# FOOD LION

January 7 - January 13, 2026 Offers valid while supplies last.

## Our *weekly deals* will save you the most!

26-30 Ct. 16 Oz. Bag - Frozen
**FOOD LION RAW OR COOKED SHRIMP**
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOTSALE! MVP
**9.99 LB** USDA CHOICE
YOU SAVE $4.00 LB
**BEEF T-BONE STEAK**
W/O MVP Card $13.99 LB

HOTSALE! MVP
**99¢ LB**
W/O MVP Card $1.49 LB
**FOOD LION WHOLE CHICKEN**

HOTSALE! MVP
**2.99 LB**
W/O MVP Card $5.39 LB
Boneless, Center Cut
**PORK CHOPS**

HOTSALE! MVP
**5.99 LB**
W/O MVP Card $7.99 LB
Freshly Sliced Select Varieties
**FOOD LION TURKEY OR CHICKEN BREAST**
IN THE DELI

YOU SAVE $2.00 EA
HOTSALE! MVP
**2.99 EA**
3 Lb. Bag
**MANDARINS**
W/O MVP Card $4.99 EA

HOTSALE! MVP
**2/$1**
W/O MVP Card Regular Retail
**HASS AVOCADOS OR MANGOS**

HOTSALE! MVP
**2/$5**
W/O MVP Card Regular Retail
5 Lb. Bag
**FOOD LION RUSSET POTATOES**
3 Lb. Bag
**FOOD LION YELLOW ONIONS**

HOTSALE! MVP
**2.99 EA**
W/O MVP Card $3.49 EA
3 Ct.
**FOOD LION RAINBOW BELL PEPPERS**

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
8 Pack 12 Oz. Bottles or 12 Oz. Cans Select Varieties
**PEPSI PRODUCTS**
LIMIT 4 FREE

8.14-40 Oz. Select Varieties
**TASTYKAKE BAGGED DONUTS OR SNACKS**
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

4.75-8 Oz. Select Varieties
**LAY'S POTATO CHIPS OR POPCORNERS**
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

9.25-14 Oz. - Select Varieties
**MARIE CALLENDER'S BOWLS OR HEALTHY CHOICE DINNERS**
HOTSALE! MVP 2/$5
W/O MVP Card $3.69 EA

HOTSALE! MVP
**21.99 EA**
24 Pack 12 Oz. Bottles or Cans Select Varieties
**BUD, MILLER, COORS OR YUENGLING**

6.5-11 Oz. - Select Varieties
**KETTLE BRAND POTATO OR LATE JULY TORTILLA CHIPS**
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
71-11.3 Oz. Select Varieties
**VOORTMAN ZERO SUGAR COOKIES OR WAFERS**
LIMIT 4 FREE

14.1-21.4 Oz. Select Varieties
**DIGIORNO PIZZA**
HOTSALE! MVP BOGO FREE
W/O MVP Card $8.99 EA Single Item Half Price

10 Pack Select Varieties
**LANCE CRACKERS**
HOTSALE! MVP 3.99 LB
W/O MVP Card Regular Retail

150 Oz. Select Varieties
**PUREX**
HOTSALE! MVP 7.99 EA
W/O MVP Card $12.29 EA

**MVP DIGITAL COUPON**
Load to App Online In-Store Now

HOT SALE! 2/$6 W/O MVP Card $4.49 EA
MVP Coupon -.200 EXP 1/11
9.6-13.3 Oz. Select Varieties
**KELLOGG'S SPECIAL K CEREAL**
2/$4 MVP DIGITAL DISCOUNT SAVINGS

6-8 Oz. Select Varieties
**FOOD LION SHREDDED CHEESE**
PRICE FOR THEM 2/$4

HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail
8 Pack Select Varieties
**DOLE FRUIT BOWLS**

14.5-15 Oz. Select Varieties
**CHEF BOYARDEE CANNED PASTA**
HOTSALE! MVP 1 EA
W/O MVP Card $1.59 EA

12 Rolls 1 Ply or 10 Mega Rolls 2 Ply Select Varieties
**SCOTT BATH TISSUE**
8 Double Rolls
**SCOTT PAPER TOWELS**
Select Varieties
HOTSALE! MVP 9.99 LB
W/O MVP Card Regular Retail

**MVP PRICED LOW EVERY DAY** ON ITEMS YOU BUY MOST OFTEN

&

MVP HOTSALE! OUR BEST WEEKLY MVP DEALS

# *Earn rewards* when you buy any of your favorites from:

## Condiments & Soda/Water/Beverage/Non-Refrigerated Juice

FOOD LION MVP customer

**SHOP&EARN**

**MONTHLY REWARDS**

**Check Your Progress**

# Fresh flavors for your weeknight table!

100% FRESH OR DOUBLE YOUR MONEY BACK

HOTSALE! WAS/NOW 5.59 LB
Ground Fresh Daily
**73% LEAN FRESH GROUND BEEF**
W/O MVP Card Regular Retail

HOTSALE! WAS/NOW 7.49 LB
W/O MVP Card Regular Retail
**BONELESS STEW BEEF**

HOTSALE! WAS/NOW 6.99 LB
W/O MVP Card Regular Retail
Beef
**BOTTOM ROUND ROAST OR SHOULDER ROAST**

HOTSALE! WAS/NOW 3.19 LB
W/O MVP Card Regular Retail
Family Pack
**BONELESS, SKINLESS CHICKEN THIGHS**

HOTSALE! WAS/NOW 10.99 LB
W/O MVP Card Regular Retail
Fresh
Select Varieties
**SCHWEID & SONS GOURMET BURGERS**

HOTSALE! WAS/NOW 1.49 LB
W/O MVP Card Regular Retail
**FRESH PORK PICNIC**

HOTSALE! WAS/NOW 3.99 LB
W/O MVP Card Regular Retail
**BOSTON BUTT COUNTRY STYLE PORK RIBS**

