

NOFRILLS®

THE BIG SALE!

FLYER PRICES EFFECTIVE THURSDAY, FEBRUARY 19 TO WEDNESDAY, FEBRUARY 25, 2026.

SAVE 36%

3⁵⁰



NO NAME® BACON
375 g
21659056 EA
WHILE QUANTITIES LAST

SAVE 38%

7⁹⁹

LB

SIRLOIN TIP ROAST
cut from Canada AA grade beef or higher
17.61/kg
20052657 KG
WHILE QUANTITIES LAST



SAVE 39%

\$3

LB

PORK COMBO CHOP
fresh, bone-in
6.61/kg
20976983 KG
WHILE QUANTITIES LAST



SAVE 20%

3⁹⁸

PINEAPPLE
product of Costa Rica or Mexico
each
20160992001 EA



SAVE 66%

.99

LB

ORANGES
product of U.S.A.
2.18/KG
20426078001_KG



ONLY

\$4



GROUND CHICKEN
454 g
21551582 EA
WHILE QUANTITIES LAST

ONLY

3³³



BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT
selected varieties
410 g
21252564 EA

App exclusive offer

Optimum™

Member Price
\$5

Non-Members
\$7



PC® DINNER ENTREES
selected varieties, frozen
907-1.13 kg
21359136 EA

PRICE DROP

\$2



HOLIDAY LUNCHEON MEAT 340 g or
MAPLE LEAF FLAKES 156 g
selected varieties
20298273001 EA/20618778 EA

SAVE 43%

1⁸⁸



CAMPBELL'S READY TO SERVE 515 mL
or **HABITANT SOUP** 796 mL
selected varieties
20299690002 EA/21480539 EA

ONLY

2⁴⁸



CHRISTIE CRACKERS
selected varieties
175-200 g
21030647 EA/21547034 EA

PRICE DROP

\$3



CLASSICO PASTA SAUCE
selected varieties
410/600 mL
20235609001 EA/21427042 EA

ONLY

\$4



TROPICANA ORANGE JUICE, DRINKS or PURE LEAF ICED TEA
selected varieties, refrigerated
1.36-1.75 L
20755732002 EA/214822130 EA

SAVE UP TO 27%

12⁹⁹



817 ELEPHANT BRAND BASMATI RICE
selected varieties
4 kg
20787524 EA/21547197 EA

SAVE UP TO 48%

9²⁷



SUNLIGHT 4 L or PUREX 4.08-4.43 L LAUNDRY DETERGENT or FLEECY FABRIC SOFTENER 3.5 L
selected varieties
20083523001 EA/21427042 EA

SAVE 55%

\$4



ROYALE FACIAL TISSUE
selected varieties
6x72/100 sheets
20702419 EA



WOW!

1⁹⁸



PALMOLIVE LIQUID DISH DETERGENT
selected varieties
591/828 mL
20861400 EA/20861042 EA

FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY.

[nofrills.ca](https://www.nofrills.ca)

01 NFW

FEBRUARY

**HIT
OF THE
MONTH**



Made in Canada

Cavendish Fries

Frozen, selected varieties, 800 g
21559837_EA



Royale Tiger Towel

3=6 rolls
21559837_EA



Prepared in Canada

Vachon Snack Cakes

Selected varieties, 282 g - 336 g
20963606_EA/20005728_EA

See in-store for retails

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. Offer valid February 1st - 28th, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. See in store for limits. No rainchecks.

FRESH AT LOW PRICES

4⁹⁹

1 LB CLAMSHELL

3⁹⁹

CANTALOUPE

product of Guatemala, Honduras, or Brazil, no. 1 grade,

BLUEBERRIES

product of Mexico, Chile, Peru, Morocco, or U.S.A., no. 1 grade or

STRAWBERRIES

product of Mexico, or U.S.A., no. 1 grade

20080137001 EA/20049778001 EA/

20167017001 EA

PINT

6 OZ CLAMSHELL

BLACKBERRIES

product of Mexico or

RASPBERRIES

product of Mexico or U.S.A., no. 1 grade

20031015001 EA/20128938001 EA

454 G

3⁹⁹

LB

3⁹⁹

GREEN or RED SEEDLESS GRAPES

product of Peru, South Africa or Chile, no. 1 grade

8.80/kg

20425775001 KG/20159199001 KG

PKG OF 4

GREEN or RED PEPPERS

product of Mexico, or U.S.A. or

PC® WHOLE WHITE or CREMINI MUSHROOMS

product of Canada

20115233001 EA/20013208001 EA



If your produce isn't fresh, we'll replace AND refund it.*

4⁹⁹

EA/LB

PKG OF 3

ASPARAGUS

11.00/kg

product of Mexico or Peru, no. 1 grade or

ROMAINE HEARTS

product of U.S.A.

