



PRODUCE DEPOT

FRESHER
than FRESH



Seedless
Red Grapes

Product of Peru

SUPER DEAL!

\$1.99

/lb



5 lb Onions

Product of Canada



\$2.49

/ea

/ea



Cortland Apples

Product of Canada



99¢

/lb



Vanilla
Persimmons

Product of Spain

\$1.49

/ea



5 lb Red, Yellow
or Russet Potatoes

Product of Canada

\$2.99

/ea



89¢

/lb

Beets

Product of Canada

Proud
Canadian
Product



Roma
Tomatoes

Product of USA/Mexico

\$1.99

/lb



Ataulfo Mangoes

Product of Mexico

\$1.29

/ea

Avocados

Product of Mexico

\$1.29

/ea





BUTCHER

Boneless Eye
of Round Roast



\$8.99

/lb
\$19.82/kg



\$2.24

/lb
\$4.95/kg

Pork Picnic Roast

Breaded Tenderized
Pork Loin Schnitzel



\$3.99

/lb
\$8.80/kg

SEAFOOD

Fresh Canadian
Atlantic Salmon Steaks



\$13.99

/lb
\$30.84/kg



\$13.99

/lb
\$30.84/kg

Fresh Whole
Cod Fillets

Pacific EZ-Peel
Shrimp

3/140 Size

\$9.99

/lb
\$22.02/kg



PREVIOUSLY
FROZEN

DELI



Brandt
Pizza Pepperoni

\$1.89

/100g



Tre Stelle
Deluxe Mozzarella
Cheese

\$4.99

/340g



Fontaine Sante Humm!
Hummus
Assorted Varieties

\$3.99

/227g

GROCERY



Betty White
or Whole Wheat
Bread

\$2.99

/675g



Black Diamond
Cheese Shreds
Assorted Varieties

\$5.99

/320g



Astro Yogurt
Assorted Varieties

\$5.99

/12x100g



SPECIALS IN EFFECT JAN 28 – FEB 3, 2026

We reserve the right to limit quantities. Products not exactly as shown. While quantities last.

BANK ST. LOCATION: 2446 Bank & Hunt Club | 613.521.9653

MON TO FRI: 8AM – 8PM SAT: 8AM – 7PM SUN: 8AM – 6PM

CARLING LOCATION: 1855 Carling @ Maitland | 613.722.6106

MON TO SAT: 8AM – 7PM SUN: 8AM – 6PM