MARK YOUR CALENDAR!

Customer Appreciation Day FEBRUARY 26TH

Colemans
every visit feels like coming home

EXTRA LARGE RED & GREEN GRAPES
Peru or South Africa #1
8.80 kg
3.99 lb

SAVE $5.19/lb
2.77 lb
FRESH TENDERLOIN and RIB PORK LOIN CHOPS
6.11 kg • Family Pack • Combination

FRESH ASPARAGUS
Mexico #1
11.00 kg
4.99 lb

5.99
SAVE $3.00
SWEET JUICY ORANGES
Egypt #1 • 3 lb bag
Reg. 8.99

FRESH CHICKEN LEGS
6.59 kg • Family Pack
2.99 lb
SAVE $2.45/lb

1/2 PRICE
HIGH LINER CATCH OF THE DAY FISH NUGGETS 900g
Reg. 13.99
SAVE $7.00
6.99

SCHNEIDERS LUNCHMATE and CHARCUTERIE KITS
81-99g • Assorted • **Reg. 4.49**
SAVE $1.50
2.99

BREYERS ICE CREAM 1.66 L and **CHAPMAN'S NOVELTIES** 5-8 pk or **SUPER PREMIUM PLUS** 500mL • Assorted
3.99

SAVE $1.30
DEMPSTER'S XTRA BREAD
675g • Assorted
Reg. 4.29
2.99

PARKAY MARGARINE
850g • **Reg. 6.99**
4.99

FRASER FARM GRAVY AND MEAT BALLS
425g
2/$4.50

KRAFT CHEESE SINGLES
410g • Assorted • **Reg. 6.99**
SAVE $2.55
4.44

CHRISTIE PREMIUM PLUS CRACKERS
900g • Assorted • **Reg. 9.99**
900g SIZE!
SAVE $2.11
7.88

CATELLI PASTA 500g or **HUNT'S THICK & RICH PASTA SAUCE**
680mL • Selected
1.99

KRAFT DINNER
200g • Original
4/$5

COKE or PEPSI PRODUCTS
6x710mL • Assorted
2/$9

New
IRRESISTIBLE K-CUPS
12 ct • Assorted
2/$11

DAWN ULTRA DISH LIQUID 473mL • Assorted
Reg. 3.99
HOT DEALS
HOT DEAL 2.77

OLD DUTCH LAUNDRY DETERGENT 4 L
Assorted • **Reg. 10.29**
5.77 HOT DEAL

Like and follow us!
www.facebook.com/colemansfoods
www.instagram.com/colemansfoods

Scan to receive our e-flyer or visit **shop.colemans.ca** for *even more deals* that you won't want to miss!

PRICES IN EFFECT FEBRUARY 19 20 21 22 23 24 25 2026

Colemans

More *great* Savings

12.99

QUAKER DIPPS 30 ct • Triple Play or **SELECTION GRANOLA BARS** • 48 ct

2/$4

SELECTION PUDDING CUPS
4 ct • Assorted

3/$5

CAMPBELL'S SOUP
284mL • Cream of Mushroom, Tomato, Vegetable or Chicken Noodle

HOT DEAL

HALAL

HOT DEAL **3.99**

ELITE HALAL CORNED BEEF
340g • **Reg. 5.99**

2/$4

STOVE TOP STUFFING 120g or **JELL-O INSTANT PUDDING** 153-170g
Assorted

3.99

OLD DUTCH DUTCH CRUNCH or **RESTAURANTE TORTILLA CHIPS** 200-275g • Assorted

FRUITÉ DRINKS
2 L
Assorted

2/$5

4.99

CLASSICO PASTA SAUCE
410 -600mL • Assorted

3/$5

STONEY CREEK TOMATOES
796mL • Assorted

SAVE $1.50

3.99

SHAKE 'N BAKE
140-184g • Assorted • **Reg. 5.49**

1.97

FAVORITE EVAPORATED MILK
354mL

SAVE $1.50

3.99

POST HONEY BUNCHES OF OATS
340g • Assorted • **Reg. 5.49**

6.99

IMPERIAL MARGARINE 1.28- 1.36 kg

SAVE $3.00

5.99

JIF PEANUT BUTTER
1 kg • Assorted • **Reg. 8.99**

SAVE $2.00

6.49

SMUCKER'S PURE JAM and **MARMALADE**
500mL • Assorted • *Excluding Raspberry* • **Reg. 8.49**

