



REAL CANADIAN
SUPERSTORE

HOT
HOT
HOT
DEALS

Shop a completely
remodelled store with
the same great deals!

UP TO
40%
OFF
4.00-30.00
AFTER SAVINGS

PC KITCHEN GADGETS,
BOWLS OR COLANDERS

21090980, EA
21090981, EA
21301004, EA



UP TO
25%
OFF
2.95-127.50
AFTER SAVINGS

LEGO

21658197, EA/21665095, EA



GET
5,000[®]
back in points

WHEN YOU SPEND
\$25* ON BODY WASH,
DEODORANT OR SOAP
SELECTED VARIETIES AND SIZES
2148207, EA/2129311, EA
21484630, EA/21093863, EA



UP TO
25%
OFF
7.87-27.00
AFTER SAVINGS

PC NUTRITION FIRST[®]
CAT FOOD
SELECTED VARIETIES, 2-7 KG
21093868, EA



LIMIT 4
\$47
OVER LIMIT PAY
53.99 EA

GET
7,000[®]
back in points

\$7

BLUE BUFFALO
DOG FOOD
SELECTED VARIETIES, 9.5/10.1 KG
21095573, EA



Available at Winnipeg-Regent Ave, Bison Dr, St. Annes Rd, Vancouver-Grandview Hwy, Coquitlam-3000 Lougheed, Saskatoon-8th St E., Grand Prairie, Edmonton-Calgary Tr., Stony Plain, Calgary-Southport, Shawnessy, Red Deer locations only

no name®

just low prices
(so switch)

\$1

LIMIT 6
OVER LIMIT PAY
1.29 EA

NO NAME® LIGHT TUNA
SELECTED VARIETIES, 85/170 G
20321647_EA/20321648_EA

no name® sans nom®

chunk light tuna
packed in water
thon pâle en morceaux
emballé dans de l'eau

Simple

no name® sans nom®

flaked light tuna
packed in water
thon pâle émietté
emballé dans de l'eau

Simple

NO NAME® CANNED VEGETABLES
SELECTED VARIETIES, 341/398 ML
20301131_EA/21304776_EA

no name® sans nom®

cut green beans
assorted sizes
haricots verts
coupés
grosseurs assorties

Simple

1.25

LIMIT 4
OVER LIMIT PAY
1.50 EA

no name® sans nom®

whole kernel corn
mais à grains
entiers

Simple

1.25

LIMIT 4
OVER LIMIT PAY
1.89 EA

NO NAME® BROTH
SELECTED VARIETIES
900 ML
21189610_EA/21189611_EA

no name® sans nom®

chicken
broth · bouillon
poulet

Simple

no name® sans nom®

chicken
broth · bouillon
poulet

Simple

NO NAME® BAGELS
SELECTED VARIETIES, 6'S
21211967_EA

no name® sans nom®

everything
bagels
tout
garnis

Simple

ONLY
2.49

PREPARED IN CANADA

\$3

LIMIT 4
OVER LIMIT PAY
4.50 EA

NO NAME® STUFFED CHICKEN
SELECTED VARIETIES FROZEN, 284 G
20303296_EA

no name® sans nom®

broccoli & cheese
uncooked stuffed breaded chicken breast cutlettes

Simple

brocoli et fromage
escalopettes de poitrine de poulet
farcies et panées non cuites

Simple

ALWAYS LOW PRICE

Find set prices on everyday items.

ALWAYS
LOW PRICE
\$10

BREADED CHICKEN, MEATBALLS,
POTSTICKERS OR HOR D'OEUVRES
SELECTED VARIETIES, FROZEN, 700 G-1.81 KG
21447051, SA/21447058, EA



ALWAYS
LOW PRICE
\$10

FISH FILLETS, SMOKED SALMON,
BREADED SQUID OR POPCORN
SHRIMP, IMITATION CRAB MEAT OR
SEAFOOD MEDLEY FROZEN 300-908 G
21472146, SA/21472150, EA



ALWAYS
LOW PRICE
\$1

PC® BLUE MENU®
OR FREE® & CLEAR®
SPARKLING WATER
SELECTED VARIETIES, 1L
20162041003, EA/20162041004, EA



ALWAYS
LOW PRICE
\$7

BUTTER CROISSANTS
BAKED IN-STORE, 12'S
21541000, EA



ALWAYS
LOW PRICE
\$3.50

NO NAME® PIZZA
SELECTED VARIETIES, FROZEN, 350-475 G
21544429, SA/21544441, EA



PROUDLY CANADIAN



REAL CANADIAN
SUPERSTORE

HOT
DEAL

7⁹⁹
LB
17.61/KG

INSIDE ROUND
ROAST, STEAK
OR BEEF STEW
CUT FROM CANADA
AA GRADE BEEF
20820521_KG
20820662_KG
20832537_KG

HOT
DEAL

4⁴⁸

BLUEBERRIES
PRODUCT OF MEXICO,
PERU, CHILE, OR MOROCCO
2033866001_EA

11⁹⁹

LIMIT 4
OVER LIMIT PAY
18.49 EA

817 ELEPHANT PURE
BASMATI RICE OR
EXTRA LONG GRAIN
BASMATI RICE 4 KG
21341987_EA
20787524_EA



CLUB
SIZE

510 G

SALE

\$10

NO NAME[®]
THICK CUT
BACON
21389815_EA



1 KG

GET
1,000⁺

\$1
back
in points

NO NAME[®]
FROZEN FISH
SELECTED VARIETIES, 454 G
21672358_EA

SALE

\$5

ONLY

8⁷⁹

NO NAME[®]
CHEESE BARS
SELECTED VARIETIES
700 G
20975773_EA
20975887_EA



PREPARED IN
CANADA

no name[®] sans nom[®]
breaded
fish sticks

UNCOOKED • NON CUIITS
bâtonnets de
poisson
panés

454 g

FREE

WHEN YOU SPEND
\$300 OR MORE

in-store or through PC Express[™] online pickup or delivery

UP TO
\$25
VALUE

MADE GOOD
VARIETY PACK
742 G
21718836_EA



SALE

2/\$16

PC[®] PACIFIC WHITE SHRIMP
31-40/LB, 400 G OR SEAQUEST[®]
WHOLE POMPANO 800 G
SELECTED VARIETIES, FROZEN
20789931_EA/21592084_EA

SALE

\$10

MINI BABYBEL
18'S/360 G OR THE LAUGHING
COW CHEESE 535 G
SELECTED VARIETIES
20056397_EA/20575375_EA

SALE

2.88



新年快樂

HAPPY LUNAR
NEW YEAR

Celebrate the Year of the
Horse with low prices.

SALE

2⁸⁸

LB

6.35/KG

BABY OR
SHANGHAI
BOK CHOY
PRODUCT OF
MEXICO
OR U.S.A.
20180279001_85
20122454001_82

SALE

2⁸⁸

RED POMELO
PRODUCT OF CHINA
2018126001_84

ONLY

4²⁸

LB

9.44/KG

GRADE A, DUCK
FROZEN
20076881_80



1⁶⁸

LIMIT 4
OVER LIMIT PAY
2.29 EA

AROY-D COCONUT MILK
SELECTED VARIETIES, 400 ML
20091804_8A/20131990_8A

4⁴⁸

LIMIT 4
OVER LIMIT PAY
5.49 EA

NONGSHIM NOODLES
SELECTED VARIETIES, 480-508 G
21003848_8A/21004061_8A

Kimchi



SHIN

4 PACK



CATELLI SMART OR
WHOLE GRAINS PASTA
SELECTED VARIETIES, 340/375 G
2029479009, EA / 208277465, EA



KELLOGG'S
EGGO WAFFLES
SELECTED VARIETIES, FROZEN, 8'S
20223436001, EA



JANES COSMIC
CHICKEN NUGGETS
FROZEN, 500 G
2070271, EA



LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.
Valid from January 1 - 31, 2026. While quantities last. See in-store for details.

SUPER COUPONS

More offers.
More points.

UP TO
\$50
IN TOTAL
VALUE

CLICK FOR THIS
COUPON AND MORE

Cannot be used with any other points, promotions or offers.



Buy 2, get

1,500

with digital
coupon

= \$150
Value

NO NAME® BAGELS
SELECTED VARIETIES, 6'S
21666643_EA/21017947_EA



Buy 2, get

1,000

with digital
coupon

= \$1
Value

NO NAME® TOMATOES
SELECTED VARIETIES
796 ML
20660767_EA
20326210005_EA



With digital
coupon, get

5,000

for every \$20*
spent on

= \$5
Value*

**DELI MEAT
& CHEESE**
SELECTED VARIETIES
AND SIZES
20972654_KG
20662819_EA
20770603_EA
20787327_EA



Get

1,500

with digital
coupon

= \$150
Value

**PC® PACIFIC LARGE
WHITE SHRIMP RAW
OR COOKED PEELED
OR RAW ZIPPERBACK
21-40 PER LB, 400 G
OR SEAQUEST
WHOLE TILAPIA
1.36 KG OR WHOLE
POMPANO 900 G
FROZEN**
21081947_EA/20791381_EA



With digital
coupon, get

5,000

when you
spend \$30* on

= \$5
Value*

**PET DEPARTMENT,
INCLUDES PET FOOD,
TREATS, TOYS &
SUPPLIES**
201776600_EA
20913423_EA
20122174_EA

**CLUB
SIZE**



HOT DEALS

\$1

CARNABY SWEET CANDY BAG
SELECTED VARIETIES, 125 G OR
BAGUETTE
WHITE OR WHEAT, 255 G
2109409_EA/2109523_EA
2102921_EA/2103097_EA



\$2

CAMPBELL'S CONDENSED SOUP AND COOKING BROTH
SELECTED VARIETIES, 284 ML OR
PC PASTA
SELECTED VARIETIES, 454 G
2106901_EA/2109001_EA
2100157_EA



\$3

HARVEST MEATS SLICED SAUSAGE
SELECTED VARIETIES, 125 G OR
KETTLE BRAND POTATO CHIPS
SELECTED VARIETIES, 156/198 G OR
PC WINE GUMS OR LIQUORICE ALLSORTS
SELECTED VARIETIES, 175/200 G OR
NO NAME COFFEE WHITENER
SELECTED VARIETIES, 450 G
2106819_EA/21030492_EA/21068837_EA
20878954_EA/2081484_EA/20310718_EA



