

Food Giant

NONE SOLD TO DEALERS
We reserve the right to
limit quantities and
correct printing errors.

EMPLOYEE OWNERS SERVING YOU BETTER



www.foodgiant.com

Prices Effective:
February 18-24th 2026

18 19 20 21 22 23 24

3 WAYS TO GET
OUR WEEKLY AD!

• IN YOUR MAILBOX OR NEWSPAPER
• IN YOUR INBOX Use the QR code to
sign up for Email
• ON YOUR SMARTPHONE Use the QR
code to sign download our app



Quality
FRESH MEAT



Prairie Fresh All Natural
Whole Boston
Butt Pork Roast
Twin Pack

\$1.99
Lb.



USDA Choice
Black Canyon Angus
Boneless Beef
Sirloin Tip
Roasts

\$5.99
Lb.



Prairie Fresh All Natural
Pork Steaks or
Western Style
Pork Ribs
Family Pack

\$2.99
Lb.



Kentucky Legend
Hickory Smoked
Sliced Stack Pack
Bacon
40 Oz.

\$6.99
Ea.

After \$3 Digital Coupon Savings!
5x Redemption



Our Deli's
12 Piece Mixed
Fried Chicken
3 Breasts, 3 Wings,
3 Legs, 3 Thighs

\$11.99
Ea.



Wilson
Honey
Ham

\$5.49
Lb.



Idaho
Russet
Potatoes
5 Lb. Bag

2/\$5



Red Ripe
Strawberries
1 Lb.

2/\$5



Prego
Pasta Sauce
23-24 Oz.

2/\$4



Borden
Shredded,
Chunk or
Sliced Cheese
5-12 Oz.

2/\$4



Niagara
Water
24 Pk.

4/\$9



Tony's
Pizza
18.56-20.6 Oz.

3/\$9



Progresso
Soup
18-19 Oz.

2/\$4



Best Choice
Vegetables
Select Varieties,
14.5-15 Oz.

4/\$3



Coke or Dr. Pepper
Products
6 Pk. 1/2 Liters

\$3.99



Coke or Dr. Pepper
Products
2 Liters

3/\$5



Dasani
Water
24 Pk.

\$4.99



Gold Peak
Tea
6 PK.

\$4.99

Farm FRESH PRODUCE



Imported Red
Seedless Grapes

\$2.49
Lb.



Rainbow
Bell Peppers
3 Ct.

\$3.99
Ea.



SugarBee
Apples

\$2.99
Lb.



Mini
Sweet Peppers
1 Lb.

2/\$6



Avocados

4/\$3



Red
Raspberries
6 Oz.

2/\$6



Hot House
Tomatoes

\$1.69
Lb.



Fresh
Blackberries
6 Oz.

2/\$5



Dole
Garden Salad
12 Oz.

2/\$4

Dairy & Frozen FAMILY FAVORITES



Pillsbury Grands!
Biscuits, Crescents
or Cinnamon Rolls
8-16.3 Oz.

2/\$5



On-Cor
Entrees
26-28 Oz.

2/\$7



North Star
Twin Pops
6 Ct.

\$1.99



Best Choice
Biscuits
12 Oz.

2/\$3



Best Choice
Cinnamon Rolls
12.4 Oz.

2/\$5



Best Choice
Shredded Cheese
32 Oz.

\$6.99



Best Choice
Cream Cheese
8 Oz.

\$1.99



Stok
Cold Brew Coffee
48 Oz.

\$4.99



Dannon
Activia, Light+Fit,
YoCrunch or
Danimals Drinks
4-6 Ct.

2/\$6



Velveeta
Shreds
8 Oz.

\$1.99



Florida's Natural
Orange Juice
89 Oz.

\$6.99



Rana
Pasta or Sauce
10-15 Oz.

\$3.99



Velveeta
Slices
12 Oz.

\$2.99



Hungry-Man
Dinners
13.1-16 Oz.

