



President's Choice.

Our top picks this week

ALWAYS LOW PRICE

\$1

PC[®] FREE AND CLEAR[™] SPARKLING WATER SELECTED VARIETIES, 1L
EAU PÉTILLANTE PC[®] CLAIR ET NET[™] 2016206003_EA/20220432004_EA



\$3

GET 1,000[™] when you buy 2

\$1 back in points



APP EXCLUSIVE OFFER[†]

PC[®] KETTLE, LOADS OF[™] OR WORLD OF FLAVOURS POTATO CHIPS SELECTED VARIETIES, 200 G
CROUSTILLES CUITES À LA MARMITE, PLEINES DE[™] OU SAVEURS DU MONDE PC[®] 2044092004_EA
2044092004_EA
2044092004_EA
*Open your PC Optimism[™] app or visit pc.optimism.ca to get the offer.



850

PC[®] CHOCOLATE COVERED ALMONDS SELECTED VARIETIES, 340-400 G
AMANDES ENROBÉES DE CHOCOLAT PC[®] 20000306_EA/202101287_EA



225

PC[®] PASTA SELECTED VARIETIES, 375/454 G
PÂTES PC[®] 20001540_EA



SAVE UP TO 20%

\$4

PC[®] PICKLES 1L SELECTED VARIETIES OR PC[®] BALSAMIC GLAZE 250 ML
CORNICHONS PC[®] OU GLAÇAGE DE VINAIGRE BALSAMIQUE PC[®] 20044206_EA
2043356000_EA



**PRICE
DROP[‡]**

**SO YOU CAN
SAVE MORE**

\$1

**NEILSON MILKSHAKE
OR MILK2GO
SELECTED VARIETIES, 310 ML
LAIT FRAPPÉ OU
LAIT'S GO NEILSON**
21040947_EA/21040956_EA



3⁵⁰

**MOTT'S
CLAMATO
COCKTAIL
SELECTED VARIETIES
1.89L
COCKTAIL
CLAMATO
MOTT'S**
20318953002_EA
20318953003_EA



2⁵⁰

**DARE VEGGIE CRISPS
SELECTED VARIETIES, 100 G
CRISPS LÉGUME DARE**
20973368_EA/21520207_EA



\$2

**RUBICON
JUICES
SELECTED VARIETIES
1L
JUS RUBICON**
20028236001_EA
20296730001_EA



DEAL DROP

Limited-time deals on PC[®] home & more.

LIMIT 4
OVER LIMIT PAY 30.00 EA

\$15

LIFE AT HOME[™] FELT HANGERS 12'S
CINTRES EN FEUTRE
LIFE AT HOME[™]
2102347_EA

REAL ATLANTIC SUPERSTORE[™]
PROUDLY CANADIAN

SIRLOIN TIP ROAST OR STEAK
CUT FROM CANADA AA GRADE BEEF OR HIGHER
RÔTI OU BIFTECK DE
POINTE DE SURLONGE
20795285_EA/20795288_KG

SAVE UP TO 48%

7⁹⁹
LB
17.61/KG

HOT DEAL

3⁹⁹
LB
8.80/KG

PORK TENDERLOIN
FRESH, CRYOVAC
FILET DE PORC
2167162_KG

2⁹⁹
LB
6.59/KG

CHICKEN DRUMSTICKS
OR THIGHS
WET-CHILLED OR HALAL, FRESH
PILONS OU HAUTS
DE CUISSE DE POULET
20004694_KG/20058163_KG

CLUB SIZE **INCLUDES HALAL**

SAVE UP TO 40%

2⁹⁹

FARMER'S MARKET[™]
WHITE OR RUSSET POTATOES
PRODUCT OF CANADA
CANADA NO. 1 GRADE, 10 LB
POMMES DE TERRE BLANCHES
OU RUSSET DÉLICIES DU
MARCHÉ[™]
20060120001_EA/20600997001_EA

HOT DEAL

SAVE UP TO 1.00

4⁹⁸

SCOTSBURN OR
BAXTER BUTTER
SELECTED VARIETIES, 454 G
BEURRE SCOTSBURN
OU BAXTER
20053468_EA/20162730_EA/20774734_EA

HOT DEAL

1000s OF NEW LOWERED PRICES

Save hundreds of dollars on your groceries.*

**Estimated annual savings based on average purchases by a family of 4 of product selections with newly lowered prices as compared to their previous shelf prices. Actual savings may vary based on household shopping habits and product selections.*

PEI locations only

NO NAME[™] CREAM CHEESE
SELECTED VARIETIES, 250 G
FROMAGE À LA CRÈME SANS NOM[™]
20306010001_EA

NOW \$2⁹⁸

no name[™] sans nom[™]
pasteurized cream cheese
fromage à la crème
pasteurisé

250 g 30% M.F. 55%

SAVE UP TO 1.50

\$4

ACE BISTRO LOAF
SELECTED VARIETIES, 545-640 G
MICHE BISTRO ACE
21616156_EA/21078113_EA

PREPARED IN CANADA

SAVE UP TO 35%

\$8 EA/LB

PC[®] PACIFIC LARGE WHITE SHRIMP RAW OR COOKED
PEELED OR RAW ZIPPERBACK[™]
31-40 PER LB, 400 G OR FROZEN BAY
SCALLOPS FROZEN, 80-120 PER LB, 17.64 KG
GROSSES CREVETTES BLANCHES
DU PACIFIQUE CRUES OU CUITES
DÉCORTIQUÉES OU CRUES À
DÉCORTICAGE ÉCLAIR[™] OU
PÉTONCLES DE BAIE SURGELÉS PC[®]
2079991172_KG/21011127_KG

\$5

GIUSEPPE PIZZA 439-785 G,
PC[®] FRUSTA OR CALZONE
240-359 G OR WOOD-FIRED PIZZA
351-413 G, SELECTED VARIETIES, FROZEN
PIZZA GIUSEPPE, FRUSTA,
CALZONE OU PIZZA AU FEU DE
BOIS PC[®]
21061373_EA/21040152_EA

WOOD FIRED
Peperoni
CUITE AU FEU DE BOIS

SAVE UP TO 35%

\$11

KING COLE
120-216'S OR
TETLEY ORANGE
PEKOE[™] TEA
SELECTED VARIETIES
THÉ ORANGE
PEKOE KING
COLE OU TETLEY
21200568_EA/21811946_EA

Members-Only Price
5⁹⁹
Non-members
9⁹⁹

Members save \$4

BlueWater
Fish Portions
VALUE 12 PACK

BLUEWATER
FISH OR SHRIMP
SELECTED VARIETIES, FROZEN
226-600 G (EXCLUDES 350 G)
POISSON OU
CREVETTES
BLUEWATER
20310145004_EA/21031734_EA
***Must be a registered PC Optimum[™] member to load and get this offer.*

SAVE UP TO 33%

\$5

KRAFT PEANUT BUTTER
SELECTED VARIETIES
750 G/1 KG
BEURRE D'ARACHIDE
KRAFT
20039381001_EA
20039381002_EA

SAVE UP TO 56%

6⁵⁰

CASHMERE BATHROOM TISSUE
12 DOUBLE ROLLS OR
SCOTTIES FACIAL
TISSUE 4'S
SELECTED VARIETIES
PAPIER HYGIÉNIQUE
CASHMERE OU
MOUCHOIRS
SCOTTIES
21204739_EA/20318667_EA

PREPARED IN CANADA

APP EXCLUSIVE OFFER[†]

GET 20,000^{PC} back in points

for every \$100[†] spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel

†Open your PC Optimum[™] app or visit gooptimum.ca to get the offer.

\$1

PC[®] ORGANICS
BABY FOOD POUCH
SELECTED VARIETIES, 128 ML
ALIMENTS POUR
BÉBÉS EN SACHET
PC[®] BIOLOGIQUE
20610248002_EA/21095742_EA

23⁹⁹

LIMIT 4
OVER LIMIT PAY
29.99 EA

HUGGIES 16X
BABY WIPES
SELECTED VARIETIES
950-1152'S
LINGETTES
POUR BÉBÉS 16X
HUGGIES
21541091_EA/21083819_EA

24⁹⁹

LIMIT 4
OVER LIMIT PAY
34.99 EA

PAMPERS SUPER
BIG PACK DIAPERS
SELECTED VARIETIES
SIZE N-8, 32-120'S
COUCHES SUPER
GRAND FORMAT
PAMPERS
21270844_EA/21435560_EA

ONE DAY ONLY! FRIDAY, FEBRUARY 20TH

34⁹⁹

LIMIT 4
OVER LIMIT PAY
41.99 EA

GET 5,000^{PC} back in points

HUGGIES ECONO PACK
DIAPERS
SELECTED VARIETIES,
SIZE N-7, 60-200'S
COUCHES
EMBALLAGE
ÉCONO
HUGGIES
21435640_EA/21279452_EA

3.50

IOGO NANO BUBBLES 4X100 G OR **ASTRO YOGURT TUBS** 650/750 G SELECTED VARIETIES
BUBBLES NANO IOGO OU **CONTENANTS DE YOGURT ASTRO**
 20163226001_EA/21799735_EA