\$4

PC THE DECADENT COOKIE
SELECTED VARIETIES, 280/300 G OR
SEAQUEST CRAB OR LOBSTER FLAVOURED
ALASKA POLLOCK
READY TO EAT, 227 G
2061237_EA/2061236_EA
2069832_EA/2074978_EA



\$5

DORÉ-MI HALOUMI CHEESE
SELECTED VARIETIES, 160 G OR
SCHNEIDERS HAM STEAK
SELECTED VARIETIES, 175 G OR
PC BLUE MENU TWICE THE FRUIT OR FRUIT AND CONCENTRATED PEAR JUICE
SPREAD SELECTED VARIETIES
EXCLUDING RASPBERRY, MIXED BERRIES
OR PEANUT BUTTER 750 G, 310-500 ML
20094654_EA/20090874_EA
2005769001_EA/20300537_EA



*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a free Made Good Variety Pack 742 g. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$25.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item. 21721107_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and may not be available in all stores.** No rainchecks OR substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Coupons must be presented and redeemed at time of purchase. Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Some items may have "plus deposit and environmental charge" where applicable. ®/™The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. ©2026 Loblaw's Inc. **"We match prices:** Applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. **WE RESERVE THE RIGHT TO LIMIT QUANTITIES** (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). We will not match competitor's private label offers on non-identical items. "Spend & get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. No cash value. See pcoptimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours.

no name®



this logo
means made without
10 unwanted ingredients

- no synthetic colours*
 - no artificial flavours
 - no monosodium glutamate†
 - no hydrogenated oils
 - no artificial sweeteners
- Simple Check ✓

SHOP NOW

\$2

NO NAME®
ENGLISH MUFFINS
SELECTED VARIETIES, 6'S
21313119_EA



2⁵⁰

NO NAME® WAFFLES
SELECTED VARIETIES, FROZEN, 8'S
20316375001_EA



\$3

NO NAME® 100%
WHOLE GRAIN OATS
SELECTED VARIETIES, 900 G/1 KG
20923828_EA/20923994_EA



\$3

NO NAME® TABLE
SYRUP 750 ML OR
OLD-FASHIONED
PANCAKE MIX 500 G
SELECTED VARIETIES
20306030_EA/20322949_EA



no name®

just low prices (so switch)

Fruits and vegetables don't have to look perfect to taste great.

\$7

GET 1,500⁺ back in points

NO NAME[®] NATURALLY IMPERFECT[™] MIXED SWEET PEPPERS
PRODUCT OF MEXICO, 2.5 LB
2012141001_EA



CLUB SIZE

APP EXCLUSIVE OFFER

*Open your PC Optimus[®] app or visit pointimum.ca to get the offer

\$6

NO NAME[®] NATURALLY IMPERFECT[™] MANGOES
PRODUCT OF PERU
21024837001_EA



3 LB

\$6

NO NAME[®] NATURALLY IMPERFECT[™] PEARS
PRODUCT OF U.S.A.
NO. 1 GRADE
21066031001_EA



3 LB

8⁹⁹

NO NAME[®] SMOKIES[™] SELECTED VARIETIES
900 G
207343171_EA



9⁹⁹

NO NAME[®] FULLY COOKED HAM
900 G
210180019_EA



CLUB SIZE

\$10

NO NAME[®] MEATBALLS
SELECTED VARIETIES
FROZEN, 680 G
21037713_EA



\$14

NO NAME[®] CHICKEN WINGS
SELECTED VARIETIES
FROZEN, 908 G
210443309_EA



3⁵⁰

NO NAME[®] GARLIC TOAST
16'S
21340140_EA



\$2

NO NAME[®] DINNER ROLLS
SELECTED VARIETIES
12'S
21437043_EA



2⁵⁰

NO NAME[®] HAMBURGER OR HOT DOG BUNS
SELECTED VARIETIES
12'S
21019645_EA



\$11

NO NAME[®] MEAT LASAGNA
FROZEN, 2.27 KG
20099759_EA



2⁹⁹

NO NAME[®] SOUR CREAM
SELECTED VARIETIES
500 ML
20299637_EA



3⁵⁰

NO NAME[®] WHIPPED TOPPING
225 G
20017893_EA



ALWAYS LOW PRICE
\$4

NO NAME[®] ICE MILK
SELECTED VARIETIES
FROZEN, 1.65 L
21030191_EA



no name®

just low prices (so switch)

\$2

NO NAME® ENGLISH MUFFINS
SELECTED VARIETIES
6'S
20307018_EA



2.50

NO NAME® WAFFLES
SELECTED VARIETIES
FROZEN, 8'S
2004375001_EA



\$6

NO NAME® JAM
OR MARMALADE
SELECTED VARIETIES
EXCLUDING RASPBERRY, 1L
10017976_EA/20017982_EA



\$3

NO NAME® 100% WHOLE GRAIN OATS
SELECTED VARIETIES
900 G/3 LBS
20123828_EA
20123944_EA



\$3

NO NAME® TABLE SYRUP 750 ML OR
OLD-FASHIONED PANCAKE MIX 905 G
SELECTED VARIETIES
20040406_EA/20022846_EA



\$6

NO NAME® HONEY
LIQUID OR CLOVER
CREAMED OR UNPASTEURIZED
500 G
20034427_EA
20123924_EA



4.99

NO NAME® CHEESE SLICES
SELECTED VARIETIES
210/230 G
20140277_EA



2.69

NO NAME® FROZEN VEGETABLES
SELECTED VARIETIES
750 G
20090902_EA
20022906_EA



6.50

NO NAME® CRISPY
RICE MARSHMALLOW
SQUARES
24'S, 528 G
20120377_EA



89¢

NO NAME® INSTANT
NOODLE CUPS
SELECTED VARIETIES
65 G
20301246002_EA
20301246001_EA



3.29

NO NAME® FRUIT
SELECTED VARIETIES
750 ML
20040971_EA
20040824_EA



3.79

NO NAME® HONEY GRAHAM
WAFERS
400 G
20040318_EA



1.75

NO NAME® CHOCOLATE BAR
SELECTED VARIETIES
100 G
20180727_EA
20337562_EA



2.47

NO NAME® LASAGNA
OR EGG NOODLES
SELECTED VARIETIES
340-500 G
20023261_EA



\$4

NO NAME® FOOD STORAGE
CONTAINERS
SELECTED VARIETIES
20041481_EA
20161828_EA



no name®

just low prices (so switch)

1²⁹

NO NAME® CANNED
BEANS OR LENTILS
SELECTED VARIETIES
540 ML
20325921001_EA
20325921005_EA

LIMIT 4
OVER LIMIT PAY
1.50 EA



1⁸⁷

NO NAME® PASTA
OR TOMATO SAUCE
SELECTED VARIETIES
680 ML
20056697_EA
20120683_EA



1⁹⁷

NO NAME® PASTA
SELECTED VARIETIES
900 G
20315613002_EA



1⁴⁹

NO NAME® BAKED
BEANS
SELECTED VARIETIES
398 ML
20314839001_EA
20314839003_EA

LIMIT 4
OVER LIMIT PAY
1.69 EA



2⁵⁰

NO NAME® SPICES
OR SEASONINGS
SELECTED VARIETIES
5.5-250 G
20617758_EA
20618033_EA



2⁷⁹

NO NAME® SODA
CRACKERS
SELECTED VARIETIES
454 G
20795391_EA
20795392_EA

LIMIT 4
OVER LIMIT PAY
3.49 EA

salted tops
soda crackers



3⁹⁹

NO NAME® PEANUTS
SELECTED VARIETIES
500 G
20318062001_EA
20318062002_EA

LIMIT 4
OVER LIMIT PAY
4.49 EA



1²⁹

NO NAME® RICE
CRACKERS
SELECTED VARIETIES
100 G
20297188003_EA
20297188006_EA

LIMIT 4
OVER LIMIT PAY
1.49 EA



1⁹⁹

NO NAME® SNACK
CRACKERS
225 G
20318892001_EA

LIMIT 4
OVER LIMIT PAY
2.99 EA

original
snack crackers



EVERYDAY ESSENTIALS™

Quality products
at prices you'll love.

FROM
\$3
3.00-135.00
EVERYDAY ESSENTIALS™
APPLIANCES
21193464_SA/21060459402_SA



UP TO
25% OFF
3.00-14.00 AFTER SAVINGS
EVERYDAY ESSENTIALS™
FOOD STORAGE
SELECTED VARIETIES
21485916_SA/210451916_SA

FROM
\$7
7.00-18.00
EVERYDAY ESSENTIALS™
METAL BAKEWARE &
BAKEWARE SETS
21193778_SA/21480134_SA
21482407_SA



FROM
\$10
10.00-59.00
EVERYDAY ESSENTIALS™
COOKWARE
21485916_SA/21480134_SA
21482407_SA



\$2
EVERYDAY ESSENTIALS™
OPENSTOCK GLASSWARE
SELECTED VARIETIES
21390641_SA/210451916_SA



\$30
EVERYDAY ESSENTIALS™
12 PIECE DINNERWARE SET
SELECTED VARIETIES
21193778_SA

FROM
\$2
2.00-19.00
EVERYDAY ESSENTIALS™
GADGETS
21193778_SA/21480134_SA
21482407_SA



\$6
EVERYDAY ESSENTIALS™
FRIDGE PITCHER
210451916_SA



* Please note that not all items are available in all stores.

EVERYDAY ESSENTIALS™

Quality products
at prices you'll love.

\$10

EVERYDAY ESSENTIALS™
PLUSH CHECK THROW
2166500_EA/2166500_EA



5.50

EVERYDAY ESSENTIALS™
JUMBO PILLOW
2166730_EA



\$30

LIMIT 4
OVER LIMIT PAY
39.00 EA

EVERYDAY ESSENTIALS™
COMFORTER SET
2166600_EA



EVERDAY ESSENTIALS™
SHEET SET
SELECTED VARIETIES
2166702_EA/2166647_EA



UP TO 25% OFF
30.00-41.00 AFTER SAVINGS

ALWAYS
LOW PRICE

\$8

EVERYDAY ESSENTIALS™
BATH TOWELS
SELECTED VARIETIES
2143420_EA



\$7

LIMIT 2
OVER LIMIT PAY
10.00 EA

EVERYDAY ESSENTIALS™
CANDLES
SELECTED VARIETIES, 18 OZ
2166376_EA/2166376_EA

UP TO 20% OFF
3.00-16.00 AFTER SAVINGS

EVERYDAY ESSENTIALS™
PLASTIC STORAGE
BINS
SELECTED VARIETIES
2042260_EA/2166477_EA



EVERYDAY ESSENTIALS™
100 PACK TEALIGHT
2043806_EA

\$7



* Please note that not all items are available in all stores.