20174581001 KG

5⁹⁹

3 LB BAG

FARMER'S MARKET™ LEMONS

product of U.S.A. or

MINI SEEDLESS WATERMELON

product of Guatemala, Honduras, Costa Rica, Mexico or Brazil

20798811001 EA/20145379001 EA

3⁹⁹

PKG OF 5 OR 6

AVOCADOS

product of Mexico, Peru or Colombia

21644936001 EA

2⁹⁹

LB

BROCCOLI CROWNS

product of Western Provinces,

6.59/kg

20026161001 KG

5⁹⁹

907 G

10 LB BAG

FARMER'S MARKET™ YELLOW ONIONS

product of Canada, Canada no. 1 grade or

GRAPE TOMATOES

product of Canada, Mexico or U.S.A.

20600991001 EA/20840038001 EA

2⁴⁹

LB

ANJOU PEARS

product of Canada, Canada fancy grade,

BARTLETT or BOSCO PEARS

product of U.S.A., extra fancy grade

5.49/kg

20174514001 KG/20172240001 KG

.99

LB



GREEN CABBAGE

product of Western Provinces,

Canada no. 1 grade

2.18/kg

20793024001 KG

3⁹⁹

680 G

PC® LITTLE GEMS™ RED, YELLOW or MIXED MINI POTATOES

each, product of Canada, Canada no. 1 grade

21347299001 EA

1⁷⁹

RED MANGOES

product of Peru

20039635001 EA

5⁵⁰

BASSÉ SNACK MIX

selected varieties

415-600 g

21158603 EA/21158612 EA

6⁹⁹

5 LB BAG

FARMER'S MARKET™ AMBROSIA or ROYAL GALA APPLES

product of Western Provinces, Canada fancy grade

20630644001 EA/21159877001 EA

6⁹⁹

3 LB BAG

PC® MANDARINS

product of U.S.A.

20844961001 EA

4⁹⁹

285-369 G

PC® CHOP SALAD KITS

selected varieties, product of U.S.A.

21379024 EA/21379071 EA

4⁹⁹

PKG OF 3

FARMER'S MARKET™ ENGLISH CUCUMBERS

product of Canada, Canada no. 1 grade

20828461001 EA



*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

FRESH AT LOW PRICES

2⁴⁹
LB

WHOLE PORK PICNIC
fresh
5.49/kg
21161819_KG

WHILE QUANTITIES LAST



6⁵⁰
LB

LEAN GROUND BEEF AND PORK
14.33/kg
20865962_KG

PRICE DROP

8⁹⁹

JANES BONELESS CHICKEN BITES, CHICKEN BREAST FILLETS or RESTAURANT STYLE TENDERS
selected varieties, frozen
710/720 g
21440340_EA/21703608_EA



6⁴⁹

PC® SAUSAGES, ULTIMATE DINNER or BREAKFAST CHICKEN SAUSAGES
selected varieties, 375/500 g
21378310_EA/21584342_EA



7⁷⁹

MARCANGELO CHICKEN BREAST PORTIONS
selected varieties
300 g
21706318_EA

\$13

Earn
1,000
pts

That's
\$1
value



MAPLE LEAF PRIME CHICKEN LEGS
back attached
up to 1.24 kg
21683882_EA

\$7



SEAQUEST® FILLETS
selected varieties, frozen
400 g
21314740_EA

\$7



SEAQUEST® raw or cooked WHITE SHRIMP
36/55 per lb, 300 g, **BAY SCALLOPS** 400 g
or **SHRIMP RING** 227 g
frozen
21636352_EA