PREPARED IN CANADA

\$2

DELVERDE PASTA SELECTED VARIETIES 250/450 G
PÂTES DELVERDE
 20317975004_EA/20317975007_EA



SAVE UP TO 40%

1.35

MICHELINA'S ENTRÉES 150-284 G OR **SWANSON POT PIES** 200 G SELECTED VARIETIES, FROZEN
PLATS CUISINÉS MICHELINA'S OU PÂTES SWANSON
 20320023001_EA/21200634_EA



6.49

BLACK DIAMOND CHEESE BARS 400 G OR **SHREDS** 300-320 G OR **PC SHREDS** 250-320 G SELECTED VARIETIES
BARRES DE FROMAGE OU FROMAGE RÂPÉ BLACK DIAMOND OU FROMAGE RÂPÉ PC^{MD}
 21060183_EA/21279221_EA



PREPARED IN CANADA

\$3

NO NAME[®] VEGETABLES SELECTED VARIETIES FROZEN, 750 G
LÉGUMES SANS NOM[®]
 20322260_EA/20326412_EA



NOW \$11.98

NO NAME[®] CHICKEN WINGS SELECTED VARIETIES FROZEN, 908 G
AILES DE POULET SANS NOM[®]
 21045209_EA



PREPARED IN CANADA

3.75

SCOTSBURN OR BAXTER CREAM SELECTED VARIETIES, 1L
CRÈME SCOTSBURN OU BATER
 20082602_EA/21023932_EA



PREPARED IN CANADA

SAVE UP TO 45%

HELLMANN'S MAYONNAISE SELECTED VARIETIES, 710-890 ML OR **BERTOLLI OLIVE OIL** 456-500 ML
MAYONNAISE HELLMANN'S OU HUILE D'OLIVE BERTOLLI
 20498579001_EA/21704348_EA

5.99



SAVE UP TO 35%

NO NAME[®] CANOLA OR VEGETABLE OIL 3 L OR **PC GARLIC OIL** 250 ML SELECTED VARIETIES
HUILE DE CANOLA OU VÉGÉTALE SANS NOM[®] OU HUILE À L'AIL PC^{MD}
 20103390_EA/210203171A

\$8



SAVE 1.50

3.50

PC SCOOP SHOP ICE CREAM SELECTED VARIETIES, 946 ML
CRÈME GLACÉE DÉLICIEUSE DU BAR LAITIER PC^{MD}
 20854410001_EA/21073503_EA

GET 1,000[™] when you buy 2

\$1 back in points

APP EXCLUSIVE OFFER¹



\$4

HUMPTY DUMPTY CHEESE FLAVOURED SNACKS OR PARTY MIXES OR OLD DUTCH POTATO CHIPS SELECTED VARIETIES, 200-290 G
GRIGNOTINES À SAUCEUR DE FROMAGE OU MÉLANGE FIESTA HUMPTY DUMPTY OU CROUSTILLES OLD DUTCH
 21111002_EA/21068871A



PREPARED IN CANADA

2/\$10 OR 5.99 EA

MCCAIN SUPERFRIES OR SPECIALTY POTATOES SELECTED VARIETIES FROZEN, 454-800 G
Frites Superfries OU POMMES DE TERRE SPÉCIALES MCCAIN
 20324220002_EA/207995222A



\$7

IOGO CREAMY 16X100 G OR **DANONE ACTIVIA** 12X100 G SELECTED VARIETIES
YOGURT CRÉMEUX IOGO OU ACTIVIA DANONE
 20303412001_EA/20606778001_EA



PREPARED IN CANADA

\$5

BEN & JERRY'S 473 ML OR MAGNUM BARS 4.5 SELECTED VARIETIES, FROZEN
BEN & JERRY'S OU BARRES MAGNUM
 20950739_EA/21428233_EA



PREPARED IN CANADA

SAVE 1.00

\$4

LECLERC CÉLÉBRATION OR MINI COOKIES SELECTED VARIETIES, 200-350 G
BISCUITS OU MINI-BISCUITS CÉLÉBRATION LECLERC
 20965364_EA/21680155_EA



SAVE 7.99

\$26

LAVAZZA WHOLE BEAN COFFEE 1 KG OR **MCCAFÉ GROUND COFFEE** 640-875 G SELECTED VARIETIES
CAFÉ EN GRAINS LAVAZZA OU CAFÉ MOULU MCCAFÉ
 21554082_EA/21633664_EA



SAVE UP TO 3.99

\$21

CASCADE TUBS 51/87/80'S **CONTENANTS CASCADE**
 21584739_EA/21875009_EA



\$10

TIDE DETERGENT 1.62-1.66 L, 18-31'S, **DOWNY, GAIN FABRIC SOFTENER** 1.66-2.63 L, **DOWNY, GAIN, IVORY SNOW BEADS** 303-379 G OR **DAWN LIQUID** 2.21-2.44 L, SELECTED VARIETIES
DÉTERGENT TIDE, ASSOUPPLISSANT TEXTILE DOWNY, GAIN, PERLES DOWNY, GAIN, IVORY NEIGE OU SAVON LIQUIDE DAWN
 21832762_EA/21590128_EA



FRESH PROMISE: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Atlantic Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection of items may be limited and may not be available in all stores.** For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. **Savings on items shown may vary in each store location.** Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ^{®/™} The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum[™] program members. Membership is free. To register as a PC Optimum[™] member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See atlanticsuperstore.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions or no adjustments on previous purchases. We reserve the right to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. ** Valid for flyer duration, after which the price will be the same for both PC Optimum[™] and non-PC Optimum[™] members. Taxes applicable on the purchase amount after discounts. PC Optimum[™] member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. **OUTDOOR/SEASONAL:** For your local store's hours and for a list of Atlantic Superstore locations that DO NOT participate in this flyer, visit www.atlanticsuperstore.ca or call Customer Relations at 1-866-727-0771. **Quantities and/or selection of items may be limited and may not be available in all stores.** Outdoor seasonal items (e.g. lawn and garden) may only be available at select store locations. Please check your local store for pricing, limits and availability. We reserve the right to limit quantities to reasonable family requirements. Rainchecks may be available for out of stock items excluding clearance items or where quantities are advertised as limited. We reserve the right to substitute the out of stock item for an equivalent item in lieu providing a raincheck. **Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location.** All references in our flyer to "Save", "Was", "Now" etc. is in comparison to our own regular prices. **Savings on items advertised within flyer may vary by store location.** Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ^{®/™} The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2025 Loblaws Inc. **PRICE DROP** offer valid in-store at participating locations between January 29 - February 25, 2025 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



FRESH PROMISE

If it's not fresh, it's free.

*Fresh Promise: Applicable to eligible fresh produce items purchased at Real Atlantic Superstore store locations or online at realatlanticsuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Real Atlantic Superstore store where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice.

NOW \$4.49

RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
170 G
FRAMBOISES
2012939001_EA



3.99
LB
8.80/KG

PC® BLACK SABLE GRAPES PRODUCT OF SOUTH AFRICA OR EXTRA LARGE GREEN OR RED SEEDLESS GRAPES
PRODUCT OF PERU, SOUTH AFRICA OR CHILE
RAISINS BLACK SABLE OU TRÈS GROS RAISINS VERTS OU ROUGES SANS PÉPINS PC®
20170276001_EA/2043277001_EA



4.50

CANTALOUPE
PRODUCT OF GUATEMALA OR HONDURAS
CANTALOUPE
2016207001_EA



\$5

FARMER'S MARKET™ MANDARINS
PRODUCT OF MOROCCO OR SPAIN, 2 LB
MANDARINES DÉLICIES DU MARCHÉ™
2009393001_EA



\$3

LARGE BROCCOLI
PRODUCT OF MEXICO OR U.S.A.
GROS BROCOLI
20145421001_EA



NOW \$1.44

ENGLISH CUCUMBER
PRODUCT OF CANADA
CONCOMBRE ANGLAIS
20070132001_EA



\$8

NO NAME™ NATURALLY IMPERFECT MIXED PEPPERS
PRODUCT OF MEXICO, 2.5 LB
POIVRONS VARIÉS NATURELLEMENT IMPARFAITS™
SANS NOM™
20091434001_EA



CLUB SIZE

2/\$12
OR 7.00 EA

GET 1,000™ \$1 back in points when you buy 2

BOLTHOUSE FARMS SMOOTHIES OR JUICE
PRODUCT OF U.S.A.
SELECTED VARIETIES, 946 ML
BOISSONS FOUETTÉES OU JUS
BOLTHOUSE FARMS
20200788_EA/20232516_EA