**FRESH
PROMISE**

**If it's not fresh,
it's free.**

2⁴⁹

**FARMER'S MARKET™
YELLOW ONIONS**
PRODUCT OF
WESTERN PROVINCES
CANADA NO. 1 GRADE
3057595001_EA



3 LB

3⁹⁹
LB
8.80/KG

**PC BLACK
SEEDLESS GRAPES**
PRODUCT OF PERU OR
SOUTH AFRICA, NO. 1 GRADE
3057579001_EA



5⁹⁹

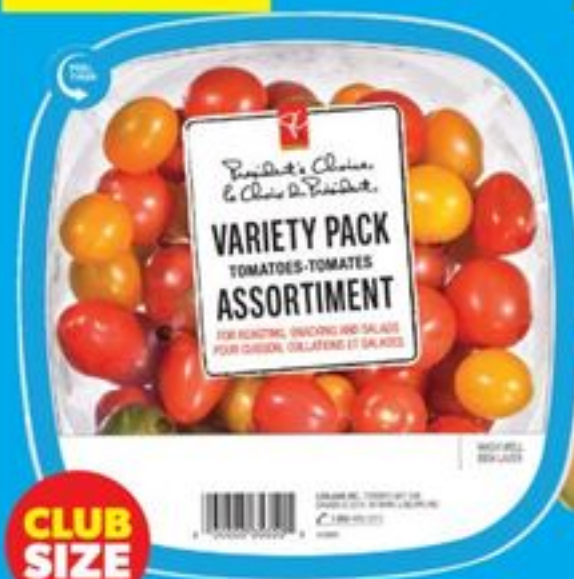


**PC CARA CARA
ORANGES**
PRODUCT OF U.S.A.
3065718001_EA

3 LB

5⁸⁸

**PC VARIETY
TOMATOES**
PRODUCT OF CANADA, MEXICO
OR U.S.A., NO. 1 GRADE, 681 G
3056555001_EA



**CLUB
SIZE**

\$4

CANTALOUPE
PRODUCT OF GUATEMALA OR HONDURAS
3056707001_EA



3⁵⁸



**FARMER'S
MARKET™
AVOCADO BAG**
PRODUCT OF MEXICO
CLUB SIZE
3064555001_EA

**PKG
OF 6**

5⁹⁹

**PC ORGANICS
ROMAINE HEARTS**
PRODUCT OF CANADA
OR U.S.A., 3'S
3059575001_EA



6⁹⁹



3 LB

\$4

**PC ORGANICS MUSHROOMS WHOLE
CREMINI OR WHITE**
PRODUCT OF CANADA, 454 G
3121933001_EA/3121949001_EA



**CLUB
SIZE**

\$5

PC ORGANICS SWEET PEPPERS
PRODUCT OF MEXICO, 2'S
3060069001_EA



3⁹⁹

**LIMIT 4
OVER LIMIT PAY
5.99 EA**

PC ORGANICS RED, RUSSET OR YELLOW POTATO
PRODUCT OF WESTERN PROVINCES, CANADA NO. 1 GRADE
3059535001_EA/3059549001_EA



3 LB

PC ORGANIC SALAD MIX
SELECTED VARIETIES, PRODUCT OF U.S.A.
3057361_EA/30523701_EA

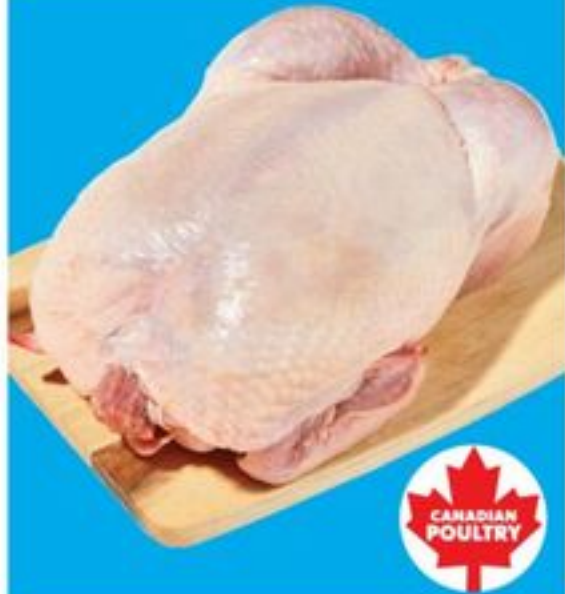


\$5

SUPER FRESH

3⁵⁰
LB
7.72/KG

WHOLE FRYER CHICKENS
WET-CHILLED, BAG OF 3
OR **HALAL** SINGLE PACK,
FRESH, SELECTED VARIETIES
2073943, SA



\$13

PC CHICKEN THIGHS, DRUMSTICKS OR BREAST FILLETS
FRESH, UP TO 870 G
2049036, SA/2049049, SA



6⁵⁰

PC FREE FROM* LEAN GROUND PORK
454 G
2088220, SA



\$10

EXTRA LEAN GROUND BEEF
450 G
2089462, SA



12⁸⁸
LB
28.39/KG

BEEF SHORT RIBS KOREAN STYLE OR BRAISING STYLE
CUT FROM CANADA AA GRADE
BEEF
2049034, SA/2049036, SA



13⁹⁹

MARCANGELO SOUVLAKI KABOBS
SELECTED VARIETIES, 480/640 G
2049735, SA/2049683, SA



\$7

ULTIMATE DINNER OR BREAKFAST CHICKEN SAUSAGES
SELECTED VARIETIES, 275/300 G
2078930, SA/2078970, SA



8⁹⁹

**LIMIT 4
OVER LIMIT PAY
9.99 EA**

HARVEST MEATS SMOKED FARMER SAUSAGE
SELECTED VARIETIES, 375-675 G
2022094, SA/2022522, SA



\$13

JANES BONELESS CHICKEN BITES, FILLETS OR TENDERS
SELECTED VARIETIES, FROZEN,
710/720 G
2048040, SA/2070584, SA



\$14
LB
30.86/KG

COHO SALMON FILLETS
FRESH OR FROZEN
2049944, SA



\$13

**LIMIT 4
OVER LIMIT PAY
15.99 EA**

SEAQUEST ZIPPERBACK COLOSSAL WHITE SHRIMP
16-20/LB, FROZEN, 680 G
2049237, SA



\$15

SEAQUEST TILAPIA, COD, SOLE, HADDOCK OR WILD SALMON FILLETS
FROZEN, 1 KG
2034201, SA/2049738, SA



\$6

T&T HEAD-ON, SHELL-ON COOKED SHRIMP 21-25/LB, 300 G
OR **RAW SHRIMP** 30-40/LB,
400 G, SELECTED VARIETIES,
FROZEN
2089433, SA/2089860, SA



\$7

**LIMIT 4
OVER LIMIT PAY
7.99 EA**

SEAQUEST PACIFIC WHITE SHRIMP 36-55/LB
SELECTED VARIETIES, FROZEN,
300 G
2049036, SA/2049092, SA



\$11

OCEAN ANGEL WILD CAUGHT CALIFORNIA SQUID 1 KG, **PMC SQUID TUBES OR SWIMMING CRAB** 680 G
FROZEN
2070462, SA/2009386, SA



SUPER FRESH

HOT DEALS

\$5

GET 1,500⁺ when you buy 2

\$1.50 each in points

TRE STELLE RICOTTA 475 G OR BOCCONCINI 200-383 G
SELECTED VARIETIES
2002492_SA/2003852_SA



888

SUPERIOR NATURAL EXTRA FIRM TOFU
21732379_SA



\$12

1,000⁺ \$1 each in points

FREYBE PEPPERETTES STICKS
SELECTED VARIETIES, 500 G
2002246_SA/2002368_SA



12⁵⁰

PC[®] SPLENDIDO[™] SLICED MEAT 200 G, NATURAL CHOICE SALAMI TRIO 250/400 G OR ROMA SLICED PEPPERONI 900 G
SELECTED VARIETIES
2000071_SA/2002062_SA