8.49

CAVENDISH SHOESTRING FRIES
4.5 lb Bag

SAVE $2.22

4.77

SWANSON DINNER
280-283g • Assorted • **Reg. 6.99**

SAVE $2.50

5.99

DR. OETKER PLANK PIZZA
3 pk • Assorted • **Reg. 8.49**

SIMPLY ORANGE
2.25 L
Assorted

8.99

SAVE $1.00

3.99

SARA LEE LITTLE BITES
96-234g • Assorted • **Reg. 4.99**

SAVE $2.30

4.99

HUNGRY-MAN DINNERS
360-455g • Assorted • **Reg. 7.29**

SAVE $1.50

4.99

KRAFT COOL WHIP
1 L • Assorted • **Reg. 6.49**

SAVE $2.50

4.99

SCOTSBURN FAMILY FAVORITES ICE CREAM 1.5 L • Assorted • **Reg. 7.49**

SAVE $1.50

3.99

PHILADELPHIA DIPS
227g • Assorted • **Reg. 5.49**

SAVE $2.10

6.89

CRACKER BARREL CHEESE BLOCKS 400g or **SHREDDED CHEESE** 250-320g
Assorted • **Reg. 8.99**

4/$5

MR. NOODLES IN A CUP
64g • Assorted

SAVE $3.00

4.99

SWIFT PREMIUM COOKED HAM
454g • **Reg. 7.99**

SAVE $2.00

1.99

FAVORITE FLAKED WHITE TUNA
170g • Albacore • **Reg. 3.99**

3/$5

HEREFORD VIENNA SAUSAGE
130g

6.99

HELLMANN'S MAYONNAISE
750-890mL • Assorted

HOT DEAL

HOT DEAL **6.47**

MEOW MIX
1.42 kg • Original Choice • **Reg. 7.99**

SAVE $2.00

5.99

TIM HORTONS HOT CHOCOLATE
500g • **Reg. 7.99**

9.99

LAY'S VARIETY PACKS
23 g x 16 ct • Assorted

2/$8.50

MISS VICKIE'S KETTLE COOKED CHIPS 200-220g • Assorted

2/$16

COKE or **PEPSI PRODUCTS**
12 pk • Assorted

Scan to receive our e-flyer or visit www.colemans.ca

Like and follow us!
www.facebook.com/colemansfoods
www.instagram.com/colemansfoods

We reserve the right to limit quantities. Text prevails over photos. Prices do not include sales tax where applicable. Some items may not be available at all locations.