\$7

CORED PINEAPPLE
PREPARED IN-STORE, 510 G
ANANAS ÉVIDÉ
20050143_EA



\$24

PC® SIGNATURE GIFT BOUQUET
BOUQUETS-CADEAUX SIGNATURE PC®
20083912_EA



\$10

8 STEM TULIPS
ASSORTED COLOURS
8 TULIPES SUR TIGE
2172348K_EA/21723100_EA



\$10

SPRING BULBS
ASSORTED VARIETIES
BULBES DU PRINTEMPS
20066802_EA



8.49
LB
18.72/KG

LEAN GROUND BEEF
BŒUF HACHÉ MAIGRE
201793291_KG



CLUB SIZE

SAVE UP TO 42%

4.99
LB
11.00/KG

MARINATED PORK TENDERLOIN
PREPARED IN-STORE
FILET DE PORC MARINÉ
20436471_KG



\$15

PC® BLUE MENU CHICKEN THIGHS
BONELESS, SKINLESS
AIR CHILLED, 8'S
HAUTS DE CUISSE DE POULET PC®
20066802_EA



\$7

ATLANTIC CHOICE™ SAUSAGES
SELECTED VARIETIES, 375-500 G
SAUCISSES ATLANTIC CHOICE™
21222997_EA/21222994_EA



SAVE UP TO 3.00

10.99

NO NAME™ THICK SLICED BACON
SELECTED VARIETIES, 1 KG
BACON TRANCHÉ ÉPAIS SANS NOM™
21089705_EA



\$11

THE HANDPIE COMPANY PIES
SELECTED VARIETIES
FROZEN, 250 G
TARTES THE HANDPIE COMPANY
20066802_EA/20070032_EA



\$10
LB/EA

WILLY KRAUCH'S SMOKED ATLANTIC SALMON 115 G OR MSC HADDOCK FILLETS PREVIOUSLY FROZEN, 22.05/KG
SAUMON DE L'ATLANTIQUE FUMÉ WILLY KRAUCH'S OU FILETS D'AGLEFIN MSC
21204340_EA/21205537_KG



SAVE UP TO 2.99

\$11

PC® SMOKED SALMON
SELECTED VARIETIES
FROZEN, 125/150 G
SAUMON FUMÉ PC®
20055005_EA/20062824_EA



\$11

PC® SHRIMP APPETIZERS
SELECTED VARIETIES
FROZEN, 294-454 G
HORS-D'ŒUVRE DE CREVETTES PC®
20068017_EA/20115874_EA



SUPER FRESH

2.75

WHITE OR 100% WHOLE WHEAT BREAD
BAKED IN-STORE, 383 G
PAIN BLANC OU 100% BLÉ ENTIER
21274664_SA/21272327_SA



1.50

BAGUETTE
BAKED IN-STORE
WHITE OR WHEAT, 255 G
BAGUETTE
21272327_SA/21250992_SA



\$4

MINI-CROISSANTS 10'S
OR **CINNAMON RAISIN BREAD** 468 G
BAKED IN-STORE
MINI-CROISSANTS OU PAIN CANNELLE ET RAISINS
212729432_SA/21264619_SA



7.50

IN-STORE BAKED COOKIES
SELECTED VARIETIES, 16'S
BISCUITS CUITS EN MAGASIN
21260667_SA/21454554_SA



\$6

FARMER'S MARKET™ SQUARES
SELECTED VARIETIES, 400/450 G
CARRÉS DÉLICÉS DU MARCHÉ™
21264496_SA/21265981_SA



17.50

FARMER'S MARKET™ BAR CAKES
SELECTED VARIETIES, 675-770 G
GÂTEAUX RECTANGULAIRES DÉLICÉS DU MARCHÉ™
21260662_SA/21260763_SA



\$6

SILVER HILLS BREAD
SELECTED VARIETIES
600-680 G
PAIN SILVER HILLS
2164709_SA



2/6.50
OR 3.99 EA

COUNTRY HARVEST BREAD 600/650 G OR
BAGELS 6'S
SELECTED VARIETIES
PAIN OU BAGELS COUNTRY HARVEST
21278327_SA/21260622_SA



\$4

PC® PIZZA CRUST
SELECTED VARIETIES, 300/440 G
CRÔUTE À PIZZA PC®
21260628_SA/21466443_SA



\$8

PC® DELI CHEESE BLOCK
SELECTED VARIETIES, 250 G
BARRES DE FROMAGE DE CHARCUTERIE PC®
21279642_SA/21279656_SA



SAVE UP TO 1.99

\$11

BABYBEL 12'S OR **THE LAUGHING COW 24'S**
SELECTED VARIETIES
BABYBEL OU LA VACHE QUI RIT
21260699_SA/21260626_SA



Optimum
Members-Only Price™

\$7

Non-members \$8

Members save **\$1**



SAVE .49/100 G

\$3/100 G

DELI SERVICE CASE LESTERS EYE OF ROUND BEEF
NOIX DE RONDE DE BŒUF LESTERS DU COMPTOIR DE SERVICE
21214944_SA



Optimum
Members-Only Price™

3.50

Non-members \$4

PC® TOPPED HUMMUS 250 G OR **NEW YORK BAGEL CRISPS** 170 G
SELECTED VARIETIES
HUMMUS GARNI PC® OR **BAGEL CRISPS NEW YORK STYLE**
21267984002_SA/21448583_SA



\$5

SOMETHING SPECIAL RED CHILI JELLY 300 G OR **PC® BLACK LABEL CRISPS**
SELECTED VARIETIES, 150 G
GÉLÉE DE PIMENTS ROUGES SOMETHING SPECIAL OU CRAQUELINS PC® COLLECTION NOIRE
21260634_SA/21260635_SA
21260671_SA



FROM \$9

12" TAKE AND BAKE PIZZA
SELECTED VARIETIES, 510-739 G
PIZZA 12 PO CUIRE À LA MAISON
21464616_SA/21464617_SA



SAVE 10.00

\$20



30 PIECE WINGS & WEDGES BUCKET
1.2 XG
SEAU DE 30 MORCEAUX D'AILES DE POULET ET FRITES EN QUARTIERS
2154972_SA/2154973_SA

SERVES 6

\$8

BENTO CALIFORNIA ROLLS
SELECTED VARIETIES, 190-236 G
ROULEAUX CALIFORNIENS BENTO
21218842_SA/21269471_SA



رمضان مبارك

BLESSED RAMADAN

Celebrate meals worth sharing and more ways to save.

8⁹⁹

MEDJOOOL DATES
PRODUCT OF U.S.A.
2 LB TUB
20001686_EA



SAVE UP TO 24%

1⁴⁷

HALDIRAM SNACKS
SELECTED VARIETIES, 90/150 G
20309977_EA / 20304867007_EA



2⁹⁹

PRAN SAMOSAS
FROZEN, 400 G
2004848_EA



\$3

SURAJ NAAN
SELECTED VARIETIES, 5'S
2005333_EA



SAVE 3.00

12⁹⁹

BRAR'S PURE DESI GHEE / CLARIFIED BUTTER
500 G
20049896_EA



GOOD HEALTH MORE VALUE

ELEVATE YOUR WELL BEING

\$7

LIMIT 4
OVER LIMIT PAY
8.99 EA

**TRESEMMÉ SHAMPOO,
CONDITIONER OR
STYLING PRODUCTS**
SELECTED VARIETIES AND SIZES
2300949_EA/2359375_EA



GET 4,000* **\$4**
back in points
when you spend \$20* on

**AVEENO OR
NEUTROGENA
SUNCARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
23009268_EA/2352122_EA

UP TO 25% OFF
4.49-8.19 AFTER SAVINGS

**METHOD LIQUID
HANDSOAP, PUMPS
OR REFILLS**
SELECTED VARIETIES AND SIZES
204327004_EA/2364020_EA



\$1

LIMIT 12
OVER LIMIT PAY
1.79 EA

**COLGATE OR CREST
TOOTHPASTE 50-100 ML
OR MANUAL
TOOTHBRUSH 1'S**
SELECTED VARIETIES
203207800L_EA/20975582_EA

5/\$10
OR 2.49 EA

**BABY GOURMET
ORGANIC FRUIT
OR VEGETABLE
BABY FOOD
POUCHES**
113/128 ML
OR JARS 113 ML
SELECTED VARIETIES
2036019009_EA
2347987_EA



27⁹⁹

LIMIT 4
OVER LIMIT PAY
32.99 EA

**HUGGIES GIGA
PACK DIAPERS**
SELECTED VARIETIES
N-7, 42-128'S
2172902_EA/21371015_EA



Go wherever the crunch takes you

\$3

PC KETTLE, LOADS OF OR WORLD OF FLAVOURS POTATO CHIPS
SELECTED VARIETIES, 200 G
2084070001_EA/21527668_EA
20839422001_EA
*Open your PC Optimism™ app or visit pcapp.com to get the offer.

GET **1,000** **\$1** back in points when you buy 2

APP EXCLUSIVE OFFER*



SAVE 1.00 WHEN YOU BUY 2

2/\$7 OR 4.00 EA

PC TORTILLA CHIPS
SELECTED VARIETIES, 320-350 G
20027493_EA/20305985_EA



SAVE .98 WHEN YOU BUY 2

2/\$7 OR 3.99 EA

PC READY TO EAT POPCORN
SELECTED VARIETIES, 220-250 G
20055781_EA/21527661_EA



\$4

PC TEX MEX SNACK MIX
SELECTED VARIETIES, 250 G
2084873_EA



2/\$6 OR 3.79 EA

PC GARDEN STIX
SELECTED VARIETIES, 142 G
21244511_EA/21244513_EA



4⁷⁹

PC KETTLE COOKED TORTILLA CHIPS
SELECTED VARIETIES, 368 G
20001843001_EA/20001843002_EA



\$4

PC BLUE MENU MICROWAVE POPCORN
SELECTED VARIETIES, 6X80/6X32 G
20300094_EA/20322375_EA



\$3

PC MINI POPPADOMS LENTIL CRISPS
SELECTED VARIETIES, 113 G
21605311_EA/21605318_EA



\$9

PC PEANUT BUTTER FILLED PRETZELS
680 G
20901875_EA



2⁷⁵

NO NAME NACHO TORTILLA CHIPS
SELECTED VARIETIES, 200 G
21064324_EA/21064325_EA



2⁷⁹

NO NAME PRETZELS
SELECTED VARIETIES, 200 G
20188557_EA/20191515_EA



\$2

NO NAME POTATO CHIPS
SELECTED VARIETIES, 200 G
21302821_EA/21302827_EA



رمضان مبارك

BLESSED RAMADAN

Celebrate meals worth sharing and more ways to save.