HOTSALE! WAS/NOW 79¢ LB
W/O MVP Card Regular Retail
Sold in 10 Lb. Bag
**FRESH CHICKEN LEG QUARTERS**

# Easy dinners for A+ families!

HOTSALE! WAS/NOW 5.99 LB
W/O MVP Card Regular Retail
22 Oz. Pkg.
All Varieties
**HATFIELD SEASONED PORK LOIN FILET**

HOTSALE! WAS/NOW BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price
20-24 Oz. Pkg.
Select Varieties
**RESER'S MAIN STREET BISTRO SIGNATURE SIDE**

12-16 Oz. Pkg. - Select Varieties
**OSCAR MAYER SLICED BACON**
HOTSALE! WAS/NOW 5.49 LB
W/O MVP Card Regular Retail

16 Oz. Pkg. - Select Varieties
**JIMMY DEAN REGULAR SAUSAGE ROLL**
HOTSALE! WAS/NOW 3.99 LB
W/O MVP Card Regular Retail

7-9 Oz. Pkg. - Select Varieties
**OSCAR MAYER DELI FRESH LUNCH MEAT**
HOTSALE! WAS/NOW 3.99 LB
W/O MVP Card Regular Retail

2.25-4.5 Oz. Pkg. - Select Varieties
**OSCAR MAYER BASIC LUNCHABLES**
HOTSALE! WAS/NOW 3/$5
W/O MVP Card Regular Retail

12 Oz. Pkg. - Select Varieties
**GODSHALL'S TURKEY BACON**
HOTSALE! WAS/NOW 4.99 LB
W/O MVP Card Regular Retail

# SUSTAINABLY SOURCED SEAFOOD

HOTSALE! WAS/NOW 7.99 LB
W/O MVP Card Regular Retail
10 Oz.
**SALMON FILLETS OR WILD CAUGHT TUNA STEAKS**

HOTSALE! WAS/NOW 2.99 LB
W/O MVP Card Regular Retail
14 Oz. Pkg.
**FOOD LION IMITATION CRAB MEAT**

HOTSALE! WAS/NOW 6.99 LB
W/O MVP Card Regular Retail
12 Oz. Bag - Frozen
Select Varieties
**FOOD LION TUNA FILLETS**

HOTSALE! WAS/NOW 10.99 LB
W/O MVP Card Regular Retail
40 Oz. Pkg.
Frozen
**FOOD LION SWAI**

© ZDPH ZDSA ZDCH ZDCR ZGCT ZGHW ZGRV ZGSA ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNFL ZNGL ZNGS ZNGV ZPAL ZPHA ZPHI ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTTR ZVCH ZVOC ZVHA ZVTI ZVTR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 01:07/26

# Apps to kick off *game day*

Shop Now

# Quick eats $5 each!

Each sold separately in our deli and bakery.

HOTSALE! MVP SHOPPER $5 EA W/O MVP Card $5.99 EA
20 Ct. Made Hot In-Store **CHICKEN NUGGETS**

HOTSALE! MVP SHOPPER $5 EA W/O MVP Card $5.99 EA
18 Oz. Select Varieties **FOOD LION FRESH PASTA**

HOTSALE! MVP SHOPPER $5 EA W/O MVP Card $6.99 EA
14-15.8 Oz. **VICOLO PIZZA**

# DELIcious BOGOs of the week!

HOTSALE! MVP SHOPPER BOGO FREE W/O MVP Card $4.99 EA Single Item Half Price
14 Oz. Select Varieties **GARDEN FRESH GOURMET BLUE TORTILLA CHIPS**

HOTSALE! MVP SHOPPER BOGO FREE W/O MVP Card $3.49 EA Single Item Half Price
6 Ct. **TEXAS TOAST**

HOTSALE! MVP SHOPPER BOGO FREE W/O MVP Card Regular Retail Single Item Half Price
**LOFTHOUSE FROSTED SUGAR COOKIES**

# Save on easy meal & snacking solutions!

Available in our Deli & Bakery

HOTSALE! MVP SHOPPER 4.99 EA W/O MVP Card $6.99 EA
10 Oz. Assorted Parmesan Cups **BELGIOIOSO CHEESE**

HOTSALE! MVP SHOPPER 6.99 EA W/O MVP Card $9.49 EA
18 Oz. Select Varieties **BABYBEL MINIS**

HOTSALE! MVP SHOPPER 2.99 EA W/O MVP Card $3.99 EA
7 Oz. Select Varieties **SABRA CLASSIC GUACAMOLE**

HOTSALE! MVP SHOPPER 4.99 EA W/O MVP Card $5.49 EA
14-16 Oz. Select Varieties **FOOD LION SLICED LOAF CAKES**

HOTSALE! MVP SHOPPER 4.99 EA W/O MVP Card $5.49 EA
**FOOD LION STRIP DANISH**

# taste of Inspirations®

A FOOD LION private brand

**Our brand of distinctive products with exceptional flavor, handcrafted from select ingredients.**

**Taste the difference for yourself!**

DOUBLE YOUR MONEY BACK QUALITY GUARANTEE

HOTSALE! MVP SHOPPER 3.99 EA W/O MVP Card $4.99 EA
12-14 Oz. Select Varieties **TASTE OF INSPIRATIONS PASTA SALAD** IN THE DELI