2/\$7



Marie Callender's
Entrees or
Pot Pies
10.5-14 Oz.

2/\$6



Furlani
Cheese Toast
10.15 Oz.

2/\$5



Farm Rich
Mozzarella Sticks or
Jalapeno Poppers
9-10 Oz.

\$3.99



Farm Rich
Meatballs
20-26 Oz.

\$5.49



Pictsweet
Clear Bag
Vegetables
22-28 Oz.

2/\$6



Banquet
Chicken Nuggets
48 Oz.

\$7.99



McKenzie's
Creamed Corn
20 Oz.

2/\$4



Starkist
Tuna
5 Oz.

79¢

Hellmann's
Mayonnaise
30 Oz.

\$6.99



Green Giant
Vegetables
14.5-15.25 Oz.

4/\$5



General Mills
Cheerios
8.9-11.2 Oz.

2/\$4



Cheetos
Cheese Snacks
6.5-10 Oz.

\$3.99



Golden Flake
Chips
4.625 Oz.

2/\$4



Tastykake
Cinnamon Rolls
14.4 Oz.

2/\$5



Little Debbie
Mini Muffins
8.27-8.44 Oz.

5/\$10



Creamette
Pasta
7 Oz.

79¢



Heinz
Gravy
12 Oz.

2/\$5



Campbell's
SpaghettiOs
15.6-15.8 Oz.

4/\$5



Nissin
Top Ramen
Noodles
3 Oz.

3/\$1



Nissin
Fire Wok Bowls
2.69-4.37 Oz.

\$1.59



Kraft
Tartar, Horseradish
or Sweet and Sour
Sauce
12 Oz.

\$1.99



Hormel
Compleats
7.5-10 Oz.

2/\$5



Zatarain's
Fish Fri
24 Oz.

\$2.99



Starkist
Chicken Pouches
2.6 Oz.

4/\$5



Act II
Microwave Popcorn
3 Ct.

2/\$4



Best Choice
Saltine Crackers
9-16 Oz.

\$1.79



Best Choice
Potato or Tortilla
Chips
7.5-11 Oz.

2/\$4



Best Choice
Broth
32 Oz.

\$1.79



Best Choice
Syrup
24 Oz.

\$2.99



Best Choice
Vegetable or
Canola Oil
64 Oz.

\$4.99



Best Choice
Seasoning or
Gravy Mix
7.5-15 Oz.

59¢



Betty Crocker
Brownie, Muffin or
Dessert Bar Mix
9.3-19.1 Oz.

2/\$6



Kellogg's
Multi-Grain,
Special K Bars or
Rice Krispies Treats
4-12 Ct.

\$2.99



Puffs
Facial Tissue
72-124 Ct.

\$2.29



Milk-Bone
Dog Treats
4.5-24 Oz. or 9 Ct.

\$3.99

MAKE IT A TACO NIGHT WITH OLD EL PASO



Old El Paso
Taco Seasoning
.85-1 Oz.

99¢



Old El Paso
Refried Beans,
Green Chiles or
Enchilada
Sauce
4-16 Oz.

\$1.49



Old El Paso
Dinner Kits,
Shells,
Seasoning
or Sauce
6.25-19 Oz. or 8-12 Ct.

\$2.99



Old El Paso
Tortillas,
Shells,
Beans or
Rice
4.7-8.8 Oz. or 8-12 Ct.

\$1.99

DIGITAL COUPONS

Save With Coupons
That Are Available Through Your App!



Quaker
Instant Oatmeal
6-10 Ct.

\$1.99



Zatarain's
Rice Dinners
2.4-8 Oz.

2/\$3.50



Flora
Mega Bath
Tissue or
Paper Towels
6-12 Roll

\$3.99



Ben's
Original Family Size
Ready Rice
17.3 Oz.

\$3.49



Ben's
Original Single Serve
Rice Cups
2.2-2.4 Oz.

2/\$2.50



Post
Honey Bunches
of Oats
11-16.6 Oz.