\$3



ZIGGY'S® FRESH PASTA
selected varieties
350/360 g
21502270_EA

\$4⁵⁰

Earn
1,000
pts

That's
\$1
value



SNACK FACTORY PRETZEL CRISPS
selected varieties
200 g
20948939_EA/20948940_EA

4⁵⁰



PILLAR'S SLICED DELI MEAT
selected varieties
150/200 g
21264382_EA/21264399_EA

4⁴⁹



SCHNEIDERS REDHOTS or MAPLE LEAF WIENERS
selected varieties
375 g
21095477_EA

\$2



NO NAME® BREAD
white or whole wheat
520 g
21509610_EA

\$3



D'ITALIANO BREAD or BUNS 620/675 g
6/8's
selected varieties
20038333_EA/20426149_EA

\$5



FARMER'S MARKET™ MUFFINS
selected varieties
6's
21283359_EA

\$6



CASTELLO CHEESE 125-200 g or
TRESTELLE HALLOUMI or
APETINA FETA 200 g
selected varieties
20428574_EA/20574963_EA

\$4



OLIVIERI SKILLET GNOCCHI 280/300 g or
LADLES OF LOVE SOUP 454 mL
selected varieties
21022065_EA/21489232_EA

App
exclusive offer

\$5

Earn
1,000
pts

That's
\$1
value



ZIGGY'S® PEPPERONI STICKS 300 g or
PC® CHEESE SLICES 140-170 g
selected varieties
21665209_EA/2025047_EA

\$5⁵⁰

Earn
1,000
pts

That's
\$1
value



DAIYA VEGAN CHEESE 200/220 g or
RESER'S MAIN ST BISTRO MAC AND CHEESE or MASHED POTATOES 567-680 g
21207740_EA/20027947_EA

\$6



PACE PIZZA 510-542 g or
LA CASA ROSA FRESH ENTRÉES 350 g
selected varieties
21515170_EA/21673493_EA

THE BIG SALE!

PRICE DROP

8⁹⁹

GALLO EXTRA VIRGIN OLIVE OIL
selected varieties
1 L
20105368_EA



ONLY

6⁷⁹

YOPLAIT or iöGO YOGURT
selected varieties
16 x 100 g
20317317001_EA
20609583001_EA

PRICE DROP

1⁶⁹

ITALPASTA
selected varieties
750 g
20296241001_EA
20296241003_EA



ONLY

\$4

DAIRYLAND COTTAGE CHEESE
selected varieties
500 g
20749835_EA



ONLY

6⁵⁰

DEL MONTE JUICE BLENDS
selected varieties, refrigerated
2.5 L
21595736_EA



4⁵⁰

NO NAME® PEANUT BUTTER
selected varieties
1 kg
2024985001_EA/2024985002_EA



1⁷⁹

ANNIE'S MACARONI & CHEESE
selected varieties
170 g
20316187001_EA



1²⁴

MICHELINA'S DINNER ENTRÉES
156-284 g or **SWANSON POT PIE** 200 g
selected varieties, frozen
20320525001_EA/21308389_EA



\$7

DR. OETKER SUPREMA GIUSEPPE STUFFED CRUST PIZZA 487-520 g or 685-771 g
selected varieties, frozen
21649640_EA



8⁷⁹

NO NAME® CHEESE
selected varieties
700 g
20975773_EA



5⁹⁹

CHAPMAN'S PREMIUM ICE CREAM 2 L or **MCCAIN CAKE** 510 g
selected varieties
20323579001_EA/20310132001_EA



\$2

CHEEZ-IT CRACKERS
selected varieties
191/200 g
21214540_EA



\$3

LAY'S POTATO CHIPS
selected varieties
177-225 g
21241032_EA/21663082_EA



6⁹⁹

STARBUCKS COFFEE ENHANCER
selected varieties
828 mL
21436900_EA



\$2

OASIS JUICE, DEL MONTE NECTAR, or ARIZONA ICED TEA, FRUIT BEVERAGES 2 L
selected varieties
20340039003_EA/20894117004_EA



13⁷⁵

COCA-COLA or PEPSI SOFT DRINKS
selected varieties
24x355 mL
20306687003_C24/20308197001_C24



.25

NO NAME® INSTANT NOODLE SOUP
selected varieties
85 g
20301274003_EA



\$2

KNORR SIDEKICKS
selected varieties
120-162 g
20221430011_EA



2⁷⁵

PC® CROUTONS
selected varieties
140 g
20749348002_EA



\$7

NESCAFÉ or TASTER'S CHOICE INSTANT COFFEE
selected varieties
100-170 g
20661811001_EA/20872034_EA



\$4

KELLOGG'S ALL BRAN, RAISIN BRAN, SPECIAL K, or MINI-WHEATS CEREAL 405/525 g, 306/400 g, 317-383 g or 377-460 g
selected varieties
21607207_EA/21652774_EA



Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details. **Must be a registered PC Optimum™ member to get this offer.