8 Oz. Select Varieties **TASTE OF INSPIRATIONS PRE-SLICED CHEESE** IN THE DELI

HOTSALE! MVP SHOPPER 3.99 EA W/O MVP Card $4.49 EA

10 Oz. Select Varieties **TASTE OF INSPIRATIONS JELLY**

HOTSALE! MVP SHOPPER 3.69 EA W/O MVP Card $3.99 EA

6.5-7 Oz. Select Varieties **TASTE OF INSPIRATIONS CRISPS**

HOTSALE! MVP SHOPPER 2/$5 W/O MVP Card Regular Retail



3.5 Oz. Select Varieties **TASTE OF INSPIRATIONS SWISS CHOCOLATE BAR**

HOTSALE! MVP SHOPPER 2.79 EA W/O MVP Card $3.29 EA

8.5-9 Oz. Select Varieties **TASTE OF INSPIRATIONS DREAM MIX**

HOTSALE! MVP SHOPPER 6.99 EA W/O MVP Card Regular Retail

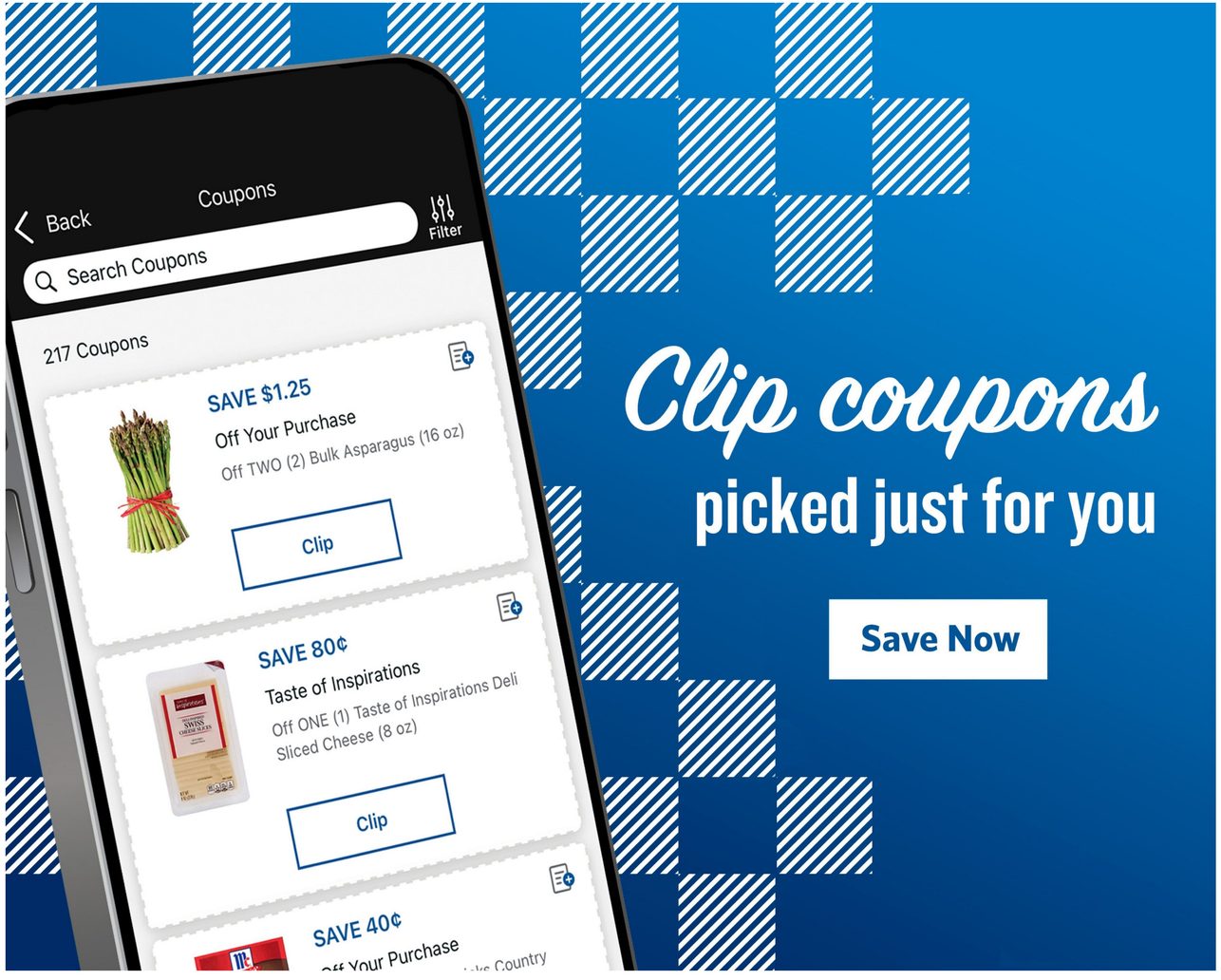
MVP SHOP & EARN MONTHLY REWARDS

# Earn extra rewards while you shop

**Activate your January offers** on foodlion.com or the Food Lion app to earn digital rewards and save even more!

Rewards offers must be earned within the same calendar month and expire at the end of the following month. Rewards can be used only at Food Lion, have no cash value and are not transferable. Rewards cannot be used toward the purchase of tobacco, alcohol, prescriptions, gift cards, stamps, services, including money orders, or lottery tickets and are not valid toward the purchase of dairy items in TN, PA or VA.