APP EXCLUSIVE OFFER[†]

Optimum GET 3,000^{pb}

\$3 back in points

for every \$15* spent on all Suraj products all varieties and sizes

*Open your PC Optimum app or visit pcoptimum.ca to get the offer.

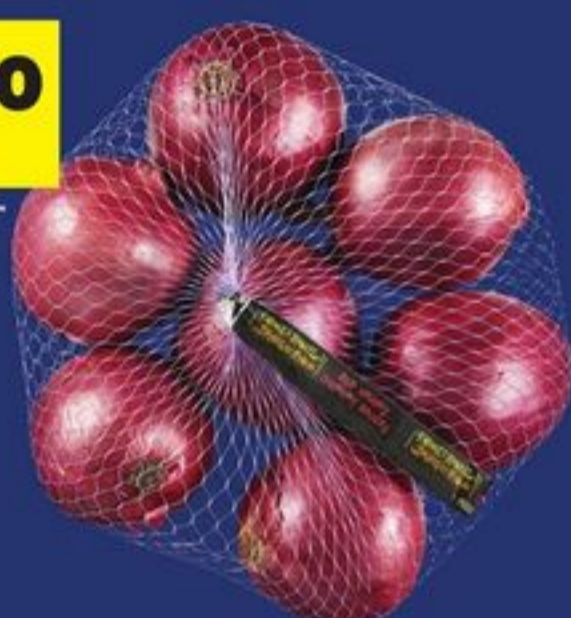
3⁹⁹ LB 8.80/KG

OKRA PRODUCT OF MEXICO OR U.S.A. 20091283001_KG



3⁵⁰

FARMER'S MARKET[™] RED ONIONS PRODUCT OF CANADA, CANADA NO. 1 GRADE, 3 LB 20011782001_EA



\$2

MAPLE LODGE FARMS ORIGINAL CHICKEN WIENERS OR ZABIHA HALAL CHICKEN WIENERS SELECTED VARIETIES, 450 G 200065371_EA



9⁹⁹

BRAR'S RASMALAI FROZEN, 850 G 20286980002_EA



8⁹⁹

SUFRA[™] HALAL LEAN GROUND BEEF 454 G 215972813_EA



\$4

TRADITIONAL BAKLAVA 160 G 215610131_EA



\$3

FANCY POCKET PITA WHITE OR WHOLE WHEAT, SELECTED VARIETIES, 250 G 20307748_EA



2⁵⁰

PUCK THICKENED CREAMY PRODUCT 160 G 214492048_EA



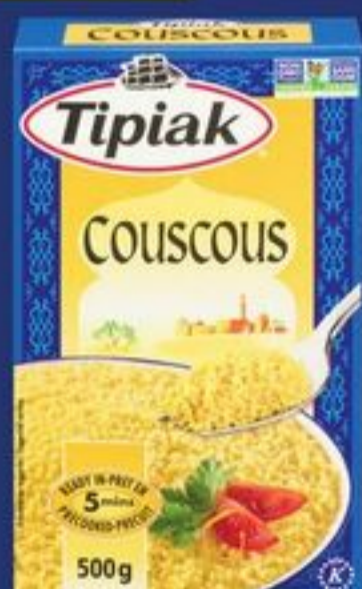
\$15

KRITI GOLD EXTRA VIRGIN OLIVE OIL 750 ML 20072876_EA



4⁷⁵

TIPIAK COUSCOUS 500 G 20026412_EA



\$7

AHMAD TEA SELECTED VARIETIES, 200 G 20784223_EA/20784305_EA



\$5

TAMAM TAHINI SMALL 454 G OR SLICED PICKLE TURNIPS 1 KG 21217262_EA/21237887_EA



\$9

MOTHER'S MAGIC HIMALAYAN PINK SALT 2 KG 21397391_EA



8⁵⁰

AL RIFAI COFFEE OR MIX CLASSIC NUTS SELECTED VARIETIES, 450 G 20830650_EA/20971017_EA



HAPPY HOLI

Enjoy more ways to save for the festival of colours.

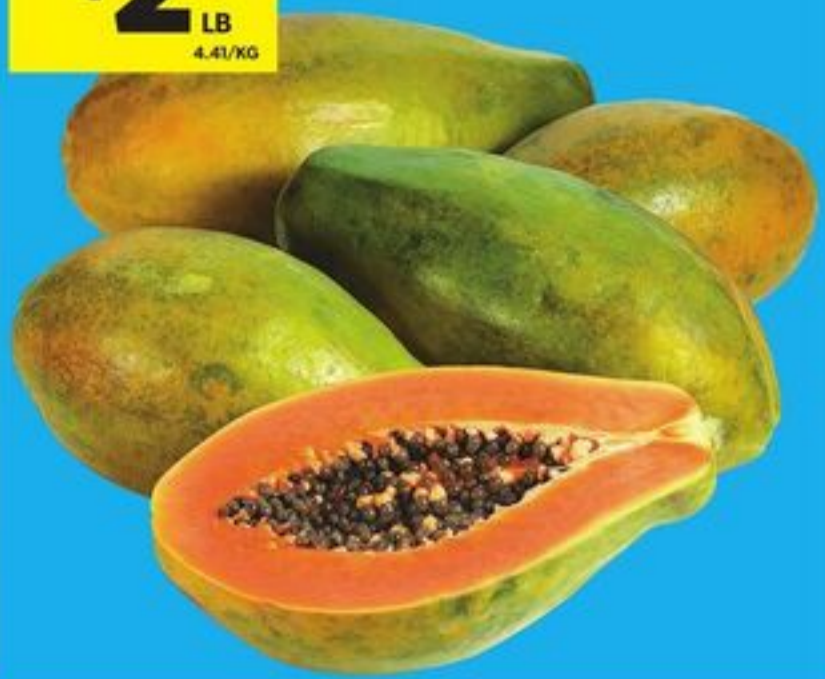
1.25

CILANTRO
PRODUCT OF MEXICO OR U.S.A.,
BUNCH
20091823001_EA



\$2 LB
4.41/KG

PAPAYA
PRODUCT OF MEXICO
20497956001_EA



\$3 LB
6.61/KG

LONG EGGPLANT
PRODUCT OF MEXICO OR U.S.A.,
20099012001_KG



3.50

CRISPY PANI PURI
SELECTED VARIETIES, 200 G
20443482_EA



3.50

CRISPY ROTI
SELECTED VARIETIES, 750 G
20095607_EA



2.25 LB
4.96/KG

GINGER ROOT
PRODUCT OF CHINA
20079039001_KG



5.99

HALDIRAM'S SAMOSAS AND APPETIZERS
SELECTED VARIETIES, FROZEN,
850 G
20770715_EA



2.99

PRAN VEGETABLE SPRING ROLL OR SAMOSA
FROZEN, 400 G
20054775_EA/20054848_EA



\$10

SAMOSA PLATTER WITH TAMIRAND
1.37 KG
20048737_EA



5.99

BRAR'S SAMOSAS
SELECTED VARIETIES, FROZEN,
624 G
20060053_EA



5.99

BRAR'S MALAI PANEER
SELECTED VARIETIES, 375 G
20083964_EA



\$4

GET 500th
KFI COOKING SAUCES
SELECTED VARIETIES,
375-395 ML
2049480001_EA/2049480003_EA



1.75

KURKURE MASALA MUNCH
SELECTED VARIETIES, 115 G
20469742_EA/21061077_EA



\$11

TILDA BASMATI RICE
SELECTED VARIETIES, 1.81 KG
20403926_EA



SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

SHOP NOW

225
LB
4.96/KG

GINGER ROOT
PRODUCT OF CHINA
20179038901_KG



428
LB
9.44/KG

GRADE A, DUCK
FROZEN
20078841_KG



\$6

**GOLDEN HAPPINESS
CHINESE LONG
DONUTS**
6'S
20184381_KA



\$4

ROOSTER™ NOODLES
SELECTED VARIETIES, 400 G
20060329_KA/20060342_KA



\$11

**PMC RAW
SQUID TUBES**
FROZEN, 680 G
20089966_KA



4.99

O'TASTY DUMPLINGS
SELECTED VARIETIES, FROZEN,
567 G
2019843904_KA



3.49

UFC COCONUT WATER
1L
20079906_KA



4.99

**UNI EAGLE
SRIRACHA SAUCE**
815 G
20099504_KA



6.49

ROOSTER SUSHI RICE
2.27 KG
20342684_KA



4.29

**LEE KUM KEE
PANDA OYSTER
SAUCE OR PREMIUM
SOY SAUCES**
SELECTED VARIETIES,
300-510 ML
20056525_KA/20133600_KA



5.29

**LOTTE PEPERO
VALUE PACK**
SELECTED VARIETIES, 4'S, 128 G
20197943_KA/20193960_KA



4.99

**T&T MARINADE
SAUCES**
SELECTED VARIETIES, 765 ML
20044761_KA/20044090_KA



1.49

**T&T ROASTED
ORGANIC CHESTNUT**
100 G
20073483_KA



14.99

DAN-D PAK CASHEWS
SELECTED VARIETIES, 908 G
2019446200_KA/201934862002_KA



4.99

PALDO NOODLES
SELECTED VARIETIES, 4'S,
408-520 G
20099833_KA/20094763_KA



SUPER

DEALS

SAVE
1.99

GENERAL MILLS
CEREAL
FAMILY SIZE, SELECTED
VARIETIES, 475-778 G
21031495_EA/21243237_EA

\$6



\$10

KELLOGG'S JUMBO
CEREAL
SELECTED VARIETIES
750-1050 G
20036772_EA/20072706_EA



4.50

KELLOGG'S PREMIUM CEREAL
SELECTED VARIETIES, 317-525 G
20447161_EA/21633774_EA



SAVE
1.50
WHEN YOU BUY 2

QUAKER DIPPERS
OR CHEWY BARS
SELECTED VARIETIES,
120-156 G
20447182_EA
21030944_EA

2/5.50
OR 3.50 EA



\$3

KELLOGG'S RICE
KRISPIES BARS 160-200 G,
POP-TARTS 384 G,
SPECIAL K 125 G OR
NUTRI-GRAIN BARS
SELECTED VARIETIES
2012056700_EA/20313844001_EA