NOFRILLS

CUSTOMER RELATIONS 1-866-98-SMILE (76453)

nofrills.ca



this product contains post consumer recycled paper



App exclusive offers

**More offers
More points**

Members
get over
\$25
in value

CLICK FOR
THESE COUPONS
AND MORE



 **Optimum™**



Earn
500
pts
Until March - 4 - 2026

PC® INSTANT COFFEE
80 - 100 g

 **Optimum™**



Save
\$2
with digital
coupon

**NESCAFÉ
RICH INSTANT COFFEE**
excludes 95 g

 **Optimum™**



Earn
1,000
pts
Until March - 4 - 2026

PC® CHOCOLATE BARS
300 g

 **Optimum™**



Earn
2,000
pts
Until March - 4 - 2026

PC® BASQUE CHEESECAKE
600 g

 **Optimum™**



Earn
500
pts
Until March - 4 - 2026

PC® COLESLAW
397 g

 **Optimum™**



Earn
1,000
pts
Until March - 4 - 2026

**PC® GNOCCHI
or RISOTTO**
350/400 g

 **Optimum™**



Earn
750
pts
Until March - 4 - 2026

**PC® BLUE MENU®
CALAMANSI
CITRUS AND
STRAWBERRY
SPARKLING
WATER** 12 x 355 mL

 **Optimum™**



Earn
750
pts
Until March - 4 - 2026

**PC® LOW SODIUM CLUB
SODA**
12 x 355 mL

 **Optimum™**



Earn
1,500
pts
Until March - 4 - 2026

**PC® RED BREW
DE-ALCOHOLIZED
LAGER BEER**
12 x 355 mL

 **Optimum™**



Earn
1,000
pts
Until March - 4 - 2026

PC® BABY WIPES
300's

 **Optimum™**



Earn
500
pts
Until March - 4 - 2026

**NO NAME®
CHICKEN STRIPS**
908 g

 **Optimum™**



Earn
500
pts
Until March - 4 - 2026

**NO NAME®
CHICKEN NUGGETS**
908 g

 **Optimum™**



Earn
2,000
pts
Until March - 4 - 2026

PC® MEAT LASAGNA
2.27 kg

More offers. More points.

CLICK FOR
THESE COUPONS
AND MORE



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHOCOLATE CHIP COOKIES
907 g



Earn
500
pts

Until March - 4 - 2026

NO NAME® BUTTER
454 g



Earn
500
pts

Until March - 4 - 2026

NO NAME® 100% WHOLE GRAIN QUICK OATS
1 kg



Earn
500
pts

Until March - 4 - 2026

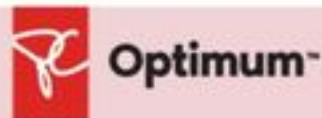
NO NAME® SPICES
150 g



Earn
1,000
pts

Until March - 4 - 2026

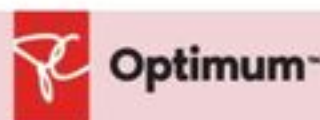
NO NAME® CHICKEN HOT DOGS
1.5 kg



Earn
500
pts

Until March - 4 - 2026

NO NAME® CHICKEN BURGER
908 g



Earn
500
pts

Until March - 4 - 2026

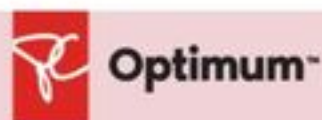
NO NAME® CALIFORNIA MIXED VEGETABLES
750 g



Earn
2,000
pts

Until March - 4 - 2026

NO NAME® CHICKEN WINGS, MEDIUM BBQ
908 g



Earn
500
pts

Until March - 4 - 2026

NO NAME® LEMONADE
1.75 L



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® FACIAL TISSUE
2 ply, 6 x 200 sheets