3 ZGPH ZGSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGHY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNFL ZNGB ZNGL ZNGS ZNGV ZNHP ZNHF ZNKL ZNNO ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRC ZVRG ZVRH ZVRO ZVTI ZVYR ZVWA ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWMA ZWRB9 01-07/26


Back
Coupons
Filter
Search Coupons
217 Coupons
SAVE $1.25
Off Your Purchase
Off TWO (2) Bulk Asparagus (16 oz)
Clip
SAVE 80¢
Taste of Inspirations
Off ONE (1) Taste of Inspirations Deli Sliced Cheese (8 oz)
Clip
SAVE 40¢
Clip coupons
picked just for you
Save Now

# Game Day Eats!

18 Ct.
Made Hot In-Store
**MILD OR SPICY WINGS**
IN THE DELI
HOT SALE! MVP 9.99 EA
W/O MVP Card $14.99 EA

6-7.88 Oz.
Select Varieties
**WISE POTATO CHIPS OR RIDGIES**
HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail

20 Oz.
Select Varieties
**FOOD LION BREADED MOZZARELLA CHEESE STICKS**
HOT SALE! MVP 5.49 EA
W/O MVP Card $5.99 EA

20.6-23.45 Oz.
Select Varieties
**FOOD LION CLASSIC CRUST PIZZA**
PRICED LOW EVERY DAY
3.49 EA

14-16.5 Oz.
Select Varieties
Refrig. Cookies or Roll
**PILLSBURY READY TO BAKE COOKIES**
HOT SALE! MVP 3.49 EA
W/O MVP Card $4.89 EA

8 Oz.
Select Varieties
**TASTE OF INSPIRATIONS CHEESE CUBES**
IN THE DELI
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

## PRICED LOW EVERY DAY

1.8-2.2 Oz.
Select Varieties
**LIPTON RECIPE SECRETS SOUP & DIP MIXES**
1.99 EA MVP
W/O MVP Card $2.49 EA

5 Lb.
Select Varieties
**PILLSBURY FLOUR**
3.99 EA MVP
W/O MVP Card $4.89 EA



## MVP HOT SALE!

6.5 Oz.
Select Varieties
**BETTY CROCKER MUFFIN POUCHES**
$1 EA MVP
W/O MVP Card $1.29 EA

7.4 Oz. - Select Varieties
**BOB'S RED MILL GLUTEN FREE OAT BARS**
NEW ITEM
4.99 EA MVP
W/O MVP Card $5.99 EA

30 Oz.
Select Varieties
**KRAFT MAYONNAISE**
PRICED LOW EVERY DAY
MVP 4.99 EA
W/O MVP Card $6.99 EA

6 Oz.
**FOOD LION RIPE PITTED LARGE OLIVES**
PRICED LOW EVERY DAY
1.99 EA

20 Oz.
**SARA LEE HONEY WHEAT BREAD**
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.99 EA

5-9.25 Oz.
Select Varieties
**WISE CHEEZ DOODLES OR POPCORN**
HOT SALE! MVP 2/$6
W/O MVP Card Regular Retail

HOT SALE! MVP 3.99 EA
W/O MVP Card Regular Retail

17.98-19.74 Oz.
Select Varieties
**ORVILLE REDENBACHER'S GOURMET POPCORN**

6 Oz.
Select Varieties
**TEXAS PETE HOT SAUCE**
HOT SALE! MVP 2/$3
W/O MVP Card $1.79 EA

4.5.5 Oz.
Select Varieties
**SIMPLE MILLS GLUTEN-FREE COOKIES OR CRACKERS**
HOT SALE! MVP 3.99 EA
W/O MVP Card Regular Retail

3-3.6 Oz.
Select Varieties
**RUSSELL STOVER SUGAR FREE CANDY**
HOT SALE! MVP 1.99 EA
W/O MVP Card $2.99 EA

9.9 Oz.
Select Varieties
**TAKIS**
HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail



28-29 Oz.
Select Varieties
**GREEN GIANT FAMILY SIZED VEGETABLES**
HOT SALE! MVP 2.19 EA
W/O MVP Card $2.59 EA

HOT SALE! MVP 6.99 EA
W/O MVP Card $9.29 EA

5 Lb.
**MAHATMA JASMINE RICE**

HOT SALE! MVP 5.99 EA
W/O MVP Card Regular Retail

24.75-26.7 Oz.
Select Varieties
**NABISCO OREO OR CHIPS AHOY! PARTY SIZE**

16 Oz.
Select Varieties
**NATURE'S PROMISE ORGANIC HONEY**
HOT SALE! MVP 5.99 EA
W/O MVP Card $6.29 EA

HOT SALE! MVP 3.49 EA
W/O MVP Card Regular Retail

0.7 Oz.
Select Varieties
**GIMME ORGANIC SEAWEED**

HOT SALE! MVP 6.99 EA
W/O MVP Card Regular Retail

8-12 Pack
Select Varieties
**MOTT'S APPLESAUCE POUCHES OR FRUIT SMOOTHIES**

15 Oz.
**FOOD LION CHILI**
HOT SALE! MVP 1.79 EA
W/O MVP Card $2.29 EA



## MVP DIGITAL COUPON

Load on App • Online • In-Store Kiosk

27 Oz.
Select Varieties
**DAVE'S KILLER ORGANIC BREAD**

PRICED LOW EVERY DAY 6.49
MVP Digital Offer
MVP Coupon −1.00 OFF
5.49 EA
MVP DIGITAL DISCOUNT SAVINGS

47.8-7 Oz.
Select Varieties
**HAMBURGER HELPER**
HOT SALE! MVP 2/$3
W/O MVP Card $2.09 EA

14-16 Oz.
Select Varieties
**BLUE DIAMOND ALMONDS**
HOT SALE! MVP 6.99 EA
W/O MVP Card $10.99 EA