Fresh Produce

RED RIPE STRAWBERRIES
Mexico or California #1
1 lb clamshell
5.99

SWEET JUICY BARTLETT PEARS
South Africa #1
5.93 kg
2.69 lb

WHOLE WHITE MUSHROOMS
Ontario #1
8 oz cello
3.49

SWEET CRUNCHY FUJI APPLES
Washington #1
6.59 kg
2.99 lb

GREEN KIWIFRUIT
Greece #1
600g clamshell
5.99

SNACKING MINI CUCUMBERS
Ontario #1
6 pk
4.99

SWEET JUICY CARA CARA ORANGES
California #1
5.49 kg
2.49 lb

PLUMP RIPE TOMATOES
Florida #1
6.59 kg
2.99 lb

FRESH CRISP GREEN LEAF LETTUCE
US #1
2.99

GOLDEN RIPE PINEAPPLE
Costa Rica #1
5.99

EXTRA LARGE GREEN PEPPERS
Florida #1 • 6.59 kg

FRESH EXPRESS COLESLAW OR GARDEN SALAD
US #1 • 9-10.5 oz
2.99

Bakery&Deli

Available at select locations

SAVE $1.50
5.99
12 PK HOT CROSS BUNS
Store baked • 600g • **Reg. 7.49**

5.99
APPLE VALLEY APPLE PIE
620g • Regular only

4.99
STONE FIRE NAAN CRISPS
170g • Assorted

HOT DEAL
HOT DEAL
3.49
WOOLWICH GOAT CHEESE
113g • Assorted • **Reg. 5.49**

SAVE $2.80
5.99
FANTINO & MONDELLO CHARCUTERIE MEATS 100-125g
Assorted • **Reg. 8.79**

2/$6
SELECTION WAFFLES
280g • Assorted

SAVE $3.00
7.99
BERNARD MAPLE SYRUP
375mL • **Reg. 10.99**

2.99
HEINZ TOMATO JUICE
540mL

2/$4
GRAVES APPLE JUICE
1 L

5.99
OCEAN SPRAY CRANBERRY COCKTAIL 6 pk
or **DOLE PINEAPPLE JUICE** 4 pk • Assorted

PILLSBURY TOASTER STRUDEL
326g
Assorted
3.99

Gluten Free
SAVE $1.50
4.49
GENERAL MILLS CHEX
340g • **Reg. 5.99**

16.99
DOLE FRUIT BOWLS
20 pk • Assorted

12.99
TETLEY TEA BAGS
216 ct

SAVE $4.00
15.99
JUMPING BEAN COFFEE
454g • Assorted • **Reg. 19.99**

SAVE $1.00
3.79
ROBIN HOOD OATS
1 kg • Assorted • **Reg. 4.79**

SAVE $2.00
ROBIN HOOD ALL PURPOSE FLOUR
1 kg • **Reg. 5.49**
3.49

2/$4
FLEISCHMANN'S YEAST
3x8g • Assorted

SAVE $2.00
4.99
TENDERFLAKE LARD
454g • **Reg. 6.99**

2/$6
BETTY CROCKER CAKE MIX or **FROSTING** 340-450g • Assorted

Choice Cuts

CHECK THE DIGITAL FLYER FOR
Gourmet our way SPECIALS

CANADIAN AA OR HIGHER BONELESS BLADE STEAK or ROAST
22.02 kg
Family Pack
9.99 lb

FRESH PORK SPARE RIBS
8.80 kg
Family Pack
SAVE $4.19/lb
3.99 lb

FRESH EXTRA LEAN GROUND BEEF
17.61 kg
Family Pack
7.99 lb

CANADIAN AA OR HIGHER BONELESS STEW BEEF 19.82 kg
8.99 lb
SAVE $4.06/lb

FRESH PORK LOIN CENTER CUT CHOPS 7.69 kg
Family Pack
3.49 lb
SAVE $4.91/lb

SAVE $4.00
SUNRISE WHOLE BOLOGNA
2 kg average
Reg. 19.99
15.99

SAVE $5.00
BIG 2 KG!
14.99
RESTAURANT STYLE SPICY CHICKEN BREAST BURGERS
2 kg • Breaded • Reg. 19.99

SAVE $7.00
22.99
CHICKEN WINGS
2 kg • Individually Quick Frozen • Lightly breaded
Reg. 29.99