SAVE
2.25
WHEN YOU BUY 3

NATURE VALLEY
BISCUIT, PROTEIN
BARS OR SWEET &
SALTY FIBRE 1 BARS 125 G
SELECTED VARIETIES
20792751_EA/21215064_EA

3/\$9
OR 3.75 EA



\$4

RUFFLES
POTATO CHIPS
SELECTED VARIETIES, 180-200 G
21241052_EA/21241053_EA



\$4

TOSTITOS
TORTILLA CHIPS
SELECTED VARIETIES, 205-295 G
21050175_EA/21050181_EA



\$4

DORITOS FLAVOURED
TORTILLA CHIPS
SELECTED VARIETIES, 210-280 G
21389106_EA/21093042_EA



\$6

CHRISTIE OREO, CHIPS
AHOY, FUDGE-O,
CAKESTERS OR DAD'S
COOKIES
FAMILY SIZE, 285-520 G
21044087_EA/21020715_EA



7.99

RITZ DRIZZLED MINIS
SELECTED VARIETIES, 226 G
21712532_EA/21712585_EA



\$4

DARE WHIPPET,
WAGON WHEELS,
VIVA PUFFS OR
ULTIMATE COOKIES
SELECTED VARIETIES, 230-360 G
20419880001_EA/20974343_EA



3.50

QUAKER CRISPY MINIS
OR LARGE RICE CAKES
SELECTED VARIETIES, 90-199 G
20330002001_EA/21427917_EA



3.50

RITZ CRACKERS,
SNACKWICHES,
CHEESE BITS OR
WHEAT THINS
MULTIGRAIN OR
TRISCUIT CRACKERS
SELECTED VARIETIES, 175-200 G
21030647_EA/21047034_EA



\$3

DARE BRETON
CRACKERS OR BITES
132/200 G OR GRISSOL
BAGUETTES OR MELBA
TOAST 120-150 G OR VINTA
CRACKERS 200-225 G
SELECTED VARIETIES
21020664_EA/21020701_EA



SUPER

DEALS

2/\$16
OR 9.99 EA

NESCAFÉ OR TASTER'S CHOICE INSTANT COFFEE
SELECTED VARIETIES
100-170 G
2046181001_EA/20949839_EA



\$24

GET **3,000** back in points

MCCAFÉ PODS
SELECTED VARIETIES, 30'S
21963982_EA/21040975_EA



12.99

STARBUCKS VERTUO NESPRESSO COMPATIBLE CAPSULES
SELECTED VARIETIES, 8'S
21396289_EA/21396301_EA



3.50

MOTT'S CLAMATO COCKTAIL
SELECTED VARIETIES, 1.89 L
2031893002_EA
2031893003_EA



7.99

MAISON PERRIER SLEEK CANS
SELECTED VARIETIES
8X330 ML
21276465_C08
21090966_C08



SAVE 2.98

WHEN YOU BUY 2

2/\$13
OR 7.99 EA

AHA SPARKLING WATER
SELECTED VARIETIES
12X355 ML
21244797_C12



SAVE 1.98

WHEN YOU BUY 2

2/\$15
OR 8.49 EA

LIPTON BRISK LEMON ICED TEA
SELECTED VARIETIES
12X355 ML
2031671001_C12



SAVE 1.98

WHEN YOU BUY 2

2/\$15
OR 8.49 EA

COCA-COLA OR CANADA DRY
SELECTED VARIETIES
12X355 ML
20318694002_C12



SAVE 1.98

WHEN YOU BUY 2

2/\$6
OR 3.99 EA

ROCKSTAR ENERGY DRINKS
SELECTED VARIETIES
473 ML
20368419003_EA
20368419011_EA



23.99

POWERADE SPORTS DRINK TEAM PACK
SELECTED VARIETIES
24X591 ML
20454130_C24



SAVE 2.58

WHEN YOU BUY 2

2/\$13
OR 7.79 EA

PEPSI SOFT DRINKS
SELECTED VARIETIES
6X710 ML
20310544002_C06
20310544004_C06



SAVE 1.98

WHEN YOU BUY 2

2/\$6
OR 3.99 EA

CADBURY CHOCOLATE BARS
SELECTED VARIETIES, 80-100 G
21648577_EA/21648701_EA



SAVE 2.98

WHEN YOU BUY 2

2/\$10
OR 6.49 EA

OLD EL PASO DINNER KIT
SELECTED VARIETIES
300-310 G
20795466_EA/20795536_EA



\$3

OCEAN'S WHITE TUNA 170 G, GOLD SEAL PINK SALMON 213 G
SELECTED VARIETIES
21005158_EA/21084847_EA



SUPER

DEALS

850

YOPLAIT SOURCE OR CREAMY YOGURT
SELECTED VARIETIES, 16X100 G
2031098001_EA/2031721702_EA



450

GET **500**

SIGGI'S 4X100 G OR IÖGO NANO 6X53 ML
SELECTED VARIETIES
2060987001_EA/21520007_EA



\$7

GET **500**

SIGGI'S SKYR TUBS
650/750 G OR IÖGO CREAMY 16X100 G
SELECTED VARIETIES
2060977901_EA/21533845_EA



SAVE 2.97
WHEN YOU BUY 3

3/\$12
OR 4.99 EA



\$7

DANONE ACTIVIA
SELECTED VARIETIES
12X100 G
2030342001_EA



425

DANONE ACTIVIA TUBS
SELECTED VARIETIES, 650 G
2032312001_EA/2032513002_EA



SAVE UP TO 1.49

550

TROPICANA BEVERAGES OR ZERO SUGAR DRINKS
1.36 L OR PURE LEAF DRINKS 1.75 L
SELECTED VARIETIES
2075752002_EA/21621992_EA



\$4

MINUTE MAID VALUE DRINKS
SELECTED VARIETIES, 1.75 L
2034344001_EA/21706370_EA



\$6

LYSOL DISINFECTANT SPRAY
350 G, DISINFECTING WIPES
75-84'S OR ALL-PURPOSE
CLEANER 950 ML
SELECTED VARIETIES
21449624_EA/21467289_EA



\$7

**LYSOL TOILET BOWL
CLEANER TWIN PACK 2X710 ML,
DISINFECTANT SPRAY 425-539 G
OR DUAL ACTION WIPES 75'S**
21234361_EA/21667321_EA



\$25

FINISH TUBS
SELECTED VARIETIES
60-108'S
20413317_EA/21659045_EA



\$16

**GAIN LAUNDRY DETERGENT 4.25 L, PODS
OR FLINGS 42'S, DOWNY
FABRIC SOFTENER 1.92-3.29 L,
BOUNCE SHEETS 240'S OR DOWNY
OR GAIN BEADS 453-550 G**
SELECTED VARIETIES
2167018_EA/21449872_EA



\$21

**TIDE LAUNDRY DETERGENT 3.9 L, TIDE
POWER PODS 45'S, TIDE
PODS OR GAIN FLINGS
57-76'S OR BEADS 853 G**
SELECTED VARIETIES
21579830_EA/21593670_EA



**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

\$8

FARMER'S MARKET™
KIWI
PRODUCT OF GREECE
207945009_5A



2 LB

**CLUB
SIZE**

\$7

FARMER'S MARKET™
GRAPE TOMATOES
PRODUCT OF CANADA, MEXICO
OR U.S.A., 907 G
2084003001_5A



5⁵⁰

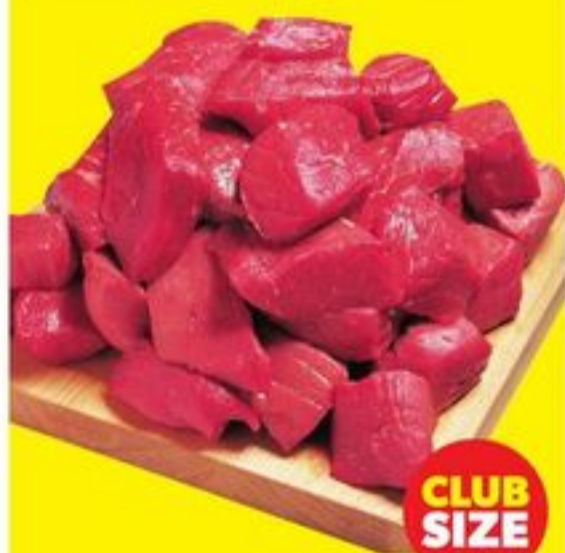
FARMER'S MARKET™
LEMONS
PRODUCT OF U.S.A., 2 LB
2079320001_5A