16.9 Oz.
**PRIMAL KITCHEN AVOCADO OIL**
HOT SALE! MVP 13.49 EA
W/O MVP Card $14.99 EA

4 ZNC0 ZDP4 ZG6A ZG4A ZG4T ZG4U ZGC4 ZGC9 ZGC7 ZGH8 ZGP1 ZG5A ZN56 ZNA ZNV ZN8A ZN8L ZN8M ZN87 ZN8A ZNWA ZNWK ZNW6 ZNCA ZNC0 ZNC8 ZNC4 ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNN8 ZNNF ZN4L ZN4D ZNP4 ZNP8 ZN9G ZNN4 ZNN L ZNN8 ZNN7 ZP4L ZP4M ZP4U ZG4U ZGC4 ZGC9 ZGC5 ZGC7 ZGF6 ZGFL ZGP8 ZG5L ZG5V ZG6A ZG6N ZG7A ZG7C ZN4 ZN4L ZN4N ZN4R ZN4U ZN4V ZN5C ZN5G ZN5L ZN5N ZN5R ZN5U ZN5V ZT7C ZT7E ZT7F ZT7H ZT7K ZT7N ZT7R ZT7S ZT7T ZV7R ZV8N ZV8R ZV8W ZV8Z ZV8F ZV8K ZV8L ZWCA ZWC L ZWNA ZWN8 ZWN5 ZWN6 ZWN7 ZWN8 ZWN9 01-01/26

Nature's Promise Organic
Penne Rigate
MACARONI PRODUCT
NET WT 16 OZ (1 LB) 454g
Nature's Promise Organic
Roasted Garlic Pasta Sauce
NET WT 24 OZ (1 LB 8 OZ) 680g
Simply good
for your goals
Shop Now

Hot SALE! MVP

# LOCAL GOODNESS

Balancing beautiful beaches and a rich history, **SOUTH CAROLINA'S** greatness can also be found in their locally grown and produced favorites.

8-10 Oz. Pkg. Select Varieties
**CAROLINA PRIDE LUNCHMEAT**
HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

5 Oz. Select Varieties
**SPLINTERED SAUCE**
HOTSALE! MVP 6.49 EA
W/O MVP Card Regular Retail

16 Oz. Select Varieties
**GOURMET BBQ SAUCE**
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

20 Oz.
**ANDY'S CHARLESTON GOLD RICE**
HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

12 Oz.
**BEE CITY PURE RAW HONEY**
HOTSALE! MVP 7.49 EA
W/O MVP Card Regular Retail

## BEVERAGE CENTER

6 Pack - 16-16.9 Oz. Bottles Select Varieties
**COKE PRODUCTS**
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card $8.79 EA
Single Item Half Price

28 Oz. Select Varieties
**POWERADE**
HOTSALE! MVP 5/$5
W/O MVP Card $5.69 EA

MVP PRICED LOW EVERY DAY 2.99 EA
W/O MVP Card $3.68 EA

10 Pack 6 Oz. Pouches Select Varieties
**KOOL-AID JAMMERS**

HOTSALE! MVP 3.69 EA
W/O MVP Card $4.49 EA

8 Pack - 12 Oz. Cans Select Varieties
**WATERLOO SPARKLING WATER**

3.38 Oz. Select Varieties
**LIQUID I.V.**
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

HOTSALE! MVP 4.99 EA
W/O MVP Card $6.49 EA

6 Pack - 12 Oz. Cans Select Varieties
**ZEVIA**

HOTSALE! MVP 6.99 EA
W/O MVP Card $8.49 EA

6 Pack 16.9 Oz. Bottles Select Varieties
**PURE LEAF TEA**

750 ml Select Varieties
**DEBONAIR OR DARK HORSE WINE**
HOTSALE! 7.99 EA

750 ml Select Varieties
**CURMUDGEON OR MATUA WINE**
HOTSALE! 13.99 EA

750 ml Select Varieties
**MEIOMI WINE**
PRICED LOW EVERY DAY 19.99 EA

**SAVE 10%**
**WHEN YOU BUY 6 BOTTLES OF WINE**

HOTSALE! 16.99 EA

24 Pack - 12 Oz. Cans Select Varieties
**NATURAL LIGHT, BUSCH, KEYSTONE, MILLER HIGH LIFE OR PABST BLUE RIBBON**

HOTSALE! 15.99 EA

12 Pack 12 Oz. Bottles or Cans Select Varieties
**MICHELOB ULTRA, BLUE MOON OR MODELO ORO**

HOTSALE! MVP 16.99 EA

12 Pack - 12 Oz. Cans Select Varieties
**WHITE CLAW, TRULY OR VIZZY**

HOTSALE! 17.99 EA

12 Pack - 12 Oz. Bottles or Cans
**MODELO**
12 Pack - 11.2-12 Oz. Bottles or Cans
**HEINEKEN OR PERONI**
Select Varieties

HOTSALE! 9.99 EA

6 Pack - 11.2-12 Oz. Bottles
**SMIRNOFF OR CAYMAN JACK**
6 Pack - 10-12 Oz. Bottles
**MIKE'S HARD LEMONADE**
Select Varieties

Beer and Wine may not be available in all locations. Check your store for availability.

# FREE* Pickup or $5 OFF Delivery

when you buy any 5 participating products.

**Shop Offer**

*Restrictions apply. Click button for more details.

# DAIRY

HOTSALE! MVP 5/$5
4.5-5.3 Oz. - Select Varieties
CHOBANI GREEK OR ZERO SUGAR YOGURT
W/O MVP Card Regular Retail

32 Oz.
Select Varieties
DANNON TRADITIONAL YOGURT
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.49 EA

48 Oz.
Select Varieties
SILK PROTEIN MILK
NEW ITEM
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 2.99 EA
W/O MVP Card $4.89 EA

15-16 Oz. Tub or Stick
Select Varieties
I CAN'T BELIEVE IT'S NOT BUTTER!