From the Sea

SAVE $2.00/lb
5.99 lb
FRESH WHOLE STEELHEAD TROUT
13.21 kg

9.99 lb
OCEAN FAVORITES BREADED SCALLOPS 22.02 kg

SAVE $2.50
2.99
CHRIS BROTHERS DELI VARIETY PACK 250g • Reg. 5.49

SAVE $4.00
GREENFIELD HONEY HAM
175g
Reg. 8.99
4.99

SAVE $3.50
RAISED WITHOUT ANTIBIOTICS
4.99
GREENFIELD BACK BACON
200g • Reg. 8.49

SAVE $2.00
6.99
SCHNEIDERS SLICED BACON
375g • Assorted • Reg. 8.99

7.99
MCCAIN PIZZA POCKETS
540-600g • Assorted

SAVE $2.00
6.99
MCCAIN OVAL HASH BROWNS
3.5-5 lb • Reg. 8.99

3.88
CAVENDISH FRIES 800g or **HASH BROWNS** 600-800g • Assorted

SAVE $2.00
4.99
ALASKO FAJITA MIX
1 kg • Reg. 6.99

2/$4
SWIFT POT PIES
190g • Assorted

SAVE $1.50
1.99
ANNIE'S MAC & CHEESE CUPS
57g • Assorted • Reg. 3.49

1.99
SWISS CHALET GRAVY or **DIPPING SAUCE** 284mL • Assorted

2/$5
CLARK BEANS
398mL • Assorted

2.79
HEINZ PASTA
398mL • Assorted

SAVE $1.20
DEMPSTER'S ENGLISH MUFFINS
6 pk • Assorted
Reg. 3.99
2.79

2/$4
BRUNSWICK SARDINES, KIPPERS or **SEAFOOD SNACKS**
92-106g • Assorted

1.99
MARIO'S BONELESS CHUNK CHICKEN BREAST
127g

2/$6
TILDA READY TO HEAT RICE
250g • Assorted

2.99
BETTY CROCKER POTATOES
180-215g • Assorted

SAVE $1.50
4.49
NEWFOUNDLAND PICKLED BEETS 500mL • Reg. 5.99

SAVE $2.00
33¢ PER BAR
7.99
SELECTION CEREAL BARS
900g • Reg. 9.99

3.49
NATURE VALLEY BARS
130-160g • Assorted

10.99
WELCH'S FRUIT SNACKS 616g or **MADE GOOD BARS** 15 pk

6.49
CHRISTIE COOKIES 345-498g or **OREO CAKESTERS** 384g • Assorted

VALUE SIZE
4.99
Q-TIPS COTTON SWABS
500 ct

Shop our online flyer for extra savings. Every week.

SAVE $1.00

3.99

BETTY CROCKER MIXES
337-357g • Assorted • **Reg. 4.99**

5.49

LUCKY LEAF PIE FILLING
540mL • Assorted

2.99

SELECTION GRAHAM PIE CRUST
170g

SAVE $1.80

Gluten Free

6.99

BETTY CROCKER GLUTEN FREE MIXES
425-539g • Assorted • **Reg. 8.79**

SAVE $2.00

7.99

MAYA or **BECEL COOKING OIL**
1-1.18 L • Assorted • **Reg. 9.99**

SELECTION PURE OLIVE OIL
1 L
Assorted

11.97

New

23.99

IRRESISTIBLE COFFEE 925g
Ground Columbian or House Blend

SAVE $1.00

3.29

KRAFT JET-PUFFED MARSHMALLOWS
400g • Assorted • **Reg. 4.29**

7.99

LACTANTIA BUTTER
454g • Salted or unsalted

2/$5

SELECTION PINEAPPLE
540mL • Assorted

4.27

VH COOKING, DIPPING or **STIR FRY SAUCES** 341-355mL • Assorted

SAVE $1.00

2.99

MINUTE RICE
350g Regular • **Reg. 3.99**

4.99

CATELLI LASAGNA
375-500g • Assorted

2.99

BETTY CROCKER HAMBURGER HELPER 170-240g • Assorted

SAVE $2.00

2.99

LIFE SMART QUINOA
450g • **Reg. 4.99**

3/$5

GATTUSO PIZZA CRUST MIX
165g or **SAUCE** 213mL • Assorted

13.99

CAVENDISH CRISPY TEMPURA ONION RINGS 1.5 kg

5.99

ALASKO CALIFORNIA MIX
1 kg

8.99

WONG WING ENTREES
400-500g • Assorted

6.99

FURLANI TEXAS TOAST
480-638g • Assorted

حلال
HALAL

2/$5

ELITE HALAL LUNCHEON MEAT
340g • Assorted

Online flyers give you the *deals* while we help save our *environment*.