Earn
1,000
pts

Until March - 4 - 2026

NO NAME® KITCHEN GARBAGE BAGS
21 L



Earn
1,500
pts

Until March - 4 - 2026

NO NAME® EXTRA SCENTED SCOOPABLE CLUMPING CAT LITTER
7 kg

BRANDS YOU LOVE AT LOW PRICES

3⁵⁰

LIBERTÉ MEDITERRANÉE 500 g,
YOPLAIT PROTEIN 2's,
650 g/4's **YOGURT**
selected varieties
20788062001 EA/21587047 EA



3⁹⁹

BECÉL 427/454 g or
BECÉL PLANT BASED BRICKS
454 g
selected varieties
20322707001 EA



3⁵⁰

PC® ICE CREAM SHOP TUBS 946 mL or **NOVELTIES** 6's
selected varieties, frozen
21013145 EA



\$1⁵

POGO
selected varieties, frozen
20's
20065224002 EA

6²⁵

PC® FREE RUN LARGE EGGS
12's
20813628001 EA



2⁵⁰

**FRUITOPIA, PEACE TEA or
FRUITE DRINKS**
selected varieties, refrigerated
1.54/1.75 L
20347480001 EA/21593744 EA



\$3

PRINGLES POTATO CRISPS
selected varieties
148/156 g
21003823 EA/21003833 EA



2⁹⁷

QUAKER CRISPY MINIS
selected varieties
100-199 g
20163708002 EA/20303002001 EA



6⁵⁰

PC® CARBONATED SOFT DRINKS
selected varieties
12x355 mL
20099671001 C12



1⁵⁰

COCA-COLA SOFT DRINKS
1 L or **PC® SPRING WATER** 4 L
selected varieties
20299050 EA/21183641 EA



1⁶⁹

CAMPBELL'S BROTH
selected varieties
250/900 mL
20322348002 EA/21347243 EA



5⁹⁹

EGGO WAFFLES 16's or **PROTEIN** 8's
selected varieties, frozen
20099730004 EA/21639330 EA



2⁷⁹

CHRISTIE PEEK FREANS COOKIES
selected varieties
290-330 g
20479968 EA/20480381 EA



1²⁵

CLOVER LEAF LIGHT TUNA
selected varieties
170 g
20018117001 EA/20573583 EA



1⁹⁹

NO NAME® APPLESAUCE 620 mL or
FRUIT 398 mL
selected varieties
21379757 EA/21409086 EA



\$1

UNICO TOMATO PASTE
selected varieties
156 mL
20005337 EA



1⁵⁰

NO NAME® MUSTARD
550 mL
21457738 EA



2⁹⁹

UNICO PICKLED VEGETABLES or OLIVES
selected varieties
125-750 mL
20324873001 EA/21103533 EA



2⁵⁰

UNICO PASSATA
680 mL
20416260 EA



\$4⁴⁹

Earn
500
pts

PATAK'S COOKING SAUCE PASTE
selected varieties
each
20217180002 EA



BRANDS YOU LOVE AT LOW PRICES

2⁵⁰

NO NAME® SOUR CREAM
selected varieties
500 mL
20299657 EA



3⁹⁹

I CAN'T BELIEVE IT'S NOT BUTTER MARGARINE
850 g
21660474 EA



5⁵⁰

SCHNEIDERS BREAKFAST SANDWICH
or **EGG BITES**
selected varieties, frozen
204 - 288 g
21623187 EA/21623288 EA



\$11

NO NAME® MEAT LASAGNA
frozen
2.27 kg
20099795 EA

7⁵⁰

PC® WOOD-FIRED PIZZA
selected varieties, frozen
351-413 g
21540352 EA



\$6

iögo FROZEN YOGURT 946 mL,
POPS 8's or **BARs** 4's
selected varieties frozen
21654421 EA



\$1

YOPLAIT YOP DRINKABLE YOGURT
selected varieties
200 mL
21426178 EA/21478300 EA



2⁹⁹

DARE BEAR PAWS ULTIMATE COOKIES 168-210 g,
VIVA PUFFS 300 g or **WAGON WHEELS** 315/360 g
selected varieties
20974346 EA/21080791 EA