7⁵⁰

MARCANGELO ITALIAN DELI SLICED MEAT 85 G OR COOKED CHICKEN BITES 200 G
SELECTED VARIETIES
2000068_SA/2000403_SA



\$7

OKA CHEESE 190 G OR KERRYGOLD IRISH CHEDDAR 250 G
SELECTED VARIETIES
2000076_SA/2002378_SA



\$7

PC[®] CHEESE BLOCKS 250 G OR ZIGGY'S[®] MOZZARELLA 240 G
SELECTED VARIETIES
2002062_SA/2000022_SA



\$15

LIMIT 4 OVER LIMIT PAY 16.99 EA

BELLA CASARA BURRATA 250 G
2002492_SA



\$5

ZIGGY'S[®] OLIVES SELECTED VARIETIES, 500 ML
2000021_SA/2000026_SA



4⁵⁰

Members-Only Price[®] Non-members 5⁵⁰

SHACK FACTORY PRETZEL CRISPS SELECTED VARIETIES, 200 G
2000040_SA/2002300_SA



2/\$9

LADLES OF LOVE SOUPS SELECTED VARIETIES, 454 ML
2000022_SA/2000023_SA



2⁴⁹

WONDER BREAD 570 G OR BUNS 12'S SELECTED VARIETIES
2000024_SA/2000025_SA



6⁷⁵

ACE ARTISAN ROLLS SELECTED VARIETIES, 6-10'S
2000022_SA/2000023_SA



\$3

PROTEIN BREAD BAKED-IN-STONE SELECTED VARIETIES, 450 G
2000022_SA/2000023_SA



NEW FLAVOURS

11 G PROTEIN PER 75 G SERVING

\$3

HOSTESS SNACK CAKES SELECTED VARIETIES, 202/204 G
2002022_SA



\$5

DONUTS SELECTED VARIETIES, 3-1/2'S
2000022_SA/2000023_SA



\$6

FARMER'S MARKET[™] SLICED OR WHOLE LOAF CAKES SELECTED VARIETIES, 344-400 G
2000022_SA/2000023_SA



SUPER YOUR EVERYDAY

89¢ SAPPORO ICHIBAN NOODLES SELECTED VARIETIES, 100 G 20275907001_EA/20275907004_EA LIMIT 6 OVER LIMIT PAY 1.19 EA 	1.49 HEINZ BEANS OR PASTA SELECTED VARIETIES, 398 ML 20040380003_EA/20177278001_EA LIMIT 4 OVER LIMIT PAY 2.19 EA 	\$1 BEN'S ORIGINAL FAST & FANCY RICE SELECTED VARIETIES, 132 G 21097290_EA/21097230_EA LIMIT 2 OVER LIMIT PAY 1.79 EA 	
2.29 HOLIDAY LUNCHEON MEAT 340 G OR MAPLE LEAF FLAKES 156 G SELECTED VARIETIES 20236273001_EA/201616778_EA LIMIT 4 OVER LIMIT PAY 3.49 EA 	2.99 SKINNYGIRL SALAD DRESSING SELECTED VARIETIES, 237 ML 21448701_EA/21448704_EA LIMIT 4 OVER LIMIT PAY 3.49 EA 	3.99 PATAK'S COOKING SAUCE SELECTED VARIETIES, 400 ML 20675902_EA LIMIT 4 OVER LIMIT PAY 4.99 EA 	
4.49 GOLD SEAL SALMON SALAD BOWL SELECTED VARIETIES, 160 G 21088473_EA/21089122_EA LIMIT 4 OVER LIMIT PAY 5.29 EA 	3.50 (GET 3,500* for every \$15* spent on) CLUB HOUSE ORGANIC SPICES, MCCORMICK'S INSTANT SAUCES OR SPICES SELECTED VARIETIES, 0.5-248 G 203080060012_EA/20299234001_EA LIMIT 4 OVER LIMIT PAY 3.49 EA 	2/\$8 OR 5.49 EA HARIBO CANDY BAGS SELECTED VARIETIES, 284 G 21087460_EA/21090526_EA 	
2.67 PRINGLES PARTY STACK POTATO CHIPS 194/203 G OR MINGLES 155 G SELECTED VARIETIES 21074384_EA/21042038_EA LIMIT 4 OVER LIMIT PAY 3.49 EA 	3.99 CHEETOS SNACKS SELECTED VARIETIES, 180-285 G 21370168_EA/21370196_EA LIMIT 4 OVER LIMIT PAY 3.49 EA 	8.99 FRITO-LAY VARIETY PACK CHIPS SELECTED VARIETIES, 16'S 21084889_EA/21084837_EA LIMIT 4 OVER LIMIT PAY 9.99 EA 	
3.99 NESTEA ICED TEA DRINK BOXES SELECTED VARIETIES 10X200 ML 21687007_EA LIMIT 4 OVER LIMIT PAY 4.49 EA 	2/\$11 OR 6.29 EA PC® OR BLUE MENU® SPARKLING WATER SELECTED VARIETIES 12X355 ML 20648034002_C01/20648034004_C01 LIMIT 4 OVER LIMIT PAY 2.19 EA 	\$9 PC® DE-ALCOHOLIZED BEER SELECTED VARIETIES 12X355 ML 20021728_C10/20325213_C10 LIMIT 4 OVER LIMIT PAY 2.19 EA 	16.99 TIMOTHY'S, KRISPY KREME OR DONUT HOUSE K-CUP SELECTED VARIETIES, 30'S 21433503_EA/21433505_EA LIMIT 4 OVER LIMIT PAY 26.99 EA 

SUPER YOUR EVERYDAY

2⁹⁹

LIMIT 4
OVER LIMIT PAY
3.99 EA

PILLSBURY PIZZA POPS
SELECTED VARIETIES, FROZEN, 4'S
21433996_EA/21434003_EA



4⁹⁹

GET
500⁰⁰

CHEF BOMBAY ENTRÉES
OR APPETIZERS
SELECTED VARIETIES, FROZEN, 240-354 G
20973182_EA/20973187_EA



5⁹⁷

LIMIT 4
OVER LIMIT PAY
7.29 EA

BLACK DIAMOND
CHEESE STRINGS
189-336 G OR AMOOZA!
CHEESE TWISTS 228 G
SELECTED VARIETIES
20783610_EA/21403104_EA



\$5

LIMIT 4
OVER LIMIT PAY
5.69 EA

PC® FROZEN FRUIT
SELECTED VARIETIES, 300-600 G
20372227_EA/21091003_EA



\$7

PC® ORANGE JUICE
SELECTED VARIETIES
REFRIGERATED, 2.5 L
21539444_EA/21539446_EA



2⁵⁰

LIMIT 4
OVER LIMIT PAY
3.99 EA

QUAKER
INSTANT
OATMEAL
SELECTED VARIETIES
8'S, 232-344 G
21190354_EA
21683233_EA



2⁶⁷

LIMIT 4
OVER LIMIT PAY
3.50 EA

KELLOGG'S
RICE KRISPIES
BARS 160-200 G,
POP TARTS
304 G, SPECIAL
K BARS 125 G OR
NUTRI-GRAIN
BARS 175-295 G
SELECTED VARIETIES
21873533_EA
21683421_EA



4⁸⁷

LIMIT 4
OVER LIMIT PAY
6.49 EA

GENERAL
MILLS FAMILY
SIZE CEREAL
SELECTED VARIETIES
475-778 G
21034892_EA
21034893_EA



\$5

NUTELLA
HAZELNUT
SPREAD WITH
COCOA 375 G
OR B-READY
CRISPY
WAFFER WITH
HAZELNUT
SPREAD
6'S, 132 G
SELECTED VARIETIES
21443348_EA
21443401_EA



19⁹⁹

LIMIT 4
OVER LIMIT PAY
23.99 EA

SUNTYPE
FRUITSOURCE
OR FRUIT TO
GO
SNACKS
VARIETY PACK
30/72'S, 1.06/1.31 KG
20672542_EA
21683287_EA



CLUB
SIZE

4⁹⁹

LIMIT 4
OVER LIMIT PAY
6.99 EA

CLOROX
DISINFECTING
WIPES
SELECTED VARIETIES
75'S
203480370002_EA
203480370003_EA



6⁹⁷

LIMIT 4
OVER LIMIT PAY
8.99 EA

SWIFFER DRY
10/14'S OR WET
10/12'S CLOTH
REFILLS,
LIQUID REFILL
750 ML/1.25 L
OR DUSTER
STARTER KIT 1'S
SELECTED VARIETIES
21628609_EA
21628918_EA



8⁴⁹

LIMIT 4
OVER LIMIT PAY
9.99 EA

GLAD WHITE
INDOOR 30-52'S,
RECYCLED
PLASTIC 28/44'S
OR
COMPOSTABLE
10/20'S BAGS
SELECTED VARIETIES
2097734006_EA
21389460_EA



13⁹⁹

LIMIT 4
OVER LIMIT PAY
17.99 EA

ARM &
HAMMER
LIQUID
LAUNDRY
DETERGENT
SELECTED VARIETIES
4.02 L
21817204_EA/21817287_EA



13⁹⁹

LIMIT 4
OVER LIMIT PAY
16.49 EA

FEBREZE PLUG
IN SCENTED
OIL
SELECTED VARIETIES
3X25 ML
21684642_EA
21684644_EA



\$8

NO NAME®
FACIAL TISSUE
6'S
21077002_EA



\$10

LIMIT 4
OVER LIMIT PAY
11.49 EA

PEDIGREE
DENTASTIX
DOG TREATS
SELECTED VARIETIES
394 G/1.9 KG
21981077_EA



SUPER YOUR EVERYDAY

\$5

SOUR JUJUBES
320 G
21094414_EA



\$5

GUMMI BEARS
280 G
21094433_EA



\$5

BIG FOOT JUBES
250 G
21094394_EA



\$6

**CHOCOLATE
FLAVOURED
MACAROONS**
260 G
21094485_EA



\$9

**CHOCOLATE COVERED
PRETZELS**
220 G
21094552_EA



\$9

**MILK CHOCOLATE
COVERED ALMONDS**
240 G
21094486_EA



\$9

**UNBLANCHED
ROASTED ALMONDS**
200 G
21094194_EA



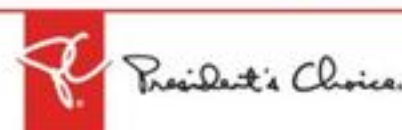
\$9

**ROASTED CASHEWS
NO SALT**
230 G
21094434_EA



\$10

RAW PINE NUTS
225 G
21094368_EA



CLICK-N-STORE

**PANTRY ORGANIZING
CONTAINERS**

SHOP NOW

Seal and stack to get your pantry in order with our space-saving containers. With different sizes for storing a variety of dry-foods, you'll be organizing a photo-worthy pantry in no time



**PC® PANTRY
CANNISTERS
AND BINS**

SELECTED VARIETIES
20796341_EA/20796342_EA/21021005_EA

Buy 2, Get

**20%
OFF**

Buy 3, Get

**30%
OFF**

Buy 4, Get

**40%
OFF**

FEEL GOOD CHOICES

AT FEEL GOOD PRICES

7⁵⁰

LIMIT 4
OVER LIMIT PAY 8.49 EA

KASHI CEREAL
SELECTED VARIETIES
349-510 G
21040004, EA

Kashi GOACTIVE
Honey Almond Flax Crunch
507 g

4²⁵

LIMIT 4
OVER LIMIT PAY 4.99 EA

LIVIVA SHIRATAKI RICE OR PASTA
SELECTED VARIETIES
120 G
21037916, EA

LIVIVA DRIED SHIRATAKI
Instant Rice / Riz instantané
SHIRATAKI SÈCHE
25 Calories 6g Carbs
21037916, EA

\$5

LIMIT 4
OVER LIMIT PAY 6.49 EA

YORKSHIRE VALLEY FARMS SOUP
SELECTED VARIETIES
398 ML
21040106, EA

YORKSHIRE VALLEY Farms
ORGANIC chicken noodle
READY TO SERVE SOUP
398 mL

\$2

LIMIT 4
OVER LIMIT PAY 2.99 EA

PATIENCE FRUIT & CO SOURCRAN DRIED CRANBERRIES
SELECTED VARIETIES
80 G
21043404, EA
21043405, EA

PATIENCE SOURCRAN
PEACH FLAVOURED
SAUCE DE PECHÉ
CHERRY FLAVOURED
SAUCE DE CERISE
8 g 21043407, 50 g 21043408, EA

9⁵⁰

LIMIT 4
OVER LIMIT PAY 10.99 EA

EVIVE SMOOTHIE CUBES
SELECTED VARIETIES
400-450 G
21043374, EA
21043375, EA

evive Smoothie
protein | protéine
15%
Smoothie Cubes
Eggs & Tiramisu
21043374, EA