\$1.99



Chobani
Creations or Flips
Yogurt
4.5-5.3 Oz.

99¢



I Can't
Believe It's
Not Butter!
Spread
45 Oz.

\$6.99



Best Choice
Crescent
Rolls
8 Oz.

2/\$5



Best Choice
Frozen Potatoes
20-32 Oz.

\$3.59



Best Choice
Pizza Rolls
45 Oz.

\$7.19



Best Choice
Corn Nuggets
32 Oz.

\$6.98



Best Choice
Hash Browns
20-32 Oz.

2/\$6



Best Choice
Onion Rings
20 Oz.

\$3.98

Quality FRESH MEAT



Fresh Chicken Leg Quarters
Sold In 10 lb. Bags

\$6⁹⁰ Ea.



Sanderson Farms 100% Natural
Boneless Skinless Chicken Breast
Family Pack

\$3⁹⁹ Lb.



Black Canyon Angus
USDA Select
Beef T-Bone Steaks
Family Pack

\$12⁹⁹ Lb.



USDA Choice Black Canyon Angus
Boneless Beef Stew Meat or Beef Cubed Steaks
Family Pack

\$6⁹⁹ Lb.



USDA Inspected
85% Lean Fresh Ground Round

\$6⁹⁹ Lb.



Swaggerty's Farm Sausage Patties
45 Oz.

\$9⁹⁹ Ea.



Swaggerty's Breakfast Biscuits or Croissants
10.4-19.2 Oz.

\$6⁵⁹ Ea.



Field Hot Dogs or Bologna
16 Oz.

4/\$5



Butterball Fresh 85% Lean Tray Pack Ground Turkey
16 Oz.

\$3⁹⁹



Earl Campbell Smoked Sausage Loop
13-14 Oz.

2/\$5



Land O Frost Premium Deli Sliced Lunchmeat
9-16 Oz.

\$5⁹⁹



Bob Evans Side Dishes
12-24 Oz.

\$3⁹⁹

Savings on Lent Favorites!



Gorton's Breaded Fish or Shrimp
9.2-24.5 Oz.

\$4⁹⁹



Sea Best Cooked, Peeled and Deveined, Tail On Shrimp
26-30 Ct./16 Oz.

\$9⁹⁹



Sea Best Boneless Skinless Cod Fillet
16 Oz.

\$8⁹⁹



Mowi Single Serve Atlantic Salmon Portions
6 Oz.

\$5⁹⁹

Fresh Deli



Kretschmar
Off The Bone Turkey
\$8⁴⁹ Lb.



Amish Classic
Mini Colby Cheese
\$5⁴⁹ Lb.



Our Bakery's Best Yeast Rolls
10 Ct.
\$3⁹⁹ Ea.



Cafe Valley Muffin
Blueberry or Banana
4 Ct.
\$4⁶⁹ Ea.



Our Bakery's Fresh Baked Glazed Turnovers
Apple or Cherry
4 Ct.
\$4⁴⁹ Ea.



Resers Grab and Go Side Dishes
Mashed Potato, Mac & Cheese, Broccoli and Cheddar
\$3⁴⁹ Ea.



Leg Quarter Meal
6 Leg Quarters, 12 Potato Wedges and 4 Yeast Rolls
Only \$11⁹⁸

Chicken Leg Quarter
Each
\$1⁹⁸

Chicken Leg Quarters
3 Ct.
\$3⁹⁸

Chicken Leg Quarters
5 Ct.
\$6⁹⁸

Leg Quarter Plate
1 Leg Quarter, 2 Sides, a Roll and Iced Tea
\$7⁹⁸

Smoked, Seasoned to Perfection CHICKEN LEG QUARTER DEALS

**535 Tennessee Ave.
Parsons, TN 38363
731-847-6334
Open 7 Days A Week 7AM-9PM**

Rapid X-Change Propane Exchange
\$19⁹⁹

We Accept W.I.C. and E.B.T. Cards
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MasterCard