\$4

MISS VICKIE'S POTATO CHIPS
selected varieties
190/200 g
21240703 EA



2⁵⁰

PC® APPLE SAUCE 6x100 mL or
SQUEEZE FRUIT SNACKS 4x90 g
selected varieties
20309701001 EA



6⁹⁹

TETLEY TEA
selected varieties
80/144's
20711164 EA/21613866 EA



\$3

TETLEY TEA or HERBAL TEA
selected varieties
20/24's
20711158 EA/21663643 EA



11⁵⁰

PC® 100% PURE MAPLE SYRUP
500 mL
20049221 EA



\$5

NO NAME® HAZELNUT SPREAD 725 g
or **JAM** 500 mL
selected varieties
20032532001 EA/20483943 EA



\$8⁹⁹

Earn
1,000
pts

KELLOGG'S JUMBO SIZE CEREAL
selected varieties
700 g-1.05 kg
20072706 EA/20591235 EA



\$5⁵⁰

Earn
500
pts

ROBIN HOOD FLOUR
selected varieties
2/2.5 kg
20039497001 EA/20039497005 EA



\$6

Earn
1,000
pts

NESQUIK SYRUP POWDER 540 g
selected varieties
20320167002 EA



2²⁹

WERTHER'S CANDY BAG 116-135 g or
MAYNARDS CANDY BAG 150/154 g
selected varieties
20897717 EA/21543554 EA



BRANDS YOU LOVE AT LOW PRICES

\$4

**IRISH SPRING
BODY WASH** 591 mL, or
BAR SOAP 6x104 g, or
**SOFTSOAP
BODY WASH** 591 mL
selected varieties
21219375_EA/21426477_EA



5⁵⁰

**LISTERINE CLASSIC
MOUTHWASH**
selected varieties
1 L
20348439001_EA/21091218_EA



\$10

**AIR WICK
ESSENTIAL MIST
STARTER KIT** 20 mL,
SCENTED OIL REFILL 2x20 mL,
VIBRANT STARTER KIT 23.9 mL
or **REFILL** 2x23.9 mL
selected varieties
20342475001_EA/21495649_EA



\$6

**EVERYDAY
ESSENTIALS™
PERFORM BATH
TOWELS**
21424220_EA



\$15

**GAIN LIQUID
LAUNDRY DETERGENT** 4.25 L or
FLINGS 42's
selected varieties
20959627_EA/21671135_EA



\$6

**NO NAME®
NAPKINS**
Club Size
500's
20306897_EA



11⁵⁰

**GLAD
GARBAGE BAGS**
selected varieties
20-40's
21165477_EA



PODIUM-WORTHY PRICES



RECIPE CPG

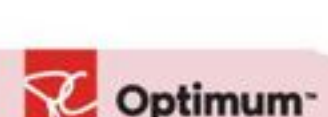
10⁹⁹



17⁹⁹

MONTANA'S or KELSEYS RIBS
selected varieties, frozen
600/650 g
21668141 EA/21667952 EA

MONTANA'S SMOKY BBQ BEEF BURGERS
frozen
906 g
21665099 EA



Earn
4,000
pts
For every \$10*
spent
That's
\$4
value



KELLOGG'S FAMILY SIZE CEREAL
selected varieties
480-650 g
20054727 EA/ 21651640 EA



\$12
Earn
1,000
pts
That's
\$1
value



CORONA CERO 0% NON-ALCOHOLIC BEER
6x330 mL
21650191 C06



Member Price
\$3⁴⁹
Non-Members
\$3⁹⁹
Members Save
.50

EXCEL GUM BOTTLE
selected varieties
40/60's
20310919004 EA/20310919002 EA



Member Price
\$3⁴⁹
Non-Members
\$3⁹⁹
Members Save
.50

SKITTLES or STARBURST CANDY BAG
selected varieties
255-320 g
20018330 EA



Member Price
\$3⁹⁹
Non-Members
\$4⁴⁹
Members Save
.50

MARS CHOCOLATE MULTIPACK
selected varieties
4's
20312925 EA/20638842 EA



5⁴⁸



LYSOL WIPES 75/84's, DISINFECTANT SPRAY or MULTI-PURPOSE TRIGGER 950 mL
selected varieties
20314511001 EA/21449826 EA