\$12

LIMIT 4
OVER LIMIT PAY 16.99 EA

KICKING HORSE GROUND COFFEE
SELECTED VARIETIES, 284 G
21040200, EA

KICKING HORSE COFFEE
THREE SISTERS®
CAFE MOCHA BOLDHOUSE
TOBACCOFACTION MOYENNE
284 g 21040200, EA

3⁴⁹

LIMIT 4
OVER LIMIT PAY 4.99 EA

HUMBLE CLASSIC POTATO CHIPS
SELECTED VARIETIES
135 G
21042424, EA
21042425, EA

humble POTATO CHIPS
THE ORIGINAL L'ORIGINAL
JALAPEÑO
135 g
PREPARED IN CANADA

\$4

LIMIT 4
OVER LIMIT PAY 4.99 EA

SKINNY POP POPCORN
SELECTED VARIETIES
134/100 G
2070440001, EA
2070440002, EA

SKINNY POP
WHITE CHEDDAR
POPCORN AND SUFFLE
WITH CHEDDAR BLANC
134/100 g 2070440001, EA

4⁸⁰

LIMIT 6
OVER LIMIT PAY 5.99 EA

DRIZZILICIOUS MINI RICE CAKE REIMAGINED BITES
SELECTED VARIETIES
113 G
21042004, EA
21042005, EA

Drizzilicious
SMORES BITES
NAVON
113 g 21042004, EA

3²⁵

LIMIT 4
OVER LIMIT PAY 3.79 EA

KIJU ORGANIC JUICE
SELECTED VARIETIES
1 L
2104270001, EA
2104270002, EA

100% JUICE
SANTAL, ANANAS, CITRUS
SAISON D'ÉTÉ
1 L
PREPARED IN CANADA

\$7

LIMIT 4
OVER LIMIT PAY 8.49 EA

REMEDY KOMBUCHA
SELECTED VARIETIES
4X355 ML
21040007, EA

REMEDY KOMBUCHA
NO SUGAR SANS SUCRE
WILD BERRY
BAIE SAUVAGE
355 mL
4 x 355 mL CANS - 4x355 ML

8⁴⁹

LIMIT 4
OVER LIMIT PAY 9.99 EA

KIND BARS
SELECTED VARIETIES
5'S
21044001, EA
21044002, EA

KIND
Almond Peanut Butter & Dark Chocolate
Nuts Sea Salt & Dark Chocolate
5 bars 21044001, EA

12⁴⁹

RXBAR
SELECTED VARIETIES
208-275 G
21044003, EA
21044004, EA

RXBAR No B.S.
MINIS
6 g PROTEIN*
4 Peanut Butter Chocolate
4 Chocolate Sea Salt
8 PACK 208 g 21044003, 275 g 21044004, EA

GET 2,000* back in points when you buy 1

VEGA SPORT PROTEIN OR PROTEIN
SELECTED VARIETIES
800-908 G
21044005, EA
21044006, EA

VEGA
PROTEIN + RECOVERY
PROTEINES + RÉCUPÉRATION
800-908 g 21044005, EA

11⁴⁹

LIMIT 4
OVER LIMIT PAY 12.99 EA

ECO MAX LAUNDRY WASH
SELECTED VARIETIES
1 L
2104470001, EA
2104470002, EA

eco max
Lavender
2104470001, EA

ALWAYS LOW PRICE

ALWAYS LOW PRICE

\$7

PC PUB RECIPE™ OR GLUTEN FREE CHICKEN
SELECTED VARIETIES, FROZEN, 600/700 G
21079474_SA/21093327_SA

CHICKEN STRIPS
CORTED CHICKEN BREAST CUTLETTES
FRIGIDISCHES HÄHNCHEN
FRIGIDISCHES HÄHNCHEN

CHICKEN STRIPS
CORTED CHICKEN BREAST CUTLETTES
FRIGIDISCHES HÄHNCHEN
FRIGIDISCHES HÄHNCHEN

LANIÈRES DE POULET

PREPARED IN CANADA

ALWAYS LOW PRICE

\$10

PILLER'S HAM HALVES
SELECTED VARIETIES, 600 G
21068818_SA

BLACK FOREST HAM
JAMBON FORÊT NOIRE

600 g

ALWAYS LOW PRICE

\$2.47

NO NAME CHICKEN WIENERS
SELECTED VARIETIES, 450 G
21068818_SA

Chicken hot dogs
saucisses fumées poulet

450 g 12

ALWAYS LOW PRICE

\$3

POPEYE SELECT SPINACH
PRODUCT OF U.S.A., 283 G
21068818_SA

POPEYE SUPERFOOD Spinach
Epinards

90 % 90 % 45 %

POPEYE SELECT SPINACH

ALWAYS LOW PRICE

\$13

SEAQUEST SHRIMP RING WITH MILD COCKTAIL SAUCE
FROZEN, 454 G
21068818_SA

SEAQUEST Shrimp Ring
with mild cocktail sauce
Casseroles de crevettes
avec sauce cocktail

ALWAYS LOW PRICE

\$6

BASSÉ NUTS
SELECTED VARIETIES
415-600 G
21068818_SA/21068818_SA

NUT LOVER'S
MIX/MÉLANGE
D'ARACHIDES

600 g

DARK CHOCOLATEY CRANBERRY
MIX/MÉLANGE
CHOCOLATE AVEC CANNEBERGES

480 g

ALWAYS LOW PRICE

\$3.50

ZIGGY'S SLICED MEAT
SELECTED VARIETIES, 175/300 G
21068818_SA/21068818_SA

oven roasted turkey
Poulet rôti au four
dinde

smoked black forest ham
Jambon forêt-noire fumé

175 g

PREPARED IN CANADA

ALWAYS LOW PRICE

\$5

ZIGGY'S CHEESE SLICES
SELECTED VARIETIES
160/180 G
21068818_SA/21068818_SA

swiss suisse

creamy quark
fromage blanc

160 g

PREPARED IN CANADA

ALWAYS LOW PRICE

\$1.50

FRENCH BREAD
BAKED IN-STORE
SELECTED VARIETIES, 450 G
21068818_SA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$3

SOURDOUGH OR PUMPERNICKEL BREAD
SELECTED VARIETIES, BAKED IN-STORE
675 G
21068818_SA/21068818_SA

PREPARED IN CANADA

ALWAYS LOW PRICE

\$2

SANTOSH NAAN
SELECTED VARIETIES, 9'S
21068818_SA/21068818_SA

Santosh 5 NAAN

PREPARED IN CANADA

ALWAYS LOW PRICE

ALWAYS
LOW PRICE
\$3

NO NAME® CREAM CHEESE
SELECTED VARIETIES, 227/250 G
2016040001, EA



ALWAYS
LOW PRICE
\$4.50

PC BLACK LABEL
ICE CREAM
SELECTED VARIETIES, FROZEN, 500 ML
20160214, EA



ALWAYS
LOW PRICE
\$5

NO NAME® PEROGIES
SELECTED VARIETIES, 2 KG
2012170000, EA/2012170005, EA



CLUB
SIZE

ALWAYS
LOW PRICE
\$10

PC® VEGETABLES
SELECTED VARIETIES, FROZEN
1.75 KG
20171430, EA/2016037, EA



CLUB
SIZE

ALWAYS
LOW PRICE
\$3

NO NAME® FROZEN FRUIT
SELECTED VARIETIES
400 G
20143000, EA



ALWAYS
LOW PRICE
\$5

T&T POTSTICKERS
SELECTED VARIETIES
FROZEN, 567 G
20140000, EA



ALWAYS
LOW PRICE
\$4

SURAJ OKRA
SELECTED VARIETIES
FROZEN, 1 KG
20171390, EA



ALWAYS
LOW PRICE
\$1.50

ROOSTER COCONUT MILK
SELECTED VARIETIES
398 ML
20170707, EA



ALWAYS
LOW PRICE
\$4

PC ORGANICS ORGANIC UNSWEETENED APPLE SAUCE
SELECTED VARIETIES
6X100 ML
2012040000, EA/20160428, EA



ALWAYS
LOW PRICE
\$4.50

PC ORGANICS ORGANIC ANIMAL COOKIES
SELECTED VARIETIES
250 G
20160300, EA/20160401, EA



ALWAYS
LOW PRICE
\$2.50

PC ORGANICS BROTH
SELECTED VARIETIES
900 ML
20160700, EA/20160472, EA



ALWAYS
LOW PRICE
\$5

PC ORGANICS COCONUT WATER
SELECTED VARIETIES, 1 L
20160370, EA



ALWAYS
LOW PRICE
\$5

PC ORGANICS VEGETABLES
SELECTED VARIETIES
FROZEN, 300-500 G
20160300, EA/20160401, EA



ALWAYS LOW PRICE

ALWAYS
LOW PRICE

\$8

LIFE BRAND®
EPSOM SALTS
4 KG
21668050_EA



LIFE BRAND® LIQUID
HAND SOAP REFILL
SELECTED VARIETIES, 2 L
21357613003_EA

ALWAYS
LOW PRICE

\$5



ALWAYS
LOW PRICE

\$8

QUO BEAUTY
FOAM BATH
SELECTED VARIETIES, 3 L
21396101_EA



ALWAYS
LOW PRICE

\$4

LIFE BRAND®
MOUTHWASH
SELECTED VARIETIES, 1 L
21201386_EA/21201606_EA



ALWAYS
LOW PRICE

PC® 12X WIPES
SELECTED VARIETIES, 1200'S
21432245_EA/21587239_EA

ALWAYS
LOW PRICE

SUPER YOUR EVERYDAY

2/\$28
OR 17.00 EA

PC[®] HYGRO COTTON TOWELS
SELECTED VARIETIES
21308867_EA



Up to 25% OFF
37.00-67.00
AFTER SAVINGS

PC[®] SHEET SET
350/500 THREAD-COUNT
SELECTED VARIETIES
21308869_EA / 21308868_EA



PC[®] ALLERGY DEFENCE PILLOW
21301153_EA

\$10
LIMIT 4
OVER LIMIT PAY
15.00 EA



Buy 1, Get 1
50% OFF
SECOND ITEM
MUST BE OF EQUAL
OR LESSER VALUE
10.00-25.00

WINTER MATS
AND BOOT TRAYS
SELECTED VARIETIES
21308861_EA / 21308862_EA



EVERYDAY ESSENTIALS[™] HANGERS
SELECTED VARIETIES
21308863_EA / 21308864_EA

2/\$14
OR 9.00 EA



Buy 1, Get 1
50% OFF
SECOND ITEM
MUST BE OF EQUAL
OR LESSER VALUE
2.99-13.99

PC[®] PLANET FIRST[™] BAMBOO PLATES, BIRCH CUTLERY OR WHEAT STRAWS
SELECTED VARIETIES
21308865_EA / 21308866_EA



PC[®] PANTRY BINS AND CANNISTERS
SELECTED VARIETIES
7.00-34.00
21308867_EA / 21308868_EA

Buy 2, Get 20% OFF



Buy 3, Get 30% OFF

Buy 4, Get 40% OFF

Buy 3, Get 1*
FREE
*FREE item must be of equal or lesser value, excludes boxed sets and serveware 4.00-9.00

PC[®] OPENSTOCK DINNERWARE
SELECTED VARIETIES
21308869_EA / 21308870_EA



Buy 3, Get 1*
FREE
*FREE item must be of equal or lesser value, excludes boxed sets 7.00

PC[®] OPENSTOCK DRINKWARE
SELECTED VARIETIES
21308871_EA / 21308872_EA



* Please note that not all items are available in all stores.