Shop our online flyer for extra savings. Every week.

SAVE $1.00

3.99

POP CORNERS
142g • Assorted • **Reg. 4.99**

SAVE $2.54

5.75

GATORADE SPORTS DRINKS
6x591mL • Assorted • **Reg. 8.29**

10.99

KELLOGG'S RICE KRISPIES VARIETY PACK 588g

1.99

ELITE CHICKEN SALAD KITS
95g • Assorted

15.99

QUAKER CHEWY CHOCOLATEY CHIP GRANOLA BARS 40 ct

SAVE $1.50

4.49

DUNKAROOS
168g • Assorted • **Reg. 5.99**

4.49

KOOL-AID JAMMERS
10 pk • Assorted

4.99

IÖGO NANO DRINKABLE YOGURT
6 pk • Assorted

7.49

ASTRO YOGOURT
12x100g • Assorted

4.99

MCCAIN BREAKFAST POTATOES
650-800g • Assorted

6.99

SCHNEIDERS BREAKFAST SANDWICHES 232-288g • Assorted

4.99

GENERAL MILLS OATMEAL CRISP
399g • Assorted

6.99

OASIS CHILLED JUICE
1.5 L • Assorted

2.49

MINUTE MAID FROZEN PUNCH or **JUICE** 295mL • Selected

SAVE $2.00

2.99

ALCAN HEAVY DUTY FOIL
30' • **Reg. 4.99**

SAVE $1.50

4.99

FEBREZE FABRIC REFRESHER
438mL • **Reg. 6.49**

21.99

CASHMERE BATHROOM TISSUE
30 Jumbo Roll = 50 Rolls

SAVE $1.50

3.49

SELECTION SANDWICH BAGS
100 pk • **Reg. 4.99**

SAVE $2.00

4.99

MR. CLEAN
1.21 L • Meadow and Rain only • **Reg. 6.99**

4.99

LYSOL BOWL CLEANER
710mL

12.99

DELECTABLES SQUEEZE UPS
20 pk

Online flyers give you the *deals* while we help save our *environment*.

Gourmet our way

FRESH MARINATED PORK SIDE RIBS 13.21 kg

5.99 lb
SAVE $2.49/lb

FRESH PORK CHOPS For stuffing 11.00 kg

4.99 lb
SAVE $5.18/lb

FRESH MARINATED or **SEASONED CHICKEN LEGS** 8.80 kg

3.99 lb

FRESH BONE IN MARINATED PORK LOIN CHOPS 11.00 kg

4.99 lb

From the Ocean to your plate.

FROZEN SQUID RINGS
1 lb • **Reg. 9.99**

7.99
SAVE $2.00

FURLONG'S TRADITIONAL FISH CAKES
2 lb

6.99

HIGHLINER TEMPURA BATTERED FISH
250g

3.99

STRAIGHT FROM FOGO ISLAND

OCEAN SELECT COD FILLET 5 lb box
Cello Wrapped • Frozen

42.99

FEBRUARY FEATURE

CHOCOLATE TRUFFLE CAKE

DECADENT CHOCOLATE MOUSSE LAYERED BETWEEN CHOCOLATE SPONGE CAKE AND COVERED IN A RICH CHOCOLATE GLAZE.

SPECIAL
$29.99
REGULAR $45

Love is sweet, and cake makes it sweeter!

Manager's Special!

ELITE SWEETS
8" DUBAI PISTACHIO CAKE
1.15 kg
24.99

8" CHERRY PIE
Seconds
Thaw and Serve
4.99

SAVE $2.00

SELECTION CUPCAKES
284g • Assorted • **Reg. 5.99**
3.99

SELECTION
CHOCOLATE BROWNIES 300g
5.99

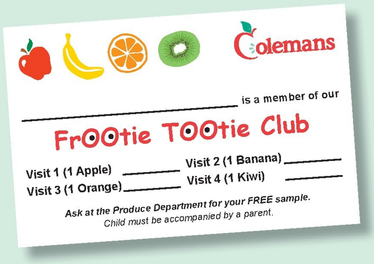
PERFECT FOR ANY OCCASION

See in-store or shop.colemans.ca/catering for more options!

