
Frozen.

3⁹⁹

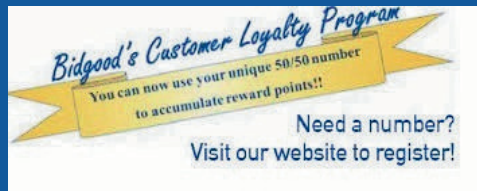


Compliments
Fruit Drink
Select Varieties. 2 Litre.



3/\$7

Items may not be available at all locations. Sale valid while supplies last. We reserve the right to limit quantities. Items may differ from illustrations; some images are serving suggestions. Prices exclude GST/HST. Limits apply per household, per visit.
We strive for accuracy but reserve the right to correct errors via in-store notices. Sale prices valid on dates shown on the front page.



Bigood's Bakery

BUY 1
GET 250
BONUS
POINTS

Homemade Fruit Tarts
6 Pcs per pack



\$7.99 Ea Pk

Grocery

BUY 1
GET 250
BONUS
POINTS

Purity Jam Jams 425g



\$4.99 ea

BUY 1
GET 250
BONUS
POINTS

Holiday Luncheon Meat
340 g



\$2.99 ea

BUY 1
GET 250
BONUS
POINTS

**Home Made Oatmeal
Cranberry cookies 8 Pcs Per
Pack**



\$4.99 ea pk

BUY 1
GET 500
BONUS
POINTS

**Assorted Cracker Barrel
cheese 740 g**



\$13.99 ea

BUY 1
GET 500
BONUS
POINTS

Imperial Margarine 1.36 Kg



\$8.49ea

BUY 1
GET 250
BONUS
POINTS

**Home Made Assorted
Twisted Danish 6 Pcs
Per Pack**



\$4.99 Ea pk

BUY 1
GET 250
BONUS
POINTS

Coachman Wieners 375 g ea



\$3.99 ea

BUY 1
GET 250
BONUS
POINTS

Butcher's Choice

**Lean Ground Beef Club
Pack**



\$7.49/lb

BUY 1
GET 500
BONUS
POINTS

Janes Pub Style Strips
700 g ea



\$12.99 Ea

Product Images May Differ Slightly From The Actual Item On Sale

BUY 1
GET 500
BONUS
POINTS

Bidgoods Cheese Ball



\$6.99 ea

BUY 1
GET 250
BONUS
POINTS

Bidgood's Deli

BidgoodsChinese Dinner
1Pk



\$14.99 ea

BUY 1
GET 500
BONUS
POINTS

Bidgoods Chilli Cheese Nachos 1 Pk



\$9.99 ea

BUY 1
GET 250
BONUS
POINTS

Red And Black cherries



\$6.99/lb for each

BUY 1
GET 250
BONUS
POINTS

Produce

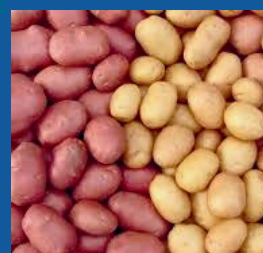
ComplimentsColeslaw 397 g
andgardensalad 340 g



\$2.99 Ea

BUY 1
GET 250
BONUS
POINTS

Local White & Red Potatoes 5lb bag ea



\$4.59 ea

BUY 1
GET 500
BONUS
POINTS

Assorted Panache Appetizers



Prices Vary By item

BUY 1
GET 500
BONUS
POINTS

Bigood's Cove

Home made Moose Pie



\$9.99 ea

BUY 1
GET 500
BONUS
POINTS

Home made Moose Stew



\$4.45/lb



Assorted
Pepsi
6x710 ml
2 For
\$8.50



Assorted
Bubbly
12 Pk
\$7.29 ea



Bidgood's
SUPERMARKET

"WIN BIG, SUPPORT THE
COMMUNITY - HALF THE PRIZE GOES
TO CHARITY!"

Sale Price In Effect Thursday Jan 1st - Wednesday Jan 7th