52 Oz.
Select Varieties
FLORIDA'S NATURAL ORANGE JUICE
HOTSALE! MVP 3.49 EA
W/O MVP Card $5.49 EA

14.32 Oz.
Select Varieties
NESTLÉ COFFEE MATE CREAMER OR COLD FOAM
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

PRICED LOW EVERY DAY 1.99 EA

8 Oz.
Select Varieties
FOOD LION CREAM CHEESE

64 Oz.
Select Varieties
ALMOND BREEZE ALMONDMILK
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.79 EA

6 Oz.
Select Varieties
SARGENTO SHAREABLES OR STICKS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOTSALE! MVP 4.49 EA
W/O MVP Card $4.99 EA

6 Pack or 32 Oz. Tub
Select Varieties
STONYFIELD ORGANIC OR YOBABY YOGURT

# FROZEN

MVP PRICED LOW EVERY DAY 4.99 EA
21 Oz.
Select Varieties
BIRDS EYE VOILA! DINNERS
W/O MVP Card Regular Retail

HOTSALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

15 Oz.
Select Varieties
MARIE CALLENDER'S POT PIE

MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $7.39 EA

10.4-19.2 Oz.
Select Varieties
SWAGGERTY'S BREAKFAST SANDWICHES

5.25-12 Oz.
Select Varieties
MORNING STAR FARMS FROZEN FOODS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

5.34-11.6 Oz.
Select Varieties
RED BARON DEEP DISH SINGLES
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.79 EA

9.2 Oz.
Select Varieties
NATURE'S PREMIUM FRUIT PEARLS
HOTSALE! MVP 4.49 EA
W/O MVP Card $5.49 EA

28-40 Oz.
Select Varieties
STOUFFER'S FAMILY SIZE DINNERS
MVP PRICED LOW EVERY DAY 9.99 EA
W/O MVP Card $12.29 EA

10.25-11 Oz.
Select Varieties
P.F. CHANG'S BOWLS
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

20.8-24 Oz.
Select Varieties
TYSON CHICKEN SANDWICHES
HOTSALE! MVP 7.99 EA
W/O MVP Card $8.99 EA

HOTSALE! MVP 9.99 EA
W/O MVP Card $10.99 EA

16-28 Oz.
Select Varieties
SEAPAK FROZEN SEAFOOD

# BREAKFAST

6.88-9.75 Oz.
Select Varieties
ENTENMANN'S LITTLE BITES MUFFINS
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $5.49 EA

11-16 Oz. Bag
Select Varieties
NATURE VALLEY GRANOLA
HOTSALE! MVP 3.49 EA
W/O MVP Card $5.49 EA

6.5-7.45 Oz.
Select Varieties
NATURE VALLEY PROTEIN OR WAFER BARS
HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

30-35.3 Oz.
FOOD LION NON-DAIRY COFFEE CREAMER
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

30.4 Oz.
Select Varieties
FOOD LION FRUIT & GRAIN CEREAL BARS
PRICED LOW EVERY DAY 1.99 EA

MVP PRICED LOW EVERY DAY 3.69 EA
W/O MVP Card $5.29 EA

12-13 Oz.
Select Varieties
THOMAS' ENGLISH MUFFINS

10-12 Ct. K-Cups
Select Varieties
MAXWELL HOUSE OR GEVALIA COFFEE
HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 15.99 EA
W/O MVP Card $19.99 EA

32 Ct. K-Cups
Select Varieties
EIGHT O'CLOCK COFFEE

6.2NCO 2DFH 2DSA 2GAI 2GAT 2GAU 2GCH 2GCR 2GCT 2GRY 2KBG 2KNA 2KNV 2MBA 2MBL 2MBM 2MBT 2MDA 2MHA 2MMK 2MWS 2NCA 2NCG 2NCE 2NCH 2NCL 2NCR 2NCT 2NFL 2NGB 2NGL 2NGR 2NGS 2NGV 2NHP 2NLE 2NNB 2NNF 2NNL 2NNO 2NNA 2NRB 2NRG 2NRH 2NRK 2NRL 2NRR 2NTT 2NWA 2NWI 2NWL 2NWM 2NWN 2NWT 2PAL 2PHA 2PHI 2SAG 2SAU 2SCH 2SCL 2SCO 2SCT 2SFE 2SFL 2SFR 2SGL 2SGV 2SSA 2SSB 2TCA 2TCH 2THA 2THV 2TTR 2VBL 3CCH 3CKG 3DHA 3DMK 3DNO 3DPA 3DPB 3DPC 3DPD 3DPE 3DPL 3DPN 3DPO 3DPR 3DPS 3DPT 3DRA 3DRB 3DRC 3DRD 3DRE 3DRF 3DRG 3DRK 3DRL 3DRM 3DRO 3DRP 3DRR 3DRS 3DRT 3DRU 3DRV 3DRW 3DRX 3DRY 3DRZ 3DSA 3DSB 3DSC 3DSD 3DSE 3DSF 3DSG 3DSH 3DSI 3DSJ 3DSK 3DSL 3DSM 3DSN 3DSO 3DSP 3DSQ 3DSR 3DSS 3DST 3DTA 3DTB 3DTC 3DTD 3DTE 3DWH 3DWN 3DWR 3DWT 3DWU 3MBL 3MCA 3MCL 3MMA 3MMB 0100108

# HEALTH & BEAUTY

HOTSALE! MVP 2/$5
25-40 Ct. Select Varieties
HALLS COUGH DROPS
W/O MVP Card $2.99 EA

45 Oz. Select Varieties
CHAPSTICK
HOTSALE! MVP 3.99 EA
W/O MVP Card $5.29 EA

HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail
5.1-6 Oz. Select Varieties
COLGATE TOTAL OR SENSITIVE TOOTHPASTE

HOTSALE! MVP 5.69 EA
W/O MVP Card $6.99 EA
25 Ct. Select Varieties
NEUTROGENA TOWELETTES

22.5 Oz.
SUAVE ESSENTIALS SHAMPOO OR CONDITIONER
HOTSALE! MVP 2/$4
W/O MVP Card $2.49 EA

34-48 Oz. Select Varieties
DR. TEAL'S FOAMING BATH OR EPSOM SALT
HOTSALE! MVP 5.99 EA
W/O MVP Card $6.99 EA