\$4



LYSOL MULTI SURFACE CLEANER 1.2 L, BATHROOM SPRAY 950 mL or BATHROOM AEROSOL 538 g
selected varieties
21231235 EA/20309873002 EA



14

FINISH AUTO DISHWASHER TABS 30-55's or QUANTUM JET DRY RINSE AID 946 mL
selected varieties
21218146 EA/21565523 EA



5⁵⁰



NESTLE DRUMSTICK or NOVELTIES
selected varieties, frozen
4-10's
20322380003 EA



3⁵⁰



MCCAIN SUPER FRIES or SPECIALTY FRIES
selected varieties, frozen
454-750 g
20324328002 EA

3²⁹

FIBRE 1 BARS 125 g or
NATURE VALLEY GRANOLA BARS, PROTEIN BARS or
BISCUITS 148-210 g
 selected varieties
 2058704001, EA/2068698001, EA

5⁵⁰

GENERAL MILLS FAMILY SIZE CEREAL
 selected varieties, 475-778 g
 21103492, EA/21103495, EA

\$6

PILLSBURY PIZZA POPS 760 g or
BITES 693 g
 selected varieties, frozen
 21432921, EA

1²⁵

OLD EL PASO SEASONING
 selected varieties
 24 g
 21049495, EA

6⁹⁹

LARABAR
 selected varieties
 5's
 20146380002, EA/20146380003, EA

7⁵⁰

FUZE ICED TEA
 selected varieties
 12x341 mL
 21645563, C12

1²⁵

POWERADE SPORTS DRINK
 selected varieties
 710 mL
 20853721, EA/21240145, EA

\$4

COCA-COLA MINI CAN SOFT DRINKS
 selected varieties
 6x222 mL
 20354288002, C06

3⁷⁵

ACTIVIA YOGURT
 selected varieties
 650 g
 20325122001, EA/20408416002, EA

3⁶⁷

OIKOS GREEK or ACTIVIA EXPERT YOGURT
 selected varieties
 4x100 g
 20419713004, EA/21687900, EA

3⁵⁰

DANONE DANINO YOGURT
 selected varieties
 6x93 mL
 21520253, EA

\$3

OIKOS PRO YOGURT
 selected varieties
 300 mL
 21652094, EA

\$16

CENTRUM MULTIVITAMIN 90's, VOLTAREN BACK & MUSCLE PAIN 120 g or JOINT PAIN 100 g
 selected varieties and sizes
 21111044, EA/21235384, EA

\$10

ADVIL PAIN RELIEF CAPSULES 20-32's, TABLETS 30-50's or CHILDREN'S ADVIL FEVER AND PAIN RELIEF 100 mL, 20 tablets or PEDIATRIC DROPS FOR INFANTS 24 mL
 selected varieties and sizes
 20316898001, EA/21372442, EA

5⁵⁰

TUMS ANTACID FOR HEARTBURN RELIEF PRODUCT, CHEWABLE TABLETS
 selected varieties and sizes
 21223300, EA/212346031, EA

\$13

NEOCITRAN COUGH COLD RELIEF PRODUCT
 selected varieties
 10's single dose pouches
 20324434001, EA

9⁵⁰

PEDIAISURE COMPLETE
 selected varieties
 4x235 mL
 21371922, EA

76⁹⁹

SIMILAC 360 TOTAL CARE READY TO FEED INFANT FORMULA
 step 1 or 2, 16x235 mL
 21702842, C14

25⁹⁹

SIMILAC GO AND GROW POWDERS
 selected varieties
 850 g
 21702814, EA

34⁹⁹

SIMILAC CALCIUM, IRON or REGULAR INFANT FORMULA
 850 g
 207555710001, EA

1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP

3⁵⁰

CREST PRO-HEALTH or COMPLETE TOOTHPASTE
selected varieties
100-130 mL
21041420, EA/21354024, EA



\$6

COLGATE TOOTHPASTE
70-133 mL, 2x120/150 mL, or
MANUAL TOOTHBRUSH 2's
selected varieties
20110327002, EA/21166650, EA