新年快樂

HAPPY LUNAR
NEW YEAR

Celebrate
the Year of the
Horse with
low prices.

1⁹⁹

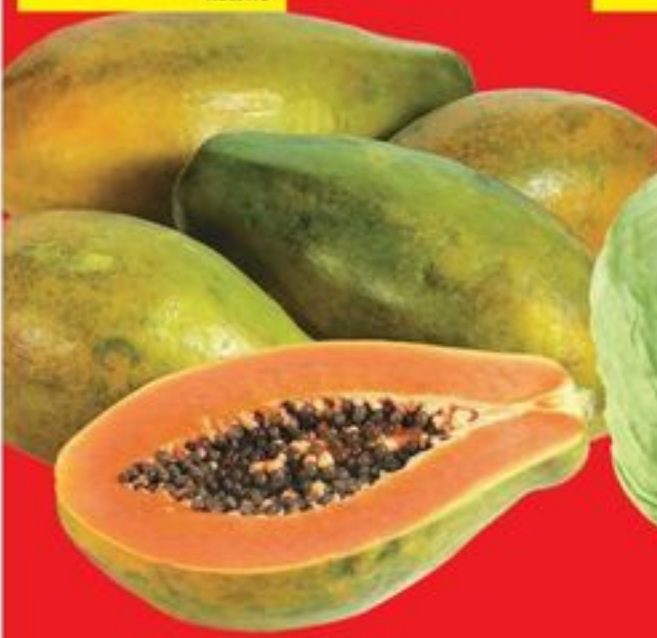
LB

4.39/KG

PAPAYA

PRODUCT OF MEXICO

288796657_KG



98^c

LB

2.16/KG

TAIWANESE
FLAT CABBAGE

PRODUCT OF MEXICO
OR U.S.A.

2880883307_KG



10⁹⁹

LB

24.23/KG

BEEF STIR FRY

28825738_KG



1¹⁸

GOLDEN HAPPINESS
SPECIALTY BUNS

SELECTED VARIETIES, 100 G

21287942_EA 21287943_EA



15⁸⁸

LIMIT 4
OVER LIMIT PAY
22.99 EA

BOTAN
CALROSE RICE

8 KG

288088332_EA



8⁸⁸

LIMIT 4
OVER LIMIT PAY
12.99 EA

KNORR CHICKEN
BOUILLON/BROTH
MIX

1 KG

28804074_EA



2⁸⁸

LARGE
DRAGON FRUIT

PRODUCT OF VIETNAM

2884889001_EA



5⁵⁰

RAMBUTAN

PRODUCT OF
GUATEMALA

2872318901_EA



1⁹⁹

LB

4.35/KG

PURPLE
UBB YAM

PRODUCT OF CHINA

28848838001_KG



6⁹⁹

LB

15.41/KG

CURED SALT
PORK

28807968_KG



2⁸⁸

TRADITIONS
HOT POT
BALLS 200-250 G,
YELLOWFIN
TUNA STEAKS
92 G OR
GO SHRIMP 160 G

SELECTED VARIETIES
FROZEN

28848838_EA
28793836_EA



6⁸⁸

LB

15.37/KG

WHOLE
CHICKEN,
HEAD AND
FEET ON

FROZEN

28847976_KG



5⁸⁸

LB

12.96/KG

PORK STIR FRY

FRESH

28847738_KG



2⁹⁸

LIMIT 4
OVER LIMIT PAY
3.59 EA

SUNRISE FRESH
PACK TOFU
SMOOTH OR
TRADITIONAL

SELECTED VARIETIES
700 G

28807247_EA
28807248_EA



3⁸⁸

LIMIT 4
OVER LIMIT PAY
4.99 EA

GOLD KILLI
INSTANT LATTE

SELECTED VARIETIES
250 G

28847724_EA



2⁴⁸

LIMIT 4
OVER LIMIT PAY
3.49 EA

T&T ALOE
VERA DRINK

SELECTED VARIETIES
1.5 L

2880883381_EA
28807396_EA



2⁸⁸

LIMIT 4
OVER LIMIT PAY
3.99 EA

HEIWA
JAPANESE
STYLE BREAD
CRUMB

227 G

288084601_EA



5⁸⁸

LIMIT 4
OVER LIMIT PAY
7.99 EA

BULL-DOG
TONKATSU
SAUCE

500 ML

28807933_EA



* Please note that not all items are available in all stores.



新年快樂 HAPPY LUNAR NEW YEAR

Celebrate
the Year of the
Horse with
low prices.

4⁸⁸ HEIWA SANUKI-STYLE UDON NOODLES 1.25 KG 20070076_EA LIMIT 4 OVER LIMIT PAY 5.99 EA 	3⁸⁸ LOTTE MOCHI FROZEN, 270 G 2047122_EA 	1⁷⁹ SPRING HOME SPRING ROLL PASTRY 275 G 20063408_EA LIMIT 4 OVER LIMIT PAY 1.99 EA 	88¢ SWANSON READY TO SERVE CHICKEN BROTH 412 ML 20042094_EA LIMIT 4 OVER LIMIT PAY 1.49 EA 
4⁸⁸ MELONA ICE BAR SELECTED VARIETIES FROZEN, 540 ML 20422903_EA 	8⁹⁹ BIBIGO MANDU FROZEN, 680 G 20090031_EA 	2⁸⁸ MANDARIN NOODLES SELECTED VARIETIES 454 G 20050088_EA 	2⁸⁸ NISSIN DIMSOM SELECTED VARIETIES FROZEN, 304-210 G 20430990_EA LIMIT 4 OVER LIMIT PAY 4.49 EA 
1⁴⁸ T&T POTATO CHIPS 72 G OR KOREAN ROASTED SEAWEED LAVER 115 G 20483743_EA 20093333_EA LIMIT 4 OVER LIMIT PAY 1.79 EA 	4⁹⁸ M.Y. SAN SKY FLAKES CRACKERS 800 G 20070746_EA LIMIT 4 OVER LIMIT PAY 7.49 EA 	3⁹⁸ LOTTE PEPERO COOKIE STICKS FAMILY PACK SELECTED VARIETIES 128 G 20070923_EA 20050886_EA LIMIT 4 OVER LIMIT PAY 5.29 EA 	5⁸⁸ LEE KUM KEE PURE SESAME OIL 445 ML 20063085_EA LIMIT 4 OVER LIMIT PAY 8.99 EA 
5⁴⁸ PALM CORNED BEEF SELECTED VARIETIES 328 G 20040246_EA 20040310_EA LIMIT 4 OVER LIMIT PAY 6.99 EA 	2⁴⁸ T&T PREMIUM LIGHT SOY SAUCE 500 ML 20090142_EA LIMIT 4 OVER LIMIT PAY 3.19 EA 	14⁸⁸ T&T JASMINE RICE 8.2 KG 20050990_EA LIMIT 4 OVER LIMIT PAY 22.89 EA 	UP TO 15% OFF LEGO LUNAR NEW YEAR 20070995_EA 
\$1 NO NAME® GEL AIR FRESHENER SELECTED VARIETIES 120 G 20050442_EA 20050448_EA LIMIT 4 OVER LIMIT PAY 1.49 EA 	2⁸⁸ NO NAME® DISINFECTING ALL-PURPOSE CLEANER 1.3 L OR SPRAY 650 ML SELECTED VARIETIES 20070732_EA/20040420_EA LIMIT 4 OVER LIMIT PAY 3.29 EA 	8⁸⁸ PC PLANET FIRST® LAUNDRY DETERGENT STRIPS SELECTED VARIETIES 325 20040428_EA 20040376_EA LIMIT 4 OVER LIMIT PAY 10.00 EA 	FROM 4⁵⁰ NO NAME® PAPER PLATES SELECTED VARIETIES 40'S 20060108_EA 20060400_EA 

* Please note that not all items are available in all stores.



TOP PICKS

DISCOVER OUR ASIAN FOOD SELECTION!



**APP
EXCLUSIVE
OFFER***

**GET
3,000**

\$3
back
in points

for every \$15* spent
on T&T products
all sizes and varieties

*Open your PC Optimum app or visit pcoptimum.ca to get the offer. *At least \$3 value in points.

5⁹⁹

T&T BBQ PORK BUNS
FROZEN, 540 G
21693784_EA



5⁹⁹

T&T ICE CREAM
SELECTED VARIETIES
FROZEN, 1 L
21300559_EA



11⁸⁸

T&T SHRIMP DUMPLINGS
FROZEN, 1.04 KG
21671210_EA



4⁹⁹

**T&T GREEN
ONION PANCAKE**
FROZEN, 600 G
20814616_EA



\$6

**T&T VEGETABLE
SPRING ROLLS**
FROZEN, 500 G
21610702_EA

**LIMIT 4
OVER LIMIT PAY
8.00 EA**



2⁴⁹

T&T EDAMAME
FROZEN, 454 G
20593404_EA



11⁸⁸

T&T DURIAN PULP
FROZEN, 454 G
21541463_EA



11⁸⁸

**LIMIT 4
OVER LIMIT PAY
13.99 EA**



1⁴⁸

T&T COCONUT MILK
398 ML
20697880_EA

**LIMIT 4
OVER LIMIT PAY
1.79 EA**



8⁸⁸

**LIMIT 4
OVER LIMIT PAY
11.49 EA**



1²⁸

**LIMIT 4
OVER LIMIT PAY
1.79 EA**



1⁷⁸

**LIMIT 4
OVER LIMIT PAY
1.99 EA**



JOE FRESH

Celebrate Lunar New Year

Ring in the New Year with a limited-edition collection that blends tradition and modern style.