16.8-26.5 Oz. Select Varieties
JERGENS LOTION
HOTSALE! MVP 7.49 EA
W/O MVP Card $8.99 EA

44 Oz. Select Varieties
ATKINS SHAKES
HOTSALE! MVP 7.99 EA
W/O MVP Card $9.99 EA

## MVP DIGITAL COUPONS
Load on App · Online · In-Store Kiosk

HOT SALE! 12.99 EA
W/O MVP Card $18.99 EA
MVP Coupon -1.00 (OFF)
11.99 EA
MVP 36.78% DISCOUNT SAVINGS (MBT)
100 Ct. Select Varieties
ONE A DAY 50+ ADVANTAGE MULTIVITAMIN

HOT SALE! 12.99 EA
W/O MVP Card $14.29 EA
MVP Coupon -50¢ (OFF)
12.49 EA
MVP 12.59% DISCOUNT SAVINGS (MBT)
12 Oz. Select Varieties
DAYQUIL OR NYQUIL SEVERE COLD & FLU

HOT SALE! 4.99 EA
W/O MVP Card $5.29 EA
MVP Coupon -2.00 (OFF)
2.99 EA
MVP 36.78% DISCOUNT SAVINGS (MBT)
16 Oz. Select Varieties
DAWN POWERWASH

HOT SALE! 6.99 EA
W/O MVP Card $7.99 EA
MVP Coupon -2.00 (OFF)
4.99 EA
MVP 36.78% DISCOUNT SAVINGS (MBT)
80 Ct. Mega or 160 Ct. Regular Select Varieties
BOUNCE DRYER SHEETS

# HOUSE & HOME

HOTSALE! MVP $1 EA
50 Ct. Snack or Sandwich Select Varieties
FOOD LION RECLOSABLE BAGS
W/O MVP Card Regular Retail

24 Ct. Select Varieties
FOOD LION PREMIUM DINNERWARE
HOTSALE! MVP 1.49 EA
W/O MVP Card Regular Retail

75 Ct. Select Varieties
FOOD LION DISINFECTING WIPES
HOTSALE! MVP 2.99 EA
W/O MVP Card $3.49 EA

12 Rolls Select Varieties
FOOD LION BATH TISSUE
HOTSALE! MVP 10.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
18-48 Ct. Select Varieties
DIXIE

3 Pk. Flats or 4 Pk. Cubes Select Varieties
PUFFS FACIAL TISSUE
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 15.99 EA
W/O MVP Card Regular Retail
12 Double Rolls Select Varieties
FOOD LION PAPER TOWELS

84 Oz. Select Varieties
PERSIL LAUNDRY DETERGENT
HOTSALE! MVP 9.99 EA
W/O MVP Card $14.99 EA

# PET

HOTSALE! MVP 1.19 EA
W/O MVP Card $1.39 EA
1.2 Oz. Select Varieties
FRISKIES LIL' SOUPS

3.15 Lb. Select Varieties
FRISKIES DRY CAT FOOD
HOTSALE! MVP 4.69 EA
W/O MVP Card $5.89 EA

13.2 Oz. Select Varieties
PEDIGREE CANNED DOG FOOD
HOTSALE! MVP 1.79 EA
W/O MVP Card $1.99 EA

16.5-20 Lb. Bag Select Varieties
PURINA DOG CHOW DRY DOG FOOD
HOTSALE! MVP 14.49 EA
W/O MVP Card $16.99 EA

# BABY

3.5-4.2 Oz. Select Varieties
EARTH'S BEST ORGANIC SMOOTHIE OR PUREE POUCHES
HOTSALE! MVP 2/$3
W/O MVP Card $1.69 EA

HOTSALE! MVP 2.39 EA
W/O MVP Card $2.89 EA
52-72 Ct. Select Varieties
PAMPERS BABY WIPES

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA
4.69 Oz. Select Varieties
EARTH'S BEST ORGANIC SNACK BARS

3.5 Oz. Select Varieties
PLUM ORGANICS POUCHES
HOTSALE! MVP 1.39 EA
W/O MVP Card $1.59 EA

7 ZGRY ZNGL ZNGS ZNGV ZNWI ZNWL ZNWM ZNWN ZNWT ZSGL ZSGV 01.07.26

# Keeping prices low on *guaranteed freshness!*

In our produce department you will find organics, seasonal and everyday favorites!

100% FRESH OR CHOOSE YOUR MONEY BACK

HOT SALE! MVP 3.49 EA W/O MVP Card Regular Retail

CANTALOUPES

PRICED LOW EVERY DAY 2.39 LB

RED SEEDLESS GRAPES

HOT SALE! MVP 1.99 EA W/O MVP Card Regular Retail

Whole GOLDEN PINEAPPLE

4 Ct. Tray Pack FOOD LION SWEET CORN

HOT SALE! MVP 2.99 EA W/O MVP Card Regular Retail

HOT SALE! MVP 1.79 LB W/O MVP Card Regular Retail

Bulk HONEYCRISP APPLES

BROCCOLI CROWNS

HOT SALE! MVP 1.79 LB W/O MVP Card Regular Retail

ICEBERG LETTUCE

HOT SALE! MVP 1.49 EA W/O MVP Card Regular Retail

4 Oz. Select Varieties NATURE'S PROMISE GREENHOUSE GROWN SALAD

HOT SALE! MVP 2.69 EA W/O MVP Card Regular Retail

White Supplies Last! 9.99 EA

BRIGHTER DAYS BOUQUET

## ORGANIC

HOT SALE! MVP 3.29 EA W/O MVP Card Regular Retail

16 Oz. NATURE'S PROMISE ORGANIC CELERY HEARTS

USDA ORGANIC

6 Oz. Pkg. ORGANIC BLUEBERRIES

HOT SALE! MVP 3.49 EA W/O MVP Card Regular Retail

USDA ORGANIC

## A zest of *freshness* in every bite!

HOT SALE! MVP 3.49 EA W/O MVP Card Regular Retail

3 Lb. Bag FOOD LION NAVEL OR CARA CARA ORANGES

Find us online: foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:

**Blacksburg, Gaffney**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Cameras, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

FOOD LION

January 7 - January 13, 2026

Offers valid while supplies last.