\$11

AVEENO LOTION
selected varieties
532 mL
20102023001, EA/20102023003, EA



\$5

DOVE BAR SOAP 3x106 g,
BODY WASH 325 mL,
DEODORANT 45-76 g or
HAIR CARE 142-198 g/195-355 mL
selected varieties
21220717, EA/21644833, EA



7⁵⁰

IVORY BODY WASH
selected varieties
1035 mL
21432577, EA/21432666, EA



\$3

SPEED STICK or LADY SPEED STICK DEODORANT
selected varieties
45-85 g
20348223001, EA/20847071, EA



3²⁵

HERBAL ESSENCES HAIR CARE
selected varieties
346 mL
21247098, EA/21247099, EA



9⁵⁰

TYLENOL CHILDREN'S or INFANTS' PAIN RELIEF PRODUCTS
selected sizes and varieties
6-20's/24-100 mL
20329139001, EA



\$12



ENSURE or GLUCERNA READY-TO-DRINK SHAKES
selected varieties and sizes
20180283003, EA/20304767001, Coe

\$18



POISE PADS or DEPENDS UNDERWEAR
selected varieties and sizes
12 -66's
21099790, EA/21302103, EA

ALWAYS

\$5



LIFE BRAND® LIQUID HAND SOAP REFILL
selected varieties
2 L
21337613003, EA
21337613004, EA

BABY ESSENTIALS AT LOW PRICES

11⁵⁰

AVEENO 532 mL,
CETAPHIL 400 mL
or **LIVE CLEAN** 750 mL
BABY NEEDS
selected varieties
20607347 EA/20956985 EA/21014772 EA



27⁹⁹

**HUGGIES SUPER BIG
PACK DIAPERS** N-7, 36-128's
selected varieties
21172500 EA/21371074 EA

4⁵⁰

GERBER INFANT CEREAL
selected varieties
227 g
20358339006 EA/20574110001 EA



44⁹⁹

**KENDAMIL
INFANT FORMULA**
800 g
21699547 EA

26⁹⁷

PAMPERS EASY UPS or
NINJAMA'S TRAINING PANTS
selected varieties
34-74's
21089401 EA/21089456 EA



7⁹⁹

**HUGGIES
2X/3X BABY WIPES**
112-192's
selected varieties
20558604 EA/21086935 EA



34⁹⁷

**ENFAGROW A+ INFANT
NUTRITIONAL SUPPLEMENT**
selected varieties
907 g
21694898 EA



9⁵⁰

PEDIASURE COMPLETE
selected varieties
4x235 mL
21371922 EA



1⁹⁹

BABY GOURMET ORGANIC FRUIT or
VEGETABLE FOOD POUCH or **JARS**
selected varieties
113-128 mL
20616541001 EA/21123983 EA



4⁵⁰

**AMARA ORGANIC INFANT
SMOOTHIE MELTS**
selected varieties
23 g
21426267 EA/21703352 EA



2⁹⁹

**BABY MUM MUM
ORGANIC SNACKS**
selected varieties
50 g
21291768 EA



4²⁷

Q-TIPS
500's
20323077001 EA



BABY ESSENTIAL AT LOW PRICES

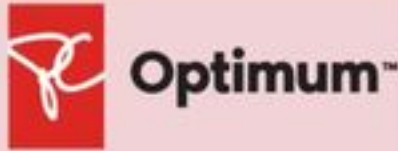
34⁹⁹

**HUGGIES
ECONO PACK
DIAPERS**
selected varieties
size N-8, 60-208's
21456640_EA/21663768_EA



34⁹⁹

**PAMPERS
ECONO PACK
DIAPERS**
selected varieties
size N-8, 58-200's
21551525_EA/21692756_EA



Earn
10,000
pts
when you spend
\$50 or more

That's
\$10
value

**HUGGIES
IN THE BABY DEPARTMENT**
selected varieties
20963841_EA/21172500_EA/21371199_EA/21401195_EA/21456748_EA

LAST
CHANCE TO
**SAVE
BIG***

Redemption ends
February 25th or
while supplies last.

**Supplies
are
limited!**



COLLECT
& SAVE!
BIG

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PRICES**

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We'll honour a current deal if we're sold out, and give 10% in PC Optimum points.



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GUARANTEE**

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†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

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