**CLUB
SIZE**

8⁹⁹
LB
19.82/KG

BONELESS BEEF STEW
20794022_30



**CLUB
SIZE**

5⁹⁹
LB
13.21/KG

PORK SIRLOIN CHOPS
BONELESS
20833033_30



**CLUB
SIZE**

\$6
LB
13.23/KG

CHICKEN WINGS
OR HALAL
CHICKEN WINGS
FRESH
20848138_30



**CLUB
SIZE**

9⁹⁹

LARSEN
WIENERS
SELECTED VARIETIES, 900 G
20490022_5A

**LIMIT 4
OVER LIMIT PAY
15.00 EA**



**CLUB
SIZE**

\$12

NO NAME™
BREADED CHICKEN
SELECTED VARIETIES, FROZEN,
1.81 KG
20797823_5A



**CLUB
SIZE**

\$26

NO NAME™
CHICKEN WINGS
SELECTED VARIETIES, FROZEN,
1.8 KG
20848704_5A



**CLUB
SIZE**

5⁵⁰

SEAQUEST™ CRAB
FLAVOURED POLLOCK
FLAKES OR CHUNKS
READY-TO-EAT, SELECTED VARIETIES, 454 G
20891122_5A/20891001_5A



**CLUB
SIZE**

\$7

BUTTER CROISSANTS
12'S
20820000_5A



**CLUB
SIZE**

\$6

PC™ NAAN DIPPERS
400 G
20999700_5A



**CLUB
SIZE**

**SAVE
1.99**

\$13

PC™ DOUBLE CREAM
BRIE
450 G
20797160_5A



**CLUB
SIZE**

\$15

PC™ FREE FROM™
SLICED DELI MEAT
SELECTED VARIETIES, 375/400 G
20995492_5A/20923214_5A



**CLUB
SIZE**

\$11

PC™ HUMMUS
CLUB SIZE, 908 G
2089900_5A



**CLUB
SIZE**

**CLUB
SIZE**

**BUY BIG.
SPEND SMALL.**

9⁴⁹

**NO NAME[®] CHEESE BARS 700 G
OR PC[®] SHREDDED CHEESE 620 G**
SELECTED VARIETIES
20975773_EA/21060187_EA



\$5

NO NAME[®] PEROGIES
SELECTED VARIETIES, FROZEN, 2 KG
20323762001_EA



\$10

NO NAME[®] ALL-PURPOSE FLOUR
SELECTED VARIETIES, 10 KG
20022248_EA



\$5

**NO NAME[®] CHOCOLATEY OR
OATMEAL COOKIES**
SELECTED VARIETIES, 907 G
20239678001_EA/20239678002_EA



6⁵⁰

**NO NAME[®] DILL
PICKLES WITH GARLIC**
2 L
20173964_EA



11⁵⁰

MINUTE RICE
2.6 KG
20024100_EA



11⁵⁰

iÖGO YOGURT
SELECTED VARIETIES, 2 KG
200260902_EA/200260907_EA



16⁵⁰

**M&M'S EXTRA LARGE
OR MALTESERS 650 G
STAND UP POUCH**
SELECTED VARIETIES
21044500_EA/21044572_EA



\$10

ZIPLOC MEGAPACKS
SELECTED VARIETIES, 60-270'S
21045006_EA/21104014_EA



12⁹⁹

**PINE-SOL MULTI-PURPOSE
LIQUID CLEANER**
SELECTED VARIETIES, 4.25 L
20029499_EA/21002748_EA



\$11

NO NAME[®] PLASTIC WRAP
SELECTED VARIETIES, 305 M
20049006_EA



\$12

NO NAME[®] CLUMPING CAT LITTER
SELECTED VARIETIES, 18 KG
2017769002_EA



\$8

**LISTERINE MULTIBENEFITS
1L OR CLASSIC 1.5L
MOUTHWASH**
SELECTED VARIETIES
2070283_EA/21001980_EA



24⁹⁹

**GET 2,000[®] \$2
back in points**
**PC[®] PAPER
TOWEL**
12 ROLLS
21058605_EA



SUPER YOUR EVERYDAY

\$5

MINUTE RICE
SELECTED VARIETIES, 700 G
20370658_EA



\$4

PC® BASMATI OR JASMINE RICE
SELECTED VARIETIES, 750 G
20411007_EA/20943292_EA



\$5

DIANA'S BBQ SAUCE
500 ML OR THE KEG
SALAD DRESSING 475 ML
SELECTED VARIETIES
21084617_EA/21070709_EA



1.50

NO NAME® BEANS
SELECTED VARIETIES, 540 ML
2032392700L_EA/20554593_EA



\$3

TIM HORTONS READY TO SERVE SOUP
SELECTED VARIETIES, 540 ML
21002781_EA/21002782_EA



\$17

MAXWELL HOUSE GROUND COFFEE
SELECTED VARIETIES, 631-900 G
21060882_EA/20722348_EA



\$6

NESTLÉ CHOCOLATE MULTIPACK
SELECTED VARIETIES, 168-208 G
20761916_EA/20322302_EA



5.50

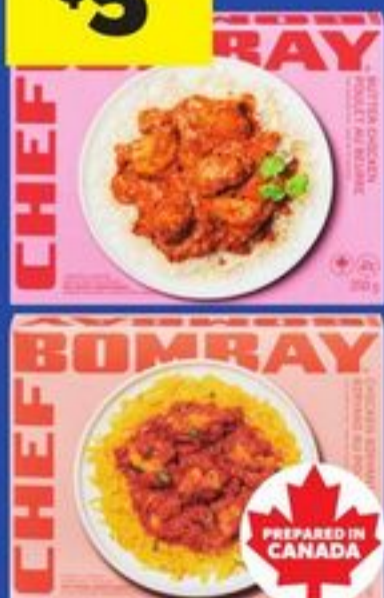
PC® THE DECADENT® CHOCOLATE CHIPS
SELECTED VARIETIES
226/300 G
2001473_EA/20436072_EA



SAVE 1.00

\$5

CHEF BOMBAY ENTRÉES OR SNACKS
SELECTED VARIETIES
FROZEN, 240-354 G
20073182_EA
21027683_EA



3.50

KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES
FROZEN, 8'S
20302779_EA
20323436000_EA



6.50

SCHNEIDERS' BREAKFAST BITES OR SANDWICHES
SELECTED VARIETIES
FROZEN, 204-288 G
21623302_EA



4.50

PRINGLES, PARTY STACKS OR MINGLES PUFFED SNACKS
SELECTED VARIETIES
155-203 G
20748322_EA
21628258_EA



2/\$7

PC® NATURAL SPRING WATER
24X500 ML
20377894_C24



2/\$15

PEPSI SOFT DRINKS
VARIETIES
12X355 ML
20322361001_C12
20322361002_C12



\$15

COTTONELLE BATHROOM TISSUE
12=48 ROLLS OR
FLUSHABLE WIPES 4'S
SELECTED VARIETIES
21665993_EA
21677027_EA



\$21

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24=72 ROLLS
21044545_EA
21642646_EA



FEEL GOOD CHOICES AT FEEL GOOD PRICES

SAVE 1.49

\$8

KASHI CEREAL
SELECTED VARIETIES, 349-530 G
29480794_SA/29480804_SA

EVER 25% MORE FOOD

Kashi GOACTIVE
Original
349g

25% MORE FOOD

Kashi GOACTIVE
Honey Almond Flax Crunch
349g

\$5

PC ORGANICS FROZEN VEGETABLES
SELECTED VARIETIES, 300-500 G
2945889000_SA/29004383_SA

Organics Biologique
WHOLE KERNEL CORN
MAÏS À GRAINS ENTIERS

Organics Biologique
EDAMAME
EDAMAMES

\$5

PC ORGANICS JUMBO RAISIN SNACK PACK
14'S
2970526_SA

Organics Biologique
JUMBO SEEDLESS RAISINS
SHACK PACKS • BOITES COLLATION
RAISINS SECS GÉANTS
SANS PÉPINS

\$3

NATURA NON-DAIRY BEVERAGES
SELECTED VARIETIES, 946 ML
202289001_SA/2021179002_SA

natura
Organic SOY
Original

natura
Organic RICE
Original

5⁵⁰

VIOLIFE NON-DAIRY CHEESE
SELECTED VARIETIES, 200 G
21339379_SA/21339330_SA

Violife
CHEDDAR STYLE
alternatives to cheese / fromage

Violife
SLICES / TRANCHES
alternatives to cheese / fromage

UP TO 15% OFF

GENUINE HEALTH PRODUCTS, GUT SUPERFOOD, PROTEINS AND GREENS OR KIDS OR ADULT MULTIVITAMINS
SELECTED VARIETIES
20068107_SA/20294755_SA
2097706_SA