Select Stores + Online



Baby Lunar
New Year Sleeper

\$16



Adult Lunar
New Year Sweatshirt

\$39



Adult Lunar

Lunar

LOHRI FESTIVAL ESSENTIALS*

Celebrate harvest season on a budget.



\$3

CRISPY ROTI
SELECTED VARIETIES, 750 G
21098627_EA



\$5

SURAJ NAAN
SELECTED VARIETIES, 10'S
35843281_EA



99¢

CILANTRO
PRODUCT OF U.S.A. OR MEXICO
20091823001_EA



3⁵⁰

CRISPY COOKIES
SELECTED VARIETIES, 300-350 G
21092647_EA



\$3

VERKA NAMAK PARA
SELECTED VARIETIES, 360 G
21482376_EA



1⁴⁹

LIMIT 4
OVER LIMIT PAY
1.99 EA

HALDIRAM'S SNACKS
SELECTED VARIETIES, 90/150 G
20090425_EA, 20090977_EA



4⁹⁹

LIMIT 4
OVER LIMIT PAY
5.49 EA

TRE STELLE PANEER
350 G
21090528_EA



2⁹⁹

LIMIT 4
OVER LIMIT PAY
3.49 EA

NANAK DAHI
750 G
20133581_EA



12⁴⁹

FRESH 5 PACK SAMOSAS
SELECTED VARIETIES
21040724_EA



5⁹⁹

BRAR'S SAMOSAS
SELECTED VARIETIES, 624 G
21090923_EA



2²⁵

LIMIT 4
OVER LIMIT PAY
2.79 EA

RUBICON JUICE
SELECTED VARIETIES, 1 L
20029324006_EA, 20029477000_EA



5⁹⁹

LIMIT 4
OVER LIMIT PAY
7.49 EA

SHER BESAN FLOUR
4 LB
20040922_EA



4⁴⁹

LIMIT 4
OVER LIMIT PAY
6.49 EA

SURAJ DRY BEANS
SELECTED VARIETIES, 1.8 KG
20040737_EA, 20040738_EA



2⁹⁷

LIMIT 4
OVER LIMIT PAY
4.29 EA

LAY'S INTERNATIONAL FLAVOURS
SELECTED VARIETIES, 200 G
21043882_EA, 21043203_EA



1⁵⁷

MAGGI MASALA NOODLES
280 G
20070383_EA



* Please note that not all items are available in all stores.

**CUDDLY
DEALS,
TINY
PRICES**

\$4

LIMIT 8
OVER LIMIT PAY
4.49 EA

LOVE CHILD ORGANIC OATY CHOMPS OR SEAFRIENDS BABY SNACKS
SELECTED VARIETIES, 100-140 G
21462907_EA/21619491_EA



2⁵⁰

LIMIT 8
OVER LIMIT PAY
3.99 EA

LITTLE BELLIES ORGANIC SNACKS
SELECTED VARIETIES, 35 G
21664678_EA/21664747_EA



4/\$7

OR 1.99 EA

GERBER BABY FOOD JARS 159-162 ML OR ORGANIC BABY FOOD POUCHES 99 G/128 ML
SELECTED VARIETIES
21024894_EA/21466952_EA



38⁹⁹

LIMIT 4
OVER LIMIT PAY
53.99 EA

SIMILAC 360 TOTAL CARE INFANT FORMULA POWDERS
584 G OR READY TO FEED
24X58 ML
SELECTED VARIETIES
21697913_EA/21702779_C24



47⁴⁷

LIMIT 4
OVER LIMIT PAY
52.99 EA

ENFAMIL A+ NEUROPRO OR GENTLELEASE POWDERS
SELECTED VARIETIES, 553/587 G
21589117_EA/21589230_EA



54⁹⁹

LIMIT 4
OVER LIMIT PAY
61.99 EA

SIMILAC PRO-ADVANCE POWDER FORMULA
STEP 1 OR 2, 837-859 G
21436985_EA/21437126_EA



27⁹⁹

LIMIT 4
OVER LIMIT PAY
32.99 EA

HUGGIES GIGA PACK DIAPERS
SIZE N-7, SELECTED VARIETIES
42-128'S
21370918_EA/21664359_EA



47⁹⁹

LIMIT 4
OVER LIMIT PAY
53.99 EA

PAMPERS SWADDLERS ULTRA VALUE PACK DIAPERS
SIZE 2-8, SELECTED VARIETIES
120-192'S
21455875_EA/21455883_EA



26⁹⁹

LIMIT 4
OVER LIMIT PAY
32.99 EA

HUGGIES PULL-UPS CLUB PACK TRAINING PANTS
SELECTED VARIETIES, 28-74'S
21371199_EA/21610670_EA



7⁹⁹

LIMIT 4
OVER LIMIT PAY

GET 1,000⁰⁰

\$1
back in points

MILLIE MOON 3X BABY WIPES
216'S
21520809_EA



17⁹⁹

LIMIT 2
OVER LIMIT PAY

PAMPERS 9/10X BABY WIPES 336-504'S OR WATERWIPES 240'S
SELECTED VARIETIES
21018026_EA/21176336_EA



24⁹⁹

LIMIT 4
OVER LIMIT PAY

PAMPERS SUPER BIG PACK DIAPERS
SIZE N-8, SELECTED VARIETIES
32-120'S
21370843_EA/21455653_EA



LOOK GOOD, FEEL GREAT, SPEND LESS.

4⁵⁰

LIMIT 6
OVER LIMIT PAY
5.49 EA

NIVEA
BODY WASH 500 ML OR
DEODORANT 50 ML/51 G
SELECTED VARIETIES
20321421004_EA/21169897_EA



\$5

LIMIT 6
OVER LIMIT PAY
5.99 EA

LIVE CLEAN BODY
WASH 500 ML OR
HAND SOAP 400 ML
SELECTED VARIETIES
20862253_EA/20975549002_EA



9⁵⁰

LIMIT 6
OVER LIMIT PAY
14.49 EA

SCHICK INTUITION,
HYDRO OR XTREME
DISPOSABLE
RAZORS
SELECTED VARIETIES, 1-8'S
20898533_EA/21086186_EA



UP TO
25% OFF
13.87-22.49 AFTER SAVINGS

GILLETTE LABS,
PROGLIDE OR VENUS
INTIMATE PREMIUM
RAZORS
SELECTED VARIETIES
21476179_EA/21649974_EA



5⁸⁰

LIMIT 4
OVER LIMIT PAY
7.49 EA

SENSODYNE OR
PRONAMEL VALUE
SIZE TOOTHPASTE
SELECTED VARIETIES, 110/135 ML
20432268002_EA/21433114_EA



\$5

LIMIT 4
OVER LIMIT PAY
5.49 EA

CREST TOOTHPASTE
63-200 ML, **SCOPE**
CLASSIC 1L OR KIDS
500 ML MOUTHWASH,
ORAL-B MANUAL
TOOTHBRUSH 1EA, OR
FLOSS PICKS 75'S
SELECTED VARIETIES
21506728_EA/21568343_EA



\$1

LIMIT 12
OVER LIMIT PAY
1.69 EA

COLGATE
TOOTHPASTE,
52-95 ML OR **MANUAL**
TOOTHBRUSH 1EA.
SELECTED VARIETIES
20277681002_EA/21166261_EA








Find YOUR Balance

MADE IN CANADA WITH LOVE

**PREMIER PROTEIN
READY TO DRINK SHAKES**
SELECTED VARIETIES AND SIZES
21031108_EA/21031114_EA

**LIMIT 4
12⁵⁰**
OVER LIMIT PAY 15.49 EA

UP TO
15% OFF
20301019001_EA/21344490_EA 24.69-56.49 AFTER SAVINGS





21707937_EA



21484746_EA



21292008_EA



21511696_EA



21378801_EA



21510228_EA



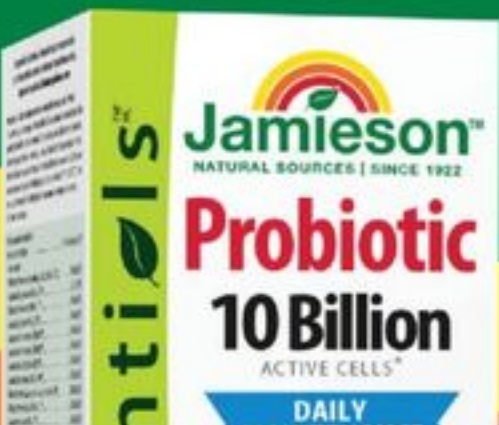
Health Never Tasted So Good

UP TO
20% OFF
16.79-29.99 AFTER SAVINGS

NEW NORDIC 30-60'S VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES



STAY STRONG WITH CANADA'S
#1 BRAND OF IMMUNE SUPPLEMENTS*






UP TO
20% OFF
6.79-34.39 AFTER SAVINGS
Jamieson vitamins or supplements
selected varieties and sizes