Party Trays starting at $29.99! Offerings vary by store.

Kids!

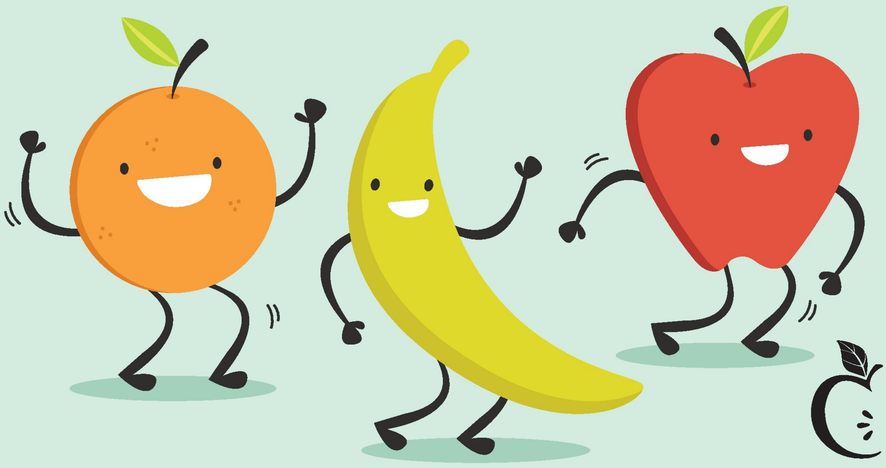
Become a member of the FrOOtie TOOtie Club



and

Get a FREE piece of fruit when you visit Colemans!

See a Produce Associate for a membership card



The perfect gift—always available.

Get a gift card today.

CANADIAN BRAND

Your CO2 cylinder at **a better price**

Refilling a cylinder

$12.50 +tx

WITH empty cylinder in exchange

EXCHANGEABLE with **ALL** brands!

OFFICIAL PROTEIN PARTNER

Spend $20 on participating Maple Leaf® products and receive a

$10 Visa eGift Card*

SCAN to upload receipt

PLUS Enter for a chance to WIN OFFICIAL TEAM CANADA PRIZES

NOURISH OUR FUTURE CHAMPIONS.

BUT FIRST, PROTEIN.

*NO PURCHASE NECESSARY. Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Sed ut perspiciatis unde omnis iste natus error sit voluptatem accusantium doloremque laudantium, totam rem aperiam, eaque ipsa quae ab illo inventore veritatis et quasi architecto beatae vitae dicta sunt explicabo. Nemo enim ipsam voluptatem quia voluptas sit aspernatur aut odit aut fugit, sed quia consequuntur magni dolores eos qui ratione voluptatem sequi nesciunt. Neque porro quisquam est, qui dolorem ipsum quia dolor sit amet, consectetur, adipisci velit, sed quia non numquam eius modi tempora incidunt ut labore et dolore magnam aliquam quaerat voluptatem.

RALLYING CANADIANS

AND ENGAGING A NATION.

GO CANADA
GO CANADA
GO CANADA
GO CANADA

We've always been proud to feed and fuel Canadians.

And in 2026, Maple Leaf will stand alongside Canadian athletes and harness national pride to rally shoppers and drive in-store conversion.

SEASONAL CLEARANCE Sale

ALL FALL AND WINTER STOCK

UP TO 50%* OFF

*Some exceptions may apply.

ARTHUR JAMES CLOTHING COMPANY

CORNER BROOK
26 Caribou Road

MOUNT PEARL
6 Centennial Square

ST. JOHN'S
370 Newfoundland Drive

www.arthurjamesclothing.ca