greens+
energy

greens+
detox

UP TO 15% OFF

BURT'S BEES PRODUCTS
SELECTED VARIETIES AND SIZES
20332727_SA/20354558003_SA

BURT'S BEES
Body Lotion
Lotion Pour le Corps

burt's bees
bubble bath
bain moussant ORIGINAL

4²⁵

LIVIVA ORGANIC DRIED SHIRATAKI
SELECTED VARIETIES, 120 G
2929765_SA/2929794_SA

LIVIVA
DRIED SHIRATAKI
Instant Rice / Riz instantané
SHIRATAKI SÈCHE

LIVIVA
DRIED SHIRATAKI
Spaghetti
SHIRATAKI SÈCHE

\$4

SKINNY POP POPCORN
SELECTED VARIETIES, 125/150 G
2078498002_SA/2028847_SA

SKINNY POP
KETTLE CORN
POPCORN • MAÏS SOUFFLE

SKINNY POP
MILK CHEDDAR
POPCORN • MAÏS SOUFFLE

UP TO 15% OFF

NATURE'S PATH ORGANIC CEREAL
SELECTED VARIETIES, 284-375 G
2044392002_SA/2021600002_SA

LEAPIN' LEMURS
ORGANIC

SUNRISE CRUNCHY VANILLA
ORGANIC

\$5

SILK CREAMER
SELECTED VARIETIES, 890 ML
2048361_SA/20423292_SA

Silk
OAT
FOR COFFEE

Silk
soy
DAIRY FREE
CREAMER

SAVE 1.49

12⁵⁰

BROYA BONE BROTH
SELECTED VARIETIES, 500 ML
2096888_SA/2099451_SA

BROYA
ORGANIC
BONE BROTH

\$6

THE GOOD CRISP POTATO CHIPS
SELECTED VARIETIES, 160 G
2929881_SA

The Good Crisp Company
ORIGINAL CLASSIQUE
CROQUETTES DE POMMES DE TERRE

\$4

PC ORGANICS PLANT BASED PUFFS
SELECTED VARIETIES, 142 G
2908688_SA/2028684_SA

Organics Biologique
PLANT-BASED CHEDDAR
À BASE DE PLANTES

Organics Biologique
PLANT-BASED CHEDDAR JALAPEÑO
À BASE DE PLANTES ET JALAPEÑO

6⁵⁰

CLIF ZBAR ORGANIC ENERGY SNACK BARS
SELECTED VARIETIES, 5'S
2087286601_SA/2087286602_SA

ORGANIC ZBAR
CHOCOLATE BROWNIE
BROWNIE AU CHOCOLAT

CLIF Kid
ZBAR
CHOCOLATE CHIP
BRISSURES DE CHOCOLAT



\$9

ZUKE'S DOG TREATS
SELECTED VARIETIES, 170 G
2364750_EA

SAVE 7.99

\$40

BENEFUL DOG FOOD
SELECTED VARIETIES, 12.7 KG
21236989_C01

\$9

ZOE BETTER THAN RAWHIDE TREATS
SELECTED VARIETIES, 148-234 G
2136709_EA

SAVE 1.00

\$17

CESAR DOG FOOD
SELECTED VARIETIES, 12'S
20628543001_EA

SAVE 1.47
WHEN YOU BUY 3

3/750
OR 2.99 EA

ONE TRUE INSTINCT DOG FOOD
SELECTED VARIETIES, 368 G
21303479_EA/21320480_EA

SAVE 1.47
WHEN YOU BUY 3

3/\$9
OR 3.49 EA

BENEFUL DOG FOOD
SELECTED VARIETIES, 283 G
2030351001_EA/2030351003_EA

\$5

MILKBONE DOG TREATS
SELECTED VARIETIES, 535-900 G
2104403_EA

SAVE 1.99

\$13

PURINA ONE DRY CAT FOOD
SELECTED VARIETIES, 1.45-1.8 KG
20421881002_EA

SAVE 1.99

\$16

WHISKAS CAT FOOD
SELECTED VARIETIES, 12'S
20548822_EA

\$10

PURINA CAT CHOW
SELECTED VARIETIES, 1.42-2 KG
20318056001_EA

SAVE 2.00

\$30

FRISKIES CAT FOOD
SELECTED VARIETIES, 32'S
21184765_C01

SAVE .99

\$7

MEOW MIX CAT FOOD
SELECTED VARIETIES, 1.42 KG
21586251_EA

SAVE .98
WHEN YOU BUY 2

2/\$6
OR 3.49 EA

FANCY FEAST PURÉE
SELECTED VARIETIES, 40 G
2047905_EA

\$27

PC NUTRITION FIRST CAT FOOD
SELECTED VARIETIES, 4 KG
21303031_EA

SAVE 3.99

\$22

TIDY CATS LITTER
SELECTED VARIETIES, 5.44 KG
21304393_C01

ELEVATE YOUR WELL BEING

\$5
LIMIT 4
OVER LIMIT PAY
6.29 EA

ST. IVES BODY LOTION
SELECTED VARIETIES
600 ML
21080088_EA
21080101_EA

UP TO 15% OFF

L'ORÉAL FACECARE PRODUCTS
SELECTED VARIETIES AND SIZES
21070224_EA

L'ORÉAL PARIS

REVITALIFT TRIPLE POWER LZR
SÉRUM D'ACIDE HYALURONIQUE PUR 1.5%
Acide Hyaluronique

\$9
LIMIT 4
OVER LIMIT PAY
11.99 EA

HEAD & SHOULDERS OR OLD SPICE HAIR CARE
SELECTED VARIETIES
592-650 ML
21505214_EA
21640816_EA

\$8
LIMIT 4
OVER LIMIT PAY
9.99 EA

MONDAY OR GÖT2B HAIR CARE
SELECTED VARIETIES
21603271_EA
21630743_EA

\$8
LIMIT 6
OVER LIMIT PAY
8.99 EA

DOVE DRY SPRAYS 107/113 G OR DEODORANT 74 G
SELECTED VARIETIES
20840721_EA/21196229_EA

HALÉON

Get well.

up to 20% off

Advil, Buckley's, Voltaren, Caltrate, Centrum, Emergen-C, Tums or Benefiber selected varieties and sizes

7⁵⁰
LIMIT 6
OVER LIMIT PAY
8.99 EA

SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE 75 ML, POLIDENT TABLETS 84-96'S OR POLIGRIP 62.4-70 G
SELECTED VARIETIES
20437569002_EA/214716584_EA

Stay well.

Centrum, Caltrate, Emergen-C, Tums, Benefiber

Trademarks owned or licensed by Haleon. ©2026 Haleon or licensor.

CUDDLY DEALS, TINY PRICES

APP EXCLUSIVE OFFER*

GET 20,000 pts

\$20 back in points

for every \$100* spent on baby diapers, training pants, wipes, formula, food, accessories, toiletries, gear and baby apparel

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

2/\$6
OR 3.50 EA

PC ORGANICS MINI CEREAL BARS
SELECTED VARIETIES, 160 G
205669318001_EA/20432446001_EA

Organics Biologique

Blueberry Carrot
Bleuet et carotte

Banana Berry
Banane et baies

2/\$14
OR 11.99 EA

PC PEDIATRIC NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES, 6X235 ML
20432096002_EA/21432096001_EA

PEDIATRIC NUTRITIONAL SUPPLEMENT
SUPPLÉMENT NUTRITIONNEL PÉDIATRIQUE

CHOCOLATE FLAVOUR
ARÔME DE CHOCOLAT

VANILLA FLAVOUR
ARÔME DE VANILLE

2/\$10
OR 5.49 EA

BABY GOURMET ORGANIC FRUIT AND VEGGIE MELTS
SELECTED VARIETIES, 23 G
20663107002_EA/2087684_EA

Baby Gourmet

melties

UP TO 20% OFF

AVEENO, DOVE OR JOHNSON & JOHNSON BABY NEEDS
SELECTED VARIETIES AND SIZES
20922621_EA/21033095_EA

44⁹⁹

KENDAMIL WHOLE MILK INFANT FORMULA
600 G
21699547_EA

4⁴⁹
LIMIT 4
OVER LIMIT PAY
5.79 EA

Q-TIPS BABY NEEDS
500'S
20323077001_EA

Simply made

Simply Gourmet

NEW ARRIVAL



2/\$5.50 or 3.29 ea.

Simply Gourmet Crunchers or Puffies snacks selected varieties, 32 g
21597451_EA/21597406_EA/21572096_EA
21671989_EA/21597336_EA/21597310_EA

PediaSure

COMPLETE, BALANCED NUTRITION[®] WITH A TASTE KIDS LOVE

2/4 18 \$10.49 ea

PediaSure Complete, selected varieties, 4x235mL
20322414001_EA
20322414002_EA

Pedialyte

WHEN WATER ISN'T ENOUGH
Get advanced rehydration

\$9⁹⁹ **LIMIT 4** AFTER LIMIT 10 WEEKS

Pedialyte electrolyte oral rehydration solution, Strawberry 1 L or Freezer Pops, 16 x 62.5 mL
20186130_EA
21623984_EA

Similac 360 Total Care

A first of its kind from Similac[®]

\$69⁹⁹ **LIMIT 4** AFTER LIMIT 30 WEEKS

Similac 360 Total Care ready to feed infant formula, selected varieties, 16 x 235 mL
21702863_EA/21702882_EA

\$59⁹⁹ **LIMIT 4** AFTER LIMIT 30 WEEKS

Similac 360 Total Care infant formula selected varieties, 859 g
21697863_EA/21697886_EA

© Abbott - DIR/584A-OC2025

Potty Training Made FUN

BLUEY **Pampers easy ups** **Peppa Pig**



LIMIT 4 AFTER LIMIT 31.99 EA.