SHOP BEAUTY FOR LESS

UP TO
20%
OFF
3.99-42.39 AFTER SAVINGS

**NEUTROGENA SKIN OR
HAIRCARE PRODUCTS**
SELECTED VARIETIES AND SIZES
21011399_EA/21085191_EA
21347275_EA/21347290_EA



\$8

LIMIT 4
OVER LIMIT PAY
10.99 EA

**NICE AND EASY OR
NATURAL INSTINCTS
HAIR COLOUR**
SELECTED VARIETIES
21082583_EA/21164877_EA



\$9

LIMIT 4
OVER LIMIT PAY
11.49 EA

**OGX, MAUI OR
AVEENO HAIR
CARE**
SELECTED VARIETIES
AND SIZES
20312551004_EA/21009300_EA



\$4

LIMIT 4
OVER LIMIT PAY
4.99 EA

**GARNIER FRUCTIS
SHAMPOO OR
CONDITIONER**
SELECTED VARIETIES AND SIZES
21007181_EA/21007198_EA



7.99

LIMIT 4
OVER LIMIT PAY
11.99 EA

**AUSSIE OR HERBAL
ESSENCES SHAMPOO
OR CONDITIONER**
SELECTED VARIETIES AND SIZES
21167373_EA/21571326_EA





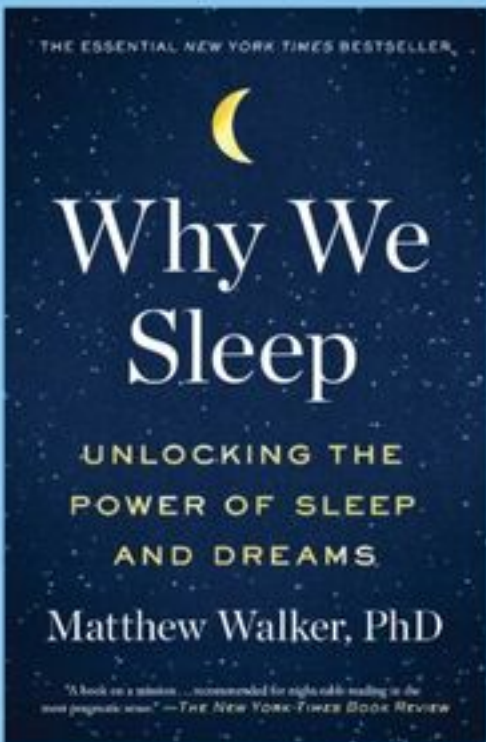
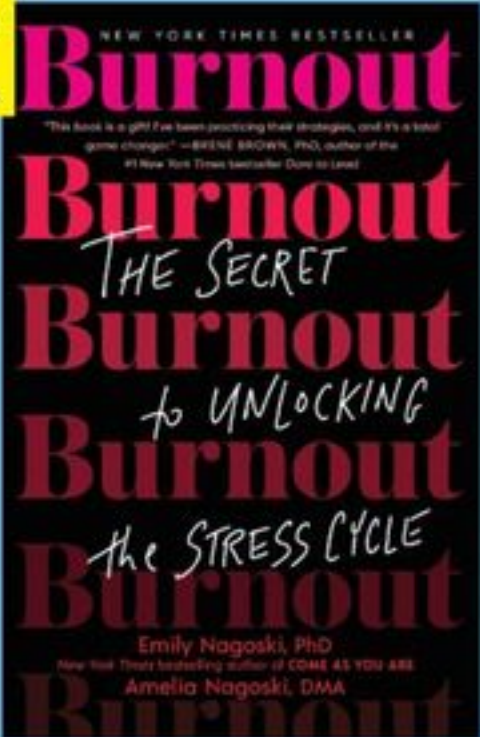
**BUY 1
GET 1
50% OFF**

**EVOLVE FITNESS YOGA MATS,
RESISTANCE BANDS, KETTLEBELL,
DUMBBELL OR MEDICINE BALLS**
EXCLUDES BUNDLES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
\$0.00-28.00
21031624_SA/21031627_SA



**UP TO
30%
OFF**
15.39-29.40 AFTER SAVINGS

**HEALTH & WELLNESS
BOOKS**
SELECTED VARIETIES
21084505_SA/21032005_SA



**UP TO
3,000^{pts}
GET**
for every \$10^{sp} spent on

**\$3
back
in points**

**SISTEMA FOOD
STORAGE
CONTAINERS**
SELECTED VARIETIES
20976855_SA/21073027_SA



**SPEND
\$20 GET
\$5 OFF**

**LIFE AT HOME™
DRINKWARE,
DINNERWARE OR
SERVEWARE**
\$0.00-30.00
21084793_SA/21071033_SA



**UP TO
20%
OFF**
20.00-21.50 AFTER SAVINGS

**UP TO
3,000^{pts}
GET**
for every \$10^{sp} spent on

**\$3
back
in points**

**DENALI
PITCHER OR
3-PACK FILTER**
SELECTED VARIETIES
20094143_SA/21034568_SA



**UP TO
15%
OFF**
13.59-26.77 AFTER SAVINGS

**UP TO
5,000^{pts}
GET**
when you
spend \$35^{sp} on

**\$5
back
in points**

**LIQUID IV HYDRATION
MULTIPLIER SACHETS,
OLLY VITAMINS OR
SUPPLEMENTS**
\$0-90'S
SELECTED VARIETIES AND SIZES
21084710_SA/21082444_SA



**UP TO
15%
OFF**
9.29-46.69 AFTER SAVINGS

**ALANI NU
SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
21083623_SA



\$12

**LIMIT 4
OVER LIMIT PAY
13.99 EA**

**BRUST PROTEIN
COFFEE**
SELECTED VARIETIES AND SIZES
21080953_SA/21080973_SA



**UP TO
1,000^{pts}
GET**
for every \$10^{sp} spent on

**\$1
back
in points**

**CENTRUM
MULTIVITAMINS,
CALTRATE BONE HEALTH
SUPPLEMENTS, OR
EMERGEN-C VITAMINS**
SELECTED VARIETIES AND SIZES
20972903_SA/20996280_SA



13⁵⁰

**LIMIT 4
OVER LIMIT PAY
16.49 EA**

**BAREBELLS PROTEIN
BARS**
4-PACK
SELECTED VARIETIES AND SIZES
21026147_SA/21050985_SA



**UP TO
15%
OFF**
11.89-51.79 AFTER SAVINGS

PC SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21080953_SA/21030908_SA



Items on this page may not be available at the following West locations: Edmonton (Kingsway, Whitemud, Heritage Gate, Windermere), Steinbach, Winnipeg (Portage Ave, Kenaston Blvd), Nanaimo, Coquitlam, Whitehorse, Regina (Golden Mile), Lethbridge, Calgary (Southport, Signal Hill, Huntington Hills, East Village, Nursery), Westbank, Richmond, Abbotsford, St. Albert, Prince Albert, Yorkton.

JOE FRESH

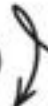
FRESH FITS FOR
A FRESH START

Earn
points while
you save



APP
EXCLUSIVE
OFFER

Open the app.
It's as easy as that!



Optimum™

15,000 pts

When you spend \$75+
on apparel*

\$15
back
in points

January 8 - 14, 2026

25% off

Leggings, Bike Shorts,
& Sports Bras*

Select Styles | Regular Price \$29 - \$35
January 8 - 21



NOW
\$26²⁵
~~\$35~~
Active Momentum
Sports Bra



GENUINE HEALTH

Foundational Nutrition to
Power Your 2026



21060358_EA 21294756_EA 21089843_EA

GET
2,500*
POINTS

GENUINE HEALTH
FERMENTED ORGANIC
VEGAN PROTEINS+
840-600 G OR ADVANCED
GUT HEALTH PROBIOTIC
OR GREENS 199-222 G
SELECTED VARIETIES

GENUINEHEALTH.CA

GET
2,500*
POINTS

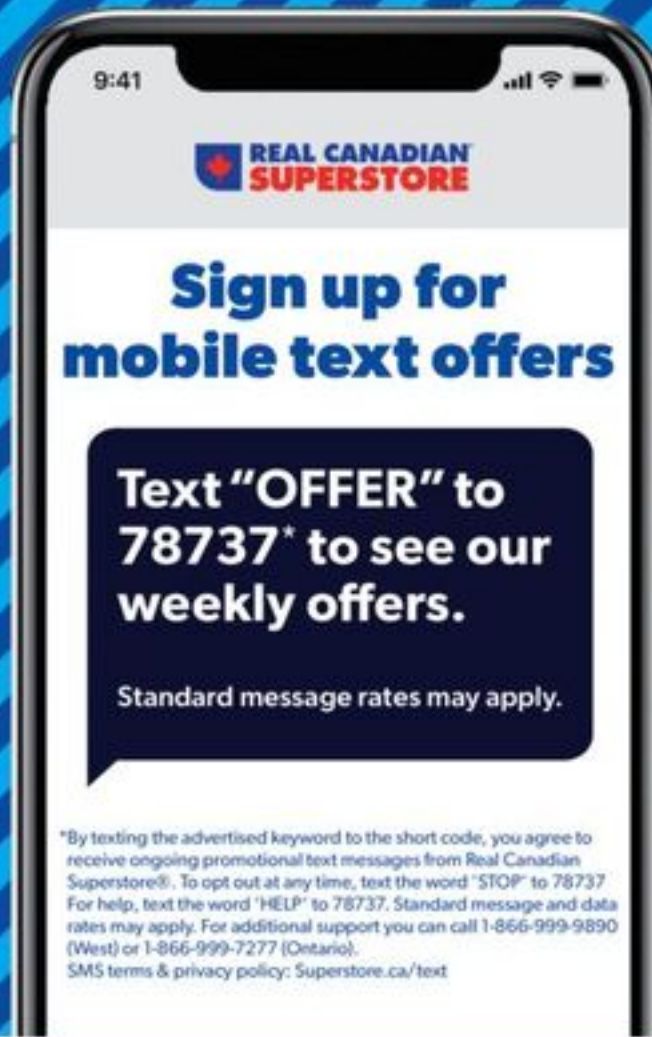
GENUINE HEALTH
FERMENTED ORGANIC VEGAN
PROTEINS+
SELECTED VARIETIES
600-840 G

Certified
B

GET
2,500*
POINTS

GENUINE HEALTH
ADVANCED GUT
HEALTH PROBIOTIC
SELECTED VARIETIES
20-60'S

PROUDLY CANADIAN



*By texting the advertised keyword to the short code, you agree to receive ongoing promotional text messages from Real Canadian Superstore®. To opt out at any time, text the word 'STOP' to 78737. For help, text the word 'HELP' to 78737. Standard message and data rates may apply. For additional support you can call 1-866-999-9890 (West) or 1-866-999-7277 (Ontario).
SMS terms & privacy policy: Superstore.ca/text



Express™

Online grocery
pickup & delivery

Save time, Save For Real™

Get **\$15 in PC Optimum™ points**
on your first 5 eligible online
grocery orders*.

Shop now

That's **\$75** back
in (pts)

Use code **PCX5**



*Terms and conditions apply. See site for details.

AD MATCH

We match prices* so you can just shop!

Every week, we actively check our major competitors' flyers
and match the price on hundreds of items.

Look for the Ad Match message in store for the items we've actively matched.
Plus, we'll match any major competitor's flyer item if you show us!

Since we Ad Match, we may not have sold at the After Limit price
(and may not in the future).

*We match prices applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time.