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

14-14.8 Oz.
Select Varieties
## HUNGRY JACK PANCAKES

HOT SALE! MVP 2/$6
W/O MVP Card $3.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.8-10.9 Oz.
Select Varieties
## TOTINO'S PIZZA

MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9.16-11.7 Oz.
Select Varieties
## PILLSBURY TOASTER STRUDEL

MVP PRICED LOW EVERY DAY 2/$6
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14-26 Oz.
Select Varieties
## MCCAIN FROZEN POTATOES

HOT SALE! MVP 2/$7
W/O MVP Card $4.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8-21.60 Oz.
Select Varieties
## DELIMEX SNACKS

HOT SALE! MVP 4.99 EA
W/O MVP Card $7.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4.5-8 Oz.
Select Varieties
## BETTY CROCKER OR MOTT'S FRUIT SNACKS

HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

23.9-24 Oz.
Select Varieties
## RAGÚ PASTA SAUCE

MVP PRICED LOW EVERY DAY 2/$4
W/O MVP Card $3.58 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

9 Oz.
Select Varieties
## HÄAGEN-DAZS ICE CREAM BARS

HOT SALE! MVP 3.99 EA
W/O MVP Card $5.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

1.5-2 Oz.
Select Varieties
## CRACKER BARREL BITES OR CUBES

HOT SALE! MVP 2/$3
W/O MVP Card $1.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
Select Varieties
## SOUR PATCH KIDS CANDY

HOT SALE! MVP 2/$5
W/O MVP Card $3.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

8.4-12.1 Oz.
Select Varieties
## QUAKER INSTANT OATMEAL

MVP PRICED LOW EVERY DAY
2/$6
W/O MVP Card $3.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8.44-9.75 Oz.
Select Varieties
## LITTLE DEBBIE MINI MUFFINS

3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
## JIF PEANUT BUTTER

HOT SALE! MVP
5.19 EA
W/O MVP Card $5.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.20-16.75 Oz. - Select Varieties
## DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS

HOT SALE! MVP
4.99 EA
W/O MVP Card $6.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
## YOPLAIT OUI YOGURT

1.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12 Oz. Bags
Select Varieties
## LAVAZZA COFFEE

HOT SALE! MVP
8.49 EA
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14 Oz.
Select Varieties
## BASKIN ROBBINS ICE CREAM

HOT SALE! MVP
3.49 EA
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 or 8 Pack
Select Varieties
## V8 VEGETABLE JUICE OR V-FUSION ENERGY

5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

11-11.4 Oz.
Select Varieties
## GORTON'S FISH FILLETS

HOT SALE! MVP
4.49 EA
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Pack - 12 Oz. Bottles
Select Varieties
## BODYARMOR SPORTS DRINK

7.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

22-24 Oz.
Select Varieties
## PICTSWEET FROZEN VEGETABLES

HOTSALE! MVP
**2/$6**
W/O MVP Card $4.89 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4.7 Oz.
Select Varieties
## BREAKSTONE'S COTTAGE DOUBLES

**1.49 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.7 Oz.
Select Varieties
## DUNKIN' DONUTS ICED COFFEE

**3.29 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-16 Oz.
Select Varieties
## NATURE'S OWN KETO BUNS OR BREAD

HOTSALE! MVP
**5.99 EA**
W/O MVP Card $7.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
## RAO'S HOMEMADE PASTA

**3.49 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Pack - 12 Oz. Cans
Select Varieties
## RED BULL ENERGY DRINK

**11.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

10 Oz.
Select Varieties
## GREEN GIANT RICED VEGGIES CAULIFLOWER

HOTSALE! MVP
**2/$5**
W/O MVP Card $2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

16-24 Oz.
Select Varieties
## CELENTANO FROZEN PASTA

HOTSALE! MVP
**3.99 EA**
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Oz.
Select Varieties
## WICKED CRISPS

**2.49 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

64 Oz.
Select Varieties
## MOTT'S JUICE

MVP PRICED LOW EVERY DAY
**3.99 EA**
W/O MVP Card $4.89 EA

BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTNA ZTNV ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26

# FOOD LION MVP customer BUY 2 GET 1 FREE

**Purchase of 2 Required to Get 3RD Item FREE!**

5 Oz.
Select Varieties
**MRS. CUBBISON'S CROUTONS**

HOTSALE! MVP
**2/$3**
W/O MVP Card $2.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4.6 Oz.
Select Varieties
**IDAHOAN PROTEIN MASHED POTATOES**

**1.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14.50-24 Oz.
Select Varieties
**BOTTICELLI PASTA SAUCE**

**5.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

1 Ct.
Select Varieties
**MT. OLIVE PICKLE POUCH**

**1.29 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

15.5-16 Oz.
Select Varieties
**RAO'S SOUP**

**4.49 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

33.8 Oz. Bottle
**FIJI WATER**

**2.49 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

2.64 Oz.
**NONGSHIM SOUP**

HOTSALE! MVP
**2/$3**
W/O MVP Card Regular Retail
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

19 Oz.
Select Varieties
**CAMPBELL'S CHILI**

**3.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

23.7 Oz. Sport Bottle
**GLACÉAU SMART WATER**

**2.19 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Mega Rolls
**CHARMIN ESSENTIALS**
4 Double Rolls
**BOUNTY ESSENTIALS**
Select Varieties

**6.99 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-4 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCH ZNCL ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 01/07/26