GET 2,000⁰⁰ **\$2** back in points

26⁹⁹

Pampers[®] Easy-Ups[™] club pack training pants selected varieties 46-74's
21089365_EA/21089367_EA

© 2026 ABD Ltd/Hasbro/HCPL Ltd.

BIG PACK = BIGGER SAVINGS!

LIMIT 4 AFTER LIMIT 58.99 EA.

GET 2,000⁰⁰ **\$2** back in points

47⁹⁹

Pampers[®] Swaddlers ultra value pack diapers selected varieties, size 2-8, 120-192's
21455875_ea

45% MORE DIAPERS[™] PLUS DE COUCHES[™]

Pampers swaddlers
our best dryness & comfort ever

plus sèches = confort babies qui panouit

*vs. Pampers Huge Pack

NEW & IMPROVED!

HUGGIES

SAVE OVER \$20 PER BOX* | ECONOMISEZ PLUS DE 20 \$ PAR BOÎTE*

HUGGIES snug & dry

up to 100% blowout & leakproof protection
de protection : fuites et débordements

162 **5** diapers couches over 27 LB | plus de 12 KG

Save over \$20 per box

with **NEW Huggies[®] Ultra Value Pack!**

LIMIT 4 AFTER LIMIT 49.99 EA.

44.99

Huggies[®] Snug & Dry Ultra Value Pack sizes 3-6, 132-198's
21693896_EA

© Registered Trademark and *Trademark of Kimberly-Clark Worldwide, Inc. © KCWW © Disney

Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

beef meatballs plain
21587897_EA

beef stir fry strips cut from Canada #1A grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA



BUILDING COMMUNITY
One Rink at a Time

Learn More At KRAFTHOCKEYVILLE.CA
© NHL © NHLPA



Philadelphia Cream Cheese Product Selected Varieties 227 - 250 g
20866816202_EA
2/9.50
OR \$5.49 EA.



#1 MOST TRUSTED
Kraft Peanut Butter 750 g - 1 Kg
2003958100_EA
\$5



Kraft Salad Dressings 425 ml. Heinz Mayonnaise-style Sauces 340 ml. Selected Varieties 21686143_EA/21584931_EA
2.99



#1 MOST TRUSTED
Kraft Dinner Macaroni & Cheese Selected Varieties 200 g
21549526_EA
3/4.98
OR \$1.99 EA.



Classico Pasta Sauce Selected Varieties 410 - 600 mL 21618217_EA/203256109003_EA
2/\$10
OR \$5.99 EA.



CRAVE Frozen Entrées 200 - 340 g or Kraft Dinner Deluxe Frozen Meals 340 g Selected Varieties 21553329_EA/21085515_EA
2/\$11
OR \$6.49 EA.

*Based on the 2026 BrandSpark™ Canadian Trust Study.

NEW Family Favourites
FROM GENERAL MILLS!



3.33
General Mills™ Retail Size Cereals 300-430 g
21715929_EA
21716610_EA

\$9

General Mills™ Jumbo Sizes 825-1300 g
20679390_EA
21347133_EA



\$3

Nature Valley™ Granola Bars 120-230 g, Betty Crocker™ and Motts Fruit Snacks 128-226 g, Pillsbury™ Soft Baked Bars 150 g and Cereal Treat Bars 120 g
21714142_EA
20887250_EA



\$3

Nature Valley™ Sweet & Salty 170-210 g, Fibre 1 Bars, Nature Valley Protein Bars, Nature Valley Biscuits, 125-190 g
20686988002_EA
21714048_EA



2/\$7
OR 4.49 EA

Old El Paso™ Components selected varieties
20306992001_EA
21719377_EA



3.33

Pillsbury™ Pizza Pops™ 4's 380g
21435996_EA
21689482_EA



7.49

Larabar™ Fruit & Nut Energy bars 225-240 g, selected varieties
2190846259_EA



TRUSTED SOFTNESS, BETTER TEAR
*vs. leading 1000-sheet brand

\$18

Charmin Bath Tissue, 12=48 roll, soft
21707532_EA



Cleans Better

\$18

Charmin Bath Tissue, 12=48 roll, strong
21636641_EA

*vs. Leading Canada 2-ply bath tissue



+50% MORE ABSORBENT
*vs. leading ordinary brand.

\$18

Bounty Paper Towel, Select A Size, 6=12 roll
21670280_EA



THICKER AND MORE ABSORBENT
*vs. the leading US 2-ply napkin

\$11

Bounty Napkin 400's
21053171_EA



© 2026 P&G

BRING HOME A WIN WITH THIS OFFER FROM General Mills

BUY 2 OLD EL PASO™ KITS AND GET \$10 TO FILL UP YOUR TACOS
UPLOAD YOUR RECEIPT ONLINE



**Must redeem online. Limited offers available. Offer ends March 31, 2026. See participating packaging for details.

WINTER GAME ESSENTIALS



Buy all three for \$22:

Any 30-piece Wings and Wedges Bucket 1.2-2 KG
21541872_EA

+ any 1 Ruffles potato chips or Doritos Tortilla Chips 180-235 g
21241852_EA

+ 1 L Pepsi, selected varieties
20940201001_EA

START YOUR **ACTIVIA**
GUT HEALTH CHALLENGE

2 ACTIVIA EVERY DAY FOR **14** DAYS



Optimum™

\$3
back in points

APP EXCLUSIVE OFFER

Earn

3,000 pts

for every \$10 spent in Activia products*

get entered to win™
10 MILLION pts

That's like
\$10,000!



\$4

Activia® Expert - 4 x 100 g
21688261_EA/21681903_EA

\$6

Activia® Expert - 750 g
21688207_EA

\$7

Activia® - 12 x 100 g
2030342001_EA

\$4.25

Activia® - 850 g
20325102003_EA

\$7

Activia® - 8 x 93 ml
21520053_EA

*Open your PC Optimum™ app or visit pc optimum.ca to get the offer. Earn 3,000 PC Optimum™ points for every \$10 spent on participating Activia products. Product availability may vary by store. We reserve the right to limit quantities. We are not obligated to award points based on errors or omissions. Points apply to items sold at individual units and are not awarded per unit when the unit is part of a case pack or variety pack. No cash value. Offer valid from January 1st to February 18th, 2026. Activia® used under lic. © 2025 Danone Waters of North America. All rights reserved.

**NO PURCHASE NECESSARY. Open to Canadian resident PC Optimum members who are 14 years or older. Contest ends February 18, 2026 at 12:00 am ET. Members can get an entry for every \$10 spent on any eligible Activia products at participating Atlantic Superstore, Dominion, Fortinos, Loblaws, Max, No Frills, Provigo, Marche, Shoppers Drug Mart, Value Mart, Real Canadian Superstore, Wholesale Club, Your Independent Grocer and other locations and scan their PC Optimum card at the time of purchase. Prize of 10,000,000 PC Optimum points to be won (that's like \$10,000 CDN in value when redeemed each). Limit of one prize per member. Must correctly answer mathematical skill-testing question. Odds of winning a prize depends on total number of eligible entries received. For full rules/terms and how to enter without purchase, visit www.pcocross.ca/pcocross-danone.

PACK YOUR MORNING
WITH PROTEIN



\$8.50

Oikos® - 650 g, 750 g
21305845_EA



3/\$12

Oikos® - 4 x 95 g, 4 x 100 g
20625055_EA
20419715001_EA



\$3.50

Oikos® Pro™ - 300 ml
21651846_EA

*As part of a complete breakfast and balanced diet. Per 175 g serving.

Activia® used under lic. © 2025 Danone Waters of North America. / Oikos® / Oikos® Pro™ used under lic. © 2025 Danone US, LLC. / Stok® © 2025 WhiteWave Services, Inc. All rights reserved. All rights reserved.

10-HOUR BREW
BOLD AND SMOOTH TASTE



\$7.50

Stok® - 1.42 L
21203737_EA/21203739_EA

LIBERTÉ SIMPLE COMFORT.
REAL TASTE.

2/\$10

OR \$5.99 EA.

Liberté Méditerranée® selected varieties 500 g

21473714_EA
20788062002_EA



\$9

Liberté Greek® 1 kg

21305351_EA



\$5

Yoplait® Source Protein® 650 g

21587047_EA

\$12

Yoplait® YOP® 12 x 200 mL

21481820_EA



\$8.50

Yoplait® Source® & Creamy® selected varieties 16 x 100 g

20317317001_EA
20120316004_EA



4/\$6

OR \$1.79 EA.

Yoplait® YOP® selected varieties 200 mL

21477986_EA
21478300_EA



\$5

Yoplait® Source® selected varieties 630 g

21391318006_EA
21391318001_EA

TAXES APPLICABLES
TRADEMARKS OF YOPLAIT MARQUES S.N.C. (FRANCE) USED UNDER LICENSE /
TRADEMARKS OF LIBERTÉ MARQUES S.N.C. USED UNDER LICENSE /
MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS

